nake sure that they are in good working

brakes, chains, lights and reflectors to MAINTENANCE Regularly check your tyres, wheels

with a secure device or lock and chain. **ZECNEILY** Lock your bike to an immovable object

Looking after your bike

speed limits.

footpath if accompanying a child under 12. EOOTPATH footpath. An adult may only ride on the

SIGNS Cyclists must obey road signs including

approved child seat. PASSENGERS It is illegal to carry passengers except in an

HAND Cyclists must signal before turning left or

CHOSSINGS Cholists must give way to a bedestrians at bedestrian crossings.

should remain within the lane wherever BICYCLE If a road is marked with a bike lane, cyclist

LEFT left side of the road. KEEP TO THE Cyclists should ride with the traffic on the

and bell in good working order. BBAKES Every bike must have at least one brake

red rear reflector. REFLECTORS white front light, and a rear red light and a LIGHTS & When riding at night your bike must show a

cycleway users will notice you. CLOTHING Wear bright clothing so that other road/

forward to restrict vision or backwards to comfortable to wear and should not move 5. A correctly fitting helmet should feel

and try to move it to the front and rear 4. To check for correct fit, grasp the helmet

positioned, centrally under the jaw. click. Adjust the straps so that buckle is 3. Then firmly close the buckle with a

straps so that they sit just under each ear. 2. Use the slide adjustors up or down the

HELMETS

FITTING 1. Helmet size must fit snugly on the head.

effective, a helmet must fit and be worn approved by Standards Australia. To be HELMETS All cyclists must correctly wear a helmet

tnemqiup3 ytetbS





following rules and safety tips listed below are important and asking for the latest Road User Handbook. The can be obtained by contacting your local motor registry as other motorists. All of the road rules relating to cyclists Cyclists must obey the same road rules and regulations

Stailoy

RULES AND SAFETY TIPS

Motorists

Cyclists have the same rights and responsibilities as drivers and motor bike riders. Cyclists may legally use a whole lane on roads with lane markings and are allowed to ride two abreast (side by side) up to 1.5 metres apart.

OVERTAKING Motorists should give cyclists at least one metre of room overtaking.

TURNING Motorists should indicate early before starting to turn right or left.

CHECK Motorists should check for cyclists in blindspots and when opening car doors.



This plan will make cycling in the City of Canterbury easier. We have identified designated on-road and off road cycling routes.

It also lists some of the parks you may want to stop at.

At least 30 minutes of moderate physical activity on most days will give you major health benefits.

NSE YOUR Warn pedestrians that you are approaching.

communicate intentions to other road users. Use hand signals and eye contact to

position on the road or path. As well, always check before changing happening all around you and behind you. Make sure you are aware of what is

For opening car doors (when on the road).

elderly and people with disabilities. WATCH OUT For pedestrians, particularly children, the

ехсерт when overtaking slower traffic. KEEP LEFT Ride on the left side of the shared path

STAY SAFE Ride at a safe speed.

Stelloy

CONTROL Keep them on a short lead.

HOLD HANDS Keep children out of the way of traffic.

roller blades.

WATCH OUT For people on bicycles, skateboards or

wyerever possible. KEEP LEFT Walk on the left side of the shared path

Pedestrians

sign posted to let you know that you must share the path. skateboards, scooters or roller blades. Shared paths are by pedestrians and cyclists as well as people on Shared paths are paths built specifically to be used

SHTA9 Q38AHS



City of Canterbury City of Cultural Diversity



Translations

This is a map and brochure of the City of Canterbury's Cycleways. If you need help interpreting any information please contact Council on the numbers below

هذه خارطة ومنشور خاصين مسار مدينة كنتربرى للدراجات الهوائية. إذا احتجت إلى مساعدة في ترجمة أية معلومات يرجى الاتصال بالبلدية على الأرقام المذكورة أدناه.

