

# No Limits!



June 2008

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## Winter Edition



### From the CEO

It's great to see a number of our programs up and running with a few more soon to evolve.

Zoe Zweck has been busy developing our Boccia program which we are planning to "roll out" in a few different areas across Adelaide.

We have had discussion with City of Salisbury, Charles Sturt and Burnside at this stage and all are keen to host the program. Boccia is a Paralympic sport with no current pathway in SA – we hope that our efforts will address this issue.

Zoe has also been busy planning two Handcycling come and try days, developing plans for kayaking to re-commence in October, supporting the tennis program on Wednesdays at Hampstead (we have even attracted new players!), getting to know the ins and outs of Push 'n' Power sports, supporting the basketball development program and planning for water skiing to be introduced next summer.

Louise has also been busy supporting the promotion and fundraising efforts of our programs and has now produced two quality editions of "No Limits". Louise has promoted our ten pin bowling program which is again up and running thanks to Vas Moros. Our website is next on Louise's agenda as well as a member telephone campaign which we are introducing in order to get to know the wishes of our members more closely. Listen out for a call from Louise.

Apart from attending to a myriad of administrative type tasks, my time has been spent recently developing and presenting fundraising approaches on behalf of a number of our sports and I am pleased to report that a minor sponsorship for rugby has been received while Mortgage Choice have re-signed for the 2008 NWBL season as major sponsor of the Adelaide Thunder.

In the background our other staff and volunteers have been going about their regular array of tasks.

The Finance and Governance Review undertaken by PKF Organisation Development late last year through purpose funding from the Office for Recreation and Sport has been finalised and sent to ORS who are considering the recommendations contained. The Wheelchair Sports SA Board will shortly receive a copy of the review from ORS and will set about addressing the items which have been included for action. A summary will be provided to members in the near future.

Finally, I would like to congratulate those members selected to wear the green and gold in Beijing. We look forward to watching you achieve your goals. A special "No Limits" edition focusing on our members going to Beijing will be circulated in early September.

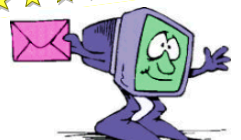
Best wishes,  
Darryl Buchanan

### Are your contact details current?

As always, we wish to ensure that we can contact you with all new information and any up-and-coming events. If your contact details have changed, please let us know by email;

[admin@wheelchairsports-sa.org.au](mailto:admin@wheelchairsports-sa.org.au) or phone Louise on 8349 6366. This includes your email address, phone numbers and postal address.

**Remember that email allows us to provide you with more timely information.**



## ATHLETICS



A meeting was held recently to discuss the formation of an all ages, combined athletics team for track, field and road racing.

This meeting resulted in more of our members becoming participants of the athletics program.

For more information on how you could become involved in athletics please contact Louise on 8349 6366.

## ARCHERY

Adelaide Archery Club (ph 8239 0101) 'shoots' every Thursday from 9.30am at the Corner of Bundeys Rd and War Memorial Drive, North Adelaide.



Wheelchair sports members are most welcome, however you will also need to become a member of Archery SA before you can participate.



## OUR SOCIAL BOCCIA PROGRAM IS WELL UNDERWAY

Boccia is the Paralympics 'wheelchair' version of Italian Bowls - Bocce.

Boccia is played in over fifty countries worldwide and is suitable for all ability levels, including people who have little or no upper body mobility.

Wheelchair Sports SA runs Boccia at a social level on alternate Friday nights. Although it's social, there is also the opportunity to become more involved in this sport at an elite level. The Australian Paralympic Committee are looking for elite boccia players to compete at the 2012 Paralympic Games in London.

So come along to play a social game with some of your fellow members and you never know, you may eventually be chosen to compete at a Paralympic level.

The remaining sessions for June are:

**When:** Friday 13 & 27

**Time:** 6pm - 7pm

**Where:** Hampstead Rehab Centre Gym



# BASKETBALL



## LOCAL LEAGUE

Played Tuesday evenings at Hampstead Rehabilitation Centre

Basketball ladder up to and including June 3rd (Mid Round 4):



	POINTS	%
Demons	25	57.63
Slammers	24	52.06
Meanies	23	53.87
Rockets	12	46.15
T & A	10	45.76
The Soup	8	43.25

Finals begin on June 24th. Good luck to all teams involved.



## NATIONAL WHEELCHAIR BASKETBALL LEAGUE



Round 1 of the 2008 National Wheelchair Basketball League began in Sydney over the weekend of May 23 - 25.

Darren Schutz was the "Mortgage Choice Adelaide Thunder's" highest goal scorer for the round, shooting a total of 39 points. Well done!

