

**ASSOCIATION OF HEADS OF INDEPENDENT GIRLS'
SCHOOLS**

**IGSSA 85th ANNUAL ATHLETICS
CHAMPIONSHIP**

***SYDNEY OLYMPIC PARK ATHLETIC CENTRE
HOMEBUSH***

Friday June 20, 2008

8.00AM - 4.30PM



Risk Warning Under Section 5M of the Civil Liability Act 2002 on Behalf of AHIGS and AHIGS Member Schools Listed Below:

Abbotsleigh	Kincoppal-Rose Bay	PLC Armidale	St Clare's Waverley
Ascham	Loreto Kirribilli	PLC Sydney	St Vincent's
Brigidine	Loreto Normanhurst	Pymble Ladies' College	St Catherine's
Calrossy	Meriden	Queenwood	Tangara
Canberra Girls' Grammar	MLC Sydney	Ravenswood	Tara
Danebank	Monte Sant' Angelo	Roseville College	Wenona
Frensham	NEGS	Santa Sabina	
Kambala	OLMC Parramatta	SCEGGS Darlinghurst	

The Association of Heads of Independent Girls' Schools NSW (AHIGS) administers and convenes IGSSA inter-school sporting activities in which many students, parents, spectators, conveners, umpires, referees and others participate.

AHIGS and its member schools expect all participants in IGSSA sport to take responsibility for their own safety by observing instructions, rules and guidelines, by wearing compulsory safety equipment when applicable and by behaving in a safe and responsible manner towards other participants, officials, property and grounds.

While AHIGS and its member schools take measures to make the sporting activities as safe as possible for all participants, there is a risk that those involved may be injured and suffer loss (including financial loss) and damage as a result of their participation in these sporting activities, whether at training or in actual events.

Injury can occur while the participant is engaging in, watching or officiating at a sporting activity, or travelling to and from the event. The injury may result from the participant's actions, the actions of others or equipment failure.

On some occasions, an injury can be serious (such as torn ligaments, dislocations, back injuries, concussion or broken bones). In very rare cases the injury can be life threatening or result in permanent disability. If a participant has a pre-existing injury, participating in a sporting activity could result in an exacerbation of that injury.

Participants could also suffer loss as a result of their personal property being lost, stolen, damaged or destroyed.

SUB-COMMITTEE OF
THE ASSOCIATION OF HEADS OF INDEPENDENT GIRLS SCHOOLS
AHIGS - NSW

President

Mrs Carol Bower - Tara

Immediate Past President

Mrs Maraget White - Kambala

Committee

Mr Cameron Anderson - Pymble Ladies' College, Mrs Carol Bower, Tara, Ms Alison Gowan - AHIGS Sports Director, Mrs Belinda Moore - AHIGS Assistant Sports Director, Mrs Judith Poole – Abbotsleigh, Ms Karen Pearson - AHIGS Executive Officer, Mrs Louise Robert-Smith, Ascham, Ms Vicki Steer, Ravenswood, Mrs Margaret White, Kambala.

IGSSA Athletics Conveners

Ms Kath Sambell - Kambala

Mrs Jacinta Jacobs - St Vincent's College

Committee

Representatives from Abbotsleigh – Ascham – Brigidine - Kambala - Loreto Normanhurst - MLC Burwood - Meriden – PLC Sydney - Pymble Ladies' College - Roseville College – SCEGGS, St Catherine's – St Vincent's College

DIVISIONS FOR 2008

DIVISION 1

ABBOTSLEIGH
ASCHAM
LORETO NORMANHURST
MLC BURWOOD
PLC SYDNEY
PYMBLE LADIES' COLLEGE
RAVENSWOOD
ROSEVILLE COLLEGE

DIVISION 2

BRIGIDINE
DANEBANK
LORETO KIRRIBILLI
MERIDEN
NEGS
QUEENWOOD
ST CATHERINE'S
TARA
WENONA

DIVISION 3

CALROSSY
FRENHAM
KAMBALA
KINCOPPAL ROSE BAY
MONTE SANT' ANGELO
OLMC PARRAMATTA
PLC ARMIDALE
SCEGGS DARLINGHURST
ST VINCENT'S

RULES OF THE MEETING

ENTRY RULES

1. Age is as at December 31, 2008
2. Age sections: Junior 14 Years & Under
Intermediate 15 & 16 Years
Senior 17 Years & Over
3. A girl may compete in a higher age group than her own provided this is the only age group in which she enters.
4. Schools may enter one competitor in an individual event and one team in a relay event.
5. A girl may enter a total of 4 events i.e. a maximum of 3 individual events and a relay. Schools with an enrolment less than 351 may enter a girl in 5 events i.e. 4 individual events and a relay.

MEETING RULES

1. Competitors must be ready at the start when called or they will be barred from competing.
2. With the exception of AWD events, in all races up to and including the 400 metres, competitors must use a crouch start.
3. With the exception of AWD events, starting blocks supplied by the venue will be the only blocks to be used on the ground, and must be used by all competitors in events up to and including 400m and relays.
4. Competitors will be warned at the first false start and disqualified at the second.
5. Track events take precedence over Field events. Competitors leaving a Field event must report to the Field official before leaving and return within **30 minutes** or forfeit their attempt in any completed round.
6. Spikes are optional for all events, however, spikes or shoes must be worn for all events. Spikes must not exceed 7mm except for High Jump and Javelin which must not exceed 9mm.
7. Regulation school athletics uniform to be worn by competitors. **Clearly visible** registered **numbers**, to be worn on the front of uniforms. Competitors' numbers must be clearly displayed in **both track and field** events.
8. Decision of the Competition Director of the meeting after consultation with the referee shall be final. Any protests must be presented at the recording room where a decision will be made. Protests must be presented within 5 minutes of completion of the event concerned.

MEETING RULES

9. No coach may be inside the competition arena. The only exception to this rule is where a coach is performing an official duty and will clearly not be coaching any athlete.
10. Only AHIGS nominated photographers are allowed to be inside the competition arena during the day's events.
11. All heats for the track events are marshalled in the tunnel of the athletics centre. An official will then walk the competitors to the start of their event. All finals will be marshalled at the starting area of each event.
12. Competitors, spectators, parents and coaches/staff should adhere to the Code of Behaviour guidelines in the current AHIGS - IGSSA Handbook.
13. A placing in an event does not guarantee selection in the IGSSA Athletics Representative Team for the current year.

