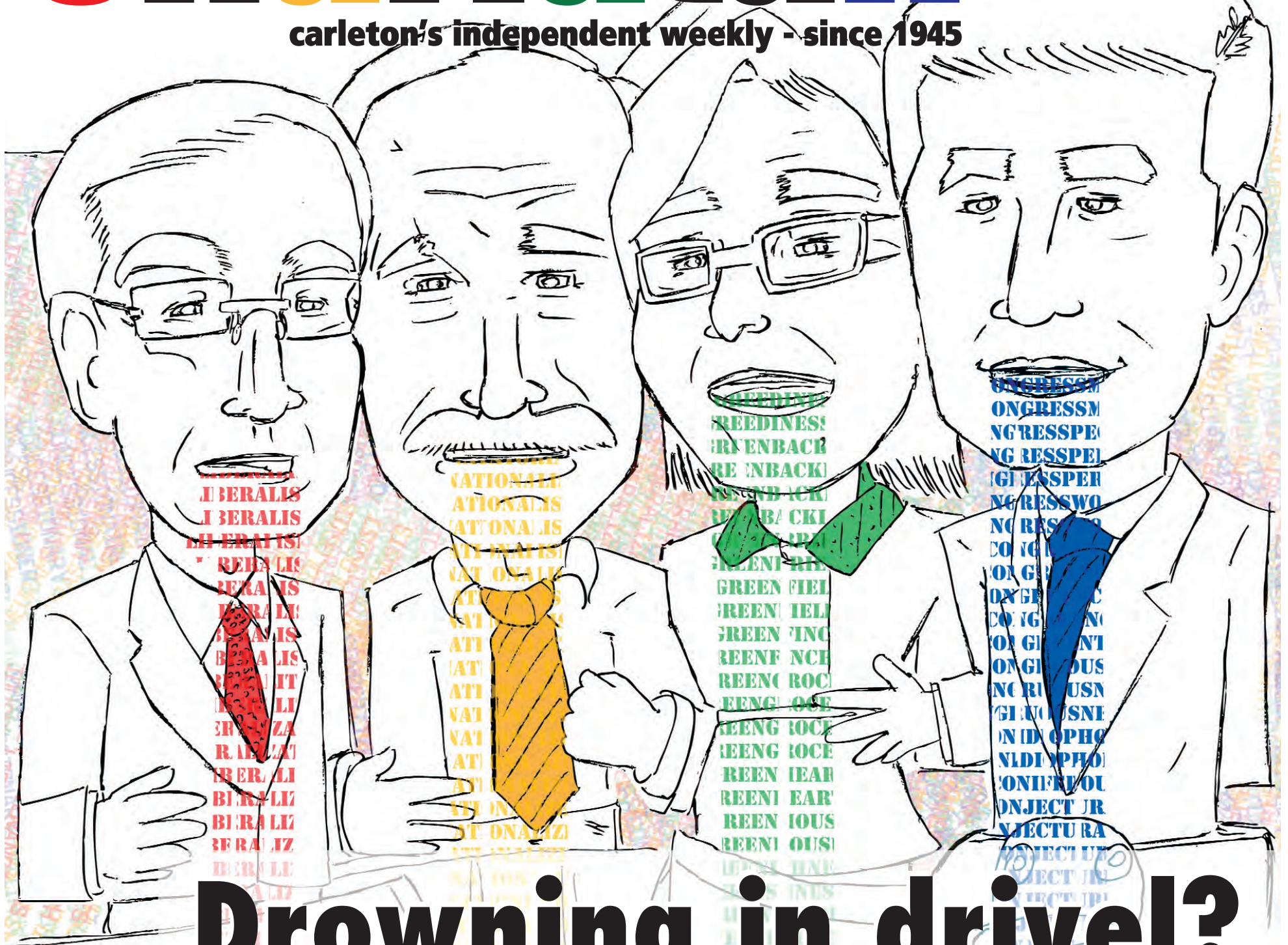


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Vol 38 • Issue 8 • October 2-8, 2008



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The Charlatan Federal Election Guide 2008 p10-13

- Candidate profiles for Ottawa Centre and Ottawa South
- Point/Counterpoint: Re-elect Stephen Harper?
- "On the campaign trail" with Eric Duncan
- Parties fly with their (youth) wings

COVER BY CRAIG STADNYK

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Carleton 'D-graded' on environment

BY CANDICE SO

The 2008 College Sustainability Report Card gave Carleton an average grade of D- across the board, with six F's, two D's and a single C in its nine main categories.

The Sustainable Endowments Institute, which released the report card, examined the environmental policies of 300 colleges and universities across Canada and the United States.

It was one of just 10 schools

that did not give the institute any information about its environmental practices.

Mark Orłowski, executive director of the Sustainable Endowments Institute, explained the focus of the report card.

"We look primarily at the administration policy," he said.

Student groups on campus cited the administration as one of the biggest reasons for the low grade, saying that it could do more to reduce Carleton's ecological footprint.

"I'm surprised it's not lower," said Emma Slaney Gose, a member of the Carleton Sustainable Campus Network (CSCN), in response to the D- grading, "I think they deserve an F . . . I've worked with them, I've spoken to people in administration."

Merissa Thompson, president of Carleton University Students for the Environment, had a similar reaction.

"I think that student groups need the administration's support financially, and just in general," he said.

"We can come up with the ideas . . . yet if we don't have administration support, we're not going to make it any further than just the ideas."

Erik Halliwell, Carleton University Students' Association vice-president (student issues), had a lot to say about the green efforts of the student association.

"We changed our cutlery, [and] our cups to recyclable cups in Oliver's," he said. "By the end of October, Rooster's is going to have

a recyclable cup option."

He also noted the upcoming Lug-A-Mug campaign that will encourage students to buy reusable travel mugs, and the use of recyclable paper and tote bags on campus.

Halliwell is also part of a conference that will promote sustainability, hosted by the Canadian Federation of Students.

"We're trying to change a lot of practices, and practice what we preach as well," he said.

Still, in response to the report card, he agreed with the failing mark given to the administration, especially in the category of aiding student involvement.

"I think that that's a fairly fair grade because I haven't seen too many students encouraged by the administration to participate in sustainability projects," he said.

Thompson pointed out that the report could be helpful to Carleton in the long run, despite the less-than-encouraging grading.

"It's definitely an eye-opener, and it just shows that something does need to be done," he said,

"Look at other schools. Look what they're doing. It's not as if it's impossible. It's definitely, definitely possible." □

To see the full report card: www.greenreportcard.org.



PHOTO ILLUSTRATION BY C.J. ROUSSAKIS AND JAMIE RODGER

Carleton got a D- on the College Sustainability Report Card from the Sustainable Endowments Institute.

Student unions fight for universal transit pass

BY MAUREEN LAWLOR

The Carleton University Students' Association (CUSA) has joined forces with the Student Federation of the University of Ottawa (SFUO) in their efforts to save students' money on public transportation.

The two student groups are working together to get students a discounted rate for student semester bus passes, and plan to put a pilot project before the Transit Committee of the City of Ottawa, said CUSA president Brittany Smyth.

The proposal for the pilot project will ask the city to take on the costs that might arise if OC Transpo were to provide semester passes to all students at a discounted rate within the price of tuition.

Smyth said OC Transpo cannot run a deficit in their budget, and therefore they would ask the City of Ottawa to assume any costs that may arise.

"The best-case scenario is that they approve a pilot project for a year or two at least, and see the revenues and costs it would bring for OC Transpo," Smyth said.

OC Transpo had previously offered a discounted semester pass at \$198 to university students.

The SFUO refused the offer of a \$198 pass, and Smyth said CUSA supported that decision.

The current price for a regular

student semester bus pass is \$232.25, meaning OC Transpo's proposed plan offered students savings of \$34.25.

"One hundred and ninety-eight dollars is barely a savings for students, \$198 is not worth it," said Smyth.

In February, the SFUO ran a referendum at the University of Ottawa and asked students if they would be in favour of giving a semester bus pass to all students at \$125, giving students a savings of \$107.25.

SFUO president Dean Haldenby said students voted 72.5 per cent in favour of this price, and it is the price that will be proposed within the pilot project that will go before the transit committee.

Haldenby said putting the proposal for a pilot project before the transit committee is important for the "clout that they have to make it a worthy item for the budget."

The SFUO felt it was time for them to take a lead on this issue, and ran their referendum question on the U-Pass in February.

They hoped that other post-secondary institutions in the city would get on board with the plan, and knew that having Carleton on their side would give them more power before the Transit Committee, Haldenby said.

"We are still really in the preliminary stages and need to hold a referendum with students," said Erik Halliwell, CUSA vice-presi-

dent (student issues).

CUSA hopes to hold an awareness campaign about the U-Pass issue for students, said Carlos Chacón, CUSA vice-president (internal affairs).

The implementation of a discounted bus pass would have to be mandatory for all students because the discounted price would be added to each student's tuition.

"There are many forces at work . . . It's a long and complicated process," Chacón said.

Smyth said the four-month

semester bus pass currently available to students is the result of a pilot project that CUSA, the Rideau River Residence Association (RRRA) and the Graduate Students' Association (GSA) had previously worked on.

Giving all students a bus pass would likely increase the number of people using OC Transpo's services, and would help the environment with students opting for public transportation rather than driving, Haldenby said.

For OC Transpo and the universities, "it is a win-win situa-

tion," he said.

Having a discounted bus pass for students may help the City of Ottawa in determining their budget at the beginning of their fiscal year, said Carleton president Roseann Runte.

"If the fares were paid at the beginning of the year, the city would have that money to invest and to use and would be able to plan on having the amount," Runte said.

Similar public transportation programs have been implemented at several universities across the country.

"I did my undergrad at Queen's University and students bus for free in Kingston, so I did think it was a lot to buy a bus pass every semester," said Charles Chiu, a Carleton graduate student.

Transport Canada states that at the University of Western Ontario in London, there was a 50 per cent increase in the amount of transit riders on campus after the university bus pass program began, and London Transit increased its service hours as a result.

Increased numbers of riders have also been observed at other universities after they put in similar programs as well.

When it comes down to it, Smyth said CUSA is trying to save money for students.

Chiu agrees. "Any bit helps," he said. □



C.J. ROUSSAKIS

OC Transpo buses are one of the main ways students get to campus.

St. John blocks CUSERT's EpiPen use

BY RAPHAEL DEKETELE

The Carleton Student Emergency Response Team (CUSERT) is no longer permitted to carry EpiPens — an auto-injection device used to deliver a shot of adrenaline into the bloodstream when a person has an anaphylactic reaction to an allergy.

This restriction is the result of a change in the national policy of St. John Ambulance, the organization that supervises CUSERT.

The executive director of CUSERT, Maureen McKeague, said she is confused about the changes.

St. John Ambulance has been incommunicative about the details of their policies, but that the restriction is likely the result of an insurance fiasco, she said.

"Simply put, the federal division of St. John Ambulance will not insure CUSERT if they carry EpiPens," McKeague said.

McKeague said she plans to appeal to the national division of St. John Ambulance to re-establish the EpiPen program.

She said CUSERT responders should

have EpiPens because "you usually have to administer the EpiPen quickly. If you wait for the paramedics to arrive, it could be too late."

CUSERT is a 24/7 first-response team composed of 30 students who are highly trained in first aid.

They now advise all students with severe allergies to carry their own EpiPens and inform friends of their allergy.

The rules concerning the use of epinephrine — the main ingredient in EpiPens — in emergency situations are often questioned. In tests, few ill effects have resulted from unnecessary injections of the drug.

However, an injection of epinephrine in the first few minutes after an allergic reaction occurs invariably re-opens closed airways and raises falling blood pressure, saving the victim's life.

Federal district patient care policies state that St. John Ambulance members (including CUSERT) can assist patients with their EpiPens, but that "regardless of training level, medical first responders are only to

use St. John Ambulance-approved equipment for patient care."

Yael Gang, a first-year journalism student who is also a lifeguard, said this policy has become common practice.

"In first aid training, they make it very clear that you are not supposed to give an EpiPen to anyone," Gang said. "They have to administer it themselves."

She said she thought the rule didn't make sense.

"You can take their hand [with the EpiPen in it] and jab it into their leg. That way, technically, they are giving it to themselves."

CUSERT was never officially licensed or qualified to carry or administer EpiPens, as no such official qualification exists, McKeague said. But all CUSERT members are trained to recognize the symptoms of anaphylaxis and to administer the EpiPens.

In her time as executive director of CUSERT, McKeague can remember only one instance when an EpiPen was used, but its use saved a life. □



LASIA KRETZEL

EpiPens are no longer carried by CUSERT.



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UNICEF tackles new campaign

Spread the Net at Carleton sets \$5,000 goal

BY MITRA HEWITT

Carleton's UNICEF association has a new focus this year, after raising \$9,906 for Rick Mercer and Belinda Stronach's Spread the Net student challenge last year, which placed Carleton third out of the 73 university and college teams that competed.

The Spread the Net campaign raises money to buy insecticide-treated bed nets, which are then distributed by UNICEF in Liberia and Rwanda.

While the group will still be providing advertising support for the Spread the Net campaign this year, most of their attention will be centred on combating and educating about AIDS.

"This year we're shifting to Unite For Children Unite Against AIDS," said Rishi Patry, president and executive director of UNICEF Carleton.

This change comes as a result of a conference last May for all UNICEF university associations in Ontario, which Patry attended.

Patry recently returned from a

UNICEF trip to Guyana, which was funded by the Canadian International Development Agency.

On the trip, he and five other university students from across Canada got a first-hand look at some of the programs related to the campaign, including youth programs and health centres.

He said the experience encouraged him to continue fundraising with "even greater enthusiasm."

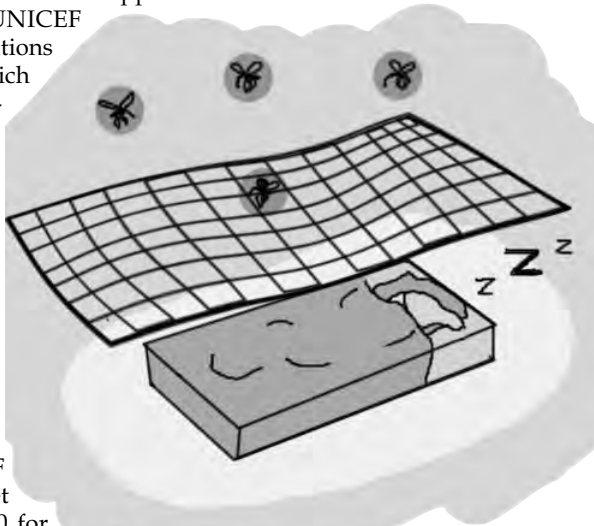
Currently, there are approximately 20 UNICEF campus associations in Canada, which primarily support three causes: the Spread the Net campaign, the Trick-or-Treat for UNICEF campaign for schools in Africa and Unite For Children Unite Against AIDS.

