

**FREE**

# SHELTON *Life*

COMMUNITY & BUSINESS NEWS

SEPTEMBER 2010  
VOLUME 17, ISSUE 3



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Perry Hill School  
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## Editorial



In this issue, our editorial team had decided to give you a wide variety of articles for your reading pleasure. We are receiving more and more inquiries about placing stories in Shelton Life and look forward to any community interest stories you have. We welcome your comments about what interests you and what you would like to see covered in future issues. Refer to the contact information listed below.

*Fred Ruggio*  
Editor

### Shelton Life Community & Business News

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## A Greeting from the Mayor



Dear Shelton Residents and Businesses:

No doubt the troubled U.S. economy is reason to question its impact on Shelton's Downtown development. The thought has crossed my mind that many of you may be wondering how this continuing poor economy has affected our downtown development progress.

As you know, our goal has been to create the development infrastructure and attract private investment to accomplish the desired results. To say that our private investment partners are not affected by this economy is to ignore the obvious.

However, we believe that the continued pursuit of federal, state and regional cleanup funding is still a viable option although it is intensive, complicated, detailed and competitive. We are seeing measurable progress and have reason to believe that private funding interest will still be there when all is ready.

More specifically, the Phase 3 area of Canal and Wooster Street remains viable. The City has received grants from the US EPA and the Valley Council of Governments which will continue our significant efforts to remediate several impacted sites. We also continue to pursue state and federal programs to complete the entire project, including railroad crossing work that is required by the State Traffic Commission. The riverwalk extension program, as reported in the last edition of Shelton Life, is expected to move to the final design stage later this year with construction anticipated for 2012.

Overall, coordination of the planning process continues to be on target thanks in large part to our many volunteers and stakeholders who make Shelton a balanced community poised for continuing success.

Sincerely,

Mark Lauretti  
Mayor, City of Shelton



**The Balanced Plan for Shelton's Future**  
*Vision to See, Faith to Believe, Courage to Do...*

© Michael Connelly, "The Closers"

## Stanley's Market A Hill Street Success



Stanley's Market



"Stanley's Market," now one-bedroom rental units

Stanley's Market, at the corner of Hill Street and Division Avenue, not far from Shelton's City Hall, served Valley customers for half a century. People came from all parts of Shelton and surrounding communities to buy meat and groceries. Local residents enjoyed home deliveries and revolving credit. Stanley Jankauskas and his extended family lived in the two apartments above the store. As time went by, supermarkets drew away business, and health became an issue for the family. Eventually, there was no choice but to close the landmark store. Stanley's daughter, Gail, reopened the market for a short time, but her untimely death brought final closure for the business. Today's business conditions have made neighborhood markets a thing of the past. Stanley's family was unable to apply the financial resources needed to maintain the building; it soon became a neighborhood eyesore and a target of vandals.

Local builder-developer Pam-John, LLC, headed by Sal Matto, saw the opportunity to convert the property into one-bedroom rental units similar to those they own and manage at other locations. Shelton's Planning and Zoning Commission and Zoning Board of Appeals carefully reviewed Pam-John's plans and

*This project is a "win" for the neighborhood, for the developer, and for Shelton's taxpayers.*

addressed the concerns of neighbors before granting variances required to allow the six units needed to make the project profitable.

Complete exterior renovations and a complete rebuilding of the interior were necessary to create a safe, modern, clean environment for renters and an attractive addition to the downtown neighborhood.

The new owner worked closely with Planning and Zoning staff and with building officials to make certain that renovations met or exceeded building standards and neighborhood requirements. The owner "went the extra mile" by adding attractive porches, entrances and exterior stair treatments that go far beyond requirements.

This project is a "win" for the neighborhood, for the developer, and for Shelton's taxpayers.

A neighborhood eyesore has been changed into an attractive, tax-generating home for people in need of one-bedroom housing. Shelton's zoning officials demonstrated the flexibility necessary to address modification of a "difficult" pre-existing structure without placing roadblocks in the way of revitalization. The developer accepted a fair degree of risk and will hopefully enjoy financial success. ♦



### Unwelcome guests invade our space Dealing with aquatic invasive species

By Amy Johnson, Housatonic Valley Association Intern

*To put it simply, invasive species are unwelcome guests who overstay their welcome. Since they don't have any natural predators they are able to multiply rapidly and – in many cases – uncontrollably. They outcompete local (native) species, interrupt natural nutrient cycling, and disturb the balance of food chain interactions, all of which have detrimental consequences to the ecosystem's health. It's up to us to keep the invaders in check!*



Phragmites australis by Andreas Trepte

#### PhragmitesAustralis

- A strain of native phragmites has existed in this region for the past 3,000 years, but this non-native strain has quickly invaded in recent years.
- This plant thrives in brackish tidal water.
- It forms widespread, tall dense colonies, or "walls," with thick root systems, easily outcompeting native plants for light, water and nutrients and barricading animals and large birds – a devastating form of habitat loss.
- At this point, phragmites is extremely abundant and is virtually indistinguishable from native plants to the untrained eye. We are working to limit the spread by restoring saltwater tidal flows, herbicide application and mowing.

#### Green Crab/Asian Shore Crab

- Despite its name, the green crab ranges from green to orange to red. It has five evenly spaced

spines, like triangular teeth, on either side of its shell and is typically 2.5 to 3.5 inches in length.



Green Crab by Hans Hillewaert

- The Asian Shore Crab can be green, purple, orange-brown or red and has a square-shaped shell with three spines on either side. It is approximately 1.5 to 1.65 inches long.



Asian Shore Crab courtesy of USGS

- Both crabs can withstand a wide range of water temperature and salinity, making them superior invaders.
- Both feed on wide varieties of bivalves (oyster, clam, scallop

or mussel), lobster, worms, and other crabs, affecting the shellfish industry and throwing the entire food web off-balance.

#### Invasives are difficult to control

Once invasives are established they are very difficult and expensive to control. Our most effective control is to prevent them from traveling in the first place. This is our best defense against species that haven't established themselves in our part of the river yet. Keep an eye out for the following, and call HVA and your town hall if you see any of the following:



Purple Loosestrife by H. Zell

#### Purple Loosestrife

- Initially introduced to North America for its garden beauty and its medicinal purposes, this plant flowers from June to September, producing lots of seeds. A single mature plant can produce two to three million seeds a year, spreading rapidly and adapting to a wide variety of wetland ecosystems.

## COMMUNITY NEWS

- It chokes out native grasses, sedges and flowering plants and eliminates habitat for wildlife.



Didymo courtesy of Michigan

### Didymo (rock snot)

- This algae that appear as slimy, brown masses or long, shredded strands. Since the late 1980s, invasive blooms of Didymo have shown up all over the world.
- It attaches new stalks to rocks and plants at an exponential rate. Since individuals are microscopic, Didymo can spread to a new waterway through even a single drop of water.
- It clogs pipes and water intakes, which is bad for water suppliers and hydropower facilities. It's visually unattractive (its common name is rock snot, after all). Most important, it forms thick mats that cover the streambed displacing many other species of algae, plants and animals, and making fishing, swimming or paddling undesirable.

### Eurasian milfoil

- First found in Connecticut in 1979, this plant is now one of the most serious invasive threats in the nation.
- Like all milfoil species, the Eurasian milfoil has whirly, feather-like leaves. It looks different from natives – it has 12

or more pairs of leaflets per leaf and thinner stems that are quite flexible, and its mature leaves usually have four whorls around the stem. It is easily broken apart and spread by boat propellers.



Eurasian milfoil by Alison Fox

- It forms dense leaf canopies that crowd out natives and destroy aquatic habitat by decreasing oxygen and increasing water temperature.



Zebra mussel courtesy of USGS

### Zebra mussels

- This extreme invader was accidentally introduced via ballast water into the Great Lakes in the late 1980s. Since then it has spread quickly throughout the northern part of the country, including the upper Housatonic River and watershed. Though typically found in freshwater, it can establish itself in slightly brackish water.
- Unlike native mussels, this one attaches to anything solid – from shopping carts to other

animals – using strong adhesives known as byssal threads. They wreak havoc on infrastructure like intake pipes and kill off native species by eating all the food.

They reproduce at an astonishing rate: a single zebra mussel can lay one million eggs per year. Their vast, ever-increasing number makes it easy for them to outcompete native freshwater mussels.

- Inspect and thoroughly clean your boat, boating and fishing equipment, water-skis and boots – even your bathing suit, clothing, and shoes. Then let everything dry for at least 48 hours before using in a different water body.
- Give your pets a quick bath before leaving a waterbody area, too – invasives can attach to their coat just like tick and fleas can!
- Drain water from all compartments of your boat (including motor, motor cooling system, live wells, ballast tanks, bladders, bilges, and lower outboard units) before leaving.
- If you find what might be an invasive after you leave, do NOT dump it down the drain. Instead, soak it in hot water or a diluted solution of bleach, salt, an antiseptic cleaner, or dishwashing soap. Let dry and dispose of in a waste receptacle.

### Help prevent the spread of these deadly invaders!

- Avoid boating in dense beds of aquatic vegetation, which is where invasives like to hide.
- Even though they're popular, felt-soled fishing boots are a major source for the spread of invasives. Once they latch on,

*continued on page 23*

### Brownson Country Club Celebrates Its 50th Anniversary

Brownson Country Club located at 15 Soundview Avenue, Shelton is celebrating its 50th anniversary this year and held an open house that marks another milestone in the history of Huntington Center. The club opened in the spring of 1960 on 42 acres of land, gifted for one dollar by Harry and Gertrude Brownson, who wanted to preserve it from development. The Brownsons were farmers and grew flowers for Bridgeport florists. The land might otherwise have had scores of homes built on it, or perhaps a school, which was an idea that city officials considered at the time. Last November, Beechwood Supermarket, another Huntington landmark celebrated its 50th anniversary. Together these two establishments have seen a lot of change.

