# Back & White



# Wednesday 6 August 2008

# **Newington College**

www.newingtoncollege.nsw.edu.au 200 Stanmore Road Stanmore NSW 2048 PHONE 9568 9333 FAX 9569 0133 ABSENCE LINE 9568 9365 LOST PROPERTY 9568 9353 UNIFORM SHOP 9568 9427 EMAIL contact@newingtoncollege.nsw.edu.au NEWINGTON INFORMATION LINE - 9432 6460 Wet weather updated 7.00am Saturdays ANTI-BULLYING EMAIL welfare@newingtoncollege.nsw.edu.au SUBSCRIBE TO ENEWS enews@newingtoncollege.nsw.edu.au

# A FORTNIGHTLY BULLETIN FOR YEARS 7-12 FAMILIES

# **FROM THE HEADMASTER**

Space for Reflection

I read through the summary information provided each fortnight in the Black & White, I am impressed by the number of activities that our boys become involved in. Parents and staff too must feel the busy nature of their lives as they support and/or lead activities. Whilst these activities all provide great opportunities for our young men to learn and become part of the community there also needs to be a space to relax and reflect on our lives.

During the school week the short breaks for pastoral care contact and chapel provide brief opportunities for discussion and reflection on their lives. On the weekends we have tried wherever possible to leave Sunday free so that boys and parents can have time away from the business of school. As part of our planning for 2009 the new Headmaster (Dr David Mulford) has affirmed this need by strongly supporting that House/Year Chapel Services being held during the weekdays (ie not on Sunday).

### Cadets

This coming Friday is the Year 12 Final and Promotions Cadet Parade – starting at 3.00 pm. It is the first of many "final" activities for our Year 12's as they complete their time at Newington. Moving the "Parade" to this time in the year aims to free up our Year 12s so that a greater focus can be given to HSC/VET assessments. I encourage all Year 12 boys to take up this opportunity of using the extra time to work on their academic program.

**David Scott** 

# SECONDARY INSTRUMENTAL SHOWCASE

This concert will primarily involve ensemble music and will include performances by the College Orchestra and Symphonic Winds as well as String Ensembles and Jazz Groups.

# THIS WILL DEFINITELY BE A NIGHT NOT TO BE MISSED.

When: Thursday 14 August Where: Centenary Hall Time: 7.00pm

For more information visit the College website: www.newingtoncollege.nsw.edu.au

# **INSIDE AT A GLANCE** News

From the Head of Secondary 2	
Congratulations 3	Language Poetry Competition
	Ben Adler & Mert Korkusuz
	Chess Teams
	Joshua Ralph
	William Kostakis
Student Services 3	
Appointments 4	
Head of Community Engagement 4	
Singleton Bparding Expo 4	
Sports 5	From the Sportsmaster
	Congratulations
Dates for your Diary 6	
Careers 7	From the Careers Centre
Calendar 9	
From the Head of Music 9	

For coming events, Visit the WHAT'S ON on the Newington website

Deadline for the next Black & White: 5pm 15 August 08. Send all contributions by email to bw@newingtoncollege.nsw.edu.au.

### **Back To Newington Day**

May I commence this week by expressing my sincere thanks to the entire Newington College community for your support of our 2008 'Back to Newington Day'. After a week of rain, we were blessed with wonderful sunshine and the College looked simply resplendid! Twelve P & F stalls raised in excess of \$25,000.00 over the course of the day; a true credit to everyone's combined efforts. Special thanks to the numerous families who worked in the stalls to ensure that old boys, past and present parents and future families had a ball. There was an enormous amount of co-ordination and planning and in particular, I would like to acknowledge the dedication of Julie Amos, P & F secretary and Mrs Robyn McGaw for their exceptional efforts in the lead-up and execution of the day.

# Language Poetry Competition

What an extraordinary evening was held on 24 July when some 80 boys contested in the final of the Annual Language Poetry **Recitation Competition in the Centenary** Hall. Over Term 2, all our language students from Years 7-11 had the opportunity to

# FROM THE HEAD OF SECONDARY

present a poem in class and the top 3 students from each class were invited to contest in the finals. Last Thursday, the boys dazzled the audience with their fluent and dramatic presentation of poems in a range of languages including French, German, Latin, Japanese, Italian and Chinese. Never before have I been surrounded by such an impressive collection of bi-linguists - not in Australia anyway! May I commend all the boys who contested on the night and acknowledge the very fine teaching and organisation of Ms Leonie Wasson and her dedicated Language staff. Merci, Danke and Grazie!

# **Creative Arts**

Another recent personal delight was to witness the depth of talent on display at the 2008 Music Concerto Competition. Last Wednesday evening, 10 senior and 6 junior musicians competed and the quality of their performances was simply inspiring! My heartfelt congratulations to Marcus Whale (alto saxophone) who won the Senior competition and my commendations to Eric Shi (piano) and Matthew Ding (viola) for their second and third placings respectively.

Meanwhile, in the Music Practice Hall, Jonathan Lay (piano) secured first place honours in the junior boys, while Ciaran Frame (flute) and Alexander McNeil (clarinet) finished second and third. The audience and adjudicator were simply awestruck by the talent demonstrated on the night.

# Newington College Cadet Unit

Finally, please note that this week, we honour the commitment and leadership of our Year 12 Outdoor Education students. On Thursday evening, we will hold our inaugural Dining-In Night for Year 12 Cadets and Newington Challenge students in Prescott Hall, and on Friday we farewell our Year 12 cadets at their Passing Out Parade on Buchannan Oval at 3.00pm. It is most fitting that we celebrate these young men's distinguished service of over the past four years especially as at Newington College, service provides the true criteria for leadership! Well done and thanks!

Andrew Hirst



# Launguage Poetry Recitation Competition

A packed Centenary Hall was the venue for this year's annual Languages Poetry Recitation Competition Finals Night, held on Thursday 24 July. Newington linguists showed the benefit of their efforts in the high quality presentation of the poems that were set.

The Languages Department extends warm congratulations to all competitors, finalists and, of course, winners. Boys from all Language classes in Years 7-11 participated in class heats of the competition, with finalists from each class being selected to compete on the Finals Night. Boys were required to learn and present a selected poem in the language(s) they are studying, be it Chinese, French, German, Italian, Japanese and/or Latin. Participants were judged according to criteria such as pronunciation, intonation and presentation style.

