

In the Center

January 2009 Tevet | Shevet 5769

Kaplen JCC on the Palisades

שבח | שבט תשס"ט



James H. Grossmann Memorial Jewish Book Month
Thin Is The New Happy
by Val Frankel
Thurs. January 29, 10 am
Page 9



Renovation Update
Our Momentus Journey
Has Begun
Page 3



The Leonard & Syril Rubin Nursery School
Dream Jams Book Club | Little Maestros | Spring Boutique | David Grover & The Big Bear Band
Page 8

Big Giving Starts Small: Penny Harvest Comes to the JCC



Top row (left to right): Kyle Schoeneborn, Noa Slotky, Shoshana Printz, Jamie Rogers, Laura & Amanda Gershon, Ethan Printz, Yarden Malka, Dennis Peters, Scott Budkofsky; Middle Row: Elad Krelbaum
Bottom row (left to right): Adam Budkofsky, Isaac Fromen, Jordana Nahary, Skylar Oliver



Penny Harvest – a “common cents” initiative that grew from one child’s desire to feed the homeless – has come to the JCC, the first New Jersey agency to embrace the project in Bergen County. The Penny Harvest mission is to collect unused pennies gathering in jars and pockets all across America, and after a successful grass roots effort in New York, it is beginning to take the country by storm.

The JCC is very proud to lead the NJ effort, where children in our community are joining together to make a difference in the lives of others, including first to fifth grade students who attend the JCC after school program, *Finish the Day at the J*. A key mission for the JCC is to teach everyone the importance of giving back, and Penny Harvest takes this concept to a new level, as it teaches young children that they can really make a difference; that every penny – and every dollar – they collect is theirs to give away. In addition to teaching children to be charitable and to think of others, it empowers them with the knowledge that individuals can help change the world.

“Penny Harvest began when a man and his four-year-old daughter, Nora, saw a homeless man on the streets of New York, and she asked to take him home,” says Dana Adler, a JCC board member, who spearheaded the local effort. “Her father explained why they couldn’t, but came up with a plan that could help the homeless and empower his daughter at the same time. He encouraged her and her friends to ask neighbors for extra pennies, and once the pennies were collected, he let the children decide where to donate the money. *Common Cents*, the non-profit which administers the Penny Harvest, came about as a result, and for the last 16 years, it has helped thousands of people, in addition to teaching even the youngest children what philanthropy is all about. As a mother with young children, **I am committed to teaching my kids what it means to give to others** and Penny Harvest is a perfect vehicle for this. I am so proud to help bring this effort over the bridge to Northern New Jersey and hope to see it flow through the JCC and out into the schools of Bergen County and beyond, creating a true community of caring.”

The children meet in the JCC board room on select Mondays from 4-5 pm, where they “harvest” pennies and learn about teamwork and community, generosity and moral character, leadership and responsibility, as well as important needs in the world and how they can help make the world a better place. They even created a “wheel of caring” to identify the various causes they want to support.

To collect donations, the JCC maintenance department hand-built a giant container, shaped like a Menorah in honor of Chanukah when the program was launched, and placed it in the JCC lobby so that members and visitors could deposit their “loose change” in the bin. We encourage everyone to support this project by making donations. All coins and bills will be accepted (not just pennies!)

According to Penny Harvest, there are more than \$2 billion unused or “idle” pennies in homes across America, and thousands of elementary and middle school children in New York have been going door to door collecting pennies year after year and turning those pennies into grants for community organizations, such as homeless shelters, animal rescue organizations, community gardens and senior centers. Since 1991, Penny Harvest has raised \$6.8 million in grants and its potential will undoubtedly sky rocket as major cities across America embrace the cause.

“We are very happy to have our kids participating in this program,” says Michal Kleiman, director for the *Finish the Day at the J* program. “There are many programs that teach children about philanthropy and community service, but what makes Penny Harvest so unique is that it allows the children themselves to decide what community problems they want to tackle and how to go about getting the job done.”

Last year, Penny Harvest supported more than 400 projects, which included teaching English to immigrants, replacing graffiti with inspirational murals, collecting supplies for our troops in Iraq; assisting teenage mothers and planting community gardens. The “harvest” was displayed at Rockefeller Center, where a total of more than \$1 million dollars in pennies could be seen shimmering in a gigantic pool. For more information about Penny Harvest, visit www.commoncents.org.

For more information on the JCC involvement in Penny Harvest and how you and your children can help, please contact Judi Nahary at 201.569.7900 ext. 369 or email jnahary@jccotp.org.

“**Your small change will make a BIG difference.**”



Kaplen JCC on the Palisades

411 East Clinton Avenue
Tenafly, New Jersey 07670

201.569.7900 phone
201.569.7448 fax
201.569.6248 V/TDD

www.jccotp.org

NON PROFIT ORG.
US POSTAGE
PAID
ENGLEWOOD, NJ
07631
PERMIT NO. 146



Come Join the FUN!

Thurnauer School of Music

Handler Master Class

Steven Isserlis, Cello

Monday, January 5, 4 pm, Free Admission

Internationally acclaimed soloist, recording artist and author Steven Isserlis shares his artistry with New Jersey students and teachers. An inspiring afternoon for anybody interested in music!



Kangaroo Concert for Children Ages 3-6



Rattlin' Ruckus! Percussion Everywhere

2 SHOWS! Sunday, January 11, 2:30 & 3:30 pm

Music Library

Storyteller Mama Yaa and friends lead an interactive introduction to percussion instruments of all kinds.
\$8 JCC Members, \$10 General Admission

Thurnauer Chamber Music Society

Saturday, January 31, 8 pm

Pre-concert talk at 7 pm • Eric Brown Theater

Mozart: Piano Quartet in G Minor, K. 478
David Schiff: Divertimento from "Gimpel the Fool"
Amy Beach: Piano Quintet in F Sharp, Op. 67

Featured Artists: Sharon Roffman, violin; Annaliesa Place, violin; Kyle Armbrust, viola; Yari Bond, cello; Richard Goldsmith, clarinet; Jon Klibonoff, piano

\$16 JCC Members / \$20 General Admission / \$16 Students & Seniors

Series made possible, in part, by a generous contribution from Eva Holzer, the Dr. Zalman "Tiny" Konikow Chamber Music Endowment Fund, and funds from the New Jersey State Council on the Arts/ Department of State, a Partner Agency of the National Endowment for the Arts."



**THURNAUER
CHAMBER MUSIC
SOCIETY**



For more information call ext. 235.

Message from the Executive Director

Table of Contents

- 2 Thurnauer School of Music
- 3 Director's Message
Refer A Friend
Renovation Update
- 4 Programs & Events with a
Jewish Flavor
- 5 Learning & Lifestyle for Adults
Singles Spot
Waltuch Art Gallery
- 6 Senior Programming
Computer Learning Center
Israel Connection
- 7 Teen Programming
- 8 Early Childhood
- 9 Community Events
- 10 Around the Center
- 11 Guttenberg Center for
Special Services
Therapeutic Nursery
- 12 School of Performing Arts
Seiden Health Center
Group Exercise
- 13 Abe Oster Holocaust
Remembrance Award
Mitzvah Opportunity
Welcome New Members
Reyna Paper Dolls, etc.
- 14 Tributes
- 15 January Calendar
- 16 Summer Camps 2009

Inclement Weather Updates

General

In the event of inclement weather please call the main phone number and check our website www.jccotp.org to confirm our schedule for the day.

Early Childhood

- Our website www.jccotp.org or
- Call Felicia Glantz, Early Childhood Director, at ext. 360, for a recorded report
- Tune into WCBS-880 am radio.

Friday Closings

Center closes at 4 pm through March 6



We live in amazing times; both for the good and the bad. The bad, we've become all too familiar with these days, especially on the economic front. The good, ours to treasure and appreciate, is worth exploring.

The third Monday of January (this year, the 19th), is our national holiday celebrating the birthday of Dr. Martin Luther King. Dr. King's birthday is our annual reminder of a struggle that is still on-going, notwithstanding the tremendous progress we've made over the years.

As Jews, we have always been sensitive to what has been not so much a matter of equality, but rather the humanity and human-dignity of all people. We've taken an infinite pride in a Jewish heritage that calls upon us to be color blind. And in fact, the Jewish People consist of Jews of all races and colors; for what unites us is a Jewish tradition of common Jewish faith and practice.

In part, therefore, one of the most disturbing aspects of the recent presidential campaign, as reported in a number of Jewish newspapers, was the apparent use of racially charged language—even by some Jews. Not only was it highly offensive, it further suggested that such Jews had a very poor grasp of the issues and personalities, compelling them to resort to deplorable stereotypes.

We should know better; knowing better would surely enable us to enjoy the monumental significance of January 20th. The inauguration of president-elect Barak Obama is a magnificent milestone in our American history – for all Americans.


Everyone, unquestionably, has differences of opinion about the substance and direction of American policies, including what the nature of the United States' relationship to our beloved Jewish State of Israel ought to be. Those differences are bound to remain with most of us; such differences are also the mark of our democratic way of life.

Overwhelming those differences, however, is the paramount joy we stand to experience when our next president assumes office. A mere one-hundred and fifty years ago, he could easily have been born and lived his life as a slave. Today, thank G-d, it is unimaginable and inconceivable!

So let us cherish, savor and celebrate the wonders and the continuing promise of *America the Beautiful*, even as we pray for the welfare and success of our new President, Barak Obama.

B' vracha,

Avi A. Lewinson



ONLINE REGISTRATION

no hassles
no lines
no waiting
no guessing priority registration over mail & walk ins

▶ Register online and get
**GUARANTEED RESULTS &
IMMEDIATE CONFIRMATION**

Online registration begins 9 am, January 5, 2009 for Winter/Spring Sessions

BREAK ON THROUGH



Renovation Update...

After year's of preparation, the first exciting phase of our JCC renovation is now underway. The River Drive Construction Management Company is overseeing the dramatic deconstruction phase of the project, which began with the **demolition of the courtyard and the Warshauer Quiet Lounge (more commonly known as the TV/ Babysitting Room)**. Babysitting services happily relocated to Racquetball Court #4 in a seamless transition, allowing the construction team to **begin work on the new café**, which will adjoin the renovated Klatskin Courtyard.

All the behind-the-scenes site work is underway as well, including electrical upgrades, the establishment of a new Switchgear Room and other projects that will set the stage for later construction.

This is a very thrilling time in our JCC history and the Center is abuzz with all the excitement. The Nursery School students are enjoying the construction and the workers, who are providing some real live entertainment and the excitement for the project is growing by the day!

To stay up-to-date on every phase and stage of development, please refer to signage that is displayed throughout the building, and consult our website, www.jccotp.org, where you can learn all the important details about our upcoming plans.

In addition, we will be posting monthly Renovation Updates here on page 3 of our *In the Center* newsletter. So stay tuned for more exciting news!



First phase of Courtyard demolition



Bird's eye view of Courtyard



Demolition of Warshauer Quiet Lounge

PROGRAMS & EVENTS WITH A JEWISH FLAVOR

The Evelyn and Harold Meltzer Judaic Scholar-in-Residence Program with Rabbi Reuven Kimelman



Breakfast Study Seminar

Pirkei Avot, The Ethics of the Fathers
Thursdays, ongoing (no class 1/1)
7:30-8:45 am

The *Mishnah* called *Avot* is the only treatise of the Talmud dedicated to non-legal material. Its primary concern is with the moral life, the study of Torah, and the transmission of Judaism. Open to JCC Board Members and their invitees. Registration required.

Weekly Seminar on Jewish Studies

The Five Scrolls of the Bible: The Song of Songs, Ruth, Lamentations, Ecclesiastes, Esther.

Thursdays, ongoing (no class 1/1), 10:30-11:45 am

Come and study the five biblical scrolls and find out why they are read in the synagogue: *The Song of Songs* on Pesach, *Ruth* on Shavuot, *Lamentations* on Tishah B'Av, *Ecclesiastes* on Sukkot, and *Esther* on Purim. Preregistration required.

Free / \$110; Senior adult categories \$100 for the year (pro-rated)

Judaic Scholar-in-Residence programs are funded by the Evelyn and Harold Meltzer Judaic Scholar-in-Residence Endowment Fund, the David Dubin Chair for Judaic Scholars Endowment Fund, and the Sarah and Mel Lubin Judaic Scholar-in-Residence Fund.

