



TEAM 19 NEWS

19th Expeditionary Sustainment Command

June 24, 2010

Retiring the colors

Members of the Area IV Color Guard retire the colors at the end of the formal portion of the Army Ball June 12. Pictured from left to right is Sgt. Karll Moore, Staff Sgt. Hector Pena, Cpl. Han Ung, Staff Sgt. Chavis Rose, Staff Sgt. Rafael Brooks, Staff Sgt. Jerry Pressley and Staff Sgt. Laura Pena, under the direction of Staff Sgt. Robert Sales. See Page 2 for more pictures.



Photo by Pvt. Chae Ki-soo

US, Korean Soldiers remembered at Hill 303 *New monument unveiled at Korean War last line of defense*

By Sgt. Megan Garcia
501st SBDE Public Affairs

Soldiers of the 6th Ordnance Battalion and 84th Ordnance Company, veterans of the Chilgok Korean Veterans Association, members of the Republic of South Korean Army, numerous political figures of the Korean government and local Korean citizens gathered at Hill 303 June 10 to commemorate the 60th anniversary of the Korean War with the unveiling of a new monument dedicated to the U.S. and South Korean Soldiers who lost their lives defending Hill 303.

The new monument, flown by a U.S. Army Chinook to the top of Hill 303 May 26, was placed beside the original monument, set in place Aug. 17, 2003.

The Chilgok KVA, in coordination with the 6th Ordnance Battalion and 84th Ordnance Company, began talks about the extension of the original monument in June 2009.

“The Chilgok KVA wanted a better, significant monument,” said Lt. Col. David Dusterhoff, 6th Ordnance Battalion commander. “The 84th Ordnance Company took the lead and we supported them. The monument before us tells us that the U.S. and South Korean Soldiers’ sacrifices in blood, sweat and tears were not in vain.”

During the ceremony, many Korean citizens gave their sentiments regarding the lives of those given during the battle of Hill 303.

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Birthday ball held for Army's 235th birthday



Photo by Cpl. Lee Jun-ho

A member of the 2nd Infantry Division Tae kwon do team shows off his skills as he launches into the air attempting to break a wooden board on a high jumping flip kick at the 235th Army Birthday Ball celebration June 12. For more pictures of the Army Ball, check out the 19th Expeditionary Sustainment Command's official Flickr page at www.flickr.com/photos/19esc.



Photo by Cpl. Lee Jun-ho

People attending the 2010 Army Birthday Ball cut loose on the dance floor after the night's formal ceremony concludes. All in step, rows of Soldiers, civilians, and family members line dance to the music.



Photo by To Chun-ho

Brig. Gen. Thomas A. Harvey, 19th Expeditionary Sustainment Command commanding general, addresses the crowd during the 235th Army Birthday Ball celebration June 12 at the Hotel Inter-Burgo EXCO.



Photo by To Chun-ho

An ice sculpture commemorating the strength of the Republic of Korea and U.S. alliance of 60 years is displayed for guests.



Photo by Cpl. Lee Jun-ho

Spc. Steven Fulir, 2nd Infantry Division Jazz Combo member, plays "Taps" during a tribute to prisoners of war and those missing in action.

Team 19! News

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For all submitted items, include points of contact name and telephone number. All items are subject to editing for content and to insure they conform with DoD guidelines.

The 19th ESC Public Affairs Office is located in Bldg. 1501, Camp Henry, Daegu, South Korea.

For more information, call 768-8622

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“I always cherish the memories of those heroes who gave their lives fighting for this country,” said Lee Hyun Si, Chilgok KVA president.

“I pray every day for the U.S. Soldiers who protect this country,” said Han Ki-Yob, Ministry of Patriots and Veterans Affairs, Daegu.

“It was harshest part of the Korean War,” said Capt. (Ret.) Park Du-Supb, a veteran of the Korean War. “Everybody was chasing or being chased. A lot of people were dying from bullets and bombs. I am very sorry U.S. Soldiers were sacrificed for South Korea.”



The original monument, placed at Hill 303 Aug. 17, 2003, still sits at Hill 303 alongside the new monument.