The 2008 Finals Night was a resounding success, with the boys showing commendable inventiveness and flair in their presentations. Finals were held in Languages classrooms, with a delicious supper held in Centenary Hall before the recitations by the winners.

Congratulations to the following boys! Year 7 Winners:

Dylan Shipsey (French) Zubin Nanavati (German) Jonathon Fragakis (Japanese) CONGRATULATIONS

Jonas Groom (Latin)

### Year 8 Winners:

Michael Cameron (French) Max Miller Bock (German) Kohullan Kumardas (Japanese) Anthony Lombardo (Latin)

### Year 9 Winners:

Harrison Cox (French) Finlay McDonald (German) Ellis Vakirtzis (Japanese) Bradley Smith (Latin)

### Year 10 Winners:

Jakson Gray (French) Eric Shi (German) John Han (Japanese) Eric Shi (Latin)

### Year 11 Winners:

Gordon Qian (Chinese) Nicholas Grogin (French) Xavier Garofali (German) Paul Sohn (Italian) Daniel Jun (Japanese) Benjamin Adler (Latin)

Gift vouchers for the Language Book Centre will be presented before the whole school in an upcoming Assembly.

Leonie Wasson Head of Languages



Congratulations to Ben Adler and Mert Korkusuz from Year 11. The boys participated last weekend in the finals of the Bond University Mooting (Mock Trial) Competition at Bond University on the Gold Coast. They had previously won the regional finals of this competition. The boys performed admirably in a tough national competition, eventually won by Brighton Grammar School from Melbourne. They presented a plaque to the schol for winning the Regional Final. Well done Ben and Mert!

### Chess

Congratulations to the Intermediate and Junior teams competing in Friday's finals for making it to the Regional Championships in the Secondary schools competition.

The school plays Kingsgrove HS at Kingsgrove and representing us will be:

Intermediate	Junior
C. Nabung	J. Fotaras
E. Shi	J. Palmer
W. Ngiam	J. Lay
H. Cox	J. Ciofani (The J team)

Good Luck!

# World Vision

Congratulations to **Joshua Ralph** 11 PR who has been selected as a member of the NSW Advocacy/Ambassador Team for World Vision. He will be part of a team of 8 young people ranging in age from 16-25 years who will be involved in organising the youth program called Vision Generation for the Sydney region. Joshua's talents were recognised when he attended the World Vision Global Leadership Conference last term.



William Kostakis with Newington's Librarian Sue Richer

Nineteen-year-old William Kostakis, an old Newingtonian, has just published his first novel titled 'Loathing Lola'. The novel was launched last Friday evening at Newington College in Prescott Hall.

William's novel was launched by Newington's former Head of English, Michael Parker, and the event was attended by many of William's past teachers at the College, as well as a large number of recent graduates.

William was the winner of The Sydney Morning Herald's Young Writer of the Year Award in 2005 and earned a 50/50 for his HSC Extension 2 English short story in 2006.

### STUDENT SERVICES

The House Competition Day on Tuesday 22 July was another great day for the boys. While the weather was a little on the cool side it did not take long for the participants to warm up as they became involved in touch rugby, 6 a side football, four court tennis, cross country and chess. After a close contest, Kelynack House was able to claim victory with Johnstone House in second place. Amongst other things, this gives these two houses the opportunity to sit upstairs in the gallery level of the Centenary Hall for this term. These competition days focus on maximum involvement for all students. The boys are looking forward to the next such opportunity in early Term 4. All staff, including some non teaching staff, were heavily involved in the day with the organisers, Mr Phil O'Rourke and Mr Alex Pyne deserving special mention for their efforts. Full results can be found at http://www.newingtoncollege.nsw.edu.au/public/SecondarySchool/StudentCare/HouseSystem/HouseCompetitionDays.cfm

The Mufti Day on Friday 1 August raised over \$2000 for the Westmead Children's Hospital as part of the Jeans for Genes Foundation. Many staff also showed their support (and backed it up with a \$5 donation). Due to the excellent organisation from Theordore Triant the senior boys were able to wear their Yr 12 jerseys which arrived much earlier than in previous years.

# Safe Travel

The most important aspect of travel to and from school is safety. On public transport, and in cars, students should always behave safely and never do anything that may put themselves or others at risk. If students ever have any concerns regarding their safety, they should report it to the nearest responsible adult. On trains, this would include a station master or guard. For bus travel it may be the driver. The College expects students to show appropriate concern and respect for the comfort of other travellers. This includes giving up seats if any adult is standing, not placing bags in areas that obstruct free movement and ensuring their general behaviour and noise levels are not annoying to others.

Thank you to all the drivers who are careful to always drive safely in and around the school. Safety at busy pick up and drop off times is very important. The NSW government has introduced significantly higher penalties to protect the safety of students from dangerous practices such as double parking and speeding in the vicinity of schools.

# **Student Responsibility: Valuables**

Electronic devices such as iPods, MP3s, etc should only be brought to school if they are required for academic purposes. Unfortunately, from time to time, they are either misplaced or stolen, either within or outside of the school. When this occurs, the owner and their family often suffer, both financially and emotionally. The best option is simply to leave them at home. Mobile phones may be brought to school but must be placed in lockers for students in Years 7 -10 and turned off in class for seniors. Wallets should contain only a minimal amount of money. Valuables should never be left in change rooms. If they cannot be secured in a locker they should be given to staff for safe keeping.

# **Senior School**

Students in the Senior School are welcome to apply for a unique opportunity involving A voyage on the Young Endeavour in 2009. Further details can be found at **www. youngendeavour.gov.au** 

A reminder that Year 11 and 12 have major exams starting on Tuesday 26 August. These are followed by "Surviving the HSC" on Wednesday 10 September. This evening is for Year 11 students and parents. Please note this date in your diary. Year 10 should have completed subject choices for HSC courses but need to aware that their academic performance over the rest of this year may have implications to gaining entry into some subjects and levels.

On Wednesday 17 September all Year 11 will be attending a road safety day at the Sydney International Regatta Centre at Penrith. This is conducted by Rotary Youth Driver Awareness Limited (RYDA). The RYDA Program targets "awareness" and "attitudinal change" and seeks to encourage young people who are on the verge of driving to take a more responsible attitude towards motoring. Permission notes and more information in the weeks ahead.

