

Balcony Releasing Presents

THE DHAMMA BROTHERS

A Film by Jenny Phillips,
Anne Marie Stein and Andrew Kukura



East Meets West in the Deep South

(USA, 2007, 76 minutes)

www.dhammabrothers.com

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THE DHAMMA BROTHERS

SHORT SYNOPSIS

East meets West in the Deep South. An overcrowded maximum-security prison—the end of the line in Alabama’s correctional system—is dramatically changed by the influence of an ancient meditation program.

Behind high security towers and a double row of barbed wire and electrical fence dwells a host of convicts who will never see the light of day. But for some of these men, a spark is ignited when it becomes the first maximum-security prison in North America to hold an extended Vipassana retreat, an emotionally and physically demanding course of silent meditation lasting ten days.

THE DHAMMA BROTHERS tells a dramatic tale of human potential and transformation as it closely follows and documents the stories of the prison inmates at Donaldson Correction Facility who enter into this arduous and intensive program. This film, with the power to dismantle stereotypes about men behind prison bars also, in the words of Sister Helen Prejean (*Dead Man Walking*), “gives you hope for the human race.”

THE DHAMMA BROTHERS

SYNOPSIS

THE DHAMMA BROTHERS documents the extraordinary convergence of an overcrowded, understaffed maximum-security prison -- considered the end of the line in the Alabama correctional system -- and an ancient meditation program. East meets West in the Deep South.

Donaldson Correctional Facility is situated in the Alabama countryside southwest of Birmingham. 1,500 men, considered the state's most dangerous criminals, live behind high security towers and a double row of barbed and electrical wire fences.

Yet within this dark environment, a spark was ignited. A growing network of men was gathering to meditate on a regular basis. Intrigued by this, Jenny Phillips, cultural anthropologist and psychotherapist, first visited Donaldson Correctional Facility in the fall of 1999. She planned to observe the meditation classes facilitated by inmates and to interview the inmate meditators about their lives as prisoners.

As she met with the men, one by one in the privacy of an office, she was drawn in by their openness and willingness to talk freely about themselves. High levels of apprehension, distraction and danger characterize their lives as prisoners. Even though many of these men will never be released from prison, they were thirsty for meaningful social and emotional change. What she heard there was difficult to forget. It left her wondering if it were possible to live with a sense of inner peace and freedom within the harsh, violent prison environment.

As a meditator herself, Jenny knew that meditation directly addresses the issue of personal suffering, and offers a simple yet powerful means for obtaining relief from that suffering. But were these ancient ideas, as described in the teachings of the Buddha 2600 years ago, now relevant? Could the framework of this approach to suffering be translated into some basic principles of treatment that would be applicable to 21st century North American prisoners?

Were these prisoners, many of them survivors of personal trauma, even capable of withstanding the emotionally and physically demanding experience of a 10-day meditation retreat? More important, was it possible for these men, some of whom had committed horrendous crimes, to change?

When returning home to Massachusetts, Jenny contacted the Vipassana Meditation Center in Shelburne Falls, Massachusetts, part of a worldwide network of centers dedicated to preserving meditation according to the teachings of Buddha. After a year of planning between the prison and the Vipassana staffs, in January 2002, Donaldson

Correctional Facility became the first prison in North America to hold a 10-day Vipassana retreat.

THE DHAMMA BROTHERS tells a dramatic story of human potential and transformation as it closely follows and documents the stories of prison inmates as they enter into this arduous and intensive program. It will challenge assumptions about the very nature of prisons as places of punishment rather than rehabilitation.

Despite the extreme difficulty in obtaining permission to film inside a prison, the Alabama Department of Corrections allowed a film crew to document, not only the Vipassana retreat, but many other scenes and settings revealing the daily lives of prisoners and staff. THE DHAMMA BROTHERS draws the viewer in through memorable interviews with the inmates, the prison staff, the inmates' families, and members of the surrounding community.

The film combines verite footage and, because some of the inmates' crimes attracted significant media coverage, also includes archival television reports which appeared at the time of the crimes.

In interviews immediately before the Vipassana retreat, the men openly express fear and trepidation, wondering what they will find when they look deeply within and face the consequences of past actions and trauma.

