

ST HELENA HERALD

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Volume X Number 33

10th December 2010

50p

Feelin' Christmasy



Prince Andrew School Awards Ceremony



TUCK IN!



16th & 17th December



Hands on for Disability Day



Primary Schools visit  **SHAPE**
St Helena's Active Participation in Enterprise

Stedson Stroud - Back at National Trust



- High Knoll - What's happening on the 18th?
- Public Health - Focusing on the future
- Fisheries - No-go Spear Fishing areas
- Rifle Shooting - C&W Challenge Cup



Letter from the Editor

Hello Readers,

Houses have been spruced up, there's Christmas music on the radio 24/7, the Salvation Army have started carolling and there's Panto on Saturday from the Ivylets. The parties have begun and a heavily laden RMS has just brought another full ship of families home for the festive season. And literally as I'm writing this St Paul's Primary school kids have transformed an otherwise dull Thursday on Main Street into a joyous riot of colour and noise. So are you feeling Christmasy yet? I admit I'm the Grinchiest of them all when it comes to "getting the Christmas spirit", but you can't help smiling when over a hundred kids dressed as elves, mini Santas and oversized crackers are shouting "Merry Christmas" at you.

In the UK there's been snow - and lots of it! - creating Christmas card images up and down the country, but predictably bringing Blighty to a shivering standstill. Here the anticipated December heatwave has so far been a bit of a damp squib. Let's hope the sun shines on the tourists, yachties and returning Saints over the next few weeks.

I had the absolute pleasure of visiting SHAPE last Friday for the UN's internationally recognized People with Disabilities Day. I've been visiting SHAPE

fairly regularly and I am pleased to say that each time I go there their enterprise has grown, their handicrafts have become more adventurous (check out the scented candles) and the vegetable garden grows more impressive - and fully organic! The morning was attended by children from Harford and Country Schools who thoroughly enjoyed the many activities laid on for them, with SHAPE's Clients lending a helping hand. In my book this is the best way to raise awareness from a grass roots level. Congratulations and thanks to the Trainers and Clients at SHAPE for an educational and entertaining morning.

By the time you read this Line Honours for the Governor's Cup will have gone, most likely, to Our Dianne, and the rest of the participating yachts will be belting towards the finish line with the South East Trades behind them. The Museum has just opened a brand new exhibition, this one detailing the history of the Gov's Cup Yacht Race. Check it out.

Have you a penchant for plo, a craving for Chinese or perhaps you're gasping for a mouthful of Merlot? Prepare you tastebuds for culinary bombardment as St Helena's Food Festival, the first of its kind, takes place on the 16th and 17th. Thursday and Friday will see stalls on the Grand Parade, outlets in the Market, plus shops and restaurants all offering up a smorgasbord of gastronomic delights, both local and international. See page 12 for a more detailed overview, and see page 13 for a packed programme of events that brings to a close the Festival of Arts & Culture with the High Knoll Celebrations - "The Road to Restoration" on Saturday 18th.

Looking through the old 'Wirebird' newspapers from 1960, December's issue celebrated its sixth year. So there's been a regular St Helena newspaper since 1954. I think these snapshots of St Helena half a century ago, and likewise the subsequent St Helena News, are a hugely important archive cataloguing the island's news and events. A weekly paper is now an integral part of the island's heritage; an irreplaceable historical record. Next week's Herald will be my last issue as full time Editor - although I will try to help out when I can. If there is anyone out there who is interested in contributing to the Herald in any way, please get in contact. The Herald should be "the people's paper". So make it yours by contributing.

Have a good week

Matthew Joshua

**First printed May 1944 in
The Bush Telegraph**
(Being the St Helena Command Magazine)
For circulation amongst the troops

Poem by Sparks

Come to sunny St. Helena
Gem of the southern seas
Come and hear the palm trees whisper
As they sway in the perfumed breeze

Come sail o'er the sparkling water
Come swim in the blue lagoon,
Let some dark-eyed beauty teach you
How to love 'neath a tropic moon

Come stroll along lovely highways
To magnificent Sandy Bay,
Or over the hills to Longwood
Where an Emperor passed away.

Come and climb green Diana's Peak
And lofty Flagstaff Hill.
Come where the snow-white lilies grow
By every stream and rill.

Come visit our Super Cinema,
And admire all the latest stars,
Come sample our fine liqueurs and wine
And forget about distant wars.

Come see the sweet Eves in this Eden
But beware lest they lead you astray.
These beautiful maids are on parade
They whisper so softly "Yes - eh?"

Come to dusty St. Helena
Island of bugs and fleas,
Come and taste our sawdust sausages,
And our putrid M. & Vs.

Come look in vain for the palm trees
For the ruddy things ain't there,
And the tropic moon shines down instead
On a waste of "Prickly Pear"

The roads are zig-zag mountain tracks
That make even the donkeys bray,
And Longwood is as cold and bare
As it was in old "Nappys" day.

Come and climb Jacobs Ladder,
At eleven O'clock each night;
(It's bad enough when you're sober,
But just try it when you're tight).

The pictures change but once a week,
And as for the local bars,
You can get beer, but it's mighty dear
And you drink out of old Jam-Jars.

You may have your sweet Eves and your Eden
All I say is "Roll on the day"
When waving "Goodbye" we will tumble
aboard
A homeward bound ship in the Bay.

Well, mates, I've just been fooling,
Now I'll tell you the truth and say-
That all we sailors are agreed
This island is - O.K.



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Media Services has a
Vacancy
for the post of
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Newspaper**

Interested persons should
contact Media Office
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NEWS

Feeling the Christmas Spirit - St Paul's Primary School bring festive cheer to Main Street



Flashback

A glimpse at the stories making the headlines 25, 30 and 50 years ago.

1985 - St Helena News Review

Coconuts Come Back to St Helena

The RMS when it returned from Ascension brought an unusual consignment. This was a crate of 100 coconuts that had been flown in from Antigua in the Caribbean.

Coconuts used to grow on St Helena in Jamestown and in Sandy Bay, but gradually died out. The new batch of coconuts will be grown in Rupert's Valley as part of the plan to landscape the valley. The coconuts arrived as seed nuts with their husk intact. These are now planted in a seed bed on Mr Robert Maggot's property where they can be carefully looked after and protected from pests such as white ants. Once all the nuts have sprouted and are sufficiently developed they will be transplanted to various sites down the valley.

Coconuts are slow growing trees and it will be a few years before they bear any fruit or resemble the tall swaying palms

that are commonly seen along the beautiful beaches elsewhere.

1980 - St Helena News Review

Appointment of New Governor and Commander-In-Chief of St Helena

Her Majesty the Queen has been pleased to approve the appointment of Mr John Dudley Massingham as Governor and Commander-In-Chief of St Helena and its Dependencies in succession to Mr G C Guy, CMG, CVO, OBE, whose term of office expires in January 1981. Mr Massingham, who is married, is expected to take up his appointment in March 1981.

1960 - The St Helena "Wirebird"

Bishop Turner, OBE. Leaves his Diocese after 21 Years

This issue the Right Reverend Bishop Turner OBE, will be leaving us for a well deserved retirement after serving this ancient but smallest Diocese of the Province of South Africa. Bishop Turner has faithfully shepherded his flock for 21 years. In fact his service to the Diocese goes back a bit further than that for he was here for a while as Archdeacon before being consecrated 7th Bishop of St Helena.

Many of us he has known from childhood, others have moved on in their advanced years with him. Therefore his parting will not only be a great wrench to him but to St Helena as well.

Wirebird's Sixth Year

Tempus fugit. Yes, how very true. It is even difficult for those who are directly concerned with the production of 'Wirebird' to believe that the press has been clattering over the pages of the magazine for six years already. But that as it may, it is certainly true that this will be our 72nd issue.

And now for a little about the magazine: During the present year 'Wirebird' has increased its circulation both overseas and on the Island. Our production figure has reached 650 and even with the increased number of 50 over the past year, there have been occasions when sales have been brisk and many people have been disappointed through being unable to obtain a copy. We are sorry about this but it can of course be avoided if you care to buy at least six month's subscription (1/6d local, 2/- overseas). The Editor would be grateful if subscribers for 1961 would pay their subscription early so as to enable him to assess the number required in January. It is hoped that it will be possible next year to put 'Wirebird' on sale in some of the country districts so as to make it easier for the public to obtain copies and thus save them the trouble of having to come or send to Jamestown to buy a copy.

Miss Evelyn Bagley Head Teacher of Blue Hill School, is already, and has been for some years, assisting in this way and we are grateful to her. We are sure that by this time next year we will be able to say the same of others.



PAS Award Ceremony

Yesterday, Thursday 9th December, parents, friends and invited guests attended an awards ceremony at Prince Andrew School.

Around 60 pupils were presented with **GCSE, AS and A Level** certificates. Four teacher trainees also received their Teacher **Training Certificates**. Damien Benjamin was presented with his IMIAL Level 2 Certificate in Vehicle Maintenance and Repair as well as Vehicle Fitting Operations Fast Fit following his studies in the UK. Ricardo Fowler received an NVQ in Automotive studies.

Sasha Bargo received the **Jean Beadon Art Prize** that recognizes achievement in art at GCSE level.

The **Bishop Houghton Award** recognizes a young person's achievements, not only in school but in the community as well. This year three students were recognized:

Mike Bone for his dedication to the care of his younger disabled brother; Asita O'Bey, for her work with the Church, and her participation of the 100 Anniversary of Girl Guiding, when she visited the UK. Asita too gives up her time to care for her disabled Aunt. Asita and Mike were presented with certificates.

Alex Osborne received the award. Alex has achieved well in school and is a keen sportsman, taking part in both Athletics and Gala events as well as taking part in the adult Football and Cricket Leagues. Alex has participated in the Duke Of Edinburgh Bronze Award and achieved excellent marks in his Fire and Shooting exams. Alex has completed his diving course with a 90% pass rate and is now training to be a lifeguard. On Boxing Day Alex risked his life to save someone at the Wharf. Alex is currently considering a career as a mechanic and has been doing voluntary work to gain experience at during the holidays. A great all rounder and a shining example to other pupils at PAS.



Alex Osborne



Alexia Lawrence



Ricardo Fowler

PTA Student of the Year was awarded to Alexia Lawrence who achieved excellent GCSE grades: Business Studies B, Maths B, ICT A, Geography A*, English Language A, English Literature A, Child Development A, Biology A, Chemistry B, Physics C.

The **Joy George Award** recognizes achievement and attitude towards students' studies at the end of year 9. This year Eira Stevens, Anwen Davies, Adam Francis and Gemma Lawrence were recognized.

Headmaster John Sullivan, Chief Education Officer Lilla Oliver, His Excellency Gov. Gurr and Head Girl Leoni Ellick all gave speeches. Refreshments were then served and the school was open to visitors for viewing.