UNICEF Carleton has set a goal of \$5,000 for the Spread the Net campaign this year and is planning events that include a pub

night, meet and greets, speakers and outdoor activities.

UNICEF Carleton will also work with the University of Ottawa's UNICEF association, which raised \$14,418 for the Spread the Net campaign last year.

As part of their two-pronged approach to educating and fundraising, UNICEF Carleton says they will have volunteers give presentations at high schools. □



GRAPHIC BY ANDREW BUJAKI

CUSA revamps club rules

BY WYATT DANOWSKI

Guidelines for starting a new club or society on campus have gotten stricter, in a new policy by the Carleton University Students' Association (CUSA), aimed at cracking down on fraudulent groups.

The bylaw amendment, decided in a meeting on Sept. 30, states that the vice-president (internal affairs) or the club and societies

commissioner can now question the legitimacy of clubs, and have the authority to request other information concerning some clubs, including clubs' schedules for the year, a proper mission statement and budget.

If the club or society fails to show any of these three things, the club will cease to exist.

The second part of the bylaw is that if CUSA finds an executive member of a certain club or society to be guilty of inappropriate financial activity, that member will be excluded from holding any executive positions

with any club or society.

"Anything that seems fishy," said CUSA president Brittany Smyth of club investigations. "If the club has no purpose it needs to be decertified."

This change in the bylaw comes from an issue last year where some individuals created fake clubs and societies and received funding from CUSA.

This new amendment will penalize students who take advantage of the

'If the club has no purpose it needs to be decertified,'

— Brittany Smyth, Carleton University Students' Association president

funding provided by CUSA.

"CUSA is responsible for certification, so it

falls back on us for checking out every club," Smyth said.

"There will be consequences if people create fake clubs and CUSA now has the power to investigate them," Smyth said.

"All too often CUSA asks 'why does this club exist?' " she said.

Some members of CUSA council expressed during the debate that they felt there was too much of a grey area left in the bylaw after the amendment.

Still, the amendment passed with a majority vote. □



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Hundreds mark end of Ramadan at Carleton

BY ERIN JACKSON

The Islamic festival of Ramadan is a month of fasting and prayer usually spent at home with family and close friends. On campus, students enjoyed the festivities together.

The end of Ramadan was marked this week with an Eid ceremony on Oct. 1 in the Fieldhouse.

Each night, students marked the breaking of the fast by coming together to eat and pray.

Porter Hall is often used to host dinners, known as Iftaars, for over 300 Carleton students who attend, and the Muslim prayer room is available throughout the year for nightly prayers.

Free halal food is provided by several sources including local restaurants, donations from families and from the Somalia University Student Association.

According to Najeeb Siddique, president of the Muslim Students' Association (MSA), although Porter Hall is the most convenient place to hold the Iftars, it did not come with-



CHRISTOPHER KING

Carleton Muslim students pray in Porter Hall during Ramadan observation.

out a struggle.

Due to the limited amount of space on campus, it took two months for the MSA to book the hall for this month.

While he understands lack of space, Siddique said the Ramadan observations

should not come as a surprise, as they have been held on campus since 1973.

Being away from family during this religious holiday can be difficult for students, but many say they appreciate the strong sense of community that exists in

Carleton.

Samar Serry, a third-year communications engineering student, said she misses her family but enjoys celebrating Ramadan on campus.

"Breaking our fast together gives us the spirit and brings us closer," Serry said.

Serry said being able to celebrate on campus is important to her because it is a way of "showing people you're not different, we're equal."

She admitted the hardest part of observing Ramadan at the university is to keep studying while fasting.

The MSA hosted the event in co-operation with sponsors, such as the Ottawa Muslim Association.

The festival's aim was to bring the large Muslim community of Ottawa together with over 1,000 people expected to attend, as well as over 600 of Carleton's Muslim students, Siddique said.

Due to the number of people traveling to Carleton, the MSA wants to make it a "whole day out for family and friends," Siddique said. □

Eco-friendly research to be funded by provincial government

The Ontario government has announced they will be funding five Ottawa-based eco-friendly researchers, including two Carleton professors.

Sue Bertram, assistant professor in the department of biology, and Paul Simms, assistant professor for the department of

civil and environmental engineering, have received a combined \$135,634 from the Ontario government through the Ontario Research Fund.

Simms and a team of five graduate students are studying better ways to dispose of mining waste.

From the large amounts of rock that are excavated every year, the targeted precious metals only make up around 1 per cent,

Simms said. The rock is put through a breaking-down process to retrieve the precious metals, leaving toxic, mud-like waste. When not handled carefully, this can lead to catastrophic mudslides, deadened land around the site and poisoned earth, he said.

Simms and his team are building a climate-controlled pit at Carleton. The project is estimated to cost around \$150,000. □

— Kayla Morrison

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No end in sight for Windsor faculty strike

BY HILARY DUFF

"Benign until provoked," proclaims the Windsor University Faculty Association's website. This represents the group's firm view that they will not take what they consider unfairness lightly — hence their continuing strike.

While students at Carleton University and in other universities across Canada are settling into classes, students at the University of Windsor have had their year turned upside down.

At 12:01 a.m. on Sept. 17, the Windsor faculty and librarians exercised their right to strike, demanding fair salaries and promotion through the ranks.

At the negotiations meeting, the vote was 96 per cent in favour, representing the largest majority vote in any academic institution's history.

This vote meant that for 16,000 students at the university, classes and labs would be cancelled until further notice.

"The students of this university want to go back to class," said Tiffany Gooch, president of the University of Windsor Student Alliance said.

"We are really getting restless in terms of the hours of instruction we're losing," she said. "We deserve to get the education we've invested millions in collectively."

The students at Windsor want



PROVIDED

Students at the University of Windsor demanded a quick end to the strike, and took to the streets with faculty on Sept. 23.

the administration to know that they are serious about this situation, Gooch said. On Sept. 23, a demonstration brought together hundreds of students and faculty members before a board of govern-

nors meeting.

"We sang protest songs from the '30s, chanted, and there have even been some dramatic performances taking place on the picket lines," said one of the stu-

dents involved, fourth-year history major Vanessa Hughes.

Hughes said she believes that to lose a semester of school would be "catastrophic" and she does not want to be forced to stay another

semester to complete her undergraduate degree.

On Sept. 25, just two days after the demonstration, an information session was organized where both parties were invited to answer questions about the strike.

"As much as students are the most effected, we're the least considered," Gooch, who was present at the session, said.

"Just before the session, the administration pulled out. That in itself was a complete disregard for the students and an unwillingness to even give us information about what's going on," she added.

A fourth-year English literature student, Emily Wunder, said she was upset over the strike.

"The university administration has been financially irresponsible, hiring more and more administrative members at increased salaries, digging this university deeper and deeper into debt."

While the strike is underway, students still continue to pay an average of \$200 a week for education that they are not receiving.

The Windsor administration was not available for comment. However, in a message released on the Windsor website from the university president, Alan Wildeman, he stated: "We [the university] remain totally committed to resolving this matter in such a way that every student's academic year will be completed." □

Queen's homecoming attracts partiers from far and wide

One Carleton student's fuzzy recollection of Queen's Homecoming

BY MCGREGOR TOWNLEY

Stepping off the bus in Kingston, I was on my way to Homecoming at Queen's University to meet up with a few old friends and perhaps consume a wee bit of alcohol.

Little did I know how many old friends I was about to meet.

As late Friday night approached, you could hear the city begin to come alive, even though it was yet to be the night of the main attraction. Keggers galore was what Friday was about.

For every two-block radius, at least three keggers could be seen. This day is known for selling out every keg in the city and surrounding area.

Saturday is the day that Homecoming is known for. It's the day of the big football game, and a "small" party on Aberdeen Street.

The game this year was between Western and Queen's, fans showed their spirit by wearing "wuck Festern" t-shirts.

Being the unlucky person I am, my friends and I were lacking tick-



PROVIDED

What happens in Kingston — ends up in *the Charlatan*. This year's party drew students from across Ontario, as well as the media and police.

ets to the football game, but we were able to watch about half of it at a local pub. It was 2:30 in the afternoon when we walked into the pub and started watching the game. Western was being destroyed on the field and the score reflected that at half-time — 23 to one.

We may not have been at the game, but the atmosphere was strong in the pub with people cheering and laughing when the engineers stormed the field.

Late that night we headed out

to Aberdeen Street to see what Homecoming is famous for.

Lining the end of the street were police officers, rumored to have come from all around just to control the student populous.

They seemed to be needed because they were already herding people trying to jaywalk.

The street was packed to the brim inside the two-block area that was designated for students to drink in open air without consequence.

The scene beyond the cop bor-

der was an even more amazing sight because there were about 4,000 to 5,000 people, all stumbling around screaming and talking.

While meandering around the crowd someone caught my eye — I spotted Waldo.

Almost every house on the street had their doors open for people to walk into.

My friend's house was a mere stone's-throw from Aberdeen and we spent much time there chilling and playing flip cup.

Late that night when we went

back to that house we found out a group of police officers had stormed the house because someone that was running from them had hid in the attic. Luckily no one I knew was arrested or ticketed.

As the night carried on into the wee hours of the morning, people began to disperse.

What was left was nothing more than a disaster zone. Broken beer bottles, full beer bottles and every other container under the sun were left for the poor clean-up crew. □

Hack U makes its Canadian debut at the University of Waterloo

BY ROCHELLE FRANCIS

The University of Waterloo is the first Canadian university to participate in Hack U, a competition through Yahoo.

The Impact Entrepreneurship Group, a student-run, non-profit organization, hosted the weeklong event that took place Sept. 22-26 at Waterloo.

Hack U has run annually since 2006. During the week, students from various selected universities

learn about the latest technology and computer programs.

This year's presenters included Rasmus Lerdorf, the creator of web-programming language PHP and a Waterloo alumnus, and Paul Tarjan, the tech lead of web platform SearchMonkey. The last day of the event included a 24-hour competition where the students got to use Yahoo's applications to make their own innovative ideas come to life.

Simon Wong, the vice-presi-

dent of communications at Impact and Eugene Lee, the head of Impact Consulting Group, said Impact organized Hack U at Waterloo because of the university's high-profile computer and engineering programs.

Wong and Lee said the purpose of bringing such events to universities like Waterloo is to allow students to develop their own ideas and bring companies to students so that they can become further involved in networking and entre-

preneurship.

"Our goal at Impact is simple - to redefine the meaning of entrepreneurship and help youth embrace the entrepreneurial spirit," Wong said. "Yahoo Hack U was a natural fit with Impact as it promotes the entrepreneurial spirit and encourages students to innovate and think outside the box."

Yahoo presented Hack U at five different universities in the United States this year, including the

University of Illinois, Stanford University and Carnegie Mellon University.

Lee said the events that took place here at Waterloo were the most successful since Yahoo started the competition, with 24 applications submitted for the Waterloo event.

Winners from the participating universities have the chance to network with people from Yahoo and secure an internship at Yahoo's base in California. □

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e.g.: a neighbour, your roommate

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IDENTITY CARDS

- Health Card
- Hospital Card
- Social Insurance Number Card
- Birth Certificate
- Driver's Licence
- Provincial/Territorial Identification Card
- Canadian Passport
- Certificate of Indian Status
- Certificate of Canadian Citizenship or Citizenship Card
- Credit/Debit Card with elector name
- Canadian Forces Identity Card
- Veterans Affairs Canada Health Card
- Employee Card issued by employer
- Old Age Security Identification Card
- Public Transportation Card
- Student ID Card
- Library Card
- Liquor Identification Card
- Canadian Blood Services/Héma-Québec Card
- Fishing Licence
- Wildlife Identification Card
- Hunting Licence
- Firearm Acquisition Card/Firearm Possession Card
- Outdoors Card and Licences
- Local Community Service Centre Card (CLSC)

ORIGINAL DOCUMENTS (containing name and address)

- Credit Card Statement
- Bank Statement
- Utility Bill (residential telephone, cable TV, public utilities commission, hydro, gas or water)
- Attestation of Residence issued by the responsible authority of an Indian band or reserve
- Local Property Tax Assessment
- School, College or University Report Card or Transcript
- Residential Lease, Residential Mortgage Statement or Agreement
- Canada Child Tax Benefit Statement
- Income Tax Assessment Notice
- Insurance Policy
- Government Cheque or Government Cheque Stub with elector name
- Statement of Employment Insurance Benefits Paid (T4E)
- Canada Pension Plan Statement of Contributions/Quebec Pension Plan Statement of Participation
- Statement of Old Age Security (T4A) or Statement of Canada Pension Plan Benefits (T4AP)
- Statement of Benefits from provincial workplace safety or insurance board
- Statement of Direct Deposit for provincial works or provincial disability support program
- Vehicle Ownership
- Vehicle Insurance
- Attestation of Residence issued by the responsible authorities (shelters, soup kitchens, student/senior residences, long-term care facilities)
- Letter from public curator

Note: The pieces of identification required under the Canada Elections Act are not the same as those for provincial or municipal elections. The above information is also available in a number of heritage and Aboriginal languages on the Elections Canada Web site at www.elections.ca.

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Checking out the candidates in Ottawa Centre

Brian McGarry

Conservative Party



BY KATHRYN BURNHAM

PROVIDED

Ottawa Centre may have an inside edge if candidate Brian McGarry is elected, and that is what he is hoping for.

"I think to accomplish [something] for Ottawa Centre, we probably need a candidate that is inside government and I think that Stephen Harper will form the government," he said.

"I truly believe you can do more . . . inside government."

McGarry has big infrastructure plans for the riding, such as cleaning up the waterways, helping the O-Train project and keeping the Ottawa Civic Hospital in the area.

But he said he will not make any promises he can't keep, criticizing the other can-

didates for making promises their leaders don't support. "I think I am a fairly transparent guy," he said.

McGarry also said he'd like to see more done for students.

