## Handel Flute and Recorder Sonatas

2009 is the 250th anniversary of Handel's death and here in London we have already celebrated with a very intensive London Handel Festival, and there are many other Handel performances throughout the year, including chamber music at Handel House, his home in Brook Street near Oxford Circus.

Despite the enormously increasing popularity of the flute in eighteenth-century England, Handel wrote surprisingly little for the instrument. Many of his wind players in the orchestra, principally oboists, would have doubled on flute and recorder for a very occasional change of colour. It seems, too, that scholars think that several of the "Handel Flute Sonatas" may not have been written by him at all, or were actually conceived for another instrument and adapted for the flute by his publisher, John Walsh.

Walsh was quick to capitalize on the flute's growing popularity and Handel's immense appeal. Even before he had permission to publish, Walsh brought out a collection of sonatas around 1730, entitled *Sonates pour un Traversiere un Violon ou Hautbois con Basso Continuo composées par G.F. Handel*, ostensibly published by Roger of Amsterdam, yet Roger had died in 1722! Of these sonatas, three were designated for the flute, four for the recorder, three for the violin and two for the oboe. Within a couple of years, as soon as Handel's privilege to publish his own music had expired, Walsh republished the sonatas as *Solos for a German Flute a Hoboy or Violin with a Thorough Bass for the Harpsichord or Bass Violin compos'd by Mr. Handel* with a note that this version was more correct than the previous one.

The "Roger" print was in fact full of errors; movements omitted or inserted into the wrong sonatas and the inclusion of two violin sonatas which are now widely believed not to be by Handel! The three flute sonatas appear to have been taken from earlier works for other instruments: the E minor (HWV 359b op. 1 no.1) from a violin sonata in D minor, the G major (HWV 363b op.1 no.5) from an oboe sonata in F major and the B minor (HWV 379b, op.1 no. 9) from a sonata in D minor for which the solo instrument is unspecified: it would seem almost certain that this D minor sonata is for the treble recorder, whose range it fits perfectly.

Whilst some works may have been conceived with one particular instrument in mind, it was common practice to borrow anything which could be easily adapted. Handel's own re-use of so much of his own material time and time again suggests he'd have been happy for these transcriptions to be played on the flute. Happily we have two other sonatas which are genuine Handel flute works; the sonata in D major (HWV 378) and another E minor sonata (HWV 379). The D major sonata (now published by Henle) is thought to be the earliest surviving sonata by Handel (though wrongly attributed in the manuscript to the lutenist, Johann Sigmund Weiss). Interestingly it opens with the glorious ascending figure which Handel reused in the third movement of the E minor sonata (HWV 379) and also in the late D major violin sonata (HWV 371). The short third movement is a recitative without words and the opening of the second and fourth movements occur in Il trionfo del Tempo e del Disinganno (Rome 1707) and in the finale of the F major recorder sonata (HWV 369, op.1 no.11).

This E minor sonata (HWV 379) is Handel's own compilation of movements taken from other works: its first and fourth movements are very similar to those in the other E minor sonata, (HWV 359b op.1 no.1) and it's second and fifth movements occur in the G minor recorder sonata (HWV 360, op.1 no.2) whilst the central Largo shares material with the D major flute and violin sonatas. Confusingly, this extra E minor sonata has sometimes been numbered op.1 no 1a, when in fact it never appeared in opus 1.

There are three more sonatas (formerly named 'Halle Sonatas') in A minor (HWV 374), E minor (HWV 375) and B minor (HWV 376) which were published by Walsh around 1730 (with sonatas by Geminiani, Brivio and Somis. The E minor (HWV 375) contains material from an oboe sonata and a keyboard suite. Scholars doubt the authenticity of the B minor and A minor since there is no manuscript source and it has been said that Handel never reused any extracts elsewhere. However, this is clearly not the case! On the evidence below, I think we can reclaim these works as Handel Sonatas.

All the flute sonatas are listed below with HWV numbers for clarification .

### Flute Sonata in D Major HWV 378



Opening motive recurs in Handel's D major violin sonata (HWV 371) and in the 3rd movement of the E minor flute sonata (HWV 379).