The results for each game played are as follows:

Shell Harbour: High Lube Roller Hawks def Mortgage Choice Adelaide Thunder 100 - 56

Shell Harbour: High Lube Roller Hawks def Mortgage Choice Adelaide Thunder 94 - 40

Ryde Aquatic Centre: Wenty Wheelkings def Mortgage Choice Adelaide Thunder 96 - 33

### UPCOMING HOME GAMES

#### AT WAYVILLE STADIUM

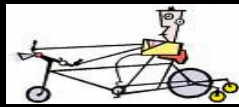
(ENTER FROM ROSE TERRACE)

<u>DAY</u>	<u>DATE</u>	<u>OPPONENT</u>	<u>TIP-OFF</u>
Sat	June 28	West Sydney Razorbacks	7.15pm
Sun	June 29	West Sydney Razorbacks	10.30am
Fri	July 11	Wenty Wheelkings	7.00pm

### VENUE AND TIP-OFF TIMES TO BE ANNOUNCED

<u>DAY</u>	<u>DATE</u>	<u>OPPONENT</u>
Sat	July 26	Perth Wheelcats
Sun	July 27	Perth Wheelcats
Sat	August 2	Dandenong Rangers
Sun	August 3	Dandenong Rangers

# HANDCYCLING



Come 'N' Try

Wheelchair Sports SA, in conjunction with Cycling SA are holding two

## Handcycling Come 'N' Try days.

Handcycling is a sport that can give a real sense of freedom and inclusion at recreational or competitive levels.

When : Sunday June 15  
Where : Adelaide Superdrome Carpark  
(enter off Main Nth Rd. Gepps Cross)  
Time : 2.30pm - 4.30pm

### And

When : Sunday June 22  
Where : Victoria Park Clipsal Track  
(Park 16. Enter off Wakefield Rd)  
Time : 2.30pm - 4.30pm

There is **NO COST** for these events, so come along, get fit and have fun



# Kayaking

Wheelchair Sports in conjunction with Canoe SA will be holding a kayaking skill development series at West Lakes once the weather warms up again.

Dates and times are now being finalised. We are planning to run the sessions on alternate Fridays starting mid October.



## Wombats State titles 2008

# Lawn Bowls

*Barry is the Champion again!*

The 2008 Lawn Bowls State titles held at Clearview Bowling Club from April 3<sup>rd</sup> - 6<sup>th</sup> offered excitement for players and spectators alike. The game format of the better of two nine end sets followed by a three end tie breaker if needed, gave players who found themselves shots down in the first set a chance to regroup and comeback and win. Many matches were decided on the third end of the tie breaker.

Eight teams contested the pairs section and eighteen individuals played in the singles events. Four players entered from interstate; one each from Queensland and New South Wales and two from Victoria.

The pairs section was won by the Vics - Josh Barry and Andrew Brandolin. Barry Charity and Fred Bawden won the silver medal, and bronze was won by Neville Read and Liam Buckley who at 16 is our youngest member.

The finalists for the singles events were decided only in the last round. Andrew Brandolin (Vic) played against SA's Peter Waye for the bronze medal, Peter being successful. Barry Charity and Stan Bolto played off for Gold and Silver, Barry winning the Championships yet again and Stan was a gallant silver medalist.

New bowlers had a taste of "the big time" and acquitted themselves bravely and the more experienced bowlers played against them in the true spirit of the game.

The help received from Clearview Bowling Club members and other volunteers was superb. Thank you! It certainly made the tournament a great success.

*From Norma Brauer. (Wombats Coach.)*

The results of this Invitational State Championship aided the Wombats in their team selection for the upcoming '2008 Australian National Championships' to be held in NSW from 21-28 July.

The team consists of: David Bailey, Stan Bolto, Liam Buckley, Barry Charity, Neville Read and Peter Waye, with Norma Brauer as coach/manager.

We wish you all the best for this competition.



## Push 'N' Power

Damien Porter races toward the goals in Balloon Soccer

*Every week I have been attending the Push and Powered games at Regency Park. Push 'N' Power play indoor games for people in electric or manual wheelchairs.*

*The games alternate each week between three different sports - Balloon Soccer, Hockey and Touch. Every second week they also hold a fantastic BBQ that everyone enjoys a lot.*

*I am slowly learning all the rules especially with everyone there being so helpful, and have been able to assist with the scoring and time keeping. It's a lot of fun with some good competition and I am enjoying going along each week.*

*For anyone interested in getting more information please contact us here at the Wheelchair Sports office. - Zoe Zweck (WCS Sport and Recreation Officer)*

## Swimming

The 'Australian Paralympic Committee' has announced the largest Australian Swim Team ever to compete at an overseas Paralympic Games.

A team of 35 athletes were chosen, which is second only to the 2000 Sydney team which had 51 swimmers.

