

The Windsock

Marine Corps Air Station Cherry Point, N.C.

January 10, 2008

Monitors to visit MCAS Cherry Point

Marine Occupational Specialty Monitors will be visiting Marine Corps Air Station Cherry Point, Friday, to discuss Marines' desired career paths and opportunities for the future. For details on the visit, contact your unit career planner.



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Banshees welcome new sergeant major

CPL. JENNIFER B. POOLE

MCAS CHERRY POINT

Sgt. Maj. Mark Pyland assumed the post of squadron sergeant major for Marine Tactical Electronic Warfare Squadron 1 during a post and relief ceremony Dec. 20, at the squadron hangar.

During the ceremony Pyland received the sword of office from Sgt. Maj. George Espinosa.

"I feel very confident that the squadron will continue to do great things," said Espinosa. "Over the past three years we've gone through two combat deployments and countless other missions. These Marines have come a long way from where they started."

Espinosa will move to 3rd Radio Battalion, Marine Corps Base Kaneohe Bay, Hawaii, to serve as the battalion sergeant major.

Pyland said that his prior experiences have prepared him to take on the role of sergeant major at VMAQ-1.

"I've had a lot of experience leading Marines over the past 25 years, and I'm looking forward to using my

See POST page A4



Sgt. Maj. Mark Pyland receives the sword of office as squadron sergeant major from Lt. Col. Shane Conrad, VMAQ-1 commanding officer, during his post and relief ceremony Dec. 20 at the VMAQ-1 hangar.

CPL. JENNIFER B. POOLE



Petty Officer 2nd Class Don Lyle evaluates a student at West Carteret High School during the cardiopulmonary resuscitation final examination, Nov. 28. Lyle is a corpsman with Naval Health Clinic Cherry Point.

Sailors volunteer at local high school

LANCE CPL. DOUG PAYNE

MCAS CHERRY POINT

Sailors from Marine Corps Air Station Cherry Point took to the volunteer spirit by teaching and certifying students at West Carteret High School in Morehead City, N.C., in cardiopulmonary resuscitation Dec. 11.

"We are always trying to get people to do community service here so we can expose the students to a wide variety of public relations," said Shammara Henderson, a physical education teacher with West Carteret High School. "After speaking with some representatives from Naval Health Clinic Cherry Point, we decided it would be a great idea to have some of their medical staff teach our students CPR."

Petty Officer 1st Class Michelle Woodring and Petty Officer 2nd Class Don Lyle, both corpsmen with Naval Health Clinic Cherry Point, jumped at the opportunity.

"I was really interested in helping out," said Woodring. "Normally I teach CPR to Marines in the Department of Staff Education and Training, and I thought this would be a great way to spread that knowledge to our youth."

See VOLUNTEER page A4

Marine recognized for helping elderly

CPL. STEVEN CUSHMAN

MCAS CHERRY POINT

Sgt. Justin Studler, an air traffic controller with Headquarters and Headquarters Squadron was recognized Dec. 7, for volunteering at Britthaven of Havelock, a nursing home near Marine Corps Air Station Cherry Point.

Studler began volunteering at Britthaven during January 2006 and has since assisted the facility by setting up, decorating, participating and cleaning up for more than 75 events including National Nursing Home Week, weekly bingo, Hawaii Day, Independence Day, Memorial Day, St. Patrick's Day, sock hops, Halloween parties and Christmas parties.

"Studler takes the time and patience to talk with and care for residents that are sometimes difficult to deal with and he does not shy away from the hard cases," said Ruby Kessinger, the activity director for Britthaven of Havelock. "On occasion he has stopped by Britthaven just to chat and follow-up with a resident that needs cheering up."

One notable event that Studler directly helped was the Valentine's Day Sweetheart Dinner and Dance. "Upon hearing that Britthaven had limited response to the event, Justin recruited 18 fellow Marines who all showed up in Dress Blues," said Kessinger. "The Marines were directly responsible for the success of the event. During the dinner and dance the residents got to pick their escorts for the event. Their smiles and joy was overwhelming."

"I started volunteering at Britthaven after I'd been at Cherry Point about a month," said Studler, an air traffic controller. "I was at work one day looking for ways to volunteer. Ruby Kessinger had sent an e-mail looking for volunteers to come to Britthaven,



Sgt. Justin Studler is presented with a letter of appreciation from Britthaven of Havelock, Dec. 7, for his volunteer efforts at the nursing home. Studler is an air traffic controller with Headquarters and Headquarters Squadron.

since then I've been coming once a week."

Although Studler has led from the front in volunteering efforts, he hasn't been the only Marine to help at Britthaven. There are always at least a few who show up weekly to play bingo with the residents and anywhere from seven to 20 volunteers head for the nursing home to help out for special events.

On Nov. 24, about 15 volunteers showed up to help decorate the facility for Christmas, said Chip Sellers, the administrator with Britthaven of Havelock.

See STUDLER page A4

CHAPLAIN CHAT: *Foot soldiers win wars*

LT. JOHN E. MCKINNEY

MAG-14 CHAPLAIN

When we each consider our relative importance in the world and how much influence we have, it seems quite small. Is that really true? Are we just tiny fish in a huge ocean, just one small cog in a giant machine, just one more Marine?

One of my favorite verses in the Bible is Colossians 4:11 which says, "... Justus, also sends greetings. These are the only Jews among my fellow workers for the kingdom of God and they have proved a comfort to me." (New International Version) Now this is Justus' only mention in Scripture and we know nothing else about him so is he unimportant? Was his life of no value?

He was just a foot soldier for the cause of the Gospel that the Apostle Paul was preaching and teaching.

He was important to Paul, that is why he is mentioned and being discussed in this article 2,000 years later.

His is the example that the foot soldier is the one who actually will win the battle.

I remember the stirring portrayal of Gen. George S. Patton in

"Justus, also sends greetings. These are the only Jews among my fellow workers for the kingdom of God and they have proved a comfort to me."

Colossians 4:11

New International Version Holy Bible

the movie "Patton" and reading about how effective a general he was but, in actuality, Patton didn't win his battles – his soldiers did.

The Marine aces of the South Pacific flew and fought valiantly but it was the foot soldiers of the Cactus Air Force that fixed and fueled the planes and defended Henderson Field that won the air battles of the Solomon Islands.

My church before I came back into the Navy was just a few miles from Bedford, Va., a tiny town who had nine nameless (but not to them) boys fall on Omaha Beach on D-Day.

Wars are won by men and women who will never receive a medal or have books written about them.

Wars are won and jobs are done by having faith that the job we are doing is important and worth doing and knowing that God is in his heaven and he knows of our sacrifice and in that knowledge we have a sense of rightness and peace.

We may be just a Justus, just another Marine, just another cog in the machine, but there is no "just" about it.

We each make a difference to our Corps, to our nation, to our fellow Marines.

Scuttlebutt

LANCE CPL. DOUG PAYNE

WHAT WAS YOUR NEW YEAR'S RESOLUTION?



"To be more dedicated in church. I think it's good to be more spiritually fit."

GUNNERY SGT. LISA GOOD
H&HS



"My resolution is to be a better Marine and help out my family."

LANCE CPL. DEMARCO JOHNSON
MAG-14



"To be healthier. I like to work out and I haven't had time for it lately."

CPL. CHRISTOPHER JONES
VMGR-252



"To quit smoking. It's just a horrible habit."

CPL. JASON SOBEE
MWCS-28



"To lose weight. I think I got fat over the holidays."

CPL. MATTHEW SCOTT
MWCS-28

CHAPEL SCHEDULE

Catholic Mass

Sunday, 9 a.m.
Tuesday, Wednesday and
Friday, 11:45 a.m.

Contemporary Praise/Worship

Sunday, 11 a.m.

Holy Communion (Lutheran/Episcopal)

Sunday, 9 a.m.

Jewish Lay Leader

Capt. Jason Rubin
633-4437

Islamic Lay Leader

Pfc. Khalifah Muhammad
466-5115

Wednesday Night Bible Study

7 p.m.

Coming Next Week:

Special Olympics held at air station commissary



A student from the Center for Naval Aviation Technical Training pushes Raymond Harrison in a shopping cart during the scavenger hunt portion of the Special Olympics, Jan. 8., at the commissary. See next week's paper for the full article.

SGT. JASON BLAKE

Job title: 2111 – SMALL ARMS REPAIR TECHNICIAN

Unit: MWSS-271

Hometown: WINDSOR, MASS.

Age: 22

Date joined: JUNE 6, 2004

What is your job?

I fix and maintain the weapons for our unit.

What's your favorite aspect of your job?

I enjoy working on the weapons because of the hands on experience.

What's the most challenging part of your job?

The most challenging part is working with all different types of Marines.

How does your job support the mission of 2nd MAW and MCAS Cherry Point?

We support annual rifle training for our unit by keeping the weapons in good working condition.

How does your job in garrison differ from your job in the field?

The only substantial difference is that I don't get to go home every night.

What schools are required for your job?

Small Arms Repair Technician School at Aberdeen Proving Ground, Md.

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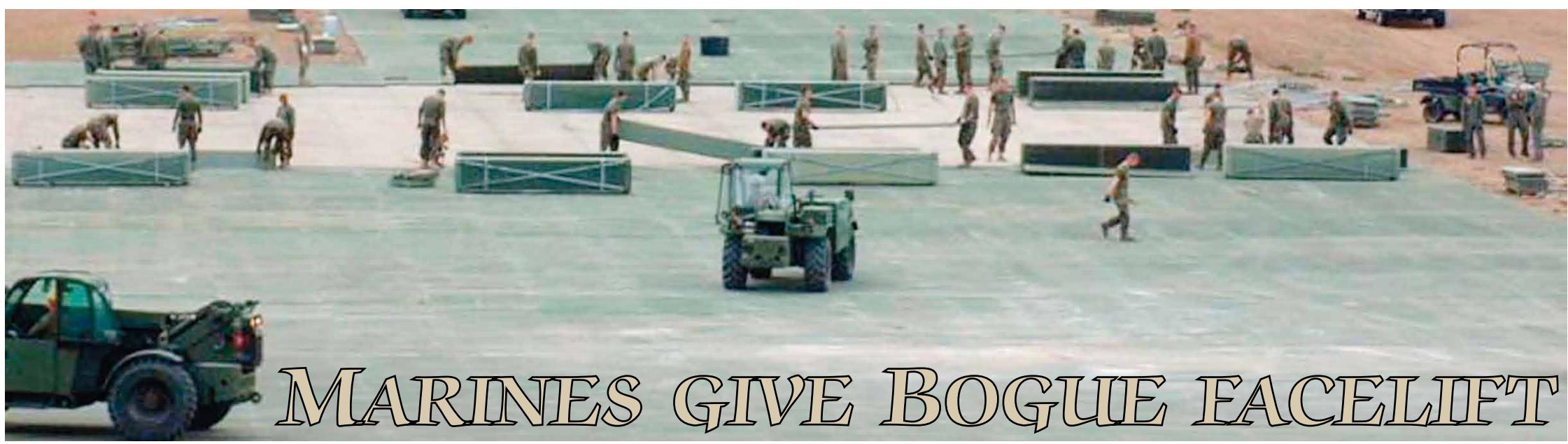
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MARINES GIVE BOGUE FACELIFT

MASTER SGT. JODY J. ROTH

LANCE CPL. DOUG PAYNE

MCAS CHERRY POINT

Marine Wing Support Squadron 271 finished a flight line matting project at Marine Corps Auxiliary Landing Field Bogue, Dec. 12.

The project was part of an effort to ensure Bogue Field meets the standards for its annual landing field recertification from Naval Air Systems Command.

"An inspector from NAVAIR recently came down to check the flight line's lighting, matting and markings for recertification," said Master

Sgt. Jody Roth, the staff non-commissioned officer-in-charge with MWSS-271's Expeditionary Airfields Platoon. "It was determined that in order for the landing field to pass certification, much of the matting had to be replaced."

MWSS-271's command immediately organized a week-long operation, bringing Marines from the squadron's airfield operations company and several other sections together to restore over one-third of the flight line surface.

Bogue Field is an 875-acre landing field, established in 1942, where it was used almost exclusively for dive bomber squadron training

during World War II. Today, it supports modern operations as a satellite airfield and is the Marine Corps' East Coast site for field carrier landing practice.

Each year, the air field supports about 3,500 FCLPs for AV-8B Harrier practice operations. It is also used for practice approaches by KC-130J Hercules from Marine Corps Air Station Cherry Point, FA-18 Hornets from MCAS Beaufort, S.C., and helicopters from MCAS New River.

With such an important role in supporting the Marine Corps' modern training requirements, the Marines at Bogue Field stress the importance of

maintaining the air field.

"One of our main concerns is always the safety of the runway," said Warrant Officer Joseph Whitebear Jr., the EAF and Airfield Rescue and Firefighting officer. "If the surface isn't maintained, the non-skid element will wear off, which can be a safety hazard for aircraft operations."

