

Roger's **impact** on AL East p/19









GOP's Lott: Patience on Iraq is limited

washington. Senate Republican Whip Trent Lott said yesterday that President Bush's new strategy in Iraq has until about fall before GOP members will need to see results. Lott's comment put a fine point on what Senate Republican stalwarts have been discussing quietly for weeks. It also echoed remarks made this weekend by House Minority Leader John Boehner, R-Ohio, indicating the GOP's limited patience on the war.

Entertainment page 17

Grant-Lee Phillips chills out

Voices page 12

Reality news: Get it while it's hot

Feel Good, Look Good page 15

Get pumped!



Entertainment page 18



From the hip Hopper

Lawyer: BPD employee was defending herself

TONY LEE tony.lee@metro.us



BOSTON. A Boston Police Department employee accused of stabbing her husband to death after he spent a night out celebrating his 40th birthday was only defending herself against a man with a violent past, according to Sharon Fitzpatrick's defense attorney.

Fitzpatrick, 35, pleaded not guilty and was held on \$250,000 bail yesterday following her arraignment on murder charges, which stem from an alleged domestic dispute with Sylvester Mitchell early Saturday morning on Evans Street in Dorchester.

According to defense attorney

Rob Galibois, Fitzpatrick and Mitchell — who once served 10 years for manslaughter — argued when he returned home around 4 a.m. The fight turned violent when she used a knife to slash his tires and keep him from leaving while drunk, an act Galibois said was one of kindness.

[Fitzpatrick] has spent her entire life helping people," Galibois said, describing how the defendant had made a cake for Mitchell and was waiting all night for him to return so they could celebrate. "She prevented him from leaving by popping his tires that's the kind of person she is."

What happened next will be debated in trial.

Prosecutors allege Fitzpatrick



Fitzpatrick

was enraged that Mitchell did not answer any of her calls that night and she finished the argument by plunging a knife nearly four inches into his heart.

Mitchell's brother, who lives

below the couple, heard the struggle and went upstairs to find his brother stabbed, said Assistant District Attorney Kelly Downes.

Galibois said Fitzpatrick had locked out Mitchell when he went to his car and he broke the door down before attacking the defendant. Her actions in defense were only natural, Galibois said.

"She knew he committed the ultimate act in the past," said Galibois, citing Mitchell's manslaughter sentence.

Downes said Mitchell told police before he died that he loved his wife and "must have been got from behind." Fitzpatrick, a BPD operator for the past two years, initially told police her husband was stabbed before he came home.

Bio protest Staging a 'die-in'



A masked protester stands before faux biohazard tape while others take part in a "die-in" yesterday outside the Institute of Contemporary Art, protesting the Level 4 biolab at Boston University. more coverage, p/2

Catch the mayor in Metro

02 boston

Mayor Thomas Menino has a weekly question and answer column called "Metro Moments with the Mayor" in which he fields questions having to do with the city. So, send in your questions for the mayor to metro_moments@metro.us and catch the mayor in tomorrow's Metro. saul williams, EDITOR

News

R.I. couple accused of defrauding RISD arrested

A husband and wife accused of defrauding the Rhode Island School of Design of more than \$1 million were arrested at Logan International Airport yesterday and pleaded not guilty in federal court later in the day. AF

Mass. gas prices rise 7 cents

Gasoline prices rose an average of 7 cents per gallon over the past week in Massachusetts, the 13th straight weekly increase. A statewide survey yesterday by AAA of Southern New England found an average price of \$2.93 per gallon of self-service regular unleaded, compared with \$2.86 a week earlier. AP

On the Hill

Lt. Gov.: Rising Dig costs 'handcuff' other projects

FUNDS. Lt. Gov. Timothy Murray said the Patrick administration plans to tackle the new price tag for the Big Dig — potentially \$333 million higher than the latest estimate — as part of a broader effort to rehaul the state's transportation financing policies. The administration has been largely silent since revelations last week of the rising cost, and Murray yesterday voiced frustration that other transit projects would be impacted. "Obviously, the increasing costs are a concern in that they handcuff our ability to do other projects, whether it be expansion of commuter rail to Worcester, whether it be to Fall River-New Bedford, or other important road projects around the state," Murray told the News Service. Murray said the "real figure" was still unclear. "We want to look at this as holistically as possible," Murray said, adding the governor's plan to consolidate the administrative structure is also in play.

STATE HOUSE NEWS

Man accused of stealing Shih Tzu returns to court

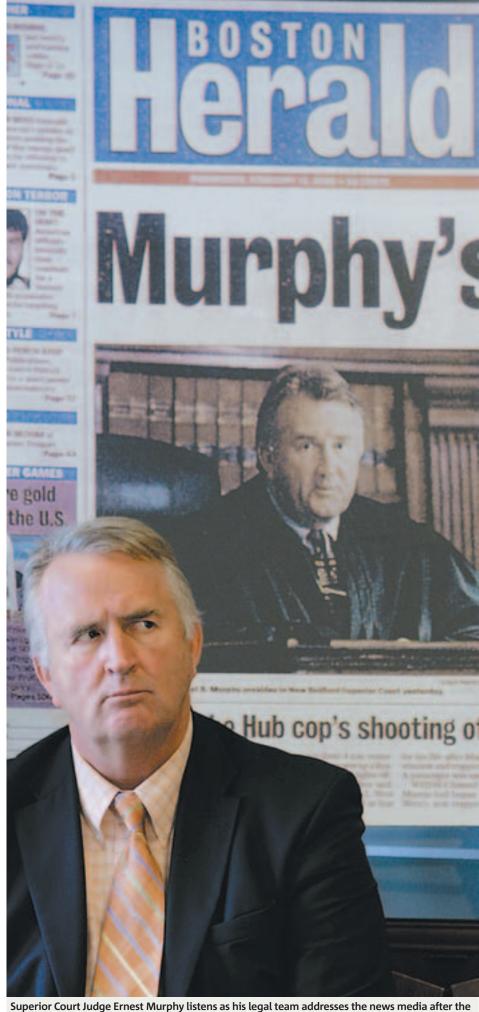
BOSTON. A man accused of stealing a Shih Tzu from the truck of a New Hampshire man driving through Chinatown will be back in a Boston courtroom today.

Manuel Figueroa, 43, allegedly swiped the dog from the front seat of Scott Murphy's pickup truck while Murphy waited in line at a sausage cart on the evening of March 30, according to Boston Police. After getting tips from witnesses, Murphy scoured the neighborhood for hours before finding Figueroa and alerting officers, but 3-year-old Isabelle was already sold off by Figueroa and has not been found. METRO/TL

Correction

In yesterday's Metro, a Boston University college prep program was referred to as Upward Ground. The program's actual name is Upward Bound.

Verdict upheld SJC backs judge in libel suit



state Supreme Judicial Court announced its ruling to uphold a \$2 million libel verdict against the Boston Herald yesterday. In 2005, a jury found the Herald libeled Murphy in a series of articles on his handling of a case involving a 14-year-old rape victim. Defense attorneys estimate the value of the settlement today, including interest, to be about \$3.4 million.

BIO tech lands in Hub

CHRISTINA WALLACE cwallace@metro-boston



BOSTON. Biotech animals, cancer stem cells, pandemic flu preparedness.

Those are just a few of the hot topics on the docket during this week's BIO International Convention, which has attracted 20,000 industry leaders, scientists and government officials from all over the globe to Boston.

The massive Boston Convention and Exhibition Center was hopping yesterday with exhibits from a thousand companies and organizations as diverse as Cancer Research of Hawaii to the Western Australian Institute for Medical Research. The day was highlighted by a speech from Michael J. Fox with conventioneers from dozens of nations in attendance. Today's agenda features a closed-door speech from Queen Noor of Jordan on biotechnology and its impact on global health.

Boston officials were also expecting thousands of protesters to descend upon Boston during the four-day

Convention stats

- * Over 20,000 attendees
- * Over 1,900 exhibitors and 60 pavilions
- * Over 60 countries represented and 300 public officials
- * Largest biotechnology convention in the world

event. So far, the numbers have been more in the hundreds, including a protest last night outside the Institute of Contemporary Art, where attendees were gathered for a gala, and a parade through Roxbury and the South End on Sunday to decry the building of a biolab on Boston University's South End campus.

The convention means major tourist dollars for the city, with attendees booking hotels, restaurants and venues for large-scale dinner events.

"Having BIO2007 in Boston gives us an opportunity to showcase all of the resources and talent our city has to offer and gives us the best chance of growing the workforce in Boston," Mayor Thomas Menino said.

Fox pushes investors, researchers for speed

BOSTON. During a speech at the BIO International Convention in South Boston yesterday, Michael J. Fox said there needs to be better incentives for scientists working on innovative treatments, and called on investors to take more

chances on funding highrisk studies that reap benefits but

"Levodopa standard

treatment for Parkinson's, the disease I live with. Don't get me wrong ... I'm grateful for my meds," said Fox, who was shaking slightly during his remarks. "But, it's a little frustrating that the best drug we've got

is one that's been around for 40 years."

The federal government rewards scientists for their published works, not so much for huge clinical developments; therefore, their findings on paper do not always translate into

"I'm grateful for may **my meds. But it's** a little frustrating are a bit that the best drug more risky to we've got is one

shareholders. that's been around for 40

useful treatments. Fox said. "I'd argue that filling the unmet needs of patients across all diseases isn't about more money — it's about spending the money more effectively," Fox said.

CHRISTINA WALLACE



Treatment plant spills 8,000 gallons of chemicals into river

Boaters on the Assabet River were urged yesterday to avoid contact with the water between Marlborough and the Hudson-Stow line after a treatment plant spilled 8,000 gallons of magnesium hydroxide into the river. No injuries were reported, and environmental officials did not expect any environmental damage from the spill. AP



Damaged houses are seen near an explosion site in Danvers on Nov. 22, 2006.

Cause of Danvers blast ID'd

BOSTON. State inspectors will target small companies handling dangerous materials in residential areas to try to prevent a repeat of a Danvers explosion that was

blamed yesterday on a buildup of chemical vapor.

The state fire marshal's finding supports a preliminary conclusion by federal investigators that the vapor

buildup of a chemical used to make ink caused the blast at a paint and ink factory Nov. 22, damaging 270 homes and businesses and leaving hundreds homeless. No one was killed or seriously injured.

The explosion — felt 25 miles away — leveled the building used by ink manufacturer CAI Inc. and Arnel

Shockwaves

The explosion — felt 25 miles away — leveled the building used by ink manufacturer CAI Inc. and Arnel Co., Inc., a custom paint maker.

Co., Inc., a custom paint maker. Both companies used highly explosive chemical solvents in manufacturing, investigators said.

Officials from CAI and Arnel did not immediately return phone messages left by The Associated Press.

State Fire Marshal Stephen Coan's probe focused on a processing area shared by the two companies. He said CAI's ink-producing process involved heating chemicals, including heptane, in a large "mixing vessel," then shutting off the heat.

"Witness interviews have led investigators to conclude that one of the chemicals involved [1,000 gallons of] heptane ... was most likely overheated due to a failure to turn off the steam heat system," Coan's report stated.

The ignition source could not be determined because the building was destroyed, Coan said, but possibilities included refrigerator and vending machine motors and condensers, space heaters, electrical exhaust fans and the furnace. AP

Patrick: Top managers must reapply

BOSTON. Dozens of commissioners and department heads left over from previous Republican administrations have been put on notice by Gov. Deval Patrick that they must reapply for their jobs or be replaced.

