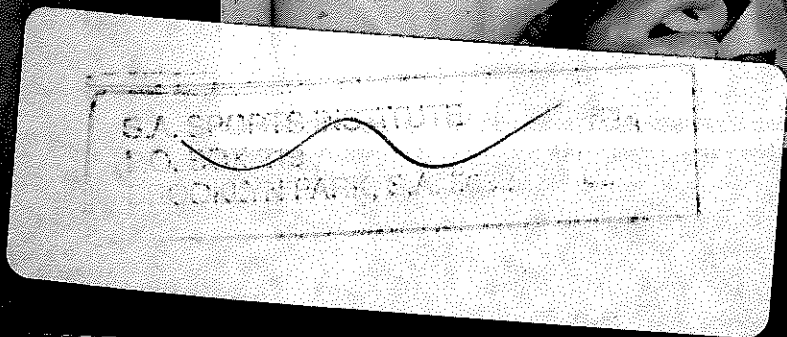
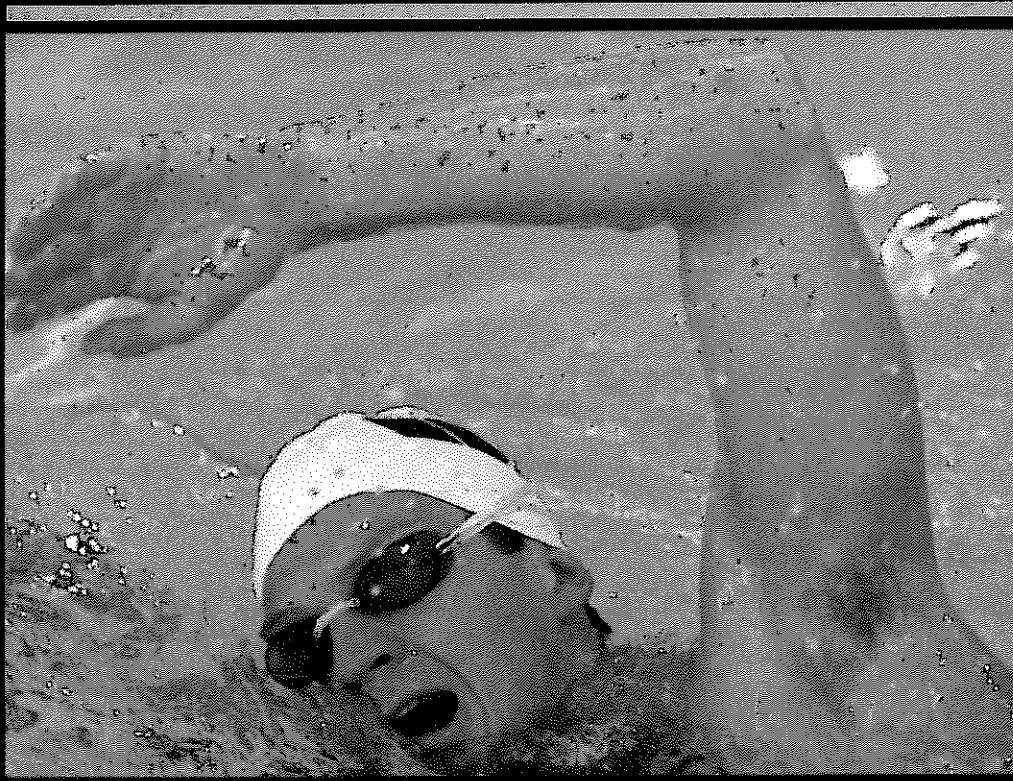


WESTERN AUSTRALIAN
INSTITUTE OF SPORT
ANNUAL REPORT 1989/90



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FRONT COVER

Ian Brown (swimming) and Ben Sandstrom (pistol shooting) produced world class performances to win gold medals at the Commonwealth Games.

Our Stars are Shining.

WA's young sporting stars shone during the year with achievements including six golds in a 14-medal haul at the Commonwealth Games.

And WA women's teams won the national titles in Hockey, Gymnastics and Golf.

WAIS scholarship holders played a big part in all these performances.

The Institute continued to build for the future with the appointment of full-time coaches in six more sports.

Town & Country is proud to be a Foundation Sponsor and a continuing major supporter of WAIS.

TOWN & COUNTRY
WA

FOREWORD



Dr Carmen Lawrence MLA, Premier

The Government has every reason to be pleased with the initiative it took six years ago to establish the Western Australian Institute of Sport.

In the ensuing time hundreds of our athletes have been assisted with travel subsidies, enhanced coaching resources and sports science facilities.

The role that WAIS has played in devising and co-ordinating programmes for our top performers has been welcomed by our sporting community. We now have a framework within which potential champions have an equal opportunity to succeed.

An integral part of the success of WAIS has been its ability to attract and hold a high level of corporate sponsorship. WAIS is greatly appreciative of that assistance.

Western Australia's reputation as a centre of sporting excellence will once again be to the fore at the World Swimming Championships scheduled for Perth in January next year.

Almost certainly Western Australia will provide a strong representation for Australia in the championships with our 1990 Commonwealth Games team members expected to be prominent.

The standard and performance of Western Australia's athletes has kept pace with that of their Eastern States counterparts through the efforts and resources of the Institute of Sport.

On behalf of the people of Western Australia could I extend sincere thanks to the Board of WAIS and in particular to Director, Wally Foreman and his staff for their dedication and expertise.

As Patron of WAIS, I look forward to even greater achievements from our young champions in forthcoming national and international events.

Dr Carmen Lawrence MLA
PREMIER OF WESTERN AUSTRALIA

CHAIRMAN'S REPORT



Assoc. Prof. Bruce Elliott, Chairman

The implementation of a system that adequately caters for high performance sporting development is a difficult task. The Western Australian Institute of Sport, (WAIS), in combination with sporting associations and coaches, plays a vital role in this system, that must provide the opportunity for athletes to reach their full potential. WAIS's role in this system, has only been possible because of the generous support of the State Government and our four Major Sponsors — Woodside Petroleum, Town & Country (WA) Building Society, Coles Myer and the Lotteries Commission. The State's increased representation in the Commonwealth Games team and the success of our athletes at the Games bear testament to the success of this system.

The WAIS Board, however, has identified two clear areas where improvement is needed in our high performance system. Federal funding of national level athletes based in the states has been identified as a priority. The establishment of a coaching structure where full-time coaches are able to devote their time to athlete development is also important.

After extensive dialogue with State and national associations and with the Australian Sports Commission (ASC), the first step in the support of state based high performance athletes has occurred. The provision of ASC funds to support full-time coaches who work with WAIS and State associations to a national programme, will provide further opportunities for our talented athletes. While these coaches are in sports identified by the ASC as being of priority for development, it is hoped that future growth will see a further increase in coaching staff over a greater number of sports.

During the year the Hon. Graham Edwards, MLC, relinquished the Sport & Recreation portfolio. I would like to acknowledge the outstanding support offered to WAIS by Mr Edwards and the interest in and enthusiasm for

its programmes already displayed by his successor, the Hon. Gordon Hill, MLA.

WAIS has come a long way since its inception in 1984. This has only been possible through the efforts of Wally Foreman and his staff, along with the co-operation of the associations, athlete support groups and the WAIS Board. Finally, I challenge all talented Western Australia athletes to give the extra effort needed to achieve success.

Bruce Elliott (PhD)
ASSOCIATE PROFESSOR
CHAIRMAN OF THE BOARD

DIRECTOR'S REPORT



Wally Foreman, Director

The year 1989/90 was a year of considerable growth and development for WAIS.

Australia's resurgence as a nation of international sporting repute has placed great pressures on institutes and associations as the athletes strive to keep up with international standards. The Institute's budget, staff and sports programmes expanded beyond anticipated levels as the Board endeavoured to meet the demands of the athletes.

The significant development during the course of the year was the availability of Federal funds to State-based institutes for the first time. WAIS was a major beneficiary of this new policy. Access to this funding source must be further improved. However, the role of WAIS Board Members, Dr. Ric Charlesworth, MHR and David Hatt in assisting to design the new policy should be acknowledged, as should the Australian Sports Commission (ASC) for its role in implementing the policy and expediting the funding.

The direct result of this funding was the appointment of full time coaches in the sports of athletics, hockey, rowing and swimming, with further appointments imminent in gymnastics. Systematic development programmes are now being developed in all these sports and further ASC funding has assisted in providing the necessary level of sports science support.

During the year the Board was forced to deal with the recurring problem of selection injustices, a matter which the ASC should assist national sporting associations to resolve.

A further long-standing problem that requires attention is the Institute's office accommodation. A capital works programme appears to be the only solution to this matter.

Notwithstanding these difficulties, it would appear WAIS's performance indicators continue to be met. WAIS's vastly improved representation in the Auckland Commonwealth Games team collected a total of 14 medals (six gold), which was considerably better than the nine medals (four gold) won in 1986.

Preparations for the World Swimming Championships and the bid for the 1998 Commonwealth Games both helped to create a more stimulating environment in which our athletes can develop. I am confident that the benefits of that environment, the improved funding for elite athletes and Perth's outstanding array of world class facilities will be reflected in the performances of our athletes in the international arena within the next two years.

W.J. Foreman
DIRECTOR

ADMINISTRATION

WAIS continues to enjoy the benefits of operating from the Superdrome.

As the training base for the majority of its athletes, this world class facility allows WAIS to look, feel and operate as an Institute should.

The administrative operations were placed under severe pressure in 1989/90 with staff and budget increases. Steps have already been taken to ease the situation through an addition to the secretarial staff and the purchase of a more sophisticated computing system.

1. STAFF

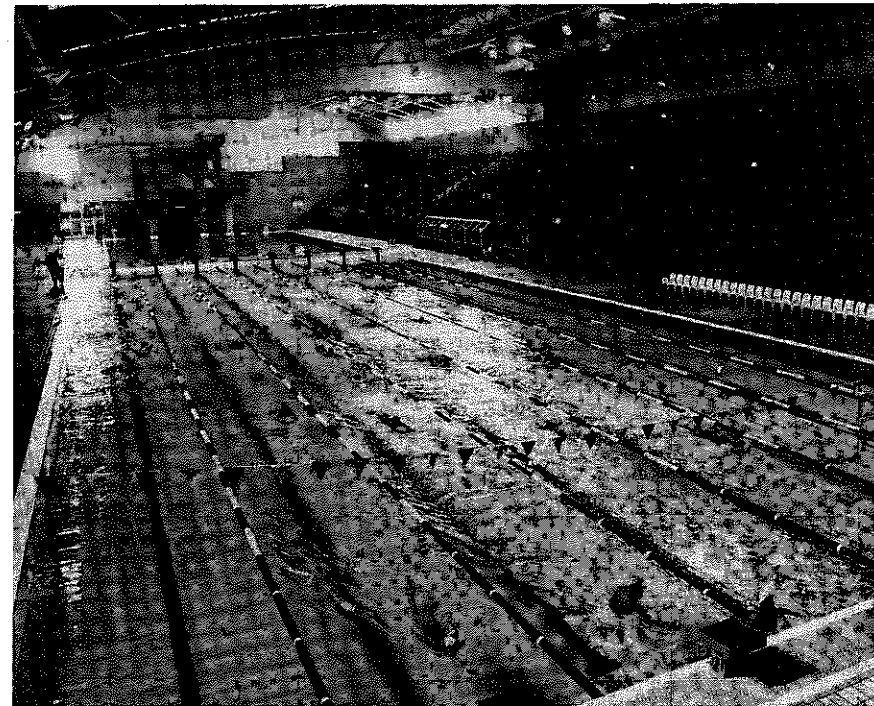
An additional five full-time coaches commenced with WAIS during the year and approval for two further coaches, a sports scientist and a secretary/receptionist was obtained.