Brownson Country Club claims one of the area's most challenging 18-hole championship golf courses with a pool complex and a spacious clubhouse with multiple dining, bar, banquet or meeting venues.

The club's pool is olympic-sized featuring swimming and diving areas, a kiddies pool, cabana and a full-service snack-bar. Fully staffed with qualified, Red Cross licensed life guards on duty at all times, children swimming lessons can be arranged throughout the summer. The boys and girls swim teams travel and compete throughout the state. The pool is the perfect location for a relaxing summer day, a kids pool party, a refreshing after-round dip, a summertime barbeque or an outdoor evening cocktail and moonlit dinner party under the stars.

Known throughout Fairfield and New Haven counties as family-friendly club, Brownson pays special attention to the development of a social for the entire family. From dinner dances to summer BBQs at the pool, from Special Cuisine Nights to Breakfast with the Easter Bunny and Santa Claus party to the Gala New Year's Eve Party, Brownson is a "special" place to be. A true treasure to our Shelton! ♦



Harry and Gertrude Brownson

Brownson Country Club today



Harry and Gertrude Brownson (right) with friends in the 1950's



## The Paugussett: Shelton's Historic Trail

### Follow the Blue Dot

Shelton  
Going Green

The Paugussett Trail, known locally as the "Blue Dot" Trail for the blue markings painted on trees, has quietly traversed some of Shelton's most remote and rugged areas for roughly 75 years. Like many other official "Blue-Blazed" trails in Connecticut, the Paugussett was constructed during the Great Depression by workers with the Civilian Conservation Corps (CCC) to provide relief for the unemployed.

Connecticut now has about 825 miles of such CT Blue-Blazed Trails, but they tend to be located in less-developed areas. These state trails are designated, maintained, and mapped by CFPA (Connecticut Forest and Parks Association), the oldest non-profit conservation organization in the state. Other trails in the system include the Quinnipiac Trail, which runs through Sleeping Giant State Park in Hamden, and the Metacomet and Mattabassett trails along Connecticut's trap rock ridges. The Paugussett is one of only a few such official trails in Fairfield County.

For close to 50 years, residents could hike the Paugussett from Lake Zoar in Monroe to Roosevelt Forest in Stratford. But the trail existed on private property with only a hand-shake agreement from the property owners, and when developments such as Aspetuck Village blocked the trail, it was abandoned south of Indian Well State Park.

Almost immediately, members of Shelton's Conservation Commission and Open Space

Committee began making plans to restore the trail and to safe-guard the sections that remained.

A proposed route for the restoration was drawn up and included in the Open Space Plan of 1993.

Private property along the route was purchased when available, including several large tracts

of water company land. By 2006, a continuous belt of open space had been acquired from Indian Well State Park to Buddington Road, and the City began working with CFPA and Indian Well State Park staff to restore about four miles of trail.

The Shelton Trails Committee has cleared most of this route and blazed it blue, except in the Mayflower Lane vicinity due to neighborhood opposition. When that routing issue is resolved, the Paugussett Trail will connect Indian Well and Webb Mountain Park with the trail network at Shelton Lakes. At this time, hikers at Shelton Lakes can follow the new blue blazes for nearly three miles from John Dominick Drive to the Wiacek open space north of the High School. Eventually it is hoped the trail can be extended south to the Far Mill River and Stratford town border.

All Connecticut Blue-Blazed trails are mapped and described in CFPA's Connecticut Walk Book, available at most local bookstores or by joining CFPA (see [www.ctwoodlands.org](http://www.ctwoodlands.org)). These trails are often rugged and remote and should not be attempted without appropriate footwear, a map, and basic hiking supplies. Care must be taken to carefully follow the blue blazes. When there are two offset blazes, the higher blaze indicates the direction of an upcoming turn. ♦



### The SportsCenter of Connecticut Shelton Sports Complex Continues to Grow

The SportsCenter of Connecticut is a one-of-a-kind, year round family sports and entertainment 15 acre complex located at 784 River Road in Shelton. From the one-of-a-kind double-decker ice rinks to a multi-station heated and weather protected driving range to batting cages that make you feel like you've stepped in to Yankee Stadium, everything about the SportsCenter complex is state of the art.

"When we set out to make the SportsCenter a reality, we knew we wanted to offer only the best equipment and the latest technology in the sports we offered," said Howard Saffan, who along with Alan Phillips are the principals behind the SportsCenter. The innovation began with the Rinks at Shelton. With unexpected architectural features and lavish appointments, the Rinks is the world's only double-decker ice-skating arena, with two NHL-size rinks stacked one on top of the other.

The Rinks quickly became the place in Connecticut for hockey, figure skating, speed skating and public skating. It is also the American Hockey League's Bridgeport Sound Tigers, top affiliate of the National Hockey League's New York Islanders, dedicated practice and pre-season training facility. In the ice-skating off-season, April to August, the top rink converts to an all-purpose surface for in-line skating, basketball and other sports.



The SportsCenter complex also includes The Golf Center, an 18 hole mini-golf and a multi-station heated and weather protected driving range, Batting Cages eight weather-protected outdoor batting cages with varying pitch speeds for baseball and softball, Lazer Tag, a jungle themed game of hide and seek using the latest in lazer tag technology and Fun Bowl, a unique new way to bowl using 3 pound balls, smaller alleys and pins.

Since its opening in 2001, the SportsCenter has experienced incredible growth, expanding its facility

both inside and out. Game Zone, the newest addition to the SportsCenter complex is made up of 4,500 square feet of the newest in video arcade technology. OnDeck Auctions, an authentic sports memorabilia & collectible store opened inside The Rinks in June of 2010 and Martial Arts of Connecticut offering expert instruction in the Korean art of Tang Soo Do Karate, a life art designed to fuel your body, mind and spirit opened in 2009. Glitter, an arts and crafts place for kids and adults, is set to open in The Rinks in September, 2010.

The SportsCenter campus is also expanding now that it acquired Athletic Sports & Outdoors (ASO) located at 865 River Road in Shelton. ASO offers the finest in athletic and casual footwear, apparel and sporting goods. The store's unparalleled selection of competitively priced footwear, apparel, equipment and accessories from top brands including North Face, Under Armour, and Nike is quickly earning them a reputation among serious athletes and weekend warriors of all ages.

The SportsCenter is also a community leader having worked with and assisted some of Shelton's nonprofit, corporate and public organizations including Shelton Public Schools, Sikorsky, and the Boys and Girls Club in Shelton.

Giving back to the community that helped them grow is one of the things Saffan and Phillips are most proud. "Shelton has been a good choice for us to build this business," said Phillips. "The city has been supportive of us by creating an economically motivated climate, but it's the loyalty of the Shelton residents that sustain us and help us grow, which makes giving back a high priority." ♦





## Downtown Revitalization Canal Street Work Moves Forward

The team at the City of Shelton is working proactively to ensure the steady revitalization of downtown Shelton over the next several years, with a focus on the Canal Street area and its successful completion. Through the Shelton Economic Development Corporation, the City of Shelton's implementation agency, revitalization efforts are founded on the best practices of hundreds of cities across the nation — cities that, in many cases, have surmounted seemingly overwhelming economic obstacles to bring new life to their historic downtown neighborhoods. The City and SEDC's efforts reflect many goals, including the following:

### Planning and Design

To support revitalization, downtown development must encourage things like foot traffic, historic preservation, and mixed use. In Shelton, development of attractive public space is a priority. One only has to visit the Shelton Farm and Public Market.

### Private Investment and Development

Private investment and development are telltale signs of a healthy downtown — and an impor-

tant goal. While other revitalization strategies are underway, the City wants to remove unnecessary obstacles to development, and promote an environment conducive to private investment in downtown projects that bring life to underused land and buildings.

### Meaningful Citizen Participation

An engaged community, neighborhood, and citizenry is a critical element of programs related to community and private sector reinvestment. The City of Shelton Citizens Advisory Board has been key in team progress to date and plans for future development. The Board of Aldermen of the City of Shelton and many other Boards and Commissions have contributed greatly to the effort over the years.

### Smart Growth

The reuse of former industrial sites, following comprehensive site remediation, is a mainstay of local efforts. This occurs in partnership with Regional, State, and Federal officials and various funding initiatives. ♦

## EPA Brownfields Update

The City of Shelton, acting through their Citizens Advisory Board, conducted a community meeting this summer to review several environmental cleanups planned for the downtown revitalization area. The Citizens Advisory Board, chaired by James Oram, led the hearing which was held in partnership with the City of Shelton's implementation agency, the Shelton Economic Development



Corporation. At the meeting a presentation was made on the status of cleanup planning for sites that have US EPA and Connecticut Economic Development funding. The meeting was advertised and all meeting materials were placed on the City of Shelton and the Shelton Economic Development Corporation websites.

Groups identified as "stakeholders" such as the Boys and Girls Club, the Valley Health Department, the Valley Council of Governments, TEAM, and the Housatonic Valley Association, in addition to others all received direct invitations. A representative from the Plumb Memorial Library was also in attendance.

A scientist from the City's environmental consulting firm, AECOM, presented the technical materials associated with the program, and Mr. Ryan, president of the SEDC, reviewed the overall program. Any party having questions on the program is welcome to submit them in writing to the SEDC at 475 Howe Avenue, Suite 202, Shelton, CT.

The SEDC website is [www.sheltonedcorp.org](http://www.sheltonedcorp.org). ♦

### Susanna Wesley School A Jewel for Shelton's Families

If you live in Shelton, most likely when you think of harvesting your own berries, pumpkins or Christmas trees, you might think of Jones Family Farms. Music and theater? Possibly Center Stage. So, when you think of preschool, one might come to mind: Susanna Wesley School in Huntington.

