

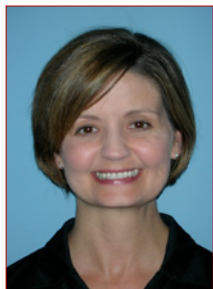


FEDERATION INTERNATIONALE
DE CHIROPRATIQUE DU SPORT

FICS News

www.fics-sport.org

MAISON DU SPORT INTERNATIONAL, AVENUE DE RHODANIE 54, CH-1007 LAUSANNE



President's Message

Sheila Wilson, DC, ICSSD

The FICS Executive Council meeting, General Assembly of Members and Scientific Symposium, held in Rio de Janeiro April 5-6 together with the World Federation of Chiropractic Congress were impressive and successful. Grateful thanks once more to

our generous sponsor – **Logan College of Chiropractic**.

A warm welcome to Dr. Dale Richardson of Australia, newly elected to the ExCo by the Assembly. Dale, who adds further strength to our leadership team, could not be with us in Rio because was hard at sports chiropractic work with golfers at the Masters in Atlanta.

It was my privilege and honor to give a Founder's Award to Dr. Stephen Press for his outstanding and continuing contributions to FICS and sports chiropractic. Much deserved other awards were the Past-President's Medallion and Award to Dr. Roland Noirat and a Special Service Award to Dr. Tim Stark, Co-Chair, FICS Education Commission.

See the General Assembly and Symposium reports for much more information on Rio. In this message I would like to tell a personal story from Rio that illustrates how sports chiropractic is progressing under the new FICS in 2011, and the benefits for us and our patients of working together.

The FICS meetings were held together with the WFC Congress, a great advantage for both organizations as this story shows. With FICS there, the theme of the first morning of the WFC Congress was sports chiropractic. The Congress was opened by Mr. Bernard Rajzman, an Olympian and volleyball star at the 1992 Barcelona Olympics, a former Brazilian Minister of Sport and currently President of the Athletes Commission of the Brazilian Olympic Committee.

Continued on pg 2...



From the Editor

Mustafa Agaoglu, DC

This issue of the FICS News contains inspiring sports chiropractic stories from several countries. In France a French Chiropractic Sports Council is now established, and 53 French chiropractors have recently completed their ICSSD qualification.

Doctors of chiropractic with longer experience are now serving in senior positions – in Canada Dr. Brian Seaman was Chair of Medical Services for the recent Canada Games, in Mexico Dr. Saul Luengas is COPAG Chief of Chiropractic Services for the forthcoming Pan American Games, and in the US Dr. Bill Moreau is Director of Medical Clinics for the US Olympic Committee and a keynote speaker at the Pan Am Sports Medicine Congress.

See the success of the AECC student handball team – now national champions. If you are a student see also first notice of the 2011 FICS Scholarships Program – and complete and send in your applications soon.

Is there sports chiropractic news from your country we should know about? If so, please send this with accompanying photographs to FICS Executive Secretary, Sandra Brown sbrown@fics-sport.org who will then copy me. Thank you and now read on.



Carlos Alberto Torres, with his chiropractor Dr. Elisa Dellagrave (right), receives his award from FICS President, Dr. Sheila Wilson. To her right are WFC President, Dr. Mike Flynn and Dr. Eduardo Bracher, Past-President, Brazilian Chiropractors' Association and a member of the FICS Research Commission.

CONTENTS

Rio Meetings Report	3	Future Events	10
SportAccord Report	7	Around the World	11
Sec-General's Update	8	Australia, Brazil, Canada, France,	
ExCo & Commissions	9	Germany, Turkey, UK, USA	

NOTICE OF FICS STUDENTS SCHOLARSHIPS

6

First speaker was FICS Secretary-General, Dr. Phil Santiago speaking of the Olympic history of chiropractic services, including his participation on the USOC sports medicine team for the Barcelona Olympics. Next speaker was Brazilian orthopaedic surgeon, Dr. Wagner Castropil, Medical Director, Brazilian Judo Federation, and a judoka on the Brazilian team at the Barcelona Olympics.

Dr. Castropil spoke of his good experience of chiropractic care for his athletes/patients. Because of the WFC Congress he had also been available to speak at the FICS Symposium the previous day, and members of the FICS Executive including me had dinner with him that night. One member of the FICS Executive, also at the dinner, is Dr. Marcelo Botelho of Brazil. Dr. Botelho treats elite judokas and in the presence of Dr. Castropil, presented his research showing increased grip strength when asymptomatic elite judokas had cervical manipulation to correct restricted joint motion.

In Session 2 of the WFC Congress I joined Dr. Castropil, Dr. Botelho, Dr. Tom Greenway, chiropractic representative for LOCOG and the London Olympics, and Dr. Lindsay Rowe, chiropractic and medical radiologist from Australia, on a Grand Rounds panel discussing management of actual sports performance and injury cases.

In the middle of this session there was suddenly an introductory video, moving personal testimony on the benefits of chiropractic care, and an award presentation to Carlos Alberto Torres, one of Brazil's foremost national sports heroes. Mr. Torres, playing with Pele, was Captain of the 1970 Brazilian Football Team that won the World Cup. It was my honor to make the award on behalf of FICS and the chiropractic profession. There were 900 people in the room, including about 400 Brazilian chiropractors and chiropractic students.

I saw many things coming together in a country which is passionate about sports and is soon to host the FIFA World Cup (2014) and the Summer Olympics (2016). Sports chiropractic, newly arrived in Brazil, is now much more recognized by

influential athletes, administrators and sports medicine leaders. A Brazilian Sports Chiropractic Council is formed and plans are underway for FICS ICSSD programs in Brazil, in Portuguese and in association with the two university-based undergraduate chiropractic programs in that country.

