



the SCHOOL TIME

INGLEBURN HIGH SCHOOL
SCHOOL NEWSLETTER
JUNE 2008

Visit our internet site at www.ingleburn-h.schools.nsw.edu.au

from THE PRINCIPAL

Annual Report

With this month's newsletter you will also receive a copy of the Annual Report 2007. I hope you like the new format of the report and take some time to have a good look at it. It highlights the academic, sporting and cultural achievements of our students in 2007 – academically the best year in the history of the school.

Home Phone Numbers

Increasingly in this mobile phone age, parents are changing their phone numbers. This is becoming a significant problem at school because we have not been made aware of the changes. PLEASE IF YOUR NUMBER/S CHANGE INFORM THE FRONT OFFICE AT THE SCHOOL AS SOON AS POSSIBLE. A note sent with your child or a phone call to the office is all that is required.

Captains Visit Canberra

Recently I accompanied our School Captains, Brooke Finocchiaro and Tushar Menon to New Parliament House at the invitation of Mr Chris Hayes, Federal Member for Werriwa. The Captains shadowed Mr Hayes during his daily activities as Government Whip. They attended Question Time in the House of Representatives and sat in on a House Committee Meeting. As well they were given lunch in the members' dining room. Brooke and Tushar learned a great deal during the day. I would like to thank Mr Hayes on their behalf for a wonderful experience.



'N' Awards

Students in Years 9–12 can receive official notifications that assessments, assignments or work have not been completed. If your son or daughter is in this position you will receive notification in the mail. 'N' stands for Non-Award. Two or more of these notifications can be enough to DISQUALIFY a student from receiving the School Certificate (Years 9-10), the Preliminary HSC (Year 11 Terms 1-3) or the Higher School Certificate (Terms 4, 1, 2 and 3). THE ONLY WAY TO REMOVE this 'N' Award from a student's record is to have the work completed and submitted to the classroom teacher. If you have any queries or questions about this process please phone and speak to me.

*Michael Wiecek
Principal*

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MATHEMATICS FACULTY

A reminder to all students to bring the required equipment to class every lesson which includes pens, pencils, ruler, eraser, a 240 page grid book and scientific calculator (preferably a Casio fx-82AU).

All students must bring a calculator to class. It is necessary that they practise using their calculators as it is vital for them to know how to use them for all exams. By not having a calculator it grossly disadvantages the students as they are not able to obtain the marks they deserve.

Calculators may be purchased from the office at a cost of \$22.00 and textbook covers for just \$3.85.

The Mathematics Competition is coming up on 31 July, 2008. Those who are participating will need to bring along a pencil, an eraser and a sharpener. More information will be given closer to the date.

The Computers Competition is also approaching. For those wishing to participate, the cost will be \$6.00, and needs to be paid to the Front Office by 1 August, 2008.

A reminder that homework is to be completed with all working out shown. A number of 'N' Awards have been sent out for students in Years 9 to 12. These students are reminded that they need to complete the work and show their teachers so their names may be marked off.

The Mathematics Staff encourage all students to continue to work hard and revise for upcoming tests. Regular revision is essential to help students progress.

*Mr P. Noakes
Mathematics Faculty*

ABORIGINAL VOCAL IDENTIFICATION PROGRAM 2008

Congratulations to Keneasha Bell, Tristan Marino (Year 10) and Renee Roberts (Year 9) for auditioning and qualifying for this excellent program. Thank you to Mr Bone for taking these students and for his coaching.

The auditions were reviewed by the South Western Sydney Region Aboriginal Vocal Identification Program team which consisted of members from the Department of Education and Training South Western Sydney Region and KARI Aboriginal Resources Incorporated.

The Aboriginal Vocal Identification Program will provide students with the:

- opportunity to study skills in vocal techniques
- opportunity to enhance their ability in the performing arts area
- skills to plan for future goals and aspirations in vocal performance.

These students will be attending workshops which have been organised at Revesby Workers Club.

P&C PARENTS AND CITIZENS ASSOCIATION

NEXT MEETING – 23 JULY AT 6.30PM

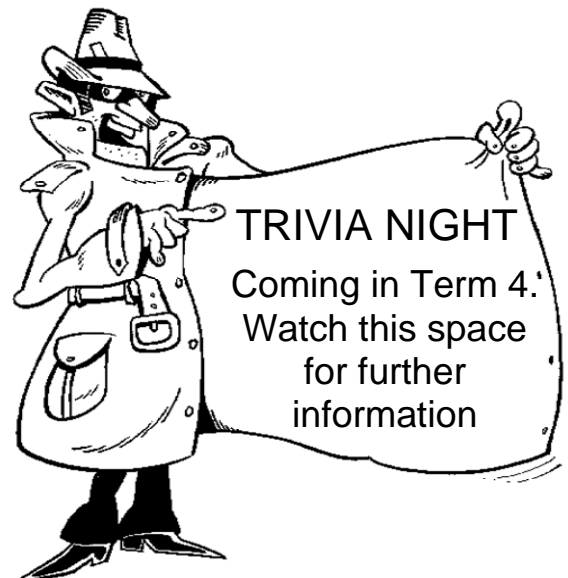
We recently held a Slice Drive and got the best results ever. Thank you to all the families who participated in this fundraiser. A total of 550 slices were ordered with a profit of \$825.00.

William Greentree from Year 7 was our top 'Slice Sales' student for this year and we are very pleased to reward his efforts with a JB HiFi Gift Voucher. Thanks William.

The P & C Committee meets on the fourth Wednesday of each month in the staff Common Room in 'B' Block. We have a small number of regular members who come to our meetings but would love to see some new faces with some new ideas. Park in the quadrangle between the hall and the library and make your way to 'B' Block.