Patrick, recovering from a series of self-inflicted political gaffes in his early months, asked his cabinet secretaries to send the letters on Friday to about 50 top managers, all of whom serve at the pleasure of the governor.

"If you wish to be considered for reappointment, please forward immediately your resume, accomplishments, publications, personal statements and any other relevant information," read the one-paragraph letter, obtained yesterday by The Associated Press.

The letter also asks each manager to "include your vision for the agency over the next four years" and says Patrick will make final decisions on whom will be replaced no later than June 1.



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Homeowners and businesses can apply to the Small Business Administration for low interest loans to cover damage from rainfall and flooding caused by last

Protest PETA makes point outside biotech convention



Members of PETA protest the scientific experimentation on animals outside the BIO International Convention yesterday.

AG sues federal energy officials for stricter equipment standards

BOSTON. Attorney General Martha Coakley, continuing her focus on environmental issues, sued the U.S. Department of Energy yesterday, arguing the agency's decision not to amend its energy efficiency standard for heating, ventilation and air condition equipment causes excessive energy consumption and power plant construction.

In the lawsuit filed in the 1st U.S. Circuit Court of Appeals, Coakley argues the Energy Department's own studies show that the savings over three decades from enhancing the stan-

Supreme rebuke

The lawsuit comes a month after the U.S. Supreme Court rebuked the Bush administration in a Massachusetts case for its inaction on global warming.

dards for air conditioning products alone could eliminate the need to construct several major power plants.

A DOE spokesman did not immediately return a call seeking comment.

The lawsuit comes a

month after the U.S. Supreme Court rebuked the Bush administration in a Massachusetts case for its inaction on global warming.

The court, in a 5-4 ruling in its first case on climate change, declared that carbon dioxide and other greenhouse gases are air pollutants under the Clean Air Act. The decision could lead to more fuel-efficient cars as early as next year.

"We intend to continue to press the federal government to live up to its statutory responsibilities to address excess emissions of greenhouse gases and other air pollutants," Coakley said in a statement. "If the federal government focused on problem solving rather than trying to avoid doing its job, we would be much closer to solving many of our environmental problems."

The Natural Resources Defense Council, which is based in New York, filed a parallel challenge in the Second Circuit. Earthjustice, a nonprofit, public interest law firm, is handling the case for NRDC.

Congress St. bridge \$1M over budget

GREG ST. MARTIN
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month's nor'easter. Gov. Deval Patrick said yesterday the federal agency has approved a disaster declaration for Essex, Middlesex and Suffolk counties. AP

SOUTH BOSTON. After years of rehab work, one of the financial district's chief passageways to the city's waterfront area may finally be nearing the longawaited end of its makeover project.

The Congress Street bridge — one of the two main local roads that leads traffic from the South Station area to the Children's Museum, World Trade Center and the new ICA — is about halfway through the final closure phase. But since work began on the project in 2004, its price tag has risen from \$16.3 million to \$17.7 million, according to John Lamontagne, a spokesman for the Executive Office of Transportation.

"The cost overrun is because the conditions of the bridge were worse than The bridge is finally expected to reopen to traffic for good next month, though minor work may continue until November, Lamontagne said. Over this last stretch of maintenance, workers are replacing the main deck, completing extensive sidewalk repairs

expected," Lamontagne said.

An old counterweight that hasn't been used since the bridge operated as a drawbridge 50 years ago has also been removed, Lamontagne said.

and cleaning and repaint-

ing the bridge.

The city opted to repair the current bridge, built in 1930, rather than tear it down to maintain its historical significance. According to the city, studies were conducted before work began showing some of the structure could be saved, and that rehab work would be more cost effective than totally rebuilding the bridge.



A pedestrian crosses through the construction site on Congress Street yesterday.



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10,679,760 The number of São Paolo residents. It is the world's third largest city, after Tokyo and Mexico City.



150,000

Publimetro launches as the third major newspaper in the city.

Metro launches in Brazil

A new newspaper arrived Monday in São Paulo – the largest city in the Southern Hemisphere

COSMOPOLITAN Welcome to São Paulo. Brazil's greatest metropolis is not the country's capital city that is Brasília — but it does have almost 11 million inhabitants ... the same number of peo-

ple living in Portugal or Greece.

Add to this number the 9 million people who live in neighboring municipalities and São Paulo becomes the third largest metropolitan region in the planet —

surpassed only by No. 1 Tokyo and second-place Mexico City.

São Paulo is a 24-hour city, and it is a land of contrasts. It is marked by culinary and nationality diversity. Because of the cosmopolitan nature of the city, it naturally welcomes visitors.

The Museum of Art of São Paulo is home to the most important art collection in the Southern Hemisphere; the Oscar Freire Street shops is the eighth most refined commercial street in the world.

Opulence goes side by side with poverty in São Paulo — the largest number of shantytowns in Brazil is found in this city.



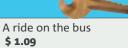
Gallons of beer consumed The average age of a resident annually by each resident of São Paolo

What it costs



\$3.28

Coca-cola \$ 1.33 Rent for an apartment \$265 a month



*R\$ 2,10 = US\$ 1



Great nightlife

There are no rules to have fun in São Paulo International concerts, raves, samba parties, big and small bars please every taste: all kinds of nightlife co-exist in São Paulo, in a way that can be compared to big cities like New York or Paris.

For luxury, visit Vila Olímpia or Itaim Bibi districts.

Free spirits should try Pinheiros and Vila Madalena districts. Fashionists should head to Jardins district.



São Paulo is the ...

- ... third largest Italian population in the world ... largest Japanese pop-
- ulation outside Japan ... third largest **Lebanese**
- population outside Lebanon ... largest Portuguese pop-
- **ulation** outside Portugal ... largest Spanish popu-
- lation outside Spain

helicopters operate in São Paolo.

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★SALE 17.99

Only at Macy's Solid or print sheet set. Fits mattresses up to 14" deep. Queen or king. By Jessica Sanders. Reg. \$40-\$50.



\$50% OFF Only at Macy's Charter Club Basic cotton bath towel. Reg. \$14, sale 6.99.



★SALE 49.99 Only at Macy's Basics 12-pc. stainles steel cookware set with riveted phenolic handles & glass lids. By Tools of the Trade. Reg. \$100.

SALE 89.99



SALE 27.99 17-pc. Bella Cucina Rocket blending set with stainless steel

Reg. 59.99.



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50% OFF

Suits & sportcoats from Joe by Joseph Abboud, Jones New York, our Alfani & famous American designers. Reg. \$250-\$525, sale \$125-262.50.



SALE 54.99

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select dress shirts & ties

from famous makers

& designers. Orig.* 32.50-

Men's Rockport® Prowalker leather comfort shoe. Reg. \$75.



SALE 59.99

Men's Bostonian Prescott leather slip-on. Reg. 89.99.





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State dinner features British touches

Washington turned out adoring schoolchildren and ladies in hats for Queen Elizabeth II's visit. The White House laid on special touches, too, at President Bush's first-ever white-tie state dinner to honor America's closest ally and make the queen feel welcome. AP

In the Nation

Panel: Wolfowitz broke bank rules

President Paul Wolfowitz violated the agency's ethics rules when he arranged a pay increase and a promotion for his companion, a panel of directors has concluded, according to a bank official.

Wolfowitz has been given the report and will have a chance to respond, said the official, who declined to be

hasn't been made public. The document will later be presented to the bank's full 24member board, which has the authority to dismiss or reprimand him.

The finding raises the odds that the former U.S. deputy defense secretary will be the first World Bank chief to leave under fire. Kevin

Wolfowitz's senior strategist and a for focus complaints he used his

office to fur- Wolfowitz ther U.S. foreign policy objectives, resigned yesterday.

"I believe the bank can

only do good work if it has a good and sound reputation," Dutch Finance Minis-Wouter Bos told reporters in Brussels yesterday. "I am concerned about its reputation."

Policy makers in France, the U.K., Germany and Switzerland have also been critical of Wolfowitz, saying the controversy had hobdent Bush, who appointed him in 2005, has stood by Wolfowitz, 63.

"We have not seen the report," said White House spokesman Tony Fratto. "The President continues to support Paul Wolfowitz and believes that he should continue to lead the World Bank. **BLOOMBERG NEWS**

10% of adults abuse drugs over lifetime

WASHINGTON. More than 10 percent of Americans age 18 and older either abuse illegal drugs or once did, with many people going untreated, a study found.

The abuse is strongly associated with a broad spectrum of mental-health disorders, said researchers at the National Institute on Drug Abuse in Bethesda, Md. The research is the first in almost 16 years to examine adult abusers on a large scale, said lead researcher Wilson Compton.

The findings, published yesterday in the Archives of General Psychiatry, suggest there's a need for assertive efforts by medical professionals, including primary-care doctors, to screen patients for treatment, Compton said yesterday. "The more we begin to see it as a brain disease with behavioral manifestations, the more things may begin to change," Compton said. "I don't want to be naïve, because it isn't easy. It needs to be handled sensitively."

News in brief

WASHINGTON. The gunman who killed 32 people at Virginia Tech failed to get the mental health treatment ordered by a judge who declared him an imminent threat to himself and others, a newspaper reported yesterday.

WASHINGTON. The Senate killed a bid to allow consumers to buy their prescription medicines abroad yesterday.

KANSAS. The death toll from a tornado that nearly obliterated Greensburg, Kan., climbed to 10 yesterday, but residents said it could have been far worse if not for a 20-minute warning that gave them time to take shelter. AP

Hot air Paraplegic pilot educates children



Michael Glen, center, shows children at Eugene Field Elementary School what hot air balloons are made of yesterday in Albuquerque, N.M. Glen became the first paraplegic balloon pilot in the world last year, according to The Albuquerque Journal. AP

For the record... Frances G. Burwell, trans-Atlantic relations

Cozying up to Sarkozy

Despite some differences, the U.S. may find a friend in new French leader

jason.notte@metro.us



INTERVIEW. With 85 percent voter turnout and 53 percent of that large electorate supporting him, French President-elect Nicolas Sarkozy seems to have everything working in his favor.

In a period of troubled trans-Atlantic relations, that's the kind of support it takes to make a White House endorsement seem like a positive development

in modern France. Frances G. Burwell, director of the Atlantic Council of the United States' program on transatlantic relations, says that while the Bush administration favors Sarkozy because of some shared policy ideals, he is a right-winger only in the context of Europe's leftleaning political landscape. Despite his plans for sweeping reform, he is still an opponent of the Iraq war and has reserved the right to disagree with specific U.S. policy.

With that in mind, Burwell says the speedy implementation of Sarkozy's U.S.-inspired economic plans may be the best way to keep things friendly between himself Burwell and his

American allies.

What does Sarkozy's election mean for French relations with the United States?

I think Sarkozy has made very clear that he's a fan of the United States, but I don't think we should just take that as meaning he's going to agree with U.S. policy. I don't think that's the case. He very much admires the U.S. innovation, economy, the freedom in the economy and opportunity - remember, he's a child of immigrants and while immigrants aren't part of the French myth, if you will, they are here and I think that appeals to him. He said that he would be a friend to the United States, but being a friend means telling your friends when they are wrong. He's not going to change French policy on

Iraq. He's come out against

Turkish acceptance into the European Union — which is one of our objectives. While the rhetoric will be much more favorable and he'll say nice things about the United States, I think we need to be cautious in making overly optimistic assumptions about what that will mean in terms of U.S. policy.

Keeping in mind that this is the same man who called ethnic minority rioters in France "scum," how will the victory affect France's immigrant and minority populations?