They are shown packing their scant belongings and preparing for the journey inside, a very short walk down the prison corridor but a sea change in their lives as prisoners. We observe the transformation of the prison gym, a frequent site for violent battles among inmates, into a monastery, a separate, restricted place in which the inmate students can eat, sleep, and meditate in total seclusion from the rest of prison society. The Vipassana teachers, Bruce and Jonathan, prepare to live and meditate with the inmates. Teachers and inmates, men from culturally different worlds, are locked together in a dramatically revealing process. This is, most likely, the first time non-inmates have ever lived among inmates inside a prison.

We follow the men day to day on the retreat. Seated on meditation mats on a red rug donated by the Warden, wrapped in navy blue blankets, the men sit still in silence as they journey inside. Their days are punctuated by a strict daily routine of eating, sleeping and meditating.

In individual interviews after the Vipassana retreat, the men tell their tales of pain and self-discovery. During group interviews, the spiritual warriors of Donaldson Correctional Facility discuss their collective experiences and vow to try to maintain their nascent sense of solidarity. In the nameless, faceless anonymity of prison life, where daily life is organized around social control and punishment, Vipassana has offered an alternative social identity based on brotherhood and spiritual development.

But, has the retreat been genuinely transformative for the men? Or, as the Warden suggests, could they just be faking these changes to look good to the parole board? Is the transformation sustaining?

In response to these questions the filmmakers returned to the prison to interview the prisoners and prison staff to see the impact of the retreat upon their daily lives. They visited the homes of prisoners' families, and talked to them about their observations about the impact of the retreat. Also included are on-going personal letters and diaries from the inmates who have continued corresponding with the director Jenny Phillips over the past four years.

DIRECTOR'S STATEMENT

I first visited Donaldson Correctional Facility in 1999, and had an opportunity to meet the prisoners now known as “The Dhamma Brothers.” What they told me about their lives in prison was deeply stirring and unforgettable. From that first visit, I became committed to these men, their stories and their dreams of finding inner peace and redemption. THE DHAMMA BROTHERS tells the story of their journey inside to find freedom.

The prison is set in the Alabama countryside south of Birmingham, situated among thick woodland, red clay soil, and tangled kudzu vines. Wrapped around the prison on three sides, coiled like a snake as it flows south to the Gulf Coast, is the Black Warrior River. The prisoners live behind high security towers and a double row of barbed and electrical wire fences. Capable of delivering a lethal charge, the electrical wire gleams and glints in the sunlight with disarming beauty. Donaldson is the place where Alabama's most unmanageable and intransigent prisoners are sent. And yet, I also felt a stirring of hope amidst the stale air of danger, deprivation and misery.

THE DHAMMA BROTHERS documents the extraordinary convergence of an overcrowded, understaffed, maximum-security prison – considered the end of the line on the Alabama correctional system -- and an ancient meditation program. The film tells a dramatic tale of human potential and personal transformation as it follows the stories of the prisoners, focusing on four central characters as they enter into this arduous and intensive program. In the nameless, faceless anonymity of prison life, where daily life is ordered around social control and punishment, “The Dhamma Brothers” construct an alternative social identity based on brotherhood and spiritual development.

The stories of The Dhamma Brothers of Donaldson Correctional Facility are those of the unseen, unheard, and underserved. The film shines a spotlight upon society's outcasts and untouchables as they emerge from their journey with a collective sense of peace and purpose.

- Jenny Phillips

PRAISE FOR
“THE DHAMMA BROTHERS”

"*The Dhamma Brothers* is one of the most sensitive expressions of hope, capacity for change, and potential vehicles for institutional health that I have seen in my career in criminal justice. Inmates serving long sentences in one of the country's toughest state prisons experience the liberating effects of the Vipassana meditation program. The filmmakers provide a dramatic example of a safe and healthy correctional environment, not only for the inmates but also for the correction officers and all the people who must work within these institutions. *The Dhamma Brothers* points to an effective reentry program for even the most serious offenders in our society. Through the film we realize that inmates can accept responsibility for serious crimes, and attempt to engage in personal change even though it will not enable them to be released."

