

Austen Riggs Center

*The Freedom  
to Create*



# The Freedom to Create

3	From the Chair
4	From the Medical Director/CEO
6	From the Director of the Erikson Institute
9	<b>The Freedom to Create</b>
41	Financial Highlights
42	Donors
45	Board of Trustees & Council of Scholars
46	Administrative & Medical Staff
47	Staff Publications, Presentations & Honors
51	Erikson Institute Conferences and Lectures

Joan Erikson, pictured below, with her husband Erik



**Lisa A. Raskin, Ph.D.**  
Chair, Board of Trustees



The focus of this year's annual report, our unique Activities Program, reminds us all of the remarkable nature of this institution. We are a hospital unlike any other and we are proud of the many things that distinguish us. It has been another busy year for the Board as we continue to work with the staff to discuss priorities for the future and to help them chart the institution's course in the face of today's challenging economic climate. While these are tough times, we continue to move forward in exciting ways. As always, we are grateful to the staff for their hard work and to all of our generous friends and supporters who help to make our work possible. Thank you for being part of the Riggs community.

Lisa A. Raskin, Ph.D

*A blank canvas to fill, if it doesn't provoke anxiety, can offer unlimited scope for the exercise of autonomy. It is all yours to do with as you will. So, too, does an empty flower bed and a seed catalogue. Some knowledge is useful, but the potential seems tremendous... — Joan Erikson*

Edward R. Shapiro, M.D.  
Medical Director/CEO



In 1951, at the annual 4th of July picnic for Riggs patients and staff, a girl stood up and sang a ballad. One verse is remembered today as the impetus for the establishment of the Activities Program. She sang, “We sit all day long at a great big loom, making God knows what for God knows whom.” Joan Erikson writes about this encounter in her book, *Activity, Recovery, Growth*. Senior medical staff members David Rapaport and Margaret Brenman heard the message from this young patient and approached Joan to work out a new activities program that would give patients more meaningful educational experiences. Over the next few years, Joan and a committee of staff and patients reorganized the shop into a basic art workshop and developed a theater group, a nursery school, and a greenhouse and garden program.

Fifty-eight years later, Joan Erikson’s plan is still in operation. Whether it is direct application on the potter’s wheel, or joining the play of a three year-old at the Montessori School, the Riggs Activities Program gives patients a space to step away from their intensive therapy, recognize their strengths and capacities, develop skills and discover new talents and interests.

Given the focus of Riggs’ treatment, our patients are increasingly conscious of the ways their lives and behaviors play out their internal struggles; they are relentlessly in the patient role thinking about the meaning of what they do and their impact on others. This is true everywhere at Riggs except when they are in the Activities Program. There, they are students, not patients: it is an “interpretation-free zone”. Members of the staff, other patients, and people from the Stockbridge community come to their art exhibits, attend their public performances, and admire their capacities. In the setting of the Activities Program, our patients are free from their otherwise intensive self-scrutiny. Maintained as completely separate from the clinical work, the program is unique for psychiatric hospitals, underlining the values of an open setting where ‘patients’ can become people taking charge of their lives.

Playwright William Gibson directed theater productions for many years;

American artist Leo Garel remained at Riggs for 40 years; master craftsman and woodworker Tilo Kaufman taught at the Center in the ‘60s; and there are many others. In this report, you’ll learn about this extraordinary program from current staff members and two former patients. We hope you will get a sense of the creative richness of the Activities Program, and the perspectives it can offer our patients for their intensive clinical work.

Riggs, like most other institutions, has been affected by the economic recession. While operating results produced a surplus of \$96,000 in 2008, the economy had a significant impact on the Center’s endowment and pension plan. The latter will require additional financial resources in future years. Increasing numbers of patients and families have applied for financial assistance and we are beginning to see financial pressures pushing patients toward more rapid discharge. We have given more financial aid in order to allow our patients to extend their treatments.

Thankfully, Riggs continues to have many friends and families who support our work. This year, we introduced the 1919 Society to recognize those individuals who have included Riggs in their estate planning. This is an important way to secure the future of the institution. We are very grateful for the support of those who have joined, and for all of our donors and friends.

Edward R. Shapiro, M.D.

*“Materials wordlessly speak for themselves and say the same to everybody. If you prove responsive to them, they will respond to you without argument, apology, or blame. They offer a range of cognitive discoveries and confirmations — from the simplest to the complex.” — Erik Erikson*



**M. Gerard Fromm, Ph.D.**

Evelyn Stefansson Nef Director of the Erikson Institute



This summer, the Erikson Institute will hold its sixth Creativity Seminar titled, *Miracle Workers: Transformation Through Creativity*, in honor of the late Bill Gibson. In past years, groups of between 25 and 50 vacationing professionals have attended these seminars, which explore the creative process through dialogues between artists and clinicians. Within that primary task, each seminar has a keynote theme. Previous themes include: *On (Not) Being Able to Paint*; *The Scarlet Letter: The Artist and Analyst as Outsiders*; *Mahler, Freud and the Symphony of a Thousand*; *The Play's The Thing: Creativity, Psychoanalysis and Play*; and *Creativity at the Extreme*.

These seminars are *working seminars*, which means that our presenters do not have the answers to the question of creativity, except perhaps for themselves. Rather, learning comes about through the active participation of members and faculty in the creative process as it is described and felt over the course of the seminar. The seminar is structured as a series of informal presentations or dialogues, alternating between artists opening up their own creative process and clinicians examining this process through the lens of their work with patients. Many well-known artists have taken part in these conversations, as have our own clinical and activities program staff. Indeed, some seminar events take place at the shop so that members can feel what it is like for our patients to join the creative process in our Activities Program.

To our great surprise, the Creativity Seminar itself has become an experience of deep engagement with the raw material in each of us. The experience of these seminars has been astonishing. There is a cumulative impact from hearing artists - including the artists on our staff—describe and take the members into their creative process. It is invariably real, moving, and utterly fascinating. Simply through their genuine efforts at opening up their personal creative process, the artists *speak into* the listener, bypassing intellectualization and critical judgment, and setting up a resonance that members *must* contend with. So, they speak back: to the artists, to each other, to themselves, and to us in a closing plenary. I recall one person who stood up and said that she had been writing poetry for the last few days, and “I’ve never written a word of poetry before in my life, and I don’t know what is happen-

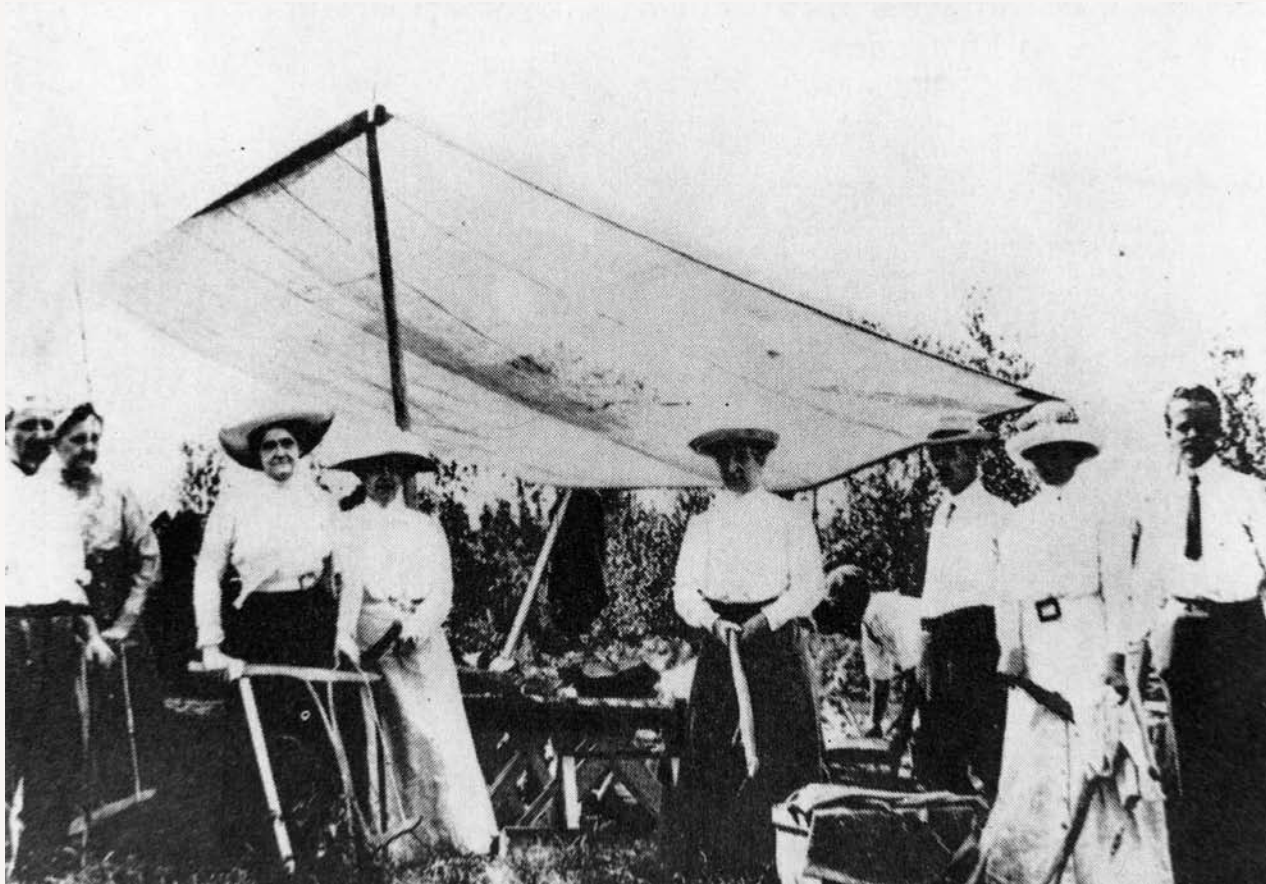
ing to me.” The seminar becomes an *experiential* event—for the artists too; one artist said that she had never opened up the connections between her art and her life in the way she had in her dialogue, and she was extremely grateful for what she had learned. This kind of interaction, resonating with the unconscious, generates an experience much more than the sum of its parts and shows us, in a living way, what it is that our Activities staff offers to our patients every day.