Established in 1966, Susanna Wesley School marks its 44th year of operation in September 2010, from humble beginnings in the parsonage of the Huntington United Methodist Church with an enrollment of 8 children, to an established, enriching early childhood program today with over 150 students enrolled per year! The school offers programs for children ages 3-5, and most recently they have added a kindergarten program that will surely help fill the gaps of many families' needs this coming year.

You may wonder where the school got its name or what sets it apart from the rest? After some research, Susanna Wesley was an extremely intelligent and devoted mother of the late 1600/1700's, who was the mother of 19 children, of which only 7 survived. She was the daughter of a minister in England and had a strong religious background and faith. She taught her children prayers and ensured that all of her children knew how to read and write at an early age. Her sons John and Charles Wesley would later be known for founding Methodism. John was inspired by his mother for her dedication to education and strong love of her children and became a minister and start-



Bovee Hall with Mrs. Redin's Music & Movement program held in gym.

ed the Methodist movement. It is no wonder that the school took on such an appropriate name after such a loving motherly figure.<sup>1</sup>

Over the last few years, Susanna Wesley School has experienced many positive changes, including a new Director and an educational vision. The vision is influenced by the principles of the Reggio Emilia's<sup>1</sup> approach to early childhood education. A couple of the core values of this approach are: "Arts used to develop creativity, thought and expression. By honoring individual learning styles, children are encouraged to become self-motivated learners, increasing brain development and strengthen comprehension skills."<sup>2</sup>

The teachers at Susanna Wesley School are probably some of the best early childhood educators in the area. They are 100% committed to their jobs and the children they teach. Parents can be confident leaving their child in the hands of these professionals. From nurturing and loving, to mind-opening scientific experiences, children have a wonderful place to learn, explore, play and grow.

A gem of the school, and probably one of the most unique offerings, is the dedicated space for the teacher, her music and creative movement program. In this program, children can dance, sing, ride scooters, use hula hoops, rainbow streamers, play games

*continued on next page*



Susanna Wesley School will host a 2nd Farmer's Market this October.

## LOCAL BUSINESSES

and be free to enjoy the engaging 20 minutes of music and creative movement their teacher provides each day they are in school.

Another unique feature to Susanna Wesley School is that they offer a PreK program. This program is designed for children who need an extra year of growth before entering kindergarten. The school calls this class a “gift of time.” Not only do the children learn necessary school readiness skills they also engage in many hands-on field trips and focus on social and emotional growth.

Most recently the Susanna Wesley School playground received some upgrades of new raised flower beds and a new and improved roof structure over the existing sandbox. Teachers are using these flower beds as an educational opportunity to teach the children about nature and gardening. They also plan to use what they grow for their kitchen needs by making various foods, like sauces made with fresh herbs, during the classes.

Another characteristic the school has is that it established a Wellness Committee, which promotes good health and nutrition to our children & families. Each month, a new, healthy snack is introduced to the children, through a fun interactive process. Teachers and students will learn about a vegetable or fruit used that month and create a healthy snack to enjoy. In addition, the school uses the produce from local farms, like Jones Family Farms or Stone Gardens Farm to continue the full circle of helping promote other local businesses.

It may seem surprising that SWS has a PTO (Parent Teacher Organization). This group operates like any other PTO by helping the school raise funds in order to provide enriching and fun activities like the annual Fall Fun Festival and Family Reading Night, with a book fair that runs for a week. Last Spring, the school was able to donate books to [ReadtoGrow.Org](http://ReadtoGrow.Org), a local charity that helps give books to CT families. Field trips and other inspirational activities in the school round out the whole experience for the child and parent alike.

Susanna Wesley School is truly exceptional and a wonderful place for children to begin their early childhood educational career. Many parents have told me that they attended SWS when they were little, or that their grandchildren attended. Each one of them says it with a smile and a lingering thought to happy memories, no doubt.

Shelton should be proud to have such an impec-

cable pre-school part of its history and community.

*Written by Elisa Uhrynowski, the parent of two children, one of which just graduated SWS in June 2010. She is also the current co-President of the PTO.*

*Sources taken from the Susanna Wesley website, Wikipedia on Susanna Wesley and John Wesley, and the Huntington United Methodist Church website.*

<sup>1</sup> <http://susannawesleyschool.homestead.com/History.html>

<sup>2</sup> <http://susannawesleyschool.homestead.com/About.html>

<sup>1</sup> *Reggio Emilia is an early childhood educational philosopher. See [http://en.wikipedia.org/wiki/Reggio\\_Emiliana\\_approach](http://en.wikipedia.org/wiki/Reggio_Emiliana_approach) ♦*



Ms. Mallico's pre-K classroom

*Congratulations!*

To Shelton's



and

**Stockbridge's**  
*Gourmet Cheesecakes & Delectables*

For being named in Connecticut Magazine  
Best of Connecticut 2010 Food and Drink



### Housy One-Miler Swim \$30,000 Raised for the Breast Wellness Center

In a fantastic display of the Valley's "can do" spirit, over 200 people stood on the Birchbank shores of the Housatonic River and watched with pride as the first-ever Housy One-Miler Swim for Griffin Hospital's Campaign for Breast Wellness got underway on Sunday, August 22nd. The brainchild of restaurateur Charlie Sullivan and Breast Wellness Campaign Co-Chair Patricia Tarasovic, the swim attracted over 50 registrants for the event. The event could not have taken place without the enthusiastic support of the Birchbank residents who lent their lawns for this worthwhile cause. Shelton's own Tibor Molnar held the fastest swim time of 13:20, and top fundraising honors went to Shelton residents Carolyn Cargnel and Nancy Gaiolini and Waterbury resident Kathy Konner. All together, the event raised just over \$30,000 for the Campaign.

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Housy One-Miler Swim participants



Griffin Hospital Breast Cancer Wellness Campaign Co-Chairs Pat Tarasovic and Sue Coyle



Swimmers at the start



Birchbank residents helped make the event possible.



Griffin Hospital CEO Patrick Charmel with winner Tibor Molnar

## Griffin Hospital \$1M Needed for Comprehensive Breast Wellness Center

The valley's own Griffin Hospital in Derby, Connecticut seeks to raise \$1,000,000 in funding to build and equip a Comprehensive Breast Wellness Center to be located in the hospital's new Hewitt Pavilion and Center for Cancer Care. The new Comprehensive Breast Wellness Center will feature the most advanced diagnostic tools available, including:

Full Field Digital mammography – a special type of breast imaging using a computer and X-ray to get a finer resolution and reduce the need for repeated exposure.

Breast Ultrasound – the use of ultrasonic sound waves to produce an image of the breast.

Ultrasound guided breast biopsy – the removal of breast tissue to examine it for signs of breast cancer or other disorders using ultrasound guidance.

Stereotactic biopsy – uses mammography to locate and remove small slivers of breast tissue to examine for signs of breast cancer or other disorders.

Picture Archiving Communication System (PACS) – enables radiologists and other physicians to view, interpret, and share images/data electronically.

Building a Comprehensive Breast Center at this time is a high, mission-centered priority for Griffin Hospital. Women in Connecticut have the third highest rate of new breast cancers in the United States. In a recent survey, of the Lower Naugatuck Valley, data showed that only 48 percent of women over 40 have had a mammogram within the last year, and 23 percent of underserved women over age 40 have never had a mammogram. Of all the 316 cancers diagnosed or first treated at Griffin Hospital in 2009, breast cancer was the most frequent. The need for more preventive screening and enhanced diagnostic capacity is clear, and the creation of a Breast Wellness Center is central to this goal.

Throughout the past decade Griffin has dedicated itself to promoting breast wellness throughout the region and expediting care for its patients. In 2000, we established our first Rapid Diagnostic Breast Center.



Its mission was to refine the diagnostic work-up process for women with breast abnormalities so that they could receive a diagnosis as soon as possible in order to reduce stress and begin active treatment. Today, our "turn around time" from detection of an abnormality to diagnosis is six days, on average. Prior to that

time, women waited an average of 33 days for results.

We have recently recruited Zandra Cheng, MD, a fellowship-trained breast surgeon who will specialize in breast surgery and reconstruction. With the enhanced capacity to treat and refer patients that a Breast Wellness Center would provide, and having a skilled team and effective systems in place, not only in the Breast Wellness Center but also among the experts practicing now at our Center for Cancer Care, Griffin will have all it needs to achieve a new standard of excellence for breast care in the Valley.

To realize this project, we must rely on private philanthropy. The total cost for the Center is estimated at \$2 million, of which \$1.3 million will be used to purchase technology, and \$700,000 to construct the office space. We have set an additional goal of \$200,000 to grow our Valley Mammography fund, which helps the neediest patients pay for mammograms and supports outreach and education efforts in our community.

With the help of individuals, corporations, and foundations, Griffin Hospital will be able to significantly elevate the standard of excellence for breast wellness in the Valley. In addition, once the Center is launched, it is expected to be self sustaining and to make a positive contribution to hospital overhead, while also creating at least three to five new permanent jobs for our community.

For more information on the initiative, please contact Cornelia Evans, CFRE, Executive Director of the Griffin Hospital Development Fund: 203.732.7335, [cevans@griffinhealth.org](mailto:cevans@griffinhealth.org) or visit our website: [www.griffinhealth.org](http://www.griffinhealth.org) and select "Giving To Griffin"- Breast Wellness Center Campaign. ♦



## Stone Gardens Farm Innovation Makes Local Farm a Success

Stone Gardens Farm is a family run vegetable farm here in Shelton. They grow 50 acres of vegetables on their own farm and rent land all over the White Hills section of town. The farm is run by Fred and Stacia Monahan and the stand is located at 83 Sawmill City Road.

