



**SPORT EXPLANATORY BROCHURE
SPORT-SPECIFIC INFORMATION**

GYMNASTICS - ARTISTIC

**BLAZING THE TRAIL
OUVRIR LA VOIE**



The information provided in this publication is accurate at time of production.

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1 Key Contacts

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2 Key Dates & Activities

Activities	Date	Venue	Time
Official Draw	May 2010 (actual date TBC)	FIG Council, Tokyo	TBC
Team Leaders Meeting – Orientation Meeting	MAG: 12 Aug 2010	Bishan Sports Hall	TBC
	WAG: 12 Aug 2010		
	TRA: 18 Aug 2010	Bishan Sports Hall	TBC

3 Events & Quotas

3.1 EVENTS

Men's Events (8)	Women's Events (6)
1) Individual all-around Final competition 2) Floor Exercise 3) Pommel Horse 4) Rings 5) Vault 6) Parallel Bars 7) Horizontal Bar	1) Individual all-around Final competition 2) Vault 3) Uneven Bars 4) Balance Beam 5) Floor Exercise
Trampoline	Trampoline
8) Individual Competition	6) Individual Competition

3.2 QUOTAS

3.2.1 GYMNASTICS – ARTISTIC

Category	Quota Qualified via IF	NOC Universality Places	Host Country Places	Total
Men	28	13	1	42
Women	28	13	1	42
TOTAL	56	26	2	84



3.2.2 TRAMPOLINE

Category	Quota Qualified via IF	NOC Universality Places	Host Country Places	Total
Men	8 or 9*	3	1	12
Women	8 or 9*	3		12
TOTAL	17	6	1	24

**The 9th qualification place will be taken from the gender in which a host country place is taken.*

3.3 NOC QUOTAS

3.3.1 GYMNASTICS – ARTISTIC

Maximum of one (1) male and one (1) female athlete per NOC.

3.3.2 TRAMPOLINE

Maximum of one (1) male and one (1) female athlete per NOC.



4 Qualification System

4.1 ATHLETE ELIGIBILITY

4.1.1 Age Eligibility

a. Gymnastics – Artistic

Men: Athletes must have been born between 1 January 1993 and 31 December 1994.

Women: Athletes must have been born between 1 January 1995 and 31 December 1995.

b. Trampoline

Athletes must have been born between 1 January 1993 and 31 December 1994.

4.1.2 All NOCs must have earned their places for the YOG at the qualification competitions determined by the FIG. Candidates for the NOC Universality Places and the Host Country Places must have participated in their Junior Continental Championship (or another qualifying continental event to be approved by the FIG).

4.1.3 All NOCs as well as candidates for NOC Universality Places and candidates for the Host Country Places must have reached a minimum standard defined by the FIG for the disciplines as follows:

a. MAG and WAG: the gymnasts must participate at all apparatus and reach an average minimum Execution Score of 7.5, thus a total Execution Score of minimum 45 points for MAG and 30 points for WAG.

b. TRA Men: Preliminary Score min = 55,0 points or Second or Final Routine min = 30.0 points.

TRA Women: Preliminary Score min = 54,0 points or Second or Final Routine min = 29.5 points.

4.1.4 Athletes who have participated at FIG senior competitions or multi-sport games (including continental championships and world cup events) may not participate in the Youth Olympic Games.



4.2 PERFORMANCE & CONTINENTAL REPRESENTATION

The Junior Continental Championships or another qualifying continental event to be approved by the FIG (strictly according to FIG Rules for Juniors except that the age is set by the IOC) in the year of the YOG are used to qualify. The quota (places) qualified via IF are allocated to the NOC provided the NOC has achieved the minimum required standard as defined by the FIG for the discipline.

The exact dates and locations of the Junior qualifying competitions have been decided by the FIG and communicated to the Continental Unions.