Increased activity will necessitate the appointment of a

full-time secretary in the programme area.

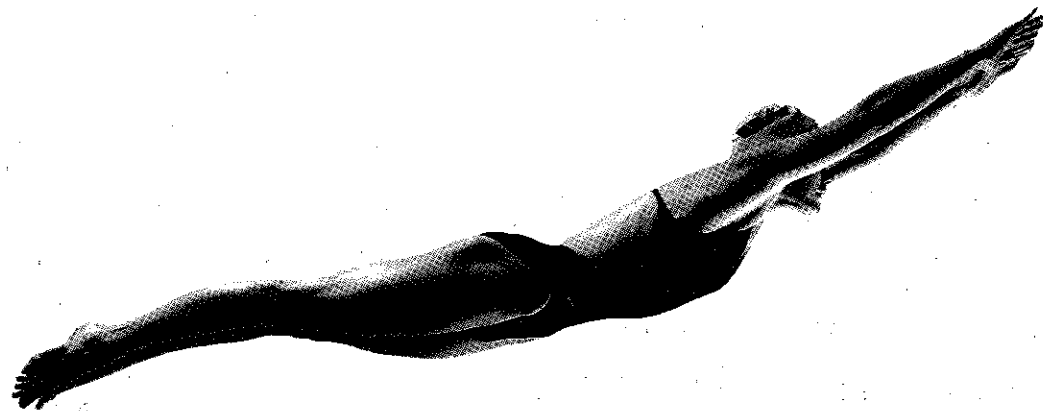
The staff willingly acknowledge that they exist only

The Superdrome provides WAIS with an administration base under the same roof as world class training facilities.



for the athletes, which ensures a prompt and efficient delivery of all services.

ENSURING WESTERN AUSTRALIAN TALENT ISN'T LEFT ON THE SHELF



WOODSIDE
AUSTRALIAN ENERGY

Woodside Petroleum Limited, c/o 1 Adelaide Terrace, Perth, Western Australia 6000

2. HOUSING

Despite generous concessions from Superdrome management, WAIS's accommodation is now at a critical stage.

A coaches' office has been established to permit all coaches to interact and to ensure the coaches have ready access to sports science staff and training and medical facilities. This office is already fully occupied.

The sports science staff currently occupy a conference room which is not totally satisfactory.

It is highly desirable that WAIS remain domiciled at the Superdrome but a better accommodation arrangement is essential.

3. FINANCE

The WAIS budget increased significantly during the year with the injection of funds from the Australian Sports Commission.

A new accounting software package has been purchased to streamline WAIS's accounting procedures.

Mr Michael Carren continues to act as WAIS's Honorary Accountant, producing monthly and annual reports as well as providing a variety of invaluable financial advice.

The annual audit is conducted by the Auditor General's Department and Messrs Brian Lynn and Greg Chappell conduct a quarterly internal audit.

A creditable percentage of funds (71 per cent) was directed to athletes during the year.

4. MARKETING AND SPONSORSHIP

1989/90 marked the end of WAIS's second triennium of corporate funding. During that time the Major Sponsors have contributed a total of \$350,000.

WAIS's Major sponsors for 1989-90 were:

Coles Myer Ltd
Lotteries Commission
Town & Country WA
Building Society
Woodside Petroleum Ltd

The Institute is currently endeavouring to renew its Major Sponsors and acquire additional corporate support.

The junior gymnastics programmes were generously supported by Coca Cola (women) and Touche Ross (men).

WAIS's Associate Sponsors are:

Airlines
Australian Airlines
(Official Carrier)

Singapore Airlines
Qantas

Clothing and Equipment
Slater Gartrell Sports
Adidas
Asics
Nike
Puma
Reebok

Annual Dinner
Houghton Wines Pty Ltd
Swan Brewery Company
Ltd

Strength Training
Lifesport Superdrome

Further support was provided for the following special projects.

Hall of Champions —
Town & Country WA Building
Society.

Country Sport Project —
Golden West Network.

Sleepmaker Foundation —
Dunlop Bedding.

Peter Conroy and Associates is the appointed marketing consultant and assists with the acquisition and servicing of sponsors and the maintenance of WAIS's profile.

5. ATHLETES' SERVICES

a. EMPLOYMENT —

Obtaining satisfactory employment for athletes remains a major problem.

WAIS's sponsors are widely promoted through venue and publication advertising.



The SGIO has been the only regular source of opportunities.

b. EDUCATION —

A highly successful programme was initiated at City Beach High School for the start of the 1990 academic year. The programme assists WAIS athletes training at the Superdrome to integrate their academic and sporting pursuits. A bus service, jointly funded by C.B.S.H.S. and WAIS, has helped parents to rationalise their travelling time. Seventeen athletes entered this programme in 1990.

The work of the Senior Master in Physical Education at C.B.S.H.S., Mr Peter Roberts, in establishing and administering this programme has been outstanding.

The programme is complemented by a similar programme at the Floreat Primary School. It is hoped these programmes will be the forerunner of an education system more sympathetic to talented sports people.

WAIS would like to record its thanks to the Headmasters of the respective schools, Mr Clive Riordan (CBSHS) and Mr Bob McLeod (FPPS) and their school communities for their support.

c. SPONSORSHIP

Personal contracts and concessional purchasing agreements are negotiated on behalf of athletes' with a wide range of clothing, equipment and footwear manufacturers.

d. MANAGEMENT

Personal programmes are managed through a variety of services including travel, accommodation, competition entry, sponsorship agreements and legal support. Information is provided to the media on a daily basis regarding the athletes' performances.

6. EVENTS AND COMMITTEES

WAIS plays an active and integral role in the development of sport in WA.

In the past 12 months WAIS Board Members have served on the following Committees and Boards:

1991 World Swimming Championships — Organising Committee Superdrome Trust and General Purposes Committee
WA Sports Federation's Executive Council
Minister for Sport's Sport Council
WA Government's Coaching Review Committee
WA Government's Women in Sport Foundation

WAIS staff and Board Members have acted in an advisory capacity to the:

Mid-West and South-West Regional Games Committees
WA Sports Federation's Sportsman of the Year Award
Jeans West Young Achiever Awards
WA Sportswoman of the Year Award
Australian Hockey Association's National Team's Committee

SPORTS SCIENCE AND SPORTS MEDICINE

The employment of full-time coaches and WAIS's inability to fill its second sports science position placed considerable strain on this department.

The Co-ordinator, Steve Lawrence, was forced to accept extraordinary workloads and his commitment and skills remain two of WAIS's greatest assets.

The Institute continues to provide biological profiling, monitoring and conditioning programmes for all athletes and squads. Staff are also having input into talent identification programmes in several sports. This is an important development in WAIS's operation.

WAIS made a substantial contribution to Australian Swimming Incorporated's (A.S.I.)

high altitude training camp in France in October, 1989. This camp was a bold initiative by A.S.I. and if Australia is to close the gap on the leading nations in all sports, such experiments should continue. WAIS provided athletes, a coach, sports science personnel and equipment for the camp.

The University of WA (UWA) provides WAIS with access to its sports science laboratory at the Superdrome. While overcrowding is a problem, WAIS is grateful to the UWA's Department of Human Movement and Recreational Studies (D.H.M. & R.S.), for its assistance in this area.

Equipment purchases made by both D.H.M. & R.S. and

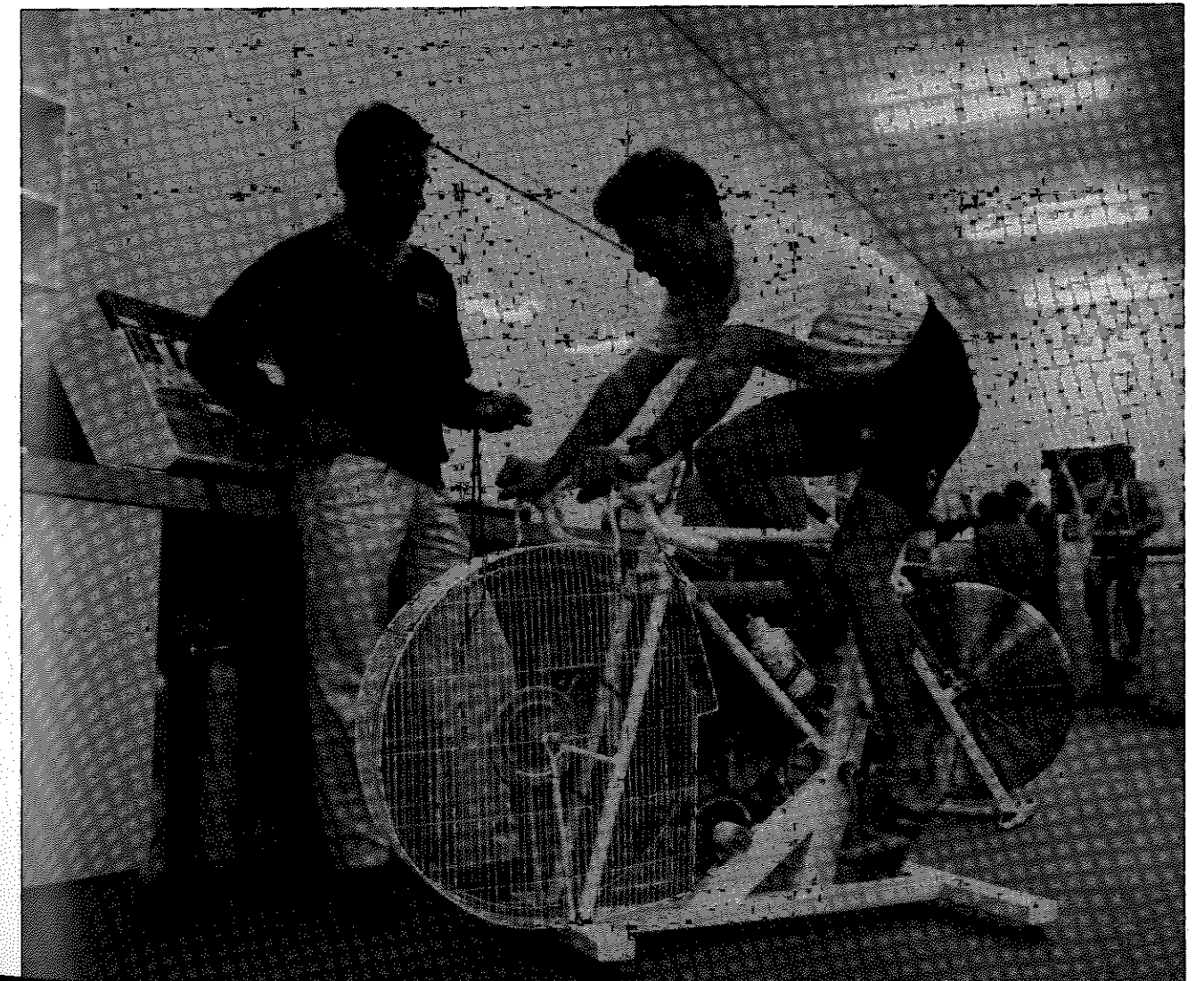
WAIS have ensured WAIS can fulfil its responsibilities to athletes and coaches.

