

The Tristan Jepson Memorial Fund

has been established in memory of Tristan Jepson - a law student and a lawyer. The fund is in memory of Tristan's passion for life, his love of the law, sense of humour, concern for social justice, constantly questioning mind, and love and loyalty to and support of family and friends. Knowing him enriched the lives of many students, teachers and friends.

The establishment of the Tristan Jepson Memorial Fund will enable the Faculty of Law to host regular academic research symposia to provide a framework and support for ongoing discussion and research on the issue of mental health in the legal profession. The aims of the fund are:

- To create awareness of and education amongst law students and legal professionals, of the nature of mental illness and to reduce its stigma
- To support the ongoing evaluation and implementation of models within legal education and the legal profession which promote mental wellness and a balanced approach to managing the pressures of legal practice
- To promote the examination and discussion of legal issues relating to justice, human rights and ethics as they relate to mental health, through the annual Tristan Jepson Memorial Lecture
- Through ongoing research, build effective models of support which focus on mental health wellbeing, within the legal education system and the legal profession

Gifts donated to the fund through the UNSW Foundation Ltd are tax deductible. Your total gift is designated directly into the fund, no fees or administrative charges apply. To enquire about supporting the Tristan Jepson Memorial Fund please contact Amanda Hansen, Development Officer, Faculty of Law UNSW: (02) 9385 1538

THE FACULTIES OF LAW AT
THE UNIVERSITY OF NEW SOUTH WALES AND
THE UNIVERSITY OF TECHNOLOGY SYDNEY
AND THE TRISTAN JEPSON MEMORIAL FUND
PRESENT:

The Inaugural Tristan Jepson Memorial Lecture

"TOWARDS MANAGING MENTAL WELLNESS IN THE LEGAL PROFESSION"

Thursday 7 September 2006

6.00pm

Banco Court, Level 13 Supreme Court
Building, Queens Square, Sydney

The Lecture will be followed by
refreshments in the
Buena Vista Café,
located on Level 14 of the
Supreme Court Building.

"TOWARDS MANAGING MENTAL WELLNESS IN THE LEGAL PROFESSION"

Guest speaker:

Associate Professor Dr Mamta Gautam, leading Canadian Psychiatrist specialising in professional health.

Commentator: **Craig Leggatt SC**

The Lecture will be introduced by The Honourable Morris Iemma MP, Premier of New South Wales.

Research shows that the incidence of depression in the legal profession is around two to four times the rate of the general population. This public lecture is intended to highlight the issues of mental illness within all elements of the legal profession from students to judges. It is part of the Fund's work aimed at the promotion of mental wellness within the profession.

Date: Thursday 7 September 2006

Time 6.00pm

Venue Banco Court
Level 13 Supreme Court Building
Queens Square, Sydney

The Lecture will be followed by refreshments in the Buena Vista Café, located on Level 14 of the Supreme Court Building.

Registration Online at www.law.unsw.edu.au

The lecture is free however registration is required. Enquiries can be made to Elissa McBain on 02 9385 1519

The Speakers

Associate Professor Dr Mamta Gautam MD, FRCP(C) is a psychiatrist in private practice in Ottawa, and a clinical Professor in the Department of Psychiatry, University of Ottawa. She is a specialist in Physician Health and Well-being, and is hailed as "The Doctor's Doctor". She is the founding director of the University of Ottawa Faculty of Medicine Wellness Program.

This program served as the template for the Canadian Medical Association Centre for Physician Health and Wellbeing, where she serves as the Chair of the Expert Advisory Group. She is the Co-Chair of the Canadian Psychiatric Association Section on Physician Health. She is the immediate past president of the Ontario Psychiatric Association.

A pioneer in the field of Physician Health, Dr Gautam is an internationally known expert and speaker. All of her clinical, educational, and administrative work is focused on the promotion of Physician Health. She has created videos, and authored articles and book chapters on this topic. She writes a regular column, *Helping Hand*, in the Medical Post on Physician Health. She has just released a book *Irondoc: Practical Stress*

Management Tools for Physicians. She has received several major awards to recognise and honour her work in this field. In recent years, she has expanded her work to address Professional Health in lawyers, judges, dentists, pharmacists, nurses, and executives.

Craig Leggatt SC , MA LLM Syd, works as Senior Counsel primarily in the area of property litigation and appears regularly in the NSW Court of Appeal, the Supreme Court of New South Wales and the Land and Environment Court of New South Wales.

Initiated as a yoga swami in India more than 30 years ago, Craig is acknowledged internationally as an eminent meditation teacher and yoga scholar.

He speaks regularly to lawyers about life/work balances and the variety of proven, practical ways in which appropriate balances can be achieved.

The Inaugural Tristan Jepson Memorial Lecture is an initiative of the Tristan Jepson Memorial Fund.

For more information visit our website: www.cle.unsw.edu.au