



CSNO BULLETIN

SPECIAL CONFERENCE EDITION

THE OFFICIAL COMMUNICATION FROM CSNO

WINTER 2009

Synopsis of the Diabetes Lawsuit, 2005 to Date~Dale Parent, RN, BSN, EdD(c), President

In October of 2005, parents of four students with diabetes from the San Ramon and Fremont School District filed a class-action lawsuit, *K.C. et al. v. Jack O'Connell, et al.* in the U.S. District Court Northern District of California in San Francisco. They claimed that the public schools those students attended would not assist in insulin injections nor provide other help for diabetic students, thereby denying the children an education to which they were entitled. They alleged that the state and the local districts failed to ensure the health and safety of public school students with diabetes in kindergarten through 12th grade by not providing insulin administration, blood glucose monitoring, proper care in emergency situations, and other appropriate diabetes care. The suit named the San Ramon Valley and Fremont School Districts, the California Department of Education and the Superintendents and Governing Boards of those agencies as defendants. They argued that they were forced to keep their diabetic children out of school or leave jobs to administer insulin shots themselves. These parents sought enforcement of their rights under Title II of the Americans with Disabilities Act, Section 504 of the Rehabilitation Act of 1973 and the Individuals with Disabilities Education Act (IDEA).

The plaintiffs were joined by the American Diabetes Association and represented by the Oakland and San Francisco offices of Reed Smith, LLP and Berkeley-based non-profit Disability Rights Education and Defense Fund (DREDF), on a pro bono basis. The suit stated that one fifth grader at Rancho Romero Elementary, who was also bipolar and had dyslexia, was diagnosed with diabetes in 2002 and began using a pump to administer her insulin in 2003 and that because of her dyslexia and blurred vision when her glucose level was high, she needed someone to make sure she checked her glucose when needed and took the right action to give herself insulin. The suit said the district refused to make sure she checked her blood glucose when she should and rejected her parents' request for someone to supervise when she used her insulin pump.

The next student described was a kindergartner at Greenbrook Elementary needing insulin injections. The options for insulin injections were purported to be the parent first, the third student in the suit next, and the school nurse third. The third student involved was also a student at Greenbrook for whom the staff was described as having agreed to test glucose levels, monitor snacks and work with her insulin pump, but had not provided for that in a written plan nor made adequate assurances that the student would receive insulin or glucagon if needed.

The complaint asked the Court to require the California Department of Education and the school districts to establish policy ensuring that districts would provide a sufficient number of adequately trained school personnel to check students' blood glucose levels, monitor students for symptoms of high and low blood glucose, and assist with administration of insulin or glucagon and other treatment that the students required. On August 8, 2007, State Superintendent of Public Instruction announced that the State of California had agreed to a settlement of the case and issued an advisory to which the parties had agreed. Prior to the advisory developed by the California Department of Education, there were seven categories of people who, according to law, could administer insulin to students at school:

1. self administration, with authorization of the student's licensed health care provider and the parent/guardian;
2. school nurse or school physician employed by the LEA;
3. appropriately licensed school employee (i.e., a registered nurse or a licensed vocational nurse) who is supervised by a school physician, school nurse, or other appropriate individual;
4. contracted registered nurse or licensed vocational nurse from a private agency or registry, or by contract with a public health nurse employed by the local county health department;
5. parent/guardian who so elects;
6. parent/guardian designee, if parent/guardian so elects, who shall be a volunteer who is not an employee of the LEA; and
7. unlicensed voluntary school employee with appropriate training, but only in emergencies as defined by Section 2727(d) of the Business and Professions Code (epidemics or public disasters).



INSIDE THIS ISSUE

| | |
|--|----|
| <i>Welcome to the Conference</i> | 2 |
| <i>TB Contact Toolkit</i> | 3 |
| <i>Time for a Change?</i> | 5 |
| <i>School Nurses as Chameleons</i> | 5 |
| <i>VOTE for Linda</i> | 6 |
| <i>Nurses Role in Improving School Budgets</i> | 7 |
| <i>Brace Yourselves</i> | 8 |
| <i>It Pays to Belong</i> | 10 |
| <i>How Will You Spend Your Summer?</i> | 11 |
| <i>Seeking your Administrative Credential</i> | 12 |
| <i>Kindergarten Dental Check-up Update</i> | 13 |
| <i>SNAY Award</i> | 14 |
| <i>SNY Award</i> | 15 |
| <i>Lyda Smiley Award</i> | 16 |
| <i>Scholarship Winner</i> | 17 |
| <i>Awards Help in Tight Economy</i> | 17 |
| <i>Grass Roots Advocacy</i> | 18 |
| <i>Promoting School Nursing</i> | 20 |
| <i>New Professional Products</i> | 20 |
| <i>Stepping Into New Shoes</i> | 21 |
| <i>Healthy Budget</i> | 21 |
| <i>Supporting School Nursing</i> | 26 |
| <i>You Are Cordially Invited</i> | 26 |
| <i>Reviewing & Revising Publications</i> | 27 |
| <i>Charlotte Who?</i> | 27 |
| <i>Website Innovations</i> | 27 |
| <i>Looking Forward</i> | 28 |
| <i>Adolescent Caucus</i> | 28 |
| <i>NASN Improving Membership Renewal</i> | 28 |
| <i>CTA Working Hard for You</i> | 29 |
| <i>SARB Handbook Being Revised</i> | 29 |
| <i>Evidenced Based Practice</i> | 30 |

(continued on p. 11)

Welcome to the Conference! ~ Sheri Coburn, Ed.D., M.S., R.N., Northern Section, Pres.



Welcome to the 59th Annual California School Nurses Organization Conference in the capital city! We are elated that you have elected to spend your time embarking on improving and enhancing your professional school nursing practice. A big kudos to the Northern Section Conference Planning Committee headed by Linda Davis-Alldritt and MaryAnn Delleney. They have gone above and beyond in preparing for **“Bridging the Gap: How School Nurses Improve Academic Performance.”** Please take a few moments to share with them on what a great job they have done. I am honored and deeply humbled to work with such knowledgeable, bright, intelligent people who illuminate care and support for one another and doing what is best for children enrolled in public education.

Conference highlights include marching with the CSNO Political Action Committee (PAC) up to the capital in the Pre-conference opportunity on Wednesday. Who knows, there might be a gubernatorial sighting in the midst of law making and budget talks. Helen Keller said, “We can do so little alone and so much together.” We must stand together with our other educational partners to inform and educate legislators on matters that impact California’s children.

If marching is not your forte, then how about joining the School Nurses of California Foundation on Thursday night for a little Salsa dancing? Dancing with the Stars here we come!!! If anything, it will be fun, exciting and interesting. Think of all the neurons you are sparking by learning something new, plus the calories you will be burning after the scrumptious meals you will indulge in.

On Friday, visit the spectacular California Dental Building for the PAC fundraiser. The building boasts magnificent views of Sacramento. You will be able to see the bridge that is featured on the program conference booklet, the capital and many other beautiful points of interest in Sacramento. This opportunity is sure to Wow you. Additionally, be prepared to enjoy a fashion show of Haute (Hot) Trash. Recall, we are going green and that includes wardrobe recommendations. It will surely entertain you!

On Saturday, if your feet are till saying yes and your body does too, come join us for the Gala celebration. The celebration will feature local artists and a Macy’s fashion show. It is a night to be remembered and celebrated for all of the wonderful things you do throughout the year.

Additionally, please enjoy the hospitality room so that you can network with others. This is one of the most rewarding times as you connect with old friends, meet new ones and gather resources. The work that you do as a school nurse is so vitally important. Now, more than ever, it is important to belong to CSNO, the only professional organization for school nurses. If you are not a member, I would like to invite you to join. If you have trepidation, come and introduce yourself, we can do coffee and talk, or email me at scoburn@sjcoe.net. In all her wisdom, Helen Keller knew that we must stand together to make a difference in the lives of children.

We are delighted to have you here in Sacramento. Welcome and please enjoy the conference!

From the Editor ~ Dawn Warrington, M.S., R.N., Communications Chair



As you open this edition of the Bulletin, you will see many articles that pertain only to participants of the CSNO Conference. While this edition of the CSNO Bulletin is provided in print for participants of the CSNO Conference; I realize most of the members of CSNO will be reading this publication online. This edition is not just for attendees of the conference. You will find most of the articles are pertinent to all members of CSNO.

I will be stepping down from my position as Communications Chair in July. I have enjoyed editing this publication. I hope you have enjoyed the changes I brought to the format of the CSNO Bulletin. I look forward to seeing the new innovations the new Communications Chair will bring this publication. I want to thank the CSNO section Communications Chairs for their hard work in editing their section newsletters. We work to keep you informed.

Kathy Gabe, Bay Coast
Pattie, Cassinerio, Central Valley
Donna Beckman, Northern
Gail McLarin, San Diego/Imperial
Marci McClean-Crawford, Southern

I also want to thank everyone who contributed articles to the CSNO Bulletin. I can be a ceaseless editor harping deadline, deadline. Thank you for coming through.

Please help CSNO save on publishing costs by making sure they have your email address. In an effort to make sure all members have access to the bulletin, it is mailed to members that do not provide an email address when they join CSNO.

THE WORK THAT
YOU DO AS A
SCHOOL NURSE IS
SO VITALLY
IMPORTANT.

TB Investigation Contact Toolkit ~ Candace Hilvers, RN, MSN, PNP, C. V. Section Pres.

The California Department of Public Health has developed a Contact Investigation in Schools Toolkit for Tuberculosis. It is designed to be used for local health departments, but is also a usual tool for School Nurses to support the efforts of Public Health.

The Toolkit is available at the following address:
www.cdph.ca.gov/proams/tb/Pages/ResourcesLHDsTBCB.aspx

The toolkit describes steps to complete the contact investigation and tools to implement the investigation. The kit is divided into ten steps and includes:

- Assessing the need for a contact investigation
- Communication
- Contact list development
- Education for staff, students and parent
- Notification and consent forms
- Screening activities
- Follow-up chest x-rays
- Assessment for need to expand investigation
- Second round of screening
- Analysis and summary of results

Cases of active tuberculosis are occurring with greater frequency. Time is critical and the information provided in the toolkit could serve as a foundation for the school nurse's support of the investigation. The forms are only available in English, but they could easily be translated.



CASES OF ACTIVE
 TUBERCULOSIS ARE
 OCCURRING WITH
 GREATER
 FREQUENCY



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#36636 Tooth Model...\$24.95 ea



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#48556 500/Roll.....\$8.29 ea



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- (B) #36642 Magi Z Dragon (18").....\$94.95 ea
- (C) #36643 Mojo Monkey (15").....\$94.95 ea
- (D) #36644 Nelly Dragon (10").....\$24.95 ea
- (E) #36646 Lil Fin Z Fish (11").....\$24.95 ea

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7pm-9pm

Haute Trash seeks to break down the boundaries of stereotypical beauty and fashion by celebrating bodies of all sizes through humor and satire. They are a troupe of resourceful artists who produce runway fashion shows featuring haute couture made from society’s trash.

Time for a Change? ~ Nancy Spradling, CSNO Director

CHANGE... to alter, modify, vary, transform, revolutionize, adjust, amend....

CHANGE...the word that has been on everyone's lips...We all have lots of ideas how it applies - or we would like it to apply - to our country. Given the state of our State, there is much to change there as well.

How about school nursing and CSNO? The thought of change can be difficult for many people. Some chomp at the bit and others can't wait to get started, while others firmly plant their feet, stick their heads in the sand, and cannot be moved. While change should never be done for the sake of change itself - are there areas where **we** might need to look at? Should school nursing and CSNO contemplate some changes that might keep us moving forward, especially given the economic challenges we are all facing?

Nothing has been settled and laid to rest with the diabetes/insulin issues. Students with seizures and orders for Diastat are another group who are not receiving safe and appropriate care; and the Epilepsy Foundation may be contemplating options similar to those of the ADA. More students are also coming to school with other medications that require a licensed nurse. More students rather than less will, I think, be coming in the future - with major medical/healthcare needs that must be handled at school.

Yet, given the fiscal crisis, how can we help these students get the safe care that they need - especially as districts continue to cut nursing positions? CSNO is working closely with the other nursing organizations to provide models for school districts to follow. Is it as good as mandating school nurses? No. Will we ever see ratios of 1:750? I do not know, BUT a licensed nurse is better than no nurse. Perhaps by focusing credentialed school nurses as the **supervisor of health** - as the Ed Code states - and leaving the actual provision of care to other licensed and unlicensed staff (as the law allows), we may be able to keep students safe and actually provide more oversight and better case management than is occurring now - at least in those areas of the state that currently have NO school nurses. Those of you in school districts who **are** the models for best practice need to step up and speak out and share with us how and what you are doing so that we can continue to offer those best practices as possibilities to other school districts.

Right now, we need to stay positive and continue to fight the issues while continuing to be open to discussion as working with as many other organizations and agencies as we can, to educate the populace and to counter the preposterous claims of many.

CSNO also needs to consider making changes in the way we function as an organization. Do we continue to run Conference the same way we always have? As more and more districts are unable to pay the cost, fewer districts are able to let their nurses take time off to attend; and as costs continue to rise, the time has come to look at streamlining. A few changes are already occurring and we have hit a few unexpected bumps in the road. Expect more changes in the future and expect more discussions on what those changes might be. Work with us, be open to the possibilities...and continue to support each other. Standing together, staying together...and being open to at least the possibilities of change.

It could be exciting...

School Nurses as Chameleons ~ Stephanie Yellin-Mednick, Southern Section President

February 7, 2009 marked my last general membership meeting of my term as President of Southern Section. Where has the last eighteen months gone? When I stood in front of you back in 2007, I spoke to you about being proactive and not being reactionary, to listen to the members and to make sure I engage my brain before I open my mouth. I hope I have kept my promises and will continue to do so in my last 6 months of my term.

As I look back on what CSNO has accomplished in the last two years, I can say we have seen many changes in School Nursing and the image of School Nurses. But now our country has a major problem that is affecting everyone. Along with not having a budget yet, California is having money problems due to the mortgage crises and this will cause funding problems for schools and many social programs. Another problem facing Americans is companies going out of business or laying off workers, and the unemployment rate increasing each hour. I am wondering, are school nurses dinosaurs on the verge of extinction or are we chameleons changing our colors to meet the need of students and families? I hope we are chameleons. We survey the scene and we change our colors and make it through these budget crises issues.

