

**Population and Annual Growth Rates for Region, Provinces and Highly Urbanized Cities
Based on Censuses 1995, 2000 and 2007**

Region/Province/City/Municipality	Total Population			Population Growth Rate		
	1-Sep-95	1-May-00	1-Aug-07	1995-2000	1995-2007	2000-2007
Philippines	68,616,536 ^{a/}	76,506,928 ^{b1/b2/}	88,566,732 ^{c/}	2.36	2.16	2.04
National Capital Region (NCR)	9,454,040	9,932,560 ^{b3/}	11,566,325	1.06	1.71	2.12
City of Las Piñas	413,086	472,780	532,330	2.93	2.15	1.65
City of Makati	484,176	444,867	567,349	-1.80	1.34	3.41
City of Malabon	347,484	338,855	363,681	-0.54	0.38	0.98
City of Mandaluyong	286,870	278,474	305,576	-0.63	0.53	1.29
City of Manila	1,654,761	1,581,082	1,660,714	-0.97	0.03	0.68
City of Marikina	357,231	391,170	424,610	1.96	1.46	1.14
City of Muntinlupa	399,846	379,310	452,943	-1.12	1.05	2.48
City of Navotas	229,039	230,403	245,344	0.13	0.58	0.87
City of Parañaque	391,296	449,811	552,660	3.03	2.94	2.88
City of Pasig	471,075	505,058	627,445	1.50	2.43	3.04
City of San Juan	124,187	117,680	125,338	-1.15	0.08	0.87
City of Valenzuela	437,165	485,433	568,928	2.27	2.23	2.21
Kalookan City	1,023,159	1,177,604	1,381,610	3.06	2.55	2.23
Pasay City	408,610	354,908	403,064	-2.97	-0.11	1.77
Pateros	55,286	57,407	61,940	0.81	0.96	1.05
Quezon City	1,989,419	2,173,831	2,679,450	1.92	2.53	2.92
Taguig City	381,350	467,375	613,343	4.45	4.07	3.82
Cordillera Administrative Region	1,254,838	1,365,220	1,520,847	1.82	1.63	1.50
Abra	195,964	209,491	230,953	1.44	1.39	1.35
Apayao	83,660	97,129	103,633	3.25	1.81	0.90
Benguet (excluding Baguio City)	313,833	330,129	372,533	1.09	1.45	1.68
Baguio City	226,883	252,386	301,926	2.31	2.43	2.50
Ifugao	149,598	161,623	180,815	1.67	1.60	1.56
Kalinga	154,145	174,023	182,326	2.63	1.42	0.64
Mountain Province	130,755	140,439	148,661	1.54	1.08	0.79
Region I – Ilocos Region	3,803,890	4,200,478	4,546,789	2.15	1.51	1.10
Ilocos Norte	482,651	514,241	547,284	1.37	1.06	0.86
Ilocos Sur	545,385	594,206	633,138	1.85	1.26	0.88
La Union	597,442	657,945	720,972	2.09	1.59	1.27
Pangasinan	2,178,412	2,434,086	2,645,395	2.41	1.64	1.15
Region II – Cagayan Valley	2,536,035	2,813,159	3,051,487	2.25	1.56	1.13
Batanes	14,180	16,467	15,974	3.25	1.00	-0.42
Cagayan	895,050	993,580	1,072,571	2.26	1.53	1.06
Isabela	1,160,721	1,287,575	1,401,495	2.25	1.59	1.18
Nueva Vizcaya	334,965	366,962	397,837	1.97	1.45	1.12
Quirino	131,119	148,575	163,610	2.71	1.87	1.34
Region III – Central Luzon	7,092,191	8,204,742	9,709,177	3.17	2.67	2.35
Aurora	159,621	173,797	187,802	1.84	1.37	1.07
Bataan	491,459	557,659	662,153	2.74	2.53	2.40
Bulacan	1,784,441	2,234,088	2,822,216	4.93	3.92	3.27
Nueva Ecija	1,505,827	1,659,883	1,843,853	2.11	1.71	1.46