The Muriel & Matthew Feldman Distinguished Lecture Series

Is There a Future for Jewish Denominationalism?

Hosted by Rabbi Reuven Kimelman, JCC Judaic Scholar-in-Residence with guests Rabbis Shmuel Goldin, David-Seth Kirshner, Jordan Millstein, Paula Feldstein, Ronald Price, Isaac Sassoon, and Student-Rabbi Jarah Greenfield.

5 Wednesdays, 8:15 pm, Free and open to the community

Jewish denominationalism began in 19th century Germany among Ashkenazim with the formal births of the Reform and Orthodox movements, and was transplanted to the United States. Over 100 years later the development of the American Reform, Orthodox, Conservative, Reconstructionist and Renewal movements have contributed greatly to the unique landscape of North American Judaism. Will all these movements – and the recent growth of Trans-denominational organizations and communities – survive to see the end of the 21st century? Come hear a world renowned scholar of Judaism interview noted rabbis and discuss the future.

Is There a Future for Orthodox Judaism? with Rabbi Shmuel Goldin of Congregation Ahavath Torah in Englewood
Wednesday, 1/28, 8:15 pm

Is There a Future for Conservative Reform Judaism? with Rabbi David-Seth Kirshner of Temple Emanu-el of Closter
Wednesday, 2/4, 8:15 pm

Is There a Future for Reform Conservative Judaism? with Rabbi Jordan Millstein of Temple Sinai in Tenafly & Rabbi Paula Feldstein, Coordinator of UJA-NNJ's 'Shalom Baby'
Wednesday, 2/25, 8:15 pm

Is There a Future for Trans-denominational Judaism? with Rabbi Ronald D. Price of Netivot Shalom in Teaneck, and Hakam Isaac Sassoon, Institute of Traditional Judaism and Brooklyn College
Wednesday, 3/4, 8:15 pm

Is There a Future for Reconstructionist Judaism? with Jarah Greenfield, Student Rabbi at Reconstructionist Temple Beth Israel of Bergen County
Wednesday, 3/25, 8:15 pm

The Feldman Lecture Series is made possible in part by The Muriel & Matthew Feldman Distinguished Lecture Series Endowment Fund.

Jewish Women's Connection

Join a dynamic group of women promoting educational, social and Jewish interests for women in the JCC and the community.
Leah Richter, Chair



Tuesday Torah Study

Will I Still Be Called Jewish in 10 Years? The Changing Landscape of Jewish Identity
with Rabbi Adina Lewittes
Tuesdays, continuing through 6/9 (no class 1/6), 10-11:30 am
Who is a Jew? What matters more: who your parents are or what your Jewish commitments

are? What should the requirements for conversion be? Should there be any? Can a conversion be undone? Why? And by whom? Who's in and who's out? These are the questions at the heart of the struggle to delineate the boundaries of Judaism within a rapidly changing world. This course will explore the many and varied approaches to Jewish identity. Program continues on Tuesdays through June '09. \$20 JCC members, \$24 general admission (per session)

Women's Rosh Chodesh: A Monthly Celebration for Woman

Seeking God: A Kabbalistic Journey
Led by Rabbi Adina Lewittes
Monday, 1/26, 7:30 pm

Explore questions such as: What is the nature of God? How can we detect the presence of the Divine in our midst? What is our connection to God? How does God participate in our lives? What are the ways in which we can come close to God? Can we generate God's presence through our own actions and relationships? Participants are encouraged to bring a copy of Arthur Green's *Seek My Face: A Jewish Mystical Theology*.
Next session: 2/23
\$20 JCC members, \$24 general admission

The Jewish Women's Connection is made possible in part by the Ruth Warshauer Women's Agenda Fund

Jewish Heritage Video Collection

Films will be available at all times the JCC is open.
A free catalogue is available at the front desk.



Containing over 200 film and television programs carefully chosen for quality and relevance, this collection covers areas ranging from the American Jewish experience to religion and identity, and includes features and documentaries, American and foreign productions and children's videos. Become part of the JHVC. Come in and sign up for your free membership. Borrow VHS tapes and DVDs for three-day rentals at low rates. Call Steve at ext. 253.

\$3 JCC members, \$4 non-members for three days

Late fee is \$1 per day, per video

JCC Benefactors have free access to the Collection; late fees still apply.

The JHVC is made possible in part through the generosity of Abe and Sheila Schlusser.

EXCITING NEWS!

Our JCC was chosen by *Hazon* to participate in the prestigious *Tuv Haaretz* initiative. The Judaic and Special Services Departments will be coordinating a *Tuv Haaretz* Community Supported Agriculture at the JCC for the spring/summer of 2009. Watch for details about purchasing shares of locally grown produce, acquiring new healthy recipes, and learning how healthy eating is an important part of Jewish life! To learn more about *Hazon* and CSAs visit: www.hazon.org



Unlocking the Joy and Wisdom of the Talmud

Rabbi Herschel Grossman, founder & principal of Yeshivas Ohr Yosef High School in Tenafly.
Two classes each week!
Wednesday, 12:45-1:45 pm
Thursdays, 8-9 pm
Free and Open to the community
Don't miss this exciting opportunity to experience

the give-and-take of Talmud study! This class is appropriate for adults of all backgrounds, and you can drop in at any point in the semester. English translation of all texts will be provided.

The Martin Perlman & Jo-Ann Hassan Holocaust Education Institute



Déjà Vu in Darfur

U.N. Holocaust Day Commemoration with Keynote Speaker, Simon Deng
Sunday, 1/25, 1:30 pm

Free and Open to the Community

Refugee from Sudan, Mr. Deng was kidnapped as a child by Arabs from Northern Sudan and forced into slavery. He escaped

years later and now he devotes his time and energy to raising awareness about the ongoing problems of slavery and genocide in Darfur and Sudan.

For more information call ext. 253.

Holocaust programs are sponsored by The Martin Perlman & Jo-Ann Hassan Holocaust Education Institute Endowment Fund.

Co-sponsored with the JCRC of the UJA-NNJ.

The Florence Melton Adult Mini School of Adult Jewish Learning

Post Melton

Post Melton courses are open to those who have completed Melton I and II.

Those Crazy Zionists!

Rabbi Melissa Crespy

10 Wednesdays, 1/28-4/22, 9:30-11 am

Study five early Zionists who deeply affected the Palestine/Israel of their time, and whose legacy endures to this day: Eliezer ben Yehudah; Ahad Ha-am; Vladimir Jabotinsky; Rabbi Abraham Isaac Kook; Henrietta Szold. What were their incredible contributions to the emerging Jewish state, the controversies they stirred up, their failures and their successes? For information on Melton and to register, call UJA-NNJ at 201.820.3941.

\$250 for 10 week course

The Henry and Beate Voremberg Institute for Jewish Studies

Understanding The Hebrew Of The Torah

Etia Segall

Mondays, 2/2-5/18 (no class 4/6, 4/13)

We will continue exploring the Book of Numbers in the original Hebrew and explain, in English, the structure and grammar of the Hebrew language. We will also focus on the stories and relationships among the Biblical characters. Registration required, call ext. 253. \$75 JCC members, \$90 general admission

Advanced Intermediate Hebrew Reading

Etia Segall

Mondays, 2/2-5/18 (no class 4/6, 4/13), 11:30 am-1 pm, Free

A continuation of an advanced intermediate class. We will finish the Second Book of Samuel. Registration required, call ext. 253.

Hebrew Reading classes are made possible in part by the Henry and Beate Voremberg Institute for Jewish Studies Endowment Fund.

Co-sponsored by the JCC and the National Jewish Outreach Program

LEARNING AND LIFESTYLE FOR ADULTS

Sushi Making with Giyora Malka

Monday, January 12, 7:30-10pm



Making sushi is not only easy, but fun. Learn the secrets to preparing it at home and receive your own bamboo mat so you can roll your own anytime the craving hits you!

- Salmon Teriyaki Roll • Spicy Tuna Roll • Vegetable Tempura Roll
- California Roll • Miso Soup

\$50 JCC members, \$60 general admission by 1/5 • \$60/\$70 after 1/5
Call Judy at ext. 463 for more information.



Bridge with Peter Steinberg

Advanced Beginner

8 Wednesdays, 1/28-3/18, 7:30-9:30 pm

A perfect class for post beginners and players wanting to "get back in the game". Featured topics include pre-empts, weak twos, the two club opening, Blackwood, Stayman, Jacoby transfers and basic defense.

\$160 JCC members, \$200 general admission

Intermediate Through Advanced

8 Mondays, 1/26-3/16, 7:30-9:30 pm

For those who are looking to go to the next level, Peter Steinberg will be presenting all new material to help you reach that level. From bidding to declarer play and defense you'll get special expert information on how to win, not just how to improve.

\$160 JCC members, \$200 general admission

Early Bird Combo – Super Value!!

16 Individual Sessions: 8 Mondays, 1/26-3/16, 5:30-7 pm

AND 8 Wednesdays, 1/28-3/18, 6-7 pm

Sharpen your skills with this special combo value.

Monday practice and improve your skills in a supervised play lab. **Wednesday** classes will be at a Lower Intermediate level and will concentrate on improving your bidding. This is a great opportunity to get personalized attention with classes strictly limited to 12 people.

\$305 JCC members, \$370 general admission

Bridge, Supervised Evening

8 Tuesdays, 1/27-3/17, 7:30-9:30 pm

Play bridge under the supervision of a master bridge instructor. Come with a group or we will set you up with one. Light refreshments will be available. Class size is strictly limited and Fall 2008 participants and members have pre-registration rights through January 12th. Pre-registration is required through Judy only at ext. 463.

\$160 JCC members, \$200 general admission

Bridge, Private Lessons

Learn at your own pace with your own group of up to four people. Lessons for six people available at a slightly higher charge. Benefactors pay for private classes. Call Judy, ext. 463 to arrange your lessons.

Minimum \$100/\$120 per one-hour session

MAH JONGG

Stacy Budkofsky

5 Thursday 1/29 – 3/5 (no class 2/19) 9:30-11am

Play the game that everyone is playing! This ancient Chinese game is fun and challenging, yet surprisingly easy to understand! Learn the basics and how to play skillfully in our relaxed, no pressure atmosphere. Plenty of practice time so that you can master the game. Come with a group or we will set you up with one. There will be an additional charge of \$8 to instructor for card. Pre-registration required.

\$75 JCC members, \$90 general admission

For more information on Adult Programming or to register for a class call Judy at ext. 463.

WALTUCH ART GALLERY

Watercolors by Marcia Rieff

On Display in the Waltuch Gallery January 2-27
Opening Reception: Sunday, January 11, 1-3 pm

Marcia studied art and painting at Pratt Institute and attained a BFA at The New School for Social Research/ Parsons School of Design specializing in Graphic Design, Packaging and Photography.

Over the past 30 years, Marcia has worked as a designer and packaging art director for major companies such as, Avon Products and CPC International/Best Foods. Upon retiring from corporate life, she returned to her passion of painting watercolors and now serves on several art committees, is an assistant art teacher to Special Needs Children at the Art School at the Old Church in Demarest, NJ and currently teaches watercolor painting at the Art Center of Northern New Jersey, New Milford, NJ.

In 2005, Marcia reacquainted herself with watercolor painting by taking classes at the Art School at the Old Church and the Art Center of NNJ, with watercolorists, such as Eli Rosenthal, Mel Stabin and Christine Friedman.

Marcia is passionate about what she paints. She captures the excitement and beauty of everyday life through vibrant colors, form and design with still lifes or landscapes of places she has visited in her travels.

Call Stephanie, ext. 435 for more information.



Flower Arranging

Janet Ginsburg

4 Mondays 1/26 – 2/23 1:00 – 2:30 pm

In this class you will move from winter arrangements into natural arrangements using spring flowers. Bring your own floral scissors or you may purchase or borrow from instructor. Materials fee of \$100 payable to instructor first day of class.

\$65 JCC members, \$80 general admission

Spanish for Communication Here & Abroad: Beginners Level

Sara Levinson

6 Thursdays, 2/5-3/19 (no class Feb 19), 11 am-12 pm

Learn how to communicate in basic Spanish. Sara Levinson, a native speaker, will teach you how to get your ideas across while training you to enunciate correctly and to grasp a basic knowledge of the language.