CSNO/NASN is the school nurse professional organization and in this time of crises the chameleons will need the support and guidance from the masses, the knowledge and support you get from belonging to a professional



WE NEED TO STAY
POSITIVE AND
FIGHT THE ISSUES
WHILE WORKING
WITH OTHER
ORGANIZATIONS



School Nurses as Chameleons ~ Continued

CSNO IS WORKING
TO STRENGTHEN OUR
POSITIONS IN THE
SCHOOL SETTING

organization. CSNO is working to strengthen our positions in the school setting. I hope everyone spreads the message that together we can make sure that the children and families of this state of California continue to receive health care services by chameleons, A.K.A. the credentialed school nurses. Belonging to our professional organization helps stimulate creativeness to plan needed changes and not belonging to CSNO leads to reactionary maneuvers.

The Southern Section Fall 2009 Conference will be in Whittier at the Intercommunity Child Guidance Center on Saturday, October 17, 2009. We are planning to introduce our latest section project, a Play Audiometry kit. We'll have an audiologist from Providence Speech and Hearing cover tympanometry and OAE screening and give you more help in working with students with audiological issues. In addition, we are lining up speakers that I think will peak your interest – look for more details to come. Your participation at these meetings, spring and fall, are critical for our professional organization's success so plan to attend not only for the interesting topics but also for our vendors, networking and supporting your professional organization

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Endorsed by the California School Nurses Organization and the National Association of State School Nurse Consultants, and with support from the California State Parent Teacher Association.

Distributed by the Committee to Elect Linda Davis-Alldritt, January 2009. Patty Mancuso, Dawn Warrington, Dale Parent, Dee Apodaca, Barbara Miller

Linda Davis-Alldritt, RN, MA, PHN, FNASN

Help Linda take her campaign to the school nurses in the other states. Please contribute to her campaign. You can mail a contribution to her campaign treasurer, Dawn Warrington, at 8189 Roundup Ct., Orangevale, CA 95662. Make the checks payable to: Linda Davis-Alldritt Campaign Fund.

Going to the CSNO Conference? Stop by the Hostess Desk to make a donation. Stamped post cards will be available for you to address to school nurses you know in other states. Stay tuned to hear about other events to help Linda's campaign at the conference.

The most important thing you can do is **VOTE!!**

Be sure to send in your ballot when it arrives next month.

Nurses' Role in Improving School Budgets ~ Barbara S. Miller, RN, MSN, PNP, President-elect

Over and over again, it has been reinforced that the strength of CSNO is in its members. We are blessed to have an organization filled with bright, capable, creative, positive, caring and solution-oriented people. We'll need all those characteristics in the coming months as we Bridge the Gap and Improve Academic Performance.



I don't need to tell you what interesting times these are. A new president, an economic crisis, war...the list goes on and on. Right now, the budget is on everyone's mind because its effects touch us all. Let me reflect a moment on the budget.

Schools in California have had many tough funding years in the past. Many of you remember the early 1990s and some of you even remember the post-Prop 13 era of the late '70's and early '80's. By all accounts, the shortage of funding this year for schools in California is worse than all previous shortfalls. I wish I could assure everyone that we will get through all of this without significant cuts, but cuts will occur. Unlike our leaders in Sacramento, who have delayed making decisions for months, schools will be faced with making some extremely tough decisions. The next few months, and possibly the next few years, will not be an easy road.

Many schools will be fortunate, if their School Board, Superintendent and staff have been conservative. Districts that have been fiscally prudent will be in a decent fiscal position. As part of the solution to this year's problem, the legislature is expected to loosen restricted funds. That action should help to get schools through until June '09.

In some ways, budgeting for schools is pretty simple. Schools get paid on students who show up for school each day. If they don't show up, schools don't get paid. If attendance can be improved, schools can generate more revenue. Schools need to know that nurses can improve attendance through prevention and early identification of illness, promoting a nurturing, healthy and safe school environment, assessments, and intervention with actual and potential health problems.

As priorities are being reestablished, nurses should be a part of those conversations. We can help in improving attendance, thus improving revenue. In addition, the LEA Medi-Cal Billing Option program may be providing significant reimbursement that supports your position. Less nursing equals less reimbursement dollars.

On a more positive note ... Don't ever forget, and don't let others forget, that you are a vital part of students' lives. Your role advances the well-being, academic success, and lifelong achievement of students. You are shaping the future generation. Use data to your advantage. Explore who the absent students are, why they are absent and investigate what you can do to improve attendance. Is the student absent because they hate school and are depressed, or is asthma keeping them away? Use data to support your position and be strategic in your responses. Are old policies actually causing more students to miss school? Take a look and see if you need to review your policy on pediculosis and move from a 'no-nit' policy to a no live lice policy.

The credentialed school nurse should be the one to build capacity in administrators so they understand the connection to health related issues and attendance, and thus academic improvement. The focus of every administrator is instructional leadership, but there is a high turnover of administrators. Be present daily to train them on the connection between health and academic improvement. You truly can Bridge the Gap!

YOU ARE A VITAL
PART OF
STUDENTS' LIVES



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2009

NASN 41st
Annual Conference

Boston Seaport World Trade Center
June 25-28, 2009

Transforming School
Communities: Partners
for Student Success

Table 1: School Nurse Time Study sample*

| Activity (Week of) | Mo | Tue | We | Thu | Fri | Tot |
|---|----|-----|----|-----|-----|-----|
| Vision Mandate (EC 49452, 49455 & 49456) | | | | | | |
| Hearing Mandate (EC 49452) | | | | | | |
| Scoliosis Mandate (EC 49452.5) | | | | | | |
| Districts shall give diligent care to the health and physical development of pupils (EC 49400) | | | | | | |
| Supervision of Unlicensed Assistive Personnel (EC 49422 & 49423.5) & Qualification for the individual supervising such services (Section 3001 (t) of the California Code of Regulations, Title 5.) | | | | | | |
| Medi-Cal Billing (District Revenue) | | | | | | |
| MAA Billing (District Revenue) | | | | | | |
| HIV/AIDS instruction for teachers (EC 51930-51939) | | | | | | |
| Medication Administration (EC 49423; B&P 2725.1 and Section 600-611 of the California Code of Regulations., Title 5.) | | | | | | |
| Student Health Plan Development for IEP's or Health issues (BRN Standards of Competence Performance, Section 1443.5 of the California Code of Regulations, Title 16) | | | | | | |
| Safe Schools plan & crisis response plans, inclusive of a pandemic preparedness plan (EC 32280, 32282 & 20 USC 7114 [d][7][A-E]) | | | | | | |
| Tobacco cessation services to pregnant and parenting teens as well as referral processes (HSC 104460) | | | | | | |
| CPR Training for staff to administer glucagon or epinephrine (EC 49414.5, 49423, 49423.1, 49480) | | | | | | |
| Training of Unlicensed Assistive Personnel (EC 49423.5) See also BRN Standards of Competent Performance. Section 1443.5 of the California Code of Regulations, title 16 and the BRN Statement on Unlicensed Assistive Personnel. | | | | | | |
| Blood Borne Pathogens training (CLC Section 6408-OSHA) | | | | | | |
| Tuberculin Skin Testing for School Employees (HSC 3450; B&P 2725 (b)(1-4); EC 49406) | | | | | | |
| Direct Care for Students (EC 49423.5 & Section 504 of the Rehabilitation Act of 1973, Federal Law) | | | | | | |
| Immunization compliance (EC 48216, 49403; and HSC 120335 & 120440; CCR Title 17 Section 6020) | | | | | | |
| Communicable Disease monitoring (EC 48213 & 49451) | | | | | | |
| Oral Health Assessment compliance (EC 49452.8) | | | | | | |
| Student Attendance Review Board (SARB) (EC 48273, 48320, 48321 & 48325) | | | | | | |
| Compulsory education as justification for examination of chronic student illnesses to increase seat time (EC 48200) | | | | | | |
| Special Education Health and Development (EC 56324(b) and Early Intervention Services (EC 56426.6) | | | | | | |
| Developing 504 plans (Section 504 of the Rehabilitation Act of 1973, Federal Law) | | | | | | |

EC=California Education Code

HSC=California Health and Safety Code

CLC=California Labor Code-California Occupational Safety and Health Act

USC=United States Education Code

BRN=California Board of Registered Nursing

B&P=California Business and Professions Code

Brace Yourselves ~ Sheri Coburn, EdD, MS, RN; Northern Section President

A host of deep budget cuts, lack of Cost of Living Adjustments (COLA's) and significant decreases in educational appropriation in categorical funding served as the legacy for the 2007-2008 school year. California ranked 46 in per pupil expenditure at \$7,081 compared to the national average of \$8,973. This year's budget battle threatened minimum wages for state workers, budget impasse and additional educational funding cuts. The budget deficit fell at \$17.2 billion dollars. Clearly, it is anticipated that the 2009-2010 school year fiscal forecast is dim with considerable "headwinds." It is anticipated that with a budget deficit left unaddressed, the projected 2009-2010 gap will grow to \$24.3 billion dollars. (Revised budget summary, accessed on August 12, 2008 www.ebudget.ca.gov/Revised/BudgetSummary/BSS/BSS.html.)

Take heed. The window of the 2008-2009 school year served as a critical juncture for school nurses statewide. I want to stress the importance of this issue so that school nurses can brace themselves for another tough year and round of potential cuts. Bracing means to provide an anchor or support, hence it will be critical that school nurses formulate an anchor of evidence to substantiate their need for the safe and diligent care of children. Further, CSNO stands ready with information and experience to provide support to school nurses who may be in the position of being laid off.

An admired colleague of mine just went through the battle of defending a position in her district. Each camp emerged with significant battle scars and things will never be the same. However, her courage is intact. Her strategy was grounded in identifying areas of the California Education Code that mandate credentialed school nursing, and district/school functions that can best fulfilled be a school nurse.

One of the initial things she considered was conducting a time study. Many of us participate in Medi-Cal Administrative Activities (MAA), which documents the amount of time we spend in the different cost codes. As a school nurse, you can use a similar format that anchors or defines your position. Below is a sample with the corresponding federal and state codes (laws) and regulations that may serve as a beginning for your school nurse activities (Table 1). To find actual state laws, you can go to www.leginfo.ca.gov/calaw.html. This page will provide you with a list of all of the legal codes (bodies of California law). To find a specific section of the law, check mark the applicable code and enter the specific code section/number at the bottom of the page. To find the actual regulatory language, you can go to www.calregs.com.

Building a case for need. "Good teaching is about no surprises," so take measures to report on all of the things you did in the prior year, including increases in caseload and student medical complexities. It will be essential that you highlight any revenue captured through your services. CSNO has a CD entitled School Nurse Services Documentation: Adding Value and Accountability to the Profession, which may be purchased through the professional products on the CSNO website at www.csno.org. This data tool is an Excel document that helps the school nurse record the number of students seen as well as any medical complexities the students may have. This can be accessed through professional products at www.csno.org. For example, maybe you wrote a school safety grant; billed for Medi-Cal LEA; participated in Medi-cal Administrative Activities, or provided HIV/AIDS professional development. All of these activities are examples of revenue generating activities that not only enhance services, but also increase the district funds. These are examples of activities school nurses can employ that influence district dollars bottom line. Using these examples coupled with your time study above will build a case for the need of your position and maybe even the need for additional or other licensed health care professionals.

Receiving a pink slip....next steps. Melinda Landau, a school nurse in Campbell Union School District, received a pink slip and took measures to protect her job. She has an outstanding power point presentation on the steps she took to defend her position which can be accessed at www.melindalandau.com. Melinda's pink slip came as a surprise and fortunately she had taken measures to document a need.

If you find yourself in Melinda's shoes, you must make every effort to file for a hearing so that your case may be heard. Time is of the essence. Timelines are tight and must be followed. With this request of a hearing, a CTA lawyer who probably has significant experience defending teaching positions and little-to-no experience defending school nursing positions, may be assigned to your case. With all your outstanding advocacy skills, it will be critical that you utilize those skills on your own behalf. With a time study and federal and state codes in hand, educate the lawyer on all of the vast services that you provide that are grounded in state and federal code. This will serve as the trajectory for a solid, successful case when your attorney has materials she/he can sink her/his thoughts.

Case by Case. Going through the battle of keeping your job is emotionally and physically draining. At best, those who you thought were your allies may be viewed from a different lens as they are given marching orders to find ways to save the district money. Administrators who you thought were advocates might sit in silence. It is important to realize that while you feel like you may stand alone, you have a cadre of school nurses who will provide information, listen to your concerns and do what they can to support you. We may not be able to be right there during your hearing, but we are committed to locating resources that can help you.

Given the state of the State, now more than ever, it is crucial that you belong to CSNO. You may access a CSNO application at www.csno.org. Your section and state organization are here to support their members. If we do not know the answer, we will find someone who does. Daily, we advocate on your behalf. Know that we are just a keyboard or phone call away to helping you access the resources necessary to keep your job.

Thank you to Linda Davis-Alldritt, RN, PHN, MA, FNASN, California Department of Education State School Nurse Consultant and Patty Mancuso, CSNO State NASN Representative, for their contributions to this article.

It Pays to Belong ~ Patty Mancuso, B.S., R.N., NASN Representative

Why would anyone ever choose to work in a nursing profession and not be a member of a professional organization? The longer I am in school nursing, the more often I find myself asking that very question. Professional organizations exist solely for the benefit of the members within that organization, and CSNO/NASN is no exception. Our organization is the only organization that represents school nurse interests **exclusively**.

I encourage you to become and/or remain a member of CSNO/NASN in whatever capacity you are able; even if you do not become an officer or committee member, your dues provides the financial support the organizations need in order to be able to continue to protect the health needs of all students. CSNO and NASN have very similar vision statements that focus on healthy children being better learners. All students should be in school, healthy, ready and able to learn. The mission of CSNO/NASN is to develop and strengthen its members in their role as the primary health professional within the educational community.

So, back to “It Pays to Belong”...

VSP Certificates Active members are eligible to receive VSP gift certificates for students who do not have Medi-Cal or vision insurance. Each VSP certificate is worth over \$400. I issue approximately 20 gift certificates each school year to students in my district alone, amounting to \$8,000! Are you aware that many districts or PTA and Lion's clubs will cover the \$210 annual CSNO/NASN dues for the VSP benefit, alone?

If this doesn't convince potential members, here is the longer list of additional member benefits.

Conferences Conferences provide the opportunity to grow professionally. These conferences exclusively promote and strengthen the role of the professional school nurse. You are sure to meet dynamic, intellectually stimulating individuals at professional conferences offered annually and locally through CSNO in addition to those offered through NASN.