The Conservatives have helped out by providing more grants and by making transit and textbooks tax-deductible, but McGarry said more should be done.

"I am lucky enough that we wouldn't need much help, but there are many that are less fortunate," he said.

"It's not just the comfortable that should be going through university."

McGarry has experience in education, having served as a school-board chair for nine years.

McGarry has many ties to the community. His business, McGarry Family Chapels, serves a diverse crowd, he said.

He was also one of the businessmen who helped finance the bid to bring the Senators hockey team back to Ottawa.

While McGarry said this could be his last go at politics, he said he would like it to go for a few terms.

"We will get more done," he said.

"Because when you are in the party of the governing body you can get stuff done." □

Jen Hunter

Green Party



BY CARA STERN

CHRISTOPHER KING

The Green Party is enjoying an increased popularity in the polls by proving through their campaigns that "it's easy to be green," said Jen Hunter, candidate for the Ottawa Centre riding.

James Taylor, Hunter's campaign manager, suggested the public's interest level in the Green Party has increased recently because people are beginning to realize how environmental issues affect them.

One of their main focuses of their campaigning is to get students involved in the election.

"Students are a big part of the campaign because we know if students don't vote for us, we will be less likely to win," Hunter said.

The campaign itself follows the princi-

ples that the Green Party suggests are necessary in creating a sustainable environment, Hunter said, explaining that their signs are made from recyclable material and are delivered in an environmentally-friendly way.

Hunter said the party aims to educate students on how to vote since, she said, the reason many young voters don't vote is largely due to their lack of knowledge of how to do so.

According to Hunter's campaign website, the Green party supports, among other ideas, a carbon tax, shifting from free to fair trade, the legalization of marijuana and a universal child care program.

In addition to serving the needs of those who place environmental issues as priority, the party suits those who do not see themselves strictly on either side of the political spectrum.

"[We're] trying to unite both the left and the right, not caring whether something is called left or right," said Jay Fitzsimmons, the communications chair for the Green Party's Ottawa Centre riding's Electoral District Association.

"We're just bringing it forward to help people." □

Penny Collette

Liberal Party



BY JOEL EASTWOOD

CHRISTOPHER KING

Politically-active Carleton students might aspire to follow Penny Collette, whose start with the Liberal party at 19 has eventually lead her to be their federal candidate for Ottawa Centre.

An alumna of both Carleton University and the University of Ottawa, Collette is a strong advocate of higher education.

"Support for learning is a long-held Liberal value and our party is determined to provide this support in tangible ways to make post-secondary more accessible," Collette said.

The Liberals have promised several student initiatives, including 200,000 needs-based bursaries, a lower interest rate for all student loans and a \$5,000 student loan

that every student would be eligible for, regardless of parental income.

Collette said this will "establish the principle that it doesn't matter what your parents' income is," when it comes to receiving funding for university education.

In her local community, Collette is involved with Citizen Advocacy of Ottawa, a United Way member agency that supports people living with disabilities. She has been the co-chair of fundraising for several years.

"I got involved for personal reasons," she said of her service.

Diagnosed with double scoliosis of the spine at 13, Collette experienced firsthand the difficulties faced by the physically disabled. "I learned at an early age how blessed we are in Canada to have a health-care system."

Collette said she also feels strongly about funding for the arts, and supports the Liberals' pledge to double the budget of the Canada Council for the Arts.

She spoke fondly of her riding's cultural achievements: "Ottawa Centre has such a flourishing arts culture. [We have] all kinds of cafés, art galleries — we're happening!" □

Pierre Soublière

Marxist-Leninist Party



BY DANIEL FISH

PROVIDED

Pierre Soublière, of the Marxist-Leninist Party, said voting for his party is supporting "a democratic renewal."

His position is that the party system is blocking the way forward.

"People should be able to choose their own political representative," he said.

"Why vote for a party member, who, once he's in power, will just follow their party's line?"

He mentioned that voter turnout is down because people no longer have a connection to political candidates and have decided that it doesn't make a difference.

Soublière said his aim is "to have people from the workplace be elected in Parliament and form an anti-war govern-

ment."

One of his passions is war prevention. He is an active member of NOWAR-PAIX, an organization committed to fighting discrimination and ending Canada's participation in Afghanistan.

Soublière said he refuses to make blind promises regarding local issues.

"Very often local issues are linked up with more general issues.

I'm not saying I'm not preoccupied (with Ottawa Centre), but the issues raised are specific to a lot of ridings," he said.

He commented on pollution and health-care changes needed locally, but said the entire system is a huge problem.

Soublière said he wants post-secondary education to be fully funded by the government.

He criticized the increase in university privatization and questioned the government's logic not to provide it for free.

"It is investing in the future of your country. If people are excluded from university, how is that a step forward?"

Soublière said he and his party are looking for a fundamental change to the party system, and an empowerment of the working class. □

Paul Dewar

New Democrat Party



BY JOEL EASTWOOD

CHRISTOPHER KING

Carleton students appear to have a vocal representative in Paul Dewar, the incumbent MP for the Ottawa Centre riding who has promised to reduce tuition fees and invest in Ottawa transit.

"We've been the strongest in terms of supporting students," said Dewar, referring to a 2005 Liberal budget that the NDP rewrote to divert \$1.5 billion towards reducing education costs.

If re-elected, Dewar said the NDP would focus on reducing high interest rates on student debts, alleviating student fees by funding universities and dealing

with provinces who have allowed tuition rates to rise.

"Students come out of university saddled with debt. How can they start a career when they have to 'pay the man,' so to speak?" he said.

On a national level, the NDP would implement a cap-and-trade system that would set hard caps on pollution and would fine companies who exceeded those limits.

They also plan to allocate one cent per litre of the federal gas tax for transit.

Together, these policies would generate \$140 million over four years that would be invested directly in Ottawa transit.

Dewar is highly involved in the community and is particularly proud of a new farmer's market at St. Paul's University.

And he had only praise for his riding.

"We have a joke in the House of Parliament that Ottawa Centre has everything — a campus, well-off people, people trying to make ends meet, newcomers, rivers, lakes — we even have farmland.

"This riding is made up of little slices of Canada, and its citizens are extremely well-informed," he said. □

John Akpata

Marijuana Party



BY DANIEL FISH

PROVIDED

The official policies for the Marijuana Party of Canada are "Legalize marijuana! Legalize revolution."

John Akpata presents their platform on cannabis by saying, "legalize it, tax it, give all the money to health care and education."

He said the federal government has been covering up the truth about cannabis. He said it is common knowledge that it provides food, medicine, clothing and shelter.

Akpata said possession of marijuana laws was deemed unconstitutional in July 2007 by a Toronto judge, a ruling upheld four times.

Health Canada recognizes the medicinal properties of cannabis, from AIDS to fibromyalgia.

"The revolution occurs when politicians tell the truth," Akpata said. "I don't believe anything they say, ever. As a member of the Marijuana Party, I don't have to lie."

Akpata wants local changes to involve low-income housing initiatives, community centres, and grants and bursaries for tuition. He said he fears Ottawa will become a city only the wealthy can afford.

Akpata's message to young voters is: "If you want to have education, have property, have children: be aware now because it will affect you for the next 25 years."

Akpata criticized the proposed scholarship programs, saying they are flawed. "I wouldn't look to the Conservatives, Liberals or the NDP to give any money to education," Akpata said.

He also criticized the Liberals' and Green Party's environmental policies. "No one can tell me that climate change and environmental change has proof," he said.

"Everyone in Canada, give me two dollars, and by 2036, I will personally stop global warming with my mind." □

The 411 on who's running in Ottawa South

Elie Salibi

Conservative Party



BY ANDREA HILL

PROVIDED

In a riding that has been dominated by Liberal MPs, Conservative Elie Salibi said he feels the time may have come for the riding to diversify its representation in parliament.

Since moving to the Ottawa South region from Lebanon 23 years ago, Salibi earned his honours bachelor of commerce at the University of Ottawa and has spent seven years working at Corel, where he was director of international sales.

He said he was drawn to politics because he believes that only by getting involved in the political system can he affect change.

Salibi said he thinks the Conservative party has policies not only most beneficial

to Ottawa South, but to all of Canada. He is particularly fond of the party's commitment to support families, seniors and small businesses.

Although it is difficult for a federal MP to instigate change directly in his own riding, Salibi would like to see more federal funding go to the Museum of Science and Technology, a "great museum" within the Ottawa South riding.

Salibi also said he firmly believes the Conservative's plans will benefit both the environment and economy.

The Conservative plan in place now is placing caps on greenhouse gas emissions, aiming to reduce greenhouse gases by 20 per cent by 2020 and by 40 per cent by 2040.

Salibi said the Conservative party would like to increase student grants and make a number of school supplies tax-deductible in order to assist students.

When asked if he is concerned about running against incumbent David McGuinty, Salibi said that "no one goes into a race without thinking they can win . . . I am confident people will see I've been working hard and doing everything I can to connect with people." □

David McGuinty

Liberal Party



BY LAURA MARRAST

C.J. ROUSSAKIS

Like some of the other candidates, David McGuinty, the Liberal incumbent MP started canvassing early on for student votes.

However, unlike the other candidates, McGuinty had a bit more help from a provincial partner.

"When we [the Liberals] roll out our platform [students are] going to be very, very happy, very happy with the post-secondary [education] plan. Bob Rae had a big hand in it," said McGuinty.

McGuinty said this while canvassing outside Greenboro station on Sept. 11.

It was a strategic spot to speak to voters as earlier that day the City of Ottawa announced its plan for an east-west light rail expansion project, another concern for

students.

At McGuinty's side was his brother, Ontario Premier Dalton McGuinty, the MPP for Ottawa South.

Handing out pamphlets and talking to voters about his brother and the election, the premier spoke to the value of helping family and serving the community.

"One of the things that my dad impressed upon me was that it's a tremendous privilege to be able to serve people through public office. [David] shares that sentiment and I'm very proud of him and the work that he's doing," said the Ontario premier.

It is also helpful to the premier since the brothers share the exact same constituents at two levels of government.

"I would like to think that it makes our work more seamless. So that people get the sense that we can easily find a way to help them, whether it's a provincial responsibility or a federal responsibility. Our two offices work well together."

This is David McGuinty's third federal election in just over four years, but canvassing outside is still a difficult thing.

"Refuse [to shake] a man's hand, now that's always tough," David said as one person breezed by him. □

Hijal De Sarkar

New Democratic Party



BY ANDREA HILL

PROVIDED

A student in Carleton's political science program, Hijal De Sarkar said he believes, as a member of the NDP, he is the right person to represent the "diverse" and "vibrant" people of the Ottawa South riding.

De Sarkar's love of politics manifested at a young age largely because of his parents' involvement in government. He said he became particularly conscious of political institutions when his mother passed away 11 years ago after suffering severe health deterioration.

"I became acutely aware of how important the healthcare system was," De Sarkar said.

"If not for the great healthcare system,

my family would have suffered great financial ruin."

De Sarkar said his desire to help others has led to his involvement in the Carleton community. In 2005, he co-founded Carleton's AIDS Awareness Society.

As a representative for Ottawa South, De Sarkar hopes to solve rising crime rates in the community. Growing up in the Jane and Finch area of Toronto, De Sarkar experienced first-hand high crime rates and unemployment, a trend he fears is beginning to take root in his riding.

"I want handguns off the street . . . this is not a left-wing or right-wing ideal, but an issue of community safety."

De Sarkar said he supports the NDP's stance on environmental issues. He said he believes Canada needs to reduce greenhouse gases in a way that creates economic opportunities. "We need to get people involved in green-collar jobs."

De Sarkar also said he wishes to work with his party to make students' lives more bearable. The NDP's plans to increase federal funding to universities and to move towards student grants as opposed to student loans. □

Qais Ghanem

Green Party



BY ARIEL HARTMAN

ALEX WEBER

Qais Ghanem said he walks to work. He walks in the sun, the rain, and the snow. "I don't mind the cold," Ghanem said. "I have the shoes with the spikes," for the really slippery days.

His family composts everything and he said he turns off the lights when he leaves a room.

He said he is an ordinary man, who wants to give back to the city he has called home for 15 years.

Ghanem is the Green Party candidate for Ottawa South, but that's not all he is. He teaches medicine at the University of Ottawa. He is a neurophysiologist at the Ottawa Hospital and director of the sleep centre.

He is nearing his retirement age, and

felt like he wanted to do something more for his city. He joined the Green Party because they are a "party of green, not greed, of values, not violence," Ghanem said. The Greens are "not left, not right, just ahead."

While this is his first time running for MP, he said he has done his research and knows where his strengths are.

He said he understands the difficulty of being in a foreign country and wants to raise awareness about issues that are close to his heart, including the plight of foreign physicians.

Every year thousands of foreign physicians immigrate to Canada, he said, but cannot find work in their field.

Meanwhile, five million Canadians are without physicians, he said.

Ghanem said he believes we should "help students financially when they need it the most."

He proposes postponing the pay date of the loan, or offering interest-free or very low interest loans to students.

Ghanem's motto is "Stop complaining, start contributing." He said he is dedicated to contributing to this city, and creating a positive and diverse Ottawa. □

Jean-Serge Brisson

Libertarian Party



BY CATHARINE TUNNEY

PROVIDED

For those voters who are dissatisfied with the main political parties in Canada, there are alternatives, says the Libertarian Party of Canada.

"We are a party that is prone to promoting the freedom of the individual," said Jean-Serge Brisson from the Ottawa South riding. The party wants to be rid of a dominating government. "Our main goal is to enforce property rights."

Brisson said he believes in restricting the government's responsibilities to the military, justice and policing. "That's all the government should do. Everything else is left to the individual."

Brisson finds limitations to freedom in our society. "The Liberals believe in social

freedoms and the Conservatives believe in economic freedoms. We are both."

To help the environment Brisson said he would promote the free market.

"Private enterprise will find a solution." He said he feels it is not the government's job to be in the frontline of the environmental issue.

"The government didn't have a hell of a lot of development with the computer. The consumer bought what the private sector had to sell. Same thing will happen with the environment."

He said he believes "it is not the job of the politicians to be involved in certain projects."

"There are less and less dollars around. People need jobs. The carbon tax and green shift are taxing people to the hilt, this is the worst thing," Brisson said.

He said he wants to be rid of the GST and proposes that post-secondary education should be tax-deductible.

This, he said, will also be an initiative for people to go to school.

