



What Everybody Needs to Know About Womens' Heart Health!

Come learn about women's hearts- for the women in your life, for yourself! Find out about some of the gender differences in signs and symptoms of heart problems- and ways to treat heart disease. We'll learn about risk factors and ways to get started on creating a heart-healthy lifestyle.

Our speaker is Wanda Ghant-Mooney, MSN, Board Certified Family Nurse Practitioner at Kaiser Permanente. She helps employers develop wellness and disease management programs. She has worked in internal medicine at Kaiser and served as lead provider for a nurse-managed clinic sponsored by the University of Maryland School of Nursing.

Date: 12-1pm: Thursday, February 28, 2008

Location: McShain Large (McCarthy Hall)

*Map: [http://explore.georgetown.edu/locations/index.cfm?
Action=View&LocationID=79](http://explore.georgetown.edu/locations/index.cfm?Action=View&LocationID=79)*

The presentation is free and requires no reservation. All GU Faculty, Staff and Students are welcome. If you have any other questions or concerns, please contact Sandy 7-2409 or send an email to sw287@georgetown.edu.

Wellness Programs 2008
**Faculty and Staff Assistance Program, Department of Human
Resources**