In 2008, in addition to our continuing our work with the Cambridge Hospital psychology interns, we offered a nine-week seminar to Fellows and other trainees at the Yale Child Study Center. We also organized a panel presentation at a Global Health Forum at the Italian Embassy in Washington, D.C. on the problem of suicide as seen from clinical and institutional perspectives. We worked with the Berkshire District Attorney’s office on the problem of violence in schools. Our Fall Conference brought together sociologists, political scientists, lawyers and psychoanalysts for an in-depth, interdisciplinary examination of citizenship. Finally, we completely re-organized our research effort this year, appointing Christopher Fowler, Ph.D., as Director of Research. Dr. Fowler has developed a set of research labs based on staff interest. In addition, the first Main Aims paper from the Follow-Along Study was accepted for publication, and we expanded our network of institutional affiliations.

M. Gerard Fromm, Ph.D.

*“...things that grow are without ambivalence, without triumph or complaint in their clear indication of what will help them unfold or what will make them wilt, and only demand that you apply to them the simplest wish to foster growth and prevent decay.” — Erik Erikson*

Working outdoors, pictured below, at Austen Riggs in the early 1900s.



*“We wanted to provide a situation, many situations, where people could try to let go, try something else, fail comfortably, succeed without being labeled or limited by success.”*

— Joan Erikson



# The Freedom to Create

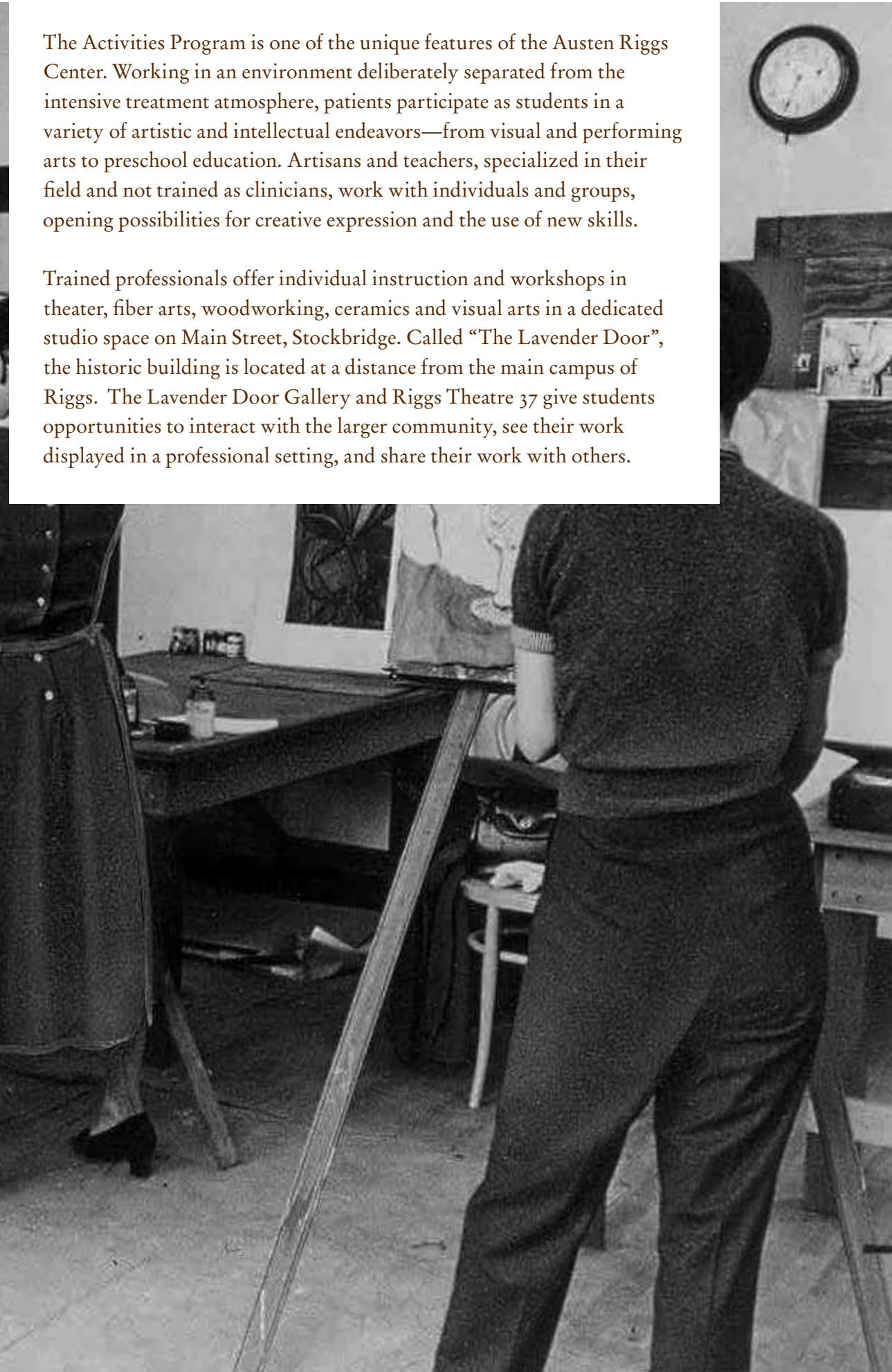


Patients at the shop, circa 1955.



The Activities Program is one of the unique features of the Austen Riggs Center. Working in an environment deliberately separated from the intensive treatment atmosphere, patients participate as students in a variety of artistic and intellectual endeavors—from visual and performing arts to preschool education. Artisans and teachers, specialized in their field and not trained as clinicians, work with individuals and groups, opening possibilities for creative expression and the use of new skills.

Trained professionals offer individual instruction and workshops in theater, fiber arts, woodworking, ceramics and visual arts in a dedicated studio space on Main Street, Stockbridge. Called “The Lavender Door”, the historic building is located at a distance from the main campus of Riggs. The Lavender Door Gallery and Riggs Theatre 37 give students opportunities to interact with the larger community, see their work displayed in a professional setting, and share their work with others.







In the Greenhouse, indoor space is available throughout the year for private gardens, as well as outdoor areas for summer gardening. Patients learn how to start and care for plants and how new plants are propagated, from shrubs and herbs to cacti and flowers. In the summer, there is a garden behind the greenhouse that provides cut flowers for bouquets.

The Riggs Montessori School fosters positive early learning experiences for local children, ages two and a half to six. The school's founder, Joan Erikson, described the motivation for establishing a nursery school within a psychiatric setting as a way for patients to experience childhood as observers and participants. Patient interns and teachers' aides work with the school's director in all aspects of the school.

“Working in the Activities Program, patients can get absorbed in doing something that takes them out of their heads,” says James Sacksteder, M.D., Associate Medical Director. “If obsessional people can get absorbed in something, it can give them an extraordinary respite. Then, if patients can find something that gives them genuine pleasure—whether it is in the school or working with materials—it opens up a whole new world.”





