

Robert Frager Ph.D.

Professional Specialties

General Psychology	Transpersonal Psychology	Business Psychology
Spiritual Guidance	Personality Theory	Sports Psychology

Education

Reed College	1957-1961	B.A., Psychology
Harvard University	1961-1967	Ph.D., Social Psychology
East West Center, Honolulu Fellow	1963-1965	East-West Center
Keio University, Tokyo	1967-1968	Research Fellow

Teaching Experience

1975-present	Professor of Psychology; Institute of Transpersonal Psychology, Palo Alto, California
1987-1994	Professor of Spirituality; Institute for Culture and Creation Spirituality; Holy Names College
1969-1975	Assistant Professor of Psychology; University of California, Santa Cruz
1968-1969	Visiting Lecturer in Psychology; University of California, Berkeley
1966-1967	Teaching Fellow; Harvard University

Administrative Experience

2003- Present	Member at Large, Executive Board Division 32 (Humanistic Psychology), American Psychological Association
1998-present	Director, Spiritual Guidance Program, Institute of Transpersonal Psychology
1990-1998	Chair, Doctoral Program, Institute of Transpersonal Psychology
1992-1993	Trustee, Waldorf School of the Peninsula
1987-1992	Director, Psychology and Spirituality Track; Institute for Culture & Creation Spirituality, Holy Names College
1983-1985	Founder and Director, External Studies Program, Institute of Transpersonal Psychology
1982-1984	President, Association for Transpersonal Psychology
1975-1983	Founder & President, Institute of Transpersonal Psychology

1978-1988 Member, Board of Directors; New Dimensions Foundation

Professional Training

1964-1967	Aikido	Training at Aikido World Headquarters, Tokyo; Personal student of the Founder, Master Morihei Ueshiba
1991		Awarded 6 th degree black belt rank
1985	Sufism	Received ordination as a spiritual guide, Halveti-Jerrahi Order, Istanbul, Turkey
2002-now	Spiritual Direction	Spiritual Directors' Institute, Mercy Center, Burlingame, CA

Selected Publications

- 1967, *Dento-shugi to confuomitei*. (Traditionalism and conformity). *Annals of Japanese Social Psychology*, 10, 229-239.
- 1969, The psychology of the samurai. *Psychology Today*, January.
- 1970, Conformity and anti-conformity in Japan. *Journal of Personality and Social Psychology*, 15, 203-210.
- 1970, Aikido: A way of mind-body coordination. *Bulletin of Structural Integration*, 2, 33-39.
- 1970, Y. Uno, R. Frager, K. Takashima, and R. Rosenthal. Experimenter's hypothesis confirmation as determinant of experimental results among Japanese experimenters and subjects. *Psychologia*, 14, 11-17.
- 1974, A proposed model for a graduate program in Transpersonal Psychology, *Journal of Transpersonal Psychology*, 6, 193-166.
- 1975, J. Fadiman and R. Frager. Personal growth in Yoga and Sufism. *Journal of Transpersonal Psychology*, 7, 66-80.
- 1975, R. Frager, J. Kennett-Roshi, and Swami Radha. How to be a transpersonal teacher without becoming a guru. *Journal of Transpersonal Psychology*, 7, 48-65.
- 1976, R. Frager and T. Rohlen. The future of a tradition; The Japanese spirit in 1980. Chapter in L. Austin (Ed.) *Japan by 1980*. New Haven: Yale University Press.
- 1977, Aikido--A Japanese approach to self-development and mind-body harmony. Chapter in C. Garfield (Ed.). *Rediscovery of the Body*. New York: Dell.
- 1980, Aikido. Chapter in R. Herink (Ed.) *The Psychotherapy Handbook*. New York: Meridan.
- 1980, Therapeutic touch. Chapter in A. Hastings, J. Fadiman, and J. Gordon (Eds.) *Health for the Whole Person*. Boulder, CO: Westview Press.
- 1982, Aikido. *Yoga Journal*, 43, March/April, 12-16.
- 1986, (Supervising Editor). A. Maslow. *Motivation and Personality* (3rd edition). New York: Harper & Row.
- 1987, *Love is the Wine*. Putney, VT: Threshold Books.

