

The Eastender

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June 8, 2007

Your environmentally friendly community newspaper

Volume 6, Issue 26



Two youngsters enjoy one of the midway rides at the 40th edition of the Blackburn Fun Fair last Saturday. See story on page 3. Fred Sherwin/Photo

Report lays out plan for light rail network

By Fred Sherwin
The Eastender

Orléans commuters could be riding the rails to work by the year 2017, according to the authors of the latest plan to solve the City of Ottawa's transportation woes.

The Mayor's Task Force on Transportation released its highly anticipated report early this morning which calls for a comprehensive, multi-pronged approach to addressing the city's future transportation needs starting with a reorgani-

zation of OC Transpo so that it operates at arm's length from the city bureaucracy.

As far as a future transportation network is concerned, the task force has taken an incremental integrated approach to the issue which calls for the utilization of existing VIA rail infrastructure, including the VIA Station, as well as the old Union Station across the street from the Chateau Laurier in downtown Ottawa (currently the Government Conference Centre).

CLICK HERE TO CON'T p2>

Queenswood Family Fun day set for this Saturday

By Fred Sherwin
The Eastender

Organizers are putting the finishing touches on preparations for this year's Queenswood Heights Family Fun Day which gets underway tomorrow Saturday, June 9 at 11 a.m.

Among the various activities planned include a giant inflatable slide, a bouncy castle, dunk tank, soccer challenge, football toss, bubble station and miniature golf, while the community stage will feature a presentation of "Beauty and the Beast" by the Orleans Young Players Improv class and a teen rock band.

The teen band will take the stage first from 12 noon until 1 p.m., followed by "Beauty

and The Beast" from 1 p.m. to 2 p.m. and a dog show from 2:30 p.m. to 3 p.m.

Tickets for the rides will be sold for 25 cents (5 tickets for a slide and 2 tickets for the bouncy castle) or \$5 for stamp good for the entire day.

Among the activities taking place inside the community centre will be a Friends of the Library kids book sale; a display of historic Queenswood Heights photos; and the winning selections in the Family Fun Day poster contest.

Although most of the activities will occur around the Queenswood Heights Community Centre at the corner of Amiens Road and Duford Drive, other events will take

place at Centennial Park and Queenswood Public School where kids will be able to try their hand at mural painting while their parents look for bargains at the school's garage sale.

Besides lots of fun activities participants at this year's Fun Fair will get to meet with representatives from the city's emergency service branches including the Ottawa Police Service which will be there handing out information on their Child Print Program and the Ottawa Fire Department who are bringing their fire safety house with them.

Representatives from Canadian Blood Services will also be doing blood tests to tell

people what blood type they have.

Last but not least, hungry fair-goers will be able to chow down at the Fun Fair BBQ organized by the Orleans Bengals Football Club as well as enjoy traditional fair treats such as cotton candy, candy apples and snow cones.

This year's Fun Fair is also benefiting from the efforts of all four parent councils from Dunning Foubert Elementary School, Queenswood Public School, Reine-Des-Bois school and Our Lady of Wisdom Catholic School.

For more information about the Queenswood Heights Family Fun Day visit www.queenswoodheights.com.

Community briefs



The staff at Coldwell Banker Interactive Realty on St. Joseph Blvd. present a cheque for \$5,000 to Donna Hicks (centre) from Habitat for Humanity. Each agent at the real estate office donated a portion of their commission to the cause. On Sunday, they delivered a cheque for \$2,000 to CHEO. Photo supplied

Arts Ottawa East receives arts activist award

OTTAWA — The Arts Ottawa East arts council was recently presented with an award for promoting the arts, artists and member arts groups in Ottawa's east end by the Ottawa School of Art. Arts Ottawa East executive director Christine Tremblay was on hand to accept the Community Arts Activism Award on behalf of the organization which has been promoting the arts for the past three decades.

Interprovincial bridge Open House next week

ORLEANS — East end residents will get their first chance to get a close look at the various options being studied for a future interprovincial river crossing at an Open House to be held next Thursday, June 14 from 5 p.m. to 9 p.m. in the cafeteria at Sir Wilfrid Laurier Secondary School on Tenth Line Road. Representatives from the engineering firm conducting the study will be on hand to answer people's questions and receive feedback. The five options being studied are at Kettle Island, connecting with the Aviation Parkway; Lower Duck Island, connecting with Hwy. 174 near the Canotek Business Park; Tenth Line Road at Chatelaine Village; and Petrie Island connecting with Trim Road and the ferry crossing near Cumberland Village.

Light rail network could be built over the next 20 years

> CONT'D FROM PAGE 1

During the first phase of the project between now and 2010; an environmental assessment would be done on a three metre downtown rail tunnel from Lebreton Flats to the University of Ottawa; the O-Train would be extended to Leitrim Road; rush hour rail service would be established from Kanata and Barrhaven to the VIA Station using the existing rail line, as well as from Kanata North and Barrhaven to Bayview and provide commuter service from Alexandria, Maxville, Casselman, Limoges, Vars and Carlsbad Springs to the VIA Station using the existing light rail line in partnership with the outlying municipalities.

During the second phase of the plan between 2010 and 2017 the downtown tunnel would be built and all day service would be established from Orléans downtown using a line that would follow the the transit right of way and hydro corridor south of Innes Road from Trim to the existing VIA rail line near Innes and Anderson Road by 2015.

The plan also calls for the transitway to be fully converted to electric light rail as soon as possible after 2017, including a line

from the VIA station to the split and east along Hwy. 174 to Trim Road.

Not surprisingly the plan also comes with a lot of "what ifs". It's dependent on major funding coming from the federal and provincial governments, it relies heavily on the co-operation of VIA Rail and it has yet to be properly costed out. According to the task force, the bill should be somewhere in the vicinity of \$900 million including \$480 million for the tunnel. The north-south light rail from the University of Ottawa to Barrhaven that was cancelled in December was supposed to cost \$900 million on its own without a tunnel.

The task force is also recommending diesel-electric trains be used to transport passengers for two reasons. First, the tunnel line needs to be made electric to avoid ventilation problems and hybrids will make it possible to gradually switch over to electric without having to buy new trains.

The task force's recommendations will now be incorporated into the current discussion on revamping the city's transit system which began earlier this year and is expected to be finalized in the fall of 2008.

