

# WAMC LAKE JOONDALUP – 13<sup>th</sup> August, 2006

(Incorporating the State 10k Road Championships)

## State 10k Road Champions – Roberto Busi & Lauren Shelley

### 5k

Place	Time	Female	Name	Age Cat	Place	Member No.	Av km	Rate
1	16:55		SEE, Marc	M16	1	N	3:23	
2	17:07		CLARKE, Daniel	M16	2		7997	3:25
3	17:54		LAZARUS, David	MU16	1		7733	3:35
4	18:17		DAVIES, Ian	M55	1		7341	3:39
5	19:33		RICHARDSON, Nel	M40	1		7560	3:55
6	21:10		GIMI, Raymond	M40	2		1927	4:14
7	21:12		GARDINER, Frank	M55	2		4091	4:14
8	21:13		CARLTON, Gary	M45	1		4853	4:15
9	24:46	<sup>1</sup>	HILLEN, Beth	FU16	1		6588	4:57
10	26:10		MORREY, Glyn	M45	2	N		5:14
11	27:03		BOWDIDGE, Trevor	M35	1	N		5:25
12	30:17		PATTERSON, Keith	M55	3		7738	6:03
13	31:08		JERVIS, Paul	M40	3		7975	6:14
14	31:17		DAVIS, Simon	M35	2	N		6:15
15	31:23	<sup>2</sup>	RILEY, Vera	F45	1		7775	6:17
16	31:23		RILEY, Richard	M50	1		7774	6:17
17	32:03		PRENTICE, Michael	M60	1		3877	6:25
18	32:25	<sup>3</sup>	DOYLE, Madison	FU16	2	N		6:29
19	32:30	<sup>4</sup>	TURTON, Edith	F35	1		7496	6:30
20	32:54		BRAID, Robert	M55	4		35	6:35
21	36:20	<sup>5</sup>	QUINN, Karene	F35	2		7209	7:16
22	46:46	<sup>6</sup>	KEMP, Michelle	F45	2	N		9:21
23	46:46	<sup>7</sup>	ROSE, Anne	F45	3	N		9:21
24	51:26	<sup>8</sup>	HEATLY, Lil	F75	1		4996	9:59

### 10k

1	32:31		BUSI, Roberto	M30	1		7725	3:15
2	33:32		HOSKING, Bradley	M35	1		7976	3:21
3	33:41		THOMPSON, Ian	M30	2		7874	3:22
4	33:51		COATES, Simon	M35	2		7349	3:23
5	34:24		FUERY, Liam*	M25	1		7577	3:26
6	34:26		MAY, Samuel	M16	1		7115	3:27
7	34:42		EAGER, Kyle	M35	3		7896	3:28
8	34:48		PALMER, Anthony	M30	3	N		3:29
9	34:55		HUNT, Brendan	M16	2		7850	3:30
10	35:02	<sup>1</sup>	SHELLEY, Lauren	F25	1		6999	3:30
11	35:25		LOUGHNAN, Daniel	M20	1	N		3:33
12	36:51		BETTS, Timothy	M30	4	N		3:41
13	36:54		BOURKE, Bernard	M35	4	N		3:41
14	37:02		LA SPINA, Matt*	M16	3		7454	3:42
15	37:05		ODAM, Paul	M45	1		1439	3:43
16	37:09		PICCOLI, Callum	M16	4	N		3:43
17	37:10		HEWITT, Daniel	M25	2		4990	3:43
18	37:12		CHAPPELL, Keith*	M50	1		5459	3:43
19	37:28		LANGFORD, Jim	M60	1		7	3:45
20	37:31		GEE, Michael	M25	3	N		3:45
21	37:43		VIVIAN, Kim	M40	1		6334	3:46
22	37:50		MAHER, Christopher	M50	2		1289	3:47
23	38:31		FERRELL, Myles	M35	5		1065	3:51
24	38:37		GREEN, Carly	M25	4		7982	3:52
25	38:55		SMITH, Patrick	M40	2		7359	3:54
26	39:12	<sup>2</sup>	FERGUSON, Janet	F45	1	N		3:55
27	39:24	<sup>3</sup>	RYAN, Katherine	F35	1	N		3:56
28	39:31		ZEVENBERGEN, Marcel	M30	5		7846	3:57
29	39:34		GOWER, Alan	M50	3		4614	3:57
30	39:41		CARSE, Bert	M65	1		7119	3:58
31	39:54		GRIFFITHS, John	M50	4		6262	3:59
32	40:00		SUSANTO, Widi	M30	6		7523	4:00
33	40:04	<sup>4</sup>	ZLNAY, Susan	F45	2		3746	4:00
34	40:19		SZALEK, Mike	M45	2		5774	4:02
35	40:23		BURNELL, Richard	M45	3		6694	4:02
36	40:26	<sup>5</sup>	RILEY, Vera	F45	3		7775	4:03
37	40:27		BAKER, Phil	M35	6		6630	4:03
38	41:07		GROSE, Peter	M55	1		6680	4:07
39	41:28	<sup>6</sup>	TARULLI, Mirella	F40	1		7503	4:09
40	41:45		DAWSON, Mark	M45	4		7771	4:11
41	42:00		BLACK, Norman	M40	3	N		4:12
42	42:08		DESFOSSÉS, Jose	M55	2		7376	4:13