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Pampanga (excluding Angeles City)	1,401,756	1,618,759	1,911,951	3.13	2.64	2.32
Angeles City	234,011	263,971	317,398	2.61	2.59	2.57
Tarlac	945,810	1,068,783	1,243,449	2.65	2.32	2.11
Zambales (excluding Olongapo City)	389,512	433,542	493,085	2.32	2.00	1.79
Olongapo City	179,754	194,260	227,270	1.68	1.99	2.19
Region IVA – CALABARZON	7,750,204	9,320,629	11,757,755	4.03	3.56	3.25
Batangas	1,658,567	1,905,348	2,245,869	3.02	2.58	2.29
Cavite	1,610,324	2,063,161	2,856,765	5.45	4.93	4.59
Laguna	1,631,082	1,965,872	2,473,530	4.08	3.55	3.22
Quezon (excluding Lucena City)	1,359,992	1,482,955	1,646,510	1.87	1.62	1.45
Lucena City	177,750	196,075	236,390	2.12	2.42	2.61
Rizal	1,312,489	1,707,218	2,298,691	5.79	4.81	4.19
Region IVB – MIMAROPA	2,033,271	2,299,229	2,559,791	2.67	1.95	1.49
Marinduque	199,910	217,392	229,636	1.81	1.17	0.76
Occidental Mindoro	339,605	380,250	421,952	2.45	1.84	1.44
Oriental Mindoro	608,616	681,818	735,769	2.46	1.60	1.06
Palawan (excluding Puerto Princesa City)	510,909	593,500	682,152	3.26	2.45	1.94
Puerto Princesa City	129,577	161,912	210,508	4.89	4.15	3.68
Romblon	244,654	264,357	279,774	1.67	1.13	0.78
Region V – Bicol Region	4,325,307	4,674,855	5,106,160	1.68	1.40	1.22
Albay	1,005,315	1,090,907	1,187,185	1.77	1.40	1.17
Camarines Norte	439,151	458,840	513,785	0.94	1.33	1.57
Camarines Sur	1,432,598	1,551,549	1,693,821	1.72	1.41	1.22
Catanduanes	202,464	215,356	232,757	1.33	1.18	1.08
Masbate	653,852	707,668	768,939	1.71	1.37	1.15
Sorsogon	591,927	650,535	709,673	2.04	1.53	1.21
Region VI – Western Visayas	5,776,938	6,211,038	6,843,643	1.56	1.43	1.35
Aklan	410,539	451,314	495,122	2.05	1.58	1.29
Antique	431,713	472,822	515,265	1.97	1.49	1.19
Capiz	624,469	654,156	701,664	1.00	0.98	0.97
Guimaras	126,470	141,450	151,238	2.43	1.51	0.93
Iloilo (excluding Iloilo City)	1,415,022	1,559,182	1,691,878	2.10	1.51	1.13
Iloilo City	334,539	366,391	418,710	1.97	1.90	1.86
Negros Occidental (excluding Bacolod City)	2,031,841	2,136,647	2,370,269	1.08	1.30	1.44
Bacolod City	402,345	429,076	499,497	1.39	1.83	2.12
Region VII – Central Visayas	5,014,588	5,706,953	6,400,698	2.81	2.07	1.59
Bohol	994,440	1,139,130	1,230,110	2.95	1.80	1.06
Cebu (excluding Cebu City, Lapu-lapu City and Mandaue City)	1,890,357	2,160,569	2,440,120	2.90	2.16	1.69
Cebu City	662,299	718,821	799,762	1.77	1.59	1.48
Lapu-lapu City	173,744	217,019	292,530	4.88	4.47	4.20
Mandaue City	194,745	259,728	318,577	6.36	4.21	2.86
Negros Oriental	1,025,247	1,130,088	1,231,904	2.11	1.55	1.20
Siquijor	73,756	81,598	87,695	2.19	1.46	1.00