On Friday 19 September Sgt Denise Colls from NSW Police will be speaking to all Year 12 boys in relation to safe driving and partying practices. This builds on many previous initiatives and will be supported by additional activities to reinforce key messages as these students experience their last few weeks of life at Newington. Paul Bourke Maria Plater

Head of Senior School

Acting Deputy Head of Senior School

# Middle School

### 8B

Parents of boys in 8B were informed late last term that the class would have a change of Tutor for Semester Two. The College has fortunately been able to retain John Layton on staff and he will continue with his tutor group for the remainder of the year.

### Year 9 Parent Teacher Evening

A further reminder that the Year 9 Parent Teacher Evening will be held on Tuesday next August 12 in Centenary Hall, from 6.30pm. Appointment lists will be sent home with boys in the days immediately before the evening. Please contact John Ioannou, Head of Year 9 for further details.

# **Community Service Program**

The Community Service Program involving all Year 8 boys along with some in Year 11 was launched this week. This program will expand throughout the College in the years ahead and will involve boys initially identifying with one of four organisations, The Salvation Army OASIS Program, The Fred Hollows Foundation, TEAR Foundation and CANTEEN. Boys have been allocated to one of these groups and will undertake a program that involves researching the organisation right through to being involved in the work that the group undertakes. Year 11 boys will act as leaders within these groups as will a number of Year 8 boys who have been put forward by their peers.

# Year 9 Electives 2009

Year 8 boys and their parents have now been supplied with all the relevant information required for the selection of elective subjects for Year 9 in 2009. A reminder that the final date for return of choice forms is Monday August.11

### **APPOINTMENTS**

# New Head of Wyvern: Mr Andrew Coote

Newington College is pleased to announce that the new Head of Wyvern House is Mr Andrew Coote who is presently the Head of Junior School at Ravenswood in Gordon. Andrew will take up his post in Term 1 2009, replacing the Acting Head of Wyvern House Mr Ian Holden.

Mr Coote is presently in his seventh year at Ravenswood – a fellow Uniting Church and IB school – having also taught at schools in NSW and Queensland. He also has international experience in Thailand, Kenya and Israel. His academic qualifications include a Masters Degree in Educational Administration, Bachelors degree in Education and a TESOL (Primary) Certificate. Andrew has a passion for education and is actively involved in a range of professional bodies which ensure his awareness of current best practice and innovation. In order to achieve excellence, Andrew is committed to building a dynamic team, establishing clear strategic directions and a collaborative learning environment where best practice is the fundamental underpinning principle.

Andrew is looking forward to leading the team at Wyvern House as they enter a vital period of growth and development.

### COMMUNITY ENGAGEMENT

# **Back to Newington Day**

Back to Newington Day was a wonderful opportunity for me to experience the whole Newington College Community pulling together and having a great time. The commitment and passion shown by everyone in both the build up and on the day was amazing to see. The Community Engagement Team were busy running various functions which supported the day's activities.

# Draft Community Engagement Plan Development

The draft plan is currently being compiled. I am still receiving comments from the community and would like to thank Lindfield parents for their input last week.

# Data base

If you have not already given your form back could you please complete it and then return it to the class tutor. We appreciate your support in getting all information up to date. Many thanks.

### **Colette McKiernan**

Head of Community Engagement



Over 20 women attended a working bee on Friday 25 July in preparation for Back to Newington Day. Pictured here (from left to right) Kath Clarke, Julie Amos, Helen Fenton-Kerr and Simone Ventura. The ladies are busy making big black bows to decorate the stalls with.

### SINGLETON BOARDING EXPO

Over the weekend, Newington staff held a successful expo in Singleton where parents and families came along to express their interest in the College, as well as to gain more of an insight into Newington's boarding facilities. The first photograph shows Mr Clive Parkin (Head of Boarding), Dr Raymond Nobbs (Admissions Manager) and Mrs Sharon Brideson (Admissions Officer) ready and eager to answer enquiries.

A reception for Old Boys in the area was also held on the Friday evening at which the Deputy Headmaster spoke. The second photograph shows Mr Peter Franks chatting with Mr Fred Tulloch JP, a former Deputy Mayor of Singleton Shire Council and the most senior of the Old Newingtonians (1939-41) attending the function.



Clive Parkin - Head of Boarding, Dr Raymond Nobbs - Admissions Manager, Sharon Brideson - Admissions Officer



Mr Peter Franks - Deputy Headmaster, Mr Fred Tulloch JP, a former Deputy Mayor of Singleton Shire Council

### SPORTS

### FROM THE SPORTSMASTER

# **Coaching opportunities**

Parents who are interested in assisting with coaching at Newington College (in any sport) should contact the Sportsmaster, Mr Graham Potter at g.potter@newingtoncollege. nsw.edu.au or on 9568 9396. We welcome suitably qualified parents. Normally we require a minimum of a Level One coaching qualification and training can be provided for suitable candidates. However, we would normally avoid a parent being placed in the situation of coaching their own son.

# Newington Invitational Cross Country

This Saturday 9 August sees our Cross Country Community host our annual Invitational Carnival. The first race begins at 10.00am at Sydney Park (Corner of Princes Highway and Sydney Park Road, St Peters). It is always a wonderful day of excitement and good racing. If anyone would like to assist with marshalling or with the barbeque, please contact Adam Hellyer on 9568 9511. We wish the three age group teams the best in their efforts on their home track.

# **Positive Criticism**

I would like to take this opportunity to offer some advice to all players/competitors in all sports. On occasion coaches may offer positive criticism regarding aspects of a team or individual's performance. Similar to marking class work, this advice is not offered as a personal criticism but to improve future performance and encourage appropriate behaviours.

It is important for all boys to understand the benefits of an appropriate response to this advice. I do not usually use specific examples to illustrate my point but will do on this occasion.

The first is with the 1st XV last Saturday. Having had many points put on them in the first half against SHORE, where everything went right for the opposition, the team responded to criticism at half time to play a strong second half when it could have been very easy to 'hang the boots up' for the day and as such the team lost with dignity.

The second is with the 1st Football XI - in the past few weeks this team (although winning) have been criticised for their attitude to official decisions. Last Saturday saw many contentious decisions go against the team. Instead of worrying about the decision, the team went about their business and conducted themselves with honour and won with humility.

Well done to both teams

### Graham Potter Sportsmaster

## **10 GPS Representatives**

For a third year in a row we have had the majority of our 1st XI secure highly sort after positions in the GPS representative teams. Our dominance in these teams continues with 10 GPS representatives in 2006 (7 in the 1st GPS XI), 9 in 2007 and 10 again this year.