This farm has a unique history as it was not passed down for generations, it was started by Fred after the dairy farm he grew up working on, ceased to continue as a dairy. Fred worked for Rudy Hudak at Shelton's Dairy for many years. The Dairy was previously owned by the Shelton family (the same Shelton family as Ed Shelton, who the town was named for), Elizabeth Shelton who Elizabeth Shelton School is named for, Raymond Shelton and their father Dan Shelton who was mayor of Shelton years ago.



Fred Monahan  
of Stone Gardens Farm

In the mid 1990's, the dairy ceased operation and Fred started to grow a little sweet corn and some vegetables. Rudy liked the idea since he loves to see the land being farmed. Rudy continues to bale hay on the farm for their 25 beef cows and for sale to other farmers. The farm is securely being passed down to Rudy's daughter and husband and two children and they have the same values as Rudy—to keep the farm a farm.

When Fred met Stacia in the late 1990's they started to grow and market more and more vegetables. They hit a roadblock a few years ago as the popularity in farmers markets exploded and this brought more and more jobbers into these markets. Jobbers are people who buy the vegetables at a wholesale house and then turn around and sell them as their own making fair competition extinct. So after a few unsuccessful years of trying to compete at these farmers' markets, they

*"Community Supported Agriculture allows us the market directly to our customers."*

came up with a way to market directly to the consumer, with no middle man. That concept is the CSA which stands for Community Supported Agriculture.

The CSA works like this, the customer pays up front for a season's worth of vegetables. Every week they

go to the farm for their box full of vegetables. The amount of vegetables that the customer gets is usually worth more than what they paid for giving them a better return on their investment, but in turn the farm has the working capital up front to buy seed, fertilizer, etc., to get the farm going for the year. They also use a farm credit system where the customer pays up front and then gets 10% off of every purchase.

In the past couple years with the success of the CSA they have expanded to use more land from neighbors, and have expanded their chicken and turkey raising operation. In the future they can hopefully continue expanding as their two young sons become a big help and show an interest in farming.

The Farm Stand is open from 10 AM to 6 PM through Thanksgiving. For further information on the CSA program, please visit their website at [stonegardensfarm.com](http://stonegardensfarm.com) or you can call them at (203) 929-2003. ♦





## Wheeling and Able... Shelton Riverwalk Wheel/Walk for Fitness

The National Spinal Cord Injury Association, CT Chapter (NSCIAC) in conjunction with Shelton-based LifeDesigns Aftercare and Special Needs Fitness Center and MovingWithHOPE, Inc. will be holding their First Annual Shelton Riverwalk Wheel/Walk for Fitness the morning of the Shelton Day Festival, October 3rd, 2010.

The event is the breakthrough idea of Todd Johnston of the NSCIAC and Tad Duni, of LifeDesigns and founder of MovingWithHope, Inc., a new Lower Naugatuck Valley non-profit that provides employment services, year round access to physical activity and nutrition education to people with physical disabilities.

The primary purpose of the event is to promote routine physical activity for people of all ages and abilities. Currently, 2 in 5 people either have a disability or have an immediate family member with a disability. This segment of the population has limited or no access to routine physical activity. We have all come to recognize the relationship between a sedentary lifestyle, chronic illness and rising healthcare costs. The event organizers hope that Valley residents and business owners realize how important events like this are as a catalyst to help more and more people of all ages and abilities maintain routine physical activity.

The event hopes to increase the awareness to Downtown Shelton, the entire Valley Riverwalk and the unique characteristics of each Valley town through statewide promotion. All LNV towns are represented. The Chair of the event had the towns' Mayors and Selectmen sign an Official "Wheeling and Able... Shelton Riverwalk Wheel/Walk for Fitness Day" proclamation with their town seals attached. Mayor Lauretti will read the proclamation on the morning of October 3rd in the presence of state and local officials. A final proclamation will be hung in the entrance of the Spinal Cord CT Chapter at Gaylord Hospital. All the LNV school systems are encouraging their students to form walking teams for the event and to volunteer their services.

The event begins at 6:30am and ends at 11:30am. A registration table will be inside the

Farmers Market. You can register online before 9/15/2010 by going to [www.sciact.org](http://www.sciact.org) and click the Wheeling and Able... Shelton Riverwalk Wheel/Walk for Fitness Image. The donation for pre-registration is \$20. Same day registration is \$25. Businesses can become "captains" or "sponsors" by sending anywhere from 10-60 employees to the event.

Participation is a simple and inexpensive way to foster support for employee health and fitness and help show everyone regardless of age, ability and fitness level can go for a comfortable walk or wheel. The event benefits a great cause - Spinal Cord Injury research, education and family support.

Registered participants can begin wheeling or walking at 7a.m. At 9:15am the proclamation will be read. From 9:30am to 10:00am, there will be a martial arts demonstration from Erik Kondo, owner/operator of "Not-Me.org", who teaches self-defense from a wheelchair and Elixon Lopez, the owner/operator of "Elixons Solid Self Defense", an able-bodied instructor with multiple Black Belts. There will be a food booth near the Farmers Market during the event with all proceeds from the food sold going to the Derby Shelton Rotary Club. Informational booths on how people of all ages and abilities can increase physical activity and make healthier nutritional choices will also be available.

Because of the support provided by the businesses, elected officials, schools and most of all the people of the lower Naugatuck Valley the First Annual Shelton Riverwalk Wheel/Walk for fitness is a terrific start and an annual reminder for people of all abilities that beginning to make time for routine physical activity and better nutrition is easier than you think!

The organizers also hope more events like the Wheel Walk will lead to the recognition of one important fact - Individuals given the appropriate skill sets, social support and access to the healthier environment they deserve excel; health and wellbeing improves, families stay strong and the likelihood for long and gainful employment increases. ♦



### Taking a Drive Down Forest Parkway... EDC Tours Part of Our Business Community

Among the forest and the trees one may be surprised to come upon businesses on Forest Parkway. They have found a home here and enjoy being one street away from the city's busy Bridgeport Avenue corridor.

Forest Parkway was built in the early 1980s and has seen growth ever since. The green environment is reflective of the city's Planning and Zoning's careful design approach to smart growth.

Located at One Forest Parkway, the headquarters of Dianon Systems, Inc. can be found. Dianon Systems

provide physicians with comprehensive anatomic and clinical pathology services, patient information, and business solutions for their practices. Approximately 300 employees work here at Dianon.

Next located at Four Forest Parkway is the home to NEC Corporation of America, a leading provider of innovative IT, network, and communications products and solutions. NEC employs approximately 42 at this Shelton location and has been at this location since 1980. At Eight Forest Parkway, Corporate Mailing Services, a state of the art facility servicing companies with major postal discounts on their First Class mail, employs approximately 20 and has been at this location since 2007.

The editors continue their tour and come upon MBI, Inc., a successful \$400 million consumer products company, with two locations in Shelton. The buildings are located at 11 Forest Parkway and 15 Forest Parkway and combined employ approximately 50 people.

### Forest Parkway businesses brings over 800 jobs to Shelton.

At 14 Forest Parkway is the home of Northeast Stihl. Northeast Stihl is a power tools distributor who employs approximately 35 employees.

At 19 Forest Parkway, a newer business has found a home, Freedom Disability. Freedom Disability is a national Social Security Disability advocacy group established to help people with disabilities file for disability

benefits from the Social Security Administration (SSA). Approximately 30 people are employed at this location.

At 25 Forest Parkway, Precision Resource Inc., makes its home. Precision is a global leader in fineblanking technology, serving leading companies in local, national and international market, and has approximately 160 employees in Shelton.

At 30 Forest Parkway, Preferred Tool and Die is located. Preferred Tool & Die is a manufacturing company of stamped and machined components and subassemblies. Approximately 70 people are employed at this location.

Finally, located at 40 Forest Parkway, is the USPS Distribution Center that was built in 2001 and employs approximately 100 postal employees.

The editors encourage a visit to this beautiful neighborhood home to many diverse businesses Shelton is proud to have as part of our community! ♦

*Special thanks to David Grant for the use of "Rosie," his 1950 Willys Jeepster.*



(l to r) EDC members Dr. Robert Burlison, EDC Chairman Fred Ruggio, Pat Carey and Aleta Miner from SEDC.

## Spotlight on Bob Ehalt

### The Sport of Kings is in His Blood

Bob Ehalt, a sports copy editor with the *New Haven Register* and Shelton resident, has been a horse racing owner, writer and enthusiast for over 30 years. Bob, a winner of five national writing awards while a sports writer at the Stamford Advocate, writes for the National Thoroughbred Racing Association ([www.ntra.com](http://www.ntra.com)) and the *Thoroughbred Times*. His blog at [ntra.com](http://ntra.com) was honored last year with the inaugural Breeders' Cup writing award for outstanding social media.

The editors of *Shelton Life* find Mr. Ehalt's choice of vocation and avocation one of varied interests and asked to address a couple of questions of him. Mr. Ehalt, who has lived in Shelton since 1993 with his wife, Carylanne, and sons, Matt, Tim and Jeff, was most happy to oblige.

#### When did you first become involved with the sport of kings? (horse racing)

I grew up in Queens Village, N.Y., right next to Belmont Park, and first visited the track for the 1971 Belmont Stakes when Canonero II fell short in a bid to sweep the Triple Crown. I've been going to the races ever since and was at Belmont to see my 34th Belmont Stakes earlier this year.

#### You have written about horse racing for many years and have also been a horse owner. How has ownership allowed you to have additional insight into the racing game in your writing?

