



香港青年協會
the hongkong federation of youth groups

青年領袖發展中心 Leadership 21
課程概覽 Prospectus
2009-10

青協 · 有您需要
HKFYG · Here for You



香港青年協會青年領袖發展中心 2009-10 課程概覽

The Hong Kong Federation of Youth Groups Leadership 21 PROSPECTUS 2009-10

香港青年協會青年領袖發展中心2009-10課程概覽
The Hong Kong Federation of Youth Groups Leadership 21 PROSPECTUS 2009-10

查詢及聯絡

香港青年協會青年領袖發展中心

地址：香港中環皇后大道中99號中環中心地下6室
電話：(852) 2169 0255
傳真：(852) 2169 0603
電郵：leadership21@hkfyg.org.hk
網址：leadership21.hkfyg.org.hk

辦公時間

星期一至五：上午十時至下午六時
星期六：上午九時至下午一時

Enquiries and Contact

Leadership 21, The Hong Kong Federation of Youth Groups

Address : Unit 6, G/F, The Center, 99 Queen's Road Central, Hong Kong
Tel : (852) 2169 0255
Fax : (852) 2169 0603
Email : leadership21@hkfyg.org.hk
Website : leadership21.hkfyg.org.hk

Office Hours

Monday to Friday : 10:00 a.m. to 6:00 p.m.
Saturday : 9:00 a.m. to 1:00 p.m.

青年領袖發展中心 | Leadership 21 Prosepectus 2009-10 課程概覽



香港青年協會
the hongkong federation of youth groups



總幹事的話 Message from the Executive Director

培養不斷求進的領袖素質

優秀的人力資源是提升社會創造力、競爭力和生產力的重要元素。培育新一代的領袖人才，更是全球邁向知識型社會下任重道遠的工作。

香港作為國際大都會，未來發展有賴年青新一代承先啟後、繼往開來。因此，香港必須加強專業的領袖培訓，讓本地優秀人才持續為社會發展作出承擔，並為此作好充份準備。

香港青年協會青年領袖發展中心自二零零零年成立以來，一直秉持信念，從小開始發掘年輕人的領導潛能，為青年提供全面及多元化的訓練課程，讓他們透過系統化的學習，在理念、知識、技能和個人素養方面，奠下穩固基礎。

我們期望學員透過學習，不斷求進，累積知識並掌握對社會事務的了解，建立個人志向，繼而身體力行，樂意回饋社會，成為建設香港的新力量。



A stylized handwritten signature in black ink.

王荔鳴博士
香港青年協會總幹事

Nurturing Leaders for Tomorrow

It has been said that *Traditional thinking is all about "what is". Future thinking will also have to be about what "can be"*.

For the past nine years, Leadership 21 of The Hong Kong Federation of Youth Groups has provided opportunities and experiences for young people to develop this type of critical thinking in preparation for future leadership roles. To be able to think about what "can be" also requires abilities to devise action plans, have a global outlook, work with a team spirit, boldly face challenges and have a commitment to service.

We believe that young people have the potential to develop these skills and talents and ably commit themselves to the community. We encourage young leaders to avail themselves of the opportunities that Leadership 21 has to offer in order to enhance their competencies and strengthen their willingness to serve others.

Join us today to be a leader for tomorrow!

A stylized handwritten signature in black ink.

Dr. Rosanna WONG Yick-ming, DBE, JP
Executive Director
The Hong Kong Federation of Youth Groups

目錄 Table of Content

前言 Preamble

01	總幹事的話	Message from the Executive Director
02	目錄	Table of Content
04	青年領袖發展中心簡介	About Leadership 21
06	課程特色	Course Features

領袖培訓課程及計劃 Leadership Training Courses and Programmes

學生領袖專業培訓 Professional Training in Student Leadership

中學生領袖 基礎訓練證書課程 Basic Certificate Courses for Secondary Student Leaders

10	總領袖生訓練證書課程	Basic Certificate Course for Head Prefects
12	學生會主席訓練證書課程	Basic Certificate Course for Chairpersons of Students' Unions
14	學會會長訓練證書課程	Basic Certificate Course for Club Chairpersons
16	社長訓練證書課程	Basic Certificate Course for House Captains

