



ReMArks

Lockheed Martin Bangor Chapter 534



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Disaster at SWFPAC

- By Peter Bartlett



A damaging or destructive event, an event that causes serious loss, destruction, hardship, unhappiness, or death; this is how the *Encarta Dictionary* defines the word disaster.

Department 88-21 was the sponsor of January's NMA event. As their inaugural event, hopes were high that everything would go right. Pat Allensworth and his crew hit the ground running setting up this event. The scheduled speaker for the meeting was the Director of the Kitsap County Emergency Management. Mother Mature even helped with the timeliness of this event by having Mount St. Helen shake, rattle and roll, local flooding and mudslides, and the earthquake and associated tsunami in Indonesia.

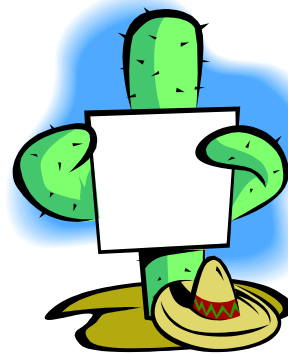
As the Scottish poet Robert Burns reminds us "The best-laid plans of mice and men often go awry." They did! Due to events out of her control, the original speaker had to cancel at the last minute. And being a Director of Emergency

Management, she had a back-up plan that was executed flawlessly. Unfortunately for Pat and his group, the guest of honor was held up at the gate and did not made the meeting. The disaster was watching Doug McMicken, the chapter president, doing a tap dance and the soft-shoe while waiting for Pat and the speaker.

All was not lost though. Department 88-21 dished up a mean batch of Dirty-Dogs and everybody had a chance to enjoy them and visit with their coworkers.

2005 Phoenix Leadership Conference

- By Chapter Attendees



Saguaro cactus and a painted desert provided the backdrop for this leadership conference in Phoenix, Arizona. This year's conference was located at the beautiful Embassy Suites Conference Center in northern Phoenix and was attended by Janet Brittain, Peter Bartlett, Doug McMicken, Joey Gray, Ed Desjardin, and Tammy Palmer.

Janet Brittain and Tammy Palmer attended a meeting for directors and presenters early Thursday and then the first educational session started off Thursday afternoon presented by Steve Bailey, NMA's National President, on "Burnout in Volunteer Organizations." The session was followed by an orientation for first-time attendees with a "Welcome Mixer" to follow.



Larry Colbert provided the Keynote Presentation with, "Insights...Opening Our Eyes to the Positive Impact of Change." Larry was able to take his "life changing" episode of becoming blind from being negative (having bouts of anger and depression) to positive (focusing on what talents he possessed) to drastically change his situation for the better. His examples demonstrated that change can be either a Positive or Negative for our personal or business life. We have control of the choices.

After the Keynote, Friday morning was packed with officer workshops. Janet Brittain and Tammy Palmer co-facilitated the Recognition Workshop. Peter Bartlett and Doug McMicken attended the President's / Vice President's Workshop and networked with other chapter presidents. Much of the workshop was spent on developing a win - win relationship between the chapters and their sponsoring organizations. Many ideas were discussed, several of which may be tried here at SWFPAC. The Professional Development Workshop covered several new training programs that are available through the NMA and may be of interest to the local HR and training

departments. All came back with several ideas and made a lot of contacts.

Following a luncheon lecture presented by Steve Bailey, NMA's National President, on "Preparing Your Leadership Team", two educational workshops were presented. The first, "Teaming" was given by J.B. Brown III, the Lead Test Pilot for Lockheed Martin at Edwards AFB for the F/A-22 Raptor Program. J.B. related the "cockpit resource management" environment to the teamwork effort for businesses. He gave several examples of how poor communication and people management during flight caused immediate disastrous consequences, while daily problems at work can have long term serious effects on businesses. J.B. demonstrated that leadership and teamwork are necessary for everyone to succeed.

The second workshop, "Action to Achieve Vision" was presented by Larry Colbert of Driving Vision, Inc. Larry, who is blind, was accompanied by his guide dog. He commented that it was unusual for a blind man to speak about vision, but then proceeded to show that you can achieve your goals with the talents that are available to you. Larry used himself as an example and an inspiration for leaders with a vision to succeed with the resources available to their organizations.



Chapter Attendees "Chow Down"

Friday's dinner was an off-site event held at the Pinnacle Peak Patio

Steakhouse nestled in the Phoenix foothills. The dinner began with a chili cook-off teambuilding project. The ingredients for chili were provided to team members and they had to organize and decide what ingredients to put in to win the contest. This was also a good time to “network” with other NMA organizations to exchange ideas.

Saturday morning began with a national officers briefing which provided insight into recent successes and the boards future plans for NMA.