\$75 JCC Members, \$90 General Admission

Private Computer Lessons with Irene Carleton

Learn to work with your computer at the JCC Computer Center or in the comfort of your own home* on your own computer. Call Judy ext 463.

*Note: Geographical restrictions apply to home visits.

\$65 JCC members, \$75 general admission per hour

Private Dance with Michiel Murkofsky

Do you have a special occasion coming up? Michiel will work with you to create your own special dances and make you comfortable doing it. Please call Judy at ext. 463 for information.

\$80/\$95 per hour, per couple

Private Acrylic & Watercolor Painting with Paulette Cochet

Enjoy painting at your own pace with one-on-one instruction created specifically for you! Develop your skills to meet your specific goals with clear direction and sensitive, supportive guidance. Private class time is available on Tuesday mornings. Please call Judy at ext. 463 for information

\$80 JCC members, \$100 general admission per hour

SINGLES SPOT

Singles 40-59

Singles Schmooze with Jeff and Bruce

Sunday, 1/25, 6 pm

Spend a casual evening getting to know other singles through discussions on topics determined by the participants.

\$4 JCC members, \$6 General admission

Football Frenzy

Sunday, 2/1, 5:30 pm

Watch on a large screen TV, as the two best teams in football square off. Enjoy hero sandwiches, munchies, beer and socializing before and during the game.

Reservations required. Call ext. 301

\$21 JCC members, \$25 if paid by 1/29, \$29 after

Singles of All ages

Walk with Liz to Greenwich Village Historic Walk

Sunday, 1/11, 9:45 am, No Fee

Cancelled in case of rain or cold weather

Enjoy walking through The Village, America's first Bohemia, home to the young and talented. Stop for lunch. Call Esther at ext. 460 after 8:30 am morning of walk to see if it is on.

Meet at 9:45am at Weehawken Port Imperial Ferry near ticket sales (\$7.75 for adults/\$7 for seniors each way plus parking fee). We will take the 10am ferry to Midtown (W 39th Street @ 12th Ave) and the ferry bus to The Village meeting place. We cannot wait for latecomers, so leave yourself plenty of time to arrive, or meet at 11am at 66 West 12th Street, between 5th & 6th Ave, in front of The New School.

SENIOR SERVICES

Preventing Falls & Fractures Mini Conference

Monday, January 26, 10:30 am-12:30 pm, Taub Auditorium, Free & Open to the Community



Dr. Terri Katz



Dr. Arthur Peck



Sandra Mazel



Ofira Mor

Senior citizens, the fastest growing segment of the population, are one of our greatest community resources. Sadly, one-third of all seniors fall each year, resulting in injuries that cause real physical and emotional distress. Fractures occur in one of every five falls. Come and learn the many facts of fall prevention with experts in the field.

For more information call Debra Turitz at ext. 305 and for reservations call Hadas at ext. 272.

Keynote Speakers:

Dr. Terri Katz is a magna cum laude graduate of the University of Pennsylvania and received her medical degree from George Washington University. She is board certified in Internal Medicine with added qualifications in Geriatric Medicine. Prior to starting her Geriatric practice in NJ, Dr. Katz spent five years at Columbia Presbyterian Medical Center and five years serving as Director of the Geriatric Hospitalist Program at Montefiore Medical Center.

Dr. Arthur Peck, Phi Beta Kappa, received his medical degree at the University of Pennsylvania. He is Board Certified in Psychiatry with a certification from the American Psychoanalytic Association. His experience includes training at Columbia University and Service as Associate Attending Psychiatrist at Mt. Sinai Medical Center, NYC.

Sandra Mazel, P.T., is a strong advocate of restoring wellness, helping her patients achieve an active, independent lifestyle. Prior to joining PM&R, she served as the senior clinical supervisor at Einstein Medical Center with a special interest in geriatric rehabilitation. Ms. Mazel has extensive training in treating falls, balance and gait disorders. She currently serves as the Physical Therapy Director at the Center for Healthy Living.

Ofira Mor, Medical Coordinator, is an Occupational Therapist and a registered and licensed ACSM Health/Fitness Instructor. She received her Bachelors in OT from Hebrew University and worked for seven years in a rehabilitation center at Hadassah Hospital as a senior therapist.

Here are a few tips to prevent falling in the home:

- Secure carpet edges • Create "traffic lanes" free of clutter • Arrange sufficient lighting • Place a light by the bed for overnight bathroom visits • Put a rubber mat in the tub • Place a grab bar in the shower/tub
- Store things at waist level • If you must use a stepstool make sure it has a wide base

Spring Concert Series: *La Boheme* by Puccini

Thursday, 1/8, 11:15 am

Cantor Bill Walton, Tenor, presents *A Song Goes 'Round the World* - Songs from the Great Cities of the World. Join us on this musical journey from rural America when life was simpler. We'll travel across the Atlantic to the Savoy Theatre of London where Gilbert and Sullivan was the rage. After a stop at a "Hotel" in Paris and a glimpse into the cafe life, we will be lured east by the Viennese Waltz. The journey continues to the Russian countryside for a taste of Yiddish folksong and then on to the Holy Land for a stirring tribute to Jerusalem. As we make our way back to America, we stop on the sunny shores of Italy for a Neapolitan song. Finally, we are home on Broadway with the operetta strains of Romberg and the show tunes of Rodgers and Hammerstein. Bill will sing in six languages. Two concerts to follow; watch for details. Call Lisa ext. 459. Free for members, \$5 general admission

New Year's Party

Monday, 1/5, 11:15 am

Ring in 2009 with us! Dance and party with us and with Mary Taylor. Holiday lunch provided. For more information call Lisa ext. 459. \$6 JCC members, \$8 general admission

Hold the Date:

Tu B'Shvat & Tree Of Life Fundraiser

Fundraiser celebration on Tuesday, 2/10

As a fundraiser for the Senior Adult Department, we offer permanent inscriptions on leaves (\$50) or stones (\$1000) on a beautiful hand-painted mural. Our Tree of Life decorates the Senior Adult Lounge and celebrates births, bar/bat mitzvahs, weddings and honors the memories of loved ones. For more information call Lisa at ext. 459.

COMPUTER LEARNING CENTER FOR ADULTS

DO YOU AND WANT TO LEARN HOW TO USE A COMPUTER OR UPGRADE YOUR COMPUTER SKILLS WHILE HAVING FUN DOING IT? OUR COMPUTER LEARNING CENTER IS JUST FOR YOU!!



We offer:

- Small classes, each student has the use of a computer.
- Experienced instructors.
- Patient coaches in addition to the instructors, to help you along in class.
- A friendly, low-pressure environment.
- Free, 2 hour, weekly, supervised practice sessions.
- Free detailed manual that can be used individually at home.
- Reasonable Fees.

We have beginner as well as advanced classes in Windows, Internet, Microsoft Word, Digital Photo Imaging, File Management, Graphic Creations and more.

Consider a Computer Learning Center Gift Certificate – a wonderful gift for the holidays.

For a registration packet containing all fees and information

☎ Hadas at ext. 272 or visit www.seniornet.org

Program made possible in part by the support of Verizon and Microsoft.

Scholarships made possible by the Bernstein-Slote Memorial Fund for Senior Computer Literacy.



ISRAEL CONNECTION

Eastern and Holistic Medicine: For your Child's Health and Well-being

Yael Shapiro, L. Ac (Licensed Acupuncturist), MSTOM (Masters in Traditional Eastern Medicine)

3 Thursdays, 1/22, 1/29, 2/5, 8 pm

The lectures will be interactive and parents' questions are welcome. Practical real-life ideas will be discussed with handouts. Registration required by 1/15. This workshop will address the following topics:

What is Eastern Medicine?

Covers the background and history as well as different modalities.

Holistic Medicine: How can we apply it at home?

Includes a demonstration on treating kids with acupuncture and with needle-free techniques.

Vaccines/antibiotics and other medical treatments are also discussed along with causes of disease (imbalance), foods, shopping, preparation and food choices.

Common children's disorders and diseases

Covers specific problems such as cuts and bruises, allergies, repetitive ear infections, strep and flu/pneumonia, bed wetting, anxiety/fear and nightmares, PDD, ADD/ADHD, skin problems, digestive disorders, obesity and diabetes.

\$60 JCC members, \$72 general admission

Yael Shapiro is a licensed acupuncturist by NCCAOM, practicing in both New York and New Jersey. Yael received her Masters degree in traditional medicine and has treated hundreds of patients. Her clinical experience includes working at the Mount Sinai Hospital of Joint Disease in New York City. Yael has more than nine years of experience teaching yoga, and educating both adults and kids about yoga, health, nutrition and lifestyle. For more than a year she published weekly column in "Yediot Achronot" newspaper, writing about body-mind and soul matters.

Program co-sponsored with the Early Childhood Department in an attempt to bring together the American and Israeli families in our community.



Story Time and Supper In Hebrew

Story Teller: Yonatan Hochman, Youth Shaliach

Bring your children and enjoy listening to some of Israel's new classic stories.

Your children will be mesmerized as the main characters come to life through the dramatization of the story. Includes

an interactive, fun activity related to the story, with pizza and drinks for children.



Ayelet Mi'Tayelet by Rinat Hofer

Ages 3-4, Tuesday, 1/27, 4-4:45 pm

Meet the various animals who Ayelet takes on her walk.

\$6 JCC members, \$8 general admission



When the Shark and the Fish First Met by Gilad Shalit

Ages 5-6, Tuesday, 1/27, 5-5:45 pm

At age 11, abducted soldier Gilad Shalit wrote about a fish and a shark who meet and, though natural enemies, decide to become friends and live in peace.

\$6 JCC members, \$8 general admission

Israeli Scouts

Tzofim Shevet Mezada, Tenafly, NJ

The Tzofim meet every Sunday between 4-6 pm and the counselors ("Shachbag") meet between 6-8 pm at the JCC.

Tzofim Tzabar (Israeli Scouts in the USA) works with the youth of the Israeli community living in North America with all of the activities conducted in Hebrew. We welcome every young Israeli that wants to join us. For more information, call Yonatan at ext. 229.

For more information on Israel Connection Programs call Tammy at ext. 231.

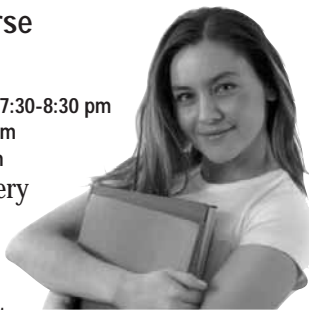
TEEN SERVICES

PSAT/SAT Review Course

Irwin Dolgoff & Jerry Silverstein,
from Academic Achievement
Open House, Tuesday, January 13, 7:30-8:30 pm
6 Sundays, 1/18-3/8, 8:45 am-12 pm
6 Mondays, 3/9-4/27, 6:15-9:30 pm

This workshop has been very successful in helping hundreds of students for over 30 years. Enrolling in this course allows you to repeat the course for a \$150 materials/administration fee. A \$150 nonrefundable deposit is required to save a seat in the class. Full balance must be paid by the first class.

\$465 JCC members, \$525 general admission



Project Cares: Learning to Babysit for Children with Special Needs

Janet Bush
8 Tuesdays, February 17-April 7, 7-8:30 pm

Teens are trained by a special needs master educator, through intense workshops, videos, and meetings with parents and professionals. Students will be certified in CPR and First Aid, with additional topics including: rights and responsibilities, child development and behavioral problems, caring for the special needs child, nutrition, handling emergencies, caring for a sick child and more. If you have a group of at least five teens who would like to form their own class, please contact Sara Lewis. Call Sara Lewis at ext. 203 or Shelley Levy at ext. 302 for information.

\$55 JCC members, \$75 non-members

This program is made possible, in part, by the Gruss-Lipper Family Foundation.

Israel Summer Program Fair

Sunday, February 8, 2-5 pm, Free and open to all teens and parents
Teens will have the opportunity to meet first-hand with Israel Experience Representatives from USY, Habonim Dror, ARZA-Union for Reform Judaism, Jewish Agency for Israel, Oranim, BBYO-Passport to Israel, Maccabi and many more. Free Israeli food and scholarship applications available.

