

The Sub-4 Alphabetic Register

compiled by Bob Phillips

(1,175 athletes as at 18 August 2010)

No country has kept greater faith with the legend of the sub-four-minute mile than the USA. In 2009 a record number of Americans broke four minutes for the first time – 17 in all – and on a single weekend in February 2010 another 10 newcomers did so indoors. Even the distant past eventually yields its secrets: a hitherto overlooked performance from as long ago as 1974 by a Bulgarian has been discovered 36 years later ! There are now 16 sets of brothers, including five sets of twins, who have broken four minutes and four sets of fathers and sons. No grandfathers and grandsons as yet !

Performances listed in this Register represent the first occasion on which the athlete ran sub-four-minutes for the mile, followed by the all-time personal best if there was a subsequent improvement. Almost 60 per cent of the 1,175 athletes listed have not bettered their first Sub-4 performance, though some of those from the more recent years will obviously do so eventually. Performances listed in tenths-of-a-second were recorded manually; it may be that some of these were also automatically recorded and the figures not made public, but as they mostly date back 30 years or more it is very unlikely that such data will ever come to light.

No distinction has been made between indoor and outdoor performances, nor for so-called “oversize” indoor tracks; indoor performances are marked “i”. Performances marked “+” were made *en route* in races of a longer distance; these were usually 2000 metres, though in the cases of Haile Gebrselassie, of Ethiopia, and Salah Hissou, of Morocco, the races were actually at 3000 metres.

Two other performances require clarification: the personal best by Antonio (“Tony”) Colon, of Puerto Rico, other than in a relay was achieved in a mile race which was slightly under-distance (1,757 yards) where he recorded 3:58.8, to which 0.5sec has been added (*); the personal best for Steve Crabb (GB) was achieved in a handicap race (“hc”). Relay times have been included (“r”), and though there would have been some slight benefit from a running start for some of the athletes concerned the performances listed are at a level which indicates that they would have still been inside four minutes had they been achieved from “scratch”.

German athletes prior to unification have been listed under their separate countries, West Germany (FRG) and East Germany (GDR), though the national total for Germany as a whole includes both. For athletes from Czechoslovakia, the Soviet Union and Yugoslavia there is also listed, where known, their republic of origin or future independent country (based on

place of birth).

For athletes who ran sub-4 under two different nationalities the best performances are given for each. A number of athletes – 19 in all – either changed nationalities or had dual citizenship, as follows:

Ibrahim Aden – Somalia/USA, performances listed for both.
Steven Agar – Dominica/Canada, sub-4 as Canadian but later Dominican records recognized.
Robert Kiplagat Andersen – Kenya/Denmark, performances listed for both.
Graeme Fell – Great Britain/Canada, sub-4 only as British.
Moumin Geele – Somalia/Great Britain, sub-4 only as Somalian.
Steve Green – Great Britain/Jamaica, sub-4 before representing Jamaica.
Gawain Guy – Jamaica/USA, performances listed for both.
Phillimon Hanneck (or Harineki) – Zimbabwe/USA, sub-4 only as Zimbabwean.
Shane Healy – Ireland/USA, sub-4 as US citizen (though achieved in Ireland !).
Ashley Johnson – South Africa/USA, sub-4 only as South African.
Wilson Kipketer – Kenya/Denmark, sub-4 only as Kenyan.
Bernard Lagat – Kenya/USA, performances listed for both.
Joseph Lopez Lomong – Sudan/USA, sub-4 as US citizen.
James McIlroy – Ireland/Great Britain, sub-4 only while opting for Ireland.
Sydney Maree – South Africa/USA, performances listed for both.
Mohammed Mourhit – Morocco/Belgium, sub-4 only as Moroccan.
Sean O'Neill – Ireland/Great Britain, dual citizenship, sub-4 credited to Ireland.
Ron Speirs – Great Britain/USA, dual citizenship, sub-4 credited to USA.
Damé Faisa Tasama – Ethiopia/Belgium, sub-4 only as Ethiopian.

A

Miloud	Abaoub	ALG	3:55.49	16 Jul 97		
José Manuel	Abascal	ESP	3:57.17	10 Jun 82	3:50.54	10 Sep 86
Austin	Abbott	USA	3:59.47 i	11 Feb 06	3:58.23 i	7 Mar 09
Darren	Abbott	AUS	3:59.71	10 Dec 91	3:58.38	25 Feb 92
Abdelhaq	Abdellah	MOR	3:58.55	11 May 96	3:57.15	25 Aug 96
Youcef	Abdi	AUS	3:59.57	1 Mar 01	3:56.23	24 May 03
Valeriy	Abramov	SOV/RUS	3:58.63 i	23 Feb 83		
Brian	Abshire	USA	3:58.62 i	22 Jan 88		
Julius	Achon	UGA	3:59.53 i	27 Jan 96	3:55.38	6 Jun 99
Andrew	Acosta	USA	3:58.52 l	8 Mar 08	3:53.76	3 Jul 10
Ibrahim	Aden	SOM/ USA	3:59.84 i	22 Feb 97	3:55.53	26 May 02
Jama	Aden	SOM	3:56.82	19 Jul 83		
Nigel	Adkin	AUS	3:59.09	24 Jun 95		
Steven	Agar	DOM/CAN	3:57.37	11 May 97		
Said	Ahmed	USA	3:57.33	1 Jul 04	3:57.04 i	5 Mar 05
Mehdi	Aidet	ALG	3:57.39	10 Jun 82		
Halil	Akkas	TUR	3:59.76	7 Jun 08		
Kyle	Alcorn	USA	3:59.82 i	1 Feb 08		
Dan	Aldridge	USA	3:59.9	11 Apr 81	3:58.24	5 Jun 82
Mohamad	Al-Garni	QAT	3:55.50	4 Jun 10		
Berhanu	Alemu	ETH	3:58.95	28 Jun 02	3:57.76 i	27 Jan 07
Mohammed	Amine	MOR	3:52.66	7 Jul 99		
Robert Kiplagat	Andersen	KEN/ DEN	3:58.54	25 Aug 92	3:50.79	26 Aug 97
Scott	Anderson	USA	3:59.80	4 Jul 98	3:59.76	19 Aug 00
Elkanah	Angwenyi	KEN	3:54.52	19 Jun 04	3:53.05	4 Jun 05
François	Annandale	RSA	3:59.7	15 Nov 80	3:59.02	18 Dec 81
Saïd	Aouita	MOR	3:57.75	20 Aug 82	3:46.76	2 Jul 87
Chuck	Aragon	USA	3:59.92 i	28 Feb 81	3:51.62	21 Jul 84
Mark	Arens	AUS	3:59.64	13 Mar 82		
Francesco	Arese	ITA	3:57.8	9 Oct 69	3:56.7	7 Sep 71
Ed	Arriola	USA	3:59.3	14 Jun 77		

Richard	Ashe	GBR	3:59.98	31 Aug 96		
Bolota	Asmerom	USA	3:59.86	8 Jun 02		
Frank	Assumma	USA	3:57.3 i	22 Jan 82	3:56.34	9 Jun 82
António	Atabão	POR	3:58.97	17 Sep 82		
Jeff	Atkinson	USA	3:59.9	10 May 86	3:52.80	17 Aug 88
Steve	Austin	AUS	3:57.79	14 Jan 82		
Steve	Ave	USA	3:59.09 i	31 Jan 88	3:58.93 i	28 Jan 90

