1. Brookgreen

Walk through the National Trust car park **(BS103)**, then pass through the gate and follow the cliff top path **(BS98)** across the wooden footbridge, then up steps and through a wooded swing gate and continue along the cliff top above Hanover Point through a metal gate, then through the car park at Compton. Continue along the path **(F35)** making detours to avoid cliff falls and cross the stile above the steps down to the beach. Continue along the cliff top path Compton Chine bearing right uphill across a stile to reach the road. Turn left and follow the path along the grass verge to the highest point, then take one of the paths leading back to the cliff top to reach Freshwater Bay.

2. Freshwater Bay

Continue around the cliff top above Freshwater Bay towards the steps leading down to the bay and turn right along the fenced path to reach the road. Cross the road, turn right and walk uphill past Greystones Lane and turn left into Southdown Road by Tott's Plot. Bear right and follow the path (F54) to the golf course past the club house and continue straight on at the track on the left following the chalk track uphill onto the golf course on Afton Down. Turn right by the covered reservoir, then left and continue straight on ignoring the path on the right. Continue across the golf course following the track (F33) taking care to avoid flying balls, speeding trail bikers & 'off road vehicles' that use this route (weekends should be avoided to reduce the likelihood of encountering such occurrences). Continue through the gate on the edge of the golf course and turn left, then right using the 'right to roam' to avoid continuing along the byway. Follow a path bearing right, then left continuing by the right hand side of the fence. Turn right at the junction with a track by the copse and follow the path (BS95) back to the main path. Turn left following the path (BS95) back to the turn path. Turn left following the path (BS95) back to the turn path.

3. Brook Down

Continue across the top and continue downhill picking your way through the gorse to return to the main track (S26). Turn left through the gate, then right and along the access road to reach the road. Turn right and walk along the road for approximately 400 yards and turn left along the access road (S39) towards Brook Hill House. Bear left to enter the copse and follow the path through the copse bearing left and across the stile. Continue along the gravel track bearing right, then left, then right onto Mottistone Common. Follow the track around to the left, turning right past a path on the left to reach The Longstone. Turn right and follow the sunken path (BS43) downhill. Cross over the track and continue through the gate following the path around to the right, then left. Bear left at a path junction and continue along the sunken path to reach the road at Mottistone at the entrance with Mottistone Manor on the left.

4. Mottistone

Turn left, then right across the road, then right and continue past the church on the right. Turn left and continue downhill along the hedged track (**BS100**) ignoring the path on the right to reach the Military Road. Cross the road, then the stile and follow the path (**BS75**) crossing a double stile separated by a footbridge, then another stile to reach the cliff top path. Turn right and follow the path (**BS78**) back to Brookgreen.

A copy of this walk description can be obtained by making a donation to the Earl Mountbatten Hospice