Photos by Sgt. Megan Garcia

Lee Hyun Si, Chilgok Korean Veterans Association president, places flowers at the monument in memory of fallen U.S. and South Korean Soldiers.

The battle of Hill 303, infamous for being the last line of defense against the North Korean army during the Korean War, is widely known for the 42 U.S. Soldiers who

were taken prisoner and murdered defending the hill, stopping the North Korean army from further advancement into South Korea.

Talk on the STREET

“What is your favorite way to spend time with your dad?”



We play games on the Wii like Mario Cart.

Jerral McNair
19th Expeditionary Sustainment Command family member



I like to draw. We draw dragons, unicorns and imaginary things.

Victoria Boyce
19th Expeditionary Sustainment Command family member



I like to play badminton with my dad.

Royce Brown
501st Sustainment Brigade family member



Watching baseball games with my dad and shopping.

Alexis Kimble
Daegu American School family member



We play sports, especially soccer.

Dylan Mahabir
19th Expeditionary Sustainment Command family member

It rains, it pours, But it doesn't dampen Soldiers' Beach Blast party



Photos by Spc. Adrianna N. Lucas

Pfc. Quincy Pimpton, 19th Expeditionary Sustainment Command Human Resource specialist, (right) competes against Soldiers from around the peninsula in a watermelon eating challenge during the Better Opportunities for Single Soldiers Beach Blast. Pimpton won first place in the competition.



A series of challenges left some people questioning how far Soldiers would go to win bragging rights and a prize at the 2010 Beach Blast at Daecheon Beach June 11-13. Whether racing with spoonfuls of yoke while wearing goggles, eating unknown moving things, or competing until they vomited, Soldiers went to extraordinary measures for an area title and prizes.



After the sun set on Daecheon Beach, Pfc. Janell D. Bachmeier, 19th Expeditionary Sustainment Command Staff Judge Advocate, cheered on by spectators in the limbo competition, gets low to music and wins the first place prize. During this three-day event, Soldiers participated in a variety of sports, contests and activities.



Despite the high tide and summer showers, Soldiers traveled from around the peninsula to Daecheon Beach. Many participated in a friendly volleyball competition June 12 at the 2010 Beach Blast.

Ms. Kwon's Korner

I am really excited to share Korean culture and good places with you. I have been blessed by heaven to work here as an intern. I'm ready to be your friend and introduce all my country offers.

Kwon Hyun-a

(E-mail: hyuna0315@gmail.com)



All restaurants have similar menus and offer similar prices. When ordering a portion of galbi, it comes in a crushed aluminum pot. Pots have been used to serve galbi for many years and have become a trademark along with the dish. Even though the pot has high heat conductivity, it also keeps the pork from burning. The pork is a little spicy but sweet as well, and may cause mouths to burn and beads of sweat to form on foreheads.

White and watery Kimchi, known as baek kimchi, is offered as a side-dish to soothe the spicy taste. When it comes to eating galbi, seasoning is essential. Red peppers, medicinal herbs, garlic, and Korean starch syrup are all used to season the pork. Despite the hot weather, many people still enjoy the spicy food during the summer season.

An easy way to get to Dongin-dong Street is to walk to the north-east corner of Gukchaebosang Park and cross north to the KT Building. Then go left and walk for about five minutes and look for the small sign on a pole written in English.

Dongin-dong Jim Galbi street

Daegu is well known for being one of the hottest cities in South Korea during the summer because it's located in a basin surrounded by mountains. Hot weather can stimulate people's appetite, and among all kinds of food, meat is the most popular during the summer season. People who enjoy hot-tasty pork should visit Dongin-dong Galbi Jim Restaurant Street. Galbi jim is steamed pork, but is called jim galbi by local citizens.

The Dongin-dong steamed pork street was not created intentionally. In order to make ends meet, people opened up their own stores because it is a lucrative business. As a result, the space is limited and compacted with a mass of steamed pork restaurants. There are currently 15 restaurants located on the Dongin-dong Galbi Street.



The Galbi Jim Restaurant Street sign stands visibly on the road for suitors to find.



