



Shokay Tibet Vest

design by **Anni Kristensen**

Shokay is a wonderfully soft and luxurious yarn made from 100% yak down. This little cropped vest will keep you warm, cozy and itch-free! We have used 3 colors, but you can use any number of colors from 2 and up.

This pattern is suitable for intermediate knitters.

Instructions are written for size small. Any changes for sizes M, L and XL are written in ().

See chart for measurements.

Materials

2(2,3,3) Shokay 100% yak down in "Regal", color 1
 1(2,2,3) Shokay 100% yak down in "Earth", color 2
 1(2,2,3) Shokay 100% yak down in "Himalaya Sunset", color 3
 1 set size 3 (3 ¼ mm) needles
 1 set size 4 (3 ½ mm) needles
 1 size 3 (3 ¼ mm) circular needle 16"(40cm)
 1 size 3 (3 ¼ mm) circular needle(61cm)
 Stitch marker

Gauge

10sts= 2" (5cm) in twisted rib stitch on size 3 (3 ¼ mm) needle

Back

With color 1 and size 3(3 ¼ mm) straight needle CO 90(100,110,120) sts. Follow Twisted Rib pattern until you have 6"(6 ½,7,7 ½) (15,16 ½,18,19cm) from CO ending with a ws row. Change to color 2 and size 4(3 ½ mm) straight needles and continue knitting following instructions for Slip Stitch pattern until you have 8"(8 ½,9,9 ½) (20 ½,21 ½,23,24 cm) from CO. **Shaping armholes:** On next rs row bind off 6 sts. Follow Slip Stitch pattern across remaining sts. Turn and bind off first 6 sts on ws row. Follow Slip Stitch pattern across remaining sts. Bind off 1 more st at beginning of each of the following 8 rows (4sts on each side). Continue knitting in Slip Stitch pattern until back measures 16"(17 ½,18 ½,19 ½)(40 ½,44 ½,47,49 ½ cm) from CO. Place all sts on holder and set aside while you knit the front.

Front

With color 1 and size 3(3 ¼ mm) straight needle CO 90 (100,110,120) sts. Follow Twisted Rib pattern until you have 6"(6 ½,7,7 ½)(15,16 ½,18,19 cm) from CO ending with a ws row. Divide front for left side and right side (45,50,55,60sts each). **Left front:** Change to color 2 and size 4(3 ½ mm) straight needle and continue knitting in Slip Stitch pattern across left front sts. **Shape neckline:** K last 2sts tog on row 1 of every pattern repeat to shape v - neckline. (Start decreases on first row of knitting Slip Stitch pattern) Continue knitting in Slip Stitch pattern until you have 8"(8 ½,9,9 ½)(20 ½,21 ½,23,24cm) from CO. **Shape armhole:** On right side row bind off 6 sts, follow Slip Stitch pattern across remaining sts. Bind off 2 sts on each of the following 2 rs rows, then bind off 1 st on each of the following 2 rs rows to finish shaping armhole. Total of 12 sts bound off for armhole. At the same time continue shaping neckline by knitting last 2 sts together on row 1 of every Slip Stitch pattern repeat. Continue knitting until you have 10 sts remaining and you have 16"(17 ½,18 ½,19 ½)(40 ½,44 ½,47,49 ½ cm) from CO. Place sts on holder and set aside while you knit right front. **Right front:** With color 2 and size 4(3 ½ mm) straight needle and starting at center front follow Slip Stitch pattern. On every row 1 of Slip Stitch pattern repeat start with ssk to shape v - neckline. (start decreases with first row of knitting Slip Stitch pattern). Continue knitting in Slip Stitch pattern until you have 8"(8 ½,9,9 ½)(20 ½,21 ½,23,24 cm) from CO. **Shape armhole:** On wrong side row bind off 6 sts, follow Slip Stitch pattern across remaining sts. Bind off 2 sts at beginning of next 2 ws rows, then bind off 1 st at beginning of following 2 ws rows to finish shaping armhole. Total of 12 sts bound off for armhole. At the same time continue shaping neckline by knitting ssk at beginning of row 1 of every Slip Stitch pattern repeat. Continue knitting until you have 10sts remaining and you have 16"(17 ½,18 ½,19 ½)(40 ½,44 ½,47,49 ½ cm) from CO. Bind off front and back shoulder sts using a 3 needle bind off.(see techniques).Keep remaining ctr. Back sts on holder.

Finishing

Tie off loose ends. Sew side seams and steam pieces lightly to shape. **Armhole edges:** With color 1 and size 3(3 ¼ mm) short circular needle starting at bottom of armhole pick up 96(104,112,118)sts around armhole edge. *k2,P2* 5 rdns. Bind off on 6th rdn. Repeat for second armhole. **Neckline edge:** With color 1 and size 3 (3 ¼ mm) long circular needle starting at left shoulder pick up 58(62,66,72)sts along left neckline, pl m, pick up 58(62,66,72) sts along right neckline and knit across remaining sts from back holder. *k2,P2* to 3 sts before m,(p2tog,k 1,sl m, k1,p 2tog, p1),*k2,p2* to end for 5 rdns. Bind off on 6th rdn.

Pattern donated to the Shokay Design Circle
 by Anni Kristensen



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Gauge

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Techniques

3 needle bind off:

Turn your knitted pieces inside out (right sides together). Hold back stitches on one needle and front stitches on a second needle. With a third needle knit 2 tog (one sts from front needle and one stitch from back needle) Knit the next 2 stitches together (one from the front needle and one from the back needle), slip the first stitch over the second stitch (1 st bound off). Continue binding off across x number of sts required. (A 3-needle bind off avoids sewing seams together.)

Pattern stitch

Twisted rib stitch

Rows 1- 5: *k2,p2*

Row 6(RS): *k 2nd st, k 1st st, sl both sts off left needle, p2*

Repeat rows 1-6

Slip Stitch pattern

Row 1; with color 2: k across

Row 2: with color 2: p across

Row 3: with color 3: *sl 1pw yib, k 1* across

Row 4: with color 3: *K 1, sl 1pw yif* across

Rows 5-6: repeat rows 1 and 2

Rpw 7: with color 3: *k 1, sl 1 pw yib* across

Row 8: with color 3: *sl 1pw yif, K1* across

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