An average of 60 Marines were involved in the project on a day-to-day basis, removing old matting and installing new matts. Overall, more than 730 pallets of matting were replaced, amounting to a surface area of about 320,700 square feet.



Sgt. William E. Stough, with Marine Wing Support Squadron 271 Motor Transportation, helps remove old matting, Dec. 12.

LANCE CPL. DOUG PAYNE



(Left to right) Lance Cpl. William Tilley, Pfc. Robert Cook, Cpl. Dustin Shirk and Cpl. Dennis Roelke pull up matting at Marine Corps Auxiliary Landing Field Bogue. Their hard work was part of an effort to ensure Bogue Field meets the standards for its annual landing field recertification from Naval Air Systems Command.

LANCE CPL. DOUG PAYNE

Cpl. David Shrek (left) helps Cpl. Cody Gonzales (right) lift a sheet of matting. Shrek is a refueler with MWSS-271 and Gonzalez is the runway supervisor with MWSS-271.



LANCE CPL. DOUG PAYNE



Two Marines wear fire suits for protection while cutting matting to fit perfectly on the surface, ensuring no cracks are left on the ground.

MASTER SGT. JODY J. ROTH

A team of MWSS-271 Marines work together to prepare the surface.



MASTER SGT. JODY J. ROTH

QUICK FACTS:

- An average of 60 Marines were involved in the project on a day-to-day basis
- Overall, more than 730 pallets of matting were replaced
- The finished area encompassed about 320,700 square feet
- Bogue Field is an 875-acre landing field, established in 1942
- The project was part of an effort to ensure Bogue Field meets certification standards

LEGAL NEWS:

CAPT. AMELIA J. GRIFFITH

JOINT LAW CENTER

Before the holiday period I addressed what happens when children inherit property under your Will. But what if you've listed your children as the beneficiary of your Servicemen's Group Life Insurance?

Active duty servicemembers are automatically enrolled in SGLI at the maximum amount of \$400,000, unless they elect otherwise. For many of us this is the largest single asset we will pass on to our surviving family members. Life insurance proceeds cannot be paid out directly to a child. So, who can receive SGLI proceeds on behalf of a child?

Consider the following scenario: Sgt. Lee lists his wife as the primary beneficiary to his SGLI and his son as the contingent (secondary) beneficiary. Unfortunately, Sgt. Lee and his wife are subsequently killed in a car accident. Sgt. Lee's seven year old son is now the sole beneficiary of his father's SGLI. The Office of SGLI will not pay the insurance proceeds directly to Sgt. Lee's son. An appointed guardian of the property, trustee or custodian is required before OSGLI will pay anything out.

If Sgt. Lee nominated his sister as the guardian of the property in his Will, a court will strongly consider this and most likely approve her appointment. However, there will still be a delay in paying out the proceeds. It may take several months for Sgt. Lee's Will to be reviewed by a judge and his sister's appointment as guardian approved. She will then have to submit a claim for benefits form to OSGLI and provide proof of her court appointment. Only then will OSGLI pay the proceeds to her as the guardian. The same delay would also occur if Sgt. Lee had instead created a Trust in his Will, naming his sister as the trustee.

SGLI PAYOUT TO A CHILD, BE

PREPARED FOR A DELAY

What if Sgt. Lee died without a Will? This could result in a significant delay in the payment of the SGLI proceeds to his son. A guardian of the property will have to be appointed through the court system. This will be both time consuming and costly. The amount of the insurance actually paid out may be reduced by the payment of court costs, attorney fees and expenses incurred in appointing a guardian of the property.

Is there anything Sgt. Lee could have done to avoid such complications and expense? Yes, Sgt. Lee could have named a custodial account as the beneficiary of his SGLI rather than his son directly. In a custodial account, Sgt. Lee's son owns the money, but a pre-appointed adult (a custodian) manages it until he reaches the age of majority (18 years of age in most states). There would be no delay in paying out the SGLI proceeds to the custodian. Setting up a custodial account doesn't require any court involvement. It can be done quickly and easily through most banks and financial institutions.

The bottom line: if you list your children as the beneficiary of your SGLI without a pre-appointed custodian be prepared for some delay in the pay out of the insurance funds. If you think your children will need fast access to the funds for their benefit, consider talking to a legal assistance attorney about setting up a custodial account.

Legal assistance is located at the Joint Law Center, Bldg. 219. We have walk-ins for up to six clients each morning at 8 a.m. Appointments are made each Thursday morning at 466-2311 for the following week. For more information, please visit our Web site: <http://www.cherrypoint.usmc.mil/MCSCP/SJA/legalasst/legalasst.asp>

POST from page A1

knowledge with these Marines," he said.

Prior to assuming the post of sergeant major of VMAQ-1, Pyland served as the Marine Attack Training Squadron 203 sergeant major and prior to that he was the Senior Enlisted advisor for the Inspector and Instructor Staff, Lansing, Mich.

To the Marines of VMAQ-1, Pyland said, "I look forward to serving with you and continuing the great things the squadron has already accomplished."

VOLUNTEER from page A1

The purpose of CPR is to provide a combination of chest compressions and rescue breaths to victims thought to be in cardiac arrest.

The students' curriculum followed the guidelines of the American Heart Association's CPR for lay rescuers. Commonly referred to as heart saver CPR, the program is focused on teaching adult CPR to individuals with no medical background.

The instruction focused on practical application of CPR techniques, including scene safety, checking for normal breathing, head-tilt and chin lift techniques on practice dummies.

"I think everything went really well," said Henderson. "The corpsmen broke it down for the 9th graders and were able to provide extra help to some of them."

Woodring said she was happy to see the students catch on to the first-responder training.

"It was a good experience," said Woodring. "I hope they can take their new skills out into the community and help someone."

STUDLER from page A1

"Marines are known to be rough and tough, but they have shown that they are also helpful and caring," said Kessinger.

"The Marines from H&HS ATC have shown through their many, many hours of contributions that even U.S. Marines can have soft hearts and helping hands," said Sellers.

Scholarship opportunities for military family members

SPECIAL TO THE WINDSOCK

MCAS CHERRY POINT

The Coastal Carolina Chapter of the Military Officers Association of America is offering five \$1,000 scholarships to qualifying students for the 2008-2009 school term.

To be eligible for a scholarship, the applicant must be a dependent of an active duty military member who is permanently assigned to a military organization within Craven, Carteret, Jones, or Pamlico County or be a dependent of a retired service member who resides in one of the above counties.

Deployed military personnel must be permanently assigned to a military organization within the above four county area.

An applicant must complete the 12th grade and receive a diploma and be accepted by a four-year

college or university; or be currently enrolled at a four college or university; or be enrolled in his first or second year at a community college with the declared intent to transfer to a four college or university.

Applicants may attend any accredited college, university or community college in or out of state.

For complete eligibility requirements, application and other details, see a high school counselor, community college financial assistance department or write to: Chairman, Scholarship Committee, CCC-MOAA, P.O. Box 373, Havelock, NC 28532.

Applications are also available at the CCC/MOAA web site <http://ccmoaa.org/ccmoa/default.htm>.

Applications must be postmarked no later than April 5.

**WANTED:
A FEW GOOD STUDENTS!**

Honoring Marines by Educating Their Children™

YOU QUALIFY IF YOU ARE ...

- the son or daughter of a Marine on active duty or in the Reserve, retired or deceased; the son or daughter of a Marine or Marine Reservist who has received an Honorable Discharge, Medical Discharge, or who was killed while in the service of our country; the son or daughter of an active duty, Reserve, or former U.S. Navy Corpsman who is serving, or has served, with the U.S. Marine Corps

AND YOU ARE ...

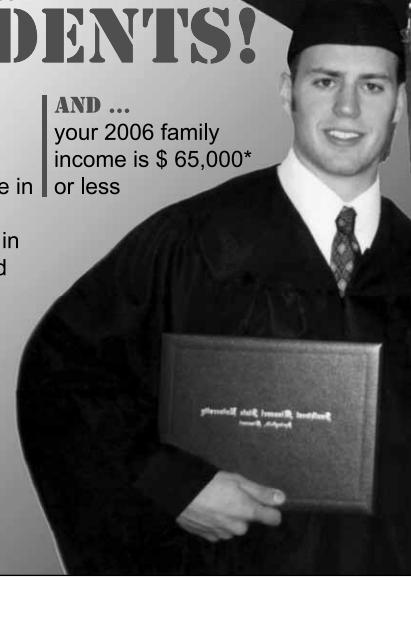
- a senior in high school; a high school graduate currently enrolled as an undergraduate in an accredited college or university; currently enrolled in a post high school accredited vocational/technical school

AND ...

- your 2006 family income is \$ 65,000* or less

**SCHOLARSHIPS
RANGE ANNUALLY
FROM
\$500 TO \$10,000**

*the limit increases if siblings also apply



Harvard offers free tuition

Harvard University announced that from now on, undergraduate students from low-income families will pay no tuition. If you know of a family earning less than \$60,000 a year with an honor student soon to graduate from high school, Harvard University wants to pay the tuition. The prestigious university recently announced that undergraduate students from low-income families can go to Harvard for free, no tuition and no student loans.

To find out more about Harvard offering free tuition for families making less than \$60,000 a year, visit Harvard's financial aid website: <http://www.news.harvard.edu> or call the school's financial aid office at (617) 495-1581.

MOAA base/post scholarship program opens

The Military Officers Association of America officially opens this year's Base/Post Scholarship Program on Nov. 15, and will be offering individual \$1,000 grants to 25 dependents of active duty personnel worldwide.

Application is via the MOAA Web site <http://www.moaa.org>. Choose "Services," then "Educational Assistance" to find the online application. Follow the easy instructions for the multipurpose scholarship application. Deadline for submission is noon March 1.

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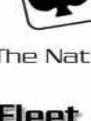
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Thursday, January 10	Runtime
6:00pm - Mr. Magorium's Wonder Emporium G	1:34
Friday, January 11	
5:00pm - Enchanted PG	1:48
7:00pm - Hitman R	1:33
Saturday, January 12	
4:00pm - Mr. Magorium's Wonder Emporium G	1:34
6:00pm - Enchanted PG	1:48
8:00pm - Hitman R	1:33
Sunday, January 13	
3:00pm - Hitman R	1:33

MOVIE SYNOPSIS

Mr. Magorium's Wonder Emporium - Mr. Magorium's Wonder Emporium is the strangest, most fantastic, most wonderful toy store in the world. In fact, it's a magic toy store and everything in it comes to life—including the store itself. The emporium asks only one thing of its customers—you must believe to see it. Starring: Dustin Hoffman, Natalie Portman, Jason Bateman, Zachary Mills, Ted Ludzik.

Hitman - The "Hitman" is a genetically-engineered, elite assassin known only as Agent 47. His hallmarks are lethal grace, unwavering precision, and resolute pride in his work. But even 47 couldn't anticipate a "random equation" in his life exactitude: the unexpected stirrings of his conscience and the unfamiliar emotions aroused in him by a mysterious Russian woman. Starring: Timothy Oliphant, Dougray Scott, Olga Kurylenko, Robert Knepper, Ulrich Thomsen.

Enchanted - The tale follows the beautiful princess Giselle as she is banished by an evil queen from her magical, musical animated land—and finds herself in the gritty reality of the streets of modern-day Manhattan. Shocked by this strange environment that doesn't operate on a "happily ever after" basis, Giselle is now adrift in a chaotic world badly in need of enchantment. But when Giselle begins to fall in love with a charmingly flawed divorce lawyer who has come to her aid—even though she is already promised to a perfect fairy tale prince back home—she has to wonder: can a storybook view of romance survive in the real world? Starring: Amy Adams, James Marsden, Idina Menzel, Susan Sarandon, Patrick Dempsey.

Affiliated Medical Group

DR. DAVID AHLBERG, PSYCHIATRIST

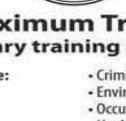
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- Fire Science
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Shaken Baby Syndrome, never shake a baby

SPECIAL TO THE WINDSOCK

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Shaken Baby Syndrome, which may result in severe brain trauma, is caused when a child is violently shaken such that the head is subjected to back and forth motion in one or more directions resulting in rapid repeated severe acceleration and deceleration of the head. The medical literature and ongoing research around the world have characterized shaken baby syndrome as well as other forms of accidental and non-accidental injury. Activities involving an infant or a child such as tossing in the air, bouncing on the knee, placing a child in an infant swing or jogging with them in a back pack, do not cause the brain, bone, and eye injuries characteristic of shaken baby syndrome.