We also proudly announce that our Director of Football Brian Dene has been appointed as the Australian Schoolboys Assistant Coach.

GPS 1st XI - Theodore Triant (Captain of GPS 1st XI & NSW CIS representative), Elliott Clark (NSW CIS representative, Alex Greeley and Dane Rampe. GPS 2nds- Chris Reid (NSW CIS Representative) and James Morris. GPS 3rds - Ric Saunders, Pranav Menon and Nathan Tsioulos

A successful day of fixtures was held on Buchanan where all 3 GPS teams defeated CAS. Out of the 10 goals scored on the day, 7 of them were scored by Newington College footballers.

### **CIS** (Combined Independent School) Football Cup

A record number of 50 teams entered this mid-week knock out competition this year. Newington has successfully reached the final for the last 3 years, winning it twice in 2005 and 2007. With only 4 teams left standing, the excitement is now mounting. We will be playing Riverview in the 1st semi final. The game will be played at Football NSW headquarters at Parkleigh but the date has not been set yet. We will advise by email as soon as we have a date. We look forward to a strong Black and White cheer squad at Parkleigh on this evening. Well done to our 1st XI, win or lose you have done us proud.

### **AESFA** (Australian Elite Football Academy) International Tournament

In the recent holidays, two of our junior teams entered the AESFA International tournament and competed against tough competition from local elite NSW Premier League representative teams and travelling teams from overseas. Newington also hosted the team from South Korea in our boarding house. Both our U13 & U15 teams finished a credible third and displayed great sportsmanship and skill in a very tough competition. We are very excited about the future of Newington football with such great results from our junior teams. Congratulations to all of you and to the band of parent supporters, the coaches Mr Maxwell and Mr Honeywill and Managers James Bremner and Sam Ilias. We also congratulate James Stojcevski for winning the U13 free kick Award at the tournament.

### Dinner bookings are now open

Saturday 23rd August at The Grand Roxy, Brighton Le Sands

Join us as we celebrate the end of another season. Ask around - it is one of the most enjoyable events you will attend at Newington. Take the opportunity to spend a wonderful evening with your son and their friends and families. We look forward to the support of the Newington community. For bookings please complete the attached form and email to Anne Tanner antenna@swiftdsl. com.au.

Thank you to all the Football families that ran the successful Gourmet BBQ at Back to Newington Day. Great team work!

### SPORT CONGRATULATIONS

Congratulations to **Michael Trent** who was awarded a Pierre de Coubertain which was given by the Australian Olympic Commission. The Pierre de Coubertin Award is awarded to school nominees who show Olympic Spirit.

The NSW State Cross Country Championships were held on Friday 25 July at Eastern Creek. Newington College had two runners compete in the U12 age group, **Morgan McDonald** and **Tim Spehr**. The distance for this race was 3km.

Morgan finished 1st in a time of 10 minutes 3 seconds.

Tim finished 9th in a time of 10 minutes 38 seconds.

As a result, Morgan has been selected in the NSW team to compete in the Australian Cross Country Championships in Ballarat on Sunday 24 August in the U13 age group with his time in the U12 placing him 5th overall for the U13 age group.

Congratulations to both runners and the best of luck to Morgan at the Championships.

# Energy Tips from Matt our Physio

### 5 Kick start points for better energy on the football field:

1) For breakfast have mainly carbohydrates such as grain toast with vegemite or wheat bix.

2) Start early, drinking water up to a litre before the game (4 cups)

3) Drink a sports drink 1 hr before game
4) Be prepared for half time – energy surges can include snakes and isotonic sports drink.

5) After training and game reload the body with protein drinks (sustagen) and a muesli bar or sandwich

# DATES FOR YOUR DIARY

# **Cadet Final Parade**

An invitation is extended to all cadet parents to attend the Cadet Final Parade for 2008. The parade will be held this Friday 8 August starting at 3.00pm. It will conclude at 3.45pm

Afternoon tea will be served afterwards in the Function Room. The parade will see the farewell of the Year 12 cadets and the promotion of the new Cadet Under Officers and Cadet Warrant Officers.

# **Chess Program**

The school is sponsoring a new program of after school tutoring in chess.

The tutoring is professional but free of charge to students and is aimed at all levels, from novice to expert. Sessions run from 3.30pm to 4.30pm on Fridays of week B

All are welcome, but advance notice would be appreciated.

The coaching will be through the Sydney Academy of Chess:

www.sydneyacademyofchess.com.au

# **P&F** Meeting

The next P&F Meeting will be held on Wednesday 20 August at 7.30pm in the Function Room. All parents are welcome to attend. There will be feedback on our successful 'Back to Newington Day' and much more.

# Women's Group Training

### What's Involved?

The classes conducted are Cross Training classes incorporating basic Resistance Training and a variety of Cardiovascular Exercises such as; Boxing, Spin bikes, Rowing and Running. Also included will be Core stability and Flexibility Training.

# Benefits??

- ☐ Effectively burning more Calories whils training a variety of cardio exercises
- Developing a toned, balanced physique through targeting all muscle groups with light resistance training
- Developing enjoyable exercise habits that can be utilized in your home fitness program

### All Fitness Levels Are Welcome And Catered For!

When Mondays, Wednesdays and noe Fridays (during school term)

Time 8:45 am to 9:45 am

What to wear Comfortable clothing, appropriate footwear

What to bring Towel/Water Bottle/Hat

Cost Casual Rate \$10

Enquires c.rosman@Newingtoncollege.nsw.edu.au

0417 011 966



new daily

The new daily is now on the website and updated everyday. To see the new daily go to the WHATS ON setion on the College website: www.newingtoncollege.nsw.edu. au



# Go online to get B&W

Go online to get B&W

enews@newingtoncollege.nsw.edu.au

Newington's first basketball fundraiser - CAR RALLY!! 31 August 2008

Come and explore places you have never been and enjoy a day of fun and adventure!!

What you need to bring ...

A roadworthy & registered vehicle with full tank of fuel
 A compass & current UBD or Gregory's
 A digital camera or camera phone
 A picnic lunch or BBQ food (BBQs at site)
 A sense of humour & adventure
 Lateral thinking & good eyesight

For more information visit the College website.

# Pathways to the Future...

# Year 12

No Domestic Fee Paying Places (DFEE) at universities in 2009.

