

Nutrition Facts

Serving Size 1 Roll (57g/2.0oz)

Servings Per Container 8

Amount Per Serving 170

Calories 170

Calories from Fat 25

%Daily Value *

Total Fat 2.5g 4%

Saturated Fat 1g 4%

Trans Fat 0g

Polyunsaturated Fat 1g

Monounsaturated Fat 1g

Cholesterol 0mg 0%

Sodium 290mg 12%

Total Carbohydrate 31g 10%

Dietary Fiber 1g 5%

Sugars 5g

Protein 6g

Vitamin A 0% • Vitamin C 0%

Calcium 15% • Iron 8%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g