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Region VIII – Eastern Visayas	3,366,917	3,610,355	3,915,140	1.51	1.27	1.12
Biliran	132,209	140,274	150,031	1.28	1.07	0.93
Eastern Samar	362,324	375,822	405,114	0.79	0.94	1.04
Leyte	1,511,251	1,592,336	1,724,240	1.13	1.11	1.10
Northern Samar	454,195	500,639	549,759	2.11	1.61	1.30
Samar (Western Samar)	589,373	641,124	695,149	1.82	1.39	1.12
Southern Leyte	317,565	360,160	390,847	2.73	1.76	1.13
Region IX – Zamboanga Peninsula	2,567,651	2,831,412	3,230,094	2.12	1.94	1.83
City of Isabela	68,557	73,032	87,985	1.36	2.11	2.60
Zamboanga del Norte	770,697	823,130	907,238	1.42	1.38	1.35
Zamboanga del Sur (excluding Zamboanga City)	766,918	836,217	914,278	1.87	1.48	1.24
Zamboanga City	511,139	601,794	774,407	3.56	3.55	3.54
Zamboanga Sibugay	450,340	497,239	546,186	2.14	1.63	1.30
Region X – Northern Mindanao	3,197,059	3,505,708	3,952,437	1.99	1.79	1.67
Bukidnon	940,403	1,060,265	1,190,284	2.60	2.00	1.61
Camiguin	68,039	74,232	81,293	1.88	1.50	1.26
Lanao del Norte (excluding Iligan City)	440,783	473,062	538,283	1.53	1.69	1.80
Iligan City	273,004	285,061	308,046	0.93	1.02	1.07
Misamis Occidental	458,965	486,723	531,680	1.27	1.24	1.23
Misamis Oriental (excluding Cagayan de Oro City)	587,551	664,338	748,885	2.67	2.06	1.66
Cagayan de Oro City	428,314	461,877	553,966	1.63	2.18	2.54
Region XI – Davao Region	3,288,824	3,676,163	4,159,469	2.41	1.99	1.72
Compostela Valley	520,110	580,244	637,366	2.37	1.72	1.30
Davao del Norte (Davao)	671,333	743,811	847,440	2.22	1.97	1.81
Davao del Sur (excluding Davao City)	677,069	758,801	822,406	2.47	1.64	1.12
Davao City	1,006,840	1,147,116	1,366,153	2.83	2.59	2.44
Davao Oriental	413,472	446,191	486,104	1.64	1.37	1.19
Region XII – SOCCSKSARGEN	2,846,966	3,222,169	3,830,500	2.69	2.52	2.41
Cotabato City	146,779	163,849	259,153	2.38	4.88	6.52
Cotabato (North Cotabato)	862,666	958,643	1,121,974	2.29	2.23	2.19
Sarangani	367,006	410,622	475,514	2.43	2.20	2.04
South Cotabato (excluding General Santos City)	621,155	690,728	767,255	2.30	1.79	1.46
General Santos City (Dadiangas)	327,173	411,822	529,542	5.05	4.12	3.53
Sultan Kudarat	522,187	586,505	677,062	2.52	2.20	2.00
Autonomous Region of Muslim Mindanao	2,362,300	2,803,045	4,120,795	3.73	4.78	5.46
Basilan	227,008	259,796	408,520	2.93	5.05	6.44
Lanao del Sur	686,193	800,162	1,138,544	3.35	4.34	4.98
Maguindanao	662,180	801,102	1,273,715	4.16	5.64	6.60
Sulu	536,201	619,668	849,670	3.15	3.94	4.45
Tawi-tawi	250,718	322,317	450,346	5.53	5.03	4.72

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CARAGA	1,942,687	2,095,367	2,293,346	1.63	1.40	1.25
Agusan del Norte (excluding Butuan City)	267,411	285,570	309,338	1.42	1.23	1.11
Butuan City	247,074	267,279	298,378	1.70	1.59	1.53
Agusan del Sur	514,736	559,294	609,447	1.79	1.43	1.19
Dinagat Islands	100,537	106,951	120,813	1.33	1.55	1.69
Surigao del Norte	341,666	374,465	409,468	1.98	1.53	1.24
Surigao del Sur	471,263	501,808	545,902	1.35	1.24	1.17

Sources: National Statistics Office, 1995 Census of Population
National Statistics Office, 2000 Census of Population and Housing
National Statistics Office, 2007 Census of Population

Notes:

- a1/ Population counts for the regions do not add up to the national total. Includes 2,830 Filipinos in Philippine Embassies, Consulates and Mission Abroad.
- b1/ Population counts for the regions do not add up to national total. Includes 18,989 persons residing in the areas disputed by City of Pasig (NCR) and the province of Rizal (Region IVA); 192 persons in the area disputed by the province of Mountain Province (CAR) and Ilocos Sur (Region I); and 11,814 persons in the barangays disputed by the province of Camarines Norte (Region V) and Quezon (Region IVA).
- b2/ Population counts for the regions do not add up to the national total. Includes 2,851 Filipinos in Philippine Embassies, Consulates and Mission Abroad.
- b3/ Population counts for the cities/municipalities do not add up to regional total. Includes 26,512 persons residing in the barangays disputed by City of Makati and Taguig City.
- b4/ Population counts for the provinces do not add up to regional total. Includes 150 persons residing in the areas disputed by the province of Bukidnon and Misamis Oriental.
- c/ Population counts for the regions do not add up to the national total. Includes 2,279 Filipinos in Philippines Embassies, Consulates and Mission Abroad.