B

Mehdi	Baala	FRA	3:52.51 i	10 Feb 09		
Youssef	Baba	MOR	3:53.64	7 Jul 99	3:52.85	28 Jul 00
Féthi	Baccouche	TUN	3:57.90	11 Jun 87		
Andrew	Baddeley	GBR	3:56.13	30 Jul 04	3:49.38	6 Jun 08
Noureddine	Bahar	MOR	3:55.10	16 Jul 97		
Bekim	Bahtiri	SLO	3:58.89	25 Aug 93		
Dave	Bailey	CAN	3:59.1	11 Jun 66	3:57.7	22 Jul 67
Jim	Bailey	AUS	3:58.6	5 May 56		
Bill	Baillie	NZL	3:59.2	1 Feb 64		
Sam	Bair 1	USA	3:58.7	23 Jun 67	3:56.7	7 Jun 69
Sam	Bair 2	USA	3:59.72 i	13 Feb 10		
Brian	Baker	USA	3:58.80	4 Jul 98	3:57.4	21 May 99
John	Baker	USA	3:59.8	26 Jun 71		
Roger	Bannister	GBR	3:59.4	6 May 54	3:58.8	7 Aug 54
Witold	Baran	POL	3:59.2	12 Jul 63	3:56.04	3 Aug 64
Andreas	Baranski	FRG/GER	3:58.40	8 Aug 80		
Spencer	Barden	GBR	3:58.5	29 May 98		
Gary	Barger	USA	3:58.8	29 May 75		
Laef	Barnes	USA	3:59.96	12 Apr 08		
Matthew	Barnes 1	GBR	3:58.39	25 Jun 94		
Matthew	Barnes 2	GBR	3:59.57	11 Aug 07		
Juan Luís	Barrios	MEX	3:58.45	14 Jun 05	3:58.18	15 Apr 07
Michal	Bartoszak	POL	3:58.96	10 Sep 93	3:58.39 i	6 Feb 94
Dahame Najem	Bashir	QAT	3:47.97	29 Jul 05		
Scotty	Bauhs	USA	3:59.81	12 Apr 08		
Dieter	Baumann	FRG/ GER	3:58.77	16 Aug 85		
					3:51.12	21 Aug 92
Andrew	Bayer	USA	3:58.98 i	29 Jan 10		
Filbert	Bayi	TAN	3:52.86	2 Jul 73	3:51.0	17 May 75
Tim	Bayley	GBR	3:59.82 i	16 Jan 10	3:59.75 i	6 Feb 10
Jim	Beatty	USA	3:58.0	28 May 60	3:55.5	7 Jun 63
Ron	Becht	CAN	3:59.12	16 Jun 83		
Uwe	Becker	FRG/GER	3:57.70	8 Aug 80	3:52.36	25 Aug 82
Kenenisa	Bekele	ETH	3:56.2 i +	17 Feb 07		
Mark	Belger	USA	3:58.4	9 Jun 79	3:57.37 i	26 Jan 80
Wade	Bell	USA	3:59.8	2 Jun 66		
Samir	Benfarès	FRA	3:58.5 +	12 Jul 95		
Teófilo	Benito	ESP	3:57.71	4 Jun 87	3:55.88	17 Sep 91
Maurice	Benn	GBR	3:59.80	3 Jun 68		
Kurtis	Benninger	CAN	3:58.75 i	5 Feb 05	3:57.18	11 Jun 09
Tony	Benson	AUS	3:59.8	18 Mar 71		
Rich	Bergesen	USA	3:59.79	16 May 87		
Mike	Berisford	GBR	3:59.24	18 Aug 62		
Luc	Bernaert	BEL	3:56.89	3 Sep 93		
Michel	Bernard	FRA	3:58.2	8 Jul 63		
Bryan	Berryhill	USA	3:56.52	16 Jan 99	3:54.87	20 Aug 01
Brandon	Bethke	USA	3:59.85 i	9 Feb 08		
Abdi	Bile	SOM	3:57.43	21 Jul 84	3:49.40	2 Jul 88

Bethwell	Birgen	KEN	3:58.01	22 Aug 09		
Jonah	Birir	KEN	3:52.54	30 May 92		
Collis	Birmingham	AUS	3:59.84	4 May 06	3:54.30	25 Jul 09
Paul	Bitok	KEN	3:58.8 +	10 Aug 96	3:56.39 i	13 Feb 00
Sosthenes	Bitok	KEN	3:59.1	16 May 80	3:56.1	19 Jul 83
Peter	Biwott	KEN	3:53.16	29 Jun 01		
William	Biwott Tanui	KEN	3:49.29	3 Jul 09		
Yusuf	Biwott	KEN	3:59.08	14 Aug 10		
Mike	Blackmore	USA	3:59.80	12 May 84	3:57.46	7 May 88
Ben	Blankenship	USA	3:57.87i	6 Mar 10		
Adrian	Blincoe	NZL	3:58.19 i	9 Feb 02	3:54.40	7 Sep 03
Richard	Block	USA	3:59.84	29 Jun 85		
Elliott	Blount	USA	3:59.61 i	14 Jan 06		
Johan	Boakes	GBR	3:58.01 i	25 Jan 91		
Lars	Bøgh	DEN	3:59.37	16 Jul 88		
Mircea	Bogdan	ROM	3:59.15 i	26 Jan 08		
Blake	Boldon	USA	3:59.18 i	3 Mar 07		
Josphat	Boit	KEN	3:59.4 r	29 Apr 06		
Mike	Boit	KEN	3:59.7	9 Jul 73	3:49.45	28 Aug 81
Jack	Bolas	USA	3:59.40 i	9 Feb 08	3:58.41	21 Jul 10
Steve	Bolt	USA	3:59.4 i	28 Feb 76		
Ewald	Bonzet	RSA	3:59.3	26 Feb 75	3:57.3	21 Feb 77
Jacob	Boone	USA	3:59.07 i	6 Feb 09		
Kyle	Boorsma	CAN	3:59.67	11 Jun 09		
Julius	Bor	KEN	3:58.72	5 Apr 08		
Atoi	Boru	KEN	3:57.69	19 Jul 92		
Nadir	Bosch	FRA	3:58.49 i	12 Feb 97	3:52.04	25 Aug 00
Johan	Botha	RSA	3:57.00	16 Feb 96		
Dominique	Bouchard	FRA	3:55.26	13 Jul 87		
Tarek	Boukensa	ALG	3:52.34	7 Sep 03	3:49.95	29 Jul 05
Kamel	Boulahfane	ALG	3:59.30	7 Jul 98		
Richie	Boulet	USA	3:58.62	11 May 97	3:53.25	31 May 98
John	Boulter	GBR	3:59.72	3 Jul 65	3:58.6	24 Jul 68
Abderrazak	Bounour	ALG	3:59.09	10 Jun 82	3:58.02	16 Jun 85
Peter	Bourke	AUS	3:58.0	17 Dec 81	3:57.53	11 Jul 86
Brahim	Boutayeb	MOR	3:54.86	19 Aug 87		
Chris	Bowden	AUS	3:58.39	20 Feb 97		
Don	Bowden	USA	3:58.7	1 Jun 57		
John	Bowden	NZL	3:59.9	26 Jan 80	3:58.84	30 Jan 82
Jacky	Boxberger	FRA	3:57.6	7 Sep 71		
Liam	Boylan-Pett	USA	3:59.40 i	30 Jan 09		
Boško	Božinović	YUG/CRO	3:59.6	13 Jun 79		
Clifton	Bradeley	GBR	3:57.88 i	9 Mar 85		
Terry	Brahm	USA	3:59.35	7 Jul 84	3:54.56	16 Jul 84
Abdenacer	Brahmia	ALG	3:59.74	18 Aug 89		
Amar	Brahmia	ALG	3:57.20	9 Sep 81		
Nathan	Brannen	CAN	3:59.85	8 Jul 01	3:52.63	7 Jun 09
James	Brewer	GBR	3:54.80	25 Jul 09		
Kelly	Britz	CAN	3:59.5	1 Jun 83	3:58.46	16 Jul 84
Tim	Broe	USA	3:59.38 i	6 Feb 99	3:58.81 i	1 Mar 02