- 1987, Food and spirit. *Creation Magazine*, 3, 15-17.
- 1989, Theory and promise of transpersonal psychology. Chapter in R. Valle & S. Halling (Eds.). *Existential -Phenomenological Perspectives on Psychology*. New York: Plenum.
- 1993, Fadiman, J. & Frager, R. *Personality and Personal Growth* (3rd edition). New York: Harper/Collins.
- 1994, *Who am I? Personality Types for Self-Discovery*. Los Angeles: Tarcher/Putnam.
- 1997, Spiritual psychology. A course for The Holmes Institute Graduate School of Consciousness Studies, Los Angeles.
- 1997 J. Fadiman and R. Frager. *Essential Sufism*. San Francisco: HarperSan Francisco.
- 1998, Frager, R. & Fadiman, J. *Personality and Personal Growth* (4th edition). New York: Adison Wesley Longman.
- 1999, *Heart, Self, and Soul: The Sufi Psychology of Growth, Balance and Harmony*. Wheaton, IL: Quest Books. (Also available in a Turkish edition.)
- 1999, *Love is the Wine* (2nd edition). Los Angeles, Philosophical Research Press. (Also available in Spanish, Bosnian, and Turkish editions.)
- 2000, The Man with Two Heads. *What is Enlightenment Magazine*.
- 2000, Introduction, A. Pryor. *Psychology in Sufism*. San Rafael, CA. International Association of Sufism.
- 2000, Conversation with Robert Frager. *Enneagram Monthly*. 78, pp. 1, 20-22.
- 2001, Conversation with Robert Frager, Part 2. *Enneagram Monthly*. 78, pp. 8-10.
- 2002, Fadiman, J. & Frager, R. *Personality and Personal Growth* (5th edition). New York: Adison Wesley Longman. (Also available in Spanish, Portugese, Russian, and Japanese editions.)
- 2002, *The Wisdom of Islam*. Devon, Great Britain: Godsfield Press.
- 2003, K. Gozdz and R. Frager. Using the Everyday Challenges of Business to Transform Individuals and Organizations. 475-492. In R. Giacalone and C. Jurkiewicz (Eds.) *Handbook of workplace spirituality and organizational performance*. Armonk, NY: M.E. Sharpe.
- 2005, Frager, R. & Fadiman, J. *Personality and Personal Growth* (6th edition). New York: Prentice Hall.

Work in Preparation

- Frager, R. The Heart of Aikido. In K. Tanahashi (Ed.) *Amazing Turn*.
- Frager, R. *Introduction to Psychology: A Positive Approach*.
- Frager, R., & Heery, B., *Aikido Sword: Practicing Musashi's Book of Five Rings*.
- Frager, R. *The Wisdom of Islam*.. Almuzarra Press. (Spanish editon)
- Frager, R. (Ed.) *The Heart of Spiritual Guidance*.
- Frager, R. *Born to Love: Talks of an American Sufi Teacher*.

Recent Lectures and Presentations

- March 29, 2003 "Sufism and Social Transformation," Presentation at the Ninth Annual

International Sufi Conference, San Rafael, CA
March 30, 2003 “The Poetry of the Mystics: Looking Across Traditions,” Presentation at the Ninth Annual International Sufi Conference, San Rafael, California.
February 14, 2004 “A Sufi Perspective on Transpersonal Psychology,” Presentation at The 2004 Transpersonal Psychology Conference, Palo, Alto, CA
May 1-2, 2004 “Peace: Universal Message of World's Religions and the Role of Individual.” Two Invited Presentations at the Tenth Annual International Sufi Conference, San Jose, CA
January 14-16, 2005 Conference Organizer, The Heart of Spiritual Guidance. Palo Alto, CA
January 15, 2005 “Sufism and Spiritual Guidance” The Heart of Spiritual Guidance Conference. Palo Alto, CA
April 30, 2005 “The Path of Sufism.” Presentation at the Tenth Annual International Sufi Conference, San Francisco, CA
June 24, 2005 “The Oriental Paradigm in Western Psychology.” Presentation at EUROTAS (European Transpersonal Association) Conference, Moscow
June 24, 2005 “Religion and Spirituality.” Presentation at EUROTAS (European Transpersonal Association) Conference, Moscow
June 25, 2005 “Aikido as a Transpersonal Discipline.” Presentation at EUROTAS (European Transpersonal Association) Conference, Moscow
June 26, 2005 “Sufi Psychology.” Presentation at EUROTAS (European Transpersonal Association) Conference, Moscow
June 27-29, 2005 “Sufism: A Spiritual Path.” Workshop at EUROTAS (European Transpersonal Association) Conference, Moscow