All systems go for this weekend's soap box derby

By Fred Sherwin
The Eastender

Ladies and gentlemen start your engines. It's time once again for the Orleans Soap Box Derby taking place this Saturday on Orleans Blvd. between Carriere Street and St. Joseph Blvd.

The weatherman is calling for near perfect conditions for this year's derby which will be in stark contrast to last year's event which

suffered from near frigid temperatures.

Competition will take place in six different categories including Hobby Street for relative beginners to the officially sanctioned Canadian Soap Box Racing Association divisions.

The opening ceremonies will take place at 9 a.m. followed official start of the first race. The award ceremony will take place at 5 p.m.

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40th annual Blackburn Fun Fair a huge success

By Fred Sherwin
The Eastender

The rain held off and the sun shone through as a record number of people celebrated the 40th anniversary of the Blackburn Hamlet Fun Fair over the weekend.

Fun Fair committee chairperson Jennifer Cloutier couldn't have been happier with the weather or the turnout.

"I'm elated I couldn't be happier. All the praying paid off," Cloutier joked on Monday. "It was the first time it didn't rain in four years. It ran so smoothly and the fireworks were beautiful. I'm beside myself that I managed to pull it off."

The Fun Fair kicked off on Friday night with a Kidz Dance in the Blackburn Arena for kids aged 15 and under, while outside the midway rides and carnival games were doing a booming business.

On Saturday, the morning got started with the traditional pancake breakfast in the Blackburn Community Hall as Innes Ward Coun. Rainer Bloess helped serve up some flapjacks before racing to Louis Riel high school to take his place in the Fun Fair parade led by this year's honorary grand

marshal Lois Kemp.

Back at Blackburn Park, hundreds of happy fair-goers lined up for the midway rides or took in the main stage entertainment that included an appearance by the Mad Science Show, a performance by Dance Dynamics, the Junkyard Symphony, the Money Shot Band and a number of Blackburn Idol participants.

Mayor Larry O'Brien was also on hand to help hand out birthday cake to dozens of eager youngsters. There was also a dunk tank, caricature drawings, face painting and a book sale.

But the highlight Saturday night was the Sens game which was broadcast on a large screen television inside the community hall followed by a fireworks display. Over 250 people cheered their lungs out as the Sens came back from a one goal deficit three times before putting the game away in the third period to narrow the Stanley Cup series deficit to two games to one.

It's going to be tough to beat the success of this year's Fun Fair, but Cloutier says she's going try.

"I'm already thinking of different things I want to do next year" says Cloutier who



Mayor Larry O'Brien and Innes Ward Coun. Rainer Bloess hand out birthday cake during the Blackburn Fun Fair last Saturday. Fred Sherwin/Photo

took over the reigns as chairman after spending the last four years on the Fun Fair committee.

First seeds planted in Orléans community garden

By Fred Sherwin
The Eastender

It took a ton of elbow grease and plenty of sweat equity to turn a parcel of city-owned land on the corner of St. Joseph Blvd. and Tenth Line Road into what will soon become a Garden of Eden last Saturday. All that's needed now is a little help from Mother Nature.

The first seed was actually planted a year ago when Tom Breuer started a small garden in his backyard as a family activity he could share with his children. He then started doing research on community gardens and decided to pursue the idea of starting a community garden in Orléans.

"It's an inexpensive way to have some fun and family time," says Breuer. "The kids had a blast. They made a big mess, but they had a blast."

Breuer's first step was to contact councillor Bob Monette's office who organized a public meeting last March to gauge the level of support for the idea.

Although only 10 people showed up for that first meeting, the general sentiment was to forge ahead and the idea continued to grow through a series of monthly meetings culminating in the garden's Grand Opening on Saturday when 27 people showed up to stake their claim to the first plots up for grabs.

Four of the plots were set aside for the Orléans-Cumberland Community Resource

Centre which is using them to grow several varieties of vegetables which will distributed through the centre's emergency food program.

Orléans Community Garden president Wade Suplat was thrilled with the turnout which included a group of Katimavik students visiting Orleans who pitched in to help with the food program plots.

"It's been just fantastic. About 30 to 40 people came out this morning to help get things started. We had a good group here to help with the food bank plots. We also had a bunch of kids and they planted pumpkins and peanut plants in the kids plot. It's been great," said Suplat.

Jon Driscoll was still wheel-barrowing compost back and forth from the compost pile to his plot well into the afternoon. The Chatelaine Village resident found out about the community garden on the website.

"I have too much shade at my house so I can't really grow anything. I did a lot of research about community gardens and what they can do and I like fresh vegetables, so I decided get a plot," said Driscoll who plans to grow beans, lettuce, tomatoes and onions. "I prefer organic vegetables, but buying organic from New Zealand kind of defeats the purpose."

Besides manpower, the community garden project has also benefited from a number of donated items such as a truck load of compost from the City of Ottawa, shrubs



Tom and Jamie Breuer plant seedlings during the opening day of the Orléans Community Garden on St. Joseph Blvd across from the East Division police station. Fred Sherwin/Photo

from J.A. Laporte's Flowers and Nursery and seeds and seedlings from Ottawa Plant Cycle. They also received a \$10,000 grant from the city's Green Partnership program.

While 27 plots have already been taken, there are plenty still available. Anyone interested in obtaining a plot can contact Wade Suplat at 613-841-2769.

The Eastender

Fred Sherwin
Editor & Publisher

Letters should be limited to 250 words.

The Eastender reserves the right to edit correspondence for length with a commitment to maintaining the integrity and spirit of the content.

To submit a letter to the editor to The Eastender e-mail the-eastender@orleansonline.ca.

Credibility gap

So Dalton McGuinty is once again promising he won't raise taxes. Seems to me we've heard this song before.

In 2003, McGuinty not only promised that he wouldn't raise taxes, he signed a pledge to the same effect just two months before Ontario voters headed to the polls. Then six months later he reneged on his promise when the Liberals introduced the Ontario Health Premium in their first budget.

His excuse at the time was that they hadn't realized how bad the province's finances were, which is B.S. because in the late spring of the same year they accused the Conservatives of understating the deficit which they pegged at \$4.3 billion.