The National Center on Shaken Baby Syndrome recognizes and supports positions offered by The American Academy of Pediatric and the National Association of Medical Examiners in reference to the mechanisms that cause shaken baby syndrome. The forces required are distinctly different than those

sustained by children in the activities previously described or in short falls. The American Academy of Pediatrics Technical Report on shaken baby syndrome reads:

The act of shaking leading to shaken baby syndrome is so violent that individuals observing it would recognize it as dangerous and likely to kill the child. Shaken baby syndrome injuries are the result of violent trauma. The constellation of these injuries does not occur with short falls, seizures, or as a consequence of vaccination. Shaking by itself may cause serious or fatal injuries. In many instances, there may be other forms of head trauma, including impact injuries.

Thus, the term shaken/slam syndrome (or shaken-impact syndrome) may more accurately reflect the age range of the victims (who are not always babies) and the mechanisms of injury seen. Such

shaking often results from tension and frustration generated by a baby's crying or

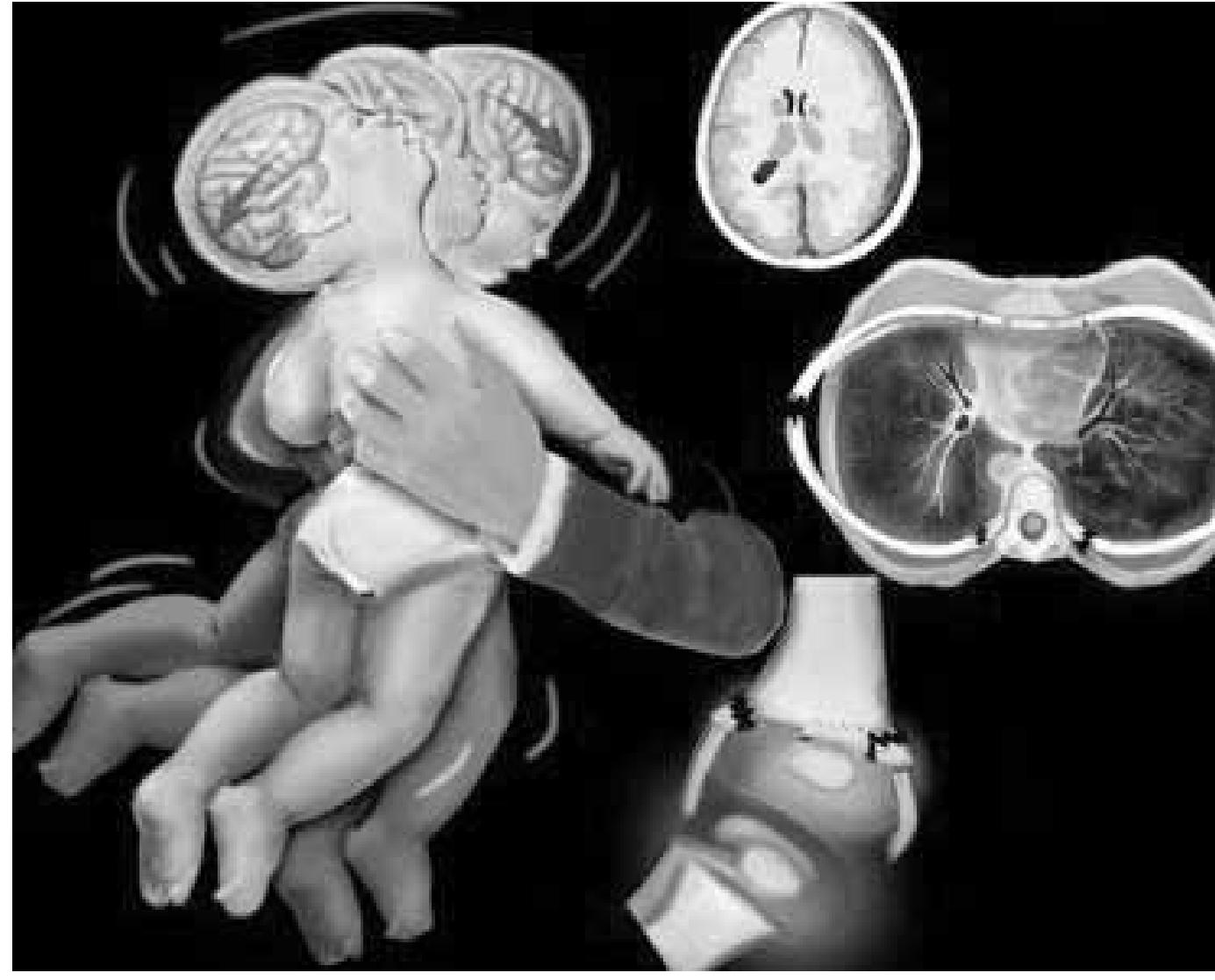
irritability, yet crying is not a legal justification for such violence. Shaken baby syndrome awareness programs that erroneously state that shaken baby syndrome may be

caused by bouncing a child on a knee, by tossing him in the air, or even by rough play are to be discouraged, because they are inaccurate and may cause parents who have not abused their child to feel guilty, according to the American Academy of Pediatrics.

Additionally the National Association of Medical Examiners Ad Hoc Committee on Shaken Baby Syndrome states, experts in many scientific fields have investigated whether such apparently innocent practices as tossing a baby into the air and other playful maneuvers might cause brain damage by a similar shaking mechanism. Currently, it is generally accepted that such playful practices do not result in injuries to the young child's brain.

The type of shaking that is thought to result in significant brain injury involves holding the child by the thorax or an extremity and violently shaking the child back and forth, causing the head to forcefully whiplash forward and backward with repeated accelerations and decelerations in each direction.

Having a young child can be a very joyous event, but it can also be very emotionally, mentally and physically taxing. It is never permissible to violently shake a baby.



Battered child syndrome, shaken infant syndrome, stress-related infant abuse and non-accidental trauma are all terms to describe the complex of non-accidental injuries in infants and young children as a result of abuse. The term shaken infant syndrome probably best describes the classic pattern of injuries. The child is held around the chest and violently shaken back and forth.

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11:00 am PLUNGE

11:30 Plunger awards





SGT. ALEC KLEINSMITH

As part of a fire and movement exercise near Djibouti, Africa, Leathernecks with 2nd Platoon, Alpha Battery, 3rd Low Altitude Air Defense Battalion, move into position after exiting a CH-53 helicopter at Range TC-11 Dec. 26.

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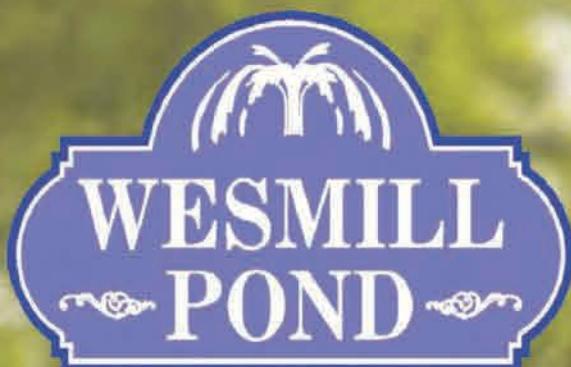
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Corps News

Section B

January 10, 2008

3/5 back in Fallujah, participates in rebirth of once deadly city



CPL. RYAN M. BLAICH

II MEF (FWD)

FALLUJAH, Iraq – It is hard to imagine someone never hearing of this city or of the house-to-house fighting that has taken place here since the war began. U.S. military officials called it “the heaviest urban combat since the battle of Hue City in Vietnam,” nearly 40 years ago.

During the early winter months of 2004, Fallujah was at the center of a joint U.S. military and Iraqi offensive against insur-

gents led by Marines of I Marine Expeditionary Force. Prior to the offensive operation inside the city limits on Nov. 7, there hadn’t been a U.S. military presence since April 2004. This gave insurgents time to build up defensive positions, booby trap houses, plant roadside bombs and scope out sniper positions from towering mosques. This made Fallujah overwhelmingly dangerous and deadly, and for more than a month, Marines and Iraqi commandos battled in the fiercest skirmishes this war has seen.

The operation, known as Al Fajr, “the dawn” in Arabic, ended Dec. 23, 2004. Now, three years later, some of the same Marines who were a part of the devastating clashes are back, this time to rebuild the city and help locals who have recently begun moving back into their homes.

Arriving less than three months ago, Marines of 3rd Battalion, 5th Marine Regiment, Regimental Combat Team 6, are back

See **FALLUJAH** page B2

CPL. RYAN M. BLAICH

Cpl. Sergio Zacarias, 22, infantryman, Company I, 3rd Battalion, 5th Marine Regiment, walks in front of a new medical clinic in the northwestern section of Fallujah recently. Many facilities such as these are providing a better way of life for the local populous which is moving here from throughout the Anbar province.

3/3 Marines lead Iraqis to overcome differences for greater good



PFC. BRIAN D. JONES

2ND MAR DIV (FWD)

ZAIDON, Iraq – “I would unite with anybody to do right and with nobody to do wrong.”

These are famous words by Frederick Douglass speaking about overcoming struggles in the progress for human liberty. More than a century later, these words may express the sensitivity of how Iraqis feel toward their struggle for a better future.

Iraqi Police students waited for their instructor’s commands to be translated by the interpreter. The instructions were to work as a team and depend on the cohesion of one another’s strength and cooperation to execute a physical exercise. This was a challenge set forth for the students to help them rise above their past of ill feelings toward one another that separated them, keeping them from working together to achieve a common goal.

“They’re civilians that have been guarding checkpoints for months and

See **OVERCOME** page B3

VMA-542 practices inclement weather landings



CPL. RYAN JACKSON

Lt. Col. John Sisson, the Marine Attack Squadron 542 commanding officer, acts as the landing site supervisor for a pilot making a rolling vertical landing, Nov. 16. The RVL is a type landing used during inclement weather or to land at an expeditionary landing site such as a road or aircraft carrier.

CPL. RYAN JACKSON

2ND MAW (FWD)

AL ASAD, Iraq – While the AV-8B Harriers may be used to deploy precision guided munitions, the Marines in the driver’s seat are working on their precision guiding Harrier abilities.

The pilots of Marine Attack Squad-

ron 542 continuously support missions and troops on the ground, but set some time aside to sharpen their rolling vertical landing skills, Nov. 15-17.

The RVL is used if there are high crosswinds, anything above 20 knots,

See **WEATHER** page B3



CPL. ROBERT S. MORGAN

Students wait outside a school near Abu Hazim Dec. 8 where Marines and Sailors of Military Transition Team 1-3-1 and the soldiers of 1st Battalion, 3rd Brigade, 1st Iraqi Army Division, keep an eye out for trouble. MTT 1-3-1 is currently deployed within Iraq’s Al Anbar Province to help develop Iraqi Security Forces, facilitate the development of official rule of law through democratic government reforms and continue the development of a market based economy centered on Iraqi reconstruction.

Iraqi, U.S. servicemembers reach out to Abu Hazim

CPL. ROBERT S. MORGAN

2ND MLG

ABU HAZIM, Iraq – Iraqi troops with 1st Battalion, 3rd Brigade, 1st Iraqi Army Division and their American counterparts reached out to this small, farming community north of Khaldiyah Dec. 8, to provide school supplies, toys, candy and other miscellaneous items.

The purpose of the operation was to interact with the local community, focusing their efforts on the youth.

The Iraqi soldiers also provided security for the event, while Marines and Sailors of Military Transition Team 1-3-1 advised them on the best methods to conduct the operation.

Iraqi Army-led operations are now commonplace within Al Anbar Province as Iraqi military leaders begin to take the reigns from Coalition Forces. A sense of normalcy and security is beginning to return to what was once a hotbed for the insurgency. Attacks on Iraqi and coalition security forces are at an all time low in the area, a direct result of the battalion’s actions in their



CPL. ROBERT S. MORGAN

Students wait outside a school near Abu Hazim Dec. 8 where Marines and Sailors of Military Transition Team 1-3-1 and the soldiers of 1st Battalion, 3rd Brigade, 1st Iraqi Army Division, keep an eye out for trouble.

area of operations.

The Military Transition Team assigned to 1-3-1 is scheduled to redeploy after completing a seven month deployment. They served as advisors

working hand-in-hand with their Iraqi counterparts to create a better security force for the Iraqi government, all the while fostering a sense of brotherhood among Iraqi and American forces.

FALLUJAH from page B1

to finish what they started. Although there is a dramatic change in the way they carry out daily operations compared to Al Fajr, they remain focused on keeping the enemy out of the city.

"When I left (Fallujah) in 2003, I thought I would never be back again," said Capt. Stuart Glenn, commanding officer for Company I, 3rd Bn., 5th Marines. "But things changed for the worst with the insurgents. Just talking to the fellas before I had come back, I was expecting a much more kinetic fight. But rather than trying to find (the insurgents) constantly and destroy them, we're destroying their ability to operate in the city."

Within seconds of driving through the city, it is easy to see the proof of the past kinetic fights Glenn was expecting. Many of the buildings, residences and mosques flaunt the signs war. Most homes are scattered with bullet holes, sections of walls and mosques are gone, scorched vehicles still remain in alleyways and along the roadside. But like most of the Anbar province, this is all changing.