In her speech the Chief Education Officer congratulated all those that gained awards, saying "We are all learners. When I was introduced to a Head Teacher in a Secondary School in the UK recently, his introduction to me was "hello, I'm the Head Learner of this School", instead of "hello, I'm the Head Teacher of this school". This sent out a clear message to everyone who worked in his school that learning was at the core and the forefront of the school's agenda." Ms Oliver then went on to urge pupils to "never be afraid to ask a question - always have an open, inquiring and challenging mind", and to be "students with a thirst for knowledge and learning".

She then went on to speak about Head Teacher John Sullivan, saying, "Mr Sullivan has used the word 'inspire' since he arrived at PAS. I would like to take this opportunity to thank Mr Sullivan sincerely for inspiring you all as students; inspiring you to wear your uniform with pride, to take part in your learning and to be responsible for your decisions and actions". Ms Oliver then asked the question, "Why do we need to inspire our students at PAS?" Because, she answered, "As an Island we need their inspiration to lead us forward into the future. Ladies and gentlemen today in this school sits our future Governor and Chief Secretary, sits our engineers, our teachers, doctors, nurses, mechanics, technical tradesmen and craftspeople... it is from within this room that we will draw St Helena's future workforce for leading and developing our Island." She concluded by telling the students, "Be the best that you can be! St Helena needs you!"



Schools Visit SHAPE for Disabilities Day

Last Friday, 3rd December, was internationally recognized as the United Nation's People with Disabilities Day. A large selection of pupils from St Paul's and Harford Primary Schools spent the morning at SHAPE in Sandy Bay - a real hands-on experience!

The theme of this year's Persons with Disabilities Day was "Keeping the promise: mainstreaming disability in the Millennium Development Goals". This global event follows on from the promises made by world leaders at the MDG Summit in September, when they committed to improve the lives of persons with disabilities worldwide.

The open day encouraged the visiting pupils to really get their hands dirty - some taking this offer a little further than others - getting stuck in with various activities that included jewellery making, bag making, recycling paper, candle making and building fuel bricks. SHAPE's Clients and Trainers were on hand to give guidance and demonstrations.

All the pupils seemed to thoroughly enjoy themselves. What a great way to raise awareness of those living with disabilities and provide an interesting and fun-packed day out!

A special ceremony took place towards the end of the morning where four SHAPE Clients were presented with certificates for excelling in the Agricultural Training Programme that is part of the UN's Development Project. The course involved basic gardening techniques where participants produced their own seedlings and became responsible for transplanting, irrigation, general maintenance and the health and hygiene of various crops. The hugely successful garden at the back of SHAPE is a fine testament to the Clients' hard work and devotion.

SHAPE's Manager, Martin Joshua, said "I am very pleased with the morning's turn out. All the children had a great time. And I am particularly pleased with those Clients that achieved their certificates with flying colours".

SHAPE's motto is "Help SHAPE Help Others" and is committed to empowering the lives of the disabled and vulnerable on St Helena.



HIGH KNOLL FORT "THE ROAD TO RESTORATION"

A QUICK Q & A with Jamie Roberts
from the National Trust



How are plans going for High Knoll's launch of the restoration project?

Everything is looking good for the event on the 18th. Martin George has put together a really strong entertainment programme. The National Trust has been preparing the fort, cutting the grass, levelling the ground etc. SHDA are organising the Arts and Crafts marquee and the Tourism Department have arranged the family activities - it's been a real team effort. The whole event will showcase the best of St Helena - whether it's local food, crafts or music.

There's been a lot of talk about safety at HKF and the event is now a "day event". How safe is High Knoll?

High Knoll will be absolutely safe for the event. The only reason it was originally shut was because there was no plan to deal with the collapsed sections of wall. This has now been sorted - the sections will be fenced off. There will be plenty of safety stewards on duty for the event. The authorities had some concerns about having a big crowd in the fort after dark, so the organisers took the decision to conclude this year's event at 8pm. The fun will then continue at the official 'High Knoll after party' at Donny's on the waterfront.

What will money raised from the event go towards?

The event is the official launch of a new fundraising campaign for High Knoll - 'The Road to Restoration'. So the money will go towards a restoration fund for this great fort. Martin George's Community Spirit fundraising project has already raised over £4000 towards improving visitor facilities. Obviously we hope that others, including the government and overseas funders, will make a significant contribution to the High Knoll fund. Money raised by the event will also go towards the great work being done by SHAPE.

What happens to High Knoll after the 18th December?

The new Tourism Development Project includes some funding to carry out essential safety works and improve facilities at High Knoll. It's likely that once this has been done High Knoll will be open on ship days and selected weekends to start with. For the foreseeable future public access to the fort will need to be supervised to ensure that visitors keep to the safe areas.

Why should St Helenians come to High Knoll on the 18th?

If we want to get High Knoll open again we all have to show that we care about it and enjoy using it. We need to keep the pressure on so that funding can be found to restore the fort, which is one of St Helena's great landmarks. So come along on the 18th and show your support - use it or lose it!

Straight after the High Knoll celebrations, you officially open the Waterfall Walk. Tell us a bit about the 22nd and the project leading up to this date.

The National Trust has been working for over eight months to create a new trail up to the Heart Shaped Waterfall, one of the island's most spectacular but little-visited places. The new trail includes wooden walkways, stone staircases and six bridges. It was a great effort by those involved, because everything had to be carried up the Valley on their shoulders, including twelve huge bridge beams. On the 22nd December at 2pm we will have the official opening of the walk, including guided tours, family activities and refreshments. A lot of people are saying that it's one of the island's best walks - come along and find out for yourself.

NEWS

HIGH KNOLL FORT Saturday 18th December "THE ROAD TO RESTORATION"

EVENT PROGRAMME:

10.00am	START Speeches Official opening of High Knoll by PAS Head Boy and Girl Blessing by Bishop
10:30am	Scouts and Guides march through Fort with band
11.00am	Christmas Carols
11.30am	Family activities begin: Kid's Activity Zone Craft Demonstrations Bouncy Castle – All day Buy Local and Art & Craft market and tea stalls open
12.00pm	Air Rifle shooting Family activities: Face Painting Local Films
1.00pm	Pilling, St Pauls & Harford Primary Schools - programme of local songs Bar opens
2.00pm	Archery competition Live Music begins: Bobby Goose and Geoffrey
3.00pm	The Big Photo Live Music: New Horizons Band
3.45pm	Novelty Sports: Sack Races
4.00pm	Bingo Novelty Sports: Egg and Spoon, Sack Races and more Live Music: Standard Band
5.00pm	Novelty Sports: Tug of War Live music: Open Mic
6.00pm	Prize giving Live music: Big Easy
7.00pm	All activities end and bar sales cease
7.30pm	Finale
7.45pm	Public exit Fort
8.00pm	FINISH
8.00pm	After Party at Donny's Place, The Seafront



**Admission for the day is Adults: £1
Children under 12: 50p**

ALL proceeds from admission fees and donations will go towards the High Knoll Fort Restoration Fund and SHAPE.

The Public Bus Service will be running as normal on this day. No parking is permitted at the High Knoll Fort car park and a shuttle bus service up to the fort will be available every half hour between 9.30 am and 8pm.



APPLICATIONS FOR DEVELOPMENT PERMISSION

NOTICE IS HEREBY GIVEN that applications have been received in respect of the following proposals:

1. Garage near Piccolo Hill, Longwood.
2. Proposed covered area near Head O' Wain.
3. Extension to dwelling, Head O' Wain.
4. Extension to dwelling, Near Harlyn, Half Tree Hollow.

Copies of the applications and plans may be inspected at the Planning and Building Section, Essex House, Main Street, Jamestown, Monday to Friday, from 8.30 a.m. to 4 p.m., during the period of fourteen days from the date of this notice.

Any person who wishes to make representations about any of the above applications should make them in writing within that period to the Secretary, Land Planning and Development Control Board, Essex House, Main Street, Jamestown.

Alfred V Isaac
Planning Officer
Email: planning.officer@legalandlands.gov.sh

DATED THIS 10 DAY OF DECEMBER 2010.

EXCO REPORT 56 - 7th December 2010

This Executive Council had a particularly substantial agenda that included items covering immigration, investment, land disposal, tax reform, the draft budget for the next three years, the MOU between ourselves and DFID with regard to the airport, and TV broadcasting after 31st December. The substantial amount of work put in by both members and Officers at Council Committee level in creating and understanding the Papers that were before us meant that we were able to finish our meeting by 2.20 pm.

We welcomed Councillor Tara Thomas back from the OTCC and Councillor Green's absence was covered by Councillor Derek Thomas. Tony Kilner stood in as Acting Financial Secretary in the absence of Paul Blessington.

Under Matters Arising from the last EXCO we discussed the publication of the report on the future of the RMS that we have now received from Julian Morris. It was agreed that the executive summary of the report would be issued this week and that the public would have ready access to the main report should they wish to see it. It will be published in full on the SHG website. Councillors hope to have a video conference with Julian in the near future and there will probably be a press conference next week when Sharon Wainwright will be able to add her conclusions following her management work on the RMS during its current voyage.

The acting Financial Secretary indicated that a satisfactory solution to the cemetery funding problem had been found and Councillor Gunnell indicated that he will not, after all, be attending the EU/OCT Forum in New Caledonia as he would be absent from the Island for too long at a crucial time which will include our DAPM negotiations covering our funding for the next three years.

We then rejoiced at the fact that the courtyard cobbling and renovation has now been completed and remarked on how attractive it looks. I also commented on the degree of misunderstanding that has arisen as to the nature and the economic impact of the tables and chairs that could be sited there so that those who work in the Castle, and others, can partake of refreshment and have discussions, in pleasurable surroundings.



The first substantive item was entitled "Review of Immigration, Investment and Land Disposal Policies". There has been a great deal of discussion on these topics, both in Committees and in public consultation over the past few months. You may recall the public document entitled "Mapping the Pathway to Economic Growth" that contained most of the recommendations now before us. On this occasion we were endorsing principles, many of which occur in the MOU that we hope to sign with DFID in the near future. The details underlying those principles will of course be subject to more discussion and consultation between now and next June, and Councillors recommended that the policies should now be developed in more detail.

Our EXCO meeting was then adjourned for about 45 minutes in order to discuss the details of the MOU draft with all Members and additional officials. Yet again here was a paper that is becoming very familiar to Councillors, and members were pleased with the clarity that has been achieved within the document. The draft is likely to pass to and fro between here and DFID over the next few days and it seems likely that we will be ready to sign it on 10th December. It could be delayed for a few days beyond that, but I see no reason to feel that such a "pause" (if I can use the word to mean a very small period of time), would be anything more than administrative.

We then moved on to the complicated issue of taxation. It is no secret that our present system of taxation is unwieldy, has no clear policy intent, and is not really designed to facilitate economic growth.

The Tax Reform Working Group has therefore made a number of proposals to overcome those inherent problems, and the policies behind the reforms formed the basis of this Paper. It was emphasised by the Acting Financial Secretary that the recommendations come as a package. One of the underlying principles is simplicity, and therefore any change in detail will add back complexity.