Scott Harshbarger - *former Attorney General of Massachusetts, is senior counsel at Proskauer Rose LLP and a public prosecutor, defender, and civil rights lawyer for over 30 years. For three years, he was president of Common Cause. He chaired a correctional reform commission in Massachusetts that achieved national recognition.*

"The stories of the Dhamma Brothers ring with the truth and power of their experiences, and offer the hope for renewal and rehabilitation within a dismal and punishment-oriented correctional system. It gives you hope for the human race."

Sister Helen Prejean, author, *Dead Man Walking* and recipient, 1996 Pax Christi Pope Paul VI Teacher of Peace Award.

"This is an absolutely compelling story of an astonishing treatment program with prison inmates that, against all odds, actually worked. The leaders of the program and the correctional officials open a door to the hearts and minds of a violent prison population, allowing us to see them at intimate range, while at the same time producing a remarkably positive influence on the atmosphere of the prison as a whole."

Doris Kearns Goodwin *is a presidential historian, and author of Pulitzer Prize winning No Ordinary Time, and bestseller Team of Rivals; The Political Genius of Abraham Lincoln.*

"An inspiring event of personal transformation through meditation in inmates at a maximum security prison. It will inspire everyone by the compelling story of personal growth in the harshest of conditions."

Richard Davidson, *Director, Wisconsin Center for Affective Science, and Center for Mind-Body Interaction, University of Wisconsin, and Board Director of the Mind and Life Institute. Dr. Davidson's work on neuroscience and meditation has been featured in Time Magazine, Psychology Today, Scientific American, Nature, National Geographic, The Wall Street Journal and The New York Times.*

"In the Civil Rights Movement, we used the wisdom of India and Mohandas Gandhi, to create a discipline and philosophy of non-violence that would meet the needs of the American landscape. The Dhamma Brothers have taken their own passage to India and discovered a practice of meditation that guides them down their inner path toward freedom. Those of us who accept the philosophy of non-violence believe there is a spark of divinity within all of us. This film makes it plain that no human being--no matter how troubled his beginning, regardless of his race, color, nationality, or creed--should be considered beyond the reach of redemption. No one should be tossed away in a jail cell and forgotten as though their lives mean nothing. This film demonstrates that all some people need--even those we might consider the worst among us--is to be led toward their path to recovery, and when they are restored, their contribution to our society and the world is limitless."

Representative John Lewis, *Congressman from Georgia, has dedicated his life to protecting human rights, securing civil liberties, and building what he calls "The Beloved Community" in America. At the age of 23, he was an architect of and a keynote speaker at the historic March on Washington in August 1963. He leads an annual congressional pilgrimage tracing MLK's historic marches in Alabama, and is also a distinguished member of the Congressional Black Caucus.*

FILMMAKER BIOGRAPHIES

JENNY PHILLIPS, Director, Producer

JENNY PHILLIPS has a doctorate in cultural anthropology and is a practicing psychotherapist in her hometown of Concord, Massachusetts. She also works in state and county prisons, teaching courses on emotional literacy skills. Her articles have appeared in academic journals, *The Boston Globe*, and national magazines.

She first visited Donaldson Prison in 1999, where her initiative led to the establishment of a Vipassana program. Since then Jenny has received hundreds of letters from the inmates documenting their lives in prison and their quest for inner peace. These collected letters, as well as Jenny's writings about The Dhamma Brothers, are to be published by Pariyatti Press in May 2008, as *Letters From the Dhamma Brothers*.

In 2002, Jenny founded The Hemingway Preservation Foundation to support the work of the Cuban government in preserving the Cuban home, library, and papers of Ernest Hemingway. Jenny's grandfather, Maxwell Perkins, was Hemingway's editor and close friend. With her husband Frank Phillips, State House bureau chief for the Boston Globe, she has traveled extensively through Cuba researching and collecting oral history and artifacts about Hemingway's twenty-two years in Cuba.