中學生領袖 訓練活動 Training Programmes for Secondary Student Leaders

18	領袖生團隊建立體驗營	Leadership Experiential Learning Camp for Prefect Teams
19	領袖生個案訓練教室	Case Study Skills Lab for Prefects

社會領袖專業培訓 Professional Training in Community Leadership

青年社會領袖 基礎訓練證書課程 Basic Certificate Courses for Youth Community Leaders

22	青年立法會－議政訓練證書課程	Youth in LegCo - Basic Certificate Course for Youth Community Leaders
24	公共政策訓練證書課程	Basic Certificate Course on Public Policy

青年領袖導師專業培訓 Professional Training for Youth Leadership Trainers

青年領袖導師 基礎訓練證書課程 Basic Certificate Courses for Youth Leadership Trainers

28	歷險活動導師訓練證書課程	Basic Certificate Course for Adventure-Based Activity Trainers
30	學生領袖導師訓練證書課程	Basic Certificate Course for Youth Leadership Trainers

領袖才能提升系列 Leadership Enhancing Series

領袖才能提升講座 Leadership Enhancing Lecture Series

34	青年領袖教室2010	Leaders to Leaders Lecture Series 2010
----	------------	--

楊鐵樑爵士工作坊 Sir T. L. Yang Workshop Series

36	楊鐵樑與你談英語	Let's talk about English with Sir T. L. Yang
37	楊鐵樑與你談西方社交禮儀	Let's talk about Western Social Etiquette with Sir T. L. Yang
37	楊鐵樑爵士與你談通識	Let's talk about Liberal Studies with Sir T. L. Yang

領袖才能進修工作坊 Leadership Enhancing Workshop Series

39	公眾演說工作坊	Public Speaking Workshop
39	有效溝通工作坊	Effective Communication Workshop
40	創意思維工作坊	Creative Thinking Workshop
40	批判思維工作坊	Critical Thinking Workshop

英語及演說技巧提升系列 English and Public Speaking Skills Enhancing Series

44	香港青年協會渣打香港英語演講比賽2010	The Hong Kong Federation of Youth Groups The Standard Chartered Hong Kong English Public Speaking Contest 2010
46	楊鐵樑爵士英語大使計劃	The Sir T. L. Yang English Ambassadors Outreach

領袖重點栽培計劃 Core Leadership Training Programmes

50	2010《香港200》領袖計劃	Hong Kong 200 Leadership Project 2010
52	暑期青年領袖學校2010	Summer School for Effective Leadership 2010

受委託開辦課程 Commissioned Courses

56	卓越學生領袖培訓課程	Leadership Enhancement Programmes for the Exceptionally Gifted Students
	• 有效領導與社會服務	Leadership Enhancement and Social Service Projects
	• 新一代社會領袖	Leaders for the New Generation
	• 香港管治與領袖訓練	Hong Kong Government and Leadership Training
58	剪裁課程	Tailor-Made Training Courses

有用資料及附頁 Useful Information and Appendices

59	報名須知	Application Information
61	學員須知	Student Information
63	報名表格及推薦表格	Application Form and Nomination Form
65	青年領袖發展中心出版書籍推薦	Leadership 21 Publication
66	香港青年協會簡介	About HKFYG

青年領袖發展中心簡介 About Leadership 21

青年領袖發展中心乃香港青年協會轄下服務單位之一，於2000年4月成立，一直致力為香港15至34歲具領袖潛質的青年，提供全面、有系統和專業的領袖才能訓練，讓他們發揮領袖潛質，豐富個人知識和經驗，肩負起領導角色和責任，在社會不同領域作出貢獻。

Leadership 21 of The Hong Kong Federation of Youth Groups came into operation in April 2000, and has provided comprehensive, systematic, and professional leadership training for youth leaders from 15 to 34 years of age. Our aim is for participants to explore their leadership potential, enrich their personal knowledge and experience, as well as foster a sense of responsibility for their future contribution to society.