Members agreed that the impact of the proposals should be neutral, in the sense that we should not collect any more or less tax than before, that they should be business friendly (and that includes very small businesses where paperwork can be a real incumbrance), and that the tax base should be both broader and fairer.

The discussion was long and detailed and all the members felt that the general approach of the Paper was to be welcomed. However there were concerns raised over the impact of some of the proposals on certain sections of the community. These were specific enough to warrant a fresh look to see if fairness could be assured and the Finance and Economy Committee will be able to see if they can achieve that prior to our next meeting in a week's time.

The next item had also been through the Committee system. Indeed all government Departments and Infolegco have had a hand in it as well as it represents our three year forecast of revenue and expenditure. In other words it is the starting point for our DAPM negotiations due to take place here during the last week of February. It has been prepared on an output basis with funds allocated to outputs, each of which are supported by lists of deliverables which may be used to monitor whether our spending is achieving the desired results. As members were so familiar with the figures, the Memorandum was agreed after a few relevant comments.

We next agreed that Cable and Wireless should receive a letter giving them a degree of comfort regarding the renewal of their TV broadcasting licence. As the existing licence comes to an end with the year, we felt that this was a sensible and timely action.

There were few matters raised under AOB and so this business-like meeting finished part way into the working afternoon.

Andrew Gurr
Governor
7th December 2010

New Chair of Audit Committee Appointed

The Head of the Governor's Office, Ernie Manley, has recently been appointed as Chair of the Audit Committee.

The role of the Audit Committee is to assist the Governor in fulfilling his constitutional responsibilities for ensuring strength and best practice in three fundamental Government areas:

- Internal Control - to consider the effectiveness of SHG's internal control system; to consider internal and external auditors' reviews of internal control over financial reporting; and to obtain reports on significant findings and recommendations, together with management's responses.
- Risk Management - to consider the effectiveness of SHG's approach to corporate-wide Risk Management, including the Internal Auditor's opinion and reports.
- Ethical Principles - insofar as they concern compliance with legal and regulatory requirements and the functioning of an anti-fraud and anti-corruption culture, including effective whistle-blowing arrangements. Under this heading, the Committee also reviews the process for communicating codes of conduct to SHG personnel and monitors compliance.

The committee also oversees the performance of the St Helena Government Internal Audit Office. This includes reviewing their charter, plans, activities, staffing and organisational structure, with the Head of Internal Audit Office.

The Committee reports at least annually to the Governor on all of the above. The report includes an annual assessment of the adequacy of the Committee Charter and an evaluation of the Committee's own performance against its Charter.

Speaking of his appointment, Ernie said that he was very pleased to take on the role of Chair of the Audit Committee. He paid tribute to the work of his predecessor, Rob Jesson who had steered the Committee over the past two years and helped it to evolve to meet the changing needs of SHG. Appointing the Head of the Governor's Office (HOGO) as Chair would further raise the profile and standing of the Audit Committee, given that the HOGO reports directly to the Governor and that he will maintain the close links that have been established between the work of the Audit Committee and the Disaster Management Committee, which Ernie is also a member of.

**Public Relations/Information Office
Office of the Chief Secretary
6 December 2010**

'Focusing on the future' - 2 years on

In 2008, the Public Health and Social Services Department adopted a strategy called 'Focusing on the Future', for the development of health and social services in St Helena. The strategy was funded by DfID as part of the overall Health Link III project, the aim of which is to provide essential human resources for health and social care for St Helena. The strategy focuses on the developmental aspect of health and social services.

The six important priorities of the strategy are:

- Helping the population to be and stay healthy
- Delivering high quality primary and community care
- Striving for the best possible clinical services
- Supporting children, older people and others who are vulnerable
- Sustaining a strong and effective infrastructure
- Developing and improving systems and service.

Two years on and Jenny McNeill, who produced the strategy in 2008, is once again on island. She led the 2008 Conference that influenced the strategy and on Thursday 2 December facilitated a follow-on conference at the Jamestown Community Centre.

The idea of this follow-on Conference was initiated by the Health and Social Welfare Committee, Chaired by Councillor Cyril Gunnell as part of an objective appraisal of the progress, opportunities and challenges the Public Health and Social Services face as they prepare for the next two years and beyond; recognising the achievements as well as the challenges now being faced by the Department.

The Conference was attended by Legislative Council members and a number of people and organisations who participated in the 2008 Conference, plus others who joined for the first time. All participants at the event were able to contribute views and suggestions and encouraged to raise questions and challenges that



L to R: Jenny McNeill, Councillor Cyril Gunnell, CAHSSO Carol George

would influence the important next steps in the Public Health and Social Services development.

Throughout the day short presentations were given by Heads of various sections of the Public Health Department highlighting the developments made over the 2 years in their respective areas, and their plans for the future. These presentations focused on changes for, children, older people and health and, developments in, health care and nursing.

The presentations were very positive and all present were able to see the significant developments made within the Public Health and Social Services Department. Participants were also able to take part in group discussions on the community's role within the Public Health Department and its future. These discussions were tackled with enthusiasm and generated lots of useful ideas that Jenny will now take into consideration.

Jenny said at the Conference on Thursday:

"Each time I have visited the Public Health and Social Services Department I have seen progress and there are definitely some noticeable and positive developments that have taken place during the past two years. We now need to build on this and piece together feedback resulting from the skills and expertise of everyone in this room, and also using the opportunity of the NHS link, to find the right combination to improve services in the future."

**Public Relations/Information Office
Office of the Chief Secretary
7 December 2010**

NEWS

Let's Get Physical!

Physical activity is defined as any movement of any part of the body that uses energy. However to benefit from physical activity it needs to be done at a moderate intensity and for at least 30 minutes on most days of the week for adults. Children should be physically active for at least an hour on most days. Many of us know that physical activity is an important part of maintaining a healthy lifestyle and can bring many health benefits if done on a regular basis. People of any age who are relatively inactive can improve their health and wellbeing by becoming active on a regular basis.

Regular physical activity can help to reduce the cholesterol and the risk of heart disease, stroke, high blood pressure, and certain types of cancer and type 2 diabetes. It helps to control weight and promotes bone and muscle strengthening helping to

reduce the risk of falls in older people. It may also have a role in improving mental health and mood.

Physical activity does not have to be hard to prove beneficial, nor does it have to be boring or need special equipment. Moderate intensity regular physical activity which increases heart rate, increases your breathing, makes you feel a little warmer and promotes a healthier heart and blood vessels. This could include aerobic activities like playing sport, brisk walking or cycling etc. It also includes strengthening activities such as weight lifting, heavy gardening etc. Moderate intensity everyday activity could also count and may include gardening, certain types of household chores e.g. window cleaning or vacuuming. You don't have to do your 30 minutes all at once but can be broken up into 10 or 15 minute slots. Simple changes to your lifestyle can often make it possible to get sufficient

exercise and where possible should be part of your daily routine.

It is important to be more physically active, to try and maintain it for life and make it a part of your daily routine. Doing activities you enjoy will make healthy living easier to maintain in the long term and will feel like less of a chore. Vary the activities you do as this will mean you will be less likely to become bored. In some cases the hardest part is actually getting started. Choose a level of activity that is comfortable for you, then gradually build on this.

Some activity is better than none at all, but the more active you are the greater the benefits. People of all types, shapes, sizes, and abilities can benefit from being physically active.

Anya Williams
Nutritionist



THE AGRICULTURE AND NATURAL RESOURCES DEPARTMENT



Use of Vehicles on Prosperous Bay Plain and Horse Point Areas

It has been brought to the attention of the Agriculture and Natural Resources Department (ANRD) and the St Helena Police Department that a number of persons has been seen 'joy riding' with motor bikes and 4WD vehicles on Prosperous Bay Plain on weekends. There have also been reports of weekend incursions by bikers on the Horse Point areas and riders are reminded that these areas are not permitted for off-road riding under any circumstances.

Prosperous Bay Plain is special area, particularly the 'central basin' areas and driving off the main tracks across deserted or recovering semi-desert such as Prosperous causes scarring of the landscape and risks damage to wirebird nests and chicks as well as invertebrate habitat. Scars on the land does not heal easily and in many cases could take years to fade because rainfall levels are low and within the eastern arid area that includes Horse Point and Prosperous the land is also fairly level.

The Central Basin is again being marked with signage to assist users of the Prosperous area to keep to the tracks and out of this important and environmentally sensitive area. However, in order to ensure these special areas remain as landscapes that are valued locally for their scenic value and biodiversity we require the co-operation of everyone using the Prosperous to ensure that we preserve and take care of these areas. Please keep to the designated tracks and do not use vehicles on the Plain in wet weathers, where this can be avoided.

ANRD and the Police Department will be monitoring the use of the Horse Point and Prosperous areas from now to ensure no off-road riding is occurring at these sites.

ANRD has previously set aside land at Bottom Woods for the Motor Cross Club to support off-road riding and related competitions. If riders are not aware of this area and would like to use the site then please contact the Forestry Officer, Miss Myra Young or the Chief Agricultural and Natural Resources Officer on telephone 4724 and we will visit the area with you to ensure you are able to have some access to land to pursue off-road riding.

D.G Duncan
Chief Agricultural and Natural Resources Officer



BEAUTY SPOT

WITH BEAUTY THERAPIST NOLEEN FROM ESSENCE BEAUTY SALON

Sultry Smokey Eyes for the Christmas Holiday Parties!



WELCOME!

Welcome ladies – and yes, 'gents', to the Beauty Spot! Your very own beauty advice corner, where we share our tips and tricks, dos and don'ts & our tried and tested products!

Remember – it's not about 'covering up,' I like to think it's about 'enhancing that which you already have' – working with 'what your mama gave you!' Most times, when you feel good on the outside— it reflects on the inside—and of course, vice versa!



- 1 Choose 1 –3 eye shadow colours of the same colour family ranging from light to dark. Eg : beige, light brown, dark brown.
- 2 Apply your lightest colour first, all over the eyelid going as far as the lining of the eye socket.
- 3 Now take your second darkest colour and apply from the outer corner of the eye lid, blending the colour inwards until you get just a little over half way across the eyelid. Do not take the colour all the way to the inner corner of the eye as you want the lightest colour to remain visible here. A light colour in the inner corner of the lid makes the eyes appear more wider and brighter. Add a touch of shimmer here if you like for a more party look.
- 4 Now take your darkest colour and apply to the very outer corner of the eye lid and blend, taking this colour lightly up into the outer corner of the eye socket, all the while blending lightly in small circular motions with a soft fluffy eye shadow brush.
- 5 Also take your darkest colour and lightly apply it in a soft thin line under your lower lash line, smudge into the lash line gently, taking it from the outer corner going just about half way inwards.