Continuing Education NASN has recently developed seven online modules that are free or very low cost to members. Each module offers 1-2 contact hours and includes:

- ®The Current State of Teenage Drug Abuse: Trend toward Rx Drugs
- ®Making the Difference in Caring for Students with Food Allergies
- ®Managing a Pertussis Outbreak in the High School
- ®How School Nurses can Help Prevent Meningococcal Disease
- ®Effective Ways to be Heard: School Nurse Advocacy
- ®Issues and Emerging Therapies in the Treatment of Head Lice
- ®The Media is on the Phone. What Now?

In order to access any of the above modules, just go to www.nasn.org and use the quick link for “ONLINE CE.” You will need to enter your NASN member number found on your membership card.

Journal of School Nursing The journal of NASN is published 6 times a year and features articles on current issues in school nursing.

CSNO Bulletin and the NASN Newsletter These two newsletters are published several times during the year and provide up-to-date information on current School Nursing issues and available resources.

CSNO Information of Interest to Members and the **NASN Weekly Digest** These are electronic e-news communications published for the school nurse audience.

Charlotte's Web This is a CSNO member-only email discussion list that provides networking opportunities and insight into the more challenging issues that we face daily.

Awards, Grants and Scholarships CSNO and NASN support school nursing through recognition awards, fellowships, research grants, and educational scholarships. Learn more about these opportunities by visiting www.csno.org and www.nasn.org.

So...I ask you now, “How can you **NOT** afford to belong to CSNO/NASN?”

How Will You Spend Your Summer? ~ Lois, Schultz, Bay Coast Section President

So, we are over half way through with the 08-09 school year. We've been overworked, underappreciated and, in general, tired at the end of many days. My thoughts at this time of the year turn to what I feel are a mini vacation for my soul: Planning my summer.

What are some fun things to do? Many of us still fall into the trap of moneymakers. Yes, that means getting a part time summer job. Hospitals, clinics and many school districts hire school nurses to work in summer. That's not a bad plan if you want money for those little extras. I, myself, will be covering for summer school (extended school year to some of you) for about three weeks. It gives me the opportunity to wind down from a hectic school year.

Still others of us will spend the summer working at home doing all of the projects that we neglected during the winter months. This can include gardening, painting that spare room, or remodeling our backyards. Good physical work is known to be a great stress reducer. Physical exercise has also been linked with increased brain functioning.

For myself, I'm going to do a combination of the above. As I said, I'll be working a little to gain those few extra dollars that will let me splurge on me. Walking every day for the joy rather than running from classroom to classroom will be a blessing for my heart. As many of you know, I've taken up tomato seeding over the last few years and am looking forward to my "new varieties."



Now, for the fun part of the summer of 2009! Every two years nurses from around the globe get together to share ideas, lifestyles and experiences. This has been going on for over twenty years. Mary Henley formerly from Southern California (and before that, England) helped to get this group organized. It is now called School Nurses International. This summer we will be meeting in the United States at Monmouth College in New Jersey.

I've been attending these conferences for the past 10 years. I can truly say that the people that I've met over the past years have become true international friends and partners in health. Several times, we've been able to get a small group together and take extended "Road Trips" in different areas. One year, I helped three other nurses discover the wonders of the Grand Canyon and California. This led to friendships that traveled to the Czech Republic, Slovenia, and Denmark.

If you've ever wondered what nursing is like in other countries, this venue is for you. You will meet some of the best, talented and diverse people in our occupation. I've added some of the pictures that I've acquired from past meetings. For more information, pull up the NASN Website and go to the tab at the top that is labeled "your profession." Hold that tab down and scroll down to the School Nurse International link. See you all at the end of July in New Jersey!



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Synopsis of the Diabetes Lawsuit, 2005 ~ Continued from page 1

This "Legal Advisory on the Rights of Students with Diabetes in California's K-12 Public Schools" added a new category to the types of persons who could administer insulin in California's public schools. The category was:

8. voluntary school employee who is unlicensed but who has been adequately trained to administer insulin pursuant to the student's treating physician's orders as required by the Section 505 Plan or the IEP.

The American Nurses Association (ANA) and American Nurses Association of California (ANA/C) took action and filed suit. They were joined by the California School Nurses Organization (CSNO) and the California Nurses Association (CNA). On November 14, 2008, the case was heard in the Superior Court of the State of California in Sacramento. The Honorable Lloyd G. Connelly ruled that the Defendants' issuance of the "Legal Advisory" standard #8 was in excess of their jurisdiction and violated applicable state law, including the Administrative Procedure Act and the Nursing Practice Act. In addition, the judge found that the terms "assist" and "administer" were not the same and that to assist with medication was not the same as to administer it.

Now in February of 2009, we have just learned that the American Diabetes Association has filed suit to have this ruling overturned.

Seeking your Administrative Credential ~ Sheri Coburn, Ed.D., M.S., R.N.

Recently, several CSNO members attended the CSNO Leadership meeting in Los Angeles to examine ways the CSNO board can serve you better. One area of discussion was to encourage school nurses who are in leadership roles to obtain their administrative credential. This means any of you who are coordinators, lead nurses, project managers, or program specialists should at least hold you preliminary administrative services credential with the intent of working toward your clear administrative services credential.

In their book, *Reframing Organizations* (1997), Bolman and Deal address managers and future managers and attempt to answer the question, "What do we know about organizations and leadership that is genuinely important and useful to practitioners?" Bohlman and Deal propose that any situation can be looked at through four frames and that often we need to reframe situations so that we can garner different perspectives. This leads me back to advocating that if you are serving in a leadership capacity within your district, you should seriously consider getting your administrative credential because:

- it allows you to supervise and evaluate people you are "leading"
- it provides professional merit among other educators and administrators
- it serves as a professional benchmark in your capacity to serve as a leader and
- you are working as a "middle level manager" and therefore should have a credential that authorizes you to do so.

What are your next steps to obtaining your preliminary administrative services credential? Believe it or not, you are already two-thirds of the way there. According to the Association of California School Administrators, the **Minimum requirements** for participating in any option for attaining the [Preliminary Admin Service Credential](#) are:

1. Possession of a valid prerequisite teaching or services credential. I know you already have this because you are practicing as a credentialed school nurse.
2. A minimum of three years of successful, full-time service in the public or private schools of equivalent status. I am confident that obtaining this, if you haven't already is just around the corner.
3. Passage of the California Basic Educational Skills Test (CBEST). I know you can pass this. The CBEST has basic English and Math. Being bachelor's prepared, you have already mastered these skills, otherwise you would not have graduated with a four year college degree. If however, you feel you need to brush up, there are books at local bookstores that can tutor you through this. You can simply go online and type in CBEST study books in your preferred search engine and they will be at your beck and call. To register for the CBEST go to: [http://www.cbest.org](#)

Once you have obtained your preliminary Administrative Services Credential and you have told yourself "good" job, it is time to start thinking about obtaining you Clear Administrative Services Credential. According to ACSA, the **Minimum requirements** for seeking a Clear Administrative Services Credential are:

- Possession of a valid Preliminary ASC, which you would already have at this point.
- Verification of a minimum of two years of successful experience in a full-time administrative position in a public school or private school of equivalent status. Once you have passed your CBEST and received your credential, you are on your way to fulfilling this requirement.
- Completion of one of five Clear ASC program options below.

Option 1

Completion of a college or university based program accredited by the Commission on Teacher Credentialing.

Over fifty colleges and universities in California currently offer preparation programs leading to a Preliminary Administrative Services Credential. These programs are accredited by the Commission based on standards of quality and effectiveness. (The standards can be downloaded for review and feedback at [CITC](#).)

Option 2

Completion of a Commission accredited Internship program sponsored by a college or university and a local education agency.

Many colleges and universities in California offer internship programs leading to a Preliminary Administrative Services Credential. These programs are accredited by the Commission.

Option 3

Passage of the Commission-approved "School Leaders Licensure Assessment" (SLLA) administered by Educational Testing Service (ETS).

This six-hour test assesses candidates' skills in situational analysis, problem solving, and decision making in educational leadership scenarios. The SLLA was administered for the first time in California on January 11, 2003 and is offered three times annually. For more information about test content and test dates, please check the [ETS](#) website. Individuals who pass the SLLA and meet the prerequisites for obtaining a Preliminary Administrative Services Credential may apply directly to the Commission for the credential. ACSA has developed a program designed to assist in

preparing for the SLLA called [Aspiring California Educators \(ACE\)](#). The program is offered prior to each administration of the SLLA in both northern and southern California. The program spans two Saturdays, in which the participants:

- Learn test-taking strategies for the California administrative licensure assessment
- Understand the types of test items and scoring
- Review sample responses
- Practice writing responses
- Receive feedback on practice

Option 4

Completion of an alternative preparation program approved by the Commission.

Alternative preparation programs may be offered by local education agencies or colleges and universities that are Commission-approved that meet the Commission's standards. You may check with your local county office of education to see if they have something in place. ACSA has a full description of the requirements that may be accessed at www.acsa.org/MainMenuCategories/ProfessionalLearning/Credentialing.aspx

If you still have trepidation, approach a colleague and obtain your credential together. School nurses are all about networking and identifying resources. It is our specialty. As a individual with post graduate credits, you have the capacity to succeed in all of the things you do. Obtaining your credential will allow others to “reframe” you, in that as a leader, you have met their professional benchmark and have a credential that supports your leadership role. It provides professional merit in and among your educator colleagues. I know you can do it! For more information or if you wish to contact me, you may at scoburn@sjcoe.net.

Kindergarten Dental Check-up Update ~ Gayle Mathe, CDA Manager of Policy Development

The 2008-09 school year brings California into its third year of AB 1433, the law requiring kindergarten children and first time first graders to receive an oral health check up during their first year of school. In January 2008, the required assessment form was revised to make it more user friendly – reducing the assessment form to one page and defining the treatment urgency categories more clearly. In addition, the new form requires the license number of the dental professional who completes the form. This form can be downloaded from the California Dental Association (CDA) web site at www.cda.org in the following languages: English, Arabic, Armenian (Eastern and Western), Chinese, Hmong, Korean, Punjabi, Russian, Spanish, Tagalong and Vietnamese.

Implementation of the law during year one was somewhat difficult for schools, parents and dental professionals because the law was enacted mid school year. However, CDA, sponsors of AB 1433, was able to collect at least some data from 56 of the 58 California counties and is now in the process of following up with stakeholders to support improved compliance. As part of that effort, CDA recently convened a stakeholder workgroup to evaluate the data and identify barriers and opportunities to facilitate increased compliance with AB 1433 requirements. Below are comments and recommendations from the workgroup:

Funding: Schools report that one of the key reasons they have difficulty fully implementing AB 1433 is lack of financial support. However, each year the state allocates approximately \$8.40/child to cover administrative costs associated with the law. The California Department of Education issues these funds to county offices of education, which in turn disburse them to school districts. Funding information is listed on the California Department of Education web site at: www.cde.ca.gov/fg/aa/ca/oralhealth.asp.

Data collection and reporting: For data to be useful it must be complete and accurate. Discrepancies were found in data throughout the state. The workgroup suggests schools:

- Ensure that all reasonable efforts are made to collect the forms from parents.
- Ensure that the reason noted on each waiver request accurately reflects the barrier to compliance.
- Understand and address the reasons when a high percentage of parents do not consent.
- Advocate with their administration to use SCOHR (System for California Oral Health Reporting).

This economical and efficient reporting system, developed by the San Joaquin County Office of Education was created expressly to facilitate collecting, managing and reporting AB 1433 data.

For \$.40/child, SCOHR will generate individualized forms at the school level and manage the process all the way through the report to the County Office of Education, providing unprecedented access to this data at the state level. Further, districts can report their data to counties, using SCOHR, [free of charge](#). The advantages of SCOHR for process management, data maintenance and analysis, and future advocacy on behalf of children’s oral health programs are significant.

The California Dental Association, the sponsor of AB 1433, is committed to working with advocates in education and health to improve the oral health of California’s children. If you have suggestions or questions about AB 1433, please contact Gayle Mathe, CDA Manager of Policy Development at 1.800.232.7645, ext. 4995 or gayle.mathe@cda.org.

For more detailed information, and assessment and consent forms, visit:

www.cda.org/advocacy_&_the_law/legislation/kindergarten_oral_health_requirement

2009 CSNO School Nurse Administrator of the Year ~ Lucinda Mejdell-Ambrey



Lucinda was born October 27, 1955 in Corvallis Oregon, a university community located in the Oregon Willamette Valley. During her high school years, she was active in sports, community work and her church. Her community work centered on working with children whether it was as a camp counselor, Sunday school teacher or mentoring through the Big Sister-Brother Program.

Before starting college at Oregon State University, Lucinda volunteered to work a year in a national youth volunteer program. She worked in Louisville Kentucky in a Children's' Group Home for severely abused children. Alongside paid adult caregivers and mental health staff, she cared for these children morning to night.

At Oregon State University Lucinda majored in Education and Liberal Studies. To help pay her way, she got a job working as a nursing assistant at a retirement home. She worked on the floor where the most senile patients resided. She enjoyed listening to their stories, caring for their physical needs and being there with them when they were dying. This experience helped her to decide to pursue a career in Nursing.

A year and a half later, Lucinda moved to Visalia California with her new husband. She enrolled in the College of Sequoias Nursing Program and graduated two years later as one of two valedictorians. She immediately started working at Visalia's regional Kaweah Delta Hospital as a staff nurse in the Newborn and Immediate Care Newborn Units.

The following year, Lucinda began employment as a nurse for the Tulare County Headstart Preschool Program. During the next ten years, she worked as a school nurse with children from the poorest homes throughout the county. In this period, she learned to speak Spanish and completed her Bachelor Degree in Nursing and Public Health Certificate. She also was blessed with the birth of her son, Joshua.

With her education completed, she began working for Visalia Unified School District. In addition to her school nurse duties at two schools, she developed and taught health education topics in 4th-6th grade classrooms. This developed into a district-wide Health Education program taught by credentialed Health teachers.

Recognizing her leadership abilities, Visalia School District asked Lucinda to supervise and coordinate the School Nursing Services. The next fourteen years were filled with building a strong and innovative School Nursing Department, Community Partnerships, and a Coordinated School Health Programs model. During these years, she completed her Masters Degree in Education and Administrative Credential.

In July of 2006, Visalia Unified School District-serving 26,000 students-asked Lucinda to serve as Director of Student Services. Today, in addition to building and supporting school nursing and health services, she is also directing all school safety programs, mental health services, student welfare and attendance services.