He's coming at this from a justice and interior ministry perspective. I think there's good and bad: His election is not being welcomed in the communities of immigrants and French minorities but if he opens up the economy and creates more jobs, they are the people who will benefit.

There's been talk of Sarkozy pushing the French economy in a neoliberal course similar to that taken by the U.S. and U.K. in the early 1980s. Is that feasible?

If he's going to do anything significant he's got to do it soon. The longer it takes, the more difficult it will become.

There are times when societies and economies can get bad enough that societies will stand for serious change. Britain, when Margaret Thatcher came in, was like that — there was a lot of complaining about what she did, but everyone recognized that the situation could not go on as it had been. I think France has been pretty close to that point.

Would the 35-hour work week be one of the restrictions that is loosened?

He's sent mixed messages about that. It's become kind of a symbol, but I'm not sure I would grade him six months from now on whether he made progress based on that criteria. It's become so political that it may be easier to find other things he wants to do and rate them.

Sarkozy's been called a conservative, but only compared to Socialists. Where would he fall on the political spectrum if we were to compare him to American politicians? I'm not really sure. Social

conservatism here always falls into the Republican party, but you don't really hear about that in Europe. In general terms, there are very few politicians who you would view as the social conservatives like you would find in the Bush administration or the Republican party. The political spectrum is in a completely different place.



Bloomberg Market Moment

Major Indexes









Winners & Losers from previous close

Alcan (AL) unsolicited \$26.9 billion bid for multinational



Gray Televsion (GTN) operators' digital. costs will nearly double in '07.



business **09**

Business & Finance

BAE reinforces its Armor

contractor BAE Systems Inc. will buy military armored vehicle maker Armor Holdings Inc. for \$4.1 billion, part of BAE's bid to tap into heavy demand from the American military for vehicles in Iraq and other war zones, the company said vesterday.

BAE Šystems Inc., an

Buys company to boost military vehicle line

American subsidiary of Including \$388 million in the British defense conglomerate BAE Systems PLC, will pay \$88 per share for the Jacksonville, Fla.-based Armor Holdings, a 7 percent premium over the closing price of company shares Friday.

debt, the deal is worth \$4.5 billion.

Shares of Armor Holdings rose \$4.45, more than 5 percent, to \$86.60 in yesterday's trading after the takeover was announced. The deal expands BAE's presence in the potentially lucrative market armored Humvees, personnel carriers and other military equipment that can withstand repeated roadside bombings and insurgent attacks in Iraq and Afghanistan.



Humvees await uparmoring at the Armor Holdings plant in Fairfield, Ohio. Armor Holdings, which makes military vehicles and bulletproof vests, said yesterday it agreed to a \$4.1 billion takeover by global defense contractor BAE Systems Inc.

Banking

Shareholders to pick Amro's fate

ABN Amro NV said yesterday it will let shareholders decide between a hostile \$96.4 billion, mostly cash takeover offer from a group of banks led by Royal Bank of Scotland PLC and a friendly all-share bid by Barclays PLC worth around \$87.1 billion.

ABN said it had received the RBS bid on Saturday, but could not recommend it because RBS had also made a separate \$24.5 billion offer for ABN's Chicago-based U.S. subsidiary, LaSalle Bank. AP

Aluminum Alcoa eyes Alcan



Fred Westbrook, 59, of Evansville, Ind., inspects finished rolls of aluminum last year at the Alcoa Warrick Operations in Newburgh, Ind. Alcoa is making a hostile bid for Canadian aluminum rival Alcan worth nearly \$27 billion after failing in almost two years of private talks to reach a negotiated deal.

News in brief

CLEAR CHANNEL. Clear Channel Communications Inc. yesterday delayed a vote on a proposed \$19.35 billion buyout of the radio and billboard company and said it was talking to the bidders about a revised offer. The company had already received enough proxies to defeat the proposed buyout, which would require a twothirds vote for approval. The shareholder meeting scheduled for today was postponed until May 22.

STARBUCKS. Starbucks Corp. announced yesterday that it will cut artificial trans fat out of food and drinks in its stores in the continental United States, Alaska and Canada by the end of the year. The coffee retailer isn't about to quit selling its ice cream-laden Frappuccinos or baked sweets, but said it will only use ingredients with naturally occurring fats, such as butter, whole milk, eggs and whipped cream.

MOTOROLA. For months, Carl Icahn has been waging a not-soquiet campaign to snag a seat on Motorola Inc.'s board. Even after shareholders cast their ballots at last night's shareholder meeting, it may be weeks before the billionaire financier finds out if his downto-the-wire proxy battle was enough to win support of investors. Motorola spokeswoman Jennifer Erickson said an independent election inspector won't have a final vote count for "a couple of weeks."







10 culture

Amount of money a Russian high school prinday to pay in fines for using pirated versions of Microsoft products on classroom computers. AP



"I don't know how to get the thing to run on less than 2 gigs."

Microsoft's Will Poole, left, on why Windows may not work on machines developed for a program that would sell \$175 laptops to be used by children in developing countries. AP

Tech

Yesterday's Google

Why Hewlett-Packard was 'the world's greatest company'

DANIEL HOLLOWAY daniel.holloway@metro.u

INTERVIEW. In the foreward to his new book, Michael S. Malone calls the Palo Alto, Calif., garage in which Hewlett-Packard was founded "Ground Zero of the electronic age, wellspring of the greatest economic revolution of

modern times." Malone is not shy about using bold language to describe the company former Stanford classmates Bill Hewlett and Dave Packard started in Hewlett's backyard. Metro spoke to the author about his history of the Silicon Valley titans, titled "Bill & Dave: How Hewlett and Packard Built the World's Greatest Company" (Portfolio, \$26.95).

When was the golden age of HP? I would say between about 1956 and 1974. During that period, HP grew as fast as Google or eBay today. It was as innovative in product development as just about any company anybody has

nhp.org

The garage in which Bill Hewlett and Dave Packard founded their company in 1939

ever seen. But the real dividing point between HP and everyone else is the fact that while

all this was going on, they were probably the most innovative and humanistic in personnel policies of any company ever. All the things that

Bailey and Cuillain O'Shea,

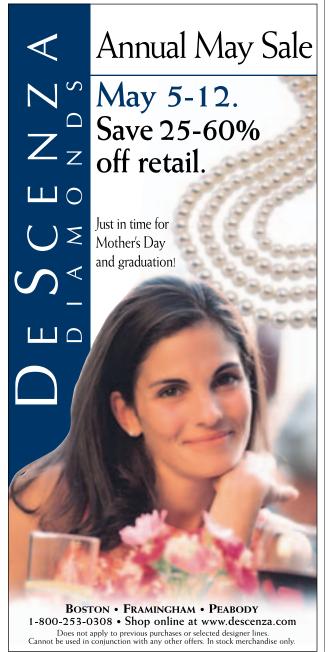
make the madness of living in Silicon Valley worthwhile - stock options, flexi time, profit sharing, management by objective, trusting the employees to make decisions — all were devised by Hewlett-Packard during that late '50s, early '60s era.

What was it about Bill and Dave that made them such management innovators?

The standard answer is, "They were such great guys. They took care of their people." But the more I looked at it, these were tough businessman. Packard was a really tough guy. What they realized though — and I think they were very pragmatic — was that if you want a company to succeed, you have to trust your employees to make the right decisions. It was a very pragmatic thing that they were willing to take the risk of actually implementing these innovative personnel policies. Everybody else was going through layoffs. They chose hang on to their employees.

How does this pragmatic

approach lead to the HP way? The HP way is one of these ineffable things that you get if you were there. There's a pride in innovation. There's a belief that Hewlett-Packard is a place that you're proud to work for. I think there are some huge flaws though. It leads to complacency. It clogs up. When HP goes bad, and it's happened a couple times in the last 15 years, it tends to slow down like a big dinosaur. Everybody's going to meetings all the time. Nothing gets invented. Nothing gets through the design process. Nothing seems to happen. Hewlett and Packard didn't have any kind of romantic attachments. They didn't believe in any clichés. They didn't do mass layoffs because every time they came up to the decision whether to make a mass layoff, they decided it wasn't a good idea. They didn't codify these things as "This





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• Boston Campus: May 23rd at 6 p.m. Special concurrent session—Health Sector Management www.bu.edu/pemba | 617-353-2670



Metro Tuesday, May 8, 2007 Edited by Selene Angier selene.angier@metro.us

Watch this space! Hey, you. Yeah, you! Got a hip happening we should know about? E-mail us "Your Pick" and we'll let your fellow Metro readers know about it: yourpicks@metro-boston.com.

Entertainment

Boston 48 Hour Film Project

Through Thursday 7 and 9:15 p.m. **Kendall Square Cinema** One Kendall Square, Cambridge **MBTA: Red Line to Kendall** \$9.25, www.48hourfilm.com

On your mark... get set... watch the end-result of last weekend's write, shoot and edit zaniness.

David Talbot discusses "Brothers: The Hidden **History of the Kennedy**

Brookline Booksmith

7 p.m.

279 Harvard St., Brookline **MBTA: Green C Line to Coolidge Corner** Free, 617-566-6660 brooklinebooksmith.com As detailed as the Warren Commission report, yet imbibed with reality-based musings of a conspiracy theorist, Talbot (founder of Salon.com) shakes a stick at those who say Bobby never investigated his brother's assassination.

"Tears of Black Tiger"

5, 7:30, 9:45 p.m. **Brattle Theatre** 40 Brattle St., Cambridge **MBTA: Red Line to Harvard** \$9.50, 617-876-6837

Cult-film elite are already hip to this one, but for a hot shot of Techinicolor — and western, comedy and melodrama overload, check out this Thai crowdpleaser.

Music

Brett Dennen, Alo

Axis 13 Lansdowne St., Boston **MBTA: Green Line to** Kenmore \$15, all ages, 617-931-2000 www.ticketmaster.com



THE SMALL FACES Joseph Piccillo's "#6" shows at the Chase Gallery (129 Newbury St., Boston. MBTA: Green Line to Copley) as part of his exhibit through May 26. Call 617-859-7222 or visit www.chasegallery.com for more information.

Scuba CD Release

9 p.m. **Great Scott** 1222 Comm. Ave., Boston **MBTA: Green B Line to** Harvard Ave. \$8, 18+, 617-566-9014

Grant-Lee Phillips and Kim Taylor

8 p.m.

The Paradise 967 Comm. Ave., Boston **MBTA: Green Line B to**

Pleasant St. \$16, 18+, 617-562-8800 www.thedise.com

Grant-Lee Phillips discusses his new album, "Strangelet," and, errr, the Gilmore Girls with Luke O'Neil on pg. 17.

Daryl Sherman

8 p.m. Scullers 400 Soldiers Field Road, Cambridge \$18/\$58 with dinner, 21+, 617-562-4111 www.scullersjazz.com The New York stalwart hits Scullers tonight.

Local

Boston Bakes for Breast Cancer

Through Sunday At participating restaurants and bakeries www.bostonbakesforbreast -cancer.org

Olive's, Finale, Petit Robert Bistro, South End Buttery, 29 Newbury, Not Your Average Joe's and dozens of others offer up a signature treat for the week, with 100 percent of proceeds going to the Eva **Brownman Breast Cancer** Fund.

Cultural

"Le Nozze di Figaro"

7:30 p.m. **Boston Lyric Opera at Shubert Theatre** 270 Tremont St., Boston **MBTA: Green Line to Boylston** \$33-\$121, 800-447-7400 www.blo.org

This comedy of eros closes today.