Tips for eye shadow application:

- When applying your eyeshadows, try not to apply past the eye socket, but after application, you should lightly blend the edges of the eyeshadow (with a soft fluffy eye shadow brush) so that there are no harsh lines, making the lines look softer. Blend around the eye socket, again trying not to go too far away from this guideline.
 - Do not apply eye shadow too far down from the outer corner of the eye or too far down from the inner corner of the eye.
 - Don't apply too much eye shadow in one application, apply light layers, building up the intensity of the color layer by layer as you go. This way you won't over-do it and run the risk of looking like having a bruised eye!
 - Blending is the key to a smokey eye—not how dark it is! So blend, blend, blend!
- 6 Take a black eye liner—either a liquid liner or pencil liner and apply a thin line above your upper lash line. You can make this line thicker as you move towards to the outer corner. When the line goes from thin (from the inner corner) to thick (at the outer corner) you add to the illusion of making your eyes appear wider and larger. End with a little flick with your liner at the outer corner.
 - 7 You can also take your black pencil liner and line the inside rim of your lower lash line. If you have small eyes, I would just line the outer half of the lower lash line and not take it all the way in to the inner corner as this can make your eyes appear smaller than they really are.
 - 8 Take your black mascara and apply several coats to your upper and lower lashes to make the eyes appear even bigger.
 - 9 Don't forget to take a light shimmery colour and apply under the arch of your brow and also a very tiny amount around the tear duct of the eye.
 - 10 Eye brows should be well groomed and filled in with brown eye shadow if need be.

NB: If you are limited in the eye shadow colours you have to choose from, just do a simple smokey eye by taking your darkest colour, apply all over your lid as far as the eye socket. Blend the edges lightly around the socket. Apply this dark colour under your lower lashes and smudge gently. Apply eye liner to upper and lower lashes and pack on mascara. Don't forget to highlight under the arches of your brow and lightly around the tear duct of the eye.



St Helena's First Food Festival

Portugal, Britain, China, South East Asia, Madagascar and Africa, have all thrown their genetic and culinary contributions into a great St Helenian melting pot. St Helena's food, like its culture, is varied and colourful, drawing on influences from numerous countries that have had a hand in shaping the St Helena we know today.

St Helena's First Food Festival takes place on the 16th and 17th of December. The two-day event is sponsored by the Bank of St Helena. Contributions to the event are a mouth-watering mix designed to give striving entrepreneurs a chance to pool resources before Christmas; encourage the island's goal towards self-sufficiency; allow experts to showcase local and international delicacies with food and wine tasting; and finally, prove that healthier living can be fun!

Here's a taster of what to expect!

- There will be a variety of stall holders offering food tasting on the Grand Parade between 10am and 4pm on both the 16th and 17th - everything from Roddy's Eggs to SHAPE's organic veg and fruit preserves.
- Signature dishes will be offered by leading restaurants during lunch and dinner time. The Consulate will provide food with an international flavour; The Orange Tree will represent Oriental cuisine; Anne's Place, Ardee's in the Market and Wellington House will showcase the best St Helenian dishes. Customers are advised to book in advance.
- Nutritionist Anya Williams - a regular contributor to The Herald - will have a stall on both days on the Grand Parade. There will be information on how to eat more healthily, general health and well being. Georgina Young, Senior Environmental Officer, will also have a stall with info on food hygiene.



- Wholesale and retail outlets will open as usual during the Festival with discounts and Christmas offers.
- Wine tasting will be available from four sources. The Rose & Crown will have a selection of top quality wines for sampling and purchase at a stall on the Grand Parade, 10am - 4pm. Pleasant Valley Wine Cellar will offer a tasting at The Consulate Hotel on both days between 4 and 6pm. Admission is £2 per person. Paul Hickling opens the doors of the St Helena Distillery between 2pm and 4pm on both days; The Star will have a wine tasting which will give you the opportunity to taste the selection of wines which they are offering as a Solomon's Christmas Special with 20% off.
- Argos c/o Fisheries Corp is planning to do a fish product showcase and provide smoked fish and fish burger tastings in the Market between 12 noon and 2pm on both the 16th and 17th.
- Solomon's will have food for tasting as well as Food Festival Discount vouchers for everyone who comes to visit their stall on the Grand Parade. These vouchers will be redeemable in The Star for any of the foods which are on offer for tasting during the Food Festival period. "Jill Andrews, Solomon's Procurement Manger said "This will be a fantastic opportunity to sample foods you may have wanted to try but have not had the opportunity. Come and visit us at the Solomon's stall and The Star so you can see what we have to offer. Enjoy our Christmas Specials and try our new selection of cheeses, local tinned tuna and much more. We look forward to seeing you there!"
- A CD of traditional and international recipes will be available to buy. Locals and visitors to the island have contributed to the recipes, including outstanding dishes served by the RMS Chefs and Lady Margaret Shutt, who visited the island with Members of Parliament in 2009. Dishes featured on the CD range from the classic fishcakes, plo, black puddings and "bread and dance" etc, to traditional recipes from England, Scotland, France and South Africa. The dishes have been selected mainly because their ingredients can be found on the island. The CD of recipes would make an excellent Christmas gift, and costs just £2. Monies raised from the sale of the CD will go the restoration of St Paul's Cathedral bell.

The Food Festival Needs YOU!

Would you like to assist stall holders showcase their produce in the Market or on the Grand Parade? If you can help in any way over the 2-day period, please contact a member of the Food Festival Committee, and they are:
 Father Dale (2960), Ivy Ellick (4733), Shanling Wells (4552)
 and JJ Smith (4862).

FEATURE



FESTIVAL OF ARTS & CULTURE 2010



Date	What's on	Where	Contact
Friday 10 December	10:00am – 4:00pm Art & Craft Market (arrival of cruise ship Seven Seas Mariner)	Jamestown	Tourism Office tel. 2158
	10:00am – 4:00pm View the Governor's Cup Yacht Race exhibition	Museum of St Helena	Museum tel. 2845
Saturday 11 December	7:30pm 'Babes in the wood' pantomime by the Ivlettes	Prince Andrew School	Ivy Ellick tel. 4733
	10:00am – 12 noon View the Governor's Cup Yacht Race exhibition	Museum of St Helena	Museum tel. 2845
Sunday 12 December	6:30pm Salvation Army Carols	Half Tree Hollow Salvation Army Hall	
Monday 13 December	9:00am – 3:00pm Tour of SHAPE Centre: incl. making of local aloe and bamboo work.	SHAPE, Sandy Bay	Martin Joshua tel. 4690
Tuesday 14 December	12:00pm Carol singing by Pilling Primary School	In front of the Tourist Office	Elaine Benjamin tel. 2540
	7:00pm Christmas production (Harford Primary School)	St Matthew's Church	Carlene Crowie tel. 4719
Wednesday 15 December	Home-hosting: a relaxing afternoon in a Saint home with afternoon tea & mince pies	Harlyn, Half Tree Hollow	Patsy Flagg tel. 3727
	11:00am St Paul's Primary School advent carol service	St Paul's Cathedral	Marilyn Joshua tel. 4737
Thursday 16 December	11:00am Christmas Street Parade by Pilling Primary	(starts from Hospital)	Elaine Benjamin tel. 2540 For sponsorship, volunteers and exhibition please call, 4552, 4316, 4733 – Visitors please call, 2158
	10:00am Prince Andrew School Athletics Day	PAS, Francis Plain	
	St Helena Food Festival: a festive celebration of fine food and drink	Jamestown	
Friday 17 December	7:30pm Salvation army Carols	Sandy Bay Community Centre	(see above)
	Cont. St Helena Food Festival: a festive celebration of fine food and drink	Jamestown	
	10:00am – 4:00pm View the Governor's Cup Yacht Race exhibition	Museum of St Helena	
Saturday 18 December	10:00am – 7:30pm High Knoll Fort celebration – 'The Road to Restoration' (local stalls, novelty activities)	High Knoll Fort	National trust tel. 2190 or St Helena Tourism tel. 2158
	10:00am – 12 noon View the Governor's Cup Yacht Race exhibition	Museum of st Helena	Museum tel. 2845

Note: the Museum of St Helena will open during the Ascension shuttles.



RADIO GUIDE



Listen to Radio St Helena - 1548 KHz 194m MW
 Educating, informing and entertaining since 1967
 40 years of national radio!

Saturday 11th December 2010

10am - 1pm Saturday Selection - Merlin George
 1pm - 7pm BBC WORLD SERVICE
 7pm - 8pm Musical Mosaic - Steve Terry
 8pm - 8.05pm Announcements
 8.05pm - 9.55pm Pigs on the Wings - Les Baldwin
 9.5pm - 10pm Announcements
 10pm BBC WORLD SERVICE

Sunday 12th December 2010

9am - 12Noon Sunday Programme (LIVE) - Claire Bennett
 12Noon - 1pm BBC News Hour
 1pm - 2pm Rpt of IN FOCUS from 7th December 2010
 2pm - 6pm BBC WORLD SERVICE
 6pm - 7pm Classic Mix - Fr Fred George
 7pm - 8pm Service of Worship - Bahai Faith
 8pm - 8.10pm Local News & Announcements
 8.10pm - 9.50pm Pot Luck - Stedson Francis
 9.50pm - 10pm Rpt Local News & Announcements
 10pm BBC WORLD SERVICE

MONDAY 13th - FRIDAY 17th December 2010

7am - 10am **BREAKFAST SHOW** - Keith Benjamin
 (Breakfast Show includes Thought for the day, Local News, Announcements, Did you Knows, On this Day in History.)

10am - 12Noon **TOP OF THE MORNING** - Gary Walters
 (Top of the Morning includes Announcements, Weather Report, Tide changes, Horoscopes)

12Noon - 1pm **BBC NEWS HOUR**

1pm - 3pm Local News followed by Afternoon Drive

AFTERNOON SHOW - Claire Bennett
 (Afternoon Show includes Children's Half Hour at 15:30 - 16:00, Half Hour Light Entertainment 17:15 Mon & Wed, Island History with Barbara George - 18:15 Tuesday & Rpt Friday at 18:15)

7pm - 8pm **EVENING FEATURES**
 Monday, Tuesday, Wednesday, & Thursday - Presenters Choice
 Friday - Join Jane John & Sharon Henry

8pm - 8.15pm Local News and Announcements

8.15pm - 9.50pm **LATE EVENING SPECIALS**
 Monday 13th December - Country Classics - John Coleman
 Tuesday 14th December - Pop Goes Classic - David & Lyn
 Wednesday 15th December - Anything Goes - Bert Constantine
 Thursday 16th December - Gospel AM - Enid Joshua & Daniel Leo
 Friday 17th December - Country Night - Ralph & Hazel Peters

Broadcast your announcements and advertisement on Radio St Helena.
For more details call the Media office on telephone number 2612 or email sthelenaherald@cwimail.sh. Monday to Friday or call Radio St Helena Tel; 4669.



LOCAL NEWS

Keep in touch with what is happening on the island.

WHAT, WHERE, WHEN & WHY?

We ask the questions and bring you the answers on the LOCAL NEWS at 7am, 10am, 1pm, 5pm and repeated at 9.45pm

Thoughts for the day presented from the

Baptist

at 7am & before closing at 10pm.

