



**SPORT EXPLANATORY BROCHURE
SPORT-SPECIFIC INFORMATION**

SAILING

**BLAZING THE TRAIL
OUVRIR LA VOIE**



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1 Key Contacts

1.1 INTERNATIONAL SAILING FEDERATION (ISAF)

Please refer to <http://www.sailing.org/> for up to date contact details.

1.2 SINGAPORE SAILING FEDERATION (SSF)

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2 Key Dates & Activities

Activities	Date	Venue	Time
Technical Meeting for Team Managers	16 Aug 2010	National Sailing Centre	13:15
Team Managers' Meeting	Daily (During days of Competition)	National Sailing Centre	10:00
Equipment Distribution	10 – 15 Aug 2010	National Sailing Centre	During Training Times
Practice Race	16 Aug 2010	National Sailing Centre	15:00 – 18:00

3 Events & Quotas

3.1 EVENTS

Boys' Events (2)	Girls' Events (2)
Windsurfer	Windsurfer
1 Person Dinghy	1 Person Dinghy

3.2 QUOTAS

Category	Qualified via IF	NOC Universality Places	Host Country Places	Total
Boys	42	7	1	50
Girls	42	7	1	50
Total	84	14	2	100

3.3 NOC QUOTA

Maximum of one (1) male and one (1) female athlete per NOC for all events.



4 Qualification System

4.1 ATHLETE ELIGIBILITY

NOCs which have respective national authorities in good standing with ISAF at the time of the qualifying events will be eligible to qualify.

To be eligible for the YOG, athletes must have been born between 1 January 1994 and 31 December 1995.

ISAF nationality rules will apply.

4.2 PERFORMANCE & CONTINENTAL REPRESENTATION

Competitors in the Youth Olympic Qualification Events (YOQE) will qualify their NOC. NOCs will select their own competitors for the Youth Olympic Games.

Once a nation qualifies in an event, it can no longer qualify for that event in another YOQE. At the Continental Qualification Events only nations within that continent will be eligible for YOG Qualification.

The YOQE will be made up of a World Championship or Open Qualification Event (WC) and six Continental Qualification Events (COE) for each of the sailing events.

For the Windsurfing events, all YOQE will use the Techno 293. For the Dinghy events, the World Championship or Open Qualification Event will be held using the Byte CII; for the COEs either the Byte CII or Laser 4.7 may be used, subject to approval by ISAF. In the World Championships / Open Qualification Event and the six Continental Qualifiers, genders will compete together.

Boys' Windsurfer (BW)

- 1 WC & 6 COE

Girls' Windsurfer (GW)

- 1 WC & 6 COE

Boys' 1 Person Dinghy (B1PD)

- 1 WC & 6 COE

Girls' 1 Person Dinghy (G1PD)

- 1 WC & 6 COE



The maximum number of places available in each qualifying event is as per the table below:

YOQE Quotas	BW	GW	B1PD	G1PD
Africa	1	1	2	2
Asia	2	2	3	3
Central & South America	2	2	2	2
Europe	4	4	7	7
North America & Caribbean	2	2	4	4
Oceania	2	2	2	2
World Championships	3	3	6	6
Host Nation / IOC Places	4	4	4	4
Totals	20	20	30	30

4.3 HOST COUNTRY REPRESENTATION

The host nation will automatically qualify a maximum of one (1) and one (1) female athlete. The host nation will confirm the selected events with ISAF by 30 November 2009.

4.4 REALLOCATION OF UNUSED QUOTA PLACES

4.4.1 Unused IF Quota Places (UQPs)

When possible, the boys and girls quotas should be maintained along with the Continental representation set out in the YOQE Quota table. UQPs will be offered only to nations that competed in a YOQE following the sequence below:

Stage 1

ISAF will produce an "Unused Quota Places Re-allocation List" based on the results of each of the CQEs. Where places become available they will be reallocated within the same continent using the finishing places of the CQEs.

