

# Ha, Ha, Ha!

Ready for a good laugh?

*Come join ...*



## Kris Miles

*for a talk on ...*

**“Laughter is a Powerful Medicine”**

Kris Miles, M.S., CMAC, L.P.C., CCJAS, CLL of Laughh, Inc. is a certified humor presenter. Black Entertainment Television News has interviewed Mr. Miles on the therapeutic impact of humor and he has participated in segments on the Oprah Winfrey Show, the Discovery Health Channel and CNN promoting humor as a stress preventative tool.

**Wednesday, February 28, 2007  
12PM-1PM  
Village A Community Room**

The event is free. For any questions, please contact Sandy at 7-2409 or Nicole at 7-1771.  
**Faculty and Staff Assistance Program – Department of Human Resources  
Wellness Programs 2007**