Being an owner, you learn about what happens away from the track and how it impacts race day. You find out about the costs, the minor injuries, the races that do not fill and keep a horse from running – things that you do not see when you read a horse's past performances in the Daily Racing Form.

#### What are some of the memorable races you have covered as a writer?



Bob Ehalt, a sports copy editor with the *New Haven Register* and a Shelton resident.

The best was probably the 1998 Belmont Stakes when Victory Gallop caught Real Quiet in the very last stride to deny Real Quiet of a Triple Crown sweep. I'll also never forget my first – and only – trip to the Kentucky Derby in 1986 when Bill Shoemaker won aboard Ferdinand. I've also reported on some of the sport's most heartbreaking moments like the 1990 Breeders' Cup Distaff, when Go For Wand broke down, and the 1993 Belmont Stakes,

which mixed the glory of Julie Krone becoming the first female jockey to win a Triple Crown race and the tragedy of a fatal injury suffered by Prairie Bayou.

#### What are some of the memorable races you have been involved with as a horse owner?

I owned a very small share of Tale of the Cat, and without question, it would be the 1997 King's Bishop Stakes at Saratoga in which Tale of the Cat won by about five lengths. That race prompted a breeding farm to purchase him for about \$13 million. Seeing him run in the Haskell Invitational at Monmouth Park, Whitney Handicap at Saratoga and Vosburgh Stakes at Belmont Park was also a huge thrill, even though he lost.

#### What changes have you seen in the horse racing game since your earliest involvement?

Horses are put through hard training at an earlier age now and they simply are not as durable as they once were. Breeding has also become a huge business and the great horses are being retired much earlier than they were 40 years ago.

#### What memorable personalities or famous people have you come across at the track?

Race tracks still attract some of the world's richest and most famous people. I met George Steinbrenner, the late owner of the New York Yankees, in the paddock before Tale of the Cat ran in the Vosburgh and

*continued on page 29*



# Shelton History Center Presents “Adventures in History” Week

Every year in the middle of August, some youngsters from the area choose to immerse themselves in the last century at Shelton History Center during a week-long enrichment program called “Adventures in History.” There they meet several individuals authentically clad as if they lived in the early part of the twentieth century when Shelton’s manufacturing community along the Housatonic River was at its zenith. The children follow them through the week, happily sampling games, recipes, crafts, work, and activities that children enjoyed 100 years ago.



Beth Hope helping the children find Monarch butterfly eggs using a magnifying glass.

Museum educators plan each “Adventure’s” activities based on a theme for the week. This year’s program was based on the adage, “Use it up, wear it out, make it do, or do without.” Today’s current “green” movement to recycle as much as possible in order to leave the smallest “carbon footprint” is nothing new, except perhaps, for the vocabulary. Those ancestors who lived in rural communities and on the farms that supported them always practiced habits to make the most of their possessions, food, clothing and other resources. Using worn clothing, old hardware, and giant gourds, the children made scarecrows to keep birds and critters away from their flowers or veg-

etables. Wooden boxes and small drawers were repurposed as portable herb gardens for the children to take home to share with their families.

This year’s participants, accustomed to convenience foods and video screens, learned that hard physical labor was often expected of children 100 years ago, whether they lived on farms or worked in local factories. Products to sell in the museum gift shop were created using an assembly line. Gardens were weeded and plants watered. Snacks were served daily during the week of Adventures in History, but the students had to make them themselves, even harvesting potatoes from the kitchen garden that Shelton History Center volunteers plant each spring specifically for this purpose. Cucumbers were sliced and flavored to make pickles and illustrate the concept of food preservation without refrigeration. Everyone’s favorite, ice cream, was churned by hand with the magic provided by the melting of ice by rock salt. Even ice to chill hand-squeezed lemonade had to be harvested each winter from local ponds and stored in special sawdust-filled buildings for use each summer!

Of course, children have always discovered ways to have fun. A pastime enjoyed now and then included learning to appreciate and observe nature. The children were shown how to hunt for microscopic eggs to take home to watch the metamorphosis from caterpillar to butterfly. Each day’s adventures ended in learning some forgotten games and sharing time with new friends. Plans are already in the works for next August’s program, which will take place the week of August 8-12 and will welcome newcomers and past participants alike, no doubt.

The Shelton Historical Society owns Shelton History



Sarah Ulyet shows off her scarecrow head made from a gourd and discarded hardware.

Center, a museum complex of six historic buildings located at 70 Ripton Road, just north of the Huntington Green, and strives to provide programs of historical interest to the community. For more information, please call (203) 925-1803 or visit [www.sheltonhistorical-society.org](http://www.sheltonhistorical-society.org). ♦

## Shelton's Civil War Sons Gear Up for 150th Anniversary of the Civil War

Shelton-based Sons of Union Veterans of the Civil War (SUVCW), Camp Wooster-Russell (#22), is preparing for the activities that commemorate the service and sacrifices made by Union soldiers from Shelton and other Connecticut towns nearly 150 years ago. Starting in April 2011 there will be thousands of activities across our great country commemorating the Civil War. The members of SUVCW Camp #22 will be at the forefront of these activities to promote learning and participating in large battle reenactments or local Civil War living history encampments.

Camp Wooster-Russell (SUVCW) traces its lineage back to the veteran organization of federal veterans known as the Grand Army of the Republic (GAR). The GAR continued to serve by promoting patriotism and sponsoring many activities in remembrance of their fallen comrades in the late 1800s and early 1900s. As



Posing beside the 20th CT Vol Infantry monument at Gettysburg from (l to r) SUVCW are members Jack, Richard and Tom Taylor, Peter Garafolo, Jim Connery, Ed Wittkofski, and Charles Cornut, as well as, Cindy Garafolo, Barbara Connery and Marcia Cornut.

the number of Civil War veterans dwindled in the ranks of the GAR, many of the sons of GAR members wished to set up a national fraternal order associated with the respective GAR camps of their elders. Known as the Sons of Union Veterans of the Civil War or SUVCW, the organization built its foundation on the principles of the GAR—*Fraternity, Charity, and Loyalty*. For more than 100 years, there

were local SUVCW camps with associated auxiliaries that were active in the local valley towns for the citizens of Ansonia, Derby and Shelton to participate in and to keep the historical story alive for future generations. Camp Wooster-Russell based in Ansonia was one of these SUVCW organizations that were active until its ranks dwindled to seven members in 2008.

Early in 2009, local Civil War historians Edward Wittkofski, James Connery and others from Shelton

*continued on page 29*



Posing in front of husbands and friends, 20th CTVI lady members Marcia Cornut, Cindy Garafolo, and Barbara Connery, actively involved in keeping Civil War history alive from a lady's perspective.



SUVCW Brother Edward Wittkofski speaks to friends at 2010 Memorial Day Ceremony at the Civil War Monument on the Derby Green.



### Introducing... Perry Hill School Welcoming Shelton's 5th & 6th Graders

What started out in the 1950's as Shelton High School, was converted into the Shelton Intermediate School in the 1970's, served in the interim as a building to house city agencies and provide recreational programs and is now a "State of the Art"- \$42 million dollar building? The answer is within the name itself...Perry Hill School.



Williams explained that the concept of Perry Hill is that of a "lower intermediate school"-one that is a transition of the K-4 concept where children have one teacher all day and the 7-8 Intermediate School where the students have a team of four teachers in the cluster. At Perry Hill School, there will be two-teacher teams who

will share classes. One teacher will teach math and science while the other will teach language arts and social studies. This program was one that they decided on after doing much research, investigation, and visitation of other fifth/sixth grade schools in the state. In addition to the two administrators, the school will have 36 classroom teachers, seven special education teachers, six tutors, seven paraprofessionals, a reading teacher, a speech teacher, a school nurse, a guidance counselor, a teacher for the talented and gifted program, a part-time social worker, three secretaries, and seven custodians (full and part-time).

Some exciting new aspects to the school's program is the use of the new electronic information system that will be utilized this year. Infinite Campus will provide staff with the ability to keep on-line grade books, report cards, lesson plans and much more as the system gets totally integrated. The math/science teachers will have their classrooms equipped with interactive electronic chalkboards and eventually the language arts/social studies teachers' classrooms will have them too. Additionally all classrooms have ceiling mounted projectors and screens that can display video or programming from a laptop computer.

Upon receiving a Certificate of Occupancy on August 24th, a scheduled Open House for parents and students to visit was sent out via a phone message and a posting on the school's web site. More than 600 families accepted the invitation and on





## SCHOOL NEWS

Friday, August 27th, administration and staff enthusiastically greeted the group of excited, yet apprehensive students who were in awe of their new school. Katelyn Usarzewicz and her parents could not believe how big the building was! Mr. Usarzewicz was very impressed “at the State of the Art “ school and excited about all of the opportunities that she’ll have available to her.” Angie Toth’s big brother Justin, who just graduated from college, commented that he had

attended Shelton Public Schools and “things have definitely changed for the better”. He is happy that his sister will have great opportunities for a solid education for the 21st century.

Perry Hill School has been a long time coming but the wait was worth it-it is a wonderful facility with an educational program that will certainly help the Shelton Public Schools meet with the demands of an ever-changing, global environment and economy. ♦



## Shelton Youth Service Bureau

*The Shelton Youth Service Bureau provides educational and recreational programs to Shelton youth and their families throughout the school year. We oversee the activities of both the Community Alert Program and the Shelton Coalition to STOP Underage Drinking and remain active in local and state committees that advocate for youth and families.*

If you know a student—under the age of 21—who is a Shelton resident and has made a positive contribution to the school or the community, nominate him/her for our Spotlight on Youth Award. Students are chosen on a monthly basis and “spotlighted” in the Huntington Herald. All nominees are honored at a reception in the spring. Nomination forms are available in our office or [www.cityofshelton.org](http://www.cityofshelton.org).

