



Information Pack



Invitation



AUS Cheer is inviting all Scholastic and All-Star cheerleading teams and dance troupes to the Australian Grand Championships – AUS Cheer’s National Championships, and the final round of the AUS Cheer Nations Cup event series.

Held at the Melbourne Sports and Aquatics Centre in Albert Park, Melbourne, the Australian Grand Championships is open to all Australian teams.

One low entry fee allows participation in unlimited categories, and there are NO ‘one-off’ membership costs for cheer & dance teams.

Included within this bulletin, you will find everything you need to know about entering these Championships.

Our staff are dedicated to ensuring your experience at the Australian Grand Championships is amazing! If you have any questions or require further information, please don’t hesitate to contact a friendly AUS Cheer staff member on +61 3 9271 0555.

We look forward to welcoming your team!

Nerine Cooper

Competition Director

32 Cleeland Road
Oakleigh South VIC 3167
Phone: +61 3 9271 0555
Fax: +61 3 9271 0599
E-mail: ncooper@auscheer.org.au

Who will be crowned AUS Cheer’s 2009 Nations Cup Cheer & Dance Championships?



Event Information



Schedule of Events

The Australian Grand Championships will take place on Saturday 3rd and Sunday 4th October. A National Workshop will be held on Monday 5th October.

Saturday 3rd

Registration
Orientation Meeting for Coaches
Training
Pom, Hip Hop Competition
Presentations

Sunday 4th

Training
Cheer, Group Stunt, Partner Stunt Competition
Presentations

Monday 5th

Workshop

This schedule is subject to change based on registrations. A final schedule will be released two weeks prior to the competition.

Venue

Melbourne Sports & Aquatic Centre
375 Albert Rd
Albert Park VIC 3206

Location

MSAC is surrounded by beautiful parks (with BBQ facilities), allowing for those last-minute training sessions.



Payment Information



Athletes

Athlete Entry includes the following benefits:

- Event Accreditation
- Participation Gift
- Participation Certificate

The entry fee for Cheerleading or Dance is \$66.00 per athlete.

Athletes may enter as many Cheerleading &/or Dance categories as they like, however athletes can only compete in one team per category. Please refer to page 7 of this bulletin for categories offered at this event.

Coaches

One Coach per team entered will be issued a complimentary event accreditation.

This will include the following benefits:

- Event Accreditation
- Coaches Gift

Additional Coaches gifts may be purchased at the time of Definitive Registration.

Team Officials

One Team Official per team entered will be issued a complimentary event accreditation. Additional accreditations may be requested in writing, based on medical, gender or age requirements.



Registration Dates



Preliminary Registration

- Due Friday 7th August (extended)
- A \$200.00 deposit per team must be submitted with preliminary entries to reserve a place for each team entering the championships

Definitive Registration (Closing Date)

- Due Wednesday 2nd September
- Final payment due with definitive entries.

Payment Options

There are two (2) options for payment:

1. Payment by cheque made payable to **Gymnastics Australia** and mailed to:
AUS Cheer
32 Cleeland Road
Oakleigh South VICTORIA 3167
AUSTRALIA
2. Payment by Visa or Master Card.



Payment & Refund Policies



Changes to Teams

A \$50.00 change fee (regardless of the number of changes made at the time) will apply each time you make a change to your Definitive Registration.

A \$400.00 change fee will apply for ALL level/division changes made after the Definitive Registration closing date.

Late Entry Fees

A late entry fee of \$50.00 per team will be accepted up until 48 hours after the Definitive Registration closing date. A late entry fee of \$400.00 per team will apply to all entries received after this date.

Substitutions

Substitutions may be made in the event of any injury or other serious circumstance. Requests must be made to the Competition Director. Substitutes must:

- abide by the age restrictions in the relevant division
- pay appropriate entry fee and \$50.00 change to team fee

Substitutes may not compete in more than one team for each category.

Cancellation and Refund Policy

If you submit a Preliminary Registration and then decide to cancel, a \$50.00 processing fee will be applied to your registration.

Any fees paid for changes to the team after preliminary registration will be forfeited, regardless of the reason for your cancellation (including injury).

No refunds will be available for withdrawals following the close of Definitive Entries, unless under special circumstances.

AUS Cheer can only accept cancellations in writing from the official contact person. Please send your notification of cancellation to:

AUS Cheer
32 Cleeland Road
Oakleigh South VICTORIA 3167
AUSTRALIA



Competition Information



Eligibility

The Australian Grand Championships is open to all Australian Scholastic and All-Star cheer teams and dance troupes.