Speakers from Dale Carnegie & Associates provided tips on “People Side of Process Improvement.” Eric Ruckle provided attendees with an acronym (COACH) to remind us how to better communicate and understand the basis of “people problems.” CUSHION-reminds us to allow for a good time to talk, when people aren’t angry or frustrated. OPPORTUNITY- realizing this helps everyone succeed. ASK- ask questions, rather than make statements, to find the reason for the problem. CLEAR expectations- make clear what you want from them and what you will do in return. HELP- help them succeed in the resolution of the difficulty. Eric gave a very unique approach to common business/people situations.



Speech Contest Winner Bill Campbell

Saturday afternoon was filled with the American Enterprise Speech contest. Pacific South held their contest first, followed by Pacific North and

Southwest. Our chapter contestant, Bill Campbell, won first place in the Pacific North contest and will be attending the national contest in Reno in October! Bill is a junior at South Kitsap high school and has a great shot at winning the national contest.

Saturday’s banquet honored Norm Augustine, former Lockheed Martin CEO, for the 2004 Wilber M. McFeely Award. Having Norm Augustine speak and watch his “lighter-side of business” presentation, was a real eye-opener. You realize first –hand that we have very intelligent and talented leadership at Lockheed Martin—personable and also with a sense of humor. Speech contestants and their chaperones were invited, giving young students an opportunity to experience a different side of “big business.”

What a memorable night.

Habitat for Humanity

By Steve Martin



LM Habitat for Humanity Volunteers

On Saturday, May 7th, Fifteen LM SWFPAC employees and family members participated in a Habitat for Humanity home building project in the local community of Manchester, Wa. Other organizations and individuals were also among the many that came out for this worthy cause. While having a much needed cup of coffee with donuts, all

participants were welcomed and were briefed on the day's events. The future owner and his son were present to thank all the volunteers and let them know how much they appreciated it. After an invocation, by a local pastor, the teams were established and went directly to work on the many projects that included door hanging, window trimming, stair building, interior framing, outside siding and an assortment of other assignments. The event was supervised by a number of trained and experienced volunteer leaders whom spend a great deal of time on these projects. Pizza and sodas were provided by Lockheed for the much needed lunch break. After being refreshed, the work continued until mid afternoon. All went away with a feeling of accomplishment and the knowledge that another family draws that much closer to having a part of the American dream of owning their own home.

14th Annual BEE for Literacy

By Karen Mittel



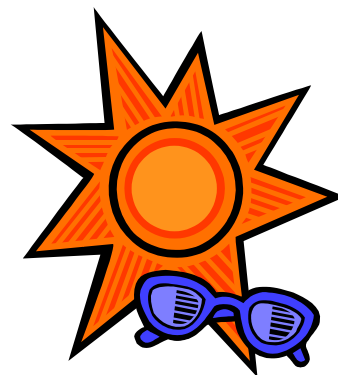
Lockheed Martin's SWFPAC team "Rocket Scientist" (left to right, John Cattell, Steven House, Doug McMicken) spelling "idiosyncratic".

On May 24, 2005 the Literacy Council of Kitsap hosted its "14th Annual BEE for Literacy" Spelling Bee fund raiser at the Red Lion Hotel in Silverdale Washington. The Literacy Council of Kitsap offered a fun filled evening. Adults only in this contest, and the

community responded with resounding enthusiasm. Fifteen teams participated in the event. Costumes were optional but expected, raffles and an audience spell brought more fun to the evening. Lockheed Martin's SWFPAC "Rocket Scientist" team consisted of engineers, John Cattell, Steven House and Doug McMicken. The "Scientist" lasted until round 6, where a brief hesitation mid word caused a repeat of the letter "a" in "miasma" and elimination, however, in round 5 the team blasted everyone away when, after a number of other teams necessitated using their one free pass, spelled "idiosyncratic" without wavering. Janet Brittain, "Rocket" alternate from the planning and scheduling group, won the audience spell. Lockheed Martin SWFPAC has participated in this worth while community event since 1993.

This year's winning word was "cerberean" spelled correctly by the Rotary Club of Silverdale. Second place was Nancy Lanning's Kindred Spirits, third place went to the Altrusa Club of Kitsap.

Just wait until next year... another BEE event and another fine Lockheed Martin team will soar to the challenge.



Day of Caring – CAPRI Bremerton

By Steve Martin



LM Day of Caring Volunteers

On Saturday, June 18th, 11 Lockheed Martin employees and family members once again showed their community spirit by participating in the 12th annual United Way Day of Caring event here in Kitsap county. As in last year's event, since the actual Day of Caring falls on a work day, the volunteers agreed that the event should be done on a Saturday. This year's event took place at the CAPRI Heart & Lung Institute in Bremerton, Washington. This non-profit organization, founded in 1979, is dedicated to the delivery of Cardiac and Pulmonary Rehabilitation Programs to those patients diagnosed with heart and lung disease. Upon arrival, the eager volunteers were given a brief tour of the facility, mission statement and other related information by the executive director of CARRI. The volunteers went directly to work, cleaning and moving gym equipment, vacuuming & steam cleaning carpet, washing windows, wiping walls and baseboards, and other assorted tasks. After over 2½ hours of steady work with a short break for a quick snack and photo opportunity, the volunteers finally wrapped up the event with a real nice lunch of subway sandwiches, sodas and cookies. CAPRI's executive director I was extremely grateful for all the hard work

and results of this worth while event. The volunteers left with a sense of appreciation for the dedicated, professional, loving care that our community receives from this wonderful organization.

