

## Freshwater Facts and Tips

## **FACTS**

- Lt takes 2,900 GALLONS of water to produce one pair of jeans. (Water Footprint Network, 2010)
- ▲ 1 IN 7 people in the world lack access to clean water. (United Nations)
- ♦ Humans are currently using 54% of all clean water available on Earth. (United Nations)
- **△** By 2025, TWO-THIRDS of the global population will face water stress. (United Nations)
- Over their lifetimes, a child born in the "Developing World" will consume almost 50 TIMES LESS water than a child in the "Developed World." (Stockholm International Water Institute, 2010)
- ▲ The United States uses almost 408 BILLION GALLONS of freshwater a day. (U.S. Forest Service)
- ↑ 70% of consumed freshwater is used for agriculture, 22% for industrial uses.
   (UNESCO, 2003)
- In developing countries, 70% OF INDUSTRIAL WASTES are dumped untreated into waters, where they pollute the usable water supply. (UNESCO, 2003)
- Bottled water costs consumers up to 2,900 TIMES the price of regular tap water to purchase. (Dell'Amore & Karlstrom, 2010)
- Lt takes 3 liters of water to produce 1 liter of bottled water. (Pacific Institute, 2008)
- Lt requires 1,857 GALLONS of water to produce one pound of beef, 469 GALLONS of water for a pound of chicken, and 43 GALLONS for beans. (National Geographic Freshwater Portal, 2010)





- ▲ The Colorado River usually DRIES UP before it ever reaches its terminus in the Gulf of California. (National Geographic Maps, 2008)
- Globally, diarrhea is the leading cause of illness and death, and 88% of diarrheal deaths are due to inadequate availability of water for hygiene and unsafe drinking water. (United Nations)
- ▲ The largest use of household water goes toward FLUSHING THE TOILET. (Environmental Protection Agency)
- ▲ The US and Canada have almost 1 MILLION MILES OF PIPELINES and aqueducts. That's enough to circle the globe over forty times. (Whichita Water Utilities, 2010)

## TIPS

- If your toilet is from 1992 or earlier, you probably have an inefficient model that uses between 3.5 TO 7 gallons per flush. Newer, high-efficiency toilets use less than 1.3 gallons per flush that's at least 60% less water per flush! (Environmental Protection Agency)
- If you can't buy a new toilet, fill a half gallon carton with water and about an inch of sand or gravel and put it in the tank. Assuming you flush at least once a day that SAVES AT LEAST 730 GALLONS PER YEAR! (Howard, 2007)
- ▶ Fix leaky faucets. All those wasted drops add up sometimes to 10-25 GALLONS A DAY that's more than 3,000 GALLONS EACH YEAR (Environmental Protection Agency)
- ▲ A leaky toilet can waste about 200 GALLONS OF WATER EVERY DAY. (Environmental Protection Agency)
- ▲ Choose outdoor landscaping appropriate for your climate. NATIVE PLANTS AND GRASSES that thrive on the natural rainfall of your region are best. (National Geographic Freshwater Portal, 2010)
- ▲ Keep your lawn AN INCH OR TWO LONGER TO RETAIN MOISTURE so that it requires less frequent watering. (National Geographic Freshwater Portal, 2010)
- ▲ WATER YOUR LAWN or garden during the COOL MORNING hours, as opposed to midday, to reduce evaporation. (National Geographic Freshwater Portal, 2010)





