

Team Manual

23. - 26. July 2009

www.ejchnovisad2009.com









Team Manual

European Athletics Junior Championships

23 - 26 July 2009

Novi Sad, Serbia





CONTENTS Page Subject

1. GENERAL INFORMATION

2. ORGANISATIONAL STRUCTURE

- 2.1 European Athletics Council
- 2.2 European Athletics Delegates
- 2.3 European Athletics Office
- 2.4 Executive Board of Serbian Athletic Federation
- 2.5 Local Organising Committee
- 2.6 Competition Organisation

3. ARRIVALS

- 3.1 Arrival by Air
 - 3.1.1 Welcome Service
 - 3.1.2 Transportation of Equipment
- 3.2 Arrival by Train
- 3.3 Arrival by Road
- 3.4 Visa Requirements

4. TRANSPORT

- 4.1 Transport and Accommodation Desk
- 4.2 Bus Shuttle Service
- 4.3 Return to Airport / Train Stations

5. ACCOMMODATION & HOTEL INFORMATION

- 5.1 General Information
- 5.2 Information Desk
- 5.3 Official Hotels
- 5.4 Costs and European Athletics Quota
 - 5.4.1 European Athletics Regulation 503.11 and 510.8.
- 5.5 Payment Procedures
- 5.6 Meals
- 5.7 Meeting Rooms for Teams
- 5.8 Medical Services in the Hotels
- 5.9 Telephone Calls

6. ACCREDITATION

- 6.1 General
- 6.2 Accreditation Procedure
- 6.3 Loss of Accreditation
- 6.4 Access Areas for Teams

7. TECHNICAL INFORMATION

- 7.1 Technical Information Centre (TIC)
- 7.2 Technical Meeting
 - 7.2.1 Technical Meeting Agenda
- 7.3 Equipment
- 7.4 Inspection of the Competition Venue
- 7.5 Competition Area
- 7.6 Dressing Rooms
- 7.7 Physiotherapy
- 7.8 Training
 - 7.8.1 Training at the competition venue
 - 7.8.2 Training with Official Starters





8. COMPETITION REGULATIONS

- 8.1 Participation
- 8.2 Competition Entry Procedures
 - 8.2.1 Final Entries
 - 8.2.2 Final Confirmation
 - 8.2.3 Withdrawal
- 8.3 Competition Bibs
- 8.4 Competition Clothing

9. COMPETITION PROCEDURE

- 9.1 Timetable
- 9.2 Warming up Before Events
- 9.3 Assembly and Call Room Procedures
 - 9.3.1 Last Checkpoint
- 9.4 Event Presentation Format
- 9.5 Competition Preparations
 - 9.5.1 Field Events
 - 9.5.1.1. Trials in Field Events
 - 9.5.1.2. Measurements
 - 9.5.2 Field Events
 - 9.5.2.1. Starter's Commands
 - 9.5.1.2. Timing
- 9.6 Leaving the Stadium during the Competition
- 9.7 Leaving the Stadium after the Competition
- 9.8 Drinking Stations
- 9.9 Protests
- 9.10 Interviews
- 9.11 Victory Ceremonies
- 9.12 Doping Control
 - 9.12.1 General Information
 - 9.12.2 Selection of Athletes and additional controls
 - 9.12.3 Additional Controls

10. MEDICAL SERVICES

- 10.1 General
- 10.2 Medical Services in the Hotels
- 10.3 Medical Care at the Stadium
- 10.4 Physiotherapy

11. INFORMATION

- 11.1 Stadium
- 11.2 Start Lists and Results

12. SECURITY

13. OPENING & CLOSING CEREMONIES

- 13.1 Opening Ceremony
- 13.2 Closing Ceremony
- 13.3 Closing Banquet

14. DEPARTURE

15. CONTACT DETAILS

- 15.1 European Athletics office
- 15.2 Office of the Organising Committee
- 15.3 Others

16. European Athletics Anti-Doping Education Programme APPENDICES

Appendix 1 – Timetable

Appendix 2 - Implement List

Appendix 3 – Entry standards





Appendix 4 – Map of Stadium, Warm-Up and Training Areas Appendix 5 – Daily Maps





1. GENERAL INFORMATION

With about 300,000 inhabitants, Novi Sad is the administrative, economic, cultural and educational centre of the Autonomous Province of Vojvodina and the second largest city in Serbia. It is located on the 1,255 km of the navigable Danube, with the total area of the borough spreading over 702.7 km², at an altitude between 72 and 80 m above sea level.

Local language: Serbian, the languages of national minorities are also in the official use (Hungarian, Slovakian, Romanian, etc.)

Other languages: The citizens of Novi Sad usually communicate with foreigners in English Currency: Dinar. Coins of 1, 2, 5, 10 and 20 dinars and banknotes of 10, 20, 50, 100, 200, 500 and 5,000 dinars

Religion: Approximately two thirds of the population belongs to the Orthodox Christian confession, while Novi Sad has a number of Roman Catholic, Evangelical, Protestant and Greek Catholic Christian churches as well as a Synagogue.

Time zone: Western European (one hour ahead of the Greenwich Mean Time)

Climate: Humid continental

Electric power: Standard electrical voltage in the city network is 220 W

Water: Water from the municipal water supply is palatable.

Telephoning: To use public payphones, "Halo" and "HaloPlus" cards can be used, which allow communication with the foreign landline networks at much lower rates. Both cards can be bought at the offices of "Telekom Srbija" and the kiosks of "Futura Plus" and "Štampa".

Post office: Workdays 7am – 7pm, Saturdays 7am – 2pm

Banks: There are branch offices of all major European banks in Novi Sad and all types of debit and credit cards can be used

Shops: 8am – 8pm

Phrases: Dobro jutro – Good morning, Dobar dan – Good afternoon, Dobro veče – Good evening, Laku noć – Good night, U redu - Alright, Nema problema – No problem, Prijatno – Enjoy (your meal), Srećno – Good luck...





2. ORGANISATIONAL STRUCTURE

2.1 European Athletics Council

PresidentHansjörg Wirz (SUI)Vice PresidentsJosé Luis de Carlos (ESP)

Svein Arne Hansen (NOR) **Treasurer**Karel Pilny (CZE) **Director General**Christian Milz (SUI)

Council Members

Janez Aljancic (SLO)
Franco Arese (ITA)
Sylvia Barlag (NED)
Jonathan Edwards(GBR)
Frank Hensel (GER)

Dobromir Karamarinov (BUL)
Philippe Lamblin (FRA)
Toralf Nilsson (SWE)
Ludmila Olijar (LAT)

Ludmila Olijar (LAT)
Antti Pihlakoski (FIN)
Jorge Salcedo (POR)
Salih Munir Yaras (TUR)
Vadim Zelichenok (RUS)
Lamine Diack (SEN)
Carl-Olaf Homén (FIN)

IAAF President (ex officio member) European Athletics Honorary Life President

2.2 European Athletics Delegates

President's Delegate Svein Arne Hansen(NOR)

Technical Delegate(s)

Jorge Salcedo (POR)

Imre Matrahazi (HUN)

Doping Control Delegate Rosa Vidal (ESP)

Jury of Appeal Patrick van Caelenberghe (BEL) Chair

Gyorgy Smoczer (HUN) Ferran Estruch (ESP)

Race Walking Judges Tommy Dahllof (SWE) Chief

Steve Taylor (GBR) Jose Ganso (POR)

Anne-Christin Blanchere (FRA)

Michael Krynicki (POL) Jens Grunberg (GER)

ITOs/ATOs Gabriel Abad (ESP) Chief

John Cronin (IRL)
Gabrijel Ambrozic (SLO)
Anne Froberg (FIN)
Janusz Rozum (POL)

2.3 European Athletics Office

European Athletics Avenue Louis-Ruchonnet 18





1003 Lausanne, Switzerland Tel: +41 21 313 43 50 Fax: +41 21 313 43 51

E-mail: office@european-athletics.org Web: www.euroepan-athletics.org

2.4 Executive Board of Serbian Athletic Federation

President Vice-President Vice-President General Secretary Members

Snezana Pajkic
Aleksandar Rakovic
Slobodan Brankovic
Miroslav Kuburic
Zoran Petrovic
Milos Marinkovic
Mirjana Grujic
Slobodan Jovanovic
Zoran Drobnjak
Milanko Sarancic
Dragan Jovanovic
Milutin Ignjatovic

Velimir Ilic

2.5 Local Organising Committee

President Vice-President Vice-President Vice-President Members Snezana Samardzic-Markovic Bojan Pajtic Igor Pavlicic Aleksandar Popovic Slavisa Zlatanovic

Jovica Djukic Modest Dulic Aleksandar Kravic Borislav Novakovic Blazo Popovic

Snezana Lakicevic-Stojacic

Slobodan Brankovic Zoran Jovanovic Dusan Bajatovic Moma Colakovic Jovan Tanurdzic

2.6 Executive Committee

President Members Borislav Novakovic Slavisa Zlatanovic Jasminko Pozderac





Modest Dulic Aleksandar Kravic Moma Milovic Nebojsa Vujkov Nemanja Milenkovic Jovo Bjelobaba Aleksandar Ivic