Kathleen Casey
Northern Section
School Nurse Administrator of the Year

2009 CSNO School Nurse of the Year ~ Joyce M. Schornick



Joyce was born in Fresno, California, October 5, 1948, to Sam and Nadine Smith, furniture repairman and a loan officer. She is the oldest of three children. She attended Emmanuel Lutheran Elementary School, Washington Junior High, and graduated from Fresno High School in 1966. Growing up in Fresno was a happy time. Playing in the sprinklers in the summer time, then lying on the hot sidewalk to dry, walking around the block with five puppies in a wagon, swimming lessons, Vacation Bible School, Sunday School, dinner at her Grandparent's house on Sundays, saying nighttime prayers together, and camping every summer-what a life. Both of her parents worked; she and her sister became responsible for some of the household chores and starting dinner every day.

Her parents have always been so supportive and encouraging in any of her adventures, including taking the day off work to drive her fourth grade class to a lumber mill in the mountains and to the country to see how cotton is grown. They drove her to private voice lessons and singing competitions, helping her pay for a trip around the world. They were always right there and remain so to this day. Her parents couldn't have been more proud as she walked across the stage to receive her graduate nursing cap and pin the first to graduate from college on either side of the family. Although wanting to go to St. Olaf College in Minnesota to study music and nursing, Fresno State College was her alma mater, graduating 1970 with a degree in nursing.

To look at who she is today is to look at her parents and grandparents. The drive and tenacity, 'stick to it' attitude, faith and love that she only knew as "normal" for families, gave her the understanding and willingness to reach for anything to which she set her mind. In that same manner, she tries to give that same ability to the students, colleagues, peers, friends, and everyone she has a chance to meet. She also approaches this with a sense of humor she learned from her father. Her mother always said that she and father were 'two peas in a pod.' It was inevitable that her personality is like his. When she was small, he called all her girlfriends 'Suzy,' just to see her get upset, laughing, promising never to say it again, and then hardly waiting to call her friends 'Suzy' again. He would sing "There Once was an Indian Maid" when she went to bed complete with facial expressions and sound effects. She promised herself that she would learn the words, but could never remember them all.

Her nursing practice has included working in a newborn nursery, a migrant community in the country, an urban district in the East Bay area-one of the larger districts in California. In each of these varied settings, she has taken a positive attitude, a smile, laughter and knowing that every person she meets is a valued child of God.



Terri Kirby
Central Section SNY



Dawn Warrington
Northern Section SNY

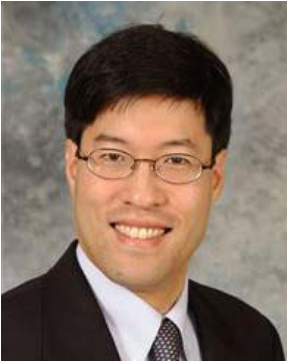


Cathy Adamiak
Southern Section SNY



Donna Magden
San Diego/Imperial SNY

Lyda Smiley Award ~ Dr. Richard Pan



His advocacy accomplishments include establishment of a national Resident CATCH program in the American Academy of Pediatrics (AAP), passage of legislation in Massachusetts to fund access to basic health care for children that was the forerunner to the national State Child Health Insurance Program (SCHIP), authorship of physician workforce policies for the AAP and American Medical Association (AMA), protecting the California Child Health and Disability program, and building partnerships between physicians and communities to improve child health.

Dr. Pan has received several awards including the University of California, Davis (UCD) Chancellor's Award for Diversity and Community; Ambulatory Pediatric Association National Faculty Development Scholar; the Child Abuse Prevention Council of Sacramento Hearts and Hands Award; and community service awards from the California Medical Association and American Medical Association Young Physicians Sections. Dr. Richard Pan is Associate Professor of Clinical Pediatrics at the UCD, where he is Director of Outreach and Government Affairs for the Children's Hospital and Associate Residency Director. Additionally, Dr. Pan is Resident Continuity Clinic Director in the UCD Department of Pediatrics. He received his MD from the University of Pittsburgh and Masters in Public Health from the Harvard School of Public Health. He completed his pediatric residency and was Chief Resident at Massachusetts General Hospital. Dr. Pan was a Dyson Advocacy Fellow and Primary Care Research Fellow at Children's Hospital in Boston and brings a broad background in child advocacy and medical education.

DR. PAN IS A

LEADER IN THE

COMMUNITY AND

MEDICAL PROFES-

SION

In 1999, he founded and is Director of Communities and Physicians Together, a nationally recognized program that partners pediatric resident physicians with community associations to improve child health. He also oversees the School Health Program, and HOPE Clinic for the UCD Pediatric Residency Program. In addition, Dr. Pan is the medical consultant to the Sacramento City Unified School District.

Dr. Pan is a leader in the community and medical profession. He serves on the governing board of the Sacramento Children's Coalition Cover the Kids by 2006 and as Board Chair for Healthy Kids Healthy Future, a regional effort to achieve universal health care coverage for children in Colusa, El Dorado, Sacramento, and Yuba counties. He is a member of the United Way California Capitol Region Board, Chair of the Impact Council Chairs Council, and Past-Chair of the Health Impact Council, which is funding outreach and enrollment to increase health care coverage for children. He also was a Commissioner for six years on First 5 Sacramento including serving as the Chair and Vice-Chair of the Evaluation Subcommittee.

In medicine, Dr. Pan is Past-President of the Sierra Sacramento Valley Medical Society. Dr. Pan is a leader in the California Medical Association, serving as Chair of the Council on Legislation, and Chair of the Pediatric Scientific Committee of the Council on Scientific Affairs. He is Vice Chair of the California American Academy of Pediatrics (AAP) and has served on the Board of AAP California Chapter 1 (Northern California), the California AAP State Government Affairs Committee, where he is the AAP Liaison to the Children's Roundtable, and nationally as an AAP Delegate to the American Medical Association (AMA). In addition, Dr. Pan is Chair of the AMA Council on Medical Education and on the board of the Accreditation Council on Graduate Medical Education, which establishes national standards for residency education.

Lyda Smiley Award ~ Dr. Victor Savage



Yuba and Sutter Counties are fortunate to claim Dr. Victor Savage as one of their own. Dr. Savage has been practicing dentistry since 1977, having graduated from the Pacific School of Dentistry in San Francisco. His early training took place at the Hospital of Dentistry for Children. Dr. Savage and his wife, Linda, are the proud parents of four children and twelve grandchildren.

Dr. Savage's office staff can not say enough nice things about him. They share being grateful to be part of the amazing team he has created in his office. Dr. Savage is a motivator and a teacher who loves to have fun while working hard. The staff report they learn something new every day. He is a caring man who places others before himself. In 2008, the doctor took his entire staff on a Mexican cruise.

Without the magnanimous generosity of Dr. Victor Savage, the school dental sealant program in Yuba County would have not come to fruition. For the past two years, Dr. Savage has graciously donated his time, office staff, and materials to place sealants on Yuba County school children. His enthusiasm and warm engaging manner make him a favorite at the schools with children and administration alike.

Yuba County's children represent myriad ethnic cultures. Dr. Savage speaks to each child softly with conversation and gentleness and builds the caring rapport needed for children who visit the dentist; some for the very first time. He is always able to allay the children's fears. Dr. Savage gives tirelessly of his time, his professional inventory, staff, and most importantly, himself. He's been known to work over six hours without stopping. Dr. Savage's commitment to children's oral health is exemplary. Dr. Savage provides services in the most gentlemanly way...without fanfare or thought for personal gain. Dr. Savage plans to continue the program this school year enlisting his fellow colleagues to assist and increase outreach efforts.

New School Nurse Credential Scholarship Winner ~ Jill Peters, B.S., R.N.



Jill Peters was born and raised in San Jose. She graduated from San Jose State with a Bachelor's of Science Degree in Nursing in 1983. She is currently pursuing a Master's of Science Degree in School Nursing, Clinical Specialist at San Jose State, with a targeted graduation in May 2010. Her 16 year hospital career included work in transitional care, mother-baby, labor and delivery and high risk antepartum. She took five years off to stay home with her children. A new neighbor found out Jill was a nurse without a job. She invited Jill to come work with her as a School Nurse and Jill agreed. Jill worked with her at Campbell Union High School District for four years. Jill was in charge of managing care for medically fragile children in all 12 schools in the district. Last year, she began working at San Jose Unified School District where she currently work at Leland High School and Bret Harte Middle School.

Awards Help in Tight Economy ~ Cathy Owens

As we are facing significant budget cuts in the State of California, many school nurses are looking at ways to secure their jobs while struggling with the need to complete a credential or wanting to advance their education. Our Scholarship Award (\$800.00) is available for school nurses who are currently enrolled in a school nurse credential program. It is awarded annually at our State Conference. This year's deadline was October 15, but we start accepting applications from now until next October. The guidelines are on our website -so start getting those applications in! We also have a Research Award (\$500.00) for those who are working on advanced degrees and would be willing to share their research to help further the profession of school nursing. The amounts are not huge, but any amount is helpful in these tough times.

Along with these budget cuts, we need to be thinking proactively by making ourselves 'indispensable.' One way to do that is to get our Administrative Credential and take on leadership roles in our District. As an Administrator, you can help by facilitating 504s in your district, take on evaluation responsibilities, be a part of the 'decision making team,' coordinate the MAA or LEA Billing, etc. We have to put ourselves in a position to be part of the policy makers and in doing so, we hopefully can elevate our profession (and secure our positions!)

For those interested in their Administrative Credential, you can 'challenge' tier I by taking a Commission approved "School Leaders Licensure Assessment (SLLA)" test, administered by Educational Testing Service (ETS). Individuals who pass the SLLA and meet the prerequisites for obtaining a Preliminary Administrative Services Credential may apply directly to the Commission for the credential. You can find out more information on the website www.ets.org-click on 'more tests' and scroll down to the SLLA test. It is approximately a six hour written exam that tests your knowledge in situational analysis, problem solving, and decision making in educational leadership scenarios. I have taken the test and if you are familiar with disciplinary issues, decision making skills and leadership issues for administrators, it is very passable. There are preparatory tests and classes that you can take to help prepare you. See article on page 8.

Feel free to contact me if you have any questions regarding the above information, or you have any other questions or suggestions for the Education committee. Our section representatives are Northern-Rebecca Frank, Central Valley-Susan Ludwig, Bay Coast-Patty Durkee and Debbie Ruskin, Southern-Pat Mitchell, San Diego/Imperial-Carole Philips. My contact information is cowens@bcowens.us.

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AVAILABLE

Save the Date

The 60th Annual CSNO Conference will be Hollywood California on February 11-13 at the well know Renaissance Hotel. It is just minutes from downtown Los Angeles, neighboring the renowned Kodak Theatre of the stars and the historical El Capitan Theatre and is just steps from the legendary Grauman's Chinese Theatre, the Hollywood Walk of Fame, Universal Studios, Hollywood Bowl and Paramount, to name a few attractions. The Conference theme "Spotlight on School Nursing" emphasizes the specialty practice of the California School Nurse and issues that pertain to School Nursing Practice. One Keynote speaker is Dr. Janice Selekmán, author of the famous book "School Nursing, A Comprehensive Text." The much-in-demand speaker, Dr. Nick Yphantides will present on Obesity and Priorities in Maintaining Health and CSNO's own Linda Davis Alldritt will address current trends in School Nursing.



Mark your calendars and join us in Hollywood in 2010!

Grass Roots Advocacy ~Sharyn Ward Turner M.A., R.N., P.H.N., GRC Chair



As I complete my second and final two-year term, I have been especially proud to be Chairman of the Government Relations Committee during this past year. This last legislative term involved challenges that resulted in triumphs for the committee and for CSNO. Along with our numerous controversial state ballot measures being at stake, there were also unusual partisan differences and unprecedented political stalemates to deal with. The Government Relations Committee rose to the challenges. Its members worked to keep CSNO members informed; they attended political receptions and made legislator visits. They worked especially hard to develop new coalitions, testified and wrote numerous support and opposition letters. Equally importantly, they made personal commitments to improve communication and provide education to our members regarding reduction in force "RIF" information under the legislation link at the CSNO website www.csno.org.

For the first time in the history of CSNO, we were successful in sponsoring four bills and chaptering two of them in the last three years. The Governor signed ACR 99 (Swanson) on July 17, 2008. We now have a vital tool to use in each of our districts to address issues of salary disparities. AB 1667 (Saldana) was our first authored bill chaptered on September 22, 2006. This bill amended Section 49423.5 of the Ed. Code. The bill clarifies who may provide specialized physical health care services, the circumstances in which specialized health care services may be delegated to unlicensed assistive personnel (UAP), and who shall supervise (a credentialed school nurse or a licensed physician and surgeon).

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Getting the change you want in public policy will occur most readily when you join with other groups in coalition. The month of March came in like a lion and went out like a lamb when a new bill surprisingly appeared- SB 1487 (Negrete/McLeod). In this bill, the American Diabetes Association again tried to legislate that personnel who volunteer to administer insulin to pupils with diabetes could do so during the regular school day. Gathering our stakeholders and developing a coalition convinced the authors Negrete/McLeod to pull the bill before it would come to the Senate Health Committee. Dale Parent, our President, spearheaded our alliances, which included ANA/C. CNA, CSBA, CTA, AFT, American Academy of Pediatrics and the California Medical Association.

I hope that everyone is aware by now that in 2007, CDE issued a legal advisory as part of the now infamous Diabetic Settlement filed by the American Diabetes Association and the Disability Rights and Education and Defense Fund. The legal advisory stated that federal law authorized training unlicensed school employees to administer insulin to students when other authorized persons were unavailable. This "option 8" was challenged by the nurses' associations as contrary to laws regarding the licensing of nurses. On November 15, 2008, the judge agreed with the nurses' organizations interpretation of the law and invalidated that portion of the legal advisory that authorized the training of unlicensed personnel.

The legal advisory brought our various state nursing groups together to organize ourselves as an educated body of health professionals whose purpose was to manage the healthcare of all populations, not just those in a clinical environment. Developing these partnerships gave us what I perceive to be as our most significant accomplishment for CSNO and its members ever. Thank you to the American Nurses Association of California and the California Nurses Association for filing the lawsuit and ultimately winning. I believe that the right people were in the right place at the right time. Our President, Dale Parent, was the perfect person to represent us during this difficult time. **This issue will be the GRC's number one priority in remaining diligent in anticipating another bill surfacing from the American Diabetes Association.** The advisory is still valid, except for the part that discusses training of unlicensed personnel. As we agree with 99% of the legal advisory, we have yet been able to convince the ADA we have the same goals and want to find ways to collaborate in ensuring a safe and healthy school environment for our diabetic children.