For more information, call Sara Lewis, ext. 203.

Cosponsored by Israel Program Center of the UJA Federation of Bergen County and North Hudson and the Kaplen JCC on the Palisades.



TEENS ONLY! 7-10pm

Come every Saturday night for open gym, snacks, or just to hang out!

Special events include:

- 1/17 **Israeli night:**
Food, music, games, & more!
- 1/31 **Classic football movie**
Get Psyched for Super Bowl
- 2/14 **"Date" Night:**
Bring at least one friend & enjoy chocolate fondue!

Sara Lewis, Teen Director, ext. 203
Free for JCC members • \$5 non-members

The Youth Service Department Presents



Teens in the Cyber Era

What do they do online?

The Realities of Your Teenagers' Virtual World

Workshop for Parents

Free & Open to the Public

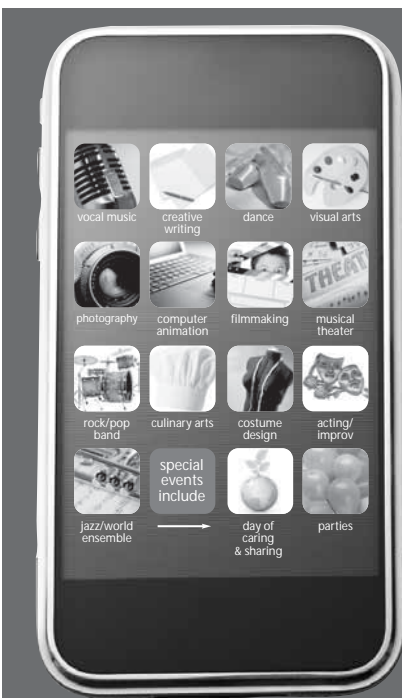
Join David Bryfman

**Thursday, Jan. 29th, 2009
7:30-9:30 pm**

David Bryfman (also known as Bryfy) is an Australian born-and-bred Jewish educator. He currently lives in New York City, where he is a doctoral candidate in Jewish Education at NYU. He is also the Director of Israel Education for JEXNET (formerly the North American Alliance for Jewish Youth), where he plans and implements new methods of engaging North American youth with Israel.

The expanding world of technology has changed how teens communicate, and we, as parents, need to be familiar with the sites our teens are visiting so we can better understand how and with whom they are socially connecting. Online networking is a major source of teen contact. The more you know about Facebook, MySpace, Twitter and the lingo your teens use to communicate on these sites, the more prepared you'll be to understand the realities of their virtual world.

For more information call Judi Nahary Youth Services Director, Ext.369



ArtsFest

a 5-day creative arts experience for jewish teens entering grades 8-12

august 2-7, new orleans, la

call sara lewis, ext. 203 to register by 2/16/09

express yourself

jcc maccabi



Teen Adventures Travel Camp

WHAT WOULD YOU DO WITH ONE SUMMER TO CHANGE THE WORLD?

Grades 6-9, June 29-July 31
with 5-day extended trip July 20-24 to Universal Studios in Orlando, Florida

This exciting, not-to-be-missed five week program for teens now features daily community service trips that will inspire teens to GIVE BACK to the community, as well as daily trips to amusement parks, water parks, beaches, and New York City. The program will also include an incredible five-day extended trip where teens will also get a chance to participate in a very special community service opportunity!

Call Sara Lewis, ext. 203 for more information.

THE LEONARD & SYRIL RUBIN NURSERY SCHOOL

Register Now For Early Childhood & Kindergarten

The JCC state-licensed NAEYC accredited 2009 Early Childhood Department provides innovative programming for children, ages two to four, in a warm and welcoming Jewish environment. Our primary goal is to provide a rich learning experience, where all our young participants learn new ideas and skills.

Nurturing your child's social, emotional and intellectual growth is our ultimate goal. From Judaic programming and holiday celebrations to intergenerational get-togethers and field trips, your child will be exposed to the very best programs, facilities and staff. Our curriculum includes socializing, cognitive readiness skills, swim, gym, music, Judaics, art, dramatic play, science, cooking and baking. Israeli culture, Shabbat and Jewish holiday celebrations, as well as a nature program we are offering in collaboration with the Tenafly Nature Center. Our facilities include large cheerful classrooms, playgrounds, gyms and junior pools with experienced aquatics staff. Our staff features NJ State certified teachers, small staff to student ratios, a full time nurse and staff that is certified in infant/child CPR and First Aid.

For more information and application, call Felicia Glantz, director, ext. 360.



The BABY Dream JAM BOOK CLUB



8 Wednesdays
January 28-March 25
9:15-10 am

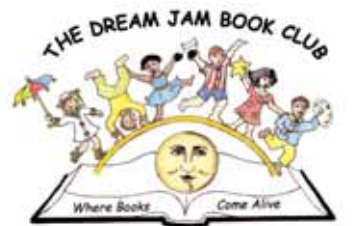


This book club for children between six months and two years of age is a dynamic adventure where moms/caregivers and babies share a magical bond through their love of books. Designed to stimulate the senses, each class revolves around a theme of a carefully-selected book that baby and mom get to keep. Sessions look to develop the five senses through singing, puppets, dancing, instruments and more for an unforgettable experience.
\$320 JCC members, \$385 non-members

The Dream JAM BOOK CLUB



8 Wednesdays
January 28-March 25
2-3 pm



This book club for 3-4 year-old children combines discussions of carefully-selected unusual books with music, movement and art activities for a fun-filled, exciting encounter. Each week a new book and theme is introduced to inspire a unique learning experience that includes dramatic readings, mood-setting music and professionally designed sets and props that bring the stories to life. Children are encouraged to take part in book discussions and to participate in the movement and art activities. And, as a special bonus, every child gets to bring home a copy of the book they read each week. A must experience that will allow your child's imagination to soar!
\$320 JCC members, \$385 non-members

Little Maestros [mini-session]

5 Mondays, 1/5-1/26

\$115 JCC members, \$125 nonmembers

or 9 Mondays, 2/2-4/6

\$330 JCC members, \$396 nonmembers



Newborn-24 months: 10:30-11:15 am • Newborn-3 years: 11:30 am-2:15 pm & 1:15-2 pm
Register your baby for the hottest music class for tots," says the New York Post. Little Maestros features four live musicians who sing, play guitar, piano and drums to take children on a fantastic musical journey. You and your child will love our musical story times, songs of all kinds, imaginative play, language development activities, puppet shows and "bubble" music. To learn more call Felicia, ext. 360 or Lisa, ext. 319.
Siblings upto age 5 invited at a \$40 discount. Sign up for 2 classes and get a \$40 discount.

Lisa Person, Jill Rubach, Heidi Reichert, Franci Steiner & Nikki Ehrlich, **Boutique Co-chairs**
Felicia Glantz, **Early Childhood Director**
Hali Pine, **Early Childhood Special Events Coordinator**

Visa, MasterCard, & American Express accepted.
All proceeds to benefit the
Early Childhood Special Programs

Spring Boutique

SUNDAY, MARCH 29 • 10 am to 5 pm
MONDAY, MARCH 30 • 9 am to 4 pm

JEWELRY • WOMEN'S FASHIONS • BELTS • SUNGLASSES
CHILDREN'S CLOTHING AND ACCESSORIES • DECORATIVE
HOME FURNISHING • TOYS • STATIONERY • GIFT ITEMS • AND MORE!

For further information call Hali Pine, ext. 243, email hpine@jccotp.org

DAVID GROVER & THE BIG BEAR BAND

Sunday, March 15, 10:30-11:30 am
For Newborn to 6 year olds



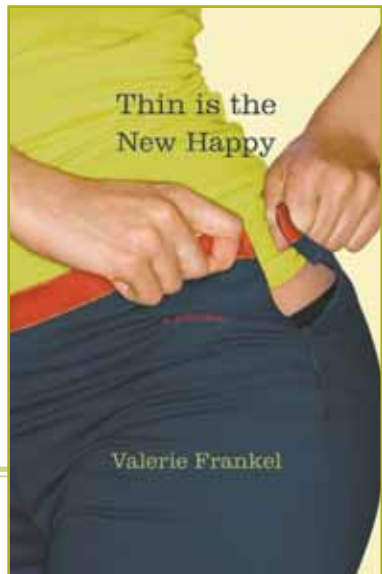
\$15 children • \$18 adults • \$20 at the door • Free ages 0-1 Siblings Welcome!
Doors open at 10 am • Everyone welcome • Refreshments available

Danielle Kaplan, Jodi Kleiner & Pamela Bern, Co-chairs
Felicia Glantz, Early Childhood Director & Hali Pine, Early Childhood Special Events Coordinator
For further information call Hali Pine, ext. 243, email hpine@jccotp.org

COMMUNITY EVENTS

Behind the Scenes with Val Frankel

Book Signing & Breakfast



Join us for
breakfast
Thursday, Jan. 29
@ 10 am

Tickets: \$36
Location: Home of Judy Gold
R.S.V.P. to Sharon Potolsky
201.569.7900 ext. 379
or spotolsky@jccotp.org
Mail check to: Kaplen JCC on the Palisades
Attention: Sharon Potolsky
Pre-registration recommended



When Val was
ten years old her
mother told her
she was fat.

Dieting began
that day!

Val Frankel, former editor of *Mademoiselle*, *Self*, *Glamour* and *Parenting* magazines, has written a riotously funny and deeply poignant novel about her battle of the bulge.

James H. Grossmann Memorial Jewish Book Month | Co-Chairs: Judy Gold & Mara Wallach | Special Events Chairperson: Dana Runyon

This program is co-sponsored by the JCC Special Events Department. All proceeds to benefit JCC Special Services programs.

Nikki Armstrong's Brand New Day

A Multi-Generational Music Celebration

Saturday, January 10, 7:30 pm

With singer/band leader and WFDU DJ,

Nikki Armstrong and her band,

featuring the **Brand New Day Singers,**

and **25 extraordinarily talented young**

performers between the
ages of 8 and 15 drawn
from the **JCC School
of Performing Arts.**

Adults: \$20 JCC members, \$25 general admission
Children ages 7-15: \$12 JCC members, \$15 general
admission • Children 6 and under free

Call Judy at ext. 463 for more information.
Co-sponsored by the Adult Department and
the School of Performing Arts



Bring the family for a wonderful concert for all ages

SAVE THE DATE LAVISH LUNCHES A DAY OF CULINARY ADVENTURE

Tuesday, March 31, 2009

Special guest speaker

Ron Ben-Israel

"The Wedding Cake Master"

-Zagat Survey, 2003

This not-to-be-missed culinary adventure begins with a light breakfast, featuring special guest speaker, Ron Ben-Israel, at the home of Jan and Edward Turen. Participants then choose from an appetizing selection of lunches, served in private homes, where hosts and hostesses provide a unique and memorable dining experience.



When former dancer Ron Ben-Israel fell in love with a chocolate maker while on tour in Canada, he traded in his ballet slippers for a whisk and a spatula. And fortunately, the discipline he acquired during years of rigorous performance schedules helped him as he pursued his new vocation.

Like many aspiring chefs, he traveled to France and apprenticed in Cannes, Beaujolais, and Lyons. Ultimately, New York provided Ron with the most exhilarating and challenging "stage" for his artistic vision. In less than a decade, his culinary artistry has become legendary and he has truly become America's cake maestro.

CO-CHAIRS: LORIN COOK, MERLE FISH & JENNIFER SCHIFFMAN
SPECIAL EVENTS CHAIR: DANA RUNYON

Call Sharon Potolsky at ext. 379 or spotolsky@jccotp.org

Proceeds from this event will allow many seniors to participate in a vast array of valuable programs and services that are vital to their well-being.

"Senior" Prom @ the JCC



Volunteers from the JCC Teen Department helped in the celebration.

On Sunday, December 14th, seniors who attend the Senior Center Plus and ARC programs at the JCC were invited to a traditional Senior Prom, where they danced and made merry and celebrated the music of the good old days. Upon their arrival, each guest was presented with colorful carnation corsages and boutonnieres, then entered the Taub Auditorium, which was magnificently transformed to create a spectacular and memorable event. Gold, silver and musical note balloons floated above each table, and each centerpiece displayed a framed photo of a famous musician or singer from the 1930s, 40s and 50s.