A reminder to parents that school newsletters are usually sent home with students. Please remember to ask your sons/daughters for their copy. The newsletters are full of information, results, diary dates, school calendar events and student achievements. The school newsletter may also be viewed through the school's website www.ingleburn-h.schools.nsw.edu.au

*Mrs K. Dooris
P & C President*



ATTENTION ALL STUDENTS

Have your say about PBIS Workshops!!!

Check your school email accounts!!!

I have emailed every student in the school a link to an online survey. The link is <http://www.oneminutepoll.com/OneMinutePoll/OneMinuteSurvey.aspx?SID=-2147481397> (you can go to your email and click on this link directly, or you can type this into a browser's address bar).

Please make the time to go online and do this survey because it's a great way for students to have their say!

RACING TO THE TOP

A group of nine Aboriginal students started work on this creative project midway through Term 1. Week 9 saw the conclusion of this project and seven of the students, who completed the project, walked away with a remote control, two stroke engine racing car.

Congratulations to Renee Roberts, Kimberly Guth, Sharri Baker, Dylan Travers, Koey Irving, Tre Irving and Ryan Marshall for their efforts throughout this project.



This project was conducted by Peter Colley, who runs programs such as Racing to the Top for Indigenous students across the Sydney region.

These students learned how a two stroke engine works and can now build and repair their own racing cars.

I saw these cars racing around on the front oval and they go very fast, make a wonderfully loud engine revving noise and create a cloud of dust wherever they go. The students were racing them, doing donuts and skids and learning about the physics of how engines work at fast speeds.

Well done and congratulations to all students involved in this program and I hope you have many hours of fun with your new racing cars as you proudly show them off to friends and family.

SRC 2008

Congratulations to the newly elected members of the SRC for 2008.

Year 7

Samantha J Bryant
Jennifer Hosey
Katherine Qiu
Jessica Roberts

Year 10

Vijay Keshwa
Mark Malonzo

Year 11

Mellissa Felipe
Mitchell Perkins
Nicholas Roberts
Jamie Targett

Year 12

Joycelyn Catalano
Benjamin Gilholme

Year 8

Sharri Baker
William Frances
Sandrina Jamieson
Nicholas Kumar

Year 9

Duncan Barclay
Wesley Fulwood
Jennifer Qiu
Amelia Richards
Palepa Timu

Already the SRC has been hard at work collaborating with the P & C on two fundraising initiatives. The first is the SRC members are volunteering their own time to help package up all the SLICE orders from the recent slice drive. This will save some of our very active P & C members a lot of time and effort over their weekend. Also the SRC collected the money for the 1 July Mufti Day, which was held as a P & C fundraiser. Both of these fundraisers (although for the P & C) will bring money back to the students, as that is what the P & C spends its fundraising money on.

SRC representatives have also attended some training days, anti-racism initiatives and some District SRC meetings ... so they have been busy.

Currently the SRC is working on a student survey that they will be conducting early in Term 3 regarding truancy and quality of school life. Also there are a number of other school improvement ideas the SRC has ... so watch this space.

Mrs Davidson and Mrs Cherry will be working closely with the SRC at their Week 1 Thursday recess meetings and Week 2 Friday Period 1 meetings. I will also be working closely with the SRC throughout the year and am putting the final touches on a leadership training day for the SRC to participate in at Ingleburn RSL early in Term 3.

ANTI-BULLYING

Bullying is behaviour not tolerated by NSW Public Schools.

Bullying can happen anywhere: at school, in sporting teams, between neighbours. Bullying can take on various forms including giving nasty looks, making rude gestures, calling names, being rude and impolite, spreading stories and rumours and teasing.

This behaviour may include:

- keeping someone out of a group



- acting in an unpleasant way near someone
- 'mucking about' that goes too far
- harassment or any form of discrimination based on disability, gender, looks, race or religion

Hurting someone physically is a form of bullying.

If you are the victim of bullying you have a right to expect this to stop and for it to stop in a timely manner.

- Report it to a teacher as soon as possible.
- Write an incident report
- Make a plan with the teacher you hand the report to as to what to do next.
- Ignore, avoid retaliating and do not engage in similar behaviours back to the bully
- Make a note of any witnesses (or keep a copy of the evidence if it is online, on your phone or in a note passed in class)
- Stay in a safe place in the playground and be sensible about the choices you make with your friends
- See your Year Adviser, the Playground Duty Teacher, Classroom Teacher, the relevant Head Teacher, the relevant Deputy Principal or the School Counsellor. Soon Peer Mediation will be re-implemented so you could refer to Peer Mediation. Also it might be relevant to go to the Anti-Racism Officer.
- Keep safe, stay strong and be assertive
- You have a right to be at school without being the victim of a bully.

YOUTH DEPRESSION

Depression and anxiety are the most common mental health problems in young people. At any point in time, between two to five per cent of young people will experience depression that is of sufficient severity to warrant treatment; and, around 20 per cent of young people will have experienced depression by the time they reach adulthood

What are the warning signs?

Persistent sadness or anger, frequent crying.

Difficulty thinking or concentrating, a worsening of school performance.

Feelings of guilt, worthlessness, hopelessness, helplessness.

Lack of interest in friends, family and activities they previously enjoyed.

Lack of energy, enthusiasm or motivation (feeling slowed down).

Restlessness, irritability or agitation.

Changes in sleeping patterns.

Not being able to sleep or sleeping more than usual.

Changes in eating patterns.

Eating more or less than usual.

Thoughts of death, suicide or harming themselves.

What can you do?

When your teenager is feeling down, it's important to listen and offer help and support them to seek help.

Encourage them to:

- talk about their feelings (let them know they don't have to carry the whole load)
- talk to other people they trust
- ask for help when they need it
- spend time with their friends
- join in sports, school activities or hobbies which they enjoy and that help build their confidence
- get involved in organisations that support them and help them to develop interests
- exercise (exercise releases brain chemicals which help lift our spirits)
- find ways to relax (these can be simple such as seeing a movie or going for a walk or a surf)
- write down what they're thinking or to express their thoughts in other creative ways like painting.

