

# MOST VALUABLE PLAYER - SEABL MEN -

	<b>East Men</b>	<b>South Men</b>
2008	<b>CJ Massingale</b> Knox Raiders	<b>David Gruber</b> Frankston Blues
2007	<b>Anthony Petrie</b> Canberra Gunners	<b>Anthony Stewart</b> Hobart Chargers
2006	<b>Anthony Petrie</b> Canberra Gunners	<b>Denver TenBroek</b> Bendigo Braves
2005	<b>David Gruber</b> Frankston Blues	<b>Shawn Redhage</b> Bendigo Braves
2004	<b>Grant Keys</b> Canberra Gunners	<b>Shawn Redhage</b> N W Tasmania Thunder
2003	<b>Andrew Bogut</b> Australian Institute of Sport	<b>Jamie Holmes</b> Mt Gambier Pioneers
2002	<b>Allen McCowan</b> Albury/Wodonga Bandits	<b>Matt Rueter</b> Knox Raiders
2001	<b>Kevin Daley</b> Geelong Supercats	<b>Eric Hayes</b> Ballarat Miners
2000	<b>John Rillie</b> Penrith Panthers	<b>Ricky Daniels</b> Bendigo Braves
1999	<b>Stephen Black</b> Australian Institute of Sport	<b>Ricky Daniels</b> Bendigo Braves
1998	<b>Chuck Guittar</b> Dandenong Rangers	<b>Clyde Jordan</b> Geelong Supercats
1997	<b>Chris Sneed</b> Dandenong Rangers	<b>David Bower</b> Hobart Chargers
1996	<b>Jason Kaiser</b> Dandenong Rangers	<b>David Bower</b> N W Tasmania Originals
1995	<b>Mike Kelly</b> Nunawading Spectres	<b>Troy Muilenberg</b> Frankston Blues
1994	<b>Curtis Blair</b> Kilsyth Cobras	<b>Mike Kelly</b> Nunawading Spectres
1993	<b>Ron Nunnelly</b> Murray Bridge Bullets	
1992	<b>Jeff de Laveaga</b> Canberra Gunners	
1991	<b>Steve de Laveaga</b> Nunawading Spectres	
1990	<b>Steve de Laveaga</b> Nunawading Spectres	<b>Eric Cooks</b> Ballarat Miners
1989	<b>Eric Cooks</b> Ballarat Miners	

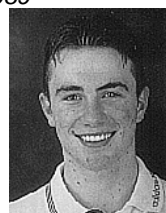
*Award commenced in 1989*



**STEVE DE LAVEAGA**  
1990 & 1991 MVP



**RICKY DANIELS**  
1999 & 2000 SOUTH MEN MVP



**STEPHEN BLACK**  
1999 EAST MEN MVP



**DAVID BOWER**  
1996 & 1997 SOUTH MEN MVP

# COACH OF THE YEAR - SEABL MEN -

	<b>East Men</b>	<b>South Men</b>
2008	<b>Mark Radford</b> N W Tasmania Thunder	<b>Bill Runchey</b> Frankston Blues
2007	<b>Frank Arsego</b> Canberra Gunners	<b>Mark Chivers</b> Hobart Chargers
2006	<b>Frank Arsego</b> Canberra Gunners	<b>Paul Tudorovic</b> Ballarat Miners
2005	<b>Marty Clarke</b> Australian Institute of Sport	<b>Grant Wallace</b> Kilsyth Cobras
2004	<b>Brad Barnes</b> Canberra Gunners	<b>Mark Radford</b> N W Tasmania Thunder
2003	<b>Marty Clarke</b> Australian Institute of Sport	<b>Mark Radford</b> N W Tasmania Thunder
2002	<b>Frank Arsego</b> Australian Institute of Sport	<b>Mark Chivers</b> Hobart Chargers
2001	<b>Leigh Gooding</b> Albury/Wodonga Bandits	<b>Ray Borner</b> Ballarat Miners
2000	<b>Mark Watkins</b> Bankstown Bruins	<b>David Flint</b> <b>Mark Chivers</b> Bendigo Braves      Hobart Chargers
1999	<b>Mark Landells</b> Kilsyth Cobras	<b>Grant Wallace</b> Nunawading Spectres
1998	<b>Bill Runchey</b> Frankston Blues	<b>Terry Kealey</b> Geelong Supercats
1997	<b>Gordie McLeod</b> A I S	<b>Curt Forrester</b> Penrith Panthers
1996	<b>Paul Mellet</b> Dandenong Rangers	<b>David Flint</b> Bendigo Braves
1995	<b>Rob Morgan</b> Knox Raiders	<b>Phil Thomas</b> N W Tasmania Originals
1994	<b>Brendan Joyce</b> Ballarat Miners	<b>Brendan Joyce</b> Ballarat Miners
1993	<b>Wayne McDougall</b> Broadmeadows Broncos	
1992	<b>Rob Morgan</b> Knox Raiders	
1991	<b>Alan Knights</b> N E Melbourne Arrows	
1990	<b>Colin Donovan</b> Nunawading Spectres	
1990	<b>Alan Westover</b> Ballarat Miners	

