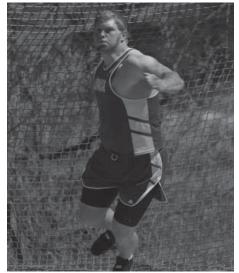
Man's Track Records



Enita Okidiko



Nathan Hedgpeth



Troy Young

Outdoor Records

100 Meters Eric Fitzgerald 10.80w 200 Meters Enita Okidiko 22.00 400 Meters Dane Corriher 49.97 800 Meters Nelson Delgado 1:50.94 1500 Meters Brandon Trollip 3:51.145000 Meters Taylor Little 14:19.16 10000 Meters Jon Harmon 31:08.20 Kris Fant 110 Hurdles 14.41 400 Hurdles Andy Guzy 53.25 3000 Steeple David Bell 9:06.08 4x100 Relay Roseboro, Fant 42.70 Scott, Young 4x400 Relay Guzy, Roberts 3:20.97 Collier, Twiggs High Jump Chad Wynens 1.98m (6'6") K.C. Radford Pole Vault 3.85m (12' 7.5) Long Jump Vince Kreiger 6.63m (21'9") Triple Jump Omar Ahmad 13.85 w2.4 13.59 (44'7") Shot Put Nathan Hedgpeth 17.00m (55'9") 53.83m (176'7") Discus Nathan Hedgpeth Hammer Throw Clint Barden 51.93m (170'4") Javelin 56.71m (186'0") 2006 Troy Young Decathlon Troy Young 5689 pts 4 x 800 Relay Legair, Phillips 7:35.76 Matthews, Trollip 10:01.68 Distance Medley Legair, Phillips Rogers, Trollip 4 x 1500 Relay Legair, Phillips 15:58.12 Haylburton, Trollip 3000 Meters Phil Latter 8:33.96 Indoor Records 55 Meters Brandon Hamilton 6.49 60 Meters Enita Okidiko 7.09 200 Meters Enita Okidiko 22.38 Dane Corriher 400 Meters 49.98 800 Meters Jim Phillips 1:55.09 James Rogers Mile 4:16.84 3000 Meters Taylor Little 8:24.39 5000 Meters Phil Latter 14:58.64 55 Hurdles Kris Fant 7.49 60 Hurdles Kris Fant 8.13 Freeman, Twiggs 4x400 Relay 3:26.31 Roberts, Collier 10:17.82 DMR Phillips, Legair, McGrane, Trollip High Jump Chad Wynens 1.93m (6'4") Pole Vault Kelvin Howard 3.66m (12'0") 6.85m (22'5.75") 2005 Long Jump Dante Roseboro Triple Jump Omar Ahmad 13.62m (43' 0.5")2006 16.17m(53'0.75")2001 Shot Put Brian MacPhee Weight Throw Clint Barden 16.22m (53'2.75")2002 55 Hurdles Kris Fant 7.49 Michael Creel 37.97 300 Meters 1000 Meters Dave Bell 2:37.84