If your teenager is depressed for a significant period of time it is important to seek professional help. If you or they are not taken seriously at one place then seek help elsewhere until you are both satisfied. Contact **Kids Help Line -1800 55 1800** or **Lifeline - 13 11 14** or visit: www.youthbeyondblue.com for more information.

*Ms D. Knapman
Deputy Principal*

HISTORY FACULTY

It was my great pleasure to present certificates to the students who came first, second and third in History this semester. These certificates were presented on assembly and it was good to recognise all the hard work achieved in our classes.

I would like to thank Mr Levkovski and his Year 10 class for the fabulous presentation on assembly about the Jewish Museum. The five students involved: Mitchell Davies, Nikita Eves, Tim Waterhouse, Cassandra Watt and Kris Kumar, put together a PowerPoint presentation and explained how the holocaust came about and why it is important to acknowledge the great loss suffered at the hands of Hitler. They did a great job and showed deep respect to the things they saw and experienced.

*Mrs A. Ellis
Head Teacher History*

CATEGORY GOLD

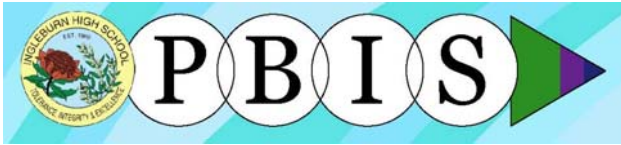
As Category Gold Coordinator I had the pleasure of announcing our 2007 Category Gold Award recipients on Friday 27 June. It was wonderful to see so many of our students achieving Category Gold status and with that we all had a really fun day at Dumaresq Street Cinemas on Monday 30 June when we went to see 'Get Smart'. All the students behaved extremely well and enjoyed themselves immensely – especially at 'lunch in the park'. You all deserve the reward that you worked so hard to receive.

*Mrs J. Duval
Category Gold Coordinator*



DEPUTY PRINCIPAL REPORTS

Positive behaviour



We continue in our PBIS program and have focused on the need to be a **positive ambassador for the school when in public.**

This is in line with our three basic rules or expectations:

Be safe

Be respectful and

Be a learner

Many of our staff development sessions have been focused on providing positive support for students and as we move further into this program we will be exploring further strategies to work with students who have difficulty meeting our behavioural expectations of them for their own benefit as well as the benefit of others.

The vast majority of our students do the right thing and work positively and productively in each and every lesson. This program will build on the positive role that most students play in our school and to minimise the times when some students cause issues that disrupt the safety, respect and learning of others.

We would appreciate parents discussing with their children, ways for them to positively participate in school. It is only when we work together can your children achieve the best quality of learning possible.

Show respect

Students at our school usually show all levels of respect and courtesy to all our staff to ensure that we can work together and all students can learn to the best of their ability.

There has unfortunately been a small number of students recently who are abusive and who use obscene language towards teachers and other staff.

Obscene language will not be tolerated at this school and, in the majority of cases; students who use it toward staff will be suspended.

It is important for all of us to treat each other with courtesy and respect.

Gold!

Congratulations to the following students who have achieved Category Gold this year. There was a Category Gold excursion on Monday 30 June to Dumaresq Street Cinemas to see "Get Smart".

Everyone had a great day and were a credit to our school.

Year 7

Rayan Assaf
Besa Beqaj
Sarah Besters
Vanessa Fisk
Madison Flett
Crystal Gluch-Martin
William Greentree
Shannen Gunning
Brooke Jedrzejczyk
David Littlechild
Shandell Loxley
Joeli Manas
Elyssa Michael
Natasha Oudin
Tayla Plowes
Benjamin Prettner
Katherine Qiu
Kaide Risby
Brooke Sealey
Jucinda Stokeld
Tamara Viles
Lachlan Waterhouse
Jackie Winsor

Year 8

Victoria Biondi
Iana Codreanu
Sean Edgecombe
Dilesh Jagdish
Michael McDonald
Ragina Lata

Year 9

James Manas
Palepa Timu

Year 10

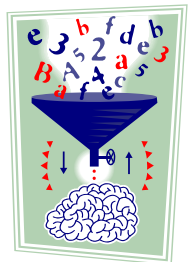
Kris Kumar

Year 11

Alexandra Godoy
Adam Kemp
Scott Kemp
Kahla Kirwan
Prajakta Kulkarni
Joshita Mahmood
Krystle Moyes
Christopher Perkins

Brain drain

See if you can solve the puzzle. Correct answers submitted to Mr Weatherstone by Friday 25 July will receive a Bronze Award.



Name: _____ Roll Class: _____

292 DOMINO SEARCH

A standard set of dominoes has been laid out, using numbers instead of dots for clarity. Using a sharp pencil and a keen brain, can you draw in the lines to show where each domino has been placed? You may find the check grid useful – crossing off each domino as you find it.

0	5	2	2	5	4	6	5
3	6	2	2	4	4	4	1
3	6	1	2	3	4	6	1
0	1	4	3	0	2	2	1
3	5	3	0	3	1	5	6
6	4	0	3	6	0	4	1
1	6	0	0	2	5	5	5

0							
1							
2							
3							
4							
5							
6							
0	1	2	3	4	5	6	

Congratulations to last month's successful solvers of the brain drain:

Scott Kemp, Adam Thompson, Jackie Winsor, Duncan Barclay, Madison Flett

The correct solution was:

A – Blue; 58; Washer

B – Green; 39; Screws

C – Brown; 65; Carpet tacks

D – Red; 43; Nails

*Mr L. Weatherstone
Deputy Principal*



HEAD TEACHER ADMINISTRATION

We are at the end of Term 2, 2008. Some information for you regarding late notes, sickness and early leavers passes.

LATE NOTES

A note explaining your son/daughter's absence for part of the day must be brought to school when your son/daughter signs into school. All late arrivals must go through the Head Teacher Administration. Unless a note is brought to school on the day of the late arrival, your son/daughter will be required to attend a detention held at recess (Monday, Wednesday and Thursday) or lunch (Tuesday and Friday).