2.7 LOC Management

General Director Executive Director / Finance Competition Director

Art Director

Protocol / Hospitality

Press / Media Facilities

Accreditation, IT

Travel / Accommodation Promotion / Marketing

Medical / Doping

Volunteers Security Stevan Zoric
Petar Nikolic
Ivica Matijevic
Atila Kapitanj
Nebojsa Vujkov
Djordje Vukmirovic
Zorica Ninic-Stupar
Drazen Bosnjak
Zeljko Colakovic
Vukasin Tanurdzic
Zoran Santovac
Dragana Zivkovic
Nenad Dikic
Ivan Toncev
Srbislav Stojisic

2.8 Competition Officials

Competition Director Meeting Manager Technical Managers

Event Presentation Manager Competition Secretary

Technical Information Centre Manager - TIC

Marshall

Victory Ceremony Manager

Judges Manager Call Room Referee Track Events Referees

Starters

Chiefs Photofinish

Field Events Referees

Ivica Matijevic Ozren Karamata Anton Gluhak Milorad Recevic Marko Milinkov Milena Acic-Zaric Dragana Nestorovic Nenad Milinkov Milan Solaia Snezana Stancetic Miodrag Jelic Katica Gluhak Dragan Stefanovic Vesna Repic State Alkusevski **Borislay Pisic** Zoran Zlokolica

Gordana Tidilov-Milinkov

Dusko Milicic Marko Indjin

Laslo Keckes Miodrag Zatezalo Sanja Bordjoski Milan Nozinic Mirko Zeljkovic





Combined Events Referee Secretary of the Jury of Appeal Nebojsa Zdravkovic Sonja Etinski





3. ARRIVALS

3.1 Arrival by Air

Belgrade International Airport "Nikola Tesla" is the official airport.

3.1.1 Welcome Service

Upon arrival, teams will be met by team attaches. There will be at least one team attaché per team. A welcome desk will be located at the arrival lounge and will be open from 8.00 to 21.00 (depending on the travel schedules).

Once luggage has been collected, team members will be escorted to buses which will take them to their hotels. Teams will then be taken to the Accreditation Centre.

Coach transport will operate for teams. Coaches will be allocated to teams and will be clearly identified by signage. These coaches will be parked in the buses parking area (in front of the Airport arrival area).

The transfer time from the airport to the official hotels is 1 hour.

3.1.2 Transportation of equipment

The LOC representative will take the poles from the airport directly to the storage room at the Stadium. Each pole must be labelled with a sticker showing name of athlete and country code.

3.2 Arrival by Train

Teams planning to arrive by train must inform LOC of arrival time in advance. LOC will provide transfer to the athlete hotels.

3.3 Arrival by Road

Teams arriving by road are kindly asked to go directly to their hotel, where representatives from the LOC will welcome them.

3.4 Visa Requirements

The following countries require visas to enter Serbia:

Albania(ALB), Armenia(ARM), Azerbaijan(AZE), Georgia(GEO), Moldova(MDA), Turkey(TUR), Ukraine(UKR)

Visas should be obtained before leaving your country, from Serbian Embassy or Consulate. Should you have any problems, or require a letter of invitation please contact the LOC.





4. TRANSPORT

4.1 Transport and Accommodation Desk

The transport desk will be located at the athlete's village and will be open from 21 July till 27 July from 8.00 to 21.00

4.2 Bus Shuttle Service

A regular bus shuttle service will be provided between the team hotels, training venues, social functions, the technical meeting and the competition venue. Full details of the schedule will be displayed at the Information desk in each hotel. Transfer times between the hotels and the competition venue will be between 5–10 min, depending on the hotel location and traffic conditions.

The following arrangements have been made for the Athlete's village:

21 and 22 July

Route: Athlete's village-Training Stadium-Restaurant-Main Stadium-Athlete's

village

Frequency: Every 30 min

Times: Starting from Athlete's village at 7.00. Last shuttle time at 21.30

23 – 26 July

Route: Athlete's village-Training Stadium-Restaurant-Main Stadium-Athlete's

village

Frequency: Every 15 min

Times: Starting from Athlete's village at 6.45. Last shuttle time at 22.00

For the Opening Ceremony on 22 July, all teams will be taken by bus at 19.15. Return buses leave at 22.00.

All athletes and officials with accreditation card can use public transport in Novi Sad free of charge in period 21 July – 27 July

4.3 Return to Airport / Train stations

Transport will be arranged according to the flight schedules submitted by the teams. Further information will be available from the hotel information desks.





5. ACCOMMODATION & HOTEL INFORMATION

5.1 General Information

The LOC has reserved 5 good quality student's dormitories for teams, providing full board accommodation and easy accessibility to both the centre of Novi Sad and the competition venue.

5.2 Information Desk

An information desk will be located in the lobby of each dormitory within the Athlete's village, which will be open 21 July - 27 July, from 7.00 to 22.00.

5.3 Official Hotels

Team Accommodation

Dormitory Name	Address		www	No. of beds
Zivojin Culum	Liman IV, Stefana 5	Bul.Despota	www.studentskicentarns.co.yu	372
Novi B	Liman IV, Stefana 5	Bul.Despota	www.studentskicentarns.co.yu	372
Novi C	Liman IV, Stefana 5	Bul.Despota	www.studentskicentarns.co.yu	354
Sajmiste	Slobodana Bo	ajica 17	www.studentskicentarns.co.yu	262
23. Oktobar	Grbavica, Da	nila Kisa 27	www.studentskicentarns.co.yu	194
Klara Fejes	Grbavica, Ale	kse Santica 4	www.studentskicentarns.co.yu	120

VIP Hotel

Hotel Name	Address, Telephone & Fax				www	
Park	Novosadskog 4888888	Sajma	35,	+381	21	www.hotelparkns.com

Media Hotels

Hotel Name	Address, Telephone & Fax	www
Novi Sad	Bul.Jase Tomica bb +381 21 442 511	www.hotelnovisad.co.yu
Sajam	Hajduk Veljkova 11 +381 21 420 266	www.hotelsajam.co.yu





5.4 Costs and European Athletics Quota

For all athletes within the European Athletics Quota, the European Athletics will pay for full board accommodation, as stipulated in the European Athletics Competition Regulations (508.1.4 and 510.4), for a maximum of six nights. No contribution shall be made in respect of athletes representing the host European Athletics Member Federation.

The European Athletics has previously informed all Member Federations about the allotted free places. The allocation of the free places is based on the results (places 1-8 achieved), the number of participants per country at the European Junior Championships 2007 in Hengelo and the European Junior season best list 2008:

ALB 2	ISR 3
AND 2	ITA 14
ARM 2	LAT 8
AUT 3	LIE 2
AZE 2	LTU 6
BEL 7	LUX 2
BIH 2	MDA 3
BLR 12	MKD 2
BUL 6	MLT 2
CRO 6	MNE 2
CYP 3	MON 2
CZE 10	NED 9
DEN 2	NOR 9
ESP 13	POL 23
EST 5	POR 4
FIN 10	ROU 16
FRA 28	RUS 38
GBR 27	SRB Host
GEO 2	SLO 4
GER 38	SMR 2
GIB 2	SUI 6
GRE 8	SVK 3
HUN 8	SWE 9
IRL 4	TUR 5
ISL 2	UKR 20

Those Member Federations with 1 free place will receive an additional free place under the condition that they have at least one male and female athlete. Host Country (SRB) as host of the Championships has not been allotted any free place.

Team officials are allocated per team as follows:





Number of Athletes From - to	Number of Team Officials Up to ¹	Maximum number of Additional officials (out-of-ratio) ²
1 - 3	1	1
4 - 6	2]
7 - 10	3	2
11 - 15	5	3
16 - 20	7	3
21 - 25	9	4
26 - 30	11	4
31 - 35	13	5
36 - 40	15	5
41 - 45	17	6
46 - 50	18	7
51 - 55	19	9
56 - 60	20	10
61 - 70	21	14
71 - 80	22	18
Plus 10	+ 1	+4

- ⇒ Team Officials include: Head of Delegation, Team Leaders(s), Coaches, Medical Staff (medical doctors and physiotherapists), Team Press Liaison, Personal Coached and others;
- ⇒ Each participating team shall be allocated a minimum number of single rooms equal to 10 per cent of the total number of team members entered in the final entries (e.g. 10% of 40 team members equals 4 single rooms to be allocated).
- (1) The number of above mentioned team officials is eligible for fixed price accommodation and other benefits. European Athletics will not cover these officials' accommodation costs;
- (2) For Personal coaches beyond the maximum number of out-of-ratio officials packages can be offered without accommodation including accreditation with access to the warm-up, training facilities and team seats.

For the remaining team members, the following rates apply for full board accommodation:

Team Members	Single room (CHF)	Twin room (CHF)	
Athletes out of quota	90 per person/night	90 per person/night	
Officials within the ratio	90 per person/night	90 per person/night	
Officials outside the ratio	120 per person/night	90 per person/night	
Personal Coaches	160 per person/night	130 per person/night	
Additional nights (more than 6 night)	120 per person/night	90 per person/night	

All prices include meals and VAT

Each team will be allocated a minimum number of single rooms equivalent to 10% of the total number of athletes and officials within the quota. This will be charged at the rate of 90 CHF (up to 6 night maximum). Any single rooms above the 10% threshold will be charged at the rate of 120 CHF.





The team leader must settle any extra charges (bar, laundry, telephone etc) at the hotel reception desk, before departure.