During the year, 110 drug tests were conducted amongst WAIS athletes. All were negative. Dr Tony Galvin conducts and co-ordinates this programme on behalf of WAIS and his assistance is appreciated.

WAIS is also assisting Dr Roslyn Carbon with a research programme into Athletic Amenorrhoea in female athletes.

Lifesport Superdrome's sports injuries clinic provides a very convenient service to a large number of WAIS athletes. WAIS acknowledges the on-going support its athletes receive from the medical fraternity of Western Australia.

Tony Davis prepares for the World Professional Cycling Championships with assistance from Exercise Physiologist, Steve Lawrence.



Making life easier. WAIS scholarship holders with City Beach Senior High School Senior Master, Peter Roberts.



HALL OF CHAMPIONS

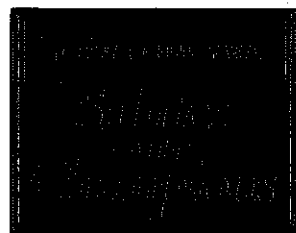
The Western Australian Hall of Champions is a feature of the Superdrome.

Fourteen bronze busts of the Foundation Members greet visitors to the building and the pictorial gallery is an inspiring reminder of the State's rich sporting heritage.

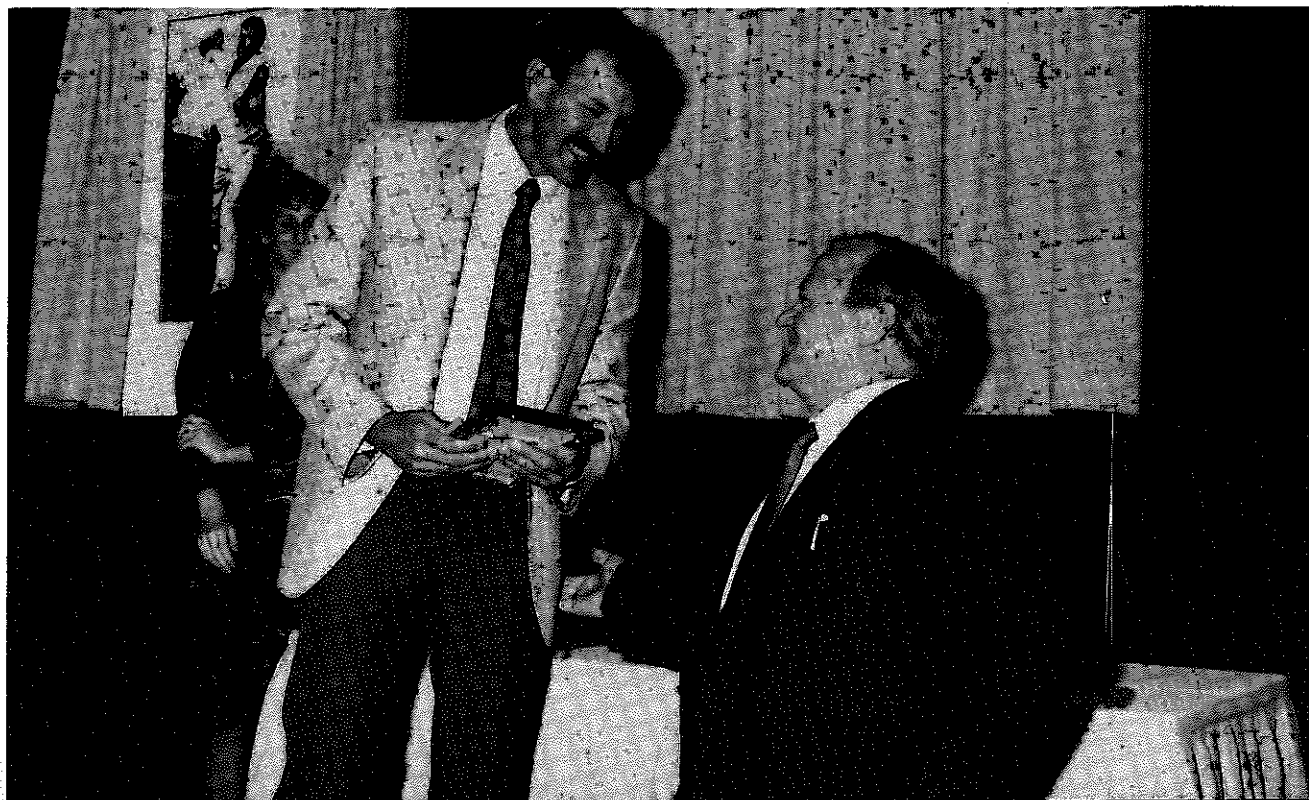
The annual induction of new members to the Hall of Champions is the highlight of WAIS's Annual Dinner. A further five sportspeople were inducted in 1989. They were:

Trevor Bickle	(athletics)
Ray Evans	(hockey)
Jack Sheedy	(Australian football)
Gaye Teede	(netball)
Bruce Yardley	(cricket)

This project is totally funded by Town & Country WA Building Society, whose contribution to sport in WA is outstanding. The West Australian Newspaper generously provides the photographs for the Hall of Champions gallery.



Test cricketer, Bruce Yardley is inducted into the Hall of Champions by the Minister for Sport and Recreation, the Hon. Graham Edwards, M.L.C.



Previous inductees have been:

WESTERN AUSTRALIAN HALL OF CHAMPIONS

Lynne Bates	Merv McIntosh
Trevor Bickle	* Graham McKenzie
* Steele Bishop	* Lyn McKenzie
* Barry Cable	F.G. (Tiger) Moore
May Cambell	Don Morrison
Jerry Dolan	David Neesham
George Doig	Decima Norman
* Herb Elliott	Percy Oliver
Ray Evans	Eric Pearce
* Graham Farmer	Julian Pearce
Brian Glencross	Jack Sheedy
Brian Griffin	Barry Shepherd
* Shirley de la Hunty	Don Smart
Dixie Ingram	Rolly Tasker
John Inverarity	Gaye Teede
Ron Johnson	Ian Tomlinson
Frank Kersley	Frank Treen
John Leonard	* W.J. (Nipper) Truscott
* Dennis Lillee	Barbara Wall
* Walter Lindrum	Bill Walker
* George Moloney	Clive Wilderspin
* Rodney Marsh	* John Winter
* Bob Marshall	Bruce Yardley
Phil Matson	

WAIS-GWN COUNTRY SPORT PROJECT

The Country Sport Project was jointly funded by the regional telecaster, Golden West Network (GWN) and the WA Government.

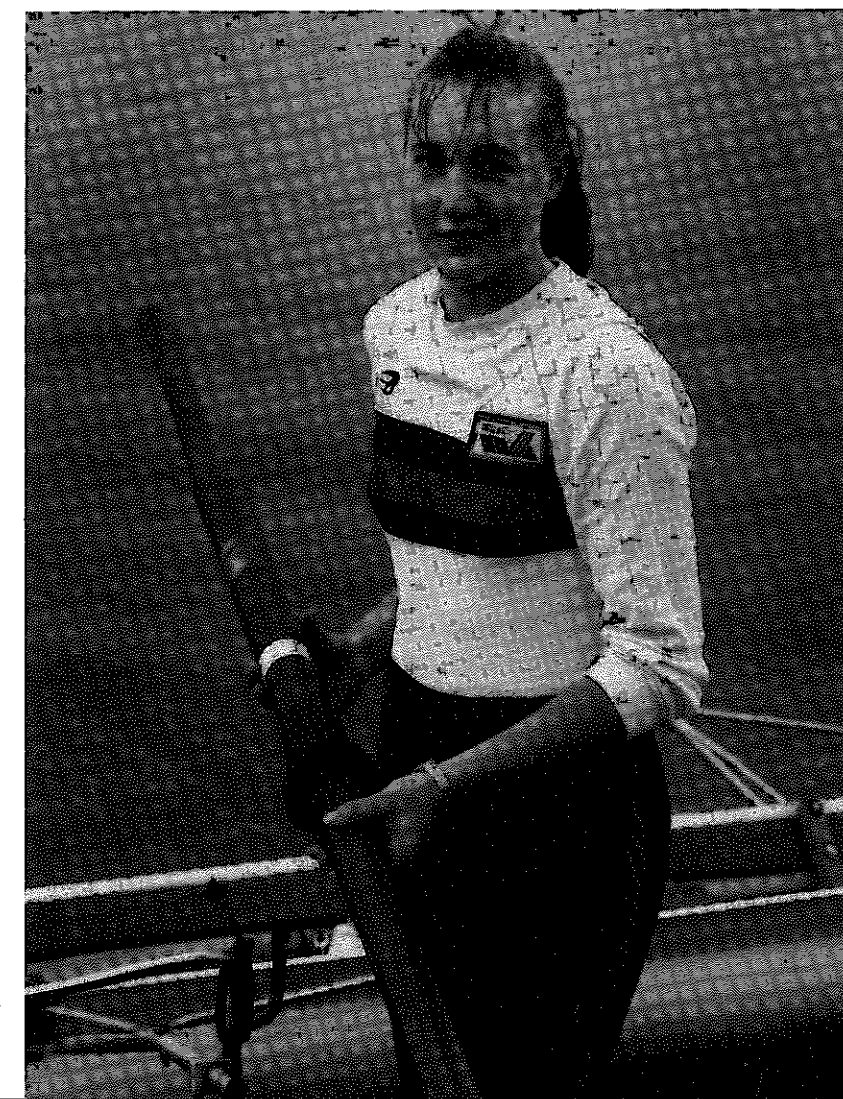
The Project has assisted country athletes to overcome the disadvantages they endure. The Project provides:

1. Funds for travel to competition and coaching.
2. Funds for equipment.
3. Access to facilities.
4. Access to WAIS coaches and specialist personnel.
5. Participation in an interaction weekend.



1989/90 SCHOLARSHIP HOLDERS

Name	Town	Sport
Lana Atherton	Donnybrook	Track & Field
Deanne Bailey	Collie	Hockey
Terri Craven	Ferguson Val.	Swimming
Ken Dann	Geraldton	Surfriding
Troy Davey	Bunbury	Track & Field
Andrew Duff	Australind	Cycling
Wayne Forbes	Bunbury	Wrestling
Shane Fletcher	Pinjarra	Basketball
Glen Francis	Darkan	Track & Field
Darren Gaby	Boulder	Volleyball
Gina Grayson	Denmark	Track & Field
Aaron Johnston	Geraldton	Golf
Simon Jones	Mukinbudin	Basketball
Vikki Launders	Mandurah	Track & Field
Michael Librizzi	Geraldton	Cricket
Anna Lynch	Wyalkatchem	Gymnastics
Leon Moran	Collie	Golf
David Redfern	Mandurah	Swimming
Miranda Sibbra	Baldivis	Swimming
Robert Whitby	Beresford	Track & Field
Kelly White	Busselton	Hockey
Christine Wilson	Three Springs	Volleyball
Kate Woodward	Mandurah	Track & Field



From Jurien Bay to national champion. Emy Snook is an international prospect.

SLEEPMAKER FOUNDATION

Funds from the Foundation are used to assist non-WAIS scholarship holders and scholarship holders who have needs beyond their original allocation.