But this is not a story about Brazil. FICS has just completed ICSSD modules in French in France, and in Spanish in Chile, and the first ever ICSSD modules in South Africa. This is a story about what can happen in many countries, and for the benefit of sports chiropractic everywhere.

FICS is on the road to improved standards of postgraduate education and practice, and improved output of sports chiropractic research. These things are the necessary foundation for a more defined specialty of sports chiropractic, better service to our patients, and much greater opportunity for sports chiropractors.



Dr. Stephen Press receives his Founder's Award at the FICS General Assembly in Rio de Janeiro.



Founded in 1935 and marking its 75th Diamond Anniversary last year, Logan College of Chiropractic of Chesterfield, Missouri, is one of the largest chiropractic colleges in North America with approximately 1,100 students. The college has one of the lowest tuition rates among chiropractic colleges and offers its students a demanding curriculum, taught by highly qualified faculty, and state-of-the-art educational and learning facilities.

Logan's Master of Science degree in Sports Science and Rehabilitation, accredited by the Higher Learning Commission of North Central, offers students numerous opportunities to participate in multidisciplinary clinical settings with professional, collegiate and high school sports teams. In addition, the state-of-the-art BIOFREEZE® Sports & Rehabilitation Center, under the direction of nationally-known sports chiropractor Laney Nelson, DC, DACBSP, is located on the Logan campus and is specifically designed to treat athletic injuries.

REPORT ON FICS MEETINGS IN RIO DE JANEIRO

This year's FICS Executive Council meeting, Assembly of Members and Scientific Symposium were held at the Inter-continental Rio Hotel in Rio de Janeiro, Brazil April 5-6, 2011 and this report brings you highlights of the meetings.

Executive Council Meeting. This was attended by members of the Executive Council (ExCo) together with the Chairs of various FICS Commissions and business included:

- Reports from all world regions and commissions.
- Formation of a new FICS Commission - the World Olympians' Association (WOA) Commission to be chaired by Dr. Angela Salcedo (USA). The WOA represents past Olympians, and the WOA Commission will provide support for them from FICS and the chiropractic profession, continuing recent work of the International Sports Chiropractic Association (ISCA). One important area is provision of scholarships for Olympians deciding to study chiropractic. The first recipient of such scholarships to qualify is Dr. Neil Gardner of Jamaica, a 400 meters hurdles specialist who graduated from Parker College one year ago and has now returned to Jamaica.



ExCo Members and Commission Chairs at the ExCo Meeting



(From left) Dr. Stephen Perle, Chair, FICS Research Commission, Dr. Roland Noirat, Past-President and ExCo Member European Region and Dr. Tim Ray, Chair Games Commission



Dr. Angela Salcedo



Dr. Dale Richardson

Assembly of Members. Business at the Assembly included:

- Dr. Philip Santiago delivered his Secretary-General's report, reviewing developments over the past two years and thanked **Logan College of Chiropractic**, sponsor for the Assembly and Symposium.
- Article 8 of the FICS statutes was amended to increase the number of members-at-large on the ExCo from 2 to 3 and Dr. Dale Richardson of Australia was elected to this new position. The ExCo now has 12 members – 9 representing and elected by world regions, and 3 members-at-large elected by the Assembly.
- Audited financial statements for the year to December 31, 2010, showing a surplus of approximately US\$40,000 for the year, and the 2011 budget were approved.
- Dr. Stephen Press, founder of FICS in 1987 and its first President, received a special Founder's Award from FICS President, Dr. Sheila Wilson who explained how FICS could not be where it is today without Dr. Press' vision, outstanding early years of leadership and continuing contribution to this time.
- Dr. Tim Stark, Co-Chair, FICS Education Commission received a Special Service Award for the huge amount of time and work he has put in to the ICSSD program in recent years, including a full revision of the ICSSD curriculum, creation of the online program, and development and administration of ICSSD modules in many countries.



Dr. Tim Stark receives his award from Dr. Sheila Wilson



Dr. Stephen Press receives his Founder's Award from Dr. Sheila Wilson and Dr. Phil Santiago



Dr. Tim Ray, Chair, Games Commission delivers his report



Dr. Phil Santiago delivers his Secretary-General Report with (from left) Dr. Charmaine Korporaal, Secretary, Dr. Marcelo Botelho, Chief of Finances, Dr. Alex Steinbrenner, 1st Vice-President, Dr. Sheila Wilson, President and Mr. David Chapman-Smith, General Counsel.



Scientific Symposium. Hosted by the Sociedade Brasileira de Quiropraxia Esportiva (SBQE), the FICS member for Brazil, and attended by approximately 150 chiropractors and students, this symposium included some of the best recent sports chiropractic research worldwide and was a considerable success. Congratulations to Dr. Stephen Perle, Chair and other members of his Research Commission who developed the program.

The full symposium program was published in the March FICS News. It included:

- A guest keynote presentation from Dr. Wagner Castro-pil, a Brazilian Olympian and orthopaedic surgeon who now serves as Medical Director for the Brazilian Judo Federation. He spoke of his experience with chiropractic services, personally and through his athletes, and the important role of these services in the overall sports medicine team.
- Keynote presentations on chiropractic services at the 2010 Vancouver Olympics (Dr. Gordon Lawson of Canada), the 2011 Pan American Games (Dr. Saul Luengas, COPAG Chief of Chiropractic Services for the Games) and the 2012 London Olympics (Dr. Tom Greenway, Chiropractic Representative, Physical Rehabilitation Work Group, LOCOG).
- Clinical lectures by Dr. John Downes of the USA (Global Proprioceptive Deficits), and Dr. Jeff Cubos of Canada and Dr. Jay Greenstein of the USA (Approaches to

Table 1.