The Commonwealth Government have announced that it will phase out undergraduate domestic fee paying (DFEE) courses from 1 January 2009. This means that there will be no DFEE places on offer for boys in Year 12. The Budget will, however, provide funding for up to 11000 new Commonwealth Supported Places (CSP) (i.e. HECS places) by 2011.

### Year 12 – Life after school

Now is the time to start getting things in place for 2009. Year 12 are reminded that they must have a Tax File Number to get a HECS place at university and it is also compulsory for those over 18 to enrol to vote with the Australian Electoral Commission. The Careers Centre can organise both these things for you. Also, if you wish, you can apply at a Medicare Office to get your own Medicare Card.

# Tertiary Applications for 2009 – Basic information for Year 12

The following information is published in response to enquiries from parents and boys. We will speak to all Year 12 Tutor Groups about tertiary applications and we have also organised a special information evening to go through the process in fine detail: Year 12 Tertiary Options Information Night Wednesday September 17.

# 1. Private Institutions

Private Colleges make their own application rules and dates so you must check with the college concerned – most accepted direct applications all year although some are linked with universities and also require UAC application. For links go to the Newington Careers Website: http://www. newingtoncollege.nsw.edu.au/public/ SecondarySchool/StudentCare/Careers/ PrivateColleges.cfm

# 2. TAFE

Applying and enrolling are two distinct processes. Applications are only required for those courses that have the application closing date under their course name. Applications usually close the last week of October. Enrolment takes place early in the 2009. Newington Careers Centre will obtain copies of the TAFE Handbook as soon as they are available. For more details go to: http:// www.newingtoncollege.nsw.edu.au/public/ SecondarySchool/StudentCare/Careers/ TAFE.cfm

# 3. Universities

All university applications are made through UAC. Newington Careers Centre will obtain copies of the UAC Handbook for all boys. The applications are done ONLINE. To apply you will need your UAC PIN (which will be sent to you) and your HSC Student Number (see Mr Phillips). For details go to: http://www.newingtoncollege.nsw.edu.au/public/SecondarySchool/StudentCare/Careers/UAC.cfm

International fee-paying applicants please note:

Applicants who are not Australian or New Zealand citizens or permanent residents of Australia apply through UAC International. International students get a special UAC Guide.

### 4. 2009 University Application dates:

Early August 2008	Applications for Semester 1, 2009 open
Tue 30 September 2008	On-time applications close
Fri 31 October 2008	Late applications close (processing charge + late fee)
Fri 28 November 2008	Late applications close (processing charge + late fee)
Thur 5 February 2009	Final closing date for applications (processing charge + late fee)

# 5. UAC University applications change of preference dates:

Mid August 2008 - Wed 7 January 2009	Change of preferences accepted for consideration in Main Round
Wed 21 January - Tue 27 January 2009	Change of preferences accepted for consideration in Late Round
Wed 4 February - Thu 5 February 2009	Change of preferences accepted for consideration in Final Round

# 6. 2009 University Offers dates:

Fri 5 December 2008	Early Round offers e-released
Tue 6 January 2009	Preliminary Round offers e-released
Wed 21 January 2009	Main Round offers e-released at 9pm
Wed 4 February 2009	Late Round offers e-released at 9pm
Wed 11 February 2009	Final Round offers e-released

### University of Sydney Flexible Entry - Faculty of Science

Flexible Entry allows students to gain entry to the Faculty of Science on the basis of their UAI as well as other factors such as their performance in HSC Science and Mathematics. The Faculty will generally consider students with a UAI up to 5 UAI points below the published cut-off. For details go to: http://www.science.usyd.edu.au/fstudent/undergrad/entry/index. shtml#2

### Sydney Institute TAFE (SIT) – Career Information Sessions

SIT offers over 800 courses and is running a series of campus careers information sessions for students intending to apply for 2009:

- Petersham College Crystal Street, Petersham, 17 September, 4pm-8pm.
- Loftus Campus Pitt Street, Loftus, 17 September, 7pm-8:30pm.
- Gymea Campus The Kingsway, Gymea, 16 September, 7pm-8:30pm.
- Design Centre Enmore Edgeware Road, Enmore, 13 September, 10am-3pm.

St George College - Princes Highway, Kogarah, 10 September, 6pm – 7.30pm.

Randwick College - Darley Road Randwick, 9 September, 7pm – 8.30pm.

Ultimo College - Harris Street, Ultimo, 11 September, 11am-3pm.

For more details about SIT go to: http://www.sit.nsw.edu.au

### 2008 QANTAS Cadet Pilot Program

The program is designed to equip successful graduates with the skills, qualifications and experience required for possible future entry into Qantas as a Second Officer. The training

### FROM THE CAREERS CENTRE

program consists of two phases: (1) An education and training phase including theory and flight training at a participating University and Flight Training Organisation (FTO) for applicants with little or no flying experience.

(2) A post-training phase involving compulsory flying employment experience under the Cadet Industry Placement Program (CIPP). Positions are arranged by Qantas.

Note: Qantas gives no guarantee or commitment of future employment at any time after completion of the training program. Only the best candidates from Phase 1 will be considered for selection into Phase 2. Strict application rules apply. Applications close 30 September. For information and to apply go to: http://www. qantas.com.au/info/about/employment/ pilots#jump2

# **Scholarships**

Most universities have now updated their scholarship sites and applications are open. The University of Sydney Scholarship Application booklet is now available from the Careers Centre. Private colleges also offer some excellent scholarships. The following are the direct links for university scholarships:

University of Sydney: http://www.usyd.edu. au/scholarships/school/index.shtml

UNSW: http://www.scholarships.unsw.edu. au/home.html

Macquarie: http://www.reg.mq.edu.au/ undergrad/current/scholarship/index.htm UTS: http://www.uts.edu.au/study/

ugscholarships.html

UWS: http://yourfuture.uws.edu.au/ scholarships

University of Wollongong: http://www.uow. edu.au/about/scholarships/

ACU: http://www.acu.edu.au/student\_life/ scholarships\_\_bursaries\_and\_prizes/

Charles Sturt: http://www.csu.edu.au/ student/scholarships/

Newcastle: http://webapps.newcastle.edu. au/scholarships/index.cfm

ANU: http://www.anu.edu.au/sas/ scholarships/index.php

Canberra: http://www.canberra.edu.au/ student-services/scholarships Notre Dame: http://www.nd.edu.au/ current-students/scholarshipsAndFees/ scholarships.shtml

UNE: http://www.une.edu.au/scholarships/ Bond University scholarships for 2009 are now closed.