Photos by Kwon Hyun-a

A slice of Jim Galbi along with a piece of white kimchi and garlic make up a nice combination for vegetable wrap.

Information

Location: Back side of the Daegu city hall

Address: Daegu Jung-gu Dongin-dong

(Take a taxi and tell the taxi driver, Dongin-dong jim galbi golmok gajuseyo!)

Menu: Jim galbi one portion 14,000 won

A ball of rice 1,000 won

Swimmers escape summer heat at the pool

Splash in to summer, make waves at the Camp Walker pool



Photo by Pvt. Chae Ki-soo

Tyrieck Smalls, 498th Combat Sustainment Support Battalion, glides down the Camp Walker outdoor water slide on a sunny weekend afternoon.

By Pvt. Chae Ki-soo
19th ESC Public Affairs

As the sun gets hotter and the temperature rises along with the humidity, both the in-

door and outdoor pools at Camp Walker are an available option to escape the heat. With summer in full motion, sweaty and sticky bodies can relax, enjoy the pool and even get a cool work out.

Both competitive swimmers and leisure swimmers alike can enjoy the pools at Camp Walker. Competitive swimmers can enjoy a more private workout environment in the two lane, 25 meter long indoor pool. "Swimming is a full body workout as opposed to a regular land sport which overworks particular muscles. By swimming you can work all core muscles at the same time," said Rebecca Martinez, Camp Walker recreational lifeguard. "Also, swimming can be more enjoyable than running on the treadmill or running around the track. The best part is that swimming is a workout in disguise because it doesn't feel like working out much."

According to the Livestrong Foundation, swimming provides not only a workout that is both cardiovascular and strengthening in nature, but also puts less stress on the joints and muscles compared to activities on the ground because the water supports the body.

While some may go out to the pool to swim for the sake of exercise, others go to the pool simply for the sake of joy and relaxing. "The outdoor pool is nice with a good water temperature. The pool is very accommodating to Soldiers and dependents looking to get out of the hot sun" said Pfc. Janell D. Bachmeier, 19th Expeditionary Sustainment Command Staff Judge Advocate.

The pool-side chairs surround the outdoor pool for those who wish to simply lay out in the sun. At one end of the outdoor pool, a

Camp Walker pool hours

Indoor pool

Monday-Wednesday/Friday
5:30 a.m. to 8 p.m.

Thursday: 5-8 a.m. and 5-8 p.m.

Weekends and U.S. holidays
10 a.m. to 7 p.m.

Outdoor pool

Open: six days a week

Hours: from 10 a.m. to 7 p.m.
closed on Tuesdays

yellow water slide is available for children 15 and under to ride. On the other end, a diving board is present for those who wish to enjoy the fun of diving into the 9 foot deep pool.

While enjoying the pool, keep in mind a few safety guidelines. Lifeguards are present to ensure safety as well as provide aid in times of emergency. "Because nobody can predict danger and accidents, swimmers need to be aware of their surroundings for their safety," said Cheon Su-chin, Camp Walker outdoor pool lifeguard. "Swimmers should also stretch thoroughly before swimming, and simply refrain from any unsafe actions around the pool to have fun safely."

Go on out, swim, dive, enjoy the warm weather and escape the heat of the summer at the Camp Walker pools.

2010 Daegu Area

Intramural Softball League

1st and 2nd Round Scores

Date	Home	Away	Score
June 14	USAG Daegu	188th MP Co	7-17
	25th Trans	Over 33	7-15
June 17	19th KATUSA	19th ESC	1-16
June 21	19th ESC	6th Sig	17-2
	188th MP Co	36th Sig	12-7



Photo by Amy M. Parr

Class of 2010

The Daegu American School Class of 2010 turn their tassels marking the end of their high school years June 11 at the Pyunggang Presbyterian Church in Daegu. Check out the 19th Expeditionary Sustainment Command Facebook page at www.facebook.com/19thESC for more photos.