CHURCH SERVICES

DIOCESE OF SAINT HELENA

The Cathedral Parish of St Paul

Sunday 12 December 3rd Sunday of Advent
 8.00 a.m. Eucharist Cathedral
 9.30 a.m. Eucharist St Martin
 3.00 p.m. Gospel Songs of Praise
 Blue Hill Community Centre

Every weekday except Thursday

7.30 a.m. (Morning Prayer)
 Arabia (Bishop's Chapel)

Thursday 16 December
 10.00 a.m. Mass Arabia

Sunday 19 December 4th Sunday of Advent
 8.00 a.m. Eucharist Cathedral
 10.00 a.m. Sung Eucharist Cathedral
 7.30 p.m. Ecumenical Carol Service - Courthouse Steps

Parish of St Matthew

Sunday 12 December 3rd Sunday of Advent
 11.00 a.m. Eucharist St Mark
 3.00 p.m. Gospel Songs of Praise
 Blue Hill Community Centre

Wednesday 15 December
 7.00 p.m. Eucharist St Mark

Sunday 19 December 4th Sunday of Advent
 8.00 a.m. Eucharist St Matthew
 11.00 a.m. Sung Eucharist St Mark
 7.30 p.m. Ecumenical Carol Service - Courthouse Steps

The Parish of St James

Sunday 12 December 3rd Sunday of Advent
 9.30 a.m. Sung Eucharist St John
 3.00 p.m. Gospel Songs of Praise
 Blue Hill Community Centre

Wednesday 15 December
 7.30 a.m. Eucharist St James

Thursday 16 December
 7.00 p.m. Eucharist & Healing St John

Sunday 19 December 4th Sunday of Advent
 9.30 a.m. Sung Eucharist St James
 7.30 p.m. Ecumenical Carol Service - Courthouse Steps

There will be a Gospel Songs of Praise at the Blue Hill Community Centre on Sunday 12th December 2010, at 3 p.m. Guest singers will be part of the worship. A collection will be taken and non alcoholic refreshments will also be available from the bar. All are invited to attend.

SEVENTH DAY ADVENTIST CHURCH

Saturday 11th December

9:15 - Pathfinders
 10:30 - Bible Study & Discussion
 11:00 - Divine Service
 14:00 - Personal Ministries

Wednesday 15th December

19:30 - Prayer Meeting in Church

All are welcome



NEW APOSTOLIC CHURCH

Sunday 12th December

9.00am Divine Service Half Tree Hollow

Wednesday 15th December

7.30pm Divine Service Half Tree Hollow

All are welcome!

BAHA'I FAITH

www.sthelenabahai.org

BAHA'I CENTRE
 Gumwoods

DEVOTIONAL MEETING

8:00 pm. THURSDAY 16th December

All Are Welcome

"Nothing can be effected in the world, not even conceivably, without unity and agreement and the perfect means for engendering fellowship and union is true religion." **Abdu'l- Baha**



BAPTIST CHURCH

Saturday 11th December

10.00am Good News Club Jamestown Schoolroom

Sunday 12th December

8.45am Service Sandy Bay Chapel
 10.45am Service Head 'O' Wain
 7.00pm Service Jamestown

Monday 13th December

8.00pm Bible Studies Salvation Army Hall HTH

Tuesday 14th December

10.00am Baptist Women's Association Sandy Bay
 5.30pm Bible Studies Cape Villa
 7.30pm Bible Studies Jamestown Manse

Wednesday 15th December

4.30pm Baptist Women's Association
 Jamestown Manse (Alternate Wednesdays)
 7.30pm Bible Studies Deadwood

Thursday 16th December

5.30pm Bible Studies Sandy Bay Chapel
 7.30pm Bible Studies Barren Ground

SALVATION ARMY

Sunday 12th December

No JAM Club

6.30pm Christmas Carols at the HTH Hall.
 All are welcome.

Thursday 16th December

7.30pm Christmas Carols at Sandy Bay Community Centre. All are welcome.

No more Mums & Toddlers and Home Leagues until the new year.

YOU ARE ALWAYS WELCOME AT THE SALVATION ARMY

TAKE CARE AND GOD BLESS





YOUR SHOUT!

In the interests of brevity, clarity or space, the Editor reserves the right to withhold, abridge or amend any letter or article submitted for publication. Publication does not convey editorial approval or agreement to the writer's views.

Dear Editor

St Helena Government reform proposals

The difficulty the public has in agreeing the principles set out in the five major reform proposals that were put out for public consultation, can be shown by the number of items in each reform. There are 41 separate items in total.

To give an example of one item alone under the Tax reform proposals:

Simplify customs duties. The current import duty bands are extremely complex, in some cases unfair and present many classification problems. One flat rate will reduce the administrative burden for both inland revenue and businesses.

I can understand that the customs duties might need to be reviewed but there must be other ways of doing it. The objective is to "reduce the administrative burden" for SHG and businesses. I don't think the burden should be shifted to the people. It seems that trying to overcome difficulties in collecting customs duties is being replaced by another set of difficulties for an additional system for benefits.

It is understood that a flat rate of 10% has been suggested, making it 15% when the 5% wharfage

is included. Coupled with this is a recommendation to double the allowance for income tax from £3,500 to £7,000. The flat rate for Customs duty will mean that essential goods like food and clothing as well as building materials that are now duty free will be more expensive and luxury goods will cost less. This will affect people on social benefits and low incomes who will benefit very little from the increase in income tax allowance. Though it is said there will be a safety net to compensate for increases in essentials, a system will have to be put in place to deal with this and will be costly.

The flat rate for customs on building materials will also put up the cost of building a house especially an Islander building a family home. Present increases in costs are already putting the price of a family home out of reach of people in the lower and middle-income brackets. The new proposal will increase this cost even further, work against the policy in the Land Disposal Plan to encourage private house building, make more people leave the island to earn money offshore, or more people will apply for social housing, at more cost to SHG.

With no detailed figures being seen to the contrary, the flat rate for Customs coupled with the increase in the allowance for Income Tax is widening the gap between the haves and the have-nots, creating a divide in our society and costing the St Helena Government more money to implement.

Already this financial year over £9m has been targeted to be raised from local taxes for revenue, exceeded by an additional £300,000 being collected in the first quarter. Will the public be asked to pay yet more taxes to cover the new proposal for one flat rate for Customs duty from 1 April next year if the proposal goes through?

Because of the social impact, indications from the public are that people cannot agree this item nor the principle, nor the others if the details are not known. As we know, the devil is in the detail.

Yours sincerely

Basil George

Dear Editor,

Electricity Supply

Once again, this time on Tuesday evening, we had yet another power outage in Levelwood. No strong winds or driving rain....so why? Lynnette was handling a hot chip pan full of boiling oil when everything went pitch black, an extremely dangerous situation.

Why is it that the UK, which is currently experiencing extreme weather conditions with thick snow, blizzards and sub zero temperatures, still manages to keep the lights on, whilst on this Island, with its benign climate, we cannot even have a basic reliable electricity supply? The public is entitled to an explanation.

This matter is too important to ignore so I will be writing to Councillors this week as there appears to be no point in raising the matter again with a non-responsive PWSD.

Regards,

John Styles



CABLE & WIRELESS

THURSDAY 16TH

Discovery

07:55 Overhaul: Rustang, Eps 6 ®

08:50 The Gadget Show, Eps 38 ®

09:20 How Do They Do It? Aircraft Tyres, Six Shooters, Fever Pitch, Eps 7 ®

09:45 Music Filler

National Geographic

10:00 Don't Tell My Mother: Pakistan ®

11:00 Journey Into Amazonia: Water Worlds ®

BBC World

12:00 GMT With George Alagiah

Discovery

13:00 Cake Boss: Bi-Plane, Bridezilla & Busting Buddy, Eps 5 ®

13:25 Cake Boss: Undead, Unclothed And Unhappy
13:55 Cake Boss: Doves, Ducks And Delicacies ®

14:20 Cake Boss: Museum, Mistakes & Mother Mary
14:50 Music Filler

BBC World

15:00 BBC News

15:30 Hardtalk

National Geographic

16:00 Air Crash Investigation: The Plane That Vanished, Eps 7 ®

BBC World

17:00 The Hub With Nik Gowing

17:30 World Biz Report

17:45 Sport Today

Discovery

18:00 TopTens: Top Ten Tanks

18:30 Secrets Of Interrogation

19:50 Music Filler

BBC World

20:00 World News Today With Zeinab Badawi

20:30 World Biz Report

20:45 Sport Today

National Geographic

21:00 Air Crash Investigation: Operation Babylift, Eps 5 ®

22:00 Shark Men: Single White Whale, Eps 9 ®

23:00 Hooked Monster Fishing: Dogtooth Tuna & Lemon Shark ®

FRIDAY 17th

00:00 Music Filler

Discovery

00:25 Extreme Engineering: Singapore Skypark, Eps 1 ®

01:20 Mythbusters: Birds In A Truck ®

02:15 How Do They Do It? Soft As Sponge, The Knowledge ®

02:40 How Do They Do It? Container Ships, Trucks, Eps 9 ®

03:05 Dirty Jobs: Soo Lock Technician ®

National Geographic

04:00 Monkey Thieves: Return Of The Rebel, Eps 8 ®

04:30 Monkey Thieves: Rising Forces, Eps 11
05:00 The Dog Whisperer: Fear Of Dogs, Eps 25 ®

BBC World

06:00 BBC News

06:30 World Biz Report

06:45 BBC News

07:30 World Biz Report

07:45 Music Filler

Discovery

07:55 Overhaul: Blue Bird, Eps 7 ®

08:50 The Gadget Show, Eps 39

09:20 How Do They Do It? Soft As Sponge, The Knowledge, Eps 8 ®

09:45 Music Filler

National Geographic

10:00 Don't Tell My Mother: Venezuela ®

11:00 Monkey Thieves: Return Of The Rebel, Eps 8 ®

BBC World

12:00 GMT With George Alagiah

National Geographic

13:00 The Bible Uncovered:

Lost Kings Of Israel, Eps 1 ®

14:00 Hyena Queen ®

BBC World

15:00 BBC News

15:30 One Square Mile

National Geographic

16:00 Air Crash Investigation: Operation Baby lift, Eps 5 ®

17:00 The Dog Whisperer: Lotus Blossoms, Eps 26 ®

Discovery

18:00 Wheeler Dealers: Land Rover Defender, Eps 8

18:55 Music Filler

BBC World

19:00 World News Today With Zeinab Badawi

19:30 BBC News

19:40 Weekend World

20:00 BBC News

20:30 Music Filler

Discovery

20:45 LA Ink: The Worst Day Ever, Eps 23

21:40 Pit Bulls And Parolees: Crisis ®

22:35 Dirty Jobs: Reindeer Farm

23:30 Wheeler Dealers: Land Rover Defender, Eps 8

SPORTS

St Helena Golf News

As previously announced on Sat/Sun 4th and 5th December, there was a 36-hole stroke play competition in honour of Sir Henry Galway, a former Governor and founder of our club way back in 1903. It was therefore a special privilege for me to be allowed to sponsor this competition.