Guests enjoyed an elaborate buffet and live entertainment that featured the glorious music of "days gone by" and a professional photographer took family portraits and captured all the special moments.

What made this senior prom extra special was the fact that many seniors were accompanied by their close family members, including sons and daughters, grandchildren, and in a few cases, even great grandchildren – to share in timeless event they'll never forget!

"Providing our members and their families with a special day of this kind means the world to all of us in the Senior Adult Department," says Lisa Robins, Program Developer for the Senior Adult Department, who has a family member in the program and personally volunteered to create the ambiance for the festive affair. "The Senior Prom brings families together for a memorable day, creates lasting impressions, and best of all, is a celebration of life. It's a great tradition, and we hope to do it every year."



Two BFFs from Senior Center Plus



Shall We Dance



Staff and volunteers join members of Senior Center Plus and ARC to celebrate and have fun.



Mother and daughter enjoy a dance.

Cantorial Concert: Shirei Yisrael – 60 Years of Israeli Music

This year's Annual Cantorial Concert, held on Sunday, November 30, was a tremendous success with over 430 people gathered in attendance to celebrate Israel's 60th anniversary. Featuring Israeli music and composers, past and present, the concert included popular, well-known folk songs, as well as more soulful selections by composers of the diaspora.

Regaling the audience with solo performances and ensembles that lifted people's spirits were some of the finest voices in Bergen and Rockland counties, including Cantor Estelle Epstein; Congregation Beth Shalom, Teaneck; Cantor Orna Green, Temple Avoda, Fair Lawn; Cantor Regina Lambert-Hayut, Temple Beth Or, Township of Washington; Cantor Ilan Mamber, Temple Beth Rishon, Wyckoff; Cantor David Perper, Beth Haverim Shir Shalom, Mahwah; Cantor Elena Schwarz, Monroe Temple of Liberal Judaism, Monroe, NY; Cantor Sergei Schwartz, Temple Beth Shalom, New City, NY; Cantor Janine Schwarz, Chavurah Beth Shalom, Alpine; Cantor Leon Sher, Barnert Temple, Franklin Lakes; Cantor Kerith Spencer-Shapiro, Congregation Adas Emuno, Leonia; Cantor Faith Steinsnyder, Beth Haverim Shir Shalom, Mahwah; Cantor Sam Weiss, JCC of Paramus; and Cantor Vadim Yucht, Orangetown Jewish Center, Orangeburgh, NY; Yuval Cohen, Beth Robin, accompanists.

The concert draws appreciative crowds each year and the Judaic Department extends special thanks to the Cantorial Concert Co-Chairs, Orna Green, Regina Lambert-Hayut, Ilan Mamber, Kerith Spencer-Shapiro and Faith Steinsnyder; as well as Judaic Department Chair Dr. David Greenblatt.

The Cantorial Concert is funded in part through the generous support of the Weinflash Family Cantorial Concert Endowment Fund.

Tenafly Nature Center Visits ARC



Walter Mansky from the Tenafly Nature Center shows a snake to an ARC participant.

The Kaplen Adult Reach Center (ARC) enjoyed a visit on Dec 10th from their neighbors at The Tenafly Nature Center. Seniors were introduced to reptiles that are native to New Jersey, and Debora Davidson, the Nature Center's Education Director, gave a hands-on informative presentation that was enjoyed by all.

ARC is the JCC social day care program servicing frail seniors Alzheimer's disease and related forms of dementia. For more information about ARC call Vivian Green Korner, ext.461.

College Caravan

While local teachers were away for the annual Teacher's Convention, high school juniors and seniors packed their bags for a "road trip" with their peers to some of the most impressive college campuses in the Northeast. Teens from our JCC, as well as other JCC's in Cherry Hill, Bridgewater, Margate, Scotch Plains, West Orange and Bergen Y, boarded a bus for personal tours of major mid-Atlantic campuses, including Tufts University, Boston University, Brandeis and North Western, where they were introduced to academic programs of each school, along with the living facilities, costs and make-up of the student body, and other facets of college life.

Ben Haramaty, a junior at Tenafly High School had this to say about the trip: "It was an eye opening experience into the college world, made all the more exciting because I shared this experience with friends, rather than my parents. I always value my parents' perspective, but this trip gave me a chance to see each school through the eyes of my peers, and I found this particularly valuable."

THE GUTTENBERG CENTER FOR SPECIAL SERVICES

Special Services Dance

Saturday, January 24, 7:30-10 pm

A fun-filled evening with snacks and a DJ – Join us in the fun!

For more information, contact Esther Woletz, ext 232.

\$6 JCC members, \$8 nonmembers, \$5 chaperones

Sibshops

Ages 6-10 • 4 Sundays • January 25, February 8,
March 1 & March 29 • 10 am - 12 pm

Sibshops provide brothers and sisters of children with special needs with an opportunity to meet others, discuss common joys and concerns, learn how to handle situations, and learn more about the implications of their sibling's needs while having fun. For further information or questions, contact Shelley Levy at ext 302

Co-sponsored by The Guttenberg Center for Special Services, J-ADD and Yachad

Family Life Programs

ALS Support Group with Toby Tider, MS

Thursday, January 15, 4-5:30 pm, Free and open to the community
MDA/ALS support groups offer practical information and emotional support to help people cope with the stress and strain of living with ALS. Patients, extended family and caregivers share resources and personal hope, which often helps to reduce feelings of isolation and despair. Humor is frequently shared and discussed as a useful coping strategy. Guest speakers are sometimes invited to address topics important to attendees.

Sponsored by the Muscular Dystrophy Association of New Jersey.

Parent Support Group for Early Intervention
Family Connections: A Network of Support for Families
with Young Children with Developmental Disabilities
with Joy Hammerman, LeaderThursday, January 15, 7:30-9:30 pm, Free and open to the community
This program addresses the special needs of families with young children, from birth to 5 years of age. Families are invited to attend discussion groups on topics related to the challenges experienced by families raising young children with developmental disabilities. Topics include inclusion, transition to preschool and kindergarten, challenging behaviors, resources and supports, sibling issues, the emotional process of acceptance, stress management and more!

Sponsored collaboratively between JCC Guttenberg Center for Special Services and Helpful Hands Early Intervention Collaborative

A Place for Parents and Children Together

The Therapeutic Nursery

at the Kaplen JCC on the Palisades is a unique parent-child program for intelligent preschool children with a variety of developmental disorders including Communication and Learning Disorders, ADD/HD, PDD, Asperger's Syndrome and High Functioning Autism.

The program features

- developmental, language-based program including rigorous social skills curriculum
- well-trained interdisciplinary team including specialists in speech-language and occupational therapy, special education, clinical social work and neuropsychology
- parents and/or other caregivers attend classes daily and play a central role in their child's treatment
- half-day program where children are encouraged to attend mainstream classes for the second half of their day
- 80% of our students remain in a mainstream setting after graduation
- nationally recognized, non-sectarian, special education preschool.

For more information,
call Lois Mendelson, Ph.D.
201.569.7900, ext. 233.
email gweiss@jccotp.org



Now accepting applications for September 2009 classes.

Children are accepted into the program after a screening and with Director's approval.

The Teen Scene

Saturday, January 31, 7:30-10 pm



A fun and different social program for teens ages 13-18 (or still attending school) with a variety of special needs including high functioning end of the autism spectrum and those with varied communication and learning differences. Build friendships while emphasizing independence and the acquisition of life skills. A DJ, snacks and refreshments are provided.

For more information contact Shelley Levy, ext. 302

Fee per session: \$8 JCC members, \$10 general admission

NEW!

Social Dances
Karaoke
Game Night
Wii Tournaments
Fitness
Sports Night
& much more

NEW!
Jump Into
Judaics
with Matan

14 Sundays, 1/25-5/31, 9:30-11:30 am

For information and registration for this class please contact Shelley Levy at ext. 302.

A wonderful Jewish educational experience for children ages 8-11 with a variety of special needs including autism spectrum and varied communication and learning differences. This fun, meaningful and informative class will introduce children to Jewish language, culture and community. Other activities include: art, music and creative movement that will be used as tools for learning. Class size is limited to 8 students.



On Our Own Summer Program

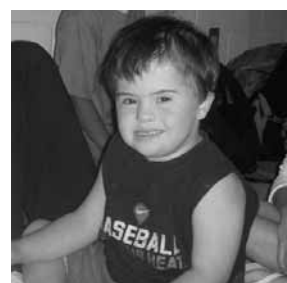


Monday-Friday 6/29-8/7/09

This special six-week life skills program is designed for teens and young adults ages 15-30 with a variety of special needs including autism spectrum disorder, varied communication and learning differences, moderate cognitive/intellectual challenges and developmental disabilities. On Our Own includes vocational training, academics, swimming, yoga, art, music, dance, cooking, computers, social skills training, weekly trips into the community, an overnight trip and more! Intake interview required. Contact Shelley Levy, ext. 302 for more information.

Scholarship/financial aid is available on an as needed basis.

We accept funding from Real Life Choices and sending school districts.

Camp Haverim
Early Bird SpecialREGISTER BEFORE JANUARY 15TH AND
RECEIVE \$125 OFF 2008-09 RATES

Monday-Friday, 8/10-8/21, 9:30 am-2:30 pm

This two-week program is for children, ages 3-21, with a variety of special needs including autism spectrum disorder, varied communication and learning differences and moderate cognitive/intellectual challenges and developmental disabilities who attend 11 months of special schooling. We provide social skills training, swimming, sports, music, art and dance, in addition to academics. Head teachers, assistants and volunteers provide a one-on-one ratio.

☎ Colleen Lofaro, coordinator, ext. 626.

Scholarship/financial aid is available on an as needed basis.

We accept funding from Real Life Choices and sending school districts.

Sponsored in part by the Hana and Stanley Goldberg, MD, Endowment Fund for Camp Haverim, the Ronald and Meryl Gallatin Camp Haverim Scholarship Endowment Fund and the MindWorks Charitable Family Trust.

SCHOOL OF PERFORMING ARTS

25 Best Films of All Time with Harold Chapler on Mondays @ 7:30 pm

Mr. Chapler gives interesting background information before the screening and invites the audience for a short discussion afterward.



January 12: A Summer Story

Piers Haggard directed this gorgeous, little-known film starring Susannah York. It is based on John Galsworthy's short story about innocent love mysteriously squandered. This film is the last of the Fall series of world-class films by outstanding directors. *A Summer Story* is a 1988 British pastoral romance. The plot centers on a pretty country girl and an urban lawyer who finds himself recuperating in her Aunt's thatched cottage. Ms. York's co-stars are the talented James Wilby, Imogen Stubbs and Sophie Ward. It will touch the hearts of everyone, young and old, as it explores the rare gift of love, bestowed without reservation.



January 26: Everything Is Illuminated

Everything Is Illuminated stars Elijah Wood as Jonathan, the young Jewish-American writer who travels to the Ukraine to solve a family secret and discovers the story of the woman who saved his grandfather during the Holocaust. Jonathan's tour guides include Alex, a cosmopolitan playboy, whose grandfather has a dark secret of his own and Sammy Davis Jr. Jr, the "seeing-eye bitch" dog, who is along for the ride. Mr. Schrieber's excellent adaptation of the novel combines comedy with poignant drama. It is funny, sweet, sad and quirky. Filmed in Prague, the landscapes are visually breathtaking. It has an outstanding ethnic score by Paul Cantelon and songs by the folk-punk band Gogol Bordello. It is partly in Russian with English subtitles.

For further information call Inbal Israeli, ext. 339.
\$3 JCC members, \$5 general admission per film

Professional Children's Theater Series

An exciting introduction to live theater for children ages 3-10

Pushcart Players Presents

Stone Soup and other Stories: The Musical

Sunday, January 11, 2 pm



This witty and imaginative piece has been transformed by a large cast, with exciting production values. These very funny tales have been performed all over the world. In title story from Eastern Europe, a young man tries every ploy imaginable to wheedle free meals from a spirited young woman. Each outsmarts the other until both end up with chicken soup. Other stories include *Freddy Lee Fisher*, about an eight year old girl and her father, a chocolate cake for Grandma, a puppy and three pies. Another tale, from India, is about a princess who loves the Royal Mousecatcher, but, of course, King wants her to marry *The Greatest Being* – what a surprise! *The Long One*, a tale from Africa, is about a rabbit with a tricky problem in his house. His best friend, a monkey, tries to help him, but other big, silly friends almost get everyone in trouble.