GENERAL INFORMATION

1. Track Events

The first placegetter from each division in heats will receive division ribbons. Places will be awarded and points allocated to the appropriate division accordingly.

Finalists

The fastest 8 times will progress through to the finals of the 100m, Hurdles, 200m, 400m, 800m and relays. The 1500m and AWD 100m are straight finals.

2. Field Events

The top 8 placed competitors from each event after the first round of 3 jumps or throws will progress to the final round of 3 jumps or throws.

High Jump placings will be allocated after the event is fully completed.

3. Ribbons

No ribbons will be presented at the carnival. Each school may collect their ribbons at the completion of the carnival.

POINT SCORE

Division Point Score

Individual 10 - 8 - 6 - 5 - 4 - 3 - 2 - 1 - 1 Relays 12- 10 - 8 - 7 - 6 - 5 - 4 - 3 - 3

Overall Point Score

Individual 10 - 8 - 6 - 5 - 4 - 3 - 2 - 1 Relays 12 - 10 - 8 - 7 - 6 - 5 - 4 - 3

TROPHIES Divisions

Results taken from Heats only

Division 1 - Combined total of Senior, Intermediate and Junior Point Score

Division 2 - Combined total of Senior, Intermediate and Junior Point Score

Division 3 - Combined total of Senior, Intermediate and Junior Point Score

Overall

Results taken from Finals only

Relays – Junior, Intermediate & Senior

Junior Championship - Individual girl with highest point score in Section

Inter. Championship - Individual girl with highest point score in Section

Senior Championship - Individual girl with highest point score in Section

Junior - Combined total of Junior Point Score

Intermediate - Combined total of Intermediate Point Score

Senior - Combined total of Senior Point Score

Overall - Champion School of the Carnival Combined Totals

Athletes with a Disability

All events will be conducted as open multi-disability events. All competitors must have a NSW sanctioned classification prior to the carnival. More than one athlete may compete for a school, however only one nominated athlete per school will receive points. Placing and points for each event are determined by calculating each result as a percentage of the Multi-disability Standard Time (MDST) for each specific class. Percentages are used to ensure a sliding scale.

e.g. To calculate the percentage MDST: $\frac{\text{time/distance achieved at carnival} \times 100}{\text{MDST Time (Australian Record for the classification)}}$

RESULTS 2007

INDIVIDUAL CHAMPIONS 2007

Junior: Courtney Owens – PLC Sydney
Intermediate: Annaliese Gardiner – Abbotsleigh
Senior: Olivia Tauro – Meriden

SCHOOL PLACES 2007

DIVISIONS

Division 1: Abbotsleigh
Division 2: Ascham
Division 3: Tara

OVERALL

Junior: PLC Sydney
Inter: Abbotsleigh
Senior: Pymble

Champion School of Meeting 2007

1. Abbotsleigh
2. Pymble Ladies' College
3. Roseville College

PAST WINNERS

	SENIOR	JUNIOR		SENIOR	JUNIOR
1922	Pymble	MLC Burwood	1945	MLC Burwood	MLC Burwood
1923	Normanhurst/Redlands		1946	Wenona	MLC Burwood
1924	Redlands	Normanhurst	1947	Pymble	
1925	Normanhurst/Pymble	Pymble	1948	Pymble	Pymble
1926	Redland	MLC Burwood	1949	Pymble	Pymble
1927	MLC Burwood	MLC Burwood	1950	Pymble	Pymble
1928	NOT HELD		1951	Ravenswood	Pymble
1929	Pymble	MLC Burwood	1952	Pymble	Ascham
1930	MLC Burwood	MLC Burwood	1953	Ascham	Pymble
1931	MLC Burwood	SCEGGS	1954	Ascham	MLC Burwood
1932	MLC Burwood	Wenona	1955	Ravenswood	MLC Burwood
1933	MLC Burwood	MLC Burwood	1956	MLC Burwood	MLC Burwood
1934	SCEGGS	SCEGGS	1957	Pymble	MLC Burwood
1935	MLC Burwood	MLC Burwood	1958	MLC Burwood	MLC Burwood
1936	SCEGGS	Kambala	1959	Abbotsleigh	Pymble
1937	MLC Burwood	Pymble	1960	MLC Burwood	Pymble
1938	Pymble	MLC Burwood	1961	Pymble	Abbotsleigh
1939	MLC Burwood	MLC Burwood	1962	Pymble	Abbotsleigh
1940	MLC Burwood	Wenona	1963	Pymble	Abbotsleigh
1941	Pymble	Pymble	1964	Abbotsleigh	Abbotsleigh
1942	NOT HELD		1965	Kambala	Pymble
1943	Pymble	MLC Burwood	1966	Abbotsleigh	Abbotsleigh
1944	MLC Burwood	Annesley			

	SENIOR	INTERMEDIATE	JUNIOR
1967	Abbotsleigh	Abbotsleigh	Wenona
1968	Abbotsleigh	Kambala/MLC Burwood	Abbotsleigh
1969	Ascham	Wenona	Ascham
1970	PLC Armidale	Abbotsleigh/Kambala	Abbotsleigh/Ascham
1971	Abbotsleigh/PLC Armidale	Pymble	Abbotsleigh
1972	Pymble	Abbotsleigh	Ravenswood
1973	Kambala	Kambala	Ravenswood
1974	Kambala	Ravenswood	Kambala/Ravenswood
1975	Abbotsleigh	Ravenswood	Abbotsleigh
1976	Kambala	Ravenswood	Abbotsleigh
1977	Pymble	Kambala	MLC Burwood
1978	Ravenswood	Queenwood	Pymble
1979	Canberra Grammar	MLC Burwood	Pymble
1980	Ravenswood	Pymble	Pymble
1981	Pymble	Pymble	Pymble
1982	Pymble	Pymble	Pymble
1983	Pymble	Pymble	MLC Burwood
1984	Pymble	NEGS	Pymble
1985	Abbotsleigh	Pymble	Pymble
1986	Pymble	Abbotsleigh/Pymble	Pymble
1987	Pymble	Abbotsleigh	Pymble
1988	Pymble	Pymble	Pymble
1989	Pymble	Pymble	Pymble
1990	Pymble	Pymble	Pymble
	<i>CHAMPION SCHOOL</i> – Pymble		
1991	Pymble	Abbotsleigh	PLC Sydney
	<i>CHAMPION SCHOOL</i> – Abbotsleigh		
1992	Pymble	Pymble	Pymble
	<i>CHAMPION SCHOOL</i> – Pymble		
1993	Abbotsleigh	Abbotsleigh	Pymble
	<i>CHAMPION SCHOOL</i> – Pymble		