4.3 NOC QUALIFICATION QUOTA

4.3.1 GYMNASTICS – ARTISTIC

The following quota, based on one gymnast per NOC, will be allocated at each qualification event:

Category	Europe	Asia	Africa	America	Oceania	Total
MAG	14	6 (+ 1 Host)	2	5	1	28 + 1 Host
WAG	14	5 (+ 1 Host)	2	6	1	28 + 1 Host

4.3.2 TRAMPOLINE

The following quota, based on one gymnast per NOC, will be allocated at each qualification event:

Category	Europe	Asia	Africa	America	Oceania	Total
TRA Men	3	2*	1	2	1	9*
TRA Women	3	2*	1	2	1	9*

**including one place for the Host Country (either in TRA Men or in TRA Women).*

4.4 HOST COUNTRY REPRESENTATION

4.4.1 GYMNASTICS – ARTISTIC

The Host Country will be represented with one male and one female gymnast (as mentioned above), provided that the Host Country has participated in the relevant Men's and Women's Junior qualifying event. The Host Country places will be allocated to the best ranked gymnast of the respective Junior Continental qualification event provided he/she has achieved the minimum required standard as defined by the FIG for the discipline.

4.4.2 TRAMPOLINE

The Host Country will be represented with one male or one female gymnast (as mentioned above), provided that he/she has participated in the relevant Men's or Women's Junior qualifying event. This place will be granted to the best ranked male or female gymnast provided he/she has achieved the minimum required standard as defined by the FIG for the discipline.



4.5 REALLOCATION OF UNUSED QUOTA PLACES

4.5.1 Unused IF Quota places

In case a qualified NOC decides not to use its Men's or Women's place for any reason, the next eligible NOC from the same Continent according to the results of the Men's or Women's Junior qualifying event will be called upon, provided the NOC has achieved the minimum required standard as defined by the FIG for the discipline.

4.5.2 Unused Host Country Places

Should the Host Country succeed in directly qualifying one male or one female gymnast at the Junior qualifying event, the next eligible NOC from the same Continent according to the results of the Men's or Women's Junior qualifying event will be called upon, provided the NOC has achieved the minimum required standard as defined by the FIG for the discipline.

In case the Host Country decides to withdraw its qualified male or female gymnast for any reason, the next eligible male or female gymnast from the Host Country according to the results of the Junior qualifying event will be called upon, provided he/she has achieved the minimum required standard as defined by the FIG for the discipline.

In case the Host Country decides not to use its men's or women's place for any reason, the next eligible NOC from the same Continent according to the results of the Men's or Women's Junior qualifying event will be called upon, provided the NOC has achieved the minimum required standard as defined by the FIG for the discipline.

4.5.3 Unused NOC Universality Places

Any unused NOC Universality Places will be reallocated to the next eligible NOC(s) from continent(s) selected by FIG in order to ensure an appropriate continental balance in the distribution of NOC Universality Places. The minimum required standard as defined by the FIG for the discipline must be achieved.



5 Qualification Timeline

Date	Milestone
Nov 2009 – May 2010	YOG 2010 FIG qualification period
3 Mar 2010	African Continental Qualification event MAG and WAG Walvis Bay, Namibia
11 Mar 2010	African Continental Qualification event TRA Walvis Bay, Namibia
4 – 9 Nov 2009	Pan American Continental Qualification event MAG, WAG Aracaju, Brazil
24 – 26 Mar 2010	Pan American Continental Qualification event TRA Daytona Beach, USA
13 – 16 Mar 2010	Asian Continental Qualification event MAG, WAG and TRA Tokyo, Japan
21 – 25 Apr 2010	European Continental Qualification event MAG Birmingham, United Kingdom
28 Apr – 2 May 2010	European Continental Qualification event WAG Birmingham, United Kingdom
20 – 24 Apr 2010	European Continental Qualification event TRA Varna, Bulgaria
26 Apr – 2 May 2010	Oceania Continental Qualification event MAG, WAG and TRA Melbourne, Australia
Jun – 14 Jul 2010	Reallocation of unused NOC Universality Places and final reallocation period for unused quota places
15 Jul 2010	Entries deadline (by name) for all sports



6 Competition Format

6.1 GYMNASTICS – ARTISTIC

The men compete in seven events: Individual All-Around, Floor Exercise, Pommel Horse, Rings, Vault, Parallel Bars and Horizontal Bar.

The women compete in five events: Individual All-Around, Vault, Uneven Bars, Balance Beam and Floor Exercise.

The men and women compete in two separate competitions. In each competition, there are three competition phases:

- a. Qualifications (C-I);
- b. Individual All-Around finals (C-II); and
- c. Individual apparatus finals (C-III).

6.1.1 Qualifications

All gymnasts (42 men and 42 women) compete as individuals and the results of this competition are used to qualify them for the Individual All-Around and the apparatus finals. The gymnasts compete on all six apparatus for men and on all four apparatus for women. The total score on all apparatus qualifies to the Individual All-Around finals. The score on each apparatus qualifies to the individual apparatus finals. No scores are carried over from the qualifications to the finals. In the case of ties, FIG Tie-Breaking Rules for the Olympic Games will be applied.