"In 2004, our main goal was clearing out the city and getting rid of all insurgent presence," said Sgt. Mario Tabarracci, an infantryman and a squad leader with 2nd platoon. "Now, the whole war has pretty much changed. I mean I haven't even fired a shot yet and it's been almost three months. There is not much insurgent activity going on. We're just here to make the Iraqi people welcome us more and start rebuilding the city."

Before the battle during 2004, Fallujah was known as the city of mosques, with more than 200 spread throughout the city. Just before the initial invasion, there were an estimated 400,000 residents here. Many packed up and left as Marines began to prepare for battle in the rural, desert communities outside of the town. Those who stayed were assumed to be insurgents and were engaged as such.

Sgt. Cody Turpen, 22, a squad leader with 3rd platoon, was here three years ago as a lance corporal. As part of an infantry unit deployed to Fallujah, Turpen knew he'd see combat. He knew it was going to be tough to clear out a city full of terrorists. Even now, Turpen finds it difficult to describe what those days were like.

"I don't know. Just, every day, there were battles every day," he said. "We didn't know what was going to happen day to day. There could be some guy in a house waiting on us. It just changed every day throughout our deployment."

As Turpen, a serious, stocky Marine, tried to think of words to portray that time in his life, he focused on the pavement a few feet in front of him. And for a moment, he fell silent and slowly shook his head back and forth. His eyes seemed to reflect muzzle flashes, men shouting, and the sweaty faces of close friends.

Turpen is a recipient of the Purple Heart. Shortly after entering the city during Al Fajr, Turpen was shot in his right leg while reloading his weapon. The wound did not hit any major arteries or bones and he was back in the fight within two weeks. Before the end of the operation, Turpen was hit a second time in his lower back by shrapnel from an enemy grenade.

This company, known as India, is full of war-hardened Marines, such as Turpen and Tabarracci. Combat veterans who are now team



Lt. Col. Christopher Dowling (center), battalion commander for 3rd Battalion, 5th Marine Regiment, walks with other Marine leaders among a crowd of Iraqis at a recent mini-swarm on the outskirts of the city. Hundreds of villagers gathered as Marines supplied identification cards and perishable goods to the peaceful people of this northwestern area of Fallujah.

CPL. RYAN M. BLAICH

and squad leaders. Their past experiences make them invaluable to younger Marines on their first deployment, to the innocent Iraqi civilians going on with their lives, to commissioned officers who have many fragile projects to think about, and to the entire battalion with a staunch reputation to uphold.

"It's a tremendous weight these Marines bare every day, understanding they are in a very complex environment. They have to go from handing out candy to shooting 7.62 down range with their 240 (Golf) in a heartbeat," said Glenn. "That's pretty tough for an 18, 19-year-old kid."

The environment here is calm. The explosions and pop shots are few and far between these days. Now when Marines walk down the streets, they are attacked by children wanting attention, not terrorists.

This summer saw the first significant numbers of families moving back into their homes. Today, more than 300,000 Iraqis have moved back into the city. The security is at such a high, leaders from both sides are able to concentrate on the quality of life for the peaceful Iraqi people. From small services such as more trashcans on the streets to larger projects like reopening old cemeteries, building new water towers and rebuilding destroyed businesses, this battalion is working all day, every day to show the people of this diverse city

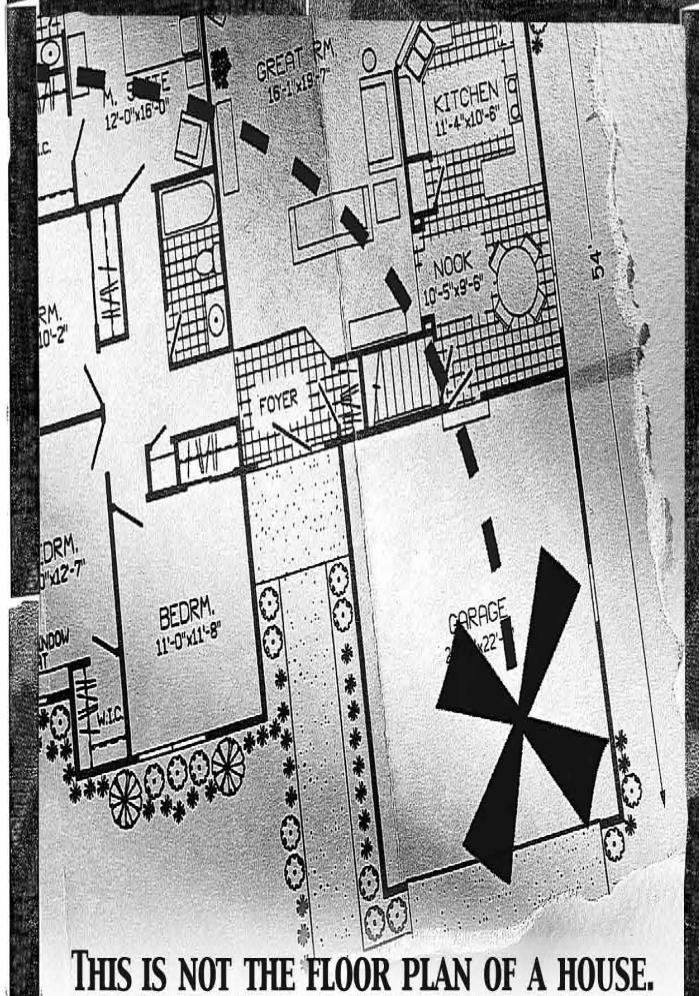
they are here to help.

To Glenn, getting the locals to understand the Marines' true intent is tremendously important.

"(The civil affairs group) has rebuilt mosques, which I think is incredible," he said. "It tells the people, 'You know what, we're not at war with Islam. We respect that religion. As a matter of fact we want to rebuild your mosques because we respect what religion does for a culture.'"

Most Marines believe it is this cooperation and relationship with the locals in communities throughout the Anbar province that has kept terrorists out and causalities down. Keeping the peace while operating with stealth vigilance is what Marines are adapting to. Not everyone is an enemy, but the enemy seems to wait and attack when least expected.

"There is still a threat these Marines operate in," Glenn said. "To me, that's just as courageous as the guys who were rolling through here, which many of these guys in this company did, in 2004. Every day these guys go out and there's a threat and they can't operate like there's a threat in regards to the way they treat the people and the interaction they have to do in the street. It takes a lot of courage for these guys to go out and do what they do knowing there is somebody out there that wants them dead."



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OVERCOME from page B1

are looking for some recognition," said 1st Lt. Todd Richardson, a platoon commander with Weapons Company, 3rd Battalion, 3rd Marine Regiment, Regimental Combat Team 6. "They're looking for some actual authority as opposed to just being civilian watch and they're finally getting their chance."

Marines with Weapons Co. graduated 59 newly trained Iraqi policemen in Zaidon, Iraq, Dec. 20, after they reconciled tribal differences among their students.

Early on in the training, the Marines realized they would have to put forth an extra effort in building camaraderie among the class. They needed their Iraqi students to overcome their social differences that were causing disruptions. They relied on teamwork building exercises that required their students to set aside their differences.

Arguments interrupted the first day of instruction, almost leading the instructors to immediately fail students, a loss neither the Marines nor the police force wanted.

"I don't understand Arabic, but I understand complaining," said 26-year-old Ocala, Fla., native, Sgt. David R. Dahl, a chief instructor.

"It started out with a few hitches in the beginning," said Dahl. "There were tribal differences and things of that nature. They were put into situations where they were forced to be next to people they didn't like. Either they were going to be a team or they weren't going to be apart of this."

"You're still a member of your tribe and you're still a member of your community, but you're not going to worry about your tribe and community as much as you're going to worry about the country as a whole," Dahl told his students.

Throughout a period of six training days the Marines taught their students a wide range of professional security force skills from marksmanship and detainee handling to human rights and

medical aid.

All the Marines agreed there were moments their blood pressure rose, but they were glad to be teaching the students things they may not get a chance to learn anywhere else.

"Training was condensed into long hours leaving them little free time, which was good because it kept them focused on what they were doing," said Dahl. "They were physically training, studying or sleeping. They weren't given anytime to think about anything else."

Discipline was on display from the Marines. Proficient execution of technique was shown. The Marines hoped the Iraqis would pull together and emulate their actions.

"The Marines actually came together really well on it and worked hard," said Dahl. "Every Marine was very professional on how they gave their class and they were very hands on with them. When it was their time to go in front of the Iraqis they were experts on what they were talking about."

As Dahl taught a class in detainee handling, he showed the class techniques to take down a resisting detainee. One student challenged him saying the moves wouldn't work on him. Dahl offered him the chance to stand before the class and demonstrate his resistance to what Dahl had shown them. In a short few seconds, the student found himself on the ground restrained with a surprised look on his face to be proven wrong. The whole class sat there, admiring the skills of their instructor.

Dahl said he and other instructors would sit the students down after a long day of classes and speak with them to make sure the students appreciated the magnitude of their situation and the new responsi-



PFC. BRIAN D. JONES
Iraqi police students intently listen to instructions before taking their weapons on a rifle range on Camp Fallujah, Dec. 18.

bilities the students would take on upon graduating as police.

"I had a lot of talks with them about the importance of what they're training for and the responsibilities that come along with the job," said Dahl. "The change in their life they will have to make now and how they're going to have to set examples for their community. They're going to have to hold themselves above everyone else and do what is right for everyone, not just for themselves and their family."

Dahl said they seemed to fully understand what he was stressing. He wanted them to know that this job meant more than just a paycheck to support their families, it was a chance to unite as a stronger force for the protection that would serve a greater and less selfish cause.

Dahl admitted he didn't really believe it was going to work at first because of how argumentative the students were among each other, but in the end he said he was satisfied with the result.

"We have seen a difference in them," said Dahl. "They're working together and they're trying to accomplish everything without any arguments. I think it was good for them and they learned a whole lot from it. It gave them such a focused look at it that I think they've made a dramatic change."

After completing the course, the students graduated as the newest addition to Zaidon's police force. With diplomas in hand, they each extended heart felt congratulations to one another and thanked their instructors.

WEATHER from page B1

on the flight line. During this landing, the pilots land on a taxiway which is only about 3,500 feet long, much shorter than the 15,000 foot comfort zone they normally land on.

"The purpose of the rolling vertical landing is for landing at expeditionary sites or in case of inclement weather," said Lt. Col. John Sisson, the squadron's commanding officer. "We'd only do the landing if the wind was pushing north, and if the wind was really bad we would divert to another airfield. Al Asad's primary runways lead the same direction. So, we're practicing landing on a taxiway leading a different direction as the primaries."

For a normal landing, the pilot approaches and lands at 90 knots. The rolling vertical landing is unconventional and the landing speed is 70 knots.

The RVL uses the same technique as a normal landing, but it requires a slower speed on lineup and landing.

The landing also requires the use of a landing site supervisor. The LSS stands near the landing zone and talks the pilot down.

"On an RVL, you're coming in steeper and you're looking for a certain spot to make a precise landing," said Capt. Brett Leffler, a VMA-542 pilot and training officer. "The LSS stands on the

center line so they can tell us if our lineup is good. They have seen it before so they can tell us if we're too steep, shallow or slow."

The LSS helps judge the lineup on the road or taxiway and makes correction calls. The LSS uses two radios. One is used to communicate with the aircraft control tower and the other can be used to talk directly to the pilot to give them a correction.

"The LSS is always a pilot with more experience," said Sisson. "They have to know what an aircraft should look like from the ground and what the aircraft's requirements are while coming in for a landing."

This landing is a greater work load because it requires the pilots to keep a much tighter flight pattern while landing.

"The first thing you think about for an RVL is that it's a smaller taxiway than you're used to," said Capt. Scott Shively, a pilot and personnel officer with VMA-542. "The lineup while landing becomes more critical to safely get the jet down. It's also more challenging because you have to follow a precise glide slope which is a steeper angle. In a real situation the wind would be a lot worse making the jet harder to control."

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- > We are able to accept photos submitted on CDs. We are unable to accept 3.25 computer disks. We cannot successfully use photos printed on inkjet printers.
- > A strong opening sentence invites readers to continue the story. Quotes make it more personal and interesting.
- > Provide both first and last name of everyone in the story. "Mrs. Smith's class..." is not enough. "Mary Smith's sixth-grade class..." is the correct reference.

HOW TO GET IT TO US

- > The deadline for articles and photos is noon the Friday before the next edition. Exceptions may be arranged, particularly if events occur over a weekend, by calling the newsroom ahead and making arrangements.
- > There are several ways to send your news to us:

e-mail: Send e-mails to Editor Pat Coleman at pcoleman@freedomenc.com. Please include the text of your article in the body of the e-mail, rather than an attachment.