*Award commenced in 1990*



**ALAN KNIGHTS**  
1992 WINNER



**DAVID FLINT**  
1997 & 2000 SOUTH MEN  
WINNER



**RAY BORNER**  
2001 SOUTH MEN WINNER



**FRANK ARSEGO**  
2002, 2006 & 2007 EAST MEN  
WINNER

# AUSTRALIAN YOUTH PLAYER OF THE YEAR - SEABL MEN -

	<b>East Men</b>	<b>South Men</b>
2008	<b>Chris Goulding</b> Southern District Spartans	<b>Brock Motum</b> Australian Institute of Sport
2007	<b>Patrick Mills</b> Australian Institute of Sport	<b>Sean Carroll</b> Knox Raiders
2006	<b>Patrick Mills</b> Australian Institute of Sport	<b>Adam Gibson</b> Hobart Chargers
2005	<b>Nathan Herbert</b> Geelong Supercats	<b>Brad Robbins</b> Knox Raiders
2004	<b>Brad Newley</b> Australian Institute of Sport	<b>Brad Robbins</b> Knox Raiders
2003	<b>Andrew Bogut</b> Australian Institute of Sport	<b>Kurt Russell</b> Mt Gambier Pioneers
2002	<b>Luke McMillan</b> Hume City Broncos	<b>Matthew Knight</b> N W Tasmania Brewers
2001	<b>Daniel Egan</b> Hume City Broncos	<b>Braith Cox</b> Ballarat Miners
2000	<b>Jacob Holmes</b> Australian Institute of Sport	<b>Ben Hunt</b> Bendigo Braves
1999	<b>Stephen Black</b> Australian Institute of Sport	<b>Martin Price</b> Geelong Supercats
1998	<b>David Andersen</b> Australian Institute of Sport	<b>Andrew Beattie</b> Hobart Chargers
1997	<b>Glen Siegle</b> Dandenong Rangers	<b>Mark Nash</b> Hobart Chargers
1996	<b>Matthew Nielsen</b> Australian Institute of Sport	<b>Ben Harvey</b> N W Tasmania Originals
1995	<b>Matthew Nielsen</b> Sydney SKY	<b>Scott Mitchell</b> Dandenong Rangers
1994	<b>Jamie Pearlman</b> Canberra Gunners	<b>Rhys Newsome</b> Frankston Blues
1993	<b>Darren Winterbine</b> Newcastle Hunters	
1992	<b>Chris Blakemore</b> Australian Institute of Sport	
1991	<b>Tonny Jensen</b> West Sydney Slammers	
1990	<b>David Stiff</b> Knox Raiders	