The Government Relations Committee holding our Resolution at Leadership, 2008. From the left, Michele Meyers, San Diego/Imperial; Kathy Hundemer, Southern; Nancy Miller, Northern, Sharyn Turner, Chair; Carolyn Veal-Hunter, Legislative advocate; Susan Kuslis, Bay Coast; Diane Durando, Central and Pat Christie our Federal representative.

In May, we successfully held our annual "School Health Lobby Day" at the Capitol. In preparation for last year's event, an ad hoc committee was formed to design an attractive legislative folder with specific talking points to give to members when making legislative visits. (Each participant of Lobby Day as well as this Annual Conference will receive an advocate folder). The National Association of School Nurses (NASN) provided the template for the design, allowing CSNO to change the language, and included a "Coordinated School Health" design on the back with the logo of our coalition partners. PAC funds were augmented by each organization contributing to the cost of the folder. To quote our President Barrack Obama, "We cannot do it alone but together we can make a difference - Yes, we can!!!" Combining this year's School Health Lobby Day with the School Based Health Clinics Organization is another example of working together with other organizations interested in school health.

The current economic and social challenges facing California are frightening. How does that affect school nurses and the children we serve? The state budget is in record deficit. It might be the worst economic crises that most of us will ever see. To meet these economic challenges, this state needs the informed participation of its citizens. School nurses have never had more important roles to play in their local and national communities. The 2009 California Report Card: *Setting the Agenda for Children* shows that current deficiencies in children's health and education policies are leading to significantly negative outcomes for all Californians. These include increased health care costs at a time when there is decreased economic output. That is not a good combination.

Children's health care faced serious setbacks in 2008. The State's leadership failed to pass a broad health care reform package that would have insured all children in California. They inserted bureaucratic hurdles by requiring semi-annual reporting in order to receive Medi-Cal, making health coverage even more difficult to retain. Premiums increased 50% for children enrolled in Healthy Families.

There were also advances in children's health. Children's oral health inched forward as health and education advocates continued to work together to implement AB 1433 (Emerson/Laird), the law requiring all children entering kindergarten to receive an initial dental check-up. Children's mental health services received additional funding through the passage of AB 2809 (Leno/Price), which authorizes up to \$5,000 per instance for outpatient mental health counseling of minors who were witness to violent crimes.

Even though the GRC Committee welcomes the new legislative session, I am sure we all have some trepidation about what the future holds for our profession and for the students in our care. As we enter 2009-10, school nurses cannot help but wonder how the next 10 years will change the role of school nurses, as we know it today. Professionally, school nurses enter this legislative session with ongoing concerns that include:

- School nurse positions are being cut due to budget cuts and state revenues sinking.
- Substandard salaries: when school districts are hiring, they struggle to fill jobs because they cannot offer salaries competitive with clinical positions. When faced with huge budget shortfalls, they tend to cut unfilled positions.
- The definition-ambiguity of the school nurse's role and recognition by the school community
- The dual allegiances to the education and health communities that result in conflicting goals
- Consequent misunderstandings in communication and collaboration
- Supervision by non-nursing administrators and delegation issues
- Lack of stature in the work place that results in the inability to affect positive change
- Lack of healthcare insurance so many parents count on school nurses to be their child's primary medical caretaker.
- Ratio of school nurse to students are not adequate to provide health services in the schools
- An increased need of school nurses as more children are diagnosed with serious or chronic conditions that require constant medical oversight.

An important lesson I have learned as the GRC Chair is "this is no simple problem." We need to focus on all the system's parts when analyzing a problem and coming up with a solution. The Governmental Relations Committee has enacted a broad range of legislative plans to address the problem in our 2009-10 Legislative Platform. Everything is about timing, and as we all know, it is not the right time to be asking for any change that requires a financial impact to education. However, as part of our arsenal for this new legislative session, we plan to re-introduce the school nurse loan forgiveness bill that is presently in existence for teachers in obtaining a teaching credential. Another legislative priority for the GRC is to propose a bill that clarifies the restructuring of the health service model that delineates the differences between the various para-professionals in the school setting.

Turbulent future for school nursing Although several factors contribute to the shortage of school nurses, I think the major reason for this shortage is the lack of legislation mandating school nursing. There is currently no federal legislation mandating school nursing in the United States. According to the National Association of School Nurses, school nursing services are only mandated for children living in Alabama, Arkansas, Connecticut, Delaware, Louisiana, Massachusetts, Minnesota, New Jersey, Pennsylvania, Rhode Island, Tennessee, Vermont, and West Virginia. In addition, of these, only five states have set numeric ratios for school nurse to students (Taliaferro, 2005). The result is that most states either end up with no full time school nurses on school sites or they have very high nurse-to-student ratios and school districts resort to the use of unlicensed assistive personnel (UAP) for nursing services.

With our recent successes and renewed spirit of political engagement nationally that is sweeping the nation, it might be at a national level that we are able to address the school nurse ratio. The GRC Committee has changed our bylaws to add a Federal Legislation representative (Pat Christie) to track school nurse issues at a national level. NASN has positioned their organization nicely by moving to Washington D.C. and has a visible legislative advocate to promote issues and develop relationships with other organizations that affect school health.

On June 5, 2008, Rep. Carolyn McCarthy introduced HR 6201, *Student to School Nurse Ratio Improvement Act of 2008*. Its purpose was to amend the Public Health Service Act to authorize the Secretary of Health and Human Services to make grants to eligible states for reducing the student-to-school nurse ratio in public secondary schools, elementary schools, and kindergarten. This bill never became law, nor made it to the first committee hearing, so it was cleared from the books in a previous session of Congress. Plans are underway for reintroduction of this bill and a companion bill to be introduced in the Senate.

Let us not get left out. Why is it important for CSNO to retain a lobbyist? Why do we even need to lobby as an organization? One factor is that virtually every aspect of our lives, every institution, and every activity is affected by government. In America, government responds to the wishes of the people. At times, this may not be apparent, as it seems to take forever. Eventually the actions of our government reflect the wishes of our people. I believe that if we always have the welfare of the children as the focus of our long-range goals, we most often win over the wishes of the people and that the government will eventually respond to those public desires. We already know that school nurses play a vital role in the education and overall development of the school-age child. Let your voice be heard by the public first, and then the government regarding health care needs of our children. Every cause has its advocates. An organization that does not lobby, or does not lobby well, is almost certain to get left out. We must provide the financial resources necessary to continue the momentum we have today. I know we are all tightening our belts in this tough economic climate. Now is not the time for us to stand down on our efforts to advocate for school nurses and our professional organization. Thank you for your donations to the Political Action Committee. The strength of the GRC comes from the Committee's persistent effort, but equally important from your contributions. I appreciate having had the opportunity to be your GRC Chair. Thank you for all that you do.

Promoting School Nursing ~ Dee Apadoca, RN, BA, NA



I have the honor of representing the public health aspect of Credentialed School Nurses in our schools. I attended the second meeting for the Public Health Advisory Commission (PHAC) at Richmond Laboratories in Richmond, California on October 22, 2008. The main focus of the Governor appointed PHAC is to provide expert advice and make recommendations to the Director on the development of policies and programs to prevent illness, promote the public's health, and improve the health and safety of Californians. It identifies strategies to improve public health program effectiveness and identifies emerging public health issues. Public Health and safety in the schools is my specific contribution. The PHAC will be reviewing Healthy California 2020 Initiative and providing input.

I requested Johnson and Johnson consider adding a School Nurse to their videos: Television Recruitment and Nurse Recruitment video. Conrad Person, Johnson & Johnson's Director of International Program and Product Giving, was very cordial and helpful. He forwarded the information to the proper divisions of Johnson & Johnson. In addition, he provided information for those nurses who work with international missions. Their website, Map International, has a link to obtain free Johnson and Johnson Products to be used for international mission programs. There is a shipping and handling charge that usually runs \$35. You can also put the request in writing to Conrad Person, Director, Johnson & Johnson Corporate Contributions at cperson@corus.jnj.com or fax 732-545-0646.

DEE IS PROMOTING
SCHOOL NURSING
IN MANY ARENAS

Preparation for the CSNO Annual Conference in 2010 is underway. Conference Committee Chairs, Faith Ichida, Elaine Shubin and Dee Apadoca, met with Southern Section at their recent Board meeting. Many of the SS Board members are members of the Conference Committee. Faith informed me there are a few positions that remaining that need a Chairperson; therefore, please recommend anyone interested to Faith Ichida. We are gathering a list of outstanding speakers and are collaborating to bring about an excellent conference for all of California's School Nurses.

I will be participating in the Annual Career Fair Conference sponsored by "Comisión," a group of professional Latina Women. *Careers in Nursing* is a major topic at the conference that reaches 500 students. This is one way of promoting careers in nursing to help alleviate the shortage of Registered Nurses.

Today, more than ever, school nurses must stay in close communication with their Superintendents and School Board members. In a time of stringent budget considerations, it is imperative that our school administrators know the role that school nurses have in student achievement. We work for the Department of Education, and their focus, as is ours, is to manage students' health, allowing them to achieve to their maximum ability.

New Professional Products Available ~ Faith Ichida



The Professional Products Committee has considered items for sale this year to help school nurses promote their profession and to serve as gifts for other school nurses, administrators, school board members, and friends. We understand the poor economic state of our country and hope that the prices of these items will agree with your pocketbooks. Remember that the income from our professional products help to fund our CSNO Sacramento Office, staff, and our various activities. New items this year are:

- Container of post it notes
- Two sizes of school nurse note pads
- Clip folder for note taking at meetings and other events
- Initial CD of the Greenbook for Special Education
- Communicable Disease Field Guide for School Nurses
- School Nurse Calendar in a new format---July 2009 to June 2010
- Rolling box cart.

Check out
Professional
Products at the
CSNO
Conference

I would like to thank the Section Professional Products chairpersons for their hard work and cooperation this year. For those not attending the Sacramento Conference, your professional products chairperson will have these new items to share with you after the Conference. Please contact them for products before June 1 so they can get it to you.

Charlene Pierce, Northern
Katy Waugh, Bay Coast
Nan Arnold, Central; (Ana Borba is the Vice-Chair)
Laurie Ytuarte, Southern
Vanessa Forsythe, San Diego/Imperial.

Stepping Into New Shoes ~ NASN Director, Patty Mancuso

As your California Representative to NASN, I attended my first NASN Board of Directors meeting in Washington, DC last week. What a fabulous opportunity. Sixty-plus dedicated school nurses worked tirelessly over the course of the 3-day meeting. On Sunday, we participated in Leadership and Advocacy training, Monday, we met as a complete Board (just a wee bit intimidating as a “newbie”) and on Tuesday, we headed “to the hill” to meet with our legislators. For all our hard work, “Board Night Out” included a candlelight tour of Mt. Vernon and a fabulous dinner provided for us by Novartis at Indigo Landing, a restaurant overlooking the Potomac River.

There is a synergy that comes from being involved with creative, dedicated people on a professional level. As I represent California as your NASN Director for the next 4 years, I expect my involvement will encourage me to grow professionally as well as personally. Even after just one face-to-face meeting with the dedicated professionals that comprise the Board of Directors, I have a deeper understanding of the work that NASN has accomplished and where our professional organization is headed. When Linda Davis-Alldrift was installed as our representative four years ago, the NASN BOD was working toward moving NASN headquarters to Washington, DC. The vision of the board many years ago has allowed NASN to attain the presence we now have in our nation’s capitol.

Through my involvement in CSNO and NASN, I have developed an awareness of the political impact each and every one of us can have on our day-to-day practice, as well as our professional status. While in Washington, DC, each State Director met with their State Senators and Congressmen. Mary Louise Embrey is the NASN Director of Government Affairs. She presented us with Advocacy Training and reviewed NASN’s 2009 Legislative priorities. Those priorities are:

1. Reintroducing the **Student-to-School-Nurse Ratio-Improvement Act** sponsored by Carolyn McCarthy (D-NY Congresswoman)
2. Requesting the **inclusion of specialized instructional support services personnel** throughout language in the reauthorization of the Elementary and Secondary School Act (NCLB)
3. Urging Congress to **consider the practice of school nursing as a cost-effective part of legislative action on health care reform**
4. Urging Congress to **adopt the National Alliance for Nutrition and Activity recommendations for the reauthorization of the Child Nutrition Act.**

I have learned much from Linda and I will strive to continue for the style and dedication she has shown to CSNO and NASN. In her position as State School Nurse Consultant as well as her years of service to CSNO and NASN, Linda has set the bar very high for California School Nurses in delivering the most competent and appropriate health care for students in our districts. Let’s all go out and make a difference!

Please join me in support of Linda Davis-Alldrift running for NASN President Elect. Those of us in California recognize what an asset to NASN Linda would be. We need your votes! **Do not forget to vote** and encourage others to do the same. If you know school nurses in other states, be sure and let them know to vote for Linda! Please look for information at the conference so you may make a small donation to her campaign. Every vote counts and every dollar helps to get Linda elected.

SAVE THE DATE: It is not too early to start making plans to attend NASN annual conference in June. Visit www.nasn.org for details.

Healthy Budget ~ Barbara Ciarlo, CSNO State Treasurer

It is very important to stay connected to the California School Nurses Organization. Your membership keeps you current with the practice of school nursing in these challenging times.

I want to recognize the section treasurers who are doing a fine job managing your dues. This helps your section and state organizations provide quality programs for your professional growth.

Mary J. Larson- Northern Section
Chris Quick- Bay Coast Section
Rosalyn Benson- Southern Section
Nancy Dames- Central Valley Section
Barbett Wood- San Diego/Imperial Section.

As you can see from the attached budget and bank accounts the organization is healthy and meeting its financial obligations.