*Over the years, there has been lots of behind-the-scenes work with our accreditors to preserve the work of the Activities Program. It's my job to make this process as seamless as possible. For example, from time to time, we have to justify why our patients should be allowed to operate heavy machinery in the woodshop, or why a patient who has a history of cutting is given sharp instruments to work with in fiber arts. Despite our patients' struggle, they work with us to treat the Activities Program spaces as protected space, managing their own safety so that clinical concerns do not intrude. — Jane Bloom, Ph.D. R.N., CS, Director of Patient Services*





*Some patients shuffle along the sidewalk to rehearsal, and slump into a chair. By the end of the night, I have to almost throw them out. They bounce around the room, dance down the stairs. They are really tired but their bodies are awake and alive so much more than they were when they walked in. They come alive. They start burning bright. — Kevin Coleman, Theater Director*





*If you go to the shop you can make something with your hands. If you come to the greenhouse, you can start a plant from a seed or a cutting. It takes time to see progress, it requires patience, but the reward is great when the plants start growing! Students are responsible for the plants. They can see how just a minimal effort makes things move forward and grow. Each student comes in with a different attitude and purpose. Some want to work outside; others come to the greenhouse because it's an escape from everything that's going on in their treatment. It is quiet and peaceful here.*

— Sandy Dawson, Greenhouse Instructor





Sandy Dawson



Paula Meade





*Patients who work at the school find a part of themselves that perhaps they never had, or that they are rediscovering. Recently, a young man wanted to come to the school but wasn't able to at first. He was big. My first concern was whether he would find a chair he would find comfortable. But towards the end, he didn't need a specific chair; he always had kids around him. He was kind of a big, gruff guy, but not at the school. There was one little girl who stole his heart. When he was discharging, all the children wanted to know where he was going. He told them he was going back to school. He's been gone a week and we all miss him. It's those small interactions. You can just see what the school does for patients and how it changes them.*

**—Paula Meade, Montessori School Director**











## Amy

*When I worked at the school, I had a job, a purpose. If things weren't going well in my treatment I knew at least that things were okay at the school. The school's Director Paula Meade was so easy-going, so wonderful. She allowed me to just be. It was a wonderful experience.*

*I have fond memories of a boy I worked with at the school during the three years I was there. He was so creative, imaginative. His favorite thing to do was to build with Legos. I would sit on the floor and play with him. He was so talented. Most of the time I was watching him. It didn't matter that I couldn't do it. It was just fun to be with him.*



*Not so long ago, a young man came to the shop so guarded it was painful. He wanted to be there, yet I couldn't reach him. It was difficult. Woodworking requires a great deal of personal contact. Months later, one day this guy cracked a smile. Then we became very tight. We worked together every day. I would show him one aspect of the work and he would go with it. He came many hours a week and built a quilting table for his mother. It was a huge project. He had a whole approach to the design; he called it a "language." It was fascinating to watch him work, blossom and learn.*

— Edouard Vaval, Woodworking Instructor







*Some students come to me with knowledge or memory of working with clay and they want to brush up on their skills. And then there are others who have a hard time letting anything come out of themselves. That's a very different kind of teaching. It's not about mechanics; it's about allowing yourself to trust and not analyze what you're making as you're making it. It is a very different way of thinking, to see what you can bring to the clay and what an object has to offer.*

— Michael McCarthy, ceramics instructor





Michael McCarthy



Paula Erker





*Some people have a difficult time leaving behind whatever is going on in their therapy or at the Inn. To walk down the street; to ask for help to learn something new; to experience something they haven't tried before; to delve into something unknown—all these things take courage. It's my job to get students over that wall so they can see that they can make a mistake and learn from it. I tell everybody, if you don't enjoy it you don't have to do it. There are no rules. Just sit here and knit, paint, whatever it is you are interested in doing. I think that's what people appreciate the most. I think of the Activities Program and the shop as an oasis—a place where patients can come and just be present.*

— Paula Erker, Fiber Arts Instructor





## Maria

*When I came to Riggs, I was an unrealized artist. I was in deep need of psychiatric treatment, and Riggs offered a unique opportunity through its Activities Program to heal and nurture my creative self in a way that no other place could. The paper, the paints, it was all there for me as well as Mark Mulherrin's unwavering support. It was a dream come true. Sometimes I would go over to the shop and just sit and look at the yarn—all the luscious colors, textures and possibilities. Sitting at the table with Rabia and Paula, I had a sense of unity and peace. When I was in that building, I felt free. I could accomplish something. This was unheard of for me.*





*When you have a blank canvas or page, you are faced with a void. It is your responsibility to create a drawing or painting. Anyone who takes that trip may find aspects of the experience that are therapeutic. What I've learned in my work at Riggs is that I cannot take for granted my students' experiences. It may be really hard for someone to come to the studio; they might be uncomfortable while they are here, and they don't necessarily come back. For a long time it seemed to me that this was a small commitment. But what I've learned is that from their frame of reference, our students are making a huge commitment just to walk in the door.*

— Mark Mulherrin, Visual Arts Instructor





Left to right: Paula Erker, Edouard Vaval,  
Michael McCarthy, Kevin Coleman, Mark Mulherrin,  
Sandy Dawson, Paula Meade



### Condensed Statement of Financial Position December 31, 2008 and 2007

	2008	2007
<b>Operating Fund Assets</b>		
Operating cash and investments	\$2,580,000	\$2,304,000
Accounts receivable (net)	1,202,000	994,000
Other assets	715,000	718,000
Property, plant & equipment	14,816,000	13,515,000
Restricted Cash	3,514,000	0
<b>Endowment and Similar Funds Assets</b>		
Patient Aid	228,000	394,000
Capital Campaign	79,000	1,168,000
Erikson Institute	8,184,000	11,505,000
<b>Total Assets</b>	<b>\$31,318,000</b>	<b>\$30,598,000</b>
<b>Liabilities</b>		
Current Liabilities	\$ 2,361,000	\$ 2,109,000
Pension Benefits Liability	5,063,000	2,409,000
Long term debt	7,268,000	3,533,000
<b>Net Assets</b>		
Operating	2,313,000	2,017,000
Pension plan	(5,063,000)	(2,409,000)
Property & equipment	10,885,000	9,872,000
Unrestricted endowment	4,406,000	7,801,000
Temporarily restricted endowment	426,000	1,959,000
Permanently restricted endowment	3,659,000	3,307,000
<b>Total Liabilities and Net Assets</b>	<b>\$31,318,000</b>	<b>\$30,598,000</b>

### Condensed Statement of Activities and Changes in Net Assets December 31, 2008 and 2007

Total operating revenues	\$15,859,000	\$14,953,000
Total operating expenses	15,763,000	14,434,000
Change in net assets from operations	96,000	519,000
Non-operating revenue (expenses)	(3,363,720)	733,000
Pension related changes	(2,654,000)	(2,133,000)
Change in net assets	(\$5,921,720)	(\$881,000)



## Austen Riggs Benefactor Circle

With an annual gift of \$1,000 or more, donors to the Austen Riggs Center become members of the Austen Riggs Benefactor Circle. These gifts provide critically needed support for the important work that Riggs does in helping “treatment-resistant” patients become people taking charge of their lives.

### Diamond / (\$25,000 + )

Irving and Barbara Gutin  
The Evelyn Stefansson Nef Foundation  
The Estate of Carl H. Marlowe, Jr.  
1 Anonymous donor

Lewis Rosenberg and  
Jo Ann Rothschild

Polly Schlitz  
Mason and Jeannie Smith  
1 Anonymous donor

Len D. McCoy, Psy.D.  
Julia Moore and Jock Herron  
John Pollart and  
Claire Naylor-Pollart  
Lisa A. Raskin, Ph.D. and  
David Sofield, Ph.D.

Reed Hilderbrand Associates, Inc.  
Claire A. Richardson  
Mary and Paul Roberts  
Jerome and Dorothy Rosenberg  
Georgeanne and Jean Rousseau  
Ford Rowan, Jr.  
Louise and Arnold Sagalyn  
Edward R. Shapiro, M.D. and  
Donna Elmendorf, Ph.D.  
Steven Sharfstein, M.D.  
Mikihachiro Tatara, Ph.D.  
E. J. Wexler Gift Fund of  
The Minneapolis Foundation  
1 Anonymous donor

### Platinum / (\$10,000 + )

Mary and Robert Carswell  
Margot and Eric Egan  
Irving and Barbara C. Gutin  
Charitable Fund 3925-1 of  
the New Hampshire  
Charitable Foundation  
Rhoda R. Herrick  
Daniel S. Kaufman  
Aso O. Tavitian  
1 Anonymous Donor

### Silver / (\$1,000 + )

Abby Ames  
Blantyre  
Charles C. Cohen  
Katie and Lanse Crane  
Mr. and Mrs. John H. Fitzpatrick  
Beverly Anne Fox  
Tova Friedler Usdan, Ph.D.  
Mr. and Mrs. James W. Giddens  
Joan Goodrich and Neil Moss  
Laurie J. Hall  
Milton P. Higgins, III  
Diana Hitt Potter  
Dwight and Pam Jewson  
Elizabeth M. Kramer  
Ruth Lord  
Rina Mayer

### Gold / (\$5,000 + )

American Psychoanalytic  
Association Foundation  
Joanna Graf Frank  
John and Pepe Maynard

