

A pleasant four kilometre walk through the old Castlefield Estate area of Hampton, an area originally owned by J.M. Smith who purchased over 200 acres of land in 1856. The trail will take you through the picturesque streets of Hampton, where you can enjoy the variety of architectural styles demonstrating the unique history of the area. The conclusion of the walk brings you to Hampton Street with its huge array of antique shops, fine food establishments and shopping boutiques. Why not take the time to relax and enjoy a coffee with friends. After all, you've earned it!

Benefits of Walking

Social – builds friendships when you walk and talk with a friend

Physical – strengthens bones, reduces risk of cardiovascular disease, and reduces body fat

Psychological – helps us relax, aids concentration and promotes “well-being”

Educational – learn about the heritage and environment of this beautiful area

Remember to

- Avoid walking immediately after meals
- Wear light, loose comfortable clothing and comfortable flat sole shoes
- Avoid the hottest part of the day and always wear a hat and apply sunscreen
- Slow down or take a break if you become breathless or feel discomfort
- Don't walk when you are feeling ill
- Try to make time for gentle stretching exercises before and after you walk
- Be visible by wearing light coloured clothing when walking in the dark
- Drink liquids before, during and after walking
- “Walk with Care” especially when crossing roads – look, listen and think.

Walking in Bayside

The City of Bayside has produced a series of brochures to encourage people to walk and gain the benefits of a healthy lifestyle and experience the sights and suburbs.

Thank you to the Sandringham Historical Society for its contribution.



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Hours of business 8.30am - 5.00pm
 Monday - Friday (except public holidays)



CASTLEFIELD WALK HAMPTON



Time	1 hour
Distance	4 kilometres
Difficulty	moderate
Seats	Alexander Park, Castlefield Reserve & South Road

Melway Reference 76 F5

Bus Routes - 708, 811-2, 826-7-8, 600

Wheelchair access - Sealed footpath entire walk except in Castlefield Reserve
 Parking - Hampton Community Centre,
 14 Willis Street Hampton



Walk

Trail directions

Castlefield Walk - Hampton

The walk begins at the Hampton Community Centre located at 14 Willis Street in Hampton. Pick up the trail head east over Hampton Street, turn into Ocean Street, then Thomas Street.

- 1 To your left you will discover beautiful Alexander Park, which has a wonderful playground, plenty of shade and a drinking fountain. This park was the original site of Ralph's Dairy which once supplied the entire region with milk and ice.
- 2 Move past Alexander Park and turn into Hood Street, which is named after a British Battle cruiser, the HMS HOOD which was sunk in 1941 by the German ship Bismark with the loss of 1,414 crew (only three people survived). Take a moment to enjoy the mature gum tree located in the middle of the roundabout.
- 3 A highlight of this walk is Castlefield Reserve, which (like this trail) was named after the old Castlefield Estate which once comprised all of this area. Stroll through the entrance and enjoy the peaceful surrounds. Follow the path on the left through to Imbros Street.
- 4 Imbros Street was named after the Aegean Sea Island where Australian soldiers were based before being sent to Gallipoli in World War 1. Continuing with the military theme, several nearby streets are also named after World War 1 battlefields. In fact this estate around the reserve was developed by the "War Service Homes Commission" in 1924 to house ex servicemen after WW1. Many of these homes still remain.

- 5 As you walk along South Road, take a glance across the playing fields of Hailebury College where you will still find the original Castlefield residence, with its slate roof, located in the middle of the school grounds. This residence was originally built in 1852 by Thomas Splatt and was extended numerous times by J.M. Smith. Hailebury College has retained the historical residence.
- 6 Continue the trail through the streets of Hampton. As you pass through Holyrood Street, you will notice on your right the beautiful St Mary's Catholic Church which was built in 1925 and stands tall among the houses of the surrounding neighbourhood.

- 7 Turn left into Exon Street, which was named after the then manager of the Melbourne Orphanage Asylum. As you walk this street, you will notice that it is not quite straight. Amazingly, it was diverted around two existing houses!
- 8 Turn left into Willis Street and follow the red brick path back to the Hampton Community Centre. While you are there, you might like to enquire about the huge range of programs and activities offered at the Centre.

Now that you've completed your walk and enjoyed the sights of Hampton, take the time to enjoy the variety of shops and eating establishments available in Hampton Street, generally known as one of Melbourne's premier shopping strips!