ANNE MARIE STEIN, Director, Producer

ANNE MARIE STEIN is currently Dean of Professional and Continuing Education at The Massachusetts College of Art and Design. From 2001 to 2005 she was Director of Development for Northern Light Productions, a documentary film production company, where she oversaw business development and also worked on a number of projects. She was Executive Director of the Boston Film/Video Foundation from 1987 to 2001, where she was deeply involved in programs to expand support and recognition for moving image artists. Before that, she lived and worked for seven years in Paris, France, where she was Director of the Center for Media Art at the American Center for Students and Artists.

She has served on national granting committees and panels, served on the Board of Directors and Executive Committee of the national coalition for media arts organizations, NAMAC, for seven years, was a co-founder of the Boston International Festival of Women's Cinema and co-director for many years of the New England Film and Video Festival. She holds an MBA from Simmons School of Management and a BA from the University of Pennsylvania.

ANDREW KUKURA, Director, Editor

ANDREW KUKURA has worked as a director, producer, writer and editor at Northern Light Productions in Boston, a documentary film production company, from 1998 to the present. In early 2006, Andrew finished editing *The Spear of Christ*, an hour-long documentary for the History Channel series “Decoding the Past.” His production credits include directing, producing, and editing two programs for the Missouri Historical Society’s Lewis and Clark National Bicentennial Exhibit, including a three-screen theatrical re-enactment of Lewis and Clark’s encounter with the Shoshone Indians, as well as editing a series of programs on Hidden Children for the United States Holocaust Memorial Museum in Washington DC. He also wrote, produced, and edited a half-hour program on George Catlin for the Smithsonian American Art Museum, which was broadcast on local PBS affiliates.

Prior to joining Northern Light, Andy wrote, produced and edited *Walter Street*, which received an award for Artistic Achievement at the Birmingham International Film Festival in April 1998. Andy holds a BA in Art History and Media Studies from Carleton College.

PETER BRODERICK, Co-Producer

PETER BRODERICK is President of Paradigm Consulting, which helps filmmakers and media companies develop strategies to maximize distribution, audiences, and revenues. In addition to advising on sales and marketing, Paradigm Consulting specializes in state-of-the-art distribution techniques—including innovative theatrical service deals, hybrid video strategies, and new approaches to global distribution.

Broderick was President of Next Wave Films, which supplied finishing funds to filmmakers from the US and abroad. He helped launch the careers of such exceptionally talented directors as Christopher Nolan, Joe Carnahan, and Amir Bar-Lev.

A key player in the growth of the ultra-low budget feature movement, Broderick became one of the most influential advocates of digital moviemaking. He is a graduate of Brown University, Cambridge University, and Yale Law School.

Now focused on the revolution in film distribution, Broderick gives keynotes and presentations internationally. His seminal article, “Maximizing Distribution” (available at www.peterbroderick.com), has been reprinted in publications around the world.

NICOLE GUILLEMET, Executive Producer

NICOLE GUILLEMET has worked in the arts for more than 25 years, including fifteen years as the Vice President of the Sundance Institute and the Co-Director of the Sundance Film Festival. At the 2000 Sundance Film Festival, she launched and directed the Documentary Film Program. From 2002 - 2007, Guillemet was the Director of the Miami International Film Festival. In 2002, she founded the Salt Lake City Film Center and serves on national boards of a number of arts organizations. She has also served on funding panel for the National Endowment for the Arts and in 2005 was decorated by the French cultural Minister as *Chevalier des Arts et des Lettres*.

GERALYN DREYFOUS, Executive Producer

GERALYN DREYFOUS has a wide background in the arts, and founded the Philanthropic Initiative in Boston, which guides families of wealth in strategic giving opportunities. GERALYN taught Documentary and Narrative Writing at Harvard University and was a founder of the DoubleTake Community Service Corporation, She also founded the DoubleTake Summer Institute that brought educators, activists and emerging storytellers together to explore the connections between service, moral inquiry and storytelling. A filmmaker as well, GERALYN produced the 2004 Academy Award winning documentary, *Born Into Brothels*, which spawned the Kids With Cameras Foundation.

