# money Make Guide



















### USE THIS GUIDE AND LEARN HOW TO...

- → Understand your current financial situation
- → Track your spending
- → Make tough decisions
- $\rightarrow$  Develop a monthly budget
- $\rightarrow$  Start saving for the future





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#### **INTRODUCTION**

#### WHAT IS THE VYSTAR MONEY MAKEOVER ALL ABOUT?

Every day we hear how the current economy is affecting our members. But there are ways to get household budgets into shape, and VyStar is here to help. To that end, we have developed a program to help our members establish and maintain financial goals while guiding them through valuable money management lessons along the way. It's all about helping you increase your savings while reducing debt.

Because at VyStar, we never forget that it's your money.

























#### **PART 1:**

#### **GAINING THE STRENGTH YOU NEED**

#### MY PERSONAL FINANCIAL MISSION STATEMENT

Your personal financial mission statement is a brief description of what you want to focus on, what you want to accomplish and where financially you want to be over the next few years. It is a way to focus your energy, actions, behaviors and decisions towards the things that are most important to you. Use the suggestions below as a guideline or create your own mission. The important thing to remember is to review your personal financial mission statement frequently as a reminder of where you want to be financially.



	Check all that apply:
	I want to have money in a savings account to pay for unexpected expenses.
	I do not want to have a paycheck-to-paycheck lifestyle.
	I want to pay off my credit cards.
	I want to begin saving for a down payment on a new home.
	I want to improve my credit score so I can be offered lower rates on loans.
	I would like my holiday spending paid for in cash not credit.
	I want to save for the vacation of my dreams.
	I need more money for retirement.
	I want my child to go to college.
	I need to understand where my money is going.
	I am ready to trade my bad spending habits for financial freedom.
	Create Your Own:
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#### **PART 2:**

## A SNAPSHOT OF MY INCOME AND EXPENSES

This will take a little work on your part, but you will not regret it!

#### **COMPLETE YOUR SNAPSHOT**

Your snapshot gives you a quick look at what you are earning and compares it to your expenses. It will help you gauge the health of your budget, your strengths and areas of opportunities. The information on this form will assist our Member Relationship Specialist in offering solutions and suggestions to help you master your financial plan.

A part of your snapshot is to calculate your monthly income on page 8. If you know what the gross pay is (before taxes and other deductions), please enter that. However, net pay (face value of your check) is the more important figure. Include variable income received each month, such as commissions, as well as periodic income, such as a large tax refund or bonus. They will have to be divided by 12 to get a monthly figure.

Household expenses are categorized into FIXED and FLEXIBLE (see page 9). For these categories, enter the monthly amount you spend. Many of the expenses fluctuate each month and will need to be averaged. Other expenses may be periodic (such as insurance, vehicle registration and taxes). Calculate the annual amount and divide by 12. Total your FIXED Expenses and your FLEXIBLE Expenses on page 9. You will be carrying over these amounts when you complete the worksheet for your disposable income.

Your Snapshot begins on the next page.



#### YOUR INCOME/EXPENSE SNAPSHOT

#### **CALCULATING YOUR DISPOSABLE INCOME**

INCOME	GROSS	NET	
Primary Income			
Secondary Income			Net Income
Retirement/Pension			is the most
Child Support			important figure.
Food Stamps			This is your
Tax Refund			-
Bonus			take home
Other			amount.
Total Monthly Income			

SAVINGS AND INVESTMENTS	PRESENT Value	MONTHLY Deposit	MONTHLY INCOME IF APPLICABLE
Savings			
Certificates of Deposits			
Money Market Accounts			
401(k) - 403(b)			
IRA			
Stocks / Mutual Funds			
Other			
Other			
Total Income if Applicable			

CALCULATING YOUR DISPOSABLE INCOME	
Total Income (Income & Investments) from this page	\$
Less Total Fixed Expenses from the next page	\$
Less Total Flexible Expenses from the next page	\$
DISPOSABLE INCOME	\$

