

Andrew LAUTERSTEIN

AGE **22**

NICKNAME	Lauto
D.O.B	22/05/1987
BORN	Melbourne, VIC
LIVES	Sydney, NSW
PHYSICAL	189cm, 90kg
CLUB/INSTITUTE	SOPAC/NSWIS
TRAINS (POOL)	SOPAC/ITAC
COACH	Grant Stoelwinder
MAIN EVENT	50,100m Butterfly

PERSONAL BEST TIMES – LONG COURSE (50m Pool)	
50m Butterfly	– 23.10 – 2009 Rome World Championships
100m Butterfly	– 50.85 – 2009 Rome World Championships AR
50m Freestyle	– 22.24 – 2008 Seven Hills Meet
100m Freestyle	– 48.45 – 2008 Telstra Australian Championships
PERSONAL BEST TIMES – SHORT COURSE (25m Pool)	
50m Butterfly	– 22.70 – 2009 World Cup - Stockholm
100m Butterfly	– 49.54 – 2009 World Cup – Stockholm / Berlin
100m Freestyle	– 47.59 – 2009 World Cup - Berlin



OUT OF THE POOL

FAMILY MEMBERS	Mum – Anne, Dad – George, Siblings Michael and Sarah
HOBBIES	Goal umpiring
OTHER SPORTS PLAYED/PLAY	Football, baseball
SUPERSTITIONS	Don't swim in Lane 9 or 0 at training
STUDIES	Diploma of fitness through FIA
SPECIALITY IN THE KITCHEN	Chicken parma and sweet potato chips with salad
HOW WOULD YOU DESCRIBE YOURSELF IN THREE WORDS	Cool, calm, collected
FAVOURITES	
SPORTING TEAM	Melbourne Storm, Kangaroos
TV SHOW	Entourage
BANDS/MUSIC	Steve Bug, Dixon
FOOD	Thai
DRINK	Milo
WHAT'S YOUR GREATEST ASSET?	My baby blues
PETS	Sea Monkeys
CAREER OBSTACLES	Shoulder surgery at the end of 2008
FAVOURITE SWIM MEET	Beijing Olympic Games
INTERESTING FACTS PEOPLE MAY NOT KNOW ABOUT YOU?	I played football and baseball at a high level
WHO HAS BEEN THE BIGGEST INFLUENCE IN YOUR LIFE AND WHY?	Family and friends, they have shaped the way I am today
WHAT DO YOU LIKE TO DO AWAY FROM SWIMMING?	DJ
MOST FAMOUS PERSON YOU HAVE MET	Kobe Bryant
HOW WOULD YOU LIKE TO BE REMEMBERED	Good bloke and good athlete
WHAT AGE DID YOU START SWIMMING AND WHY?	At age 11, I made the State primary swimming team
FAVOURITE SWIMMER AND WHY?	Brenton Rickard, constant performer
NOTABLE QUOTE	"Victory belongs to the most persevering"

IN THE POOL

INDIVIDUAL AUSTRALIAN LONG COURSE TITLES: **4**
2008, 09, 10 – 100m Butterfly, 2009- 50m Butterfly,

CAREER HIGHLIGHTS

Won silver in 4x100m medley and bronze in 100m fly and 4x100m free at the 2008 Olympic Games
Finished 5th in the 100m fly and won bronze 4x100m medley relay at the 2009 World Championships in Rome

2010 – Won the 100m butterfly national title for the third straight year.

2009 - Finished 5th in the 100m fly and won bronze 4x100m medley relay at the 2009 World Championships in Rome
Set a new personal best for the 50 and 100m fly at the World Championships

2008 - Was second in the 4x100m medley, third in 4x100m free and 100m fly at in Beijing and set Commonwealth record in 100m fly
Won 50 and 100m fly at Seven Hills Invitational in Rome

2007 - Was second in the 100m fly, fourth in 50m fly and seventh in 100m free at the Telstra Australian Championships in Brisbane
Won gold swimming fly in the 4x100m medley, was fifth in the 4x100m free and 15th in the 100m fly at the 2007 FINA World Championships

2006 - Won gold as a backstroke heat swimmer in the 4x100m medley, was sixth in both the 50 and 100m back at Commonwealth Games

AUSTRALIAN TEAM REPRESENTATIVE HONOURS AND RESULTS

MEET	LOCATION	YEAR	RESULTS
Olympic Games	Beijing, China	2008	2 nd 4x100m medley; 3 rd 100m fly, 4x100m free
World Champs	Montreal, Canada	2005	6 th 4x100m medley; 14 th 100m back; 19 th 50m back
	Melbourne, Australia	2007	1 st 4x100m medley; 5 th 4x100m free; 15 th 100m fly
	Rome, Italy	2009	3 rd 4x100m medley relay, 5 th 100m fly, 8 th 4x100m free relay, 10 th 50m fly
Comm Games	Melbourne, Australia	2006	1 st 4x100m medley (heat swim); 6 th 50m, 100m back
Pan Pacific Champs	Victoria, BC, Canada	2006	3 rd 4x100m medley; 10 th 100m fly; 11 th 100m back
	Irvine, CA	2010	12 th 50m & 100m butterfly
Duel in the Pool	Irvine, USA	2005	5 th 100m back
	Sydney, Canberra, Australia	2007	2 nd 4x100m free; 4 th 100m fly
		2009	1 st 50m free, 1 st 100m fly, 1 st 4x100m relay, 2 nd 4x100m medley relay
Junior Pan Pac Champs	Maui, USA	2005	1 st 100m fly, 4x100m free; 2 nd 4x100 medley; 3 rd 100m back
Oceania Champs	Suva, Fiji	2004	1 st 100m back, 4x100m medley, 4x100 free; 2 nd 100m fly, 100m free
International	Chiba,	2007	1 st 100m, 4x100m free; 2 nd