Photo by Spc. Adrianna N. Lucas

Aloha Daegu

19th Expeditionary Sustainment Command members learn a hula dance June 19 at a farewell luau hosted by Brig. Gen. Thomas A. Harvey, commanding general. From left to right, Col. William I. Rush, 19th ESC G-3, Lt. Col. Juan A. Pyfrom, 19th ESC Staff Judge Advocate, and Mayumi Rush, Yoona Pyfrom, and Soon Bezold, all 19th ESC family members, learn a hula dance.

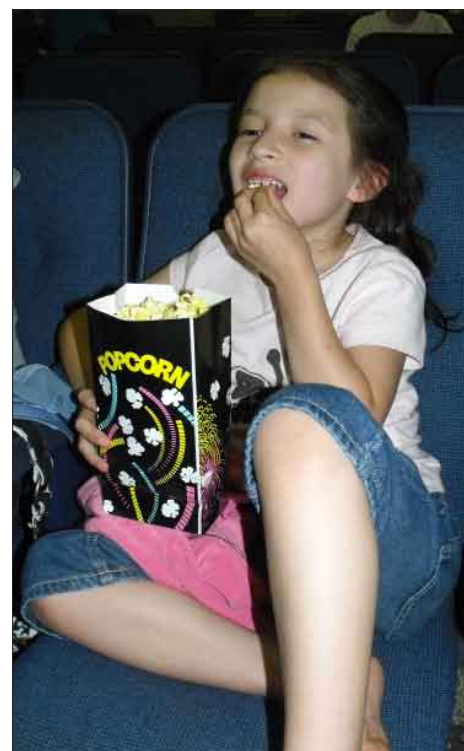


Photo by Amy M. Parr

Movie munchies

Lillian Sanchez, Defense Energy Support Center Korea family member, enjoys a bag of popcorn at the Camp Henry Theater June 10.

Visit the 19th ESC Flickr webpage!

Photos from the 19th ESC Public Affairs journalists can be found and downloaded from anywhere.

www.flickr.com/photos/19esc



4th of July Extravaganza!

July 4th at the
Cp Walker Fitness Center
Parking Lot

AUTO & CYCLE SHOW
1400-1700 / Kelly Parking Lot

CATEGORIES
Cycles: Under 100cc/Over 100cc
Auto: Best overall - wheels, sound & modified motor
Register at the Co Henry Auto Skills Center by 11:30 a.m. Call 764-4800 for details.
Have your photo taken with professional racing models. Hot... food, music, trophies and more!

Games & activities for kids and adults,
Bouncies,
Food & Beverages,
Entertainment,
Firecracker Fun Run,
Contests & Prizes, and
FIREWORKS!

Stay posted for a complete schedule of activities.

Call 764-4800 for more information

CHILI COOK OFF
1400-1600 / Kelly Parking Lot
Judged on aroma, color, consistency, taste, and entertains
Awards for Best Chili Name on Best Overall chili
Entry forms and contest rules are available at the Cp Walker CAC, 764-4800
Deadline for registration is June 30

2010 Eighth Army
Swimming Championship
Hanson Field House, Camp Casey
10 July 2010

Registration: 0900-0945
Competition Starts: 1000

For more information, contact your local sports office or Mr. Thomas E. Higgins at Korea Region Sports, DSN 725-5064.

Camp Carroll outdoor pool
Tuesday-Sunday: 10 a.m. to 7 p.m., Closed Monday

Camp Carroll indoor pool
Monday-Friday: 5:30 a.m. to 7:30 p.m.
Weekends and U.S. holidays: 11 a.m. to 7:30 p.m.

Swimming classes (indoor pool)
Monday, Wednesday and Friday, \$50 per person, Soldiers: free

MWR Tours

Tours for the month of June

Come experience everything Korea has to offer with your local MWR

Date	Event	Price
June 26	Spa Valley Indoor water park Depart: 8 a.m. at Camp Carroll and 9 a.m. at Camp Walker	\$10 per person (Kids 10 and under: \$5) Entrance Fee: 35,000 won, 28,000 won for children 12 and under
June 26	Newcomer's Subway Tour Depart: 9:30 a.m. at Camp Walker CAC Return: 4 p.m. at Camp Walker CAC	Transportation fee: 5,000 won Bring money for lunch and shopping
For more information, contact your local Community Activity Center Camp Walker Building S-335, 764-4123 Camp Carroll Building S-110, 765-7900		

FITNESS ACTIVITIES

Aerobathon/ Health Fair/ Summer Fitness Boot Camp

Camp Walker Fitness Center
June 26 at 9 a.m.