Tom	Brooks	USA	3:59.31	28 May 09		
Barry	Brown	USA	3:58.8	13 May 73		
Darren	Brown	USA	3:59.99	5 Apr 08	3:58.85	25 Jul 08
Gareth	Brown	GBR	3:59.3 r	30 Apr 83		
		also	3:59.5	25 Aug 84		
Russell	Brown	USA	3:59.65 i	11 Feb 06	3:55.79 i	13 Feb 10
Ryan	Brown	USA	3:59.29 i	10 Feb 07		
Dan	Browne	USA	3:59.37 i	1 Feb 97	3:59.19 i	30 Jan 99
Deon	Brummer	RSA	3:56.58	7 Mar 84	3:55.42	11 Mar 87
Niall	Bruton	IRL	3:59.23	5 Jul 91	3:53.93	5 Jul 96
Gianni	Bruzzi	ITA	3:57.39	30 May 92		
Michael	Buchleitner	AUT	3:54.28 i	1 Mar 94		
Jack	Buckner	GBR	3:53.44	13 Jul 82	3:51.57	29 Aug 84
Tom	Buckner	GBR	3:58.87	5 Jun 93		
Dick	Buerkle	USA	3:58.0	4 Jun 73	3:54.93 i	13 Jan 78
Andrey	Bulkovskiy	UKR	3:55.28	17 Aug 94		
Andrew	Bumbalough	USA	3:58.46 i	2 Feb 08		
Alan	Bunce	NZL	3:59.32	1 Jul 90	3:59.10	17 Aug 90
Jason	Bunston	CAN	3:59.70	1 Apr 95		
Antonio	Burgos	ESP	3:59.0	23 Apr 74		
Bill	Burke	USA	3:58.70 i	1 Feb 91	3:56.83	5 Jun 93
Dyrol	Burleson	USA	3:58.6	23 Apr 60	3:55.6	7 Jun 63
Darius	Burrows	GBR	3:59.91	5 Sep 98		
Andreas	Busse	GDR/GER	3:53.55	20 Aug 82		
Tom	Byers	USA	3:56.0 i	13 Feb 81	3:50.84	25 Aug 82

C

Fermín	Cacho	ESP	3:50.74	6 Jul 91	3:49.56	5 Jul 96
Neil	Caddy	GBR	3:59.6	6 Aug 95	3:55.84	25 Aug 96
Sean	Cahill	GBR	3:56.95	31 Aug 79		
Adrian	Callan	GBR	3:59.45	23 Jul 85	3:58.28	13 Jul 86
David	Campbell	CAN	3:58.91	16 Jun 83	3:58.01	18 Jul 86
David	Campbell	IRL	3:58.19	16 Feb 08		
Jay	Cantin	CAN	3:59.90 i	5 Feb 00	3:58.84	1 Jul 04
Greg	Carlberg	USA	3:59.6 i	13 Feb 71		
Brett	Carney	USA	3:58.7 r	28 Apr 89		
José Luis	Carreira	ESP	3:59.32	8 Jul 84	3:55.94	4 Jun 87
Mark	Carroll	IRL	3:58.64	9 Jul 93	3:50.62	28 Jul 00
Andy	Carter	GBR	3:59.3	10 Jun 72		
Tom	Carter	GBR	3:57.30	6 Aug 05		
Arturo	Casado	ESP	3:52.38	15 Jun 07		
Ted	Castaneda	USA	3:58.5	1 Jun 74		
Matt	Centrowitz	USA	3:59.2	24 May 75	3:54.94	26 Jun 82
Matthew	Centrowitz	USA	3:57.92 i	14 Feb 09		
Rudy	Chapa	USA	3:57.04	28 May 81		
Chris	Chataway	GBR	3:59.8	28 May 55		
Abraham	Chebii	KEN	3:55.31	4 Jun 00		
Saïd	Chébili	FRA	3:52.21	16 Jul 97		