	SENIOR	INTERMEDIATE	JUNIOR
1994	Pymble <i>CHAMPION SCHOOL</i> – Pymble	Pymble	Abbotsleigh/Tara
1995	Abbotsleigh <i>CHAMPION SCHOOL</i> – Abbotsleigh	Pymble	Pymble
1996	Pymble <i>CHAMPION SCHOOL</i> – Pymble	Pymble	Pymble
1997	Abbotsleigh <i>CHAMPION SCHOOL</i> – Pymble	Pymble	Pymble
1998	Pymble <i>CHAMPION SCHOOL</i> – Pymble	Pymble	PLC Sydney
1999	Pymble <i>CHAMPION SCHOOL</i> – Pymble	Pymble	Pymble
2000	Pymble <i>CHAMPION SCHOOL</i> – Pymble	PLC Sydney	Pymble
2001	Abbotsleigh <i>CHAMPION SCHOOL</i> – Abbotsleigh	Monte Sant' Angelo	Pymble
2002	Abbotsleigh <i>CHAMPION SCHOOL</i> – Abbotsleigh & Pymble Joint	Pymble	Abbotsleigh
2003	PLC Sydney <i>CHAMPION SCHOOL</i> – Pymble	Pymble	Pymble
2004	Pymble <i>CHAMPION SCHOOL</i> – Abbotsleigh	Pymble	Abbotsleigh
2005	Pymble <i>CHAMPION SCHOOL</i> – Abbotsleigh	Abbotsleigh	Abbotsleigh
2006	Pymble <i>CHAMPION SCHOOL</i> – Abbotsleigh	Abbotsleigh	Abbotsleigh
2007	Pymble <i>CHAMPION SCHOOL</i> - Abbotsleigh	Abbotsleigh	PLC Sydney

PROGRAMME OF EVENTS

TRACK

Thursday, June 19

Start: 5.00pm

HEATS

- Event 1 Junior 800m
- Event 2 Intermediate 800m
- Event 3 Senior 800m

Friday, June 20

Start: 8.30am

HEATS

- Event 4 12 years Hurdles
- Event 5 13 years Hurdles
- Event 6 14 years Hurdles
- Event 7 15 years Hurdles
- Event 8 16 years Hurdles
- Event 9 17 years Hurdles
- Event 10 18 years Hurdles

FINALS

- Event 11 Junior 1500 m
- Event 12 Intermediate 1500m
- Event 13 Senior 1500m

HEATS

- Event 14 Junior 200m
- Event 15 Intermediate 200m
- Event 16 Senior 200m
- Event 17 12 years 100m
- Event 18 13 years 100m
- Event 19 14 years 100m
- Event 20 15 years 100m
- Event 21 16 years 100m
- Event 22 17 years 100m
- Event 23 18 years 100m
- Event 24 Junior 400m
- Event 25 Intermediate 400m
- Event 26 Senior 400m
- Event 27 Junior Relay
- Event 28 Intermediate Relay
- Event 29 Senior Relay

FINALS

- Event 30 12 years Hurdles
- Event 31 13 years Hurdles
- Event 32 14 years Hurdles
- Event 33 15 years Hurdles
- Event 34 16 years Hurdles
- Event 35 17 years Hurdles
- Event 36 18 years Hurdles
- Event 37 Junior 200m
- Event 38 Intermediate 200m
- Event 39 Senior 200m
- Event 40 Junior 800m
- Event 41 Intermediate 800m
- Event 42 Senior 800m
- Event 43 12 years 100m
- Event 44 13 years 100m
- Event 45 14 years 100m
- Event 46 15 years 100m
- Event 47 16 years 100m
- Event 48 17 years 100m
- Event 49 18 years 100m
- Event 50 AWD 100m
- Event 51 Junior 400m
- Event 52 Intermediate 400m
- Event 53 Senior 400m
- Event 54 Junior Relay
- Event 55 Intermediate Relay
- Event 56 Senior Relay
- Event 57 MARCH PAST

PROGRAMME OF EVENTS

FIELD

	<i>Junior</i>	<i>Intermediate</i>	<i>Senior</i>
Shot	3kg	4kg	4kg
Discus	1kg	1kg	1kg
Javelin	600gms	600gms	600gms
High Jump	1.25m	1.30m	1.30m

5cm rises until final 8 competitors, then 3cm rises

Times approximate - girls will be called if required earlier than stated. Final round will follow immediately after Preliminaries.

