

## National Records as at 10-07-2011

<b>MEN</b>					<b>WOMEN</b>				
<b>Event</b>	<b>Record</b>	<b>Name</b>	<b>Tournament</b>	<b>Year</b>	<b>Event</b>	<b>Record</b>	<b>Name</b>	<b>Tournament</b>	<b>Year</b>
100 M	10"89	Hussain Haleem	11th SA Games/Dhaka	08-Feb-10	100 M	12"27	Shamha Ahmed	World C'ship/Edmonton	Aug-01
200 M	21"70	Azneem Ahmed	Maleka Open/Kuala Lumpur	14-May-11	200 M	26.09	Afa Ismail	19th Asian Athletics C'ship/Kobe	09-May-11
400 M	48"56	Hassan Saaid	Commonwealth Games/Delhi	07-Oct-10	400 M	1'00"33	Mirfath Ahmed	Commonwealth Games/Delhi	06-Oct-10
800 M	1'53"08	Naseer Ismail	8th SAF Games/Nepal	1999	800 M	2'28"00	Aishath Reesha	World C'ship/Berlin	Aug-09
1500 M	4'00"06	Hussein Riyaz	6th SAF Games/Dhaka	1993	1500 M	5'16"29	Mariyam Inaya Farooq	World Junior C'ship/Moncton	23-Jul-10
3000 M	9'41"2	Azham Waheed	14th Interschool / Male'	22-Apr-11	3000 M	12'03"2	Fathmath Hashma Abdul Azeez	16th Nat. Tourname	Dec-05
5000 M	15'36"52	Hussein Riyaz	6th SAF Games/Dhaka	1993	5000 M	20.45.7	Mariyam Inaya Farooq	Atoll Interschool/Gn. Fuvahmulah	09-Jun-10
10000 M	34'22"46	Dr. Hussein Haleem	8th Asian Athletics C'ship/Delhi	Oct-89					
5 Km	17'08"2	Dr. Hussein Haleem	Club Tournament	Jun-89					
20 Km	1:11'33	Dr. Hussein Haleem	2nd World Junior C'ship/Sudbury	Jul-88					
100 M H	15"4	Hassan Zameel	2nd Inetr School	May-91					
5000 M Walk	28'28"8	Ibrahim Saleem	8th Nat. Meet	Aug-91	3000 M Walk	21'10"99	Aminath Ali	17th Nat. Tournament	Dec-06
High Jump	1.85	Ahmed Zabeer	8th Association C'Ship/Male'	Oct-09	High Jump	1.47	Rana Ahmed Sadiq	4th Interschool	May-96
Long Jump	6.47	Hussain Haleem	8th Association C'Ship/Male'	Oct-09	Long Jump	4.75	Nashfa Amira	Aminiya Int House	Feb-00
Triple Jump	12.76	Ahmed Fail	10th Nat. Meet	Nov-96	Triple Jump	9.81	Shain Rasheed	10th Nat. Meet	Nov-96
Shot Put	10.85	Moosa Fazleen	20th National C'Ship	18-Feb-10	Shot Put	8.72	Aishath Eva Abdul Gafoor	17th Nat. Tournament	Dec-06
Discus	31.50	Moosa Fazleen	21st National C'Ship	27-Jan-11	Discus	25.36	Aishath Eva Abdul Gafoor	17th Nat. Tournament	Dec-06
Javelin	47.60	Abdulla Mahir	13th Interschool/Male	06-Aug-10	Javelin	34.56	Aminath Shiura	19th National Tournament	Dec-08
4 x 100	41"39	National Team	11th SA Games/Dhaka	07-Feb-10	4 x 100 Relay	52.19	National Team	SAF Junior	Nov-07
		Hussain Haleem, Hassan Said, Ali Shareef, Azneem Ahmed					Hawwa Haneefa, Jauna Abdulla Nafiz, Mariyam Afnan, Emau Ahmed Saleem		
4 x 200	1'45"7	Majeediyya School	13th Interschool/Male	08-Aug-10	4 x 200 Relay	2'02"38	Aminiya School U/16	9th Interschool	Mar-02
4 x 400	3'20"35	National Team	7th SAF Game/Madras	1995	4 x 400 Relay	4'15"00	Jalaludin School	14th Interschool /Male	23-Apr-11
		Mohamed Amir, Ahmed Shageeg, Ahmed Fail, Naseer Ismail					Mariyam Hana, Saufa Ibrahim Hilmy, Risfa Mohamed, Aishath Zoona Moosa		
Midley Relay	2'07"3	Victory SC	12th Nat. Meet	Aug-99	Midley Relay	2'42"9	New Radiant Sports Club	Relay Festival / Male	11-Mar-00
							Yaznee Nasheeda, Shamha Ahmed, Shamila Abdul Majeed, Shiqfana Ali		
Half Marathon	1:19'23	Naseer Ismail	2nd Katsuhiro Cup	Sep-94	Half Marathon	1:44'39	Zuleikha Ali	Half Marathon C'ship/India	Oct-04
Marathon	2:45'03	Hussein Haleem	4th SAF Games/Islamabad	1989	Marathon	3.48.11	Zuleikha Ali	MTCC Marathon	Dec-07