All payments must be made in RSD, Euros or CHF

5.4.1 European Athletics Regulation 503.11 and 510.8.

According to European Athletics Regulation 503.11 financial support (for travel, board/accommodation grants, etc.) may be reduced to any Member Federation which, after having announced its participation, does not take part or attends the competition with a number of athletes and officials materially higher or lower than the number stated in the Preliminary Entry. The latter applies only if the Preliminary Entry is more

According to European Athletics Regulation 510.8 the final account for accommodation attributable to each Member Federation shall be based on the numbers declared in the Final Entries and this shall be paid in full, no allowance being made for subsequent any reduction in the actual numbers of athletes and/or officials.

5.5 Payment Procedures

An invoice will be sent to each Federation detailing the amount they owe based on their preliminary entries. Federations are kindly encouraged to make an advance payment of at least 50% by 15 July 2009. Advance payments should be made by bank transfer to the following account:

For payment in CHF

Bank account name: Vojvodjanska Banka A.D. Novi Sad

Bank reference:

Bank account number: 100 936 5289 0000

Sort code: 35 - 355

Bank address: Trg Slobode 5-7, 21000 Novi Sad, Serbia

Swift No: VBUBRS22

IBAN: RS35 3550 0014 4712 1111 29

For payment in EUR

Bank account name: Vojvodjanska Banka A.D. Novi Sad

Bank reference: -

Bank account number: 100 936 5289 0000

Sort code: 35 - 355

Bank address: Trg Slobode 5-7, 21000 Novi Sad, Serbia

Swift No: VBUBRS22

IBAN: RS35 3550 0014 4712 1111 29

Please note: A copy of the bank transfer will be required on arrival.

The balance of the payment must be paid on-site by the Team Leader on arrival at the Accreditation Centre. Payment can be made by credit card (Visa and MasterCard only) or by cash in RSD (Serbian Dinars), CHF or Euros.

5.6 Meals

All meals will be served in the Main University Restaurant (500 seats).

The restaurant opening times are:

Breakfast 7.00 – 10.00 Lunch 12.00 – 16.00 Dinner 19.00 – 22.00





A late serving provision will be made for those athletes detained at the stadium due to doping controls or protests.

Accreditation cards together with meal voucher (which will be given to teams upon arrival) will allow access to meals.

For lunch and dinner, bottled water are available free of charge. All other drinks must be paid for.

5.7 Meeting Rooms for Teams

Arrangements can be made for team meeting rooms through the information desk in the Athlete's village. Requests shall be made at reasonable time in advance.

5.8 Medical Services in the Athlete's village

During the duration of the event there will be several ambulances. The main one will be located in the vicinity of the main University restaurant. This ambulance will be open from 8.00 to 20.00. There will be two doctors available at all times.

The other two ambulances will be located at the competition and training area. Those two ambulances will be open throughout the duration of the training/competition. Both ambulances will be fully equipped, with two doctors available at all times.

There will also be two emergency vehicles each located in the training/competition area throughout the duration of the training/competition.

In a case of a need for stationary treatment all competitors as well as other participants and spectators care would be provided by the Institute for Child and Youth Health Care of Vojvodina.

For all additional and further questions you can contact at all time

Mrs. Dr. Dragana Zivkovic, Manager of Medical department

Telephone Number: +381641393063, 24 hours/day. E-mail: medical@ejchnovisad2009.com.

5.9 Telephone Calls

There is not telephone in the rooms, but public telephones are available, In the Dormitories Lounge. All delegations will receive a telephone contact list of important phone numbers for the European Athletics Junior Championships Novi Sad 2009.





6. ACCREDITATION

6.1 General

Each team member will receive an accreditation card, which must be worn at all times and should be clearly visible. Security personnel will control all areas. The accreditation is not transferable and does not allow the holder to take another person beyond checkpoints. Photos are not required for the accreditation card system.

6.2 Accreditation Procedure

Accreditation cards will be prepared in advance of the event, based on the information provided by the Member Federation in the final entry submitted trough the Teams online Entry System. No changes will be accepted after the final entry deadline.

Accreditation cards will be distributed at the Accreditation Centre, after the payment procedure has been finished

6.3 Loss of Accreditation Card

Any lost or damaged accreditation cards should be reported to the Information desk in Athlete's Village, Accreditation Centre or TIC. Duplicate cards can be obtained where proof of identity can be established.

Unauthorised use of an Accreditation card will result in the card being confiscated.

6.4 Access Areas for Teams

A description of the accreditation system is included on the back of the accreditation card.

All team accreditation cards will allow access to the team seating area, warm up area, changing facilities and physiotherapy rooms. Only athletes who are about to compete will have access to the call room and to the infield.

The Head of Delegation from each team is invited to the VIP Hospitality area and will be given the necessary access number on the accreditation card.

Separate cards will be issued to Team Leaders, for access to the Mixed Zone, TIC, Combined Events Rest Area, Coaching Zones and Doping Control areas.

Tickets/separate cards will also be distributed to the coaches (1 per competing athlete) for the coaching areas, through the TIC.





7. TECHNICAL INFORMATION

7.1 Technical Information Centre (TIC)

The main function of the centre is to ensure smooth communication between each Team Delegation, the LOC and European Athletics Technical Delegates and the Competition Administration, regarding technical matters.

The TIC is located behind the East-South Tribune (see Appendix 4).

The TIC will be open at the following times:

Wednesday, 22 July	9.00 – 20.00
Thursday, 23 July	8.30 - 21.00
Friday, 24 July	8.30 - 21.00
Saturday, 25 July	8.30 - 21.00
Sunday, 26 July	9.00 – 21.00

The TIC will be linked to all information desks set up for this event and shall be responsible for the following:

- Receipt of written questions to be answered during the Technical Meeting
- Receipt of the Forms for the final declaration
- Competition information (start lists, results, etc)
- Liaison points concerning technical matters between Team Delegate(s), Technical Delegate(s), European Athletics and LOC
- Urgent notices collection and delivery of any urgent written notices to the Team Delegations from Technical Delegates, European Athletics and LOC
- Handling of technical enquiries from the teams
- Collection of items confiscated at the call room
- Request of documentation for national records (additional doping control and Omega photo finish prints)
- Withdrawal of athletes
- Receipt of final declaration of members of relay teams
- Receipt of appeals from the teams
- Official invitation and/or entrance tickets ordered by the teams

All technical information regarding the competition will be distributed to each delegation in a special mailbox given to each team. This information will also be displayed on information boards. Information put in the mailboxes will include daily programme, start lists, results as well as official information from European Athletics and LOC.

Access to the information in the pigeon boxes will be controlled by a separate entry card, not by the accreditation card. TIC cards will be given to each team leader.

Teams that were not able to attend the Technical Meeting, under extreme circumstances, can collect their competition numbers from the TIC after the technical meeting.





7.2 Technical Meeting

The Technical Meeting will be held on Wednesday, 22 July at 17.00 in the SPENS Centre, near the Stadium (See Appendix 4)

Each team may be represented by a maximum of two people and, if necessary, an interpreter. It is very important that all teams are represented at the Technical Meeting.

All questions related to the Technical Meeting must be presented in writing, preferably in English, to the TIC before 10.00 on Wednesday, 22 July. The Technical Meeting will be conducted in English.

A shuttle service from the athletes' village will be provided for this meeting – please refer to the information board in the athlete's village.

The Technical Meeting will be attended by:

- European Athletics President (or a representative)
- European Athletics Delegates
- Jury of Appeal
- International/Area Technical Officials (ITO/ATO)
- Representatives of the Local Organising Committee
- Relevant National Competition Officials
- TIC Representatives
- Competition Data processing representative
- European Athletics Staff

7.2.1 Technical Meeting Agenda

The preliminary agenda of the Technical Meeting includes:

- Welcome from the LOC President or his representative
- Welcome from the European Athletics President or his representative
- Presentation of the International Officials
- Presentation of the Senior Competition Officials
- Presentation of the competition and warm up sites
- Information from the Technical Delegates on the following points:
 - Qualification system for running and field events
 - o Raising of the bars (Qualifying Rounds and Final)
 - o Answers to written questions submitted by the delegations
 - Other relevant issues
- Doping Control & Medical
- Victory Ceremonies, Opening and Closing Ceremonies

7.3 Equipment and Implements

The implements provided by the LOC (see Appendix 1) are selected from those appearing on the current IAAF approved equipment list as at end of May.

Federations requiring IAAF approved equipment not listed by the LOC may present such equipment prior to the competition at the Implements Office in the Stadium (see Appendix4) for inclusion in the competition pool, subject to checking. Personal





implements must be presented at the Implements Office in the Stadium by 19.00 h in the evening before the start of each event, and will be returned only after the completion of the final of each event.

Basic implements will be provided for warm up and training.

Vaulting poles must be presented in the stadium by 19.00 in the evening before the start of each pole vault event. The poles will be kept in a locked store and will be brought to the competition site in due time by the organisers. After the competitions, the organisers will take the poles back to the store and further transportation will be arranged by the organisers as required.

7.4 Inspection of Competition Venue

Heads of Delegation may visit the venue at the Stadium, inspecting access routes and other facilities which will be important to the teams before the Technical Meeting, on Wednesday 22 July *at* 16,00. Heads of Delegation are to meet LOC members at the warm-up area at the Stadium, from where they will be escort on this visit.

7.5 Competition Area

Stadium Karadjordje and its surroundings are shown in Appendix 4. There are 11.000 seats in the stadium.