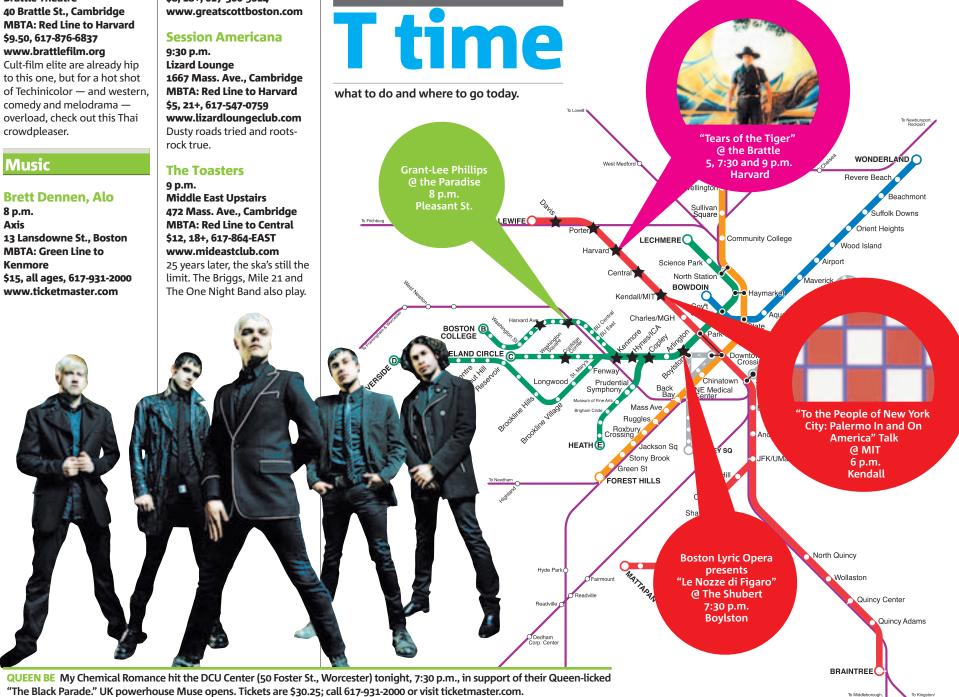
The Wild Gala Benefit

6:30 p.m. **Arsenal Center for the Arts** 321 Arsenal St., Watertown \$125, 617-923-8487 www.newrep.org

The New Repertory Theatre throws a roaring '20s-themed party; Andrew Lippa, composer for the company's current production, "The Wild Party," will perform.

Christine Mehring discusses "To the People of New York City: Palermo In and On America"

6 p.m. **Broad Institute @ MIT** 415 Main St., Cambridge MBTA: Red Line to Kendall Free, web.mit.edu/lvac Mehring lectures on the German modernist.



Edited by Laura Dannen, laura.dannen@metro.us

12 opinion

Send some love: -mail kiss@metro.us

"Gregory, Your my strength, my weakness, my one and only." I love you forever

Tuesday, May 8, 2007

"I love you JB. I'm not letting "Thanks for making me smile you go this time either."

"I'm really pleased that I've got a second chance in life ... but if you haven't got no money after all this, which is my fault — I spent it all — they should pay something back."

John Brandrick, 62, of Cornwall, England, after he was misdiagnosed with cancer and blew all his money in what

They were walking on my

eardrums." line-year-old Jesse Courtney, of Oregon iter doctors investigated an earache and found two spiders in his ear

Voices Reality news:

Get it while it's hot!

Greg O'Brien

he button-down collars at the Wall Street Journal are popping with news that an Aussie, who earlier in his career earned the nickname "Thanks-for-the-mammary Murdoch," might be holding the conch at one of the nation's most respected papers. Years ago, with Rupert Murdoch's first issue of The (U.K.) Sun, the paper began running photos of topless young women on page three. Within a year, circulation had swelled from 800,000 to 2 million. In 1960, as was reported 24 years ago in a Boston magazine profile, Murdoch commenced his publishing empire

"It's all about control. profit and titillation."

with the purchase of the Sydney Daily and Sunday Mirror, and turned the paper into a moneymaker, using hard-sell pictures of sexy women and headlines such as "Leper Rapes Virgin, Gives Birth To Monster Baby." All fair and balanced, of course. Today, the more mainstream

Murdoch and his News Corp. — owners of a range of media from Fox News to the New York Post — are making a \$5 billion pitch for Dow Jones & Company (a bid, some say, designed to earn a glaze of media respectability). But over James W. Ottaway's stiff corpse. The minority owner in Dow Jones and a member of the Ottaway Newspaper family, declared of the potential takeover, "As an investor, I would be very concerned to live in an era of making investment decisions based on the Murdoch-filtered business information." He told The New York Times, "As a citizen, I would be afraid to live in a world where news is solely entertainment, and there is an agenda behind every story I read, watch or hear."

And that's just the point. As the media falls into the hands of a select few, newspapers, magazines and television stations — once the first draft of history — are now just commodities for ad revenue, entertainment and personal agendas. Welcome to Reality News. It's all about control, profit and titillation. Sadly, with other mega-media mergers on the horizon, more venerable institutional memories will likely fade in time, and today's often-junk entrée of news will be seen as fine dining.

"There's a market out there for papers that are not ashamed to include some human interest, that are not ashamed to entertain people," Murdoch told me years ago in a Boston magazine interview.

Murdoch probably never met the late Henry Beetle Hough, author of the classic work Country Editor, who guided the august Martha's Vineyard Gazette for a half century. "Instead of being qualified in a profession, it seems to me that I have taken root in a place," Hough once wrote.

Murdoch is still looking for his. Hope he doesn't find it at the Wall Street Journal.

Greg O'Brien is a freelance writer living in Cape Cod. Metro does not endorse the opinions of the author, or any opinions expressed on its pages. Opposing viewpoints are welcome. Please send 400-word submissions to letters@metro.us.

Letters

word 'illegal'": Some of the

citizen, people wouldn't

risk their lives for a small

those employing them?

deep-rooted history in

out "those people." How

soon we forget that we're

all illegal immigrants and

the only ones who truly

own this land are the

Native Americans.

Because they're

'We're all "Look at illegal our history: This is how immigrants' IAMAICA PLAIN. Regarding the letter "Missing the

attitudes toward "illegal here." immigrants" cease to amaze me. If you really **Judith Arias** think about it, we're all illegal immigrants. I'm almost on being an entirely positive that your ancestors didn't "wait in illegal line" and "apply for a visa," but now we are now turnimmigrant ing a cold shoulder to those who want what we have. We should examine the

resources. But immigrants, naturalization process. If it as well as legal Americans, wasn't so hard to become a work hard, far harder then most Americans and for far less then many of us piece of the pie. You blame would. They also deserve them, but why not blame their slice of the pie. While working in such horrible conditions and barely earn-Americans? America has a ing a living, immigrants contribute to our using its own laws to keep economy; that is a good enough reason to justify their use of our public schools, hospitals, etc. Everybody is entitled to an opinion on immigration issues, but first look at our history: This is how we all got here. Most importantly, the letter writer says most Americans don't want immigrants here. If you

the one being referenced

in the first place, you

ing the immigrants are

young Caucasian

Americans.

ERICA R. OTERO

Immigrants deserve 'slice of the pie'

soutн воston. Regarding the letter "Missing the word 'illegal'": It is absurd to say immigrants have no right to demand rights. It is absolutely correct that many immigrants enter this country illegally and many use our public

How to contact us:

What is your reaction to the announcement that the Big Dig may cost another \$330 million?

Anna Kriger we all got

"I just wish there would be better quality work. They need to have patience and hopefully they'll

Today's **debate**

Boo!"

Bill Cooper James Terrell 57, professor 26, business Tallahassee, Fla. analyst "I think you have Brighton to err on the side "It all seems like of caution." it's just a big money pit. It's just a



Compete with Metro



Think you can caption a photo with more wit, style and sophistication than Metro? Email your suggested captions for the photo below to



Write a caption to this image!

E-mail your letters to: **letters@metro.us.** Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact information.







Tuesday, May 8, 2007

"Baby you've made me the

Crossword

1 Driving hazard

6 Unisex garment

11 Casual farewell

14 Zenith opposite

17 Castle or Dunne

21 Whiskery animal

26 Diplomat's post

32 Ricoh competitor

23 Spandex fiber

24 Power units

30 Sing a ballad

15 Sound

16 Part of LAX

18 Alluring

20 Friend

28 Weak

"D - I'll make you a crazy worlds happiest man... I love u muffin anyday. Te quiero!'

"MARTy* BaBi UR MY EVERYTHING &iLOVE U ALWAYS!11 11.23.06 **4EVER" UR WIFEY* RENEE NEE**

11 Alliances

13 Attempt

25 Efficient

32 Rare gas

34 Tiny speck

37 Longer

41 Meals

43 Tote

47 Rosters

27 Planet orbiter

28 Meet head-on

29 Victorian oath

30 "People" person

33 Toughen rubber

35 "— —, old chap"

38 Work station

40 Filling a pipe

44 Stronaman of myth

46 Movie set wheels

42 Refreshing

45 Oven setting

49 Minor dispute

51 Nile sun god

52 Number one

55 — the wall

57 Pool length

54 South Seas staple

26 Glitch

12 Not his or hers

19 Pitcher Nolan —

22 Summer in France



Taurus April 20-May 20 Keep your eye on the target, and

Horoscope

Gemini May 21-June 20 Even if things are presently going

Cancer June 21-July 22. Exciting conditions may encourage ou to speed up your schedule.

Leo July 23-Aug. 22. You could do rather well where your career investments are concerned.

An interesting person may be encourage an alliance.

> Some adverse conditions that have been affecting your career could suddenly change for the better

Scorpio Oct. 24-Nov.22.

You are now ready to strike out in a be personally beneficial. Capricorn Dec. 22-Jan. 19

tion to bring two parties together to form a positive union Aquarius Jan. 20-Feb. 19.

Focus your efforts on fresh ways to add to your resources. Pisces Feb. 20-March 20. It won't take much to rally others to

Aries March 21-April 19.

Su doku

don't lose sight of it for one instant.

well for you, don't become complaent about your goals.

Virgo Aug. 23- Sept. 22.

someone with whom you want to **Libra** Sept. 23- Oct. 23.

More authority may be given to you concerning an enterprise in which you're presently involved. Sagittarius Nov. 23-Dec. 21.

new, promising direction that will You may find yourself in the posi-

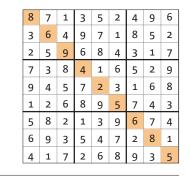
your support. You could begin to see a financial harvest developing from a number of seeds

you've sowed. BERNICE BEDE OSOL

	8	7			6		5	4
4		5		8	9			2
				3		8		
	5				7	9	2	
		9	5		1	4		
	1	4	2				6	
		1		7				
7			3	5	8			
_	0		6			7	1	

How to play:

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1–9. There is no math involved. You solve the puzzle with reasoning and logic.



Are you under-performing in the bedroom? Now YOU can be an OVER-ACHIEVER!