The funding is generated from the sale of a Dunlop Bedding therapeutic mattress. The mattress is endorsed by the Institute.

Athletes supported by the Foundation in 1989/90 were:

Dean Capobianco	Australian Athletics Championships
Todd Contessi	World Junior Water Polo Championships
Andrea Gaynor	World Cadet Fencing Championships
Ryan Moore	World School Games (athletics)
Craig Peck	Australian Under 19 Baseball Championships
Ryan Peck	Australian Under 19 Baseball Championships

SPORTS PROGRAMMES

Deliberate steps were taken during the year to improve the quality of WAIS's squad programmes. In a co-ordinated approach with the ASC, key sports were identified for priority attention and development programmes from the youngest necessary age to the elite level were initiated. In WA these sports were athletics, basketball, gymnastics, hockey, rowing and swimming.

The programmes were upgraded with coaching appointments and sports science resources.

WAIS was fortunate to gain the services of coaches of international repute including Tudor Bidder (athletics), Stephan Muhlenberg (rowing) and Don Smart and David Bell (hockey).

During 1989/90 WAIS assisted a total of 270 athletes in 25 sports. Fifty seven athletes received individual scholarships.

WE'RE PROUD TO HELP KEEP THE WAIS RUNNING.

And swimming, and stretching, and playing, and researching. We've enjoyed sponsoring the WA Institute of Sport again this year, and wish them well for future success.

**LOTTERIES
COMMISSION**

Millions won. Thousands helped.



WAIS's international coaching connection (L to R) Larry McDonough (gymnastics) U.S.A., Stephan Muhlenberg (rowing) East Germany and Tudor Bidder (athletics) Wales.

ATHLETICS

Head Coach: Tudor Bidder

WA's contribution of four athletes to Australia's Commonwealth Games team of 85 was a major disappointment for the Institute.

Injuries were responsible for several omissions but did not explain others.

The acquisition of leading British coach, Tudor Bidder, will provide a greater level of expertise to coaches and athletes in the immediate future. He will also assist WAIS to apply higher levels of accountability. The construction of a career path for elite athletes and coaches should be a priority for all interested bodies in Western Australia or the State will continue to be viewed as an athletics backwater.

David Anderson and Vanessa Ward salvaged national titles and Dean Capobianco the Stawell. David Anderson overcame a chronic back injury to get to Auckland and regain his national title.

Gift from an otherwise lean season. Ward was the Australian Grand Prix women's champion and she also performed creditably in Europe and Japan.

Renee Poetschka and Shane Cassey both performed well to annexe National Under 20 titles and secure places in Australia's World Junior Games teams.

Perth's Grand Prix produced a significant number of personal bests by local athletes, highlighting the advantages of quality events at home. Both Capobianco and Poetschka shone at this meeting.

During the year Christine Stanton announced her retirement from competition. A triple Olympic finalist, Christine was one of the country's leading athletes for more than a decade and did much to promote the sport in Western Australia.



BASKETBALL

MEN'S

Head Coach: Warren Kuhn
Assistant Coach: Fred Pesqua

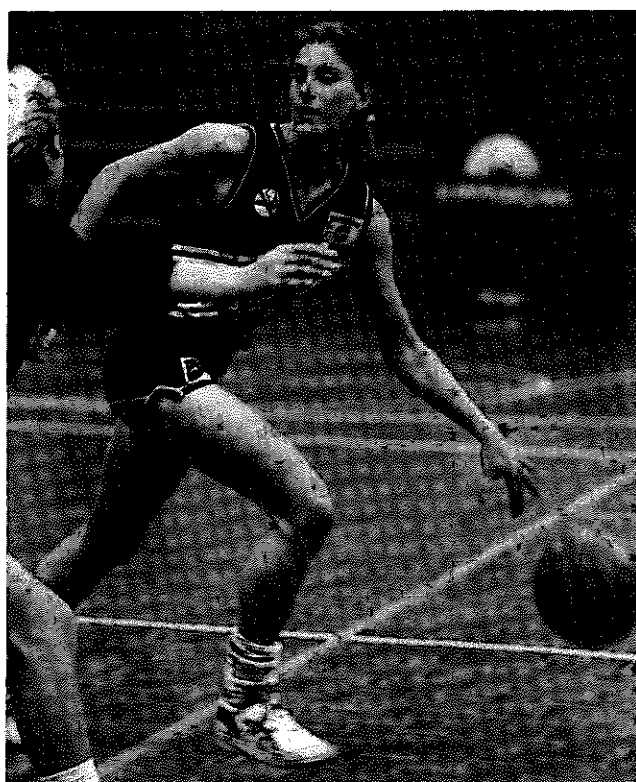
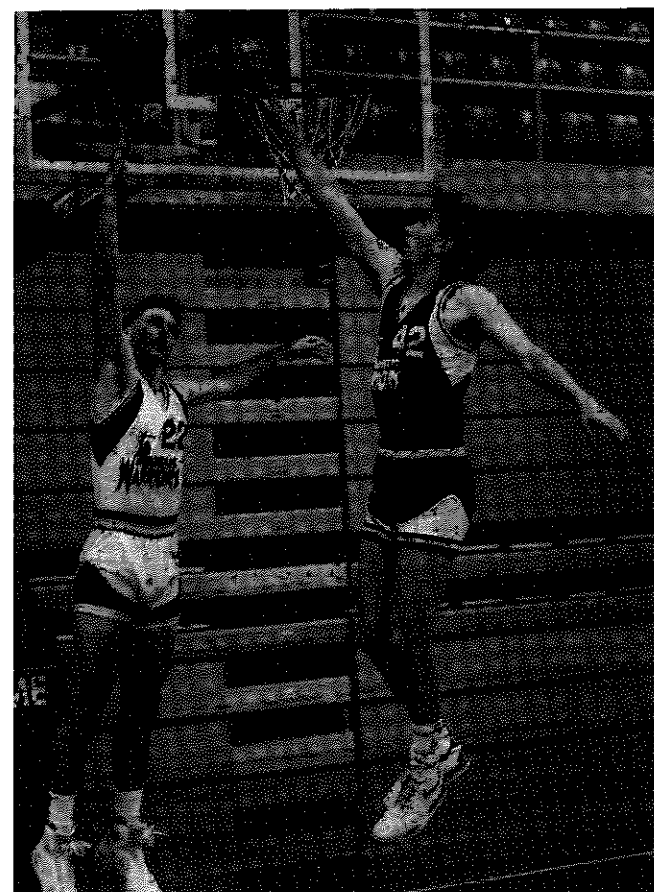
The WAIS Warriors programme is an intensive ten-month programme that combines skills and strength training with high level competition. Restricted to players Under 23, the squad's average age is 18.

The Warriors completed the 1989 State League season in 9th position with a 7 — 15 win-loss record. This was a highly commendable performance in a League that contains many international players.

Ron Fris finished fourth in the League in steals and Tim Feldhusen and Gavin Sarre 9th and 10th respectively in blocked shots. Feldhusen was awarded the inaugural Scott Fenton Memorial Scholarship by the Perth Wildcats.

A significant number of the Warriors squad completed their time with WAIS in 1989 and returned to their clubs. That has left the 1990 squad with new and inexperienced personnel. The squad contains some exciting talent and will become a more competitive unit from its new base at the University of WA in the second year of the programme.

Tim Feldhusen (left) and Jason Thompson benefited from WAIS sponsored trips to the U.S.A.



Australian Under 20 representative, Natasha Bargeus, has matured into a consistent N.W.B.L. performer.

WOMEN'S

Head Coach: 1989 Dave Hancock
1990 Don Sheppard
Assistant Coach: 1990 Sue Harcus

The 1989 Breakers' programme was devastated by a series of events beyond the control of all associated with it.

The tragic death of team member, Tina Christie and the serious injury sustained by captain, Carolyn Watts, were major setbacks and the airline strike prevented the team from completing its playing schedule. However, Jenny Reisner (Australian team), Carolyn Watts (Australian Squad) and Natasha Bargeus (Australian Under 21 team) all achieved significant personal honours.

Changes in the playing and coaching staff occurred before the start of the 1990 season. At the half-way point of the season the Breakers had a 7-7 win-loss record and were pressing for a play-offs berth.

With West Australian's Bargeus, Tanya Fisher and Jenny Marsh now prominent team members, the aim of establishing a career path for local players is being achieved. The experience and skills of imported players such as Leteia Hughley and Watts continues to be an asset.

Fitness standards have now been clearly defined and the establishment of a development squad should further assist this programme.

BASEBALL

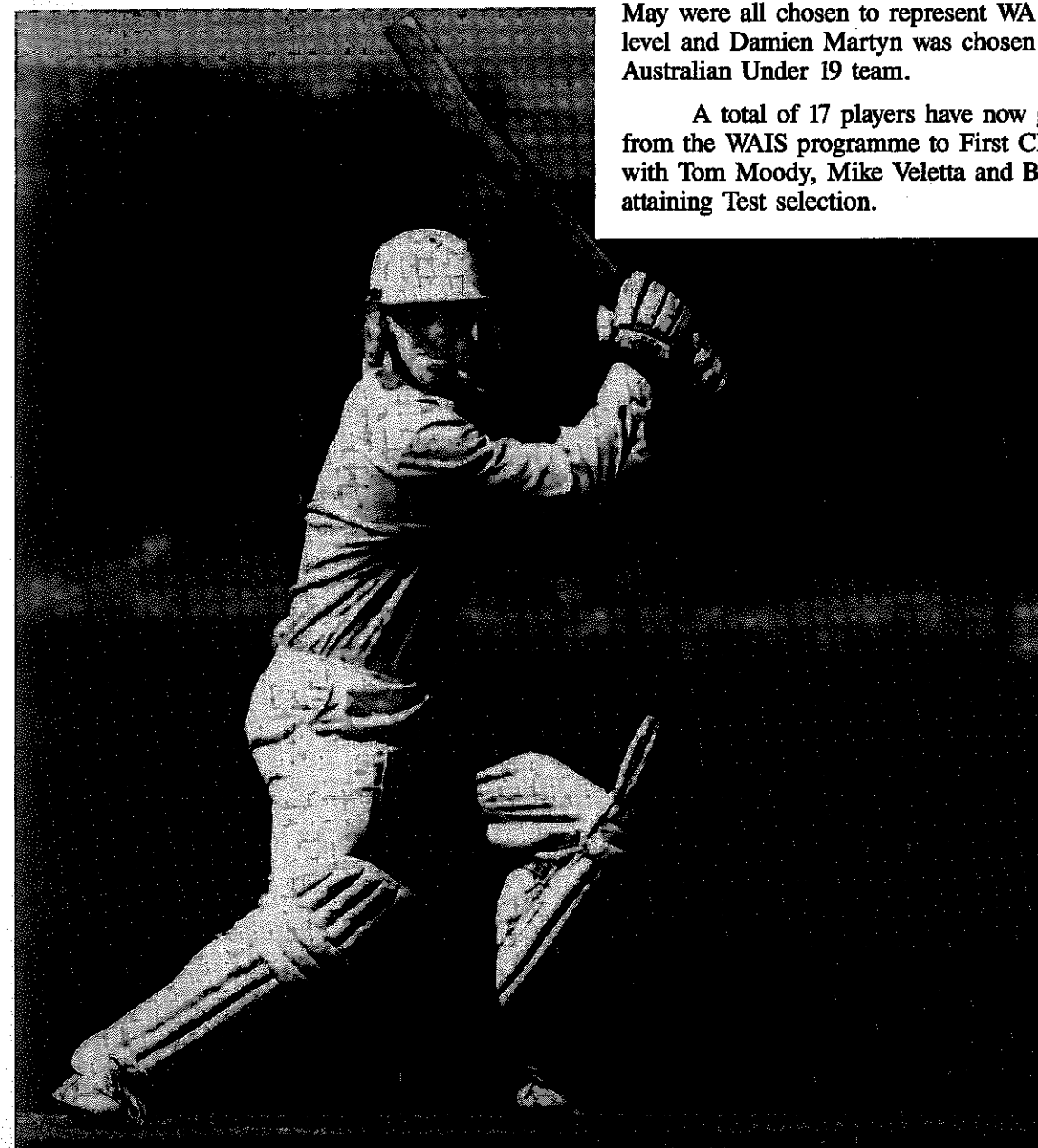
Head Coaches: Chuck Sloman, Ken McGee
Assistant Coaches: Tony Adamson, Graham Ward, Tom Moore, Kevin Driscoll, Dave Rusin

This programme is a ten-week off-season programme that includes individual instruction and intra-squad games. A team was also entered in The Australian Baseball Federation's Development Squad Friendship Series.