The following eligibility requirements must be met:

- Teams must have participated in any of the following Nations Cup series events in the current year in the same category/division/level:
 - Australian Challenge
 - Australian Cheer for a Cure
 - Australian Showdown

If the division/level is not offered at the above events, then the closest division/level would apply. If a Nations Cup series event is not held in a State, then an application may be made to AUS Cheer for special permission to enter the Australian Grand Championships.

- Cheer teams must be accompanied by a coach holding any one of the following acceptable Cheerleading Certifications:
 - Gymnastics Australia (GA)*
 - United States All Star Federation (USASF) *
 - National Council for Spirit Safety Education (NCSSE) *
- Dance teams must be accompanied by a coach trained in relevant safe coaching practices.*

*Evidence of qualification is required and must be submitted with definitive entries.

Rules

AUS Cheer follows the IASF Dance and Cheer Level Rules. For information on the general competition guidelines, please refer to the AUS Cheer National Competition Handbook, which can be downloaded from the AUS Cheer website at:

www.auscheer.org.au

Competition Floor

Cheerleading: 12m x12m Sprung floor

Dance: 12m x 12m Wood floor



Competition Information



Categories

Cheerleading:

There are three categories offered:

- Cheer
- Group Stunt
- Partner Stunt
- Athletes may compete in one or more cheerleading categories as long as they abide by the age restrictions in all divisions in which they compete.
- Athletes are not permitted to compete in more than one team for each category.

Dance:

There are two categories offered:

- Pom
- Hip Hop
- Athletes may compete in one or more dance categories as long as they abide by the age restrictions in all divisions in which they compete.
- Athletes are not permitted to compete in more than one team for each category.

Divisions

Please refer to the following pages of the National Competition Handbook for all divisions offered at this event.

All-Star: Page 3 & 4

Scholastic: Page 7

Please note: Due to the recent announcement in May by the IASF to include additional Junior and Senior divisions at the 2010 IASF Cheerleading & Dance Worlds, **Cheer Level 5 Junior and Level 5 Senior Divisions have been added to our All-Star program.** Teams aiming to qualify for a Worlds bid must compete in the relevant division at their Australian Showdown (State Championships), prior to competing at the Australian Grand. AUS Cheer recommends teams only perform skills appropriate for the ability of the team and not to attempt skills that are above their ability level. We understand that teams may not be able to perform Level 5 skills, however it is an IASF requirement to enter this division in order to qualify for Worlds.



Competition Information



Awards

The following awards will be presented at this year's Championships:

1st, 2nd & 3rd placed Cheer, Pom & Hip-Hop Teams:

- Team Trophy
- Individual Medals

1st, 2nd & 3rd placed Group & Partner Stunts:

- Individual Medals

Nations Cup Champion Teams

1st Place - Highest scoring Cheer & Dance team in the Nations Cup series

- Team Trophy
- Individual Commemorative Gift

Orientation Meeting

A Coaches Orientation Meeting will be held for all teams on the details regarding the competition, rules and regulations at 10.00am on Saturday 3rd October. Coaches will be informed via e-mail on the exact location of the meeting. Please note that each team is advised to send only up to two (2) representatives to attend the briefing.

Practice Times

Closer to the competition date, each Coach will receive a training schedule via email.

Courtesy training will be available for cheerleading teams on Saturday. Teams may sign up for one 15 minute timeslot per routine. Partner Stunt and Group Stunt routines may sign up for one 5 minute timeslot per routine. You can book your team in for one timeslot at a time. After you have finished your timeslot, you may book another time if available.

Please note: There will be no training on the Competition floor.

Competing Order

Event Organisers will conduct a competition draw to decide the starting order of the competition. The competition workplan will outline the competition order.



Workshop & Courses



Workshop

A National Cheerleading Workshop will be held on Monday 5th October for Coaches and Athletes.

Come and learn the latest material with leading instructors from the USA and Australia.

The National Cheerleading Workshop is suitable for the most competitive cheer teams to those just starting out.

Date: Monday 5th October
Time: 10.00am – 3.00pm
Venue: TBC
Cost: \$55.00/person (gst inclusive)
One coach free for every 5 participants attending.
Additional coaches pay \$55.00.



Level 2 Judges Course

A Level 2 Judges Course will be held 5.00pm – 9.00pm on Friday 2nd October. Candidates must hold a Level 1 Cheerleading Judges accreditation to attend.

Cost: \$88.00

To register, please email ncooper@auscheer.org.au



Cheer & Dance Worlds Bids



The Cheerleading and Dance Worlds Orlando, Florida in 2010

The International All Star Federation (IASF) and the United States All Star Federation (USASF) host "The Cheerleading and Dance Worlds" each year. Event Producers of premier national championships from all over the World may award "bids" to cheer and dance teams in the applicable Senior or International (Junior & Open) divisions/categories.

