

# Holidays

TRI SWIM.

AquaTherapy Chlorine-Out Hair & Skin Care

TRISWIM CLEAN OF THE HOLIDAYS

US MASTERS SWIMMING  
# 1 Tested & Approved

www.tri-swim.com

Life is good®

LIFE IS GOOD — SWIMMING T'S  
Exclusively at Toad Hollow

Short Sleeve T-shirts • Available in Men's and Women's  
Welcome Mat • Cocoa Fiber Mat 18" x 24" • Vinyl Back  
Check out the Swimming Cuff bracelet at \$15.95



To order, call: 800.322.8623 or  
online at: [www.toadhollowathletics.com](http://www.toadhollowathletics.com)

40th Anniversary

Sprint Aquatics

Call now and ask for  
a free product  
catalog or visit our  
web site for great  
quality products and  
affordable pricing

[www.sprintaquatics.com](http://www.sprintaquatics.com)  
800-235-2156

THE BEST SOURCE FOR YOUR AQUATIC EQUIPMENT

NEW

AQUAPULSE

REAL TIME VERBAL HEART RATE ANNOUNCEMENT

FINIS®  
FINISinc.com

# Swim

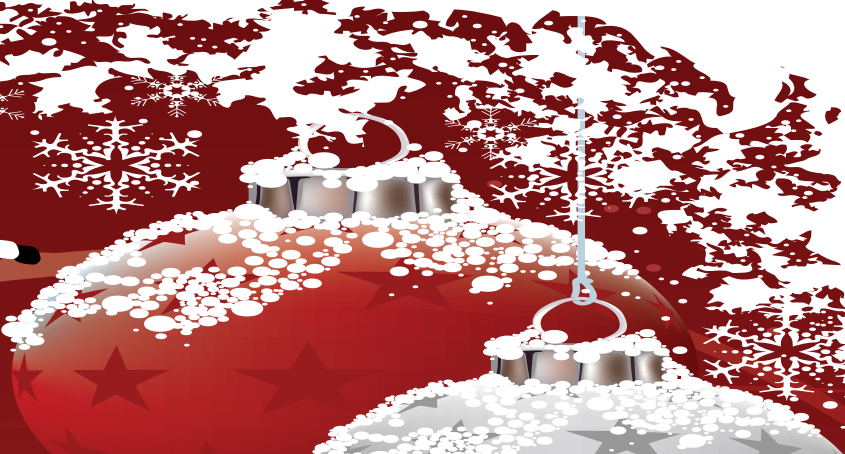
## GIFT GUIDE



WORLD'S ONLY  
RING SPORTS TIMERS  
AND LAP COUNTERS



[www.sportcount.com](http://www.sportcount.com) • 800.621.5483  
Free Shipping! Code: SWSD12



Get in the Swimming Spirit of Halloween!  
NO TRICKS...TREAT yourself to these holiday tags  
or some of our other fun, fantastic designs...

### SPOOKTACULAR HALLOWEEN TAGGOGGLES

tag your goggles today at  
[taggoggles.com](http://taggoggles.com)



The Nekdoodle® is a flotation device that can be used in **Water Fitness, Recreation, Relaxation and Aquatic Therapy**. Multi-functional as a kickboard, flotation device, swim aid and even a seat cushion. It is made out of poly vinyl-coated foam, UV protected, salt and chlorine resistant, permanently buoyant and made in the USA.

Order today! \$29.95

Call Toll free 1-888-888-6018 or visit [www.nekdoodle.com](http://www.nekdoodle.com)

**MAKES SENSE EVERY TIME YOU SWIM!**

## Turn up the heat.

StrechCordz® dryland resistance training tools help Olympians, swim teams and novice swimmers improve stamina, power, stroke and Individual Medley times.

- **StrechCordz with Paddles**  
Dryland best seller emulates swimming pull
- **Breaststroke Machine**  
Used for both outward and inward sweep in breaststroke pull
- **StrechCordz with Leg Straps**  
Provides resistance for leg adduction, abduction, extension and curls



Order today! Call 800.886.6621  
or visit [strechcordz.com](http://strechcordz.com) now.



Made in USA



# Holiday

## GIFT GUIDE

**waterfi.com**



Listen to your favorite tunes,


Use code: **holidays!** for **5% off**

**Anywhere**

**NEW!** PACE PAL® - Underwater Pace Clock

**INTRODUCTORY PRICE**  
**\$139\***

[www.mypacepal.com](http://www.mypacepal.com)



- Digital pace timers for swimmers
- Counts up from 0 to 99:59 and then automatically restarts at 0.
- Clock is waterproof to 10 feet underwater
- Batteries and custom case included



### SEIKO & ULTRAK TIMERS

The 300 memory SEIKO S141 is the crown jewel of coaches' stopwatches with its revolutionary multi-mode memory function. . . . . \$198.00

The 100 memory Ultrak 495's exclusive memory function allows users to take splits in recall mode. Includes stroke frequency function. . . . . \$40.95

Purchase these and other SEIKO & Ultrak timers at <http://www.swimmingworldmagazine.com/swimshop>  
Distributed by CEI - (800) 735-0871

**Planet Wise**

**Trash your plastic bags for good!**

**A Sport Bag like no other.**

An innovative inner water-proof section keeps wet stuff separate from dry stuff.

**Plus!** An outer pocket keeps your small items accessible.

Machine wash & dry.  
Made In The USA.

**10% Off Sport Bags**  
Coupon Code: SWIMWORLD



[www.PlanetWiseInc.com](http://www.PlanetWiseInc.com)