High school students are encouraged to join the Youth2Youth Peer Advocates. Have fun during the

school year...give back to the community...be a peer mentor for younger students...set an example for others. Call Silvia at 203-924-7614 for details or stop in our office.

Safe Sitter course will be offered during the school year. Please call for details.

Both Plumb Memorial Library and the Huntington branch have been provided with information for parents and guardians. Stop by our display and take some light reading about important issues.

Life skills classes and substance abuse prevention education will be offered throughout the year. Please check [www.cityofshelton.org](http://www.cityofshelton.org) or the local newspapers for times and locations.

The Shelton Youth Service Bureau is located in Rm 215 in Shelton High School, 120 Meadow St., Shelton, CT 06484, 203-924-7614. ♦

### Finding a Way with Project Lighthouse

*Do School Boards really make a difference in student achievement?*

*Are School Board members too far removed from classroom action to impact how well all students learn?*

These two key questions lay the foundation for a research-based training model called the “Lighthouse Project.”

The program is designed to help boards of education understand and use data effectively to improve student achievement.

Upon beginning his tenure in Shelton, Superintendent Freeman Burr presented information about the Lighthouse Project to members of the Board of Education as well as his Central Office Leadership Team in hopes that they would “take the bait” and buy into this most worthwhile program. Realizing that many members of the board are already involved in individual committee meetings as well as monthly board meetings, he stressed that this project is a two year commitment involving several 2 hour training sessions each year. Collection and analysis of student data and surveys done throughout the district would also be an important component of the project. Without hesitation the decision was made to “jump on board” and become the first school board in Fairfield County to actively engage in the no-cost, joint project between CABE (Connecticut Association of Boards of Education) and the Connecticut State Department of Education.

The history of the Lighthouse Project began as a research effort of the Iowa Association of School Boards in 1998. The first study showed that school boards and districts with higher levels of student achievement were different from those with lower levels, when controlling for a wide range of variables. There are three major indicators in the project focus: the seven conditions for productive change, the beliefs, and the student learning data that measures changes in the district. The second study, conducted from 2002 to 2007, looked at how school boards learn to lead their districts to becoming high performing. All boards in the Lighthouse began by learning together, studying research and evidence from other districts.



BOE & Leadership team members in training session

The boards then turned to their own data to identify improvements. Materials and strategies were then tracked by state association staff, who in turn collect feedback and suggestions for improvement. Now embarking on the project’s third study, a well-tested approach to building board leadership for student achievement will be the end result. Once this phase is completed, proven results in more than 60 districts across the country will be documented.

The specific conditions believed to be necessary for bringing a school district to a higher level are: shared leadership; continuous improvement and shared decision-making; an ability to create and sustain initiatives; a supportive workplace for staff; many opportunities for professional development; support for school sites through data and information; and community involvement.

With the expert guidance of Project Lighthouse leadership associates, Nick Caruso, Lol Fearon and Warren Logee, the Shelton BOE and Central Office Leadership Team are committed to use the “lighthouse” to guide them in their efforts to improve student achievement and help the students be the best that they can be to meet and compete in the 21st century. Superintendent Burr sees this commitment of time, energy and resources as one more pathway in helping the Shelton Public School System progress from “Good to Great”. ♦

## Shelton School Readiness Council Prepares Treats for Fall

Ready Teddy is preparing for a busy fall. As the official mascot for Shelton's School Readiness Council, Ready Teddy's first fall appearance is scheduled for October 3rd at the annual Shelton Day event in downtown Shelton, where he'll meet and greet the community and distribute important information to young families about how to prepare their little ones for school. Ready's mission is to share his message: that preparing children for school begins at birth (yes, it's true!), and that parents and families are every child's first teachers. Ready believes that PARENTS MAKE IT HAPPEN!

Ready will bring along one of his famous purple School Readiness Desks, which contains lots of tips about what parents can do to prepare their children for school, and what schools expect your children to already know. Readiness information is currently available throughout the community at the purple desks found at Shelton City Hall, Plumb Memorial and Huntington Branch Libraries, and the Community Center. Additional desks are rotated throughout Shelton businesses and preschools.

At the end of October, be sure to greet Teddy at the Shelton Youth Service Bureau's Trick or Trunk event at Shelton Intermediate School on Halloween, Sunday, October 31. He will have books for kids of all ages provided by the Council's partner, The Friends of the Shelton Libraries, and baskets of breakfast bars for tasty treats to make facing Monday morning more fun.

This fall, look for the council's popular "Getting



Ready for Kindergarten" Roundtable, bringing preschool educators and staff together with parents of preschoolers and kindergarteners to hear what to expect that first year, plus tips for "school readiness." Parents of children of all ages are encouraged to attend; refreshments and door prizes are offered.

This spring, the council debuted its long-range plan. Eighteen months in the making, three committees composed of more than 50 interested parents, educators and community representatives, created the plan. The blueprint provided by the plan will direct the work of the council over the next three years. Those interested in

Family Support, Health and Wellness, Early Care and Education, Public Relations or Fiscal Development are welcome to sign on to help with a single event or become long term supporters. Members of the council are available to visit local preschools and elementary school parent teacher association meetings to share information on the group's activities and its role as a Shelton education partner.

The Shelton Plan, plus important dates and events, can be found on the council's new website: [www.sheltonschoolreadiness.org](http://www.sheltonschoolreadiness.org). Interested parents or volunteers can attend a monthly School Readiness Council meeting on the second Friday morning of each month at Plumb Memorial Library. With the motto "First Years Last Forever" the Shelton School Readiness Council's mission is to ensure that all children in Shelton are ready for kindergarten by the time they enter elementary school. ♦



### Real Estate Two Celebrates 25th Anniversary

On May 13, 2010, Real Estate Two celebrated their 25th anniversary in business. Back in 1985, Linda Schauwecker and Sue Coyle, opened the doors to Real Estate Two with the help of one additional employee, their secretary, Ruth Barber. Real Estate Two is a full service real estate company located at 100 Huntington Street, in Huntington Center, Shelton.

Over the years, Linda and Sue have experienced all kinds of markets including low and high interest rates, inflation and deflation of properties but have never experienced anything like today's market.

They feel their success is due to hands-on service, knowing each and every client, and treating them as special individuals. Specializing in residential housing over the years, Real Estate Two has learned how to market subdivisions, new construction and condo-



miniums. They have established excellent, trusting relationships with banks, attorneys and local people.

They pride themselves on their well-trained staff of all full-time professionals. Among their staff are both Linda and Sue's daughters—as they consider their office, one big happy family.

Their commitment to the community has included many fundraisers. Chairing the Relay for Life, sponsoring golf tournaments, etc.

They have been honored with The Good Deed awards from the Huntington Exchange Club, Extraordinary Women of CT, Volunteer of the Year from the American Cancer Society to name just a few.

Please stop by anytime or call to speak to Linda or Sue or one of their professional staff members at (203) 922-1222. ♦

*HVA, continued from pg. 4*

- they're extremely difficult to fully wash off.
- Don't dump or release live bait unless it was obtained on site. Dispose of it in a trash container.
  - Only release caught fish, other animals or plants in the waterway from which they came.
  - Report any invasive sightings: keep a sample and call the Connecticut Department of Environmental Protection's

Western District Headquarters at (860) 485-0226.

- Public Act No. 203, passed by the Connecticut General Assembly in 2004, makes it illegal to "import, move, sell, purchase, possess, transplant, cultivate, or distribute" any designated plants including phragmites australis, Eurasian milfoil and purple loosestrife. Unknowingly moving these plants – by not inspecting your

boat before moving it from one body of water to another – is included in this act and can result in fines of up to \$100 per plant. To view the full list of plants visit [www.cga.ct.gov](http://www.cga.ct.gov) and use the Quick Search tool bar at the top of the page.

To see which plants you can enjoy without feeling guilty, check out [www.ct-botanical-society.org/garden/index.html](http://www.ct-botanical-society.org/garden/index.html) ♦

## LOCAL BUSINESSES

## Gifts By The Green Unique Character & Personal Relationships

“Gifts By The Green” is a family run Hallmark card and gift store that has been a fixture in Shelton since the early 1960’s and current owners, Ruth and Ian McClenaghan, take immense pride in continuing the long community tradition. One of the original, independent Hallmark stores, Gifts By The Green has evolved along with the city over the decades and it is clear that the owners take great pride in providing a wide selection of unique and personal gifts including quality jewelry, Pandora style beads and collectable gifts for all occasions and ages within the community.

It is this continuity that the store clearly wants to maintain. As owner Ruth McClenaghan points out, “It is the small local shops with unique character that develop personal relationships with their customers and strengthen our community as a whole. Over the years we have provided cards and gifts for every event imaginable—most happy and some sad, we have enjoyed the laughter and shared the tears. This is who we are and who our customers are—we live right here in town, our customers are neighbors and friends, people we meet around town every day, kids who go to school with our daughter, parents we talk with at local sports events and fundraisers, churches and community services.”

Husband Ian agrees, “People are more likely to invest and settle in communities that preserve their one-of-a-kind businesses and distinctive character. Small shops and businesses are what defines a town – and that is as true today, if not more-so, than it was



Ian McClenaghan, owner of Gifts By The Green

when I was growing up. We have given ‘first jobs’ to countless local teenagers, many of which still come to visit us, and is one of the achievements we are most proud of. It’s a great way of life and we have been fortunate to have been a Mom and Pop business in this great town of Shelton—and remember, every time you shop at Gifts By The Green, your dollar stays in Shelton and helps keep our city running—including our fire department, police, schools, senior services, libraries, street maintenance, street lights, parks and trails.”