Stage 2

If any places remain available after Stage 1, UQPs will be offered to Nations that are not already represented in any other Events at the YOG Sailing Competition following the qualification events.

Stage 3

If places are still available after all applications from these Nations have been met, UQPs will be allocated to Nations represented in one other event.

Stage 4

If places are still available after all applications from these Nations have been met, UQPs will be allocated to Nations represented in two other events, the host nation will be offered the first available place and so on, until all UQPs have been allocated.



4.4.2 Unused Host Country Places

If the host NOC elects to not use the qualification places allocated, the unused places will be reallocated according to the UQP system described above.

4.4.3 Unused NOC Universality Places

Any NOC universality places left vacant will be reallocated according to Stage 2 of the UQP system described above.



5 Qualification Timeline

All locations and dates of the qualifying events will be posted on the ISAF website, www.sailing.org.

Date	Qualification Event	Milestone
Africa YOQE TBC 22 – 28 Mar 2010	Boys' and Girls' One Person Dinghy	Byte CII African Championship (Venue TBC)
	Boys' and Girls' Windsurfer	Techno 293 African Championship (Sidi Bou Said, Tunisia)
Asia YOQE 23 – 29 Nov 2009 15– 23 Jan 2010	Boys' and Girls' One Person Dinghy	Byte CII Asian Championship (Pattaya, Thailand)
	Boys' and Girls' Windsurfer	Techno 293 Asian Championship (Pattaya, Thailand)
Central & South America YOQE 25 – 31 Jan 2010	Boys' and Girls' One Person Dinghy	Byte CII South American Youth Championship (Sao Paulo, Brazil)
	Boys' and Girls' Windsurfer	Techno 293 South American Championship (Sao Paulo, Brazil)
Europe YOQE 3 – 7 Dec 2009 27 Dec 2009 – 3 Jan 2010	Boys' and Girls' One Person Dinghy	Byte CII European Championship (Imperia, Italy)
	Boys' and Girls' Windsurfer	Techno 293 European Championship (Cadiz, Spain)
North America & Caribbean YOQE 10 – 15 Mar 2010 5 – 7 Mar 2010	Boys' and Girls' One Person Dinghy	Byte CII Midwinter's/North American Championship (Cayman Islands)
	Boys' and Girls' Windsurfer	Techno 293 North American Championship (Calema, Florida)
Oceania YOQE 6 – 10 Jan 2010	Boys' and Girls' One Person Dinghy	Australian Youth Championships (Laser 4.7) (Largs, Australia)
	Boys' and Girls' Windsurfer	Techno 293 Oceanic Championship (Largs, Australia)



Date	Qualification Event	Milestone
Byte CII WC YOQE 6 – 11 Apr 2010	Boys' and Girls' One Person Dinghy	Byte CII World Championship (Cannes, France)
Techno 293 WQ YOQE Easter 2010	Boys' and Girls' Windsurfer	Techno 293 WC YOQE (France)
14 Jun 2010		Deadline for UQP applications.
15 Jun – 14 Jul 2010		Reallocation of unused NOC universality places and final reallocation period for unused quota places
15 Jul 2010		Entries deadline (by name) for all sports



6 Competition Format

The sailing competition at the Singapore Youth Olympic Games comprises of four medals events with Boys and Girls sailing in either one person dinghies or windsurfers (these are referred to as classes). Each NOC is permitted to enter up to two of the four events, and can send one Boy and one Girl, as limited by the Qualification Criteria (Refer to Section 6.5).

6.1 FORMAT

Races are conducted around a course of marker buoys laid out by the Race Committee. There may be one, two or possibly three laps required to complete a race. The Race Committee will decide on how many laps are required immediately prior to the start of the race, and this depends upon the amount of wind present and the size of the course. The Race Committee will alter the size of the course and number of laps so that each race lasts approximately the defined length of time shown in the table below. The orientation of the course is set so that the first leg of the race is always into the wind.