And if you go back and check the public record McGuinty reiterated his promise six times between the day the Liberals were elected and the day the budget was released including on April 24 when he told Graham Richardson on Focus Ontario... "Well, what we've said all along, I am very clear about this, is that we're not going to be raising taxes."

Even if the Liberals were broadsided by the size of the deficit they had inherited, they would have known about it after five months in office? So why was McGuinty still steadfastly misleading Ontario taxpayers in April, 2004?

So, sorry Mr. Premier if we're not jumping up and down and turning cartwheels over your latest campaign pledge not to raise taxes. I'm reminded of something my father always told me, "Never make a promise you can't keep." So don't blame us if we take your latest promise with a huge grain of salt.

Dalton McGuinty promising not to raise taxes is like Brian Mulroney promising he won't bring in the GST and Jean Chretien promising he'll get rid of it.

How does the old saying go, "Fool me once shame on you. Fool me twice shame on me." Well, I for one, don't plan to get fooled twice and I would hazard to guess there's a lot of other voters out there who might feel the same way.

If you want to win our trust back, offer a *mea culpa* and issue an apology about misleading us the first time, and rescind the health tax premium.

At least then you would start to close the credibility gap that is hanging around the Liberals' neck like an overstuffed albatross.

- Fred Sherwin, editor

Transportation report has merit along with a lot of questions

God bless the Mayor's Task Force on Transportation for coming up with a long range plan to address the city's transportation woes that builds on the networks already in place such as existing rail lines and the Transitway, and is affordable. You have to at least give them an "A" for effort.

Unfortunately, the plan also relies on two or three key assumptions. First, it relies on the federal government's willingness to turn the Government Conference Centre into a train station. Second, it relies on VIA Rail's willingness to share the Ottawa Train Station with the city's light rail network. And third, it relies on a significant amount of money coming from both the federal and provincial governments.

That's a lot of "what ifs".

As for commuters living in the far east end, the plan calls for a light rail line from Trim Road to the Via Rail Station, running just south of Innes Road. While it's not exactly the most direct route downtown, the extra comfort that light rail would provide would more than make up for the additional travel time.

Personally, I think the plan is destined for the dust bin, which is too bad because it contains a lot of good ideas such as extending rush hour service to outlying municipalities by using existing infrastructure which would go a long way in alleviating the number of cars coming into Ottawa from outside the city.

The plan also calls on the city to eventually convert the transitway to light rail which is a no-brainer.

The task force plan calls for two main terminuses - one at the Ottawa Train Station and one at the Government Conference Centre, both of

which make perfect sense and both of which are dependent on the federal government's cooperation.

One argument that could be made to the feds is that the Task Force's plan would cost a lot less than building a light rail network from scratch.

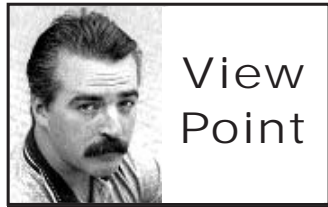
The biggest beef I have with the plan is that it doesn't deal with local problems soon enough. Instead of waiting until 2010 to start building the South Innes light rail line, the city should build a transitway first and then convert it to light rail when it starts changing over the rest of the system.

In the north end of Orléans, the city should extend the dedicated bus lane from Jeanne d'Arc Blvd. to Trim Road along with a transit station at Jeanne d'Arc and Hwy. 174, which, the last time I checked, was still in the works.

If the dang city and the province could get their act together and build an interchange at Hunt Club and Hwy. 417 with access to Innes Road it would go a long way to alleviating congestion at the split which, in turn, would mitigate the need for a North Orléans light rail line along Hwy. 174.

There is merit in the Task Force's plan, no question. The next step is to get it properly costed out, especially the downtown tunnel, and then figure out how to pay for it.

If this were Toronto, I would say "Piece of cake". But this is isn't Toronto, so my best guess is that you can tack on at least three to five years to the timeline contained in the report which means you can expect to keep shoe-horning yourself on to your bus, or humming along to the hits of the 50s, 60s and 70s while you crawl along the Queensway, for a few more years yet.



View Point

Fred Sherwin



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Three local OCDSB educators nominated for award

I would like to extend warm congratulations to Heather Lawson of Orleans Wood Elementary School, Heather MacDonald of Sir Wilfrid Laurier Secondary School and Brenda Muggleton of Heritage Public School on becoming finalists in the OCRI's Capital Educators' Awards.

The Capital Educators' Awards acknowledge the contributions of educators across the whole spectrum of education from kindergarten to PhD.

The awards which are organized by the Ottawa Centre for Research and Innovation pay tribute to the talented and dedicated professionals who demonstrate teaching excellence, act as role models, and instill confidence and a passion for learning in their students. All three women



have made exceptional contributions to the community and truly deserve this recognition. The Ottawa-Carleton District School Board is very fortunate to have employees like them.

Earlier this year, the new board of Trustees requested that the Ministry of Education send in a "Special Assistance Team" to advise the OCDSB on how we should balance our budget. The Special Assistance Team's report, "All Students and All Communities", was released on

May 8 and some of the highlights include:

- support for the OCDSB to balance its budget over two years

- the need to review many of our programs and how we offer them

- the need for the province to review the funding formula as we are being shortchanged millions of dollars in funding every year
- and the need for the OCDSB to close underutilized schools expeditiously

In total there are 27 recommendations made to the OCDSB and Ministry of Education in the report.

The Special Assistance Team has recognized that the new board of Trustees has been very proactive in trying to get our finances in order. We have initi-

ated many program reviews, we are looking at many school closures and we are seeking new sources of revenue. I am committed to working with other trustees to implement the Special Assistance Team's recommendations during the current budget process.

As the board finishes its budget debates, I would encourage anyone with concerns to contact me and I will explain where we are in the process.

As always, I remain committed to public education and its supporters in Orléans-Cumberland. If you have any questions or require my assistance you can reach me at john.shea@ocdsb.ca or call 613-875-7432.

(John Shea is the public school board trustee for Orléans-Cumberland.)

Summer camps offer wide variety of programs for kids

By Fred Sherwin
The Eastender

The end of April is usually synonymous with tax return season, but it is also the time parents should start thinking about summer camps for their kids. Fortunately in the far east end there are a myriad of possibilities to choose from that cater to wide variety of interests.