58 Call in sick

60 Tears down

61 Conniving

63 Shelled out

1 Save a coupor

3 Alpine flower

4 Bonn single

5 Sawhorse

7 Boat part

8 NW state

10 Mechanic's need

6 Heroic tales

2 Tomb Raider — Croft

62 Talents

59 Yogurt type (hyph.)

33 Grandfather clock

39 McMahon and Sullivan

42 Imitation chocolate

43 Bay between France

44 Insect segment

48 Boy Scout unit

53 Treats for kids

56 High society

49 Give autographs

37 Vine product

40 Copier need

41 Silt deposit

and Spain

47 Sri —

50 Seize

38 Couples

numeral

36 Box



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said she feels like we

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♂ Helps increase stamina

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of Helps improve blood flow & erection quality



Metro's Guide to Mother's Dac In partnership with boston.com

Log onto boston.com/living and nominate your mother as The World's Best Mom. Your winning mom's photo could appear in a special Mother's Day

Plus find out the scoop on best Mother's Day gift ideas and favorite Mother's Day brunch locations.

Metro's Guide to Mother's Day publishes Wednesday, May 9th Metro



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BOSTON Management

Tuesday, May 8, 2007

Edited by Nadia Croes, nadia.croes@metro.us

Toast to good health

Want to do a good deed with the click of your mouse? Go to www.ToastToMom.com to send personalized e-toasts and photos to your favorite women and raise \$1 with every toast for WomenHeart (www.womenheart.org), which helps American women living with heart disease. METRO



Average number of years female smokers die earlier than female nonsmokers. according to the **American Heart**

Association. Male smokers die an average of 13.2 vears earlier than male nonsmokers. METRO/NC

Body & Soul

A killer smile

Studies show a link between gum disease and health problems



NEWS. A lot of people view a trip to the dentist somewhere below removing belly button lint on the body-maintenance priority list. But it's not just about minty fresh breath and sparkling white teeth research is showing a link between a healthy mouth and a healthy body. And if you don't take care of you teeth, well ..

"You would never walk around with your finger about to fall off," says Dr. Maria Ryan, a professor in the department of oral biology and pathology at the School of Dental Medicine at Stony Brook University in New York. "If you saw an infection that size on your body you would immediately go to the doctor to address it. But when that infection occurs in the mouth in the form of periodontitis, people aren't as apt to treat it."

PERIODONTITIS, which is like gingivitis' big, bad older brother, is a chronic infection where the bacteria in



Evidence has been found that links the inflammation of periodontitis to heart disease.

plaque causes the gums to become inflamed, and, as it progresses, the inflamed gums separate from the teeth, and the pockets that form between them deepen and can result in tooth loss and much worse research shows that periodontal disease plays a role in a variety of health problems. Bacteria and the resulting inflammation are thought to be associated with a series of health problems, including clogged arteries and heart disease, and there are also concerns that bacteria entering the bloodstream through inflamed tissue

body, causing harm.

"The important thing to realize is that we have identified periodontitis as a strong risk factor for heart disease, and we know we can treat periodontal disease," says Dr. Louis Rose, a clinical professor of periodontics at the University of Pennsylvania School of Dental Medicine. "It just makes sense to get your gums healthy.'

MANY PEOPLE don't know that they have periodontitis, which is why that dental appointment is important to make. Once diagnosed, a periodontist can treat the disease by remov-

Tools to get the job done

Tips from Dr. Rose to keep your mouth healthy at home: • Get the right brush. The bristles are soft and don't traumatize the gum tissue. And a manual brush just does not do as well as an electric. • There are differences in toothpastes - some have fluoride and others have chemicals. Colgate Total has an ingredient called triclosan that actually coats the teeth for 12 hours — you brush in the morning and before bed, and you're covered.

- There is no substitute for flossing.
- A good mouthwash such as Listerine has ample research to back its claims.

ing debris from the tooth and cleaning the root below the gum and, if needed, perform gum surgery. And while additional research is needed to solidify the link between gum disease and other chronic illnesses, the evidence still suggests that the benefits of having a healthy mouth may go well beyond having a great smile.

No More Drama Jonathan Alpert jonathan.alpert@metro.us

Why do guys hit on me like vultures when I'm at places like Starbucks or Borders, minding my own business just trying to relax? Seriously, for once I'd just like to relax by myself, but guys don't seem to get that.

t must be tough to be so drop-dead gorgeous that guys hit on you like vultures. Jokes aside, here are possible solutions for dodging them: 1. Avoid all social settings. 2. Wear a "Don't Talk To Me" sign. 3. Learn to distinguish between those who are truly offensive and those who are well-intended.

he problem with No. 1 and 2, apart from the risk of becoming a loner or being perceived as a social outcast, is you'll miss out on opportunities to meet the good guys. Clearly, a guy asking you for a lap dance between the book stacks at Borders is much different than someone taking an interest in the same travel books as you. Rather than lumping all guys into the vulture category, be open to those who may be respectful and capable of good conversation and who could potentially lead to a friendship.

lthough you want to relax by yourself, is it possible you unknowingly draw attention by how you dress, walk or present yourself? Though how you dress does not warrant harassment, consider how others may perceive you and make any necessary changes if this really bothers you. If you truly don't want to be approached, then try a polite response: Simply smile and let the guy know it's nothing about him and that you're taking some time to relax by yourself.

Jonathan Alpert is a licensed psychotherapist. Have a question you want Jonathan to answer? Send an e-mail to jonathan.alpert@metro.us.

Three new superfoods

TIPS. Already over goji and Açaí? Make room for the latest It edibles. We asked chefs, foodies and trend trackers to predict the next big hits in nutritious eats.

Ají Amarillo: This potent pepper is rich in capsaicin, which lab studies find may kill cancer cells (it may also boost metabolism). Buy it dried or powdered at Latin markets. The intense chile lends a smoky, sweet flavor to meat and seafood.

Acerola: The tart cherry look-alike packs more vitamin C than any other fruit — half a cup has eight times the amount of a large orange. In Central America and the Caribbean, the acerola, at

right, is already popular. Find it here in juices,

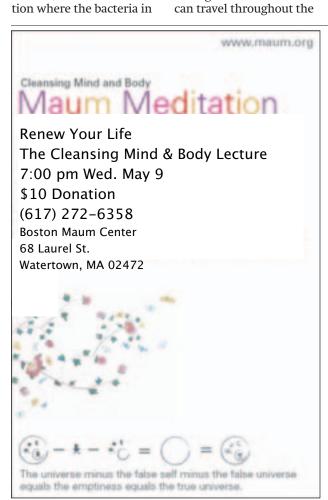


smoothies and sorbets.

Sunchoke: A sunchoke (or Jerusalem artichoke) has about four times as much iron — key for healthy blood cells as a potato. Look for it at upscale grocery stores. It cooks up creamy, making it a great swap for spuds in soups and purees.

CONTRIBUTED BY

For more information, go to Self.com





Exercise helps ward off Parkinson's?

You've already read about Michael J. Fox and the biomedical aspects of researching Parkinson's disease earlier in today's paper. But a new study from the Harvard School of Public Health suggests that exercise may help ward off the disease. Geez, what doesn't exercise help? METRO

look good **15**

Look good, elgood

"We launched Boston Dtox with the intention of getting millions of people healthy. We regenerate the inside of the body ... we do it at a cellular level."

Kathleen MacInnis of Boston Dtox (www.bostondtox.com), a spa that uses a series of 23-minute treatments to detoxify the body. METRO/AW



Melt: Even more chic than your best friend's pad

Stop the world

...and Melt with a new Newbury Street spa

ALLISON WILLIAMS allison.williams@metro.



INTERVIEW. The latest den of pampering on Newbury Street has everything you need in a mid-day escape massage, facials, haircuts and, crucially, strawberries and booze. Melt Spa owner Melanie Tringali says the spa, open just two weeks, is looking to make its mark in the crowded spa market with a luxurious and personal touch.

What makes Melt unique?

I'm exclusive to the Hydrofacial, it's nowhere else on Newbury Street or [in] the surrounding towns. It's a machine that does a number of different treatments on the face; we can do microdermabrasion that's as invasive. We use all botanical oils — it's just fabulous.

What's the spa culture like in Boston?

Because we live in such a stressful environment, I think it's becoming a lot more popular. Women love to come in and leave the world behind.

And men don't?

I want to promote a gentleman's menu too ... especially massage, which is really huge with men.

I don't like strangers touching me, but my back hurts. What

would you suggest?

I would start with a chair massage while you're getting a manicure. You don't have to take off any clothing, and the masseuse can lightly rub the neck. Once you have that, you can move on to something else, like arms. Once you start, get a little part done, you get addicted.

What's the vibe at Melt?

It was an office space beforehand, so I pretty much gutted the whole thing. I realized I was in competition with more than 130 salons on Newbury Street. I decorated it in a very homey way. We have upholstered chairs, artwork on the walls. We serve champagne and strawberries, and no Styrofoam anywhere.

We use satin sheets, satin pillowcases, satin slippers. Very VIP. People that visit have been saying it is like going into your best friend's home, putting your feet up and relaxing.

You know, I think that if I go into my best friend's home, put up my feet and demand champagne and strawberries, I'm not going to get too far. [Laughs.] Well, as far as the decor goes, it isn't sterile.

Melt 172 Newbury St., Boston 617-262-1116

www.meltboston.com

Master Cleanse fever

Celebs boost detox diet, but is it good for you?

NEWS. At 6-foot-4 and a rangy 212 pounds, Scott Campbell doesn't need to lose weight. But there he was, squeezing lemon

juice and mixing it with maple syrup, bottled water and cayenne pepper.

It is part of an extreme "detoxifying" diet called

the Master Cleanse, whose adherents swallow nothing but the lemon concoction, saltwater and laxative tea.

ADVERTISEMENT





Scott Campbell mixes the ingredients of the drink that is the main component of the lemon juice cleanse.

The Master Cleanse has gained in popularity, thanks to celebrities such as Beyoncé Knowles who swear by the regimen, as bad as it may taste.

"I'm never hungry," said Campbell, a 35-year-old freelance TV producer who was cleansing not to lose weight, but because he usually eats "a lot of bad stuff" like burgers, fries and Philly cheesesteaks.

Devotees of the diet eat no solid food but drink up to 10 daily glasses of the lemon juice concoction and round it off with saltwater in the morning and laxative tea at night. They are supposed to stay on the cleanse for at least 10 days, then ease back into normal eating with orange juice and vegetable soup.

Medical authorities say they have yet to see any evidence of harm from the Master Cleanse, though experts generally caution against extended fasting and other extreme diets.

Another drawback, which they warn about: You never want to be too far from a toilet.

Cook to slim down

NUTRITION. Americans spend nearly half their food budget on dining out, but it's not the only bottom line we're blowing: A typical restaurant dish serves up to 60 percent more calories than its homemade version, finds NPD Group, a research firm in Port Washington, N.Y. Need more incentive to get cooking? Check this out:

You'll be less stressed When you've had a bad day, cooking has a

calming effect, says psychologist Mark R. Vogel, Psy.D., who trained at The Institute of Culinary Education in New York City. Whether peeling or pureeing, the process can help soothe jangled nerves. Start chopping and say, "Ahhh."

You'll eat more

Artery-clogging trans fat and saturated fat often lurk in restaurant meals. At home, you can limit the bad stuff and toss in more of the good, such as veggies. Ready to get started? Go to Self.com for light, easy recipes even a kitchen newbie can make quickly.

CONTRIBUTED BY



For more information, go to Self.com.