The start is between two boats anchored in an orientation that sets the start line at right angles to the wind. The time remaining to the start is signalled by the raising of flags on one of the start boats. Because the first leg is orientated to be directly into the wind, and boats cannot sail directly into the wind, they must take a zig-zag course to the first mark and as a result, the boats can spread out over a wide area.

The shape of the courses varies for each event, with some sailing a straight upwind/downwind course, while others sail around four marks laid out in a trapezoid shape. There is also the possibility of introducing a slalom course.

6.2 SCORING

6.2.1 Opening Series

- i. All participating crews will race in the opening series races.
- ii. Scoring uses a "low point" scoring system whereby the winner of each race is awarded one point; second place is awarded two points, etc. Failure to finish the race, or a disqualification earns the competitor a number of points equal to the total number of competitors plus one, e.g. if there are 20 competitors, a failure to finish would earn a team 21 points.
- iii. A boat's series score for the regatta will be the total of her race scores from the opening series races and the medal race.
- iv. When fewer than five races have been completed, a boat's series score will be the total of her race scores.
- v. When five or more races have been completed, a boat's series score will be the total of her race scores, excluding her worst score.
- vi. When 11 or more races have been completed, a boat's series score will be the total of her race scores, excluding her two worst scores.



6.2.2 Medal Race

- i. All competitors will advance to the Medal Race.
- ii. Competitors will carry their series scores (i.e. total of race scores after discard) through to the Medal Race.
- iii. Race scores for the Medal Race will be weighted. Points are doubled (i.e. two points for first, four points for second, and so on) and added to the series score. Scores for the Medal Race may not be discarded.
- iv. Any series tie after the Medal Race will be broken in favour of the boat finishing higher in the Medal Race.
- v. If the Medal Race is not completed, medals will be awarded based on the series score for all the prior races. If two or more competitors are tied on overall points at the end of the competition, a two-stage tie-break procedure is used. The tie-breaks are broken in favour of the competitor who has:
 - 1) the most number of 1st places, then 2nd places, etc.
 - 2) achieved a higher placing in the last race of the event.

6.3 JUDGING

The action in sailing is spread out over a wide area with up to 30 boats all taken different routes in order to sail the course as fast as possible. Therefore it is impossible to have direct judging in such a race. Sailing has a system of “self policing” whereby if a team feels that they have been infringed by another team on the water, they can call to the other boat to sail a penalty turn (sailing in a tight circle twice, commonly referred to as a “720”).

If the team fails to accept the penalty, or an official observes an infringement of the rules, a “protest” is filed by the competitor or official after racing has finished and a hearing is convened. There is a time limit of one hour after the end of racing for the day in which a protest may be filed with officials; therefore it is quite common for results to be amended one to two hours after the completion of racing. Protests are more common than in most other sports and are a normal part of the sport. The most common rule infringements for disqualification are when two boats are crossing on opposite tacks and when rounding marks.

6.4 SCHEDULE OF RACES

As sailing is very weather dependant, the competition schedule is changed regularly due to inadequate wind, too much wind, or unstable wind. Any changes to the schedule for the next day are posted on the Internet no later than 6 p.m. every evening. The schedule will show the scheduled time of the first race, the number of races for the day, and also which event will be on each racing area. If weather conditions on any given day are not ideal, racing may also be delayed from the scheduled start time until such time as the wind is considered suitable for racing by the race officials, who are referred to as the Race Committee.

16 races are scheduled for each event, of the 16 races 15 are scheduled as opening races and one as a medal race. The medal race will be scheduled on the day designated for each class’s medal ceremony, even if the full schedule has not been completed by that day. No more than three races of an event will be sailed on one day. If a race cannot start due to the prevailing weather conditions, that race is postponed to a later day.



There is a reserve day in case it is not possible to complete the Medal Race on the scheduled date.

