## **Eagle Ridge Hospital Foundation**



Incorporated in 1982, Eagle Ridge Hospital Foundation is committed to raising funds for the equipment the hospital needs to stay abreast of

technological change, and to replace worn and outdated items. In fact, more than 60 per cent of all new hospital equipment is bought with money raised by the Foundation. Under the governance of a volunteer board, the Foundation sponsors several special events including the Evening of Caring, a gala dinner auction, and the Charity Golf Classic, that raise thousands of dollars towards the purchase of essential hospital equipment. We are fortunate to receive support from many residents, businesses, service clubs and community groups.

## Ways to Give

Donating to Eagle Ridge Hospital Foundation is an investment in the future. The generosity of the community is essential so that the hospital can provide the best care for Tri-City residents. The Foundation gratefully accepts gifts of cash and securities, as well as donations made through a planned gift. A bequest to the Foundation in your will, or through other forms of estate planning, can become a legacy, enriching the lives of future generations. To talk to someone about making a gift of any size, call 604-469-3128.



## **Our Philosophy**

Physicians, nurses and other care providers at ERH are guided each day by the hospital's philosophy, expressed in the Healing Continuum, which states:

"Health is a state of physical, emotional and spiritual wellbeing, not just the absence of disease or infirmity. It is having the energy, joy and courage for life's activities. It is accepting that life has problems and that one works responsibly and courageously toward a solution or modification of those problems. Health is not an end in itself it is a quality through which hopes and dreams may be achieved."



### Contacts

Please call for more information:

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> Hazel Postma, Foundation Director: 604-469-3206

Hospital Switchboard: 604-461-2022

# EAGLE RIDGE HOSPITAL







The Heart of a Healthy Community

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Eagle Ridge Hospital Foundation
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## Welcome to Eagle Ridge Hospital

Eagle Ridge Hospital provides primary and secondary level health care to the residents of Coquitlam, Port Coquitlam, Port Moody, Anmore and Belcarra. We provide emergency, ambulatory, long-term care and acute care programs under the auspices of the Fraser Health Authority. A centre of excellence for elective surgery, the hospital also houses clinics for asthma; diabetes; rehab services and programs for cardiology; children's grief recovery; youth crisis response and early psychosis prevention.

## **Rehabilitation & Transitional Care**

As a regional referral centre for rehabilitation, Eagle Ridge Hospital provides full-service physiotherapy and occupational therapy for transitional care, rehabilitation and out-patients. These are people of all ages who are recovering from brain injuries, strokes, heart attacks and amputations.



## **Our History**

Since opening in October 1984, Eagle Ridge Hospital has earned a reputation as a leader in the provision of innovative programs and quality care while striving to incorporate technological changes in treatment and diagnosis.

By the mid-1990s, a surge in population in the Tri-Cities led to the expansion of the emergency department, the opening of the ambulatory care area and Eagle Ridge Manor, an extended residential care facility. Currently, Eagle Ridge Hospital oper-



ates 96 medical and surgical beds with another 75 beds in the Manor. In 2003/2004 two additional operating rooms were opened for a total of six, as well as a six-bed monitored care unit for patients who need monitoring and/or assistance breathing. Eagle Ridge Hospital focuses on elective surgical procedures, specialising in general surgery, urology, gynaecology, plastics and orthopaedics.

## **Ambulatory Care Centre**

Eagle Ridge Hospital's Ambulatory Care Centre became a reality in September 1998. A vital component of the hospital, Ambulatory Care houses the main admissions area and the medical and surgical day-care units. Eagle Ridge Hospital Foundation matched government funding for the expansion of the emergency and ambulatory care departments, raising \$1.1 million towards this dream.

## **Children & Youth Programs**

#### The Children's Grief Recovery Program

was the first of its kind in B.C. and for the past 10 years it has helped children learn to cope with the death of a loved one. During the 10-week program, children aged seven to 12 learn through role playing, structured activities and art therapy to work through their grief and come to terms with their loss.

The Early Psychosis Intervention Program enhances recognition of early signs and symptoms of psychosis so that effective treatment can be started as soon as possible.

**The Youth Crisis Response Program** serves children younger than 19 who are in an acute crisis state.

## **Eagle Ridge Manor**

Eagle Ridge Manor provides 24-hour care in a home-like environment for 75 residents in private and semi-private rooms. Members of the interdisciplinary care team, which includes volunteers, empower residents to live life to the fullest extent possible through a variety of programs providing stimulation, rehabilitation and pure pleasure.