FICS Symposium – Sports Chiropractic Research

Chiropractic Utilization at the 2009 World Masters Games

Henry Pollard, Peter Garbutt, *Australia*

A Report of the 2009 World Games Injury Surveillance of Individuals who Voluntary used the FICS Delegation

Deborah Nook, Brian Nook, *Australia*

Relationships between Injury and Success in Elite Tae Kwon Do Athletes

Mohsen Kazemi, *Canada*

Effects of Cervical Manipulative Vertebral Therapy on Judo Athletes Grip Strength

Marcelo Botelho, Bruno Bezerril Andrade, *Brazil*

The Effects of a Closed-Chain, Eccentric Training Program on Hamstring Injuries of a Professional Football Cheerleading Team

Jay Greenstein, Bart Bishop, Robert Topp, *USA*

A Pilot Study of Force Generation at the Achilles tendon in 0°, 30°, 60° and 90° of Knee Flexion

Laney Nelson, Brian McLaughran, Kristina Berry, Roger Tepe, *USA*

OTZ Tension Adjustment for Frozen Shoulder Syndrome: A Retrospective Case Series of 50 Patients

Michael Hall, Francis Murphy, Anne Jensen, *USA*

The Effect of Spinal Manipulation on the Neuromuscular System in Healthy Subjects

Gennaro Boccia, Owain Evans, Thomas Greenway, Peter McCarthy, Marco Gazzoni, Alberto Rainoldi, Marco Cardinale, *Italy and UK*

Functional Rehabilitation for Improved Performance, Reduced Risk of Injury and Return from Injury).

- Eight original research presentations as listed in Table 1.

These studies included a pilot randomized controlled trial by Dr. Marcelo Botelho of Brazil which later in the week won the international original research prize for best paper from a researcher in private practice at the World Federation of Chiropractic's Congress. Dr. Botelho was a member of the Sports Medicine Team for the Brazilian National Team at the Pan American Games in Rio de Janeiro in 2007. The purpose of his study was to evaluate the effect of cervical manipulative vertebral therapy on grip force for elite judokas. In his trial:

- Subjects were 18 female and male judo athletes competing at a national level in Brazil who were aged 15-30 years and had no previous experience with chiropractic treatment. The 9 subjects randomly assigned to the treatment

group received 3 treatments from an experienced chiropractor during a 3-week period, with a minimum interval of 36 hours between treatments. The 9 subjects in the control group received a sham treatment involving mobilization only at the same frequency.

- Treatments were given at the level of greatest bio-mechanical restriction – most frequently in the upper cervical spine at C1-2 (49%) or the cervicothoracic junction between C5- T1 (43%). Interventions were timed for the afternoon prior to training.
- The groups proved to be well matched with respect to demographic and clinical factors (e.g. age, gender, competition level, knowledge of chiropractic, pain level, number of previous pain episodes).
- Grip strength was measured immediately prior to each intervention and 20 seconds afterwards. Results were that there was significant increase in grip strength for those in the treatment group but not those in the control group.

Further, grip strength improved increasingly in the treatment group after each of the 3 treatments.

In discussing the study Botelho acknowledged its limitations, including the small sample size, and explained that he is now planning a larger trial. He also drew attention to the significant differences between ‘spine cracking’, which is a common practice among judo athletes, and targeted and skilled professional spinal manipulation. Strengths of the study were that all participants were engaged in daily and regular training and had high competition level, which provided for uniformity among subjects, and none had received prior chiropractic manipulation.

Thank you once more to **Logan College of Chiropractic**, sponsor of the Assembly and Symposium. The FICS Assembly and Symposium are held every two years. They will next be held together with the WFC Congress in Durban, South Africa, April 8-9, 2013.



Dr. Gordon Lawson



Dr. Saul Luengas



Dr. Tom Greenway



Dr. Henry Pollard



Dr. Sheila Wilson



Dr. Stephen Perle



Dr. Jay Greenstein



Dr. Laney Nelson



Dr. Jeff Cubos



FEDERATION INTERNATIONALE
DE CHIROPRACTIQUE DU SPORT

Notice of 2011 FICS Student Scholarships



LOGAN
COLLEGE OF CHIROPRACTIC



FICS, the international organization representing the specialty of sports chiropractic, is pleased to announce four US\$1,000 sponsorships for chiropractic students generously donated by **Erchonia Laser Healthcare** (www.erschonia.com), **Foot Levelers** (www.footlevelers.com), **Logan College of Chiropractic** (www.logan.edu) and **Standard Process** (www.standardprocess.com). These scholarships are open to chiropractic students worldwide, except the one sponsored by Logan College which is open to Logan students only.

Requirements.

Enrolled fulltime at an accredited/recognized chiropractic school, graduating in or after 2012.

1. Submission of:

- (a) 500-750 word essay concerning the importance of sports chiropractic services to athletes in training and competition, and to the future growth of the chiropractic profession.
- (b) A description of personal participation in fitness and sports activities (100-200 words).
- (c) A description of contributions to sports chiropractic at the college and/or otherwise – e.g. participation in the students sports chiropractic council activities; volunteer services at the college at sporting events and otherwise; published news articles or research; any other activities promoting sports chiropractic (100-200 words).
- (d) Letter from faculty member teaching sports chiropractic and/or related subjects confirming good character and academic standard and recommending award.

Deadline for Applications. October 30, 2011. Successful applicants notified by November 30, 2011.