6.5 QUALIFICATION FOR YOUTH OLYMPIC GAMES

The maximum quota of sailors is 100, split between events as follows. This number consists of 50 Boys and 50 Girls. NOCs are qualified in World Championship events and Continental Qualifiers nominated by ISAF and held between December 1 2009 and May 31 2010. After qualification of the NOC, the NOC selects whether or not to accept the qualification, and which sailors shall represent the NOC.

EVENT NAME	HOST NOC / IOC PLACES	OTHER NOC	ENTRY QUOTA	SAILORS PER ENTRY	SAILORS	NO OF RACES	APPROX RACE LENGTH (minutes)
Techno 293- Boys' Windsurfer	4	16	20	1	20	16	30 - 35
Techno 293 - Girls' Windsurfer	4	16	20	1	20	16	30 - 35
Byte CII - Boys' One Person Dinghy	5	25	20	1	30	16	45 - 50
Byte CII - Girls' One Person Dinghy	5	25	20	1	30	16	45 - 50
				TOTAL:	100		

NB: The actual number of competitors in the event may vary slightly from these numbers.

6.6 DIFFERENCES BETWEEN THE ISAF YOUTH WORLD CHAMPIONSHIP & THE YOUTH OLYMPIC GAMES

At the Youth Olympic Games there are four events and 100 athletes. At the Youth Sailing ISAF World Championship there are seven events and for 2009 there will be 280 athletes from 59 nations. For the Youth Olympic Games there will be a weighted Medal Race to reflect the format used at the Olympic Games, at the Youth Sailing ISAF World Championship there is no Medal Race. The four events of the Youth Olympic Games will sail more races with shorter target times, all other areas of competition format are the same in terms of the courses sailed and the Rules.



7 Competition Rules & Procedures

7.1 THE START TIME

All races will start at 11:00. However, delays are possible if the breeze has not filled or the race committee has not been able to set a course due to shifting wind (coming from various directions). A postponement could also be given ashore when it is foreseen that the conditions are very bad for racing. The boats will then remain in the Youth Olympic Marina (National Sailing Centre).

(See below for flags used to indicate the postponement of a race).

7.2 START PROCEDURE

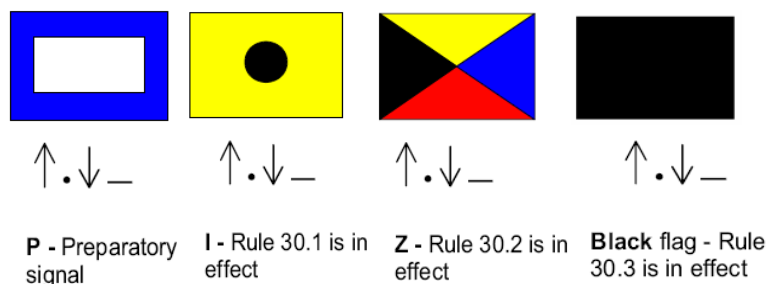
Five minutes before the start a so-called warning signal is hoisted (see flags below). This is a flag indicating which fleet is going to start. Open and Girls' events will have white flags and Boys' events will have light blue flags. The class insignia on the flag indicates which event is about to start.

Four minutes before the start the preparatory signal is hoisted. At this stage, three different flags can be displayed: a blue and white ('P'), yellow and black ('I') or a black flag, indicating which start penalty system is in use. One minute before the start this flag goes down with a signal.

Flag 'P': No special penalty system, although if you start early you need to go back behind the line or otherwise you will be disqualified ('OCS' will be indicated in the results sheet).

Flag 'I': A boat on the course side of the starting line one minute before the start has to return behind the line around either end. If the boat fails to do this, it will be disqualified ('OCS' will be indicated in the results sheet).