The Orleans Young Players Theatre School is once again offering one and two week summer camps for juniors (Grade 3 to 6) and seniors (Grade 7 and up). The camps run from 9 a.m. to 4 p.m. at a cost of \$185 per week. Extended hours from 8 a.m. to 5 p.m. are also available at an additional cost.

All camps end with a full performance on stage at the Orleans Theatre with lights, sound and special effects.

To find out more visit the OYP website at www.oyplayers.on.ca.

If your child has always had an interest in dancing you may want to think about enrolling them in one of the camps being offered by Leeming Danceworks between July 4 and July 27.

The dance studio has a day camp program for children

ages 4 to 14 incorporating jazz, ballet, tap and hip hop. Dance related activities include creative movement, costume design, stage make-up, hairstyling, musical theatre, arts and crafts and music appreciation.

The camps are taught by qualified and experienced instructors with sessions lasting one, two, three or four weeks.

The full day camp for six to 12 year olds runs from 9 a.m. to 4 p.m. with one hour of free day care provided before and after each session. The cost is \$195 per week.

The half-day camp for four and five year olds runs from 9 a.m. to 12 p.m. at a cost of \$110 per week. Lunch is not included.

For more information call 830-5230, or drop by the studio at 1420 Youville Dr. between 5 p.m. and 8 p.m. during the week.

Many parents use both the OYP camp and the Leeming Danceworks camp to see if theatre or dance is something their child truly wants to get involved in without making having to make a long term commitment.

The Superdome Sports Camp is also a great way to expose

your child to a variety of sports to see if they might be interested in pursuing something further.

The Superdome offers quality instruction in a wide variety of sports, with particular attention given to developing the participants self-esteem using four basic principles of fun, participation, skill development and fair play.

The camp is geared for children 6 to 13 years of age. Indoor and outdoor activities include golf on the indoor driving range, archery, soccer, softball, ultimate frisbee, touch football, volleyball and much more.

The camp runs from July 3 to Aug. 31. Each session is five days except for the week of July 3 and Aug. 7 which are four days. The cost per week is \$189 which includes a daily lunch.

Each daily session runs from 8 a.m. to 4 p.m. with after care available from 7:30 a.m. to 8 a.m. and 4 p.m. to 5:30 p.m. at an extra charge of \$5 per day.

Campers are asked to bring running shoes, sunscreen, shorts and a T-shirt, a sweatshirt, sweatpants and snacks for breaks.

To find out more information or to view the lunch menu visit www.superdome.ca/summercamp.shtml.

The Visual Arts Centre Orleans located on the main floor of the Orleans Recreation Centre is offering summer classes for students in two different age groups: from 6 to 8 years of age and from 9 to 12. Each program is a week in length with classes normally held from 9 a.m. to 12 p.m. every morning.

Some of the programs being offered include cartooning, sculpture and paper maché. One of the camps is called Camp DADA in which the participants will journey into the absurd during a fun-filled week of surreal activities.

The cost of each week long set of classes is \$140 for VACO members and \$150 for non-members.

To register or to find out more information call 613-830-5420.

Last but not least, the Ray Friel Centre has a log list of summer camps including a sports camp, aquatics camp, mad science camp, dance camp etc. For more information visit www.rayfriel.com.

Local sports

Gloucester Synchro enjoys gold medal haul at provincial tier championships

By Fred Sherwin
The Eastender

After suffering through three lean years at the Ontario Provincial Tier Championships, the Gloucester Synchronized Swimming Club returned to dominance over the weekend, winning four gold medals including three of the five tier titles up for grabs at the Nepean Sportsplex.

The club's Tier 4 Combo team of Perrin Bryson, Christine Beaudoin, Jillian Walarchuk, Sara Ogilvie, Katie Walker-Byron, Genevieve Dunn, Luba Chabursky, Adrianna Sorgo, Casey Gervais and Marlene Haines set the tone for the weekend, easily winning the gold medal in their event Saturday night. Meanwhile, members of the club's various tier level teams were making waves in the figures portion of the competition.

In figures, each team member must perform four different elements in front of a panel of judges. The individual marks are then added together to create a team score which counts for 50 per cent of the overall mark heading into the final routine portion of the competition on Sunday. After figures, Gloucester's Tier 2, Tier 3 and Tier 4 teams all found themselves in second place.

Sunday kicked off with the Tier 1 final in which the Gloucester Synchro team finished in fifth place. In the Tier 2 event, the Gloucester team turned in a near flawless performance to register a 62.0000, which was nearly a full three

points better than Mississauga whose placed second.

When the overall marks were announced, Gloucester finished in first place with an overall score of 59.0047. London came second with a score of 57.4167 and Mississauga finished third with a score of 57.3959.

The Tier 2 team was led by Leanne Lovsin who placed eighth in figures in the 13 and over category. The rest of the team is made up by Chanel Bourdeau, Marie-Eve Sabourin, Emilie Levac-Martinho, Jenny Weatherstone, Marjorie Nadeau, Melissa Marchand, Gabrielle Brosseau and Julie Corriveau.

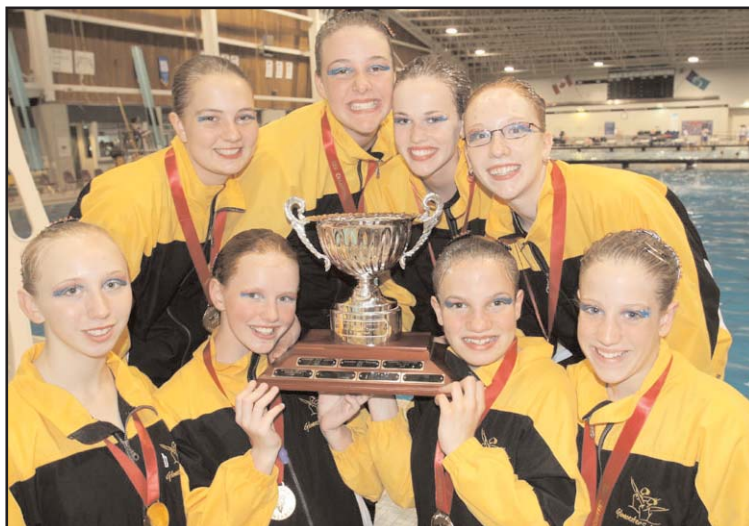
Heading into the Tier 3 final routine, the Gloucester Synchro team trailed Mississauga by eight-tenths of a point. Swimming last out of 10 teams they posted a 64.667 which tied them with the Brock Synchro Club, both of whom finished ahead of Mississauga.