SICKNESS

If your son/daughter is away from school because of sickness, a note needs to be brought to school the next day that your child is in attendance.

EARLY LEAVERS

All early leaver notes must be presented to the Head Teacher Administration before school. The note must indicate your son/daughter's name, roll call class, contact number and reason why your child needs to leave early. A reminder to parents that doctor and dentist appointments should be made outside of school hours if possible. Wednesday afternoon is Sport afternoon and as sport is a compulsory part of your son/daughter's education, we request that appointments are made outside of school hours.

If you have any queries regarding these matters, please do not hesitate to contact me at school.

Mrs A. Miller
Head Teacher Administration

JULY 2008

**COLLECT 3 VOUCHERS
FROM DIFFERENT
MONTH NEWSLETTERS**

.....
STUDENT NAME

.....
PARENT SIGN

GIVE TO A DEPUTY FOR A BRONZE AWARD



CAREERS UPDATE

Year 9 – I have a lot of students still applying for Tax File Numbers. If you still haven't applied, it's not too late. Just remember you need either your Birth Certificate number or Passport number and then hand in the form to me to be processed.

Year 10 – Don't forget your **Work Experience** dates this year are **17 November – 21 November**. This is the week directly after you complete your School Certificate. I would ask all parents to assist their sons/daughters in seeking a prospective employer and **NO** – it's not too early to start now to secure that week with the employer. Once you have found a willing employer please direct your son/daughter to my office to collect the relevant paperwork. Thank you in advance for all your support. It makes my job much easier.

Year 11 – Our TVET students have applied themselves to their courses and I am very happy with their attendance and attitude thus far. Keep up the good work.

Year 12 – Any Year 12 student who is currently eligible to receive a UAI is asked to register online for the University of Western Sydney Information Day on Tuesday 22 July. The internet address is http://yourfuture.uws.edu.au/events/uws_day.

You need to register by 4 July.

Please ask your sons/daughters for a look at the latest Careers Newsletter – there is some very interesting information you might like to look at.

University of Wollongong (UOW) students visited our school on Tuesday 24 June to inform our UAI students on the benefits of 'early entry' into UOW. The Year 12 students showed extreme interest and several are quite keen to apply.

– STOP PRESS –

The Macarthur Area Careers Expo was a huge success. Most of our Year 10 and Year 12 students attended and their evaluations were quite positive. Hopefully this expo is a starting point for their future careers.

Please do not hesitate to contact me with any concerns you may have.

Mrs J. Duval
Careers Adviser

*Why are you a teacher?
"To help students reach their potential
and realise their dreams"*



YEAR 7 REPORT

It's been two terms since the Year 7's moved into high school. They appear to have settled down well and everyone seems to be enjoying their time at Ingleburn High School.

During these two terms, the Year 7's were engaged in a number of activities. They actively participated in the various PBIS workshops. It was very heartening to see all of them actively engaged. They will be good ambassadors of Positive Behaviour In School and be Safe Respectful Learners.



This term students sat the NAPLAN tests, a National Testing Program for Literacy and Numeracy. They watched "The Hurting Game" giving them an insight into the hurtful games students play and how the choices students make shape their lives in the future. They also visited Taronga Zoo as a culmination of the Peer Support program. The Gold Category students were awarded with a day at the movies.

I am proud of the way the majority of them are conducting themselves and I am confident they will continue to do the same in the future. Have a safe and enjoyable break.

*Mrs P Menon
Student Adviser Year 7*

SCHOOL SPORT

Sport for 2008 is well under way with many students participating in both grade and recreational sports. We are getting very close to the end of our winter competition and to date many of our grade teams will have a place in the finals.

A system was put in place last year to reduce the handling of money on Wednesdays and we are now using an up-front bus payment system. Buses run at a cost of \$5.50 per student per week. This will mean that a student choosing a grade sport which travels by bus will be asked to pay \$77.00 to the Front Office for the fourteen week competition. Students who choose recreational sports 1 and 2 are asked to pay \$39.00 to the front office for each sport they choose. These payments for the winter competition are due to the front office no later than **23 July 2008** and are non-refundable as buses must be paid for each week regardless of absences. Please speak to your child regarding this new system as any outstanding money which has not been paid will result in end of year clearance forms **not being** signed.

It has also been seen that students are taking time off during sport for medical appointments etc. It is important to remember that sport is a compulsory part of every student's education and these appointments should be made at a different time.

*Mr T. Wilson
Sports Organiser*



YEAR 6 GIFTED AND TALENTED (GAT) DAYS

HOME ECONOMICS

On Thursday 5 June a small selection of Year 6 students from Ingleburn, Ingleburn North and Sackville Street Primary Schools attended our school for a Gifted and Talented Day. The focus of the day was Home Economics, specifically Textiles and Food Technologies.

Upon arriving at the hall with bright, alert faces the young students were taken to C7 to begin the first unit in the day's program – 'Pencil Paradise'. In a busy three lessons students each developed a lined pencil case by sewing straight seams with finished ziz-zag edges to prevent fraying. They each individualised their product with their own appliquéd design. They were very proud of their finished products as were we!



As lunch drew near, with their first masterpiece tucked neatly into their bags, it was then time to enter the C5 kitchen workshop for their last unit – 'Muffin Mania'. Students attentively watched a demonstration on how to make the perfect muffin, eagerly anticipating their turn after the lunch break. With the aid of some excellent Year 11 Hospitality students as leaders, each group of young students designed and prepared their own tasty muffin variety. A productive and fun day was had by all.



Thank you to following Year 11 students for their assistance: Jessica Meehan, Nicole McCann, Megan Purvis and Casey Mauger.