Similar motive used in the accompaniment to an aria in *Il trionfo del Tempo e del Disinganno* (1707). Fido specchio!, (Faithful mirror! In you I admire the glory of my youthful years; yet one day I shall be changed. You will always remain as you are, I am as I see myself in you; I shall not always be beautiful.) Also minor version in G minor Keyboard Suite



Instrumental recitative. Other examples by Quantz, Frederick the Great, Telemann.

Opening material reappears in F major recorder sonata (HWV 369, op.1 no.11) and in accompaniment to an aria in *Il trionfo del Tempo e del Disinganno* (1707) *Venga il Tempo, e làli funeste* (*Let Time come, and with his dark wings dare to take these dear joys from these pleasant shores. But he sleeps, or no longer has claws; no, his councels have no effect unless one is never to live in this life).* 



### Flute Sonata in E Minor HWV 379



Very similar to E minor flute sonata HWV 359b, op.1 no.1 and D minor violin sonata HWV 359), though with many differences of rhythm and articulation.

Transposed down a 3rd from 2nd movement of G minor recorder sonata, (HWV 360, op.1 no.2). Some octave transpositions in the bass and absent slurs and trills.

Opening motive recurs in Handel's D major violin sonata (HWV 371) and in the 1st movement of the D major flute sonata (HWV 378).

Similar to (5 bars shorter than) 4th movement of E minor flute sonata (HWV 359b, op.1 no. 1). Some differences of passage work, register and articulation.

A favourite motive of Handel's. Transposed down a 3rd from 4th movement of G minor recorder sonata, (HWV 360, op.1 no.2) but barred from the first beat and with small rhythmic differences. Bass line a 6th higher.



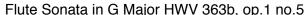
Transposed from D minor violin sonata HWV 359), and very similar to E minor flute sonata HWV 359b, op.1 no.1 though with many differences of rhythm and articulation.

Transposed from D minor violin sonata HWV 359) and used in Chandos Anthem no.1, Adagio



Transposed from D minor violin sonata HWV 359)

Transposed from D minor violin sonata HWV 359) and similar to (5 bars longer than) 4th movement of E minor flute sonata (HWV 379). Some differences of passage work, register and articulation.





Complete sonata transposed from oboe sonata in F major HWV 363a. Opening phrase recurs in 1st aria of Messiah to the words *Comfort ye, my people*.