- Install LOW-FLOW SHOWERHEADS and faucet aerators. Since you are saving hot water, you will also reduce your energy bill. (National Geographic Freshwater Portal, 2010)
- The average bathroom faucet flows at a rate of 2 gallons per minute. TURNING OFF THE TAP while brushing your teeth in the morning and at bedtime can save up to 8 gallons of water per day That equals 2,880 GALLONS PER YEAR, PER PERSON! (Environmental Protection Agency)
- Pre-rinsing dishes before loading the dishwasher can use up to 20 GALLONS OF WATER PER LOAD. Energy Star qualified dishwashers and today's detergents are designed to do the cleaning so you don't have to pre-rinse, just scrape. (Environmental Protection Agency)
- Using an Energy Star qualified dishwashers instead of hand washing will save you annually 5,000 GALLONS of water, \$40 in utility costs, and 230 HOURS of your time. (Energy Star)
- Reducing your shower by just 5 MINUTES CAN SAVE 10 TO 25 GALLONS. (Environmental Protection Agency)
- ▶ Don't throw away that t-shirt! It requires 713 GALLONS of water to produce; so hand it down or *DONATE* it to a charitable organization. (National Geographic Freshwater Portal, 2010)
- Buy less stuff. Everything takes water to make, so if we REDUCE, REUSE, RECYCLE, we shrink our water footprint. (National Geographic Freshwater Portal, 2010)
- ▲ Know the source of your drinking water—the river, lake, or aquifer that supplies your home. Once you know about it, you will care about it. (National Geographic Freshwater Portal, 2010)





## **BIBLIOGRAPHY**

- Dell'Amore, C., & Karlstrom, S. (2010, March 10). Why Tap Water is Better Than Bottled Water. Retrieved October 4, 2010, from National Geographic Daily News:

  http://news.nationalgeographic.com/news/2010/03/100310/why-tap-water-is-better/
- Energy Star. (n.d.). *Dishwasher vs. Handwashing Dishes*. Retrieved October 4, 2010, from http://www.energystar.gov/index.cfm?c=dishwash.pr\_handwash\_dishwash
- Environmental Protection Agency. (n.d.). Retrieved October 4, 2010, from WaterSense: HTTP://WWW.EPA.GOV/WATERSENSE
- Environmental Protection Agency. (n.d.). *What You Can Do*. Retrieved October 4, 2010, from WaterSense: http://www.epa.gov/WaterSense/water\_efficiency/what\_you\_can\_do.html
- Howard, B. (2007). *Do One Thing, Save 10 Gallons of Water a Day*. Retrieved October 5, 2010, from The Daily Green: http://www.thedailygreen.com/going-green/tips/brick-in-toilet
- National Geographic Freshwater Portal. (2010). *The Hidden Water We Use*. Retrieved October 4, 2010, from National Geographic: http://environment.nationalgeographic.com/environment/freshwater/embeddedwater/
- National Geographic Freshwater Portal. (2010). What You Can Do. Retrieved October 4, 2010, from National Geographic: http://environment.nationalgeographic.com/environment/freshwater/top-ten/
- National Geographic Maps. (2008, June). Colorado River Basin Map. National Geographic Magazine, p. Insert.
- Pacific Institute. (2008). *Bottled Water and Energy*. Retrieved October 4, 2010, from http://www.pacinst.org/topics/water\_and\_sustainability/bottled\_water/bottled\_water\_and\_energy.html
- Stockholm International Water Institute. (2010). *Statistics*. Retrieved October 4, 2010, from http://www.siwi.org/sa/node.asp?node=159
- U.S. Forest Service. (n.d.). *Healthy Waters*. Retrieved October 4, 2010, from http://www.fs.fed.us/biology/resources/pubs/watershed/waterfacts\_101907.pdf
- UNESCO. (2003). Facts and Figures: Water Use. Retrieved October 4, 2010, from International Year of Water: http://www.unesco.org/water/iyfw2/water\_use.shtml
- United Nations. (n.d.). *Graphs and Statistics*. Retrieved October 4, 2010, from UN Water: http://www.unwater.org/statistics\_use.html
- Whichita Water Utilities. (2010). Water Conservation Did You Know? Retrieved October 5, 2010, from City of Wichita:

  http://www.wichita.gov/CityOffices/WaterAndSewer/CustomerService/Conservation/DidYouKnow.htm
- Water Footprint Network. (2010). *Cotton*. Retrieved October 10, 2010, from http://www.waterfootprint.org/?page=files/productgallery&product=cotton