*Mrs W. Kingston and Mrs S. McMurdo
TAS Faculty*



YEAR 6 GIFTED AND TALENTED (GAT) DAYS

HISTORY

On Tuesday 24 June the History Faculty hosted a Gifted and Talented day with Year 6 students from Sackville Street, Ingleburn and Ingleburn North Primary Schools. It was an exciting day filled with history, archaeology, a visit to Stonehenge as well as an Ancient Egyptian feast. The students were asked to draw conclusions about the owner of a handbag, just by examining the evidence found inside it. There was also a lively discussion about faerie circles and the reasons behind the building of Stonehenge.

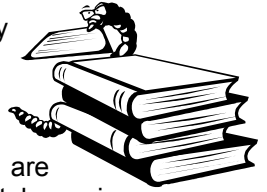


It was a very interesting day and Mrs Mannell and Mrs Ellis are looking forward to seeing all these talented students next year in Year 7.

*Mrs A. Ellis
Head Teacher History*

SCHOOL LIBRARY

The school library has seen many changes recently especially in the area of Technology that is available to staff and students.



All resources held in the library are entered on OASIS, but the full catalogue is available online, simply type in the following link on your URL search bar

<http://detwww.det.nsw.edu.au/enquiry/?school=826211>

This link will enable all students to access the up-to-date list of resources held by the library.

The library recently acquired a DVD-Video burner, which will enable videos to be moved to DVD. This is advantageous as DVDs do not deteriorate like the magnetic tapes of video.

The library is currently focusing on the purchase of Fiction novels to replace some of the older and less fashionable novels which the library has held for a while.

The Premiers Reading Challenge ('PRC') is available, but the Librarian has to be registered as the contact person under the new rules. All PRC books held by the library are listed separately on the computer catalogue mentioned earlier in this article.

Book Club is also available to staff and students. This enables the purchase of books, DVDs and CDs at discount prices. The order forms are available from the Library and are at the desk. Simply fill out the order form and include your payment (either credit card or cheque) and return to the library.

Have a great holiday.

*Mr M. Koosache
Librarian*

HOMEWORK CENTRE

The Ingleburn High School Homework Centre will be running again in 2008. Over the last two years, over 150 students have been coming on a regular basis to get extra help and assistance with their school work. There are five tutors from a number of different teaching areas who will assist students this year. As in the past, the Homework Centre will run twice a week (Monday and Wednesday) from 3.30pm to 4.30pm in the school Library. We strongly advise parents who feel their child needs extra assistance to encourage them to come to the Homework Centre. It is FREE of charge to parents and biscuits and drinks are provided.

We believe that the Homework Centre has helped many students to achieve better results in their schooling and hope that students will attend in order to do the same this year. For further information, see Mr Levkovski.

*Mr D. Levkovski
Homework Centre Coordinator*



SPORTS report

Wests League Cup Under 13's

After a long break since our last match due to bad weather, Ingleburn played host to Thomas Reddall High School in mid June.

Ingleburn had much the better of play in the first half and seemed to be well in charge. Kero Kepu crashed over from close range and Jack Geary converted to make it 6 - 0. Thomas Reddall replied with a try of their own to make it 6 - 4.

Later in the half, fullback Billy Holland used his pace to skirt around the defence to score and then winger Jack Geary followed through a kick to score out wide. Ingleburn gave up much of this advantage by allowing Thomas Reddall to score right on half-time to make the score 14 - 10 at the break.

Unfortunately the standard of play from both teams fell away in the second half. Big second rower, Faatali Sauilemau, showed his attacking skills with many crashing runs through the defensive line and was rewarded with two tries. Both Billy Holland and Jack Geary picked up a second try in a bright attacking display.

While Ingleburn looked very good with the ball, the defence was quite disappointing. For a ten minute period Thomas Reddall had all the ball and our tackling and structure looked very shaky. They ran in three tries in quick succession to give our team a reality check. For the most part however, the boys can feel satisfied with their 34 - 22 victory.

Besides the players already named, others had particularly good games. In the forwards Simon Time, Richard Sulusi and Charles Penn played strongly while in the backs Leroy Isaako, Joshua Burke, Clayton Spendlove and Joshua Martin were always elusive. Lachlan Waterhouse on the wing was impressive, safely fielding a number of kicks and making some important tackles.

Buckley Shield – Under 14's

The Under 14's played the opening match of the season with a home game against the John Edmondson High School side at Wood Park.

Strong running from our forwards early in the match drove our opponents back enabling hooker, Stevie Adams, to dive over and give us a 4 - 0 lead. With that early success the game plan looked simple, use our big forwards to steamroller over our smaller opponents then use our speed out wide to pile on the points. Unfortunately this plan wasn't followed. The boys lapsed into making some fairly fundamental errors for the rest of the half and invited our opponents back into the game. At half time the score was 4 - 4.

The second half saw some considerable improvement. Alonzo Time, Nathan Wynne, Faatali Sauilemau and

Iqrar Yaqubi carried the attack to our opponents in the forwards.

Our backs had limited attacking opportunities but special note should be given to Reece Grkinic at half back whose defence was inspirational. Reece seemed to be everywhere, shutting down many attacking raids. Alex Richards, Nathan Reid and Jack Geary all had strong games and fullback, Billy Holland, was safe in the last line of defence.

For the record, Ingleburn was able to prevail 12 - 8 thanks to second half tries to Billy Holland and Alonzo Time. While the quality of our defence was pleasing the concern is that future opponents are likely to make more of the chances we provide them unless there is a more disciplined approach.

*Mr D. Bakarich
Coach*

TEACHERS IN FOCUS

MR KOOSACHE

How long have you been teaching?

22 Years.

Funniest moment in your teaching career?

Splitting my pants badly in Year 8 Geography at Ingleburn High School.

Why did you choose to become a teacher?

Don't know, always wanted to do it!

What is your goal for students?

To bring out their best and never give up.

Which is your favourite class?

Junior Geography.

What do you get out of teaching?

Pay, holidays, laughs.

What is your nickname?

Conan or Kooch.