Weather conditions were excellent and we had 25 players take part. I explained in my last report that the scoring for a stroke play game is the total number of strokes played over 18 holes net score (gross score minus handicap) wins. We played the competition over two days and each player was awarded their full handicap.

We had some really good scores and there were six players who returned scores in the low to mid sixties in the first round on Saturday. Leading the pack was Dr Zwane with a very good 64, closely followed by Gerald George and Keith Joshua (KJ) on 65, Larry (Nails) Thomas and Leon Crowie both had 67. And Paddo Johnson still keeping his form had 68, (incidentally Paddo has a new name apparently given him by Foxy - "Baby Blue"). The best gross score was of course Leon Crowie who had 69 one over par. Leon plays off a 2 handicap.

Five players holed out in two to claim a share of two ball (five balls each), they were Brian Yon on 5th, Paddo Johnson on 7th, Joan Thomas on 11th. Dr Zwane on 14th and Jeffrey (Foxy) Stevens on 16th.

Dr Zwane was the only player from Saturday's leaders to keep his form going into Sunday's game. In his second round he return a 66, making his total score for two rounds 130, that is six under par and the clear winner by three shots over Brian Yon, who came from behind having shot a 71 in first round, but he had best score on Sunday, having shot a 62 making his total score 133, three under par to take the runner up spot. Dr Zwane was playing off a handicap of 21 and Brian 14. Dr Zwane has been cut three shots to 18 and Brian 1 to 13.

Brian (Fridge) Joshua deserves a mention as he had a good second round of 67, and, added to his 70 on Saturday, had a total score of 137, tied with Gerald George, who had 72 in second round (we all thought Gerald lost his way a bit in second round) but rumour has it that he was protecting his handicap for the Wednesday golf. The best gross score in Sunday's round was Lawson Henry with 69.

In the ladies top spot was Eileen Wallace who had rounds of 81 and 78 making her total score 159. Three players holed out in two to share the two ball which was worth six balls. They were Peter Bagley who scored 2 twos on 11th and 14th holes, Larry Thomas on 11th and Donald Bowers on the 16th.

Other prizes were awarded as follows:

Nearest the pin on first Hole for ladies was Anne George, on 2nd Eileen Wallace, 5th Joan Thomas, 7th Anne George, 14th Eileen Wallace and 16th Anne George. Longest drive on 8th for ladies was Eileen Wallace and on 17th Anne George. For the gents nearest pin: on 1st was Dr Zwane, 2nd Jeffrey (Foxy) Stevens, 5th Dr Zwane, 7th Cecil Thomas and on 14th and 16th Donald Bowers. Longest drive on 8th and 17th holes went to Foxy. Prize for lady who played most golf went to Freda Harrison and for gent Peter Francis. Anne George took the prize for the most improved golfer over the two rounds, and Brian Colman for the most consistent player.



Volley Ball Tournament 2010

Final League Results

Team	Captain	Played	Won	Lost
Rastas	B. Osborne	12	12	0
Crazy Daisies A	J. George	12	8	4
Slammers	C. Harris	12	7	5
Wii Not Fit	S. Wainwright	12	5	7
Crazy Daisies B	R. Bargo	12	4	8
Cougars	S. Benjamin	12	4	8
Ballsy Ladies	G. Richards	12	2	10

Match Results, Sunday 5th December (Round 2, Week 8)

Cougars 2 Vs Wii Not Fit 0

Set 1 Won (25) Lost (23)

Set 2 Won (26) Lost (24)

Lady of the Match: Kim Robinson (Cougars)

Rastas 2 Vs Slammers 0

Set 1 Won (25) Lost (17)

Set 2 Won (25) Lost (17)

Lady of the Match: Christine Caswell (Rasta's)

Knockout Results

Crazy Daisies A 2 Vs Ballsy Ladies 0

Set 1 Won (25) Lost (19)

Set 2 Won (25) Lost (17)

Lady of the Match: Giselle Richards (Ballsy Ladies)

Volleyball Knockout Fixtures, Sunday 12 December 2010

2.00pm Cougars Vs Crazy Daisies B

Umpired by: Crazy Daisies A/ Rastas

2.45 pm Slammers Vs Wii Not Fit

Umpired by: Crazy Daisies B/ Cougars

3.30pm Crazy Daisies A Vs Rastas

Umpired by: Slammers/ Wii Not Fit

Knockout Semi-Finals & Finals will be played on Presentation Day. There will be no matches scheduled for Sunday 19 December.

Congratulations to all our winners, we enjoyed a very tasty curry and rice meal after the presentation prepared by our new celebrity Chef Keith Joshua (KJ). My thanks to all the players for supporting this competition in honour of our Club's Founder. Thank you to KJ for not only preparing the meal but also for providing the music.

Next week's competition is an 18 hole bogey on Saturday 11th December, and on Sunday 12th there will be the monthly medal sign up sheets on club the noticeboard and will close on Friday 10th Dec. Those players taking part in Island Games selection should note that the monthly medal round is a qualifier. Please note that the Club's annual Dinner Dance is schedule for Friday 7th January 2011, more information on this to follow shortly.



SPORTS



Results from weekend 27th & 28th November



Friday 3rd December Bank of St Helena Youth Games Basketball sponsored by Saint FM



Friday evening saw some good competition in the Youth Games Basketball tournament. Jamestown played the best team basketball with good passing and movement, but St Paul's had the best player in Tyrel Ellick who dominated the games.

St Paul's 22 v HTH 7

Points for St Paul's: Tyrel Ellick 12 & Ajay Bennett 10
Points for HTH: Sasha Bargo 3, Dylan Stevens 2 & Andrew Yon 2

Jamestown 27 v Longwood 0

Points for Jamestown: Jamie Essex 2, Shane Benjamin 2, Dean Moyce 4, Sean Benjamin 4, Sarafina Yon 9 & Sasha Williams 6

Bronze medal game: HTH 23 v Longwood 4

Points for HTH: Sasha Bargo 4, Rico Yon 7, Dylan Stevens 4
Andrew Yon 6 & Joshua Young 2

Gold Medal game: St Paul's 10 v Jamestown 2

Points for St Paul's: Tyrel Ellick 6 & Ajay Bennett 4
Points for Jamestown: Sarafina Yon 2

Junior football sponsored by Cable & Wireless & Solomon & Company

Sunday saw another large group of parents and friends turn up to support our young football players. The Young Rustabouts strengthened their chance of winning the league and cup double by defeating the Young Boys in the first semi final. They will meet the Sharpshooters who won a hard-fought game against the other Longwood team, the Hotspurs.

7-11 Knock Out Cup Semi Finals:

Young Rustabouts 5 v Young Boys 2

Goal Scorers for Young Rustabouts: Scott Henry 4 & Ronan Legg 1

Goal Scorers for Young Boys: David Young 1 & 1 own goal
Player of the Match: Scott Henry of the Young Rustabouts

Sharpshooters 3 v Hotspurs 2

Goal Scorers for Sharpshooters: 1 own goal & Corey Scipio 2
Goal Scorers for Hotspurs: 1 own goal & Tyler Scipio
Player of the Match: Raphael Ellick of the Sharpshooters

The upper age Knock Out Cup semi finals saw the Predators, who lost the League to the Invaders, get some revenge by beating the League Champions in a hard-fought game, 5 goals to 3. They will meet the Legacy in the final on 29th December. The legacy had an easy 5-nil win against the Cobras.

11-15 year olds Knock Out Cup Semi Finals

Legacy 5 v Cobras 0

Goal Scorers for Legacy: Nico Benjamin 4 & Liam Yon 1
Player of the Match: James Cainswick of the Cobras

Predators 5 v Invaders 3

Goal Scorers for Predators: 2 own goals, Alex Benjamin 2 & Shane Henry 1
Goal Scorers for Invaders: Adam Francis 1 & Jamie Thomas 2

In the SHFA league the Wirebirds had a comfortable win against the Vipers; the Vipers only managing to field 8 players for this game.

The much improved Raiders had a shock 5-nil win against the Harts with Chris Owen scoring all 5 goals.

The clash of the two bottom teams saw the Fugees score 7 against the Chop Shop Boys.

The final game saw the Scouts and Crystal Rangers fought out a nil-all draw.

Saturday 4th December

Wirebirds 4 v Vipers 1

Goal Scorers for Wirebirds: Alex Langham 1 Alistar Buckley 1, Damien Clingham 1 & Rick Thomas 1

Man of the Match: Alistar Buckley of the Wirebirds

Raiders 5 v Harts 0

Goal Scorer for Raiders: Chris Owen 5

Man of the Match: Mashara Yon of the Raiders

Sunday 5th December

Fugees 7 v Chop Shop Boys 3

Goal Scorers for Fugees: Ajay Bennett 2, Tyrel Ellick 1, Clayton Thomas 3 Christen Yon 1

Goal Scorer for Chop Shop Boys: Clayton Yon 3

Man of the Match: Clayton Thomas of the Fugees

Scouts 0 v Crystal Rangers 0

Man of the Match: Phil Spiers of the Crystal Rangers

Fixtures

Saturday 11th December Bank of St Helena Youth Games Athletics sponsored by Solomons and Company will start at 9.30am

Saturday 11th December - Organiser Alonso Henry

1.30pm: Wirebirds v Raiders

Ref: Craig Yon, Asst Refs: Bellboys & Fugees

3.30pm: Bellboys v Fugees

Ref: Ryan George, Asst Refs: Wirebirds & Raiders

Sunday 12th December

1.30pm Scouts v Crystal Rangers

Ref Gibby Young, Asst Refs: Harts & Vipers

3.30pm: Harts v Vipers

Ref: Dion Phillips, Asst Refs: Scouts & Crystal Rangers

The St Helena Football Association would like to invite all Captains and Committee Members to attend a meeting at the New Horizons centre on **Tuesday 14th December starting at 5pm.**

Items on the agenda will include:

- Presentation day 29th December 2010
- Nominations of Player, Young Player and Goal Keeper of the Season
- District Football Tournament

Captain are asked to select 10 players from their team to fill in the nomination forms; these forms need to be brought to the meeting on Tuesday

It is essential that all Committee members and Captains make the effort to attend this important meeting

Nick Stevens

SPORTS



Jamestown Rifle Club Shooting Competition for the Cable & Wireless Challenge Cup

Eight teams, each comprising six enthusiastic participants, shooting over 3 weeks in November, provided the ideal elements for a friendly, yet keenly fought competition for the Cable & Wireless Challenge Cup.

With the floating cup and trophies sponsored by C&W SA Ltd, shooters aimed for the highest team score and the highest individual scores over three shoots. To encourage the large number of beginners, the Jamestown Rifle Club donated three trophies for the three highest beginner scores. As all prizes were generously donated, entry fees amounting to £193 were contributed to funds for the purchase of rifles and shooting jackets for youngsters shooting at the Club.

On the evening of Tuesday 30 November, Hensil O'Bey, Chief Executive of C&W SA Ltd presented prizes to all winners and announced that that the Company would sponsor the individual trophies on an annual basis.