8am	<i>Event 71</i>	Junior High Jump
8am	<i>Event 64</i>	Junior Javelin
8am	<i>Event 62</i>	Intermediate Discus
8am	<i>Event 68</i>	Intermediate Long Jump
8am	<i>Event 73</i>	Senior High Jump
8am	<i>Event 60</i>	Senior Shot Put
10am	<i>Event 70</i>	AWD Long Jump
10am	<i>Event 61</i>	Junior Discus
10am	<i>Event 67</i>	Junior Long Jump
10am	<i>Event 72</i>	Intermediate High Jump
10am	<i>Event 59</i>	Intermediate Shot Put
10am	<i>Event 66</i>	Senior Javelin
10am	<i>Event 69</i>	Senior Long Jump
12pm	<i>Event 58</i>	Junior Shot Put
12pm	<i>Event 65</i>	Intermediate Javelin
12pm	<i>Event 63</i>	Senior Discus
12pm	<i>Event 74</i>	AWD Shot Put

TRACK EVENTS

EVENT 1: JUNIOR 800M

Record: 2.14.75, Heidi Gregson – Loreto Normanhurst, 2003

Titleholder: 2.28.20, Tara Vance – Tara, 2007

<u>Lane</u>	<u>Heat 1</u>	<u>Lane</u>	<u>Heat 2</u>	<u>Lane</u>	<u>Heat 3</u>
1	Kincoppal Rose Bay	1	NEGS		
2	OLMC	2	St Catherine's	2	MLC
3	PLC Armidale	3	Meriden	3	Ravenswood
4	Monte Sant' Angelo	4	Loreto Kirribilli	4	Roseville
5	St Vincent's	5	Danebank	5	Abbotsleigh
6	Calrossy	6	Brigidine	6	Ascham
7	Kambala	7	Queenwood	7	Loreto Normanhurst
8	Frensham	8	Tara	8	Pymble
9	SCEGGS	9	Wenona	9	PLC Sydney

EVENT 2: INTERMEDIATE 800M

Record: 2.13.60, Meg Buchanan – Abbotsleigh, 1999

Titleholder: 2.23.70, Thea Welsby – Roseville, 2007

<u>Lane</u>	<u>Heat 1</u>	<u>Lane</u>	<u>Heat 2</u>	<u>Lane</u>	<u>Heat 3</u>
1	OLMC	1	St Catherine's		
2	PLC Armidale	2	Meriden	2	Ravenswood
3	Monte Sant' Angelo	3	Loreto Kirribilli	3	Roseville
4	St Vincent's	4	Danebank	4	Abbotsleigh
5	Calrossy	5	Brigidine	5	Ascham
6	Kambala	6	Queenwood	6	Loreto Normanhurst
7	Frensham	7	Tara	7	Pymble
8	SCEGGS	8	Wenona	8	PLC Sydney
9	Kincoppal Rose Bay	9	NEGS	9	MLC

EVENT 3: SENIOR 800M

Record: 2.10.71, Sianne Toemoe – Pymble Ladies' College, 2006

Titleholder: 2.15.57, Sianne Toemoe – Pymble Ladies' College, 2007

<u>Lane</u>	<u>Heat 1</u>	<u>Lane</u>	<u>Heat 2</u>	<u>Lane</u>	<u>Heat 3</u>
1	PLC Armidale	1	Meriden		
2	Monte Sant' Angelo	2	Loreto Kirribilli	2	Roseville
3	St Vincent's	3	Danebank	3	Abbotsleigh
4	Calrossy	4	Brigidine	4	Ascham
5	Kambala	5	Queenwood	5	Loreto Normanhurst
6	Frensham	6	Tara	6	Pymble
7	SCEGGS	7	Wenona	7	PLC Sydney
8	Kincoppal Rose Bay	8	NEGS	8	MLC
9	OLMC	9	St Catherine's	9	Ravenswood

EVENT 4: 12 YEARS HURDLES 80M, 0.762M

Record: 13.50, Stephanie Guest – Pymble Ladies' College, 2000

Titleholder: 14.34, Elizabeth Clay – Loreto Normanhurst - 2007

<u>Lane</u>	<u>Heat 1</u>	<u>Lane</u>	<u>Heat 2</u>	<u>Lane</u>	<u>Heat 3</u>
2	Monte Sant' Angelo	2	Loreto Kirribilli		
3	St Vincent's	3	Danebank	3	Abbotsleigh
4	Calrossy	4	Brigidine	4	Ascham
5	Kambala	5	Queenwood	5	Loreto Normanhurst
6	Frensham	6	Tara	6	Pymble
7	SCEGGS	7	Wenona	7	PLC Sydney
8	Kincoppal Rose Bay	8	NEGS	8	MLC
9	OLMC	9	St Catherine's	9	Ravenswood
10	PLC Armidale	10	Meriden	10	Roseville

EVENT 5: 13 YEARS HURDLES 80M, 0.762M

Record: 12.65, Annaliese Gardiner – Abbotsleigh, 2005

Titleholder: 12.96, Samantha Hulme – Roseville, 2007

<u>Lane</u>	<u>Heat 1</u>	<u>Lane</u>	<u>Heat 2</u>	<u>Lane</u>	<u>Heat 3</u>
2	St Vincent's	2	Danebank	3	Ascham
3	Calrossy	3	Brigidine	4	Loreto Normanhurst
4	Kambala	4	Queenwood	5	Pymble
5	Frensham	5	Tara	6	PLC Sydney
6	SCEGGS	6	Wenona	7	MLC
7	Kincoppal Rose Bay	7	NEGS	8	Ravenswood
8	OLMC	8	St Catherine's	9	Roseville
9	PLC Armidale	9	Meriden	10	Abbotsleigh
10	Monte Sant' Angelo	10	Loreto Kirribilli		

EVENT 6: 14 YEARS HURDLES 90M, 0.762M

Record: 13.51, Marissa Ward – Monte Sant' Angelo, 2002

Titleholder: 14.16, Courtney Owens – PLC Sydney, 2007

<u>Lane</u>	<u>Heat 1</u>	<u>Lane</u>	<u>Heat 2</u>	<u>Lane</u>	<u>Heat 3</u>
2	Calrossy	2	Brigidine	3	Loreto Normanhurst
3	Kambala	3	Queenwood	4	Pymble
4	Frensham	4	Tara	5	PLC Sydney
5	SCEGGS	5	Wenona	6	MLC
6	Kincoppal Rose Bay	6	NEGS	7	Ravenswood
7	OLMC	7	St Catherine's	8	Roseville
8	PLC Armidale	8	Meriden	9	Abbotsleigh
9	Monte Sant' Angelo	9	Loreto Kirribilli	10	Ascham
10	St Vincent's	10	Danebank		

