# AN ALGORITHM FOR SUMS OF SQUARES OF REAL POLYNOMIALS

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#### INTRODUCTION

We present an algorithm to determine if a real polynomial is a sum of squares (of polynomials), and to find an explicit representation if it is a sum of squares. This algorithm uses the fact that a sum of squares representation of a real polynomial corresponds to a real, symmetric, positive semi-definite matrix whose entries satisfy certain linear equations.

#### SUMS OF SQUARES AND GRAM MATRICES

We fix *n* and use the following notation in  $R := \mathbb{R}[x_1, \ldots, x_n]$ : For  $\alpha = (\alpha_1, \ldots, \alpha_n) \in \mathbb{N}_0^n$ , let  $x^{\alpha}$  denote  $x_1^{\alpha_1} \cdot \ldots \cdot x_n^{\alpha_n}$ . For  $m \in \mathbb{N}_0$ , set  $\Lambda_m := \{(\alpha_1, \ldots, \alpha_n) \in \mathbb{N}_0^n \mid \alpha_1 + \cdots + \alpha_n \leq m\}$ . Then  $f \in R$  of degree *m* can be written  $f = \sum_{\alpha \in \Lambda_m} a_{\alpha} x^{\alpha}$ . We say *f* is **sos** if *f* is a sum of squares of elements in *R*.

Suppose f is sos, say f is a sum of t squares in R, then f must have even degree, say 2m. Thus  $f = \sum_{i=1}^{t} h_i^2$ , where each  $h_i$  has degree  $\leq m$ . Suppose  $|\Lambda_m| = k$ , then we order the elements of  $\Lambda_m$  in some way:  $\Lambda_m = \{\beta_1, \ldots, \beta_k\}$ . Set  $\bar{x} := (x^{\beta_1}, \ldots, x^{\beta_k})$  and let A be the  $k \times t$  matrix with *i*th column the coefficients of  $h_i$ . Then the equation  $f = \sum h_i^2$  can be written

$$f = \bar{x} \cdot (AA^T) \cdot \bar{x}^T.$$

The symmetric  $k \times k$  matrix  $B := AA^T$  is sometimes called a **Gram matrix** of f (associated to the  $h_i$ 's). Note that B is psd (= "positive semi-definite"), i.e.,  $\bar{y} \cdot B \cdot \bar{y}^T \ge 0$  for all  $\bar{y} = (y_1, \ldots, y_k) \in \mathbb{R}^k$ .

The following theorem, in a different form, can be found in [CLR]. However we include the theorem and its proof for the convenience of the reader.

**Theorem 1.** Suppose  $f \in R$  is of degree 2m and  $\bar{x}$  is as above. Then f is a sum of squares in R iff there exists a real, symmetric, psd matrix B such that

$$f = \bar{x} \cdot B \cdot \bar{x}^T.$$

Given such a matrix B of rank t, then we can can construct polynomials  $h_1, \ldots, h_t$ such that  $f = \sum h_i^2$  and B is a Gram matrix of f associated to the  $h_i$ 's.

*Proof.* If  $f = \sum h_i^2$  is sos, then as above we take  $B = A \cdot A^T$ , where A is the matrix whose columns are the coefficients of the  $h_i$ 's.

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Suppose there exists a real, symmetric, psd matrix B such that  $f = \bar{x} \cdot B \cdot \bar{x}^T$ and rank B = t. Since B is real symmetric of rank t, there exists a real matrix Vand a real diagonal matrix  $D = \text{diag}(d_1, \ldots, d_t, 0, \ldots, 0)$  such that  $B = V \cdot D \cdot V^T$ and  $d_i \neq 0$  for all i. Since B is psd we have  $d_i > 0$  for all i. Then

(\*) 
$$f = \bar{x} \cdot V \cdot D \cdot V^T \cdot \bar{x}^T.$$

Suppose  $V = (v_{i,j})$ , then for  $i = 1, \ldots, t$ , set  $h_i := \sqrt{d_i} \sum_{j=1}^k v_{j,i} x^{\beta_i} \in R$ . It follows from (\*) that  $f = h_1^2 + \cdots + h_t^2$ .  $\Box$ 

Thus to find a representation of f as a sum of squares, we need only find a matrix B which satisfies the theorem. Further, if we can show that no such B exists, then we know that f is not a sum of squares in R. Note that if  $f = \sum a_{\alpha} x^{\alpha}$  and  $B = (b_{i,j})$  is a  $k \times k$  symmetric matrix then by "term inspection",  $f = \bar{x} \cdot B \cdot \bar{x}^T$  iff for all  $\alpha \in \Lambda_{2m}$ ,

$$(**) \qquad \qquad \sum_{\beta_i + \beta_j = \alpha} b_{i,j} = a_{\alpha}$$

## The algorithm

Given  $f \in R$  of degree 2m.