Winners in 2010:

Jo Adriaenssen, Institut Franco-Européen de Chiropratique (IFEC), France. **Nicholas Curry**, Logan College of Chiropractic, USA. **Raluca Duma** – University of Bridgeport, College of Chiropractic, USA. **Catherine Hughes** – Anglo-European College of Chiropractic, UK.

How to Apply? Use the Application Form available at Education/Student Scholarships at www.fics-sport.org and return it to Sandra Brown, FICS Executive Secretary at sbrown@fics-sport.org or at fax: 1 416 484-9665.

SPORTACCORD CONVENTION REPORT

BY BRIAN NOOK, DC, ICSSD, CHAIR, INTERNATIONAL FEDERATIONS COMMISSION



The SportAccord Convention, held this year in London from April 2-8, is the Annual weeklong gathering of all who are involved in international sport – the IOC, all federations representing individual sports, multi-sport games organizations, candidate cities and others.

This year the FICS delegation was Dr. Alex Steinbrenner, 1st Vice-President, Dr. Roland Noirat, Past-President and myself as the Chair of the FICS Interfederation Commission.

The SportAccord Convention works on familiarity and consistency. Over the years an extensive network is developed and much business is done. Getting to know people and faces is the key to building trust and achieving results.

The FICS delegation arranged special meetings with representatives of several International Sports Federations and multi sports organizations such as the International World Games Association (IWGA) and International Masters Games Association (IMGA) prior to the Convention. Other valuable meetings occurred at business and social events during the week.

SportAccord is now promoting games built on a theme, such as beach games and combat games. With respect to combat games, we met with the Secretary-General of Muay Thai to discuss chiropractic services at their World Championships in Tashkent in September.

There was a successful meeting with the President and Secretary-General of DanceSport and this has led to further discussions for chiropractic services for their events. The President of the Softball Association expressed appreciation for assistance given to his Federation over the years by FICS and the Florida Chiropractic Council, and we hope to renew chiropractic services for future softball events including their participation at the Pan Am Games and the World Games.

The President of the Tug of War Federation was very appreciative of chiropractic services provided by FICS at their Indoor and Outdoor World Championships during the past year and there was agreement on participation at the next

World Indoor and Outdoor Championships, the European Championships and another international tournament – these events to be located in England, Scotland and Switzerland.

The Secretary-General of the IMGA confirmed that the next Masters Games will be held in Italy and that he looked forward to discussing FICS involvement once the Organizing Committee had been selected. He thanked Sports Chiropractic Australia for its excellent assistance at their last Games.

SportAccord is proposing the Artistic Games in 2015 including up to 12 Federations for sports such as dancing, skating and rhythmic gymnastics. We met the Chief Organizer who is very positive concerning inclusion of chiropractic services. We met on several occasions with the Colombia Organizing Committee (COC) of the World Games 2013.

On the last day of the Convention Dr. Noirat and I attended the SportAccord AGM where elections were held and Mr. Hein Verbruggen of the Netherlands, was re-elected as President. He has been very supportive of FICS and the availability to athletes of sports chiropractic services.

In summary FICS' participation in the Convention was very successful in strengthening existing partnerships, securing new events for our membership and developing new contacts and possibilities.

Next year's SportAccord Convention is to be held in Quebec City, Quebec, Canada May 20-25, 2012.

CONGRATULATIONS TO THESE RECENT GRADUATES FROM THE ICSSD PROGRAM

Gareth Calvert, Australia

Todd Marshall, Canada

Colleen Prendergast Alves, France

Rob Donkin, South Africa

Steve Hanson, USA

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UPDATE FROM THE SECRETARY-GENERAL

BY PHILIP SANTIAGO



Pan American Games.

Over 90 chiropractors applied to be on the Sports Chiropractic Team for the Pan American Games to be held in Guadalajara, Mexico from October 9-31, 2011. Over 10,000 athletes from 42 countries will participate in these Games.

Thank you to all who applied. Dr. Tim Ray, Chair, Games Commission and the Planning Committee are completing the selection process and results should be available during July.

Dr. Saul Luengas, COPAG Chief of Chiropractic Services for the Games, has confirmed details of chiropractic presentations at the related Pan American Congress of Sports Medicine to be held in Guadalajara from July 27-30. These include:

1. Main Congress.

Bill Moreau, DC, Director of Sports Medicine Clinics, US Olympic Committee – The Practice of Chiropractic in a Multi-Disciplinary Sports Practice.

Jonathan Mullholland, DC, Northwestern Health Sciences University, a member of the US Sports Medicine Team to the Vancouver Paralympics – The Challenges and Concerns of Working with Paralympics Athletes.

2. Chiropractic Symposium.

Jonathan Mullholland, DC - Sacroiliac Joint Dysfunction in Olympic Cyclists. Sponsored by **Northwestern Health Sciences University**.

Raul Carrillo, DC and Francisco Diez, DC, private practice, Mexico – Chiropractic Management of Cervical Spine Syndromes and Evaluation and Treatment of Tae Kwon Do Athletes. Sponsored by **AsoFarma de Mexico**.

3. Chiropractic Workshops.

The two 8-hour workshops are:

Kinesiotaping – Kevin Jardine, DC, Angela Salcedo, DC, Rodrigo Sanchez, DC and Saul Luengas, DC. Sponsored by **SpiderTech**.

Graston Technique – Tim Stark, DC. Sponsored by **Logan College of Chiropractic**.

For the full academic program go to www.congresopanamericanogdl.com.

FICS Student Scholarships.

When the FICS student scholarships were offered for the first time last year, four awards of US1,000 each, FICS received almost 50 entries from students at 21 colleges. I was on the panel of judges – the quality was high.