Boaz	Cheboiywo	KEN	3:58.07 i	8 Feb 03	3:57.00 i	31 Jan 04
Abdelkader	Chékhémani	FRA	3:59.22	16 Jul 98	3:55.57	29 Jul 98
David	Chemweno	KEN	3:56.60	1 Mar 01		
Hillary	Chenonge	KEN	3:53.29	1 Jun 03		
Alex	Cherop	UGA	3:54.85	17 Jun 09		
Charles	Cheruiyot	KEN	3:57.76	26 Apr 86	3:55.41	11 Jun 87
Fred	Cheruiyot	KEN	3:52.92	2 Aug 98		
Kipkoech	Cheruiyot	KEN	3:53.92	17 Aug 83	3:52.39	2 Jul 88
Ruben	Chesang	KEN	3:58.7 +	25 Aug 95		
Robert	Cheseret	KEN	3:59.23 i	26 Feb 05		
Joseph	Chesire	KEN	3:53.09	2 Jul 88	3:52.38	1 Jul 89
Pat	Chesters	GBR	3:59.60	20 Jul 85		
Cornelius	Chirchir	KEN	3:59.3	27 Aug 00	3:50.40	8 Aug 03
William	Chirchir	KEN	3:51.84	24 Jun 00	3:47.94	28 Jul 00
Lachlan	Chisholm	AUS	3:56.27	6 May 05		
Augustine	Choge	KEN	3:51.62	15 Jun 07	3:50.14	14 Aug 10
Hamish	Christensen	NZL	3:59.91	18 Jan 95	3:56.13	16 Jan 99
Mark	Christie	IRL	3:58.99	6 Aug 05		
Dave	Clarke	GBR	3:56.95	17 Jul 82		
Frank	Clement	GBR	3:57.44	10 Aug 74	3:54.2	27 Jun 78
Andy	Clifford	USA	3:59.49	8 Jul 79	3:58.4	5 Jun 82
Basil	Clifford	IRL	3:59.80	3 Aug 64		
Phil	Clode	NZL	3:57.70	12 Jan 91		
Michael	Coe	USA	3:56.18	25 Apr 09		
Sebastian	Coe	GBR	3:58.35	30 Aug 76	3:47.33	28 Aug 81
Eamonn	Coghlan	IRL	3:56.2	10 May 75	3:49.78 i	27 Feb 83
Clyde	Colenso	RSA	3:59.66 i	26 Feb 99	3:54.27 i	10 Feb 01
Philippe	Collard	FRA	3:59.98	13 Sep 87		
Olivier	Collin	CAN	3:57.25	24 Apr 10		
Michael	Coltherd	GBR	3:59.25	25 Aug 07		
Tony	Colon	PUR	3:59.1 r	27 Apr 73	3:59.3 *	20 Jul 74
Ian	Connor	USA	3:58.24 i	8 Feb 03		
Doug	Consiglio	CAN	3:55.91 i	25 Jan 86		
Frank	Conway	IRL	3:58.32 i	31 Jan 88	3:56.78 i	22 Jan 89
Mark	Coogan	USA	3:58.81	10 Jun 89	3:58.8	9 Jun 91
Andrea	Cori	ITA	3:58.76	5 Sep 93		
Ron	Cornell	USA	3:57.7	11 May 80		
Marc	Corstjens	BEL	3:55.83	1 Jul 91	3:54.57	10 Jul 93
Michael	Cox	USA	3:59.20	20 Apr 96		
Steve	Crabb	GBR	3:54.36	21 Jul 84	3:51.76 hc	14 Aug 87
Alistair	Cragg	IRL	3:59.94 i	28 Feb 03	3:55.04 i	21 Jan 06
John	Craig	CAN	3:58.05	8 Aug 80		
Paul	Craig	CAN	3:59.8	1 Jun 74	3:57.21	8 Aug 80
Steve	Cram	GBR	3:57.42	2 Jul 78	3:46.32	27 Jul 85
Jim	Crawford	USA	3:59.6	23 May 70	3:57.7	26 Jun 71
Shaun	Creighton	AUS	3:59.8	24 Nov 90	3:59.46	24 Jun 95
Johan	Cronje	RSA	3:58.81	16 Dec 05	3:54;84	25 Jul 09
Graham	Crouch	AUS	3:58.7	18 Dec 70	3:55.59	1 Jul 74
Joaquim	Cruz	BRZ	3:53.00	13 May 84		
Alan	Culpepper	USA	3:58.15	11 May 97	3:55.12	25 Jul 98
Paul	Cummings	USA	3:56.4	16 Mar 74		
Eugene	Curran	IRL	3:58.54	8 Jul 86		
Aunese	Curreen	SAM	3:59.91	16 Feb 08		
Alistair	Currie	GBR	3:59.29	2 Aug 85		
Bobby	Curtis	USA	3:57.20	20 May 07		
Christian	Cushing-Murray	USA	3:57.70	1 Jul 91	3:55.42	4 Jun 95

D

Scott	Daggatt	USA	3:59.6	20 Jun 73	3:58.8	24 May 75
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Mark Clive	Dailey Dale	USA RSA	3:57.16	10 Jul 93		
Colin	Dalton	AUS	3:59.44	11 May 91		
Mickaël	Damian	FRA	3:55.76 i	1 Mar 94		
Tim	Danielson	USA	3:59.4	11 Jun 66		
Graham	Davidson	RSA	3:53.86	1 Jun 03		
Mark	Davidson	USA	3:59.97 i	7 Feb 09		
John	Davies	NZL	3:58.8	15 Feb 63	3:56.80	3 Jul 65
Stephen	Davies	GBR	3:59.18	25 Aug 07		
Paul	Davies-Hale	GBR	3:56.5	20 Aug 89		
Dwight	Davis	USA	3:59.29	16 Apr 00		
Marc	Davis	USA	3:54.30	16 Jul 97		
Bob	Day	USA	3:58.9	5 Jun 64	3:56.4	12 Jun 65
Mark	Deady	USA	3:58.65 i	16 Feb 91		
Billy	Dee	GBR	3:59.17	14 Jul 91		
Matt	De Freitas	GBR	3:58.48	5 Jun 93		
André	de Hertoghe	BEL	3:57.3	4 Jul 67	3:56.0	2 Jul 68
Helder	de Jesus	POR	3:57.51	8 Aug 80		
Ron	Delany	IRL	3:59.0	1 Jun 56	3:57.5	6 Aug 58
Pierre	Délèze	SWZ	3:55.29	8 Aug 80	3:50.38	25 Aug 82
Rob	Denmark	GBR	3:59.7	2 Jul 89	3:55.38	12 Aug 90
Edgar M.	de Oliveira	BRZ	3:58.38	17 Sep 91	3:53.30	26 May 96
Eddy	de Pauw	BEL	3:59.7	28 Jul 87		
Degafa	Deriba	ETH	3:57.92	17 Jun 09		
Jordan	Desilets	USA	3:59.83 i	7 Feb 04		
Hudson	de Souza	BRZ	3:55.63	31 May 98	3:51.05	29 Jul 05
Rudi	de Wijngaert	BEL	3:58.37	20 Jul 83		
Andrés	Díaz	ESP	3:56.19	19 Jul 98	3:48.38	29 Jun 01
Jon	Didriksson	ICE	3:57.63	25 Aug 82		
Brian	Diemer	USA	3:59.93 i	12 Feb 83		
Gennaro	di Napoli	ITA	3:59.5 +	26 May 91	3:51.96	30 May 92
Roscoe	Divine	USA	3:59.1	2 Jun 66	3:56.3	5 Jun 70
Adam	Dixon	USA	3:59.39	20 Jul 83	3:57.2 i	22 Jan 84
Rod	Dixon	NZL	3:59.6	26 Jan 72	3:53.62	30 Jun 75
Pavel	Dolgushev	RUS	3:58.89	25 Jun 94		
Gerry	Donakowski	USA	3:59.1	9 Jun 91		
Ross	Donoghue	USA	3:58.0	23 Jun 79	3:55.26	13 May 84
Paul	Donovan	IRL	3:55.82	3 Jul 84		
Mirko	Döring	GER	3:57.50 i	1 Mar 94		
Bill	Dotson	USA	3:59.0	23 Jun 62		
Jim	Douglas	GBR	3:58.5	23 Jul 69	3:56.0	10 Jun 72
Harry	Downes	AUS	3:59.7	9 Mar 63		
Mike	Downes	GBR	3:56.47	31 Aug 79	3:56.04	25 Aug 82
Andy	Downin	USA	3:59.39	28 Apr 01	3:56.25	3 Jun 01
Simon	Doyle	AUS	3:59.22	15 Apr 89	3:49.91	6 Jul 91
Vince	Draddy	USA	3:58.2 i	13 Feb 82		
Mark	Draper	GBR	3:56.80 i	23 Jan 10		
Rob	Druppers	NED	3:57.22	16 Jun 85		
Éric	Dubus	FRA	3:58.63	12 Aug 90	3:50.33	12 Aug 95
Neill	Duggan	GBR	3:59.1	4 Jun 66	3:56.1	11 Jun 66
Greg	Duhaime	CAN	3:59.8	8 Aug 81		
Tom	Duits	USA	3:56.6 r	14 Apr 78		
		also	3:59.2	29 Apr 78		
Jason	Dullforce	GBR	3:58.42 i	14 Mar 92		
Joe	Dunbar	GBR	3:59.9	18 Sep 91		
Mike	Durkin	USA	3:56.7	31 May 75		
Giuseppe	d'Urso	ITA	3:52.72	7 Jul 99		
Manson	du Toit	RSA	3:59.78	16 Feb 96		
Byron	Dyce	JAM	3:59.6	16 May 71	3:57.34	1 Jul 74