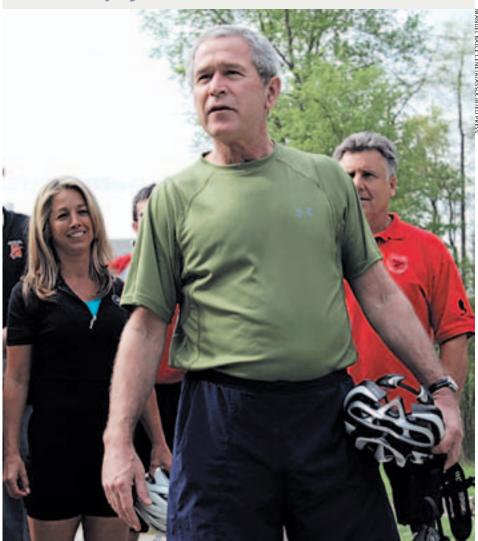
How about a salad?

Metro





President's physical fitness



President Bush spoke about physical fitness before going for a bike ride in Maryland on Saturday. On his right is fitness expert Denise Austin. Remember the President's Physical Fitness program you had to do in gym in grade school? We'd like to see Bush do the flexed arm hang, and that thing where you run and pick up erasers.

Man superglued to exercise bike

NEWS. According to Reuters, a gang superglued a South African man to an exercise bicycle in his home. Although this is neither about feeling good or looking good (the man was naked), we deemed it relevant because it involves an

exercise bike. Reuters reported that attackers, dressed in suits, hijacked the 50-something man and forced him at gunpoint to take them to his home in Johannesburg. They then made him strip, glued him to the bike and ransacked his house.

Breathe, eat easy

NUTRITION. Easy does it learning to loosen up may prevent emotional eating, a study from Baylor College of Medicine in Houston reveals. After only one month of practicing breathing and meditation exercises, stress eaters reduced their binges from an average of six times a week to once. When the pressure's on, take a few deep breaths instead of heading to the SELF MAGAZINE

rminto: [boston] + [style] Christine Liu gets you the inside scoop on Boston's Style... Got Mom something oretty yet? Reply 1 for up to 90% off chieness Designers Circus in to your phone. Allston, Reply 2 for drinky jewelry trunk show at Shake the Tree No ads, no spam, no extra fees. visit WWW.80108.COM/METRO 80108 Media text 80108 with the words METRO STYLE Standard text message rates apply. 80108 Media is a trademark of 80108 Media, Inc. ©2007

'Bike Week' not weak at all

Loads of cycling activities begin Saturday

17-mile ride on a flat

pat.healy@metro.us

ROUNDUP. "Massachusetts Bike Week" begins Saturday and every day is

loaded with ways to ride together with other people who want to be healthier and use an environmentally sound mode of transportation (or people who don't have their licenses).

Saturday Starting at the Artesani playground in Allston at 9:30 a.m., 'Bike the

Charles' is a mellow

Square T Visit the Massachusetts Bicycle Coalition Station, where bikers demonstrate online at how much T www.mass bike.org means them, and learn

paved path. You don't even need to wear spandex shorts to handle this soft opening to Bike

Monday This is the big kickoff day. Grand Prix Café (2257 Mass. Ave., Cambridge) is hosting the first of its daily Bike Breakfasts at 7 a.m.; there will also be a biker breakfast at **University** Park (Sidney St., Cambridge). This is all to gear up for the MBTA/ MassBike Bikes on Buses

event at 10:30 a.m. at the Sullivan

how to use the

new bike racks.

from 5 p.m. to

10 p.m. is the

hearty celebra-

After that,

tion at the

11th Annual Redbones Bike

Party & Benefit at

Somerville. As the night

wears on there's sure to

be folks going outside to

demonstrate who can do

There are so many bike

breakfasts on this day that

not even Lance Armstrong

the best wheelies.

Tuesday

55 Chester St.,

(Kevin Bacon's character from "Quicksilver" on the other hand...) Check the Web site in that purple circle to find out details. Ferris Wheels Bike Shop and Bikes Not Bombs are also hosting a **Boston Bike** Advocacy Forum at a tobe-determined location at 7 p.m., where local bike advocacy groups will discuss their missions.

could bike to them all.

Wednesday

The big event on this day is the **Ride of Silence**, which is taking place all over the country to honor those killed or injured while cycling. The ride, which is also to spread "share the road" awareness, starts locally at 6:45 p.m. at Seven Hills Park (behind Davis Square T Station). It's a 7.1mile ride.

Friday

Be like the guy on the left. It's National Bike to Work Day. If you need to wear the aforementioned spandex shorts on your commute, please bring a change of clothes, for the sake of your co-workers. There will be members of the Cambridge Bicycle Committee stationed throughout the city, stopping random biking commuters to give them prizes too. Hopefully it's not a huge teddy bear. Or actually, that might look kinda cool strapped to your back.

Saturday

On this day, you can do some Rolling through **Cambridge Geography** from 1776 to Today for a history lesson/exercise session. The ride begins at 10 a.m. at Cambridge City Hall (795 Mass. Ave., Cambridge). Somerville is hosting a similar event at the same time at its City Hall (93 Highland Ave., Somerville). If you're not too tired (which you shouldn't be if you've kept up all week) the Longwood Medical Area Bike Rally & Ride is taking place at 1:30 p.m. at Children's Hospital Parking Garage (across from the main entrance at 300 Longwood Ave., Boston). On this ride you get to explore the Fenway and the Arnold Arboretum.

entertainment **17**

Déjà vu, all over again Ex-Libertine and Kate Moss' boyfriend Pete Doherty, right, was arrested again for drug possession in London Saturday night, according to British paper The Sun. Nevermind that he recently served a court-ordered stint in rehab for cocaine and heroin addiction. At an April court appearance, Doherty testified that "the people I'm closest to have had enough. They've said it's drugs or them." METRO

Entertainme

Usher's mom no longer manager

After weeks of speculation that his new fiancée, Tameka Foster, had caused a rift between Usher, left, and his mother, the singer confirms that Jonnetta Patton will no longer be his manager, The Associated Press reports. Usher denies, however, that they severed their working relationship because of tension. He also will no longer work with his publicist, Simone Smalls.

Seen on the scene **Amy Winehouse**



Everybody's favorite beehived alterna-soulstress, Amy Winehouse, ate at Boca Grande in Kenmore Square yesterday afternoon with her fiancé, Blake Fielder-Civil. They had a smoke outside afterward. "Was that burrito as good for you as it was for me?"

Finding his feet

Grant-Lee Phillips on '80s covers, 'Gilmore Girls' and wake-up calls

LUKE O'NEIL luke.oneil@metro.us



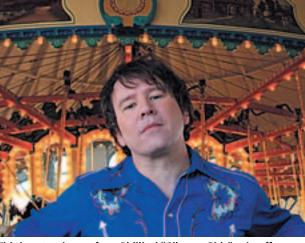
INTERVIEW. The prolific, L.A.-based singer/songwriter Grant-Lee Phillips has been releasing one gorgeous collection of fractured gems after another for years. His latest, "Strangelet," is a blend of warm acoustic instrumentation, forlorn lyrics and the startling beauty of Phillips' aching voice.

Your recent covers record, "nineteeneighties," was basically my exact '80s mix tape. Did you find yourself looking back to those songs you'd just gotten so familiar with when writing the new

It did me a world of good to record the covers record prior to this. It allowed me to tinker around in the studio with the sound of things and arrangements. It let me explore for a while without the added pressure of the focus being on my song and my lyric. It freed me up, and I learned some things I was able to apply to my own record.

Your songs have been

featured on a lot of TV shows, such as "Six Feet Under," "Roswell" and "Grey's Anatomy." Do you have a favorite scene? Now and then, I'll hear a song is in a TV show. I only watch so much TV. I haven't seen them all, though. There are a few I've gotten involved with like "Gilmore Girls." I've been on the show 30something times in a small recurring part. I play a musician, but I'd much rather play a forensic psychologist or something. I



This is not an image from Phillips' "Gilmore Girls" spin-off.

think TV has filled a void for musicians where radio has been more difficult.

You've said, "You've got one shot to say your piece. There's no take two." So what's the worst disaster you've had onstage? [Laughs] Oh goodness! There have been a few. Most are relegated to the old days. One time, a very drunk Dubliner decided to throw himself into the drum set. Also in Ireland, actually, we had a nice electrical storm the second song into the set that took out the power. That's one of those things I've realized about this business. There is only so much you can control. I

though. They wake you up.

Are you of the "suffering for

thrive on those moments,

my art" mind-set, or do you think everything is great and this is all a privilege?

Being able to spend my life making music and singing to people that come to hear it — that's a blessing. There's a lot of travel and uncertainty, but all jobs have their level of frustration, for sure. I feel fortunate that I've been able to do this for so long. But I feel like I'm just finding my feet. We'll see where it goes.

Check out the full interview at www.metro.us.

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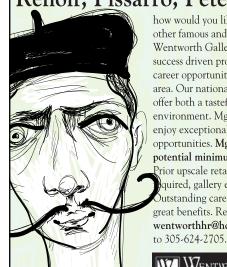
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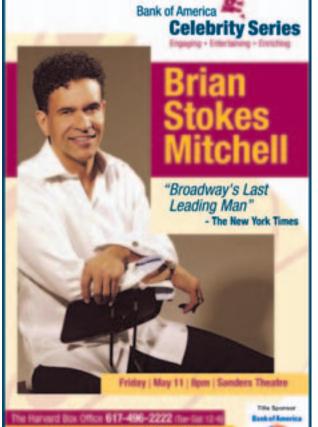




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Exquisitely sad' Pernice Western Mass. songwriter Joe Pernice is "exquisitely sad" — at least according to AOL/Spinner.com, which named his song "Chicken Wire" No. 1 on their "Most Exquisitely Sad Song in the Whole World" list. Finishing ahead of tearjerking giants such as Frank Sinatra and Billie Holiday, "Chicken Wire" appears on The Pernice Brothers' 1998 album titled, ironically enough, "Overcome by Happiness." METRO



"I'm here to warn ya, you're about to see something dangerous," says movie director Wim Wenders about Hopper's iconic "Nighthawks" painting.

PAT HEALY pat.healy@metro.us

the Park," to the non-1944's "Morning in a **REVIEW.** The crowds huddled City," these characters around the paintings are captured during on opening day of the quiet moments. By voyeuristically painting Museum of Fine Arts' retrospective Edward Hopper exhibit seemed antithetical to the lonesome paintings who are on the outside they were examining. But, looking in, Hopper flips in reality, one of Hopper's greatest contributions to at them, and making the viewers in the galleries modern art was giving the solitary subjects of his the ones who are on the

and celebrating the delicate wonder of life's lonelier moments. They are lighthouses, From the stark blackand-white etching of the man reading on a park

bench in 1921's "Night in idealized nude woman in these subjects, who seem like the people in society their status by looking in

outside looking in. Even Hopper's landscapes celebrate solitude. rooftops and bridges that look like ideal places for a person to go to be alone.

THE EXHIBIT itself, titled. appropriately enough, "Edward Hopper," provides fascinating commentary and alternate ways of looking at the artist's work.

We learn how disregarded Victorian and lighthouse architecture were until Hopper put them on his canvases. As the audio guide suggests to viewers, Hopper "enabled postcard makers.'

The audio guide is also interesting in its treatment of the exhibit's pièce de résistance: Hopper's 1942 masterpiece "Nighthawks."

Movie director Wim Wenders provides the commentary, saying, "The most dangerous thing about it is

you may feel you know it already. That's too bad. And not true."

He's right. Being inches in front of the actual painting that has been referenced in various renderings for the past 65 years, seeing the intricate brushstroked treatment of light and dark and looking into the characters blackened eyes is truly breathtaking. You can almost forget the cheesy spoof version with Elvis, Marilyn, Bogey and James Dean sitting in for Hopper's anonymous heroes. Almost.