BESTOR CRAM, Executive Producer

BESTOR CRAM has over twenty-five years of experience as a director, producer and cinematographer. He founded Northern Light Productions, which has produced and directed scores of films including broadcast documentaries that concentrate on issues relating to contemporary society, science, art and history. His cinematography credits include the 1995 Documentary Academy Award winner, *Maya Lin: A Strong Clear Vision* and the acclaimed feature documentaries *After Innocence* and *Wrestling with Angels: Playwright Tony Kushner*; the Emmy nominated Discovery Channel special *Mysteries of the Sea: Freak Waves*; the HBO special *Mumia Abu-Jamal: A Case For Reasonable Doubt?*, the PBS/BBC series, *China in the Red*, , and the PBS American Experience on Eleanor Roosevelt. Bestor's *Unfinished Symphony* premiered at the 2001 Sundance Film Festival and his current projects include four feature documentaries slated for release in 2008: *Johnny Cash at Folsom Prison*, *The Orangeburg Massacre*, *Killer Poet* and *Shoot the Messengers*. He is a producer of *Singing Revolution*, which is currently in theatrical release.

THE DHAMMA BROTHERS

PRINCIPAL CHARACTERS

GRADY BANKHEAD

Serving life without parole, rescued from Death Row by a defense attorney the day before he was scheduled for execution. Grady discusses his crime as that of standing by while two men he had just met that day slaughtered a third man. He describes being frozen with fear while he witnessed the brutal attack, and then twenty years of guilt and remorse for being afraid to intervene.

EDWARD JOHNSON

Big Ed: Prison gang leader, held in a segregation cell for six years. Ed spent his years both in the streets and in prison ripping and running, with a reputation for being a tough guy.

BEN “OB” ORYANG

Sentenced to three life sentences for a drive-by shooting in which two were injured and one died. OB came to the U.S. from Africa as a teen-ager seeking freedom from civil war and violence in Uganda. When he was arrested in a high profile crime, he was portrayed as a “ruthless animal from Africa”.

RICK SMITH

Serving Life Without Parole for the stabbing death of a shopkeeper, Rick has struggled for 25 years to face the impact of his crime.

RON CAVANAUGH

As Director of Treatment for the Alabama Department of Corrections, Ron had for many years been working to introduce effective treatment programs into the prisons. Now with the Vipassana program, he saw the opportunity to offer treatment and also change the culture of violence at Donaldson Correctional Facility.

BRUCE STEWART and JONATHAN CROWLEY

As Vipassana meditation teachers, Bruce and Jonathan had been hoping for many years to introduce Vipassana into U.S. prisons. This was their opportunity. And yet there was much anticipation and trepidation as they packed their bags and prepared to move into Donaldson Prison and live among the prisoners.

THE DHAMMA BROTHERS

CREDITS

Directed by
Jenny Phillips, Andrew Kukura, Anne Marie Stein

Produced by
Jenny Phillips, Anne Marie Stein

Edited by
Andrew Kukura

Co-Produced by
Peter Broderick

Principal Cinematography
Jeremy Leach, Wah Ho Chan

Executive Producers
Geraldyn Dreyfous
Nicole Guillemet

and

Jenny Phillips
Anne Marie Stein
Bestor Cram

In Association With
Northern Light Productions
and
The Lionheart Foundation
Sponsor of
The National Emotional
Literacy Project for Prisoners

Production Crew
Alabama, 2004 – 2006

Northern Light Productions

Executive Producer
Bestor Cram

Cinematography
Jeremy Leach, Bestor Cram

Producer, Sound Engineer
Andy Kukura

Additional Cinematography
Claudia Bestor

Asst. Post Production
Ken Hebert, John Cianfrani

Archival Researcher
Ariana Reguzzoni

Title Design, Web Site
Jody Lee

Festival Submissions
Dominic Musacchio

Production Crew
Alabama, May 2002

David Donnenfield Productions, Inc.