Mail: Our address is P.O. Box 777 Havelock, N.C. 28532

Fax: 447-0897

Deliver: Our office is located at 230 Stonebridge Square, Havelock. We are open from 8 a.m. to 5 p.m. weekdays.

HAVELOCK NEWS
444-1999
230 Stonebridge Square
P.O. Box 777
Havelock, NC 28532
www.havenews.com



SGT. ANDREW D. PENDRACK

A Marine Corps UH-1N Huey helicopter crew chief scans the road below as his helicopter provides security for a coalition forces convoy in the Al Anbar province of Iraq, on Dec. 14. The helicopter and crew are assigned to Marine Light/Attack Helicopter Squadron 773.

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**New Bern Civic Theatre
Presents**



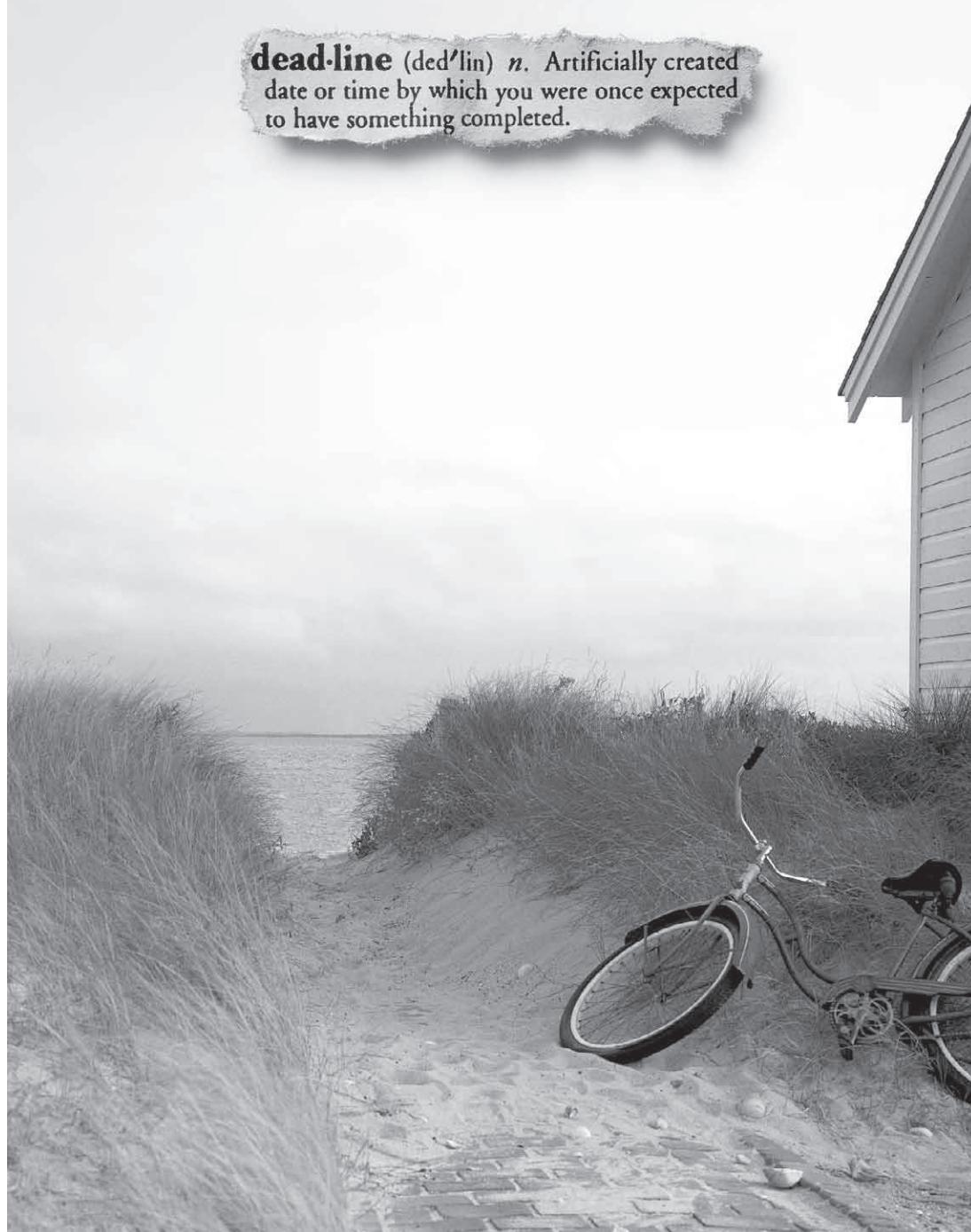
**2008 Season
Tickets Available!**

SHOW DATES:
Jan. 4, 5, 11, 12,
17, 18, 19 @ 8 p.m.
Jan. 6 & 13 @ 2 p.m.

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dead-line (ded'lin) *n.* Artificially created date or time by which you were once expected to have something completed.



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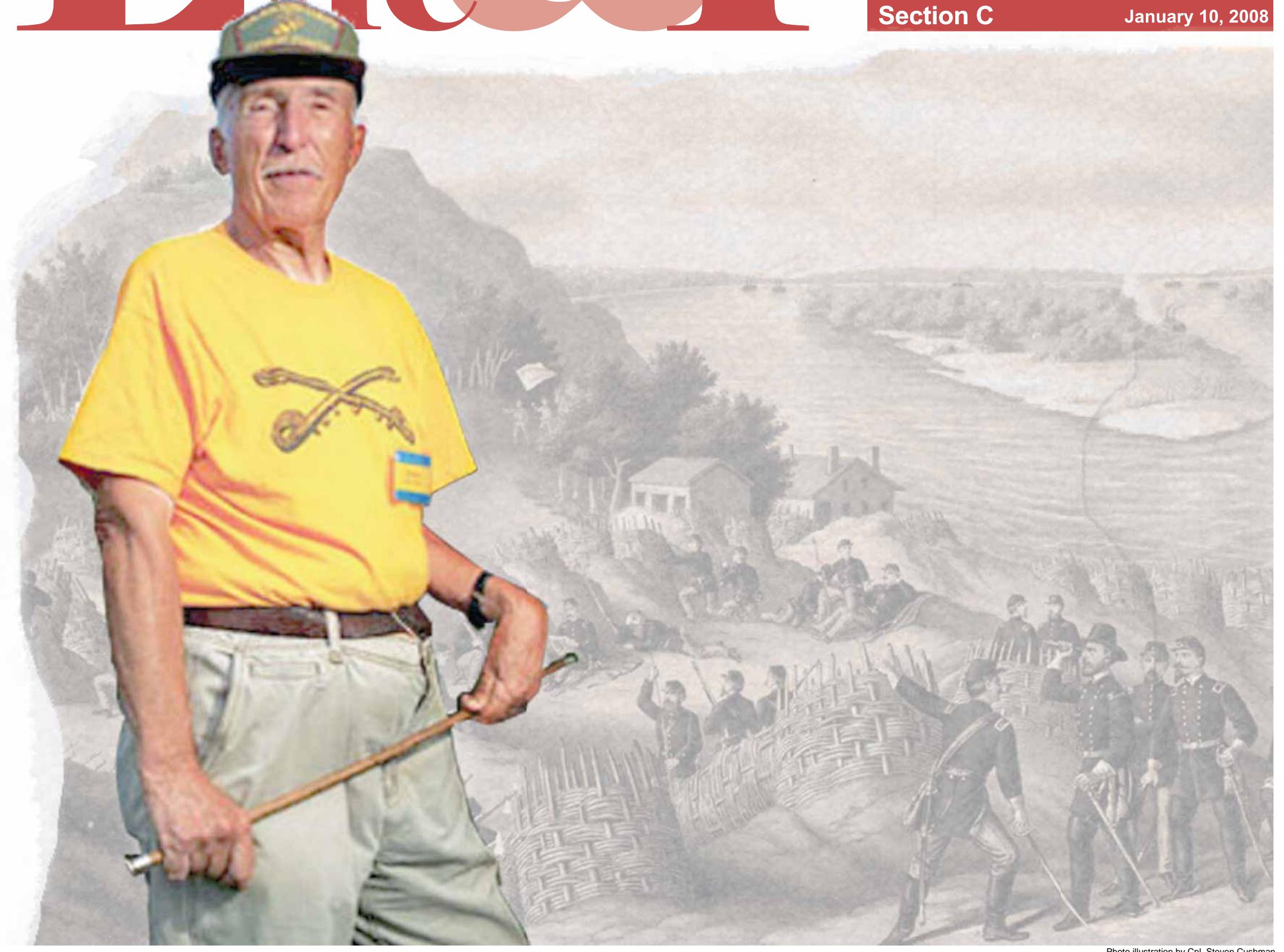


Photo illustration by Cpl. Steven Cushman

Civil War expert to speak in New Bern

CONTRIBUTED ARTICLE

THE NEW BERN HISTORICAL SOCIETY

NEW BERN, N.C. — America's premier Civil War battlefield historian and guide, Edwin C. Bearss, will speak again at the Masonic Theater in New Bern Sunday at 2 p.m. His topic will be "North Carolina at the First Day of Gettysburg: The Beginning of a Decisive Battle." This program will be sponsored by The New Bern Historical Society and the New Bern Civil War Round Table.

This remarkable man, in his 84th year, tours the United States, the Pacific and Europe with his fascinating presentations about military history. Traveling as many as 200 days per year, he routinely outpaces his much younger guests in charging over rough terrain, recreating the color of famous infantry and cavalry attacks. We are very fortunate to have him return to New Bern.

Some might say that Bearss has spent most of his life in the 19th century. He grew up with kerosene lamps and horse-drawn plows in Montana. He remembers Civil War stories told firsthand by the hometown veteran, "Grandpa" Henderson, who "used to sit around the hotel lobby with his reunion ribbons on."

Bearss has what might best be called a battlefield voice, a kind of booming growl, like an ancient wax-cylinder record amplified to full volume — about the way you'd imagine Sherman sounding the day he burned Atlanta — with a touch of Teddy Roosevelt charging up San Juan Hill. As he talks, Bearss marches back and forth,

brandishing a silver-headed swagger stick, tucking it from time to time under his withered left arm, a casualty of a bullet at a battlefield on the other side of the world in 1944. He keeps his eyes tightly closed while he lectures, and says that way he can see the events of 1863 unfolding before him.

In Civil War circles, Bearss is nothing short of a rock star. One of the men in a tour group wore a baseball cap covered with commemorative buttons celebrating each of Bearss' birthdays, while others have been known to wear T-shirts depicting his face on Mount Rushmore or transposed onto Elvis' white jumpsuit with the simple legend: "THE KING." What inspires such adulation? As historian and battlefield guide, Bearss' store of knowledge is prodigious.

Bearss is often quoted in the Ken Burns Civil War documentary and has kept his devotion to Civil War history by writing books and magazine and newspaper articles, doing television and newspaper interviews and guiding countless tours of our nation's battlefields. He is a strong advocate for the preservation of these sites. For his dedication to educating and informing Americans about their military heritage, Ed has received numerous honors and awards. He was chosen as Vicksburg's Man of the Year in 1963, and received the Harry S. Truman Award for Meritorious Service in the field of Civil War History. The Department of Interior awarded him their Distinguished Service Award in 1983.

Edwin C. Bearss Biography

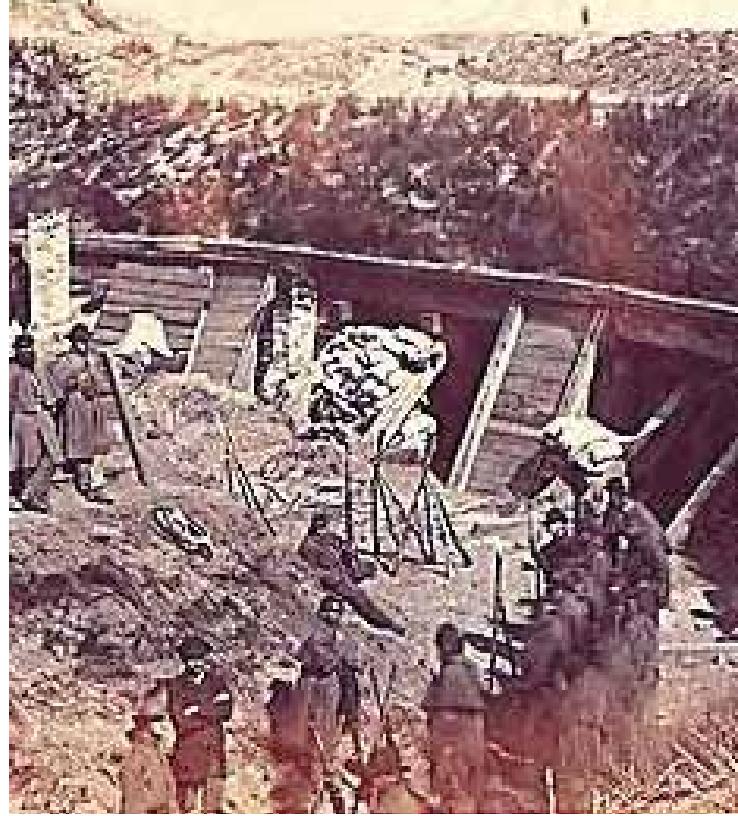
Edwin C. Bearss was born in Billings, Mont., in 1923. Growing up on his grandfather's ranch near Hardin, he named the cows after Civil War generals and battles --his favorite milk cow was Antietam. After graduating from high school in 1941, he hitch-hiked around the United States visiting Civil War battlefields. Then he enlisted in the U. S. Marine Corps on April 28, 1942, and during World War II served with the 3rd Marine Raider Battalion and fought on Guadalcanal. On New Britain he was severely wounded by Japanese fire. After 26 months of recovery from his injuries, he entered Georgetown University, and received a bachelor's degree in 1949. He worked for the Navy Hydrographic Office and then returned to college, obtaining his master's degree in History from Indiana University. His thesis was on Patrick Cleburne, a Confederate general in Tennessee.

