



## Basic Occupational Health Center Services

**F**ederal Occupational Health (FOH) is a non-appropriated agency that provides occupational health and wellness services exclusively to federal employees. FOH was created by Congress in 1946 by an amendment to the Public Health Service Act (42 USC), and is a service unit within the Department of Health and Human Services (HHS), Program Support Center. Our mission is to improve the health, safety, and productivity of the federal workforce.

Federal Occupational Health (FOH) operates more than 300 Health Centers across the country, providing services to nearly a half million federal employees each year. FOH Health Center services enhance the health and well-being of employees and maximize productivity by minimizing time away from work. The Basic Occupational Health Center Services (BOHCS) package includes:

### **On-site First Aid and Emergency Response**

FOH professionals provide first aid for minor injuries and illnesses, respond to medical emergencies, and refer employees to primary care providers for follow-up care.

### **Immunizations**

FOH Health Centers provide immunizations against influenza, tetanus and pneumonia. Current information for required and recommended vaccinations for travel abroad, whether for government business or pleasure, is also provided.

### **Physician-Prescribed Services**

To minimize time away from work, FOH medical staff will administer services prescribed by the employee's personal physician, such as allergy treatments, blood pressure and glucose monitoring.

### **Health Awareness Programs**

FOH offers workshops on topics such as cancer risks, nutrition, smoking cessation, and stress reduction. These programs, in combination with FOH health education materials, empower employees to make lifestyle changes that improve their health and well being.

### **Health Screenings**

Early detection can help prevent costly and debilitating diseases. FOH offers health screenings for high blood pressure, cholesterol, diabetes, and vision. Additional screenings for hearing, glaucoma, lung function, and TB testing are also available at some locations.

### **Recordkeeping**

FOH maintains employee health records and ensures compliance with all applicable provisions of the Privacy Act of 1974.

### **Emergency Response Planning**

FOH's Health Center staff can assist agencies with their needs to develop emergency response plans by participating in Occupant Emergency Planning meetings, lending their clinical perspective in planning responses to natural or man-made threats and disasters.

### **HealthyFocus4You**

FOH's online health information program offers employees a variety of personalized health promotion tools that will allow them to take care of their health needs. HealthyFocus4You makes it easy to manage personal health information, research health topics, and access useful health news online.

### **Management Reports**

Management Summary Reports are available to agency managers upon request. These reports provide valuable information about your agency's utilization of, and satisfaction with the services rendered in the Health Center.

### **The FOH Advantage: Federal Partnership**

FOH provides its services through interagency agreements (IAGs) in accordance with the provisions of Federal Acquisition Regulations, 48 CFR, Part 17.5 (FAR), Public Law 79-658 (5 USC. 7901), and the Economy Act of 1932, as amended (31 USC 1535), which authorizes an agency to place orders for goods and services with another government agency when it is in the best interest of the government.

FOH acquires essential occupational health services and makes these services available to our sister agencies through interagency partnerships. This way, agencies are spared the operating costs of preparing, awarding, and administering multiple individual contracts.

All FAR requirements are met via full and open competition when FOH contracts are awarded. FOH conducts a rigorous evaluation of all bidders to ensure our customers get the best value provider.

Participating in an IAG with FOH offers these distinct advantages:

- IAGs are a fast, simple method of acquisition
- Electronic billing and payment is easy with On-line Payment and Collection (IPAC) or government purchase card
- Services can be customized, modified, or terminated at any time

We offer flexibility, convenience, quick-turnaround, and one-stop shopping for a multitude of occupational health needs.

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## **FOH, the Occupational Health Provider of Choice for the Federal Government**

**T**he mission of FOH is to improve the health, safety, and productivity of the federal workforce. Created by Congress in 1946, FOH is a non-appropriated service agency within the Department of Health and Human Services (HHS), Program Support Center.

Federal agencies throughout the U.S. and overseas can access FOH services. FOH provides worksite health services, Wellness/Fitness, Employee Assistance Programs (EAP), Work/Life, Environmental Health and Safety, Organizational and Professional Development, and Training and Education.

Make Federal Occupational Health your partner in building a healthier, more productive work force. For more information, please visit us at [www.foh.dhhs.gov](http://www.foh.dhhs.gov) or call us today at **1-800-457-9808**.