For private college scholarship information please go directly to their websites: http:// www.newingtoncollege.nsw.edu.au/public/ SecondarySchool/StudentCare/Careers/ PrivateColleges.cfm

### University of NSW (UNSW) Co-Op Scholarship Program

Scholarship holders receive a tax-free scholarship of \$15 000 per annum, as well as structured industrial training, gaining valuable work experience with up to four different sponsor companies.

### Eligibility

• You must be an Australian Citizen or permanent resident of Australia

• A UAI of 95.7 or equivalent is required for Engineering & Science programs however, if you were expecting a UAI of at least 93.8, it would still be worth applying

• Business Applicants must gain entry to the UNSW Bachelor of Commerce

Students are selected largely on the basis of their personal skills, leadership potential and motivation, as well as their non-academic achievements. Online applications close 30 September. Follow the link for further information and to download an Application Form:

http://www.co-op.unsw.edu.au/content. aspx?URL=student/application/application. htm

# Did you know?

### What is a National Priority?

National Priorities have important implications for students considering university training and careers. A National Priority is a professional field identified by the Federal Government in an effort to ensure an adequate supply of high quality graduates. Currently, education and nursing are National Priority areas and the Government has recently announced that maths and science will be added. This means that Commonwealth Supported Place (CSP) contributions for students are reduced by more than \$3000 a year. Graduates who take up employment in related occupations, including teaching maths, would also receive reductions in HECS-HELP repayments and debts. For more information and CSP, National Priority areas, HECS and much more about university study go to: http://www. goingtouni.gov.au/Home.htm

### Peter Robertson

Careers Counsellor and VET Coordinator Contact: 95689429 or robertson@ newingtoncollege.nsw.edu.au

### FROM THE SCHOOL CLINIC

### Lazy teenager or sleep deprived!

Sleep and teenagers is an interesting issue. Dr Michael Carr Greg, adolescent psychologist, says many adolescents are not getting enough sleep. Before puberty, children naturally fall asleep around 8 or 9pm but as children reach adolescence their internal body clocks shift. This means that teenagers are not sleepy often until 11pm and therefore wake up later in the morning.

Adolescents (ages 13 – 22 years) need 9¼ hours sleep each night. Many are not getting this amount due to homework, part time work and distractions such as TV. This lack of sleep means adolescents go into 'sleep debt' where they are owed sleep. It may adversely affect their memory and academic performance, as well as lead to an increased risk of accident and injury. They are also more prone to emotional outbursts and may experience a greater feeling of sadness and hopelessness.

Research shows that to improve your child's memory and reaction rate at school an extra half hour of sleep can make them brighter, calmer and more effective learners.

### Sleep Tips

- Implement a routine.
- Dim lights at night.
- Sleep in a cool environment
- Warm milky drinks are beneficial.
- Turn off internet, TV, loud music, phone before bedtime.
- Avoid caffeine after midday.
- Lots of daylight makes waking up easier, so open those curtains!

It appears that it is OK to sleep in on the weekend but only for 1-2 hours, no binge sleeping. So if you are used to getting up at 7am you could sleep in until 9am, otherwise sleeping until midday just confuses your internal clock.

With exams coming up aim for consistency, the same number of hours, at the same time every night. This will help your daytime performance, so you can sleep for success!

### Margaret Bates

mobile 0407004738 m.bates@newingtoncollege.nsw.edu.au

# SCHOOL CLINIC

Ph 9568 9426 Mon To Thu 8.15am-4.45pm Fri 8.15am-3.30pm

### CALENDAR

ABBREVIATIONS: BR-Boardroom; BS-Boatshed; BO-Buchanan Oval; CH-Centenary Hall; FR Function Room; GR-Grove Room; hm-home game; MPH-Music Practice Hall; NG-New Gym; OC Old Chapel; PH Prescott Hall, SC-Secondary Campus

### WEEK 23A

### AUGUST

Duty House: FL, JN, KL, LE

Wed 6 Aug

Second-hand Clothing Pool, LC, 8.00am-12 noon Olympic Display, PH (until 23/8) Assembly, CH, 10.45am HSC Music Expo, MPH, 7.00pm Rowing Association Meeting, BS, 8.00pm

### Thurs 7 Aug

Rehearsal Billy Budd, OC, 4.30pm-5.30pm NC Cadet Units Dine in Night, PH, 6.00 for 6.30pm HSC Drama Expo, OC, 7.00pm

### Fri 8 Aug

Women's Group Training, Gym, 8.45am-9.45am

Cadet Final Year 12 Parade and Promotion Parade, Stanmore, 3pm

Photographs: Cadets - Officers, Senior NCOs, Platoon Competition winners, 1pm Debating v Kings (home)

### Sat 9 Aug

Rugby & Football: v Kings (1st XV & 1st XI away)

Fencing: Schools Fencing League Round 1 Cross Country: NC Invitational, Sydney Park, 10am

Volleyball: NC V SHS Match 2

#### SUN 10 Aug

Rehearsal Billy Budd, OC, 11.00am-3.00pm

#### WEEK 4B

### Duty House MA, ME, MO, PR

AUGUST

Mon 11 Aug

Chapel, Yr 9, 10.45am

Years 7, 9 & 12 Standard English, Shaman

Poetry Performances, New Gym Composer in Residence, Gerard Brophy, all

week Rehearsal Billy Budd, OC, 4.30pm-5.30pm Cricket Support Group Meeting, FR, 7.30pm

### Tues 12 Aug

Y7 Drama Club, FR, 3.30pm-5.00pm Rehearsal Billy Budd, OC, 4.30pm-5.30pm Year 9 Parent/Teacher Evening, 6.30pm CH

### Wed 13 Aug

Second-hand Clothing Pool, LC, 8.00am-12 noon Tennis Support Group Committee Meeting, FR, 6.30pm Wedding Seminar, Chapel, 7.00pm

#### Thurs 14 Aug

Excursion, All Y8 History, NG, 8.30am-9.30am Secondary Instrumental Showcase, CH.