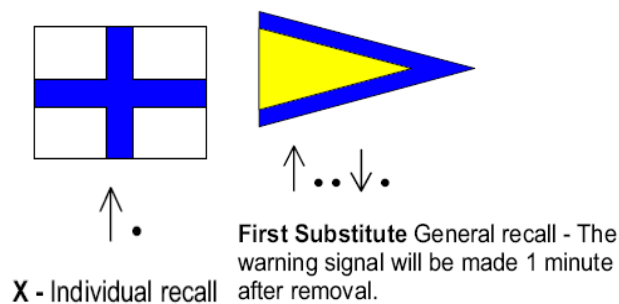
Black flag: If you are over the line one minute before the start, you are disqualified. There is no possibility to exonerate yourself and this will be indicated with BFD in the results sheet.





7.3 RECALLING RACE AFTER START

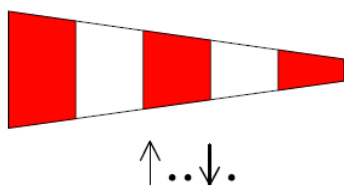
At the start all boats should be behind the starting line. If boats have been identified to be beyond the starting line when the 'P' or 'I' flag is displayed, the Committee will signal a white and blue flag to indicate that there were boats over the line. If they cannot identify all boats, they can signal a yellow and blue flag to indicate that there is a 'general recall' and the fleet will return to re-start. If a black flag was in use for that start, all boats identified will be put on a board and are not allowed to start again in this race (BDF in results sheet).



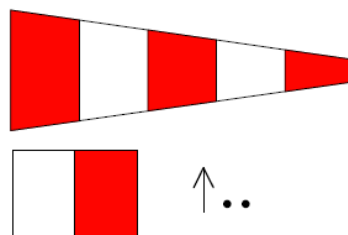
7.4 POSTPONING A RACE

If conditions are not suitable for a race, the start may be postponed or cancelled for the day. The usual practice is to postpone a race until conditions improve. If conditions do not improve for racing on that day or later in the day, the race is cancelled.

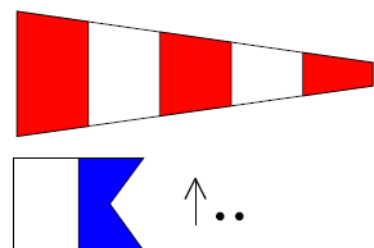
The predominant and most common flag is the "Answering Pennant" or AP. The following diagrams indicate how this flag is used, and how in conjunction with other flags it can indicate the intentions of the Race Committee.



AP - Races not started are *postponed*. The warning signal will be made one (1) minute after removal unless at that time the race is *postponed* again or *abandoned*.



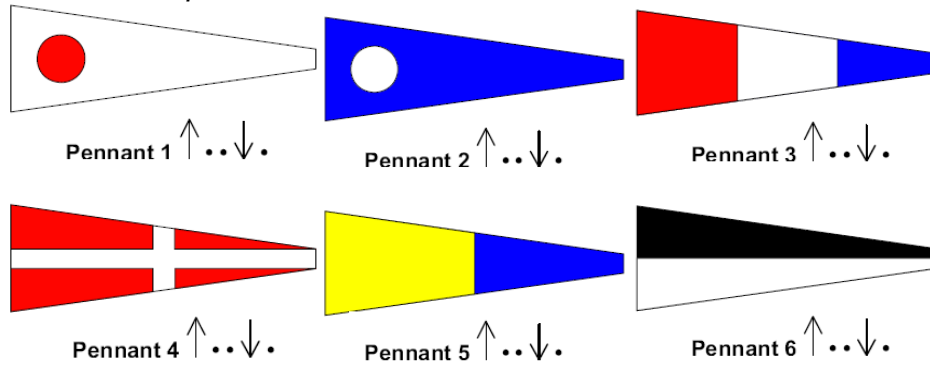
AP over H - Races not started are *postponed*. Ashore further signals.



AP over A - Races not started are *postponed*. No more racing today.