Reflecting the local trust and values, Gifts By The Green store lay-out, including jewelry, has an informal style so customers can easily and comfortably find what they are looking for alongside the welcoming owners who are knowledgeable and happy to assist customers in any way possible. In addition to their large selection of jewelry, Gifts By The Green offers an array of products including quality candles, baby items, wedding gifts and collectable from Precious Moments, Lenox, Jim Shore and Department 56. The next time you need a card and gift that is unique and personal, Gifts By The Green, located at 17 Huntington Plaza, is definitely worth a visit, seven days a week. You are certain to find a nice selection of gifts and be treated as family.

You can contact the store at (203) 929-4890♦



### Mother's Embrace Yoga Moms-to-be Benefit from Yoga

On April 1, 2005 Mother's Embrace Yoga was born. Our first classes were offered out of a studio in Milford but within a few months, the decision was made to find our own space. Having done some extensive research about where the yoga studios were located in CT, we decided to focus on finding something in the Valley. We found a newspaper ad about a small (400 square foot) space available above H&R Block on Howe Avenue and decided this would be a good location to open our new practice. The building lacked an elevator and the moms-to-be who attended classes had to walk up a very steep staircase, however that didn't seem to get in the way of our growth. Within a year, we were looking for a larger space.

At that time, a local real estate agent found us the perfect street level space, also on Howe Avenue, and this new space was about twice the size of the old one. Now, four years and many students later, we have decided to relocate once again. As of August 1, 2010, we are now located at the beautiful White Hills Shopping Center, just above the Written Word bookstore.

In the 5+ years since Mother's Embrace began, hundreds of moms-to-be have come through our doors and shared a very special time of their life with us and with each other. Longstanding bonds

*We also offer classes for those of us whose baby making days are long gone.*

and friendships have developed through the classes that go on till this day! Many moms have returned with 2nd and 3rd pregnancies. The yoga family circle grows and grows!

It is important to add that while the studio is called Mother's Embrace Yoga and we cater to the needs to expectant moms, we also offer classes for those of us whose

baby making days are long gone. We offer Gentle Hatha classes for yoga newbies and those with physical disabilities, Mixed Level Hatha classes for those with some experience on up to seasoned yogis, as

well as Vinyasa Flow classes for those who like to be challenged. Linda is also trained in Yoga of the Heart, which is a specialized certification for those with cancer or cardiac issues. We offer new mom support groups, yoga for moms and babies, toddler yoga and, coming this fall, a breastfeeding support group will be added.

So, what started out many years ago as a way to bring stress relief to the community, has evolved into so much more! We look forward to welcoming the White Hills folks to our beautiful new space while we continue to offer a slice of Heaven for anyone who needs to take a breather from life's challenges.

Contact owner Linda Antignani, at (203) 925-YOGA (9642) or visit us at 194 Leavenworth Road Shelton (above Written Words bookstore). ♦



Linda B. Antignani of Mother's Embrace Yoga



## Mark Holden, Astronomer Sharing His Time and Telescopes

Mark Holden has been a resident of Shelton since 1982. He is currently Chairman of the city's Board of Apportionment and Taxation and he and his brother Bill own The Holden Insurance Agency. He's also a long term board member for Birmingham Group Health Services and their fundraising arm, the Birmingham Foundation. With work and volunteering taking up most of his time, Mark still makes it a priority to set aside at least two Fridays a month to enjoy his hobby, astronomy. Mark credits his wife, Wendy, for her support of all that he does—in particular, his love of astronomy.



Anyone who has stared into the magnificent night sky with wonder, or has ever experienced looking through a telescope can appreciate Mark's passion for astronomy. Mark joined the Boothe Memorial Astronomical Society in 1978 and serves as Vice President. He eagerly shares his time and telescopes with any and all who have a curiosity about the stars and planets. Recent public viewing included views of

Saturn and Mars, and late night glimpses of Jupiter and its Galilean moons. The observatory at Boothe Memorial Park is open to the public, and on the first and third Friday of every month you will find Mark there with his fellow astronomers, educating young and old alike.

Says Holden, "The sky is like a big art gallery, and the telescope is the key that opens the door so you can enjoy the view." A technology aficionado, Mark attends annual telescope-makers' conventions, star parties, and astro-forums where he and club members bond with their brethren and keep up to date with the latest and greatest equipment and gizmos of the trade. He owns several telescopes, varying in size and type, from a small 'grab and go' spotter scope to large high-grade refractors with hand-ground optics and computerized mounts.

In his brochure on how to buy a telescope, Mark offers sound advice for beginners: "One of the biggest mistakes you can make is investing in expensive equipment too soon." He urges newcomers to the hobby to join a local astronomy club learn about various equipment and different options available before they invest in their own telescopes. He says useful and fun telescopes are available in all price ranges, and so are frustrating toys. Spending an hour or two trading questions and answers with someone who is knowledgeable about the hobby can show you how to tell the difference. ♦

*Photos taken by Mark Holden through his telescope*



The Dumbbell Nebula



Pin Wheel Galaxy

### Fletcher Thompson Celebrates 100th Anniversary

Fletcher Thompson, an award-winning full-service architecture, engineering and interior design firm headquartered in Shelton, Conn., is proud to announce the celebration of its 100-year anniversary.

They have six East Coast offices, in Shelton and Hartford, Conn.; Boston, Mass.; Somerset, N.J.; Naples, Fla.; and New York City. Fletcher Thompson is growing regionally with an eye toward future expansion, both geographically and in the range of professional services it offers.

Over the course of a century, Fletcher Thompson has distinguished itself with an illustrious portfolio of projects. In its early years, the firm was known for its creative design and engineering of industrial and manufacturing buildings. Today it is a solidly integrated architecture and engineering firm with a strong body of design work in the K through 12 education, healthcare, college and university, corporate, development and government markets. Many of its projects have won American Institute of Architects (AIA) design awards for design excellence. The firm has also been honored by building, industry and community organizations for its work.

Fletcher Thompson was founded in 1907 by E. Leslie Fletcher, who first established his industrial engineering practice in Bridgeport, Conn. He was later joined by Charles L. Thompson in 1909, and in 1910 the firm established itself as the Fletcher Thompson Engineering Co., which later became Fletcher Thompson Inc. The firm has grown through a combination of acquisitions and the opening of new office locations.

J. Gerald Phelan, FAIA, PE, joined the organization in 1916 as a draftsman. In 1931, he became Managing Principal. Shortly thereafter, Mr. Phelan took over as the principal owner, and led the firm through the dif-



#### Goals for Centennial Include Focusing on Future Growth, Leadership



E. Leslie Fletcher



Charles Thompson

ficult Depression period and into a period of firm growth and increasing prominence. In 1956, John G. Phelan, PE, joined his father's organization as a field engineer while concurrently completing studies in Civil Engineering at Yale University. John succeeded his father as President in April 1970. In 1998, as a result of his retirement and the strategic reorganization of the firm, James A. Beaudin, AIA; John C. Oliveto, PE; and Michael S. Marcinek, became majority owners of the firm.

"We are proud to be celebrating this significant occasion," stated Michael Marcinek, managing partner and chief financial officer of Fletcher Thompson. "As we look to the future, we are confident that our next 100 years will continue to bring our clients as much design excellence, leadership and contributions to the community as we have successfully provided in the past 100 years."

The University of Connecticut Thomas J. Dodd Research Center in Storrs, Conn., is one of the firm's notable college and university projects. The complex contains 63,000 square feet of contiguous archival, academic and conference facilities within a technologically advanced, climate-controlled environment for the storage and preservation of university archives and special collections.

Within the healthcare sector, Fletcher Thompson has also left a major mark, especially in New Brunswick, N.J., where the firm's projects in the healthcare arena have helped to transform and revitalize the downtown and have contributed to the city's reputation as a "Health Care City" for the healthcare micro-market that has developed there consisting of internationally renowned medical researchers, practitioners and facilities.

In particular, the firm has been involved with New

## BUSINESS NEWS

Brunswick's Robert Wood Johnson Academic Medical Center and the University of Medicine and Dentistry of New Jersey since 1989. Projects for those institutions include designing three prestigious medical facilities: The Cancer Hospital at Robert Wood Johnson University Hospital of New Jersey, the Robert Wood Johnson University Hospital CORE Pavilion and the Clinical Academic Building Complex.

In the corporate sector, Fletcher Thompson is well known for one of its most uniquely designed corporate facilities, the Timex Group USA Inc. headquarters in Middlebury, Conn., which set a new standard for sustainability and was the winner of a design award from AIA. The project, cited in 2001 by Fast Company magazine as "transformative," is as unique as it is environmentally friendly.

Another Fletcher Thompson project is Shelton's new **Perry Hill School**. This project transformed an old, outdated school into a modern, welcoming facility for Perry Hill's fifth and sixth grade students through

Fletcher Thompson AIA award-winning redesign and reclamation of the old Perry Hill middle school.



the "like new" renovation of the existing 160,000 s.f. school building, and 9,000 s.f. of additions.

The forty classrooms and supporting teaching spaces are adorned with modern amenities that include computer stations, over head projectors, a smartboard and a speaker system with enhanced sound amplification, which will improve the students' educational experience. The building also has two spacious art rooms, two large music rooms, two computer labs, two gymnasiums and a state-of-the-art media center.

Thomas A. Fantacone, design principal of the firm, comments on his vision for Fletcher Thompson, "Building upon 100 years of success, we are moving forward to shape solutions that continue to elevate design in partnership with our clients and the communities in which we work."