6.1.2 All-Around Finals

The best 18 male and female gymnasts from the qualifications proceed to the Individual All-Around Finals. Reserve gymnasts will be designated as per the C-I Results. The gymnasts compete on all six apparatus for men and on all four apparatus for women. The gymnasts are ranked based on the total score on all apparatus. The Individual All-Around title is considered to be the premium achievement in gymnastics. In the case of ties, FIG Tie-Breaking Rules for the Olympic Games will be applied.

6.1.3 Apparatus Finals

The top eight male and female gymnasts who placed highest on each apparatus in the qualifications compete for the apparatus titles.

Reserve gymnasts will be designated as per the C-I Results and if called upon will work in accordance with the order of the gymnast replaced. FIG Tie-Breaking Rules for the Olympic Games will be applied in case of ties.



6.1.4 Differences Between the Youth Olympic Games & the Olympic Games

The age of the gymnasts is for men: 16 - 17 years (born between January 1, 1993 and December 31, 1994); for women: 15 years (born between January 1, 1995 and December 31, 1995).

Athletes who have participated at FIG senior competitions or multi-sport games (including continental championships and world cup events) may not participate in the Youth Olympic Games.

NOC quota for the Youth Olympic Games competition: Maximum of one male and one female athlete per NOC.

The Youth Olympic Games have fewer competitors and officials than the Olympic Games and no team event is organized.

The competition rules and difficulty level of the routines to be performed by the male and female gymnasts at the Youth Olympic Games have been modified in order to safeguard the health and proper development of the athletes.

6.1.5 Differences Between the FIG Junior World Championships & the Youth Olympic Games

There are no Junior World Championships on the FIG competition programme. Junior competitions are part of the Continental Unions' programmes.



6.2 TRAMPOLINE

The Trampoline Gymnastics at the Youth Olympic Games comprises two individual events: Men and Women. The competition format is the same for both events, including two competition phases: Qualification and Final Rounds.

6.2.1 Qualifications

A total of 12 individual men and 12 individual women will compete. Each qualification round consists of two routines of 10 skills. In case of ties, the FIG Tie-Breaking Rules for the Olympic Games will be applied.

6.2.2 Finals

The top eight male and female athletes who placed highest at the Qualifications qualify to the Finals. Each final round consists of one routine of 10 skills. In case of ties, the FIG Tie-Breaking Rules for the Olympic Games will be applied. Reserve gymnasts will be designated as per the C-I Results.

6.2.3 Differences Between the Youth Olympic Games & the Olympic Games

To participate in the Singapore Youth Olympic Games all gymnasts must be between 16 and 17 years old (born between January 1, 1993 and December 31, 1994).

Gymnasts who have participated at FIG senior competitions or multi-sport Games (including continental championships and world cup events) may not participate in the Youth Olympic Games.

The Youth Olympic Games have fewer competitors than the Olympic Games. The Youth Olympic Games have a maximum quota of one male and one female athlete per NOC.

The competition rules and difficulty level of the routines to be performed by the male and female gymnasts at the Youth Olympic Games have been modified in order to safeguard the health and proper development of the athletes.

6.2.4 Differences Between the FIG Junior World Championships & the Youth Olympic Games

While no Junior World Championships are part of the FIG competition programme, World Age Group Competitions are organised. Junior competitions are part of the Continental Unions' programmes.



7 Competition Rules & Procedures

7.1 GYMNASTICS – ARTISTIC

7.1.1 Judging

Artistic gymnastics is a judgment sport with a panel of six judges for CI and CII and eight judges for CIII presiding over each apparatus. The six judges for CI and CII and the eight judges for CIII are broken down into two panels. The “D” panel (two judges) calculates the D Score which is the score a gymnast receives based on the content of the routine. The “E” panel (four judges in CI and CII and six judges in CIII) determines deductions from the maximum possible score (“10.00”) based on the execution of the routine.