EVENT 7: 15 YEARS HURDLES 90M, 0.762M

Record: 13.12, Marissa Ward – Monte Sant' Angelo, 2003

Titleholder: 13.86, Annaliese Gardiner – Abbotsleigh, 2007

<u>Lane</u>	<u>Heat 1</u>	<u>Lane</u>	<u>Heat 2</u>	<u>Lane</u>	<u>Heat 3</u>
2	Kambala	2	Queenwood	3	Pymble
3	Frensham	3	Tara	4	PLC Sydney
4	SCEGGS	4	Wenona	5	MLC
5	Kincoppal Rose Bay	5	NEGS	6	Ravenswood
6	OLMC	6	St Catherine's	7	Roseville
7	PLC Armidale	7	Meriden	8	Abbotsleigh
8	Monte Sant' Angelo	8	Loreto Kirribilli	9	Ascham
9	St Vincent's	9	Danebank	10	Loreto Normanhurst
10	Calrossy	10	Brigidine		

EVENT 8: 16 YEARS HURDLES 100M, 0.762M

Record: 14.35, Charlotte Yeates – Abbotsleigh, 2004

Titleholder: 15.57, Ellen Maxton – Abbotsleigh, 2007

<u>Lane</u>	<u>Heat 1</u>	<u>Lane</u>	<u>Heat 2</u>	<u>Lane</u>	<u>Heat 3</u>
2	Frensham	2	Tara	3	PLC Sydney
3	SCEGGS	3	Wenona	4	MLC
4	Kincoppal Rose Bay	4	NEGS	5	Ravenswood
5	OLMC	5	St Catherine's	6	Roseville
6	PLC Armidale	6	Meriden	7	Abbotsleigh
7	Monte Sant' Angelo	7	Loreto Kirribilli	8	Ascham
8	St Vincent's	8	Danebank	9	Loreto Normanhurst
9	Calrossy	9	Brigidine	10	Pymble
10	Kambala	10	Queenwood		

EVENT 9: 17 YEARS HURDLES 100M, 0.762M

Record: 14.35, Jacinta Doyle – Meriden, 2007

Titleholder: 15.79, Greta Beale – Loreto Kirribilli, 2007

<u>Lane</u>	<u>Heat 1</u>	<u>Lane</u>	<u>Heat 2</u>	<u>Lane</u>	<u>Heat 3</u>
2	SCEGGS	2	Wenona		
3	Kincoppal Rose Bay	3	NEGS	3	MLC
4	OLMC	4	St Catherine's	4	Ravenswood
5	PLC Armidale	5	Meriden	5	Roseville
6	Monte Sant' Angelo	6	Loreto Kirribilli	6	Abbotsleigh
7	St Vincent's	7	Danebank	7	Ascham
8	Calrossy	8	Brigidine	8	Loreto Normanhurst
9	Kambala	9	Queenwood	9	Pymble
10	Frensham	10	Tara	10	PLC Sydney

EVENT 10: 18 YEARS HURDLES 100M, 0.840M

Record: 15.17, Stephanie Benson – Pymble Ladies' College, 1997

Titleholder: 15.73, Elzaan Pienaar – Pymble Ladies' College, 2007

<u>Lane</u>	<u>Heat 1</u>	<u>Lane</u>	<u>Heat 2</u>	<u>Lane</u>	<u>Heat 3</u>
2	Kincoppal Rose Bay	2	NEGS		
3	OLMC	3	St Catherine's	3	Ravenswood
4	PLC Armidale	4	Meriden	4	Roseville
5	Monte Sant' Angelo	5	Loreto Kirribilli	5	Abbotsleigh
6	St Vincent's	6	Danebank	6	Ascham
7	Calrossy	7	Brigidine	7	Loreto Normanhurst
8	Kambala	8	Queenwood	8	Pymble
9	Frensham	9	Tara	9	PLC Sydney
10	SCEGGS	10	Wenona	10	MLC

EVENT 11: JUNIOR 1500M FINAL

Record: 4.55.56, Emma Walsh – Loreto Normanhurst, 2003

Titleholder: 5.02.96, Melanie Ballard – Pymble Ladies' College, 2007

EVENT 12: INTERMEDIATE 1500M FINAL

Record: 4.39.4h, Lara Tamsett – Kincoppal Rose Bay, 2004

Titleholder: 4.49.90, Thea Welsby – Roseville, 2007

EVENT 13: SENIOR 1500M FINAL

Record: 4.32.07, Lara Tamsett – Kincoppal Rose Bay, 2006

Titleholder: 4.48.62, Abigail Regan – Loreto Normanhurst, 2007

EVENT 14: JUNIOR 200M

Record: 26.01, Erin Wilson – Tara, 1994

Titleholder: 26.94, Courtney Owens – PLC Sydney, 2007

<u>Lane</u>	<u>Heat 1</u>	<u>Lane</u>	<u>Heat 2</u>	<u>Lane</u>	<u>Heat 3</u>
1	OLMC	1	St Catherine's		
2	PLC Armidale	2	Meriden	2	Roseville
3	Monte Sant' Angelo	3	Loreto Kirribilli	3	Abbotsleigh
4	St Vincent's	4	Danebank	4	Ascham
5	Calrossy	5	Brigidine	5	Loreto Normanhurst
6	Kambala	6	Queenwood	6	Pymble
7	Frensham	7	Tara	7	PLC Sydney
8	SCEGGS	8	Wenona	8	MLC
9	Kincoppal Rose Bay	9	NEGS	9	Ravenswood

EVENT 15: INTERMEDIATE 200M

Record: 25.13, Charlotte Van Veenendaal – Pymble Ladies' College, 2003

Titleholder: 25.83, Larissa Pasternatsky – Abbotsleigh, 2007

<u>Lane</u>	<u>Heat 1</u>	<u>Lane</u>	<u>Heat 2</u>	<u>Lane</u>	<u>Heat 3</u>
1	PLC Armidale	1	Meriden		
2	Monte Sant' Angelo	2	Loreto Kirribilli	2	Abbotsleigh
3	St Vincent's	3	Danebank	3	Ascham
4	Calrossy	4	Brigidine	4	Loreto Normanhurst
5	Kambala	5	Queenwood	5	Pymble
6	Frensham	6	Tara	6	PLC Sydney
7	SCEGGS	7	Wenona	7	MLC
8	Kincoppal Rose Bay	8	NEGS	8	Ravenswood
9	OLMC	9	St Catherine's	9	Roseville