### Sustainer / (\$500 + )

Mr. and Mrs. Gary Anderson  
Comalli Electric  
Robert and Patricia DeNoble  
Douglas and Irene DeVivo  
Jeff and Amy Diamond  
Nancy Fitzpatrick  
Foster and Eldridge, LLP  
Jerry and Maryjane Fromm  
Prentiss C. and Polly Higgins  
Mr. and Mrs. Lee H. Hill, Jr.  
Lauren Joy and Elyse Etling  
Kiki and Ted Kennedy, Jr.  
Buddy and Nannette Lewis  
Marois Construction Co.  
Paddy and Peter Mehlhaff  
Mercier’s Carpet Service, Inc.  
Steven and Helice Picheny  
Elizabeth Rindskopf Parker  
James L. Sacksteder, M.D.  
Cheryl Seaman, M.D.  
Frank Wohl  
1 anonymous donor

### Sponsor / (\$250 + )

Drs. Rosemary Balsam and  
Paul Schwaber  
Adele K. Boyd  
Countryside Landscape Services, Inc.  
Mr. and Mrs. Martin H. Deely  
Richard I. Feinberg, Ph.D.  
James E. Gorney, Ph.D. and  
Beverly C. Gibbons, Ph.D.  
Gravity Switch  
Robert and Jan Grien  
Jay S. Kwawer, Ph.D.  
Jodie Meyer and Steve Tuber  
Quality Printing Company  
Marie Rudden, M.D. and  
Peter M. Lazes, Ph.D.  
Stephen Schlein, Ph.D.  
3 anonymous donors

### Supporter / (\$100 + )

Rachel Abednejad  
Gerald and Corinne Adler  
Dr. Bernadine Faw Arnold  
Donna Bentolila  
Bill’s Pharmacy  
Nicholas J. Boraski and  
Ruth P. Boraski  
Susan Bronson and John Sellew  
Deborah Buccino, M.D.  
Christine Burbank, M.S.W.  
Mr. and Mrs. Edward Buxbaum  
CAF Pension Actuaries, Inc.  
Marilyn and Bruce Charles  
John F. Clarkin, Ph.D. and  
Audrey Clarkin, Ph.D.  
Andrew and Jane Cohen  
Chauncey and Linda Collins  
Barbara J. Cooperman in honor of  
Martin Cooperman, M.D.  
Leona Cooperman  
Candis Cousins, Ph.D.  
Bonsai Cox  
Crescent Creamery  
David M. Davis, M.D.  
Mr. and Mrs. Philip S. Deely  
Anthony J. Distinti, Jr.

E. Caligari and Son  
Aaron H. Esman, M.D.  
Albert & Marie Esselborn  
Ms. Frances Fendler  
Miss Mary Flynn  
Rose D. Gibbs and  
Charles F. Gibbs, M.D.  
Randolph G. Hawthorne and  
Carliss Baldwin  
Dianne Heckman, R.N.  
Robert and Aleva Henderson  
Nicholas A. Holliday, M.D. and  
Kerry A. Toohig  
Greg Jacobs  
William E. Knight, M.D.  
Thomas A. Kohut, Ph.D. and  
Susan N. Kohut  
Barbara Lafer, Ph.D.  
Lombardi, Clairmont & Keegan  
MacFarlane Office Products, Inc.  
Kathleen Maguire and Eric Hill  
Elspeth and F. William McClelland  
in honor of Lee McClelland  
Bernard C. McGuire  
Francine Moddero  
Martin L. Nass, Ph.D. and  
Marilyn L. Nass  
Norma Greer Ogden  
Eric M. Plakun, M.D.  
Jeffrey B. Potter  
Rachel Z. Ritvo, M.D.  
Debra Roelke, Ph.D.  
Asher Rosenberg, M.D.  
Richard Ruth, Ph.D.  
Dr. and Mrs. Daniel P. Schwartz  
Michelle Shasha  
Gail Silverman, Ph.D.  
Rolf and Kelly Smedvig  
Lex B. Smith, M.D. and  
Margaret Smith  
Dr. Len and Gail Sommer  
Drs. Herman and Ethel Steinberg  
In Remembrance of  
Dr. Martin Cooperman  
Jane G. Tillman, Ph.D.  
Mrs. Mercer Trapp  
Charles Turk, M.D.  
Valley Communications Systems  
John and Heather Veague  
Saul Vydas, M.D.  
WB Mason Company, Inc.  
WEBS, America’s Yarn Store  
Tova Wein, Ph.D.  
Howard and Arlene Weintraub  
Robert W. Woodhouse, M.D.  
Xact Locating Technologies  
Dorothy Shore Zinberg  
10 anonymous donors

### Friend / (\$50 + )

Elizabeth Aho, R.N., M.S.N.  
Mr. and Mrs. Robert C. Alsop  
Mayer and Joyce Arnowitz  
Chapman Attwell, M.D., M.P.H.  
Benjamin and Leah Barber  
Sally Bloom-Feshbach, Ph.D.  
Lisa Bozzuto, R.N.  
C. Brooks Brenneis, Ph.D.  
Susan Budnick, Relate Psychotherapy  
John C. Burnham, Ph.D. and  
Marjorie A. Burnham  
O. Townsend Dann, M.D.  
Elizabeth Horan Edgerly  
Dr. and Mrs. Lester H. Friedman  
Michael N. Fulco, Ph.D.  
Michael Groat, Ph.D.  
Pamela D. Harvey  
Michael Ann Holly, Ph.D.  
Edward J. Khantzian, M.D.  
Lisa Koldys  
Lee Audio ‘N Security Inc.  
Georgette Levy  
Myrna Little, Ph.D.  
Geof and Kate Margo  
Mary Stuart Inc.  
Ms. Susan E. Quinn  
Janet Rooney  
Lisa Rose  
Edward R. Ryan, Ph.D.  
Barbara and Evan Salop  
Mike Schiffer  
Service Matters LLC  
Samuel Slipp, M.D.  
Imre Szecsody, M.D.  
David and Tamara Valicenti  
Sara and Michael Wolff  
Wheaton Wood, M.D.  
Linda and Howard Zonana  
Peter and Julie Jenks Zorach  
4 anonymous donors

### Friend / (\$25 + )

Steve and Ilana Ackerman  
Judith L. Bly  
Franklin G. Boisvere, Jr.  
Elevators Sales & Service, Inc.  
Toby Goldman  
Mark A. Herrmann, Ph.D.  
Mary Kriksciun and Michael Kember  
Saskia Larraz  
Maria Matthews  
Mr. and Mrs. Daniel Mazursky  
Cathleen M. Morey, L.I.C.S.W.  
Rabbi Harold and Audrey Salzman  
Dan Weller  
3 anonymous donors

### Erikson Institute

Benjamin and Leah Barber  
Deborah Buccino, M.D.  
Christine Burbank, M.S.W.  
Dr. and Mrs. Lester H. Friedman  
Jerry and Maryjane Fromm  
Michael Groat, Ph.D.  
Irving and Barbara C. Gutin Charitable  
Fund 3925-1 of the New  
Hampshire Charitable Foundation  
Michael Ann Holly, Ph.D.  
Ford Rowan, Jr.  
Gail Silverman, Ph.D.  
Imre Szecsody, M.D.  
Mrs. Mercer Trapp  
Tova Wein, Ph.D.  
Dorothy Shore Zinberg  
1 anonymous donor

### Ess White Jr., Fellowship Fund

Diana Hitt Potter  
Georgette Levy  
The Estate of Carl H. Marlowe, Jr.

### Gifts in Memory of Karen Beth Usdan

American Federation of Teachers  
AFL-CIO  
Joan Antonicelli, Sulema Ebrahim,  
Sylvia Lopez, Arnold Osansky,  
Sandra Palleja, & Richard Saulnier  
James and Jackye Barrer  
Mitchell Barrer, M.D.  
Andrew Bart  
Laurie Baskin  
Christine Bourgeois and  
Michael Belotz  
Jane Bowers  
Douglas Brattebo  
George and Janice Brenner  
Chichi and Len Brumberg  
The Carl Marks Foundation Inc.  
The partners of Castine Capital  
Management, LLC  
Lawrence M. Chong  
Charles R. Coble  
Ellen G. Cohen  
Helen Danziger  
James J. Dunne, III  
Educational Research Service  
Mark Fitzgibbon  
Mike and Pam Foley  
Barbara A. Fox  
Barry and Gloria Garfinkel  
Lawrence Garshofsky  
Sondra Goldberg  
Roslyn Goldstein  
Wayne Goldstein and Tara Sloane  
Suzanne Granville  
Eric and Lauren Hoffer  
Scott Hootman, Matt Kelley, and  
Sam Haskell  
Institute for Educational Leadership



**Gifts in Memory of  
Karen Beth Usdan  
(continued)**

Margaret Jefferson  
John Jay College  
Rebecca Kahn  
Nancy and Adam Kansler  
Kari and Seth Kaplan  
Bernard and Judith Kassover  
Rosalind and Richard Kaufman  
C. Philip and Julia A. Kearney  
James A. Kelly and Mariam C. Noland  
Ben A. Kendall  
Judith F. Kornberg, Ph.D.  
Jules and Lynn Kroll  
David and Lisa Leon  
May Leone  
Irene Lynn  
Andrea Rae Markowicz  
Jerry Mastriano and Elizabeth Heinze  
Deborah Mazia  
Hunter Moorman  
Harold and Janet Moskowitz  
Lila Noble  
John J. O'Neil  
Elizabeth Olofson and Daniel L. Kurtz  
Ms. Elyse Park  
Martin and Doris Payson  
Nancy Pinn  
Leonard and Judith Polisar  
Judith Goldstein, Richard Purkey  
and Family  
Leslie A. Richartz and Andrew Hoffer