1. Let  $B = (b_{i,j})$  be a symmetric matrix with variable entries. Solve the linear system that arises from  $f = \bar{x} \cdot B \cdot \bar{x}^T$ , i.e., solve the linear system defined by equations of the form (\*\*) above, with one equation for each  $\alpha \in \Lambda_{2m}$ . Note that each variable  $b_{i,j}$  appears in only one equation, hence the solution is found by setting all but one variable in each row equal to a parameter and solving for the remaining variable. Then the solution is given by  $B = B_0 + \lambda_1 B_1 + \cdots + \lambda_l B_l$ , where each  $B_i$  is a real symmetric  $k \times k$  matrix and  $\lambda_1, \ldots, \lambda_l$  are the parameters. In this case  $l = k(k+1)/2 - |\Lambda_{2m}|$ .

Remark. In general, the size of the matrix B grows rapidly as the number of variables and the degree of the polynomial increases, since  $k = |\Lambda_m| = \binom{n+m}{n}$ . However for a particular polynomial we can sometimes decrease the size of the Gram matrix by eliminating unnecessary elements of  $\Lambda_m$ . For example, suppose  $\alpha \in \Lambda_{2m}$ ,  $\alpha = 2\beta$ , and  $\alpha$  cannot be written in any other way as a sum of elements in  $\Lambda_m$ . Then if the coefficient of  $\alpha$  in f is 0, we know  $x^\beta$  cannot occur in any  $h_i$ , cf. [CL, §2] and [CLR, 3.7].

2. We want to find values for the  $\lambda_r$ 's that make  $B = B_0 + \lambda_1 B_1 + \cdots + \lambda_l B_l$ psd. As is well known, B is psd iff all eigenvalues are non-negative. Let  $F(y) = y^k + b_{k-1}y^{k-1} + \cdots + b_0$  be the characteristic polynomial of B. Note that each  $b_i \in \mathbb{R}[\lambda_1, \ldots, \lambda_l]$ . By Descarte's rule of signs, which is exact for a polynomial with only real roots, F(y) has only non-negative roots iff  $(-1)^{(i+k)}b_i \geq 0$  for all  $i = 0, \ldots, k - 1$ . Hence we consider the semi-algebraic set

$$S := \{ (\lambda_1, \dots, \lambda_l) \in \mathbb{R}^l \mid (-1)^{(i+k)} b_i(\lambda_1, \dots, \lambda_l) \ge 0 \}.$$

Then f is sos iff S is nonempty, and a point in S corresponds to a matrix satisfying the conditions of Theorem 1.

*Remark.* There are several different algorithms for determining whether or not a semi-algebraic set is empty, for example using quantifier elimination. Unfortunately, none of these algorithms are practical apart from "small" examples. For more on this topic, see e.g. [BCR], [C], [GV], [R].

3. Given a matrix  $B = (b_{i,j})$  which satisfies the conditions of Theorem 1, then we use the procedure in the proof of the theorem to find a representation of f as a sum of squares.

**Example 1**. Let  $f = x^2y^2 + x^2 + y^2 + 1$ , then f is visibly a sum of squares. We want to find all possible representations of f as a sum of squares. Note that by the remark above, if  $f = \sum h_i^2$  then the only monomials that can occur in the  $h_i$ 's are xy, x, y, 1. So set  $\beta_1 = (1, 1), \beta_2 = (1, 0), \beta_3 = (0, 1), \text{ and } \beta_4 = (0, 0)$ . Then the linear system in step 1 of the algorithm is

$$b_{1,1} = 1, \ 2b_{1,2} = 0, \ 2b_{1,3} = 0, \ 2b_{1,4} + 2b_{2,3} = 0$$
  
 $b_{2,2} = 1, \ 2b_{2,4} = 0$   
 $b_{3,3} = 1, \ 2b_{3,4} = 0$   
 $b_{4,4} = 1$ 

Thus the general form of a Gram matrix for f is

$$B = \begin{bmatrix} 1 & 0 & 0 & \lambda \\ 0 & 1 & -\lambda & 0 \\ 0 & -\lambda & 1 & 0 \\ \lambda & 0 & 0 & 1 \end{bmatrix}$$

The characteristic polynomial of B is

$$y^{4} - 4y^{3} + (6 - 2\lambda^{2})y^{2} + (4\lambda^{2} - 4)y + (\lambda^{4} - 2\lambda^{2} + 1),$$

thus B is psd iff  $-1 \le \lambda \le 1$ . Note that rank B = 2 if  $\lambda = \pm 1$ , otherwise rank B = 4. Hence f can be written as a sum of 2 or 4 squares.