*Award commenced in 1990*



**MATTHEW NIELSEN**  
1995 & 1996 EAST MEN WINNER



**DAVID ANDERSEN**  
1998 EAST MEN WINNER



**MATTHEW KNIGHT**  
2002 SOUTH MEN WINNER



**ANDREW BOGUT**  
2003 EAST MEN WINNER

# SEABL WOMEN AWARD HISTORY

	<b>MOST VALUABLE PLAYER</b>	<b>COACH OF THE YEAR</b>	<b>AUSTRALIAN U/23 YOUTH PLAYER</b>
2008	<b>Jenna O'Hea</b> Nunawading Spectres	<b>Mike Bainbridge</b> Nunawading Spectres	<b>Alex Duck</b> Albury/Wodonga Lady Bandits
2007	<b>Karen Ashby</b> Ballarat Lady Miners	<b>Kym Cassells</b> Ballarat Lady Miners	<b>Sarah Parsons</b> Kilsyth Lady Cobras
2006	<b>Karen Ashby</b> Ballarat Lady Miners	<b>Bernie Harrower</b> Bendigo Lady Braves	<b>Jenna O'Hea</b> Nunawading Spectres
2005	<b>Desiree Glaubitz</b> Ballarat Lady Miners	<b>Kym Cassells</b> Ballarat Lady Miners	<b>Zoe Carr</b> Nunawading Spectres
2004	<b>Jessica Bibby</b> Kilsyth Cobras	<b>Larissa Cavanagh</b> Nunawading Spectres	<b>Carly Wilson</b> Nunawading Spectres
2003	<b>Andrea Walsh</b> Bendigo Lady Braves	<b>Bernie Harrower</b> Bendigo Lady Braves	<b>Deanne Butler</b> Frankston Blues
2002	<b>Belinda Snell</b> Sydney Sharks	<b>Gary Fox</b> Kilsyth Cobras	<b>Shelley Hammonds</b> Illawarra Ospreys
2001	<b>Suzy Batkovic</b> Launceston Tornadoes	<b>Lisa Townsend</b> Nunawading Spectres	<b>Michelle Musslewhite</b> Dandenong Rangers
2000	<b>Penny Taylor</b> Nunawading Spectres	<b>Bernie Harrower</b> Bendigo Lady Braves	<b>Penny Taylor</b> Nunawading Spectres
1999	<b>Kelly Lemezs</b> Frankston Blues	<b>Bernie Harrower</b> Bendigo Lady Braves	<b>Kelly Lemezs</b> Frankston Blues
1998	<b>Kaui Wakita</b> Launceston Tornadoes	<b>Bob Sim</b> Illawarra Kittyhawks	<b>Larissa Cavanagh</b> Nunawading Spectres
1997	<b>Nina Cass</b> Bendigo Lady Braves	<b>John Cichowicz</b> Nunawading Spectres	<b>Julie Nankervis</b> Dandenong Rangers
1996	<b>Sharon Simons</b> Broadmeadows Lady Broncos	<b>Bernie Harrower</b> Bendigo Lady Braves	<b>Michelle Couling</b> Gippsland Pacers
1995	<b>Sharon Simons</b> Broadmeadows Lady Broncos	<b>Mike Bainbridge</b> Eltham Wildcats	<b>Allie Douglas</b> Eltham Wildcats
1994	<b>Debbie Black</b> Launceston Tornadoes	<b>Steve Barr</b> Knox Raiders	<b>Suzi Raymant</b> Knox Raiders
1993	<b>Sharon Simons</b> Broadmeadows Lady Broncos	<b>Steve Barr</b> Knox Raiders	<b>Suzi Raymant</b> Knox Raiders
1992	<b>Sue Barton</b> Bayside Blues	<b>Steve Barr</b> Knox Raiders	<b>Alison Bogle</b> Knox Raiders
1991	<b>Regina Days</b> Dandenong Rangers	<b>Alex Palazzolo</b> Dandenong	<b>Edith Clark</b> Illawarra Kittyhawks
1990	<b>Regina Days</b> Dandenong Rangers	<b>Larry Davidson</b> Newcastle Hunters	<b>Jackie Djordevic</b> Kilsyth Cobras