Each event producer that hosts a Worlds qualifying event has the discretion to select the divisions from and the process by which the bids are awarded. AUS Cheer is pleased to award the following bids to teams competing in the 2009 AUS Cheer Australian Grand Championships:

CHEER

- A maximum of one Partial Paid and two At Large bids will be awarded for Cheer.
- The highest scoring team in any of the Cheer divisions below will be awarded a 'Partial Paid' bid. The highest scoring team in each of the two remaining divisions will be awarded 'At Large' bids.
 - Junior: One bid will be awarded to the highest scoring team entered in the Level 5 Junior Division at the AUS Cheer Australian Grand Championships.
 - Senior: One bid will be awarded to the highest scoring team entered in the Level 5 Senior Division at the AUS Cheer Australian Grand Championships.
 - Open: One bid will be awarded to the highest scoring team entered in the Level 5 Open Division at the AUS Cheer Australian Grand Championships.

DANCE

- A maximum of two At Large bids will be awarded for Dance.
- The two highest scoring teams in any of the Dance divisions below will be awarded an At Large bid:
 - Junior Pom
 - Senior Pom
 - Open Pom
 - Junior Hip Hop
 - Senior Hip-Hop
 - Open Hip-Hop

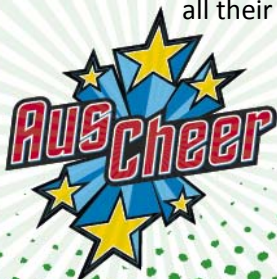


Partial Paid Bid (minimum US\$3,000 per team)

Recipients of a "Partial Paid" bid will be awarded a "specified dollar amount" (minimum US\$3,000 per team) towards the team's accommodation package at Worlds. The team is responsible for all remaining expenses.

At Large Bid (unpaid)

Recipients of "At Large" bids are eligible to compete at Worlds, however they must pay for all their own expenses.



International Opportunities



Cheer and Dance Teams competing at the 2009 AUS Cheer Australian Grand Championships will be eligible to compete at the:

4th CHARM Cheerleading Championships, Malaysia

March 2010

The Cheerleading Association and Register of Malaysia (CHARM), the national governing body for cheerleading in Malaysia, extends an official invitation to your cheerleading squad to participate in the abovementioned event, which is aimed at promoting cheerleading among Malaysians as well as to educate them in all aspects of the sport.

Categories include:

Group Stunt Division (4 – 5 team members)

Cheer Dance Division (6 – 8 team members)

Cheer (8 – 24 team members)

For further information, or to register your interest, please contact:

Nerine Cooper:

ncooper@auscheer.org.au

AUS Cheer USA Cheerleading Tour, Hawaii and Orlando, USA

March 31 - April 15, 2010

This exciting tour provides Australian cheer & dance teams the opportunity to compete at the Aloha International Spirit Championships in Hawaii, and the COA Ultimate National Championships in Orlando, Florida. Teams will also have an opportunity to attend a cheerleading workshop with USA instructors.

For further information, or to register your interest, please contact:

Nerine Cooper:

ncooper@auscheer.org.au



General Information



Accommodation & Transport Packages

'Bring It On Sports' can assist in arranging accommodation & transport packages for your team. Please go to the Competitions > Registration tab on AUS Cheer's website for available packages. Please note: All payments for transport and accommodation are to be paid directly to Bring It On Sports.

First Aid

Medical professionals will be onsite in the competition arena should any competitors need medical attention.

Spirit Zone

There will be a fantastic "Spirit Zone" with Cheer & Dance merchandise available, including Kaepa shoes, Nacisey Uniforms and official AUS Cheer merchandise.

Spectator Seating

Tickets will be available for purchase at the event. Seating is unreserved. An area will be allocated for athletes seating.

Car Parking

Car parking on site is available in the SOUTHERN CARPARK. Access to the Southern car park is via Aughtie Drive ONLY. A \$2.20 flat fee applies on weekends.

Please refer to the venue map for car parking locations.

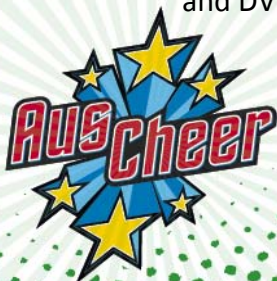
Video Policy

The Australian Grand Championships will be professionally videoed. Therefore, please be advised NO VIDEO TAPING IS ALLOWED.