Registration at:
Camp Walker Fitness Center 764-4907
or
Camp Carroll Fitness Center, 765-8118

Classifieds

Animals



Dachshund, black male. Adoption fee of \$52-77 includes first round of vaccinations and microchip (depending on age). Call the vet clinic at 764-4858.



Min pin, black/tan 8 month old male. Adoption fee of \$52-77 includes first round of vaccinations and microchip (depending on age). Call the vet clinic at 764-4858.

Employment

Sales Store Checker
GS-2091-07, Daegu Com-

*** AD SUBMISSIONS ***

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e-mail to: 19thescpaowebmaster@us.army.mil

missary. Salary: \$33,979-\$44,176. Vacancy Announcement Number: KOEZ10320142.

Announcement closes June 25. Visit <http://acpol.army.mil/employment>.

Environmental Protection Specialist

GS-0028-12, Waegwan. Salary: \$60,274-\$78,355. Vacancy Announcement Number: KOEZ10308857. Announcement closes June 28. Visit <http://acpol.army.mil/employment>.

Exercise Plans and Operations Specialist

GS-0301-13, 19th ESC G-3. Salary: \$71,674-\$93,175. Vacancy Announcement Number: KOEZ10329414.

Announcement closes June 29. Visit <http://acpol.army.mil/employment>.

IT (Network) Specialist

GS-2210-12, 1st Sig Bde. Salary: \$66,301-\$86,191. Vacancy Announcement Number: KOEZ10303410. Announcement closes June 29. Visit <http://acpol.army.mil/employment>.

[army.mil/employment](http://acpol.army.mil/employment).

Physical Security Specialist

GS-0080-11, Waegwan. Salary: \$50,287-\$65,371. Vacancy Announcement Number: KOEZ10284588. Announcement closes June 30. Visit <http://acpol.army.mil/employment>.

Industrial Specialist

GS-1150-12, Busan. Salary: \$60,274-\$78,355. Vacancy Announcement Number: SWH810YV332200. Announcement closes July 1. Visit <http://acpol.army.mil/employment>.

Quality Assurance Specialist

GS-1910-12, Busan. Salary: \$60,274-\$78,355. Vacancy Announcement Number: SWH810YV332196. Announcement closes July 1. Visit <http://acpol.army.mil/employment>.

Range Operations Specialist

GS-0301-11, Waegwan. Salary: \$50,287-\$65,371. Vacancy Announcement Number: KOEZ10250812.

Announcement closes July 2. Visit <http://acpol.army.mil/employment>.

IT (CUSTSPT) Specialist
GS-2210-07/09/11, 36th Signal. Salary: \$44,173-\$76,484. Vacancy Announcement Number: KOEZ10303444.

Announcement closes July 2. Visit <http://acpol.army.mil/employment>.

Supply Management Specialist

GS-2003-12, 403rd Support Brigade. Salary: \$60,274-\$78,355. Vacancy Announcement Number: KOEZ10347151.

Announcement closes July 2. Visit <http://acpol.army.mil/employment>.

Logistics Management Specialist

GS-0346-12, Waegwan. Salary: \$60,274-\$78,355. Vacancy Announcement Number: KOEZ10329642. Announcement closes July 5. Visit <http://acpol.army.mil/employment>.

Chief of Support Services

NF-0342-04, Camp Henry. Salary: \$60,000-\$78,000. Vacancy Announcement Number: CF10-397. Announcement closes July 14. Visit <http://acpol.army.mil/employment>.

Furniture

Got too much furniture or need to purchase something new? Place your ad for items to sell or items you're looking to purchase. Send an e-mail to 19thescpaowebmaster@us.army.mil.