
DEPARTMENT OF MAHARISHI VEDIC SCIENCE

FACULTY

- Fred Travis, Ph.D., Chair, Maharishi Vedic Science, Dean of the Graduate School, Professor of Maharishi Vedic Science
- Samuel Boothby, Ed.D., Associate Professor of Maharishi Vedic Science and Education, Dean of the College of Arts and Sciences
- Thomas Egenes, Ph.D., Associate Professor of Maharishi Vedic Science and Sanskrit
- David Scharf, Ph.D., Adjunct Associate Professor of Maharishi Vedic Science and Physics
- Sue Brown, M.A., Assistant Professor of Maharishi Vedic Science
- Patricia Oates, Ph.D., Assistant Professor of Maharishi Vedic Science
- Evan Finkelstein, Ph.D., Assistant Professor of Maharishi Vedic Science
- David Pohlman, Ph.D., Assistant Professor of Maharishi Vedic Science
- Isabelle Matzkin, M.A., Assistant Professor of Music and Maharishi Vedic Science
- Vernon Katz, Ph.D., Adjunct Professor of Maharishi Vedic Science and Philosophy
- Tina McQuiston, Ph.D., Adjunct Assistant Professor of Maharishi Vedic Science
- Bill Sands, Ph.D., Adjunct Assistant Professor of Maharishi Vedic Science
- Patricia Spurio, M.A., Lecturer in Maharishi Vedic Science
- Binay Krishna Baral, M.A., Artist-in-Residence, Instructor of Flute

INTRODUCTION

The Department of Maharishi Vedic Science provides the systematic knowledge and experience of pure consciousness, *Atma*, the Self of every individual. This unmanifest self-referral field of pure intelligence at the basis of the thinking process is the source of all thought and action. As explained in the Veda and Vedic Literature and confirmed by modern physics, it is the non-changing field of order and intelligence at the basis of the universe — the Unified Field of Natural Law. Maharishi Vedic Science explains how this underlying unity unfolds into the diversity of life, and offers practical technologies for reconnecting each individual to the source of order and harmony within. The study of Maharishi Vedic Science develops the full potential of the knower and lays the foundation for complete knowledge of any discipline, while it fosters evolution to higher states of consciousness and progressive and fulfilling action in life. The Department of Maharishi Vedic Science meets its responsibilities in three ways:

- 1) Through the Department of Maharishi Vedic Science, it offers doctoral, master's, and bachelor's degrees and certificates in the Maharishi Vedic Science program and an undergraduate minor in Maharishi Vedic Science.
- 2) Through the Department for the Development of Consciousness, it offers instruction in the Transcendental Meditation and TM-Sidhi programs, and special Maharishi Vedic Science studies program.
- 3) The Department also directly oversees the following courses and programs:
 - The First Year program taken by most bachelor's degree students.
 - The Forest Academy program courses taken by all students each semester, focusing deeply on Maharishi Vedic Science.
 - The Development of Consciousness courses, which include the Transcendental Meditation and TM-Sidhi programs, including Yogic Flying, and which all students are required to take.

Maharishi Vedic Science

Maharishi Vedic Science is the systematic study, experience, and development of the full range of life, both individual and cosmic. Its principles and technologies are based on the direct experience and understanding of the most vital element in creation — the unbounded field of consciousness that is the inner intelligence at the basis of every individual and the entire universe.

Maharishi Vedic Science provides the practices that allow each student to experience directly the infinite and timeless value of their own Self, unbounded pure consciousness, the simplest form of human awareness. These practices include the Transcendental Meditation and TM-Sidhi programs, including Yogic Flying. The experience of the limitless field of pure consciousness, or pure intelligence, being the core of one's own Self changes one's life positively and dramatically.

Maharishi Vedic Science also provides complete knowledge and experience of the sequential evolution of the Veda and Vedic Literature, all the Laws of Nature. It clarifies how these abstract impulses of pure consciousness evolve into their concrete expressions in the human physiology and the cosmic physiology, the universe. Because the Veda and Vedic Literature are the Laws of Nature that govern both human and cosmic life, they are what Maharishi refers to as the blueprint of creation.

Raja Raam, Professor Tony Nader, M.D., Ph.D., under Maharishi's guidance, has discovered that human physiology and cosmic physiology are the exact replica of the structures and functions expressed by the Veda and Vedic Literature. Maharishi Vedic

Science makes use of this discovery to unfold the full creative genius, the total cosmic potential, of each student.

Two other Vedic technologies used in our programs for developing the full potential of every student are listening to the Veda and Vedic Literature and reading the Vedic Literature in Sanskrit. Maharishi explains that these technologies align the student's intelligence with the natural flow of Nature's intelligence.

In time, because of the student's developing consciousness, the creativity, energy, and intelligence governing the universe become accessible to and usable by the student.

Students effortlessly grow in their natural ability to think and behave from that unbounded level of pure consciousness; they grow in intelligence, creativity, and power, but equally in compassion, kindness, and moral character.

The immense practical value and benefits of being able to live life from its infinite potential are indescribable, literally anything becomes possible, even the creation of ideal societies and permanent world peace.

PROGRAMS OFFERED

The Department of Maharishi Vedic Science offers the following programs:

- B.A. in Maharishi Vedic Science
- B.A. in Maharishi Vedic Science for students who are already teachers of the Transcendental Meditation program
- Minor in Maharishi Vedic Science
- Minor in Maharishi Gandharva Veda
- M.A. in Maharishi Vedic Science — A 10-month program when taken in the standard class schedule (meeting six days per week, 4 weeks per 4-credit course) or a 3-year program when taken on the nonstandard schedule — meeting several times a week, 12 weeks per 3- or 4-credit course. Both programs require ten courses, 38 credits in the standard program and 31 credits in the nonstandard program.

With additional course work students can add a concentration to the above master's degrees in one of the following areas:

- 1) Concentration in Maharishi Vedic Technologies
- 2) Concentration in Educational Applications of Maharishi Vedic Science
- 3) Concentration in Advanced Maharishi Vedic Science
- 4) Concentration in Maharishi Consciousness-Based Health Care

- 5) Concentration in Reading the Vedic Literature
- 6) Concentration in Development of Consciousness

- M.A. in Maharishi Vedic Science with an Emphasis in Development of Consciousness — A three-year degree program that includes nine 3-credit courses taken along with three years of the Creating Coherence Program. Each class is 12 weeks long, meeting Saturdays. This is a terminal degree and does not prepare students for the doctoral program.
- Ph.D. in Maharishi Vedic Science — A four-to-six-year program if the core curriculum is taken in the standard class schedule (meeting 6 days per week). This is a seven-plus year program if the core curriculum is taken in a nonstandard format.

SPECIAL FEATURES

- Focus on an ideal daily routine with emphasis on experiencing the Unified Field of Natural Law in twice daily practice of the Transcendental Meditation and TM-Sidhi programs.
- Extensive exposure to and work with over 30 years of taped lectures by Maharishi on the Science of Creative Intelligence and Vedic Science.
- Study of the full range of all aspects of the Vedic Literature in light of descriptions by Maharishi and Raja Raam, including Veda, Vedanga, Upanga, Upaveda, Itihasa, Purana, Smriti, Brahmana, and Pratishakhya.
- Experience with pronunciation of and the ability to read the Sanskrit language, which Maharishi has described as the language of Nature.
- Exploration of the scientific character of Maharishi's knowledge, including the basic research methods of modern science and its objective verification of Maharishi Vedic Science.
- Investigation of the principal theoretical research tools of Maharishi Vedic Science and the Science of Creative Intelligence including Unified Field and Richo Akshare Charts.
- Knowledge recently brought to light by Maharishi, including the Maharishi Master Management program and the discovery of Veda and Vedic Literature in human physiology.
- Development of communication skills in Maharishi Science of Creative Intelligence and Maharishi Vedic Science with emphasis on writing and speaking skills.

The Bachelor of Arts Degree

- Coverage of all the major themes of the Maharishi Vedic Science program including higher states of consciousness, collective consciousness, and Sanskrit and reading the Vedic Literature.
- Study of source documents in Maharishi Vedic Science with emphasis on the *Science of Being and Art of Living*.
- Development of writing and speaking skills as students apply Maharishi Vedic Science to the areas of health, education, management, and rehabilitation.
- A one-month integrative writing exercise unifying the various themes of the student's academic experience at Maharishi University of Management.

The Master of Arts Degree

This program gives knowledge and experience of the student's own cosmic nature through Maharishi Vedic Science and its technologies for the development of consciousness. It is offered in two formats: a 10-month 6-day-a-week format and a 3-year evening-and-weekend format. The themes of knowledge include self-referral, the mechanics of creation, Maharishi's *Apaurusheya Bhashya* of Rik Veda, the Veda and Vedic Literature, and Veda in human physiology.

Following the course work, students can take one year of additional courses in specified areas of Maharishi Vedic Science.

In addition, students learn to apply a number of technologies of Maharishi Vedic Science to culture higher states of consciousness and balanced, full health. The 10-month program includes:

- Systematic study of Maharishi's books and tapes
- Systematic study of the Veda and Vedic literature and its relation with the structure and functioning of the brain
- Periods of extended TM® and TM-Sidhi practice in each course
- Reading Vedic Literature in the original Devanagari script
- Listening to Vedic recitation each day
- Having a daily routine to promote deep experiences during the Transcendental Meditation and TM-Sidhi programs, including Yogic Flying.

The Ph.D. Degree

This program is for those individuals who wish to become professional exponents of Maharishi Vedic Science. You will develop your writing and speaking skills, gain a fuller grasp of principles of Maharishi Vedic Science, and develop a specialization in Maharishi Vedic Science, either (1) Vedic Literature, (2) Applications of Maharishi Vedic Science, (3) Modern Science and Maharishi Vedic Science, or (4) Higher States of Consciousness.

DEPARTMENT FOR THE DEVELOPMENT OF CONSCIOUSNESS

Development of Consciousness (DC) Courses

Regular practice of the Maharishi Transcendental Meditation and TM-Sidhi programs, including Yogic Flying, represents ongoing laboratory work in Maharishi Vedic Science and fulfills a primary goal of the University — development of consciousness, on both individual and collective levels. All students take part in these technologies twice daily. Specific grading policies for these courses are provided by the student Transcendental Meditation program office and the Registrar. (These courses are described more fully at the end of this section.)

Special *Maharishi Vedic Science* Studies Program

This program allows students to earn credit through course work taken here in Fairfield and in other parts of the world. The purpose of this program is to recognize the academic accomplishments of students who complete the unique courses in Maharishi Vedic Science, described in “Special M.V.S. Studies Courses” under “Course Descriptions” for the Department of Maharishi Vedic Science. Non-degree-seeking students who later decide to seek a degree may apply courses successfully completed under the Special *Maharishi Vedic Science* Studies program toward degree requirements, with the approval of the student’s academic advisor. For details about the policies and application procedures for these courses, please contact the Registrar’s Office.

Instruction in the *Transcendental Meditation* Technique and the *TM-Sidhi* Program

The Department offers instruction in the practice of the Transcendental Meditation technique (offered separately or as part of the Science and Technology of Consciousness courses STC 108/109 and the Science of Creative Intelligence course FOR 500) and the TM-Sidhi program (DC 329 and DC 330), available for additional cost beyond the regular tuition charges.

DEPARTMENTAL REQUIREMENTS

Entrance Requirements for the Bachelor of Arts Degree in Maharishi Vedic Science

Before entering the major in Maharishi Vedic Science, students must complete MVS 102 (waived for graduates of Maharishi School), MVS 202, PH 101, and WTG 191.

Graduation Requirements for the Bachelor of Arts Degree in Maharishi Vedic Science

To graduate with a B.A. in Maharishi Vedic Science, students must successfully complete all general requirements for the bachelor's degree. (Please refer to "Degree Requirements" in "Academic Policies.") The requirements for the major are 48 credits of course work as listed below.

32 credits of required courses:

- MVS 208 Fundamentals of Maharishi Vedic Science (4 credits)
- MVS 210 Veda and Vedic Literature in Maharishi Vedic Science (4 credits)
- MVS 225 Maharishi Vedic Science and Religion (4 credits)
- MVS 240 EEG, Brain and Enlightenment (4 credits)
- MVS 300 *Science of Being* (4 credits) or MVS 302 Bhagavad-Gita (4 credits)
- MVS 308 Individual Benefits from the *Transcendental Meditation* Program (4 credits)
- MVS 309 Fundamentals of World Peace (4 credits)
- MVS 391 Senior Capstone Writing and Speaking Project (4 credits)

plus at least 16 credits from one of the following options

OPTION 1 — Reading Vedic Literature

- MVS 321 Reading the Vedic Literature 1
- MVS 322 Reading the Vedic Literature 2
- MVS 323 Reading the Vedic Literature 3
- MVS 324 Reading the Vedic Literature 4

OPTION 2 — *TM* Program Teacher Training*

- MVS 490 *Transcendental Meditation* Program Teacher Training
- MVS 491 *Transcendental Meditation* Program Teacher Training — Part 2
- MVS 492 *Transcendental Meditation* Program Teacher Training Program Fieldwork Internship

OPTION 3 — *TM* Program Research Internship*

- MVS 497 *Transcendental Meditation* Program Research Internship (24 credits), or

OPTION 4 — Maharishi Gandharva Veda Music

16 credits taken within one year from the following:

- MVS 340 Maharishi Gandharva Veda Musicianship
- MVS 342 Health Benefits of Maharishi Gandharva Veda
- MVS 345 Melody in Maharishi Gandharva Veda
- MVS 346 Rhythm in Maharishi Gandharva Veda
- MVS 452 Recital Prep
- Plus a recital or final thesis

OPTION 5 — *Physiology and Health*

- PH 260 Self-Pulse Diagnosis
- PH 262 Diet, Digestion, and Nutrition
- PH 263 Maharishi Yoga Asanas
- BIO 260 Biology I: Living Systems

*Choosing Option 2 or 3 does not guarantee that students will be admitted into MVS 490, MVS 491, MVS 492, or MVS 497. Students who are not accepted into these courses are encouraged to take one of the other options, especially Option 1 — Reading Vedic Literature. The credits awarded for MVS 490 and MVS 491 are variable.

NOTE: MVS 490, MVS 491, and MVS 492 are generally taken after all other course work for the bachelor's degree has been completed.