Anyone with a video camera will be asked to put it away. Please pass this onto your parents and friends who will be attending so they may plan ahead. Still photography only is permitted. No telephoto lens permitted.

AUS Cheer reserves the right to use any photos or video footage from the event in publications and promotions. Should there be any individuals who do not wish to have their images used in publications and promotions, Team Managers should notify the Event Producer in writing.

Order Forms will be available on AUS Cheer's website following the event for photos and DVDs.



Registration Checklist



Due with Preliminary Registration by Friday 7th August, 2009

- Preliminary Registration Form
- \$200 Deposit per Team
- Team Logo - electronic version (*no need to send if you competed at the AUS Cheer Internationals in QLD*)
- Team Photo via email (for program)

Due with Definitive Registration by Wednesday 2nd September, 2009

- Definitive Registration Form
- Final Payment
- T-shirt Pre-order Form
- Medical Declaration Form



2009 Australian Grand Championships Draft Schedule



This schedule is subject to change based on registrations

	Friday 2 nd October	Saturday 3 rd October	Sunday 4 th October	Monday 5 th October
Training Hall		11:00am - 3:00pm Scheduled training: : Pom/Hip Hop 11:00am - 7:00pm Courtesy training: : Cheer/Group Stunt/Partner Stunt	8:00 – 12:00am Scheduled training : Cheer/Group Stunt/Partner Stunt	8:30am – 9:30am Venue Debrief (at workshop venue) 10am – 3pm Workshop (venue TBC)
Main Arena		4:00 - 8:00pm Scholastic/All-Star Competition : Pom : Hip Hop	1.00 – 2:30pm Scholastic Competition : Cheer (Lvl 1 – 4) : Partner Stunt (Lvl 3 & 4) : Group Stunt (Lvl 3 & 4) 3:30 - 8:00pm All-Star Competition :Cheer (Lvl 1 – 5) : Partner Stunt (Lvl 3 – 5) : Group Stunt (Lvl 3 – 5)	
Meeting Room	5:00pm - 9:00pm Level 2 Judges Course	9:30am Registration 10:00am – 10:30am Coaches Orientation Meeting 11:00am – 1:00pm Judges Briefing		

A final schedule will be released two weeks prior to the competition.