EVENT 16: SENIOR 200M

Record: 24.78, Olivia Tauro – Meriden, 2007

Titleholder: 24.78, Olivia Tauro – Meriden, 2007

<u>Lane</u>	<u>Heat 1</u>	<u>Lane</u>	<u>Heat 2</u>	<u>Lane</u>	<u>Heat 3</u>
1	Monte Sant' Angelo	1	Loreto Kirribilli		
2	St Vincent's	2	Danebank	2	Ascham
3	Calrossy	3	Brigidine	3	Loreto Normanhurst
4	Kambala	4	Queenwood	4	Pymble
5	Frensham	5	Tara	5	PLC Sydney
6	SCEGGS	6	Wenona	6	MLC
7	Kincoppal Rose Bay	7	NEGS	7	Ravenswood
8	OLMC	8	St Catherine's	8	Roseville
9	PLC Armidale	9	Meriden	9	Abbotsleigh

EVENT 17: 12 YEARS 100M

Record: 13.38, Sarah Berry – Ravenswood, 1993

Titleholder: 13.81, Heidi Sfiligoi – Loreto Normanhurst, 2007

<u>Lane</u>	<u>Heat 1</u>	<u>Lane</u>	<u>Heat 2</u>	<u>Lane</u>	<u>Heat 3</u>
2	St Vincent's	2	Danebank		
3	Calrossy	3	Brigidine	3	Loreto Normanhurst
4	Kambala	4	Queenwood	4	Pymble
5	Frensham	5	Tara	5	PLC Sydney
6	SCEGGS	6	Wenona	6	MLC
7	Kincoppal Rose Bay	7	NEGS	7	Ravenswood
8	OLMC	8	St Catherine's	8	Roseville
9	PLC Armidale	9	Meriden	9	Abbotsleigh
10	Monte Sant' Angelo	10	Loreto Kirribilli	10	Ascham

EVENT 18: 13 YEARS 100M

Record: 12.70, Elizabeth Drummond – Pymble Ladies' College, 2003

Titleholder: 13.09, Samantha Hulme – Roseville, 2007

<u>Lane</u>	<u>Heat 1</u>	<u>Lane</u>	<u>Heat 2</u>	<u>Lane</u>	<u>Heat 3</u>
2	Calrossy	2	Brigidine		
3	Kambala	3	Queenwood	3	Pymble
4	Frensham	4	Tara	4	PLC Sydney
5	SCEGGS	5	Wenona	5	MLC
6	Kincoppal Rose Bay	6	NEGS	6	Ravenswood
7	OLMC	7	St Catherine's	7	Roseville
8	PLC Armidale	8	Meriden	8	Abbotsleigh
9	Monte Sant' Angelo	9	Loreto Kirribilli	9	Ascham
10	St Vincent's	10	Danebank	10	Loreto Normanhurst

EVENT 19: 14 YEARS 100M

Record: 12.3h, Sarah Thomson – Abbotsleigh, 2004
 Titleholder: 13.33, Courtney Owens – PLC Sydney, 2007

<u>Lane</u>	<u>Heat 1</u>	<u>Lane</u>	<u>Heat 2</u>	<u>Lane</u>	<u>Heat 3</u>
2	Kambala	2	Queenwood	3	PLC Sydney
3	Frensham	3	Tara	4	MLC
4	SCEGGS	4	Wenona	5	Ravenswood
5	Kincoppal Rose Bay	5	NEGS	6	Roseville
6	OLMC	6	St Catherine's	7	Abbotsleigh
7	PLC Armidale	7	Meriden	8	Ascham
8	Monte Sant' Angelo	8	Loreto Kirribilli	9	Loreto Normanhurst
9	St Vincent's	9	Danebank	10	Pymble
10	Calrossy	10	Brigidine		

EVENT 20: 15 YEARS 100M

Record: 12.34, Charlotte Van Veenendaal – Pymble Ladies' College, 2003
 Titleholder: 12.87, Annaliese Gardiner – Abbotsleigh, 2007

<u>Lane</u>	<u>Heat 1</u>	<u>Lane</u>	<u>Heat 2</u>	<u>Lane</u>	<u>Heat 3</u>
2	Frensham	2	Tara	3	MLC
3	SCEGGS	3	Wenona	4	Ravenswood
4	Kincoppal Rose Bay	4	NEGS	5	Roseville
5	OLMC	5	St Catherine's	6	Abbotsleigh
6	PLC Armidale	6	Meriden	7	Ascham
7	Monte Sant' Angelo	7	Loreto Kirribilli	8	Loreto Normanhurst
8	St Vincent's	8	Danebank	9	Pymble
9	Calrossy	9	Brigidine	10	PLC Sydney
10	Kambala	10	Queenwood		

EVENT 21: 16 YEARS 100M

Record: 12.33, Sarah Petersen – Abbotsleigh, 1993
 Titleholder: 12.83, Larissa Pasternatsky – Abbotsleigh, 2007

<u>Lane</u>	<u>Heat 1</u>	<u>Lane</u>	<u>Heat 2</u>	<u>Lane</u>	<u>Heat 3</u>
2	SCEGGS	2	Wenona	3	Ravenswood
3	Kincoppal Rose Bay	3	NEGS	4	Roseville
4	OLMC	4	St Catherine's	5	Abbotsleigh
5	PLC Armidale	5	Meriden	6	Ascham
6	Monte Sant' Angelo	6	Loreto Kirribilli	7	Loreto Normanhurst
7	St Vincent's	7	Danebank	8	Pymble
8	Calrossy	8	Brigidine	9	PLC Sydney
9	Kambala	9	Queenwood	10	MLC
10	Frensham	10	Tara		

EVENT 22: 17 YEARS 100M

Record: 12.18, Christine Grover – Pymble Ladies' College, 1997
 Titleholder: 12.39, Sarah Thomson – Abbotsleigh, 2007