Entrance Requirements for the Bachelor of Arts Degree in Maharishi Vedic Science for Teachers of the *Transcendental Meditation* Technique

The B.A. in Maharishi Vedic Science for Teachers of the *Transcendental Meditation* Technique has been designed for those teachers of the Transcendental Meditation technique who have extended experience as professionals in the Transcendental Meditation program prior to enrolling in the B.A. in Maharishi Vedic Science major. To enter this program, students must be eligible for 24 credits for either Teaching Internship (MVS 493) or Research Internship (MVS 497).

Graduation Requirements for the Bachelor of Arts Degree in Maharishi Vedic Science for Teachers of the *Transcendental Meditation* Technique

To graduate with a B.A. in Maharishi Vedic Science for Teachers of the *Transcendental Meditation* Technique, students must successfully complete all requirements for the bachelor's degree. (Please refer to "Degree Requirements" in "Academic Policies.") The requirements for the major are 48 credits of course work as follows:

24 credits from the following:

- MVS 493 *Transcendental Meditation* Program Teacher Training Program Teaching Internship

- MVS 497 *Transcendental Meditation* Program Research Internship

plus up to 24 credits from the following:

- MVS 490 *Transcendental Meditation* Program Teacher Training
- MVS 491 *Transcendental Meditation* Program Teacher Training — Part 2
- MVS 495 *Transcendental Meditation* Program Governor Training
- MVS 498 *Transcendental Meditation* Program Minister Training
- MVS 308 Individual Benefits from the *Transcendental Meditation* Program
- MVS 309 Fundamentals of World Peace
- MVS 391 Senior Capstone Writing and Speaking Project
- MVS 208 Fundamentals of Maharishi Vedic Science
- MVS 210 Veda and Vedic Literature in Maharishi Vedic Science
- MVS 240 EEG, Brain and Enlightenment
- MVS 300 *Science of Being*

Requirements for the Minor in Development of Consciousness

To graduate with a minor in Maharishi Vedic Science, students must successfully complete any five (20 credits) courses in Maharishi Vedic Science numbered higher than MVS 192.

Requirements for the Minor in Maharishi Vedic Science

To graduate with a minor in Development of Consciousness, students must successfully complete 20 credits of Forest Academy and Development of Consciousness course credit.

Requirements for the Minor in Maharishi Gandharva Veda

To graduate with a minor in Maharishi Vedic Science, students must successfully complete the five courses in Maharishi Gandharva Veda: MVS 340, 342, 345, 346, 452.

Requirements for the Specialization in Teaching the *Transcendental Meditation* Program

The Specialization in Teaching the *Transcendental Meditation* Program can be added to an undergraduate or graduate student's degree. Undergraduates need to complete 24 credits, graduate students 8 credits, from the following courses:

- MVS 490 *Transcendental Meditation* Program Teacher Training
- MVS 491 *Transcendental Meditation* Program Teacher Training — Part 2
- MVS 492 *Transcendental Meditation* Program Teacher Training Program Fieldwork Internship

MASTER OF ARTS DEGREE IN MAHARISHI VEDIC SCIENCE

Entrance Requirements

For entrance into the M.A. in Maharishi Vedic Science program, students must hold 1) a bachelor's degree or 2) a B.A. equivalency including significant professional standing in Maharishi Vedic Science substantiated by an entrance exam. Students entering the standard 10-month program who are not yet practicing the Transcendental Meditation program will receive instruction in the Transcendental Meditation technique as part of their first course. It is recommended that all students in this M.A. program also practice the TM-Sidhi program. Those students who have not yet learned the TM-Sidhi program may be able to learn these techniques after they have enrolled.

Students entering in the nonstandard 3-year program must be practicing both the Transcendental Meditation and TM-Sidhi programs.

NOTE: For students whose first language is not English, a TOEFL score of 600 is required for entrance into this program.

Graduation Requirements for the Master of Arts Degree in Maharishi Vedic Science

In order to qualify for the degree of M.A. in Maharishi Vedic Science, students must successfully complete all requirements for the master's degree, including FOR 500, the Science of Creative Intelligence, and two more credits of Forest Academies. Students are encouraged to take the fall and spring weekend World Peace Assemblies. (Please refer to "Degree Requirements" in "Academic Policies.") In addition, students must complete 38 credits of course work as follows:

- MVS 461 *Maharishi Self-Pulse* Reading (4 credits)
- MVS 504 Physiology, Consciousness, and the Veda (4 credits)
- MVS 509 Bhagavad-Gita Gita (4 credits) or MVS 516 *Science of Being* (4 credits)
- MVS 585 Capstone — *Celebrating Perfection in Education* (4 credits)
- MVS 525 and 526 Sanskrit (4 credits)
- MVS 540 Principles of Maharishi Vedic Science (2–4 credits)
- MVS 544 Physics of Invincibility (2 credits)
- MVS 552 Developing Brahman Consciousness (4 credits)
- MVS 553 *Discovery of Veda and Vedic Literature in Human Physiology: How Consciousness Creates Your World* (4 credits)
- MVS 555 Ideal Administration (4 credits)

NOTE: In the event that a student has completed some of these courses as part of previous undergraduate and/or graduate degrees, the student may petition the Department to take one of the two reading and rounding courses below during those terms.

- MVS 480 Topics in Maharishi Vedic Science (4 credits/block)
- MVS 534 Readings in Vedic Literature (4 credits/block)

Graduation Requirements for the Master of Arts Degree in Maharishi Vedic Science for Teachers of the Transcendental Meditation technique

Students who are qualified as teachers of the Transcendental Meditation technique and have worked full-time teaching the TM program can earn credits from their TM teaching towards their academic degree. Requirements for the degree are (38 total credits). These can be completed by the following course work:

- MVS 585 Capstone — *Celebrating Perfection in Education* (4 credits)
 - MVS 492 TM Program Teaching Internship (up to 24 credits)
- and the remaining credits to complete the program can be chosen from the following:

- MVS 461 *Maharishi Self-Pulse* Reading (4 credits)
- MVS 504 Physiology, Consciousness, and the Veda (4 credits)
- MVS 509 Bhagavad-Gita Gita (4 credits) or MVS 516 *Science of Being* (4 credits)
- MVS 525 and 526 Sanskrit (4 credits)
- MVS 540 Principles of Maharishi Vedic Science (2–4 credits)
- MVS 544 Physics of Invincibility (2 credits)
- MVS 552 Developing Brahman Consciousness (4 credits)
- MVS 553 *Discovery of Veda and Vedic Literature in Human Physiology: How Consciousness Creates Your World* (4 credits)
- MVS 555 Ideal Administration (4 credits)
- MVS 497 TM Program Research Internship (variable credits up to a maximum of 24 credits)

Graduation Requirements for the Extended Professional Schedule (Nonstandard) of M.A. in Maharishi Vedic Science

Students who currently practice the TM-Sidhi program and whose extended plan of study allows them to complete at least 30 credits of DC 535 may elect to earn a terminal version of the M.A. in MVS by completing the required and elective courses listed above, plus MVS 517 Research Paper, and by demonstrating the ability to read Sanskrit in Devanagari script. To graduate, a student needs 9 courses (36 credits) plus the research paper for a total of 40 credits. Students who wish to be eligible for application for

admission to the Ph.D. in Maharishi Vedic Science must also take MVS 548 Academic Writing (1 credit) to accompany each of the courses of their degree.

Graduation Requirements for the nonstandard M.A. degree are:

- MVS 525 and 526 Sanskrit (4 credits or more as necessary to read Devanagari script)
- MVS 504 Physiology, Consciousness, and the Veda (4 credits)
- MVS 509 Bhagavad Gita (4 credits) or MVS 516 *Science of Being* (4 credits)
- MVS 544 Physics of Invincibility (4 credits)
- MVS 552 Developing Brahman Consciousness (4 credits)
- MVS 540 Principles of Maharishi Vedic Science (4 credits)
- MVS 553 *Discovery of Veda and Vedic Literature in Human Physiology: How Consciousness Creates Your World* (4 credits)
- MVS 555 Ideal Administration (4 credits)
- MVS 585 *Celebrating Perfection in Education* (variable credits)
- MVS 517 Research Paper (4 credits)

MASTER'S DEGREE CONCENTRATIONS

Students in the M.A. in Maharishi Vedic Science listed above may add a concentration to their degree by completing additional course work in one of the following areas:

Academic Concentrations — Students complete 30–40 credits of additional course work.

The three Academic Concentrations are:

- **Concentration in Advanced Maharishi Vedic Science**

30–40 credits of course work in classes that were not taken for the M.A. in SCI, or have been significantly reformulated with new books and materials since they were taken, or MVS 520 Advanced Studies in Maharishi Vedic Science

- **Concentration in Physiology and Health**

30–40 credits of graduate courses in Physiology and Health

- **Concentration in Reading the Vedic Literature**

30–40 credits of course work selected from the following:

- MVS 525 Sanskrit and Maharishi Vedic Science
- MVS 526 Sanskrit
- MVS 527 Advanced Sanskrit
- MVS 534 Readings in Vedic Literature

Practicum Concentrations

Students expand, apply, and express their growing knowledge of the Science of Creative Intelligence and Maharishi Vedic Science in professional settings. The Practicum Concentrations may be taken concurrently with the nonstandard schedule of study, or they may be taken after some or all of the M.A. course work in the standard schedule has been completed.

The two Practicum Concentrations are:

- **Concentration in Maharishi Vedic Technologies**

30-40 credits of:

- MVS 580 Practicum in Maharishi Vedic Technologies
- **Concentration in Educational Applications of Maharishi Vedic Science**

30-40 credits of:

- MVS 581 Practicum in *Consciousness-Based* Education

- **Development of Consciousness Concentration**

Students complete 3 years of extended practice of the Maharishi Transcendental Meditation and TM-Sidhi programs.

27 credits of:

- DC 535 The TM and TM-Sidhi program, including Yogic Flying: Applying the Organizing Power or Nature for Success in Daily Life

- **Concentration in Maharishi Gandharva Veda Music**

30–40 credits of course work selected from the following:

- MVS 539 Maharishi Gandharva Veda Musicianship
- MVS 562 Health Benefits of Maharishi Gandharva Veda
- MVS 565 Melody in Maharishi Gandharva Veda
- MVS 566 Rhythm in Maharishi Gandharva Veda
- MVS 572 Recital Prep

Graduation Requirements for the Master of Arts Degree in Maharishi Vedic Science with an Emphasis in Development of Consciousness

This three-year program combines extended development of consciousness, practice of the TM and TM-Sidhi program, with classes meeting on a nonstandard schedule (12 weeks per 3-credit course). This is a terminal degree. It does not fulfill the prerequisites for entering the doctoral program in Maharishi Vedic Science.

In order to qualify for the degree of M.A. in Maharishi Vedic Science with an emphasis in Development of Consciousness, students must successfully complete all general requirements for the master's degree, including FOR 500, the Science of Creative

Intelligence. (Please refer to “Degree Requirements” in “Academic Policies.”) In addition, students must complete 54 credits of course work as follows:

27 credits of the following required courses:

- MVS 504 Physiology, Consciousness, and the Veda (3 credits)
- MVS 509 Bhagavad Gita (3 credits) or MVS 516 *Science of Being* (3 credits)
- MVS 585 Capstone — *Celebrating Perfection in Education* (3 credits)

18 credits from:

- MVS 525 and 526 Sanskrit (3 credits)
- MVS 534 Readings in Vedic Literature (3–4 credits)
- MVS 540 Principles of Maharishi Vedic Science (3 credits)
- MVS 544 Physics of Invincibility (3 credits)
- MVS 552 Developing Brahman Consciousness (3 credits)
- MVS 553 *Discovery of Veda and Vedic Literature in Human Physiology: How Consciousness Creates Your World* (3 credits)
- MVS 555 Ideal Administration (3 credits)

plus 27 credits of

- DC 535 The TM and TM-Sidhi program, including Yogic Flying: Applying the Organizing Power of Nature for Success in Daily Life

PH.D. IN MAHARISHI VEDIC SCIENCE

Entrance Requirements for the Ph.D. Degree in Maharishi Vedic Science

The Ph.D. in Maharishi Vedic Science is the highest academic and professional degree in the discipline devoted to the study of the holistic development of consciousness. The Department will, therefore, evaluate students not only for their demonstrated ability to undertake doctoral level academic work in the field, but also for the prospective student’s demonstrated ability to serve as an example of the highest standards of holistic development.

Students entering the program must be practicing the TM-Sidhi program for at least one year, hold a Master of Arts degree in Maharishi Vedic Science (please refer to listing above for requirements), have at least one additional year of formal study of Maharishi Vedic Science, or experience in professions involving implementation of Maharishi Vedic Science, and have demonstrated the ability to undertake doctoral level work. For acceptance into the program, a student’s complete academic record and personal recommendations are also considered.

This program is for those individuals who wish to accelerate growth to enlightenment and become professional exponents of Maharishi Vedic Science. You will deepen your experiences of higher states of consciousness, gain a fuller grasp of principles of Maharishi Vedic Science, and refine your presentation and teaching skills. You may choose from four tracks: (1) Reading Vedic Literature in Sanskrit, (2) Applications of Maharishi Vedic Science to Society, (3) Modern Science and Maharishi Vedic Science, and (4) Research in Higher States of Consciousness.

Graduation Requirements for the Ph.D. Degree in Maharishi Vedic Science

The Core Curriculum consists of 58 credits selected by the faculty from the following courses:

YEAR 1

- MVS 670 Advanced Analysis and Synthesis of Total Knowledge. (8 credits)
- MVS 671 Maharishi's Insight into the Veda and Vedic Literature: Fabrics of Immortality. (8 credits)
- MVS 672 Mastering Veda and Vedic Literature in the Human Physiology. (4 credits)
- MVS 673 Original Research in EEG, Brain and Enlightenment. (6 credits)
- MVS 674 Peace-Creating Professionals: Applying Maharishi Vedic Science to Society. (8 credits)
- MVS 680 Maharishi Vedic Science Seminar (1 credit per semester)
- MVS 691 Preparation for the Written Qualifying Examination: Synthesizing and Expressing Total Knowledge (4 credits)

Upon successful completion of this core curriculum, you will be advanced to candidate status. During the next semester all students will complete their oral comprehensives and write their dissertation proposal.