Our Wheelchair Sports SA members who have been chosen to take on the world in Beijing in September are: **Matt Cowdrey, Jay Dohnt and Shelley Rogers.**

Matt Cowdrey was recently the stand out Australian performer in the 'Paralympic World Cup Invitational', held during May in Manchester. Even though Matt was suffering a bad bout of the flu, he managed to win three gold medals and one bronze.

## TABLE TENNIS

A reminder to all our members that Table Tennis is held weekly at the Brighton Table Tennis Club on Sundays from 1 - 4pm.

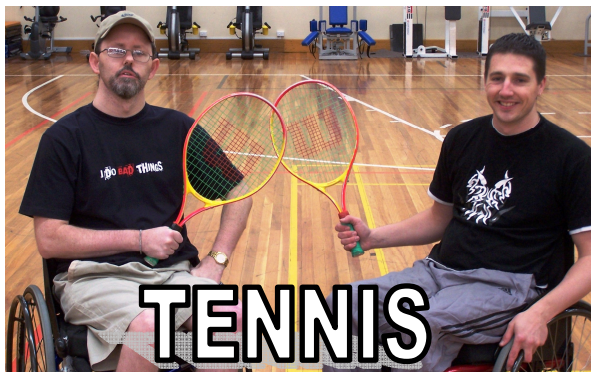
Joe Hoad (Coordinator) welcomes any new Wheelchair Sports members to join them.

For more information please contact Louise on 8349 6366





**Bernadette Cirotzki**



# TENNIS



**Grant Leonard**



**Michael Williams**

In conjunction with Tennis SA, Wheelchair Sports have been running a weekly tennis 'skill development series' at Hampstead Rehabilitation Centre Gym.

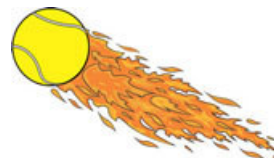
Due to the success of this event, we are hoping to continue to run these sessions weekly during school terms.



**Adam Murdey**

As a result of participating in this skill development series, at least two of our members have become involved in sessions at the Broadview District Tennis Club. For information on planned sessions, please phone Louise on 8349 6366.

## Tennis 'World Team Cup'



### Tennis 'World Team Cup'

15 year old **Henry De Cure** has been chosen to represent Australia in the Junior Team at the 'World Team Cup'. He will be playing singles and doubles in the Junior (under 18) draw.

The 'World Team Cup' is the Wheelchair equivalent of the 'Davis Cup'. This is a huge achievement. Congratulations!

At a Junior competition level, Henry is currently ranked 29th in the world. He is well on the way to fulfilling his dream of becoming one of the top 10 wheelchair tennis players in the world.

The team that Henry is a part of consists of 6 players from around Australia, 2 coaches and a manger. Henry is the only South Australian player chosen to represent Australia for this cup. The tournament (which is run by the International Tennis Federation) is being hosted by Northern Italy (Pomona) from June 9 - 15.

Henry and the team are currently in Poland, competing in the Polish Open (June 3 -7). Henry is in the 2nd draw, as there is no Junior Draw for this competition. The Polish Open is also run by the ITF.

**"For these competitions, I hope to play my best.....oh, and of course winning would be nice".** - Henry De Cure

Henry plays locally at the Holdfast Tennis Club.



## TARGET SHOOTING



Libby Kosmala has recently returned from her overseas competitions. After competing in two Air Rifle events in Turkey, Libby then flew to Germany. The German competitions were held in 'Bad Orb', which is thirty minutes drive from Frankfurt.

Libby competed in four events in the German competitions.

In the Air Rifle standing match, Libby came 2nd, scoring 390/400, winning her the silver medal.

In the 'English' match, which is 60 shots at 50m, Libby came 3rd. This is an open competition (men and women) with over 60 competitors. Libby says she shot her best in that competition for 5 years.

It was very stiff competition, as this was the last international competitions before the Beijing Paralympics. Libby was the only Australian to bring back medals! **Fantastic!!**

In other shooting news - Wayne Brittain, Heather Turnbridge, Libby Kosmala and Stan Kosmala will be competing in Mildura this long weekend (June 7-9th). As always, we wish them well.

## TEN PIN BOWLING

**Our monthly Social Ten Pin Bowling sessions have resumed.**

**Dates and venues for 2008 are as follows:**

**AMF Woodville Bowl (819 Port Rd, Woodville)**

- June 14, August 2, October 11 and December 6.

**Bowland Ingle Farm (Ingle Farm Shopping Centre, Beovich Rd)**

- July 5, September 6 and November 1.