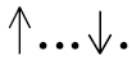
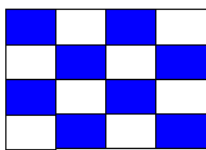


AP over the following numeral pennants 1- 6
Postponement of 1- 6 hours from the scheduled

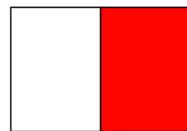
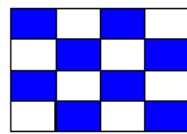


7.5 ABANDONING A RACE

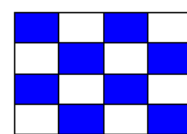
After a race has started, the Race Committee may, under exceptional conditions, abandon a race already in progress. This is usually due to weather conditions that have changed to become unsuitable for racing. In such cases, one of the following combinations of flags is displayed, with Code Flag N being the main flag in use.



N - All races that have started are *abandoned*. Return to the starting area. The warning signal will be made one (1) minute after removal unless at that time the race is *abandoned* again or *not started*



N over H - All races are *abandoned*. Ashore further signals.



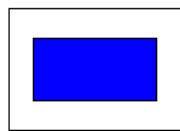
N over A - All races are *abandoned*. No more racing today.



7.6 CHANGING THE COURSE AFTER THE START

If there has been a major change in wind conditions since the race started, the Race Committee may change the length of the race, or alter the shape of the course.

This usually occurs due to dropped wind. The length of the course will then be too long to finish in a reasonable time period, or that the wind direction has changed and a mark or marks have been moved to keep the course in the same orientation with respect to the wind direction (race courses are always setup in relation to the direction of the wind so that the first leg of the course is directly into the wind). The following flags are used to indicate either the shortening of a course, or that a mark has been re-positioned.



S - No later than the warning signal: Sail the short course.

At a rounding or finishing *mark*:
Finish between the nearby *mark* and the staff displaying this flag.



C - The position of the next *mark* has been changed.

7.7 OTHER FLAGS THAT MAY BE DISPLAYED



L - Ashore: A notice to sailors has been posted.
Afloat: Come within hail or follow this boat.



M - The object displaying this signal replaces a missing *mark*.



Y - Wear personal buoyancy



(no sound)

Blue flag or shape - This race committee boat is in position at the finishing line.



7.8 RULES

The main right-of-way rules on water are:

- a. On opposite tacks: a port tack boat (with the sail on the starboard side of the boat) shall keep clear of a starboard tack boat.
- b. On the same tack: a boat to the windward shall keep clear of a leeward boat.
- c. At marks and obstructions: the outside boat(s) shall give room to the inside boat(s).

7.9 JURY

The Jury is also on the water and watches the racing. Their main task is to enforce Rule 42, which deals with illegal means of propulsion. Not permitted is pumping (repeated fanning of the sails), rocking (rolling of the boat), ooching (sudden body movements), sculling (movement of the helm not for steering) or repeated tacks. Rule 42 is different for the windsurfer; they are allowed pumping and body movements. When a member of the Jury decides to take action on Rule 42, he or she displays a yellow flag and hails the NOC Code of the infringing boat. The boat then can exonerate itself by doing penalty turns. If the same sailor gets caught a second time, he or she will be disqualified.

For the medal race, the umpires are on the water and act as referees. If a sailor feels that there has been an infringement of a rule by another boat, they call "protest", raise their red flag and the umpire will fly, either a green or yellow flag, and point at the boat that has infringed the rules. In this case, the boat must sail a "penalty turn". Because the umpires are on the water, there is no further protest period after the medal race.

Other than in the medal race, there is a protest period after a day's race in which sailors or officials may lodge protests. After this period, protests are decided in a series of hearings conducted by the International Jury. Protests include called requests for redress, if the sailor feels that a mistake by the race committee has affected his scoring. If a request for redress is successful, this is marked by 'RDG' on the results sheet.

7.10 SCORING

Each event is a 16 race series. The last Medal Race - will be scheduled on the day designated for each class's medal ceremony, even if the full schedule has not been completed by that day.