這是關於肯特布雷市自行車道 (City of Canterbury's Cycleways) 的地圖和小冊子,如果你 在理解任何資訊方面需要協助,請撥打以下的 電話號碼聯絡市政府。

이것은 캔터베리 시티의 자전거 도로 지도 및 브로서입니다. 정보 통역에 도움이 필요하시면 아래 전화번호로 시의회에 연락하십시오

Đây là bản đồ và hướng dẫn các Đường xe đạp tại Thành phố Canterbury. Nếu bạn cần giúp đỡ thông dịch bất cứ thông tin nào, hãy liên lạc với Hội đồng Thành phố qua các số điện thoại bên dưới.

Further Information

Canterbury City Council Ph: 9789 9300 Fx: 9789 1542

Mail: General Manager, PO Box 77, Campsie, 2194 Email: council@canterbury.nsw.gov.au Website: www.canterbury.nsw.gov.au

RTA Bicycle Section 131 782

(cycling routes, education, events, promotion and safety)

Bicycle New South Wales Inc. 9281 4099 (events, rides, education, advocacy, advice and bicycle

Printed 2008.

New South Wales Cycling Federation 9738 5850

Cr Robert Furolo

pathways and that you enjoy the delights of the Cooks I hope the Cycleway Plan helps you make the most of our

network of paths safe and fun for everyone. We've also provided some safety tips to make using our

the lovely scenery and birdlife that inhabits the River's of interest where cyclists can stop to relax and enjoy Plan gives details of some of our great parks and places involve individuals, families or groups. Our Cycleway Cycling is a fun, relaxing and enjoyable activity that can

this map identifies our plans to extend the network. expanding the cycleway network throughout our City, and The City of Canterbury is committed to improving and

safer and more enjoyable. make getting around our City easier, to showcase our bike paths and to We've produced this Cycleway Plan

sbaces' barks and playgrounds. and takes in some fantastic open foreshore of the historic Cooks River, cycleways in Sydney along the Our City provides some of the finest



