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| :---: | :---: | :---: | :---: | :---: |
| Onsite meals: $\$ 2.25$ for seniors, $\$ 4.18$ those over age 55. Home deliver cost $\$ 2.50$. Reservations needed 24 hours in advance. Cancellations must be made by 10:00 am for day of reservation. <br> NOTE: Menu subject to change without notice. <br> BOX LUNCHES ARE AVAILABLE ON FRIDAYS FOR THE WEEKEND |  |  |  | BBQ Hamburgers w/ Cheese Lettuce/Tomatoes Potato Salad Baked Beans Watermelon |
| Roast Beef w/ gravy Basil Mashed Potatoes Carrot Cucumber \& Corn Salad Orange juice Raspberry Jello Dinner Roll | Roasted Garlic <br> Chicken <br> Roasted Potato <br> Peas <br> Salad w/ Oranges <br> Vanilla Pudding <br> Wheat Bread | Turkey Meatloaf Mushroom Gravy Rice Pilaf Baked Banana Squash Oatmeal Cookies Apple Juice | Pork Chop with Apple Sauce Black Eyed Peas Cabbage Carrot Salad Rice Pudding Wheat Bread | Baked Salmon w/ Lemon Sauce <br> Peas \& Carrots <br> Tossed Green Salad with Red Onion <br> French Bread Melon |
| Polish Sausage Sauerkraut Boiled Potatoes Steamed Cabbage Rye Bread Fruit Cocktail | BBQ Chicken <br> Breast <br> Sautéed Onions <br> Baked Beans <br> Coleslaw <br> Melon <br> Orange Juice | Roast Pork <br> Bread Stuffing <br> Baked Potato <br> Green Beans <br> Green Salad <br> Pears <br> Apple Juice | Chicken Teriyaki <br> Fried rice \& pineapple <br>  <br> Shredded Carrots <br> Oriental Salad <br> Fortune Cookie | Spanish Steak w/ <br>  <br> Onions <br> Spanish Rice <br> Beans <br> Garlic Zucchini <br> Spinach Salad <br> Fruited Jello |
| Turkey Chili w/ Beans <br> Green Salad w/ Carrots \& Cabbage Buttered Corn Cornbread Flan | Pork Chow Mein <br> Steamed Rice <br> Stir Fried <br> Vegetables <br> Asian Salad w/ wonton strips <br> Ice Cream <br> Orange Juice | Chicken Fajitas <br> Spanish Rice <br> Pinto Beans <br> Flour Tortilla <br> Lettuce/Tomato <br> Pear Halves | Chicken Fettuccini Alfredo Green Beans Mixed Green Salad Garlic Bread Orange Juice Bread Pudding | Meatloaf stuffed w/ Spinach <br> Potatoes Au Gratin <br> Baked Squash <br> Wheat Bread <br> Oatmeal Cookies <br> Apple Juice |
| Turkey Salad w/ <br>  <br> Raisins <br> Carrot Pineapple Salad <br> Cornbread <br> Apple Juice <br> Pear Halves | Vegetable Cheese <br> Lasagna <br> Green Beans w/ <br> Almonds <br> Green Salad w/ Red <br> Onions \& Olives <br> Garlic Bread <br> Fresh Fruit | Shredded Chicken <br> Tacos <br> Refried Pinto Beans <br> Lettuce, Tomatoes <br> Shredded Cheese <br> Sour Cream <br> Salsa Fresca <br> Tortilla <br> Watermelon | Ham \& Spinach Quiche <br> Tri Bean Salad w/ Scallions Green Salad w/ Beets Orange Pineapple Slices | Stuffed Bell <br> Peppers <br> Mashed Potatoes <br>  <br> Carrots <br> Lettuce, Red <br> Cabbage Salad <br> Orange Slices |

# August 2011 

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| Ham \& Cheese Sub w/ Lettuce, tomato Carrot \& Pea Potato Salad Fruited Jello Cookies | Swedish Meatballs w Noodles Mixed Vegetables Citrus Fruit Salad Chocolate Cake Wheat Bread | Chicken Burrito <br> Black Beans <br> Carrots <br> Mexican Rice <br> Salad w/ Shredded <br> Cheese <br> Flan | Tilapia w/ Tomato \& Onion Sauce Brown Rice Mixed Vegetables Wheat Bread Pears | Roast Turkey <br> Mashed Potatoes <br> w/ Gravy <br> Peas <br> Spinach Salad <br> Ambrosia Fruit <br> Salad |
| Spaghetti w/ Tomato Meat Sauce <br> Green Beans Lettuce w/ Red Cabbage Garlic Bread Fruit Cocktail | Hamburgers w/ Cheese <br> Lettuce/Tomatoes Pasta Salad w/ Roasted Red Peppers \& Onions Watermelon Orange Juice | Chicken Cacciatore <br> Roasted Potato <br> Wedges <br> Zucchini \& Onion <br> Salad <br> Bread Pudding | Tuna Salad w/ Egg <br> Three Bean Salad w/ Scallions <br> Lettuce <br> Melon Mix <br> Crackers | Chicken Soft <br> Taco <br> Mexican Rice <br> Refried Pinto <br> Beans <br> Buttered Corn <br> Fresh Orange <br> Slices w/ Coconut |
| Roast Beef <br> Garlic Mashed <br> Potatoes <br> Roasted Carrots w/ honey glaze Cucumber Tomato Salad Chocolate Cake | Roasted Chicken <br> Buttered Peas Green Salad w/ Mandarin Oranges Garlic Bread Vanilla Pudding | Meatloaf w/ <br> Mushroom Gravy <br> Rice Pilaf <br> Baked Banana <br> Squash <br> Wheat Bread <br> Oatmeal Cookies <br> Apple Juice | Pork Chop w/ Apple Sauce <br> Rice Pilaf <br> White/Red Cabbage <br> Salad <br> Rice Pudding | Vegetable <br> Lasagna <br> Zucchini w/ Garlic <br> Spinach Salad w/ <br>  <br> Carrots <br> Garlic Bread <br> Peaches |
| Roast Pork Bread Stuffing Baked Potato Green Beans Spinach Salad Orange Slices Apple Juice | Chicken Teriyaki <br> Fried rice \& pineapple <br> Stir fry Cabbage <br> \& Shredded <br> Carrots <br> Oriental Salad <br> Fortune Cookie | Polish Sausage <br> Sauerkraut <br> Boiled Potatoes <br> Steamed Cabbage <br> Rye Bread <br> Fruit Cocktail | Spanish Steak w/ <br>  <br> Onions <br> Spanish Rice <br> Beans <br> Garlic Zucchini <br> Spinach Salad <br> Fruited Jello | BBQ Chicken <br> Breast Sautéed Onions <br> Baked Beans Coleslaw Melon Mix Orange Juice |
| Chicken Fajitas <br> Spanish Rice <br> Pinto Beans <br> Flour Tortilla <br> Lettuce/Tomato <br> Tortilla <br> Pear Halves | Turkey Chili w/ Beans Green Salad w/ Carrots \& Cabbage Corn Cornbread Flan | Sloppy Joes w/ Bun <br> Potatoes Baked <br> French Fries <br> Buttered Corn <br> Salad w/ Carrots <br> Oatmeal Cookies <br> Apple Juice | NOTE: <br> Box Lunches are Fridays for the we | ilable on nd. |

Onsite meals: $\$ 2.25$ for seniors, $\$ 4.18$ those over age 55. Home deliver cost $\$ 2.50$. Reservations needed 24 hours in advance. Cancellations must be made by 10:00 am for day of reservation. NOTE: Menu subject to change without notice.