7.00pm

### Fri 15 Aug

Black & White material deadline, 5.00pm Debating v SHS (away)

### Sat 16 Aug

GPS/CAS Cross Country v Grammar, Centennial Park, 10am Rugby & Football: v High (1st XV & 1st XI home) Fencing: Schools Fencing League Round 2 Y9 Parent Evening, Point Hotel Pyrmont,

### Sun 17 Aug

Rehearsal Billy Budd, OC, 11.00am-3.00pm Kelynack House Chapel Service (Y9-Y12), Chapel, 10.00am John Waterhouse Society Meeting, BR,

4.30pm-7.45pm AUGUST

# WEEK 5A

### Duty House: FL, JN, KL, LE

Tues 19 Aug

Families Matter, FR, 9.00am-12.00 noon Y7 Drama Club, FR, 3.30-5.00 Rehearsal Billy Budd, OC, 4.30-5.30

### Wed 20 Aug

Second-hand Clothing Pool, LC, 8.00am-12 noon P& F Meeting, FR, 7.30pm

### Thurs 21 Aug

Music, Trial HSC, MPH/CH Photographs: Cross Country Opens, U16 U14, Football 1st 2nd, Rugby 1st, 2nd, Shooting 1st, 2nd, 16s, Fencing A, B Rehearsal Billy Budd, OC, 4.30pm-5.30pm

#### Fri 22 Aug

Excursion, 7MA, Sydney Children's Hospital, 8.30am-1.30pm Excursion, Y10 Geography & Citizenship day, Santa Sabina, All Day (4 boys only) Wheelchair Roadshow Team, NG All Day, Various PD/H/PE classes. Newington Outdoor Education, Period 6, Debating v SGS (away)

### Sat 23 Aug

GPS/CAS Cross Country v Shore, Macquarie University, 10am Football Annual Dinner, Venue The Grand Roxv Rugby & Football: v Grammar (1st XV & 1st XI home) Fencing: Schools Fencing League Round 3 Volleyball: NC V SIC Match 2 Cross Country End of Season Dinner, Wyvern evening

### FROM THE HEAD OF MUSIC

On Monday 28 July, Year 8 presented a concert of Australian music prepared in individual music classes. Stanmore Strings, Concert Band and the Year 8 Rock Band also played on the evening. This performance opportunity displayed a broad spectrum of repertoire and talents. Well done to all performers.

The Concert Competitions on theWednesday night provided an opportunity for some of our more advanced performers to present solo repertoire in a supportive environment. Playing concerto movements is not easy and we were proud of the boys for having the courage to put themselves in this situation. Special congratulations to the following boys:

Senior Division (Years 10 – 12) First Place - Marcus Whale (Saxophone) Second Place - Eric Shi (Piano) Third Place - Matthew Ding

Junior Division (Years 7 - 9) First Place - Jonathan Lay (Piano) Second Place - Ciaran Frame (Flute) Third Place - Alexander McNeil (Clarinet) (See below for photos)

After lunch on Friday 1 August, we were thrilled to have a visit from internationally renowned cellist Steven Isserlis at our Wyvern Campus. Mr Isserlis read to Year 6 from his latest book Why Beethoven Threw the Stew. He also played a couple of pieces on his Stradavarius cello and fielded some tough questions from his audience. Steven Isserlis is currently on tour in Australia and performing with the Australian Chamber Orchestra.

All members of the school community are invited to attend the HSC Music Expo next Wednesday night commencing at 7pm. This night will contain performances from all our Year 12 music students. Music 1 students will perform in Centenary Hall and Music 2/ Extension students in the Music Practice Hall. This evening will provide valuable performance experience to our students as they prepare for their HSC practical examinations later this term.

The following week, the Secondary Instrumental Showcase will take place in Centenary Hall on Thursday night, again commencing at 7pm. This concert will feature most of the ensembles currently rehearsing on the Stanmore Campus.