Number of Dependents (including yourself)	

#### YOUR INCOME/EXPENSE SNAPSHOT

#### **FIXED EXPENSES**

#### HOUSING **Monthly Expense** Rent/Mortgage 2nd Mortgage **HOA** (Association Dues) **Property Taxes** Homeowner's Insurance Renter's Insurance Gas/Electric Water/Sewer/Garbage Telephone Home Service Other Other **TRANSPORTATION Monthly Expense** Car Payment #1 Car Payment #2 Gasoline Maintenance/Repairs Auto Insurance Auto Registration Tolls/Parking/Bus Other OTHER LOANS **Monthly Expense** Boat/ATV/Motorcycle/RV Credits Cards (combined) Signature Loans (combined) Lines of Credit (combined) Other FOOD **Monthly Expense** Groceries/Household Items At Work/School MEDICAL **Monthly Expense** Health Insurance (Plus Dental/Vision) Prescriptions/Doctor Visits **Monthly Expense** Daycare/Sitting Alimony/Child Support Tuition/Lessons **MISCELLANEOUS Monthly Expense** Back Taxes (monthly repayment) Life Insurance Union Dues Storage Fees Other Other

#### **FLEXIBLE EXPENSES**

PERSONAL	Monthly Expense
Movie/Video	
Dining Out	
Sports/Hobbies/Clubs/Gym	
Vacation/Travel	
Reading Material/Music	
Beauty/Barber	
Other	
CLOTHING	Monthly Expense
Purchases	
Laundry/Dry Cleaning	
HOME CARE	Monthly Expense
Maintenance/Cleaning	
Pool Service/Gardening	
Monitored Alarm	
MISCELLANEOUS	Monthly Expense
Gifts	
Pet Care	
Cell Phone/Pager	
Cigarettes/Alcohol	
Computer Online Fees	
Religious/Charity/Contributions Other	
Other	
Other	
SAVINGS	Monthly Expense
Emergency	
Retirement	
Vacation	
Holiday	
Education	
Other	
Other	
Other	

TOTAL FIXED EXPENSES	\$
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TOTAL FLEXIBLE EXPENSES	\$	
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#### IT'S TIME TO CLOSELY FOCUS ON YOUR CURRENT DEBTS

Please list all your debts, secured and unsecured. Be sure to include mortgages, vehicles, credit cards and student loans. You may ask why you are doing this. You may discover that you have an available balance on a low interest credit card that is enough to pay off or pay on a high interest credit card. It's an easy way of saving interest expense. It will also help you decide which debts to pay off first. You will want to place an emphasis on the debt with the highest interest rates.

	CREDITORS	PRESENT BALANCE	MONTHLY PAYMENT	RATE OF INTEREST	CREDIT LIMIT
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					
16					
17					
18					
19					
20					



#### **PART 3:**

# STILL HAVING TROUBLE UNDERSTANDING THE HOLE IN YOUR FINANCES?

Track, Track, Track!

#### TRACKING EVERYDAY EXPENSES

If you don't know where your money is going, it's time to start tracking your spending. One method would be to track spending on a daily spending sheet. Remember, tracking is only effective if you count every expense including the morning newspaper and your morning coffee. It's probably an excellent idea to complete the worksheet on the next page for a couple of weeks for an accurate accounting of your spending. Remember to review your mission statement (on page 6) on a regular basis while you are working on your Money Makeover.

#### DO A DAILY SPENDING AUDIT

Please pull out the opposite page and write down any and all spending over a period of two consecutive weeks. The page is designed to easily fold down so you can carry it with you. Remember to have a pen or pencil during these two weeks as well. It's not easy, but being honest with yourself and writing down everything you spend money on is the best way to get the most out of your Money Makeover. Use this information to determine where you can begin cutting expenses. You may discover that some of your spending are "wants" and not "needs".