"EDWARD HOPPER" is more than just a collection of

lonely paintings. One of the more exciting media treatments of Hopper's work is a video screen called "Hopper Then and Now," which loops some of his famous New England landscapes and architectural portraits of buildings in Truro and Gloucester, and compares them with pho-

Hopper's ledger, which is also on display, is another wonder to see in person. Hopper detailed each major work in comic book frame-like sketches, and he and his wife Josephine recorded humorous observations on what the artist was trying to accomplish and the

tos of the places now.

date of delivery to his art dealer when he finished.

One entry is simply a yellowed photo of a dune landscape clipped from a newspaper and glued into the pages, which doesn't make much sense until you see the lush oil interpretation of the photo in glorious color on the wall to your right. Another place anyone who longs to be alone would like to be.

'Edward Hopper' Through Aug. 19 **Museum of Fine Arts** 465 Huntington Ave., Boston **MBTA: Green Line to Museum** \$7.50-\$23 617-267-9300 www.mfa.org

TV tonight

'Gilmore Girls'

paintings an audience,

COMEDY. Four years and one stolen yacht after Rory enrolled in Yale, the Christiane Amanpour-in-training graduates from college (look out for the CNN

reporter herself when she guest stars on next week's series finale). If Logan has anything to say about it, she'll be an engaged woman before she's even out of her cap and gown. 8 p.m., The CW

'Veronica Mars'

DRAMA. Guest star Paul Rudd proves he's more than a "Clueless" hunk, but scruffy has-been rock 9 p.m., The CW star, too

AMBER RAY



Is anyone sober in Hollywood?

GOSSIP. We're rarely surprised when a celebrity gets cuffed for booze or drugs. But when we got word that Ty Pennington, host of "Extreme Makeover: Home Edition," was arrested for allegedly driving under the influence of drugs and alcohol, we were stunned. Our moms watch that series! If he Pennington

can't stay sober, who can? Even Felicity Huffman is

confessing to hitting the bottle. "OK, it's a little true. I was drunk a little bit of it," she tells Parade about the rumors that she often got tanked while filming "Georgia Rule.

Huffman is quick to defend co-star Lindsay Lohan, though, who is in a bit of a drug scandal of her own after News of the World

The Word

Kenya Hunt kenya.hunt@metro.us

published pics of her feeding friends cocaine. "Once people see the movie ... the performances will eclipse any gossip," says Huffman of rumors that Lohan skipped workdays to party. In other celeb drug news, TMZ.com has posted pics of Paris Hilton rolling up and puffing a doobie.



Check us out on the web at http://boston.metro.us/metro/sports/

ALL ROCKET, ALL THE TIME pages 20-21 We've got more on the return of Roger Clemens. What does it mean for the Yankees? Dave Sandora has the story on page 20.

sports **19**

Sports "Danny Ainge turned the Celtics into the Clippers." Television analyst Charles To the Control of the Clippers Television analyst Charles To the Control of the Cont



Tribe rolls, 10-1

the Indians beat the Orioles 10-1 yesterday to earn a split of the four-

Deep Impact A-Rod made for each other

Clemens' return changes Sox-Yanks dynamic

ALEX SPEIER letters@metro.us



MLB. When the Rocket landed in the Bronx, the Earth shook. Or at least it seemed that way on Sunday, when Roger Clemens appeared at Yankee Stadium to resume a career in pinstripes.

A renewed sense of betrayal prevailed among Boston fans. The Red Sox, in contrast, remained outwardly unbothered by the knowledge that the seven-time Cy guy will make roughly \$18 million (a prorated portion of a one-year, \$28 million deal) over four months in New York in 2007.

"Would it have been nice to pitch with Roger **Clemens? Absolute**ly. Would he have helped us be a better team? I honestly don't know."

Curt Schilling

"Would it have been nice pitch with Roger Clemens? Absolutely. Would he have helped us be a better team? I honestly don't know," starter Curt Schilling wrote on his 38pitches.com blog on Sunday. "We don't need anyone else to 'Get us over the hump' or make that late push. This roster right now can win a World Series, but it's going to fall on the players to make that hap-

WHILE THE SOX maintain legitimate championship aspirations, their quest became more challenging with Clemens (38-18, 2.40 ERA over the last three years in Houston) in the Bronx. Even accounting for the difficulty of the 44-year-old's transition to the American League and the fact that he averaged six innings a start last year, Clemens — if healthy could help turn a Yankees weakness into a strength.

Before last night, New York had just eight quality starts (6 or more innings, 3 or fewer runs), fewest in the majors. New York has a 6-2



Roger Clemens smiles as he is interviewed at a charity golf tournament in Edison, N.J. yesterday. Clemens played in the golf outing one day after his dramatic announcement that he was rejoining the Yankees.

Rocket breaking records

•With a career record of 348-178, Roger Clemens ranks eighth on the all-time wins list. The one-year, \$28 million contract to which the Yankees signed Clemens is the largest single-season salary in baseball history. If Clemens returns, as expected by early June, he will earn roughly \$18 million, breaking Pedro Martinez's record for the most money earned by a pitcher in a year. •The Red Sox' rotation is third in the American League with a 3.79 ERA. Yankee starters entered last night ranked 11th with a 5.25 mark. METRO/AS

record in those outings. For an offense that leads the majors with 6.0 runs per game, six decent innings from Clemens or any other starter will mark a radical improvement and create a likelihood of a 'W.'

That formula will likely be tested with increasing frequency. Chien-Ming Wang and Mike Mussina, who combined for 34 wins last

year, are now back in New York's rotation. Andy Pettitte (1-1, 3.00) has been solid, despite having won only one

Rookie Philip Hughes (out with an injured hamstring) could join Clemens in the rotation by early June to add further reinforcement. If that happens and the Yankees are able to stop the carousel that has seen them field 10 starting pitchers in their first 30 games, New York's rotation might stack up reasonably well against a Sox quintet that has been outstanding to date.

At the very least, with Clemens joining a rotation that is returning to health, the early-season gap between the two clubs seems narrower than it did before Sunday.

Rocket and

Sarah Green

oger Clemens "suddenly" choosing to spend the rest of the season with the Yankees should have come as no surprise. Didn't we know he was really a Yankee at heart? The clean-shaven jaw, the carefully clipped hair, the it'sall-business attitude.

This wasn't only about the money, though no doubt the million bucks per start will be nice. This was about ego. This way, the Rocket gets to skip spring training, choose where and when to pitch, and throw solid outings instead of fading down the stretch or spending the All-Star Break on the DL, as so many aging pitchers do. The first couple months of the season barely count, so let lesser mortals pitch those games. A month of carefully scripted indecision followed by an entrance any debutante would envyfashionably late, in Steinbrenner's box at the Stadium. How ... theatrical.

Reminds me of someone else Boston has been fantasizing about lately. Another future Hall of Famer. Someone else who also has the luxury of a contract that will let him decide which team he feels like signing with. Someone else whose every action seems a bit contrived. Someone called A-Rod.

Yes, Alex Rodriguez began the season in scorchinghot form. That just means that, due to the law of averages, his October should be even more limp than usual this year. Yes, he's a great player. Before all is said and done, Rodriguez will leave a lot of shattered records in his wake. But, where are his rings? If anything, all he's proved is that one player does not a championship win. Having only recently vanquished the Curse of the Bambino, is Boston really ready to sign up for the Curse of A-Rod? Recall that no team he's played for, despite having the most talented player in the game, has yet won a World Series while he is on the roster.

Nevertheless, some salivate whenever an Alex-to-Boston deal comes up. As for me, I can't imagine going to Fenway and cheering for A-Rod. The man who slapped the ball away from Bronson Arroyo, who 'Tek gloved in the face, whose current contract is almost the size of Manny and Dice-K's combined? That man, a Red Sock? What, would he smear some pine tar on his helmet and grow a goatee?

Team sports ought to be played by teams. Titles are not won with one star and a backup band. Maybe that's the curse of A-Rod — to remain alone in a crowd. To be on a team, but not really part of it. The Clemens way. The Yankees way.

Nay, Boston. Let New York be New York. Let them have their A-Rods and their Clemenses, their carefully purchased team of soulless professionals. There's already one Evil Empire out there. The world doesn't need two.

Sarah Green is a freelance writer who can be reached at sgreen@gmail.com

Metro does not endorse the opinions of the author, or any opinions expressed on its pages. Opposing viewpoints are welcome. Please send 400-word submissions to letters@metro.us

MLB. The Yankees shipped struggling pitcher Kei Igawa to the minors yesterday to make room on the roster for righthander Matt DeSalvo. Igawa was optioned to Class-A Tampa, keeping right-hander Darrell Rasner in the big leagues after he pitched 5 2/3 shutout innings Sunday in a victory over the Mariners. AP

New-look Yanks

New York now has plenty of options

DAVE SANDORA dave.sandora@metro.us

MLB. Suddenly, the Yankees went from having a pitching staff that wouldn't scare a Little League team to a potentially dominant postseason rotation.

Because, after all, that's suddenly a strong probabili-— even likelihood —

When Roger Clemens decided to sign with the Yankees for a prorated portion of \$28 million (the largest single-season salary in majorleague history), it did more than put New York even further over the luxury tax threshold. It revitalized a pitching staff that started its 10th different pitcher last night in its 30th game.

Yes, the Yankees still have about a month before they can expect to see the old Roger Clemens on the same mound as the new Roger Clemens (rookie phenom Phil Hughes). Speaking yesterday at a charity golf tournament, Clemens said he's preparing to start throwing. With the Yankees struggling

Re-launching the Rocket

Seven-time Cy Young Award winner Roger Clemens returns to the New York Yankees after pitching for the Houston Astros for the past three years

Winning through the years Astros Yankees OCy Young



with injuries to key players and a rotation filled with untested rookies, Clemens knows there's a lot riding on his shoulders.

"Mr. Steinbrenner, he doesn't care how old I am," Clemens said. "He wants me to come back and play like I have in the past."

But if they can tread water for that month without Clemens, or even poke their heads above .500, they'll head into the stretch with the following weapons:

- The man who leads all active pitchers in wins, strikeouts and miles run (Clemens)
- A 240-game winner who finished 2006 with the league's fourth-best ERA. (Mike Mussina)
- Last year's runner-up for the American League Cy Young. (Chien-Ming Wang)
- A veteran left-hander with the best pickoff move in the game and who has only once finished with an ERA worse than league average. (Andy Pettitte)
- A 20-year-old rookie who threw 6 1/3 no-hit innings in his second major-league start before being injured. (Hugh-

That gives the Yankees the luxury of putting their own Japanese import, left-hander Kei Igawa, in the bullpen when he returns from the minors, as well as the necessity of not having to count on rarely healthy Carl Pavano.

To the Yankees, that is worth the roughly \$26 million in salary and taxes.

Material from The Associated Press was used in this report.

Today's best bet: The Sox open a three-game series north of the border tonight when they square off against the Jays (New England Sports Network, 680 WRKO Radio).

REVSTHe Revs have a few days off before jetting West to meet the Los Angeles Galaxy Saturday at 10:30 p.m. at the Home Depot Center in Carson, Calif. (TV38,



Sportsradio 850 WEEI). New England is comfortable playing on the road — they are 2-1-2 away from home this season with two straight road games on the horizon (at Los

Angeles Saturday and at Houston on May 19). The Revs have already traveled approximately 8,200 miles just five weeks into the season with another (appoximately) 9,700 miles on tap in the next two weeks.