7.10.1 Opening Series

All participating crews compete in the opening series races of the series. Scoring uses a "low point" scoring system whereby the winner of each race is awarded one point; second place is awarded two points, etc. Failure to finish the race, or a disqualification earns the person the number points equal to one more than the total number of competitors, e.g. if there are 20 competitors, a failure to finish would earn a team 21 points.

Before the last Medal Race the worst race points are excluded for each crew, and the ten crews with the best overall score advance to the Medal Race. All boats advancing will be required to compete in the Medal Race.



7.10.2 Medal Race

Competitors will carry their series scores (i.e. total of race scores after discard) through to the Medal Race. Race scores for the Medal Race will be weighted. Points are doubled (i.e. two points for first, four points for second, and so on) and added to the series score. Scores for the Medal Race shall not be discarded.

Any series tie after the Medal Race will be broken in favour of the boat finishing higher in the Medal Race.

If the Medal Race is not completed, medals will be awarded based on the series score for all the prior races. In that case if at the end of the competition two or more competitors are tied on overall points, a two-stage tie-break procedure is used. The tie-breaks are broken in favour of the competitor who has:

- a. The most number of 1st places, then second places, etc.
- b. Achieved a higher placing in the last race of the event

7.11 IDENTIFICATION

Each boat will carry on each side of the mainsail and (with the exception of sailboards) on each side of the bow, the NOC code denoting its national authority. All boats will also have the names of the crew and the national flag of their NOC on the sail.

Sailors will be required to wear bibs displaying their NOC code on the outside of all other clothing and equipment.

After the first race, the first, second and third place boats in the overall rankings, at the beginning of each racing day, will display a yellow, blue or red circle sticker respectively on the hull or sail.

7.12 ORGANISATION OF THE SAILING COMPETITION

The Sailing Competition at the Singapore 2010 Youth Olympic Games will be held in accordance with the International Sailing Federation's (ISAF) Racing Rules of Sailing 2009-2012 and the Olympic Charter.

Pursuant to the Olympic Charter the ISAF assumes the responsibility for the technical control and direction of its sport at the Youth Olympic Games.

The ISAF has appointed one technical delegate to oversee the preparations for, and the conduct of, the Youth Olympic Sailing Competition. They will also work with the YOGOC Competition Management.

The ISAF has further appointed two Measurers who check all boats and equipment, before and during the Youth Olympic Regatta to make sure all boats are in accordance with the measurement rules of each class.

The six International Judges make up the International Jury and five course representatives are on board of the committee boats working together with the local race management teams.



7.13 DISCLAIMER

Information printed in the Sport Explanatory Brochure is accurate at time of publication. Updates will be available on the IOC – NOC Extranet. Should there be any conflict of information between the Sailing Instructions, Notice of Race and the Sport Explanatory Brochure, the Sailing Instructions will take precedence.



8 Equipment & Clothing

Equipment used or clothing worn by athletes and other participants at the Youth Olympic Games Sailing competition must comply with the ISAF Constitution and Technical Rules and with the Bye-Law to Rule 51 of the Olympic Charter.

9 Doping Control

The Singapore Youth Olympic Games Organising Committee (SYOGOC), under the guidance of International Olympic Committee (IOC), will be responsible for the Doping Control Programme during the Singapore 2010 Youth Olympic Games. The Doping Control Programme will be implemented in accordance with the IOC Anti-Doping Rules, the World Anti-Doping Code and its relevant International Standards.

Doping Control stations will be set up at competition venues and the Polyclinic within the Youth Olympic Village, where in-competition testing will be conducted. The Test Distribution Plan and criteria for athlete selection for each sport will comply with the Doping Control protocol established by the IOC, IFs and SYOGOC. Doping Control procedures will be implemented according to the WADA's International Standards for Testing.

Sample analysis will be performed at a WADA-accredited laboratory or as otherwise approved by WADA.



10 Competition Venue

NATIONAL SAILING CENTRE

10.1 LOCATION

Sitting on 2.4 hectares of land, the National Sailing Centre is located at the south-eastern tip of Singapore along the East Coast Park.