1998

2006

2007

1994

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2003

Women's Track Records

<u> Outdoor Records</u>

Outuoor Records	<u> </u>		
100 Meters	Natalie Pearson	11.91	2007
200 Meters	Natalie Pearson	24.47	2007
400 Meters	Tanya Harris	54.95	2006
800 Meters	Zola Davis	2:10.69	2001
1500 Meters	Loring Watkin	4:33.89	2003
5000 Meters	Emily Olinger	17:10.84	1997
10000 Meters	Becky Vonderhaar	35:44.00	1998
100 Hurdles	Anna Walker	15.16	2004
400 Hurdles	Marlene Silva	1:03.71	1996
3000 Steeple	Micki Logue	11:46.54	2001
4x100 Relay	Knight, Thompson	49.78	2001
TAIDO Relay	Walker, Harrison	49.78	2001
4.400 Dalass		2.50.10	2002
4x400 Relay	Manee, Thompson	3:58.16	2003
	Lewandowski, Harris		
High Jump	Corrie Trotter	1.60m (5'3")	2007
Pole Vault	Crystal Goure	3.05m (10′0′)	2001
Long Jump	Lisa Roberts	5.43m (17'9.75")	1994
Triple Jump	Lisa Roberts	12.08m (39'7.75")	
Shot Put	Crystal Durham	12.90m (42'4")	1993
Discus	Crystal Goure	44.84m (147'1")	2001
Hammer Throw	Crystal Goure	47.07m (154'5")	2004
Javelin	Crystal Goure	48.98m (160'8")	2004
Heptathlon	Laura Lewandowski	4426 pts	2002
4 x 800 Relay	Allstaedt, Mase		
	Duncan, Scheifer	9:46.82	2006
Distance Medley	unknown	12:30.34	1998
4 x 1500 Relay	unknown	20:00.29	1997
3000 Meters	Micki Logue	9:52.08	2004
5000 1100015		5152100	2001
Indoor Records			
	Natalia Dearcan	7.00	2007
55 Meters	Natalie Pearson	7.08	2007
60 Meters	Natalie Pearson	7.54	2007
200 Meters	Natalie Pearson	24.79	2009
400 Meters	Tanya Harris	56.14	2006
800 Meters	Zola Davis	2:17.18	2001
Mile	Micki Logue	4:59.82	2004
3000 Meters	Micki Logue	10:05.18	2004
5000 Meters	Becky Vonderhaar	17:36.60	1998
55 Hurdles	Laura Lewandowski	8.50	2004
60 Hurdles	Anna Walker	9.19	2004
4x400 Relay	Manee, Thompson	4:00.81	2003
	Lewandowski, Harris		
DMR	Logue, Hill	12:21.6	2001
	Davis, Wicke		
High Jump	Crystal Goure	1.68m (5'5")	2001
Pole Vault	Crystal Goure	3.05m (10'0")	2001
Long Jump	Brooke Thompson	5.21m (17'1")	2002
Triple Jump	Jenny Bain	18.85m (35'7")	1999
Shot Put	Garrett Hunter	12.67m (41′7″)	2003
Weight Throw	Crystal Goure	14.86m (48'9")	2003
Pentathlon	Morgan Weeks	2623 pts	2008
	-		



Tanya Harris



Natalie Pearson



Tiffany Carberry

Track and Field All-Conference Performers (Indoor)

				6	-
2009			2000		
Natalie Pearson	200	3rd	Chad Pearson	5,000	Champion
			Michelle Ray	20 lb. wt.	Runner-up
2007			Brandon Trollip	Mile	Runner-up
Natalie Pearson	60	Champion	Distance Medley Relay	Women	Runner-up
Natalie Pearson	200	3rd [']	Distance Medley Relay	Men	Runner-up
			Mandy Becker	5,000	Runner-up
2006			Zola Davis	800	Third
Tanya Harris	400	Champion	Tish Franklin	Shot Put	Third
		•	Mandy Becker	Mile	Third
2005					
Tanya Harris	400	Champion	1999		
Tanya Harris	200	2nd	Adam Chacon	Shot Put	Champion
Kris Fant	60 hurdels	2nd	Brendan McGrane	5K	Runner-up
			Mandy Becker	3K	Runner-up
2004			Celso Fernandez	800	Runner-up
Micki Logue	Mile	Champion	Distance Medley Relay	W	Runner-up
Micki Logue	3,000	2nd	Distance Medley Relay	Μ	Runner-up
Tiffany Carberry	800	2nd	Adam Chacon	35 lb. wt.	Third
Tanya Harris	400	2nd	Katie Harmuth	5K	Third
Loring Watkins	3,000	3rd	Brandon Trollip	800	Third
Kris Fant	60 hurdels	Champion			
Phi Latter	5,000	2nd	1998		
Nathan Hedgpeth	Shot Put	2nd	Jim Phillips	800	Champion
			Becky Vonderhaar	5K	Champion
2003			Brandon Trollip	Mile	Runner-up
Macy Little	3,000	2nd	Brendan McGrane	3K	Runner-up
Macy Little	5,000	2nd	James Rogers	5K	Runner-up
Garette Hunter	Shot Put	2nd	Distance Medley Relay	W	Runner-up
Crystal Goure	Weight Throw	2nd	Distance Medley Relay	М	Runner-up
Nathan Hedgpeth	Shot Put	Champion	Mandy Becker	Mile	Third
Clint Barden	Weight Throw	3rd	Eddie Legair	800	Third
Phil Latter	5,000	2nd	Becky Vonderhaar	3K	Third
Phil Latter	3,000	3rd			
			1997		
2002			Becky Vonderhaar	10K	Champion
Clint Barden	Weight Throw	2nd	Emily Olinger	5K	Champion
Garette Hunter	Shot Put	3rd	Mike Slaughter	Shot Put	Runner-up
Micki Logue	3,000	3rd	Mike Slaughter	Hammer	Runner-up
Brian MacPhee	Shot Put	2nd	Ed Matthews	1,500	Runner-up
Brian MacPhee	Weight Throw	3rd	James Rogers	5K	Runner-up
2004			Brendan McGrane	Steeple	Third
2001	900	Dunner	Jim Phillips	800 Diagua	Third
Zola Davis	800 Mile	Runner-up	Mike Slaughter	Discus	Third
Zola Davis	Mile	Third	Pat Spencer	10K	Third
Crystal Goure	Javelin	Runner-up	Pat Spencer	5K	Third
Andy Guzy	400 H	Champion	Jim Phillips Booky Vondorbaar	800 EV	Third Third
Distance Medley Relay	Women Shot Put	Champion	Becky Vonderhaar Emily Olinger	5K	
Brian MacPhee Brian MacPhee	Shot Put 35 lb wt.	Champion Buppor-up		3K	Third
Jim Phillips	800	Runner-up Runner-up			
Jun Fumps	000	Kunner-up			