# ALL SEABL TEAMS

	East Men	South Men	Women
<b>2008</b>	Adam Gibson (Southern Districts) CJ Massingale (Knox) Cameron Rigby (Bendigo) Jamal Brown (Ballarat) Brad Nuckles (NW Tasmania)	Braith Cox (Geelong) Andrew Harms (Frankston) Nathan Herbert (Geelong) David Gruber (Frankston) Joe Werner (Kilsyth)	Nat Hurst (Launceston) Kristen Veal (NW Tasmania) Jenna O'Hea (Nunawading) Michelle Musselwhite (Ballarat) Gabrielle Richards (Bendigo)
<b>2007</b>	Patrick Mills (AIS) Shane McDonald (Nunawading) Brad Sheridan (Albury/Wodonga) Anthony Petrie (Canberra) David Gruber (Frankston)	Anthony Stewart (Hobart) Troy de Vries (NW Tasmania) Jon Croft (Kilsyth) Daniel George (Hobart) Chris Cameron (Kilsyth)	Nat Hurst (Albury/Wodonga) Andrea Walsh (Bendigo) Caitlin Cunningham (N'wading) Gabrielle Richards (Bendigo) Karen Ashby (Ballarat)
<b>2006</b>	Nick Payne (Albury/Wodonga) Patrick Mills (AIS) Jeff Dowdell (Albury/Wodonga) Anthony Petrie (Canberra) David Gruber (Frankston)	Braith Cox (Ballarat) CJ Massingale (Knox) Denver TenBroek (Bendigo) Ricky Daniels (Ballarat) Daniel George (Hobart)	Kathleen Macleod (Nunawading) Jessica Bibby (Kilsyth) Katrina Hibbert (Knox) Jenna O'Hea (Nunawading) Karen Ashby (Ballarat)
<b>2005</b>	Rhys Carter (Frankston) Rodey James (Mildura) Jermaine Williams (Mildura) Anthony Petrie (Canberra) David Gruber (Frankston)	Sam Armstrong (NW Tasmania) Damon Lowery (Kilsyth) Dallas Jeffree (Mt Gambier) Mark Nash (Hobart) Shawn Redhage (Bendigo)	Cassie Jordan (Launceston) Desiree Glaubitz (Ballarat) Julie Ofsoski (Frankston) Karen Ashby (Bendigo) Hollie Grima (Knox)
<b>2004</b>	Rhys Newsome (Frankston) Brad Newley (AIS) Darren Smith (Dandenong) Grant Keys (Canberra) Jamal Brown (Geelong)	Braith Cox (Ballarat) Glen Siegle (Knox) Mike Coleman (Hobart) Damian Anderson (Mt Gambier) Shawn Redhage (NW Tasmania)	Jessica Bibby (Kilsyth) Carly Wilson (Nunawading) Emily McInerny (Frankston) Nerida Gray (Knox) Karen Ashby (Bendigo)
<b>2003</b>	Rhys Carter (Geelong) Steven Markovic (AIS) Luke McMillan (Hume City) Grant Keys (Canberra) Andrew Bogut (AIS)	Braith Cox (Ballarat) Matt Shanahan (Kilsyth) Mike Coleman (NW Tasmania) Damian Anderson (Mt Gambier) Jamie Holmes (Mt Gambier)	Andrea Walsh (Bendigo) Deanne Butler (Frankston) Emily McInerny (Frankston) Nerida Jeffrey (Knox) Rebecca Cotton (Launceston)