MONDAY'S EXPENSES	DATE
	\$
\A/EEV	\$
WEEK	\$
	\$
	\$
	\$
	\$
	\$

TUESDAY'S EXPENSES	DATE
	\$
WEEK	\$
WELK	\$
	\$
	\$
	\$
	\$
	\$

WEDNESDAY'S EXPENSES	DATE
	\$
WEEK	\$
WEEK	\$
	\$
	\$
	\$
	\$
	\$

THURSDAY'S EXPENSES	DATE
	\$
VA/EEN	\$
AAEEK	\$
	\$
	\$
	\$
	\$
	\$

FRIDAY'S EXPENSES	DATE
	\$
W/EEV	\$
AAEEN	\$
	\$
	\$
	\$
	\$
	\$

SATURDAY'S EXPENSES	DATE
	\$
VA/EEN	\$
AAEEK	\$
	\$
	\$
	\$
	\$
	\$

SUNDAY'S EXPENSES	DATE
	\$
WEEK	\$
WEEK	\$
	\$
	\$
	\$
	\$
	\$

WEEK TOTALS	DATE
	\$
WEEK	\$
WEEK	\$
	\$
	\$
	\$
	\$
	\$

MONDAY'S EXPENSES	DATE
	\$
WEEK	\$
VVEEN	\$
	\$
	\$
	\$
	\$
	\$

TUESDAY'S EXPENSES	DATE
	\$
WEEK	\$
WEEN	\$
	\$
	\$
	\$
	\$
	\$

WEDNESDAY'S EXPENSES	DATE
	\$
\M/EEV	\$
WEEK	\$
	\$
	\$
	\$
	\$
	\$

THURSDAY'S EXPENSES	DATE
	\$
N/CCV	\$
VVEEN	\$
	\$
_	\$
	\$
	\$
	\$

FRIDAY'S EXPENSES	DATE
	\$
WEEK	\$
VVEEN	\$
	\$
	\$
	\$
	\$
	\$

SATURDAY'S EXPENSES	DATE
	\$
WEEK	\$
WEEK	\$
	\$
	\$
	\$
	\$
	\$

SUNDAY'S EXPENSES	DATE
	\$
WEEK	\$
WEEK	\$
	\$
_	\$
	\$
	\$
	\$

WEEK TOTALS	DATE
	\$
WEEK.	\$
VALEK	\$
	\$
	\$
	\$
	\$
	\$

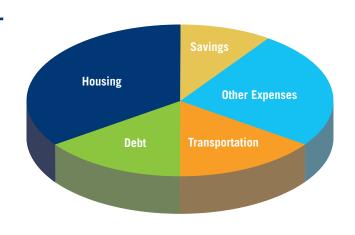
#### **PART 4:**

# GETTING YOU ON THE RIGHT FINANCIAL TRACK

What should it look like?

#### **SPENDING PLAN PIE CHART**

Our Spending Plan Pie Chart indicates what the average family spends in the major financial areas. See how you compare by using the spreadsheet at the bottom of this page for recording your expenses.



#### **KEY**

#### HOUSING 35%

Mortgage Repairs Taxes Utilities Insurance

#### DEBT 15%

Student Loans Credit Cards Personal Loans

#### TRANSPORTATION 15%

Car Payments Gas Insurance Repairs Parking

#### OTHER EXPENSES 25%

Clothing (4%) Food (6%) Personal (6%) Medical (6%) Misc/Emergency (3%)

#### **CREATE YOUR OWN SPENDING PIE**

HOUSING	
Mortgage/Rent	\$
Repairs	\$
Taxes	\$
Utilities	\$
Insurance	\$
Total	\$

DEBT	
Student Loans	\$
Credit Cards	\$
Personal Loans	\$
Total	\$

TRANSPORTATION		
Car Payments	\$	
Gas	\$	
Insurance	\$	
Repairs	\$	
Parking/Tolls	\$	
Bus/Cab Fees	\$	
Total	\$	