Filled with humor, fantasy, color and wit, this musical is guaranteed to intrigue and delight young audiences from ages three through nine.

Call Inbal ext. 339 for more information

Ticket information

Group rates available. Tickets sold at JCC front desk or by credit card. No refunds or exchanges. Space is limited! Call ext. 339.

\$10 advance sale
\$15 day of performance (if available)

GROUP EXERCISE



NEW Exercise Classes for the New Year

Power Lifting (Formerly Weight Training): Tuesdays at 8:30 am
Strengthen your bones and learn proper techniques of lifting free weights to get fast, efficient results.

Hooping: Tuesdays at 9:30 am

This class will make you feel like a kid again! Hula-Hooping has come "full circle" and is making a comeback that will work your core, give you strength, flexibility and coordination, and best of all, is a total blast!

Lyengar Yoga: Tuesdays at 9:15 am

This class emphasizes alignment, focus and strength. Each class is different, providing a unique experience each week.

Healthy Healing Yoga: Wednesdays at 9:15 am

This experiential class focuses on a total balanced state of being.

Adrenaline Plus: Wednesdays at 9:30 am or Thursdays at 6 pm
Move, burn, stimulate and take charge of every muscle. Guaranteed to get you into the shape you want!

Belly Dancing Wednesday at 7:30 pm

Safire, our new instructor, will share all her secrets to the hypnotic art of Belly Dancing. Learn expression and power seduction with grace.

Favorite Classes with New Time Options:

Spin/Abs Fusion: Tuesdays 9:30 am

Work your abs and get your heart rate up with this all-in-one class.

Pilates: Wednesday at 8 pm

Improve balance and strengthen your core with this exceptional technique that yields almost immediate results.

Zumba: Tuesdays at 9:30am and Thursday at 7 pm

Learn fun Latin moves and rhythms and dance your way to a fitter, happier you!

Start the New Year with a commitment to your health and well being. Come explore all our many options and discover the right ones for you. And remember, you can always try a free class before registering. Check our new Winter schedule or the Winter Program Guide for a detailed listing of all Group Exercise classes.

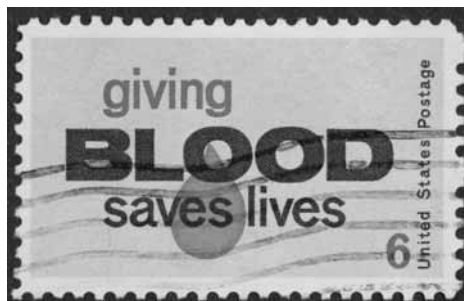
The Group Exercise Department is re-introducing a 4-semester program to offer members more classes, more options and more variety. Our new winter session begins on Sunday, Jan 4, with a full roster of new exciting classes, along with your regular favorites at new, additional times. This is the perfect way to ring in the New Year with a healthy and positive mindset! Questions or suggestions? Call Annette Scala, ext. 405.

Seiden Health Center members get ALL Group Exercise classes FREE! Call Linda for details, ext. 450.

SEIDEN HEALTH CENTER

SHC Hosts Annual Blood Drive

Thursday February 5, 2:30-6 pm



Please help to save a life by participating in the SHC Blood Drive. One in every three people need blood during their lifetime and we all need to be assured that blood will be available when we need it. The Community Blood Service supplies over one million units of blood per year to Bergen County hospitals and 95% to Bergen County's blood supply.

Call Linda, ext. 450 to reserve a convenient time.



THE ABE OSTER HOLOCAUST REMEMBRANCE AWARD

Music Contest for High School Students



The Abe Oster Holocaust Remembrance Award was established in 2004 to honor the memory of Abe Oster. During his lifetime, Abe worked selflessly, together with his wife Ann, to encourage young people to study the Holocaust and to develop an understanding of its implications. The Kaplen Jewish Community Center on the Palisades would like to perpetuate Abe's memory by insuring that this goal continues to be fostered. It is our hope, that every year, we will identify a meaningful project to be engaged in by the youth of our community that will increase their knowledge of this horrific historical reality. We hope to elicit a personal response to the Holocaust, by high school students, that demonstrates a historical and moral understanding of the Shoah.

This award also serves as a living memorial to the six million innocent Jewish victims of the Holocaust. Among these were one and a half million children, including Abe Oster's brother Avrum and sister, Yocheved, both toddlers, murdered simply because they were Jews. Gan Hazikaron, The Avrum and Yocheved Holocaust Memorial Garden at the Kaplen Jewish Community Center on the Palisades - an area for contemplation, reflection and inspiration - was lovingly dedicated in their memories by Ann and Abe Oster.

Project for 2009:

Create an original musical composition with lyrics whose language is appropriate for all listening audiences. The piece may be melodic and/or rap, and must not be longer than 4 minutes. The song should convey the lessons you have learned from your comprehensive study of the Holocaust and how those lessons may be applied to present communal or global issues.

Contest Rules:

The contest is open to all 10th, 11th, and 12th grade students either residing in Bergen County or enrolled in a Bergen County public or private high school. Entries from students of all backgrounds are encouraged.

Applicants must list on the application form their name, address, telephone number, birth date, school name & address, grade in school, and indicate whether they are available to attend the Yom Hashoah Commemoration on Tuesday, April 21 at 7 pm at the JCC. They must state that they meet the eligibility requirements and the student as well as his or her parent or legal guardian must sign this statement. This application form must be submitted together with (a) two CD copies of the song, and (b) two typewritten copies of the lyrics.

An applicant must submit two copies (each in its own jewel case or protective sleeve) of one (1) original musical composition with lyrics, whose maximum playing time shall be 4 minutes. The submission may not display any identifying information (name, address, age, school, etc.) about the applicant. The two CD copies shall be marked/printed only with the title of the musical composition, and be submitted in separate jewel cases or protective sleeves.

The student must affirm on the application form that his/her submission is a piece of original music created solely for the purpose of submitting an entry to the 2009 Oster Contest.

All submissions will be evaluated by a panel of judges. The JCC has the right to play the student's submission at the community's Yom Hashoah Commemoration on April 21, 2009. The Kaplen JCC on the Palisades assumes no responsibility for submissions that fail to meet the contest rules, and will not be liable for any damage to the CDs or jewel cases.

The Awards:

First Place:

\$1000 college scholarship; a personal guided tour for the award recipient and his/her family of the Museum of Jewish Heritage - A Living Memorial to the Holocaust in New York City; a one-year family membership to the Museum of Jewish Heritage in New York City; the opportunity for the award recipient to play (or present a recording of) and explain his/her song at the Yom Hashoah Commemoration at the JCC on the evening of Tuesday, April 21, 2009.

Second Place:

\$500 college scholarship; a one-year student membership to the Museum of Jewish Heritage - A Living Memorial to the Holocaust in New York City.

Honorable Mention will be given to 3 'runners-up'

All award recipients will receive recognition at the Yom Hashoah Commemoration at the JCC and in In the Center.

Notification of Award:

Winners will be notified by telephone by April 3, 2009.

Deadline:

Entries must be received no later than Friday, March 13, 2009:

Kaplen JCC on the Palisades
411 East Clinton Avenue
Tenafly, New Jersey 07670
Attn: Rabbi Steve Golden,
Judaics Director

Application forms can be downloaded from the JCC website, www.jccotp.org, or picked up at the front desk.

For further information call Rabbi Steve Golden at 201.569.7900 ext. 253.

WELCOME NEW MEMBERS

Adam & Hila Berner
Domenick Cacciavillani
Carmin Cacciavillani
Roneet Castelli
Meir & Helena Cohen
Shaul & Jodi Cohen
Slavo & Bojana Dobrovic
Boris & Sydney Futeran
Eli & Inna Goldberger
Dennis & Meryl Hanowitz
Michael & Jae Heffernan
Betty Jo Hendricks
Lior Itai
Ron & Susan Lieberman
Adrian & Cristina Lupu
Izzy & Deborah Marcus
Sapan & Ekaterina Nainani
Devanshu & Ritu Narang
Lee & Alissa O'Neill
Iosif & Svetlana Perkis
Bradley Peskin
Michelle Rozen
Yanir & Lola Ryba
Halyna Storozhuk
David & Robin Yucht
Georgiy & Svetlana Zhikharev

Enjoy your shopping experience at

Reyna's paper dolls etc
at the "j"

THE GIFT THAT KEEPS ON GIVING!
Shop & Donate at the same time!

A portion of your purchase will be donated to the department of your choice.
Call 201.569.7900 ext. 303

Volunteer at the Inter-Religious Homeless Shelter

Saturday, February 7-Friday, February 13

The JCC will be staffing the Inter-Religious Fellowship House at St. Cecilia's Church in Englewood as part of our annual mission to help people in our community who are in need. To make this year's effort a success, **we are looking for people willing to volunteer to spend a night at the shelter, and donations to cover the cost for providing three meals a day.**

Volunteers are also needed daily for each of the following:

- To prepare dinner, clean up after dinner and prepare lunches for the following day. Shift runs from 5:15-8 pm
- To spend the night at the shelter and help prepare breakfast. Shift runs from 8 pm-8 am.

Event Chairperson: Elise Wool

For more information or to sign up as a volunteer, call Judy Nahary, ext. 369.



Dedicated volunteers who prepared meals last year at the homeless shelter

TRIBUTES

21st Century Fund

To Hon and George Hantgan in honor of their 59th anniversary, with love and best wishes from the following:

Susan and Howard Feibus
Jeffrey, Rita, Rachel, Eli, Roberta,
Richard, Ann, Michael, and Sara
Hantgan

Esther & Julius Adler Annual Yiddish Concert

From Stella Fass and Bob Friedland to Mickey and Henry Taub in their honor, with appreciation

Athletic Fund for Community Health Programs

From Avi A. Lewinson and Susan Shlanger to Jill and Rob Greenberg in honor of their son Jonathan's Bar Mitzvah, with congratulations and best wishes

Camp Dream Street - The Pearl Seiden Summer Program for Children with Cancer and Other Blood Disorders

From Amy and David Zagin to Shari and Andrew Moss in loving memory of Andrew's father

From Millie and Sy Graye to Pearl Seiden in her honor, wishing her a wonderful birthday and a happy Thanksgiving

From Fina and Ken Chamberlain to Mr. and Mrs. Scott Heller and family in memory of Dr. Manuel Album, with deepest sympathy to the Album and Heller families

Davis Family Camp Scholarship Fund in Memory of John Ignatius Davis

From Mariam P. Davis to Mrs. Arlene Gordon in her honor, wishing her a happy birthday

Dor L'Dor Early Childhood Fund

From Bonnie and Corey Notis to Frank Benoit in memory of his mother, Harriet Benoit, with deepest condolences

From Bonnie and Corey Notis to Hope Kaye in memory of her husband, Mel Kaye, with deepest condolences

From Bonnie and Corey Notis to Stacey Goldfarb in memory of her father, Bernie Gersh, with deepest condolences

Eleanor & Edward Epstein Camp Tikvah Scholarship Fund for Handicapped Children

From Syril Rubin to Alissa and Zachary Epstein in honor of the birth of their daughter Aviva, with congratulations and best wishes

To Nancy and Larry Epstein in honor of the birth of their granddaughter Aviva, with congratulations and best wishes from the following:

Syril Rubin
Barbara and Norman Seiden

To Eleanor and Edward Epstein in honor of the birth of their great-granddaughter Aviva, with congratulations and best wishes from the following:

Syril Rubin
Barbara and Norman Seiden
Avi A. Lewinson and Susan Shlanger

From Jodi and Mark Epstein to Judy Marcus in memory of her brother, with deepest sympathy

From Jodi and Mark Epstein and family to Judy and Warren Feder in memory of Warren's father, with deepest sympathy

From Jodi and Mark Epstein to Doris Mortman in memory of her beloved mother, Annette Langfelder, with deepest sympathy

From Jodi and Amanda Epstein to Stacy Budkofsky in memory of her mother, Jan Cohen, with deepest sympathy