The programme has expanded from a pitching and catching squad to incorporate all positions and facets of the game.

It continues to provide a good stream of talent to the Perth Heat and Scott Metcalf, Rick Gozzi, Stuart Harben and Lyall Barwick were all chosen in the Australian Under-19 team.

The runs came readily for Australian Under 19 representative, Damien Martyn.



CRICKET

Head Coach: Craig Serjeant
Specialist Coaches: Bruce Yardley, Dennis Lillee

The cricket programme continues to play an important role in the W.A.C.A.'s elite development programme.

Based on the State Colts squad (Under 23), the programme includes skills coaching, physical capacities testing and a competition programme. The Head Coach has noted in his report the need to improve the players' cricket knowledge and this aspect will be addressed in future programmes.

The six-week off-season training phase was complemented by a three-game tour by the A.I.S. Cricket Academy. WAIS earned a draw in the four-day game, was defeated in the one-day game and then re-grouped to win a two-day fixture in Geraldton.

During the season Steve Russell, Chris Mack, Brendan Julian, Mark Palmer and Mathew May were all chosen to represent WA at senior level and Damien Martyn was chosen in the Australian Under 19 team.

A total of 17 players have now graduated from the WAIS programme to First Class level, with Tom Moody, Mike Veletta and Bruce Reid all attaining Test selection.

CYCLING

Although small in number, the WAIS cycling scholarship holders continue to make an impression both at home and overseas.

Through her performances in Europe in 1989, Jacqui Uttien has established herself as one of Australia's most talented road riders. She placed well in the Tour of Italy (16th) and was the leading Australian in the Tour de France when forced out of the race through injury. Jacqui was unlucky not to be chosen in the Commonwealth Games team.

Tony Davis turned professional early in 1990 and immediately claimed the Australian Professional Individual Pursuit title. Davis will contest that event at the World Championships in August.

Tim Willing is the latest young rider to emerge and he showed the benefit of a season in Europe by winning the Oceania Games Junior Points Score title in Tasmania.



A bold move to ride in France looks like paying off for Tim Willing.

Golden West Network
are proud to support the
Western Australian
Institute Of Sport.

Serving regional Western Australia.

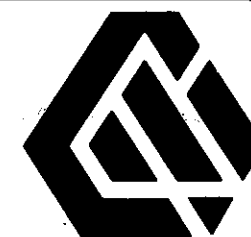
GOLF

WA's women golfers set the standard in the sport during the year by winning the Australian Teams title (the Gladys Hay Memorial Cup) for the first time.

Three of the team, Ericka Maxwell, Shani Waugh and Sarah Gautrey were chosen in the Australian squad and Gautrey was subsequently chosen to make her international debut in the Queen Sirikit Cup. That debut was impressive. Australia finished second, largely as a result of Gautrey's third placing in the individual event. Gautrey also won the State Amateur title for the first time.

Chris Gray continued to emerge as a player of international potential. He won the State Amateur and Foursomes titles, the New Zealand Foursomes title, he was the second amateur in the South Australian Open and the fourth amateur in the Australian open.

Stephen Leaney was runner-up to Gray in the State Amateur title. He was the leading amateur in the WA Open (second overall) and between 1989-90 completed three national teams events undefeated (two junior and one senior).



Coles Myer Ltd.

**Proud to be a Sponsor of the
W.A. Institute of Sport**

MYER

COLES New World

Smart
YOUR SAVING PLACE

Target.

GYMNASTICS

MEN'S ARTISTIC

Head Coach: Lindsay Nylund

While the aims of this programme are long term, it has established itself as a national pacesetter in the sport.

The programme is aiming at providing Australian senior representatives from 1993 onwards and is recognised as the leading junior programme in the country. Athletes from the sub-junior group (6-8 years) to the elite level train for up to 32 hours per week and benefit from an integrated approach to their education and sporting careers.

Grant Carlyon and Werner Birnbaum both represented Australia in the 1989 World Championships and Carlyon was unfortunate not to be chosen in the Commonwealth Games team. Damien Norris was the national Under 18 all-round champion. The retirement of the two senior gymnasts will leave a big gap in the programme.

The commitment of the Head Coach and his staff ensures the future success of this squad.

WOMEN'S ARTISTIC

Head Coach: Larry McDonough
Coach: Liz Chetkovich

The WAIS women's programme continues to make a substantial contribution to Australia's rapidly improving international status.

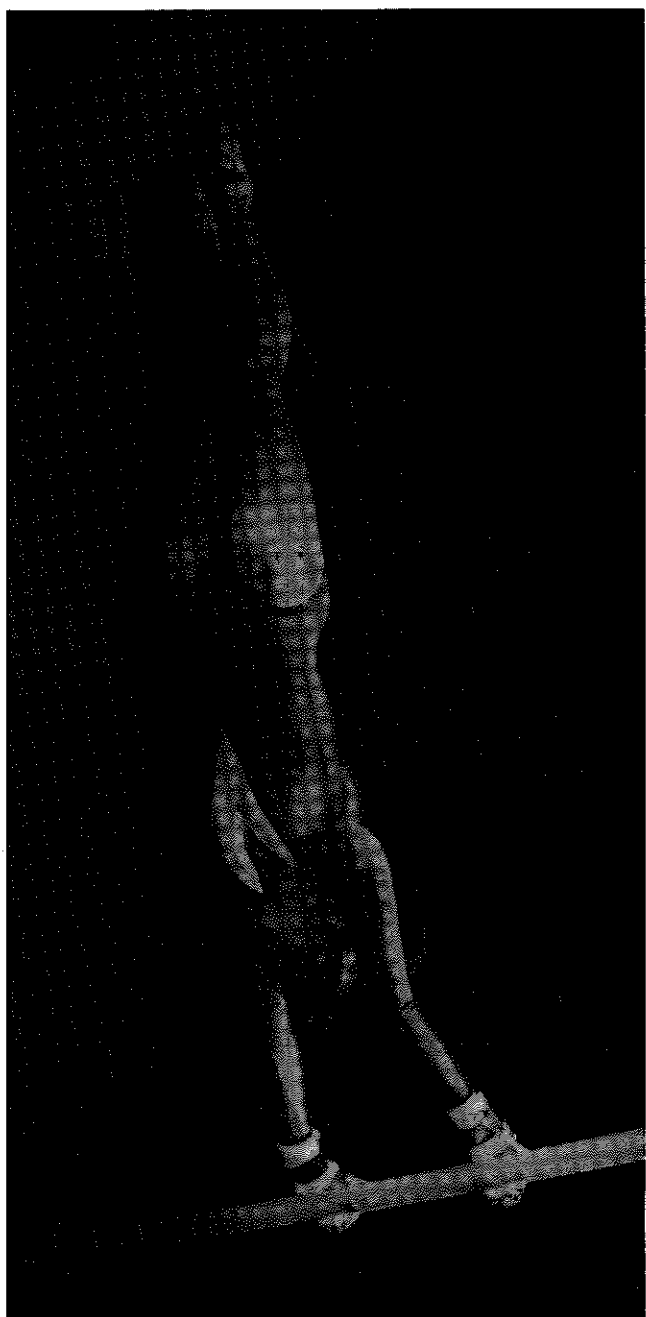
The programme caters for all levels of elite development from the age of six to international standard. Six girls are currently preparing for the 1992 Olympics, 14 for 1996 and six for 2000. Since the squad's development the elite girl's scores have improved from an average of 9.0 points to 9.6 points per apparatus.

As with the men's programme, the girls benefit from the support of the City Beach High and Floreat Primary Schools.

During the year Michelle Telfer won silver and bronze medals at the Commonwealth Games. Sallyanne Hargrave finished tenth all-round in the Cottbus Cup (East Germany), the highest ranking by an Australian on the World Cup circuit this year. She completed a spectacular year by winning the Australian title, the first non-A.I.S. athlete to do so. Jane Warrilow's 9.812 vault at the National Championships equalled the best-ever score by a WA gymnast (Michelle Telfer - Uneven Bars, Auckland).

Four Australian representatives, Jenny Clack, Sasha Harnett, Trudi Nurse and Michelle Saliba retired during the year. These girls provided an

outstanding foundation on which the programme can develop. That it remains as influential as it does is testimony to the outstanding early work done by Liz Chetkovich and the success of her coaching partnership with Larry McDonough.



Sallyanne Hargrave recovered from a broken leg to become the first non AIS athlete to win the national title since 1981.

HOCKEY

MEN'S

Head Coach: 1989 Terry Walsh
1990 David Bell

The appointment of former national captain, David Bell, was a major development in 1990. Bell succeeded Terry Walsh, who accepted the position of coach of the Malaysian national team.

Bell's appointment will allow the construction of a total elite development system that will feed to the State senior team (WAIS Sabres).

The programme is now a year-long build-up to the National Championships and incorporates fitness programmes, skills training, match play and game analysis.

The State team disappointed in 1990 when it failed to make the semi-finals of the Australian Championships. Subsequent reviews of that performance suggest player attitudes rather than a lack of talent may have been the problem.

The squad contested the A.I.S. night series and played fixtures against visiting teams from overseas. It salvaged some pride by defeating Victoria in the annual State-of-Origin match.

Four players, Craig Davies (captain), Warren Birmingham (vice captain), Dean Evans and Greg Corbitt were members of the Australian team that finished third in the World Cup.



WOMEN'S

Head Coach: Don Smart

The task of maintaining the State's remarkable record in women's hockey is a daunting one. But 1989/90 brought further individual honours and another national title.

Don Smart, who became the programme's full-time coach in March, 1990, has placed great emphasis on improving individual skills. This emphasis, together with his rapport with the players has stimulated a squad that could have easily become complacent.

The continuing development of internationals, Jackie Pereira and Rechelle Hawkes, were bonuses to the State and national teams and the inclusion of two younger players, Katie Starre and Helen Longson, in the national squad was a direct result of the one-on-one coaching Smart's full-time role has permitted.