This issue of the FICS News carries first notice of the scholarships for 2011. Applications are due by October 30. I look forward to reading them. Thank you to the sponsors who

make this possible – **Logan College of Chiropractic, Erchonia Laser Healthcare, Foot Levelers and Standard Process.**

ICSSD

A phenomenal amount of work is going to improvement and expansion of the FICS International Chiropractic Sports Sciences Diploma (ICSSD) program. For many years program delivery and examination has been in English only – currently there is translation into French, Portuguese and Spanish.

Some of the FICS volunteers who have been giving much of their ability and time, and who we should all be acknowledging and thanking are:

- Dr. **Tim Stark** (USA) and Dr. **Rikke Craven** (Denmark), Co-Chairs, Education Commission.
- Dr. **Roland Noirat** (Switzerland), Dr. **Philippe Fleuriau** and Dr. **Arnaud Lardon** (France), for the first ICSSD program in French. See a report on this elsewhere in this FICS News.
- Dr. **Carlos Ayres** (Peru) who has recently translated 200 multiple choice questions and answers into Spanish.
- Dr. **Wim Brussee** (the Netherlands) and Dr. **Charmaine Korpelaar** (South Africa) for administration of recent ICSSD modules in Amsterdam and Durban respectively.
- Most grateful thanks also to two lecturers who have delivered so many excellent ICSSD hands-on modules in recent years – Dr. **Larry Bell** and Dr. **Michael Murray** of Canada.

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FUTURE EVENTS



**ICSSD Hands-on Module
(Lower Extremity)**
June or July 2011
Sydney (at the Mercure),
Australia



**ICSSD Hands-on Module
(Lower Extremity)**
October 13-17, 2011
Lausanne, Switzerland

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Secretary General



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General Counsel

Australia



Thursday June 23 saw the opening of Australia's involvement in the Bone and Joint Decade 2011-2020 Decade of Joint Movement. Internationally there are 2 main areas of focus for this decade. One is Road Accident and Trauma Care, the other is Sports Injury Prevention.

Attending this forum were the heads of organizations such as Arthritis Australia, Sports Medicine Australia, Sports Physiotherapy Australia, Australian Sports Commission, as well as representatives from the Australian Institute of Sport and a number of research institutes from around Australia. I was representing the Chiropractors Association of Australia and Sports Chiropractic Australia.

The Task Force from this forum will be looking at ways in which we can generate the right research surrounding sports injury prevention and get the message out to the public. The chiropractic profession is set to be an integral part taking this forward during this Bone and Joint Decade.

Submitted by Dr Peter Garbutt, President, Sports Chiropractic Australia

Brazil



It was an honor for the Sociedade Brasileira de Quiropraxia Esportiva (SBQE), Brazil's national chiropractic sports council, to host the FICS Symposium in Rio de Janeiro on April 6 and to participate in the FICS Assembly and the World Federation of Chiropractic's 12th Biennial Congress April 6-9.

The SBQE has a newly elected Executive Board led by Dr. Claudio Jose de Souza, President and Dr. Denilson Lopes Pinheiro, Vice-President, both of Sao Paulo and has many valuable new contacts from the FICS and WFC meetings in Rio. These will help us greatly as we prepare for the FIFA World Cup in 2014 and the Summer Olympics in Rio de Janeiro in 2016.

One such contact is Dr. Wagner Castropil of Sao Paulo the former Olympian judoka and Medical Director, Brazil Judo Federation who spoke at the FICS Symposium and WFC Congress. At the Congress FICS President, Dr. Sheila Wilson and I joined Dr. Castropil on the sports medicine Grand Rounds Panel. As I



Dr. Claudio Jose de Souza, President SBQE



Dr. Denilson Lopes Pinheiro, Vice-President SBQE

treat nationally ranked judokas in my city of Salvador, Brazil I have had good contacts with Dr. Castropil since April

Another valuable contact was Mr. Bernard Rajzman former Brazilian Minister of Sport and currently President of the Athletes Commission, Brazilian Olympic Committee, who opened the WFC Congress and was most supportive of chiropractic as an important part of the sports medicine team.



Dr. Bernard Rajzman opens the Congress

For all Brazilians who were present the highlight of the meetings in Rio de Janeiro was the appearance of one of our greatest sports heroes, Carlos Alberto Torres, Captain of the Brazilian football team that won the World Cup in 1970. Before receiving an award from FICS President, Dr. Sheila Wilson he spoke of how much initial and ongoing chiropractic care had saved him from disability and promoted his continuing well-being.

He was then joined on stage by his chiropractor Dr. Elisa Dellagrave of Rio de Janeiro.



Mr. Carlos Alberto Torres and his chiropractor Dr. Elisa Dellagrave.

One major goal of the SBQE is to work with FICS to provide quality postgraduate education and an ICSSD qualification for as many Brazilian chiropractors as possible during the next few years. The first ICSSD module will be given this September at Feevale University in Novo Hamburgo, this being one of the two universities in Brazil that has a chiropractic undergraduate program.

Submitted by Marcelo Botelho, DC, ICSSD, FICS Chief of Finances and ExCo Representative for Latin America.

Canada



The Canada Games is a high level multi-sport event held every two years, alternating between the Canada Winter Games and the Canada Summer Games. Athletes are amateur only, and represent their province. February saw 3,000 of the best young athletes in Canada in Halifax, Nova Scotia for the 2011 Canada Winter Games.

A team of sports chiropractors served athletes at the polyclinic and the satellite clinic. However what was unique

about these games was that Dr. Brian Seaman of Halifax, a member of the Board of Directors of the Royal College of Chiropractic Sports Sciences (Canada), served as Chair of Medical Services (CMS) for the Games.

