

NORTH COAST SECTION, CIF

Cross Country Championships Top Ten

Hayward High School – 3.00 miles

Boys Division I

1.	Yosef Ghebray	James Logan H.S.	14:48	2004
2.	Jack Leng	Castro Valley H.S.	15:04	2007
3.	Wyatt Landrum	Liberty H.S.	15:09	2007
4.	Dmitry Kislyuk	California H.S.	15:13	2007
5.	Tom Cox	De La Salle H.S.	15:18	2005
6.	Mike Roderick	Monte Vista H.S.	15:19	2008
7.	Matt Fitch	Montgomery H.S.	15:21	2002
8.	Bhavik Kanzaria	Monte Vista H.S.	15:24	2007
9.	Alex Enscoe	Berkeley H.S.	15:26	2002
	Andy Peabody	College Park H.S.	15:26	2006

Boys Division II

1.	Yong-Sung Leal	Arroyo H.S.	14:38	2001
2.	Wyatt Landrum	Liberty H.S.	14:47	2008
3.	Reese Byers	Santa Rosa H.S.	15:09	2009
4.	Nathanael Litwiller	Clayton Valley H.S.	15:10	2008
5.	Andrew Zellman	Ukiah H.S.	15:15	2009
6.	Carl Damkowski	Granada H.S.	15:18	2001
7.	Jeff Bickert	College Park H.S.	15:23	2009
8.	Sterling Lockert	Petaluma H.S.	15:24	2007
9.	Stewart Harwell	De La Salle H.S.	15:25	2001
10.	Dallin Rosdahl	San Ramon Valley H.S.	15:30	2002

Boys Division III

1.	Erik Olson	Novato H.S.	14:49	2009
2.	James Attarian	Dublin H.S.	14:51	2007
	Jake Schmitt	Redwood H.S.	14:51	2004
4.	Sterling Lockert	Petaluma H.S.	15:04	2008
5.	Luis Luna	Piner H.S.	15:08	2009
6.	Robert Pulford	Campolindo H.S.	15:10	2008
7.	Nate Beach	Acalanes H.S.	15:11	2007
8.	Ben Gutierrez	Bishop O'Dowd H.S.	15:12	2005
	Erik Olson	Novato H.S.	15:12	2008
10.	Jeremy Grace	Dublin H.S.	15:17	2007

Boys Division IV

1.	Daniel Milechman	Tamalpais H.S.	15:07	2009
2.	Crosby Freeman	Piedmont H.S.	15:15	2001
	Rory Kuykendall	Sir Francis Drake H.S.	15:15	2001
4.	Dan Maxwell	St. Mary's College H.S.	15:17	2009
5.	Dan Milechman	Tamalpais H.S.	15:18	2008
6.	Mark Ceraldi	Piedmont H.S.	15:24	2005
7.	Daniel Milechman	Tamalpais H.S.	15:25	2010
	Matt Duffy	St. Mary's College H.S.	15:25	2006
9.	Kenny Smith	Willits H.S.	15:36	2007
10.	Rudy Vasquez	St. Mary's College H.S.	15:40	2001

Boys Division V

1.	Nick Neely	Crystal Springs Up. H.S.	15:23	2002
2.	Sean Drake	S.F. University H.S.	15:25	2001
3.	Josh MacDonald	Redwood Christian H.S.	15:29	2009
4.	Hank Carl	South Fork H.S.	15:34	2007
5.	Victor Ho	Chinese Christian H.S.	15:36	2007
6.	Steven Iglehart	Branson H.S.	15:37	2008
7.	Dillion Wyant	South Fork H.S.	15:40	2001
8.	Aaron Magazzi	Ferndale H.S.	15:42	2002
9.	Jamie Lawrence	College Prep H.S.	15:51	2007
10.	Josh MacDonald	Redwood Christian H.S.	15:52	2008

Girls Division I

1.	Amber Trotter	Ukiah H.S.	16:15	2001
2.	Colleen Lillig	California H.S.	17:30	2009
3.	Colleen Lillig	California H.S.	17:38	2008
4.	Colleen Lillig	California H.S.	17:54	2007
5.	Alycia Cridebring	College Park H.S.	17:55	2007
6.	Alycia Cridebring	College Park H.S.	17:56	2008
	Diana George	Livermore H.S.	17:56	2005
8.	Kelsey Santisteban	Castro Valley H.S.	18:00	2010
9.	Phyllis Blanchard	Rancho Cotate H.S.	18:07	2001
10.	Shelby Leland	Ukiah H.S.	18:08	2001

Girls Division II

1.	Julie Nacouzi	Montgomery H.S.	17:02	2009
2.	Nicole Hood	Carondelet H.S.	17:08	2007
3.	Jacque Taylor	Casa Grande H.S.	17:17	2008
4.	Jacque Taylor	Casa Grande H.S.	17:18	2009
5.	Jacque Taylor	Casa Grande H.S.	17:21	2007
6.	Heather Cerney	Carondelet H.S.	17:30	2008
7.	Lindsay Allen	College Park H.S.	17:36	2002
8.	Diana George	Livermore H.S.	17:43	2008
9.	Jenny Aldridge	Maria Carrillo H.S.	17:48	2001
	Kim Handel	Montgomery H.S.	17:48	2002

Girls Division III

1.	Carrie Verdon	Campolindo H.S.	17:19	2010
2.	Ariel Wright	Bishop O'Dowd H.S.	17:36	2005
3.	Grace Orders	Campolino H.S.	17:38	2010
4.	Mo Huber	Acalanes H.S.	17:45	2005
5.	Isabel Andrade	Petaluma H.S.	17:47	2008
6.	Damajeria DuBose	Bishop O'Dowd H.S.	17:51	2008
7.	Elaine Tanski	Miramonte H.S.	17:59	2005
8.	Alexi Pappas	Bishop O'Dowd H.S.	18:02	2005
9.	Carrie Verdon	Campolindo H.S.	18:03	2008
10.	Isabel Andrade	Petaluma H.S.	18:06	2009

Girls Division IV

1.	Sarah Sumpter	Healdsburg H.S.	16:59	2007
2.	Ariel Wright	Bishop O'Dowd H.S.	17:15	2004
3.	Alexi Pappas	Bishop O'Dowd H.S.	17:53	2004
4.	Bridget Duffy	St. Mary's College H.S.	18:06	2001
	Gabi Rios-Sotelo	St. Mary's College H.S.	18:06	2004
6.	Nicci Fish	Marin Catholic H.S.	18:07	2002
7.	Danilla Musante	Bishop O'Dowd H.S.	18:08	2001
8.	Theresa Devine	Marin Catholic H.S.	18:14	2008
9.	Anna Porcell	Bishop O'Dowd H.S.	18:15	2001
	Brittney Escamilla	El Molino H.S.	18:15	2006

Girls Division V

1.	Clara Horowitz	Head Royce H.S.	17:45	2001
2.	Lucy McCullough	Marin Academy H.S.	17:47	2009
3.	Holland Reynolds	S.F. University H.S.	18:06	2009
4.	Jennie Callan	S.F. University H.S.	18:07	2009
5.	Andrea Imhof	S.F. University H.S.	18:17	2005
6.	Lucy McCullough	Marin Academy H.S.	18:23	2010
7.	Holland Reynolds	S.F. University H.S.	18:28	2010
8.	Alesandra Roger	Marin Academy H.S.	18:29	2006
9.	Lucy McCullough	Marin Academy H.S.	18:35	2008
10.	Adrienne Strait	College Prep H.S.	18:36	2009