10.2 HISTORY

Opened in June 1999, the National Sailing Centre is approximately 51 minutes away from the Youth Olympic Village via the highway.



Equipped with a large berthing area for boats, it also comprises an administration block, a multi-purpose sports hall, a cafeteria, a dormitory and an auditorium, the Centre has been the first-choice location for regional and international competitions.

An ideal location for sailing competitions, the National Sailing Centre's strategic position makes full use of the south-west and north-east winds for year-round sailing. Since its opening, the National Sailing Centre has hosted many international and regional events. These include the World Byte Championships (2003), the World Hobie Tiger (2005), the ASEAN Optimist Championship (2006), the Asia Pacific Laser Championships (2006), and the Asian Optimist Championships (2007).



11 Competition Schedule by Day

Date	Time
17 Aug 2010	11:00 – 18:00
18 Aug 2010	11:00 – 18:00
20 Aug 2010	11:00 – 18:00
21 Aug 2010	11:00 – 18:00
23 Aug 2010	11:00 – 18:00
24 Aug 2010	11:00 – 18:00
25 Aug 2010	11:00 – 18:00

Ver9.0

Competition Schedule by Session will be provided during the Chef de Mission Seminar in March 2010.



12 Games-Time Training

12.1 TRAINING VENUE

- National Sailing Centre

12.2 TRAINING POLICIES *(updates will be made available in the IOC-NOC Extranet)*

Training facilities will be provided for all athletes from the opening of the Youth Olympic Village (YOV) (10 August 2010) to the end of Singapore 2010 (26 August 2010).

Games-Time Training consists of three phases – Pre-Competition, During Competition and Post-Competition.

12.2.1 Pre-Competition Training and Training during Competition

Training sessions fall into three main categories – Open Training, Allocated Training and Training that requires booking. The type of training for each sport is determined in consultation with the IF of the respective sport.

a. Open Training

Training Sessions for Open Training are not NOC-specific – they are open to all participants to conduct their training. The NOCs will neither be allocated nor are they required to book the training sessions. The training schedule for sports with Open Training will be provided to the NOCs in January 2010.

b. Allocated Training

Majority of the training sessions fall into this category and will be scheduled by the Competition Management of SYOGOC. The schedule of the training sessions will be distributed to the participating NOCs upon the finalisation of entries.

c. Training that requires Booking

NOCs are required to book for their training sessions. The booking of these training sessions will be conducted at the Sport Information Desk (SID) located at the YOYV on a first-come-first-served basis.

The SID will be operational upon the opening of the YOYV on 10 August 2010. Other than managing the training sessions, the SID will also provide pertinent information relating to sport training schedules.

12.2.2 Post-Competition Training

There is no Post-Competition Training for Sailing.



13 Medals

The top three winners in the finals will each receive a Gold medal, Silver medal and Bronze medal respectively.

14 Victory Ceremonies

Victory Ceremonies (VYC) will be held in accordance with the protocol determined by the IOC to honour the individual and team achievements of the athletes.

They will be held at the respective competition venues following the announcement of the final results. Prior to the commencement of the ceremony, medallists will be ushered to the VYC Holding Area for preparation. They will be briefed by the VYC Team on the ceremony protocol and subsequently escorted to the podium for the medals presentation. Once the ceremony is over, the medallists will be escorted out of the VYC podium area.

Medallists must wear their NOC official sport uniform. They will take their places on the podium and face the Guest Stand upon announcement of their names. The Gold Medallist(s) will stand on a centred, higher platform. The Silver and Bronze Medallists will stand on equal height, to the right and left of the Gold Medallist(s) respectively. Flags of the medallists' delegations will be raised while the abridged version of the Gold-medallist(s)' NOC anthem is being played. During the playing of the NOC anthem and the raising of the flags, medallists shall accord due respect and face the flags when they are raised.

For NOC Team events, the IOC flag will be raised in tandem with the abridged version of the IOC anthem.