Sharon Buchanan (captain), Lee Capes, Sally Carbon, Pereira and Hawkes were members of Australia's World Cup team that won a silver medal. Six girls were chosen in the Australian Under 21 team. There were Jodie Faithful (captain), Sarah Pugsley, Kylie Williams, Simone Tate, Katie Starre and Helen Longson.

WA's 4-1 victory over Queensland in the final of the national championships, was a clear reflection of the State's dominance in this sport. Pereira's 17 goals for the tournament was a remarkable performance, surpassed only by the legendary May Pearce's 20 goals in 1938.

Continuing W.A.'s imposing hockey record, Australian captains Craig Davies and Sharon Buchanan.

NETBALL

Head Coach: Elisma Merillo
Assistant Coach: Jenny Goudas

A comprehensive three-phase training and competition programme was designed with the purpose of developing competitive State Open and Under 21 teams. The eventual aim is to establish WA as the premier netball State.

The programme begins in mid-January and culminates with the national championships. It includes individual fitness and skills development and team dynamics. It also includes participation in the National Super League (WAIS Gold) and international matches.

WAIS Gold coach, Elisma Merillo (2nd from left) instilling new plans and standards on court for W.A.



WAIS Gold completed the National League season with a 1-4 record and missed the play-offs. The team's best performance during the year was a narrow 2-goal loss to England (29-27) in a shortened fixture. The team lost a similar fixture to the National team 49-21.

Sally Ironmonger was WA's sole Australian representative during the year. Her determination to overcome a serious leg injury was exemplary.

The W.A.N.A.'s initiative in establishing a State League was a highly significant development and it is to be hoped that this competition becomes the primary domestic tournament.

AUSTRALIAN AIRLINES

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"You should see us now!"

ROWING

Head Coach: Tim Willoughby

The heavyweight men's programme was one of WAIS's success stories in 1989/90.

A full training programme was initiated with a view to establishing a competitive Kings Cup crew. The strength and endurance of the squad improved markedly as the season progressed and was closely monitored by the sports science staff.

An eventual second placing in the Kings Cup was an outstanding result.

The success of this programme was due largely to the enthusiasm and commitment of Tony Lovrich. His personal example was rewarded with his selection in the Australian team for the World Championships.

Hugh Baird was also chosen in the Australian team and he contested the Trans Tasman Series. Tom Warner and Greg Kerr won the National Senior B pairs title.

The lack of a lightweight programme resulted in Rob Dallimore accepting a scholarship at the South Australian Sports Insitute.

The WAIS women's programme collapsed during the year when Emy Snook, Josslyn Else, Paula Matthews and Alix Clark all moved interstate. Snook and Else both gained Australian selection.

The acquisition of East German Olympic coach, Stephan Muhlenberg, will be a great boost to the sport in WA. As Head Coach of the WAIS programme, Muhlenberg will oversee the coaching of all State squads and will be involved in the hands-on coaching of the elite athletes.

A rowing resurrection. W.A.'s youthful Kings Cup crew exceeded expectations.



SWIMMING

Head Coach: WAIS Superdrome
Gerry Stachewicz
Assistant Coach: WAIS Superdrome
Greg Rochowczyk
Head Coach: WAIS Aquacub
Bernie Mulroy

The emergence of Ian Brown as a world class swimmer and the appointment of two further full-time coaches were the highlights of WAIS's year in swimming.

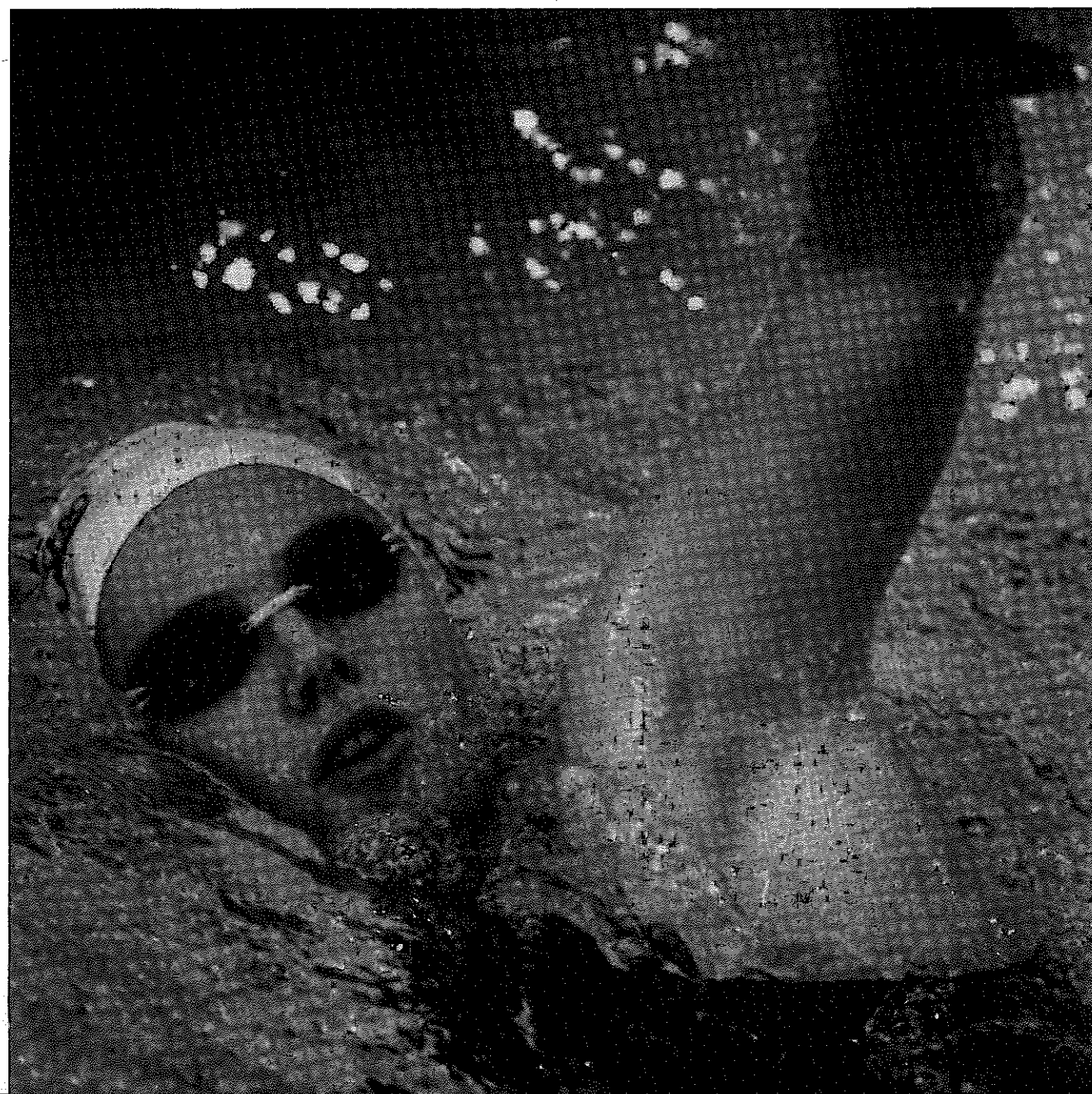
Swimmers provided eight of WAIS's 14 Commonwealth Games medals and Brown's performance in winning the 400 metres freestyle catapulted him into the top six in the world. Thomas Stachewicz took his tally of Commonwealth gold medals to 4 and Nicole Redford showed great courage and tenacity to snatch a bronze medal in the 200 metres butterfly.

The provision of a full-time salary for Aquacub Head Coach, Bernie Mulroy should enhance that programme and is an extension of the WAIS - W.A.S.A. policy to assist coaches who have a full-time commitment to elite swimming.

Australian Swimming Incorporated's (A.S.I.) decision to experiment with high altitude training was a bold and innovative move. WAIS was pleased to participate in that programme through the provision of athletes and coaching and sports science expertise. If Australia is to gain on the rest of the world, such experiments are essential.

The World Championships in Perth in January, 1991, are the next major challenge for WAIS scholarship holders.

Nicole Redford's hard work was rewarded in Auckland.



VOLLEYBALL

WOMEN'S
Head Coach: Trevor Williams
Head Coach: Richard Barna

MEN'S
Head Coach: Greg Blight
Assistant Coach: Phil Borgeaud

The WAIS Arrows have not been as competitive as a team in 1990 as previously, which is a reflection, to a degree, of the success of the programme. Several of the State's leading players sought overseas competition in an endeavour to further their careers.

Despite the difficulties encountered, the Arrows won the silver medal at the 1989 Australian Championships. Mandy Combes was voted Best Setter and Anita Palm Best Receiver. Seven players were included in the National Squad and Narelle Just was awarded a college scholarship in the U.S.A. Five players were also selected in the National Junior Squad.

There is now a need to develop younger players and it is important that those players be as committed as the senior players they have replaced.

The WAIS Raiders is a very successful programme at the national level. The commitment of the coaches and the squad members has ensured high fitness and player standards have been achieved.

The Raiders fourth placing in the 1989 National Championships was not a true indication of the team's ability. Its third placing in the Hornbill Cup in Sarawak was a more appropriate result. Keiren Cranley won the Best Blocker Award at the Australian Championships.

Phil Borgeaud and Greg Blight were appointed as coaches to the A.I.S. centralised programme. The appointment of an American coach, Blase Czerniakowski, should help overcome the short term difficulties created by these appointments.

The squad will aim to re-establish itself nationally and continue to exploit competitive opportunities in South East Asia.

WATER POLO

Head Coach: Jim Gerritzen
Assistant Coaches: Haydn Jackson
Richard Pengelley

second in the National League on goal aggregate. They were a creditable third in the National Championships. The State Under 20 team won their national title.

Andrew Taylor, Glen Townsend and Paul Oberman all represented Australia at senior level and Allan Taylor, Todd Contessi and Oberman were chosen in the Australian Junior team.

A genuine national league should be a priority for the Australian Water Polo Association and its development will be watched with interest.

The senior team (WAIS Torpedoes) finished



Brothers, Alan (left) and Andrew Taylor both represented Australia in 1989/90.

OTHER SPORTS

Scholarships were also awarded in archery, badminton, canoeing, disabled sports, diving, fencing, ice speed skating, pistol shooting, squash, surfboard riding and yachting.

Three of WA's most highly ranked athletes in the international arena are almost lone figures in their sport locally.

While major squash championships continue to elude **Robyn Lambourne**, she refuses to take a backward step in the world rankings. Her consistency had her at 4 in June with the World Championships in October, a realistic goal.

Few Australian athletes in any sport can match the spectacular movement of ice-speed skater, **Richard Nizielski**. Nizielski leapt from 49th in the world to 11th in 1990, claiming the Dutch sprint title on the way.

Pistol shooter, **Ben Sandstrom**, was another WAIS high achiever during the year. His medal haul of 2 gold and 2 silver was the best by a West Australian at the Commonwealth Games. He has been remarkably consistent in the recent years and can look forward to Barcelona optimistically.

Two of the country's outstanding prospects have emerged in lower profile sports. Archer, **Deonne Bridger** and diver, **Vyninka Arlow**, are now world ranked junior competitors who are destined for senior honours.



Robyn Lambourne — number 4 in the world and still improving.

ASSOCIATE SCHOLARSHIPS

Three former WAIS scholarship holders are now making their mark on the international scene in professional sports.

Jenny Byrne (tennis), Craig Parry (golf) and David Macaulay (surfriding) all voluntarily surrendered their scholarships when their earnings exceeded their expenditure. Associate Scholarship holders have access to WAIS's resources and personnel but don't receive funding.