<b>2002</b>	Rhys Newsome (Frankston) Allen McCowan (Alb/Wod) Greg Blake (Frankston) Grant Keys (Canberra) Daniel Kickert (AIS)	Braith Cox (Ballarat) Damian Anderson (Mt Gambier) Stephen Hoare (Nunawading) David Biwer (Hobart) Matt Reuter (Knox)	Julia Tan (Nunawading) Deanne Butler (Frankston) Belinda Snell (Sydney) Shelley Hammonds (Illawarra) Karen Reus (Bendigo)
<b>2001</b>	Rhys Newsome (Frankston) Allen McCowan (Alb/Wod) Kevin Daley (Geelong) Grant Keys (Canberra) Chris Stauber (Bankstown)	Braith Cox (Ballarat) Ben Hunt (Bendigo) Eric Hayes (Ballarat) Stephen Hoare (Nunawading) Mike Spears (Bendigo)	Jodie Datson (Nunawading) Michelle Musselwhite (D'nong) Belinda Snell (Sydney) Karen Reus (Bendigo) Suzy Batkovic (Launceston)
<b>2000</b>	Damien Robertson (Alb/Wod) John Rillie (Penrith) Damien Anderson (Mt Gambier) Brian Gomes (Dandenong) Scott Mitchell (Frankston)	Ben Harvey (Hobart) Ben Hunt (Bendigo) Eric Hayes (Ballarat) Brad Williams (Hobart) Ricky Daniels (Bendigo)	Kristi Harrower (Bendigo) Natalie Hughes (Sydney) Belinda Snell (Nunawading) Penny Taylor (Nunawading) Alison O'Dwyer (Launceston)
<b>1999</b>	Stephen Black (AIS) Damon Lowery (Kilsyth) Andrew Clarke (Canberra) Jacques Cormier (Penrith) Scott Mitchell (Frankston)	Ben Harvey (Hobart) Martin Price (Geelong) Rodney Walker (Geelong) Brad Williams (Hobart) Ricky Daniels (Hobart)	Desiree Glaubitz (Launceston) Deanna Smith (Bendigo) Emily McInerny (Bendigo) Kelly Lemezs (Frankston) Larissa Cavanagh (Nunawading)
<b>1998</b>	Ben Armstrong (N W Tasmania) Darren Smith (Hobart) Clyde Jordan (Geelong) Matt Alexander (Mt Gambier) Dave Biwer (Hobart)	Rhys Newsome (Frankston) Darren Perry (Knox) Paul Denman (Canberra) Chuck Guittar (Dandenong) David Andersen (A I S)	Jade Hyett (Knox) Andrea Cartledge (Kilsyth) Kerryn Henderson (Bendigo) Larissa Cavanagh (N'wading) Kau'i Wakita (Launceston)
<b>1997</b>	Greg Smith (Geelong) Steve de Laveaga (Bendigo) Mark Nash (Hobart) Dave Biwer (Hobart) Jason Joynes (Mt Gambier)	Travis Lane (Penrith) Stephen Hoare (N E Melb) Grant Keys (West Sydney) Cameron Burns (Kilsyth) Chris Sneed (Dandenong)	Jodie Datson (Kilsyth) Andrea Cartledge (Kilsyth) Nina Cass (Bendigo) Julie Ofsoski (Frankston) Kau'i Wakita (Launceston)