<u>Lane</u>	<u>Heat 1</u>	<u>Lane</u>	<u>Heat 2</u>	<u>Lane</u>	<u>Heat 3</u>
2	Kincoppal Rose Bay	2	NEGS	3	Roseville
3	OLMC	3	St Catherine's	4	Abbotsleigh
4	PLC Armidale	4	Meriden	5	Ascham
5	Monte Sant' Angelo	5	Loreto Kirribilli	6	Loreto Normanhurst
6	St Vincent's	6	Danebank	7	Pymble
7	Calrossy	7	Brigidine	8	PLC Sydney
8	Kambala	8	Queenwood	9	MLC
9	Frensham	9	Tara	10	Ravenswood
10	SCEGGS	10	Wenona		

EVENT 23: 18 YEARS 100M

Record: 12.20, Victoria Piggin – Abbotsleigh, 1993

12.20, Olivia Tauro – Meriden, 2007

Titleholder: 12.20, Olivia Tauro – Meriden, 2007

<u>Lane</u>	<u>Heat 1</u>	<u>Lane</u>	<u>Heat 2</u>	<u>Lane</u>	<u>Heat 3</u>
2	OLMC	2	St Catherine's		
3	PLC Armidale	3	Meriden	3	Abbotsleigh
4	Monte Sant' Angelo	4	Loreto Kirribilli	4	Ascham
5	St Vincent's	5	Danebank	5	Loreto Normanhurst
6	Calrossy	6	Brigidine	6	Pymble
7	Kambala	7	Queenwood	7	PLC Sydney
8	Frensham	8	Tara	8	MLC
9	SCEGGS	9	Wenona	9	Ravenswood
10	Kincoppal Rose Bay	10	NEGS	10	Roseville

EVENT 24: JUNIOR 400M

Record: 59.53, Lisa Antill – Pymble Ladies' College, 1997

Titleholder: 62.54, Katya Dobinson – PLC Sydney, 2007

<u>Lane</u>	<u>Heat 1</u>	<u>Lane</u>	<u>Heat 2</u>	<u>Lane</u>	<u>Heat 3</u>
1	PLC Armidale	1	Meriden		
2	Monte Sant' Angelo	2	Loreto Kirribilli	2	Ascham
3	St Vincent's	3	Danebank	3	Loreto Normanhurst
4	Calrossy	4	Brigidine	4	Pymble
5	Kambala	5	Queenwood	5	PLC Sydney
6	Frensham	6	Tara	6	MLC
7	SCEGGS	7	Wenona	7	Ravenswood
8	Kincoppal Rose Bay	8	NEGS	8	Roseville
9	OLMC	9	St Catherine's	9	Abbotsleigh

EVENT 25: INTERMEDIATE 400M

Record: 58.24, Julia Cook – Ravenswood, 2004

58.24, Emma Walsh – Loreto Normanhurst, 2005

Titleholder: 60.03, Sarah Pound – Roseville, 2007

<u>Lane</u>	<u>Heat 1</u>	<u>Lane</u>	<u>Heat 2</u>	<u>Lane</u>	<u>Heat 3</u>
1	Monte Sant' Angelo	1	Loreto Kirribilli		
2	St Vincent's	2	Danebank	2	Loreto Normanhurst
3	Calrossy	3	Brigidine	3	Pymble
4	Kambala	4	Queenwood	4	PLC Sydney
5	Frensham	5	Tara	5	MLC
6	SCEGGS	6	Wenona	6	Ravenswood
7	Kincoppal Rose Bay	7	NEGS	7	Roseville
8	OLMC	8	St Catherine's	8	Abbotsleigh
9	PLC Armidale	9	Meriden	9	Ascham

EVENT 26: SENIOR 400M

Record: 57.21, Olivia Tauro – Meriden, 2007

Titleholder: 57.21, Olivia Tauro – Meriden, 2007

<u>Lane</u>	<u>Heat 1</u>	<u>Lane</u>	<u>Heat 2</u>	<u>Lane</u>	<u>Heat 3</u>
1	St Vincent's	1	Danebank		
2	Calrossy	2	Brigidine	2	Pymble
3	Kambala	3	Queenwood	3	PLC Sydney
4	Frensham	4	Tara	4	MLC
5	SCEGGS	5	Wenona	5	Ravenswood
6	Kincoppal Rose Bay	6	NEGS	6	Roseville
7	OLMC	7	St Catherine's	7	Abbotsleigh
8	PLC Armidale	8	Meriden	8	Ascham
9	Monte Sant' Angelo	9	Loreto Kirribilli	9	Loreto Normanhurst

EVENT 27: JUNIOR 4 x 100M RELAY

Record: 50.96, Pymble Ladies' College, 1996

Titleholder: 52.51, PLC Sydney, 2007

<u>Lane</u>	<u>Heat 1</u>	<u>Lane</u>	<u>Heat 2</u>	<u>Lane</u>	<u>Heat 3</u>
1	Calrossy	1	Brigidine	2	PLC Sydney
2	Kambala	2	Queenwood	3	MLC
3	Frensham	3	Tara	4	Ravenswood
4	SCEGGS	4	Wenona	5	Roseville
5	Kincoppal Rose Bay	5	NEGS	6	Abbotsleigh
6	OLMC	6	St Catherine's	7	Ascham
7	PLC Armidale	7	Meriden	8	Loreto Normanhurst
8	Monte Sant' Angelo	8	Loreto Kirribilli	9	Pymble
9	St Vincent's	9	Danebank		

EVENT 28: INTERMEDIATE 4 x 100M RELAY

Record: 49.31, Pymble Ladies' College, 1992

Titleholder: 50.79, Abbotsleigh, 2007

<u>Lane</u>	<u>Heat 1</u>	<u>Lane</u>	<u>Heat 2</u>	<u>Lane</u>	<u>Heat 3</u>
1	Kambala	1	Queenwood	2	MLC
2	Frensham	2	Tara	3	Ravenswood
3	SCEGGS	3	Wenona	4	Roseville
4	Kincoppal Rose Bay	4	NEGS	5	Abbotsleigh
5	OLMC	5	St Catherine's	6	Ascham
6	PLC Armidale	6	Meriden	7	Loreto Normanhurst
7	Monte Sant' Angelo	7	Loreto Kirribilli	8	Pymble
8	St Vincent's	8	Danebank	9	PLC Sydney
9	Calrossy	9	Brigidine		

