# AN ALGORITHM FOR SUMS OF SQUARES OF REAL POLYNOMIALS 

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## Introduction

We present an algorithm to determine if a real polynomial is a sum of squares (of polynomials), and to find an explicit representation if it is a sum of squares. This algorithm uses the fact that a sum of squares representation of a real polynomial corresponds to a real, symmetric, positive semi-definite matrix whose entries satisfy certain linear equations.

## Sums of squares and Gram matrices

We fix $n$ and use the following notation in $R:=\mathbb{R}\left[x_{1}, \ldots, x_{n}\right]$ : For $\alpha=$ $\left(\alpha_{1}, \ldots, \alpha_{n}\right) \in \mathbb{N}_{0}^{n}$, let $x^{\alpha}$ denote $x_{1}^{\alpha_{1}} \cdot \ldots \cdot x_{n}^{\alpha_{n}}$. For $m \in \mathbb{N}_{0}$, set $\Lambda_{m}:=$ $\left\{\left(\alpha_{1}, \ldots, \alpha_{n}\right) \in \mathbb{N}_{0}^{n} \mid \alpha_{1}+\cdots+\alpha_{n} \leq m\right\}$. Then $f \in R$ of degree $m$ can be written $f=\sum_{\alpha \in \Lambda_{m}} a_{\alpha} x^{\alpha}$. We say $f$ is sos if $f$ is a sum of squares of elements in $R$.

Suppose $f$ is sos, say $f$ is a sum of $t$ squares in $R$, then $f$ must have even degree, say $2 m$. Thus $f=\sum_{i=1}^{t} h_{i}^{2}$, where each $h_{i}$ has degree $\leq m$. Suppose $\left|\Lambda_{m}\right|=k$, then we order the elements of $\Lambda_{m}$ in some way: $\Lambda_{m}=\left\{\beta_{1}, \ldots, \beta_{k}\right\}$. Set $\bar{x}:=\left(x^{\beta_{1}}, \ldots, x^{\beta_{k}}\right)$ and let $A$ be the $k \times t$ matrix with $i$ th column the coefficients of $h_{i}$. Then the equation $f=\sum h_{i}^{2}$ can be written

$$
f=\bar{x} \cdot\left(A A^{T}\right) \cdot \bar{x}^{T}
$$

The symmetric $k \times k$ matrix $B:=A A^{T}$ is sometimes called a Gram matrix of $f$ (associated to the $h_{i}$ 's). Note that $B$ is psd ( $=$ "positive semi-definite"), i.e., $\bar{y} \cdot B \cdot \bar{y}^{T} \geq 0$ for all $\bar{y}=\left(y_{1}, \ldots, y_{k}\right) \in \mathbb{R}^{k}$.

The following theorem, in a different form, can be found in [CLR]. However we include the theorem and its proof for the convenience of the reader.

Theorem 1. Suppose $f \in R$ is of degree $2 m$ and $\bar{x}$ is as above. Then $f$ is a sum of squares in $R$ iff there exists a real, symmetric, psd matrix $B$ such that

$$
f=\bar{x} \cdot B \cdot \bar{x}^{T}
$$

Given such a matrix $B$ of rank $t$, then we can can construct polynomials $h_{1}, \ldots, h_{t}$ such that $f=\sum h_{i}^{2}$ and $B$ is a Gram matrix of $f$ associated to the $h_{i}$ 's.
Proof. If $f=\sum h_{i}^{2}$ is sos, then as above we take $B=A \cdot A^{T}$, where $A$ is the matrix whose columns are the coefficients of the $h_{i}$ 's.

Suppose there exists a real, symmetric, psd matrix $B$ such that $f=\bar{x} \cdot B \cdot \bar{x}^{T}$ and rank $B=t$. Since $B$ is real symmetric of rank $t$, there exists a real matrix $V$ and a real diagonal matrix $D=\operatorname{diag}\left(d_{1}, \ldots, d_{t}, 0, \ldots, 0\right)$ such that $B=V \cdot D \cdot V^{T}$ and $d_{i} \neq 0$ for all $i$. Since $B$ is psd we have $d_{i}>0$ for all $i$. Then

$$
\begin{equation*}
f=\bar{x} \cdot V \cdot D \cdot V^{T} \cdot \bar{x}^{T} \tag{*}
\end{equation*}
$$

Suppose $V=\left(v_{i, j}\right)$, then for $i=1, \ldots, t$, set $h_{i}:=\sqrt{d_{i}} \sum_{j=1}^{k} v_{j, i} x^{\beta_{i}} \in R$. It follows from $(*)$ that $f=h_{1}^{2}+\cdots+h_{t}^{2}$.

Thus to find a representation of $f$ as a sum of squares, we need only find a matrix $B$ which satisfies the theorem. Further, if we can show that no such $B$ exists, then we know that $f$ is not a sum of squares in $R$. Note that if $f=\sum a_{\alpha} x^{\alpha}$ and $B=\left(b_{i, j}\right)$ is a $k \times k$ symmetric matrix then by "term inspection", $f=\bar{x} \cdot B \cdot \bar{x}^{T}$ iff for all $\alpha \in \Lambda_{2 m}$,

$$
\begin{equation*}
\sum_{\beta_{i}+\beta_{j}=\alpha} b_{i, j}=a_{\alpha} \tag{**}
\end{equation*}
$$

## The algorithm

Given $f \in R$ of degree $2 m$.