In 1955, the National Park Service employed Ed to serve as the Park Historian at Vicksburg, Miss. It was at Vicksburg that he met his wife, Margie, also a Civil War historian; they were married in 1958. He was transferred to Park Service Headquarters in Washington, D.C., in 1966, and in November 1981, he was promoted to the position of Chief Historian. He held this position until 1994, then worked as the Director's Special Assistant for military sites until October 1995 when he retired. Following his retirement, Ed continued his association with the military history of the United States through writing books and magazine and newspaper articles, television and newspaper interviews, and guiding countless tours of our nation's battlefields. He is a strong advocate for the preservation of these sites.

North Carolina at the First Day of Gettysburg: The Beginning of a Decisive Battle

Ed's presentation is open to the public and will include a reception at the Attmore-Oliver House. A \$10 donation is requested for this event.

To register, contact the New Bern Historical Society, 512 Pollock Street or call 252-638-8558. The proceeds will be used to preserve the New Bern Civil War Battlefield.



U.S. National Archive & Records Administration



Fort Macon N.C. 1861

U.S. National Archive & Records Administration

New program officer plans to stay engaged

STORY AND PHOTO BY DAVE MARRIOTT

FLEET READINESS CENTER EAST
Fleet Readiness Center East's new AV-8 program officer, Maj. Sam Hotz, asked for this assignment, because the job sounded interesting and challenging.

But, he's just as quick to admit, there were other deciding factors as well.

"The job would give me acquisition experience, and it would also let me stay actively involved in the Fleet and Harrier communities," he said. "Many acquisition billets don't allow for that."

Hotz describes his program officer billet as being the face of FRC East to Marine Harrier squadrons, and being the face of the Marine Harrier squadrons to FRC East.

He believes staying completely engaged with both the Fleet and Harrier communities is an integral part of the relationship.

"From the command perspective, I think it's important to take the time to fly with the squadrons whenever I can," the 39 year-old, Fremont, Ohio, native said. "Staying current on software upgrades, new tactics and techniques gives me a better understanding of what's going on in the Fleet and ultimately helps me meet their needs and represent them better."

Hotz added it's also good for him as a pilot, because it keeps him tactically proficient. "You could easily get rusty if you went six months without flying a single tactical sortie," he said. "You start losing your skill set for employing ordnance, using targeting pods or doing all the other things you don't do during (functional check) flights here."

The major is impressed with what he's seen in the 90 days he's been here, and said his goal for this tour is to take what



Maj. Sam Hotz, Fleet Readiness Center East's new AV-8B program officer, describes himself as the face of FRC East to Marine Harrier squadrons.

he considers to be an already outstanding program and make it better.

"There are a bunch of good folks who work in this program and do a great job," Hotz said. "The challenge for me may actually be to keep finding places where we can improve."

Prior to reporting to FRC East, Hotz was the fixed-wing planner and weapons tactics officer with 2nd Marine Aircraft Wing (Forward) at Al Asad, Iraq.

While in Iraq he was able to fly two or three sorties a week, in addition to working his staff job.

"We flew NTISR (non-traditional intelligence, surveillance and reconnaissance) missions, which is essentially CAS (close air support) because you're always in the proximity of friendlies," he said. "Initially I flew with VMA (Marine Attack Squadron)-211, but then (VMA) 231 showed up, so I flew with them also."

Hotz has also held various billets during two tours with VMA-231, including operations officer and maintenance officer, and served a 12-month tour as the air officer with 3rd Battalion, 2d Marine Regiment, 2d Marine Division on Camp Lejeune, N.C.

"When I joined 3/2 they had just returned from Iraq, and been assigned as the anti-terrorism battalion for 4th MEB (Marine Expeditionary Brigade)," he said. "They had been concentrating more on security operations than on their more conventional skill sets, so I put together a number of exercises to train them in close air support, medevacs (medical evacuations), casevac (casualty evacuations) and other tasks that will help prepare them for their next combat deployment."

The major is married, has two children and likes to ride his Harley low rider every chance he gets. His only career goal has always been to do his best, improve every position he holds, and hopefully continue to advance.

SAFETY CORNER:

Words of advice to motorcyclists

SPECIAL TO THE WINDSOCK

MARINE CORPS LESSONS LEARNED

A word of advice for all you motorcyclists out there: get as much experience as you can. Just don't take any crash courses.

Repeat the following. Wedding rings, good. Work, good. Wedding rings at work, bad. Remember, this is the digital age. You need the full allotment of digits.

The next time your buddy asks to borrow your motorcycle, tell them you value their friendship too much to risk it.

If you are secretly thinking, "I value my motorcycle too much to let you demolish it," so much the better.

The mishap report said, "Alcohol was a contributing factor." No foolin'.

That's like saying sunset contributes to darkness, or rain contributes to puddles.

Next time you are thinking of doing something ingenious, first make sure it isn't "ungenius."

There are three kinds of people: the one who learns by reading, the few who learn

by observation, and the rest of them, who have to touch the electric fence for themselves.

Is it really a mishap when the "victim" was asking for it?

Phrased differently, are you allowed to say "Oops!" when you are trying to do something that is both difficult and unnecessary?

Drink responsibly. That doesn't mean nine or 12 in two or three hours. The verdict on that is unanimous--the cops, your coordination, your judgment, the other people on the road driving nearby, your vehicle, the judge, your insurance agent, your boss.

Just because you have gotten away with it so far is no guarantee that you will beat the odds forever.

Next time you hit the highway, pull off the road when you start getting the smallest hint that you are tired. Don't let the car pull off by itself when you prove to it you are unconscious.

Keep up your efforts to make common sense much more common than it is. If we could increase common sense by fifty percent, it would be a lot easier to cut the mishap rate in half.

Remember, when you're facing an unfamiliar curve ahead, whether you are in a car, on a motorcycle, moped, scooter, ATV, or any other powered, wheeled vehicle known to mankind, and faced with a choice between going a little slower than you have to or a little faster than necessary, the decision isn't all that complicated.

Is there an inverse relationship between the strength of a motorcyclist's urge to wear a helmet and the weakness of the brain that the helmet is supposed to protect?

Remember that just because you ignore risk, risk won't necessarily ignore you.

Keep in mind that not only is a little knowledge a dangerous thing, but there is often an inverse proportion between the knowledge and the damage.



Not An Option

Reflective belts or vests will be worn for outdoor physical training during hours of reduced visibility, before morning colors and after evening colors.

Information from Marine Corps Order 5100.30A and MCAS Cherry Point Order P5560.3C

the SafeHouse

Anecdotes from the Naval Safety Center

A A seaman in Hawaii was thinking about buying a motorcycle from a civilian. The seller would not let him take it for a test ride. Yeah! Oops, belay that, he offered to take the Sailor for a ride to "get a feel for it."

Truer words were never spoke. As they were vrooming down the street at 35 mph, the seaman fell off the back of motorcycle and, in his best sack-of-potatoes-except-potatoes-don't-bleed imitation, tumbled to a stop. He thus got a feel for what "it" feels like, the "it" being asphalt when you aren't wearing boots, long pants, a long-sleeve shirt, jacket, helmet or gloves. He got a real good feel for road rash and numerous cuts and scrapes on his back, legs and arms.

Five days in a hospital and three weeks of light duty to consider whether he really wants to ride motorcycles and why proper protective equipment is not optional.

To subscribe to the full Friday Funnies, register at http://www.safetycenter.navy.mil/media/funnies/find_funnies.htm

DID YOU KNOW?

Per Marine Corps Order 5370.8: The Marine Corps Hotline Program is a functional component of the Marine Corps Inspector General Program. The Marine Corps Hotline Program is a primary tool for the Inspector General of the Marine Corps to provide an alternative to the normal chain of command for Marines, Sailors and civilian personnel with concerns.



Marine Corps Quote of the Week

"Marines know how to use their bayonets. Army bayonets may as well be paper-weights."

NAVY TIMES
NOVEMBER 1994



**From the halls of Montezuma, to the shores of Tripoli,
Here's what happened this week in ...**

Marine Corps History

- | | |
|---------------|--|
| Jan. 10, 1927 | 2nd Battalion, 5th Marines, landed in Nicaragua. |
| Jan. 11, 1799 | 2nd Lt. T. Wharton became the first Quartermaster of the Marine Corps. |
| Jan. 12, 1967 | Gen. H. M. (Howling Mad) Smith, "Father of Amphibious Warfare," died. |
| Jan. 13, 1862 | Marines landed and burned Confederate stores at Cedar Keys, Fla. |
| Jan. 14, 1920 | Caco insurrectionists were defeated in Port-au-Prince, Haiti. |
| Jan. 15, 1942 | Brig. Gen. H. R. Larsen became the first military governor of American Samoa. |
| Jan. 16, 1991 | Marines participated in the offensive air action against Iraq as Operation Desert Storm began. |

Ergonomic

TIP OF THE WEEK

Use the 20-20-20 Rule. When typing, take a break every 20 minutes and look at an object at least 20 feet away for at least 20 seconds.

THE LOCAL BUZZ

Announcements

Missing Person

The Onslow County Sheriff's Department is seeking information on Lance Cpl. Maria Lauterbach, a Marine stationed at Marine Corps Base Camp Lejeune, who was reported missing Monday. Lauterbach has been missing since Dec. 17.

If you have information on the missing Marine, contact the Onslow County Sheriff's Department at (910) 455-3113.



Motorcycle Safety Classes

Marine Corps Air Station Cherry Point will hold Motorcycle Safety Classes, January through March.

Students must pre-register for these classes.

MCAS Cherry Point requires that the student have a valid Motorcycle Endorsement on their license or a valid Motorcycle Learner's Permit.

Students must provide their own motorcycle and must have all the proper protective equipment as required by the current orders.

Registration may be made at Rm 159 in the Training/Education Building (Bldg. 4335).

For more information, call Barry Johnson at 466-5187.

N.C. Aquarium Helps Mariners and Marine Life Mingle

The North Carolina Aquarium at Pine Knoll Shores charts a new educational course with a program that helps mariners and marine life safely mingle.

The presentation is designed for boating clubs and other organizations offering boating instruction or trips and is appropriate for all types of boaters and all ages.

Course topics include sea turtle identification, and marine mammal migration patterns near the North Carolina coast.

Additionally, boaters learn how they can contribute their sightings to conservation efforts.

"Marine Life for Boaters" takes from 30 minutes to an hour, and the charge is \$100 per group.

For more information on this or other Aquarium Outreach programs, call Laurie Streble at 247-4003 or visit <http://www.ncaquariums.com>.

Public Work Session

The city of Havelock will hold a Public Work Session to discuss the US 70 corridor and potential safety and access improvements at the Havelock Tourist and Event Center Jan. 17, at 6 p.m. For questions or concerns, call Scott Chase at 444-6411.

Weekly Events

Domestic Violence Victims

A support group for victims of domestic violence is provided by the Carteret County Domestic Violence Program. The group meetings are held every Wednesday at 6 p.m. For more information, call 728-3788.

Fit and Fun

New Bern Parks and Recreation Department is sponsoring "Fit and Fun," an interactive program for parents and children. Interested participants bring their 1-5 year old children and spend a couple of fun playtime hours with their children. The program is currently running until May 29. This free program is every Tuesday and Thursday from 9:30 - 11 a.m. at the West New Bern Recreation Center. For more information, call 639-2912.

Free English Courses

English as a Second Language classes are offered free every Monday and Wednesday from 6 - 9 p.m. at Craven Community College, on Cunningham Boulevard in Havelock. For more information, call 444-6005 or the ESL coordinator at 638-4755.

Monthly Events

Enlisted Spouses Club

The Enlisted Spouses Club meets the first Thursday of every month at 7 p.m.

The Enlisted Spouses Club is an organization that gives support to the military and local community.

For more information, call 466-9542.