If you have any questions or comments you can e-mail me at Ciarlo2@comcast.net



THERE IS A
SYNERGY THAT
COMES FROM
BEING INVOLVED
WITH CREATIVE,
DEDICATED PEOPLE
ON A
PROFESSIONAL



| | <u>Jul '08 - Jun 09</u> | <u>Budget</u> | <u>\$ Over Budget</u> | <u>% of Budget</u> |
|---|-------------------------|-------------------|-----------------------|--------------------|
| Ordinary Income/Expense | | | | |
| Income | | | | |
| Accounts Receivables | 3,660.43 | | | |
| 400 · INCOME | | | | |
| 401 · PROFESSIONAL PRODUCTS INCOME | | | | |
| 401-1 · CSNO Conference | 0.00 | 10,000.00 | -10,000.00 | 0.0% |
| 401-2 · NASN Conference | 431.39 | | | |
| 401-3 · Outside Sales | 10,553.42 | 25,000.00 | -14,446.58 | 42.21% |
| 401-4 · Sales of Prof Prod to Sections | 270.00 | 1,000.00 | -730.00 | 27.0% |
| 401-5 · Sales Tax from Sec. Products | 37.63 | 260.00 | -222.37 | 14.47% |
| Total 401 · PROFESSIONAL PRODUCTS INCOME | <u>11,292.44</u> | <u>36,260.00</u> | <u>-24,967.56</u> | <u>31.14%</u> |
| 402 · COMMUNICATIONS INCOME | | | | |
| 402-1 · Website Job Postings | 2,100.00 | 4,000.00 | -1,900.00 | 52.5% |
| 402-2 · Advertising-Bulletin | 780.00 | 500.00 | 280.00 | 156.0% |
| Total 402 · COMMUNICATIONS INCOME | <u>2,880.00</u> | <u>4,500.00</u> | <u>-1,620.00</u> | <u>64.0%</u> |
| 403 · MEMBERSHIP INCOME | | | | |
| 403-1 · NASN Dues to CSNO | 68,194.00 | 115,000.00 | -46,806.00 | 59.3% |
| Total 403 · MEMBERSHIP INCOME | <u>68,194.00</u> | <u>115,000.00</u> | <u>-46,806.00</u> | <u>59.3%</u> |
| 404 · CONFERENCE INCOME | | | | |
| 404-4 · Balance From Previous Year-2008 | 1,500.17 | 600.00 | 900.17 | 250.03% |
| 404 · CONFERENCE INCOME - Other | 0.00 | 100,000.00 | -100,000.00 | 0.0% |
| Total 404 · CONFERENCE INCOME | <u>1,500.17</u> | <u>100,600.00</u> | <u>-99,099.83</u> | <u>1.49%</u> |
| 406 · INTEREST ON SAVINGS | 2,227.21 | 3,000.00 | -772.79 | 74.24% |
| 407 · OTHER INCOME | | | | |
| 407-1 · Mailing Labels | 0.00 | 400.00 | -400.00 | 0.0% |
| 407-11 · Reimb.CostsforAdvocacyFolder | 402.00 | | | |
| 407-2 · Misc Income | 74.25 | 500.00 | -425.75 | 14.85% |
| 407-3 · President's Medallion | 255.67 | 700.00 | -444.33 | 36.52% |
| 407-4 · Leadership Reimbursement | 0.00 | 2,500.00 | -2,500.00 | 0.0% |
| 407-5 · Income reimbursement from Found | 0.00 | 60.00 | -60.00 | 0.0% |
| 407-7 · Donations | 0.00 | 120.00 | -120.00 | 0.0% |
| 407-8 · BRN Reimb. \$20/Section/Yr | 100.00 | 100.00 | 0.00 | 100.0% |
| 407-9 · Accounting Fees \$100/Sect/Yr | 0.00 | 500.00 | -500.00 | 0.0% |
| Total 407 · OTHER INCOME | <u>831.92</u> | <u>4,880.00</u> | <u>-4,048.08</u> | <u>17.05%</u> |
| Total 400 · INCOME | <u>86,925.74</u> | <u>264,240.00</u> | <u>-177,314.26</u> | <u>32.9%</u> |
| 411 · CARRYOVER | 0.00 | 200,000.00 | -200,000.00 | 0.0% |
| Total Income | <u>90,586.17</u> | <u>464,240.00</u> | <u>-373,653.83</u> | <u>19.51%</u> |
| Cost of Goods Sold | | | | |
| 5000 · COST OF GOODS SOLD | 0.00 | | | |
| Total COGS | <u>0.00</u> | | | |
| Gross Profit | <u>90,586.17</u> | <u>464,240.00</u> | <u>-373,653.83</u> | <u>19.51%</u> |
| Expense | | | | |
| 500 · EXPENSES | | | | |
| 513 · MEETING EXPENSE | | | | |
| 513-01 · Spring Board Meeting | 0.00 | 10,000.00 | -10,000.00 | 0.0% |
| 513-02 · Executive Committee Conf Calls | 388.09 | 1,000.00 | -611.91 | 38.81% |
| 513-04 · Leadership | 30,565.11 | 30,000.00 | 565.11 | 101.88% |
| 513-05 · CSNO Exhibit Expenses | 0.00 | 900.00 | -900.00 | 0.0% |
| 513-06 · CSBA | 1,652.19 | 2,000.00 | -347.81 | 82.61% |
| 513-07 · CSPTA | 0.00 | 1,500.00 | -1,500.00 | 0.0% |
| 513-11 · CSEA | 0.00 | 1,500.00 | -1,500.00 | 0.0% |
| 513-12 · ACSA | 0.00 | 3,000.00 | -3,000.00 | 0.0% |
| 513-9 · Meeting Support | 0.00 | 2,000.00 | -2,000.00 | 0.0% |
| Total 513 · MEETING EXPENSE | <u>32,605.39</u> | <u>51,900.00</u> | <u>-19,294.61</u> | <u>62.82%</u> |

514 · MEMBERSHIP EXPENSE

| | | | | |
|---------------------------------------|------------------|------------------|-------------------|---------------|
| 514-1 · Bay Coast Dues | 1,350.00 | 2,900.00 | -1,550.00 | 46.55% |
| 514-2 · Central Valley Dues | 2,210.00 | 3,900.00 | -1,690.00 | 56.67% |
| 514-3 · Northern Section Dues | 2,730.00 | 4,700.00 | -1,970.00 | 58.09% |
| 514-4 · San Diego/Imperial Dues | 1,170.00 | 2,500.00 | -1,330.00 | 46.8% |
| 514-5 · Southern Section Dues | 4,210.00 | 9,100.00 | -4,890.00 | 46.26% |
| 514-7 · Membership Expense | 0.00 | 2,000.00 | -2,000.00 | 0.0% |
| Total 514 · MEMBERSHIP EXPENSE | 11,670.00 | 25,100.00 | -13,430.00 | 46.49% |

515 · NASN CONFERENCE EXPENSE

| | | | | |
|--|-----------------|-----------------|------------------|---------------|
| 515-1 · School Administrator/Year | 652.25 | 1,000.00 | -347.75 | 65.23% |
| 515-2 · School Nurse/Year | 370.00 | 1,000.00 | -630.00 | 37.0% |
| 515-3 · State President | 1,607.10 | 3,000.00 | -1,392.90 | 53.57% |
| 515-4 · Section Presidents | 805.00 | 3,000.00 | -2,195.00 | 26.83% |
| Total 515 · NASN CONFERENCE EXPENSE | 3,434.35 | 8,000.00 | -4,565.65 | 42.93% |

516 · OFFICE OPERATING EXPENSES**517 · COMMUNICATIONS EXPENSE**

| | | | | |
|---|-----------------|------------------|-------------------|---------------|
| 517-1 · Bulletin Production | 0.00 | 5,000.00 | -5,000.00 | 0.0% |
| 517-2 · Web Site and Tech Assistance | 870.00 | 2,000.00 | -1,130.00 | 43.5% |
| 517-3 · Newsletters | 180.00 | 700.00 | -520.00 | 25.71% |
| 517-4 · Public Relations Expense | 5,250.00 | 15,000.00 | -9,750.00 | 35.0% |
| Total 517 · COMMUNICATIONS EXPENSE | 6,300.00 | 22,700.00 | -16,400.00 | 27.75% |

518 · OFFICE EXPENSE

| | | | | |
|---|------------------|------------------|-------------------|---------------|
| 518-01 · CAPITAL WEBWORKS | 90.00 | 180.00 | -90.00 | 50.0% |
| 518-02 · LEG WEB | 600.00 | 750.00 | -150.00 | 80.0% |
| 518-03 · Copier Maintenance | 3,270.54 | 7,000.00 | -3,729.46 | 46.72% |
| 518-04 · CPA and Tax Reports | 1,350.00 | 5,000.00 | -3,650.00 | 27.0% |
| 518-05 · Equipment Maintance | 220.00 | 500.00 | -280.00 | 44.0% |
| 518-06 · Directory Purchase | 0.00 | 200.00 | -200.00 | 0.0% |
| 518-07 · Equipment Purchase | 9,541.25 | 10,000.00 | -458.75 | 95.41% |
| 518-09 · Filing Fees | 0.00 | 220.00 | -220.00 | 0.0% |
| 518-10 · Insurance-Liability | 0.00 | 1,300.00 | -1,300.00 | 0.0% |
| 518-11 · Directors/Officers Insurance | 1,908.00 | 2,000.00 | -92.00 | 95.4% |
| 518-12 · Miscellaneous | 0.00 | 100.00 | -100.00 | 0.0% |
| 518-12. · Moving Expense | 1,783.73 | 2,000.00 | -216.27 | 89.19% |
| 518-13 · General Postage | | | | |
| 518-30 · Postage for Elections etc | 0.00 | 800.00 | -800.00 | 0.0% |
| 518-13 · General Postage - Other | 303.41 | 1,200.00 | -896.59 | 25.28% |
| Total 518-13 · General Postage | 303.41 | 2,000.00 | -1,696.59 | 15.17% |
| 518-14 · Photocopying and Printing | 0.00 | 800.00 | -800.00 | 0.0% |
| 518-15 · Office Rent | | | | |
| 518-15A · Taxes - Unsecured Property | 158.82 | 400.00 | -241.18 | 39.71% |
| 518-15B · Monthly Parking Expense | 1,050.00 | | | |
| 518-15 · Office Rent - Other | 7,964.15 | 26,000.00 | -18,035.85 | 30.63% |
| Total 518-15 · Office Rent | 9,172.97 | 26,400.00 | -17,227.03 | 34.75% |
| 518-16 · Software | 119.99 | 250.00 | -130.01 | 48.0% |
| 518-17 · Supplies | 1,510.73 | 1,000.00 | 510.73 | 151.07% |
| 518-18 · Regular Telephone Bill AT&T | | | | |
| 518-41 · Telephone Bill Regular | 1,253.95 | | | |
| 518-18 · Regular Telephone Bill AT&T - Other | 0.00 | 4,750.00 | -4,750.00 | 0.0% |
| Total 518-18 · Regular Telephone Bill AT&T | 1,253.95 | 4,750.00 | -3,496.05 | 26.4% |
| 518-19 · Golden State Overnight Mail | 0.00 | 0.00 | 0.00 | 0.0% |
| 518-21 · Legal Expenses | 0.00 | 2,500.00 | -2,500.00 | 0.0% |
| 518-22 · Internet Cable | 463.64 | 1,000.00 | -536.36 | 46.36% |
| Total 518 · OFFICE EXPENSE | 31,588.21 | 67,950.00 | -36,361.79 | 46.49% |

| | | | | |
|---|-------------------|-------------------|--------------------|---------------|
| 519 · OFFICE EMPLOYMENT | | | | |
| 519-1 · Office Mgr Salary | 19,120.64 | 31,797.80 | -12,677.16 | 60.13% |
| 519-2 · Executive Dir Salary | 20,452.16 | 39,906.16 | -19,454.00 | 51.25% |
| 519-3 · Employee Benefits | 4,781.19 | 10,000.00 | -5,218.81 | 47.81% |
| 519-4 · Payroll Taxes (FICA,SDI,) | 18,505.33 | 36,000.00 | -17,494.67 | 51.4% |
| 519-5 · Payroll Services | 480.20 | 1,100.00 | -619.80 | 43.66% |
| 519-6 · Workers Compensation | 554.90 | 2,000.00 | -1,445.10 | 27.75% |
| 519-7 · Temp Services | 0.00 | 5,000.00 | -5,000.00 | 0.0% |
| Total 519 · OFFICE EMPLOYMENT | 63,894.42 | 125,803.96 | -61,909.54 | 50.79% |
| Total 516 · OFFICE OPERATING EXPENSES | 101,782.63 | 216,453.96 | -114,671.33 | 47.02% |
| 520 · OTHER EXPENSE | | | | |
| 520-1 · Awards & Gifts | 0.00 | 500.00 | -500.00 | 0.0% |
| 520-2 · Scholarship | 800.00 | 1,600.00 | -800.00 | 50.0% |
| 520-3 · Miscellaneous | 0.00 | 150.00 | -150.00 | 0.0% |
| 520-4 · President's Medallion | 0.00 | 1,200.00 | -1,200.00 | 0.0% |
| 520-7 · Foundation Reimbursable Expense | 0.00 | 60.00 | -60.00 | 0.0% |
| 520-9 · Reimbursements from PAC | 0.00 | 300.00 | -300.00 | 0.0% |
| Total 520 · OTHER EXPENSE | 800.00 | 3,810.00 | -3,010.00 | 21.0% |
| 521 · PROFESSIONAL LITERATURE & DUES | | | | |
| 521-1 · NASN Annual Affiliation Dues | 100.00 | 100.00 | 0.00 | 100.0% |
| 521 · PROFESSIONAL LITERATURE & DUES - Other | 210.00 | 500.00 | -290.00 | 42.0% |
| Total 521 · PROFESSIONAL LITERATURE & DUES | 310.00 | 600.00 | -290.00 | 51.67% |
| 522 · PROFESSIONAL PRODUCTS EXPENSE | | | | |
| 522-01 · Merchant Fees | 509.17 | 1,600.00 | -1,090.83 | 31.82% |
| 522-04 · Printing | 113.28 | 5,000.00 | -4,886.72 | 2.27% |
| 522-05 · Purchases | 2,372.54 | 10,000.00 | -7,627.46 | 23.73% |
| 522-06 · UPS Shipping | 1,350.00 | 3,000.00 | -1,650.00 | 45.0% |
| 522-07 · State Board of Equalization | 969.00 | 3,500.00 | -2,531.00 | 27.69% |
| 522-08 · Reimbursements | 0.00 | 300.00 | -300.00 | 0.0% |
| 522-09 · Office Support at Conference | 0.00 | 1,000.00 | -1,000.00 | 0.0% |
| 522-10 · CSNO Conference Shipping | 0.00 | 500.00 | -500.00 | 0.0% |
| 522-12 · Section Product Development | 220.37 | 4,500.00 | -4,279.63 | 4.9% |
| 522 · PROFESSIONAL PRODUCTS EXPENSE - Other | 0.00 | 500.00 | -500.00 | 0.0% |
| Total 522 · PROFESSIONAL PRODUCTS EXPENSE | 5,534.36 | 29,900.00 | -24,365.64 | 18.51% |
| 523-1 · Fiscal Year 07-08 Expense | 0.00 | 1,200.00 | -1,200.00 | 0.0% |
| 525 · Outside Lobbyist Expense | 15,000.00 | 30,000.00 | -15,000.00 | 50.0% |
| Total 500 · EXPENSES | 171,136.73 | 366,963.96 | -195,827.23 | 46.64% |
| 501 · OFFICER AND COMMITTEE EXPENSE | | | | |
| 502 · AD HOC COMMITTEE EXPENSE | | | | |
| 502 · AD HOC COMMITTEE EXPENSE | 0.00 | 750.00 | -750.00 | 0.0% |
| 503 · PRESIDENT | | | | |
| 503-1 · Travel | 450.19 | 3,000.00 | -2,549.81 | 15.01% |
| 503-2 · Outside Meetings | 0.00 | 1,500.00 | -1,500.00 | 0.0% |
| 503-3 · Out of Pocket Expenses | 348.98 | 500.00 | -151.02 | 69.8% |
| Total 503 · PRESIDENT | 799.17 | 5,000.00 | -4,200.83 | 15.98% |
| 504 · PRESIDENT ELECT | | | | |
| 504-1 · Travel | 0.00 | 1,500.00 | -1,500.00 | 0.0% |
| 504-2 · Outside Meetings | 0.00 | 1,000.00 | -1,000.00 | 0.0% |
| 504-3 · Out of Pocket Expenses | 0.00 | 500.00 | -500.00 | 0.0% |
| Total 504 · PRESIDENT ELECT | 0.00 | 3,000.00 | -3,000.00 | 0.0% |
| 505 · PAST PRESIDENT | | | | |
| 505-2 · Outside Meetings | 0.00 | 500.00 | -500.00 | 0.0% |
| 505-3 · Out of Pocket Expenses | 0.00 | 500.00 | -500.00 | 0.0% |
| Total 505 · PAST PRESIDENT | 0.00 | 1,000.00 | -1,000.00 | 0.0% |