1. Let $B=\left(b_{i, j}\right)$ be a symmetric matrix with variable entries. Solve the linear system that arises from $f=\bar{x} \cdot B \cdot \bar{x}^{T}$, i.e., solve the linear system defined by equations of the form ( $* *$ ) above, with one equation for each $\alpha \in \Lambda_{2 m}$. Note that each variable $b_{i, j}$ appears in only one equation, hence the solution is found by setting all but one variable in each row equal to a parameter and solving for the remaining variable. Then the solution is given by $B=B_{0}+\lambda_{1} B_{1}+\cdots+\lambda_{l} B_{l}$, where each $B_{i}$ is a real symmetric $k \times k$ matrix and $\lambda_{1}, \ldots, \lambda_{l}$ are the parameters. In this case $l=k(k+1) / 2-\left|\Lambda_{2 m}\right|$.

Remark. In general, the size of the matrix $B$ grows rapidly as the number of variables and the degree of the polynomial increases, since $k=\left|\Lambda_{m}\right|=\binom{n+m}{n}$. However for a particular polynomial we can sometimes decrease the size of the Gram matrix by eliminating unnecessary elements of $\Lambda_{m}$. For example, suppose $\alpha \in \Lambda_{2 m}, \alpha=2 \beta$, and $\alpha$ cannot be written in any other way as a sum of elements in $\Lambda_{m}$. Then if the coefficient of $\alpha$ in $f$ is 0 , we know $x^{\beta}$ cannot occur in any $h_{i}$, cf. [CL, §2] and [CLR, 3.7].
2. We want to find values for the $\lambda_{r}$ 's that make $B=B_{0}+\lambda_{1} B_{1}+\cdots+\lambda_{l} B_{l}$ psd. As is well known, $B$ is psd iff all eigenvalues are non-negative. Let $F(y)=$ $y^{k}+b_{k-1} y^{k-1}+\cdots+b_{0}$ be the characteristic polynomial of $B$. Note that each $b_{i} \in \mathbb{R}\left[\lambda_{1}, \ldots, \lambda_{l}\right]$. By Descarte's rule of signs, which is exact for a polynomial with only real roots, $F(y)$ has only non-negative roots iff $(-1)^{(i+k)} b_{i} \geq 0$ for all $i=0, \ldots, k-1$. Hence we consider the semi-algebraic set

$$
S:=\left\{\left(\lambda_{1}, \ldots, \lambda_{l}\right) \in \mathbb{R}^{l} \mid(-1)^{(i+k)} b_{i}\left(\lambda_{1}, \ldots, \lambda_{l}\right) \geq 0\right\}
$$

Then $f$ is sos iff $S$ is nonempty, and a point in $S$ corresponds to a matrix satisfying the conditions of Theorem 1.
Remark. There are several different algorithms for determining whether or not a semi-algebraic set is empty, for example using quantifier elimination. Unfortunately, none of these algorithms are practical apart from "small" examples. For more on this topic, see e.g. $[\mathrm{BCR}],[\mathrm{C}],[\mathrm{GV}],[\mathrm{R}]$.
3. Given a matrix $B=\left(b_{i, j}\right)$ which satisfies the conditions of Theorem 1, then we use the procedure in the proof of the theorem to find a representation of $f$ as a sum of squares.
Example 1. Let $f=x^{2} y^{2}+x^{2}+y^{2}+1$, then $f$ is visibly a sum of squares. We want to find all possible representations of $f$ as a sum of squares. Note that by the remark above, if $f=\sum h_{i}^{2}$ then the only monomials that can occur in the $h_{i}$ 's are $x y, x, y, 1$. So set $\beta_{1}=(1,1), \beta_{2}=(1,0), \beta_{3}=(0,1)$, and $\beta_{4}=(0,0)$. Then the linear system in step 1 of the algorithm is

$$
\begin{aligned}
& b_{1,1}=1,2 b_{1,2}=0,2 b_{1,3}=0,2 b_{1,4}+2 b_{2,3}=0 \\
& b_{2,2}=1,2 b_{2,4}=0 \\
& b_{3,3}=1,2 b_{3,4}=0 \\
& b_{4,4}=1
\end{aligned}
$$

Thus the general form of a Gram matrix for $f$ is

$$
B=\left[\begin{array}{cccc}
1 & 0 & 0 & \lambda \\
0 & 1 & -\lambda & 0 \\
0 & -\lambda & 1 & 0 \\
\lambda & 0 & 0 & 1
\end{array}\right]
$$