He thanked all involved for their organisation and for participating in the competition.

Winners of the C&W Challenge Cup

Rifle Club 2 (Tracey's Sharpshooters) 1622.6

Team comprised Tracey Corker, Patrick Young, Trevor Magellan, Rex Young, Nicky George and Adrian March.

2nd Place Rifle Club 1
3Rd Place Cable & Wireless

Highest Individual Scores

1st Place	Teri Clingham	Rifle Club 1	290.2
2nd Place	Arthur Clingham	Rifle Club 3	289.4
3rd place	Jason Magellan	Solomons	288.5

Highest Beginner Scores

1st Place	Karen Ellick	Cable & Wireless	271.1
2nd Place	Stacey English	CAN France	256
3rd Place	Mark Good	Police	240



L-R Hensil O'Bey; Patrick Young; Tracey Corker; Rex Young; Nicky George



L-R Teri Clingham; Arthur Clingham; Jason Magellan



L-R Hensil O'Bey & Karen Ellick

Anyone for Tennis?

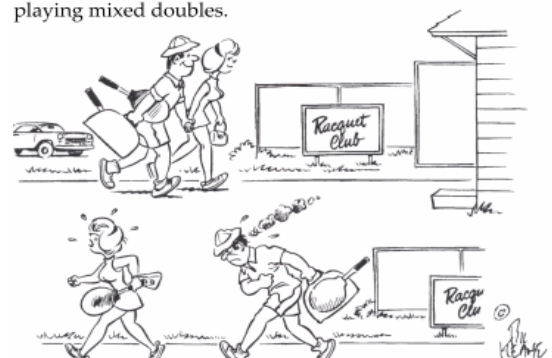


It was evident from the hugely successful day of Mixed Doubles Tennis, which was held on the 6th November this year at Plantation, that there is still an enthusiastic tennis following on the island.

A Men's Singles, Ladies' Singles and a Mixed Doubles Tennis Tournament are planned for late January/early February of next year.

Anyone interested in playing please register with Rosie Bargo on telephone 3663 or e-mail rosie.oscar@cwimail.sh no later than the 8th January 2011.

Mixed doubles is a great social game. Husbands and wives find hours of fun and togetherness playing mixed doubles.



SPORTS



So the Arsenal has moved to the top of the table...thanks to the 'big freeze' because the Man Utd game was postponed. Chelsea is still going through an indifferent time, and Man City and Tottenham are closing in on the top three.

Results:-

Saturday 4th December 2010

Arsenal 2 v Fulham 1
Birmingham 1 v Tottenham 1
Blackburn 3 v Wolves 0
Chelsea 1 v Everton 1
Man City 1 v Bolton 0
Wigan 2 v Stoke 2

Sunday 5th December 2010

West Brom 3 v Newcastle 0
Sunderland 1 v West Ham 0

Monday 6th December 2010

Liverpool 3 v Aston Villa 0

Yes, the 'Gunnery' are on top after winning at home against Fulham. Sami Nasri again scoring 2 great goals and earning great praise from his Manager. Nasri is in fine form at the moment and he has now scored 11 goals for the season, a fine record for a player who plays in midfield. So is Arsenal now depending on Nasri like they use to with Henry? Is there anyone else who can score for them? Guess the big question is, can they sustain this form? Well one thing for sure is that the fans are beaming with confidence, and giving the thumbs up to indicate that their team are at the top. Nice feel hey! Enjoy it while it lasts.

So Man Utd did not play and this provided a chance for the other Manchester club to close the gap, and they did with a win against Bolton, with Teves again on the score sheet after only 4 minutes. But his joy turned to despair when he was substituted later on, and a few words were exchanged between him and the Manager (according to some newspapers not Xmas wishes). Still the fans will know that regardless of the club being 'mega rich' there are mega problems on and off the field. Even in training the players are not seeing eye to eye, and it has been reported that the club is ready to offload quiet a few 'high profile' players come January. So the saying is true for the Man City fans...money doesn't always bring happiness. Mind you, knowing the amount of money that the club have spent, they could have easily bought the title by now.

Another club with money and problems is Chelsea. Compared to the start of the season when they appeared unbeatable, their form has slumped drastically. (I just hope it continues...at least for their next match). The club has now gone 4 games without a win and reports are suggesting that the Manager's job could be on the line. Who would want to be a Manager hey? Still if this is considered a bad period, the club is in 3rd place, just 2 points off the top position, so there's plenty for the fans to look forward to when they hit a good period.

Well next up for Chelsea is Tottenham, which you all might have gathered by now, and the Tottenham fans saw the team draw 1-1 at Birmingham after taking the lead. Right now Tottenham are scoring goals and leaking them also, but with so many injuries the club has had to rearrange in defence. However the Manager is keen on playing attacking football, which is what many fans have now come to expect from the team. Good to see Michael Dawson back with the team. The fans will be happy with the performance of the team so far, and they are only 6 points off the top...can't complain with that?

I know which set of fans won't be complaining at their team's performance and that is Liverpool. A 3-0 win against Aston Villa, and without key players such as Gerrard, Torres and Carragher. What more could you ask for? Perhaps they should leave them out a bit more often? So the fans were left smiling again and brimming with confidence. One fan was even suggesting that the team will be on top come the end of May...he could be right but...what year? The team is currently in 8th place. Whilst talking about Liverpool, I am really surprised at how many supporters we have on the Island. I always thought that most fans were for Man Utd, but since writing the banter many people have passed the odd comment now and again about the Premiership, and many are Liverpool supporters. Maybe that is something we could

try to find out, and see which is the most supported club on the Island. I know that we could count the Chelsea supporters on one hand!

I haven't mentioned Newcastle for a while, but the biggest news coming out this week was the sacking of their Manager Chris Hughton. The team were beaten by 3-1 by West Brom and in truth; the performance would not have pleased the fans. Such a shame for him though, as he had guided the club from the Championship to the Premiership, and despite an indifferent start to the season, the club is in 12th place. Unfortunately this was not enough. However this sacking did not go down to well with some players and fans, so it will be interesting now to see if any players will consider their future at the club, and more importantly, who will take over as Manager?

Focusing on the lower part of the table, it is very surprising to see Fulham, Aston Villa and Everton all there and results did not go their way either. But it is still a long season and we are seeing an interesting one so far, and positions can change so quickly.

Fixtures:-

Saturday 11th December 2010

Aston Villa v West Brom
Everton v Wigan
Fulham v Sunderland
Newcastle v Liverpool
Stoke v Blackpool
West Ham v Man City

Sunday 12th December 2010

Bolton v Blackburn
Tottenham v Chelsea
Wolves v Birmingham

Monday 13th December 2010

Man Utd v Arsenal

Enjoy your weekend!

FOOTBALL NEWS

NPOWER CHAMPIONSHIP

Results:- Saturday 4th December 2010

Ipswich 1 v Swansea 3 Cardiff 1 v Preston 1 Coventry 1 v Middlesbrough 0
Leeds 2 v Crystal Palace 1

Fixtures:- Saturday 11th December 2010

Burnley v Leeds Middlesbrough v Cardiff Preston v Ipswich
Scunthorpe v Nottm Forest Crystal Palace v Hull

LEAGUE ONE

Result:- Saturday 4th December 2010

Hartlepool v Southampton (postponed)

Fixtures: Saturday 11th December 2010

Bournemouth v Hartlepool Southampton v Brentford

The 'big freeze' took its toll on many games in the Npower and League One

Check out more results next time!



PUBLIC INFORMATION



St Helena Police Activity Report

Reports of concern for the period Monday 29th November to Sunday 5th December are as follows:-

On Sunday evening a male person was arrested in the Jamestown area for being found drunk in a public place and detained in custody until Monday morning where he was then charged with the offence and bailed to appear before the Court in due course.

On Saturday morning police received a report of criminal damage which had been caused to a vehicle in the Jamestown area. This case is currently being investigated.

Three road traffic accidents were reported and dealt with during the week. The first occurred on Monday evening in the Jamestown area involving one vehicle which had collided into the back of a vehicle that had already stopped. The driver has now been reported for driving a motor vehicle on a road without due care and attention.

During the early hours of Saturday morning another accident occurred in the Jamestown area involving one vehicle which had crashed into a building causing damage to both the vehicle and building. There were no personal injuries, but as a result of the breath procedure, a male person was arrested for reasonable suspicion of driving a motor vehicle on a road whilst being over the prescribed limit. The person then failed to provide the second breath test and was reported for failing to provide a specimen of breath.

On Saturday afternoon a damage only road traffic accident occurred in the Levelwood area involving two vehicles. The driver at fault was given a verbal warning for unnecessary reversing.

If you have any information please call Confidential Crime Line, telephone number 2888. All information received will be dealt with in the strictest of confidence.

Have a safe week.

***Criminal Investigations Department
St. Helena Police Service
6 December 2010***

Thank You

Chris & Judy would like to thank midwife Erica Benjamin for the safe delivery of their little angel Amie rose. They would also like to take this opportunity to thank the nursing staff for their help and support during Judy's short stay in hospital, and for all the lovely gifts and cards given to her by family and friends.



The Gettogethers Orchestra will hold their Annual Programme of Christmas Music, entitled "LET THE PEOPLE SING" on Sunday 12th December at 8.30p.m. in the Mule Yard, by courtesy of Mr Johnny Dillon.

Mr Donny Stevens, Proprietor of Donny's Establishment has kindly agreed not to hold a Disco at his establishment that evening until after the end of the Orchestra's programme.

The Salvation Army Band will join with the Gettogethers as they normally do on this occasion.

All are welcome to come and enjoy some hearty singing of Christmas Carols and songs.

Take this opportunity to meet up with friends and family who have recently returned to the island.

Limited seating will be provided and a collection will be taken.



Bank of St. Helena

www.sainthelenabank.com

The Bank of St Helena is pleased to advise that Mobile Banking will take place again next week, in the following areas:

**Half Tree Hollow Supermarket on
Wednesday 15th December.**

**Cashiers Office at ANRD Scotland on
Thursday 16th December.**

**Longwood Supermarket on
Friday 17th December.**

The times of operation will be from 9:30am – 1:00pm. Save yourself the trip into Jamestown and have all your bills paid, make a withdrawal or a deposit, request the balance of your account, set up your standing order, you can even open a new account - all of this and more from your nearest mobile banking station.

Bank of St Helena – Bringing our services to you!