The stadium has the following competition sites:

- 8 lanes
- 2 High Jump sites
- 2 Pole Vault sites
- 2 sites for Long/Triple Jump
- 2 Shot Put Circles
- 1 Combined Discus/Hammer Circle
- 2 Javelin sites

The Warm up area has the following sites:

- Synthetic track 120 m with 6 lines
- 1 site for Long/Triple jump
- 1 site for Discus/Hammer
- 1 site for Javelin
- 1 site for Shot Put

Track surface on the Competition and Warm-up area is Polytan

Athletes' seats are located in the South, and North-West tribunes (see Appendix)

7.6 Dressing Rooms

Dressing rooms with showers are located in the South-East tribune.

7.7 Physiotherapy





Physiotherapy tents with tables and ice machines will be near the Warm-up area

7.8 Training

Athletes will have the possibility to train in the Training Stadium "Djacko Igraliste", 1.2 km far from the Main Stadium (all events except Discus and Hammer throw)

Training Stadium has the following sites:

- 4 lanes around
- 6 lanes in the straight (both side)
- 1 high jump site
- 2 long/triple jump sites
- 1 pole vault site
- 2 shot put circles
- 1 javelin throw site

Track surface is Polytan, the same as on the main Stadium

Opening hours of the Training Stadium will be:

21 July (Tuesday)	15.00 - 20.00
22 July (Wednesday)	9.00 – 20.00
23 July (Thursday)	9.00 – 20.00
24 July (Friday)	9.00 – 20.00
25 July (Saturday)	9.00 – 20.00
26 July (Sunday)	9.00 - 12.00

Athletes in the events Discus and Hammer throws will have a possibility to train in the Warm up area, long throw field (see appendix)

Opening hours for the discus and hammer training will be:

```
21 July (Tuesday) 15.00 – 17.00 (hammer)
17.00 – 19.00 (discus)
22 July (Wednesday) 9.00 – 11.00 & 14.00 – 16.00 (hammer)
11.00 – 13.00 & 16.00 – 18.00 (discus)
23 July (Thursday) 8.30 – 10.00 & 17.00 – 18.00 (hammer)
12.30 – 14.00 & 18.00 – 19.00 (discus)
24 July (Friday) 8.00 – 9.30 & 18.00 – 19.00 (discus)
11.30 – 13.00 & 19.00 – 20.00 (hammer)
25 July (Saturday) 10.30 – 12.00 (discus)
12.00 – 13.30 (hammer)
```

Equipment and implements necessary for training will be available at the training venues. Officials will be present to help in the case of problems or special requirements. Drinks will be available at the training venues. Accreditation must be handed in when borrowing equipment, and will be returned to the athlete when the equipment is handed back in.

The Weight training room is situated in the Tent at the Warm up area and in the Sport Hall at the Training Stadium.

Open hours are:

War up area 21 July - 25 July 9.00 - 19.00

Training Stadium 21 July – 26 July at the official training time





Details about transportation for training sessions are included in the transport section of this manual. The transport schedule will be displayed at the information desks in the Athlete's village.

7.8.1 Training at the competition venue

Official training for all athletes at the Main Stadium will take place on 22 July at 10.00 - 12.00h. The competition Warm Up area will also be available during this time only (except for long throws training).

7.8.2 Training with Official Starters

This will take place at the Main Stadium on 22 July, from 10.30 to 12.00.





8. COMPETITION REGULATIONS

8.1 Participation

There will be 22 men's events and 22 events for women.

In accordance with European Athletics rule 503.2, all participants must comply with eligibility qualifications for Area Games or Championships as set out in the IAAF Rules furthermore only athletes aged from 16 to 19 years on 31 December of the year of the competition can participate. They must not reach 20 (twenty) years of age during the year of the Championships.

Competitors must be able to present, if requested to do so by the Technical Delegates, an official document stating their birth date.

Individual competition: 2 (two), 3 (three) or 4 (four) athletes can initially be entered per event provided all have achieved the entry standard for that event.

A maximum of 3 (three) athletes entered by any one European Athletics Member may compete provided that each athlete has reached the qualifying standard so far set for that event. Alternatively each European Athletics Member Federation may enter one athlete in each individual event even if such athlete has not achieved the qualifying standard for that event.

Relay teams: Every European Athletics Member may enter 1 (one) team in each relay event. 6 (six) athletes may be entered for each relay. From these 6 (six) and from any other athletes entered for any event in the Championships, 4 (four) athletes to start must be nominated at the time specified for the final declaration of runners.

8.2 Competition Entry Procedures

8.2.1 Final Entries

Final entries shall be made through the European Athletics Teams Online Entry System. The online entry system will be accessible on the European Athletics website: www.european-athletics.org in the section "Member Federations Zone/Competition".

Final entries indicating the name of the competitors and their performances as well as the names of the officials must be submitted to the LOC not later than 10 (ten) days before the first day of the competition.

According to the regulations the deadlines for final entries are:

Final Entries: Opening on 26 June (00:00 CET)

Closing on 13 July (24:00 CET)

8.2.2 Final Confirmation

Team Leaders or their representatives must confirm the names of those competitors already entered who will actually take part in the competition. Confirmation of athletes will not be accepted after the deadline (see table below).

For events held on the first day of the competition, Team Leaders or their representatives must take the final confirmation of entries of their athletes by 10.00 on 22 July. For events held on and after the 2nd day of competition, confirmation of entries must be made by 9.00 on the day before the event.





The composition of each relay team as well as well as the order of running shall be officially declared at the TIC, no later than one hour before the published first call time for the first heat of each round of the competition.

Forms for the final declaration and confirmation will be distributed to each delegation during accreditation. The forms must be completed and submitted to the TIC at the Stadium in accordance with the deadline set out in the table below:

Date	Time	Location
22 July 2009	10.00	TIC
23 July 2009	9.00	TIC
24 July 2009	9.00	TIC
25 July 2009	9.00	TIC

8.2.3 Withdrawal

Withdrawal of any confirmation must be indicated to the TIC at the Stadium in writing on the official withdrawal form.

8.3 Competition Bibs

The LOC will provide the teams with competition bibs after the Technical Meeting.

For individual events, each competitor will receive 4 bibs. These must be pinned to the front and back of the competition clothing, to the back of the tracksuit, and to the bag. Exceptions are made for High Jumpers and Pole Vaulters: these competitors are permitted to attach the bib only to the front or to the back of their competition clothing (plus their tracksuit and bag). Bibs must not be cut, folded or covered in any way.

Each runner in a relay team must wear the bib with the official three-letter country code of his/her national federation on his/her front. On his/her back the runner must wear the personal bib.

8.4 Competition Clothing

Competitors must wear the Federation's official team clothing.

The European Athletics has a record of the Team vests of all Member Federations on the European Athletics website. If the uniform displayed on the website differs from your current official uniform, a full set of photographs must be provided to the European Athletics (preferably in an electronic version) by 5 July at the latest:

- JPEG file, maximum resolution and size 300 dpi / 500KB
- Compressed ZIP file, if possible
- Mailto: competition@european-athletics.org
- Otherwise, the existing records will be used as reference.

Team clothing must be uniform. A competitor wearing any other clothing will have no access to the competition area and will not be allowed to compete.





This rule applies both to competition clothing (vest, shorts and tights) as well as to tracksuits.

The rule stipulating the compulsory wearing of the official competition clothing will be applied during the competition but also during any victory lap, interviews at the Stadium and Victory Ceremonies.

Dimensions of Spikes. Spike which projects from the sole or the heel shall not exceed 9 mm except in the high jump and javelin throw events where it shall not exceed 12mm. These spikes must be constructed that it will, at least for the upper half of its length, fit through a square sided 4 mm gauge.

The Sole and the Heel. The sole and/or heel may have grooves, ridges, indentations or protuberances, provided these features are constructed of the same or similar material to the basic sole itself. In the high jump and long jump, the sole shall have a maximum thickness of 13 mm and the heel in high jump shall have a maximum thickness of 19 mm. In all other events the sole and/or heel may be of any thickness.

Clothing will be checked in the call-room before athletes enter the infield.

As far as advertising is concerned, the Organisers refer to IAAF Rule 8 & 143 and the IAAF Advertising Rules and Regulations (version January 2009), in which detailed instructions regarding competition clothing and other equipment are given. Compliance with rules will be checked in the call-room and at the competition sites during the competitions. Athletes may not enter the competition site wearing clothes that do not comply with rules.





9. COMPETITION PROCEDURE

9.1 Timetable

Please refer to Appendix 2 for the competition timetable.

9.2 Warming Up Before Events

Warming up will take place in the Warm up area, behind the East tribune (See point 7.5.)

9.3 Assembly and Call Room Procedures

The Call for the participants will be made in the tent behind the East tribune, near Warm up area. It is the responsibility of the Team Leaders to ensure that their athletes are aware of the last check-in times for entry to the call room. Athletes arriving late may be excluded from participation in the event.

All athletes must report to the call room. Athletes in combined events need only report before their first event in each day.

Athletes must report to the Call Room before each event as follows:

Running events (included hurdles)	Heats and Finals	25 min
Long and Triple Jump	Qualification and Final	45 min
Shot Put	Qualification and Final	45 min
High Jump	Qualification and Final	55 min
Pole Vault	Qualification and Final	95 min
Discus	Qualification and Final	45 min
Hammer	Qualification and Final	45 min
Javelin	Qualification and Final	45 min
	Long and Triple Jump Shot Put High Jump Pole Vault Discus Hammer	Shot Put Qualification and Final High Jump Qualification and Final Pole Vault Qualification and Final Discus Qualification and Final Qualification and Final Qualification and Final

Athletes will be escorted from the Call room to the competition site before each event as follows:

•	Running events (included hurdles)	Heats and Finals	10 min
•	Long and Triple Jump	Qualification and Final	30 min
•	Throwing Events	Qualification and Final	30 min
•	High Jump	Qualification and Final	40 min
•	Pole Vault	Qualification and Final	80 min

9.4 Event Presentation format

In all <u>track events</u> the athletes will only be presented to the spectators, in the final races. When the athletes are ready in the starting area the announcer will present them starting from the first lane/position.