Brisson's main goal in this election is to raise his party's profile. "My main focus is to bring attention to the party. There is a big difference between us and them." □

Al Gullon

Progressive Canadian Party



BY CATHARINE TUNNEY

PROVIDED

Al Gullon of the Ottawa South riding wants people to know about the Progressive Canadian Party.

Gullon was part of a group who disagreed with the merger of the Canadian Alliance and Progressive Conservatives in 2003.

Members who refused to join the Conservative Party helped form the new PC Party. "We are the continuing 'Progressive Conservative' party of Sir John A. Macdonald," he said.

The party says it is devoted to the ideologies of our first prime minister. They say their policies favour "the little guy" and vow to remove economic privileges

for the elite.

They are not as far right-winged as Harper's party, which is "advocating a return to traditional conservative values of 150 years ago," Gullon said.

Gullon has lived in the Ottawa South area for the last 30 years and raised his family here. Gullon proposes "substantial assistance to municipalities for transport infrastructure, both maintenance and expansion."

For the past decade Gullon has been devoted to traffic safety research. His work has been presented at conferences worldwide.

While working at Environment Canada for 23 years, Gullon has had some time to reflect on the state of our climate.

"Tender loving care of this planet requires actively searching out tragedies of the commons," he said.

Gullon graduated from Carleton in 1972 with a degree in engineering. Years later, post-secondary education is still on his mind. He says his party's financial assistance program for students surpasses the Liberal plan.

As Oct. 14 approaches, Gullon hopes his party's platform will reach people. □

On the campaign trail



WILL JOHNSON

ERIC DUNCAN, assistant campaign manager for Conservative MP Guy Lauzon, talks about his experience as a volunteer.

For the past three weeks, my life in campaign mode has been a blur: from putting up large signs during the first few days, to canvassing with our candidate, to being in the audience at an all-candidates debate for support. The role that volunteers and campaign team members play in an election is vital.

The unfortunate reality is that for a large majority of Canadians, Oct. 14 will be an easy, simple day. For those who choose to engage in the democratic process, they will head to their local polling station and cast their ballot for their preferred candidate or political party. Their 'job' will be done.

But for a small percentage of Canadians, their contribution to this election will be arguably more important.

For the duration of a campaign, many voters just notice the signs at major intersections, see the piece of literature left at their door and read a newspaper ad in their local weekly paper.

What the public does not see is the behind-the-scenes work that needs to get done. The cost of these expenses, the organization and the people that it takes to promote the candidate and party are always underestimated.

Our candidate, Guy Lauzon, a two-term incumbent, has a somewhat corny, but true saying: "It's not candidates or money that wins elections — it is volunteers."

It takes literally thousands of volunteer hours in a campaign to run the office and answer phones, put up signs and drop off literature.

At a recent campaign meeting, we calculated the monetary value of our volunteers. We calculated having over 300 volunteers on our campaign who volunteer, on average, 15 hours during the election. If we paid each volunteer \$12 an hour for their work over the campaign period, it would cost an additional \$54,000 just for their labour.

Anyone who wants to make a bigger impact — regardless of the political party — needs to play a role in their local campaign.

A few days ago, unable to vote, a 14-year-old called the campaign office asking for a role in the campaign. He didn't care what he would have to do, but he said he wanted to be a part of a winning team.

We've taken him on as an advisor in our campaign's youth and high school outreach initiatives. Enthusiastic people like this encourage our candidate, as well as our other volunteers.

While your vote is the most important thing on election day, so is making sure the other supporters of your candidate go to the ballot box as well. □

Carleton's young supporters

With a federal election set for Oct. 14, there is no better time for students to get politically involved on campus. Even if you're under the voting age, your voice can be heard at the polls.

CHRIS LINTON talked to Carleton's campus political groups to find out ways to get involved.

THE CONs

CAMPUS CONSERVATIVES

"I got involved in politics when I was 15 because I couldn't vote," said Grant Dingwall, vice-president of the Carleton Campus Conservatives (CCC).

"If I'm out campaigning and talking to people and I get one person to vote Conservative, then it's like I've voted."

The CCC has been successful, not only in gathering votes, but members as well.

"[CCC is] one of the biggest campus clubs in the country for Conservatives," Dingwall said, and usually boasts 60 to 70 members by the end of the year.

However, with elections coming up, Dingwall admitted that they were getting to know their members a lot faster since there is so much to do with them.

For anyone interested, the best way to get involved with CCC is to go to the recruitment tables, which are open every day from 12 p.m. to 3 p.m. in the tunnel beneath the library.

THE GREENs

CU GREENS

Although the CU Greens have a smaller membership base, the group has been just as friendly.

"Anyone's welcome. We're literally a club. If you want to come on in and take a minor role, you're absolutely welcome, and if you really want to be a leader and get really involved, then you're absolutely welcome to do that too," said Chris Bisson, president of the CU Greens.

Carleton University is also where the Green Party of Canada was founded back in 1983, as Bisson was quick to point out.

For anyone interested in joining, Bisson recommended getting on the mailing list by e-mailing the group at cugreens@gmail.com.

THE NDPERS

NEW DEMOCRATS

The Carleton New Democrats have also been working hard trying to get Paul Dewar re-elected as their federal MP for Ottawa Centre.

"Right now, as it stands, we're pretty focused on the election," said Katie Mather, secretary-treasurer for the Carleton University New Democrats.

Natalie Beaudin, president of the Carleton New Democrats, recommends anybody to join up with them by going down to Paul Dewar's office on 170 Booth St.

Anyone wishing to contact the Carleton New Democrats should do so through e-mail at carletonndp@gmail.com or by visiting their website at www.freewebs.com/carletonndp

THE LIBs

YOUNG LIBERALS

The Carleton University Young Liberals are keeping busy due to the approaching election.

"We are pressing hard on this federal election," said Emile Scheffel, the communications director for the Carleton University Young Liberals.

"We helped Yasir Naqvi get elected to MPP for Ottawa Centre and are talking to students in [residence and] all over campus to make sure that Penny Collette gets elected to be our federal Liberal MP," he said.

Like the Carleton Campus Conservatives, Scheffel said he believes in the importance of underage members.

"There is so much about politics that is about people convincing other people," he said.

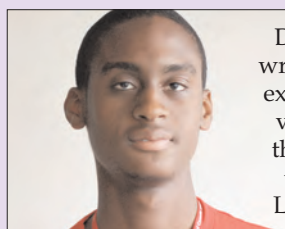
He also notes that students can get involved by visiting their website at www.cuyl.ca.

the WIZARD of OTTAWA



GRAPHIC BY IGNACIO SAUTANDER ALFONSO

Web exclusive For all this and more, see www.charlatan.ca



DELROY DYRE writes about his experience as a volunteer on the campaign trail for the Liberal party.

ANDREA WROBEL reports on the Ottawa Centre candidates debate hosted by the GLBTQ community.

Liberal candidate Penny Collette used DC++ to reach Carleton students in residence. ANGELA WALSH was there.



Should we re-elect the Conservatives? Point Counterpoint

Yes, for our economy

BY DAVID SUMMERS

As the U.S. economic picture darkens, the obvious question is when, not if, our largest trading partner's problems will start having an effect on our own economy.

Fortunately, the Stephen Harper and Conservative Party of Canada have a reputation for their sound and reliable handling of the economy, providing leadership on the world stage and reducing taxes for all Canadians.

So let's start with that, the economy. First of all, who can you, as students, trust to ensure there are plenty of jobs available in the workforce when you graduate? Easy answer, Stephen Harper and the Conservatives.

Harper, an economist before life as a politician, has the stable hand the economy needs right now, as seen by his track record over the past three years.

The unemployment rate while the Conservatives have been in power has decreased from 6.6 per cent to 6.1 per cent, creating more than 600,000 jobs since 2006 even while our biggest trading partner, the U.S., lost millions of jobs in the same time span.

The Liberals plan on a "Green Shift" that would be detrimental to Canada's economy. They claim it is revenue-neutral, but Stéphane Dion is simply just bad at basic math. Under his plan, the government would collect \$15.3 billion in new carbon taxes but would only give back \$6.7 billion in income tax cuts. That is an extra \$8.6 billion the government is taking from you.

Not only that, but the carbon tax would drive the prices of almost all goods up drastically. Diesel, all transportation costs (and therefore anything that needs to be transported), heating bills for your houses and apartments and essentially all goods that are purchased on a daily basis would then become more expensive due to Dion's lack of economic knowledge.

It is well known in the economic community that the worst thing you can do when faced with economic hardship is to increase prices and taxes, yet this is exactly what Stéphane Dion and the Liberals would like to do with their green shift. Not an economist? Even common sense says this is a bad idea.

Stephen Harper is a smart man, caring father and all-around "ordinary guy," not the evil control freak the Liberals would like to depict him as.

In contrast, Stéphane Dion and NDP leader Jack Layton have records of a lot of talk, but little action.

Layton, essentially the echoing parrot of many of Dion's poor ideas, has done slim to none in terms of getting things done in parliament. This may not be such a bad thing when you take a closer look at his platform and how fiscally irresponsible it is.

During his term as minister of the environment, Dion presided over a 34.6 per cent increase in greenhouse gas emissions along with a decline in overall air quality.

Dion shows how directionless his government would be when he moaned during the Liberal leadership race: "Do you think it is easy to make priorities?"

I hope my prime minister knows how to make priorities, how about you? Dion's dog, Kyoto, would be a more decisive leader.

Elizabeth May, leader of the Green Party, often rambles on about what is best for the environment — let's face it, what else is she going to talk about? But if we look closer at the Green Party's environmental policies combined with their economic policies, it is quite clear that they would spell certain disaster for Canada.

As students and soon graduates, you will now have to start paying some serious taxes.

Harper and the Conservatives reduced income tax to those in the lowest tax bracket, many of which are students, reduced the GST to 5 per cent from 7 per cent, and eliminated income tax on student scholarships, fellowships and bursaries.

Now if elected, the Liberal Party of Canada would put in place a carbon tax that would take a net \$8.6 billion out of the taxpayer's wallets.

Most recently Harper announced that he will be limiting the text message charges that we as students face every day. The plan would eliminate charges for incoming texts, a policy many phone companies are now enforcing.

Through tax cuts, economic stability and leadership, Stephen Harper and the Conservatives would continue to make Canada stronger and specifically improve students' lives.

For a better Canada, the choice is clear: vote Conservative. □

David Summers,
third-year commerce



No (more deceit)

BY DAVID D'INTINO

Another year, another election, another letdown. Same old right? Not this time.

Stephen Harper says he's different. Stephen Harper says: "He's on your side." He tells you everything is great, even though it isn't.

Backtrack to 2006 when the Conservatives were elected. Stephen Harper just barely squeaked into power on the heels of the so-called sponsorship scandal.

On the campaign trail, Stephen Harper's Conservatives made over 126 promises to the country. Among those promises were new ethics legislation to "clean up Parliament," a tough stance on the environment and more money for the middle and lower class.

Almost immediately, the Harper Conservatives showed their true colours by drafting their ethics legislation with loopholes they themselves designed and ignored many of the recommendations of the Gomery Report that were crafted to prevent another sponsorship scandal.

Next was the Chuck Cadman Affair in which the Conservatives offered a life insurance policy bribe to then-independent MP Cadman in exchange for a vote to bring down the Liberals in a previous confidence motion.

Then there was a scandal involving Conservative plans to create their own media theatre with taxpayer dollars in order to control journalists at media functions and what types of questions can be asked. That plan was scrapped when the *Toronto Star* broke the story and offered a scathing criticism of the anti-democratic practices of the Conservatives and their obsession with controlling the flow of information.

The Conservatives then broadcasted lies regarding Stéphane Dion's "Green Shift" platform using video screens at gas stations and by handing out pamphlets on street corners across Ontario. The goal presumably was to deliberately mislead the public about environmental policies such as carbon taxes, and derail the Canadian environmental movement in order to secure political support from oil companies in Harper's home province of Alberta.

Most recently there was the Mulroney-Schreiber affair — in which Mulroney accepted a cash bribe from German businessman Karlheinz Schreiber — and the allegations of kickbacks from illegal spending in the last federal election that resulted in a joint investigation by Elections Canada and the RCMP. Both investigations have been blocked by the Conservatives. Each of these events illustrate a clear and consistent pattern of deception by the Conservatives, and most importantly, a profound disrespect to all Canadians.

Rather than deliver on promises of accountability and transparency, they have begun to transform Canadian government into a Soviet-style dictatorship based on misinformation and blatant corruption.

But the betrayal goes deeper than that.

The Conservatives also promised not to tax income trusts and to reduce taxes. What did they do? They levied a tax against income trusts that resulted in losses for many Canadian companies and investors.

While Harper did reduce the GST (resulting in a net savings of a few cents on my last grocery bill), he also raised the basic income tax rate by half a percent — 15 per cent to 15.5 per cent — then reduced it several months later and called it a tax reduction.

Furthermore, the Conservatives pledged aid to the automotive sector in Canada. When the time for action came, Finance Minister Jim Flaherty blamed Ontario's corporate tax rate and turned his back while Ford, GM and now John Deere closed plant after plant.

What about the environment?

Shortly after coming to power, Stephen Harper announced that Canada would not try to reach its emission reductions targets, joining the United States and Australia as the only developed countries to ignore the scientific evidence regarding climate change.

Even more embarrassing was that Canada had to host a global climate change conference without a viable environmental policy.

The Conservatives eventually replaced nothing with their own Clean Air Act that was subsequently criticized by every scientist, think tank and policy expert in the field for being ineffective.

Rather than being the "champion of the environment" that Stephen Harper touted himself to be, Harper showed himself to be nothing more than a tool of the oil lobbyists and American government.

If this information makes you feel betrayed, lost or scared, just remember that Harper is on television smiling at you and telling you things have never been better in Canada.

Tell him you won't stand for it anymore by not voting for him. □

David D'Intino,
master's of legal studies



WHO ARE YOU VOTING FOR?

"Paul Dewar ... I support many of the things he's done in his last term as MP. I think he's an important presence in the riding. And I think he has done a good job of being very visible and very vocal on a number of issues."

— Nora Draper,
master's of communications

"The Green Party because they are the most inclusive party that brings in a lot of different ideas from different individuals around Canada."

— Ashton Starr,
fourth-year political science

"I'm not voting in this election because I haven't followed it and I don't know what's going on."