Track and Field All-Conference Performers (Outdoors) Records

LI DEIGLA EILLE		I-GOMIERE	nga parior	mers (u	Julaoors
2007			Brendan McGrane	5K	Third
Natalie Pearson	100	3rd	Brandon Trollip	1500	Third
2006			1999		
Tanya Harris	400	Champion	Mandy Becker	5,000	Champion
2005			Brendan McGrane	Steeple	Runner-up
2005 Nathan Hedgepeth	Shot Put	Second	Brendan McGrane Adam Chacon	5,000 Shot Put	Runner-up Runner-up
Nathan Hedgepeth	Discus	Second	Jennifer Grooms	10K	Runner-up
Troy Young	Javelin	Second	Tim Gautreau	Steeple	Third
Kris Fant	110-hurdles	Third	Jessica Keys	Shot Put	Third
Tanya Harris	400	Second	Keelin Mooney	1,500	Third
			Brandon Trollip	1,500	Third
2004	- · · ·	- ·	Mandy Becker	800	Third
David Bell	Steeplechase	Second	Keelin Mooney	3,000	Third
Clint Barden Kris Fant	Hammer Throw 110 Hurdles	Second Second	1998		
Tanya Harris	400	Champion	Jim Phillips	800	Champion
Laura Lewandowski	Heptathlon	Third	James Rogers	5,000	Champion
			Becky Vonderhaar	10K	Champion
2003			Becky Vonderhaar	5,000	Champion
Nathan Hedgepeth	Shot Put	Champion	Brandon Trollip	1,500	Runner-up
Phil Latter	5,000	Champion	Eddie Legair	Steeple	Runner-up
2002			Mandy Becker	1,500	Runner-up
2002 Adam Chacon	Hammer Throw	Third	Eric Fitzgerald Mandy Becker	100 800	Third
Joel Collier	400 Hurdles	Third Runner-up	Keelin Mooney	3,000	Third Third
Crystal Goure	Javelin	Runner-up	Reclin Mooney	5,000	THIN G
Andy Guzy	400 Hurdles	Champion	1996		
Nathan Hedgpeth	Discus	Third	Pat Spencer	10K	Champion
Nathan Hedgpeth	Shot Put	Third	Emily Olinger	10K	Champion
Garette Hunter	Shot Put	Champion	Kelli Buchanan	Shot Put	Champion
Laura Lewandowski	Heptathlon	Runner-up	Travis Rudnick	1,500	Runner-up
Micki Logue Brian MacPhee	5,000 Shot Put	Runner-up	Rhi Dundee Jenny McGrane	High Jump Javelin	Runner-up Third
Nick Raguso	Steeplechase	Champion Third	Emily Olinger	5,000	Third
Loring Watkins	1,500	Runner-up	Marlene Silva	400 hurdels	Third
	_,				
2001			1995		
Zola Davis	800	Runner-up	Becky Vonderhaar	10K	Champion
Zola Davis	1,500	Third	Becky Vonderhaar	5,000	Champion
Crystal Goure	Discus	Third	Pat Spencer	10K	Runner-up
Crystal Goure Crystal Goure	Javelin Heptathlon	Runner-up Runner-up	Kristi Cummings Emily Olinger	Javelin 5,000	Runner-up Third
Adam Chacon	Hammer Throw	Third	Darren Yazzie	5,000	Third
Andy Guzy	400 hurdles	Champion	Nelson Delgado	800	Third
Brian MacPhee	Shot Put	Champion			
Brian MacPhee	Discus	Third	1995 UNC Asheville	e Female Athlet	e of the Year
Jim Phillips	800	Champion	Becky Vonderhaar		
2000	lovalin	Champion	1994 Decky Venderhaar	101/	Champion
Crystal Goure Tish Franklin	Javelin Shot Put	Champion Champion	Becky Vonderhaar Emily Olinger	10K 5K	Champion Champion
Chad Pearson	10K	Champion	Marlene Gardner	400 hurdels	Champion
Chad Pearson	5,000	Champion	Martin Morales	10K	Runner-up
Tia Hill	Shot Put	Runner-up	Nelson Delgado	800	Runner-up
Crystal Goure	Discus	Runner-up	Deanna Morgan	5,000	Third
Zola Davis	800	Runner-up	Lisa Roberts	Long Jump	Third
Brendan McGrane	Steeple	Runner-up			
Brandon Trollip	5,000	Runner-up			
Clint Barden	Discus	Third			