In all <u>field events</u> the athletes will only be presented to the spectators, in the finals. The athletes will be lined-up, facing the main tribune and VIP seats of the stadium. The announcer will present them starting from the left to right (according with starting orders).





9.5 Competition Preparations

9.5.1 Field Events

At the competition area and before the beginning of the event, each athlete may have practice trials. In the case of throwing events, the practice trials will be in draw order and always under the supervision of the Judges. Only official markers provided by the LOC will be allowed for marking the runways.

9.5.1.1 Trials in Field Events

In qualification for the final in Long Jump, Triple Jump, Shot Put, Discus Throw, Hammer Throw and Javelin Throw all athletes will be allowed a maximum of three trials. Once an athlete has achieved the qualifying standard, he shall not continue in the qualifying competition. In all field events, at least the best 12 athletes qualify for the final.

9.5.1.2 Measurements

All throwing and horizontal jumping events will be measured by Electronic Distance Measurements system (EDM).

9.5.2 Track Events

Tracksuits shall be placed in baskets at the start, and these will be taken to the Post Event Area for collection after the race.

9.5.2.1 Starter's Commands

The starter's commands will be given in English only.

The starter's command for the distances up to and including 400m and 4X400m relay are:

ON YOUR MARK

SET

GUN

For distances of 800m and over, the commands will be:

ON YOUR MARK

GUN

Omega starting blocks will be used at the European Athletics Junior Championships. These blocks have a false start detection system and are linked to the false start console.

9.5.2.2. Timing

Official timing will be provided by ST/Omega and the times will be displayed on the official boards. For all races of 800m or more, the elapsed time will be displayed on electronic board located at the end of each straight.

9.6 Leaving the stadium during the competition





An athlete may only leave the competition area when accompanied by a judge. The intention has to be communicated to the Referee.

9.7 Leaving the stadium after the competition

After the competition, athletes leave immediately through Post Event Area. The exit route passes the interview cameras of the TV, then through the radio interview room into the Post Event Area. The clothing baskets will be brought to the Post Event Area.

9.8 Drinking Stations

Water and soft drinks are provided in the mixed zone and in the Warm up area.

9.9 Protests and Appeals

Protests and Appeals will be handled in accordance with IAAF Rule 146.

In the first instance, protests must be made orally to the Referee by the athlete himself/herself or by a responsible official acting on his/her behalf (Rule 146.3). Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the result of that event (posted on the TIC information board).

Any written appeal to the Jury of Appeal must be signed by a responsible official on behalf of the athlete and submitted to TIC within 30 minutes after the official announcement of the decision made by the Referee.

When submitting an appeal form, a deposit of EUR 75, as set in the rules, must be paid. If the appeal is not allowed, the deposit will not be returned.

The Jury's decision will be provided in writing.

9.10 Interviews

Immediately after the competition all athletes will be guided through the mixed zone to meet the media: first the TV cameras, then the radio and finally the written press. It is for the athlete to decide whether he/she will give an interview however it is advised that the athletes should cooperate with the media for their own benefit and for that of the sport. The Local Organising Committee flash interview group will also interview the winning athletes and this will be distributed on monitors in the Media Tribune and on paper in the Media Centre.

- Flash Interviews these will be conducted in the mixed zone immediately following each event. Following television interviews, the athletes will be available for the media
- Official Interviews the first athlete in each event may be asked to attend an
 official interview. These press conferences will take priority over all other interview
 requirements. They will usually be held before doping control testing.

After each event, the winners will be brought to the Press Conference Room.





9.11 Victory Ceremonies

Teams will receive detailed information on the victory ceremonies for individuals and teams at the Technical Meeting. All the victory ceremonies will take place at the Award Ceremony Stage on the South-East Tribune (see Appendix 4) with the exception of the 4x400m relays which will be held at the Closing Banquet on Sunday evening.

Athletes must wear the official team clothing for the ceremonies and the presentation bibs provided by the LOC.

Team Leaders are requested to check their countries respective flags and anthems at the time of the Accreditation.

9.12 Doping Control

9.12.1 General Information

Doping control shall be conducted in accordance with IAAF Rules and Procedures under the supervision of the European Athletics Doping Control Delegate. Both urine and blood samples may be collected immediately before, and during, the Championships.

Athletes selected for doping control shall be informed by anti doping officers. Athletes will be required to sign a confirmation of notification. Athletes who are to be tested may invite a team official to accompany them to the Doping Control Centre (DCC).

A selected athlete has to report immediately from the time of official notification, except in cases mentioned in IAAF Anti-Doping Regulations 3.19. All selected athletes will be accompanied by a trained chaperone or Doping Control Officer from the time of notification until arrival at the DCC. Athletes are reminded that refusal to provide a sample can render them liable to disqualification and may lead to further disciplinary action.

Athletes who are required to use prescribed medication for the treatment of a medical condition should ensure that they have registered their medication, where necessary, through the Therapeutic Use Exemption system prior to attending the Championships.

9.12.2 Selection of Athletes

The selection of athletes for control will be made on a final position and/or random basis under the supervision of the European Athletics Doping Control Delegate. In addition, the selection of further athletes may be ordered at the discretion of the European Athletics Doping Control Delegate.

All athletes setting World or European records must report to the DCC to provide a sample. Failure to provide a sample will result in the record not being ratified.

9.12.3 Additional Controls

Additional athletes, such as those achieving National Records who have not been selected for doping control, may present themselves for testing. These athletes must





report to the TIC where they will have to complete the "Doping Control Request Form". They will then be escorted to the DCC.

The cost of this control will be paid by the European Athletics and will be deducted from the member federation's European Athletics subvention after the Championships.





10. Medical Services

10.1 General

The medical service is in charge of any medical assistance to the team leaders, the competition organisation, the personnel, the honorary guests as well as, during the competition, to the spectators in the stadium.

The participating teams are responsible for taking out their own insurance to cover illness or injury to any member of their team when travelling to and from European Athletics competitions and during the event itself (European Athletics Regulation 510.9).

In case of an emergency please contact the nearest medical aid station, in other cases the given instructions should be followed. Below is information on the medical care sites and relevant instructions. Dr Dragana Živković is in charge of the medical service and can be reached on +381641393063

10.2 Medical Services in the Hotels

The medical centre serves the athletes, trainers, other team members as well as members of the competition organisation. The medical centre is located the vicinity of the Main University Restaurant and will be open from 8.00 to 20.00. During other hours there will be a doctor on duty.

10.3 Medical Care at the stadium

The stadium medical service is responsible for any problems concerning the athletes' health. There is also a room for medical attention next to the finish line. The team doctor has access to the medical service facilities when an athlete of his/her own team is hurt or is in need of other medical attention. There are also well equipped physiotherapy facilities here. The stadium medical service is also responsible for first aid in the warming up area.

There are 2 (two) first aid teams on the infield, supervised by a doctor and marked with red crosses.

10.4 Physiotherapy

There are well equipped physiotherapy facilities in connection with the Medical Centre. The physiotherapy rooms are equipped with massage and treatment and will be open from 21July at 8.00 until 26 July at 20.00. Please reserve treatments at the Medical Centre office. The team physiotherapists and doctors may use the equipment in the physiotherapy rooms in co-operation with the medical staff.





11. Information

11.1 Stadium

Timing Boards

A clock showing the race time is positioned in the in-field near the finishing line as well as near the 100m, 200m and 300m start line.

Field Events Boards

The result of each trial in field events will be shown on rotating scoreboards.

Final and intermediate results of the field events will be indicated on the scoreboards above both of the bends.

The <u>qualifying marks</u> for the European Junior Championships Novi Sad 2009 will be marked in the following disciplines:

Throwing events: red lines in the landing sector

Announcements

Official announcements will be made in Serbian and English

11.2 Start Lists and Results

Start Lists for the first competition day will be available for Team Leaders after the Technical Meeting together with the competition bibs. For the following competition days the start lists will be available at the TIC.

Results will be displayed on the notice boards near the TIC.

Copies of the results of each day's events will be distributed to each Team Leaders at the TIC team mailboxes, on each evening of competition. Completed results in the form of a booklet will be issued to Team Leaders at the Closing Banquet.





12. Security

Instructions given by the LOC, the security personnel and the police must be followed in all areas, as well as during transport from one location to another.

The accreditation card must be worn at all times. If an accreditation is lost, this should be reported immediately to any LOC information desk.

The LOC emergency phone numbers are:

- +381 21 4890 314
- +381 21 520 490
- +381 63 520 109

The Public emergency phone numbers are:

- 92 Police,
- 94 Ambulance
- 95 Fire department

If necessary, the police can be contacted via the TIC at the Stadium. The TIC can also be contacted for lost and found objects.





13. Opening & Closing Ceremonies

13.1 Opening Ceremony

The Opening Ceremony will take place at the main City Square on 22 July, starting at 20.00. Only two athletes per teams will be included in the Ceremony. Other athletes and team officials are invited to be present. There will be organised transfer from Athletes' Village at 19.15. Return transfer will be at 22.00.