— Laurie McVey,
third-year sociology

"Liberal party, just because I was brought up a Liberal and I believe in most of their views."

— Lisa Milone,
second-year communications

"The Conservative party because I believe in principles and I believe that if you teach a man to fish he can eat for a living. I also believe ... saving money and creating jobs for the lower class is the best economic policy heading into a period of economic uncertainty."

— Joel Schuurman,
third-year criminology

WHAT IS THE MOST IMPORTANT ISSUE THIS ELECTION?

"I'm always really interested in hearing about the social issues. What they are going to be doing to help the homeless and what sort of social infrastructure is going to be implemented for these people."

— Toni Petter,
third-year journalism

"I really would like for them to concentrate more on the environmental side of it. And also re-think their health care money."

— Melissa Lavery,
first-year human rights

"For me the most important issue is probably education. But overall, right now I think the most important issue is stuff to do with the economy. Just like seeing what's going on in the States and if we don't take care of that it, it could filter over here."

— Amanda Casselman,
third-year political science

"Right now, the oil prices, global warming and taxes."

— Mark Raicevic,
first-year history

"Well for me as a student I want to know what they're going to do for me for tuition."

— Jillian Bender,
third-year journalism

Compiled by Julia Kent

Hip enough to care: pushing students to vote

BY BRITTANY MAHANEY

At a party in January 2004, Ilona Dougherty, then 23, and two friends were hanging out and talking about the upcoming federal election.

At the forefront of their minds that night was how lame all the 'get out the vote' initiatives were, says Dougherty in a phone interview.

"We decided we could do something better," she says. "We figured we were all artists so we had the creativity factor down. It was just a matter of spreading the word."

This discussion gave birth to Apathy is Boring, a non-partisan organization that encourages active citizenry and voting in 18-35 year olds with the help of art, media and technology.

An overnight success, the organization was able to reach over 500,000 Canadian youth in a mere two months, according to the website.

It doesn't hurt that Dougherty is only 28 and can relate to youth voters.

She has lived in Saskatchewan, the Yukon and Montreal, and Dougherty says she has a good sense of what it's like to be a young person in both urban and

rural Canada.

"The thing that's cool about a small town is that you probably know who the mayor is. It's a lot more accessible" she says.

"However, sometimes there are communities that are remote and politicians don't make the effort to go there."

Regardless of size, studies by Elections Canada have indicated that many communities across the nation have poor youth voting rates.

The organization attempts to inform and educate modern Canadian youth, who may not be drawn into current issues faced by political consumers.

Dougherty says that one remedy is to expand civic education in high schools.

During her own high school career, Dougherty was actively involved in various committees and projects, even acting as chair of the Canadian Environmental

activist, were very active in their community and instilled those values in her.

Studying dance and policy studies at Concordia University allowed Dougherty to fuse her two passions — art and activism — to apply creative solutions to relevant issues.

They use fashion, art and music to get their message across. Popular artists such as Chris Brown, Chantal Kreviazuk, and Zaki Ibrahim have pumped the crowd at civic duty rock concerts.

Dougherty says the two most inspiring voices she has come across are Raine Maida, former lead singer of band Our Lady Peace, and Governor General Michaëlle Jean.

"What I respect about both of them is their desire and ability to

connect with youth and to inspire those around them to work for change," she says.

"They also both have an incredible analysis of the intersection of art and democracy, and how powerful that can be."

Youth are experiencing cynicism that disconnects them from politics, Dougherty says, and makes them a virtually untapped generation.

She says they are underrepresented in the House of Commons partly because politicians are not making an effort in areas that matter to youth, such as the environment and job opportunities. This lack of connection correlates with a low voter turnout.

"If you don't vote while you're a teen, it's likely you won't vote when you're older," Dougherty says.

Since the organization's conception, youth voting rates have consistently gone up, she says. Although Dougherty says the organization would not take full responsibility for the increase, she likes to think they are part of the solution.

Because the organization is non-partisan, Dougherty couldn't comment on the current election, though she says she hopes young people will go out and vote. □



PROVIDED

Ilona Dougherty co-founded Apathy is Boring when she was 23. The organization aims to raise youth voter turnout.

Wandering the world with the United Nations

BY LAUREN MITSUKI

You never know what the world has to offer until you've gone out and seen it. This belief led Catharine Newton-Wowryk, currently a business analyst in the oil and gas industry, out of the Prairies and into the United Nations headquarters on the other side of the Atlantic.

Growing up in Winnipeg, Newton-Wowryk, who now works at energy infrastructure company TransCanada Corp., says she realized the world was bigger than Manitoba.

Little did she know her love of learning and political spy novels would keep her travelling for more than a decade.

After high school, many of her friends got married and started families, but Newton-Wowryk says she knew that was not the right path for her.

Instead, at 17, she jetted off to Australia with the Rotary Exchange and attended teacher's college in Adelaide for a year. Down Under, she met students from Finland, Brazil and the United States, and began to take an interest in foreign affairs.

When Newton-Wowryk returned to Canada with a desire to enter the international arena of politics, she found little had changed at home.

"I came back to Winnipeg after being away in Australia and my friends were exactly the same, dating the same people, doing the same things, wearing the same



PROVIDED

Catharine Newton-Wowryk with her son Brandon. Newton-Wowryk spent eight years working for the UN in Geneva.

clothes, with the same ideas," she says. "And I had changed."

After completing an undergraduate degree in political science at the University of Manitoba in 1988, Newton-Wowryk left for Paris to study French at The University Paris-Sorbonne, a move that would turn Europe into her home for the next ten years.

It was in Paris in 1989 that the opportunity arose to work for the UN office at Geneva in the International Telecommunication Union.

"I was thrilled," she says. "I jumped at the chance to work for the UN and live in Geneva and

watch history unfold in front of me."

Of all the places Newton-Wowryk has lived, she says Geneva, Switzerland is the place where she felt the most at home.

"Geneva is a very beautiful city. It's right on the lake, it's very clean, very safe and just a lovely, picturesque kind of town."

In Geneva, Newton-Wowryk learned she'd been accepted into Carleton's journalism program, but decided to stay on a political route. "It was a toss-up," she says. "Do I go to Carleton or do I stay in Geneva and work for the UN?"

By day, Newton-Wowryk

worked on the UN's Regional African Satellite Communications Organization Project, helping to implement satellite systems over Africa. She collected information for field operatives in the Anglophone regions of the continent.

In the evenings, Newton-Wowryk worked towards two master's degrees, one in human resources development and the other in international relations, at Webster University.

Newton-Wowryk's perspective continued to broaden when she was moved to the Middle East and Eastern European department, where she was required to work in Cairo occasionally.

"Going on missions to developing countries, I saw an awful lot of poverty and unrest and difficult situations," she says. "I didn't always see how the UN was helping. You don't always see the end results of development plans and programs."

Newton-Wowryk was later transferred to the evaluation department, where she and an American co-worker determined whether UN programs in developing countries had been effective, and helped move UN workers out of volatile areas in Libya and Palestine.

Newton-Wowryk admits that working for the UN did have a glamorous side.

"We were invited to embassies and consulates and we were able to mix with the leaders and influential people in world politics,"

she says. "I spoke to Queen Noor of Jordan. She was really stunning."

Although Newton-Wowryk was lucky enough to attend social functions in the presence of the likes of Yasser Arafat, she is quick to say that, at the end of the day, it was her duty to work for the betterment of developing countries.

In 1997, after a two-year long-distance relationship, Newton-Wowryk married her husband, Ed, and the couple eventually settled in Calgary.

Long accustomed to a fast-paced, international lifestyle, Newton-Wowryk says she had trouble settling down in Calgary.

"I didn't like Calgary when I first arrived. I was shocked that people actually wear cowboy boots and cowboy hats," she says with a laugh.

She says she wants her sons, Brandon, 3, and Austin, 22 months, to follow in her footsteps and become globally active.

"My international travel days are put on hold until they're potty-trained," Newton-Wowryk says.

In the meantime, Newton-Wowryk is involved in the Junior League, a women's organization that develops programs for impoverished families. She also plans to work towards more degrees.

"I'll always be interested in lots of things, always searching for the next interesting job," she says.

"I guess I'll never know what I really want to do when I grow up," she adds with a chuckle. □

Freedom from phobia tears and fears

The Charlatan's SARAH HEWEY asks: What's your phobia?

BY ELISE A. MILBRADT

The best way to overcome any phobia is to put yourself in the situation that makes you afraid, said Diana Koszycki, an adjunct research professor of psychology at Carleton and professor of psychiatry at the University of Ottawa.

Koszycki said phobias can be very effectively treated.

"It is one of the anxiety disorders that responds very, very well to psychological intervention," she said.

The most effective treatment for a specific phobia, she said, is called exposure. This treatment requires putting a person in the situation that they are afraid of, so they can face it.

"When people are afraid of something, they avoid it," she said. "Although it may make the person feel fine in the short term, in the long term the avoidance just perpetuates the problem. The person never learns that there is nothing dangerous about being in that situation."

Koszycki, also director of the Stress and Anxiety Clinical Research Unit at the University of Ottawa Institute of Mental Health Research, said there is a close relationship between fears and phobias.

"Fear is a common emotion that people who have phobias experience," she said.

But people who have phobias experience fear that is excessive given the situation that they are in and recognize that their fear is excessive.

"If you don't have an irrational fear, you won't understand," said Emily Dickinson, a first-year journalism student.

"I realize that a garter snake isn't going to hurt me, but just the thought of it being there makes me want to throw up. They're disgusting. I hate them."

Her fear of snakes inhibits her from doing many things she wants to do.

"I have a new Cosmo [magazine] and I can't open it because my roommate told me there was an ad with a snake in it," she said. "I'm too scared to have that shock."

Exposure teaches individuals there is really no danger associated with a particular situation, so their anxiety in that situation can subside, Koszycki said.

Initially, there are many different ways that phobias develop, she said.

Someone may have a bad experience, such as getting bitten by a dog and becoming afraid of them, or just observe someone else being afraid of a particular situation, such as in the case of a child observing a parent's fear.

Even just hearing about something can trigger a phobia, Koszycki said.

Listening to the radio as the commentator describes a horrific plane crash can trigger a fear of flying.

April Thornton, a third-year law student, said she can remember the exact moment her phobia of spiders began.

She was camping when she was about five years old and went to use the outhouse.

"I sat down on the toilet and I looked over and there was a huge northern Ontario wolf spider on the roll of toilet paper," she said.

"These things are the size of your hand and they're hairy and grey. So I tried to get out, but the lock was jammed and the spider was moving towards me. I was hyperventilating, I was freaking out so bad."

Her dad eventually got her out of the outhouse, but she said she hated spiders from that day on.

"It makes my skin crawl. I just get shaky," she said.

"I can't even explain it. I just freeze when I see them."

Koszycki said when someone with a phobia is faced with a feared situation, they can cope by doing some breathing and relaxation exercises.

These exercises will help to diminish the physical symptoms associated with anxiety, such as increased heart rate.

Also, people should pay attention to how they're looking at a situation, she said.

"People who are phobic to a particular situation have erroneous ideas about it. They believe that the situation is more dangerous than it really is," she said.

"It is important to pay attention to how you are looking at the situation and whether or not the way you are looking at the situation actually makes sense." □



Lois Sweet, journalism professor

Water, water everywhere: Lois Sweet, a journalism professor, admitted she is afraid of water.

"It's a visceral reaction," she said. "When I'm around water, I think I'm going to die."

Where did her hydrophobia, or "water phobia," begin?

"It was generationally transmitted," Sweet said. "My mother almost drowned when she was in high school, and my uncle drowned at the age of 19. When I

was little, I was not allowed to swim."

Sweet said she overcame her phobia by taking swimming lessons and going kayaking with her family.

"The best thing to do is confront your fear. If you don't, it grows in magnitude and becomes exaggerated."

For other hydrophobes, she suggested practicing care when braving the open sea.



Meera Chander, fourth-year law student and RRRRA president

A sea of emotion: Meera Chander, a fourth-year law student and president of the Rideau River Residence Association, confessed her phobia of seafood.

"I saw a live lobster in a Chinese restaurant and it scared me," she said. "Now I associate all seafood with that lobster."

What is it about seafood?

"I try not to be around it, I don't like the smell. I just don't like anything about it."

However, she proudly admitted to confronting her fear on New Year's Eve by eating a piece of calamari, although shortly thereafter it was regurgitated.

"At least I tried!" she laughed.

Chander said having a supportive group of friends is a must when it comes to dealing with her phobia.

"Let them know that you feel uncomfortable with them eating it in front of you," she suggested.



Matthew Chandler, first-year Greek and Roman studies student

Beware of small spaces: Matthew Chandler, a first-year Greek and Roman studies student, admitted he became aware of his claustrophobia about halfway through high school.

"It's an anxious, panicky feeling," he said. "You feel like you can't breathe."

Thankfully, he has managed to master his fear over the years through some serious self-talk and creative imagery.

"If I know I'm going to be in a claustrophobic situation, like a long bus trip, I tend to wear a shirt that can be unbuttoned at the collar," Chandler said.

"Talking to people is also a good distraction."

Chandler's tips and tricks for other phobia sufferers:

"Try to give yourself the image of being warm."

Think of feeling cozy as opposed to feeling trapped."



Stephanie Gillis, third-year psychology student

Fear and loathing in the forest: Stephanie Gillis, a third-year psychology student, said her fear of snakes is so severe her hands go clammy just thinking about them.

"I hate everything about them," she said.

"I'm actually terrified."

She said she has no idea how her phobia began, only that it hasn't gotten any better over the years.

This particular phobia isn't

exactly unheard of, as snakes don't quite have a reputation for being as cute and cuddly as other woodland creatures, such as chipmunks or groundhogs.

How does she deal with her fear?

Gillis advised other ophidiophobes, or "snake phobes," to stay far away from fields or wooded areas.

"I'm a city dweller now, which helps," she said.