This was the first time a chiropractor had served in the lead position for host medical services at the Canada Games. From the time of his appointment in August 2008 Dr. Seaman was responsible for all aspects of the host medical services, including selection of the Chief Medical Officer and manager of the polyclinic.

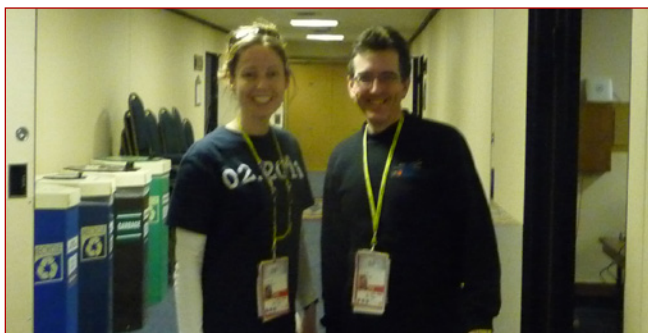
Dr. Seaman's performance, before and during the Games was seen as a complete success and drew praise from many quarters. In the words of RCCSS(C) President, Dr. Glen Harris in April:

"The RCCSS(C) congratulates Dr. Brian Seaman on his outstanding performance as Chair of Medical Services for the 2011 Canada Winter Games. Dr. Seaman's team was responsible for the healthcare services for almost 3,000 athletes plus another 1,500-2,000 support staff like coaches, managers and mission staff.

This was a tremendous commitment involving more than 275 meetings, spanning several years and is an unparalleled and extraordinary accomplishment for a chiropractic sports specialist. This is a first in chiropractic sports sciences history, to have a Fellow appointed as a Chair of Medical Services for a Canada Games.

The feedback from the Canada Games officials has been overwhelmingly positive and has been described as 'hit a home run'. We could not have selected another member from our organization, who would have been more suited for this undertaking, as Dr. Brian Seaman. Excellent work Brian!"

Source: *The Sport Report RCCSS(C) Spring 2011.*



Dr. Brian Seaman with Dr. Sonja McVeigh, Chief Medical Officer of the 2011 Canada Winter Games.

France



The FICS member for France, the French Chiropractic Sport Council (CFCS), was formed in 2009 with Philippe Fleuriau, DC, ICSSD as President and Arnaud Lardon, DC, ICSSD as Secretary.

One of the CFCS' first actions was to work with FICS and Dr. Roland Noirat to establish a sports chiropractic course in French. This was based at the Institut Franco-Européen de



(From left) Dr. Philippe Fleury, Benoit Peschier, patron of the riau, Dr. Arnaud Lardon and French ICSSD course. Dr. Roland Noirat in Lausanne in June at the completion of the ICSSD program.



Chiropratique (IFEC) in Paris, France's one accredited school of chiropractic, and would lead to an ICSSD qualification.

Patron for the program, helping to promote awareness and participation, was chiropractic patient and 2002 Olympic Champion in kayaking Benoit Peschier. Seventy participants commenced the course in December 2009.

The course ended this month with a final module at the FICS Headquarters at the House of Sport in Lausanne, attended by 53 participants who now have their ICSSD qualification. Teachers in Lausanne included Jean Marc Gillieron (cardiovascular training and coordination), Claude Denervaud, PT (management of elite athletes), Khelak Kerkour, PT (kinesio-taping) and Patrick Schoettker, MD (CPR).

"This course was only possible because of the help of IFEC and FICS" says Dr. Fleuriau, "and because of the leadership and involvement of Dr. Arnaud Lardon". Dr. Lardon is a faculty member at IFEC and provided the strong link to the institution.

Dr. Fleuriau, who also serves as President of the French Chiropractic Association (AFC), also deserves thanks and praise for the success of this program. He was the one, in the presence of Dr. Noirat, who presented the 53 new graduates with their ICSSD diplomas in Lausanne, Switzerland on June 28.

The CFCS has already started on its goal to become a driving force in sports chiropractic services in France. Members have recently treated hockey tournament players from the 24 hours throughout Europe in Le Touquet. A team of four CFCS members will serve cyclists at the 24 hours Le Mans event in August, and an agreement has been completed for chiropractic services for participants in next year's Paris marathon.



The 53 new graduates at the House of Sport.

Germany



It has already been a busy year for the German Sports Chiropractic Council (DGSC). Dr. Tino Bos worked as the team chiropractor of the German Speedskating National Team during their 3-day training camp in May.

In the same month the DGSC was asked to provide chiropractic care for a team from Wolfsburg attempting to set a new world record in playing skittles for 24hrs non-stop. The goal was to reach a score of 35,000 points in 24 hours and the team succeeded with about 15min left on the clock. It was a fun event for the three chiropractors involved and we delivered many treatments from the beginning. Particular thanks go to our colleague Dr. Arne Herbert who took a 4 hour drive to support our efforts.



Surprisingly, our involvement at the German Championships in Wushu (Chinese martial arts) in mid-June, was less busy. The injuries sustained during the full-contact fights were mostly open wounds unsuitable for chiropractic care and were therefore referred on to a medical doctor. Nevertheless, the event itself was very interesting, and offered further networking opportunities and a good insight into typical injury mechanisms.

We are very pleased to announce that in July the DGSC will be sending two chiropractors with the German National Team to the European Speedskating Championships in Belgium and Italy. We have worked at these Championships before, because of a contact originating from the great impression the FICS team made during the 2005 World Games in Duisburg, Germany. For the first time, the DGSC team will be accompanied by up to two students. This will give the prospective chiropractors a first experience in sports chiropractic and will hopefully further encourage them to enroll on the ICSSD program and participate in FICS and DGSC events in the future.