Stuart and Anne Robinowitz  
Ruth Robinson  
Mordecai Rochlin  
Hal Roth  
Ruditsky Property Management LLC  
Robert Schumer  
Appalachian Mountain Club  
Berkshire Young Members  
Patricia M. Shea  
Jason and Louise Silverman  
Judith Silverman  
The Sloan Family Foundation  
Stella and Charles  
Guttman Foundation, Inc  
Susan Wharton  
Melba Winer  
Wingson Wong

**Patient Aid Fund**

Elizabeth Aho, RN, M.S.N.  
Christina B. Biedermann, Psy.D.  
Bonsai Cox  
Albert & Marie Esselborn  
Richard I. Feinberg, Ph.D.  
Michael N. Fulco, Ph.D.  
Eric and Lauren Hoffer  
Lisa Koldys  
Elizabeth M. Kramer  
Andrea Rae Markowicz  
Maria Matthews  
Lee McClelland, RN  
Jodie Meyer and Steve Tuber  
Francine Modderno

Susan E. Quinn  
Marie Rudden, M.D. and  
Peter M. Lazes, Ph.D.  
The Ruditsky Family  
Michelle Shasha  
Charles Turk, M.D.  
Saul Vydas, M.D.  
4 anonymous donors

**Yasmin Roberts Memorial  
Lecture Fund**

Dr. Bernadine Faw Arnold  
Rachel Z. Ritvo, M.D.  
Mary and Paul Roberts  
Lex B. Smith, M.D. and  
Margaret Smith

**Austen Riggs 1919 Society**

Over the years, the Austen Riggs Center has received many generous bequests and other estate gifts from our friends and supporters. These gifts have helped us to create an endowment, increase financial aid for patients, and secure our fellowship program. To recognize those who have provided for Riggs in their estate plans, we have created the 1919 Society.

**1919 Society Members**

Charles C. Cohen  
Albert and Marie Esselborn  
Ms. Frances Fendler  
Beverly Anne Fox  
Barbara A. Gol, Psy.D.  
Michael Groat, Ph.D.  
George M. Howard, M.D., P.C.  
Ruth Lord  
Evelyn Stefansson Nef  
Claire Rosenberg, L.I.C.S.W.  
Mason and Jeannie Smith  
Jane G. Tillman, Ph.D.

**Board of Trustees**

**Lisa A. Raskin, Ph.D.**, Chair; John William Ward, Professor of Psychology and Neuroscience, Amherst College

**Aso O. Tavitian**, Vice Chair; CEO, Syncsort Inc. and President, Tavitian Foundation

**Mary Carswell, M.S.W.**, Former Executive Director, MacDowell Colony; former Chair, Riggs Board of Trustees

**Lansing E. Crane**, Retired Chairman and CEO, Crane & Co., Inc.

**Robert A. DeNoble, M.B.A., CPA**, Chief Executive Officer, The Marino Foundation for Integrative Medicine, Inc.

**Jeffrey L. Diamond**, Segment Producer, ABC 20/20

**Margot T. Egan, C.S.W.**, Private practice in psychotherapy, New York City

**Joan Goodrich**, Vice President for Planning and Special Programs, Bennington College

**Laurie J. Hall**, Attorney, Edwards Angell Palmer & Dodge

**Richard G. Honig, M.D.**, Private practice of Adult and Child Psychiatry and Psychoanalysis, Cincinnati, OH

**Dwight C. Jewson, Ph.D.**, President and CEO, Strategic Frameworking, Inc.

**Daniel S. Kaufman**, Director and Secretary of the Henry and Elaine Kaufman Foundation, Inc.

**Katherine G. Kennedy, M.D.**, Associate Clinical Professor, Yale University; psychiatrist in private practice, New Haven

**Thomas A. Kohut, Ph.D.**, Sue and Edgar Wachenheim III Professor of History, Williams College; Director of the Williams-Exeter Programme at Oxford University

**John Maynard**, Corporate Lawyer, retired partner Ropes & Gray, NYC

**Julia Moore**, Independent Consultant

**Jerome I. Rosenberg, Esq.**, Retired Partner, Hughes Hubbard & Reed LLP

**Jean J. Rousseau**, Retired Founder and President, Berkshire House Publishers

**Edward R. Shapiro, M.D.**, Ex Officio; Medical Director/CEO, Austen Riggs Center

**Steven Sharfstein, M.D.**, President and CEO, Sheppard Pratt Health Systems

**W. Mason Smith III**, Retired President, Shepley Bulfinch Richardson and Abbott

**Samuel A. Waterston**, Stage, screen and television actor

**Honorary Trustees**

**Adele Boyd**, former Executive Secretary to the Riggs Medical Director

**Lawrence C. Kolb, M.D.**, former President, American Psychiatric Association

**Ruth Lord**, Research Assistant, Child Study Center, Yale University

**Erikson Institute  
Council of Scholars**

**Benjamin R. Barber, Ph.D.**, Gershon and Carol Kekst professor of Civil Society, University of Maryland; Principal, The Democracy Collaborative

**The Very Rev'd Dr. A. Wesley Carr**, Retired Dean, Westminster Abbey

**John Demos, Ph.D.**, Samuel Knight Professor of History, Yale University

**Kai Erikson, Ph.D.**, Professor Emeritus and former Chair, Department of Sociology, Yale University

**Carol Gilligan, Ph.D.**, University Professor, New York University

**Michael Ann Holly, Ph.D.**, Director of Research and Academic Program, Sterling and Francine Clark Art Institute

**Thomas A. Kohut, Ph.D.**, Chair, Sue and Edgar Wachenheim III Professor of History, Williams College; Director of the Williams-Exeter Programme at Oxford University