E

Michael	East	GBR	3:59.61	22 Jul 01	3:52.50	21 Aug 05
Hailu	Ebba	ETH	3:59.3	15 Apr 72	3:57.9	19 May 73
Ralf	Eckert	FRG/GER	3:58.42	8 Jul 86		
Mal	Edwards	GBR	3:57.8	20 Sep 87		
Gunnar	Ekman	SWE	3:57.7	5 Jul 72		
Rachid	El Basir	MOR	3:54.84	4 Jul 92		
Brahim	El Ghazali	MOR	3:57.75	12 Jul 90	3:55.38	1 Jul 91
	Jul					
Salah	El Ghazi	MOR	3:53.85	5 Aug 98		
Hicham	"El Guerrouj	MOR	3:53.71	22 Jul 94	3:43.13	7 Jul 99
Adil	El Kaouch	MOR	3:57.40	16 Jul 98	3:51.14	15 Jun 07
Andrew	Ellerton	CAN	3:58.68	1 Jul 04		
Herb	Elliott	AUS	3:59.9	25 Jan 58	3:54.5	6 Aug 58
Peter	Elliott	GBR	3:58.54	28 Jan 84	3:49.20	2 Jul 88
Ken	Elmer	CAN	3:58.5	20 Jun 73		
Hamid	El Mouaziz	MOR	3:56.76	15 Aug 01		
Lee	Emanuel	GBR	3:57.91 i	6 Feb 09	3:57.62 i	29 Jan 10
Steve	Emson	GBR	3:58.9	31 Jul 79	3:58.62	31 Aug 79
Des	English	IRL	3:58.71	25 Jun 94		
Lars	Ericsson	SWE	3:59.00	9 Sep 77	3:57.67	3 Jul 78
James	Espir	GBR	3:57.91	14 Sep 79	3:56.7	15 Aug 81
Alberto	Estebán	ESP	3:59.2	2 Jul 68		
Reyes	Estévez	ESP	3:55.90	27 Aug 95	3:51.82	12 Jul 02
Chris	Estwanik	USA	3:58.17	1 Jul 04		
John	Evans	GBR	3:59.97 i	26 Jan 91		

F

Joe	Fabris	USA	3:58.3	5 Jun 82		
Simon	Fairbrother	GBR	3:59.5	20 Aug 89	3:56.83	17 Aug 90
Joe	Falcon	USA	3:56.77 i	31 Jan 87	3:49.31	14 Jul 90
Moussa	Fall	SEN	3:59.44	6 Aug 86		
Anthony	Famiglietti	USA	3:58.23	4 Jun 05	3:55.71	3 Jun 06
Mohamed	Farah	GBR	3:56.49	6 Aug 05		
Angel	Fariñas	ESP	3:56.19	17 Sep 91		
Jack	Fath	USA	3:59.5	1 Jun 68		
Mark	Feig	USA	3:59.5	19 May 73	3:58.5	27 Apr 74
Steve	Fein	USA	3:59.35	13 May 00		
Luís	Feiteira	POR	3:59.93	27 Apr 99		
Ebeneza	Felix	RSA	3:59.59	14 Feb 97		
Graeme	Fell	GBR	3:57.5	1 Jun 83		
German	Fernandez	USA	3:56.50 i	24 Jan 09		
Dylan	Ferris	USA	3:58.90 i	13 Feb 10		
Jordan	Fife	USA	3:59.75 i	9 Feb 08		
Denis	Fikes	USA	3:55.0	27 Apr 74		
Bruce	Fischer	USA	3:58.5	1 Jun 74		
Reed	Fischer	USA	3:59.9 i	9 Feb 74		
Chris	Fisher	AUS	3:59.1	18 Mar 71	3:57.37	18 May 75
Enda	Fitzpatrick	IRL	3:56.36	9 Jul 85		
Mac	Fleet	USA	3:57.70 i	13 Feb 10		
Karl	Fleschen	FRG/GER	3:56.03	9 Jul 76	3:54.72	26 Aug 77
Steve	Flint	GBR	3:58.68	26 May 80		
Ray	Flynn	IRL	3:59.4	30 Apr 77	3:49.77	7 Jul 82
Steve	Foley	AUS	3:56.59	10 Jul 79		
Vittorio	Fontanella	ITA	3:57.01	8 Aug 80	3:52.31	19 Aug 81
Keith	Forman	USA	3:58.3	26 May 62		

Brendan Jun 72			Foster Steve 3:55.1 3:58.23	GBR 3:58.5 Foster USA 30 Apr 77 12 Nov 88	31 May 71 3:58.5 6 May 75 Deon Fouché	3:55.9 10 RSA
Mark Johan	Fountain	AUS	3:59.64	24 May 03	3:53.24	21 Aug 05
Chris	Fourie	RSA	3:56.3	7 May 79	3:50.82	11 Mar 87
Greg	Fox	USA	3:59.0 i	15 Jan 83		
David	Fredericks	USA	3:59.7	5 Aug 78		
Ernie	Freeman	PUR	3:59.61 i	11 Feb 06		
Darryl	Freer	USA	3:59.04	4 Apr 92		
Mark	Frerker	USA	3:58.1 i	6 Feb 88	3:57.50 i	14 Mar 92
Hauke	Fricke	USA	3:58.3	8 May 82		
Peter	Fuhlbrügge	GER	3:53.53	1 Jul 91	3:50.52	6 Jul 91
Tommy	Fuller	AUS	3:56.8	9 Jan 74		
Passmore	Fulton	USA	3:57.8	25 May 73		
	Furusa	ZIM	3:58.77 i	11 Mar 95	3:57.82 i	22 Feb 97