NEWS

Get to know the Training and SEN Sector of the Education Department

The Training and SEN Sector works closely with the primary and secondary sectors of the Education Department and is responsible for overseeing the development of the following aspects of the education service:

- Initial Teacher Training
- The Continuous Professional Development of all teaching staff
- Special Educational Needs (SEN)
- Emotional and Behavioural Difficulties (EBD)
- Personal Social, Health and Citizenship Education (PSHCE)

Officers in this sector include the:

- Education Officer Training and SEN - Mrs Wendy Benjamin
- SEN and Training Officer - Mrs Valerie Yon
- PSHCE Coordinator - Mrs Cheryl Bedwell
- EBD Coordinator - Miss Giselle Richards
- EBD Teachers - Miss Anne-Marie Clarke and Ms Debbie Leo
- Speech and Language Teacher - Miss Lisa Lawrence
- Initial Teacher Trainee - Miss Shelley Thomas (Yr 2)
- TA in training - Mrs Sharon Peters



Activities:

We welcomed into the sector between August and November of this year Miss Lisa Lawrence, Miss Amber Isaac, Mr Scott Crowie and Miss Emma Fowler. Lisa is our new Speech and Language Teacher but is currently in training. Amber, Scott and Emma are our new Initial Teacher Trainees. We wish them well as they embark on their new career as a teacher.



From the 6th September - 22nd October Mrs Cheryl Bedwell our PSHCE Coordinator undertook a seven week training programme in the area of PSHCE with the Shropshire Local Authority(LA) through the Education Service Support Programme 2 (ESSP 2). Cheryl developed her knowledge, experience and pedagogy in all areas of PSCHE but focussed primarily on Drugs Education and Sex and Relationships Education. Cheryl will now be more able to train and develop our teachers in the delivery of the PSHE&C programme.

In April/May of 2011 Mrs Valerie Yon our SEN and Training Officer and Miss Giselle Richards our EBD Coordinator will also undertake overseas training through the ESSP 2 in the Shropshire LA. Valerie will have an insight into the area of SEN with a specific focus being placed on developing knowledge and skills in the areas of Dyslexia and Autism to enable the Department to give better support for children with these disorders. Giselle will focus her attentions on updating her skills in the areas of counselling and behaviour management with emphasis placed on the areas of ADHD, ODD and mental health.

Reorganisation within the Education Department has meant that the Pupil Referral Unit, previously located in the Education and Learning Centre has had to be relocated to Olive Cottage in PAS. Students have settled well here and we thank parents for their co-operation and support to make this change possible.

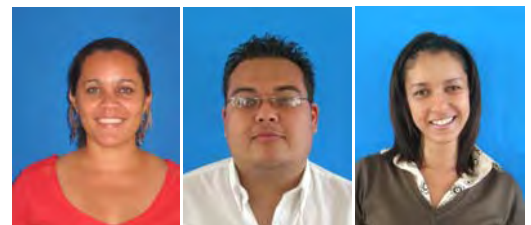
Two of our officers, Miss Debbie Leo and Miss Giselle Richards are currently studying towards a Diploma in Child and Adolescent Counselling. Whilst two of our teachers, Miss Anne-Marie Clarke and Miss Lisa Lawrence are undertaking the School Centred Initial Teacher Training (SCITT) Programme to enable them to achieve Locally Qualified Teacher Status.

Achievements:

Mrs Cheryl Bedwell our PSHCE Coordinator has recently completed her PSHE Continuous Professional Development Programme of Study. We are awaiting formal confirmation of her achievement in this.

Three of our Initial Teacher Trainees, Miss Laura Lawrence, Mr Steve Plato, and Miss Sherell Thomas having completed their Initial Teacher Training programme have been promoted to the posts of Newly Trained Teachers. Steve will be the Science Peripatetic Teacher in Primary, Laura will be based in PAS specialising in English and Art and Sherell is based in St. Paul's Primary School teaching the Year 1/2 class.

We also congratulate Mr Steve Plato for successfully passing GCSE English Literature with a Grade A and GCSE Physics 1 with a Grade B this year and Miss Amber Isaac for successfully passing AS Language with Grade D, O' Level Food and Nutrition Grade C and GCSE IT Grade C.



Stedson back from Ascension to help the National Trust

Stedson Stroud is back on St Helena to work with the National Trust as the plant specialist on the new Darwin Project - and he's on the lookout for young people and volunteers to join him!

Stedson first got into conservation when he rediscovered the extinct endemic Bastard Gumwood tree in 1982 and he has been unstoppable ever since, rediscovering the St Helena Boxwood a few years later. In 2003 his career took him to Ascension as the Assistant Conservation Officer and then the Conservation/sea fisheries Officer. During this time there he helped to carried out the globally successful feral cat eradication project and the Sea bird Restoration programme with the RSPB, and had a big impact on all aspects of conservation on the island.

However, his main passion has always been the restoration of critical endangered endemic plant species, which earned him an MBE which was presented to him by H. M. Queen Elizabeth at Buckingham Palace, for services to the environment in 2004 and this year Stedson was profiled on the IUCN web site for their year of bio-diversity

Jodie Mills, Darwin Project Manager said, "Stedson was one of the founding members of the National Trust and it is great to have him back with us. His time will be split between here and Ascension doing the vital species recovery work that the two



islands so desperately need. The Darwin Project, which focuses on the restoration of High Peak and Blue Point Ridge, will be in full swing in the New Year when we hope to have apprentices on board who will complete the brand new Diploma in Environmental Conservation. This will mean that more local young people will be able to continue the fantastic work of renowned local conservationists such as Stedson and Georgie Benjamin."

Stedson said "It is exhilarating to be back working with the plants on St Helena again and I am very much looking forward to working with the National Trust and the new Darwin project team. I am particularly excited about working with some new young people so I can pass on some of the knowledge that I have, so the endemic flora and fauna of St Helena have an increased chance of survival for future generations"

The National Trust is recruiting now for budding apprentices to work with Jodie and Stedson on this very exciting new project, with the chance of gaining an internationally recognised qualification. No previous skills are required, just a passion for the natural environment that you live in. If you would like any further information please pop in and see Jodie at the National Trust, Broadway House, Jamestown or call 2190 or email her on Jodie@shnt.org.uk
The project is funded by Defra's Darwin Initiative.



Vanessa Thomas, George Benjamin, Stedson & Rebecca Cairns-wicks at the Museum's Ebony exhibition

Reappointment of Sheriff

Greta Pat Musk MBE JP has been reappointed as Sheriff of St Helena by His Excellency Governor Gurr.

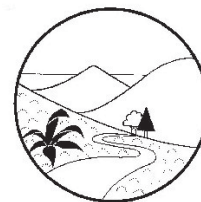
This reappointment will take effect from 1st January 2011.

The Sheriff's prescribed oaths were taken before His Excellency at the Governor's Office in the Castle on Thursday 2nd December.

The Sheriff of St Helena is nominally responsible for enforcing court orders, and this is usually carried out by the police service on the Sheriff's behalf. The Sheriff is also responsible for summoning jurors when a jury is required either in the Supreme Court or for a Coroner's Inquest. Her most conspicuous public role, however, is the swearing in of Governors and Acting Governors.

**Public Relations/Information Office
Office of the Chief Secretary
6 December 2010**





No Spear Fishing Areas - Reminder

Spear fishing in prohibited areas is not allowed at any time of the year.

A spear gun is regarded as any weapon which includes a hand held spear or lance and a hand held weapon designed to discharge a spear or lance

IMPORTANT!

It is internationally recognised that spear fishing while using SCUBA is unacceptably damaging to marine resource stocks. Therefore:

Spear fishing with SCUBA is not allowed at any time or place in St Helena's waters.

Jamestown Harbour

"All that area of coastal water enclosed by a line commencing at the edge of the Wharf by the middle landing steps thence along a line due west at 270° for fifty meters to an unmarked point thence due north for approximately one hundred and fifty meters to a second unmarked point thence along a line at 090° due east for approximately seventy five meters to a rock known as The Needles Eye thence in a generally southerly direction along the cliff edge of the Wharf to the starting point."*

The Papanui Wreck

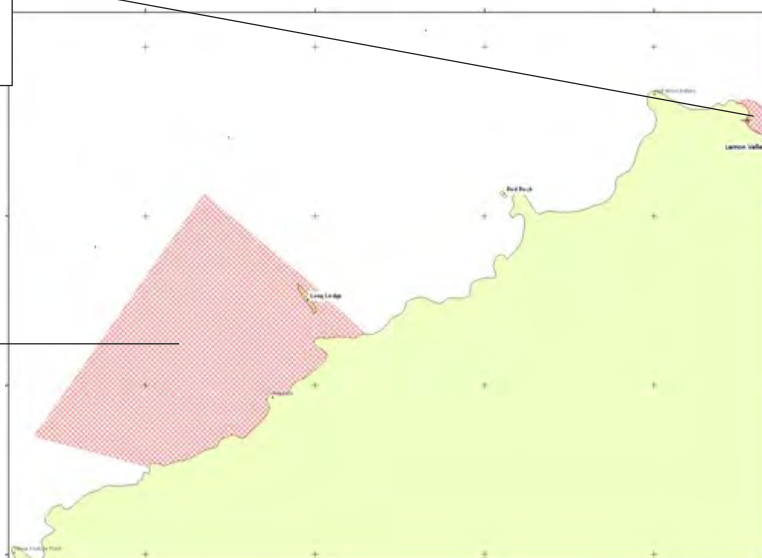
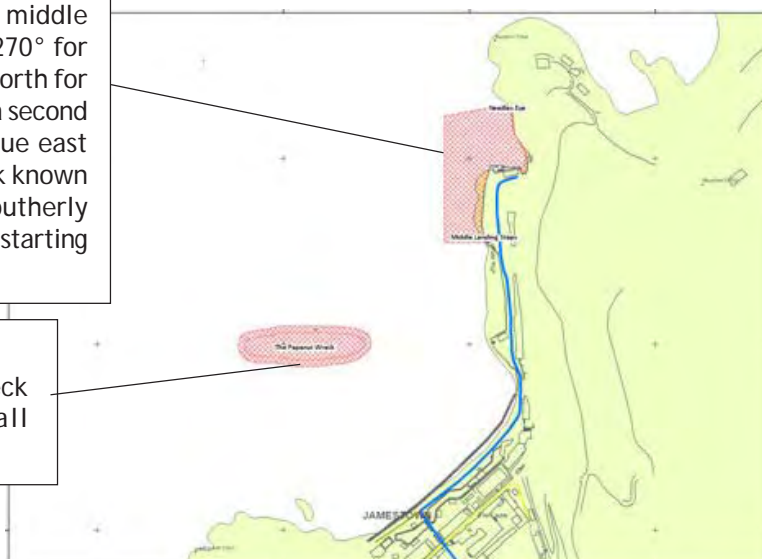
"All that area of water surrounding the wreck to a radius of eight meters beyond all extremities."*

Lemon Valley

"All that area of coastal water comprised within a radius of fifty meters from the landing place."*

Between and including Long Ledge and Billy May's Revenge

"All that area of coastal water enclosed by a line commencing at a point off the shoreline four hundred and ninety five meters (on a bearing of 228°) from Red Rock, thence along a bearing 320° for three hundred and fifty meters, thence along a bearing of 235° for seven hundred meters, thence along a bearing of 165° for approximately three hundred meters (to a point off the shoreline approximately ten meters to the South West of Billy May's Revenge) thence in a generally North Easterly direction along the shoreline back to the starting point."*



* Taken from the Spear Guns Control Ordinance CAP .91