As the Gloucester Synchro supporters cheered from the stands, the PA announcer read out the team's overall score of 60.4896 which was 0.1561 better than Brock who managed to slip into second place ahead of Mississauga.

Watching the final round unfold from the deck, coach Lianna Sottile admitted to being slightly anxious.

"I got a little nervous because they're a young team, but they did well. I'm very proud of them," said Sottile.

Team member Adrianna Sorgo said they were more excited than nervous.



Members of the Gloucester Synchro Club's Tier 3 team pose with the championship trophy after coming in first place at the Ontario Provincial Tier Championships on Sunday. Fred Sherwin/Photo

"It was our last swim so we were really excited. We just wanted to show everyone what we were capable of," said Sorgo before the team picked up their trophy and gold medals. "When the crowd started going bonkers, we had a pretty good idea we won."

The team was in pretty good shape heading into the finals thanks to several excellent individual swims in the figures portion of the competition. Lindsay Kein finished second in the 13 and over division and Celeste Chevrier placed third in the 12 and under category. Annie Taylor also did well posting a fifth place performance in the 13 and over division. The rest of the team is made up of Sophie Legault, Perrin Bryson, Casey Gervais and Melissa Bowman.

The Gloucester Synchro Club continued their winning streak with a first place performance in the Tier 4 final as the team of Pamela Schroeder, Christina Phillips, Sara Ogilvie, Genevieve Dunn, Marlene Haines, Amelie Proulx, Jillian Walarchuk and Christine Beaudoin posted a score of 63.667 to give them an overall mark of 60.6147 which was a full mark better than Missuaga.

The four gold medals won by the Gloucester Synchro Club is remarkable considering they hadn't won a medal of any kind since 2004 when they won a gold medal in the Tier 6 division. Last year, they placed fourth in Tier 4, fifth in Tier 2 and Tier 3 and 12th in Tier 1. Overall they placed seventh in the Grand Aggregate standings out of 23 clubs.



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Local sports

Handful of east end athletes qualify for provincial track and field championships

By Fred Sherwin
The Eastender

BELLEVILLE – Making it to the East Regional OFSAA Track and Field Championships is one thing, finishing in the top four to earn a ticket to the provincial championships is another and winning your event is something else entirely.

Of the 11 athletes from the east end who went into last week's East Regional meet as a reigning National Capital champion, only two managed to win their respective events and only five of them managed to qualify for the this week's provincial high school championships in Ottawa.

One of the athletes who did live up to their advance billing was Colonel By sprinting sensation Segun Makinde who won the junior boys 100 and 200 metres in record time and ran the second leg on Colonel By's junior boys 4x100 relay team that also finished in first place. Last but not least, he placed second in the junior boys long jump to earn his fourth ticket to the provincial championships.

It was an impressive performance by the 16-year-old Grade 10 student who came within a fraction of a second of qualifying for the World Youth Championships in the 200 and would have qualified in the 100 if not for the absence of a win gauge.

Makinde's time in the 200 metre final was 22.03.seconds which was over a second faster than the previous meet record of 23.08 set last year by Mike Robertson from

Williamstown and only .04 seconds over the World Youth qualifying standard of 21.95.

In the 100 metre final, Makinde ran under the World Youth standard of 10.99 seconds for the second week in row. Last week at the National Capital championships he ran a 10.95, but it didn't count as a qualifying time because of an illegal wind. On Friday he covered the distance in 10.97, but because the race officials had neglected to set up a wind gauge the mark cannot be certified which means that Makinde will try to run under 11 seconds a third time next week. The current OFSAA record in the event is 11.17 seconds.

But after winning his two specialty events, Makinde was simply happy to be running at the top of his game with the provincial championships just around the corner.

"That's how you do it," Makinde yelled as he crossed the finish line in the 200. "I'm feeling great right now. I just wanted to go out and put up two really good times. The marks will come. I just have to do it again at OFSAA."

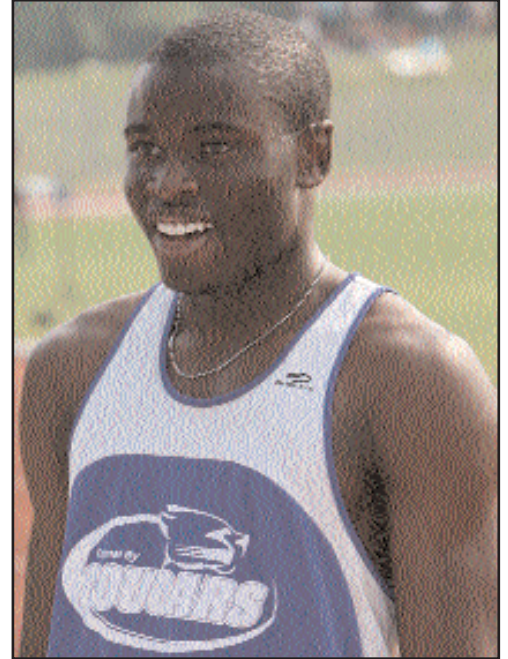
Cairine Wilson's Rachel Aubry had an up and down day on the Bruce Faulds Track in Belleville. After finishing second in the senior girls 400 metre hurdles Thursday night, she won the 800 metres in a personal best time of 2:18.07 on Friday which is a little over a second off the national junior standard of 2:17.00 seconds. An hour later, she failed to qualify for OFSAA in her specialty the 400 metres after she finished a disappointing fifth. All in all, however, it was a very successful meet for the 17-year-old Grade 11 student.

"I'm very happy. To qualify in two events is pretty good and I ran a major (personal best) in the 800 by about three seconds," said Aubry.

One of the day's pleasant surprises was Mila Simulak from St. Matthew High School who won the senior girls triple jump with a leap of 11.20 metres which is well over the qualifying standard for the national junior championships being held in Abbotsford, B.C. at the end of July.

Unfortunately, Simulak was unable to carry her success over to the high jump where she placed fifth, or the long jump where she finished ninth with a leap of 4.53 metres after placing second at the National Capital championships where she jumped over five metres.