EVENT 29: SENIOR 4 x 100M RELAY

Record: 48.44, Pymble Ladies' College, 1997

Titleholder: 50.05, Meriden, 2007

<u>Lane</u>	<u>Heat 1</u>	<u>Lane</u>	<u>Heat 2</u>	<u>Lane</u>	<u>Heat 3</u>
1	Frensham	1	Tara	2	Ravenswood
2	SCEGGS	2	Wenona	3	Roseville
3	Kincoppal Rose Bay	3	NEGS	4	Abbotsleigh
4	OLMC	4	St Catherine's	5	Ascham
5	PLC Armidale	5	Meriden	6	Loreto Normanhurst
6	Monte Sant' Angelo	6	Loreto Kirribilli	7	Pymble
7	St Vincent's	7	Danebank	8	PLC Sydney
8	Calrossy	8	Brigidine	9	MLC
9	Kambala	9	Queenwood		

EVENT 50: AWD OPEN 100M

Titleholder: 15.62, Jessica Logan - Roseville, 2007

FIELD EVENTS

EVENT 58: JUNIOR SHOT PUT

Record: 11.35m, Meghan Kennedy – St Vincent's, 2001
11.35m, Emily Bills – Tara, 2007
Titleholder: 11.35m, Emily Bills – Tara, 2007

EVENT 59: INTERMEDIATE SHOT PUT

Record: 12.06m, Belinda Johnson – Loreto Kirribilli, 2000
Titleholder: 9.79m, Jesse Clarke – Kambala, 2007

EVENT 60: SENIOR SHOT PUT

Record: 13.36m, Belinda Johnson – Loreto Kirribilli, 2001
Titleholder: 10.82m, Bridie Goggins – PLC Armidale, 2007

EVENT 61: JUNIOR DISCUS

Record: 34.43m, Emily Bills – Tara, 2007
Titleholder: 34.43m, Emily Bills – Tara, 2007

EVENT 62: INTERMEDIATE DISCUS

Record: 36.15m, Laura Cornford – MLC, 2004
Titleholder: 28.63m, Freya Seale – Abbotsleigh, 2007

EVENT 63: SENIOR DISCUS

Record: 40.47m, Belinda Johnson – Loreto Kirribilli, 2002
Titleholder: 33.09m, Laura Cornford – MLC, 2007

EVENT 64: JUNIOR JAVELIN

Record: 38.05m, Eilish Sheerin – Ascham, 2006
Titleholder: 27.03m, Christina Grun – Ravenswood, 2007

EVENT 65: INTERMEDIATE JAVELIN

Record: 44.30m, Laura Cornford – MLC, 2004
Titleholder: 34.32m, Eilish Sheerin – Ascham, 2007

EVENT 66: SENIOR JAVELIN

Record: 54.21m, Laura Cornford – MLC, 2006
Titleholder: 51.21m, Laura Cornford – MLC, 2007

EVENT 67: JUNIOR LONG JUMP

Record: 5.33m, Ellen Kershaw – SCEGGS, 2004
Titleholder: 4.93m, Jody Potter – PLC Sydney, 2007

EVENT 68: INTERMEDIATE LONG JUMP

Record: 5.55m, Jacinta Doyle – Meriden, 2006
Titleholder: 5.24m, Caitlin Gough – MLC, 2007

EVENT 69: SENIOR LONG JUMP

Record: 5.89m, Victoria Piggin – Abbotsleigh, 1992
Titleholder: 5.36m, Jacinta Doyle – Meriden, 2007

EVENT 70: MULTI-DISABILITY LONG JUMP

Titleholder: 3.50m, Jessica Logan – Roseville, 2007

EVENT 71: JUNIOR HIGH JUMP

Record: 1.70m, Alexandra Church – PLC Sydney, 1997
1.70m, Laura Miranda – PLC Sydney, 2004
Titleholder: 1.53m, Eleanor Agnew – Pymble Ladies' College, 2007

EVENT 72: INTERMEDIATE HIGH JUMP

Record: 1.75m, Danielle Senior – Roseville, 1997
Titleholder: 1.66m, Freya Sombroek – Abbotsleigh, 2007

EVENT 73: SENIOR HIGH JUMP

Record: 1.74m, Melissa Harris – Pymble Ladies' College, 1994
Titleholder: 1.59m, Elzaan Pienaar – Pymble Ladies' College, 2007

EVENT 74: MULTI-DISABILITY SHOT PUT

Titleholder: 5.66m, Nicole Harris – Danebank, 2007

FINAL RESULTS 2008									
	Junior			Intermediate			Senior		
Place	School	Points	Place	School	Points	Place	School	Points	
1			1			1			
2			2			2			
3			3			3			
4			4			4			
5			5			5			
6			6			6			
7			7			7			
8			8			8			
9			9			9			
10			10			10			
11			11			11			
12			12			12			
13			13			13			
14			14			14			
15			15			15			
16			16			16			
17			17			17			
18			18			18			
19			19			19			
20			20			20			
21			21			21			
22			22			22			
23			23			23			
24			24			24			
25			25			25			
26			26			26			

DIVISION RESULTS 2008		
1	2	3
1	1	1
2	2	2
3	3	3
4	4	4
5	5	5
6	6	6
7	7	7
8	8	8
	9	9

CHAMPION SCHOOL OF CARNIVAL 2008		
1	9	18
2	10	19
3	11	20
4	12	21
5	13	22
6	14	23
7	15	24
8	16	25
	17	26



MARCH PAST ORDER

Abbotsleigh
Pymble Ladies' College
Roseville College
PLC Sydney
Ravenswood
Loreto Normanhurst
MLC Burwood
Ascham
Meriden
St Catherine's
Wenona
Tara
Loreto Kirribilli
Danebank
Queenwood
Brigidine College, St Ives
NEGS
SCEGGS Darlinghurst
Kambala
Monte Sant' Angelo
PLC Armidale
Kincoppal Rose Bay
St Vincent's College
Calrossy
Frensham
OLMC Parramatta