7.1.2 Calculation of Scores

The highest and lowest of the four E (Execution) judges scores in CI and CII are dropped and the average of the two remaining scores is used to calculate the Execution score.

$$D + E = F$$

Example:

D score: 6.00;

E score: 9.25 (~~9.10~~, 9.20, ~~9.60~~, 9.30)

Final Score: 6.00 + 9.25 = 15.25 pts

The highest and lowest of the six E (Execution) judges scores in CIII are dropped and the average of the four remaining scores is used to calculate the Execution score.

$$D + E = F$$

Example:

D score: 6.00;

E score: 9.25 (~~9.10~~, 9.20, 9.20, ~~9.60~~, 9.30, 9.30)

Final Score: 6.00 + 9.25 = 15.25 pts

7.1.3 Neutral Deductions

Neutral deductions can include, for example: stepping outside the boundary of the Floor Exercise and Vault; exceeding a time limit for a routine. These types of penalties are deducted from the gymnast’s Final score for the apparatus.

7.1.4 Disqualifications

There are two types of disqualification: Disqualification as a result of a breach of the FIG technical rules and regulations (decisions are made by the competition jury). Disqualification as a result of infringing recognised sport ethics and rules (e.g. positive doping control) (decisions are made by the IOC and FIG authorities). A gymnast can be expelled from the competition.



7.2 TRAMPOLINE

7.2.1 Judging

Trampoline Gymnastics is a judged sport with a panel of eight judges (two for difficulty, five for execution led by one Chair of Judge's panel).

The Difficulty Jury calculates and agrees on the final difficulty score. This score is not "open" but limited to 1.8 for the Youth Olympic Games. The Execution Jury evaluates the quality of the actual execution with scores from 0.00 to 10.00 pts.

7.2.2 Calculation of Scores

The highest and the lowest scores of the E scores are dropped. Penalties from the maximum mark indicated by the Chair of Judges' Panel are deducted from the E scores.

$$D + E - P = F$$

Example:

D: 11.5;

E: ~~9.2~~, 9.3, 9.4, 9.3, ~~9.5~~ = 28.0;

P: 0.2

Final score: $11.5 + (28.0 - 0.2) = 39.3$

7.2.3 Penalties / Disqualification Rules

Penalties of a scoring nature are incurred for obvious errors such as exceeding the warm-up time or missing the national emblem on the competition attire.

Grounds for disqualification are not abiding by the regulations, or un-sportsman like behaviour. In such instances, the competitor would first be given a warning, and then would be disqualified if the misconduct were repeated.

7.3 INQUIRIES / APPEALS

(Technical Regulations, Reg. 8.4)

Inquiries for the difficulty scores are allowed, provided that they are made verbally immediately after the display of the score or at the very latest before the end of the exercise of the following gymnast, for the last gymnast of a rotation, this limit is one minute after the score is shown on the score board.

The inquiry must be confirmed as soon as possible in writing to the President of the Competition Jury, but within four minutes at the latest once the verbal inquiry has been lodged with the designated person. The inquiry requires an agreement of payment of USD300 for the first complaint; USD500 for the second complaint and USD1,000 for the third complaint. Should the inquiry not be confirmed in writing within four minutes, the procedure becomes obsolete.

Every inquiry must be examined by the Superior Jury and a final decision (which may not be appealed) must be taken at the very latest at the end of the rotation for the qualifying



competitions and the all-around competitions (final), or before the score of the following gymnast is shown for the finals.



8 Equipment & Clothing

Equipment used or clothing worn by athletes and other participants at the Youth Olympic Games Gymnastics competition must comply with the FIG Constitution and Technical Rules and with the Bye-Law to Rule 51 of the Olympic Charter.

9 Doping Control

The Singapore Youth Olympic Games Organising Committee (SYOGOC), under the guidance of International Olympic Committee (IOC), will be responsible for the Doping Control Programme during the Singapore 2010 Youth Olympic Games. The Doping Control Programme will be implemented in accordance with the IOC Anti-Doping Rules, the World Anti-Doping Code and its relevant International Standards.

Doping Control stations will be set up at competition venues and the Polyclinic within the Youth Olympic Village, where in-competition testing will be conducted. The Test Distribution Plan and criteria for athlete selection for each sport will comply with the Doping Control protocol established by the IOC, IFs and SYOGOC. Doping Control procedures will be implemented according to the WADA's International Standards for Testing.

Sample analysis will be performed at a WADA-accredited laboratory or as otherwise approved by WADA.



10 Competition Venue

BISHAN SPORTS HALL

10.1 LOCATION

Situated in the central part of Singapore, the Bishan Sports Hall is part of the Bishan Sports Complex, which includes the Bishan Stadium.