#### Mark Scott

Head of Music









Black & White: the Newington College Stanmore Campus newsletter – 6 August 2008



End of Season Dinner	Flayers, parents and frien	ids of Newington Football don't miss the
to be held at  The Grand Roxy  128 Grand Parade, Brighton Le Sands  Saturday 23rd August  7.00 pm  Come along and support our fundraiser. All funds raised will benefit all Newington football teams.  Tickets (all inclusive) \$85 per head Players and coaches \$65 per head We encourage all players from the U13s to the opens teams to attend in blazer school uniform. Reserve your seats by 13 <sup>th</sup> August  For bookings please contact Anne Tanner on 0407 290856 or email antenna@swiftdsl.co  PLEASE COMPLETE THESE DETAILS FOR ALL CREDIT CARD OR CHEQUE PAYMENTS Name: E-mail: PLEASE COMPLETE THESE DETAILS FOR ALL CREDIT CARD OR CHEQUE PAYMENTS Name: Contact No.: Please charge \$ No. boy's tickets: Please charge \$ to my MasterCard Visa Expiry Date	End of	Season Dinner
to be held at  The Grand Roxy  128 Grand Parade, Brighton Le Sands  Saturday 23rd August  7.00 pm  Come along and support our fundraiser. All funds raised will benefit all Newington football teams.  Tickets (all inclusive) \$85 per head Players and coaches \$65 per head We encourage all players from the U13s to the opens teams to attend in blazer school uniform. Reserve your seats by 13 <sup>th</sup> August  For bookings please contact Anne Tanner on 0407 290856 or email antenna@swiftdsl.co  PLEASE COMPLETE THESE DETAILS FOR ALL CREDIT CARD OR CHEQUE PAYMENTS Name: E-mail: PLEASE COMPLETE THESE DETAILS FOR ALL CREDIT CARD OR CHEQUE PAYMENTS Name: Contact No.: Please charge \$ No. boy's tickets: Please charge \$ to my MasterCard Visa Expiry Date		
The Grand Roxy         128 Grand Parade, Brighton Le Sands         Saturday 23rd August         7.00 pm         Come along and support our fundraiser.         Alf funds raised will benefit all Newington football teams.         Tickets (all inclusive)       \$85 per head         Players and coaches       \$65 per head         We encourage all players from the U13s to the opens teams to attend in blazer school uniform.       Reserve your seats by 13 <sup>th</sup> August         For bookings please contact Anne Tanner on 0407 290856 or email antenna@swiftdsl.co         Querter THESE DETAILS FOR ALL CREDIT CARD OR CHEQUE PAYMENTS         Name:	0	5
128 Grand Parade, Brighton Le Sands         Saturday 23rd August         7.O0 pm         Come along and support our fundraiser.         All funds raised will benefit all Newington football teams.         Tickets (all inclusive)       \$85 per head         Players and coaches       \$65 per head         We encourage all players from the U13s to the opens teams to attend in blazer school uniform.         Reserve your seats by 13 <sup>th</sup> August         For bookings please contact Anne Tanner on 0407 290856 or email antenna@swiftdsl.co         V         PLEASE COMPLETE THESE DETAILS FOR ALL CREDIT CARD OR CHEQUE PAYMENTS         Name:       E-mail:         Table/Team Name:       Contact No.:         Dietary requirements:       No. boy's tickets:         Please charge \$      to my MasterCard       Visa         Card No.		
Saturday 23rd August         J.OO pm         Come along and support our fundraiser.         All funds raised will benefit all Newington football teams.         Tickets (all inclusive)       \$85 per head         Players and coaches       \$65 per head         We encourage all players from the U13s to the opens teams to attend in blazer school uniform.         Reserve your seats by 13 <sup>th</sup> August         For bookings please contact Anne Tanner on 0407 290856 or email antenna@swiftdsl.co         PLEASE COMPLETE THESE DETAILS FOR ALL CREDIT CARD OR CHEQUE PAYMENTS         Name:		5
T.OO pm         Come along and support our fundraiser. All funds raised will benefit all Newington football teams.         Tickets (all inclusive)       \$85 per head         Players and coaches       \$65 per head         We encourage all players from the U13s to the opens teams to attend in blazer school uniform. Reserve your seats by 13 <sup>th</sup> August         For bookings please contact Anne Tanner on 0407 290856 or email antenna@swiftdsl.ce		-
All funds raised will benefit all Newington football teams. Tickets (all inclusive) \$85 per head Players and coaches \$65 per head We encourage all players from the U13s to the opens teams to attend in blazer school uniform. Reserve your seats by 13 <sup>th</sup> August For bookings please contact Anne Tanner on 0407 290856 or email antenna@swiftdsl.ce PLEASE COMPLETE THESE DETAILS FOR ALL CREDIT CARD OR CHEQUE PAYMENTS Name: E-mail: Table/Team Name: Contact No.: No. adult tickets: No. boy's tickets: Please charge \$to my MasterCard Visa Expiry Date		7.00 pm
Players and coaches       \$65 per head         We encourage all players from the U13s to the opens teams to attend in blazer school uniform. Reserve your seats by 13 <sup>th</sup> August         For bookings please contact Anne Tanner on 0407 290856 or email antenna@swiftdsl.com         PLEASE COMPLETE THESE DETAILS FOR ALL CREDIT CARD OR CHEQUE PAYMENTS         Name:	-	
in blazer school uniform.         Reserve your seats by 13 <sup>th</sup> August         For bookings please contact Anne Tanner on 0407 290856 or email antenna@swiftdsl.co               PLEASE COMPLETE THESE DETAILS FOR ALL CREDIT CARD OR CHEQUE PAYMENTS         Name:		-
PLEASE COMPLETE THESE DETAILS FOR ALL CREDIT CARD OR CHEQUE PAYMENTS   Name:   Table/Team Name:   Contact No.:   Table/Team Name:   No. adult tickets:   No. adult tickets:   No. adult tickets:   Please charge \$   Card No.   Card No.   Expiry Date	in b	lazer school uniform.
PLEASE COMPLETE THESE DETAILS FOR ALL CREDIT CARD OR CHEQUE PAYMENTS   Name: E-mail:   Table/Team Name: Contact No.:   Table/Team Name: No. boy's tickets:   No. adult tickets: No. boy's tickets:   Dietary requirements: Please charge \$to my MasterCard   Visa Card No.   Card No. Image:   Expiry Date	For bookings please contact Anne T	anner on 0407 290856 or email <u>antenna@swiftdsl.c</u>
Name:       E-mail:         Table/Team Name:       Contact No.:         No. adult tickets:       No. boy's tickets:         Dietary requirements:       No. boy's tickets:         Please charge \$to my MasterCard       Visa         Card No.       Image: Card No.         Expiry Date       Expiry Date	××	×
Table/Team Name: Contact No.:   No. adult tickets: No. boy's tickets:   Dietary requirements: Output   Please charge \$to my MasterCard Visa   Card No. Output   Expiry Date	PLEASE COMPLETE THESE DETAILS FOR AL	
No. adult tickets:   Dietary requirements:		
Dietary requirements:   Please charge \$to my   MasterCard   Visa     Card No.   Image: Second S		
Please charge \$to my MasterCard Visa   Card No		
Card No.	Dietary requirements:	
Expiry Date	Please charge \$to	o my MasterCard 🗌 Visa 🗌
	Card No.	
Cardholder's Name		

# MELISSA PRIDE SWIM SCHOOL School Holiday Intensives At NEWINGTON COLLEGE, STANMORE

 Week 1
 Sept 30, Oct 1, Oct 2, Oct 3 (4 days)

 Week 2
 Oct 7, Oct 8, Oct 9, Oct 10 (4 days)

STROKE DEVELOPMENT CLINIC 3.00pm – 4.00pm

Cost: \$60 for 4 days payable on the 1<sup>st</sup> day cash/cheque

Coach: Warwick Webster a Level 2 Swimming Coach (Silver Cert) Newington Junior School Squad Coach. Also an ex World Record holder (1960) with over 40 years Swimming teaching/coaching exp

Children must be able to swim at least 100 metres freestyle non stop with correct breathing to be considered for inclusion. Each session will focus on a different stroke with the relevant starts, turns and drills. Tues is Freestyle, Wed is Backstroke, Thurs is Breastroke, Frid is Butterfly. Swimmers are required to bring their own flippers. A great 'stepping stone' into Junior Squad and prep for school carnivals.

.....

**STROKE CORRECTION LESSONS** 4.00pm and 4 30pm (30 mins)

Cost: \$60 for 4 days payable on the first day by cash or cheque Coach: Warwick Webster

Children must be able to swim 25 metres Freestyle non stop with correct breathing. The lessons are a transition from the normal 'Learn to Swim' lessons and the focus will be on improving stroking and breathing to help your child swim further efficiently. The 4 competitive strokes will be taught.

BOOK NOW PLACES LIMITED 0412 577501 prideswim@optusnet.com.au

**ONU Annual dinner** 