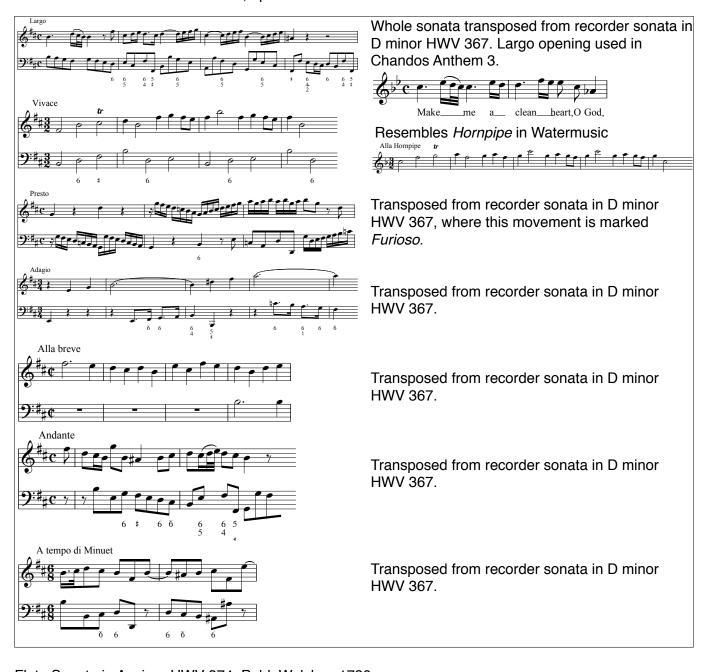


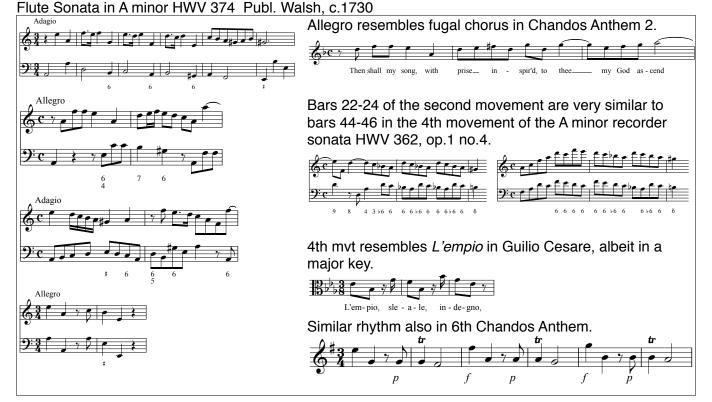
Recurs, marked *Larghetto*, as 3rd movement of C major recorder sonata (HWV 365, op.1 no.7). This movement omitted in Roger edition, with *Andante* from Sonata in B minor HWV 367b, op.1 no.9 wrongly in its place.

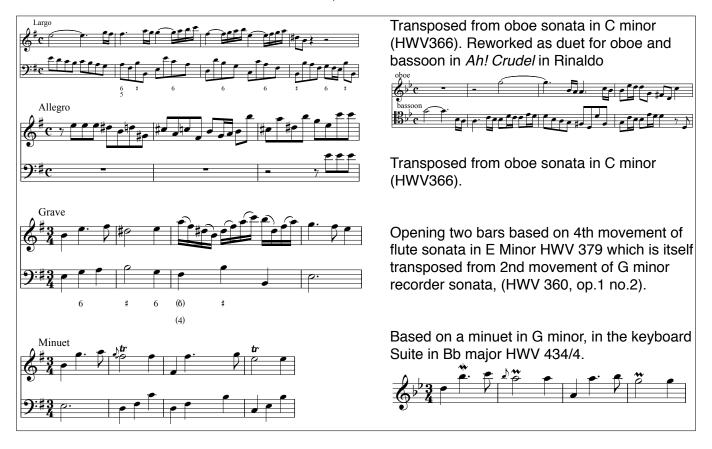
In the various sources this movement is entitled *Boree*, *Boure*, *All*[egr]o, *Anglose*, and Bourée anglaise.

Trills in bars 1, 2 and 5 and grace notes in bars 9, 11 and 13 are included in Roger and Walsh prints but absent in manuscript sources of the oboe sonata. This movement omitted in Roger edition. Reused in Concerto grosso op.3 no 4