Parry and Macaulay enjoyed outstanding success in 1989/90.

Associate Scholarships: Jenny Byrne
Craig Parry
David Macaulay



Craig Parry

David Macaulay

APPENDIX (I)

WAIS COMMONWEALTH GAMES REPRESENTATIVES

ATHLETICS

ANDERSON David
FRENCH Vanessa
KEEN Murray
WARD Vanessa

BADMINTON

KONG Paul (withdrew due to injury)

DIVING

TRAIL Tiffanie (withdrew due to injury)

GYMNASTICS

CARLYON Grant (Travelling Reserve)
TELFER Michelle
OBREMSKI Heather
WARRILOW Jane (Travelling Reserve)

PISTOL SHOOTING

SANDSTROM Bengt

SWIMMING

ALESSANDRI Fiona
BRODERICK Leah
BROWN Ian
REDFORD Nicole
STACHEWICZ Thomas

APPENDIX (II)

WAIS SCHOLARSHIP HOLDERS

ARCHERY

GREENHAM Grant
BRIDGER Deonne

ATHLETICS

ACRES Barry
ANDERSON David
BROADRICK Suzanne
BULT Malcolm
CAPOBIANCO Dean
CASSEY Shane
FRENCH Vanessa
HIGHLAND James
JEPS Michael
KEEN Murray
MALAXOS Suzanne
PAINI John
POETSCHKA Renee
STANTON Christine
THANOS Michael
WARD Vanessa

BASEBALL

BARWICK Lyall
BERINGER Craig
BYRNE Clayton
COLEMAN David
EDMONDSON Gavin
EDWARDS Cameron
FITZGERALD Mark
GOZZI Rick
GREENHAM Michael
HARBEN Craig
HARBEN Stuart
JOHNSON Grant
JOHNSON Steve
KENDRAY Andrew
KENNEY Michael
LINDBERG Fred

LONG Ryan
McNALLY Andrew
METCALF Scott

MOYLE Leigh
PECK Craig
PECK Ryan
RENTON Wayne
ROGALOSKY Sam
SHEPPARD Aaron
SIMMONS Darren
VAN DER WILK Christian

BASKETBALL (MEN)

CLARKE Troy
COUNSEL Bradley
FELDHUSEN Jeremy
GOUTEFF Michael
GOUTEFF Paul
HUGHES David
KEMPTON Richard
LYNCH Bradley
NEWELL Adrian
RANSON Craig
THOMPSON Adrian
TURNER Greg
VAN DER PUTTEN Gavin
WILLIAMS Mark

BASKETBALL (WOMEN)

BARGEUS Natasha
BEDFORD Jenny
BEHA Jenny
DEMPSTER Dianne
FISHER Tanya
HUGHLEY Leteia
HOTCHIN Clare
JOSE Linda
MARSH Jenny
MAY Sharyn
MITCHELL Gillian
PETTERSEN Amy

PROSSER Peta
SHEPPARD Meredith
WATTS Carolyn

CANOEING

ANDERSSON Ramon
POND Michael

CRICKET

(TRAINING SQUAD)
BROADBRIDGE Michael
BURNS Dale
FRAYNE Simon
GASCOIGNE Darren
GOODHEART Scott
JOHNSON Brett
KELLY Robert
LAVENDER Mark
MARTYN Damien
McKENZIE Paul
QUINN-SCHOFIELD Justin
REES Gavin
SOLLY Dean
SPENCER Duncan
STEWART Jamie
THOMPSONS Doug
VIRGO David

(TEAM v AIS)

ANGEL Jo
BRINDLEY Peter
FRAYNE Simon
JOHNSON Brett
KELLY Robert
LAVENDER Mark
PALMER Mark
PIROMALLI Joe
RUSSELL Steve
SOLLY Dean
STEWART Jamie
THOMPSONS Doug

APPENDIX II CONTINUED

CYCLING

DAVIS Tony
KINAHAN Fergal
LEYBOURNE Chris
POYNER Matthew
UTTIEN Jacqui
WILLING Tim

DISABLED

KNOX Susan
LEE Simon
WALLRODT Bruce

DIVING

ARLOW Vyninka
TRAIL Tiffanie

FENCING

OLINS Michelle

GOLF (MEN)

GRAY Chris
LEANAY Stephen
MILLS Tony

GOLF (WOMEN)

BISHOP Joanne
CROUCH Donna
GAUTREY Sarah
MAXWELL Ericka
WAUGH Shani

GYMNASTICS
(MEN'S ARTISTIC)

BIRNBAUM Werner
CARLYON Grant
COOPER Bryan
GRIGSON Daniel
JOHNSON Corey
KOULOVI Jade
MAND Brendan
MASON Justin
NORRIS Damien
THOMAS Marc
WILLIAMS Gareth

GYMNASTICS

(WOMEN'S ARTISTIC)

CLACK Jennifer
GIBBS Tracey
GYSEN Brooke
HARGRAVE Sallyanne
NURSE Trudi
TELFER Michelle
THOMPSON Narelle
WARRILOW Jane

GYMNASTICS

(WOMEN'S RHYTHMIC)

OBREMSKI Heather

HOCKEY (MEN)

ALBRECHT Damien
ANDREW Tim
ARMITAGE Paul
BESTALL John
BIRMINGHAM Warren
BOTT Geoff
CORBITT Greg
DAVIES Craig
EVANS Dean
GILES Darryl
HASELHURST Geoff
HASELHURST Peter
RICE Craig
KERMODE Peter
MITTON Grant
PARKER David
STIMSON Gordon
TAYLOR Chris

HOCKEY (WOMEN)

BRINDLEY Raelene
BUCHANAN Sharon
CAPES Lee
CARBON Sally
DOYLE Audrey
FAITHFULL Jodie
HAWKES Rechelle
HILLAS Lorraine
KAAKS Angela
KELLY Troy
LAMBERT Laurie
LONGSON Helen
MALONEY Kathy
MARSDEN Karen
PARKER Carolyn
PEREIRA Jackie
STARRE Katie
WILLIAMS Kylie

ICE SPEED SKATING

NIZIELSKI Richard

NETBALL

ABORDI Denise
CARTER Helen
CUMMINS Erin
FISHER Anne
GOUGOULIS Sue
HEGNEY Ruth
IRONMONGER Sally
JARROTT Sharon
JONES Jenny
MARDON Chelsey
McGOWAN Jodie
McMANUS Liz
MUENCHOW Leona
OBAL Melinda
SLOAN Julie Ann
SOMERS Robyn
STONE Beverley

PISTOL SHOOTING

SANDSTROM Bengt

ROWING (MEN)

BAIRD Hugh
CLARK Ian
DALLIMORE Rob
HUTTON Bill
KERR Greg
LOVRICH Tony
SCOOK Terry
SUMICH David
WARNER Tom
WHITE Josh

SQUASH

HOPPS Amanda
LAMBOURNE Robyn

SURFBOARD RIDING

BRANSON Matt
PALMATEER Josh

APPENDIX (II)

SWIMMING

ALESSANDRI Fiona
BRODERICK Leah
BROWN Ian
LEE Paul
MOORE Catherine
REDFORD Nicole
STACHEWICZ Thomas

TENNIS

MARIK Angie

VOLLEYBALL (MEN)

BORGEAUD Phil
BURDIN Andrew
BROWN Glen
CRANLEY Keiran
CRANLEY Travis
DURRANT Joel
LAMB Jason
McINTYRE Craig
PETROU George
PETSOS Steve
PROSSER Julian
PURSEY Grant
SMITH Paul
STAPFF Chris
TUCEK Mark
WEBB Dennis

VOLLEYBALL (WOMEN)

CARPENTER Janine
CLINCH Donna
COMBES Mandy
DUNCAN Katie
GREEN Melissa
HUYGENS-THOLEN Annette
NEILSON Jill
NORMAN Cathy
PALM Anita
STEINPREIS Michelle
STRANG Beth
STRATON Sarah
WILLCOCKS Lisa
WILSON Christine

WATER POLO

ALLAN Jude
ARANCINI Peter
CHILDS Damon
CONTESSI Todd
HOPKINS Bradley
HOPKINS Michael
KELLY Tom
KEARSLEY Jamie
LEAVY David
MARTIN Steven
MORRELLI Gerard
MORRELLI Ron
NEESHAM Robert
OBERMAN Paul
PENDELLEY Richard
POWERS Ray
RYAN Bradley
RYAN Craig
SAROLEA Adrian
TAYLOR Andrew
TAYLOR Allan
TOWNSEND Glen
YACHTING
ELDRID Paul

APPENDIX (III)

WAIS AUSTRALIAN REPRESENTATIVES

ARCHERY

BRIDGER Deonne
1989 Asia Cup
European Junior Championship
— England.

GREENHAM Grant
1989 World Target Championships
— Switzerland

ATHLETICS

BROADRICK Sue
World Cup — Spain

CASSEY Shane
Triangular Junior International —
Japan

JEPS Michael
Triangular Junior International —
Japan

POETSCHKA Renee
Triangular Junior International —
Japan

BASEBALL

BARWICK Lyall
World Youth Series — Canada
GOZZI Rick
World Youth Series — Canada

HARBEN Stuart
World Youth Series — Canada
METCALF Scott
World Youth Series — Canada

BASKETBALL (WOMEN)

BARGEUS Natasha
World Junior Championships —
Spain

CRICKET

MARTYN Damien
Under 19 England Test Series —
Australia

CYCLING

UTTIEN Jacqui
Tour de France
WILLING Tim
Oceania Games — Tasmania

DIVING

ARLOW Vyninka
World Age Championships —
Spain

GOLF (MEN)

GRAY Chris
Malaysian Amateur
Championships
New Zealand Amateur
Championships

GOLF (WOMEN)

GAUTREY Sarah
Queen Sirikit Cup — Hong Kong
MAXWELL Ericka
Tasman Cup — Perth

GYMNASTICS
(MEN'S ARTISTIC)

BIRNBAUM Werner
World Championships — West
Germany

APPENDIX III CONTINUED

CARLYON Grant
World Championships — West Germany

GYMNASTICS (WOMEN'S ARTISTIC)

CLACK Jenny
World Championships — West Germany

HARGRAVE Sallyanne
World Cup USSR and East Germany

TELFER Michelle
World Championship — West Germany

World Cup — USSR and East Germany

WARRILOW Jane
World Championships — West Germany

World Cup — USSR and East Germany

GYMNASTICS (RHYTHMIC)

OBREMSKI Heather
World Championships — Yugoslavia

HOCKEY (MEN)

BESTALL John
European Tour — West Germany, England

BIRMINGHAM Warren
European Tour — West Germany, England

World Cup — Pakistan, BMW Tournament — Holland

CORBITT Greg
World Cup — Pakistan

BMW Tournament — Holland

Junior World Cup — Malaysia

DAVIES Craig
European Tour — West Germany, England

World Cup — Pakistan

BMW Tournament — Holland

EVANS Dean
European Tour — West Germany, England

World Cup — Pakistan

BMW Tournament — Holland

HASELHURST Peter
European Tour — West Germany, England

MITTON Grant
European Tour — West Germany, England

PARKER David
Junior World Cup — Malaysia

TAYLOR Chris
Junior World Cup — Malaysia

HOCKEY (WOMEN)