Director
Sound Engineer
David Donnenfield

Principal Cinematography
Wah Ho Chan

Sound Mix
Jim Sullivan
Mix One Studios, Boston

The Lionheart Foundation

Founder
Executive Director
Robin Casarjian

Development Director
Judith Perry

The Dhamma Brothers

Ricky Alexander
Grady Bankhead
Torrence Barton
R. Troy Bridges
Michael Carpenter
Willie Carroll
Warren Cooke
Eli Crawford
Russell Cutts

Edward L. Daughtry
Charles Dobbins
Frederick Wayne Finch
Manson Fischer
James George
Benjamin Harvey
Charles X. Ice
Edward C. Johnson
John W. Johnson
Kenneth Jones
Leon Kennedy
David Lucas
Milton Lucas
Torsten Norris
Benjamin "OB" Oryang
Sheldon Padgett
Lataurus Peoples
Omar Rahman
Timothy Shreve
William Simmons
Stafford Simpson
Larry Singletary
Rick Smith
Calvin Steward
James L. Wayne
Marvin Wooden
Johnny Mack Young

The Prison Course Teachers

Bruce Stewart
Jonathan Crowley

*Additional Interviews
and Appearances*

Dr. Ron Cavanaugh
Director of Treatment
Alabama Dept. of Corrections

Bryan Stevenson
Director
Equal Justice Initiative of Alabama

Stephen Bullard
Former Warden
Donaldson Correctional Facility

Lieutenant Glenn Martin
Donaldson Correctional Facility

Sergeant Joel Gilbert
Donaldson Correctional Facility

Denise Brickie
Drug Treatment Counselor
Donaldson Correctional Facility

Mitch "Big E" Etheridge
Donaldson Correctional Facility

Gregory King
Donaldson Correctional Facility

Reynaldo Harris
St. Clair Correctional Facility

Family of Edward Johnson

Priscilla Wilson
Burrell Johnson
Jemarius Gosha

Family of Benjamin Oryang

David Oryang

This film was produced with the
cooperation and participation of

The Lionheart Foundation

The North American
Vipassana Prison Trust

The Vipassana Meditation Center
Dhamma Dhara
Shelburne, Massachusetts

S.N. Goenka
Bruce Stewart
Jonathan Crowley
Rick Crutcher

Alabama Department of Corrections

The Staff and Administration
of The William E. Donaldson
Correctional Facility
Bessemer, Alabama

Major support provided by

Blue Cross and Blue Shield
of Massachusetts

Rivers Cuomo

The Hershey Family Foundation

Peggy Perkins King

The Boston Foundation

The JKW Foundation

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Peter Broderick

Special Thanks

Kathy Allen
Jerilyn Asher
Robin Casarjian
Rick Crutcher
Rivers Cuomo
Kyoko Cuomo
Richie Davidson
Laura Day
Phil Hallen
Doris Kearns Goodwin
Richard Goodwin
Scott Harshbarger
Charlie Humphrey
Bonita Johnson
Philip W. Johnston
Peggy Perkins King
Carolyn Mugar

Additional Thanks

Chet Atkins
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Dhananjay Chavan
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Laurel Chiten
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Jonathan Demme
Mary Jane Doherty
Lee Eaton
Marrey Embers
Morgan Faust
Jesse Frazer
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Pat Goldstein
Richard Gordon
Susan Gray
Gwendolyn Griffin
Thomas D. Herman
Barry Hershey
Wendy Vanden Heuvel
Joanne Howard
Jimmie Jackson
Pradeep Jonnalagadda
Sunayana Jonnalagadda
Jeanne Jordan
Max King
Perry King
Polly King
Lyda Kuth
Alison Lauriat
Peter Lauriat
Hugo Liepmann

David Lisak
Phyllis Mark
Alan Marlatt
Deborah Marshall
Julie Martini
Lee McDonald
Peter Meade
Jacqueline Meszaros
Roy Milwid
Kevin Nash
Aoife Nugent
Hope Oryang
Michael Pancoe
Betsy Pattullo
Judith Perry
Lani Peterson
Frank Phillips
Tim Raycroft
Judy Richardson
Ruthie Rohde
Sig Roos
Cass Rusillo
James Rutenbeck
Alex Ryan
Charles Scott
Eli Segal
Craig Shepard
Judy Stephenson
Beth Sternheimer
Maureen Stewart
Tracy Heather Strain
Terry Thomas
Greg Torres
Jane Turner
Jen Laird White
George Wiel
Ken Winikur
Sabrina Zanella Foresi
Crystal Zevon