Another pleasant surprise was the performance of St. Peter High School sprinter Dayna Dover. Even though she finished fifth in the senior girls 100 metres, she posted her second personal best time in as many weeks, covering the distance in just 12.82 seconds.



Segun Makinde from Colonel By is all smiles after setting two new meet records at the East Regional OFSAA qualifying meet in Belleville last week. Fred Sherwin/Photo

As for which east end school qualified the highest number of athletes to the provincial championships, Colonel By led the way with four including Makinde. Cameron Smithers also qualified with a fourth place performance in the junior boys 400 and Lindsay Anderson and Sarah Gariba qualified in two events each.

Anderson finished a close second to Stephanie Hulse from Holy Cross in both the junior girls 1500 and 3000 metres, while Gariba had the distinction of holding the meet record in the junior girls 200 metres for all of two hours after she ran a 21.00 in her preliminary heat. In the final, Kristy Hill from Lakefield District High School ran a 20.95, while Gariba came in second place in a mirror finish of the junior girls 100 metres.

Although no other east end school will be sending more than one athlete to OFSAA, no fewer than eight local schools will have a representative at the meet. Gisele Lalonde's Olivier Gauthier-Kwan finished third in the senior boys 100 metres and fourth in the long jump; Eric Leclerc from Beatrice-Desloges placed fourth in the midget boys 400 metres; Nicole Francki from Sir Wilfrid Laurier finished third in the 3000 metres and fourth in the 1500; Steven Dignard from Samuel Genest placed second in the senior boys shotput; Katrina Vandervoort from St. Peter High School finished third in the senior girls long jump; Tim Huebsch placed fourth in the junior boys 1500; and Jonathan Antoine from Samuel Genest finished fourth in the junior boys 100.



Rachel Aubry from Cairine Wilson leads the pack across the finish line in the senior girls 800 metres at the East Regional OFSAA meet in Belleville last week. Fred Sherwin/Photo

Rockland athlete breaks trio of records at OFSAA meet

By Fred Sherwin
The Eastender

BELLEVILLE – It's safe to say that before the East Regional OFSAA Track and Field Championships on Friday, very few people in the track and field community knew much about Ashlea Maddex.

Not so anymore. The Grade 9 Rockland District High School student turned more than a few heads and raised plenty of eyebrows, including those of Olympic gold medalist Glenroy Gilbert, after she broke three meet records in three different events in less than 45 minutes.

What made the accomplishment even more spectacular is the fact that she made the national junior standard in two of the events – the midget girls 100 metres and the high jump – and she's only 14-years-old.

Maddex's record breaking streak started in the 80-metre hurdles where she covered the distance in 12.58 seconds, bettering the old mark of 12.65 seconds. She went from the finish line straight to the high jump area where she had already wrapped up first place before the start of the hurdles final and bettered the previous meet record of 1.58 metres.

Looking to improve the mark even further, she took a deep breath, calmed herself down and promptly cleared 1.64 metres on her first attempt. After failing to clear 1.65 metres on her first two attempts she changed from her jumping shoes to her spikes and won the 100 metres in 12.70 seconds.

From the time she settled in the starting blocks in the 80 metre hurdles to the time she crossed the finish line in the 100 metre final spanned just under 45 minutes.

Watching the events unfold from the

sidelines, Gilbert made the comment that Maddex was the best looking athlete he's seen in a long time for her age.

"She's big and strong and she's got all kinds of raw talent it's just a matter of how much she's willing to train," said Gilbert.

When informed of Gilbert's comments, Maddex said she was flattered before admitting that she had no idea who Glenroy Gilbert was, nor was she aware that she had made the national junior standard in the high jump and the 100 metres.

"I don't like to think about that kind of stuff when I'm competing. It makes me nervous," said Maddex. "I just try to do the best I can. If someone's beating me I just concentrate on my technique more."

Unfortunately, Maddex's time in the 100 metres could not be certified because the race officials neglected to set up a wind gauge before the start of the race. Not that it mattered. Heading into the meet she had already posted a 12.64 in the final of the Eastern Ontario Secondary School Athletic Association (EOSSAA) championships last week in Brockville. The national junior standard in the 100 metres is 12.70.

Besides track and field, Maddex is also an excellent basketball player and she's also on her school's volleyball team. Next year she plans to try out for the varsity rugby team. She may have to shelve those plans, however, if she wants to reach her maximum potential on the track.

While she's been competing in track since Grade 5, she's only been training with the Ottawa Lions Track and Field Club for the past two months. She's also an honour roll student and recently picked up a half dozen awards for achieving the top mark in a number of courses at her grade level.

Rockland's track coach Karen Kryviak



Ashlea Maddex from Rockland District High School set a trio of meet records at the East Regional OFSAA meet in Belleville last Friday. Sherwin/Photo

says Maddex is one of the best combinations of student and athlete she's ever had the pleasure to be associated with.

"She's definitely one of the strongest athletes we've had in a while," says Kryviak. "But she's also a top academic student and she's very involved in the school."

Maddex will get a chance to test her skills against some of the best midget-aged high school athletes from across the province during the OFSAA provincial championships this coming Thursday and Friday at the Terry Fox Athletic Facility in Ottawa.

Cumberland Grads use draft to add size to their lineup

By Fred Sherwin
The Eastender

After occupying the CJHL basement for most of last season, the Cumberland Grads went into Sunday's entry draft looking to improve in a number of areas, most notably size. With eight picks in the first four rounds, the team did just that, selecting five six-footers including a pair of rugged defencemen from the Ottawa Valley Titans.

The Grad's first draft day move was to name Cumberland Barons winger Joey West as their lone protected player.

In the past, each team was permitted to protect three local players, but the rule was changed this year to free up more players for the draft.

In West, the Grads get a 5'9" 160 pound left winger who was selected in the third round of the OHL draft by the Peterborough Petes.

"I'm hoping that since they drafted a 6'2" and a 6'3" forward and two defenceman ahead of him that he'll be available to us and he'll be able to step into the lineup and get some seasoning and eventually move up to the O," said Grady.

After each team announced their protected players, the actual draft began with the expansion Kemptville 73s selecting Nepean Raiders centreman Matt Lafleur as the first pick overall.

The Grads then selected Ottawa Valley Titans defenceman Chris Hawkins with their first round pick.