TEST YOUR KNOWLEDGE WITH THESE PHOBIA FAST FACTS

- COULROPHOBIA: fear of clowns
- GENIOPHOBIA: fear of chins
- PHOBOPHOBIA: fear of phobias
- HIPPOPOTOMONSTROSESQUIPPEDALIOPHOBIA: fear of long words (how ironic)
- POGONOPHOBIA: fear of beards
- CLINOPHOBIA: fear of going to bed
- ARACHIBUTYROPHOBIA: fear of peanut butter sticking to the roof of your mouth
- MAGEIROCOPHOBIA: fear of cooking
- ALEKTOROPHOBIA: fear of chickens
- CHRONOMENTROPHOBIA: fear of clocks
- BOGYPHOBIA: fear of the bogeyman
- ACROPHOBIA: fear of heights
- ARACHNOPHOBIA: fear of spiders
- ARITHMOPHOBIA: fear of numbers
- GENUPHOBIA: fear of knees
- AGORAPHOBIA: fear of open spaces or crowds
- NOSOCOMEPHOBIA: fear of hospitals
- AMAYOPHOBIA: fear of riding in a car
- TACHOPHOBIA: fear of speed
- ZOOPHOBIA: fear of animals
- HELIOPHOBIA: fear of the sun

- compiled by Sarah Hewey



C.J. ROUSSAKIS

A phobia of heights is quite common.

Politicians cause youth apathy

RE: "Not enough youth voting, Elections Canada says," Sept. 25 - Oct. 1

We aren't voting because we are disillusioned with Canada's political system.

It seems that there is so much drama and wordplay in Ottawa that it really doesn't matter who we vote for. In the end they are all the same.

This is an unfortunate reality and I don't think it is acceptable to blame the reaction of Canada's young population. Instead blame the politicians who have worked to destroy the political process so much that not even the 18-year-olds, who were just granted the legal privilege of voting, will.

After years of inaction, fraud and other scandals, why blame the 18-24 youth

group? It's just another negative thing to throw on the backs of our youth.

— Jason Fornarolo
undergraduate arts and science
Queen's University

Web exclusive

This week's *Charlablog* features first-year JOHN McLAUGHLIN's recount of the unfortunate events he encountered on a quest for cheap textbooks.

For this story and more, see www.charlatan.ca

VOICEBOX

Hello.

(new voice) Hello?

(first voice) Shut up. OK, so I was

on the bus the other day, and there was this guy listening to his iPod and he has a really, really weird variety of music. I could hear it because his earphones were so shitty. And he went from like, 60s music to like, swing-dance stuff, all the way to like, Rihanna and then some other stuff. But the weird thing was that he was dressed like a goth with the baggy jeans and black eyeliner. So I just thought that was really fucked up. Anyways, have a nice day.

BLEEP!

You know what really grinds my gears? People in the 19th century. Why don't they get with the friggin' program. It's called an automobile, folks, and it's much faster than a horse.

BLEEP!

Hi, I'm a black guy. And more, I'm a lonely guy. I like hot girls, especially Indians and Chinese. OK, that's it. Bye.

BLEEP!

Hi Voicebox, this is Gary Slow calling. After a long summer hiatus and a honeymoon with my sweetheart, Rose Transporter, I have to clear the air that was left unattended last year. This is a message to everyone that listens to Sally Speedwalk's dirty lies and allegations about me. I'd just like to say for the record

Do you eat excessive amounts of cake? Call: 613-520-7500.

that I may have broken my vows of celibacy to the priesthood. But, Sally Speedwalk, that child is not mine.

BLEEP!

Hey, this is a message for the person who left the message about the cake. We just want to say you're a fat-ass.

BLEEP!

Hi, I'm calling to complain about the university's stance on sexual assault on campus. Apparently, having a prevalence of sexual assault on campus is more a scheduling issue than a safety concern. So, of course we have a sexual assault co-ordinator so that people can now schedule their sexual assaults. Great plan.

BLEEP!

Hi, I'd like to let Carleton University know that I'll be starting a journal of every meal I've missed over the past couple of months, every night I haven't slept over the past couple of weeks, and over the semester. And I would like to say that I plan on filing a lawsuit against the journalism department for its mistreatment of students.

BLEEP!

My tremendous intuition of the female creature tells me you're troubled.

BLEEP!

Overheard at Carleton

Girl: You can drink alcohol when you're pregnant, as long it's not during the first trimester when it's all "zygote-y."

???

Guy 1: That thing is so small.
Guy 2: That's what she said.

???

Girl 1 (at bus stop): Centreville? They have that amusement park in Toronto too.
Girl 2: No, it's centre-ville. It means downtown in French.
Girl 1: Oh, well they have one of those in Toronto too.

???

Girl 1: Remember that Rachel McAdams chick we met?
Girl 2: Rachel McAdams is an actress.
Girl 1: I know, dummy. I'm talking about the girl we met who looked like her.
Girl 2: Oh, yeah. (pause) No, I don't remember.

???

Prof: Does anyone in the class need another example for this formula?
Guy: Yes.
Prof is giving example, guy leaves.
Prof: Did the guy who asked for another example just leave the class?

???

Class: Yeah.
Prof: What a jackass.

Guy 1: So, I was looking online for tips on how to satisfy a girl when you have a small penis...

Guy 2: Umm, what?

???

Guy 1: Dude, Why are you squatting? You can sit down.
Guy 2: I have my whole life to sit down. I want to squat.

???

Girl 1: I'm so nervous for my interview today.
Girl 2: Just work on your sexy voice and make it all "breathy."

???

Girl 1: I don't understand how people can move in with their parents after they get married.
Girl 2: Yeah, I know. Wouldn't it suck if you just wanted to clear off the dining-room table and do it right there, but his parents were eating dinner?

???

Send more of what your profs say in class. E-mail oped@charlatan.ca.

Health and Dental Plan Notice

Please note that all students taking 4 or 5 classes this Fall semester are automatically enrolled in CUSA's health and dental plan. The health and dental plan covers 80% of prescription drugs up to \$2,000 and provides \$500 in dental benefits.

Opting Out

If you already have health and dental coverage through a parent, employer, or the military, you can apply for a full refund. You must opt out online at www.studentplans.ca no later than October 10, 2008. You will receive a refund via cheque available in the CUSA office in mid-November.

Opting In

Part-time students, co-op students, and students with dependents can opt in to the health and dental plan by filling out an opt in form and paying the appropriate fee. All information is available on www.cusaonline.com/health_plan.html

If you have any questions, please visit www.cusaonline.com, email admin@cusaonline.com or phone Ext 6688

The deadline to opt in or out of the health and dental plan is **OCTOBER 10, 2008. NO EXCEPTIONS**



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Get porn out of windows

It's one thing to watch someone fondle themselves in the privacy of your own living room, but when these images are on display in the front window of your neighbourhood art gallery, people aren't just going to raise their eyebrows.

Certainly, claims can be made about whether this is legitimate art, but that isn't the point here. This erotic photography displaying full nudity has no place in a very public street-side window.

La Petite Mort Gallery is renowned for its controversial exhibits — its name translates to "little death," the French term for orgasm — but its latest exhibit has crossed the line.

Festival X is intended to show controversial photography that gleans varied public reactions. This is the case of the window display by photographer Lynne Anderson, who has also exhibited collections of road kill and transgendered men.

It's not the merit of art that had the community up in arms, but the location.

The gallery is along a school bus route, so as children travel back and forth each day, they get an eyeful of the sort of images that wouldn't be shown on television before midnight.

The compromise between police and the gallery owner was to partially cover the images with the red dots used to mark sold pieces inside the gallery — hardly effective as the stickers cover the bare minimum and don't take away from the image's impact. The photos need to be removed entirely.

It's true that art for art's sake needs to be respected, especially in a culturally-diverse city like Ottawa, and there is no reason that this art should be disdained.

La Petite Mort should be more considerate of its community when arranging its exhibits.

The art itself definitely has a place in the gallery, but erotica shouldn't be made into a featured public display. □

Give us a homecoming

Students from across the province flocked to Kingston, Ont., this weekend to celebrate one of Canadian universities' most notorious events — Queen's University Homecoming.

For those of us who were stuck in Ottawa, some may be wondering — why doesn't Carleton have a homecoming of its own?

The University of Ottawa already has a homecoming, but it's nothing to brag about, according to their student paper, the Fulcrum. Between our two institutions, we could put on a killer event that might almost compensate for the loss of the infamous Panda Game.

The event could be based around a Carleton sporting event. The Carleton men's soccer team has been dominating the field the past couple of seasons and yet their games are still poorly attended.

A homecoming game would not only be a great place to grab a beer, but also inspire support for our athletics.

If it was later in the fall, the event could surround one of the Raven's men's basketball team's games - the current legacy is something that the community could get excited about.

Many students might roll their eyes at the thought of a weekend full of sex, drugs and rock 'n' roll, but Carleton could take the opportunity to make our homecoming more than a booze fest.

Carleton could bring class to their homecoming by adding a philanthropic aspect to the inevitable keg stands, canoodling and overall chaos.

Through ticket sales for the festivities, Carleton could raise money for a charity of choice, or continue the frosh week funding drive for Shinerama.

Carleton's own homecoming event could help bring flavour to the lives of Ottawa students each year and would be a special, distinct element the campus could look forward to. So cheers to that! □



Sticking to treadmill-booking times is part of good gym etiquette — p 23

Palin-tology study shows candidate not ready

BY SIMON MARTIN



Simon Martin is a fourth-year journalism student. He thinks that Sarah Palin is not ready for the vice-president position with the American government.

I'm a Palin-tologist. Trust me, it's a depressing profession. It does not mean I study ancient life like Ross from *Friends*, but rather I eat, breathe, consume and analyze everything Sarah Palin.

Unless you live under a rock, you should know that Palin is the vice-presidential candidate for John McCain and the Republican Party. We really don't know much else about her, because the Alaskan governor burst onto the scene one month ago out of obscurity into the most watched presidential race in history.

The media went nuts, the Republicans got pissed and one month later I'm left sifting through the rhetorical wreckage.

I'll tell you what this Palintologist knows.

I know that Palin used to be a sports reporter. I know her basketball nickname was Sarah Barracuda because she played rough. I know there is a two-month waiting list to buy a pair of the Kawasaki glasses she wears. I know she told the world the difference between a hockey mom and a pit bull is lipstick. I know that she didn't have her passport until last year. I know that she is pro-life, pro-guns and pro-moose meat. I know she has a compelling life story that resonates with many Americans and Canadians.

But more importantly, I know if she becomes vice-president I will be sick to my stomach — a severe case of Palinitus if you will.

In the land of Schwarzenegger politics, I shouldn't have been surprised by such a focus-group vice-presidential pick by McCain. Image over substance is what politics is all about in the Youtube generation.

Having met the woman once in his life, McCain potentially gave Palin the chance to have the second-most powerful job in the country.

It was a politically motivated decision to say the least.

Palin gave him the opportunity to secure more women voters who might be disillusioned with Barack Obama, while rallying the core-conservative base of the Republican Party. And of course, she was a fresh face that couldn't be pinned to eight years of the wildly unpopular Bush administration.

All of sudden McCain and Palin were the change America wanted to see. They were the "mavericks." They were the hope.

I gave Palin the benefit of the doubt. Everybody deserves a chance to prove themselves and maybe she was the change Washington needed. But after a month of campaigning, it is evident that she is just a puppet for campaign strategists.

All politicians have become puppets like this to an extent, but Palin is being handled with an extreme case of baby gloves, which makes you wonder.

It's not about intellectual elitism, it's about having the most qualified people do the most important jobs.

She's not allowed to take questions from the press and when she does give an extremely rare TV interview, it can be embarrassing.

Her recent sit-down interview with Katie Couric displayed what little grasp of the issues she actually has. She repeatedly butchered foreign poli-

cy answers, being seemingly oblivious to life outside of Alaska.

I want the top political leaders to know what the hell is going on in the world. It's not about intellectual elitism, it's about having the most qualified people do the most important jobs.

I don't want to belittle Palin's accomplishment as being the first woman on the Republican vice-presidential ticket. That shows immense progress in North American society and the acceptance of women.

I just think she is there for the wrong reason. She is there because McCain was desperate to change it up.

He might have picked a great woman in Sarah Palin, but she's not ready for the job.

As one CNN commentator pointed out, she would be a 72-year-old's heartbeat away from running the country. But she needs to learn more about the world and more about the political process to be the right-hand woman of the global hegemon. □

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More Barrymore's for Wintersleep

BY MARISSA FINER

After several tours in a country which often sees bands playing the same cities multiple times, it would only make sense they would become attached to certain venues — Wintersleep is no exception.

"I love Barrymore's. I heard it shut down, so I was kind of bummed out," said Tim D'eon, guitarist and keyboardist of Wintersleep, in reference to the brief closure of Barrymore's Music Hall in August.

It is only fitting then, that on their latest North American tour Wintersleep will return to Ottawa to play Barrymore's on Oct. 4.

Made up of D'eon, Mike Bigelow (bass), Loel Campbell (drums), Paul Murphy (lead vocals, guitar) and Jon Samuel (keyboards, guitar), Wintersleep was formed in 2001 in Halifax where the members were all completing post-secondary studies.

The band remained relatively unknown outside of the indie-rock community despite releasing two studio efforts to shining reviews. Their third album *Welcome to the Night Sky*, released in 2007, finally brought Wintersleep the attention they so greatly deserved.

Welcome to the Night Sky won them a Juno for Best New Artist, even though they were nominated in that category for their third album.

"To a lot of people we were a new band, even though we had existed for a long time," D'eon said.

From this latest album came Wintersleep's first single "Weighty Ghost." A folk-rock song with a catchy melody that beautifully supports a softer version of Murphy's voice leaves the listener hard-pressed to not sing along when the simple chorus begins, "Oh, have you seen my ghost?"



PROVIDED

Wintersleep will return to Barrymore's on Oct. 4 for yet another headlining set at Ottawa's number one music hall.

Proclaimed as the "oddball of the record," D'eon said that the first few shows played after the release of "Weighty Ghost" were to crowds that were only familiar with the single.

Audiences were often surprised when Wintersleep came out and instead played the type of songs that make up much of their repertoire — longer songs heavily based in electric guitar and passages of instrumentation coupled with dark, contemplative lyrics.

"When I speak, I'm all words / just wide naked sound / carelessly rendered and scattered around," muses Murphy in "Laser Beams."

Despite having been touring almost constantly since before the release of *Night Sky* last October, the excitement of touring has not diminished.

"It's getting to meet new people in new cities every day," D'eon said. "Being on the move. That's probably one of the best parts of touring."

Some of their recent stops on the sidelines of this tour were major festivals like the Pemberton Music Festival in B.C. and Toronto's Virgin Festival, alongside heavyweights like Oasis, Jack Johnson and Roger Waters.

"Those festivals are kind of tough because there are so many bands and you only have 15 minutes to set up and they're just like 'Go go go go!'" D'eon said.