Archival Imagery
Courtesy Of

Corbis

WSFA 12 News
Montgomery, Alabama

Stock Music
Courtesy Of

BMG/Killer Tracks

Anon

Artist: Low

Written By: Zachary Micheletti,
Mimi Parker, Al Sparhawk

Publisher: Universal –

Songs Of PolyGram Int., Inc. on behalf of itself,
Chair Kickers Union Music and Sub Pop Songs (BMI)

“Anon”

Performed by Low

Courtesy of Caroline Records

Under license from EMI Film & Television Music

Coattails

Artist: Low

Written By: Zachary Micheletti,
Mimi Parker, Al Sparhawk

Publisher: Universal –

Songs Of PolyGram Int., Inc. on behalf of itself,
Chair Kickers Union Music and Sub Pop Songs (BMI)

“Coattails”
Performed by Low
Courtesy of Caroline Records
Under license from EMI Film & Television Music

Over The Ocean
Artist: Low
Written By: Zachary Micheletti,
Mimi Parker, George Al Sparhawk
Publisher: Universal –
Songs Of PolyGram Int., Inc. on behalf of itself,
Chair Kickers Union Music and Sub Pop Songs (BMI)

“Over The Ocean”
Performed by Low
Courtesy of Caroline Records
Under license from EMI Film & Television Music

Crazy-Maker
Written By: James Baluyut,
Richard Baluyut, Janet Touns
Publisher: Pattern Holdings Music (BMI)

“Crazy Maker”
Performed by Versus
Courtesy of Caroline Records
Under license from EMI Film & Television Music

I Remember
Artist: Low
Written By: Al Sparhawk
Publisher: Universal –
Songs Of PolyGram Int., Inc. on behalf of itself,
Sub Pop Songs and Chair Kickers Union Music (BMI)
Album: Secret Name

Label: Kranky
Courtesy: Kranky, Ltd.

Ceremony
Written by: Ian Curtis, Peter Hook
Stephen Morris, Bernard Sumner
Publisher: Universal –
PolyGram Int. Publ., Inc. on behalf of
Universal Music Publ. Ltd. (ASCAP)

“Ceremony”
performed by New Order
Courtesy Of: QWEST/WEA
By arrangement with WMG Film & Tv Licensing

"Nutricia"
Written & Performed by Yo La Tengo
Album: Genius + Love = Yo La Tengo
Label: Matador Records

Sigur 1
Artist: Sigur Ros
Written by: Jon Thor Birgisson,
Orri Pall Dyrason, Georg Holm
and Kjartan Sveinsson
Publisher: Universal-Polygram Int. Publ., Inc.
on behalf of Universal Music Publ. Ltd. (ASCAP)

Sigur 5
Artist: Sigur Ros
Written by: Jon Thor Birgisson,
Orri Pall Dyrason, Georg Holm
and Kjartan Sveinsson
Publisher: Universal-Polygram Int. Publ., Inc.
on behalf of Universal Music Publ. Ltd. (ASCAP)

Sigur 6
Artist: Sigur Ros
Written by: Jon Thor Birgisson,
Orri Pall Dyrason, Georg Holm
and Kjartan Sveinsson
Publisher: Universal-Polygram Int. Publ., Inc.
on behalf of Universal Music Publ. Ltd. (ASCAP)

"1 (Untitled)"
"5 (Untitled)"
"6 (Untitled)"
Performed by Sigur Rós
Courtesy of Geffen Records
Under license from Universal Music Enterprises

Fuzzy Wuzzy
Artist: Luna
Written By: Dean Wareham,
Justin Harwood, and Sean Eden
Publisher: Universal –
Songs Of Polygram Int., Inc. on behalf of itself
and Sub Pop Songs and Moon Palace Songs (BMI)

“Fuzzy Wuzzy”
performed by Luna
Courtesy Of: Elektra/WEA
By arrangement with WMG Film & Tv Licensing

For information and to support
the ongoing work of
The Lionheart Foundation

www.lionheart.org

For information and to support
the ongoing work of
Equal Justice Initiative of Alabama:

www.eji.org

For information and to support
the ongoing work of
Vipassana courses in prisons:

www.prison.dhamma.org

For information on
Vipassana courses worldwide:

www.dhamma.org