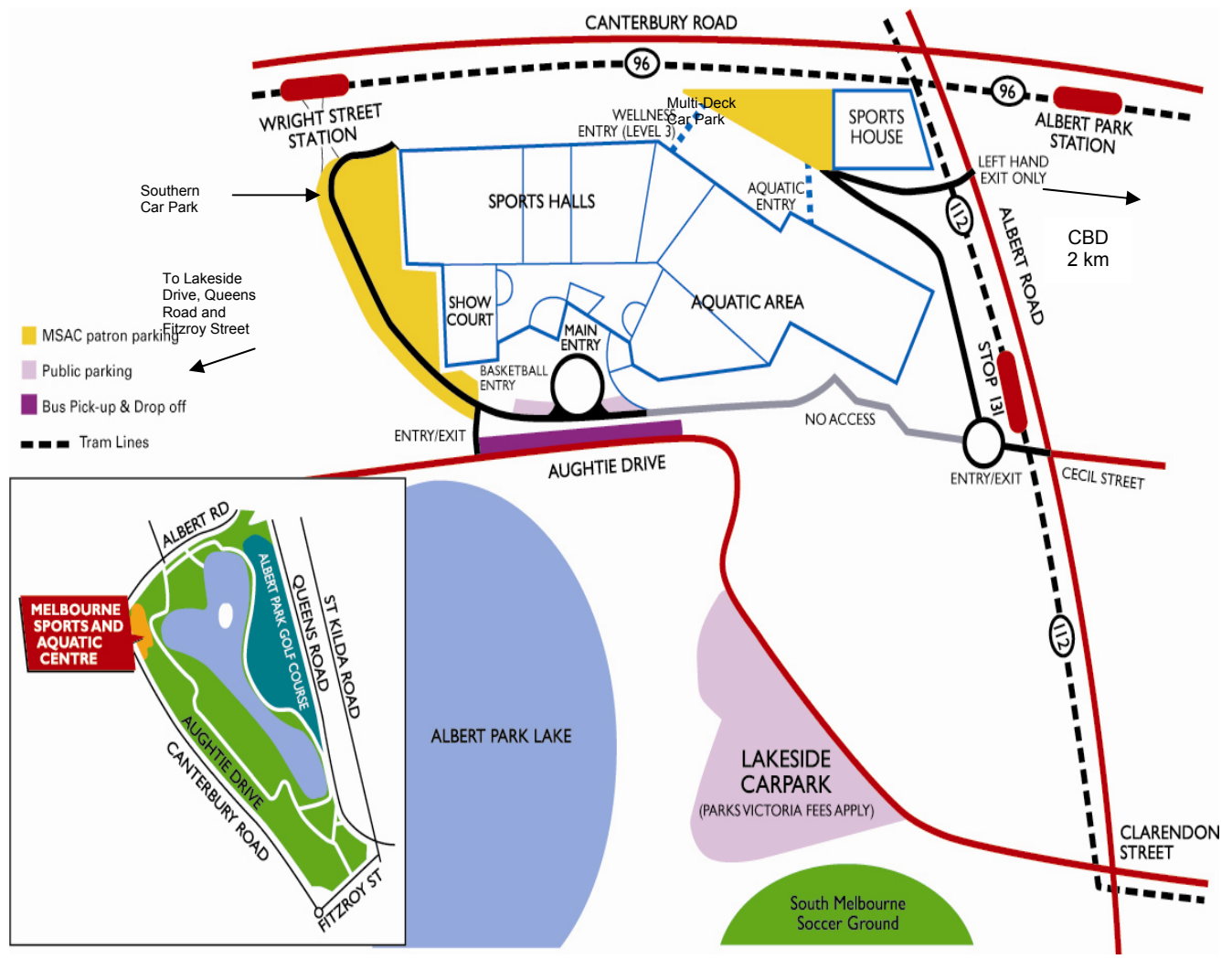
USER PAY PARKING ON SITE AT MSAC

- Car Parking on site is available for MSAC Members, MSAC Club Card Holders and MSAC regular users only
- Parking is subject to availability – 4 hour maximum
- Access to the Southern car park is via Aughtie Drive ONLY
- Access to the multi-deck car park is via Albert Road/Cecil St intersection ONLY
- **Recommended parking for Aquatic and Health and Wellness patrons is within the multi-deck car park.**
- **Level 3 of the multi-deck car park is a designated permit area. Please display your 'blue' permit or present membership card on entry. During peak periods, the permit area will be increased to include all 'open air' car parks within the multi-deck car park.**
- **The Aquatic Entry from the multi-deck car park provides access to the Aquatic Area ONLY.**
- **Recommended parking for Stadium patrons and other MSAC visitors is within the Southern car park.**
- **Access to MSAC from the Southern car park is via the Main Entry or Basketball Entry only.**
- Use your access card for car park entry and exit
- Other MSAC Patrons validate your parking ticket at manned Reception points within the Centre
- The roundabout at the main entry is a designated pick-up/drop-off zone only (no bus parking)
- Disabled Parking Designated spaces are available at the front of the Centre and in the multi-deck car park (levels 1 and 3)
- MSAC and Sport House Tenants access the car parks by using their Access Swipe Cards

PARKING FEES THAT APPLY:

- | | |
|-----------------------------------|------------------|
| • First 2 hours | free |
| • Monday – Friday 6.00am – 5.00pm | \$2.00 per hour |
| • Outside these times | \$2.00 flat rate |
| • (Max. fee payable \$8) | |

CAR PARKING GUIDE
SEPTEMBER 2007



NOTES

- Please drive slowly and with caution
- You may be stopped by security prior to entering a car park
- NO EVENT PARKING ON SITE
- ALTERNATE PARKING AVAILABLE AT Lakeside car park, along Aughtie Dr, Albert Rd, & Canterbury Rd.**



Car Park Ticket Validation Procedure. MSAC Facility Users

Car Park Ticket Validation for MSAC Facility Users:

MSAC users are entitled to 2 hours free access to the car park. Below is the process for validating your parking ticket after use of the facility.

1. Take ticket from boom gate on entry.
2. Prior to returning your car, you must proceed to the pay station in the car park and insert your ticket.
4. If you are within the 2 hour limit, a free exit ticket will be issued.
5. If you are over the 2 hour limit, a payment will be required according to extra time spent over the 2 free hours. (see parking fees below)
An exit ticket will then be issued.
6. Proceed to exit boom gate and insert the exit ticket into the boom gate.
7. Boom gate will open and no payment is required.

It is the responsibility of the user to insert their ticket in a pay station for validation before returning to their car. No exit will be granted without a validated ticket. If you lose your ticket before exiting the car park you will be charged the maximum fee for an exit ticket.

Parking Fees that apply:

- **First 2 hours free**
- **Monday – Friday 6.00am – 5.00pm \$2.00 per hour**
- **Outside these times \$2.00 flat rate**
- **(Max. fee payable \$8)**