Big South Gross Country All-Conference Performers

Fifth

Ninth

Tenth

Sixth

Tenth

Sixth

Ninth

Tenth

Second

Fourth

Sixth

Sixth

Ninth

Third

Fifth

Seventh

Eiahth

Eighth

Sixth

Fourth

Eighth

Fourth

Tenth

Seventh

Seventh Seventh

2007

Emily Mase Jon Harmon

Root Kirbach

Ninth Ninth

Ninth

Eighth

Sixth

Tenth

Second

Second

Second

Seventh

secords

2004

2005

Devon Nemire-Pepe Fifth Phil Latter Eighth David Bell Ninth

2003

Fifth Loring Watkins Devon Nemire-Pepe Sixth Tiffany Carberry Ninth

2002

Joel Collier Loring Watkins Micki Logue

2000

Zola Davis Brendan McGrane Brandan Trollip

1999

Zola Davis Mandy Becker Chad Pearson Brandon Trollip

1998

Mandy Becker Katie Harmuth Julie Wilhelm Tim Gautreau

Seventh Third Sixth Second Third

Seventh

Fourth

1997

Mandy Becker Katie Harmuth Eddie Legair Tim Gautreau James Rogers

1996

Becky Vonderhaar Emily Olinger James Rogers Pat Spencer Tim Gautreau

1995

Siobhan Keenan Emily Olinger Becky Vonderhaar Pat Spencer Robbie Cochran

1994

Siobhan Keenan Marlene Silva Becky Vonderhaar Andrea Jernigan Travis Rudnick

1993

Marlene Gardner Tommy Trehern Becky Vonderhaar Martin Morales

1992

Michelle Selby Wendy Trehern

1991

Michelle Selby James Allen

Women's Track and Field

Ninth Tenth

Big South Scholar-Athletes of the Year

Micki Logue Micki Logue Micki Logue Brandon Trollip Brandon Trollip Pat Spencer Pat Spencer Siobhan Keenan

Women's Cross Country Women's Track and Field Men's Cross Country Men's Track and Field Men's Track and Field Men's Cross Country Women's Cross Country

Academic All-Americans

Micki Loque Becky Vonderhaar 2004 1997,98 Women's Track and Field Third Team Women's Track and Field All-Region

1998 Seventh Julie Wilhelm 1997

Brandon Trollip

Big South Team Champions:

Eleventh

Women: 1994, 1995, 1998, 1999



1987

Jay Curwin Roger Keesee

1985

Roger Keesee

Tenth

Third

Seventh

Eighth

Big South Rookie of the Year 1999

Chad Pearson Third

For more than 20 years, the Big South Conference has been a progressive, NCAA Division I athletic Conference reflecting the energy and growth of the Southeastern United States. Founded in 1983, the Big South has matured into a competitive leader in college athletics, actively pursuing excellence both on the field of play and in the classroom. Based in Charlotte, N.C., the Big South Conference's growing presence as an NCAA Division I athletic league is evident by competitive success on the national stage, innovative marketing and media partnerships, increased television packages, the enhancement of the quality of the student-athlete experience, and strategic planning that has carried the Big South through the first decade of the 21st Century.