YEAR 2

- MVS 693 Faculty Development Seminar and Oral Qualifying Exam (4 credits)
- MVS 695 Faculty Development Seminar (4 credits)
- MVS 700 Dissertation proposal: The Scientific Character of Research in Consciousness and Reading the Vedic Literature (12 credits)

Upon successful completion of these courses, which culminates with the written proposal, you will advance to the Ph.D. researcher status and then enroll in: MVS 701 Original Research and Dissertation Preparation.

The Ph.D. degree will be awarded to a Ph.D. researcher once the following steps have been completed:

- Presentation of the dissertation findings in a formal lecture with an open public forum for discussion
- Acceptance of dissertation by the Graduate School and the Library
- Certification by the graduate faculty of the student's continuing exemplification of the highest standards of holistic development.

COURSES

Undergraduate Courses

MVS 100 *The Transcendental Meditation Program: Developing the Total Potential of the Human Brain*

All students begin their studies at Maharishi University of Management by learning the Transcendental Meditation technique, a simple, natural, effortless procedure to develop full human potential and culture experiences of higher states of human consciousness. This course will cover the nature of the practice of the Transcendental Meditation technique, scientific research, and its applications in individual life and society. Personal instruction in the Transcendental Meditation technique will be included in this course. The laboratory component of this course will include twice-daily group practice of the Transcendental Meditation technique.

MVS 102 *Introduction to Sanskrit and Maharishi Vedic Science: Learning the Language of Nature and Understanding Principles of Natural Law*

“Consciousness is the most basic element in creation; therefore the study of consciousness and research in consciousness, which is offered by the traditional Vedic Literature, gives the student the ability to do anything and achieve anything with the support of the evolutionary power of Natural Law.” — Maharishi

Reading the Vedic Literature in Sanskrit is a new technology of Maharishi Vedic Science to speed the development of higher states of consciousness. In this course students learn to read the Vedic Literature in Sanskrit and discover how this practice actually strengthens brain functioning. Students also learn the basic principles of Maharishi Vedic Science, including the recent discovery of how human physiology forms a perfect replica of Natural Law, as embodied in the 40 aspects of the Veda and Vedic Literature. This historic discovery reveals that the natural laws governing the universe are the same laws governing our physiology — meaning that each of us has access, within our own physiology, to the total potential of Natural Law. This in turn gives us the potential to know anything, do anything, and accomplish anything. (4 credits) (Note: Students with a

background in Maharishi Vedic Science and reading Sanskrit in Devanagari take MVS 192.) *Prerequisite:* STC 108/109

200-Level Courses and Above

MVS 202 Higher States of Consciousness: Realizing Your Full Human Potential in the Growth of Enlightenment to its Pinnacle in Unity Consciousness

This course covers the description of higher states of consciousness that arise naturally and spontaneously through the Transcendental Meditation and TM-Sidhi programs. The course explores each of the higher states of consciousness through subjective descriptions of direct experience and objective scientific research. (4 credits) *Prerequisite:* STC 108/109

MVS 208 Fundamentals of Maharishi Vedic Science: Atma and Veda — the Self-Referral Dynamics of Consciousness Underlying the Individual and the Universe

This course systematically investigates Maharishi's explanation of the self-referral dynamics and structure of pure consciousness, as being the ultimate source and content of all the Laws of Nature that are responsible for the creation and orderly functioning of both individual and universal life. Topics include the analysis and synthesis of the Nature and range of *Atma*, the universal Self of every individual; how the fluctuations of *Atma* appear as the structure and qualities of the four Vedas in terms of their qualities and sequential unfolding; how the structures and functions of the Vedas correspond to the human physiology and the cosmic physiology of the cosmos; the reading of the Vedic Literature in Sanskrit; and exploring the correlation between the cosmic creative process as expressed in the Vedas with theories of the structure and functioning of the unified field Superstring theory of modern quantum physics. (This course is a prerequisite for MVS 210) *Prerequisite:* STC 108/109

MVS 210 The Vedic Literature in Maharishi Vedic Science: Sequential Expression of Total Natural Law, the Constitution of the Universe

This course explores the 36 branches of the Vedic Literature that are contained within and yet have sequentially unfolded from the Rik, Sama, Yajur and Atharva Vedas; for example, the 6 “Limbs of the Veda” called the Vedangas: Shiksha, Kalp, Vyakaran, Nirukt Chhand and Jyotish, which express the Vedic knowledge of the specific engineering mechanics of creation; the 6 “Subordinate Limbs of the Veda” called the Upangas and also known as the 6 systems of Indian philosophy: Nyaya, Vaisheshik, Sankhya, Yoga, Karma Mimansa and Vedanta, which explore how to systematically and completely understand and experience the full range of any object of inquiry; all the 36 branches of the Vedic Literature are examined in relation to their specific qualities and contributions to the Totality of knowledge and the infinite organizing power called the Constitution of the Universe—the totality of Natural Law that governs the universe with

perfect order. The structure and functions of the Vedic Literature are also explored in terms of their corresponding expressions as the various aspects of the individual human physiology and the cosmic physiology of the universe. (4 credits) *Prerequisite:* MVS 208

MVS 225 Maharishi Vedic Science and Judaism, Christianity, and Islam

Students will explore universal principles of life expressed by Maharishi Vedic Science and the religions of Judaism, Christianity, and Islam. The course will provide students the opportunity to study the following topics: The existence and nature of God; the main purpose of human life; the ultimate cause of all problems and suffering; turning within: the technology of transcending; the development of higher states of consciousness; and the creation of heaven on earth. (4 credits) *Prerequisite:* WTG 191

MVS 226 Maharishi Vedic Science and Buddhism, Taoism, Confucianism

Students explore universal principles of life expressed by Maharishi Vedic Science and the religions of Buddhism, Taoism, and Confucianism. The course gives students the opportunity to study the following topics: The existence and nature of God, the main purpose of human life, the ultimate cause of all problems and suffering, turning within and the technology of transcending, developing higher states of consciousness; and the creation of heaven on earth. (4 credits) *Prerequisite:* WTG 191

MVS 235 Music Appreciation: Appreciating Music as the Art of Giving Audible Life to the Harmonious Structure of Natural Law

This course investigates the nature of music through the study of western classical masterpieces, music theory, piano lessons, and Maharishi Gandharva Veda — the classical music of North India originating from the ancient Vedic civilization. Students explore the mechanics of transformation of consciousness into audible sound, and the fulfillment of music's supreme quest to establish harmony within the musician and in the environment. (4 credits) (Distribution Area: Fine Arts or Humanities) *Prerequisite:* STC 108/109

MVS 240 EEG, Brain, and Enlightenment: Brain Functioning Underlies Conscious Processing, States of Consciousness, and Enlightenment

Brain functioning underlies conscious processing, states of consciousness, and enlightenment. You will learn how to record EEG (brain waves) and other physiological measures (breath rate, heart rate, and skin conductance), will learn the brain signatures of the practice of the Transcendental Meditation technique and of higher states of consciousness, and will conduct original research testing a research question that you generate during the course. (4 credits) *Prerequisite:* STC 108/109

MVS 300 *Science of Being and Art of Living: Maharishi's Guide to Life in Enlightenment*

Science of Being and Art of Living was Maharishi's first book, published in 1963. In this course, both through reading and through studying Maharishi's video tapes, students investigate the main themes of the book — Being, the essential constituent of creation; how to contact and how to live Being; how to live one's full potential, in thought, speech, action, and relationships; and God realization. (4 credits) *Prerequisite:* STC 108/109

MVS 301 *Source Documents in Maharishi Vedic Science: The Unfoldment of Pure Knowledge in Maharishi's Writings*

Students examine selected source documents by Maharishi, including *Creating an Ideal Society*, and *Thirty Years Around the World: Dawn of the Age of Enlightenment*. Course topics include the structure and dynamics of the human mind, the self-referral mechanics of creation and the process of evolution, collective consciousness, and the historical foundations of the applied value of Maharishi Vedic Science. (variable credits)

Prerequisite: STC 108/109

MVS 302 *Bhagavad-Gita — Chapters 1–3: The Principles of Dharma, the Eternal Nature of Life, and Effortlessness of Transcending as the Basis of Right Action*

Prerequisite: STC 108/109

MVS 303 *Bhagavad-Gita — Chapters 4–6: The Roles of Action and Silence, Knowledge and Experience, in Rising to Higher States of Consciousness*

These courses study Maharishi's translation and commentary on the Bhagavad-Gita, a work that sequentially unfolds profound principles of human behavior. The Bhagavad-Gita, as a textbook for Maharishi Vedic Science, contains the essence of the detailed knowledge of consciousness contained in the Vedic Literature. Course topics include the scope, structure, and dynamics of human behavior; the seven states of consciousness; collective consciousness; and the solution to the fundamental dilemma at the basis of human suffering. (variable credits) *Prerequisite:* STC 108/109

MVS 304 *Applications of Maharishi Vedic Science: Creating a Stress-Free, Harmonious, Prosperous, and Enlightened Society*

In this course, students examine applications of Maharishi Vedic Science to education and rehabilitation, government and defense, or business and industry. Then they review research documenting the effectiveness of the technologies of Maharishi Vedic Science in these areas. (variable credits) *Prerequisite:* STC 108/109

MVS 307 Practicum in Maharishi Vedic Science: Individual Project in Creating Heaven on Earth

In this course students gain experience presenting the practical application of Maharishi Vedic Science to an area of society that they studied in MVS 304. (4 credits)

Prerequisite: MVS 304

MVS 308 Research Design and Outcomes on the *Transcendental Meditation* Program: Verifying a Paradigm Shift in Human Potential

As a precise, systematic, and effective method for developing human consciousness, the Transcendental Meditation and TM-Sidhi programs have given rise to a substantial scientific research program. This course reviews contemporary methods of research — including issues from the philosophy of science — as it applies to the research on the Transcendental Meditation program — and develops the ability to evaluate and explain specific studies on developing mental potential, improving health, and creating effective and rewarding social behavior. (4 credits) *Prerequisite:* STC 108/109

MVS 309 Fundamentals of World Peace: Creating Coherence in Collective Consciousness as the Basis for World Peace

Students explore various methods of creating peace, with special emphasis on the documented effectiveness of these methods, and understanding the underlying scientific explanations accounting for this effectiveness, particularly in the physics of invincibility. Students study the sociological concept of collective consciousness, and the course emphasizes in-depth examination of Maharishi Vedic technologies — particularly group practice of the TM-Sidhi program — and its ability to create coherence in collective consciousness as the basis for creating peace. (4 credits) *Prerequisite:* STC 108/109

MVS 312 Field Experience: Applying the Principles You Have Learned to Improve Quality of Life in Society

During this course students will work on campus or in nonprofit educational institutions authorized to hold courses in the Transcendental Meditation technique. Students will help organize courses, apply their lecture and/or checking skills, and help with expansion projects for these institutions. (variable credits — may be repeated) *Prerequisite:* Consent of the instructor

MVS 314 Academic Mentorship: Participating with Faculty in Packaging Maharishi Vedic Science for Application in Society

In this course students will work closely with senior faculty on selected special projects, such as the development of books and other curricular materials on Maharishi Vedic Science. (variable credits) *Prerequisite:* Consent of instructor

MVS 321 Reading the Vedic Literature 1: Cultivating Total Brain Functioning for Higher States of Consciousness *Prerequisite:* MVS 102

MVS 322 Reading the Vedic Literature 2: Aligning Individual Behavior with the Perfect Sequential Unfoldment of Cosmic Law *Prerequisite:* MVS 102

MVS 323 Reading the Vedic Literature 3: Enlivening the Essential Nature of the Physiology as Veda and Vedic Literature *Prerequisite:* MVS 102

MVS 324 Reading the Vedic Literature 4: The Secret Path to Perfection in Life

During these courses you will read the classical texts of Vedic Literature in the Devanagari script. The texts are read for the sound value, enjoying benefits in consciousness and in physiology. You will begin each series of this course with a major division of the Vedic Literature. (4 credits) *Prerequisites:* MVS 222 or the ability to read Devanagari script; permission of the instructor

MVS 331 *Transcendental Meditation-Sidhi*SM Course: Learning to Harness Total Natural Law to Work for You and Fulfill Your Desires, Part I

Course description in “Special *Maharishi Vedic Science* Studies” at end of this section.

MVS 332 *Transcendental Meditation-Sidhi* Course: Learning to Harness Total Natural Law to Work for You and Fulfill Your Desires, Part II

Course description in “Special *Maharishi Vedic Science* Studies” at end of this section.