The characteristic polynomial of $B$ is

$$
y^{4}-4 y^{3}+\left(6-2 \lambda^{2}\right) y^{2}+\left(4 \lambda^{2}-4\right) y+\left(\lambda^{4}-2 \lambda^{2}+1\right),
$$

thus $B$ is psd iff $-1 \leq \lambda \leq 1$. Note that rank $B=2$ if $\lambda= \pm 1$, otherwise rank $B=4$. Hence $f$ can be written as a sum of 2 or 4 squares.
We have $B=V \cdot D \cdot V^{T}$, where $D=\operatorname{diag}\left(1,1,1-\lambda^{2}, 1-\lambda^{2}\right)$ and $V=$ $\left[\begin{array}{cccc}1 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 \\ 0 & -\lambda & 1 & 0 \\ \lambda & 0 & 0 & 1\end{array}\right]$. This yields

$$
f=(x y+\lambda)^{2}+(x-\lambda y)^{2}+\left(\sqrt{1-\lambda^{2}} y\right)^{2}+\left(\sqrt{1-\lambda^{2}}\right)^{2}
$$

Note that $\lambda=0$ yields the original representation of $f$ as a sum of 4 squares.

Example 2. Let $f(x, y, z)=x^{4}+2 x^{2} y^{2}+x^{3} z+z^{4}$. A Gram matrix for $f$ would be of the form

$$
\left[\begin{array}{cccc}
1 & 0 & 2 & \lambda \\
0 & 2 & 0 & 0 \\
2 & 0 & -2 \lambda & 0 \\
\lambda & 0 & 0 & 1
\end{array}\right]
$$

In this case, $S \subseteq\left\{-8-4 \lambda+4 \lambda^{3} \geq 0,-8-4 \lambda \geq 0\right\}=\emptyset$. Hence $f$ is not sos.
Example 3. Let $f(x, y, z)=x^{6}+4 x^{3} y^{2} z+y^{6}+2 y^{4} z^{2}+y^{2} z^{4}+4 z^{6}$. In this case the only exponents that can occur in the $h_{i}$ 's are $\{(3,0,0),(0,3,0),(0,2,1)$, $(0,1,2),(0,0,3)\}$. We get

$$
B=\left[\begin{array}{ccccc}
1 & 0 & 2 & 0 & 0 \\
0 & 1 & 0 & r & s \\
2 & 0 & 2-2 r & -s & t \\
0 & r & -s & 1-2 t & 0 \\
0 & s & t & 0 & 4
\end{array}\right]
$$

as the general form of a Gram matrix.
The corresponding semi-algebraic set is $S=\left\{-2 r-2 t+9 \geq 0,-r^{2}+4 r t-14 r-\right.$ $2 s^{2}-t^{2}-16 t+25 \geq 0,2 r^{3}-7 r^{2}+2 r s^{2}+24 r t-30 r+2 s^{2} t-10 s^{2}+2 t^{3}-3 t^{2}-34 t+19 \geq$ $0,10 r^{3}+r^{2} t^{2}-10 r^{2}-2 r s^{2} t+4 r s^{2}+36 r t-26 r+s^{4}+6 s^{2} t-10 s^{2}+4 t^{3}-3 t^{2}-4 t-6 \geq$ $\left.0,8 r^{3}+r^{2} t^{2}+8 r^{2}+-2 r s^{2} t+2 r s^{2}+16 r t-8 r+s^{4}-4 s^{2} t-2 s^{2}+2 t^{3}-t^{2}+16 t-8 \geq 0\right\}$. If we set $s=t=0$, we see $(-1,0,0) \in S$, and setting $s=0$ and $r=-2$ we see $(-2,0,-3 / 2) \in S$. In particular, $S$ is nonempty and so $f$ is a sum of squares.

Using $(-1,0,0)$,

$$
B=\left[\begin{array}{ccccc}
1 & 0 & 2 & 0 & 0 \\
0 & 1 & 0 & -1 & 0 \\
2 & 0 & 4 & 0 & 0 \\
0 & -1 & 0 & 1 & 0 \\
0 & 0 & 0 & 0 & 4
\end{array}\right]
$$

Note that rank $B=3$, so this gives $f$ as a sum of 3 squares. In this case we get

$$
f=\left(x^{3}+2 y^{2} z\right)^{2}+\left(y^{3}-y z^{2}\right)^{2}+\left(2 z^{3}\right)^{2} .
$$

Using ( $-2,0,-3 / 2$ ),

$$
B=\left[\begin{array}{ccccc}
1 & 0 & 2 & 0 & 0 \\
0 & 1 & 0 & -2 & 0 \\
2 & 0 & 6 & 0 & -3 / 2 \\
0 & -2 & 0 & 4 & 0 \\
0 & 0 & -3 / 2 & 0 & 4
\end{array}\right]
$$

Note rank $B=4$. Proceeding as before we get

$$
f=\left(x^{3}+2 y^{2} z\right)^{2}+\left(y^{3}-2 y z^{2}\right)^{2}+\left(\sqrt{2} y^{2} z-3 \sqrt{2} / 4 z^{3}\right)^{2}+\left(\sqrt{23 / 8} z^{3}\right)^{2}
$$

Remark. Let $(K, \leq)$ be any ordered field with real closure $R$, and suppose $f \in$ $K\left[x_{1}, \ldots, x_{n}\right]$. Then we can easily extend the algorithm to decide whether or not f is a sum of squares in $R\left[x_{1}, \ldots, x_{n}\right]$.

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