Together For Life

The Together for Life one day premarital workshop will be held every other month on the second Wednesday of the month for ages 26 and under within 90 days of marriage.

For more information, call 466-4000.

Disabled Veterans

Chapter 26 of the Disabled American

Veterans meets on the third Tuesday of each month at the Veterans of Foreign Wars Post 7315 in Havelock at 7 p.m.

The VFW Post is located in the Lynnwayne area.

For information, call Erwin Merrill at 447-3337, Edward MacLeod at 447-3357, or Doug Maters at 447-2761.

Fleet Reserve Association

The Cherry Point branch of the Fleet Reserve Association meets the second Tuesday of each month at 7 p.m. in the ballroom of the Fleet Reserve Club House.

The Club House is located at 602 Webb Blvd. in Havelock.

For more information, please call 447-2740.



Marines prepare for new headquarters building



Lance Cpl. Joshua Thompson and Lance Cpl. Yi Huang, with 2nd Marine Aircraft Wing G-1, move a wall locker into place in one of the offices of the new headquarters building. The building will officially open on Tuesday.

p.m. for Group 28, MWHS-2/Station.

Counselor interviews will be held in the Training and Education Building, in room 150 at 8 a.m. for all Marines.

Monitor interviews will be held at the Training and Education Building, in room 171 at 8 a.m. for all Marines.

American Music Festival Concert

Eric Pritchard (violin) and Barbara McKenzie (piano) will perform a famous Beethoven Sonata and works by Faure and Robinson Feb. 8, at 8 p.m. at the History Place in Morehead City.

For more information, call Tip Noe at 728-6152.

Water Report

The North Carolina Clean Water Act of 1999 requires owners of a waste water treatment works to make a system annual performance report available to all customers upon request.

Therefore, a system annual performance report has been prepared and may be obtained free of charge by contacting Glenn Hartzog of the MCAS Cherry Point Environmental Affairs Department at 466-4789.

Adoption Procedures

Adoption fees are: Resident of Havelock (includes \$5 license fee)--\$20, non-resident fee--\$30, military member living in base housing--\$15, rabies vaccination--\$13, City of Havelock License (City of Havelock residents--\$5).

Marine and Family Services

Marine, Family Services Office Phone Numbers

Family Member Employment Assistance Program, Transition Assistance Management Program, Accredited Financial Counselor, Relocation Assistance Program, and Exceptional Family Member Program can be reached at 466-4401. The Family Counseling Program can be reached at 466-3264. Retirees can contact the Retired Activities Office at 466-5548. The Substance Abuse Counseling line is 466-7568. New Parent's can call the New Parent Support Program at 466-3651.

Budget For Baby

The Navy Marine Corps Relief Society offers Budget for Baby classes. Learn about and plan for new expenses. Call 466-2031 for information or to register.

Veterans' Assistance

A representative from the Veterans Affairs Office visits Cherry Point each Thursday in building 232. Call 466-4401 for assistance.

OFF Limits

MCAS CHERRY POINT AREA
FRIDAY'S NIGHT CLUB

MCB CAMP LEJEUNE AREA
BELL AUTO SALVAGE II
BOTTA BOOMS
CARLAND
CENTENNIAL ENTERPRISES, INC.
DOLL HOUSE
EASY MONEY CATALOG SALES
FANTASIES
ILLUSIONS
JACKSONVILLE SPEEDWAY AUTO PARTS
RACEWAY AUTO PARTS
JOSHUA EXPERIENCE/CLUB ACCESS
LAIRD'S AUTO & TRUCK CENTER
PAR TECH
MILITARY CIRCUIT OF JACKSONVILLE
PLAYHOUSE
PLEASURE PALACE
PRIVATE PLEASURES (A.K.A. CARRIAGE HOUSE)
REFLECTION PHOTO
SOUTHERN COMFORT
SMITTY'S R&R
STUDENT ASSISTANCE COMPANY
TALK OF THE TOWN II
TENDER TOUCH (A.K.A. BABY DOLLS)
VETERANS AFFAIRS SERVICES

Got MCIs?
www.mci.usmc.mil

Hotlines

If you are a victim of sexual assault

Immediately call 466-3264 during working hours or (800) 208-8086 after hours and on weekends. The person answering the call will help you decide what you should do next. You may remain anonymous. This procedure is not to replace calling 911 if you are in immediate danger. Remember, it is not your fault. Support is available.

Severe weather and force protection information

Military personnel call 466-3093.
FRC East personnel call 464-8333.
DDCN personnel call 466-4083.

Fraud, Waste and Abuse

If you know of, or suspect any fraud, waste or abuse aboard MCAS Cherry Point, call 466-2016.

Events for Jan 10 - Jan 17

...and beyond

QUALITY OF LIFE PROGRAMS FOR OUR MARINES & SAILORS & THEIR FAMILIES



Info & Education

POST DEPLOYMENT WORKSHOP

Every Tuesday & Thursday, from 4:00-5:00pm

Have you returned from deployment and are still trying to figure out what to expect from yourself and your family - and what they expect from you?

These workshops are scheduled to talk about your own ideas or to give you some new ones from other returnees. You're invited to attend any or all of the meetings which are strengths-based presentations, addressing the challenges of having been deployed and others' responses to you now that you're back!

Each workshop is built theory based on a "Topic Presentation" such as "Why can't I sleep?", "I've been here for 5 months and still don't fit?", or "Why does my spouse/brother/bestfriend keep asking me to talk about it?". Part of the workshop is discussion based to apply post deployment information to real life situations.

This is not group therapy or a substitute for other mental health intervention although mental health guidelines will be discussed and referral sources will be available.

Program is hosted by Military Family Life Consultants

MARINE & FAMILY SERVICES



(Located on E Street, Bldg. 232)

Call 466-4401 for registration and information

POST DEPLOYMENT WORKSHOP FOR MILITARY SPOUSES

Every Wednesday, from 4:00-5:00pm

Thankful they're home...but who are they? An opportunity to understand your spouse's behavior after deployment.

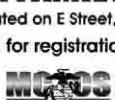
A supportive spouse is instrumental to a Marine's transition back from a deployment. Understanding your spouse's behavior, post-deployment, can be challenging. Military Family Life Consultants offer weekly workshops to assist spouses in adjusting to their returned Marines.

This workshop will offer:

- A place to share & support one another
- An opportunity to ask:
- What is normal?
- Why doesn't he sleep?
- Why does he want to go back?
- Why is he so distracted?
- Why doesn't he talk to me?
- Why can't we connect?

Program is hosted by Military Family Life Consultants

MARINE & FAMILY SERVICES



(Located on E Street, Bldg. 232)

Call 466-4401 for registration and information

FREE!

NEED TO TALK TO SOMEONE?

Military and Family Life Consultants (MFLC) provide solution-oriented consultations to individuals, families, and groups.

The Military and Family Life Consultant (MFLC) Program is designed to provide support and assistance to active duty military members and military family members. Military Family Life Consultants can help people who are having trouble coping with the concerns and issues of daily life.

Some Examples of Issues Include:

- Adjustment/Transition
- Stress
- Marital/Couples
- Anxiety/Sadness
- Deployment Cycle Issues
- Communication
- Aggression
- Work, Parenting
- Grief/Loss

MFLC Solutions:

- Flexible Appointments
- Confidential
- Flexible Meeting Locations
- No Records Kept

FREE!

* Due to law does apply in cases of threat to self, others, & any other reportable abuse issues



mccscherrypoint.com

MARINE & FAMILY SERVICES

(Located on E Street, Bldg. 232)

Call 466-4401 for registration and information



STRESS MANAGEMENT

For Spouses of Deployed

Deployment is a stressful event not only for those who are deployed but, also for those waiting at home.

This program focuses on:

- How to deal with stress
- How to communicate long distance
- How to deal with loneliness, fear & sadness
- How to manage your anger
- How to parent your child alone
- How to prepare for reunion

Every Friday,

10:00 - 11:30AM

FREE!

Call 466-4401 for registration and information

Program is hosted by Military Family Life Consultants

MARINE & FAMILY SERVICES

(Located on E Street, Bldg. 232)

mccscherrypoint.com

CAREER DAY

HOMELAND SECURITY SOLUTIONS, INC.

Marine & Family Services Building (Bldg #232)

Wednesday, January 16 &
Thursday, January 17
9am-4pm

Interviewing and answering questions for various positions in support of the Provost Marshal's Office

- Law Enforcement Trainer
- Alarm Monitor
- Armory Custodian
- Physical Security Specialist
- Supply Clerk
- Motor Transport Spec
- Animal Control Spec

Don't Miss This Opportunity!

Interested persons should post their resume to cherrypoint@homelandsecurityinc.com



mccscherrypoint.com

Open to all active duty, retired, DoD, Family Members

MARINE & FAMILY SERVICES

4th Avenue

For registration & information call 466-4401



MARINE CORPS
Community Services
Cherry Point
mccscherrypoint.com



Travel

Saturday, February 2

\$75.00

per person

Price Includes:
Transportation, Admission,
A Selection of Wine, A
Delicious Meal & A Great
Show...



DUPLIN WINERY & DINNER SHOW

Register by Friday, January 25.
\$25 deposit due at registration.



One of the best Dinner Shows on the East Coast!!



mccscherrypoint.com

Information, Tickets & Travel • 466-2197/2172

Concessionaire Center (next to Naval Clinic)

5 Day Bahamas Cruise & Post Tour of Charleston, SC

Set sail on a fantastic 5 Day cruise to the beautiful beaches and crystal clear waters of Freeport and Nassau, Bahamas.

Monday, May 26 - Monday, June 2

\$1,755 \$1,955

Interior Cabin

(Based on double occupancy)

Oceanview Cabin

(Based on double occupancy)

Price includes: Transportation, Overnight Stay In Charleston & 5 night cruise

Deposit of \$100 required at registration.

For info call 466-2197/2172



Information, Tickets & Travel

MCAS Cherry Point

Concessionaire Center (next to Naval Hospital)



MCCS Phone Numbers

DINING

- 11th Frame 466-9309
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FAST FACT

By unanimous consent, the U.S. Senate recently designated Feb. 17—the date of the historic 50th running of the Daytona 500—as “Race Day in America.”

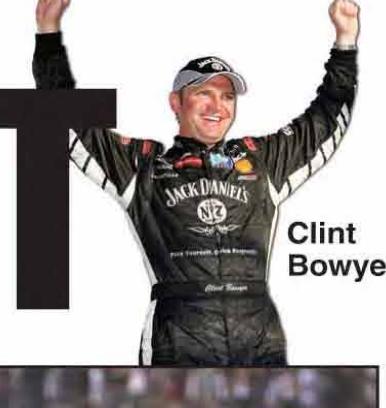
NASCAR INSIDER



Jeff Gordon

Drivers to watch in 2008

GREAT EIGHT



By RICK MINTER / Cox News Service

With the 2008 Sprint Cup season-opener just around the corner, fans and garage insiders are beginning to try to figure out which drivers and teams will excel this year. Here's a look at eight to watch in '08.

JIMMIE JOHNSON

Since he burst onto the Cup scene six seasons ago, Johnson and his Chad Knaus-led team have dominated NASCAR's elite division, winning 33 races, scoring 86 top-five and 134 top-10 finishes in 131 races. They're starting the season as two-time defending series champions and have never finished worse than fifth in the standings.

When Johnson and Knaus left Homestead-Miami Speedway last year after clinching their second title, they were already taking about a third.

"We're in elite company winning two

championships. Winning back-to-back championships is something I'm very, very proud of," Johnson said in his champion's interview. "The good thing, I feel, is we're just really hitting our stride. I think we have a lot of good years ahead of us, and we'll be fighting for more championships and certainly winning more races as years go by."

"Hopefully we can be a three-time champion in the near future."

Said Knaus: "They say a dynasty is anything over three, and we're on two. So we'll go for three, and then we'll try to break that. That is something that I would be very, very proud of."

DALE EARNHARDT JR.

Earnhardt Jr.'s decision to move from his longtime employer, Dale Earnhardt Inc., to Hendrick Motorsports was one of the biggest racing stories of 2007, which means that one of the big stories of the upcoming season will be whether he made the right move.

Mechanically speaking, it looks like he did.

His downfall in 2007 was engine failures, six of them in all, a number that no driver can be expected to overcome.

Now he and his crew chief and cousin, Tony Eury Jr., who moved with him from DEI to Hendrick, will have Hendrick's nearly bullet-proof powerplants at their disposal.

Earnhardt Jr.'s new boss, team owner Rick Hendrick, told reporters at Homestead last November that he sees no problems, personality-wise or otherwise, in adding the sport's biggest star to his hero-laden lineup.

"These guys have welcomed this deal with open arms," Hendrick said. "We all decided this was something we should do and could do. It's not like this is something that we're going to have a bunch of hiccups on. I just don't foresee it. I think it's going to be fairly smooth. And I'm looking forward to the challenge."