MVS 340 *Maharishi Gandharva Veda* Musicianship: Developing the Silent Connection between the Song of Individual Life and the Song of Creation

What is beauty? Can musical talent be developed? Can we learn to perform without stage fright? These are some of the fundamental questions explored in this course—both theoretically and through practical experience. Students hear a colorful palette of *Maharishi Gandharva Veda* ragas as well as music from other cultures and time periods, to gain appreciation of the subtle, underlying principles of perception and aesthetics that govern ragas—and all music. Includes instruction in bamboo flute, tabla, sitar, or voice, according to availability. (4 credits) *Prerequisite:* STC 108/109

MVS 342 Health Benefits of *Maharishi Gandharva Veda*

Exploratory research indicates that the effects of listening to *Maharishi Gandharva Veda* music include an increase in brain wave coherence, more integrated behavior, and a tendency of mental activity to settle down and experience finer states of awareness. Students become familiar with this research and perform related studies of their own. Includes instruction in bamboo flute, tabla, sitar, or voice, according to availability. (4 credits) *Prerequisite:* MVS 340

MVS 343 Maharishi Vedic Science, Sound, and Gandharva Music: Locating the Source of Gandharva Veda in the Self-Interacting Dynamics of Consciousness

Music has a powerful impact on human awareness. This course presents the profound correlation between sound, music, and consciousness. Special emphasis is given to the Shruti aspect of the Veda as the most coherent and primordial sound value in creation, and the mechanics of consciousness manifesting as sound and transforming into matter. Students also read the Sanskrit texts on music from the classical Vedic Literature, for the benefit of the sounds of the Vedic language. Included is instruction in at least one of the following: bamboo flute, tabla, sitar, or voice. (4 credits, may be repeated) *Prerequisite:* MVS 340 or consent of instructor

MVS 344 Maharishi Gandharva Veda Ear Training: Culturing Refinement of Hearing from the Level of Pure Awareness at the Basis of Sensory Perception

Awareness of pitch and tuning, vocal training, rhythm, and studying the ten basic scales in Maharishi Gandharva Veda are the main aspects of this course. Elementary keyboard skills are taught to help support pitch identification. Includes instruction in bamboo flute, tabla, sitar, or voice, according to availability. (4 credits) *Prerequisite:* MVS 340

MVS 345 Melody in Maharishi Gandharva Veda

The goal of this course is to develop fine awareness of pitch, and study how the uniquely sequential unfoldment of tones in a raga give rise to melody. Topics include musical form, composition, interpretation, improvisation, embellishment, and cognition. Includes instruction in either bamboo flute, tabla, sitar, or voice, according to availability. (4 credits) *Prerequisite:* MVS 340

MVS 346 Rhythm in Maharishi Gandharva Veda

Students become fluent in the 5 major Gandharva rhythmic cycles and their variations, and study basic principles of rhythmic improvisation in Maharishi Gandharva Veda music. Rhythm is explored in light of its fascinating correlation with the verses of the Veda and with rhythmic cycles in nature and in life. Includes instruction in bamboo flute, tabla, sitar, or voice, according to availability. (4 credits) *Prerequisite:* MVS 340

MVS 390 Senior Integration Project: Unifying the Diverse Themes of Maharishi Vedic Science in Your Holistic Awareness

In this course, students complete a comprehensive exam on the core content of the Maharishi Vedic Science major. Following completion of the exam, students learn how to write a substantial theoretical paper in Maharishi Vedic Science. The seminar includes instruction and practice in writing theoretical and research reviews, proper documentation, and writing an abstract. (4 credits — may be repeated) *Prerequisite:* completion of required major course work

MVS 397 Advanced Topics in Maharishi Vedic Science: Exploring the Branches of Maharishi Vedic Science and Their Practical Technologies

Students explore advanced topics in Maharishi Vedic Science under the guidance of faculty and eminent Vedic scholars. Topics may include seminars on selected research themes, selected branches of the Vedic Literature, and Maharishi Technologies and the research on their applications. (4 credits — may be repeated) *Prerequisite:* consent of instructor

MVS 399 Directed Study

(variable credits) *Prerequisite:* consent of the department faculty

MVS 408 Professional Development in Maharishi Vedic Technologies: Learning and Applying the Technologies of Maharishi Vedic Science in Society

This course is designed for students who are taking part in professional training programs in Maharishi Vedic Technologies. (variable credits based on one credit for each week of full-time instruction.) *Prerequisite:* consent of the Department

MVS 451 Maharishi Gandharva Veda Music Studio: Perfecting Your Ability to Flow in Silence and Give Expression to the Unexpressed in Sound and Song

This course is for students who are well on their way to completing the major in Maharishi Vedic Science with emphasis in Maharishi Gandharva Veda music. It is designed to help students focus on specific aspects of musical development under the guidance of the faculty. Included is instruction in at least one of the following: bamboo flute, tabla, sitar, or voice. (4 credits — may be repeated) *Prerequisites:* at least three Maharishi Gandharva Veda music courses and consent of instructor

MVS 452 Maharishi Gandharva Veda Recital Preparation: Preparing the Ground for Enlivening the Flow of Consciousness in Others

This course gives students the opportunity to polish their performance skills in preparation for a student recital. Practical considerations are also covered, such as advertising, stage preparation, sound checks, etc. Includes instruction in either bamboo flute, tabla, sitar, or voice, according to availability. (4 credits; may be repeated) *Prerequisites:* at least three Maharishi Gandharva Veda courses and consent of instructor

MVS 475 Senior Capstone Seminar

In this two-week seminar, senior students from all majors reflect on their undergraduate education, in an interdisciplinary setting. This gives students an opportunity to integrate all aspects of their experience at Maharishi University of Management, including course work, extra-curricular activities, and personal development, and to articulate ways in which experience and understanding of Maharishi Vedic Science have deepened their

knowledge. Growth in areas described by the university's General Education goals is also assessed during this course. *Prerequisite:* last semester before graduation

MVS 480 Topics in Maharishi Vedic Science

Course description in “Special *Maharishi Vedic Science* Studies” at end of this section.

MVS 485 Rotating University Abroad

There are many opportunities to study Maharishi Vedic Science abroad. In this course students will travel to a country that may play a special role in Maharishi's worldwide Transcendental Meditation program Movement, such as India, South Africa, or Switzerland, and study Maharishi Vedic Science in that context. The course may include taped lectures of Maharishi, study of Sanskrit, and excursions to relevant locales. In some cases, the focus shifts to study of the deep cultural traditions of a country such as China and how these traditions parallel Maharishi Vedic Science (4 credits). *Prerequisite:* Consent of Department

MVS 490 Transcendental Meditation Program Teacher Training

Course description in “Special *Maharishi Vedic Science* Studies” at end of this section.

MVS 491 Transcendental Meditation Program Teacher Training — Part 2

Course description in “Special *Maharishi Vedic Science* Studies” at end of this section.

MVS 492 Transcendental Meditation Program Teacher Training Program Fieldwork Internship

Course description in “Special *Maharishi Vedic Science* Studies” at end of this section.

MVS 493 Transcendental Meditation Program Teacher Training Program Teaching Internship

Course description in “Special *Maharishi Vedic Science* Studies” at end of this section.

MVS 495 Transcendental Meditation Program Governor Training

Course description in “Special *Maharishi Vedic Science* Studies” at end of this section.

MVS 497 Transcendental Meditation Program Research Internship

Course description in “Special *Maharishi Vedic Science* Studies” at end of this section.

MVS 498 Transcendental Meditation Program Minister Training

Course description in “Special *Maharishi Vedic Science* Studies” at end of this section.

MVS 499 Directed Study

(variable credits) *Prerequisite:* consent of the Department faculty

Graduate *Maharishi Vedic Science* Courses

NOTE: All 3–4 credit graduate courses can be taken in 1.5–2 credit sections, sections A and B. However, both sections A and B must be taken in order for the course to be considered completed.

MVS 461 *Maharishi Self-Pulse Reading: Assessing the Body’s Inner Intelligence through the Touch of Three Fingers on the Pulse*

This course provides the theory and practical technique for detecting balance and imbalance in the body through the Maharishi Self-Pulse program. Students gain a thorough understanding of how the intelligence within the physiology is reflected in the pulse. The course also describes measures to correct imbalances before disease arises. Students not only learn to detect states of physiological balance and imbalance; they also learn how the Maharishi Self-Pulse program can create a balancing influence in any area of imbalance, spontaneously enhancing physiological integration. (variable credits)

Prerequisite: acceptance to the MA in MVS

MVS 504 *Physiology, Consciousness, and the Veda: Awakening Your Total Brain Potential*

Learn how your brain is designed to be a perfect reflector of total Natural Law. See how consciousness structures the physiology and how the innumerable connections among our ten billion brain cells enable us to live higher states of consciousness. Measure your own growth of consciousness. (2–4 credits)

MVS 509 *Bhagavad-Gita Chapters 1–3: The Principles of Dharma, the Eternal Nature of Life, and Effortlessness of Transcending as the Basis of Right Action*

MVS 511 *Bhagavad-Gita Chapters 4–6: The Roles of Silence and Action, Knowledge and Experience, in Rising to Higher States of Consciousness*

These courses study Maharishi’s commentary on the Bhagavad-Gita, which provides a systematic exposition of the development of human consciousness, its relationship to knowledge, and its application to improve the quality of individual and collective life. (variable credits)

MVS 512 *Fundamentals of Maharishi Vedic Science*

In this course students learn basic principles of Maharishi Vedic Science, such as higher states of consciousness, levels of mind, 40 aspects of the Vedic Literature, Maharishi’s *Apaurusheya Bhashya*, and Maharishi Sthapatya Veda design. In addition, students learn the Sanskrit alphabet and practice reading the Bhagavad-Gita in the original Devanagari script. Students also learn numerous Vedic expressions from the Vedic Literature. (4–6 credits)

MVS 515 Enlightened Education

During this course students dive deeply into understanding and experiencing the nature of knowledge itself, in its pure form within self-referral consciousness and its emergence in diverse expressions and applications. The text for the course, *Celebrating Perfection in Education*, unfolds Maharishi's vision of Total Knowledge and connects profound Vedic themes of consciousness and creativity with the fundamentals of education. This course is an ideal opportunity for students to reflect on their own educational development in all its phases — both inner and outer. (2–4 credits)

MVS 516: *Science of Being and Art of Living*: Maharishi's Guide to Life in Enlightenment.

Science of Being and Art of Living was Maharishi's first book, published in 1963. In this course, both through reading and through studying Maharishi's video tapes, students investigate the main themes of the book — Being, the essential constituent of creation; how to contact and how to live Being; how to live one's full potential, in thought, speech, action, and relationships; and God realization. (2-4 credits)

MVS 517 Research Paper

In this course students research in depth a particular aspect of Maharishi Vedic Science. Students have the option of presenting their findings in a PowerPoint lecture or in a research paper. A faculty member in the Maharishi Vedic Science department supervises the research. (2-4 credits)

MVS 520 Advanced Study in Maharishi Vedic Science: Analyzing the Fabric of Immortality

This course is designed for students who have completed the Department's Vedic Science offerings and wish to reexamine themes from these courses in light of more recent findings in the discipline. Possible *Topics include* — Veda and Vedic Literature, the self-referral dynamics of consciousness, and the discovery of Veda and Vedic Literature in the human physiology. Also, recent books and lectures will be used. (variable credits — may be repeated) NOTE: This course is for students enrolled in the Advanced Concentration in Maharishi Vedic Science. *Prerequisite*: consent of instructor

MVS 525 Sanskrit and Maharishi Vedic Science: Learning the Language of Nature and Understanding Principles of Natural Law

MVS 526 Sanskrit: Learning to Read the Vedic Literature to Enliven the Language of Nature Within (Prerequisite: MVS 525)

MVS 527 Advanced Sanskrit: Letting Your Awareness Flow in the Sequence of Vedic Sounds, the Language of Nature (Prerequisite: MVS 526)

These courses introduce the proper pronunciation and reading of classical Sanskrit — the language of the Vedic Literature. Students study Maharishi’s explanation of the role of Sanskrit as the language of Nature in his Vedic Science. (variable credits, may be repeated)

MVS 530 Readings in Vedic Literature: Accelerate Growth to Enlightenment

In this course students read texts of Vedic Literature for the sound value, enjoying the benefits in consciousness and in physiology. Texts include the Bhagavad-Gita, Ramayana, and selected Upanishads. (variable credits, may be repeated)

MVS 531 *Transcendental Meditation-Sidhi* Course: Learning to Harness Total Natural Law to Work for You and Fulfill Your Desires, Part I

Course description in “Special *Maharishi Vedic Science* Studies” at end of this section.

MVS 532 *Transcendental Meditation-Sidhi* Course: Learning to Harness Total Natural Law to Work for You and Fulfill Your Desires, Part II

Course description in “Special *Maharishi Vedic Science* Studies” at end of this section.

MVS 534 Readings in Vedic Literature

In this course, students will read the Vedic Literature in the original Devanagari script. They will keep a journal of their experiences while reading and during the day. This course includes the option for extended practice of the Transcendental Meditation and TM-Sidhi programs. (variable credits, may be repeated)

MVS 539 *Maharishi Gandharva Veda* Musicianship: Developing the Silent Connection between the Song of Individual Life and the Song of Creation

What is beauty? Can musical talent be developed? Can we learn to perform without stage fright? These are some of the fundamental questions explored in this course—both theoretically and through practical experience. Students hear a colorful palette of Maharishi Gandharva Veda ragas as well as music from other cultures and time periods, to gain appreciation of the subtle, underlying principles of perception and aesthetics that govern ragas—and all music. Includes instruction in either bamboo flute, tabla, sitar, or voice, according to availability. (2-4 credits)

MVS 540 Principles of Maharishi Vedic Science: The Self-Referral Dynamics of Consciousness

Discover the fabrics of immortality in your own physiology. Topics include the self-interacting dynamics of consciousness, the Constitution of the Universe, the forty aspects of the Veda and Vedic Literature, Maharishi's *Apaurusheya Bhashya*, Rik Veda — the Constitution of the Universe, and Vedic Devata in the human physiology. (2-4 credits)

MVS 544 Physics of Invincibility

The Constitution of the Universe is the most fundamental level of Natural Law, underlying the whole universe — manifest and unmanifest — and its holistic value is available in the Samhita of Rik Veda. The self-referral dynamics of its sequential unfoldment is a process of symmetry breaking, recently glimpsed by contemporary unified quantum field theory. This course will show how the historical development of the unified quantum field theory has been intimately concerned with resolving the apparent opposition between observer and observed. In this context, the student can readily understand how Maharishi Vedic Science completes and enriches the most sophisticated discoveries of advanced physics. (2–43 credits)

MVS 548 Academic Writing: Harnessing the Deepest Level of Language to Express Total Knowledge

This course is structured to develop and refine students' writing abilities through repeated rewriting of extended versions of their class papers. (variable credits, may be repeated)

MVS 552 Developing Brahman Consciousness: Growing toward the Supreme Pinnacle of Human Evolution — All Experience Unified in the Self

This course covers Maharishi's precise description of higher states of consciousness that arise naturally and spontaneously through practice of the Transcendental Meditation and TM-Sidhi programs. Personal experience, scientific research, and the record of ancient Vedic texts are used to understand higher states of consciousness. (2–4 credits)

MVS 553 Discovery of Veda and Vedic Literature in Human Physiology: How Consciousness Creates Your World — Physiology Is Consciousness

Enjoy Maharishi's unique insights into the structuring dynamics of the Vedic Literature as presented in the six Vedanga; and the criteria and methods of gaining accurate, complete and reliable knowledge, both intellectually and experientially as revealed by the six Upangas. This course illuminates the path to enlightenment and leads to an increasingly refined understanding and experience of the ultimate nature of reality. (2–4 credits)

MVS 554 Maharishi Vedic Science and Judaism, Christianity, and Islam

Students will explore universal principles of life expressed by Maharishi Vedic Science and the religions of Judaism, Christianity, and Islam. The course will provide students the opportunity to study the following topics: The existence and nature of God; the main purpose of human life; the ultimate cause of all problems and suffering; turning within: the technology of transcending; the development of higher states of consciousness; and the creation of heaven on earth. (4 credits)