Date of birth?

7 June 1962

What is your hometown?

Sydney

Who is your role model?

My father and Homer J Simpson (same really).

What is your life motto/favourite saying?

Never give up and always stand by your friends and family.

What other schools have you taught at?

Fairfield High School and St George Girls High School.

What is your favourite joke?

Anything involving kiwis and sheep.

Which teachers do you like most?

Mr Melville, Mr Elbahou and Mr Levkovski.



YEAR 11 ANCIENT HISTORY EXCURSION

On Tuesday 24 June Year 11 Ancient History classes, 11AH3 and 11AH4, went to the Nicholson Museum at the University of Sydney.

The excursion was to give students a better understanding of using artefacts and sources in History and a deeper knowledge of Egypt and Rome. The excursion consisted of two workshops. One workshop was focused on the use of sources. The students were given various artefacts from Egypt, Greece and Rome. They had to imagine they were archaeologists and form a hypothesis about the artefact and its function.



The second workshop was a tour of the galleries where students were able to view several mummies, various artefacts from Egypt, Greece and Rome and several rare pieces (including one of only two statues in the world of the Egyptian General, Horemheb).



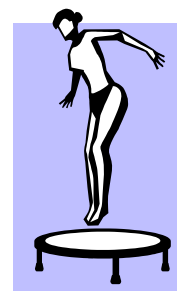
The students enjoyed themselves and were respectful learners while at the university. They enjoyed the hands-on aspect of the workshops and were particularly fascinated with the mummies and sarcophagi.

*Mr D. Levkovski and Mrs L. Peters
History Faculty*



INGLEBURN RSL GYM CLUB

Do you want to learn how to do a somersault? Do you want to learn to cartwheel or swing on the bars? Are you looking to increase your fitness?



Ingleburn R.S.L.Y.C. Gymnastic and Trampoline Club welcomes you to join their training sessions at Ingleburn High School Hall.

Trampolining: Thursday 4.30pm–6.30pm and Saturday 9.00am–11.00am. Please call Norm on 9605 7647 to find out more information.

Women's Gymnastics: Friday 5.30pm–7.30pm. Please call Bridget (after 3.00pm) on 0438 448 485 for more information.





BREAKFAST RANGE

Toast

Wholemeal/White x 2 slices	\$1.00
Raisin toast x 2 slices (Includes your choice of condiments)	\$1.40

Muffins

Low Fat Muffins – Poppy Seed/Banana/ Choc Chip/Blueberry	\$2.50
Bacon & Egg Roll	\$3.00
Bacon, Egg & Cheese Roll	\$3.50
Egg Roll	\$2.00
Cheese & Bacon Bread	\$1.80

Croissants

Plain	\$2.00
Filled	\$3.00

Fillings available: Cheese,
Ham, Tomato

Toasted Sandwiches

Available on white or wholemeal bread (Ham and Cheese or Cheese and Tomato)	\$2.00
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Fresh Fruit

Apples and Oranges	From \$0.60
Fruit Salad	\$2.50
Yoghurt, Natural Yoghurt with selected Topping	\$2.50

LUNCH RANGE

Wraps	\$3.00
Chicken, Lettuce and Mayo Wrap	\$3.50
Rolls	\$2.50
Sandwiches - Depending on fillings (Includes two fillings)	\$2.00 or \$2.50

Extra Fillings

From \$0.50
Cheese, Ham, Tuna, Carrot, Beef, Vegemite, Chicken, Lettuce, Tomato, Cucumber, Onion

Condiments available

Mayonnaise, Mustard, Sweet Chilli,
Tomato Sauce, BBQ Sauce.

MEAL DEALS

Hot Dog / Can of Drink	\$4.00
Meat Pie / Can of Drink	\$4.50
Chicken Burger / Can of Drink	\$5.00
Hamburger / Can of Drink	\$5.00

HOT FOOD

Soup of the day (Winter Only)	\$2.50
Pumpkin, Vegetable, Minestrone, Tomato	
Traveller Pies	\$3.00
Sausage Rolls (low fat) Less than 10% fat	\$2.50
Chicken and Corn Rolls	\$2.00
Chicken, Corn, Lettuce and Mayo Roll	\$3.20
Sweet Chilli with Lettuce and Mayo Roll	\$3.20
Chicken Burger	\$3.80
Hot Chicken Roll	\$3.00
Hamburger	\$3.80
Hot Dog	\$2.50
Garlic Bread	\$1.50

HOT MEALS

Fried Rice	\$3.00/\$4.50
Chicken Curry/Rice	\$3.00/\$4.50
Pasta	\$3.00/\$4.50
Lasagna	\$3.00
Devil Wings/Wedges	\$3.50

**Other Hot Meals will be available
Daily. Menu Displayed on boards
at the canteen area.**

SALADS

Available on request

Garden	\$3.00
Greek	\$3.50
Caesar	\$4.00
Pasta and Vegetable	\$2.50
Chicken and Pasta	\$3.00
Char Grilled Chicken Breast Salad	\$4.50

SNACKS

Mamee Noodles Snack - Chicken/BBQ	\$1.00
Burgerman Chips	\$1.20
Real McCoy Chips - Chicken/Salt and Vinegar/BBQ/Plain	\$1.20
Eucalyptus Mini Bags	\$0.80

DRINKS AND ICE CREAMS

Streets Ice Cream Range	R.R.P
Home Ice Cream Range	R.R.P

Moove Milk	300ml	\$2.20
Moove Milk	600ml	\$3.00
Water Organic Spring	600ml	\$2.00
Orange Juice	375ml	\$2.50
Apple Juice	375ml	\$2.50
Orange Mango	375ml	\$2.50
Dite Rite Orange/ Lemon/Passionfruit	600ml	\$2.00
LA Maxi Cola	600ml	\$3.00
LA Maxi Cans	375ml	\$2.00
Solo Sub	375ml	\$2.00
Play Water Sports	500ml	\$3.00

All prices include G.S.T.