After donning a Grads jersey for the first time and having his picture taken with Grady and Grads owner Steve Barban, the Hawkins talked about the type of attributes he'll be able to bring to the club.

"I'm good at moving the puck. I have good speed and I can take care of my own end," said the six foot Hawkins who tips the scales at 190 lbs as a 16-year-old.

After Hawkins, the Grads selected 6'1" centreman David Pacan from the Ottawa Sting who has either led, or has been near the top of the scoresheet all the way through his minor hockey career.

The Grads then used their two second round picks to grab a pair of home grown prospects in offensive defenceman Jordan Fequet who is 5'10" and 170 lbs and Brett Nooyen who is the younger brother of

Grads' defenceman Michael Nooyen.

In the third round the Grads picked up Ottawa Sting goaltender Yannick Guilbeault, who Grady says is excellent technically and has a great work ethic, and six foot right winger in Ryan Donnelly from the Ottawa Valley Titans who Grady says loves to "crash and bang".

The Grads used their seventh and eighth picks to snatch up Brett Madigan from the Nepean Raiders and Ottawa Sting centreman Tom Molinski.

It was a busy first four rounds for the Grads, but once the dust had finally settled, Grady was happy with what the club was able to accomplish and the players they were able to acquire.

"We need to be a team that's tougher to play against, so we went for size, especially on defence," said Grady, who gave most of the credit for the team's success at the draft table to assistants John Forman, Bill Kerr and Mike Highley.

With the number of quality prospects the team picked up in the draft, Grady expects this year's training camp will be extremely competitive.

Lady Knights capture varsity girls touch football crown

By Fred Sherwin
The Eastender

The St. Peter Knights varsity girls touch football team are city champs once again after beating the Earl of March Lions 13-0 in windy and wet conditions on Tuesday.

The Knights combined a stingy defence with a quick strike offence to upend the Lions who came into the final riding a seven game winning streak.

After losing the opening coin toss, the Knights managed to negate the wind advantage the Lions enjoyed in the first half by limiting them to just two first downs thanks in large part to four first half interceptions.

While the Knights never really threatened to score in the opening 30 minutes of play, they did manage to get six first downs which turned out to bode well for them in the second half.

After weathering the storm in the first half, the Knights' offence went straight to work on the opening series of the second half with quarterback Jenn Chaisson connecting on five passes in a row to take St. Pete's down to the Lions' 25 yard line.

Chaisson then threw a long pass downfield to Stephanie MacDonald inside the five yard line, but the lanky receiver was unable to hang on to the ball. The Knights tried again on the next play and MacDonald corralled the pass for the major score to put St. Pete's up 6-0.

Earl of March then managed to manufacture a drive of their own on the next series, before Shauna Kent came out of nowhere to haul in the Knights' fifth inter-

ception of the game on St. Pete's 15-yard-line.

After the two teams exchanged possessions, Chaisson connected on two passes in a row to Sarah Cooper before going long once again, this time hitting a wide open Kent for a 55 yard touchdown pass. She then tossed a flare pass to Cooper on the convert attempt to give St. Pete's the 13-0 lead.

The Lions would get two more opportunities to put some points on the board, but the Knights defence stuffed them both times.

In the end, the Knights' athleticism and especially Chaisson's arm, proved to be too much for the Lions who were unable to prevent the big play.

The Knights' quarterback was a remarkable 21 for 33 with two touchdowns and two interceptions, both of which came on the first two possessions of the game. Kent hauled in six passes including a touchdown and had one interception on defence; Anna Sangster caught five passes and nailed several long punts including a monster kick in the final minute of the game that pinned the Lions deep in their own end; MacDonald had a pair of receptions including the Knight's first touchdown of the game and picked off two passes; and Cooper had six catches.

On defence, Allison Maier had two interceptions and Lindsay Redmond was credited with a pair of sacks.

The win was redemption of sorts for Kent and MacDonald who were on the senior girls basketball team that lost to St. Mark in the city championship last fall.



Members of the St. Peter Knights touch football team pose for a photo after winning the National Capital championship on Tuesday. Fred Sherwin/Photo

This is the second time in the past four years that St. Pete's has won the touch football championship. The last time was in 2003 when they beat Sir Robert Borden. Last year they made it all the way to the finals before losing to St. Mark.

This is also the final year at the helm for Knights' head coach Peter Bean who is retiring this summer. Offensive co-ordinator Bruce Blomeley will take over as head coach next year.

Tigers fall short in bid for Tier 2 rugby crown

By Fred Sherwin
The Eastender

The St. Matt's Tigers fell short in their bid to win a second straight Tier 2 senior boys rugby championship on Monday at the hands of the Notre Dame Silver Eagles who beat them 17-12 in the city final.

The Silver Eagles used their superior size advantage to try and impose their will against the Tigers who were on their heels from the opening whistle.

After getting the ball inside the Tigers five metre line twice in the opening five minutes the Silver Eagles eventually got on the scoreboard at the 19 minute mark of the first half when Shaun Saunders scored off a throw-in from about 10 metres out. Eric O'Dell then made good on his convert attempt to give the Silver Eagles the early 7-0 lead.

Notre Dame was back knocking on the door again five minutes later when St. Matt's was called for being a little too over eager

in the scrum on the five metre line. On the ensuing penalty, Saunders took the ball in from the 10 metre line for his second try of the game.

The Silver Eagles looked to have everything going their way in the first half when the Tigers managed to get the ball deep in Notre Dame's end with less than a minute to go before the break.

After forcing a scrum on the five metre line. The Tigers got the ball in the hands of John Blodgett who bulled his way across the goal line to cut the deficit to 12-5.

In the early stages of the second half, the Silver Eagles continued to win the lion's share of the throw-ins and scrums which gave them a huge advantage in time of possession.

Midway through the half, the Silver Eagles forced a scrum deep in the Tigers' end. As St. Matt's tried to kick the ball out of harm's way, Notre Dame's Domenic Idone stormed across the goal line and

blocked the kick. Phil St. Marie then pounced on the loose ball to give the Silver Eagles a 17-5 lead.

The score stood that way until the dying moments of the second half when Blodgett got off a booming kick that bounced between two Notre Dame backs and rolled inside the 10 metre line where the Tigers managed to force a five metre scrum.