MVS 555 Ideal Administration: Alliance with Nature's Government

This course will examine the methodology of creating a permanent state of world peace. Topics will include: the structure and function of the total potential of Natural Law — the Government of Nature; the significance of Collective Consciousness and its effect on government; the Global Country of World Peace; and, scientific research on Vedic technologies that align individual and national awareness with the infinite intelligence and creative power of Nature's Government, which administers the universe with perfect order. (3–4 credits)

MVS 556 Maharishi Vedic Science and Buddhism, Taoism, Confucianism

Students explore universal principles of life expressed by Maharishi Vedic Science and the religions of Buddhism, Taoism, and Confucianism. The course gives students the opportunity to study the following topics: The existence and nature of God, the main purpose of human life, the ultimate cause of all problems and suffering, turning within and the technology of transcending, developing higher states of consciousness; and the creation of heaven on earth. (4 credits)

MVS 562 Health Benefits of Maharishi Gandharva Veda

Exploratory research indicates that the effects of listening to Maharishi Gandharva Veda music include an increase in brain wave coherence, more integrated behavior, and a tendency of mental activity to settle down and experience finer states of awareness. This course presents an overview of current research, while giving students the opportunity to study this music and explore their own responses to it. Included is instruction in at least one of the following: bamboo flute, tabla, sitar, or voice. (2-4 credits, may be repeated)

Prerequisite: MVS 340 or consent of instructor

MVS 563 Maharishi Vedic Science, Sound, and Gandharva Music: Locating the Source of Gandharva Veda in the Self-Interacting Dynamics of Consciousness

Music has a powerful impact on human awareness. This course presents the profound correlation between sound, music, and consciousness. Special emphasis is given to the Shruti aspect of the Veda as the most coherent and primordial sound value in creation, and the mechanics of consciousness manifesting as sound and transforming into matter. Students also read the Sanskrit texts on music from the classical Vedic Literature, for the

benefit of the sounds of the Vedic language. Included is instruction in at least one of the following: bamboo flute, tabla, sitar, or voice. (2-4 credits, may be repeated)

Prerequisite: MVS 340 or consent of instructor

MVS 564 Maharishi Gandharva Veda Ear Training: Culturing Refinement of Hearing from the Level of Pure Awareness at the Basis of Sensory Perception

Awareness of pitch and tuning, vocal training, rhythm, and studying the ten basic scales in Maharishi Gandharva Veda are the main aspects of this course. Elementary keyboards skills are taught to help support pitch identification. Includes instruction in bamboo flute, tabla, sitar, or voice, according to availability. (2-4 credits) *Prerequisite:* MVS 340

MVS 565 Melody in Maharishi Gandharva Veda

The goal of this course is to study the uniquely sequential unfoldment of tones in a raga, and how these tones give rise to melody. Topics include musical form, composition, interpretation, improvisation, embellishment, and cognition. Raga melodies are compared to melodic development in other musical styles, while students enhance their sense of musical direction and balance. Included is instruction in at least one of the following: bamboo flute, tabla, sitar, or voice. (2-4 credits, may be repeated) *Prerequisite:* MVS 340 or consent of instructor

MVS 566 Rhythm in Maharishi Gandharva Veda

Students become fluent in the 5 major Gandharva rhythmic cycles and their variations and study basic principles of rhythmic improvisation in Maharishi Gandharva Veda music. Rhythm is explored in light of its fascinating correlation with the verses of the Veda and with rhythmic cycles in nature and in life. Included is instruction in at least one of the following: bamboo flute, tabla, sitar, or voice. (2-4 credits, may be repeated)

Prerequisite: MVS 340 or consent of instructor

MVS 571 Maharishi Gandharva Veda Music Studio: Perfecting Your Ability to Flow in Silence and Give Expression to the Unexpressed in Sound and Song

This course is for students who are well on their way to completing the major in Maharishi Vedic Science with emphasis in Maharishi Gandharva Veda music. It is designed to help students focus on specific aspects of musical development under the guidance of the faculty. Included is instruction in at least one of the following: bamboo flute, tabla, sitar, or voice. (2-4 credits — may be repeated) *Prerequisites:* at least three Maharishi Gandharva Veda music courses and consent of instructor

MVS 572 Maharishi Gandharva Veda Recital Preparation: Preparing the Ground for Enlivening the Flow of Consciousness in Others

This course gives students the opportunity to polish their performance skills in preparation for a student recital. Practical considerations are also covered, such as

advertising, stage preparation, sound checks, etc. Includes instruction in bamboo flute, tabla, sitar, or voice, according to availability. (2-4 credits; may be repeated)

Prerequisites: at least three Maharishi Gandharva Veda courses and consent of instructor

MVS 577 Synthesizing the Key Principles from Your Courses

In this course you will identify the key principles from all the courses in your graduate program, place them into the larger framework of your experience, and indicate how they can be applied to your daily life. This course enables you to summarize the knowledge and experience you have gained from the program. (2–4 credits)

MVS 580 Practicum in Maharishi Vedic Technologies: Bringing Health and Wholeness to the Community

Students expand and apply their growing knowledge of Maharishi Vedic Science by functioning as professional technicians delivering such programs as the Maharishi Vedic Approach to Health preventive health and rejuvenation programs. (variable credits, may be repeated)

MVS 581 Practicum in *Consciousness-Based* Education: Structuring Knowledge in the Consciousness of the Student

Students expand, express and apply their growing knowledge of Maharishi Vedic Science by functioning as professional exponents of Consciousness-Based education, the educational system based on Maharishi Vedic Science. (variable credits, may be repeated)

MVS 585 Capstone — Celebrating Perfection in Education: Synthesizing Your Year of Study and Inner Growth and Preparing for the Future

In this course your growth to higher states of consciousness is celebrated in waves upon waves of fulfilling knowledge and blissful experience. This course presents Maharishi's synthesis of all aspects of Vedic knowledge in Unity Consciousness, Vedanta. (2–4 credits)

MVS 588 Presentations to All Levels of Society: Knowledge Becomes Knowledge When Applied in Action

This course gives students the opportunity to integrate knowledge gained in the program by making presentations on Maharishi Vedic Science in different areas of society. Areas may include business, education, health, government, defense, rehabilitation, or agriculture. Students present a written report on their project. (variable credits)

Prerequisite: consent of the Department faculty and the Academic Standards Committee

MVS 591 Writing Skills: Generating the Perfect Flow of Speech to Express Total Knowledge

Students enhance the skills needed to write about the Science of Creative Intelligence and Maharishi Vedic Science on a graduate level. This course is especially helpful for non-native speakers of English. (variable credits, may be repeated)

MVS 597 Topics in Maharishi Vedic Science: Investigating the Infinity of Points within Wholeness

Students explore topics in Maharishi Vedic Science under the guidance of University faculty and eminent Vedic scholars. Topics may include the Maharishi Jyotish program, the Maharishi Vedic Approach to Health program, Vedic Engineering, and Maharishi Gandharva Veda music. (variable credits, may be repeated)

MVS 599 Directed Study

(variable credits) *Prerequisite:* consent of the Department faculty

MVS 601 Special Topics 1

MVS 602 Special Topics 2

MVS 603 Special Topics 3

MVS 604 Special Topics 4

These courses allow students the opportunity to study a topic within Maharishi Vedic Science in depth, such as the theme of self-referral in Maharishi Vedic Science or the idea of a subjective science. (Note: The contents of these courses will vary depending on the needs of the students, the research interests of the available faculty, and the latest developments in Maharishi's presentations of Maharishi Vedic Science. In all cases the courses will feature in-depth study of books by Maharishi.) (variable credits)

MVS 605: Seminar on Philosophy of Science and Scientific Research on Maharishi's Technologies of Consciousness

In this seminar students study and evaluate the main contemporary approaches to the principles, methods, and applications of modern science and discuss the contributions of Maharishi Vedic Science to solving outstanding issues in philosophy of science. They then apply the integrated standards of Maharishi Vedic Science and modern science to the main avenues of research on the technologies of Maharishi Vedic Science, including those in which they will be doing their dissertation research projects. They also practice communicating these outcomes in a manner that would be comprehensible to scholars at any university in the world. (variable credits)

MVS 611 Research Methods: Learning the Self-Referral, Self-Correcting Nature of Science

Students survey basic approaches to research such as quantitative, qualitative, historical, clinical, and philosophical methods of analysis. Topics include logical and practical considerations in experimental design and measurement, writing literature reviews, and selecting research topics, as well as research ethics and such non-experimental methods as computer simulation, textual analysis, and survey research. (variable credits)

MVS 612 Research Principles, Logic, and Methods — Theory and Application

These courses introduce the principles and logic of scientific investigation and review the skills necessary for evaluating and undertaking scientific research. Topics include principles and methods of experimental designs and review of non-experimental methods such as textual analysis and case studies. These principles will be understood in practical contexts such as research in consciousness through the Transcendental Meditation and TM-Sidhi programs and the reading of Vedic Literature. (variable credits)

MVS 616 Statistics: Locate the Patterns Underlying Diversity

This course focuses on the use of statistics in the social sciences, especially as they relate to the growth of consciousness on individual and collective levels. *Topics include* — descriptive statistics, hypothesis testing and inference, regression techniques, analysis of variance, and non-parametric statistics. (variable credits)

MVS 618 Scientific Research on the Technologies of Maharishi Vedic Science: Identifying Reliable Knowledge through Repeatable Research

This course will review research on the technologies of Maharishi Vedic Science, including key studies in the six-volume series of *Collected Papers on the Transcendental Meditation and TM-Sidhi Program* as well as more recent studies. The course will focus on the evaluation of the studies in light of research design considerations as well as the development of the ability to describe and answer questions about key studies. (variable credits)

MVS 621 Specialized Research Paper: Testing and Validating Models in Maharishi Vedic Science

In this course students gain experience in conducting research and writing a publishable paper investigating models in Maharishi Vedic Science. The final paper should be of suitable scientific quality that it could be submitted for publication in a peer-reviewed journal. (variable credits)

MVS 630 Readings in Vedic Literature: Accelerate Growth to Enlightenment

In this course students read texts of Vedic Literature for the sound value, enjoying the benefits in consciousness and in physiology. Texts include the Bhagavad-Gita, Ramayana, and selected Upanishads. (variable credits, may be repeated)

MVS 635 The Discovery of Veda and Vedic Literature in Human Physiology: The Individual Is Cosmic

This course studies the historic discovery of the Veda and Vedic Literature in human physiology, brought to light by Professor Tony Nader, M.D., Ph.D., under the guidance of Maharishi. Students learn:

- how the intelligence of Nature, as expressed in the Veda and Vedic Literature, forms the basis of the structure and function of the physiology, and
- how human physiology forms a perfect replica of Nature's intelligence, the Constitution of the Universe.

This knowledge, together with the technologies that arise from it, represents the complete knowledge of perfect health — and the key to perfection in every area of life. (variable credits)

MVS 670 Advanced Analysis and Synthesis of Total Knowledge

In this course, you will master the Self-referral dynamics of pure consciousness in terms of the structure and function of the Samhita of Rishi, Devata and Chhandas; Rik and Ak; Aknim Ile; the Richo Ak-kshare verse of Rik Veda; the dynamics of the Gap; Maharishi's *Apaurusheya Bhashya*; the relationship between name and form in the Veda; the four Vedas; and the relationship between the silent dynamics of consciousness and the Unified Field of quantum field theory. (8 credits)

MVS 671 Maharishi's Insight into the Veda and Vedic Literature: Fabrics of Immortality

In this course you will study Maharishi's insights into the forty branches of the Veda and Vedic Literature. You will see videotapes that Maharishi has made on the Vedic Literature, including the Vedas, Vedangas, Upangas, Upavedas, Brahmanas, and Pratishakhyas. You will learn many of the Vedic Expressions that Maharishi has taught from the Vedic Literature, and you will read the Vedic Literature in Sanskrit, creating profound brain coherence. Most of all, you will enjoy deep rest and an ideal daily routine, leading quickly toward enlightened awareness and holistic functioning of the physiology. (variable credits)

MVS 672 Mastering Veda and Vedic Literature in the Human Physiology

Explore through subjective and objective means of gaining knowledge Raja Raam's connections between the structuring dynamics of the Vedic Literature and the human

physiology. This course gives students the reality that they are Cosmic and leads to an increasingly refined understanding and experience of the ultimate nature of reality.
(variable credits)

MVS 673 Original Research in EEG, Brain and Enlightenment

Brain functioning underlies conscious processing, states of consciousness, and enlightenment. You will learn how to record EEG (brain waves) and other physiological measures (breath rate, heart rate, and skin conductance), will learn the brain signatures of the practice of the Transcendental Meditation technique and of higher states of consciousness, and will conduct original research testing a research question that you generate during the course. (variable credits)

MVS 674 Peace-Creating Professionals: Applying Maharishi Vedic Science to Society

You will learn how to create professional presentations and structure lectures that effectively demonstrate the applied value of Maharishi Vedic Science to solve individual, national and global problems. You will create presentations that will include research on current issues in governmental administration; finance and industry; economic inequities; education; physical, mental and societal health; crime and rehabilitation; agriculture; city planning; science and technology; homeland security; ethnic and religious tensions; international relations and the need for permanent world peace. (variable credits)

MVS 675 Maharishi Vedic Science and Religions

This course provides an advanced analysis and synthesis of core principles of Maharishi Vedic Science, as they are reflected and expressed in the Scriptures, writings, and experiences of saints of the religious traditions of Judaism, Christianity and Islam. The underlying unity of both theology and spiritual experiences are explored in the context of the diverse and culturally specific values of expression represented in each of these traditions. (variable credits)

MVS 680 Maharishi Vedic Science Seminar: Enlivening the Collective Understanding of Concepts in Maharishi Vedic Science

The Maharishi Vedic Science graduate seminar includes a review of current research topics in the major disciplines and their relationship to the principles of Maharishi Vedic Science. Each session focuses on a particular discipline and its relationship to Maharishi Vedic Science and is led by senior graduate faculty. (Track I students take 1 credit per semester; Track II students take 0.5 credits per semester.) (0.5–1 credit — repeated each semester)

MVS 682 Advanced Practicum in *Consciousness-Based* Education: Structuring Knowledge in the Consciousness of the Student

This course gives students the opportunity to integrate research skills and teaching skills by assisting the faculty in teaching a Forest Academy — a two-week period of study of particular themes of Maharishi Vedic Science. As an alternate fieldwork project, students may arrange, prepare, and give a series of presentations in at least two applied fields, such as education, government, business, rehabilitation, and the health professions. (2 credits — may be repeated)

MVS 691 Preparation for Qualifying Examination: Preparing a Fertile Ground for Demonstration of the Knowledge You Have Gained

This course provides the time necessary to prepare for the qualifying examination, which demonstrates research competence. It may be in the form of a research proposal, or in another form at the discretion of the program faculty. (variable credits — may be repeated) *Prerequisite:* successful completion of the core curriculum

MVS 693 Faculty Development Seminar and Oral Qualifying Exam (variable credits)

MVS 695 Faculty Development Seminar (variable credits)

MVS 698 Directed Research: Investigating the Laws of Nature Responsible for Life Around Us

(variable credits) *Prerequisite:* consent of the Department faculty and the Academic Standards Committee

MVS 699 Directed Study: Investigation into Fundamental Principles in Nature

(variable credits) *Prerequisite:* consent of the Department faculty

MVS 700 Preparation of Dissertation Proposal: Structuring the Foundation of Your Dissertation Research

Having passed to doctoral candidacy, students prepare a proposal for a doctoral dissertation for acceptance by their major professor and dissertation guidance committee. (variable credits, may be repeated) *Prerequisites:* Ph.D. candidate status and consent of the dissertation advisor

MVS 701 Dissertation Research: Scholarly Investigation into Models in Maharishi Vedic Science

Students conduct original research and prepare their dissertations during their third and fourth years in the program. (0.5–2.5 credits — may be repeated each semester)

Prerequisites: approval of the dissertation proposal and consent of the dissertation committee

Forest Academy and Science and Technology of Consciousness (STC) Courses

General University Requirement

All students are required to take a Forest Academy in each semester they are enrolled in at least four blocks of classes.