**Games start at 2pm with Vas Moros coordinating.**

**Cost (2 games) is \$6 for members and \$10 for non-members.**

**For further information, please contact the Wheelchair Sports Office.**

### D – Volleyball



SA Inc

D - Volleyball SA Inc, cordially invites you to

**"Come and Try" sitting Volleyball.**

To be held at: GOODWOOD COMMUNITY CENTRE  
(32-42 Rosa St, Goodwood).

SUNDAY 22nd June at 11am

BBQ lunch and drinks will be supplied.

**FREE FREE - A great family day!**

Anyone can participate, with or without a disability.

For more details and to gain an application form,  
please contact Heather Brown (President D-Volleyball  
SA Inc) on 8272 1495.





## Red Dust Role Model

### - Tim Maloney

Tim Maloney joins celebrities such as Allan Border, Lauren Burns, Gretel Killeen and Brett Wheeler as a 'Red Dust Role Model'.

As described on the Red Dust website: "Red Dust Role Models LTD is a not-for-profit organisation which uses the profile and influence of positive role models to deliver health messages and inspire healthy lifestyle decisions among remote, indigenous youth. Role Models also promote education as a pathway to increased opportunities for personal development, employment and preparedness for community leadership."

Tim Maloney has been a part of this great work since 2002. Last year alone, he has visited community groups in Milingimbi (northern coast of Arnhem Land), Daly River (far north) and Mutitjulu (right next door to Uluru - Ayres Rock).

Tim says; "Being part of this program is an absolute passion!. I work with a 'crack-a-jack' crew.

We do everything from health based programs, such as healthy eating education to sporting programs. The programs are either classroom based, or out on the sports field.

It's always a 2-way learning process, as we learn as much from them as much as they do from us. We learn so much about their cultures.

This is a great way to have a positive effect on kids, which is always a good thing."

For further information on 'Red Dust' visit the website: [www.reddust.org.au](http://www.reddust.org.au)

You could also check out the 'Red Dust' page on 'Facebook'.

## Read on for more of Tim's achievements.....

### Office for Recreation and Sport Coaching Scholarship

Former Paralympic basketballer Tim Maloney has been awarded a 2008/2009 'Office for Recreation and Sport' Coaching Scholarship.

Tim is an NCAS accredited Level 1 basketball coach who has previously coached a South Australian team in the Women's National Wheelchair Basketball League (WNWBL) and is currently Assistant Coach for the Mortgage Choice Adelaide Thunder. He has also been developing his off court involvement in the area of classification for wheelchair basketball.

During this year Tim will also be supporting a wheelchair basketball development program in conjunction with Basketball SA.

Wheelchair Sports SA developed and encouraged Tim in his application for the award as we seek to build the wheelchair basketball program in SA.

We believe that we need to tap into and develop our current and former Paralympians so that their specific sports can benefit from their experience in the areas of coaching and leadership.

*Darryl Buchanan*



## disABILITY Expo 2008

**Friday 24th October - 10am-5pm  
ADELAIDE SHOWGROUND  
- Jubilee Pavilion (indoor/floor level)**

**Ample FREE parking. This year there will be over 120 stalls full of information, free entertainment and sporting clinics, including guest appearances by Adelaide United soccer players.**

**The Expo is about the health and wellbeing of people of all ages, including people with a disability, parents, caregivers and the general community.**

**Of course Wheelchair Sports SA will be represented.**

**For more information visit the website at [www.disabilityexpo.info](http://www.disabilityexpo.info)**



2008  
City - Bay  
Fun Run

**This years City to Bay fun run will held be on:**

**Sunday 21st of September.**

**Entry to this event will open late June.**

**Please keep an eye out for details regarding how you can join the Wheelchair Sports group in this event.**

**For more information visit the website: [www.city-bay.org.au](http://www.city-bay.org.au)**

# BEIJING PARALYMPICS

With less than 100 days until Australia sees its biggest ever 'away' team enter the Beijing National Stadium for the opening of the 2008 Paralympic Games, we would like to take this opportunity to congratulate the *currently known* Wheelchair Sports SA members who have been selected to 'do us proud'.

### Athletics

Rod Farr - (Seated Throws - Discus, Javelin & Shot-put)

Michael Roeger (Amputee Middle Distance)

### Shadow Squad

Paul Benz (Cerebral Palsy Sprints & Relay Emergency)

Neil Fuller (Amputee Sprint & possible Relay Squad Member)

Katrina Webb-Denis (Cerebral Palsy Throws)

### Handcycling

Melissa Leckie

### Rugby

George Hucks

Steven Porter

Ryan Scott

### Swimming

Matt Cowdrey

Jay Dohnt

Shelley Rogers

### Target Shooting

Libby Kosmala

**Congratulations to all of these athletes. Being selected is a fantastic achievement in itself!**

**Future selections will be announced in our special "Beijing Paralympic" edition of 'No Limits' in September**