### 10k (cont.)

Place	Time	Female	Name	Age Cat	Place	Member No.	Av km	Rate
43	42:32	<sup>7</sup>	COLLIS, Mandy	F40	2	N		4:15
44	42:37	<sup>8</sup>	SMITH, Rachael	F30	1	N		4:16
45	42:42	<sup>9</sup>	GILLARD, Emma	F35	2		7798	4:16
46	43:01		LONERGAN, Bruce	M40	4	N		4:18
47	43:11		DE LA FUENTE, Alberto	M30	7		7990	4:19
48	43:33		EMMETT, Eric	M45	5		2084	4:21
49	43:36		REID, Joe	M25	5		7815	4:22
50	43:40		SINGLETON, Terry	M40	5		5274	4:22
51	44:22	<sup>10</sup>	COUSINS, Dannielle	F20	1	N		4:26
52	44:39	<sup>11</sup>	KEANE, Niamh	F40	3		5493	4:28
53	44:50		ROBERTS, Ian	M50	5		6350	4:29
54	45:05		LAWSON, Angus	M50	6		1243	4:31
55	45:15		WICKRAMASINGHE, Nimal	M50	7	N		4:32
56	45:20	<sup>12</sup>	SCOTT, Robyn	F45	4		4741	4:32
57	45:25		RILEY, Ben	M16	5		7517	4:33
58	45:45	<sup>13</sup>	POPOWICZ, Natalia	F20	2	N		4:35
59	45:46		MORGAN, Geoff	M55	3		7833	4:35
60	46:24	<sup>14</sup>	DICKERSON, Janelle	F25	2	N		4:38
61	46:25		FROST, Robert	M65	2		2735	4:39
62	47:13	<sup>15</sup>	YOUND, Joanne	F30	2		7803	4:43
63	47:22	<sup>16</sup>	CARR, Andree	F45	5	N		4:44
64	47:38		GILICH, Rainer	M35	7	N		4:46
65	48:07	<sup>17</sup>	VALLANCE, Claire	F30	3	N		4:49
66	48:23		MALLON, Desmond	M50	8		4062	4:50
67	48:26		QUINN, Andrew	M40	6		7208	4:51
68	48:29		WALSHE, Patrick	M60	2		7240	4:51
69	48:41		TYLER, Darren	M30	8	N		4:52
70	48:45	<sup>18</sup>	PRESTON, Angela	F35	3	N		4:53
71	48:51	<sup>19</sup>	ANDERSON, Sue	F50	1	N		4:53
72	49:14	<sup>20</sup>	GOWER, Karyn	F45	6		4150	4:55
73	49:40	<sup>21</sup>	COLLINS, Yvonne	F40	4		1232	4:58
74	49:40	<sup>22</sup>	CARLTON, Geraldine	F40	5		4854	4:58
75	50:00	<sup>23</sup>	GILES, Shauna	F40	6	N		5:00
76	50:56	<sup>24</sup>	RASH, Yvonne	F40	7	N		5:06
77	51:03	<sup>25</sup>	STONE, Caroline	F45	7		7437	5:06
78	51:08		HICKEY, John	M55	4		4914	5:07