Undergraduate Requirement

In the first semester, students take the Science and Technology of Consciousness course (STC 108/109) as a prerequisite to all subsequent course work at the University. This course takes the place of a Forest Academy in that semester. In all other semesters, students take a Forest Academy of their choice from those being offered at that time. To graduate with a bachelor's or associate's degree a student must successfully complete one Forest Academy for each semester enrolled. One Forest Academy can be waived for students who are enrolled in degree programs of three or more semesters. For certificate programs, this requirement varies — please consult the certificate program listing in this catalog for details.

Graduate Requirement

In the first semester, students take the Science of Creative Intelligence (FOR 500). This course is a prerequisite to all subsequent course work at the University. To graduate with a master's or doctoral degree, a student must successfully complete one Forest Academy for each semester enrolled, including FOR 500. One elective Forest Academy may be waived for students who are enrolled in degree programs of three or more semesters.

NOTE: Students in some nonstandard graduate programs may have different Forest Academy requirements. Any deviation from the general requirement is listed with the individual program's degree requirements.

FOR 108 Self-Exploration and Transcending (2 credits)

This forest orients you to the university and to Consciousness-based education. You will learn the Transcendental Meditation technique, and begin to explore the theoretical foundation for higher states of consciousness available through practice of the Transcendental Meditation program. If you already practice Transcendental Meditation, this forest will include a review of the principles and mechanics of the practice, based on your experience and questions.

STC 108 Science and Technology of Consciousness (4 credits)

This course discusses the full range of consciousness from individual experience to a fundamental field of intelligence that underlies all of life and how this is unfolded

through Consciousness-Based education. As part of this course you will participate in 3-4 day base camp that focuses on team building, group processes, and leadership skills.

FOR 109 Self-Exploration and Transcending — Advanced Seminar (2 credits)

In this seminar students will select a fundamental principle, concept or theme from Maharishi Vedic Science, research it, and lead the class discussion on their topic. This course will include extensive reading of the Vedic Literature, discussion of advanced concepts from selected readings and videotapes, and extended Development of Consciousness for deeper experiences.

STC 109 Science and Technology of Consciousness: M.S.A.E. Track (4 credits)

This course gives the student extended time to read the Vedic Literature in Sanskrit and to explore higher states of consciousness both experientially and theoretically. As part of this course you will participate in 3-4 day base camp that focuses on team building, group processes, and leadership skills.

FOR 102 Advanced Seminar: Science and Technology of Consciousness.

In this seminar students will select a fundamental principle, concept or theme from Maharishi Vedic Science, research it, and lead the class discussion on their topic. This course will include extensive reading of the Vedic Literature, discussion of advanced concepts from selected readings and videotapes, and extended Development of Consciousness for deeper experiences. (4–6 credits)

FOR 103 Health-Related Fitness: Physical Activity to Promote Longevity and Fitness for Life

This course presents the latest knowledge from Western science and the Maharishi Consciousness-Based Health Care program concerning the optimum daily routine for establishing the foundation for lifelong excellent health and growing enlightenment. The major focus will be on the details of the ideal routine of sleep, diet, exercise, meaningful activity, recreation and the importance of the regular experience of pure consciousness for optimum health and evolution. This course will combine both lectures and physical activity labs. (2 credits) *Prerequisite:* STC 108/109

FOR 399 Directed Study

(variable credits) *Prerequisite:* consent of the Department faculty

FOR 410 Discovery of the Veda and Vedic Literature in Human Physiology: Discovering the Laws of Nature in the Structure and Function of Your Own Physiology

This course introduces the Maharishi Vedic Science understanding of the Veda and Vedic Literature as the underlying intelligence that structures the universe, including our mind

and body. Based on this understanding, students explore the historic discovery of Veda and Vedic Literature in the human physiology, brought to light by Professor Tony Nader, M.D., Ph.D., under the guidance of Maharishi. (2 credits) Prerequisite for undergraduates: FOR 103

FOR 411 Consciousness and the Vedic Literature in Maharishi Vedic Science: How the Self Interacts with Itself to Create the Veda, the Laws of Nature Structuring the Universe

This course introduces, through Maharishi's videotaped lectures and writings, the understanding of how the self-interacting dynamics of consciousness is the Veda and Vedic Literature, the total potential of Natural Law that gives rise to the universe. (2 credits) Prerequisite for undergraduates: FOR 103

FOR 422 Human Relations: Creating from any Group a Harmony of Differences

This Forest Academy explores one of the deepest aspirations of all civilized societies: to be a togetherness of differences. Special attention is given in the course to the school as a microcosm of the larger society, and to American society as a reflection of all modern societies. Students learn various team-building and tolerance-developing strategies that use the differences in any group and strengthen its harmony. They also study the application of Maharishi's technologies for the development of individual and group consciousness to the development of group coherence. (2 credits) Prerequisite for undergraduates: FOR 103

FOR 423: Leadership for Community Building: Progressing Together to Enjoy Fulfillment Together

This course will focus on providing students with tools and techniques to be effective leaders and exceptional group participants. There will be a deep emphasis on improving communication skills and developing greater self-awareness. Students will learn about individual tendencies, team dynamics, mediation and facilitation. They will also learn how to recognize subtle body language in communication and how to recognize and address the needs and concerns of diverse individuals they are working with. Together we will explore what it means to be a leader within our communities, and specifically, in the Maharishi University of Management community. The class will be interactive and provide students with time to experience the lessons through various planned activities. All students interested in being part of the Peer Mentorship must take this course. (2 credits)

FOR 424 Professional Success: Skills in Action

The goal of this course is to familiarize students with soft skills, intra-personal and interpersonal, which determine a person's ability to excel or at least fit in a particular

social structure, such as a project team or a company. These skills include competencies in areas such as communication, personal habits, time-management, personal relations, etiquette, self-motivation, self-discipline, persuasion, etc. Furthermore, students will understand cultural orientation of the U.S. i.e., how people in the U.S. speak, act, negotiate and make decisions. Furthermore, students will learn how these skills arise from their common source in the eternal Laws of Nature as explained by the Science of Creative Intelligence.

FOR 426 Maharishi Vedic Observatory: Connecting Human Consciousness and the Cosmos

The Maharishi Vedic Observatory is unique in the world for its ability to display in one compact form the whole structure of the universe along with all the movements of the sun, the planets, and the stars. It is the only example in existence today of this timeless knowledge that was once in every culture around the globe. Students will explore the profound knowledge in this Vedic observatory, learn how to use the instruments, and gain a glimpse of other ancient structures that sought to unite heaven and earth, such as Stonehenge, Maachupichu and others in Mexico, China, Egypt, India, and Southeast Asia. Ancient Vedic literature, as illuminated by Maharishi, reveals that a Vedic Observatory connects the structure of the universe and the structure of our own awareness. Students will enjoy an experience of the correspondence of the individual's inner intelligence to the orderly intelligence of the universe as displayed in the planets and stars, which helps restore health to the mind and body.

FOR 428 Creating Peace: Enlivening the Orderliness and Peace of the Unified Field to Create Permanent World Peace

Through tapes, guest lectures, readings, and discussions, the class will explore the deepest questions about creating sustainable world peace. The course reflects on how Maharishi's Vedic knowledge and technologies for developing individual and societal coherence and harmony support and accelerate our own evolution and the initiatives of others desiring to create peace in the world today. (2 credits) Prerequisite for undergraduates: FOR 103

FOR 429 Maharishi's Principles of Success: Developing Purity of Consciousness and Aligning Behavior with Natural Law as the Foundation of Success in Every Area of Life

Success in life is based on profound knowledge that guides action to produce the desired achievement to bring fulfillment. This course explores key themes of knowledge that highlight the contributions of Maharishi Vedic Science and Technology to individual and professional success and fulfillment in life. (2 credits) Prerequisite for undergraduates: FOR 103

FOR 430 Topics in Maharishi Vedic Science

This course presents the knowledge in Maharishi Vedic Science, as formulated by its Founder, Maharishi Mahesh Yogi, and as applied to all streams of knowledge by the University faculty. (2 credits — may be repeated) *Prerequisite:* consent of the Department faculty; Prerequisite for undergraduates: FOR 103

FOR 432 The Philosophy of Action: Transcending the Field of Activity as the Basis for Right Action and Fulfillment in Life

This course investigates the explanation in Maharishi Vedic Science of the role of action in the development of higher states of consciousness and how action performed from the level of pure consciousness spontaneously gains the support of all the Laws of Nature for maximum success. (2 credits) Prerequisite for undergraduates: FOR 103

FOR 433 Consciousness and Physiology: Understanding Human Physiology as an Expression of the Same Laws of Nature That Structure Your Consciousness

This course reviews how consciousness gives rise to different constituents of the physiology, and examines the foundational principles of Maharishi Vedic Science that give rise to the Maharishi Vedic Approach to Health and the discovery of the Veda and Vedic Literature in human physiology. (2 credits) Prerequisite for undergraduates: FOR 103

FOR 434 The Creative Process: Tracing Human Creativity to the Infinite Creativity of Natural Law — Developing the Unbounded Source of Your Own Creativity

From the standpoint of the Maharishi Science of Creative IntelligenceSM program, creativity expresses the fundamental characteristic of Nature itself — to expand through the process of evolution and find full expression. In this course, students explore the full range of creativity, from the creative dynamics within the pure, self-referral level of consciousness, through self-expression in the arts and other fields, and culminating in Self-expression in unity consciousness. This rich and stimulating course, developed by faculty in the Departments of Fine Arts and Literature, includes beautiful tapes of Maharishi speaking on the creative process and a wide range of other creative activities. (2 credits) Prerequisite for undergraduates: FOR 103

FOR 435 The Vedic Literature: Experiencing the Laws of Nature That Create Both You and the Universe

This course reviews the mechanics, detailed in Maharishi Vedic ScienceSM, by which pure knowledge unfolds from the self-interacting dynamics of consciousness in the impulses of Natural Law reflected in the structure of the Vedic Literature: the Samhita, Brahmana, Vedanga, Upanga, Itihasa, Purana, Smriti, and Upaveda. (2 credits) Prerequisite for undergraduates: FOR 103

FOR 436 Collective Consciousness and World Peace: How Maharishi Technologies of Consciousness Can Create Peace for the World Family

This course explores the principles and dynamics of collective consciousness and introduces the evidence verifying beneficial changes in individual and social life produced by the group practice of the Transcendental Meditation and TM-Sidhi programs. (2 credits) Prerequisite for undergraduates: FOR 103

FOR 437 Becoming a Leader: Strengthening Your Relationship with Your Self to Rise to True Leadership

Delving into Maharishi's knowledge of leadership, students hear leaders interpret their leadership experiences, and leadership consultants speak on the success of Consciousness-Based leadership. Students examine their own experiences of leadership and discover the principles of consciousness at work in those experiences. They also consider how to apply this knowledge of leadership in their future career. (2 credits) Prerequisite for undergraduates: FOR 103

FOR 438 Ideal Relationships: Improving Your Relationships by Exploring the Principles of Natural Law That Operate in All Relationships

We live our lives in relationships, beginning with our mother, father, and family, expanding to our friends, spouse, and children, our business associates, our fellow citizens, and on to all the people of the world. Handling these relationships with wisdom, appropriateness, and love is central to our good fortune. The Science of Creative Intelligence and Maharishi Vedic Science provide insights into how all relationships have their source in the self-referral dynamics of consciousness, our own Self — and guidelines for ensuring that our relationships are in accord with the natural evolution of life in accord with Natural Law. The course features tapes of Maharishi, guest presentations, group projects, and practical knowledge of etiquette. (2 credits) Prerequisite for undergraduates: FOR 103

FOR 439 The Bhagavad-Gita: Appreciating the Textbook of the Age of Enlightenment

In this course students experience the practical and universal nature of knowledge expressed in the Bhagavad-Gita, the central work of the Vedic Literature. During the course, students:

- read all 18 chapters aloud,
- hear Vedic Pandits recite the Bhagavad-Gita in Sanskrit,
- begin learning the Bhagavad-Gita in Sanskrit, and
- read all the verses of the first six chapters and highlights from Maharishi's commentary.