Entering its 24th year of existence in 2007-08, the Big South Conference continues to emerge by providing quality athletic competition while intentionally fostering the academic, personal, social, athletic and leadership development of each studentathlete. The League consists of eight member institutions: Charleston Southern University, Coastal Carolina University, High Point University, Liberty University, UNC Asheville, Radford University, Virginia Military Institute and Winthrop University. Two new members will join the Big South footprint in 2008-09 with the addition of Gardner-Webb University and Presbyterian College, which began its transition to Division I athletics in 2006.

The Big South reached new heights in 2006-07, as the League experienced monumental milestones in nearly every sport. In football, Coastal Carolina became the first Big South member to receive a berth in the NCAA Division I Championship, being selected as an at-large participant to highlight the Conference's fifth year of sponsoring football. In men's basketball, Winthrop became the first Big South member to be ranked in the national top 25 and first to win a first round NCAA Tournament game with its 74-64 win over Notre Dame. In women's basketball, the Big South had two teams participate in the postseason for the first time in League history. In men's golf, Coastal Carolina became the first Big South squad to advance to the final round of the NCAA Championship and finished fifth - the Conference's highest-ever team finish in an NCAA event. In softball, Winthrop became the first Big South member to reach the Championship game of an NCAA Regional. In baseball, Coastal Carolina was ranked as high as No. 10 in the national polls, received a No. 1 seed in the NCAA Regional and became the first Big South member to host an NCAA Regional. In volleyball, Winthrop became the first Big South member to win a game in the NCAA Tournament. The Big South also had its first-ever women's cross country All-American in 2006-07, as well as its first women's golf All-American in 10 years.

Additionally, Radford tennis player Martin Sayer was selected to play in the NCAA Singles Championship for the secondstraight year, Liberty's Josh McDougal received All-America honors in the three running sports (cross country, indoor track and outdoor track) for the second consecutive season, and Coastal Carolina golfer Dustin Johnson was at one time the

No. 1-ranked college golfer en route to earning first-team All-America honors for the second year in-a-row. The Conference again went 2-1 in the ESPN BracketBusters men's basketball event, had more than 30 All-Americans, and had softball and men's soccer televised for the first time in League history.

The Big South Conference was formed on August 21, 1983, when Charleston Southern (then Baptist College) Athletic Director Howard Bagwell and Augusta President George Christenberry initially began recruiting members into the Big South. One month later, Dr. Edward M. Singleton was selected as the League's first Commissioner and continued to solicit new members. The League's seven charter members were Armstrong State, Augusta, Campbell, Charleston Southern, Coastal Carolina, Radford and Winthrop. In 1989, George F. "Buddy" Sasser replaced the retiring Dr. Singleton as Commissioner. Under Sasser's leadership, the Conference implemented its public relations and compliance programs, and introduced its first-ever men's basketball television package, featuring the Big South competing among some of the finest teams in the nation. Sasser was so integral to the growth and foundation of the League that in 2000, the Commissioner's Cup -- the annual award given to the institution with the most successful athletic year -- was renamed the George F. Sasser Cup.

In August 1996, Kyle B. Kallander replaced Sasser as the League's third Commissioner, and in his 11 years at the helm of the Big South, Kallander has been instrumental in aggressively promoting the Conference to new levels. He developed the Big South Marketing Group, which has resulted in increased revenues and exposure for the Conference and its members. He also brought television coverage to Big South women's basketball, baseball and softball for the first time in Conference history and created the Big South Television Network in 2001 as a television syndicate for the League. Under Kallander's leadership, the Big South developed and initiated its first long-range strategic plan, re-affirming the League's vision as a distinctive athletic Conference committed to the quality of institutional life through athletic competition. In addition, Kallander has solidified membership with the addition of High Point in 1999, Virginia Military Institute in 2003 and future members Gardner-Webb and Presbyterian in 2008. Kallander's long range vision has also included technological advancements, as the Conference introduced its first live event video streaming in 2005 and has since expanded its video offerings to all sports. Kallander has also successfully integrated the Conference's profile with the member institutions' general student body, notably through the development of the Big South Academic Consortium, which sponsors the annual Academic College Bowl among League members and the Big South Undergraduate Research Symposium. In 2005-06, the Big South began its Sportsmanship Awards program and Graduate Fellowships program, honoring one graduating male and female studentathlete attending graduate school the following fall.