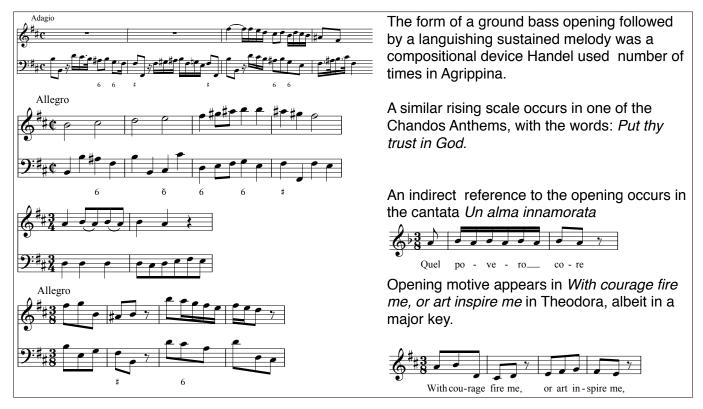




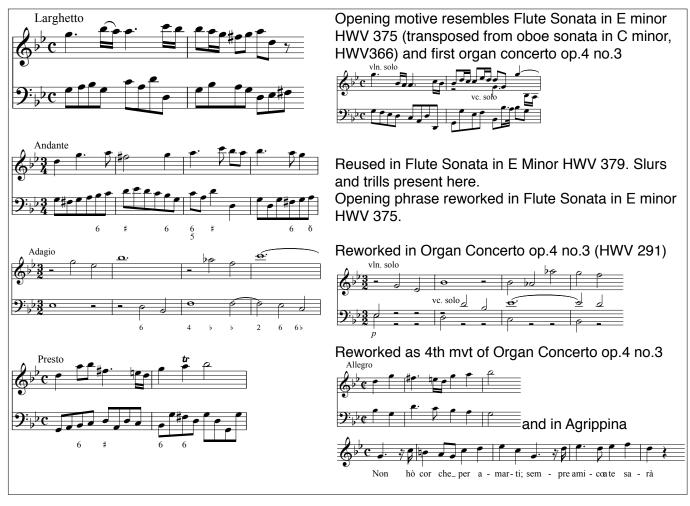




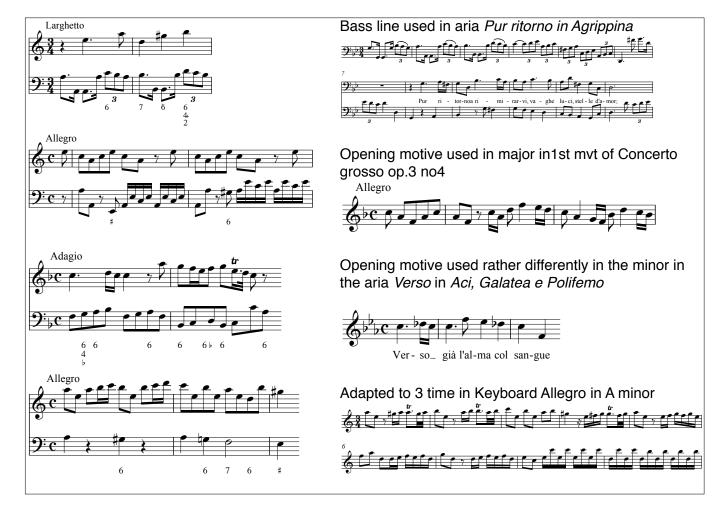
Flute Sonata in B minor HWV 376



Aside from the sonatas there are many other chamber pieces by Handel: trio sonatas (with violin and continuo) in opus 2 and 5 and an 18th century copy of the G minor oboe concerto HWV 287 has been found, designated for flute *or* oboe (now published by Bärenreiter). John Walsh continued to supply the demand with hundreds of arrangements of highlights from Handel's operas and oratorios for flute and continuo. These are a real treasure trove; mostly unpublished, I hope to make these available soon.