**Jonathan Lear, Ph.D.**, John U. Nef Distinguished Service Professor, University of Chicago

**Robert Paul, Ph.D.**, Dean of the Graduate School of Arts & Sciences, Emory University

**Dorothy Shore Zinberg, Ph.D.**, Lecturer in Public Policy, Kennedy School of Government, Harvard University



**Administrative Staff**

**Edward R. Shapiro, M.D.**,  
Medical Director/CEO

**James L. Sacksteder, M.D.**,  
Associate Medical Director/Director  
of Patient Care

**Jane Bloom, Ph.D., R.N., CS**, Director  
of Patient Services

**Susan Bronson, Ph.D.**, Director of  
Development

**Chauncey T. Collins, M.B.A.**, Director  
of Operations and Finance

**Bertha Connelley**, Director of  
Human Resources

**Donna M. Elmendorf, Ph.D.**,  
Director of Therapeutic Community  
Program

**James Christopher Fowler, Ph.D.**,  
Director of Research/Team Leader

**M. Gerard Fromm, Ph.D.**,  
Evelyn Stefansson Nef Director of  
the Erikson Institute

**Nicholas A. Holliday, M.D.**,  
Assistant Director of Admissions

**Lisa Lewis**, Director of  
Communications

**David Mintz, M.D.**, Director of  
Psychiatric Residency Training

**John P. Muller, Ph.D.**, Director  
of Training

**Eric M. Plakun, M.D.**, Director of  
Admissions and Professional  
Relations/Team Leader

**Medical Staff**

**Steven Ackerman, Ph.D.**, Accredita-  
tion Manager

**Mika Awanohara, Psy.D.**, Fellow  
in Psychology

**Benjamin Addleson, Ph.D.**, Fellow  
in Psychology

**Barri Belnap, M.D.**

**Christina Biedermann, Psy.D.**,  
Fellow in Psychology

**Spencer Biel, Psy.D.**, Fellow  
in Psychology

**Anne Carter, M.D.**

**Marilyn Charles, Ph.D.**

**E. Virginia Demos, Ed.D.**

**Donna M. Elmendorf, Ph.D.**

**David Flynn, M.D.**, Fellow in Psychiatry

**James Christopher Fowler, Ph.D.**

**Richard Ford, Ph.D.**, Coordinator of  
Psychological Testing

**M. Gerard Fromm, Ph.D.**

**Jesse Goodman, M.D.**

**Michael Groat, Ph.D.**, Fellow  
in Psychology

**Samar Habl, M.D.**, Fellow in Psychiatry

**Nicholas A. Holliday, M.D.**

**Cecilia Jones, Ph.D.**

**Denise G. Kagan, Ph.D.**, Fellow  
in Psychology

**M. Sagman Kayatekin, M.D.**,  
Team Leader

**Sharon E. Krikorian, Ph.D.**,  
Team Leader

**Timothy Lowry, M.D.**, Fellow  
in Psychiatry

**David Mintz, M.D.**

**John P. Muller, Ph.D.**

**Julie Neudeck, Ph.D.**, Fellow  
in Psychology

**Margaret Parish, Ph.D.**, Community  
Center Manager

**Eric Peters, Ph.D.**, Fellow  
in Psychology

**Stella Petronda, Psy.D.**, Fellow  
in Psychology

**Eric M. Plakun, M.D.**, Team Leader

**James L. Sacksteder, M.D.**

**Edward R. Shapiro, M.D.**

**Jennifer Stevens, Ph.D.**

**Paul Tiger, M.D.**, Fellow in Psychiatry

**Jane G. Tillman, Ph.D.**, Manager of  
Clinical and Organizational Evaluation/  
Team Leader

**Clinical Social Work Staff**

**Emily Bloom, L.C.S.W.**

**Margaret Kotarba, L.I.C.S.W.**

**Arlene Levinson, L.I.C.S.W.**

**Cathleen Morey, L.I.C.S.W.**

**Cynthia Mulder, L.I.C.S.W.**

**Ave Schwartz, L.I.C.S.W.**,  
Senior Social Worker/Manager  
of Information Services

**Jennifer Swantkowski, L.I.C.S.W.**

**Consultants**

**Daniel Cohen, M.D.**,  
Consultant in Internal Medicine

**James Ellison, M.D.**,  
Psychopharmacology Consultant

**Daniel Schwartz, M.D.**,  
Education Consultant

**Publications**

**Ackerman, SJ, Fowler, JC, Clemence, AJ.** TAT and other performance-based techniques. In RP Archer & SR Smith's (Eds). *Personality Assessment*. Routledge: New York. 337–378.

**Beck, S, Perry, JC.** The definition and measurement of interview structure. *Psychiatry: Journal of Biological and Interpersonal Processes*. 71: 1–12, 2008.

**Beck, S, Perry, JC.** An empirical assessment of interview structure in five types of psychiatric and psychotherapeutic interviews. *Psychiatry: Journal of Biological and Interpersonal Processes* 71: 219–233, 2008.

**Boucher, S, Paré, N, Perry JC, Sigal, JJ.** Répercussions d'une enfance vécue en institution: le cas des Enfants de Duplessis. *Revue de Santé Mentale au Québec* 2008; 33:271–291.

**Charles, M.** The Masquerade, the Veil, and the Phallic Mask: Commentary. *Psychoanalysis, Culture, and Society*, 13, 24–24.

**Charles, M.** A View From Riggs: Treatment Resistance and Patient Authority: VIII. System Pressures, Ethics, and Autonomy. *Journal of American Academy of Psychoanalysis and Dynamic Psychiatry*, 36, 547–560.

**Charles, M.** Ethics Authority, and "Standards of Care:" Meetings at the edge (Abstract). *ISPS-US Newsletter*, 9 (1), 5.

**Fowler, JC, Groat, M.** Personality Assessment Using Implicit (Projective) Methods. In M. Hersen & A.M. Gross (Eds.), *Handbook of Clinical Psychology: Volume 1: Adults* (pp. 475–494). Hoboken, NJ: John Wiley & Sons, Inc.

**Fowler, JC, Celenza, A.** Altering Psychotic Processes: Integrated Psychoanalytic Treatment with a Schizophrenic Patient. *Journal of the Center for Modern Psychoanalytic Studies*. 33 (1), 50–66.

**Krikorian, SE, Fowler, JC.** A View from Riggs: Treatment Resistance and Patient Authority: VII. A Team Approach to Treatment Resistance. *Journal of the American Academy of Psychoanalysis and Dynamic Psychiatry*, 36(2) 353–373.

**Morey, C.** Impaired Agency in Schizophrenia: Family Therapy with a Young Adult Patient. *Journal of Family Psychotherapy*, Vol. 19, No. 4, 345–357.

**Muller, J.** Sublimation and Das Ding in Mahler's Symphony No. 8. *Psychoanalytic Quarterly*, LXXVII, pp. 569–596.

**Muller, J.** Introduction to Part IV, Father Culture. In L. Kalinich and S. Taylor. (Eds.), *The Dead Father: A Psychoanalytic Inquiry*. pp. 145–151 New York, NY: Routledge.

**Perry, JC, Fowler, JC, Greif, A.** Determinants of the adequacy of the dynamic interview. *The Journal of Nervous and Mental Disease*. 196:612–219.

**Perry JC, Beck, SM, Constantinides P, Foley, JE.** Studying change in defensive functioning in psychotherapy, using the Defense Mechanism Rating Scales: four hypotheses, four cases. In, R.A. Levy, J.S. Ablon (eds.) *Handbook of Evidenced Based Psychodynamic Psychotherapy*. Humana Press, New York, NY, 2008, chapter 6, pp. 121–153.

**Perry, JC, Fowler, JC, Howe, AG.** Subject and Interviewer Determinants of the Adequacy of the Dynamic Interview. *The Journal of Nervous and Mental Disease*. 196(8) pp 612–619.

**Peters, EJ, Handler, L, White, KG, Winkel, JD.** "Am I going crazy, Doc?" A self psychology approach to therapeutic assessment. *Journal of Personality Assessment*, 90:5, 421–434.

**Plakun EM.** Invited editor, 12-paper series entitled A View From Riggs: Treatment resistance and patient authority. *Journal of the American Academy of Psychoanalysis and Dynamic Psychiatry*, 2006; 34, 2007; 35, 2008; 36, 2009; 37.

**Plakun, EM.** Psychiatry in Tibetan Buddhism: Madness and its cure seen through the lens of religious and national history, *Journal of the American Academy of Psychoanalysis and Dynamic Psychiatry*, 2008; 36:3:415–430.

**Rudden, M., Twemlow, S., Ackerman, S.** Leadership and Regressive Group Processes: A Pilot Study. *International Journal of Psychoanalysis* 89:993–1010.

**Shapiro, ER and Plakun, EM.** Residential Psychotherapeutic Treatment: An Intensive Psychodynamic Approach for Patients With Treatment-Resistant Disorders. In S. Sharfstein (Ed.), *Textbook of Hospital Psychiatry* (pp. 285–297). Arlington, VA: American Psychiatric Publishing, Inc.

**Spitz, EH.** Après-Coup: Empathy, Sympathy, Aesthetics, and Childhood: Fledgling Thoughts. *American Imago: Psychoanalysis and the Human Sciences*, Vol. 64, No. 2, 545–559. The Johns Hopkins University Press.

**Spitz, EH.** "Fond and Fearful Memories of an Influential Professor." *The Chronicle of Higher Education Review*.

**Spitz, EH.** "When Art Takes Hold." (Apropos the Arts) *American Imago: Psychoanalysis and the Human Sciences*. Vol. 65, No. 2, 291–296. The Johns Hopkins University Press.

**Tillman, JG.** Integrative psychodynamic treatment of psychotic disorders. *Journal of the American Academy of Psychoanalysis and Dynamic Psychiatry*. 36(4) 739–762.

**Volkan, VD.** *Kibris: Sava ve Uyum (Cyprus: War and Adaptation)*. Istanbul: Everest Yayınları.

**Volkan, VD.** On Kemal Atatürk's psychoanalytic biography. In *Identity and Identity Formation in the Ottoman World: A Volume of Essays in Honor of Norman Itzkowitz*, eds. B.Tezcan and K. K. Babir. Wisconsin: University of Wisconsin Press.

**Volkan, VD.** Traumas masivos causados por los "otros": Problemas de identidad en grandes grupos, transmisión generacional, "traumas elegidos" y sus consecuencias. (Massive Traumas at the hand of "Others": Large-group Identity issues, transgenerational transmissions, "Chosen Traumas" and their consequences) In *Los Laberintos de la Violencia*, ed. Leticia Glocer Fioroni, pp.153–172. Buenos Aires: Lugar Editorial.

**Volkan, VD.** Trauma, identity and search for a solution in Cyprus. *Insight Turkey*, 10: 95–110.



**Volkan, VD.** Kayba tutunup kalmak: Kronik yas tutan bireylerden hak iddiasinda bulunan ideojilere tutunan toplumlara (Fixation in mourning: from individuals suffering from perennial mourning to societies with entitlement ideologies). In *Psikoanalitik Bakilar III: Kayip Nesne (Psychoanalytic Persepectives III: Lost Object)*, ed. N. Erdem, pp.73–91. Istanbul: PPPD Yayinlari.

### Recognitions

**John Muller** was the recipient of Distinguished Educator award, International Federation for Psychoanalytic Education.

### Presentations

**Adrian Bailey** co-presented *Therapeutic Community and Course of Treatment Among Treatment Resistant Inpatients: How does community involvement relate to outcome?* at the Annual Meeting of the North American Society for Psychotherapy Research, New Haven, CT. She also co-presented *Cognitive and Affective Constructions of Treatment Resistant Patients: What can Westen's SCORS method tell us about our patients?* at the Society for Personality Assessment, New Orleans, LA.