Menu prices and products
only change with seasonal
conditions

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'ROCK THE SCHOOLS' TOUR COMES TO INGLEBURN HS!!!!

The Year 11 Visual Design Class, were responsible for the co-ordination of this year's huge Rock The Schools Tour, which took place on Friday 6 June, in the school hall.



The Yr 11 Visual Design Class preparing for the show



Dash & Will getting ready



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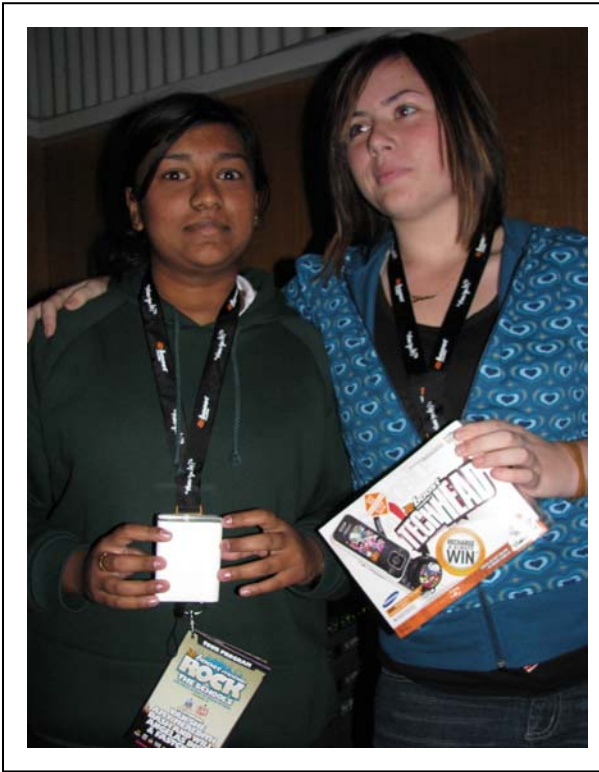


Elective music students attended workshops

Ingleburn HS's Roadie Crew get first hand experience 'bumping in' a professional gig.



Dash and Will signing autographs for there new Ingleburn High fans!



Mobile phone and MP3 prize winners



The Ingleburn Mosh Pit goes crazy!!!!



Year 11 VD class manning the doors



Kids Help Line

Phone 1800 55 1800

This is a free call, anywhere in Australia (except if you call from a mobile phone!).

Web Counselling

Available 3pm to 9pm Monday to Friday, 10am to 4pm Saturday (Queensland time) from the <http://www.kidshelp.com.au>

Email Counselling

Sometimes an email response can take up to two weeks. To find out more about email counselling check out <http://www.kidshelp.com.au>. If you need to talk to a counsellor straight away please ring us on 1800 55 1800.

The email and web counselling services are provided by Kids Help Line to give you an opportunity to try out counselling in a way that might feel most comfortable.

Please remember that if your issue is an urgent one the telephone is still the fastest way of getting to a counsellor.

Kids Help Line Can Help You

All young Australians 25 and under can use Kids Help Line

Their telephone counsellors will talk to you about any issue, 24 hours a day, 7 days a week.

You Can Talk to the Same Counsellor

If you have called before and liked the person you spoke to, you can ask for the same counsellor.

What Happens if Kids Help Line is Busy?

If all their counsellors are busy, you can wait until one of them is able to talk to you. It is worth waiting on because it usually doesn't take too long to get through.

There are Other People to Talk to

Lifeline (131 114) or Kids Help Line (1800 55 1800) should be able to help you with some numbers in your local area. You can also read about other services on this site and look them up in your local phone book or check out the White Pages online.

Websites that may be of Interest:

<http://www.netalert.gov.au/home.html> - Net Alert - A government website providing practical advice on Internet safety, parental control and filters for the protection of children, students and families.

<http://www.year12whatnext.gov.au/> - Year 12 – What Next? is a portal and brochure provide a quick way for young people to access up-to-date information about the range of post-school study options through Vocational Training and Education (VTE) and Australian Apprenticeships, as well as university.

<http://www.myfuture.edu.au/> My Future is Australia's online career information service with a wealth of useful information on careers, courses, training providers, financial advice, support services, industries, labour market information, awards, scholarship and much more.

<http://jobguide.dest.gov.au/> The Job Guide offers detailed descriptions of a wide range of jobs including information on specific tasks and skills, and education and training requirements for each job.

<http://www.reachout.com.au/home.asp> Reach Out - the aim of reach out is to improve young people's mental health and well being by providing support information and referrals in an appealing format. DEST is a government partner.

<http://www.bullyingnoway.com.au/> Bullying, No Way! - was created by Australia's educational communities including State, Territory and Australian government education departments, and Catholic and independent education sectors and Students, staff, parents, agencies, education officers and community members from schools around the country. We are working together to create learning environments where every student and school community member is safe, supported, respected, valued — and free from bullying, violence, harassment and discrimination.





Secondary/Primary Links - Ingleburn Group

INGLEBURN HIGH – INGLEBURN PUBLIC – INGLEBURN NORTH PUBLIC – SACKVILLE ST PUBLIC

JOB ADVERTISEMENT - POSITION OF ABORIGINAL EDUCATION WORKER:

We are looking to employ an Aboriginal Education Worker to work across three schools – Ingleburn High, Ingleburn Public and Sackville Street Public.