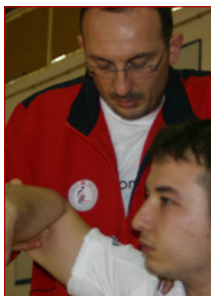
Report submitted by Dr. Alexander Ruhe

Turkey



Dr. Mustafa Agaoglu of Izmir continues to serve on the Education and Technical Councils of the Parabadminton Association in the Turkish Physically Challenged Sports Federation.

He travels to national and international sports events with the para badminton team as administrator and team chiropractor. Here are photos from the recent International Parabadminton Championships in Murcia, Spain.



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United Kingdom



News from WOIC

The Welsh Institute of Chiropractic (WIOC) is at the University of Glamorgan in Wales, which has a sports scholarship scheme available to students who are performing to a high standard in their chosen sport and are representing the University in the British Universities and Colleges Sports (BUCS) competition and/or competing for their country at international level. This year the WIOC chiropractic programme had three scholarship recipients.

Collette Johnson (year two) has represented Wales in Netball at U16, 17, 18 and 21. Mark Whatling (year two) is an U21 international hockey player who represented England in the European Nations Championships in Prague.



(From left to right) Mark Whatling, Collette Johnson and Tom Greenfield

Thomas Greenfield (year three) is a Welsh champion swimmer at 200m, 400m and 400m medley. He represented Great Britain in 2009 in the Tri Nations against Russia and Canada in Crystal Palace, and hopes to compete at the London Olympics next year. Congratulations on all these achievements and we wish them future successes.

News from AECC

See the separate article on our the AECC students who became the British University Handball Champions earlier this year. Next month they travel to Croatia for the European University Handball Championships. We will report on that in the next FICS News.

MSc Advanced Professional Practice (Sports and Rehabilitation)

With the upcoming 2012 Olympics being held in London, there has been a surge in sports, exercise and rehabilitation within the UK. Furthermore, there is emerging evidence and media attention highlighting obesity and low fitness levels within our population. Both have important consequences for the health levels of adults and perhaps more importantly, children. It is now envisaged that obesity may exceed back pain as one of the most costly conditions to society in terms of work days lost and health costs.



In response to this programmes in exercise and sports science are required. Although in some cases undergraduate exercise and sports science programmes will answer this demand, Masters Programmes are required as the next step in developing those practitioners.

The AECC's MSc APP Sports and Rehabilitation answers this need in a unique way, since it is delivered in an environment that is centred in the assessment and management of musculoskeletal disorders. Moreover, it is flexible in enabling students to prioritise areas (in negotiation) that are relevant to their individual needs, thus ensuring that their learning experiences and outcomes are directly applicable to their professional practice.

The programme is aimed at exercise and sports graduates, physiotherapists, chiropractors and sports physicians wishing to continue their academic education and training at the same time as their development in areas that are relevant to their professional needs and practice. Because the attendance requirements are kept to a minimum, students are able to learn in their practice and this active learning will inform their development throughout their professional lives.

Development of this programme has been an example of sharing good practice, since it has been built through collaboration with colleagues in the School of Health and Social Care at Bournemouth University.

This programme takes a multidimensional approach by incorporating best evidence practice in a variety of clinical areas. Units have been developed that span clinical practice ranging from sport rehabilitation to psychology.

Contact for more information:

Sally Newton

Email: snewton@aecc.ac.uk

SPRINT

As part of its Community Outreach Programme, AECC operates a Sports Performance, Rehabilitation and Injury Team (SPRINT), which is under the direction of Clinical Tutor, Aaron Coode. SPRINT gives final year students an opportunity to care for sports teams and individuals in a supervised environment within the clinic and develop independence through continuing unsupervised attendance at practices and matches, albeit with limited responsibilities.

Sports teams range from swimming to rugby, with individual sports such as tri-athletes also represented. We currently care for almost every football and rugby team in our region, including helping the physiotherapist and strength and coordination coach for the professional Bournemouth Football Club, the Cherries.

The final year students provide onsite care of minor soft tissue injuries through assessment, massage and various methods of facilitated stretching. Students also help with taping. In a few instances, following specialty first aid training, students help with pitch side care during matches. Moderate to severe injuries are dealt with in our clinic under clinical tutor supervision.

Performance Enhancement Programme

Professional and amateur athletes have also taken advantage of our performance enhancement programme, which is under the direction of Neil Osborne, Director of the Functional Assessment and Exercise Centre in the Clinic. Fifteen sports specific assessment protocols have been developed and inform people regarding deficits and training. Equipment used for these assessments include motion capture analysis with slow motion videography and isotonic and isokinetic testing using the Primus RS from BTE laboratories.

Further development of these programmes continues with integration of our MSc in Sports and Rehabilitation degree course. We also hope to develop a research programme based on our current activities and patient populations.

AECC our British University Handball Champions 2011

Stamina, effort, determination! Success!

Friday evening 12 brave souls from the Anglo-European College of Chiropractic (AECC) set off to Nottingham to play the British University Handball Championship (BUHC) with one goal in sight – to take home the trophy. BUHC is played annually, and this year the English Handball Association (EHA) had decided to donate £2000 to the winning team to go to Croatia in July to play the European University Handball Championship.

The AECC team arrived in Nottingham in good spirit, focussed on the task at hand. Saturday morning the first match was played at 10 am against Loughborough and after going up in a 6-1 advantage, the AECC made a few changes to get everyone going from the start, making the final result of the match 8-5 victory to the AECC.

The second match was against the University College of London (UCL), with 22,000 students to pick players from. We did not expect them to know our set plays, and therefore we were caught off guard as their defence was set up for just that. The AECC offence did not go well, and it was difficult to score, and as the matches were lasting 15 minutes, without any time-outs, it all went to pieces, and the AECC had their first defeat of 7-5 in the championship.