We have  $B = V \cdot D \cdot V^T$ , where  $D = \text{diag}(1, 1, 1 - \lambda^2, 1 - \lambda^2)$  and  $V = \begin{bmatrix} 1 & 0 & 0 & 0 \\ 0 & 1 & 0 & 0 \\ 0 & -\lambda & 1 & 0 \\ \lambda & 0 & 0 & 1 \end{bmatrix}$ . This yields

$$f = (xy + \lambda)^{2} + (x - \lambda y)^{2} + (\sqrt{1 - \lambda^{2}}y)^{2} + (\sqrt{1 - \lambda^{2}})^{2}.$$

Note that  $\lambda = 0$  yields the original representation of f as a sum of 4 squares.

**Example 2.** Let  $f(x, y, z) = x^4 + 2x^2y^2 + x^3z + z^4$ . A Gram matrix for f would be of the form

$$\begin{bmatrix} 1 & 0 & 2 & \lambda \\ 0 & 2 & 0 & 0 \\ 2 & 0 & -2\lambda & 0 \\ \lambda & 0 & 0 & 1 \end{bmatrix}$$

In this case,  $S \subseteq \{-8 - 4\lambda + 4\lambda^3 \ge 0, -8 - 4\lambda \ge 0\} = \emptyset$ . Hence f is not sos.

**Example 3.** Let  $f(x, y, z) = x^6 + 4x^3y^2z + y^6 + 2y^4z^2 + y^2z^4 + 4z^6$ . In this case the only exponents that can occur in the  $h_i$ 's are  $\{(3, 0, 0), (0, 3, 0), (0, 2, 1), (0, 1, 2), (0, 0, 3)\}$ . We get

$$B = \begin{bmatrix} 1 & 0 & 2 & 0 & 0 \\ 0 & 1 & 0 & r & s \\ 2 & 0 & 2 - 2r & -s & t \\ 0 & r & -s & 1 - 2t & 0 \\ 0 & s & t & 0 & 4 \end{bmatrix}$$

as the general form of a Gram matrix.

The corresponding semi-algebraic set is  $S = \{-2r - 2t + 9 \ge 0, -r^2 + 4rt - 14r - 2s^2 - t^2 - 16t + 25 \ge 0, 2r^3 - 7r^2 + 2rs^2 + 24rt - 30r + 2s^2t - 10s^2 + 2t^3 - 3t^2 - 34t + 19 \ge 0, 10r^3 + r^2t^2 - 10r^2 - 2rs^2t + 4rs^2 + 36rt - 26r + s^4 + 6s^2t - 10s^2 + 4t^3 - 3t^2 - 4t - 6 \ge 0, 8r^3 + r^2t^2 + 8r^2 + -2rs^2t + 2rs^2 + 16rt - 8r + s^4 - 4s^2t - 2s^2 + 2t^3 - t^2 + 16t - 8 \ge 0\}.$  If we set s = t = 0, we see  $(-1, 0, 0) \in S$ , and setting s = 0 and r = -2 we see  $(-2, 0, -3/2) \in S$ . In particular, S is nonempty and so f is a sum of squares. Using (-1, 0, 0).

$$\log(-1, 0, 0),$$

$$B = \begin{bmatrix} 1 & 0 & 2 & 0 & 0 \\ 0 & 1 & 0 & -1 & 0 \\ 2 & 0 & 4 & 0 & 0 \\ 0 & -1 & 0 & 1 & 0 \\ 0 & 0 & 0 & 0 & 4 \end{bmatrix}$$

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Note that rank B = 3, so this gives f as a sum of 3 squares. In this case we get

$$f = (x^3 + 2y^2z)^2 + (y^3 - yz^2)^2 + (2z^3)^2$$

Using (-2, 0, -3/2),

$$B = \begin{bmatrix} 1 & 0 & 2 & 0 & 0 \\ 0 & 1 & 0 & -2 & 0 \\ 2 & 0 & 6 & 0 & -3/2 \\ 0 & -2 & 0 & 4 & 0 \\ 0 & 0 & -3/2 & 0 & 4 \end{bmatrix}$$

Note rank B = 4. Proceeding as before we get

$$f = (x^3 + 2y^2z)^2 + (y^3 - 2yz^2)^2 + (\sqrt{2}y^2z - 3\sqrt{2}/4z^3)^2 + (\sqrt{23/8}z^3)^2.$$

*Remark.* Let  $(K, \leq)$  be any ordered field with real closure R, and suppose  $f \in K[x_1, \ldots, x_n]$ . Then we can easily extend the algorithm to decide whether or not f is a sum of squares in  $R[x_1, \ldots, x_n]$ .

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