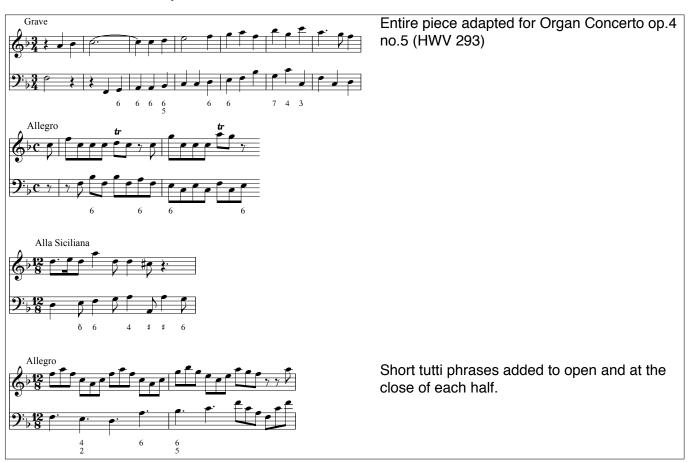
### Recorder Sonata in A minor HWV 362



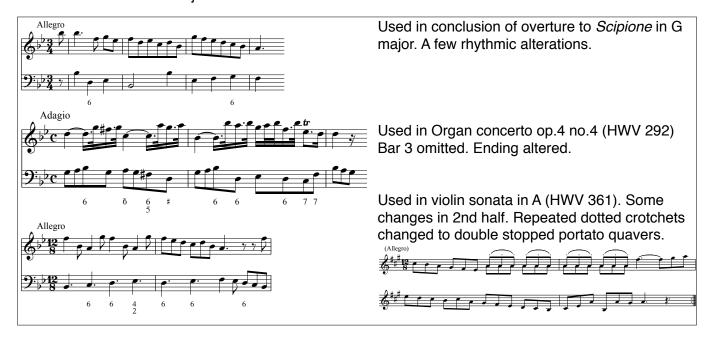
# Recorder Sonata in C major HWV 365



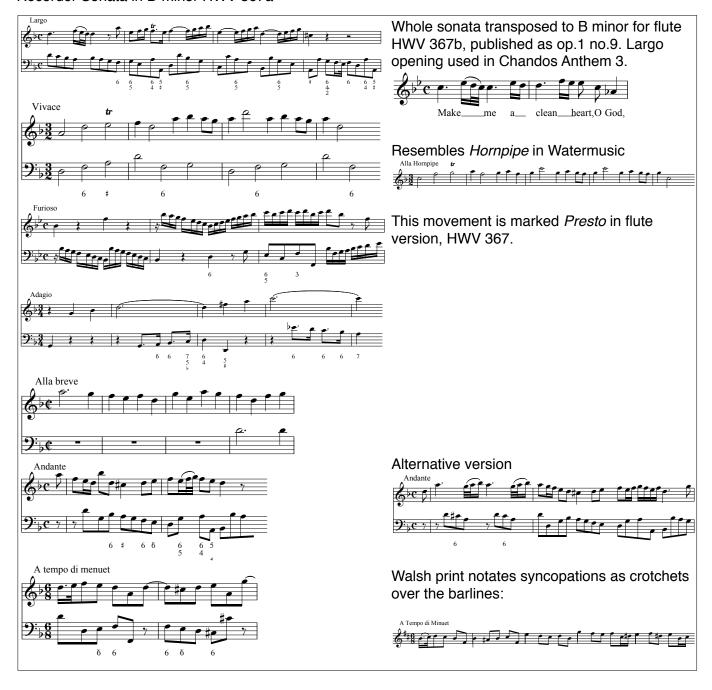
# Recorder Sonata in F major HWV 369



# Recorder Sonata in Bb major HWV 377



#### Recorder Sonata in D minor HWV 367a



# Rhythmic alteration

Handel's music poses certain questions regarding rhythm since his method of notation was not always what we might expect today. Strange as it may seem to us, it was not common practice to write dotted rests or double-dotted notes. Whilst it should be remembered that if the printed rhythms were intended by the composer, then that is exactly what he would have written, yet If these dotted rhythms were wanted, they were often only implied.

For instance, in bar 6 of the opening movement of both E minor sonatas (HWV 379 and 359b, op.1 no.1) the upbeat to bar 7 may have been intended to be played as written, or with a dotted semi-quaver (16th) rest followed by a demi-semi-quaver (32nd) E. Some may even advocate double dotting the cadential trill on the second beat to fit with the prevalent dotted rhythm.



HWV 379 and 359b, b.6 original

with dotted rest

and double-dotted trill

Any changes might be carried over to similar undotted phrases, for instance in bar 2.



HWV 379 and 359b, b.2 original

altered to match other upbeats altered to match prevailing rhythm

The subject of rhythmic alteration in 18th century music is tricky. Early Music scholarship has shifted on this one! A fashion for dotting to make everything match has, with many scholars and performers, changed to a literal reading of printed rhythms. I found Stephen Heffling's book *Rhythmic Alteration in Seventeenth and Eighteenth Century Music* (Schirmer) helpful and unbiased, with evidence for and against, suggesting that there were different opinions in baroque times!

The interesting thing with Handel is that he uses and reuses fragments of his own material time and time again throughout his works with hopeless or delightful inconsistency, depending on how you see it. Anything could be different - the tempo marking, the rhythm, the articulation as well as the instrumentation. Any given rhythm, may sound very different according to whether you choose to emphasize the differences or treat them casually as light relief from monotony. Be guided by the mood, not just of the movement but of individual phrases.

Another rhythmic question arises with the first movement of the A minor recorder sonata HWV 362, op.1 no. 4, where the dotted rhythms may have been intended to fit with triplets (the 3/4 time signature implying 9/8). There is also the possibility of altering the written quavers (eighth notes) to fit with the prevailing triplets for a more lilting effect. Bizarrely, that would mean quavers (eighths), triplet quavers and semiquavers (sixteenths) could all be played the same length! The written rhythms are, of course, equally viable.