But D'eon said the band prefers smaller clubs so they can have a better interaction with the audience. At Barrymore's, D'eon said you can see the stage from anywhere in the room and, from there, he can see everyone too.

"Just tell people we're glad Barrymore's is back," D'eon said.

Certainly, Barrymore's is glad to have Wintersleep back as well. □

Local Urbanites release first CD

BY MELANIE CLENDENAN

From the second the Urban Aesthetics first album starts, you can picture a couple strolling down a sunny sidewalk holding hands. But beyond the album's first song, "Don't Go Takin' it to Heart," is an entire CD good for much more than just a one-off iTunes plug.

The Urban Aesthetics are an Ottawa-based band with a knack for lyrics and cleverly mixing many instruments.

"There's a brightness and a colour to the phrase 'The Urban Aesthetic' that I felt really described our sound as a collective," Greg Janssen, vocalist and rhythm guitarist, said of the band name.

"The elements — sights, sounds, and smells sometimes intentionally designed but more often naturally occurring — that contribute to the radiance of the urban experience."

Starting out as a solo project, Janssen started looking for musicians to accompany him on stage.

Eventually, the group formed into the band that it is now, which includes six other members who help Janssen with songwriting and arranging.

Janssen said he thinks of the sound of his band to be along the lines of singer-songwriter meets indie-rock: Broken Social Scene and The New Pornographers play Leonard Cohen and Neil Young.

Although Janssen said he eventually wants to write his own album, he said being with the Urban Aesthetics right now is like

a big, loving family.

"We can talk and we can argue but we're very down to earth, very nice and mostly quiet people. Not the living stereotype of a rock band by any means," Janssen said.

The self-titled debut album took about five months to complete, with the help of Dean Watson in the basement of a cool hippie art church in the Glebe.

Now that it's all cut and ready, it will be available for order at HMV, Chapters, Archambault in Quebec or for download through iTunes and Puretracks.

"We're starting to get radio airplay on college, independent and alternative radio stations across the country, as well as on national CBC programs such as Radio 2 Drive, and local ones such as Bandwidth and All In A Day," Janssen said.

"We're getting press coverage. We're starting to play more shows in Ottawa with talk of a southern Ontario tour in the fall or winter."

The date is set for the Urban Aesthetics CD release party on Oct. 2 at the Rainbow, a venue Janssen said the band is really looking forward to playing since it is much bigger than their normal venues like Zaphod's, Avant Garde and End Hits.

On Oct. 24 at 9 p.m. they will be playing at Live Lounge as part of the Big Money Shot with a chance of winning the grand prize of \$250,000.

"[We want to] get the audience involved on an emotional level, an intellectual level and a more visceral level — the sheer joy of a beat and a melody," Janssen said. □



Eagle Eye
D.J. Caruso
DreamWorks SKG

What if someone is watching you? What happens if every move you make is being carefully recorded and documented? What if privacy is a thing of the past?

All of these are growing fears in the world today, but for Shia LaBeouf (*Transformers*) they became reality.

Eagle Eye, from director DJ Caruso (*Disturbia*), is a play on how "big brother" is said to be watching us at all times. The story follows a simple copy boy, Jerry Shaw (LeBeouf), as his life is completely turned around after the untimely death of his twin brother.

Returning to his apartment one night, Jerry finds illegal weapons and other foreign documents have been planted in his apartment. A woman then phones and tells Jerry he will need to comply with her every command if he wants to live.

Meanwhile, Rachel Holloman

(Michelle Monaghan) received a similar phone call after sending her son off to Washington on a school trip. The two are then forced to work together as they are pushed into one dangerous situation after another.

To survive they first must find out two things: who is doing this to them and why?

The movie brings us all the action that we have come to expect from any of LaBeouf's blockbuster hits. There are fast-paced car chases, plenty of "shoot 'em up" gunfights and, of course, a lot of explosions. Where the movie lacked was not in thrills, but in originality.

For starters, the story is one we have all heard before. The last time Caruso and LaBeouf hooked up was to make *Disturbia*, a movie with somewhat the same idea only the roles reversed. As for the "big twist," well let's just say it felt more and more like they were showing *I Robot*.

There was also a lot of wasted talent in the movie. Billy Bob Thornton played a very boring FBI agent with a monotone voice and no personality. Rosario Dawson (*Rent*) was equally as unfulfilling as a dull U.S. Air Force officer.

However, in going to see a movie like *Eagle Eye*, one can't expect to be blown away by Academy-worthy acting or writing.

The movie did give us what was expected and really what the audience wanted — action. Shia LaBeouf and more action!

— Marc McMullin

X-rated window for Festival X

BY ELIZABETH AHO

Photographs of destroyed guns and the people and architecture of the Passaic River region near New Jersey are the focus of the Festival X exhibit at La Petite Mort, a gallery downtown that celebrates artwork that "needs to be seen, and is meant to be reactionary," said art director Guy Bérubé.

The forefront of the show is a window display that is stirring up an assortment of public reactions, as well as attention from the cops.

When an erotic photography and mixed-media piece was placed in the front window of the gallery, the police came the next day, said Bérubé.

The cause for alarm is a series of photos in which the photographer is fondling herself, placed in the center of a collage of vintage Playgirl clippings of Bérubé's own, depicting men holding and flaunting erect penises.

Bérubé had initially purchased the series of black and white photographs from artist Lynne Anderson for his own possession.

He decided later that he wanted to use them in his display for Festival X.

He said the police did not like that the gallery was showing very

sexual artwork so obviously to the public.

Bérubé also added that there are families who live in apartments above the gallery and in the surrounding area, and that there is a school bus stop near La Petite Mort.

Having very provocative artwork where children often pass by puts the gallery in a difficult position. It seems that for now, Bérubé and the police have met an agreement.

The controversial body parts in the piece are now partially masked by red dot stickers, normally used in the gallery to indicate that a piece of art has been sold.

"The dots add a little something to it," Anderson said.

"It was pretty in-your-face before — now there's a little bit of mystery, like brown paper packaging on a magazine you get in the mail."

None of her erotic self-portraits have been hidden in any way, only a few of the erect penises and a couple of nipples on the magazine pictures have been covered up.

This is the first time Anderson has shown anything so erotically controversial in her artwork, but she has photographed other shocking subject matter before,



CHRISTOPHER KING

This window display from Festival X at La Petite Mort (above) is causing a stir in the community for its erotic content.

including a series on roadkill and one on transgendered men.

"With Guy's gallery, he is so willing to show things that will cause a stir. It's a shame that higher-end galleries don't expose erotic art as an art form," Anderson said.

"I [don't feel] censored by the gallery at all, I could show everything I wanted. Guy is so willing

to allow artists to be who they want to be."

The exhibit features the artwork of three other reactionary photographers, who focus on concepts such as sex, violence and urban civilization.

This unique glimpse of our culture makes Festival X an event that's enticing to all adventurous gallery-goers. □

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THE CHARLATAN has tickets to the mega-band's **Oct. 20 concert at Scotiabank Place**. Want them? We'll have a contest **in our office on Oct. 16**. Prove your Coldplay's biggest fan, and we'll send you and a friend to see them — for free. E-mail arts@charlatan.ca for more details, or watch this space next week.

TOP 5

Bands Black Francis (probably) listens to:

1. Nirvana
2. Sonic Youth
3. David Bowie
4. Hüsker Dü
5. Sigur Rós

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Cirque's latest show above and beyond

BY LEAH GERMAIN

The best way to watch the magic of Cirque du Soleil is with your hands grasped tightly together on your lap — so you can clap them when an acrobat hurls himself through the air or cover your mouth when a tightrope walker unicycles across a wire six metres above the stage.

For two hours on the evening of Sept. 24, this is exactly how the audience sat at the premiere performance of Cirque du Soleil's *Corteo*, with their hands ready to cheer at the acrobatics or to muffle their gasps of delight.

The blue-and-yellow Grand Chapiteau (or to English speakers, Big Top) is where the magic all took place.

Corteo is the story of a clown imagining his own funeral, a carnival full of make-believe, music and madness that, according to its website, "juxtaposes the large with the small, the ridiculous with the tragic and the magic of perfection with the charm of imperfection."

The event opens with a breath-taking performance, "Chandeliers," featuring four women (the clown's ex-lovers) performing high overhead aerial acrobatics on three giant chandeliers. As the crystal beads of the chandeliers shake, the women twist their bodies effortlessly

above the stage, inspiring gasps and applause from the audience.

The evening continues with more feats of strength, agility and humour, including a performance by four acrobats dressed in children's pyjamas who jump from bed to bed. The excitement is a treat for the eyes and the ears, but to set the scene of a funeral, altar boys walk the aisles with incense.

And then there was the "Helium Dance," quite possibly the most charming moment of the evening.

Madame Tina, played by the delicate and fascinating Valentyna Pahlevanyan, is suspended in a harness attached to six enormous balloons and carefully floats above the audience, every so often touching down so that an audience member can gently push her to continue her flight.

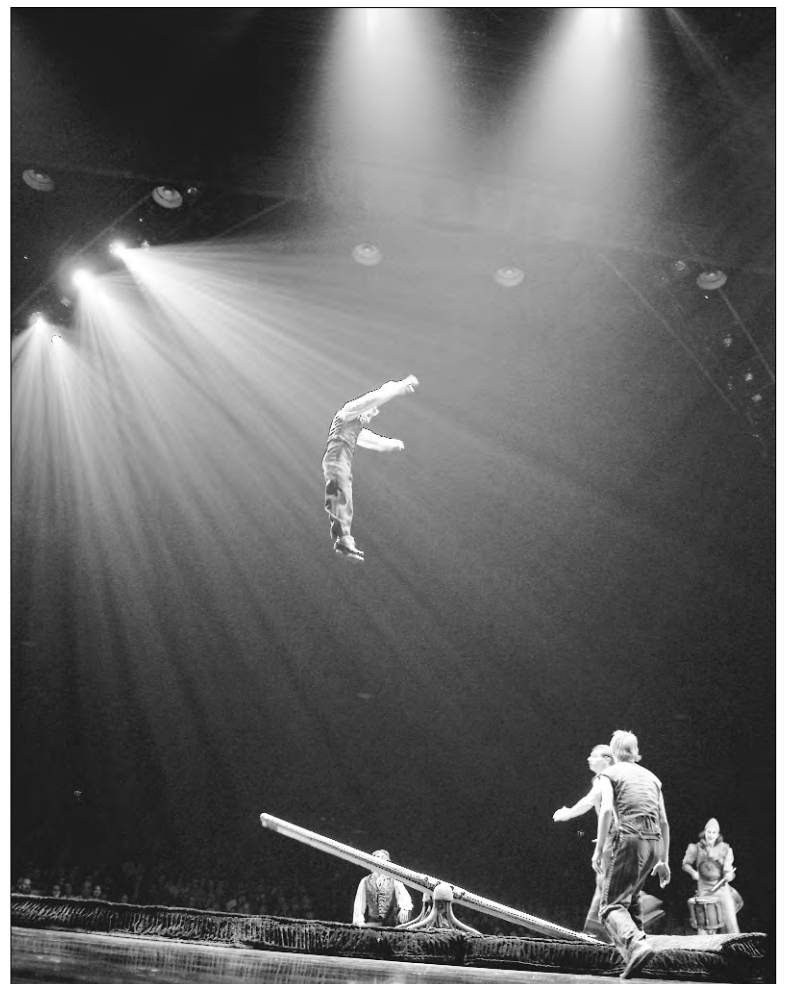
Opening the second half of the show was "Paradise," with three Korean frame stations assembled on stage to serve as the platform for a human trapeze. Four men, all with the arms of a young Hercules, caught and tossed angelic women back and forth in perfect unison.

According to the website, creators of *Corteo* designed the performance to "highlight the strength and fragility as well as wisdom and kindness, to illustrate the portion of humanity that is

within each of us."

The evening was enchanting, filled with delightful music and extraordinary acrobatics. The masters who have defied the rigid guidelines of a typical circus have produced another masterpiece.

Cirque du Soleil has extended their stay in Ottawa to incorporate 16 more performances. □



CHRISTOPHER KING

Cirque du Soleil's latest show, *Corteo*, premiered in Ottawa on Sept. 24 and will be running until Oct. 26 at the Grand Chapiteau outside of St. Laurent Centre. *Corteo* tells the story of a clown's funeral, and takes Cirque's famous acrobatics to new levels of artistry in the traditional circus style.

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CD Review



TV on the Radio
Dear Science,
DGC/Interscope

Last spring George Stroumboulopoulos of *The Hour* had the honour of interviewing indie-rock royalty Black Francis. The 43-year-old front man of legendary alternative rock band, the Pixies, admitted that he had long stopped following the new music scene, however, one band had recently caught his attention.

"[The Pixies] played a couple of shows with the band TV on the Radio, and I remember sitting in the dressing room and through the multiple layers of walls and plaster, through the vibrations of this floor, [you wondered] 'What is that band?' You could just tell that they were good," Francis told Stroumboulopoulos.

Upon listening to the New York group's latest offering, *Dear Science*, it's hard not to feel the excitement and sheer curiosity that Francis felt the first time he was introduced to their music.

Album-opener "Halfway Home" hits the listener with a wall of synthesizers accompanied by a sweeping melody that would leave even Brian Wilson (of The Beach Boys) in awe.

The song foreshadows the rest of *Dear Science*, an album characterized by rich and ever-changing walls of instrumentation, shifting dynamics and styles, and a consistent ability to leave the listener struck by the grandeur of each track.

Like most great albums, there is not one moment of mediocrity among the album's eleven songs. Highlights include the R&B lamenting of "Crying," the quasi-rap "Dancing Choose" that contains one of the album's most satisfying choruses and the haunting groove of "DLZ."

The album is a departure from the group's earlier works, such as the 2006 breakthrough, *Return to Cookie Mountain*. It is a more polished affair with each track being immensely singable. The band, however, retains their artistic integrity as they apply their mastery of post-rock soundscapes to a more focused batch of songs. Think of it, if you will, as their answer to Sonic Youth's *Rather Ripped*.

Dear Science, is not only the band's greatest achievement to date, but is undoubtedly one of the year's best albums. Expect to see it on many critics' top ten lists this year — maybe even your own. After all, if it's good enough for Black Francis, maybe you should give it a spin too.