SOX You want to know why Curt Schilling believes the Sox don't need Roger Clemens? It's because the Sox already have Josh Beckett (6-0, 2.72 ERA), who, if the All-Star Break came

today, would be the starter for the American League. The lean, young righty is aiming to be the first pitcher in baseball to go 7-0 when he takes the mound tonight against Toronto at

Rogers Centre. The Jays will send Victor Zambrano (0-1, 5.63 ERA). Beckett has enjoyed great success against most of the current Jays lineup over the course of his career ... except for Vernon Wells, who treats

Beckett as if he owed the Toronto outfielder money. Wells is 7-for-15 in his career against Beckett, with four homers and six RBI.

CHRISTOPHER PRICE

The**TOP5**

Welcome back Rocket: Metro knows the real reasons Roger Clemens decided to sign with the Yankees:

Good buddy Andy Pettitte offered to wash his Hummer for free.



Eleven years later, the ex-Sox GM still believes Clemens is in the twilight of his career.

The Yankees said they'd include a life-sized pin cushion of former Red Sox General Manager Dan Duquette with the deal.

He wanted to tip his cap to Yankees fans again before he pitches for the Mets next season.

为 Uh, \$28 million? *Hello?!?*

His son Koby, an Astros minor league third baseman, must be on the trading block. And the Yankees might be looking for a third baseman after this season anyway...

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East						
	W	L	Pct.	GB		
RED SOX	20	10	.667	_		
*New York	14	15	.483	5 1/2		
Tampa Bay	14	17	.452	6 1/2		
Baltimore	14	18	.438	7		
Toronto	13	18	.419	7 1/2		
Central						
	W	L	Pct	GB		
Cleveland	19	10	.655	_		
Detroit	19	11	.633	1/2		
Minnesota	16	15	.516	4		
Chicago	14	14	.500	4 1/2		
Kansas City	10	22	.313	10 1/2		
West						
	W	L	Pct.	GB		
Los Angele	s 17	15	.531	_		
Oakland	15	15	.500	1		
*Seattle	13	13	.500	1		
Texas	13	18	.419	3 1/2		

Yesterday's Games

Cleveland 10, Baltimore 1 Seattle at N.Y. Yankees (late)

*not including late games

Today's Games RED SOX (Beckett 6-0) at Toronto (Zambrano 0-1), 7:07 p.m.

Texas (Wood 0-0) at N.Y. Yankees (Pettitte 1-1), 7:05 p.m. Seattle (Ramirez 2-1) at Detroit (Bonderman 1-0), 7:05 p.m. Tampa Bay (Seo 1-2) at Baltimore (Guthrie 1-1), 7:05 p.m. Oakland (Gaudin 1-1) at Kansas City (De La Rosa 3-2), 8:10 p.m. Chicago White Sox (Vazquez 2-1) at Minnesota (Bonser 0-1), 8:10 p.m. Cleveland (Lee 0-0) at L.A. Angels (E.Santana 2-4), 10:05 p.m.

NATIONAL LEAGUE East

	w	L	Pct.	GB		
*Atlanta	19	11	.633	_		
*New York	19	11	.633	_		
*Florida	14	16	.467	5		
*Phila.	14	17	.452	5 1/2		
*Wash.	9	22	.290	10 1/2		
Central						
	W	L	Pct	GB		
*Mil.	21	10	.677	_		
Chicago	15	14	.517	5		
*Cincinnat	i 14	17	.452	7		
*Houston	13	17	.433	7 1/2		
Pittsburgh	13	17	.433	7 1/2		
*St. Louis	12	17	.414	8		
West						
	W	L	Pct	GB		
*L.A.	18	13	.581	_		
*San Diego	17	14	.548	1		
*San Fran.	16	14	.533	1 1/2		
*Arizona	17	16	.515	2		
*Colorado	18	.419	5			
*not including late games						

Yesterday's Games

San Diego at Atlanta (late) L.A. Dodgers at Florida (late) Houston at Cincinnati (late) Washington at Milwaukee (late) Colorado at St. Louis (late) Philadelphia at Arizona (late) N.Y. Mets at San Francisco (late)

Today's Games

L.A. Dodgers (Hendrickson 2-0) at Florida (Obermueller 1-1), 7:05 p.m. Houston (Rodriguez 0-3) at Cincinnati (Milton 0-4), 7:10 p.m. San Diego (Germano 0-0) at Atlanta (Villarreal 1-0), 7:35 p.m. Pittsburgh (Snell 2-2) at Chicago Cubs (Lilly 2-2), 8:05 p.m. Washington (Simontacchi 0-0) at Milwaukee (Bush 2-3), 8:05 p.m. Colorado (Buchholz 1-1) at St. Louis (Thompson 1-0), 8:10 p.m. Philadelphia (Eaton 3-2) at Arizona (Owings 1-1), 9:40 p.m.

N.Y. Mets (Glavine 3-1) at San Francisco (Cain 1-2), 10:15 p.m.

EASTERN CONFERENCE SEMIFINALS

Buffalo 4, N.Y. Rangers 2

Game 1: Buffalo 5, N.Y.R. 2 Game 2: Buffalo 3, N.Y.R. 2 Game 3: N.Y.R. 2, Buffalo 1, 2OT Game 4: N.Y.R. 2. Buffalo 1 Game 5: Buffalo 2, N.Y.R. 1. OT Game 6: Buffalo 5, N.Y. Rangers 4

Ottawa 4, New Jersey 1

Game 1: Ottawa 5, N.J. 4 Game 2: N.J. 3, Ottawa 2, 2OT Game 3: Ottawa, 2, N.J. 0 Game 4: Ottawa 3, New Jersey 2 Game 5: Ottawa 3, New Jersey 2

WESTERN CONFERENCE **SEMIFINALS**

Anaheim 4, Vancouver 1

Game 1: Anaheim 5, Vancouver 1 Game 2: Vancouver 2, Anaheim 1 Game 3: Anaheim 3, Vancouver 2 Game 4: Anaheim 3, Vancouver 2,

Game 5: Anaheim 2, Vancouver 1,

Detroit 3, San Jose 2

Game 1: San Jose 2, Detroit 0 Game 2: Detroit 3, San Jose 2 Game 3: San Jose 2, Detroit 1 Game 4: Detroit 3, San Jose 2, OT Game 5: Detroit 4, San Jose 1 Game 6: Last night at San Jose (late) Game 7: Tom. at Det., TBD, if nec.

NBA

EASTERN CONFERENCE SEMIFINALS

Detroit 1, Chicago 0

Game 1: Det. 95, Chi. 69 Game 2: Last night at Det. (late) Game 3: Thu. at Chi., 9 p.m. Game 4: Sun. at Chi., 3:30 p.m. Game 5: May 15 at Det., TBD, if nec. Game 6: May 17 at Chi., TBD, if nec. Game 7: May 21 at Det., TBD, if nec.

Cleveland 1, New Jersey 0

Game 1: Cle. 81, N.J. 77 Game 2: Tonight at Cle., 8 p.m. Game 3: Sat. at N.J., 5 p.m. Game 4: Mon. at N.J., 7 p.m. Game 5: May 16 at Cle., TBD, if nec. Game 6: May 18 at N.J., TBD, if nec. Game 7: May 20 at Cle., TBD, if nec.

WESTERN CONFERENCE SEMIFINALS

Utah vs. Golden State

Game 1: Last night at Utah (late) Game 2: Tom. at Utah, 9 p.m. Game 3: Fri. at Golden State, 9 p.m. Game 4: Sun. at at Golden State, 9

Game 5: May 15 at Utah, TBD, if Game 6: May 17 at Golden State,

TBD, if nec. Game 7: May 20 at Utah, TBD, if

San Antonio 1, Phoenix 0

Game 1: San Antonio 111, Pho. 106 Game 2: Tonight at Pho., 10:30 p.m. Game 3: Sat. at S.A., 8 p.m. Game 4: Mon. at S.A., 9:30 p.m. Game 5: May 16 at Pho., TBD, if nec. Game 6: May 18 at S.A., TBD, if nec. Game 7: May 20 at Pho., TBD, if necessary

Re-Pete Sampras?

Could he be prepping for a comeback?

tony.lee@metro.us



TENNIS. Although he insists a return to the pro circuit is out of the question, seeing Pete Sampras win another tennis tournament certainly brings up the question.

What if? Sampras gave fans a glimpse of what could be this past weekend at Agganis Arena, dropping just one set in dispatching four straight former foes to claim the Champions Cup Boston.

"It's still there," Sampras said of the phenomenal skillset that enabled him to win a record 14 Grand Slam titles in 14 years on the pro tour. "I can probably compete against anyone in the world today for just one match, maybe two sets.'

It was the 35-year-old's



Pete Sampras was back in the spotlight this weekend at the Champions Cup in Boston.

first action since retiring following a win over longtime friend and rival Andre Agassi in the 2002 U.S. Open.

To those he dispatched along the way to the Champions Cup crown, not much has changed since then.

"He'd fit right in with

these guys playing now [on the tour]," said John McEnroe, who suffered a straightsets loss to Sampras in the semifinals Saturday. "I can't see five guys now that can beat [Sampras] at Wimble-

McEnroe should know.

Not only did he win Wimbledon three times — four shy of Sampras' record — he has been an analyst at the tournament for years, watching current World No. 1 Roger Federer claim the last four titles to pose a serious threat to Sampras' marks.

"I can't see five guys now that can beat [Sampras] at Wimbledon."

John McEnroe on Sampras

Asked whether he could keep the Swiss superstar from an onslaught on the record books, Sampras implied it might just be a matter of getting loose.

"The game is not the problem," he said. "It's the movement and adjustments at the net. I'm not quite as sharp."

But with a lighter training regiment, two young sons and a beautiful wife, it's hard for Sampras to find a real reason to take on such a challenge.

"It's not quite the urgency it used to be," he said.



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For more information please call

617-638-4571



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Women's Health Research Study:

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The study is testing whether treatment with testosterone and estrogen can improve muscle strength, sexual function, and other aspects of health. Participants will come to the research clinic on a weekly to monthly basis for just over one year.

Financial compensation will be provided.

For More information please call: 617-414-2936

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<u>Migraine Prevention</u>



Physicians now believe migraine headache pain is caused by change in nerve cells as well as blood vessels in the brain.

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There is no cost to participate and compensation may be available.

Please contact the physician below to see if you qualify for this research study:

MedVadis Research — Wellesley Hills, MA Telephone: 781-431-1113

Healthy Volunteers Wanted

f you are a non-smoking healthy adult (taking no prescription medicines), you may be eligible to participate in a research study investigating the effects of an experimental medicine that lowers inflammation levels in the blood.

The study requires an initial

1-hour screening visit, two

20-minute visits (to pick up study medicine) and two 6-hour visits, over 12-14

Compensation up to \$200 and validation of parking expenses or reimbursement for public transportation costs for study visits will be provided.

For more information, please call the Brigham & Women's Hospital Vascular Medicine Research Center at

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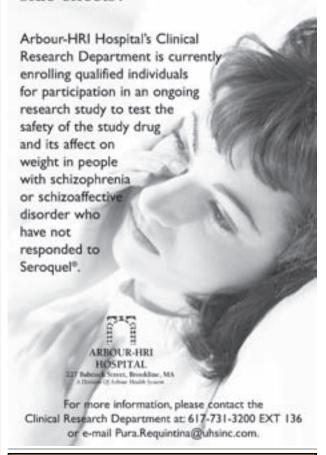
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