Duties and required skills will include:

- Working with relevant staff to liaise with Indigenous families who are members of the 3 schools
- Maintaining records and data relevant to project activities
- Using the computer to document and record information
- Phoning parents, creating flyers and writing newsletter pieces on issues relevant to the project
- Liaising with the Home School Liaison Officer to increase the attendance of targeted students
- To make links with any relevant agencies and supports that may help students succeed at school
- Attend functions at each of the schools, focusing on increasing the participation of Indigenous families and their students
- Helping with the development of Individual Education Plans for targeted Indigenous students
- Using the phone, internet and computer word processing to make contact with families and relevant agencies
- Creating a welcoming environment for Indigenous families at each of the 3 schools by working with the key staff at each school
- Facilitating parent and family meetings, workshops, morning teas – where appropriate – to increase the participation of Indigenous students
- Follow up absenteeism with phone calls and letters to increase Indigenous student attendance
- Undertake Child Protection training, and undergo a “Working with Children” check, as per the Department of Education and Training’s policies of employment

The hours and days of employment will be negotiable, but it will be expected that there will be a minimum of three days a week 8.30am – 3pm.

There will be a need to travel between the three schools, so a car would be an advantage, but not necessary – as each school is within walking distance of the other.

To apply, please submit a written application addressing your ability to undertake the duties and skills listed above. It is required that the successful applicant be indigenous and preference will be given to those applicants who are related to one or more students in one or more of the target schools.

Your application should also include the details of three referees. Please provide referee names, contact details (a phone number is essential), an indication of how they know you and for how long they have known you. These may also be written references, but this is not essential. All referees will be contacted by phone and asked to provide a verbal reference for you.

Applications to Ingleburn High School Office marked “Aboriginal Education Worker Application – Attention Ms Deanna Knapman”

For further information, please contact Ms Deanna Knapman (Deputy Principal, Ingleburn High School, 9605 6165) or Mrs Maureen Andre (Head Teacher English, Ingleburn High School, 9605 6165)





All aboard ... The Macquarie fields students with police and Royal Australian Navy officials in front of HMAS Supply in Sydney.

Voyage of discovery for Macquarie Fields kids



THIRTEEN Aboriginal kids from the Macquarie Fields area in western Sydney have had the voyage of

a lifetime thanks to their local police and the Royal Australian Navy (RAN).

Aged from 11-14, the group travelled from Macquarie Fields Police Station with police and volunteers to HMAS Albatross at Nowra.

There they had a tour of the navy base, which included checking out the helicopters and simulators, visiting the Fleet Air Arm Museum and staying overnight in sailors' quarters as part of their visit experience.

Then, early the next day it was out to HMAS Creswell where they boarded the supply ship HMAS Success and took to the seas from Jervis Bay, experiencing life as a sailor in the navy.

Activities included viewing the armoury, trying on the fire-fighting outfits and spending time on the bridge, as well as getting hands on with the ship's routine. The kids viewed the engines, helped the stewards prepare food and then joined the ship's company for a dinner.

The journey ended the next morning when the HMAS Success sailed into Sydney Harbour, docking at the Garden Island naval base about 8.30. HMAS Success is the largest Royal Australian Navy ship built in Australia. She is 157.2 metres long, weighs 18,000 tonnes when fully loaded and carries a Westland Sea King 50 Helicopter on board. Her primary role is the replenishment of other navy ships at sea.



Students Andy Roberts, 12, and Fredrick Whitmore, 13,

Trip organiser, Chief Inspector Darrin Wilson, from Macquarie Fields Police, said the adventure was part of the local area command's Aboriginal Consultative Committee Good Kids Program. "This program is for kids who are always good and is about developing good relations between the police and our younger members of the Aboriginal community," Chief-Insp Wilson said.

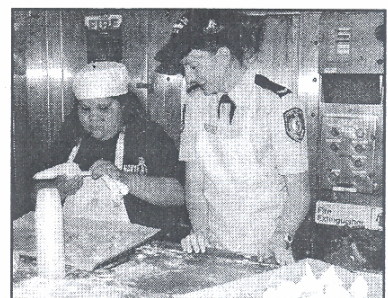
"The 13 girls and boys on the trip were nominated by their school principals as attending school regularly, committed to being an active part of the school community and not having had detention or been suspended.

"It's about rewarding them for displaying excellent behaviour – these kids are the model students of the local community."

HMAS Success Commanding Officer Commander Simon Brown, said: "It was a pleasure to work with the police with such an outstanding group of young people. I hope they take away positive experiences from their time on the ship, and perhaps consider making the RAN a career."



Telisa Hudson, 14, and Tayla Plowes, 12, during the trip.



Caroline Wright, 11, and Constable Lauren Watling prepare food in the HMAS Supply's galley.



School Calendar

Week 1 – Term 3

- 21 July • Staff Development Day
- 22 July • **Students commence Term 3**
- 22 July • Year 12 University of Western Sydney Information Day
- 23 July • P & C Meeting at 6.30 pm in Common Room (B Block)
- 23 July • Final day for payment of Sport Bus Money

Week 2 – Term 3

- 31 July • ICAS Mathematics Competition

Week 3 – Term 3

- 5 Aug • **Year 11 2009 Subject Selection Evening**

Week 4 – Term 3

- 11 Aug • **Year 12 Trial HSC Exams Commence**

**All dates and information are correct at time of printing however changes may occur due to unforeseen circumstances. We apologise for any inconvenience this may cause.*

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YOU CAN'T MAKE ME!

How many times have you heard your teenager say these words?

It can be really frustrating when your teenager challenges your requests like this.

Here are some tips to help you all negotiate the hurdles:

- Make a list of all the things you do for them – washing, ironing, driving, and extra pocket money – and offer these as a trade-off. If you want your teenager to clean their mess up before they go out – strike a deal. It's not bribery, just a way of showing them they'll lose your cooperation if they don't give you theirs
- Set limits – be firm but fair, clear and consistent. Discuss these in a neutral, firm, but kind tone of voice. Yelling hardly ever has an impact and only encourages your teenager to yell back
- Leave room to renegotiate things further down the track. Things don't stay the same, so show your teen you're flexible as well
- Focus on developing the parts of your relationship that work well. It will help smooth the way when things become rocky. It will also send a message to your teenager that they are more valued than any problems that arise

And remember, the teenage years don't last forever!

You can find more information at www.community.nsw.gov.au