The last two matches of the day went AECCs way, and we won both of them, with our three British players making an extraordinary show of skills and talent within ball sports. Their contribution was vital to our accomplishment this day. So the AECC finished second in the group after UCL, and went straight to the semi finals in the championship where we were to encounter the winner of the other group, Cranfield University.

We went out hard and strong, focussing on the defence, spending time in offence to rest, and controlled the victory to 7-5 after a bit of laziness at the end of the match, saving energy for the final a couple of hours later. The other semi-final was won by UCL, so we would get our chance for revenge.

The final started off with great defence on both sides, and four minutes into the match the AECC was up by only 1-0 after a great goal by Christian Tusta Host. A few moments later, AECC Sindre Busk Witzoe got a two minutes suspension, for a bit of a rough tackle, and UCL got a penalty shot. Kristian Tin-Tin Gjermundrod saved the penalty, and the score remained a tie at 3-3. AECC managed to fight off UCL during this period, conceding only one goal in the two minutes with one player less. Struggling to score, the AECC conceded another goal soon after this, and with only four minutes remaining the AECC was down by two goals.



After a great attack, Sigve Smurfen Skar, jumped in from his wing position, being tackled by a defender, resulting in a penalty and a two minutes suspension to the defender. One goal behind and just a few minutes remaining, the AECC kept playing brilliant defence, led by our Great British Talent Tom White, and finally we were rewarded for our efforts. With only a few seconds left on the clock, Marius Stjerna Riiber-Eikeland scored the equaliser, making it 5-5 at full time, taking the match into extra time, five minutes remaining to play.

The extra time started really well for the AECC, getting two goals in front because of brilliant defence. With the score being 7-5 with just two minutes left to play, we made a couple of vital mistakes. With one minute and six seconds left on the clock, UCL scored, and they were one goal behind.

A couple of fatal mistakes by the AECC, and a brilliant save from the UCL goal keeper, the UCL got a turn-over with only 10 seconds left on the clock. Sindre Sin-Bin Witzoe, took one for the team, stopping the attacker from scoring, with a rough tackle to say the least, and was sent off with a red card. UCL got a penalty and scored, making the final score 7-7 after extra time, taking the match to penalties.

I could take you through each penalty, but I won't, just to tell you that after four penalties each we were still square. The AECC goalie, Kristian Tin-Tin Gjermundrod, stepped up to the mark to take the penalty, and scored, before defending the goal for the tenth, and potentially final, penalty of the match. UCL's best player stepped up to the mark and missed the entire goal, making the Anglo European College of Chiropractic the British University Handball Champions of 2011!

So in July, the AECC is going to Croatia to explore the level of the rest of European University Handball, representing the AECC, Chiropractors from all over the world, and defending Britain's honour in the most British sport the Brits don't play.

Team members: Nicolay Host, Christian Host, Sigve Skar, Marius Riiber-Eikeland, Kristian Gabrielsen, Kristian Tin-Tin Gjermundrod, Tom White, Rob Beaven, Ricky Davis, Anders Bakken, Sindre Busk Witzoe!

British University Handball Champions 2011!

USA



ACA Sports Council 2011 Symposium *Tom Hyde, DC, DACBSP*

The ACA Sports Council Annual Sports Symposium will be held in beautiful San Juan, Puerto Rico from July 29-31, 2011. Go to the ACASC website at www.acasc.org for full information and to register. A special feature will be appearances and clinical pearls from many past leaders.



*Tom Hyde, DC,
DACBSP*

The American Chiropractic Association's Chiropractic Sports Council (ACA Sports Council) was founded in 1972 by a group of DCs who really felt that chiropractors who are out in

the field covering events should be better trained in not only caring for the athlete but with emergency procedures and how to integrate care into a multidisciplinary setting.

One of the original founders was Dr. Leonard Schroeder, DC, ATC. Lenny knew the value of education and, along with Dr. Robert Reed and others, set about to create what is now the Certified Chiropractic Sports Physician (CCSP) degree. Along the way a number of players emerged who helped the ACA Sports Council to grow and sports chiropractic to become more and more accepted into the mainstream world of sports medicine.

The list is too long to include everyone, but two key figures were Dr. Bob Hazel and Dr. John Danchik. Other prominent members of the early group were Drs. Sid Birdsley, Bill Litterer, Jim Rehberger, Tom Hyde, Phil Santiago, Mike Leahy, Marianne Gengenback, John Scaringe, John Hannon, Andy Klein, Peter Viteriti, Tim Ray, Jan Corwin, Bill Moreau, Mike Reed, John Nash, Robin Hunter, Rob Monokian, Marianne Dragosh, Reeve Askew, Margaret Karg and Kathy Baumgartner.

Most of the people listed above continue to make significant contributions but many people have never heard of them or know much about them and the sacrifices they made to create what today is a very close playing field with all other professions who care for the injured athlete. At one point we were told chiropractors would never treat Olympic athletes or be involved in the Olympic program, but today we have two chiropractors working in senior positions in a multidisciplinary environment at the USOC – Dr. Mike Reed, Medical Director, Sports Performance Division and Dr. Bill Moreau, Director of Sports Medicine Clinics for the US Olympic Committee.

For Puerto Rico, many of these "old timers" have agreed to come out of mothballs to share their experiences with everyone - how they achieved successes along their way and also accepted their disappointments and failures. We invite you to come to the symposium this July and meet those who have helped create avenues for all of you to now be included in the care and treatment of athletes around the world at all levels. I look forward to seeing all of you and spending time with these legends of the round table.