To contact Fletcher Thompson, please call Diane Kozel at 203-225-6605 or email [dkozel@ftae.com](mailto:dkozel@ftae.com). ♦



### *Swim, continued from pg. 11*

Supporting the effort was a "dream team" of committed and passionate volunteers who lent their expertise to ensure that the event was safe, fun, and engaging for all. Special thanks go to Committee volunteers comprising of Breast Wellness Campaign Co-Chair, Sue Coyle, Joyce Barclay, Joe DeFelice, Patrick DiCaprio, Liz Kennard, Pam Petro, and Jack Walsh. David Grant served as Master of Ceremonies. Prudential took the honors as the event's Marquee sponsor, and other sponsors included

John J. Sullivan's Restaurant, Glaceau Smartwater, Goodrich Corporation, TD Bank, Unilever, Aquarion Water Company, Specialty Cable, the Valley Community Foundation, Webster Bank, Connecticut Emergency Medicine Specialists, and Beard Island Sand and Gravel Company. Also the committee would like to thank the Lake Housatonic Authority, the Derby Storm Engine Corps, Echo Hose Ambulance Corps, the New Haven Rowing Club, the City of Shelton and the State of CT DEP for their assistance in making this swim possible.

"It was both a humbling and

hopeful experience to watch the Committee and the swimmers themselves in action, and to hear the stories of those whom participants and supporters have loved and lost to breast cancer. Griffin Hospital is deeply grateful for – and proud of – the community's accomplishment, and we look forward to sharing our progress on the development of the Breast Wellness Center with everyone in the coming months," said Patrick Charmel, Griffin's President and CEO. The Committee is already planning the second annual Swim, which will take place in August, 2011. ♦



# SHELTON COMMUNITY & BUSINESS NEWS

## COMMUNITY NEWS

*Civil War, continued from pg. 18*  
took the reins and revived the nearly defunct SUVCW Camp Wooster-Russell. Since the recruiting drive for the 2009 chartering, Camp #22 moved their monthly meetings to the Huntington Branch Library and increased the number of activities to draw new members. The ranks of the camp have grown to more than 25 active members. Most of the members of our camp are descendants of soldiers who served during the Civil War but those who wish to join our ranks do not need ancestry to participate as associate members. In the last year, Camp #22 estab-

lished a color guard to participate at special patriotic events, participated in the 2009 Remembrance Day activities at Gettysburg, PA and after decorating GAR veteran soldiers graves for Memorial Day, local SUVCW members and the Civil War ladies auxiliary of the 20th Connecticut Infantry marched as a unit in the Derby-Shelton Memorial Day Parade for the first time in more than forty years.

In addition to the activities of the Camp #22, SUVCW brothers James Connery and Edward Wittkofski serve on the Shelton Civil War Memorial Committee

and lead the effort to establish a Shelton Civil War Memorial to be erected on the south side of the Huntington Green during the 150th Anniversary of the Civil War. Those interested in learning more about Shelton's Civil War Memorial or who wish to contribute can do so using link:

<http://www.sheltoncivilwarmonument.org/>

Those interested in learning more about the Sons of Union Veterans of the Civil War or wish to join can contact Ed Wittkofski or Tom Taylor through:

<http://www.suvcw.org/deptct.htm>. ♦

*Ehalt, continued from pg. 16*

remember him telling a group of us in our partnership that our horse was "going to kill his horse." I've also seen Governors and Senators as well as the head of the royal family that rules Dubai at the races. Probably the funniest scene was watching rapper MC Hammer, when he was at the height of his popularity, try to get into the Turf and Field Club at Belmont Park. The dress code required a jacket and tie and Hammer was basically bare-chested. They finally found a jacket for him and had him put on a tie – even though he didn't have a shirt – so he could go in and watch his horse run.

**What racetrack is your favorite and why?**

As much as I love to go to Saratoga and Del Mar in California, my favorite will always be Belmont Park because it's home to me.

**Is living in Shelton an advantage or disadvantage for someone interested in the horse racing business?**

I'd say it's an advantage. We're not that far away from the New York tracks, and Saratoga and Monmouth are about a three hour drive away. Being close to New York, it helps in keeping tabs on what's going on at the major tracks.

**Do you have any recommendations for a local person looking to enter into the business as a horse owner?**

Find some friends and get deep pockets. It's pretty costly just to stable a horse, running somewhere in the neighborhood of about \$25,000 to \$30,000 per year. If you get a minor injury that sidelines your horse – or buy a slow horse – the bills can mount in a hurry.

That's why it's usually best to have a partner to share the fun and the expenses. There are great rewards in this sport, yet so much can go wrong so quickly.

**Would you recommend any legislative changes designed to improve the overall health of horse racing in the United States?**

The best thing government can do is leave horse racing alone and let it operate like any other business. The inability of New York politicians to get Video Lottery Terminals installed at Aqueduct in New York for the last eight years has cost hundreds of millions of dollars that could have rejuvenated New York racing. I always get a kick out of politicians who say they hate gambling at a race track or casino, yet a state-run lottery is fine to them. Most people see lot more gambling in supermarkets, delis and variety stores – on the lotteries – than they ever do at a track or casino.

**Agree or disagree, in order to make a small fortune in horseracing one needs to start with a large fortune?**

I'd disagree. Some of the nation's best horses have come from humble roots. Funny Cide, who won the Kentucky Derby and Preakness in 2003, was originally bought for \$22,000 and was then sold to a group of friends for \$75,000. However, don't get into the game with the thought that you are going to strike it rich. Stories like Funny Cide are the exception rather than the rule. If you enjoy the sport, there are partnerships out there that will allow you to get involved for a relatively small price. That's probably the way to find out if the risk/reward ratio is right for you. ♦

## COMMUNITY CALENDAR

### SHELTON LIBRARY SYSTEM

#### Huntington Branch:

- Oct. 26, 5 p.m. – Teen author Amanda Marrone (Shelton resident) for teens
- Nov. 17, 6:30 p.m. – CT Mystery author Rosemary Harris
- Oct. 6, 6:30 p.m. – Go for the Stars with Robo the friendly robot, members from audience will dress in astronaut flight suits and perform live demos and experiments - lots of multimedia space exploration for all ages.
- Oct. 16 – Starlab from Hartford Children's Museum makes four presentations for kids in K-Grade 6
- Nov 2, 1 p.m. – Meet the Meteors
- Nov. 23, 3 p.m. – Meet the Geminids for kids 6 yrs and up. Friends of the Shelton Libraries selling book bags and thumb drives with library system logo.

#### Plumb Library:

- Oct. 2, 9, 30, 10:30 a.m. - Memoir Writing Series: Margaret DeMarino returns for support and sharing.
- Oct. 14, 7:00 p.m. - Annual meeting of Friends of the Shelton Library (FOTSL) - election of FOTSL officers this year.
- Oct.27, Nov. 17, 3:30 p.m. – New! Genealogy for Everyone — novice to experienced family tree shakers share ideas for searching and recording information on family history.
- Nov. 4, 7:00 PM – Shelton Bicentennial Quilt DVD “Stitches in Time” will be shown with quilt booklets and dvds on sale.
- Check the library website [www.sheltonlibrarysystem.org](http://www.sheltonlibrarysystem.org) for college workshops from College Navigator, Kaplan College Prep and Shelton's BHA Education Consultants on college selection, SAT prep, financing and loans for college, lots more.

### PARKS & RECREATION

All current program information is posted on the Parks & Recreation Programs bulletin board at the Community Center, 41 Church Street. For information please contact the Parks and Recreation Department at 203-925-8422 or see our web site [www.cityofshelton.org/community/reccenter.htm](http://www.cityofshelton.org/community/reccenter.htm). Pool and general Info/Cancellations (203) 331-4120; [www.cityofshelton.org](http://www.cityofshelton.org) > Community Services > Recreation Center > Online Documents.

### SHELTON SENIOR CENTER

Please call our info line for updates or cancellations: (203) 924-2355 Shelton Senior Center Direct Line: (203) 924-9324

### SHELTON YOUTH SERVICE BUREAU

SYSB is accepting nominations of Shelton students who have shown leadership skills or who have in some way made a difference in the community of Shelton. Each month, a student is chosen and then recognized in a local newspaper. Students are honored at a reception at the end of the year and their photo is displayed in Shelton City Hall for 1 year. Nomination forms are available at the libraries or online at [www.cityofshelton.org](http://www.cityofshelton.org).

### SHELTON HISTORICAL SOCIETY

Call 203-925-1803 for more information.

## SHELTON'S HOUSEHOLD HAZARDOUS WASTE COLLECTION DAY

The City of Shelton will sponsor a Hazardous Waste Collection Day **Saturday, October 2, 2010** from 9:00 A.M. to 1:00 P.M. at the Highways and Bridges garage at 40 Myrtle Street.

Residents may bring the following materials to be disposed of: oil based paints and strippers, paint thinner, solvents, stains and varnishes, solvent adhesives, lighter fluid, waste fuels (kerosene, gasoline), antifreeze, engine degreaser, carburetor cleaner, brake fluid, car wax, poisons, insecticides, weed killers, mothballs, wood preservatives (except penta), no-pest strips, flea powder, hobby supplies, artist supplies, rubber cement, airplane glue, fiberglass resins, photo chemicals, chemistry sets.

Also included are cleaning supplies, furniture, floor and metal polishes, oven toilet bowl and drain cleaners, rug and upholstery cleaners, spot removers, dry cleaning solvents, septic tank degreasers, swimming pool chemicals, dry cell batteries and aerosol cans.

For more information contact the Highways and Bridges Department at 203-924-9277 or the Mayor's Office at 203-924-1555, Ext. 370

**REMEMBER**  
**SHELTON DAY 2010**  
**SUNDAY OCTOBER 3rd**

COMMUNITY NEWS

**Flag Day Picnic ♦ June 11, 2010**