— Tim Berk

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Lady Ravens back on track at home

BY BREEZY VITTACHI

Tension and frustration were in the air on the afternoon of Sept. 27, as the Carleton women's soccer team took on the Nipissing University Lakers at Keith Harris Stadium.

The game ended with a score of 1-1, as both sides popped in penalty kicks to get on the scoreboard.

The game's quick pace was evident from the get-go. Within the first 15 seconds, the Lakers had already penetrated the Ravens' six-yard-box.

But apart from opportunities prompted by occasional mistakes on defence, both teams had difficulty creating promising scoring chances.

Even when scoring opportunities did present themselves, both the Ravens and the Lakers were unable to place the ball in the net.

Despite Carleton's scoring drought throughout most of the game, Ravens forward Shayla LaVecchia stood out for her efforts on offence.

In the first half of the game she nearly secured a goal, as a cluster of Ravens offence and Lakers defence crowded the Lakers' 18-yard-box.

She managed to take a shot at goal that would have earned the Ravens a 1-0 lead had it been placed a few inches lower.

In the second half of the game, LaVecchia brought the Ravens back into the game and tied the



The Carleton women's soccer team pulled themselves together with a tie against Nipissing and a win over Laurentian this weekend.

C.J. ROUSSAKIS

score with a well-placed penalty kick shot.

Jaclyn Penner put out a strong effort for the Ravens in the other half of the field.

Penner's talent and determination on the field was an important part of Carleton's strong defence.

The team's only problem, Penner said, is that the Ravens

need to work on putting the ball in the net.

"I think that we worked really hard and [the outcome] was unfortunate because we just need to finish our chances," she explained.

Early in the second half, Ravens goalkeeper Tanya Marshall left her net to slide into a Lakers player with possession of the ball just

outside the six-yard-box.

The referee called a foul, though, and the Lakers got a shot on net through a penalty kick.

Leesa Church took the shot and scored, giving the Lakers a 1-0 lead.

Later in the second half, the Ravens caught up, scoring their sole goal of the game with

LaVecchia's penalty kick.

Although the girls were disappointed, midfielder Samantha Sauve walked away feeling optimistic.

"It was a step up from the last three games," she said.

After going undefeated in their first four games, the team had dropped their last three before tying Nipissing.

Sauve admitted that the team has trouble refocusing after an opponent scores on them.

The Ravens dropped a game against Queen's University 0-1 on the road on Sept. 24th, but scrambled back to the winning track on which they started the season as they pushed past Laurentian with a 1-0 win. □

Web exclusive



CHRISTOPHER KING

The men's soccer team continued their dominance on the field — PATRICIA ZAMBELIS has more.

HEATHER M. MARTIN caught up with the women's hockey team.

For all this and more, see www.charlatan.ca

Ultimate letdown at Easterns



BRENT GERHART is a third-year English major and a member of Carleton's ultimate team.

On Sept. 27, following the most successful year in the history of ChessClub, the Carleton University men's ultimate team, expectations were high and there was simply one goal in mind for our first tournament of the season — victory.

Carleton entered the tournament attempting to carry on from a break-out season where Carleton won the 2008 Ultimate Players Association (UPA) Upstate New York Sectionals Championship and fell two games short of qualifying for the 2008 UPA College Championship.

The task of victory looked to be in complete control following a dominant and undefeated first day of play at the 2008 Canadian Eastern University Ultimate Championships (CEUUC) in Montreal, with wins over Waterloo's B team, Sherbrooke, Concordia and McGill.

Throughout much of opening day Carleton overmatched opponents with top-level talent as well as newly-discovered depth.

This had previously been an area of concern that kept the team from reaching the next level, as the entire roster received plenty of time on the field.

However, the winning came to an unexpected halt in the quarter-finals when ChessClub hit a roadblock with two-time defending champion, the University of Toronto.

With the absence of four of their top players on Saturday, U of T plummeted down the rankings on Saturday, and on Sunday was seeded much lower than their original first seed.

The quarterfinals took the form of what would have been a heavily favoured finals match-up with the original first (U of T) and second (Carleton) seeds. It was now second and seventh.

Each team cheered and rallied their respective teammates while the excitement brewed in preparation for game time.

It became evident that Toronto's reinforcements promptly arrived just in time for the second day of Easterns to serve Carleton a stunning 12-11 defeat.

Although our defence established an early one-point lead, a few key mental lapses by the offence permitted the lead to vanish.

Thanks to a few key turnovers around or in the opposing end zone, we were soon playing from

a few points behind during much of the middle part.

Despite the best efforts of both the Carleton ChessClub offensive and defensive lines, the hour and 30 minute time limit came as the team was on the verge of completing a comeback to tie the match.

Among the disappointment of a costly loss, we were forced to pick up our pieces and play for a high of fifth-place instead in the final for the coveted CEUUC championship.

Overall, the team rebounded with back-to-back victories over Guelph and Sherbrooke to land in the top five.

Although such a result would satisfy most other university ultimate squads, it remains a bitter pill to swallow for the Carleton ChessClub.

The result was nowhere near our expectations to represent both ourselves and our university to the highest degree.

Now, it is back to the drawing board for us as we return to 6:30 a.m. practices to work out some kinks prior to the Delaware Showdown in Newark, Del. on Oct. 25 and 26.

There, Carleton will compete against many high-end Northeastern region teams as we work towards our season-long goal of next Spring's UPA College Nationals. □



RAVENS SCOREBOARD



MEN'S SOCCER

SEPT. 24

CARLETON 2 QUEEN'S 1

SEPT. 26

CARLETON 6 NIPISSING 1

SEPT. 27

CARLETON 3 LAURENTIAN 1

WOMEN'S SOCCER

SEPT. 24

CARLETON 0 QUEEN'S 1

SEPT. 26

CARLETON 1 NIPISSING 1

SEPT. 27

CARLETON 1 LAURENTIAN 0

ROWING

SEPT. 26

PD ROSS REGATTA (RAINED OUT)

SEPT. 27

HEAD OF THE RIDEAU REGATTA - FIFTH PLACE FINISH

MEN'S LACROSSE

SEPT. 26

CARLETON 3 MCGILL 21

SEPT. 27

CARLETON 7 TRENT 12

MEN'S HOCKEY (EXHIBITION)

SEPT. 26

CARLETON 2 LAKEHEAD 3 (SHOOTOUT)

SEPT. 27

CARLETON 3 LAKEHEAD 2

WOMEN'S HOCKEY (EXHIBITION)

SEPT. 27

CARLETON 5 QUEEN'S 4

Men's hockey team roughs up nation's best

BY FARHAN DEVI

With the regular season just around the corner, Carleton's men's hockey team couldn't have asked for a better scenario: traveling up north to face one of the nation's top university squads.

And while their two-game exhibition set against the Lakehead University Thunderwolves ended with an encouraging victory, it wasn't just the outcome that left the Ravens in high spirits.

As the final horn sounded in the back half of Carleton's two-game series versus Lakehead on Sat., Sept. 27, tempers flared and several fights ensued.

"Someone gave a cheap shot to [Andrew] Gibbons and it was nice to see us stick up for each other as a team," said Francis Walker, the Thunderwolf-turned-Raven who was named the first star in Saturday's affair.

The Lakehead players left the ice surface without shaking hands, while the Ravens stayed to celebrate.

And they had every right to. With goals from Francis Walker, Adam Marriner and Brad Good, Carleton capped off the series with a 3-2 win in front of 2,975 unusually quiet Thunderwolf fans.

"The guys are pretty happy, it gives us a boost to beat one of the top teams in the nation. We're trying not to get too confident though, but it's definitely a good feeling," said Walker, who added that he was pleased to light the lamp against his old roommate and current Lakehead goalie Chris Whitley.

Carleton's win came in a game played right after a six-round shootout in which Lakehead's Dan Rogers prevailed as the only scorer.

The shootout was integrated to crown a winner from Friday's game, which was unexpectedly postponed during the second intermission after thunder and lightning struck the building, causing an elongated power outage.

According to Carleton head

coach Fred Parker, the decision to incorporate a shootout (and not another period) before Saturday's game was made for safety reasons.

Despite the 3-2 shootout loss, which saw early goals for the Ravens from Walker and Michael Testa, coach Parker was still very pleased with the weekend split.

"It was definitely a successful weekend, we played a team that's going to be in the national championship and we played them hard," Parker said. "The experience of playing at this level will certainly help."

The coach said he plans to primarily work on specialty teams in the upcoming week of practice.

Other standouts in Thunder Bay for the Ravens were goaltender Alex Archibald, centre Brandon MacLean, and defenceman Brad Good.

Carleton will be looking to build from the momentum gained on their road trip when they face off against cross-town rival the University of Ottawa Gee-Gees on Oct. 4 in both teams' regular season opener. □

Workout 101

BY RYAN PRICE

Sweat, pain and pulse-pounding beats — welcome to the Carleton Fitness Centre.

Jake MacKenzie, a Fitness Centre supervisor, said that aside from the basic protocol of respecting peoples' space, waiting your turn, and wiping off the machines when you're finished, gym newbies should know that the staff is there to help get you started.

"That's exactly what we're here for — to ensure that people who have no experience at the gym can come in and are able to leave it understanding what to do and have their broader goals met over a long period of time," MacKenzie explained.

Workout options at Carleton range from stress relief or fun, through to strength training. MacKenzie stressed that whatever your reasons for coming to the gym, it is important to stay safe.

"There is basically a risk in lifting really heavy weights — or any weights in general. If you drop even a 10 pound weight on your foot, you can break a bone," MacKenzie said.

He said that with the proper instruction, anyone should be able to learn to work out.

"Don't be afraid to ask people

questions," he said. "Ask somebody who is experienced and knowledgeable and you're going to do stuff right because it's honestly not rocket science."

Erick Armstrong, another Fitness Centre supervisor, recommended new gym goers stick to the stationary machines.

"With a machine you can only move a certain way, so you can really learn how to use a muscle," Armstrong said. "If I'm going to mimic a [machine movement] with a dumbbell and have no idea what I'm doing, I'm prone to injury."

Armstrong also stressed the importance of warming up for at least five minutes before your sessions: if your body is going from zero to hero, it is going to want a little preparation.

MacKenzie said students need to combine proper workout skills with gym etiquette.

"One morning I was working and a couple of older gentlemen came into the gym. I guess they were feeling particularly fit that day because they were only wearing their Speedos and their flip-flops," he said. "They were just benching away in their Speedos. I had to ask them to leave: I told them I thought they looked fantastic but we have a shirt rule." □



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Carleton crews rock the Rideau

BY TAMMY MURPHY

Carleton's varsity rowing team started the season on a good note by showing a strong sense of competition at the Head of the Rideau Regatta Sept. 28.

Carleton opened against several universities, including Trent, Queen's, University of Ottawa and the University of Toronto, as well as a couple of rowing clubs at the 35th running of the Ottawa Rowing Club's Head of the Rideau Regatta.

After being forced to reschedule the PD Ross Regatta on Sept. 27 due to poor weather conditions, the team entered the 5 km race on the Rideau River as the first of the season.

The Carleton crew partook in seven races, grabbing five second-place finishes and two third-place spots.

Over this weekend, Timothy Ensom helped pull the lightweight men's four to silver.

Blake Farquharson snagged bronze in

the men's single race, and on the women's side, Diane Pelletier and Lucy Beattie finished in a solid second in the varsity lightweight women's double.

Head coach Siobhan McLaughlin said she was fairly happy with the results, specifically pointing out the strength of the lightweight crews.

The coach plans to further co-ordinate the boats' lineups, especially among the men's lightweight.

"We never know what the other teams are

going to bring to the table," McLaughlin said.

McLaughlin said her experience thus far with the Ottawa Rowing Club as well as the Carleton team has been a good one.

She said she is looking forward to taking the crew to the Head of Trent Regatta next weekend in Peterborough, Ont.

Carleton crews will eventually get the opportunity to restore bragging rights over U of O in the PD Ross Regatta — the match is expected to be rescheduled for early October. □

Lacrosse team dedicated despite defeats

BY ERIC BALNAR

The Carleton Ravens men's lacrosse team dropped games to the University of McGill and Trent University this weekend to fall to 0-5 on the year.

But even though the team is winless, players and coaches said they feel that there has been a lot of improvement in what has been coined a "rebuilding year" by coach Raj Wasson. Wasson added that fans can be excited to see a competitive team in the future.

The development was on display this weekend as the Ravens took a tough 21-3 loss to the McGill Redmen. After adjustments for Sunday, the team rebounded nicely against an undefeated Trent Excalibur team, and was defeated by a closer 12-7 margin.

Nate Chatreau recorded four goals for the Ravens while net-minder James Drake was solid, earning the praise of his teammates.

A team that lost key veterans after last season took a tough blow at the beginning of this year with the resignation of head coach Robin Denis after opening with a 21-2 loss to Trent.

Since then, there has been what player Mike O'Neill calls a "coach by committee" with assistants Wasson, Ted Montour and Noah Goddard taking over the main coaching duties.

"Now everybody is more relaxed and having fun," said O'Neill of the new coaching system. "It's great!"

Wasson remains optimistic about the future because there are a lot of rookies on the team.

Even though the general skill level is not quite where it needs to be, he said he believes this team will be a force in the future.

In particular, he praises the character of this team.

"The guys have great dedication to the game," Wasson said.

"It is early in the year and everyone wants to have fun and party . . . but these guys are dedicated [to the game] and are only going to get better. They are getting better every game."

It is not an easy transition, as some of the players are not only making the change to playing against the tough university competition, but also to playing field lacrosse as opposed to the indoor style of game.

"It's a lot different," O'Neill said. "That's why we lost our first game of the season 21-2. But now we are getting more experience and now it's 12-7."

O'Neill said it is also difficult for this team because of their age, finding it hard for a group of late-teenagers to play clubs that are mostly veteran players in their twenties.

He said his team has a lot of potential

and is very eager to see how his cohorts perform when the young core is in their early twenties.

However, O'Neill notes that he is uncertain about the future of the team, as the program does not have varsity status.

Varsity status would provide an increase of funding and other benefits to the team from the university.

He said he believes the team needs this status because it is difficult for some players to pay the required fee to join a competitive club, as well as buy necessities such as books.

It may not be a "beautiful season" for the team, but if the group can stay together and wait to receive adequate funding, the Ravens may be a powerhouse in years to come. □



LASIA KRETZEL

The men's lacrosse team hangs tough as they fight through a rebuilding year.



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