Students choose a special theme and trace it through the text, and express understanding of the Bhagavad-Gita through art, music, literature, drama, and games. (2 credits)

Prerequisite for undergraduates: FOR 103

FOR 440 Introduction to Sanskrit: Learning the Language of Nature

Maharishi has said that learning Sanskrit is absolutely essential for our evolution. Reading the Vedic Literature in Sanskrit, he explains, produces a distinct physiological effect, making brain functioning more orderly. Besides watching and discussing tapes of Maharishi on Sanskrit, students learn to pronounce the Sanskrit alphabet, learn to write and recognize letters in the Devanagari script, recite from the Bhagavad-Gita in Sanskrit, and learn Sanskrit quotations that Maharishi has emphasized over the years. (2 credits)

Prerequisite for undergraduates: FOR 103

FOR 441 Yogic Flying: From Heightened EEG Coherence to Heaven on Earth

Maharishi has brought to light powerful technologies for developing the unbounded potential of human consciousness and creating an ideal society. By far the most powerful of these is Yogic Flying, which induces maximum coherence in brain functioning, creates an upsurge in coherence throughout the collective consciousness of society, and brings life into harmony with Natural Law. In this course, students focus on the mechanics of Yogic Flying — how it works and how it produces such remarkable effects. In particular, students prepare to give Yogic Flying demonstrations. They prepare short presentations as a group, and in the second week of the course go to another school, college, or university and give a Yogic Flying demonstration. (2 credits — may be repeated)

Prerequisite for undergraduates: FOR 103

FOR 442 Maharishi Self-Pulse Assessment: The Touch of Three Fingers on the Pulse — Finding and Correcting Imbalance and Creating Health

Maharishi has encouraged every individual to learn the Maharishi Self-PulseSM program as a technology for structuring more ideal health for themselves and their entire family. This course is the most comprehensive course offered to date. During the course the following topics are discussed:

- How the intelligence within the physiology is reflected in the pulse
- Feeling the influence of cosmic cycles in the pulse
- Feeling imbalances in the pulse
- The stages of imbalance
- Causes and effects of imbalance
- How the body's inner intelligence protects against imbalance
- Restoring and maintaining balance through proper diet and through daily and seasonal routine. (2 credits) Prerequisite for undergraduates: FOR 103

FOR 445 Maharishi *Consciousness-Based* Health Care: Creating Perfect Health by Understanding the Human Physiology as the Expression of Veda and Vedic Literature

This course presents the wholeness of the Maharishi Vedic Approach to Health, which is rooted in the historic discovery of the Veda and Vedic Literature in human physiology, brought to light by Professor Tony Nader, M.D., Ph.D., under the guidance of Maharishi. Students learn:

- how the intelligence of Nature, as expressed in the Veda and Vedic Literature, forms the basis of the structure and function of the physiology, and
- how human physiology forms a perfect replica of Nature's intelligence, the Constitution of the Universe.

This knowledge, together with the technologies that arise from it, represents the complete knowledge of perfect health — and the key to perfection in every area of life. (2 credits)

Prerequisite for undergraduates: FOR 103

FOR 446 Nobel Laureates

In this course, students hear presentations from a range of faculty on the latest and most exciting discoveries in each of their fields — discoveries that either have won a Nobel Prize or are worthy of one. Students learn more about the discovery process by exploring, with leading University faculty, the cutting edge of knowledge and the people behind it in a variety of disciplines ranging from physics to the visual arts. Students' own self-referral creative process will be enlivened through multimedia presentations, lively discussions, readings, and creative exercises. (2 credits) Prerequisite for undergraduates: FOR 103

FOR 447 Raja Raam Award — Preparatory Course: Discovering the Structure and Function of Veda and Vedic Literature in Your Major Field of Study

The University faculty have established a special award, the Raja Raam Award, which will go to the graduating senior who: 1) has most profoundly integrated the 40 qualities of the Veda and Vedic Literature with his or her discipline, and 2) submits an undergraduate portfolio of the highest quality. During this course, seniors prepare their portfolios to be submitted for this award. They begin this process with a review of Professor Nader's work on the 40 aspects of the Vedic Literature and their correspondence in the human physiology. Based on this review, students write a summary of how these aspects can be connected to their academic discipline. (2 credits)

Prerequisite: consent of instructor

FOR 448 Enlightened Entertainment: How Entertainment Can Serve as a Powerful Means of Developing Consciousness

In this course students explore the nature and purpose of entertainment and its relationship to Maharishi Vedic Science. Students take lessons in Maharishi Gandharva

Veda music and study Maharishi's principles of ideal entertainment. As part of the course, workshops are presented by guest entertainers during which students create their own enlightened entertainment. (2 credits) Prerequisite for undergraduates: FOR 103

FOR 450 Maharishi's Recent Writings: Studying the Words of an Enlightened Teacher to Promote Your Own Enlightenment

This course gives students the opportunity to deeply study recent writings from Maharishi under the guidance of University faculty, and to research key themes from these writings in related videotapes and lectures. Possible texts include: *Celebrating Perfection in Education*, *Maharishi's Absolute Theory of Defense*, or *Maharishi Vedic University: Introduction*. (2 credits — may be repeated) Prerequisite for undergraduates: FOR 103

FOR 452 Maharishi Gandharva Veda Music: Expressing the Eternal Harmonies of Nature

Maharishi Gandharva Veda music is the ancient knowledge of the music of Nature that creates balance and harmony in the musician, the audience, and the whole environment. This introductory course enlightens students in the theory of this knowledge, and includes instruction in sitar, tabla, bamboo flute, or voice. (2 credits) Prerequisite for undergraduates: FOR 103

FOR 454 Yoga Sutra: Textbook for the Science and Technologies of Consciousness

In this Forest Academy, students will read the Yoga Sutra in Sanskrit and in English, and will learn Vedic expressions from the Yoga Sutra emphasized by Maharishi. Students will view tapes by Maharishi on Yoga and the Yoga Sutra. Students will have the opportunity to round for the entire two weeks. (2 credits) (may be repeated for credit) Prerequisite for undergraduates: FOR 103

FOR 456 Prevention

This course offers a holistic, prevention-oriented approach to good health that integrates principles from the 40 areas of Veda and Vedic Literature to restore and maintain balanced health in mind, body, behavior, and environment. This course includes specific knowledge of daily and seasonal routines, diet, other health-promoting behavior, and the development of higher states of consciousness, all of which bring life into harmony with Natural Law. (variable credits) Prerequisite for undergraduates: FOR 103

FOR 457 Diet and Digestion

This course provides profound principles and practical knowledge of how to promote good health through proper diet, digestion, and nutrition. Topics of this course include factors to consider in dietetics; the physiology of digestion and metabolism; balance and imbalance of digestion and metabolism, and their correction; the influence of mind, senses, emotions, and behavior on digestion; and the relationship of diet and digestion to

the development of higher states of consciousness. (variable credits) Prerequisite for undergraduates: FOR 103

FOR 459 Health-Related Fitness: Physical Activity to Promote Longevity and Fitness for Life

This course presents the latest knowledge from Western science and the Maharishi Consciousness-Based Health Care program concerning the optimum daily routine for establishing the foundation for lifelong excellent health and growing enlightenment. The major focus will be on the details of the ideal routine of sleep, diet, exercise, meaningful activity, recreation and the importance of the regular experience of pure consciousness for optimum health and evolution. This course will combine both lectures and physical activity labs. (2 credits)

FOR 460 Ideal Daily Routine: Aligning Our Actions with the Cycles of Nature's Intelligence to Promote Growth to Higher States of Consciousness

This course presents the knowledge from the Maharishi Vedic Approach to Health concerning the optimum daily routine for establishing the foundation for lifelong excellent health and growing enlightenment. Topics include the effects of sleep and the results of sleep deficit, details of the ideal routine of diet and exercise, and the importance of the regular experience of pure consciousness for optimum health and evolution. Prerequisite for undergraduates: FOR 103

FOR 462 Maharishi Yoga Asanas

The goal of this course is to enhance physiological balance and mind-body coordination through simple *Maharishi Yoga Asanas* program postures and breathing exercises. This course gives a comprehensive understanding of the nature and attainment of Yoga, which is the unification of individual and cosmic life. (variable credits) Prerequisite for undergraduates: FOR 103

FOR 463: Ramayana

In this course students will study the Ramayana, one of the great epics of the Vedic Literature. Students will read the Ramayana in Sanskrit and English, and will see videos of the Ramayana created by Ramanand Sagar. Students will see videotapes by Maharishi on topics related to the Ramayana, and will participate in presentations on the Ramayana. (2 credits) *Prerequisite:* instruction in the TM-Sidhi program, and for undergraduates FOR 103

FOR 464 The Upangas and the Development of Consciousness: The Growth of Higher States of Consciousness as Described in the Vedic Literature

This course explores the Upangas, the six branches of the Vedic Literature that give the vision of enlightenment and the technologies for the full development of consciousness.

In this course the students will read selections from the Upangas in Sanskrit and English; memorize Vedic expressions emphasized by Maharishi from two of the six branches of Upangas, Yoga Sutras, and Brahma Sutras; study lectures by Maharishi on the Upangas; and explore the correlations between the Upangas and human physiology discovered by Professor Tony Nader, M.D., Ph.D. (2 credits) Prerequisite for undergraduates: FOR 103

FOR 465 Maharishi's Absolute Theory of Government: Governing Human Life by the Same Cosmic Principles That Nature Uses to Govern the Ever-Expanding Galactic Universe Without a Problem

This course reviews the fundamental principles of government brought to light in Maharishi's videotaped lectures and writings. A principal focus of the course will be a close reading of Maharishi's book, *Maharishi's Absolute Theory of Government: Automation in Administration*. A major theme is that every government worthy of the name must have the ability to prevent problems; it emphasizes that this goal is achievable for any government by aligning the constitution of the nation with the Constitution of the Universe, Cosmic Intelligence. Cosmic Intelligence, Maharishi explains, is that absolute intelligence of Natural Law at the source of all the Laws of Nature that governs the entire universe with absolute order and precision. Students also examine Maharishi's analysis of how the nature and functioning of government reflect the quality of the collective consciousness of the nation, and how governmental performance can be improved by creating coherence in national consciousness through the Maharishi Technology of ConsciousnessSM. (2 credits) Prerequisite for undergraduates: FOR 103

FOR 466 Presenting *Consciousness-Based* Education: Expressing the Principles of Education for Enlightenment

Students are given the opportunity to discuss, write, and speak publicly about the system of education in which they are learning — Consciousness-Based education. *Topics include* —historical precursors in the writings of great educators, scientific research, issues of educational reform, and approaches that Maharishi has used to describe it. At the conclusion of the course, students apply their public speaking skills in planning and giving a public lecture on Consciousness-Based education at a local college or high school. (2 credits) Prerequisite for undergraduates: FOR 103

FOR 467 Upanishads

In this course students study the Upanishads, one of the most important aspects of the Vedic Literature. Students read the Upanishads in Sanskrit and English, see videotapes by Maharishi on the Upanishads, and learn Vedic expressions from the Upanishads. (2 credits) Prerequisite for undergraduates: FOR 103

FOR 469 Maharishi on God and Religion

This two-week course will focus on Maharishi's knowledge on the nature of God, religion, prayer, ritual, scripture, spiritual development, devotion and service, the relationship between science and religion, right and wrong, the kingdom of God on Earth, and the state of God-realization. The course includes extended group practice of Maharishi Transcendental Meditation and TM-Sidhi programs, including Yogic Flying. Prerequisite for undergraduates: FOR 103

FOR 470 Sustainability and Maharishi Vedic Science

Prerequisite for undergraduates: FOR 103
[needs course description]

FOR 472 Vedanta and Quantum Physics

In this forest academy, students will study in detail the parallels between Shankara's Vedanta and quantum physics. Students will read in Sanskrit and in English from the three sources of Vedanta — the Brahma Sutra, Upanishads, and Bhagavad-Gita. In addition, students will view tapes by Maharishi on Vedanta and read selections from his writings on Vedanta. Students will compare the main principles of Vedanta to the principles of quantum physics. Prerequisite for undergraduates: FOR 103

FOR 473 Parliaments of World Peace

In this forest academy, students will view lectures made by Maharishi in March and April of 2006. This historic set of talks, called the Parliaments of World Peace, offers an opportunity to grasp Maharishi's understanding of many areas of society: agriculture, architecture, health, education, government, management, art, religion, and defense. Prerequisite for undergraduates: FOR 103

FOR 490 World Peace Assembly: Creating World Peace from the Least Excited State of Your Own Consciousness

In this Forest Academy, students participate in a World Peace Assembly that allows them to refine their own consciousness while creating coherence in national consciousness through the Maharishi Technology of Consciousness. (0.5 credits — may be repeated) Prerequisite for undergraduates: FOR 103

FOR 500 The Science of Creative Intelligence: Understanding and Experience of the Source, Course, and Goal of Creative Intelligence in Your Own Pure Consciousness as the Basis of All Knowledge and Success in Life

This is the foundation of our Consciousness-Based education program. The Science of Creative Intelligence has two aspects: (1) the systematic study of the field of pure intelligence, the Unified Field of Natural Law, and the principles by which it governs the

coexistence and evolution of all systems in Nature, and (2) the direct experience of this field through the Transcendental Meditation and TM-Sidhi programs. The Science of Creative Intelligence links the deepest understanding about Nature found in modern science with the understanding expressed in Maharishi Vedic Science. The Science of Creative Intelligence, founded by Maharishi, is a new discipline that provides systematic knowledge and experience of pure creative intelligence. The Science of Creative Intelligence not only validates the truth of knowledge on the basis of personal experience, but also finds validation in modern empirical research. With their daily enlivenment of consciousness through group practice of the technologies of Maharishi Vedic Science, students grow in the fruit of all knowledge: the ability to know anything, do everything right, and thereby accomplish anything. Therefore, Maharishi Science of Creative Intelligence is the foundation for a universal and complete understanding of the full range of human potential.

Maharishi summarizes the vision opened by his Science of Creative Intelligence as follows: “The Science of Creative Intelligence opens human awareness to the Unified Field of Natural Law. The Unified Field is the common basis of all activity in the universe. The application of this knowledge is in all fields of life, and research properly guided in the field of the Science of Creative Intelligence will revolutionize all fields of life and living in the world. It will bring life in accordance with Natural Law. That means life spontaneously in the evolutionary direction that is the basis of all success and progress in any country. The Science of Creative Intelligence introduced in education has a future for creating Heaven on Earth — life in the fullness of bliss and daily living without stress and suffering.”