**Christina Biedermann, Psy.D.**, co-presented *Cognitive and Affective Constructions of Treatment Resistant Patients: What can Westen's SCORS method tell us about our patients?* Society for Personality Assessment, New Orleans, LA; and *Blindspots: Learning from Social Class Transitions*, 18th Annual Diversity Conference, University of Albany, SUNY.

**Spencer Biel, Psy.D.**, co-presented *Cognitive and Affective Constructions of Treatment Resistant Patients: What can Westen's SCORS method tell us about our patients?* Society for Personality Assessment, New Orleans, LA.

**Marilyn Charles, Ph.D.**, presented *When Cultures Collide* at Williams College, Williamstown, MA; *Playing with Two Hands: Point and Counterpoint in Culture, Theory, and Application* at the Southeastern Florida Association for Psychoanalytic Psychology, Boca Raton, FL; *Ethics, Authority, and 'Standards of Care': Meetings at the Edge* at the ISPS-US Ninth Annual Meeting, New York, NY. At the APA Division 39, New York, NY, she presented *Beyond Despair: Acceptance, Redemption, and Reparation* on the panel *Meetings at the Edge of Knowing: Two Perspectives on the Desire to "Turn a Blind Eye"*; Chair and Moderator at the Graduate Student Committee Invited Panel *Sitting With Uncertainty: Becoming a Psychodynamic Clinician*, and moderator of the Early Career Committee Invited Panel *Time, Process, and Complexity: Building a Psychoanalytic Community*. She was a panelist: *Psychoanalytic Psychotherapy Peer Supervision: Quandaries in Clinical Practice II*, at the Annual meeting of the American Academy of Psychoanalysis and Dynamic Psychiatry, Washington, DC. At the American Psychological Association, Boston, MA, she presented *Voices from the Margins: Moving Beyond Dichotomy Towards Integration in Group Process* and at Section VII Panel, *Limits to Potential Space in Groups: Marginalization and Scapegoating*. At the APCS 2008 Annual Conference, Rutgers, NJ, Charles presented *What's the Difference III? Engaging With Our Patients Through Kleinian, Winnicottian, Lacanian, and Relational Theories; The Terrorist Within; Ethics and Difference in the Presidential Campaign: Five Psychoanalytic Perspectives; Remembering, Repeating, and Working Through: Piecing Together the Fragments of Traumatic Memory*, was Chair and Participant, *Speaking in One's Own Voice Without Losing One's Mind*; and Roundtable Co-Chair and Moderator: *Living Color, Ethnicity, Class: Representations and Enactment in Psychoanalysis*.

**Jill A. Clemence, Ph.D.**, co-presented *Therapeutic Community and Course of Treatment Among Treatment Resistant Inpatients: How does Community Involvement Relate to Outcome?* at the Annual Meeting of the North American Society for Psychotherapy Research, New Haven, CT, and *Cognitive and Affective Constructions of Treatment Resistant Patients: What can Westen's SCORS method tell us about our patients?* at the Annual Meeting of the Society for Personality Assessment, New Orleans, LA.

**E. Virginia Demos, Ed.D.**, presented *Early Childhood Precursors of Creativity*, Child Seminar Series, San Francisco Psychoanalytic Institute, San Francisco, CA.

**David Flynn, M.D.**, co-presented workshop, *On Including Psychotherapy in the Medical Student Curriculum*, Annual meeting of the Association of Directors of Medical Student Education in Psychiatry (ADMSEP), Galveston, TX.

**J. Christopher Fowler, Ph.D.**, co-presented, *Suicide: its prediction, treatment of high-risk patients, and the impact of suicide on clinicians, and the impact of suicide on clinicians*, Yale University Department of Child Psychiatry, New Haven, CT; Panel presentation: *Picking up the pieces: What happens to survivors of suicide*, Global Health Forum, sponsored by the Italian Embassy, Washington, DC; All-Day Workshop: *Complex Treatment Resistance: Assessment, Staging and Treatment Implications*, Tennessee Psychological Association, Nashville, TN.

**M. Gerard Fromm, Ph.D.**, served as Associate Director for *Leading Organizational Change from the Inside Out*, Group Relations Conference sponsored by the Center for the Study of Groups and Social Systems, Boston; was a Staff Member for *Transformation 2008*, Annual Working Conference of the International Forum for Social Innovation, Paris, France. He presented *Potential Space and Maternal Authority*, at the A.K. Rice Forum, Chicago, IL, and was a member of the Second Psychological Conference on Western-Islamic Relatedness in Istanbul, Turkey. He presented on *The Intergenerational Transmission of Trauma* at the Yale Child Psychiatry Seminar in New Haven, CT, and was a discussant at the Academy for Critical Incident Analysis Conference, John Jay College of Criminal Justice, New York, NY. He chaired and presented in a panel on *The Problem of Suicide: Global, Clinical and Institutional Considerations* at the Global Health Forum, Italian Embassy, Washington, D.C. He offered the Annual Education Program for Williams College Psychology Class, presented a Role Analysis Workshop at the Cambridge Center for Adult Education, Cambridge, MA, and gave a presentation and workshop, *Multiple Roles, Multiple Conversations* and *Ivory Towers of Babel*, The New England College Health Association Annual Meeting, Mystic, CT. He also presented at the Western Massachusetts and Albany Association for Psychoanalytic Psychology on *Loving and Working: A Psychoanalytic Perspective on Organizational Life*, Stockbridge, MA.

**Jesse A. Goodman, M.D.**, co-presented *Suicide: Its prediction, treatment of high-risk patients, and the impact of suicide on clinicians*, Yale University Department of Child Psychiatry, New Haven, CT.

**Michael Groat, Ph.D.**, presented *The impact of supervisory fees on treatment and supervision*, American Psychoanalytic Association Annual Conference, New York, NY, and co-presented *Blindspots: Learning from Social Class Transitions*, 18th Annual Diversity Conference, University of Albany, SUNY, Albany, NY.

**M. Sagman Kayatekin, M.D.**, presented *Treatment of Severe Borderline Personality Disorders: Riggs Experience*, Department of Psychiatry, Melbourne University Medical School, Melbourne, Australia.

**David Mintz, M.D.**, co-presented the seminar: *Psychodynamics and Psychopharmacology*, Institute of Living, Hartford, CT, and *Blindspots: Learning from Social Class Transitions*, 18th Annual Diversity Conference, University of Albany, SUNY, Albany, NY, and presented a three day Seminar: *Pharmacologic Treatment Resistance, The Difficult to Treat Patient, & Psychiatric Grand Rounds: Meaning and Medication*, Tripler Army Center, Honolulu, HI. He presented *The Role of Psychodynamics in Psychopharmacology*, Resident's Luncheon Session, AAPDP Annual Meeting, Washington, DC; was Group Leader: Psychiatry Student Interest Group, Breakout Session, MS4s, PsychSIGN (Psychiatry Student Interest Group) Annual Meeting, Washington, DC. Co-presented a workshop, *On Including Psychotherapy in the Medical Student Curriculum*, Annual meeting of the Association of Directors of Medical Student Education in Psychiatry (ADMSEP), Galveston, TX. He co-presented *Teaching Psychotherapy and Psychodynamics to Medical Students* at the Association for Academic Psychiatry Annual Meeting, Santa Fe, NM.

**Cathleen Morey, LICSW**, co-presented, *Hooked Again: Enactments in Family Therapy*, Massachusetts NASW Symposium, Newton, MA.

**Cynthia Mulder, LICSW**, co-presented, *Hooked Again: Enactments in Family Therapy*, Massachusetts NASW Symposium, Newton, MA.

**John P. Muller, Ph.D.**, presented a paper on sublimation in Mahler's Symphony Number Eight at the Lacanian Clinical Forum, Val David, Quebec; taught a class in *Psychoanalysis and Philosophy, Addressivity and Time in Freud's Case of Katherina*, Boston College, Boston, MA, and presented *Teaching Freud in Translation: The Case of Katherina*, at the International Federation for Psychoanalytic Education, Boston, MA and to the Williams College Study Group. He chaired meetings of the Lacanian Clinical Forum in Stockbridge and Quebec.

**Julie Neudeck, Ph.D.**, presented *Evaluating shame in persons with severe mental illness* at the 2008 APA Annual Convention - Division 12, Boston, MA.

**Margaret Parish, Ph.D.**, presented *Administration in Conferences and Beyond: Depending on Structure*, AK Rice Symposium, Chicago, IL.

**J. Christopher Perry, Ph.D.**, presented *Studying psychotherapy process in a pilot RCT of three forms of psychotherapy for recurrent major depression* at the Psychotherapy Process Research Group, Massachusetts General Hospital, Department of Psychiatry, Boston, MA. He co-presented *Recovery in personality disorders – To every change there is a season* at Psychotherapy Rounds, Department of Psychiatry, ICFP - JGH, Montreal, Canada. At the Annual Convention of the Canadian Psychological Association, Halifax, NS, he co-presented *An examination of the reliability and short-term stability of transference patterns in the early phase of long-term dynamic psychotherapy of depressed adults, and Coping Action Patterns in a treated psychoanalytic case*. He was moderator of panels entitled *The natural history psychotherapy and time to recovery over long-term psychotherapy and follow-up*, and *Some novel uses of psychodynamic assessments in psychopathology, process and outcome research*, and authored or co-authored presentations on these panels at the annual meeting of the Society for Psychotherapy Research, Barcelona, Spain.