13.2 Closing Ceremony

The Closing Ceremony will take place on 26 July, immediately after the last event. All team members are invited; gathering no later than 19.45 at the meeting point situated behind the East tribune, near the Call Room.

13.3 Closing Banquet

The Closing Banquet will take place on 26 July at 21.30 in the "Jelisavetin Bastion" Club on Petrovaradin Fortress. All teams will be informed about transportation in due time. Everyone with accreditation or an invitation is welcome to attend.





14. Departure

Teams will be asked to provide full travel details in the final entry system. Teams will also receive a departure form, which should be completed and returned to the LOC Information Desk in the hotel, at least 24hours before departure, especially if there are any changes to the preliminary confirmed details.

Departure times of the shuttle buses from the hotel will be provided and displayed at the hotel Information Desk.

All outstanding fees, charges and possible other expenses must be settled with the cashier. On the day of departure the Team Liaison Officer checks the rooms together with the team leaders.

The LOC will take the polls from the Stadium Storage room to the Airport directly. Poles can be picked at the airport by Team leaders.





15. Contact Details

For further details about the European Athletics Junior Championships, Novi Sad 2009, please contact:

15.1 European Athletics Office

European Athletics Avenue Louis-Ruchonnet 18 1003 Lausanne, Switzerland

Tel: +41 21 313 43 50 Fax: +41 21 313 43 51

E-mail: <u>office@european-athletics.org</u> Web: <u>www.european-athletics.org</u>

15.2 Office of the Organising Committee

European Athletics Junior Championships, Novi Sad 2009 Mite Ruzica 1

21000 Novi Sad, Serbia Tel: +381 21 6612 804 Fax: +381 21 6612 805

E-mail: <u>office@ejchnovisad2009.com</u> Website: <u>www.ejchnovisad2009.com</u>





16. European Athletics Anti-Doping Educational Programme

European Athletics is determined to increase its fight against doping. We want to ensure a clean sport and fairness amongst all competitors. One way is to search for cheating athletes through doping controls. We are continuously increasing and improving the number of controls in all our events. However, controls and tests are only a tool to identify those athletes that already broke the rules and have cheated everybody by doping. We want to support the true and clean athletes when they start to engage in our sport. We need to show them that we are ready to help them and to give them guidance to challenge doping. European Athletics aims to promote education for awareness, knowledge and prevention. Only if the athletes know the rules and know the danger of doping they can act in the right way.

As a long term goal we desire to contribute with our programme to promote the ideal of fairness and respect among athletes. We need to fight doping as it is destroying the fundamental principle of our sport: fair play.

In order to target the youngest group of athletes, the programme which is supported by the UNESCO, the World Anti-Doping Agency (WADA) and the IAAF will be implemented for the second time at the European Athletics under 23 Championships in Kaunas/LTU (16-19 July 2009) and the European Athletics Junior Championships in Novi-Sad/SRB (23-26 July 2009).

Please encourage your athletes to take part in this important programme. Only together we can make our sport drug free.

16.1. Procedure of the Programme at the Championships

All competing athletes will have a chance to take part in an electronic quiz and also to learn with and interactive education tool to increase their knowledge about doping. The quiz is a multiple choice test which will give a detailed explanation in case of wrong answers, while the interactive tool gives the possibility to learn more about anti-doping procedures and side effects of drugs.

The programme will run on all 4 competition days in order to give all athletes the possibility to take part.

Participant of the Anti-Doping Education Programme will be invited for a lottery, where athletes can win valuable prices. The lottery will be conducted during the final banquet. Further information will be given to the athletes' welcome bags and displayed at the event.





Appendix 1 - Implement List

Appendix 2 - Timetable

Appendix 3 – Entry standards

Appendix 4 - Map of Stadium, Warm-Up and Training Areas

Appendix 5 – Daily Maps

Appendix 1

IMPLEMENTS LIST





MEN				
Catalogue No.	Company	Description	Colour	Certification No.
SHOT 6kg				
5132600	Nordic Sport	Brass, dia: 106mm	Gold	1-03-0295
PK-6/115	Polanik	Turned steel, dia: 115mm	Red	1-02-0262
PK-6/110-M	Polanik	Brass, dia: 110mm	Gold	1-02-0264
DISCUS 1.75kg				
6130175	Nordic Sport	Viking, stainless steel rim, fibreglass sides	Red	1-02-0288
6131175	Nordic Sport	Super spin, brass rim, black fiberglass sides	Black/gold	I-07-0392
CPD-1,75	Polanik	Universal, steel rim, plastic sides	Red	1-02-0268
CCD-1,75	Polanik	Carbon, brass rim, carbon sides	Red	1-02-0269
HAMMER 6kg				
5125600/5120010	Nordic Sport	Brass, dia: 105mm	Gold	1-02-0284
PM-6/105/UP/UW-130	Polanik	Turned steel, dia: 105mm	Yellow	I-02-0265
PM-6/105-S/UP/UW- 130	Polanik	Stainless steel, dia: 105mm	Metal	1-02-0266
JAVELIN 800g				
7913800	Nordic Sport	Master 70, steel, black cord	Blue	I-99-0013
7912800	Nordic Sport	Master 60, steel, black cord	Blue	1-99-0034
W-8-01	Polanik	Class I 60m, white/blue cord	yellow	I-00-0210
W-8-02	Polanik	Class II 70m, white/blue cord	Violet, yellow	I-00-0211

Appendix 1

WOMEN					
Catalogue No.	Company	Description	Colour	Certification No.	
SHOT 4kg	SHOT 4kg				
	Nordic				
5133400	Sport	Turned steel, dia: 104mm	Black	1-99-0026	
	Nordic				
5134400	Sport	Turned stainless steel, dia: 95mm	Silver	1-99-0028	
PK-4/100	Polanik	Turned steel, dia: 100mm	Red matt	1-99-0150	





	l	I		1 1
PK-4/95-S	Polanik	Stainless steel, dia: 95mm	Metal	I-00-0231
PK-4/105-S	Polanik	Stainless steel, dia: 105mm	Metal	1-00-0232
DISCUS 1kg				
6176100	Nordic Sport	Gold, brass rim, fibreglass sides	White/gold	1-99-0005
6131100	Nordic Sport	Super Spin, brass rim, black fiberglass sides	Black/gold	1-99-0031
CPD-1	Polanik	Competition, steel rim, plastic sides	Blue	I-99-0153
CCD-1	Polanik	Carbon, brass rim, carbon sides	Blue	I-00-0192
HAMMER 4kg				
5125400/5120010	Nordic Sport	Brass, dia: 95mm	Gold	1-99-0009
5127400/5120010	Nordic Sport	Stainless steel, dia: 95mm	Silver	1-99-0010
PM-4/95/UP/UW-130	Polanik	Turned steel, dia: 95mm	Yellow	I-99-0156
PM-4/95-S/UP/UW-130	Polanik	Stainless steel, dia: 95mm	Silver	I-00-0201
JAVELIN 600g				
7917601	Nordic Sport	Diana 60, steel, red cord, 60m	Pink	1-99-0015
7917602	Nordic Sport	Diana 50, steel, black cord, 50m	Pink	1-99-0016
7915600	Nordic Sport	Star 50, steel, black cord	Green	1-99-0029
W-6-01	Polanik	Class I 50m, white/blue cord	Light green,blue	1-00-0207
W-6-02	Polanik	Class II 60m, white/blue cord	Violet, yellow	1-00-0208

Notes:

Personal Implements will also be allowed, providing that:

- They are readily identifiable and are IAAF certified
- They are not already on the official list
- They have been checked for compliance with IAAF Rules
- They are made available to all the other athletes until the end of the Final

Appendix 2

TIME TABLE

1st Day	Thursday, 23 July		
9:30 9:55 10:00	100 m Dec 10 000 m Walk High Jump	Men Women Men	Final Qualification AB
10:20	Shot Put	Women	Qualification AB
10:25	Long Jump Dec	Men	AB
11:05	100 m	Women	Round 1
11:30	Hammer Throw	Women	Qualification A
11:35	100 m	Men	Round 1





12:05	Shot Put Dec	Men	AB Round 1 Round 1 Qualification B
12:10	400 m	Women	
12:40	400 m	Men	
12:40	Hammer Throw	Women	
15:45 15:50 16:00 16:35 16:55 16:55 17:05 17:10 17:15 17:30 17:45 17:45 18:05 18:10 18:15 18:35 18:55 19:10	Discus Throw High Jump Dec 800 m 400 m 400 m Discus Throw Long Jump 1 500 m Pole Vault 100 m 100 m 100 m Shot Put Javelin Throw 3 000 m Steeple Triple Jump 10 000 m Javelin	Men Men Women Men Women Men Women Women Women Women Women Women Women Women Men Women Men Men Men Men Men	Qualification A AB Round 1 Semi Final Semi Final Qualification B Qualification AB Round 1 Qualification AB Semi Final Semi Final Victory Ceremony 1 Round 1 Final Qualification A Round 1 Qualification A Round 1 Qualification A Round 1 Qualification AB Final Qualification B
1 <i>9:45</i>	Shot Put	Women	Victory Ceremony 2 Victory Ceremony 3
19:55	400 m Dec	Men	
<i>20:10</i>	10 000 m	Men	