HWV 362, op.1 no.4, b.1 original

with triplets in the bass

with triplets throughout

## Suggestions for Articulation

Handel's flute and recorder sonatas contain remarkably few slurs. This could be because they were prepared for publication by Walsh or someone else, because he/they assumed the performer would add slurs where appropriate, or because he genuinely intended most notes to be articulated. We have a lot of evidence that eighteenth century flute players used a wide variety of tongue strokes, according to the character of the piece, the tempo and the grouping of notes in each phrase. The basic principles are outlined below, all of which work very well on modern as well as historical instruments. The most important element is contrast between light and shade, strong and weak, pointed or soft.

*Di,* a legato tongue stroke (gentle or firm), was used for smooth, step-wise melodic lines, eg, in the second movement of the B minor sonata HWV 376.



 $T_i$ , a faster, more pointed attack was used on repeated notes of the same pitch, or leaps, eg in the second movement of the E minor sonata HWV 359b, op.1 no.1, (shown here with suggested variation in strength).



*Ti-ri* or *di-ri* (with ri on the beat) was used in dotted rhythms, eg in the first movement of the E minor sonata HWV 359b, op.1 no.1.



*Di-ri* or *Ti-ri* was used in paired notes and extended passages, eg in the Boree of the G major sonata HWV 363b, op.1 no.5.



*Di-d'l* was used for fast double-tongued passages, often combined with *ti-ri*, eg in the *Presto*, third movement of the B minor sonata.



Slurs could be added, but more to highlight groupings of notes rather than for ease in fast playing. One of the most common slurring patterns is groups of three notes, as in the second movement of the G major sonata HWV 363b, op.1 no.5, bars 3-4.



Quantz suggests a slur over the last two, but combined with *di-ri* in such passages.



However, there are many other ways of applying eighteenth century tonguing patterns, for instance, *di di-ri*, interspersed with *ti* on more important notes. At a slightly slower speed this will create some interesting phrasing.



Alternatively, double tonguing could also be combined with *di-ri* and interspersed with *ti* on notes you wish to keep in the foreground.



*Di-d'l* produces a more legato effect than *t-k* or *d-g*. However, if using modern double tonguing, *d-g* would be preferable on step-wise moving lines and could be interspersed with *ti* on prominent notes.



#### Ornamentation

In the eighteenth century there was a great trend for decorating the melody, particularly in slow movements, and some music was written deliberately plain, with the expectation that the performer would embellish it in his own way. And yet, ornamentation is of little use if it does not reflect and enhance the character of the music. Sometimes simplicity is of greater importance. In Handel's sonatas, two things are essential: cadential trills and embellishments at Phrygian cadences.

Cadential trills are often not notated: they were taken so much for granted, it was assumed players would know where to insert them. Omitting trills at these points is rather like forgetting to wear your clothes; the effect is shockingly bare! So remember to dress your cadences. At this time the fashion was for starting trills on the upper note, to savour a last dissonance which resolves into the trill. Don't feel you need to trill to the end of the note; six notes would suffice here.



### Phrygian cadences

Many slow movements of Handel sonatas conclude with a special type of imperfect cadence, called a Phrygian cadence, as a link to the following movement. Frequently, these Phrygian cadences occur after a full cadence which is really the end of the piece. Then a short coda creates an anticipation of what is to come. The tempo is relaxed (often marked *Adagio*), the piece winds down but is left unfinished. Rhetorically it is a way of saying: "And then..." or "To find out what happened next, read on..." So often these occur just before a page turn and inevitably the connection is lost! If such interruption is unavoidable, try at least to turn the page with a sense of expectation.

A Phrygian cadence is easily recognisable. It finishes on the dominant chord, and the previous bass note is one step higher with figured bass chords 7 6. In the key of E minor, this cadence occurs a surprising number of times in Handel's flute sonatas: at the end of the E minor Larghetto and Largo movements in HWV 379, the Adagio in HWV 359b, op.1 no.1, the Adagio in HWV 375 and the two Adagios in the G major sonata, HWV 363b, op.1 no.5.