BUCHANAN Sharon
Champions Trophy — West Germany

USA Tour
Holland Test Series — Australia, Korean Test Series — Australia,

World Cup — Australia

CAPEES Lee
Champions Trophy — West Germany

USA Tour
Holland Test Series — Australia, Korean Test Series — Australia,

World Cup — Australia

CARBON Sally
Champions Trophy — West Germany

USA Tour
Holland Test Series — Australia, Korean Test Series — Australia,

World Cup — Australia

HAWKES Rechelle
Champions Trophy — West Germany

USA Tour
Holland Test Series — Australia, Korean Test Series — Australia,

World Cup — Australia

PEREIRA Jackie
Champions Trophy — West Germany

USA Tour
Holland Test Series — Australia, Korean Test Series — Australia,

World Cup — Australia

KAACKS Angela
Champions Trophy — West Germany

USA Tour
Holland Test Series — Australia

ICE SPEED SKATING

NIZIELSKI Richard
Dutch Open Championships — Holland

World Indoor Championships — Holland

North American Indoor Championships — Canada

NETBALL

IRONMONGER Sally
England and New Zealand Series — Australia

PISTOL SHOOTING

SANDSTROM Bengt
New Zealand National Championship
World Cups — West Germany, Switzerland

ROWING

BAIRD Hugh
Trans Tasman Challenge — New Zealand

SWIMMING

ALESSANDRI Fiona
Pan Pacific Games — Japan

BRODERICK Leah
Pan Pacific Games — Japan

MOORE Catherine
Pan Pacific Games — Japan

REDFORD Nicole
Pan Pacific Games — Japan

STACHEWICZ Thomas
Pan Pacific Games — Japan

TENNIS

MARIK Angie
Nations Cup (Junior) — Belgium

VOLLEYBALL (MEN)

BORGEAUD Phil
Asia Pacific Cup — Japan

Asian Mens Championships — South Korea

CRANLEY Keiran
Asia Pacific Cup — Japan

Asian Mens Championships — South Korea

DURRANT Joel
Australia Cup — Australia

PETROU George
Indonesian National Junior Championships

PETSOS Steve
Indonesian National Junior Championships

PURSEY Grant
Indonesian National Junior Championships

APPENDIX III CONTINUED

VOLLEYBALL (WOMEN)

CLINCH Donna
World Challenge Cup — Spain

COMBES Mandy
Asian Championships — Hong Kong

World Challenge Cup — Spain

NORMAN Cathy
Asian Championships — Hong Kong

PALM Anita
Asian Championships — Hong Kong

World Challenge Cup — Spain

HUYGEN THOLEN Annette
Asian Championships — Hong Kong

World Championships — Spain

WILLCOCKS Lisa
National Thailand Championships

WILSON Christine
National Thailand Championships

WATER POLO

CONTESSI Todd
World Junior Championships — France

OBERMAN Paul
Goodwill Games — USA

World Junior Championships — France

TAYLOR Allan
World Junior Championships — France

TAYLOR Andrew
Goodwill Games — USA

TOWNSEND Glen
Goodwill Games — USA

APPENDIX (IV)

WAIS MAJOR TITLE WINNERS

ARCHERY
BRIDGER Deonne
Australian Junior Target Champion

ATHLETICS
ANDERSON David
Australian High Jump Champion
CASSEY Shane
Australian U20 Triple Jump Champion

POETSCHKA Renee
Australian U20 400m Champion
WARD Vanessa
Australian High Jump Champion
High Jump Champion — Belfast Grand Prix

CANOEING
POND Michael
Australian K2 500m Title
Australian K2 1000m Title
Australian K4 500m Title

CYCLING
DAVIS Tony
Australian Professional 5000m Pursuit Champion
WILLING Tim
Oceanic Games Junior Points Score Champion

GOLF (WOMEN)
Australian Teams Title (Gladys Hay Memorial Cup)
GOLF (MEN)
GRAY Chris
New Zealand Foursomes Title

GYMNASTICS (MEN'S ARTISTIC)
NORRIS Damien
Australian U18 Champion

GYMNASTICS (WOMEN'S ARTISTIC)
Australian Teams Title (International)
HARGRAVE Sallyanne
Australian Senior Champion

HOCKEY (WOMEN)
Australian Senior Title

PISTOL SHOOTING
SANDSTROM Bengt
New Zealand Free Pistol Champion

ROWING (MEN)
BAIRD Hugh
Trans Tasman Coxed Four Title
KERR Greg
Australian Senior B Coxless Pairs Title
WARNER Tom
Australian Senior B Coxless Pairs Title

VOLLEYBALL (MEN)
Australian U19 Title

VOLLEYBALL (WOMEN)
Australian U19 Title

WATER POLO
Australian U21 Title

YACHTING
ELDRID Paul
Australian 420 Class Champion

APPENDIX (V)

WAIS ATHLETES AT THE AIS

ATHLETICS

WRIGHT Darren

CRICKET

AUTY Clint

JULIAN Brendon

MACK Chris

MAY Matthew

McCAGUE Martin

HOCKEY (MEN)

ANDREW Tim

ARMITAGE Paul

CORBITT Greg

HOCKEY (WOMEN)

LONGSON Helen

STARRE Katie

ROWING

LOGUE Michael

SCOTT Robert

SWIMMING

McKENZIE Jacqueline

TENNIS

KILDERRY Paul

VOLLEYBALL

CRANLEY Keiran

BOARD OF MANAGEMENT

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MR DAVID HATT Deputy Chairman

ASSOC. PROF. BRIAN BLANKSBY

DR RICHARD CHARLESWORTH

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MR WALLY FOREMAN Director

MR TOM HOAD

MRS YVONNE RATE

MR JACK BUSCH

MR KEITH SLATER

STAFF

DIRECTOR

Mr Wally Foreman

SPORTS PROGRAMME

CO-ORDINATOR

Craig Davies

ADMINISTRATIVE SECRETARY

Loryn Hilliard (Resigned 8.12.90)

Cherry Johnson

SECRETARY/RECEPTIONIST

Tania Sullivan

SPORTS SCIENCE

CO-ORDINATOR

Steve Lawrence

EXERCISE PHYSIOLOGIST

28 James Bridle (Resigned 4.1.90)

COACHES

ATHLETICS

Mr Tudor Bidder (Head Coach)

GYMNASTICS (WOMEN)

Mr Larry McDonough (Head Coach)

Mrs Liz Chetkovich (Coach)

GYMNASTICS (MEN)

Mr Lindsay Nylund (Head Coach)

HOCKEY (WOMEN)

Mr Don Smart (Head Coach)

HOCKEY (MEN)

Mr David Bell (Head Coach)

ROWING

Mr Stephan Muhlenberg (Head Coach)

COACHES Continued

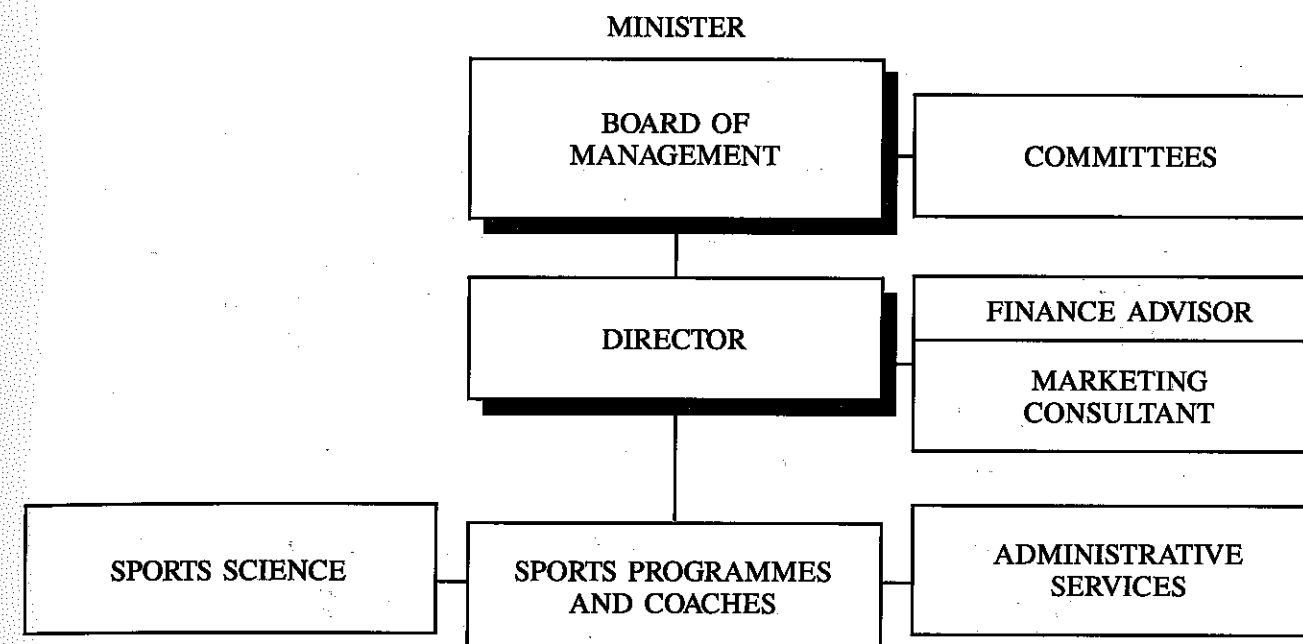
SWIMMING

Mr Gerry Stachewicz
(Head Coach)

Mr Greg Rochowczyk
(Assistant Coach)

Mr Bernie Mulroy
(Head Coach)

STRUCTURE



AIMS AND OBJECTIVES

The objectives of the Institute are as follows:

- To provide opportunities for talented Western Australian Sports persons to achieve excellence in high performance sport.
- To develop opportunities for young West Australians to further develop their sporting careers in association with or as a part of their education or work
- To organise and promote sporting meetings for the purpose of developing the personal skills and levels of excellence of W.A.'s sports people.
- To equip and conduct sports science laboratories to assist the development of sporting excellence
- To conduct research that will assist the development of sporting excellence.
- To provide and disseminate sports science information and literature.
- To provide and develop coaching resources, facilities and information and to make the same available to assist the development of sporting excellence.
- To assist, where possible, sports people of other countries who may be engaged in competition or training in W.A.
- To seek and administer funds to be used to develop and promote sporting excellence amongst West Australian individuals and teams through the provision of travel, competition, equipment, information or any other requirement.
- To act as the trustee for any foundation or project that may be established to promote and develop excellence in sport.

BACK COVER WAIS' COMMONWEALTH GAMES MEDALLISTS

- Ian Brown (swimming)
Gold 400 metres freestyle
Gold 4 x 200 metres freestyle relay
Silver 200 metres freestyle
- Nicole Redford (swimming)
Bronze 200 metres butterfly

- 4 x 200 metres freestyle relay team
(left to right)
Gary Lord
Ian Brown
Martin Roberts
Tom Stachewicz
Gold 4 x 100 metres freestyle relay
Gold 4 x 200 metres freestyle relay
Bronze 200 metres freestyle
Bronze 4 x 100 metres medley relay

- Michelle Telfer (Gymnastics)
Silver Teams Event
Bronze Uneven Bars
- Ben Sandstrom (Shooting)
Gold Individual Air Pistol
Gold Pairs Free Pistol
Silver Individual Free Pistol
Silver Pairs Air Pistol