Big South Staff



Kyle Kallander Commissioner



Companion Associate Commissioner



Nancy Perkins Office Manager



Dawn Turner Associate Director of Public Relations Commissioner



Director

Nic Bowman Asst. Director of of Marketina Public Relations

Big South Ouick Facts Founded: 1983

Headquarters: 7233 Pineville-Matthews Road, Suite 100 Charlotte, NC 28226 Phone: (704) 341-7990 Fax: (704) 341-7991 www.BigSouthSports.com

Full-Time Member Institutions (8): Charleston Southern University, Coastal Carolina University, High Point University, Liberty University, Radford University, Univeristy of North Carolina, Asheville, Virginia Military Institute, and Winthrop University.

Geographical Breakdown (3 states): North Carolina (2) – High Point, UNC Asheville; South Carolina (3) - Charleston Southern, Coastal Carolina, Winthrop; Virginia (3) – Liberty, Radford, and VMI.

Team MVP



TEAM MVP "There are over 360,000 NCAA student-athletes, and just about all of us will be going pro in something other than sports."











2007-2008 Team MVP Members

Dr. Chris Bell - Economics Dr. Greg Boudreaux - Math Lane Brown - Bookstore Mary Chakales - SAIL Dr. Peg Downes - Literature Dr. Tim Forrest - Biology Dr. Mark Gibney – Poli Sci Dr. Bill Haggard – VC Student Affairs Dr. Jane Hartsfield - Math Julie Heinitsh - Development Dr. Bert Holmes - Chemistry Mike Honeycutt - Computing

UNC Asheville is proud to unveil Team MVP, *Mentoring adds Value to our Program.* Team MVP facilitates the development of a strong reciprocal and relational partnership between student-athletes and members of the faculty and staff at UNC Asheville.

This is a group committed to strengthening and advancing the studentathlete ideal while reinforcing the educational mission of the university. Faculty and staff members serve as mentors for each of our 14 intercollegiate teams with three primary objectives:

- Offering student-athletes a central reference point from which to identify various institutional resources.
- Promoting an understanding of the complementary benefits of a liberal arts education and the experience of athletic competition.
- Providing faculty and staff role models for students who participate on athletic teams.

This program offers the opportunity to build personal ties between student-athletes and faculty/staff. Mentors have the opportunity to offer guidance and support through the many transitions students face from their first days on campus, to their entry into post-graduate life. Mentors provide access to a wealth of knowledge and support to help student-athletes navigate their college experience. Benefits include:

- · An important additional resource for advice and support.
- Making a significant impact on the students in an extra-curricular setting.
 Having the opportunity to interact informally in small groups.
- A next and in a financial who interact mornany in small groups.

• A partnership of people who integrate athletic experiences with institutional goals.

Brenda Hopper – Education Andrea Jackson – One Card Dr. Ed Katz – Dean Lit/Lang Dr. Calvin Kelly – Dean/Campus Life Dr. Keith Krumpe - Chemistry LaRisha Littlejohn - Housing Johnny Littrell – Pubic Safety Dr. Don Locke - Multicultural Marilyn Lonon - Advising Leigh McBride - Admissions Jackie McHargue – Dean Students David Mitchell - Management Dr. Merritt Moseley – Key Ctr. Linda Nelms – Mgmt/ Acct. Rosie Palmisano – Health/Wellness Debbie Race - Registrar Scot Schaeffer – Dir. Admissions Dr. Brian Schaffer - Mgmt/ Acct. Maggie Smith - Health/Wellness Robert Straub –

International Students Dr. Jeff Wilcox – Environmental Dr. Bob Yearout – Mgmt/ Acct