Basic skeleton of a Phrygian cadence

with implied cadential trill

and with a trill with a termination.

Phrygian cadences are particularly affecting in minor keys. The seventh chord is especially touching and this is invites a little embellishment. Dwell on the 7th (B) just long enough to savour the dissonance, then add a short cadenza, of just a few notes, based on notes of the seventh chord leading to a trill on the penultimate melody note. Any of the notes of the seventh chord can be used, in any order (though ascending or descending order flow most logically) and in any rhythm (not necessarily connected with the piece). Even the simple addition of one more note from the chord can be highly expressive.

In this Phrygian cadence in E minor the notes of the seventh chord are C, E, G and B.



Introducing just one new note alone is possible, but perhaps without dwelling too long upon a C, since it is already there in the bass. Here are lots of alternatives:



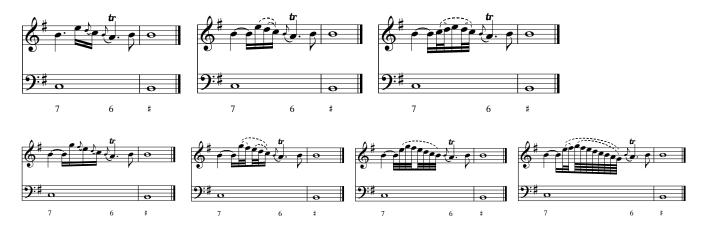
The E could be introduced at either octave and in combination with the C. The interval of a 6th from E to C is especially tender.



Similarly, the sixth from B up to G has a heartfelt appeal about it. It may be combined with C, E and B. Whilst only notes of the 7th chord are used, they may be tongued or slurred as you please. Suggestions are in dotted lines.



Such a tiny cadenza can be made even more enticing by adding passing notes. All passing notes must be slurred from or onto a harmony note.



This last one is typical of Italian style ornamentation, with many notes under a long slur and a shape within the melisma; a rise before the fall or a hilly contour. Here are some examples transposed and adapted from Corelli violin sonatas, supposedly as he played them.



Corelli Sonata op.5 no.5, 3rd movement

Corelli Sonata op.5 no.2, 3rd movement

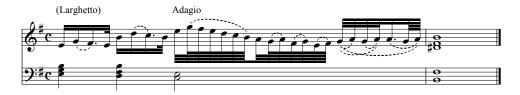
Quantz gave a beautifully florid example in his book (*Versuch*) in which he marked various entry points for lengthening or shortening the cadenza. A typical Phrygian cadence by Telemann, however, would be simpler yet poignant with a strategically placed accented chromatic rising appoggiatura (D#).



Transposed from Quantz, Versuch, ch.

Transposed from Telemann Methodical Sonata in C minor

And finally, one from Handel himself, transposed from the keyboard Sonata in G minor.



As a step on the way to becoming fluent in the art of improvising these embellishments, practise all the suggestions above. Pick a few that you like and memorise them. Then introduce one of them on the spur of the moment in performance. A prepared choice will still offer an element of freedom. Make up some of your own. It is a very good idea to write them down (not in the music, but on a separate piece of paper), then you can annalise what was good and what was less successful and try to work out why. Was it incorrect harmony, lack of (or too much) rhythmic interest, or inappropriate choice of articulation? That knowledge is the key to understanding this style of ornamentation.

Handel's music is so intrinsically vocal even when he is writing in a purely instrumental idiom. The connection with actual text (where material has been reused) is interesting, and may help to establish the basic character of the music, though it should not be binding, since Handel so easily mutates from fast to slow, major to minor and perhaps just as easily could change mood. Defining a mood is crucial: Handel's music is never bland and nondescript, but either happy or sad, urgent or relaxed, highly charged or at peace. The balance may shift within a movement as the motives and tonalities change, but always the intention or the *Affekt* should be clear. Choose your articulation and ornamentation (and even any rhythmic alteration) to reflect and enhance your message and deliver it with passion, commitment and clarity, as would a singer in a drama or an orator in the public forum, to win the hearts of the listeners.