**Eric M. Plakun, M.D.**, co-presented a workshop at the Walter Reed Army Medical Center in Washington, DC, and conducted Grand Rounds at the Tripler Army Medical Center in Pearl Harbor, HI on *Responding to the impact of suicide by servicemen on military psychiatrists*; Presented *Teaching the working alliance as a core process across psychotherapies* at the annual meeting of the American Association of Directors of Psychiatric Residency Training meeting in New Orleans, LA. At the American Psychiatric Association Annual Meeting in Washington, DC; presented a workshop from Committee on Psychotherapy by Psychiatrists on *Psychotherapy Update: Panic Focused Psychodynamic Psychotherapy*; a paper, *The Y Model: Integrated evidence based teaching of psychotherapy competencies*; and a workshop from APA Assembly Allied Organization Liaisons group entitled, *One psychiatrist's boundary violation may be another's area of work*. He also co-presented a workshop on *Responding to the Impact of Suicide on Clinicians*, led a workshop on *Principles in the Psychotherapy of Self-Destructive Borderline Patients* and co-taught a full-day CME course entitled, *A Psychodynamic Approach to Treatment Refractory Mood Disorders* with other Riggs clinicians. Plakun presented the Joseph Lambert Psychotherapy Award lecture at University of Missouri, Columbia, Department of Psychiatry on *Psychotherapy With Suicidal Borderlines*. Presented at New York State Capital District Branch of the APA; *A Psychodynamic Approach to Treatment Refractory Mood Disorders*, and taught a session at Yale Child Study Center, New Haven, CT on *Adolescence, Erikson, Identity and Identity Crisis*.

**Edward R. Shapiro M.D.**, was a guest lecturer at Istanbul University Cerrahpasa School of Medicine, Psychiatry Department, Istanbul, Turkey. He co-presented a workshop, *Responding to the Impact of Suicide on Clinicians*, Department of Defense, Walter Reed Hospital, Washington, DC. At the annual meeting of the American Psychiatric Association, he co-taught an all-day CME course with other Riggs clinicians titled, *A Psychodynamic Approach to Treatment Refractory Mood Disorders*. He also co-presented at two APA workshops, *Treatment-Resistant Patients* and *The Effect of Suicide on Clinicians*. He presented on Family Dynamics at Grand Rounds, SUNY Upstate Medical Center, Syracuse, NY and gave a paper at the Boston Center, AKRI conference on Citizenship, Boston, MA. He gave two lectures on child development and family treatment at the Yale Child Study Center, New Haven, CT. He also gave a panel presentation, *Institutional defenses against despair* at the Global Health Forum, Italian Embassy, Washington D.C.

**Jennifer Swantkowski, LICSW**, co-presented, *Hooked Again: Enactments in Family Therapy*, Massachusetts NASW Symposium, Newton, MA.

**Paul Tiger, M.D.**, co-presented the seminar: *Psychodynamics and Psychopharmacology*, Institute of Living, Hartford, CT.

**Jane G. Tillman, Ph.D.**, co-presented at a workshop, *Responding to the Impact of Suicide on Clinicians*, Department of Defense, Walter Reed Hospital, Washington, DC and also at the Annual Meeting of the American Psychiatric Association, Washington, DC. She presented *Suicide: its prediction, treatment of high-risk patients, and the impact of suicide on clinicians*, at Yale University Child Psychiatry Department, New Haven, CT and *Picking up the pieces: What happens to survivors of suicide*, at the Global Health Forum, Italian Embassy, Washington, DC.

**Vamik Volkan, M.D.** presented *Psychoanalysis and International Relationships* at Cornell Medical School, New York, NY; *The Holocaust and Transgenerational Transmission of Trauma*, PAKH, Düsseldorf, Germany; *Psychoanalytic Formulation: What am I Analyzing? and Large Group Identity: Sharing Pride and Vengeance* at the Atlanta Psychoanalytic Society, Atlanta, GA, and at the Seattle WA Psychoanalytic Society, Seattle, WA. *The Intertwining of the Internal and External Wars*, The Michigan Psychoanalytic Society, Novi, MI; *Psychotherapy of Depression*, Istanbul, Ankara and Izmir, Turkey; *Large-group Trauma and its Consequences (key note speech)*, The American College of Psychoanalysts, San Diego, CA; *Globalization and psychology panel*, Deutsche Psychoanalytische Gesellschaft, Munich, Germany; *Large-group Identity, International Relations and Psychoanalysis*, Deutsche Psychoanalytische Gesellschaft, Munich, Germany; *Extreme Religious Fundamentalism*, the World Scientists gathering on terrorism, Erice, Sicily; *What does Working with Borderline Patients Teach us About International Diplomatic Negotiations?* Royal College of Psychiatrists, Belfast, Northern Ireland; *A series of lectures on Political Psychology*, Sigmund Freud University, Vienna, Austria; *Massive Trauma at the Hand of "Others" and its Psychopolitical Consequences*, Global Health Event, The Embassy of Italy, Washington, DC.

#### Erikson Institute Seminars and Events

Yasmin Roberts Memorial Lecture: *My Gender is Tender*, Adrienne Harris, Ph.D.

*The Analyst's Vulnerability: Self Care and Countertransference Embodiments*, Adrienne Harris, Ph.D.

*The "Non-Treatment,"* Joan Wheelis, M.D.

*Citizenship, Consumerism and Psyche: Identity Politics in an Age of Global Markets*, Benjamin R. Barber, Ph.D.

*A Biological Theory of Brain Function and its Relevance to Psychoanalysis*, Walter J. Freeman, M.D.

*The Development of Mentalization in Parents and Children: A Report from a 20-Year Longitudinal Study of Attachment Relationships*, Miriam Steele, Ph.D.

*Changing Minds: Attachment Representations and Adoption Outcome in a Maltreated Sample*, Miriam Steele, Ph.D.

Special Erikson Institute Interdisciplinary Forum: *The Anatomy of Denial: What Terrorism and Trauma in New England Might Tell Us about the Larger World*, Jessica Stern, Ph.D. and James Gilligan, M.D., Discussant

*Being in Berlin*, Shmuel Erlich, Ph.D. and Mira Erlich-Ginor with Edward R. Shapiro, M.D.

*Memories of Combat: Primal Objects and Persecutory Guilt*, Sue Grand, Ph.D.

*Patient Violence and Therapist Anxiety*, Sue Grand, Ph.D.

Seventh Working Conference for College Counseling Services: *Counseling, Advising, Coaching and Mentoring on a College Campus: Roles, Responsibilities and the Complexities of Collaboration*.

Fall Working Conference: *Loving, Working and Voting: The Dynamics of Citizenship*, M. Gerard Fromm, Ph.D. and Jane G. Tillman, Ph.D., Conference Directors, Edward R. Shapiro, M.D., Presenter

*Understanding Racial Hatred: A New Psychosocial Approach*, Tony Jefferson, M.D.

*Psychological Perspectives on Illustrated Children's Books*, Ellen Handler Spitz, Ph.D.

Interdisciplinary Forum: *In a Child's Room: Reflections on Space and Childhood*, Ellen Handler Spitz, Ph.D. and Gareth Matthews, Ph.D.

*A Community Forum on Parenting*, Anne Carter, M.D., Marilyn Charles, Ph.D., E. Virginia Demos, Ed.D., M. Gerard Fromm, Ph.D., Paula Meade, Ellen Handler Spitz, Ph.D.

Film Forums *Richard III*, M. Gerard Fromm, Ph.D.; *Metropolis*, Clara Fajardo; *Harrison Bergeron*, Marilyn Charles, Ph.D. and Spencer Biel, Psy.D.; *The Contender*, Christina Biedermann, Psy.D.; *The Night of the Shooting Stars*, Marilyn Charles, Ph.D.



**Austen Riggs Center**

25 Main Street  
P.O. Box 962  
Stockbridge, Massachusetts  
01262  
413-298-5511 or 1-800-51-RIGGS Phone  
413-298-4020 Fax  
[www.austenriggs.org](http://www.austenriggs.org)

**Editor**

Lisa Lewis  
Director of Communications

**Design**

Mark Zurolo / SML, Connecticut  
[www.s-ml.org](http://www.s-ml.org)

Set in Stempel Garamond and Univers typefaces

Printed in Bloomfield, Connecticut, by Finlay Printing

Photo credits

Tony Israel  
Clemens Kalischer (p.2)



AUSTEN RIGGS CENTER

25 Main Street

P.O. Box 962

Stockbridge

Massachusetts

01262

[www.austenriggs.org](http://www.austenriggs.org)