This videotaped 33-lesson course includes discussion of the nature and range of creative intelligence, the qualities it displays, its principles, its expression in the life of the individual, and its application in the life of society to uplift human civilization to its highest level. (4 credits) *This course is a prerequisite for all other courses taken at the University.*

FOR 510 Maharishi’s Absolute Theory of Management, Wholeness on the Move

This course explores various topics in Maharishi’s Absolute Theory of Management. Students learn that every manager can harness the organizing power of Nature and spontaneously act in accord with Natural Law through the practice of the Transcendental Meditation and TM Sidhi programs. Nature always takes the path of least resistance; managers can learn to do less and accomplish more as they develop their consciousness and become more in tune with the managing power of Nature. (1–4 credits) This course may be repeated with different topics.

FOR 598 Faculty Development Seminar for Graduate Students: Mastering the Techniques of *Consciousness-Based* Education to Deliver Education for Enlightenment

This course prepares doctoral candidates to be competent college teachers and writers in their professions. Topics include lecturing skills, making instructional charts, designing learning activities, writing for general and professional readers, and evaluating one's own and others' teaching and writing. During the course students design and teach lessons, analyze examples of writing, write a short research paper or article, and understand their field of study in the context of interdisciplinary studies through their teaching and writing. (2 credits) *Prerequisite:* consent of instructor

FOR 700 Vedic Science Research: Using Maharishi Vedic Science to Illustrate Fundamental Principles in Dissertations

This course provides an opportunity for Ph.D. students to investigate the relation of Maharishi Vedic Science to their dissertations. What students produce in the course forms the seeds for sections in their final dissertations. During this course, students create a Unified Field Chart and a Richo Akshare line for their dissertation, refine their ability to write about Maharishi Vedic Science, and enjoy a lively interchange with fellow Ph.D. students from all departments in the University. (2 credits, may be repeated)

Prerequisite: Students must be in a doctoral program and have completed their Qualifying Exam.

Development of Consciousness (DC) Courses

Maharishi University of Management offers *Consciousness-Based education*. This approach has its foundation in the *development of consciousness*. The core technology of this approach is the twice-daily practice of the Transcendental Meditation technique, founded by Maharishi Mahesh Yogi. This simple, natural, effortless procedure produces benefits in every area of life — research shows increased integration of brain functioning, increased intelligence and creativity, improved learning ability, improved health, balanced personality growth, improved relationships, increased quality of life and peace in society, and many others.

Because of all these benefits and their significance for the expansion of consciousness, learning and practicing the Transcendental Meditation technique is a required part of the curriculum and daily life here. Academic credit is given for participation in the activities that support the regular and correct practice of the Transcendental Meditation and TM-Sidhi programs. This credit goes towards fulfilling their graduation requirements. For the personal benefit of all students, faculty, and staff there are specific policies that support the correct practice of the Transcendental Meditation and TM-Sidhi programs. Each element of these technologies for the development of consciousness has been

carefully structured to produce maximum benefit. In order to ensure for everyone the integrity and effectiveness of the teaching and practice of the technologies of Maharishi Vedic Science, these technologies are practiced according to the instruction of qualified teachers, recognized by Maharishi University of Management, and they are practiced exclusive of other programs and procedures.

All students as part of their required Development of Consciousness courses practice the Transcendental Meditation technique. Many students also learn the advanced TM-Sidhi program, including Yogic Flying, and practice this as part of their Development of Consciousness course. Students are automatically enrolled in DC courses for every semester they are at the University. Academic credit is given for these courses. Students receive credit for successful completion of these courses in each academic semester and are required to receive a passing grade for each semester they are enrolled.

Students practicing the Transcendental Meditation technique participate in DC 320 for undergraduates or DC 520 for graduate students. Those who have also learned the TM-Sidhi program (Sidhas) take DC 332 for undergraduates or DC 535 for graduate students.

- Development of Consciousness (DC) course grades are based on each student's participation in the course over an entire semester.
- Some of the components of the DC grade are participation in the following:
 - Group TM program
 - Individual TM checking
 - TM Experience meetings for Meditators
 - Advanced Knowledge Meetings for Sidhas
 - Residence Course for Meditators
 - World Peace Assemblies for Sidhas

For graduation with a degree or certificate from Maharishi University of Management, students are required to pass each semester's Development of Consciousness course with a grade of "P" or "H". Undergraduate students are automatically enrolled in DC 320 or DC 332 for each semester they are enrolled at the University. Graduate students are automatically enrolled in DC520 or DC 535 for each block they are enrolled.

- Special exceptions to DC policies are considered case by case by the DC Directors. This includes graduate students needing to do research at other universities, childcare situations, illness, etc.

DC 320 The Transcendental Meditation Program: Growth of Consciousness and Development in All Areas of Life

All undergraduate students who practice the Transcendental Meditation technique but have not completed the TM-Sidhi course are automatically enrolled in this course every semester they are enrolled at the University. (1 to 5 credits per semester)

DC 329 *Transcendental Meditation-Sidhi* Course: Learning to Harness Total Natural Law to Work for You and Fulfill Your Desires, Part I

Full-time students are eligible to apply for the TM-Sidhi course as an elective. (There is an additional fee for this course. Consult the Student Accounts Office for current fee schedules.) (2 credits for each part) *Prerequisites:* satisfactory academic and personal performance while at the University, a record of good mental and physical health, completion of the TM-Sidhi course application, and acceptance by the TM-Sidhi program directors

DC 330 *Transcendental Meditation-Sidhi* Course: Learning to Harness Total Natural Law to Work for You and Fulfill Your Desires, Part II

Full-time students are eligible to apply for the TM-Sidhi course as an elective. (There is an additional fee for this course. Consult the Student Accounts Office for current fee schedules.) (2 credits for each part) *Prerequisites:* satisfactory academic and personal performance while at the University, a record of good mental and physical health, completion of the TM-Sidhi course application, acceptance by the TM-Sidhi program directors, and completion of DC 329

DC 332 *The Transcendental Meditation and TM-Sidhi Programs, Including Yogic Flying: Applying the Organizing Power of Nature for Success in Daily Life*

All undergraduate students who have completed the Transcendental Meditation-Sidhi course are automatically enrolled in this course every block they are enrolled at the University. Attendance is required. (4– 6 credits per semester)

DC 520 The Transcendental Meditation Program: Growth of Consciousness and Development in All Areas of Life

All graduate students who practice the Transcendental Meditation technique but have not completed the TM-Sidhi course are automatically enrolled in this course every semester they are enrolled at the University. (1 to 5 credits per semester)

DC 529 *Transcendental Meditation-Sidhi* Course: Learning to Harness Total Natural Law to Work for You and Fulfill Your Desires, Part I

Full-time students are eligible to apply for the TM-Sidhi course as an elective. (There is an additional fee for this course. Consult the Student Accounts Office for current fee

schedules.) (2 credits for each part) *Prerequisites:* satisfactory academic and personal performance while at the University, a record of good mental and physical health, completion of the TM-Sidhi course application, and acceptance by the TM-Sidhi program directors

DC 530 *Transcendental Meditation-Sidhi* Course: Learning to Harness Total Natural Law to Work for You and Fulfill Your Desires, Part II

Full-time students are eligible to apply for the TM-Sidhi course as an elective. (There is an additional fee for this course. Consult the Student Accounts Office for current fee schedules.) (2 credits for each part) *Prerequisites:* satisfactory academic and personal performance while at the University, a record of good mental and physical health, completion of the TM-Sidhi course application, acceptance by the TM-Sidhi program directors, and completion of DC 529

DC 535 The Transcendental Meditation and TM-Sidhi programs, Including Yogic Flying: Applying the Organizing Power of Nature for Success in Daily Life

All graduate students who have completed the Transcendental Meditation-Sidhi course are automatically enrolled in this course every semester they are enrolled at the University. (4 to 8 credits per semester)

Special Maharishi Vedic Science Studies Courses

NOTE: Some of the following courses are taught under the auspices of the Maharishi Vedic Education Development Corporation (MVED).

MVS 331 *Transcendental Meditation-Sidhi* Course: Learning to Harness Total Natural Law to Work for You and Fulfill Your Desires, Part I

The TM-Sidhi program is a natural extension of the Transcendental Meditation program and may be learned after two months of regular practice of the Transcendental Meditation technique. The Transcendental Meditation technique opens the awareness to Transcendental Consciousness, which is the basis of everyone's awareness. The TM-Sidhi program cultures the ability to think and act from this level. This course includes instruction in the TM-Sidhi program and group knowledge and experience meetings. (2 credits for each part) *Prerequisites:* a record of good mental and physical health, completion of the TM-Sidhi course application, and acceptance by the TM-Sidhi program directors

MVS 332 *Transcendental Meditation-Sidhi* Course: Learning to Harness Total Natural Law to Work for You and Fulfill Your Desires, Part II

The TM-Sidhi program is a natural extension of the Transcendental Meditation program and may be learned after two months of regular practice of the Transcendental Meditation

technique. The Transcendental Meditation technique opens the awareness to Transcendental Consciousness, which is the basis of everyone's awareness. The TM-Sidhi program cultures the ability to think and act from this level. This course includes instruction in the TM-Sidhi techniques and group knowledge and experience meetings. (2 credits for each part) *Prerequisites:* a record of good mental and physical health, completion of the TM-Sidhi course application, acceptance by the TM-Sidhi program directors, and completion of MVS 331

MVS 480 Topics in Maharishi Vedic Science

This course presents knowledge of Maharishi Vedic Science, formulated by Maharishi and applied to all streams of knowledge by the University faculty and guest lecturers. The principles of this integrated structure of knowledge are shown to have application for every area of society, as documented by the scientific research on the Transcendental Meditation and TM-Sidhi programs. (variable credits, may be repeated)

MVS 490 *Transcendental Meditation* Program Teacher Training

This course comprises the Transcendental Meditation Program Teacher Training Course, providing the knowledge and experience of consciousness as the basis of life and preparing one to present the knowledge to others. It also gives an opportunity for personal development through deeper personal experience of the Unified Field of Natural Law and understanding of the Science of Creative Intelligence. Participation in the course does not automatically qualify a student to graduate as a teacher of the Transcendental Meditation program. Further training and fieldwork may be needed before graduation as a teacher. (variable credits) *Prerequisites:* FOR 100 or FOR 500 and other prerequisites as established by MVED

MVS 491 *Transcendental Meditation* Program Teacher Training — Part 2

This course completes the *Transcendental Meditation* Program Teacher Training Course. It also provides an opportunity for personal development through deeper personal experience of the Unified Field of Natural Law and understanding of the Science of Creative Intelligence. Participation in the course does not automatically qualify a student to graduate as a teacher of the Transcendental Meditation program. Further training and fieldwork may be needed before graduation as a teacher. (variable credits) *Prerequisites:* MVS 490 and other prerequisites as established by MVED. Students are encouraged to finish their degree requirements before taking this course, and must have a minimum of at least one year of progress in a degree at MUM. The course must be appropriate to the degree the student is seeking.

MVS 492 *Transcendental Meditation Program Teacher Training Program Fieldwork Internship*

This course allows students to learn and perfect the ability to expound the knowledge for developing consciousness as the Unified Field of Natural Law in the individual and in society. (2–8 credits) *Prerequisites:* MVS 490, prior consent of the Department faculty, approved study plan, and consent of the Academic Standards Committee

MVS 493 *Transcendental Meditation Program Teacher Training Program Teaching Internship*

In this course, students who have qualified as teachers of the Transcendental Meditation technique and the Science of Creative Intelligence program work full time for at least one year teaching these programs. Two credits are given for each month students are engaged in this internship. (24 credits) *Prerequisite:* MVS 491

MVS 495 *Transcendental Meditation Program Governor Training*

This course is a rigorous and systematic investigation into the nature of human consciousness, both in its pure form, as the Unified Field of Natural Law, and in its expressed values as the specific Laws of Nature structuring the activity of the mind, body, and environment. This investigation makes use of (1) a laboratory component of direct personal experience of the Unified Field of Natural Law, (2) a theoretical analysis of laboratory experience, and (3) a historical analysis of that experience by comparing the nature and development of consciousness with ancient records. (up to 24 credits, may be repeated) *Prerequisites:* MVS 491 and other prerequisites as established by MVED

MVS 497 *Transcendental Meditation Program Research Internship*

This course provides the opportunity for extended Development of Consciousness as a field of all possibilities as well as practical application of Maharishi Vedic Science. Four credits are given for each month students are engaged in this internship. (4–24 credits) *Prerequisite:* acceptance by MVED

MVS 498 *Transcendental Meditation Program Minister Training*

This course offers an advanced level of experience and understanding of the science and technology of consciousness. It emphasizes the study and experience of the group dynamics of consciousness. Students are trained in how to fulfill their own desires in a natural way while at the same time spontaneously fulfilling the interests of the whole society. (up to 24 credits) *Prerequisites:* MVS 495 and other prerequisites established by MVED

MVS 531 *Transcendental Meditation-Sidhi* Course: Learning to Harness Total Natural Law to Work for You and Fulfill Your Desires, Part I

The TM-Sidhi program is a natural extension of the Transcendental Meditation program and may be learned after two months of regular practice of the Transcendental Meditation technique. The Transcendental Meditation technique opens the awareness to Transcendental Consciousness, which is the basis of everyone's awareness. The TM-Sidhi program cultures the ability to think and act from this level. This course includes instruction in the TM-Sidhi program and group knowledge and experience meetings. (2 credits for each part) *Prerequisites:* a record of good mental and physical health, completion of the TM-Sidhi course application, and acceptance by the TM-Sidhi program directors

MVS 532 *Transcendental Meditation-Sidhi* Course: Learning to Harness Total Natural Law to Work for You and Fulfill Your Desires, Part II

The TM-Sidhi program is a natural extension of the Transcendental Meditation program and may be learned after two months of regular practice of the Transcendental Meditation technique. The Transcendental Meditation technique opens the awareness to Transcendental Consciousness, which is the basis of everyone's awareness. The TM-Sidhi program cultures the ability to think and act from this level. This course includes instruction in the TM-Sidhi program and group knowledge and experience meetings. (2 credits for each part) *Prerequisites:* a record of good mental and physical health, completion of the TM-Sidhi course application, acceptance by the TM-Sidhi program directors, and completion of MVS 531