使命及宗旨 Mission and Vision

青年領袖發展中心致力為香港培養和訓練高質素的青年領袖人才，以支持和推動香港在21世紀的發展，並為成功落實「一國兩制，港人治港」，奠定更穩固的基礎。透過中心提供的多元化培訓，我們期望未來香港的青年領袖能夠：

- 關心國家民族發展，樂於對社會作出承擔；
- 願意追求終身學習，掌握知識型社會的轉變；
- 擁有國際視野與聯繫溝通的網絡；
- 具備批判與獨立思考的能力；
- 建立創意思維與應變能力；
- 參與建設公義平等、和諧共融的社會，帶領香港不斷進步

Leadership 21 strives to nurture and train high-quality youth leaders for the development of the Hong Kong Special Administrative Region in the 21st century, helping to lay a more solid foundation to help realisation of the principle of "One Country, Two Systems" and "Hong Kong People Ruling Hong Kong". Through diverse modes of training, Leadership 21 trains youth leaders to:

- Be concerned with, and committed to, the development of the nation and society
- Be willing to pursue lifelong learning, and be able to master changes in a knowledge-based society
- Develop a vision and build a global network of liaison and exchange
- Be able to think critically and independently
- Nurture creativity and adaptability
- Contribute to building an equal, just, and harmonious society, leading to the sustainable development of Hong Kong

我們的工作 Our Work

在過去九年的青年領袖培訓旅程上，已有超過57,000名本地中學及大學生領袖曾參加本中心舉辦的領袖培訓課程及活動，而本中心為青年領袖提供的培訓時數已高達600,000小時；全港已有超過400多間中學推薦學生領袖參加我們的課程；而中心更獲300多位社會領袖共同分享我們的信念，與我們的學員分享他們的寶貴領導經驗及睿智。此外，我們亦受政府部門、專上院校及私人企業委託舉辦不同課程，以提升青年的領導才能。為培育具服務心志的青年領袖，中心更於2006年創立《香港200》領袖計劃，此計劃為期10年，每年培訓200名優秀青年為香港社會的發展作出承擔和貢獻。

Over 57,000 local secondary and university student leaders have embarked on a journey of leadership training during the past nine years. Our centre has provided over 600,000 training hours, and over 400 secondary schools have nominated student leaders to take part in our training courses. Moreover, around 300 renowned leaders of our society were invited to attend dialogue sessions, and shared with students their visions, words of wisdom, and invaluable experiences from a wide variety of fields. Various government bureaux, tertiary institutions, and private corporations have also commissioned us to organise different leadership training programmes in order to enhance the potential of youth.

In 2006, we also launched the "Hong Kong 200" Leadership Project to nurture youth leaders who have a desire to serve our society. Two hundred student leaders will be chosen annually over the course of 10 years, and will be taught the skills to take on a more proactive role in community affairs and service to Hong Kong.

課程特色 Programme Characteristics

青年領袖發展中心的培訓課程經精心設計，緊貼時代脈搏，並配合21世紀的發展需要，內容理論與實務並重，既富前瞻性，亦講求實用與適切性。學習的模式全面而多元化，包括有助擴闊視野的專題演講、提升領導技巧的工作坊、提升自信及團隊精神的歷奇訓練、顧問導師的個別指導，以及實踐機會和海外交流等。整個學習過程均著重挑戰性和趣味性。

The courses of Leadership 21 have been tailored to fit the development needs of society. Our content focuses on both theory and utilisation, and a practical and innovative approach has been adopted in terms of its design. We aim to provide a diverse and comprehensive mode of learning, including lectures that can widen the scope of students and workshops to enhance leadership skills. Adventure-based training also aims to raise self-confidence and facilitate team building. In addition to the consultation of instructors, opportunities to practice and for overseas exchange enhance the entire learning process to make it a great challenge and a unique interest for youth.

未來發展 Future Developments

展望未來，青年領袖發展中心將堅持一貫為香港社會培育優秀人才的宗旨，聯同社會各界，並肩攜手，在建立多年的青年領袖培訓基礎上繼續深化及拓展多元化的領袖培訓活動；出版一系列與領袖訓練有關的叢書，以豐富青年人的領袖知識；並積極籌備成立「領袖學院」的工作，為香港培訓優秀人才，奠下穩固的基石。

As we look into the future, Leadership 21 will continue to preserve our principle of nurturing potential youth leaders, and join hands with different sectors of society to carry on the work of intensifying and exploring multiple realms of leadership training programmes, building on the solid foundation of our work in youth development through the years. We also publish a series of books specialising in youth leadership in the hope of enriching relevant knowledge of youth in this area. In addition to our efforts to establish a "Leadership Institute", our organisation will endeavour to lay a strong foundation for leadership development in Hong Kong.