After Notre Dame was caught offside on the scrum, Blodgett found his way into the goal area for his second try of the game. A Junior Mbeng convert would pull the Tigers to within five points, but by then it was too little too late.

The Silver Eagles regained possession on the ensuing kick and then ran out the clock to lock up the 17-12 win.

In the final analysis, the Silver Eagles were just too big, too aggressive and too hungry for the Tigers who shot themselves in the foot time and again thanks to sloppy tackling and questionable decision-making.

Artscetera

OYP Improv class delivers abridged version of Disney classic

By Fred Sherwin
The Eastender

The Orleans Young Players wrapped up their James Reaney Student Showcase on Sunday with an abridged version of the Disney classic "Beauty and the Beast" by the theatre school's Improv Group entitled "Beauty and the Beast à la Reaney".

And when I say "abridged", I mean abridged. From beginning to end the play barely lasted 45 minutes. It zipped by so fast I had to check the program twice to make sure Evelyn Woodhead wasn't the director.

The small eight member cast was kept busy with a rapid succession of costume changes, especially Chris Hogan who did double duty as Belle's father and the wardrobe and did an excellent job in both roles, and Emilie Desforges who was extremely funny as Jinette and Lumiere.

In fact, all the animated objects were quite funny includ-

ing Brianna Jennett-MacNeill as Chip, Brendan MacDonald as Clocksworth and Alicia Johnson as Mrs. Potts.

The ensemble delivered one of the funniest scenes in the play when they "fought off" the mob trying to rush the castle.

Ashley Mulholland did an awesome job as Belle and Alex Gaudet did yeoman's work as the beast while having to wear the prerequisite head gear provide by the Rags n' Bones Puppet Theatre.

Last but not least, Jeanne Provencher played Gaston with just the right amount of arrogance. The cast even worked a pair of Reaney plays into the script.

The imaginative production was directed by OYP veteran instructor Sharon Leeming who was ably assisted by stage manager Annie Lemieux.

The Orleans Older Players will put a wrap on the current season this Friday and Saturday



Belle leans over the Beast in the OYP Improv version of 'Beauty and the Beast' presented last Sunday night at the Orleans Theatre. Fred Sherwin/Photo

when they take to the stage with their latest production "Gentle Rain Food Co-op".

The Orleans Young Players have put on a total of 23 plays over the past five weeks – from the Orleans Very Little Players,

who are six and seven years old – to the aforementioned Orleans Older Players.

Each of the plays had some sort of tie in, either directly or indirectly, with Canadian poet and playwright James Reaney.

Community calendar

SATURDAY, JUNE 9

HENRY MUNRO MIDDLE SCHOOL 40th REUNION starting at 6 p.m. with a wine and cheese reception for former staff. Pub night will follow from 7 p.m. to midnight for former students.

SATURDAY, JUNE 9

ORLEANS SOAP BOX DERBY from 7:30 a.m. to 6 p.m. rain or shine on Orléans Blvd. between Carriere St. and St. Joseph Blvd. This should be an exciting first time event with kids from seven to 17 competing for prestige and prizes. For more information visit www.orleanssoapbox.com.

HENRY MUNRO MIDDLE SCHOOL 40th REUNION FAMILY FUN DAY Former staff and students are invited to bring their families for fun and activities from 11 a.m. to 3 p.m. Memorabilia rooms will also be set up in the school.

QUEENSWOOD HEIGHTS FAMILY FUN DAY from 11 a.m. to 3 p.m. at the Queenswood Heights Community Centre corner of Amiens and Duford Dr. Activities include mini golf, inflatable rides, bouncy castle, penny carnival, face painting, dunk tank, bubble station and much, much more. For more information visit www.queenswood-heights.com.

SUNDAY, JUNE 10

REDEEMER ALLIANCE COMMUNITY PICNIC from 12 noon to 3 p.m. at 4825 Innes Rd. Everyone is welcome. Highlights of the free picnic include a barbecue featuring hamburgers, hotdogs and snacks; family activities include Bouncy Castle, clowns, games, face painting, bubbles and balloons. Little Rays Reptiles. Visit from the City of Ottawa Fire Department, day camp,

youth group display booths/ and church tours. Children of all ages welcome. Event will be moved indoors in the case of inclement weather. Please bring a non-perishable food item for our local food bank.

THURSDAY, JUNE 14

COMMUNITY FUN FAIR & BBQ at St Theresa Catholic School, 2000 Portobello Blvd, from 5 p.m. to 8 p.m., rain or shine. Enjoy huge inflatable slides, midway games, great treats, raffles and silent auction. Pick up your BBQ preorder form at the school. Lots of fun for the young and young at heart!

INTERPROVINCIAL CROSSING STUDY OPEN HOUSE from 5 p.m. to 9 p.m. in the cafeteria at Sir Wilfrid Laurier Secondary School. Hosted by the NCC. Residents will have the opportunity to provide input on the

various options for a future east end inter-provincial crossing.

FRIDAY, JUNE 15

SARFIELD OPTIMISTS ANNUAL BBQ starting at 5:30 p.m. at the Sarsfield Community Centre followed by a friendly baseball game. Freewill donations will be accepted. Have fun with your family. For more information or reservations call Paul at 613-835-2551.

SATURDAY, JUNE 16

COMMUNITY DAY BBQ in honour of Cumberland Ward Coun. Rob Jellett's birthday at the Great Canadian Supper Store on Innes Road from 11:30 a.m. to 3 p.m. (Cake cutting ceremony at 12 noon.). Dunk tank, birthday cake etc. The Canadian Blood Services Mobile Clinic will be on site for those who wish to donate. Donations of nonperishable food items can also

be left for the Orleans-Cumberland Community Resource Centre's emergency food program. Visitors can also leave messages for Canadian troops serving in Afghanistan.

GARDEN AND WINERY TOUR AND TEA presented by the Navan Women's Institute from 10 a.m. to 4 p.m. in the village of Navan. Tickets \$10 available at Laura's Corner or Bradley's Country Convenience Store in Navan. Proceeds to benefit the NWI's bursary fund. Maps can be picked up on the day of the event at Calver's Country Haven, 1134 Smith Rd. next to Laura's Corner. Each ticket can be entered into a draw for prizes after you pick up the map. At the end of the tour participants are invited back to Calver's Country Haven for tea and some Navan treats. For more information call Anne Marie at 613-835-2757.