From Jodi and Mark Epstein to Dean Hecker in memory of his beloved father, Donald Hecker, with deepest sympathy

From Jodi and Mark Epstein to Billy Hecker in memory of his beloved father, Donald Hecker, with deepest sympathy

From Jodi Epstein to Gale Bindelglass in memory of her beloved brother, Stuart Nowak, with deepest sympathy

From Jodi Epstein to Barbara Joyce in honor of the birth of her grandson

Seymour & Mildred Graye Therapeutic Nursery Scholarship Fund

From Millie and Sy Graye to Diane and Mark Seiden wishing them, and Ross, Andrew and Craig a Happy Chanukah

From Millie and Sy Graye to Pearl Seiden wishing her, and Ben, Laurie, Rebecca, Marah and Anna a Happy Chanukah

From Millie and Sy Graye to Sharon and Steven Seiden wishing them, and Sarah, Stu, Amelia, Cory, Sam, Lisa, Arielle, and Ruben a Happy Chanukah

JCC General Scholarship Fund

From Edna Cole to Mr. and Mrs. Aaron Rosenblatt in honor of the Bat Mitzvah of their granddaughter, with congratulations and best wishes

Kaplen Family Adult Reach Center

To Rochelle Lazarus in memory of her beloved father, Leon Lazarus, with deepest sympathy from the following:
Avi A. Lewinson and Susan Shlanger
Stella and Alan Fass
Reyna and Richard Wallsh

From Pearl Seiden to Larry and Dr. Terri Katz in memory of Terri's father, Sol Feldman, with deepest sympathy

Eric Langbaum Fund for ARC Special Events

To Mrs. Lee Langbaum and family in memory of her mother-in-law, Shae Langbaum, with deepest sympathy from the following:
Sharon and Neil Danzger
Cynthia and Stanley Low
Jodi and Mark Epstein
Pearl Seiden
Michele and Steven Sweetwood
Madelaine and Asher Greenspun
Gail and Phillip Krevitt

To Mrs. Teddi Hunter in memory of her grandmother, Shae Langbaum, with deepest sympathy from the following:
Sharon and Neil Danzger
Pearl Seiden

Michele and Steven Sweetwood
Nancy and Jeffrey Schondorf

From the Hunter family in memory of their beloved grandmother, Shae Langbaum

To Gale Bindelglass in memory of her beloved brother, Stuart Nowak, with sincere condolences from the following:
Lee Langbaum
Teddi and Ted Hunter

From Helene Schwartz to Rochelle Lazarus in memory of her father, Leon Lazarus, with deepest sympathy

From Lee Langbaum to Dr. and Mrs. Adam T. Cohen in honor of the Bar Mitzvah of their son, Hunter Cody Cohen

From Teddi and Ted Hunter to Paula and Lee Shaiman in honor of their son Benjamin's Bar Mitzvah, with congratulations and best wishes

Marty & Roberta Levitt Family Fund for Nursery School

From Roberta and Marty Levitt to Judy Chapman with best wishes for a speedy recovery

From Roberta and Marty Levitt to Mrs. Ofra Panzer in memory of her beloved brother, Adi, with deepest sympathy

From Roberta and Marty Levitt to Dr. and Mrs. Carl Levitt in honor of the birth of their grandson, Benjamin Carter

From Roberta and Marty Levitt to Mrs. Micki Sokol with best wishes for a speedy recovery

Lillian Miller Klein Senior Citizen Civic and Social Activity Fund

From Robin and Alan Miller to Jill and Rob Greenberg in honor of their son Jonathan's Bar Mitzvah, with congratulations and best wishes

From Robin and Alan Miller to Arlene Graime in loving memory of her beloved father, Mannie Sarfin

Syril & Leonard Rubin Family Nursery School Scholarship Fund

From Jodi, Mark, Brett, Jessica, Amanda, and Erika Epstein to Shelley Rubin in honor of the birth of Jamie's son, Micah Leonard

Rubin Family Scholarship for The March of the Living and Education in Israel

From Jodi and Saul Scherl to Daniel Rubin in honor of being the recipient of the New Jersey Y Camps "Harry S. Feller Memorial Award" for dedicated service to the Jewish community

Leonard Rubin Fund for Leadership Development

To Daniel Rubin with congratulations from the following on receiving the well-deserved "Harry S. Feller Memorial Award" from New Jersey Y Camps for dedicated service to the Jewish community:
Bill Lippman
Eleanor and Edward Epstein
Avi A. Lewinson and Susan Shlanger

From Barbara and Norman Seiden to Daniel Rubin in honor of his special birthday, with best wishes

Sheila & Abe Schlusel Jewish Festival Fund

From Sheila and Abe Schlusel to Mrs. Vivian Mark in memory of her mother, Aranka Mauskopf, with deepest sympathy

From Sheila and Abe Schlusel to Mrs. Hana Goldberg in memory of her husband, Stanley, with deepest sympathy

From Sheila and Abe Schlusel to Olga and Louis Anhalt with congratulations and best wishes on the engagement of Arielle to Yoni

From Sheila and Abe Schlusel to Helen and Samuel Haber with congratulations and best wishes on the marriage of BatSheva to Tzvi

Anna & Samuel Seiden Fund for Senior Adult Special Needs

From Barbara and Norman Seiden and Sandra and Arnold Gold to Mr. and Mrs. Robert Berkowitz welcoming them to the "Great-Grandparents Club"

From Eleanor and Edward Epstein to Barbara and Norman Seiden in honor of the birth of their great-grandson, Seth Jordan

From Barbara and Norman Seiden to Dr. and Mrs. Jeffrey Cohen in honor of the birth of their granddaughter

Silberthau Family Camp Scholarship Fund

From Ilse Marx to Inge Silberthau in memory of her husband, Ralph Silberthau, with sincere condolences

Arleen and Chuck Wayte Scholarship Fund for Families in Need

From Arleen and Chuck Wayte to Mrs. Therese Zagin in memory of her brother, with deepest sympathy

From Arleen and Chuck Wayte to Dr. Fred Hochberg with special wishes on his special birthday

Weinflash Family Cantorial Concert Fund

From Miriam Mangot to Rabbi Steve Golden in his honor, with deep appreciation

From Miriam Mangot to the Cantorial Concert performers in their honor, with deep appreciation

Wormser Family Senior Services Fund

To Sara Wormser in memory of her beloved mother, Gloria Kaplan, with deepest condolences from the following:
Jodi and Mark Epstein
Bonnie and Corey Notis

Center Leadership

PRESIDENT
Robin Miller

EXECUTIVE DIRECTOR
Avi A. Lewinson, LCSW, ACSW

CENTER OFFICERS

VICE PRESIDENTS
Nancy G. Brown
Tina Guberman
JoJo Rubach
Mark Shirvan
Melanie Zingler

TREASURER
Jodi Scherl

SECRETARY
Michael Kollender

BOARD OF TRUSTEES

Eleanor Epstein, Chair
Murray Beer
Martin Bernstein
Nancy I. Brown
Ned Feldman
Ira Fish
Dr. Sandra Gold
Seymour Graye
Edward A. Grossmann
Dr. Saul Hoffman
Charles Klatskin
Richard Kurtz
Dr. Martin S. Levitt
Myron Rosner
Philip Rothman
Daniel Rubin
Sy Sadinoff
Abe Schlusel
Sidney Schonfeld
Norman Seiden
Stanley Shirvan
Henry Taub
Ruth Warshauer
Bernard Weinflash

BOARD OF DIRECTORS

James Ackerman
Dana Adler
Angelica Berrie
Sam Blumenstyk
Michael Blumenthal
Howard Charish
Sharon Danzger
Deborah Davis
Claude Devillers
Steven Epstein
Merle Fish
Gayle Gerstein
Judy Gold
Robert Greenberg
Dr. Dave Greenblatt
William Guttenberg
Dr. Bernard Hammer
Mindy Lavin
Dalia Lerner
Jeffrey Levitt
Dr. Jonathan Mangot
Lisa Beth Meisel
Neal Merker
Mark Metzger
Dianne Nashel
Ann Oster
Susan Penn
Martin Perlman
Elana Prezant
David Rosenblatt
Dana Runyon
Avi Sacajiu
Lori Sackler
Gabe Schlisser
Pearl Seiden
Caryn Sherry
Ira Taub
Iris Wormser
Barry Zeller

BOARD OF ADVISORS

Andrew Adelson
Marvin Eiseman
Ilene Fish
Wilson Kaplen
William Lippman
Patricia Rosen
Inge Trachtenberg
Charles Wayte

HONORARY BOARD MEMBER
Congressman Steven R. Rothman

EXECUTIVE DIRECTOR EMERITUS
George Hantgan

ENDOWMENTS: A LOVING LEGACY**How to Establish an Endowment Fund**

For a charitable, tax-deductible donation of \$10,000 or more, you can establish a personal endowment fund at the JCC. We are continually evolving to meet the needs of our community and we pride ourselves on our ability to offer programs and services that enrich our members' lives. The additional revenue generated by personal endowment funds, makes it possible to offer the new and dynamic programs. Please, consider establishing a personal endowment and help us address important needs in our community. To set up an endowment or to learn more about giving opportunities at the JCC, please contact Avi A. Lewinson, Executive Director, JCC on the Palisades, 411 East Clinton Avenue, Tenafly, New Jersey 07670. Call 201.569.7900, ext. 215 or email alewinson@jccotop.org

Tribute Cards

Donations can be made to individual endowment funds in honor of a special occasion such as a wedding or anniversary, a Bar/Bat Mitzvah, the birth of a child, or in memory of loved ones. The JCC sends notification cards to recipients and publishes the tributes in our monthly newspaper, In The Center. The minimum donation is \$18.

JANUARY CALENDAR

JANUARY 2-27

Waltuch Art Gallery
Watercolors by Marcia Rieff
☎ ext. 435

MONDAY 5

Senior Center Plus
Bring in 2009 with Mary Taylor
☎ ext. 459, 11:15 am

Thurnauer School of Music

Handler Master Class
Steven Isserlis, Cello
☎ ext. 235, 4 pm

TUESDAY 6

Senior Adult/REAP
The Metropolitan Lyric
Theater ☎ ext. 459 10:30 am

WEDNESDAY 7

Senior Center Plus
Tel Aviv: Past & Present
with Yonatan ☎ ext. 459
11:15 am

Judaic

Joy of Talmud ☎ ext. 253
12:45-1:45 pm, Weekly

THURSDAY 8

Judaic
Weekly Seminar on Jewish
Studies: The Five Scrolls of
The Bible with Rabbi Reuven
Kimelman ☎ ext. 253
10:30 am, Free/\$110

Senior Center Plus/RAP

Cantor Bill Walton highlights
La Boheme by Puccini
☎ ext. 459, 11:15 am

Judaic

Joy of Talmud ☎ ext. 253
8-9 pm, Weekly

SATURDAY 10

Adult Department &
Performing Arts
Nikki Armstrong's Brand New
Day: A Multi Generational
Concert ☎ ext. 463
7:30 pm, \$20/\$25 adults,
\$12/\$15 children 7-15,
children under 6 free

SUNDAY 11

Singles
Walk with Liz: Greenwich
Village Historic Walk
☎ ext. 460
9:45 am, no fee for event

Professional Children's
Theater Series

Pushcart Players: All-new
Stone Soup and Other Stories
– the Musical ☎ ext. 339
2 pm, \$10 in advance, \$15 day of

Thurnauer School of Music

Kangaroo Concert: Rattlin'
Ruckus For Children
ages 3-6 ☎ ext. 235
2:30 & 3:30 pm, \$8/\$10

MONDAY 12

Senior Center Plus
Shmoozin' with Susan
☎ ext. 459, 11:15 am

25 Best Films of All Time

Susannah York in *A Summer
Story*: Screening & discussion
with Harold Chapler
☎ ext. 339
7:30 pm, \$3/\$5, EBT

Adult Department

Sushi Making with Giyora
☎ ext. 463 7:30 pm, \$60/\$75

TUESDAY 13

Judaic
Tuesday Torah Study
Will I still be called Jewish in
10 years? ☎ ext. 253
10 am, \$20/\$24