79	51:13		THURLOW, Brian	M55	5		932	5:07
80	51:15	<sup>26</sup>	MCNALLY, Naomi	F30	4	N		5:08
81	51:22	<sup>27</sup>	YOUNG, Judy	F40	8	N		5:08
82	51:22	<sup>28</sup>	MUSKER, Janet	F35	4	N		5:08
83	51:47	<sup>29</sup>	MURPHY, Patrice	F50	2	N		5:11
84	51:48	<sup>30</sup>	FINLAYSON, Sue	F45	8	N		5:11
85	52:48	<sup>31</sup>	CLYNE, Tamsyn	F25	3	N		5:17
86	52:52	<sup>32</sup>	TEOH, Marie-paule	F55	1		6714	5:17
87	53:13	<sup>33</sup>	CHRISTOU, Annika	F25	4	N		5:19
88	53:32	<sup>34</sup>	RIDDELL, Heidi	F35	5		7016	5:21
89	54:20		BADENHORST, Daniel	M35	8	N		5:26
90	54:34		DAMIANI, Adrian	M55	6		260	5:27
91	54:43		HOLT, Bradley	M35	9		8019	5:28
92	55:16	<sup>35</sup>	MUMSFELDT, Ursula	F35	6	N		5:32
93	55:46	<sup>36</sup>	DOYLE, Karen	F40	9	N		5:35
94	56:15	<sup>37</sup>	JOHNSON, Sharon	F40	10	N		5:38
95	56:15	<sup>38</sup>	NEWBERT, Wendy	F40	11	N		5:38
96	56:40	<sup>39</sup>	FORDEN, Margery	F65	1		188	5:40
97	58:11	<sup>40</sup>	FLOYD, Laureen	F45	9	N		5:49
98	58:27	<sup>41</sup>	TREEN, Noelene	F45	10		8013	5:51
99	58:47	<sup>42</sup>	DE JONG, Julie*	F40	12		7170	5:53
100	59:17	<sup>43</sup>	SHILLINGLAW, Loretta	F60	1		6448	5:56
101	59:27	<sup>44</sup>	EVANS, Joanna	F20	3	N		5:57
102	59:30	<sup>45</sup>	EDWARDS, Gemma	F25	5	N		5:57
103	1:00:58		WALKLEY, Cecil	M75	1		4539	6:06
104	1:01:12	<sup>46</sup>	LIGHTNING, Louise	F25	6	N		6:07
105	1:02:16		HAYRES, Bob	M70	1		103	6:14
106	1:03:02	<sup>47</sup>	ANDERSON, Helen	F55	2		7979	6:18
107	1:03:38	<sup>48</sup>	RICE, Lorraine	F45	11		7929	6:22
108	1:04:46	<sup>49</sup>	CASSIDY, Sharon	F25	7	N		6:29
109	1:05:18	<sup>50</sup>	CREAM, Angela	F45	12		6996	6:32
110	1:06:01	<sup>51</sup>	TOMAS, Julie	F30	5	N		6:36
111	1:06:01		EVANS, Martyn	M40	7	N		6:36
112	1:06:22	<sup>52</sup>	JONES, Jannina	F50	3	N		6:38