2nd Day	Friday.	24 July

,	,, _ , _ ,		
9:30 9:50 10:10 10:25 10:30 11:00 11:10 11:25 11:35 12:00 12:35 13:45	110 m h Dec 110 m h Pole Vault 100 m h Discus Throw Dec 1 500 m High Jump 800 m Discus Throw Dec 400 m h 400 m h Pole Vault Dec	Men Men Men Women Men Women Women Men Men Men Women Men Men Men Men Men	Round 1 Qualification AB Round 1 A Round 1 Qualification AB Round 1 B Round 1 Round 1 Round 1
15:05 16:00 16:05 16:15 16:35 16:48 16:50 16:55 17:05 17:15 17:40 17:47 17:55 18:05 18:10 18:15 18:25 18:30 18:50 19:00	Hammer Throw 100 m h Triple Jump 110 m h 800 m Hammer Throw Javelin Throw Dec 100 m 100 m 3 000 m Steeple 100 m 100 m 400 m Long Jump 400 m Triple Jump 200 m Discus Throw 400 m 200 m	Women Women Men Women Women Men Women Men Women Men Women Men Women Women Men Women Men Women Men Women Men Women Men Women Men	Final Semi Final Final Semi Final Semi Final Semi Final Victory Ceremony 4 AB Final Round 1 Victory Ceremony 5 Victory Ceremony 6 Final Final Final Victory Ceremony 7 Round 1 Final Victory Ceremony 7 Round 1 Final Victory Ceremony 8 Round 1
19:25 19:30	400 m 1 500 m Dec	Men Men	Victory Ceremony 9





3 rd Day	Saturday, 25 July		
9:30 9:35 10:05 10:30 10:35 10:40 11:00 11:30 11:50 11:55	Discus Throw 100 m h Hep 10 000 m Walk High Jump Hep Shot Put Discus Throw Long Jump 4x400 m Javelin Throw 4x400 m	Women Women Men Women Men Women Men Women Women Women Momen Men	Qualification A Final AB Qualification AB Qualification B Qualification AB Round 1 Qualification AB Round 1
15:00 15:15 15:30 15:30 15:40 15:45 15:50 15:55 16:05 16:30 16:35 16:50 17:00 17:05 17:10 17:25 17:40 17:45 17:50 17:55 18:10 18:15 18:50 18:50 18:50 18:50 19:00 19:08 19:15 19:35 19:50	400 m h 400 m h 200 m Pole Vault Hammer Throw 200 m Shot Put Hep Decathlon 800 m Long Jump 100 m h Discus Throw 110 m h 10 000 m Walk High Jump Hammer Throw 800 m 3 000 m Steeple 100 m h Shot Put 200 m 110 m h 200 m 3 000 m Steeple 1 500 m 200 m Triple Jump 3 000 m Javelin 200 m Pole Vault 5 000 m High Jump 1 500 m 200 m	Women Men Women Men Men Women Men Men Women Men Men Men Men Men Men Women Women Women Women Women Women Women Men Women	Semi Final Semi Final Semi Final Final Qualification A Semi Final AB Victory Ceremony 10 Semi Final Victory Ceremony 11 Final Victory Ceremony 13 Final Qualification B Final Victory Ceremony 14 Final Victory Ceremony 15 Final Victory Ceremony 17 Final Victory Ceremony 17 Final Victory Ceremony 17 Final Victory Ceremony 17 Final Victory Ceremony 18 Qualification AB Final Victory Ceremony 19 Victory Ceremony 20 Final Victory Ceremony 20 Final Victory Ceremony 21 Victory Ceremony 22
4 th Day	Sunday, 26 July		
9:45	Long Jump Dec	Women	AB





 10:30
 4X100 m
 Women
 Round 1

 11:00
 4X100 m
 Men
 Round 1

 11:00
 Javelin Throw Hep
 Women

15:00 Hammer Throw Men Final

15:05 Shot Put Men Victory Ceremony 23

Men		Event	Women	
15:15	Javelin Throw	Men	Victory Ceremony 24	
15:30	Pole Vault	Men	Final	
15:32	3 000 m	Women	Victory Ceremony 25	
1 <i>5:4</i> 5	5 000 m	Men	Victory Ceremony 26	
15:45	High Jump	Women	Final	
16:00	400 m h	Women	Final	
16:05	Triple Jump	Women	Final	
16:10	400 m h	Men	Final	
16:25	800 m	Men	Final	
16:35	400 m h	Women	Victory Ceremony 27	
16:40	Discus Throw	Women	Final	
16:45	4x100 m	Women	Final	
17:00	1 500 m	Women	Final	
17:10	Hammer Throw	Men	Victory Ceremony 28	
17:20	4x100 m	Men	Final	
17:24	400 m h	Men	Victory Ceremony 29	
17:32	800 m	Men	Victory Ceremony 30	
17:40	3 000 m Steeple	Men	Final	
17:51	1 500 m	Women	Victory Ceremony 31	
17:58	Triple Jump	Women	Victory Ceremony 32	
18:00	Long Jump	Men	Final	
18:05	800 m Hep	Women		
18:08	4x100 m	Women	Victory Ceremony 33	
18:20	High Jump	Women	Victory Ceremony 34	
18:25	Javelin Throw	Women	Final	
18:30	5 000 m	Women	Final	
18:50	4x100 m	Men	Victory Ceremony 35	
18:57	3 000 m Steeple	Men	Victory Ceremony 36	
19:05	4x400 m	Women	Final	
19:13	Pole Vault	Men	Victory Ceremony 37	
19:20 19:27	Discus Throw	Women Women	Victory Ceremony 38	
	Heptathlon		Victory Ceremony 39	
19:34 19:40	5 000 m 4x400 m	Women	Victory Ceremony 40	
1 9:40 19:47		Men Men	Final Victory Coromony 41	
19:47 19:54	Long Jump Javelin Throw	ivieri Women	Victory Ceremony 41 Victory Ceremony 42	
19:04	JUVEIII ITIIOW	VVOITI C IT	VICIOIY CEIEITIOITY 42	

VC for the 4X400 men & women will be at the Closing Banquet.

Appendix 3

ENTRY STANDARDS





10.75	100	10.00
10.75	100m	12.00
21.75	200m	24.60
48.50	400m	55.50
1:51.50	800m	2:09.50
3:51.00	1500m	4:30.00
-	3000m	9:50.00
14:45.00	5000m	17:15.00
31:35.00	10000m	-
9:16.00	3000m Steeple	11:00.00
14.80 (1,067) – 14.35 (0,99)	110m / 100m H	14.20
53.75	400m H	61.00
-2.12	High Jump	1.79
5.00	Pole Vault	3.80
7.40	Long Jump	6.05
15.30	Triple Jump	12.80
16.00 = 7.26kg / $17.60 = 6$ kg	Shot Put	13.80
50.00 = 2kg / $54.00 = 1.75$ kg	Discus Throw	47.00
60.00 = 7.26kg / $65.00 = 6$ kg	Hammer Throw	55.00
66.00	Javelin Throw	48.50
Junior implements 7000	Decathlon / Heptathlon	5150
Senior implements 6850		
45:00.00	Walk 10000m	52:00.00
NES	4x100m & 4x400m	NES

NES = No entry standard

Entries

Individual participation

Each EAA Member Federation may enter up to 4 (four) athletes in each individual event of whom up to 3 (three) may participate provided all of them shall have achieved the qualifying standard for that event (see regulation 508.1.3).

Alternatively each EAA Member Federation may enter one athlete in each individual event if such athlete has not achieved the qualifying standard for that event (see regulation 508.1.3).

Relay teams

Each EAA Member Federation may enter 1 (one) team in each relay event. Up to 6 (six) athletes may be entered for each relay. From these 6 (six) and from any other athletes entered for any event in the European Athletics Junior Championships, the 4 (four) athletes to participate must be nominated at the time specified for the Final Declaration.

Conditions:

Performances must be achieved between the 1st January 2008 and 13th July 2009;



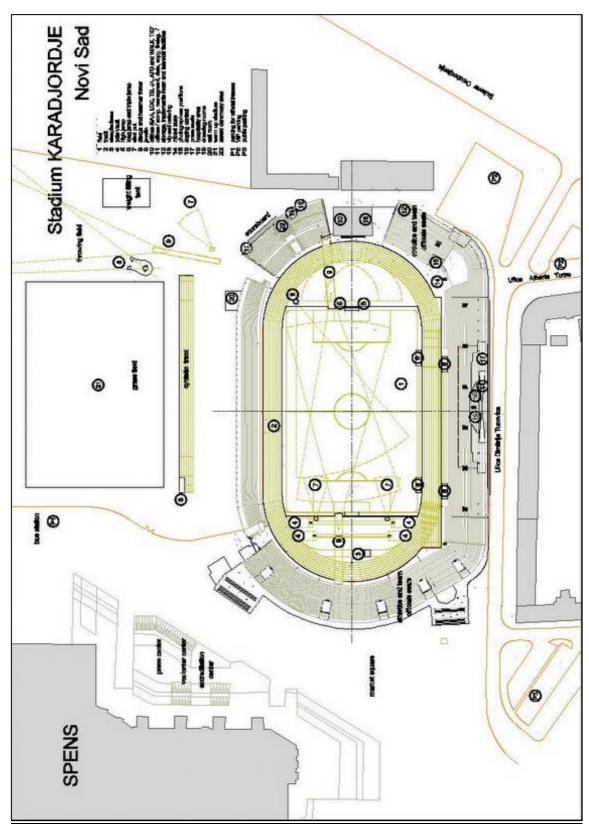


- Performances must be achieved in bona fide competition (either indoors or outdoors) organized in conformity with IAAF Rules;
- Performances must be achieved during competitions organized or sanctioned by the IAAF, its Area Associations or its National Member Federations. Thus, results achieved at other competitions must be certified by the National Federation of the country in which the competition was organized;
- Performances achieved in mixed events (between male and female participants), held completely in the stadium, and shall be only accepted in the conditions set in IAAF Rule 147. However entry standards achieved in these events shall only be accepted upon presentation of the reasons to stage such mixed events and previous agreement by European Athletics on the acceptance of these performances as entry standards;
- Wind assisted performances in the relevant individual events and combined events will not be accepted (the conditions set in IAAF Rules 260.22 (d) and 260.27 will be applied);
- Competitors must comply with eligibility qualifications for Area Games or Championships as set out in the IAAF rules;
- No athlete may compete in the European Championships unless entered by an European Athletics Member Federation;