Senior Adult / REAP

Virginia City with Jay Wolf
☎ ext. 459 10:30 am

WEDNESDAY 14

Senior Center Plus
Mr. Zhang's students perform
☎ ext. 459 11:15 am

THURSDAY 15

Senior Adult / RAP
Classical music with
Anthony Gray ☎ ext. 459

Judaic

Weekly Seminar on Jewish
Studies: The Five Scrolls of
The Bible with Rabbi Reuven
Kimelman ☎ ext. 253
10:30 am, Free/\$110

Senior Center Plus

Cerebral Gymnastics with
Simie ☎ ext. 459 11:15 am

Guttenberg Center for Special
Services

ALS Support Group: Toby
Tider, Leader ☎ ext. 232
4-5:30 pm, Free

Guttenberg Center for Special
Services

Family Support Group for
Early Intervention
Joy Hammerman, Leader
☎ ext. 232
7:30-9:30 pm, Free

MONDAY 19

Senior Center Plus
Vice Presidents of the United
States with Marty Alboum
☎ ext. 459, 11:15 am

TUESDAY 20

Judaic
Tuesday Torah Study
Will I still be called Jewish in
10 years? ☎ ext. 253
10 am, \$20/\$24

Senior Adult/REAP

Buddy Holly and Patsy Cline
☎ ext. 459, 10:30 am

WEDNESDAY 21

Senior Center Plus
Falls & Fractures
☎ ext. 459, 11:15 am

THURSDAY 22

Senior Center Plus
Chris Lang, Editor of the
Suburbanite ☎ ext. 459
10:30 am

Judaic

Weekly Seminar on Jewish
Studies: The Five Scrolls of
The Bible with Rabbi Reuven
Kimelman ☎ ext. 253
10:30 am, Free/\$110

Senior Adult/ RAP

Current Events moderated by
Doris Katz ☎ ext. 459
11:15 am

THURSDAY 22, 29 &
FEBRUARY 5

Israel Connection &
Early Childhood
Eastern and Holistic Medicine:
For your Child's Health and
Well-being ☎ ext. 231
8 pm, \$60/\$72

SATURDAY 24

Guttenberg Center for Special
Services
Special Services Dance
☎ ext. 232
7:30-10 pm, \$6/\$8, \$5 chaperones

SUNDAY 25

Guttenberg Center for Special
Services
Sibshops ☎ ext. 302
10 am-12 pm

Judaic

Déjà vu in Darfur
UN Holocaust Day
Commemoration ☎ ext. 253
1:30 pm, Free

Singles 40-59

Singles Schmooze with Jeff
and Bruce ☎ ext. 301
6pm, \$4/\$6

MONDAY 26

Senior Center Plus
Preventing Falls & Fractures
Mini-Conference ☎ ext. 459
10:30 am, Free

25 Best Films of All Time

Liev Schreiber's *Everything is
Illuminated*: Screening &
discussion with Harold
Chapler ☎ Ext. 339
7:30 pm, \$3/\$5, EBT
Singles Reception, 7 pm, \$4/\$6

Judaic

Women's Rosh Chodesh
Seeking G-d a Kaballistic
Journey ☎ ext. 253
7:30 pm, \$20/\$24

MONDAY 26-2/23

Adult Department
Flower Arranging
☎ ext. 463 1 pm, \$65/\$80

MONDAY 26-3/16 &
WEDNESDAY 28-3/18

Adult Department
Bridge- Early Bird Combo
☎ ext. 463 5:30 pm, \$305/\$370

MONDAY 26-3/16

Adult Department
Intermediate through
Advanced Bridge
☎ ext. 463 7:30 pm, \$160/\$200

TUESDAY 27

Judaic
Tuesday Torah Study
Will I still be called Jewish in
10 years? ☎ ext. 253
10 am, \$20/\$24

Senior Adult/REAP

Avi Lewinson, Executive
Director of the JCC
☎ ext. 459, 10:30 am

Israel Connection

Story Time and Supper in
Hebrew for Ages 3-4
Ayelet MiTayelet by Rinat
Hofer ☎ ext. 231
4-4:45 pm, \$6/\$8

Israel Connection

Story Time and Supper in
Hebrew for ages 5-6
*When the Shark and the Fish
First Met* by Gilad Shalit
☎ ext. 231 5-5:45 pm, \$6/\$8

School of Performing Arts

"Wicked" (adapted)
Deb Roberts' Performance
Workshop ☎ ext. 339
7:30 pm, free, EBT

TUESDAY 27-3/17

Adult Department
Bridge – Supervised
☎ ext. 463 7:30 pm, \$160/ \$200

TUESDAY 27-4/7

School of Performing Arts
Tony-nominee, Adam
Redfield's Acting Workshop
☎ ext. 315
7:45-9 pm, \$195/\$235

WEDNESDAY 28

Judaics
Post Melton: *Those Crazy
Zionists!* With Rabbi Melissa
Crespy ☎ ext. 253
9:30 am, \$250 for 10 weeks or
\$450 for 20 weeks

Senior Center Plus

Robbie Wedeen performs
☎ ext. 459 11:15 am

Judaic

Feldman Lecture series
*Is there a future for Orthodox
Judaism?* With Rabbi Reuven
Kimelman & Rabbi Shmuel
Goldin ☎ ext. 253
8:15 pm, Free

WEDNESDAY 28-3/18

Adult Department
Advanced Beginner Bridge
☎ ext. 463 7:30 pm, \$160/\$200

THURSDAY 29

James H. Grossmann
Memorial Jewish Book Month
Thin is the new Happy
By Val Frankel ☎ ext. 379
10 am at home of Judy Gold, \$36

Senior Center Plus

The Harmony Baskets
perform ☎ ext. 459 10:30 am

Judaic

Weekly Seminar on Jewish
Studies with Rabbi Reuven
Kimelman *The Five Scrolls of
the Bible: Esther* ☎ ext. 253
10:30 am, Free/\$110

Teens

Cyber Teens: Workshop for
Parents with David Bryfman
☎ ext. 369 7:30-9:30 pm

THURSDAY 29-3/5

Adult Department
Mah Jongg ☎ ext. 463
9:30 am \$75/\$90

SATURDAY 31

Guttenberg Center for Special
Services
The Teen Scene for
ages 3-18 ☎ ext. 302
7:30-10 pm, \$8/\$10

Thurnauer School of Music

Thurnauer Chamber Music
Society ☎ ext. 235
8 pm, Pre-Concert talk at 7 pm
\$16/\$20

MANAGEMENT

Avi A. Lewinson · Executive Director
Sue Gelsey · Chief Operating Officer

FINANCIAL AND HOUSE

Daniel Rocke · Chief Financial Officer
Paul Costa · Facilities and Technology Director
George Ramos · Database Administrator

DEVELOPMENT

Sharon Kestenbaum · Development Director
Sharon Potolsky · Special Events Coordinator

MARKETING AND MEMBERSHIP

Ophrah Listokin · Marketing Director
Robbie Fried · Membership Director
Stephanie Cangro · Desktop Coordinator
Esta Frankel · Membership Associate Director
Rochelle Lazarus · PR & Communications Director
Carol A. Schuller · Creative Director & Production Manager

PROGRAM STAFF

Carol Leslie · Program Director
Judy Belinfante · Adult Department Program Director
Stacy Budkofsky · Neil Klatskin Day Camp Director
Felicia Glantz · Early Childhood Director
Lauren Glubo · Kaplen Adult Reach Center
Recreational Therapist
Rabbi Steven H. Golden · Judaic Director
Jacqueline Guttman · School of Music Development Director
Vera Huff · School of Performing Arts Dance Director
Jessica Johnson · School of Music Comm. Manager
Rabbi Reuven Kimelman · JCC Scholar-in-Residence
Michal Kleiman · Children's Services Director
Vivian Green Korner · Kaplen Adult Reach Center Director
Erica Kose · NKDC Assistant Director
Sheryl Lauchheimer · Early Childhood Program Supervisor
Shelley Levy · Guttenberg Center for
Special Services Director
Tammy Levy · Israel Connection Program Director
Sara Lewis · Teen Services Director
Colleen Lofaro · Special Services Program Supervisor
Pam Machesky · Early Childhood Program Supervisor
Esther Mazor · Adult and Singles Director
Dr. Lois Mendelson · Therapeutic Nursery Director
Judi Davidsohn Nahary · Youth Services Director
Melissa Peters · NKDC Administrative Director
Debra Prince · Early Childhood Program Supervisor
Michael C. Reingold · School of Music Assistant Director
Lisa Robins · Senior Adult Program Developer
& Camp Dream Street Director
Deborah Roberts · School of Performing Arts Director
Dorothy Kaplan Roffman · School of Music Director
Helene Schwartz · Senior Center+ Supervisor
Teresa Stahl · Special Services Program Development Asst.
Lisa Sternbach · Parenting Center Coordinator & Therapeutic
Nursery Clinical Social Worker
Debra Turitz · Senior Adult & College Scholarship Director

HEALTH & RECREATION CENTER

Dafna Levine · Health & Recreation Center Director
Linda Berkowitz · Seiden Health Center Director
Juya Cho · Swim Team Coach
Roberto Gonzalez · Fitness Assistant Director
Karen Ouriel · Seiden Health Center Assistant Director
Roberto Santiago · Fitness Director
Annette Scala · Group Exercise Director
Irina Shevchenko · Aquatics Director
Oumar Soumaré · Athletic Director

IN THE CENTER IS PUBLISHED BY
KAPLEN JCC ON THE PALISADES

411 EAST CLINTON AVENUE, TENAFLY, NJ 07670

PHONE 201.569.7900 FAX 201.569.7448

WWW.JCCOTP.ORG

FUNtastic Summer Camps 2009



Neil Klatskin Day Camp 2009



Kadima



Masada/Gesher

PLAN AHEAD
Save \$100 off
Summer 09 deposit
with January enrollment!



Yomi/Haverim



Tikvah

Plus

choose one additional item:

Tickets to Kangaroo Concert
 Buzzin Brass 2/8

Tickets for Nikki Armstrong's Brand
 New Day concert 1/10

10% off Early Childhood classes
 (Bugs, Don't Bug Me, Cool Art, Little Chefs,
 Mushy Gushy, Wearable Art, Hola Amigos 1)

Half-price massage (must be used by 1/3)

EVERYONE GETS A JCC TOTE BAG!

Call 201.567.8963 for information or
 visit our website www.jccotp.org/NKDC
 Scholarships available, call Robbie at 201.569.7900 ext. 211.

Can't Wait for Summer Mini-Camp

June 11-16 | Ages 3-5 | ☎ ext. 368

Can't Wait for School Mini-Camp

August 18-22 | Ages 3-5 | ☎ ext. 368

Ready 2 Go

June 16-August 8 | 24-35 months | ☎ ext. 354

CenterStage Musical Theater Camp

July 6-17 & July 20-31 | Grades 4-8 | ☎ ext. 339

Two-Week Summer Dance Intensive

August 17-27 | For Ages 8-16 | ☎ ext. 339

BergenPAC-JCC Musical Theater Workshop

July 8-26 | For Ages 9-17 | ☎ ext. 339

Teen Adventures Travel Camp

June 29-July 31 | Grades 7-10 | ☎ ext. 203

JCC Sports Camp

June 22-26, August 24-28 & 8/31-9/4 | ☎ ext. 402

The Michelle Weiss Children's Tennis Camp

7/6-7/17 & 7/27-8/7 | Grades K-6 | ☎ ext. 402

Marty Perlman Sports Spectacular

August 24-28 | Grades 3-8 | ☎ ext. 402

Children's Baseball Camp

August 31-September 4 | Ages 7-12 | ☎ ext. 402

NEW! Super Soccer Stars Camp

July 20-24 | Ages 7-12 | ☎ ext. 402

Thurnauer Chamber Music Camp

June 29-July 3 | Age 6-18 | ☎ ext. 235

JCC Jazz Camp

August 3-14 | Ages 12 and up | ☎ ext. 235

Flute Stars Summer Camp

All Ages | ☎ ext. 235

On Our Own

June 29-August 7 | Ages 15-30 | ☎ ext. 302

Camp Haverim

August 10-21 | Ages 3-21 | ☎ ext. 626

Camp Dream Street

August 18-22 | Ages 4-14 | ☎ ext. 381