| | | | | |
|--|-------------------|-------------------|--------------------|-----------------|
| 506 · TREASURER | | | | |
| 506-1 · Travel | 454.37 | 1,200.00 | -745.63 | 37.86% |
| 506-3 · Out of Pocket Expenses | 67.44 | | | |
| Total 506 · TREASURER | 521.81 | 1,200.00 | -678.19 | 43.48% |
| 507 · CTA REPRESENTATIVE | | | | |
| 507-1 · Travel | 477.77 | 2,800.00 | -2,322.23 | 17.06% |
| 507-2 · Outside Meetings | 0.00 | 100.00 | -100.00 | 0.0% |
| 507-3 · Out of Pocket Expenses | 45.00 | 100.00 | -55.00 | 45.0% |
| Total 507 · CTA REPRESENTATIVE | 522.77 | 3,000.00 | -2,477.23 | 17.43% |
| 508 · NASN REPRESENTATIVE | | | | |
| 508-1 · Travel | 2,169.31 | 4,600.00 | -2,430.69 | 47.16% |
| 508-2 · Outside Meetings | 0.00 | 800.00 | -800.00 | 0.0% |
| 508-3 · Out of Pocket Expenses | 21.72 | 500.00 | -478.28 | 4.34% |
| Total 508 · NASN REPRESENTATIVE | 2,191.03 | 5,900.00 | -3,708.97 | 37.14% |
| 509 · COMMITTEE CHAIRPERSONS | | | | |
| 509-1 · Communications | 0.00 | 50.00 | -50.00 | 0.0% |
| 509-2 · Education | 0.00 | 50.00 | -50.00 | 0.0% |
| 509-3 · Governmental Relations/PAC | 126.27 | 1,500.00 | -1,373.73 | 8.42% |
| 509-4 · Membership | 0.00 | 200.00 | -200.00 | 0.0% |
| 509-6 · Professional Products | 0.00 | 100.00 | -100.00 | 0.0% |
| 509-7 · Professional Standards | 718.38 | 2,000.00 | -1,281.62 | 35.92% |
| 509-8 · Public Relations | 0.00 | 300.00 | -300.00 | 0.0% |
| 509-9 · Publications | 0.00 | 50.00 | -50.00 | 0.0% |
| Total 509 · COMMITTEE CHAIRPERSONS | 844.65 | 4,250.00 | -3,405.35 | 19.87% |
| 510 · SPECIALTY PRACTICE COMMITTEE | | | | |
| 510-1 · Adolescent Health | 0.00 | 100.00 | -100.00 | 0.0% |
| 510-2 · Early Childhood | 0.00 | 100.00 | -100.00 | 0.0% |
| 510-3 · Special Education | 0.00 | 100.00 | -100.00 | 0.0% |
| 510-4 · SHPM | 0.00 | 100.00 | -100.00 | 0.0% |
| Total 510 · SPECIALTY PRACTICE COMMITTEE | 0.00 | 400.00 | -400.00 | 0.0% |
| 511 · SARB ATTENDANCE | 150.61 | 150.00 | 0.61 | 100.41% |
| 512 · EXECUTIVE DIRECTOR EXPENSE | | | | |
| 512-1 · Outside Meetings | 1,121.80 | 2,000.00 | -878.20 | 56.09% |
| 512-2 · Out of Pocket Expenses | 143.04 | 1,000.00 | -856.96 | 14.3% |
| 512-3 · Travel | 317.00 | | | |
| Total 512 · EXECUTIVE DIRECTOR EXPENSE | 1,581.84 | 3,000.00 | -1,418.16 | 52.73% |
| Total 501 · OFFICER AND COMMITTEE EXPENSE | 6,611.88 | 27,650.00 | -21,038.12 | 23.91% |
| Total Expense | 177,748.61 | 394,613.96 | -216,865.35 | 45.04% |
| Net Ordinary Income | -87,162.44 | 69,626.04 | -156,788.48 | -125.19% |
| Net Income | -87,162.44 | 69,626.04 | -156,788.48 | -125.19% |

| | |
|---------------------------------------|-------------------|
| 1102-5 · Wamu Investment Acct. | 40,000.00 |
| 1102-4 · Wamu Investment | 20,000.00 |
| 100 · CHECKING-WASHINGTON MUTUAL | 4,627.81 |
| 101 · MERCHANT-WELLS FARGO | 17,367.44 |
| 103 · SAVINGS-BANK OF AMERICA | 88,316.28 |
| 1102-2 · WAMU MoneyMarket | 62,753.19 |
| 1102-6 · Wells Fargo Savings | 25,100.07 |
| 1102-7 · Wells Fargo Money Market | 15,000.00 |
| 104 · CD SCHOLARSHIP FUND-WELLS FARGO | 29,248.49 |
| | 302,413.28 |

Supporting School Nursing ~ Jeanne Salvadori San Diego/Imperial Section President



San Diego/Imperial Section has been active in support of school nursing and school nursing excellence. We continue to remain focused on our goals of increasing membership, use of technology and enhancing our public relations efforts, in addition to offering quality continuing education programs. As mentioned in the fall newsletter, we started out the school year with the NASN HANDS workshop. This was made possible by Our Past President Luisa Monson in obtaining a grant. Our President Elect, Kathy Ryan, is working hard to offer us programs in support of nursing excellence. In November, we had Michael Welch M.D. as a speaker, a board-certified specialist in allergy and immunology and co-director of the Allergy and Asthma Medical Group and Research Center in San Diego. He gave an update on the new MDI asthma medications and the 2008 Guidelines for the Diagnosis and Management of Asthma. In January, we had our own Juliet de la Paz, with assistance from Kathy Ryan, give a powerful program on promoting and supporting the role of the school nurse and advocacy. (Last school year Juliet gave an excellent presentation to the San Diego Unified School board when massive layoffs of school nurses was being considered and she was the subject of a local TV news item).

WE CONTINUE TO
REMAIN FOCUSED
ON OUR GOALS

In regards to our efforts to increase and promote the use of technology, Kathy Ryan used Survey Monkey to do a needs survey of the SD/I membership and is using that data in planning our programs for the year. In addition, our board voted last year to do as much of our communication electronically as possible. With that in mind, Kathy has started using Evite as one of the communication tools. Rosemary Jaworski was instrumental in getting San Diego County's recent School Nurse Orientation and Review (SNOR) class flash drives, which were then loaded with resources. Her topic, "School Nursing-Beyond Band Aids," had a large focus on the use of technology in school nursing practice. Gail McLaurin, our publications chair, produced our first e-mail only newsletter (except for our very few members without e-mail or means of electronic communication, who received it by snail mail). Our next challenge is to make sure we keep email contacts current.

Our membership efforts have included:

- CSNO hosted lunches for new school nurses in San Diego Unified
- SNOR classes (the first in San Diego in many years)
- Presentation for the students in the credentialing class at San Diego State University
- Hosting a table at the annual AAP School Health Conference
- Inviting first time attendees to our general meetings free of cost
- An all out effort by our membership chairs Eileen Griffiths and Ann Sutherland and others to point out the value of CSNO/NASN membership, both individually and collectively.

These were also opportunities to make school nursing visible. We hosted tables and/or presented at health fairs and community events. Jennifer Gorman and I are meeting quarterly with Dr. Wilma Wooten, Health Officer for San Diego County and others from the San Diego County HHSA to increase cooperation and communication. In addition, I have been invited to be a part of the San Diego Children's Initiative Attendance Project, which is a grant-funded effort to study student absenteeism in depth and to improve attendance. There were also more personal and less formal ways to be a part of our community. Again this December, we participated in the Adopt-a-Family Holiday Program conducted yearly by one of our local healthcare centers.

As we face a gruesome state financial situation, I think that it is more important than ever that people are aware of the impact we have on the lives of our students, their families and in our schools. We are the health link and need to be both visible and vocal. We need to use our interactions with students as a way to promote school nursing. We can communicate the impact of health conditions on education to teachers, communicate with community agencies when helping families access services and much more. We have challenges ahead, but with a renewed focus on America's healthcare crisis, I believe we also have an opportunity as perhaps never before. At the same time, we need to focus on ourselves so that we are not overwhelmed by the avalanche of expectations and information. We must remember what is important in life- to love, to laugh and to find joy in each day. I thank CSNO and the CSNO SD/I board for the opportunity to serve.

You are cordially invited ~ Kay Lehr, PHN, MBA, MSN (C)

For all school nurses who work with preschool children and for those whose who believe in quality early intervention, you are cordially invited to the CSNO Conference Early Caucus meeting on Saturday, March 7, at 8:30 am to 10:00 am. The Conference will feature a representative from Preschool California, a nonprofit advocacy organization working to increase access for high quality preschool for all California's children. The ninety minutes will begin with exciting information about the latest preschool accomplishments in California and at the Federal level. Next, we will dialogue about how CSNO members can collaborate with pre-school organizations to advance the preschool quality including quality health services. Lastly, we will have the opportunity to select from various actions steps, what we would like to do individually or as a group to advance preschool in California. We do hope to see you!

Reviewing & Revising Publications ~ Daryl Canham, EdD, RN, BC, Publications Chair

The Publications committee had a productive year reviewing and are beginning the revision process of several CSNO publications. At CSNO Leadership in Los Angeles (November 2008), the committee reviewed four publications for possible revision and dispersed three videos for review. Two brochures have been submitted for revision: *What Can School Nurses Provide* and *Working with Schools, Families, etc.* The committee members continue to work on the *Legal Guidelines for School Nurses in California* (thank you to Lynn Sommer for coordinating this effort). We are hopeful the review process for the Central Valley Project, *Every Form you Ever Wanted for School Nursing* will be completed in time to have it ready for the 2009 State Conference. The committee continues to work closely with Professional Products and the CSNO office regarding needed publications and publication updates.

The Publications committee members also want to encourage CSNO members to read and use the *Journal of School Nursing* (the official journal of the National Association of School Nurses). The Feature articles, Research articles, and the Research to Reality section all provide an evidence base for school nursing practice.

If you have any recommendations for CSNO publications, please contact your Section Publications Chair. The chairs and their contact emails are listed below:

Publication Chairs (2008-2009) and contact emails:

Daryl Canham, CSNO Chair, canham@son.sjsu.edu
 Bay Coast: Joyce Schornick, Joyce_Schornick@sjusd.org
 Central Valley: Kathy Johnston, kjohnsto@tcoe.org
 Northern: Vicki Elston, vickirn@sbcglobal.net
 San Diego/Imperial: Jessie Wallace, jesslw54@yahoo.com or jwallace@sandi.net
 Southern: Lynn Sommer, jlsommer@sbcglobal.net

I want to thank the section publication chairs for their hard work and dedication.

Charlotte Who? ~ Dawn Warrington, M.S., R.N., Communications Chairperson

CharlottesWeb. That is who or should I say what. CharlottesWeb is the very valued moderated listserv for CSNO members only. It is an arena for you to post questions to fellow school nurses about policy, resources, solutions to complex cases, etc. It is many things to many people. It is very valuable to nurses in districts where they are the only nurse and do not have nurses in their district to share resources.

Not a member? Send an e-mail with your name, school district, section, and member number, to charlottesweb@csno.org with "subscribe" in the subject heading. The moderator will confirm your membership and request confirmation that you have read and understand the CharlottesWeb Guidelines. After your response is received, you will be notified that you have been added to the CharlottesWeb e-mail.

Once you are a member, you will begin receiving postings. Feel free to send your questions or share your resources. When you reply to a posting, be sure to send it to the person posting the question and not to CharlottesWeb. Don't forget to post a summary of the responses you receive when you ask for information.

Website Innovations ~ Irene Mendes, MEd RN, PHN, Technology Chairperson

CSNO is "going green" as we move toward conservation of energy, as well as printing costs. Those who registered for Conference were to download and print handouts, PowerPoint presentations, etc. before you came to Conference. Participants will need to log in to access the information online.

We will also be moving toward updating the appearance and accessibility of resources available on the website. If you have suggestions regarding any items that are there or need to be there, please let me know. The "member only" pages will be a part of the new look.

Please check in to the Calendar of Events page regularly to access meetings and workshops that might be of interest to you.