Frogmore Stew

By Steve McNally



Frogmore Stew Chow Line

June 22 Organization 44-43 Metrology hosted what has now become the annual Frogmore Stew cookout and Board Member appreciation event. Also included this year was the new chapter officer installation. Frogmore stew has its origin in the southeast as a traditional crab boil. Our particular recipe was brought to us by Resident Director Carol Evanoff from our sister facility in Kings Bay Georgia and seems to have really caught on.

Organization of the event begins many months in advance. The venue of choice is the Island Lake Community Center, a log cabin perched in a beautiful park setting on the edge of North Kitsap's Island Lake. This venue works out very well for us in that the event can be held indoors or outdoors to deal with what Mother Nature has in store for us. This year that attribute became quiet useful.

Rick Boswell headed off early in the day to obtain the mass quantities potatoes, corn-on-the-cob, celery, lemons, shrimp, sausage, and spicy stuff for the stew.

The setup crew, Peter Bartlett, Chris Blake, Ed Desjardin, Beverly Hunter, and Steve McNally assembled early in the afternoon to begin setting up the burners and pots, prepping the ingredients and cooking the stew. Carol Evanoff also lent a hand with the cooking and added just the right amount of hot stuff. Retired 44-43 manager Bob Ott also arrived early to help with the cooking.

The morning started out drizzly but by noon it seemed to let up and the decision was made to setup outside on the grass. Folks started arriving about 3:30, with the clouds holding back their stuff. As folks arrived they were greeted by Celtic music wafting over dale from the Celtic



Island Lake Community Center

Magic group, featuring SWFPAC's own Dan McClelland on Bass. Following the musical set, 44-43 Manager Barry Cook welcomed the members and guests, that included Strategic Missile & Payload Services Director Ken Throne, followed by Luanna Bevis leading the flag pledge and Ray Rogers with the invocation. The Chow line formed and folks dished up.

Following consumption of the vittles, Celtic Magic began their second set. Just they were halfway through their first

song the clouds just couldn't hold back any longer and down came the rain. Everybody grabbed tables and chairs and scrambled for shelter inside. After re-spotting inside Dave Sayers sold some more raffle tickets and Peter Bartlett conducted the raffle drawing for the fabulous prizes obtained by Barry Cook. Proceeds from the raffle will help defray the cost of the American Enterprise Speech Contest.

Peter also held the membership incentive drawing. David Danford's name was drawn and he was present to collect the \$20 jackpot. The jackpot can only be won if the member is present and provides an incentive to attend the general membership meetings.

Next outgoing Chapter President Doug McMicken detailed the many chapter activities over the last year. Outgoing board members and boosters were recognized with certificates of appreciation. National Director Janet Brittain was then summoned to conduct the new chapter Officer installation. Chapter President-elect Peter Bartlett concluded the event with an address to the audience with his vision of the chapter's direction for the next term.

UPCOMING EVENTS

- **Summer Hiatus**



“Even if you're on the right track, you'll get run over if you just sit there.”

-Will Rogers

Code of Ethics	Mission Statement
<ul style="list-style-type: none">∞ I will recognize that all individuals inherently desire to practice their occupations to the best of their ability.∞ I will assume that all individuals want to do their best.∞ I will maintain a broad and balanced outlook and will recognize value in the ideas and opinions of others.∞ I will be guided in all my activities by truth, accuracy, and fair dealing and good taste.∞ I will keep informed on the latest developments in techniques, equipment, and processes.∞ I will recommend or initiate methods to increase productivity and efficiency.∞ I will support efforts to strengthen the management profession through training and education.∞ I will help my associates reach personal and professional fulfillment.∞ I will earn and carefully guard my reputation for good moral character and good citizenship.∞ I will promote the principles of our American Enterprise System to others, by highlighting its accomplishments and displaying confidence in its future.∞ I will recognize that leadership is a call to service	<p>The Mission of the Lockheed Martin Bangor Chapter is to provide management and leadership development opportunities and related chapter activities, which meet the needs of its members.</p> <p style="text-align: center;">Statement of Principles</p> <p>NMA is dedicated to managerial excellence, personal and professional growth, and leadership development. The following principles identify NMA’s core beliefs and provide the basis for the Associations Mission Statement.</p> <ol style="list-style-type: none">1. We believe in the highest standards of personal and organizational integrity and respect for the individual.2. We believe in lifelong learning, continuous improvement, and the development of a work force capable of sustaining a competitive posture in the global economy.3. We believe management is a creative, dynamic, and essential process enabling people to achieve personal and organizational objectives.4. We believe that managerial responsibility is shared among all individuals at all levels of the organization and that leadership is critical to management success.5. We believe that individuals and organizations have a community and civic responsibility.

Disclaimer

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