OTHER EXPENSES			
Eating Out	\$		
Vacations	\$		
Entertainment	\$		
Clothing	\$		
Cable	\$		
Cell Phones	\$		
Totals	\$		

SAVINGS 10%

SPENDING PIE	Your Percentage	Average Percentage
Housing Total Divided by Net Income		35%
Transportation Total Divided by Net Income		15%
Debt Total Divided by Net Income		15%
Other Living Expenses Divided by Net Income		25%
Savings Total Divided by Net Income		10%
Total		100%

SAVINGS	
Totals	\$

#### **PART 5:**

#### **TIPS FOR SAVING MONEY**

#### WHERE CAN YOU REDUCE EXPENSES?

On page 16, you will see a variety of expense categories and sub-categories beneath. Depending on the decisions you make, you may find opportunities to reduce or eliminate an expense. With each reduction or elimination, you add that amount of money to your disposable income. Adding to your disposable income gives you the opportunity to pay off existing loans quicker or add additional funds to your savings account. You may find this to be an exercise where you include the entire family.



	I		ı	
SECTION 1	SECTION 2		SECTION 3	
Leisure	Food		Loans	
Premium cable channels	\$ Groceries for home	\$	Credit card payments	\$
Cable television service	\$ School/work lunches	\$	Rent-to-own payments	\$
Movies, videos, shows	\$ Fast food meals	\$	Store credit payments	\$
Hobbies, games, sports	\$ Dining/drinking	\$	Installment loans	\$
Memberships, outings	\$ Other	\$	Personal loans	\$
Alcohol and tobacco	\$	T	Other	\$
Gambling	\$ Personal and Home Care			
Other	\$ Cleaning products	\$	Transportation	
	 Paper products	\$	Auto loan payment	\$
Gifts and Contributions	Toiletries and cosmetics	\$	Fuel and servicing	\$
Special occasion gifts	\$ Haircuts and hair care	\$	Upkeep and repairs	\$
Holiday gifts	\$ Over counter drugs	\$	Parking and registration	\$
Religious contributions	\$ Elective treatments	\$	Auto insurance policy	\$
Charitable contributions	\$ Other	\$	Other transportation	\$
Spending allowances	\$			
	Clothing		Housing	
Savings	Work apparel	\$	Rent/mortgage payment	\$
Contributions to savings	\$ Clothing and footwear	\$	Water and sewer fees	\$
Special savings plans	\$ Jewelry and accessories	\$	Gas and electricity	\$
Cash value life insurance	\$ Alterations and repairs	\$	Telephone services	\$
Retirement contributions	\$ Laundry soaps/services	\$	Homeowners insurance	\$
Other	\$ Other	\$	Property taxes and fees	\$
			Other	\$
Miscellaneous Section 1	Miscellaneous Section 2			
Popular magazines	\$ Medical and dental	\$	Miscellaneous Section 3	
Furniture and furnishings	\$ Babysitting/child care	\$	Health insurance	\$
Cell phone and service	\$ Term life insurance	\$	Child support/alimony	\$
Other	\$ Other	\$	Other	\$
Total Savings Section 1	\$ Total Savings Section 2	\$	Total Savings Section 3	\$

TOTAL SAVINGS \$\_

#### PART 6:

#### IT'S ALL IN YOUR HANDS NOW!

During this Money Makeover analysis we showed you how to calculate your current financial position and view the expenses you have control over and the ones you do not have control over. By taking a closer look at the controllable expenses and reducing them or eliminating them, you can begin to allocate the money you would have spent to other obligations. The goal here is to pay down your high interest loans or reduce your higher expenses that are under your control. As you begin to pay off debt, you then have more money to put into savings. Wouldn't it be nice to have extra money for vacations, large purchases and retirement? The program has given you the tools, so the rest is up to you. We never forget that it's your money.

As you move through your program, please call or email VyStar with your questions or ideas. Remember...you are not alone in your Money Makeover. We will be there to assist you every cent of the way.





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