G

Daniel	Gachara	KEN	3:58.49	25 May 01		
Brian	Gallagher	USA	3:59.91 i	14 Feb 98		
Sergio	Gallardo	ESP	3:56.78	7 Sep 03	3:52.85	15 Jun 07
David	Galván	MEX	3:59.04	18 Apr 99		
Alberto	García	ESP	3:58.81	19 Jul 98		
Anders	Gärderud	SWE	3:58.6	24 Aug 67	3:54.45	30 Jun 75
Eric	Garner	USA	3:58.93 i	2 Mar 02		
John	Garrison	USA	3:58.1	29 May 65		
Gideon	Gathimba	KEN	3:52.98	17 Jun 09	3:50.53	4 Jun 10
Sam	Gebremariam	USA	3:59.17	29 Apr 00		
Mekonnen	Gebremehdin	ETH	3:50.74	3 Jul 09	3:49.83	4 Jun 10
Haile	Gebrselassie	ETH	3:57.6 +	22 Aug 97	3:52.39	27 Jun 99
Andrew	Geddes	GBR	3:59.28	17 Jul 87		
Moumin	Geele	SOM	3:57.82	11 Aug 07		
Paul	Geis	USA	3:58.0	20 Jun 73		
Rémy	Geoffroy	FRA	3:59.36	13 Sep 87	3:55.31	17 Aug 88
Henning	Gericke	RSA	3:59.4	14 Nov 81	3:56.17	7 Mar 84
Greg	Gibson	USA	3:59.1 i	16 Feb 74		
Mike	Gilchrist	NZL	3:59.60	26 Jun 83		
Ian	Gillespie	GBR	3:58.64	5 Jun 93	3:57.6	16 Jun 98
Matt	Giusto	USA	3:59.18	30 Mar 91	3:55.58	26 May 96
Tommy	Gjøлга	NOR	3:59.98	8 Aug 93		
John	Gladwin	GBR	3:54.52	12 Sep 86	3:51.02	19 Aug 87
Justin	Gloden	LUX	3:59.9	17 Aug 80	3:59.4	22 Aug 80
Alex	Gonzalez	FRA	3:59.99	17 Aug 80	3:52.78	14 Jul 81
Benjamin	González	ESP	3:59.49	8 Jul 84		
Francis	Gonzalez	FRA	3:57.3	25 Sep 78	3:53.02	14 Jul 81
José Luis	González	ESP	3:58.91	27 Aug 79	3:47.79	27 Jul 85
Danie	Goosen	RSA	3:57.8	21 Feb 77		
Werner	Goswink	FRG/GER	3:59.1	2 Jul 68		
Adam	Goucher	USA	3:57.63	15 May 99	3:54.17	30 May 99
Christian	Goy	GER	3:59.61 i	10 Mar 01	3:59.43 i	1 Mar 02
Allen	Graffin	GBR	3:59.86	5 Aug 00		
Andy	Graffin	GBR	3:59.64	21 Aug 99	3:54.70	23 Aug 02
Derek	Graham	GBR	3:59.40	13 Aug 66	3:59.24	20 Aug 66
Sean	Graham	USA	3:58.4	10 Jun 07		
Glen	Grant	GBR	3:59.47	30 May 76	3:59.16	19 Jun 76
Andy	Green	GBR	3:59.2	25 Aug 64	3:57.74	3 Jul 65
Steve	Green	GBR	3:59.6 i	4 Mar 94		
Paul	Greer	USA	3:59.79	10 Jun 89		
John	Gregorek	USA	3:57.10	30 May 81	3:51.34	26 Jun 82
Ben	Gregory	USA	3:59.69	2 Jun 07		

Ryan	Gregson	AUS	3:59.67	17 Jun 09	3:52.24	14 Aug 10
Jim	Grelle	USA	3:59.9	28 Apr 62	3:55.4	15 Jun 65
Bennie	Greyling	RSA	3:59.7	23 Mar 82	3:54.59	9 Dec 87
Rudolph	Greyling	RSA	3:58.93	9 Mar 88		
Paul	Grinsted	AUS	3:58.2	17 Dec 81		
Morgan	Groth	USA	3:57.9	5 Jun 64		
Charlie	Gruber	USA	3:58.51 i	10 Mar 01	3:56.92	4 Jun 05
Mogens	Guldberg	DEN	3:59.12 i	26 Feb 88	3:53.36	10 Jul 91
Gary	Gustafson	USA	3:58.4	1 Jun 83		
Gawain	Guy	JAM/ USA	3:58.21	12 Jun 83	3:57.18	6 Jun 87
Rolf	Gysin	SWZ	3:56.88	16 Aug 74	3:55.89	9 Jul 76

H

Jürgen	Haase	GDR/GER	3:59.6 i	20 Feb 66		
Abdelkader	Hachlaf	MOR	3:52.42	28 Jun 02	3:52.20	12 Jul 02
Tim	Hacker	USA	3:55.7	5 Jun 88	3:55.19	22 Jul 89
Roger	Hackney	GBR	3:58.77	13 Jul 86		
Markus	Hacksteiner	SWZ	3:55.67	2 Jul 87		
Ali	Hakimi	TUN	3:51.94	5 Jul 96	3:50.57	26 Aug 97
Murray	Halberg	NZL	3:57.5	6 Aug 58		
Johnny	Halberstadt	RSA	3:59.9	4 May 74		
Ken	Hall	AUS	3:59.6	16 Feb 75	3:55.2	12 Aug 75
Steve	Halliday	GBR	3:59.4	17 Aug 88	3:57.43	28 Aug 89
Paul	Hamblyn	NZL	3:58.41	23 Feb 05		
Ian	Hamer	GBR	3:59.9	16 Jul 88	3:56.19	5 July 91
Philimon	Hanneck	ZIM	3:58.81 i	15 Feb 92	3:53.13	30 May 92
Harri	Hänninen	FIN	3:56.61	3 Jul 90		
Tom	Hansen	DEN	3:57.6	8 Jul 74	3:54.78	30 Jun 75
Eric	Harasyn	USA	3:59.97 l	13 Feb 10		
Todd	Harbour	USA	3:58.38	7 Jul 80	3:50.34	11 Jul 81
Holt	Hardy	AUS	3:58.04	20 Feb 97	3:57.12	25 Feb 98
Tony	Harris	GBR	3:58.96	3 Jul 65		
Jamey	Harris	USA	3:59.19	27 May 97	3:54.90	5 Aug 98
Richie	Harris	USA	3:58.3	4 Jul 80	3:51.39	29 Aug 84
Ronnie	Harris	USA	3:58.03	5 Jun 93		
Scott	Harris	RSA	3:59.76	15 Apr 94		
Rob	Harrison	GBR	3:56.76	10 Jun 84	3:53.85	15 Jul 86
John	Hartnett	IRL	3:58.3	12 May 73	3:54.7	20 Jun 73
Franek	Haschke	GER	3:55.85	12 Jul 02		
Abdi	Hassan	USA	3:59.76 i	29 Jan 10	3:58.50 l	13 Feb 10
Ryan	Hayden	CAN	3:58.27	18 May 02		
Shane	Healy	USA	3:59.23	25 Jun 94		
David	Heath	GBR	3:59.36	17 Jul 89		
Garrett	Heath	USA	3:59.60 i	13 Jan 07	3:57.34 i	6 Feb 10
Kyle	Heath	USA	3:59.83 l	5 Mar 10		
Steve	Heidenreich	USA	3:59.6	10 May 75	3:58.4	23 Jul 75
Dan	Heikkinen	USA	3:59.05 i	23 Jan 82		
Dirk	Heinze	GER	3:57.95 i	18 Jan 02		
Marty	Hemsley	USA	3:59.70	17 May 86		
Eric	Henry	USA	3:59.18 i	10 Mar 90	3:58.72 i	22 Feb 91
John	Henwood	NZL	3:59.35	6 Feb 97		
Christoph	Herle	FRG/GER	3:57.52	5 Sep 78		
Jens-Peter	Herold	GDR/GER	3:49.22	2 Jul 88		
Terrance	Herrington	USA	3:55.61	1 Jul 91	3:53.64	4 Jun 95
Siegfried	Herrmann	GDR/GER	3:59.9 i	25 Feb 62	3:58.6 i	21 Feb 65
Ivan	Heshko	UKR	3:56.74	27 Aug 02	3:50.04	30 Jul 04
Brian	Hewson	GBR	3:59.8	28 May 55	3:58.9	3 Sep 58
Adelino	Hidalgo	ESP	3:59.59	13 Jul 88		
Lorenzo	Hidalgo	ESP	3:58.88	30 May 90		