# ALL SEABL TEAMS

<b>1996</b>	Ben Harvey (N W Tasmania) Ryan Knights (Mildura) John Pierce (Nunawading) Dave Biwer (N W Tasmania) Eric Cooks (Ballarat)	Jason Kaiser (Dandenong) Darren Perry (Knox) Cameron Johnson (Frankston) Matt Nielson (A I S) Ben Melmeth (Newcastle)	Andrea Cartledge (Kilsyth) Nina Cass (Bendigo) Sharon Simons (B'meadows) Kauai Wakita (Launceston) Anita Huber (Knox)
<b>1995</b>	Steve de Laveaga (Bendigo) Frank Drmic (A I S) Shane Smith (Mt Gambier) Troy Muilenberg (Frankston) Eric Cooks (Ballarat)	Brad Rosen (Sydney) Wayne Howell (Knox) Mike Kelly (Nunawading) Matthew Nielsen (Sydney) Paul Simpson (N W Tasmania)	Debbie Black (Launceston) Katrina Hibbert (Eltham) Sharon Simons (B'meadows) Allie Douglas (Eltham) Anita Huber (Knox)
<b>1994</b>	Steve de Laveaga (Bendigo) Troy Muilenberg (Frankston) Mike Kelly (Nunawading) Dave Biwer (N W Tasmania) Steve Miller (Albury/Wodonga)	Curtis Blair (Kilsyth) Wayne Howell (Knox) Eric Hayes (Ballarat) Derrick Leak (Knox) Mark McCathrion (Dandenong)	Debbie Black (Launceston) Suzi Raymant (Knox) Sharon Simons (B'meadows) Julie Ofsoski (Frankston) Sue Barton (Frankston)
<b>1993</b>	Aaron Trahair (A I S) Steve de Laveaga (N'wading) Mike Kelly (N E Melbourne) Steve Miller (Albury/Wodonga) Eric Cooks (Ballarat)	Sean Sykes (Newcastle) Ron Nunnely (Murray Bridge) Wayne Howell (Knox) Ken Henry (Keilor) Norman Taylor (West Sydney)	Leanne Dunn (Broadmeadows) Racquel Marsh (Nunawading) Sharon Simons (B'meadows) Julie Ofsoski (Frankston) Sue Barton (Frankston)
<b>1992</b>	Jerome Lee (Keilor) Jeff de Laveaga (Canberra) Mike Kelly (N E Melbourne) Michael Cooper (Dandenong) Eric Cooks (Ballarat)	Drederick Irving (Bulleen) Steve de Laveaga (N'wading) Emery Atkinson (West Sydney) Albert Springs (Bayside) Marc Ridlen (Sydney City)	Leanne Dunn (Broadmeadows) Ying Chen (Broadmeadows) Alison Bogle (Knox) Tracy Wilson (N W Tasmania) Sue Barton (Bayside)
<b>1991</b>	Ricky Simpson (Mt Gambier) Willie Jennette (Mt Gambier) Wayne Howell (Knox) Michael Cooper (Dandenong) Joe Downs (Launceston)	Steve de Laveaga (N'wading) Randy Anderson (B'meadows) Eric Cooks (Ballarat) Marc Ridlen (Sydney City) Robert Utterback (Alb/Wod)	Sharon Nicola (Dandenong) Jenny Song (Broadmeadows) Lisa Mayo-Smith (Dandenong) Regina Days (Dandenong) Sue Barton (Bayside)
<b>1990</b>	Andrew Simons (NE Melbourne) Steve de Laveaga (N'wading) Willie Jennette (Adelaide) Randy Anderson (B'meadows) Eric Cooks (Ballarat)	Alphonse Hammond (W Sydney) David Johnson (Bendigo) Carlos Kelly (Albury/Wodonga) David Flint (Bendigo) Derek Sanders (Dandenong)	Cass Pujals (Sturt) Lisa Mayo-Smith (Dandenong) Jenny Song (Broadmeadows) Regina Days (Dandenong) Sue Barton (Bayside)
<b>1989</b>	Andre La Fleur (Mt Gambier) David Johnson (Bendigo) Eric Cooks (Ballarat) Dan Krebs (Devonport) Richard Ross (Albury/Wodonga)	Alphonse Hammond (W Sydney) Carlos Kelly (Bulleen) Willie Jennette (Bulleen) Anthony Ronaldson (A I S) Donnie Gipson (Gippsland)	
<b>1988</b>	David Johnson (Bendigo) Kevin Catron (Ballarat) Jeff Hayes (Adelaide)	Willie Jennette (Bulleen) Eric Cooks (Ballarat)	
<b>1987</b>	Eric Cooks (Ballarat) David Johnson (Bendigo)	Dean Uthoff (Dandenong) Rick Sharp (Broadmeadows) Cecil Exum (Bulleen)	
<b>1986</b>	David Johnson (Bendigo) Dean Uthoff (Dandenong) Bruce Bolden (Gippsland)	Eric Cooks (Ballarat) Ray Shirley (Knox)	
<b>1985</b>	Don Bickett (Manly-Warringah) Ray Shirley (Bulleen) Jim Stephens (Dandenong)	Russ Dyer (Knox) Neil Bieker (Knox)	
<b>1984</b>	Ray Shirley (Bulleen) Casey Jones (Bulleen) Randy Whieldon (Chelsea)	Neil Bieker (Knox) Reg Biddings (Broadmeadows)	
<b>1983</b>	Randy Whieldon (Chelsea) Jim Bateman (Newcastle)	Tim Shaw (Parramatta) Hugh Hobus (Melbourne) Ray Shirley (Bulleen)	

*Mens Award commenced in 1983*