Appendix 4



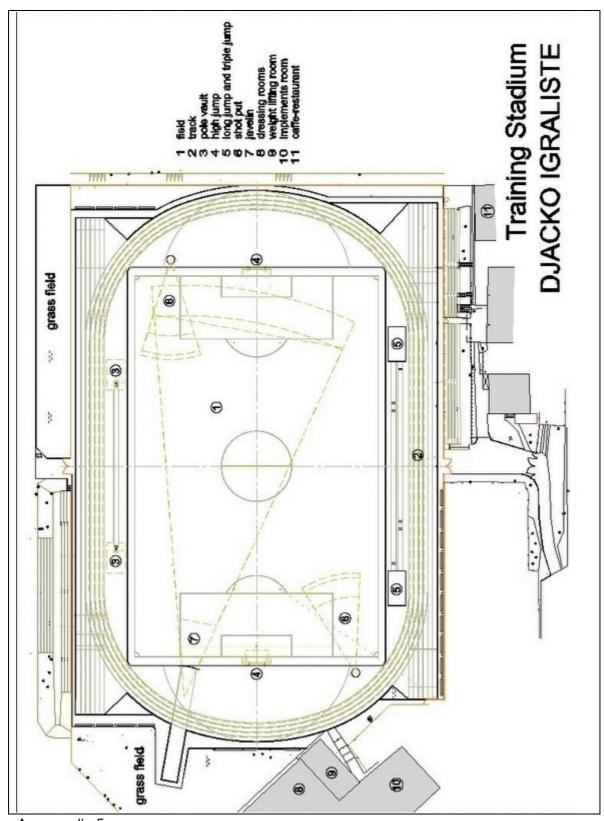




Appendix 4







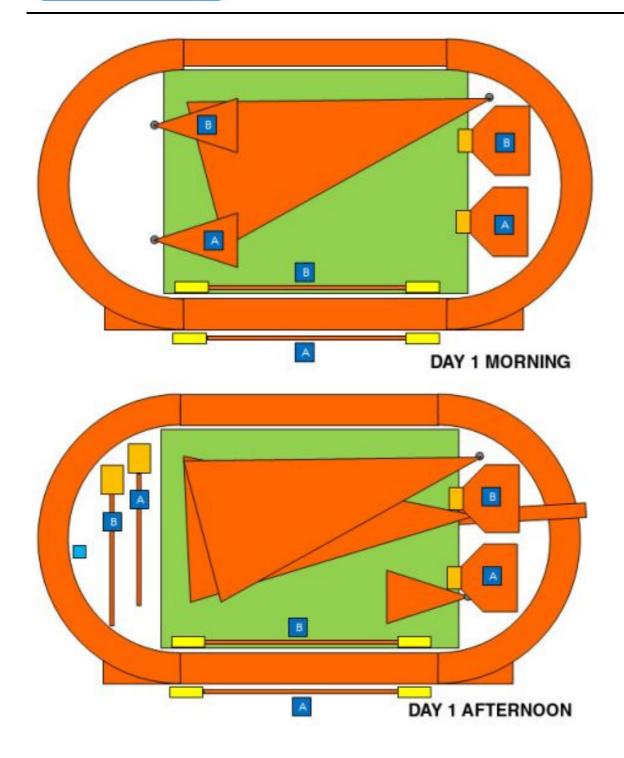
Appendix 5

DAILY MAPS

Thursday, July 23, 2009



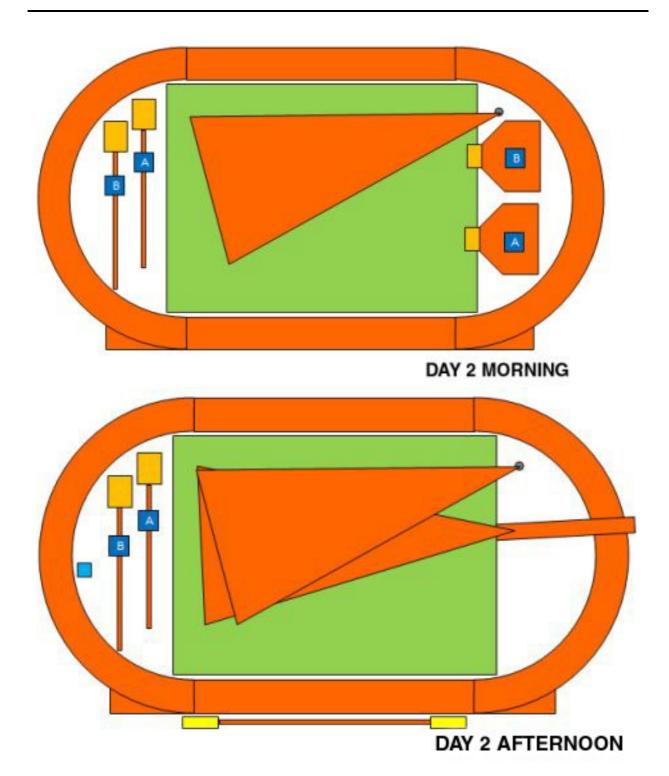




Friday, July 24, 2009



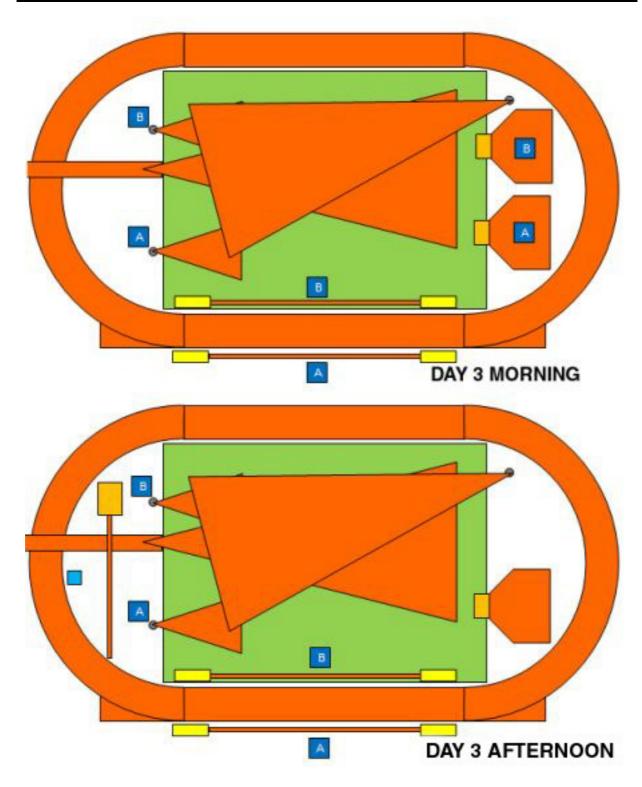




Saturday, July 25, 2009



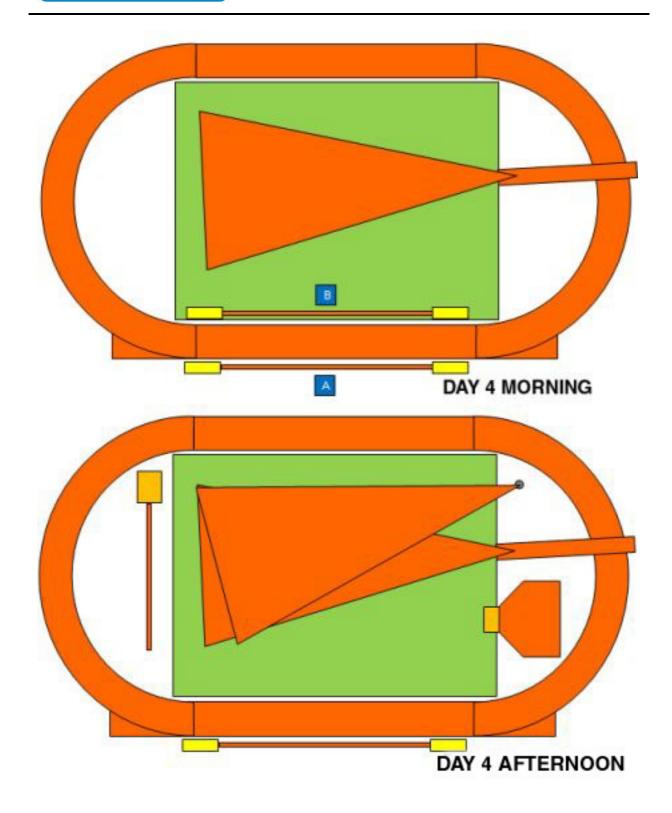




Sunday, July 26, 2009









EUROPEAN ATHLETICS JUNIOR CHAMPIONSHIPS

INTERNATIONAL PARTNERS







INSTITUTIONS









NATIONAL PARTNERS