My contact information: Irene Mendes, 11265 Evergreen Lane, Hanford, CA 93230 – Phone (H) 559-582-5993, (W) 559-992-8880 x 6232, (Cell) 559-707-2189, (Fax) 559-584-2724, e-mail i.mendes@comcast.net or imendes@kings.k12.ca.us



THE PUBLICATIONS
COMMITTEE HAD A
PRODUCTIVE YEAR



Looking Forward ~ Public Relations Chair, Jeanette Tupper Shearer, BS, PHN, RN



Since I am new to the CSNO board, I wanted to tell you a little about myself. I am a graduate from Loma Linda University School of Nursing and have been an RN for 9 years. I started graduate school last year at Azusa Pacific University and I am currently working on my MSN and FNP. I started working as school nurse in 2006. In 2007, the Riverside Press Enterprise Newspaper honored me with the "Caring Nurse Spirit Award" for my accomplishments in school nursing. Out of nearly 300 nurses nominated, only 3 of them were school nurses. Twenty-four finalists were awarded, and I was the only school nurse finalist. I received my award for "Excellence in Patient Advocacy". In 2008, I obtained a mini grant for \$10,000 for a non-profit organization that assists children without medical insurance in the school district where I was working at the time.

This past year I wrote letters to Governor Arnold Schwarzenegger and our State Superintendent; Jack O'Connell asking for our yearly proclamations. In addition to asking for our proclamations, I have also asked them to continue to support all of our credentialed school nurses, in making a difference in our children's lives, as they are the future of California!

I am working on putting together a Video/DVD about "The Day in the Life of a Credentialed School Nurse" for our California School Nurses Organization. I am collecting all and any video clipping/tapes for this project. For those who would like to contribute. Please send all footage to CSNO, Attention: Jeanette Tupper Shearer. I believe the children of California are very fortunate to have such outstanding credentialed school nurses, who exemplify a loving and caring nature, and are always willing to go beyond on a daily basis. We make sure children receive their insulin, get to the ER, have food on the table and help them feel safe.

It has certainly been an interesting year as we have all faced the horrendous budget cuts! After my position was cut from my district in March 2008, I was able to obtain a position as a college health nurse. My complete goal and focus, since entering school nursing, is to one day have a credentialed school nurse present in every California school. Long before I entered college health, I also realized that aside from having a credentialed school nurse present in every California school, it is also imperative that one day every credentialed school nurse has a school-based clinic from which to work. Luckily, school-based clinics are on the rise and several school districts across our state are very fortunate to one in place. As we all know, children are continuing to enter our school system with more serious medical conditions than ever before, including mental health. So many of you go to work on a daily basis fighting a "battle" that just never seems to end! We not only make a difference in a child's life, but the family's as well! It is important that we continue to hold together and move forward as the confident credentialed school nurses we have always been and shall continue to be! I encourage you to look forward with hope as we move on in hard times in a positive direction.

SEND ME VIDEO
CLIPPINGS/TAPES
FOR PUBLIC
RELATIONS VIDEO

Adolescent Caucus ~ Lisa Ehrlichman RN, BSN, M.Ed., Adolescent Chair



We believe that adolescents are the most exciting school population to work with-also the most challenging. Their issues are complex and require us to use numerous resources. The Adolescent Health Chairs invite you to be a part of the Adolescent Health Caucus at this year's CSNO Annual Convention in Sacramento. We will be sharing resources and tools for you to use in your own practice. Topics for the resources include: mental health, substance abuse, sex, STD, sexuality, pregnancy, tattoos, piercings, body art, self-harm, cutting and eating disorders. We want you to leave with lots of useful tools for your toolbox. We hope you'll stop by to collaborate with colleagues and gather some wonderful resources to take home with you.

Lisa Ehrlichman RN, BSN, M.Ed.
CSNO State Chair for Adolescent Health
Southern: Teresa Guest
Central Valley: Kathy Dunbar

Northern: Sue Horn and Susan Hawkins
Bay Coast: Pat Christie

NASN Improving Membership Renewal Process ~ Cathy Bray, MEd, RN, Membership

There has been much discussion over the past few years about how NASN handles membership. They have been discussing a change in how the membership renewal packets are sent to members and new software that would make it easier for tracking and changes to be made to contact information by our office. NASN has begun the first phase of using the new IMpak membership software system on October 13th! I am pleased to announce that new membership cards and membership renewal packets are now being mailed directly from the Silver Spring office. In the past, the membership cards and renewal information were mailed from a print shop in Colorado, and there was typically a 2 - 3 week delay between joining and receiving the member card.

I attended both the court ruling on insulin administration at school and the Board of Registered Nurses meeting in November. I think that we, as school nurses and nurses in general, are seeing our practice rapidly change. Membership in our professional organizations helps us to implement and adapt to these changes in a timely manner as well as giving us collegial support and a vehicle for making thoughtful changes. Thank you for your continued support and active participation in our organization.

CTA Working Hard for You ~ Ann Williams,

The California Teachers Association (CTA) represents 340,000 educators in the state of California. This includes teachers, community college instructors, counselors, psychologists, librarians, school nurses, education support professionals, and active retired educators. They have been very active for you in the past year. They helped rescind over 3,000 pink slips by September 2008. Ten million Californians joined with CTA in a statewide coalition to pressure the Legislature and Governor for affordable healthcare for all.

The \$ 3.5 billion in cuts that was made last year has led to larger class sizes, more than 10,000 teachers and other education support staff were laid off. More music, and career technical education programs were eliminated. Some schools have even shut down their libraries. CTA opposes any changes to the state's successful Class Size Reduction program.

The governor has proposed a \$ 4.3 billion cut in school funding in 2009-09. The governor's proposal to cut an additional \$10.8 billion over the next 18 months is an irresponsible assault on California's students and schools. Education Week's recently released Quality Counts report shows California has dropped from 46th to 47th in per-pupil funding! We lag behind the national average by \$2,400.

The governor's proposal to cut the school year by five days will undermine student learning and it will hurt students in poorer communities most by eliminating all funding designed to help lower-performing schools. If the state reduces "our" yearly calendar, then the whole retirement year is safe. BUT, if your local chapter (in an effort to assist in cutting the local budget) agrees to a furlough or cutting some days from the calendar, this will affect your retirement.

CTA has proposed an initiative to raise sales tax by 1%. This initiative would implement a one-cent sales tax to provide new, ongoing funding for public schools and colleges that cannot be cut, delayed or diverted by the governor or the Legislature. The initiative was filed in December 2008 in order to qualify for the ballot. According to David Sanchez, CTA president, "The Public School Investment and Accountability Act would ensure that taxpayer money is directed toward student learning and is focused in the classroom. California has now slipped to 47th in the country in per-pupil funding, and we will fall further behind under the governor's latest state budget proposal to cut \$10.8 billion from public education. The future of an entire generation of students is at stake and we can't fail them. If the governor and Legislature won't take action, we must."

SARB Handbook Being Revised ~ Ruth Person, SARB Liaison

As the liaison to State SARB, I have attended the three quarterly meetings held so far in 2008, with the most recent meeting occurring August 14 in Sacramento. An interesting presentation by AdvancePath Academics officials on strategies for dropout prevention was made at the meeting on the 14th. This program operates currently in several California school districts, including Sacramento and Gilroy, serving students at risk of dropping out, and re-enrolling those who already have. Two main areas of focus for State SARB this year this year, however, have been revising the State SARB Handbook and planning for the second annual Model School Attendance Review Board (SARB) Recognition Program.

The newly revised Handbook will include current advances in collecting student-level data regarding more accurate dropout information and graduation rates, which were not available in the last Handbook of 2002. The revision will assist county and local SARB members in developing comprehensive, results-based school attendance programs to reduce the number of dropouts in California public schools, and will reflect best practices for truancy reduction and dropout prevention that have been developed in the last six years. A particular emphasis on prevention will be at the start of Chapter 1. **I have asked that school nurses be included in the Handbook's list of support personnel who assist in prevention efforts that help students achieve school success.** I have also submitted a brief statement on asthma, with its effect on school attendance, and the school nurse's role in developing Individualized School Health Care Plans for students with asthma.

Four Handbook committee work sessions outside of regular State SARB meetings have been held in Rancho Cucamonga; I was able to attend the third one on July 8. Ed Code Section 48431 requires the State Superintendent of Public Education to prepare and disseminate to school districts and county superintendents information regarding effective practices for improving school attendance. The Handbook addresses this requirement.

The first awards for Model SARBS were given out in April 2008, at the 2008 State Conference of the California Association of Supervisors of Child Welfare and Attendance in Long Beach. The purpose of the awards is to recognize model programs and to assist to other SARBS around the state that are seeking to improve their programs. Application forms for recognition of model SARBS are available on the CDE Web Site at: www.cde.ca.gov/ls/ai/sb/index.asp.

If you would like more information about State SARB, you may contact me at rwperson@comcast.net.



THE GOVERNOR'S
PROPOSAL TO CUT
THE SCHOOL YEAR
BY FIVE DAYS WILL
UNDERMINE
STUDENT
LEARNING

Evidenced Based Practice ~ Linda Crawford



How much time do you spend thinking about why you practice school nursing the way you do? What evidence do you follow when developing protocols or practice? Do you do things because “we have always done it that way?” Have you heard the term Evidence Based Practice? Wonder what it means? Think it means research? Research is only one piece. Evidence Based Practice (EBP) is based on much more than research. Research based evidence from multiple studies, such as systematic reviews or meta-analysis that review the results of multiple similar studies of medical or nursing questions, gives us current study information using rigorous methods. In many cases however, sufficient research has not been conducted on school nursing issues and Expert Opinion is important for gathering evidence. Malloch and Porter-O’Grady (2006) state sources of expert opinion may include “professional web sites, conference proceedings, or peer reviewed journals (p.34).” CSNO and NASN are lucky to have many experts in the field and many publications with expert opinion available.

A third area contributing to EBP is that of Patient Values and Preferences. Nurses have historically looked at healthcare holistically and the inclusion of patient values and preferences humanizes EBP. When research and expert opinion are evaluated within the context of the patient’s values and preferences, one must look at costs, outcomes, benefits, and complications. This may not be practical in all instances.

So, why should we care about EBP? Many of us are doing things the way we have always done them or when faced with a new challenge, consult with a colleague for the answer. Recently, I had a colleague call me regarding head lice treatment. I had taught her treatment many years ago and her parent letter was being questioned. She told me “but it is what you taught me and you are the expert.” EBP for head lice has changed and it wasn’t current.

Another example of new EBP is tracheostomy suctioning. How many of you still instill saline before suctioning? Did you know that is no longer current treatment? Research has shown that saline and mucus do not mix (try it some time) and all you do is irritate the patient and do not dilute the secretions.

The special education chairs from each section, along with a few volunteers, are working with me to complete EBP guidelines on hearing and vision screening for the difficult to screen child. You have been hearing about this for almost a year now and we hope to have them done by the time this goes to print. They are coming along well. Watch for the guidelines and training to follow. When completed, we will be moving on to a new project. Feel free to email me with your ideas. Lcrawford@ocde.us

EVIDENCE BASED
PRACTICE IS BASED
ON MUCH MORE
THAN RESEARCH

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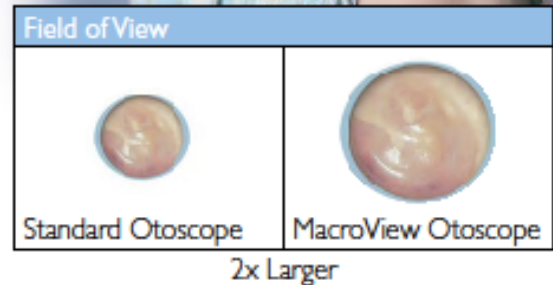


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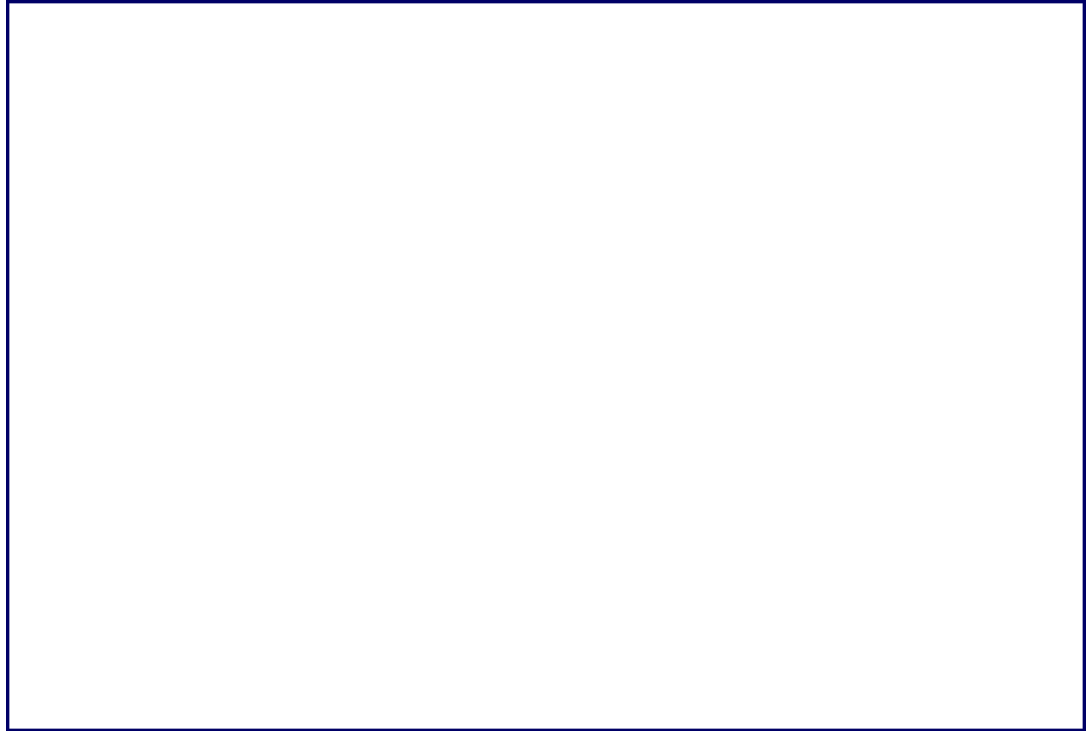
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| <i>March</i> | | <i>May</i> | |
|---------------------|--|--------------------|--|
| March 11 | SD/I BOD Meeting | May 29 | CSNO Finance Committee Meeting |
| March 14 | SD/I General Meeting | | |
| March 21 | Central Valley BOD | May 30-31 | CSNO State Board Meeting |
| March 21 | Southern Section Spring Conference | | |
| <i>April</i> | | <i>June</i> | |
| April 25 | Bay Coast Spring Conference | June 24 | NASN Leadership |
| April 25 | Northern Section Spring Conference | June 24-28 | NASN Annual Conference, Boston, MA |
| April 25 | Northern Section BOD Meeting | | |
| April 25 | CSNO Executive Committee Conference Call | July 27-30 | International School Nursing Conference, Long Branch, NJ |
| April 30-May 3 | CA State PTA Convention | | |