Juan Carlos	Higuero	ESP	3:52.49	12 Jul 02		
Daniel	Hill	AUS	3:58.57	4 Jul 98		
Dave	Hill	CAN	3:55.89	26 Aug 77		
Jim	Hill	USA	3:56.41	15 May 82		
Mike	Hillardt	AUS	3:56.87	8 Aug 80	3:51.82	28 Aug 85
Len	Hilton	USA	3:59.1 i	13 Feb 71	3:55.9	16 Jun 73
Salah	Hissou	MOR	3:58.7 +	4 Aug 99	3:52.54	7 Aug 99
Niels	Hjørth	DEN	3:58.85	10 Jul 83		
Ulf	Högberg	SWE	3:59.8	4 Jul 67	3:54.52	1 Jul 74
Steve	Holman	USA	3:53.31	4 Jul 92	3:50.40	4 Jul 97
Matt	Holthaus	USA	3:58.80 i	10 Feb 96	3:54.96	30 May 99
Jakub	Holuša	CZE	3:56.75	4 Jun 10		
Graham	Hood	CAN	3:58.75 i	24 Jan 92	3:51.55	26 Aug 97
Nick	Hopkins	GBR	3:59.4	15 Jun 90		
Jordan	Horn	USA	3:58.67 l	13 Feb 10		
Neil	Horsfield	GBR	3:54.39	8 Jul 86		
Evert	Hoving	NED	3:58.16	6 Aug 76	3:57.8	30 Jul 77
Mark	Howard	GBR	3:59.3	2 Jul 89		
Steve	Howard	CAN	3:58.8	14 May 97		
Jim	Howarth	USA	3:59.75	4 Jun 94		
Jerome	Howe	USA	3:59.4	29 May 71	3:59.2	3 May 75
Spýros	Hristópoulos	GRE	3:56.11	30 May 92		
Harald	Hudak	FRG/GER	3:55.61	26 Aug 77		
Craig	Huffer	AUS	3:59.66	5 Jun 10		
Jeremy	Huffman	USA	3:59.81 i	1 Mar 02		
Ray	Hughes	USA	3:59.78 i	2 Mar 02		
Colin	Hume	GBR	3:59.58 i	5 Mar 83		
Thom	Hunt	USA	3:59.5 i	13 Feb 82	3:57.88 i	26 Feb 82
Mbarak	Hussein	KEN	3:59.66	21 Jul 91		
Tim	Hutchings	GBR	3:57.83	2 Jul 78	3:54.53	31 Jul 82
Brian	Hyde	USA	3:59.92 i	28 Jan 95	3:56.41	11 May 97
Gareth	Hyett	NZL	3:59.80	11 Feb 06	3:57.46	21 Jul 07

I

Derek	Ibbotson	GBR	3:59.4	6 Aug 56	3:57.2	19 Jul 57
Bashar	Ibrahim	KUW	3:59.84 i	10 Mar 01	3:59.55	28 Apr 01
Jimmy	Igohe	TAN	3:59.06	21 Jul 84		
Adellati	Iguider	MOR	3:59.79	15 Jun 07		
Corey	Ihmels	USA	3:59.70 i	7 Mar 97		
Christophe	Impens	BEL	3:59.43	30 May 90	3:54.13 i	12 Feb 97
Takashi	Ishii	JPN	3:59.7	10 Dec 77		
Mohamed	Issangar	MOR	3:57.03	12 Aug 90		
John Thuo	Itati	KEN	3:58.36	11 Aug 01	3:56.97	15 Sep 02

J

Jason	Jabaut	USA	3:59.07	4 May 06	3:57.26	2 Jun 07
Roosevelt	Jackson	USA	3:59.41 i	5 Feb 88		
Brian	Jaeger	USA	3:59.47 i	27 Jan 89		
Evan	Jager	USA	3:54.35	7 Jun 09		
Steve	James	GBR	3:59.8	9 Jun 84		
Joeri	Jansen	BEL	3:55.84	29 Jul 05		
Stijn	Jaspers	NED	3:57.28	25 Aug 82		
Michel	Jazy	FRA	3:59.8	3 Oct 62	3:53.6	9 Jun 65
John	Jefferson	USA	3:57.85 i	5 Feb 05		
Sean	Jefferson	USA	3:56.44	5 Feb 05		
Gabe	Jennings	USA	3:59.32	19 Apr 98	3:58.83 i	16 Feb 08
Andrew	Jesien	USA	3:58.91 i	13 Feb 10		
Ben	Jipcho	KEN	3:59.8	31 Aug 68	3:52.17	2 Jul 73
Jeff	Jirele	USA	3:58.26	3 Jul 78		

Johannes	Job	RSA	3:57.37	14 Feb 97		
Patrik	Johansson	SWE	3:59.21	10 Aug 99		
Martin	Johns	NZL	3:54.10	26 May 96		
Ashley	Johnson	RSA	3:59.79 i	4 Feb 84		
Gordon	Johnson	USA	3:56.24	4 Jun 95		
Jim	Johnson	USA	3:58.8	20 Jun 73		
Kevin	Johnson	USA	3:59.1 i	15 Jan 83	3:54.06	17 Aug 84
Robbie	Johnston	NZL	3:59.96	19 Feb 94		
Buck	Jones	USA	3:57.43	4 Jun 94		
Earl	Jones	USA	3:58.76	17 May 86		
Jerald	Jones	USA	3:57.9	27 Jun 78		
Roger	Jones	USA	3:58.4 i	13 Feb 82		
Naude	Jordaan	RSA	3:59.49	5 Mar 90		
Tony	Jordanek	USA	3:58.80 i	5 Mar 10		
Stanislav	Jungwirth	CZE/				
		CZE REP	3:59.1	19 Jul 57		
Miroslav	Juza	CZE/				
		CZE REP	3:59.2	2 Jun 65		