JEFF GORDON

The four-time Cup champ finished second to his Hendrick Motorsports teammate in 2007, but he put on a championship-level effort.

He dominated the standings for most of the season and would have won the title by a comfortable 353 points over Jimmie Johnson under NASCAR's old season-long points formula. And he was amazing during the Chase, too, posting an average finish of 5.1, just a fraction off Johnson's 5.0.

When Gordon met with reporters at Homestead, he sounded as if he planned on taking a more aggressive approach toward the championship this season.

"[Johnson's team] definitely got the wins at a crucial time when we got a little conservative," Gordon said. "We didn't get the cars to where they needed to be, and those guys beat us. That is the bottom line."

"So those are all things we're going to have to look at. ... With the points the way they are, it definitely pays a good amount of points now to win races."

Tony Stewart will be driving a Toyota in 2008.



TONY STEWART

With 32 victories and two championships since his Cup debut in 2001, Stewart and his Greg Zipadelli-led crew have established themselves as one of the toughest teams in motorsports.

The question for Stewart this season is how he and his Joe Gibbs Racing team will adapt to the switch from General Motors cars to Toyotas, which so far are winless in Cup.

Lowe's Motor Speedway President H.A. "Humpy" Wheeler said they'll do just fine, especially considering the depth of the team, from Jimmy Makar, the senior vice president of racing operations, on down to the mechanics on the shop floor.

"With Jimmy Makar's classic brilliance, the JGR team, led by Stewart and Denny Hamlin, will have some adjustments to make," Wheeler said. "However, the Gibbs outfit will put Toyota in the winner's circle a few times because of the COT and the new-found torque produced by the Toyota engine."

Cox News Service

Rick Minter's OBSERVATIONS

Some key story lines during NASCAR's offseason

Cranking up at Daytona

Vacation is over for NASCAR's Sprint Cup drivers and teams. NASCAR's Preseason Thunder testing is under way at Daytona International Speedway as teams prepare for the 50th running of "The Great American Race." Cup teams that were in odd-numbered positions in the points standings on July 17, 2007, were set to test Monday through Wednesday, while those in even-numbered positions test next week. It's the first opportunity of the offseason for teams to test on tracks

where the Cup circuit races.

Chad Knaus, crew chief for defending Cup champion Jimmie Johnson, said in a press release that his team hasn't taken as much time to celebrate its title as one might expect.

"A lot of people think when they wave the flag at Homestead, we all leave and go to the beach," Knaus said. "That's not what happens. We've been working five and six days a week and haven't really taken that much time off."

he's out of the top 35 in owners points, and therefore not guaranteed a starting spot. Busch let his new teammate, Sam Hornish Jr., have his points from last year. Also ahead of Elliott is Dale Jarrett, the 1999 champion, who last year used all six of his past-champion's provisions before Elliott, the 1988 title winner, started driving the No. 21 Ford.

Elliott's plans after Daytona are unclear: Wood said he plans to meet with his driver soon to discuss plans for later in the season. Cup rookie Marcos Ambrose is set to run 12 races in the No. 21 car this season.

Elliott back in the saddle

Sprint Cup team owner Eddie Wood said last week that his team has reached an agreement with Bill Elliott (right) to drive the No. 21 Ford at Daytona International Speedway next month. Elliott drove the car in 20 races last season with a best finish of 11th at Michigan. In those races, Elliott had a past-champion's provisional starting spot if needed, but that won't be the case for the Daytona 500. Since past champion's provisionals go to the most recent champion, Kurt Busch, the 2004 champ, is first in line because



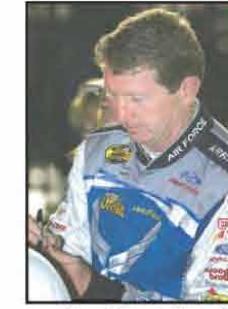
TODD BISSONETTE for NASCAR

A really cool victory

Veteran road-racer Boris Said bested 14 other NASCAR and NHRA drivers to win the third annual Chevy Bodine Bobsled Challenge at Lake Placid, N.Y., last weekend. Said won last year, too.

The event is held to raise funds and awareness for the Bo-Dyn Bobsled Project, which was undertaken by former NASCAR driver and 1986 Daytona 500 winner Geoffrey Bodine, who started the bobsled project after seeing the U.S. Olympic Bobsled team finish far out of medal contention in the 1984 Olympic Games.

NASCAR driver Boris Said pilots his sled to victory in the third annual Chevy Bodine Bobsled Challenge at Lake Placid, N.Y.



Cox News Service

Midget race has big names

Several big-name NASCAR drivers are entered in the 22nd annual Chili Bowl, the indoor Midget race that is running this week in the Tulsa (Okla.) Expo Center.

Heading the list is Tony Stewart. He's the defending race winner and also won in 2002.

Jason Leffler, still seeking his first Chili Bowl win, will be making his 11th appearance in the race. His best finish came in 1998 when he finished second. Also entered are Kasey Kahne and J.J. Yeley. Saturday's finale will be shown on an HBO pay-per-view telecast.

Visit www.hbo.com/events/chili for more details.

Sports

Section D

January 10, 2008

Point achieves goals

AIR STATION SOCCER TEAM PRODUCES VICTORY



LANCE CPL. DOUG PAYNE

Jesse Coffey (right) pushes the ball past Aaron Sceales (left) during Monday's Marine Corps Air Station Cherry Point versus Chemical and Biological Incident Response Force Indian Head match. Cherry Point defeated CBIRF Indian Head 5-2, marking the second victory for Cherry Point.

Words From The Coach

"It's good we've started the tournament with a few wins. However, we still have games to play and the tournament isn't won yet."

LANCE CPL. DOUG PAYNE
MCAS CHERRY POINT

This year's East Coast Regional Soccer Tournament kicked off at the multipurpose field here Sunday, with Marines vying against Marines in a battle for the title of regional champions.

The six teams competing include Marine Corps Base Camp Lejeune, II Marine Expeditionary Force, Marine Corps Community Services South Carolina, Quantico/Henderson Hall, Chemical and Biological Incident Response Force Indian Head and Marine Corps Air Station Cherry Point.

"We just wanted to come out and play the best we could," said William Owen, the Cherry Point Soccer Team coach. "We're showing the other teams what we've got here at Cherry Point."

Each team is competing round-robin style, which means they will play every team once. The champions will be decided from a collection of points; three points for each win, one point for each tie and no points for a loss.

Sunday's games proved to be competitive for the majority. Quantico/Henderson Hall edged out II MEF with a 2-1 win, as MCB Camp Lejeune beat out CBIRF Indian Head by two points in a 3-1 win. MCAS Cherry Point pulled out a flawless victory against MCCS South Carolina 7-0.

In Monday's games, the heat ensued. Marine Corps Base Camp Lejeune lost to Quantico/Henderson Hall 0-2, II MEF received their first victory against MCCS South Carolina 3-0, and MCAS Cherry Point pulled in their second victory when they were pitted against CBIRF Indian Head with a score of 5-2.

MCCS South Carolina struck victory for the first time this tournament, Tuesday, when they defeated CBIRF Indian Head 4-1. MCAS Cherry Point tacked on a third win against Quantico/Henderson Hall with a score of 2-1 and II MEF managed to cut by MCB Camp Lejeune with a 2-1.

"I think Cherry Point is doing great," said Zac Leingang, sports coordinator with the station's Semper Fit Athletic Department. "The hardest team we've had to beat was Quantico/Henderson Hall and we managed that. I think we are going to



LANCE CPL. DOUG PAYNE

Angel Barjaslopez tries to juke Andrew Bainbridge during an offensive maneuver. Barjaslopez is a player with the CBIRF Indian Head soccer team and Bainbridge is a player with the Cherry Point soccer team.



LANCE CPL. DOUG PAYNE
Tim Bogna hustles to take control of the ball. Bogna is a player with the Cherry Point soccer team.

fly through the next games."

"Everyone has shown they have good players this season," said Owen. "We don't plan on taking any teams lightly."

Owen said he is overjoyed at his team's victories, but he doesn't want the preliminary taste of glory to distract his teammates from reaching their goals.

"It's good we've started the tournament with a few wins," said Owen. "However, we still have games to play and the tournament isn't won yet."

The last three games of the tournament are scheduled for today, when CBIRF Indian Head will face Quantico/Henderson Hall at 11 a.m., MCAS Cherry Point will fight II MEF at 1 p.m. and MCB Camp Lejeune will go against MCCS South Carolina at 4 p.m. Additional coverage will be published in the Jan. 17 issue of the Windsock.

For more information on the tournament or other athletics, contact the air station's Semper Fit Athletic Department at 466-2390.

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Hatched logo

*Limited time only. Some restrictions apply

NEW TODAY**210-Homes For Rent****NEW TODAY****NEW BERN:** 2 bedroom 2 bath, new carpet, washer/dryer, 3504 Elizabeth Ave. \$700 month + deposit. (252) 670-8276**NEW TODAY****PINE KNOLL SHORES** Canal front with dock, 3 bedroom, 2.5 bath, media room, fireplace, 2 car garage, private beach access, incredible views, no smoking, \$1,375 (719) 535-0477**2 BEDROOM, 1 BATH IN COUNTRY**

No four wheelers, no pets! Lease and deposit required.

\$550/month

(252) 636-5818

NEW TODAY**RIVERBEND, 2 BEDROOM,**

2 bath, fireplace, patio, garage, carolina room, very nice, \$800.

252-670-4299.

NEW TODAY**STRICTLY RENTALS :**

2 bed rentals \$500-\$700

3/4 bed houses \$675 & up.

Call (252) 447-0222

NEW TODAY**Waterfront Townhome**

3 bedroom, 3 bath, Trent River, washer & dryer, boat slip, pets okay,

\$1,250 (252) 675-8242

NEW TODAY**WE HAVE SEVERAL****RENTALS**

in the most desirable of areas, Greenbrier, Taberna, Neuse Harbor, Fairfield Harbour, Brice's Creek, Creekside areas.

Also some furnished.

Call Century 21 Action

associates for more info. Ask for Ross.

(252) 633-0075

215-Rooms For Rent**NEW TODAY****NICE ROOM FOR** rent \$325 per month + deposit. No alcohol, no drugs. (252) 638-5655**220-Apartments For Rent****NEW TODAY****FURNISHED 1 BEDROOM** APARTMENTS, Waterfront setting, weekly or monthly. (910) 578-5777**250-Manufactured Homes Sale****NEW TODAY******1ST TIME BUYER & FHA NO MONEY DOWN!****HURRY!****CALL AGENT****888-527-2760****255-Manufactured Homes/Rent****NEW TODAY****14X75 2 BEDROOM,** 2 bath, acre lot, 7 miles to New Bern. \$465 month. No pets! (252) 249-3999**265-Sport Utility Vehicles****NEW TODAY****2 BEDROOM 1 BATH** Eat in kitchen, living room with fireplace, all appliances provided. Call (252) 447-1279**270-Autos For Sale****NEW TODAY****3 BEDROOM 2 BATH.** Lease & deposit. No pets. Vanceboro. (252) 244-0027 or 229-7376**275-Vans For Sale****NEW TODAY****PEANUT GROVE APARTMENTS** 3 bedrooms, 1 bath, washer/dryer connections, appliances. \$595. (252) 514-0188**280-Trucks For Sale****2002 DODGE RAM 1500,**

37,000 miles, new transmission May 2007,

good condition, \$12,000. 252-638-5515.

285-Motorcycles**Custom! 2005**

One of a kind! Harley

Drive Train, Less than

500 miles, Call for de-

tails, can email photos!

910-231-4891**HARLEY DAVIDSON 1999**

Sportster 1200. Loaded

with chrome! \$5800.

(252) 637-8378.

SUZUKI 2007 Z400

Quadsport 4 wheeler.

Must sell. Asking

\$4,900 (252) 447-2970

The Windsock**240-Stores & Offices Rent/Sale****NEW TODAY****1250 SQ FT** office with 6' secured fence area including additional covered storage in rear. Ideal for contractors. 816 Airport Rd. Days: (252) 229-4090**240-Stores & Offices Rent/Sale****NEW TODAY****RIVERWOOD PLAZA Hwy**

17 South New Bern. Office space for rent. 2 units 1200 & 2400 sq.ft

\$775 or \$1550/month. Call (252) 636-7681

240-Stores & Offices Rent/Sale**NEW TODAY****NEUSE WOODS OFFICE**

CENTER Neuse Blvd., near Glenburne. Unusually fine office space.

Distinguished, professional, quiet, & conveniently located 2nd level 860 sq. ft., \$430/month. Ashford Management 252-349-3338

240-Stores & Offices Rent/Sale**NEW TODAY****FURNISHED 1 BEDROOM**

APARTMENTS, Waterfront setting, weekly or monthly. (910) 578-5777

240-Stores & Offices Rent/Sale**NEW TODAY****FULLY FURNISHED &****EQUIPPED** 1 bedroom