10.2 HISTORY

The Bishan Sports Hall has been the de facto venue for the Singapore Open Gymnastics Championships since 2004. The Pesta Sukan Gymnastics Championship and ASEAN Schools Artistic and Rhythmic Championships were also held at this venue in 2004 and 2003 respectively.



Bishan Sports Hall is the training venue for Singapore's national gymnastics team, while schools, clubs and gymnastics coaches also use the hall for various youth development and training programmes.



11 Competition Schedule by Day

11.1 GYMNASTICS – ARTISTIC - TBC

Date	Time
16 Aug 2010	13:30 – 16:00 18:00 – 20:30
17 Aug 2010	11:00 – 13:00 14:30 – 16:30 18:00 – 20:00
18 Aug 2010	18:00 – 21:30
19 Aug 2010	18:00 – 21:45
21 Aug 2010	18:00 – 21:45
22 Aug 2010	18:00 – 21:45

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11.2 TRAMPOLINE - TBC

Date	Time
20 Aug 2010	13:30 – 15:30 18:00 – 20:00

Ver9.0

Competition Schedule by Session will be provided during the Chef de Mission Seminar in March 2010.



12 Games-Time Training

12.1 TRAINING VENUES

- Raffles Institution : Gymnastics – Artistic (MAG) - TBC
- Raffles Institution (JC) : Gymnastics – Artistic (WAG) and Trampoline - TBC
- Bishan Sports Hall : Gymnastics – Artistic and Trampoline

12.2 TRAINING POLICIES *(updates will be made available on the IOC-NOC Extranet)*

Training facilities will be provided for all athletes from the opening of the Youth Olympic Village (YOV) (10 August 2010) to the end of Singapore 2010 (26 August 2010).

Games-Time Training consists of three phases – Pre-Competition, During Competition and Post-Competition.

12.2.1 Pre-Competition Training and Training during Competition

Training sessions fall into three main categories – Open Training, Allocated Training and Training that requires booking. The type of training for each sport is determined in consultation with the IF of the respective sport.

a. Open Training

Training Sessions for Open Training are not NOC-specific – they are open to all participants to conduct their training. The NOCs will neither be allocated nor required to book the training sessions. The training schedule for sports with Open Training will be provided to the NOCs in once all details are finalised.

b. Allocated Training

Majority of the training sessions fall into this category and will be scheduled by the Competition Management of SYOGOC. The schedule of the training sessions will be distributed to the participating NOCs upon the finalisation of entries.

c. Training that requires Booking

NOCs are required to book for their training sessions. The booking of these training sessions will be conducted at the Sport Information Desk (SID) located at the YOYV on a first-come-first-served basis.

The SID will be operational upon the opening of the YOYV on 10 August 2010. Other than managing the training sessions, the SID will also provide pertinent information relating to sport training schedules.



12.2.2 Post-Competition Training

All Singapore 2010 athletes are required to stay throughout the Games. Training facilities will also be provided for athletes who have completed their competition where possible.

Post-Competition Training sessions will be scheduled by the Competition Management of SYOGOC. The schedule of the training sessions will be distributed to the participating NOCs upon the finalisation of entries.



13 Medals


The top three winners in the finals will each receive a Gold medal, Silver medal and Bronze medal respectively.

14 Victory Ceremonies

Victory Ceremonies (VYC) will be held in accordance with the protocol determined by the IOC to honour the individual achievements of the athletes.

They will be held at the respective competition venues following the announcement of the final results. Prior to the commencement of the ceremony, medallists will be ushered to the VYC Holding Area for preparation. They will be briefed by the VYC Team on the ceremony protocol and subsequently escorted to the podium for the medals presentation. Once the ceremony is over, the medallists will be escorted out of the VYC podium area.

Medallists must wear their NOC official competition attire as per FIG Rules. They will take their places on the podium and face the Guest Stand upon announcement of their names. The Gold Medallist(s) will stand on a centred, higher platform. The Silver and Bronze Medallists will stand on equal height, to the right and left of the Gold Medallist(s) respectively. Flags of the medallists' delegations will be raised while the abridged version of the Gold-medallist(s)' NOC anthem is being played. During the playing of the NOC anthem and the raising of the flags, medallists shall accord due respect and face the flags when they are raised.

 indicates information to be confirmed / determined by the International Federation