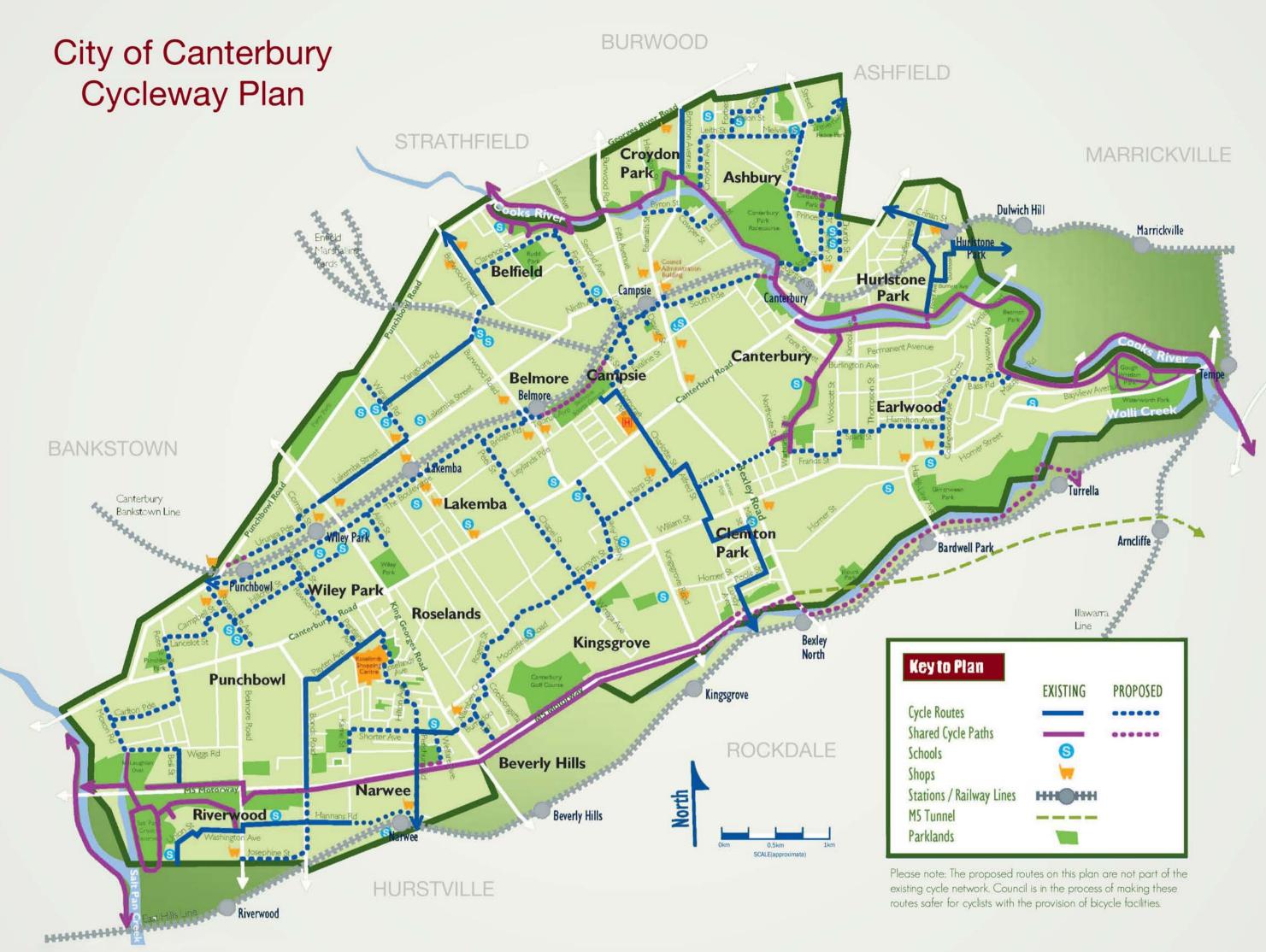
Mayors Message





City of Canterbury Cycleway Plan





Great Cycling in the City of Canterbury

The City of Canterbury has a number of great cycleways and walkways, which are an easy and very accessible way to enjoy the outdoors. So take your family out, get active and have a great day all in the City of Canterbury.

The following cycleway has been included as one of Sydney's

Ryde to Botany Bay Cycleway

Cycle along the historic Cooks River and have a great day out! The Cycleway is 23km long starting at Settlers Park in Ryde, travelling alongside Cooks River through Gough Whitlam Park and finishing at Botany Bay.

Why not stop for a picnic or BBQ with the family at one of

Gough Whitlam Park - Bayview Ave, Undercliffe On the banks of the Cooks River, this is a picturesque and spacious park, with a cricket pitch and oval, wonderful

our great parks:

playground equipment, bike tracks and a basketball court.

🎁 है 🌣 है 🎹 🚧 Also dressing rooms with showers available

Beaman Park - Vera Ave, Earlwood

Located on the banks of the Cooks River, Beaman Park provides a lovely location for a picnic or BBQ.

Tasker Park - Philips Ave, Canterbury

This park is full of wonderful facilities provided by the City of Canterbury including the Canterbury Aquatic and Fitness Centre, as well as an ice rink.

Riverwood Wetlands - Belmore Rd. Riverwood

A vibrant, interactive parkland for local families to enjoy. The reserve features a wetland with fish, turtles, birdlife and other animals. You can picnic in this beautiful park while your children run around, riding their bikes or check out the skatepark.

Croydon Park - Croydon Ave, Croydon Park

Also located on the banks of the Cooks River, Croydon Park is a relaxing place for a picnic, walk or cycle.

Clemton Park - Moorefields Rd, Kingsgrove

Provides a nice spot to rest and enjoy some 'greenspace' with facilities including a playground and bubblers.

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Legend

Mens and womens toilets

Disabled toilets

Drinking fountain

Seating available

BBQ facilities Playground equipment