K

Peter	Kaal	RSA	3:59.9	27 May 72		
Mahmoud	Kalboussi	TUN	3:57.00	12 Jul 90		
Phil	Kane	USA	3:59.37	3 Jul 78	3:55.77	25 Aug 82
James	Karanu	KEN	3:59.35 i	29 Jan 00	3:56.72	3 Jun 01
Rolf	Kårevik	SWE	3:57.96	4 Jul 77		
Sharif	Karie	USA	3:59.60 i	10 Feb 01		
Chris	Katon	USA	3:59.19	4 Jun 94		
Lars	Kaupang	NOR	3:59.9	31 Jul 74		
Mitchell	Kealey	AUS	3:58.45	8 Jul 07		
Mike	Kearns	GBR	3:57.86	26 Jun 77		
David	Kebenei	KEN	3:59.35	17 Jul 82		
Kipchoge	Keino	KEN	3:54.16	30 Aug 65	3:53.1	10 Sep 67
Martin	Keino	KEN	3:58.73	4 Jun 94	3:52.33	5 Jul 96
Keith	GBR	3:58.79 i	25 Jan 92	3:56.29 i	22 Jan 94	Andy
Haron	Keitany	KEN	3:49.70	6 Jun 08	3:48.78	7 Jun 09
Emmanuel	Kemboi	KEN	3:59.23	28 Jul 00		
William	Kemei	KEN	3:48.80	21 Aug 92		
Rich	Kenah	USA	3:59.43 i	12 Feb 00		
Mark	Kennard	RSA	3:59.5	30 Mar 79		
Bob	Kennedy	USA	3:58.11 i	9 Mar 91	3:56.21	4 Jun 94
Michael	Kerrigan	USA	3:59.60	20 May 07		
John	Keyworth	GBR	3:59.43	14 Jul 84		
Mohamed	Khaldi	ALG	3:54.66	25 Aug 00		
Omer	Khalifa	SUD	3:56.96	9 Sep 79	3:53.74	17 Aug 84
David	Kibet	KEN	3:56.45	17 Aug 90	3:51.80	17 Sep 91
Robert	Kibet	KEN	3:56.34	28 Aug 89		
Yusuf	Kibet Biwott	KEN	3:58.84	17 Jun 09		
Samuel	Kibiri	KEN	3:58.41 i	9 Mar 91		
John	Kibowen	KEN	3:47.88	4 Jul 97		
Gerry	Kiernan	IRL	3:59.12	19 Jun 76		
David	Kimani	KEN	3:57.07	29 Apr 00	3:56.69	22 Apr 01
Kevin	King	USA	3:58.31	14 Jun 86		
Kyle	King	USA	3:59.84	5 Jun 10		
Alex	Kipchirchir	KEN	3:53.73	24 May 03	3:50.25	7 Sep 03
Eliud	Kipchoge	KEN	3:50.40	30 Jul 04		
Gilbert	Kipchoge	KEN	3:59.36	6 Jun 08		
Wilson	Kipketer	KEN	3:59.57	5 Jul 93		
Stephen	Kipkorir	KEN	3:57.0 +	12 Jul 95		
Luke	Kipkosgei	KEN	3:55.0 +	5 Jun 98		
Benjamin	Kipkurui	KEN	3:49.34	25 Aug 00		

Richard	Kiplagat	KEN	3:57.40 i	13 Jan 06		
Silas	Kiplagat	KEN	3:52.32	14 Aug 10		
David	Kiplak	KEN	3:52.45	28 Jun 02		
Joseph	Kiprobon	KEN	3:59.34	21 Jun 91		
Asbel	Kiprop	KEN	3:48.50	7 Jun 09		
Moses	Kiptanui	KEN	3:57.70	17 Aug 90	3:54.01	6 Jul 91
Nicholas	Kiptanui Kemboi	KEN	3:58.12	10 Jun 07	3:50.83	6 Jun 08
Julius	Kiptoo	KEN	3:53.53	3 Sep 97		
Bernard	Kiptum	KEN	3:59.74 i	11 Feb 06	3:58.32	11 Aug 07
Mark	Kirk	GBR	3:59.67	13 Jul 86		
John	Kirkbride	GBR	3:58.0	23 Jul 69	3:56.5	10 Jun 72
Wilfred	Kirochi	KEN	3:58.59	13 Jul 88	3:49.77	6 Jul 91
David	Kisang	KEN	3:59.5	12 Aug 98	3:55.24	4 Jun 00
Silas	Kisorio	KEN	3:57.34 i	13 Feb 10		
Josphat Mutunga	Kithii	KEN	3:55.16	3 Jul 10		
Brian	Kivlan	USA	3:57.4	1 Jun 68		
Allan	Klassen	CAN	3:57.31	5 Jun 93		
Ryan	Kleimenhagen	USA	3:59.00 i	28 Jan 06		
István	Knipl	HUN	3:55.13	29 Aug 84		
Shane	Knoll	USA	3:57.36 i	7 Feb 09		
Fumikazu	Kobayashi	JAP	3:59.06	15 Jun 02		
Benson	Koech	KEN	3:55.45 i	15 Feb 01		
Enock	Koech	KEN	3:51.50	29 Jun 01		
Marko	Koers	NED	3:59.70 i	20 Jan 96	3:53.47	30 Aug 96
Daniel	Komen 1	KEN	3:58.0 +	10 Aug 96	3:46.38	26 Aug 97
Daniel	Komen 3	KEN	3:54.02	1 Jul 04	3:48.28	10 Jun 07
Amos	Korir	KEN	3:59.3 i	12 Jan 79		
Barnabas	Korir	KEN	3:59.32	9 Jun 88		
Paul	Korir	KEN	3:48.17	8 Aug 03		
Shadrack	Korir	KEN	3:55.72	22 Jul 01	3:50.49	8 Jun 08
Shem	Kororia	KEN	3:58.8 +	10 Aug 96		
John	Kosgei	KEN	3:57.8 +	10 Aug 96	3:54.7 +	1 Sep 96
Kipsubai	Koskei	KEN	3:59.95	29 Aug 77		
Sammy	Koskei	KEN	3:56.79	22 Aug 82		
Aleksandr	Kostyetskiy	SOV/RUS	3:59.32	3 Jul 84		
Rachid	Kram	ALG	3:58.84	18 Jul 86		
Ahmed	Krama	ALG	3:58.64	30 Aug 96	3:52.72	16 Jul 97
Jan	Kraus	CZE	3:59.41	9 Jun 88		
Johnny	Kroon	SWE	3:55.17	15 Aug 86		
David	Krummenacker	USA	3:58.62 i	7 Feb 98	3:54.23	25 Jul 98
Han	Kulker	NED	3:53.93	14 Aug 85		
Harold	Kuphaldt	USA	3:59.73	16 May 87		
Piotr	Kurek	POL	3:58.44	1 Sep 83		
Arne	Kvalheim	NOR	3:59.4	6 May 67	3:56.4	6 Jun 71
Knut	Kvalheim	NOR	3:58.2	27 Apr 73	3:56.2	31 Jul 74
James	Kwalia	KEN	3:50.39	1 Jun 03		
Eero	Kytölä	FIN	3:58.61	2 Jul 87		

L

Amine	Laâlou	MOR	3:50.22	3 Jul 10		
Lee	LaBadie	USA	3:58.8	11 May 71		
Chuck	LaBenz	USA	3:58.4	31 May 69	3:56.9	30 May 70
Steve	Lacy	USA	3:59.64	27 May 77	3:54.7 i	16 Feb 79
Bernard	Lagat	KEN/ USA	3:55.65 i	6 Mar 99		
					3:47.28	29 Jun 01
Haron	Lagat	KEN	3:58.48 i	9 Feb 08		
Phillip	Lagat	KEN	3:57.55	24 Apr 10		
Brahim	Lahlafi	MOR	3:59.8 +	18 Aug 00		
El Hassan	Lahssini	MOR	3:59.4 +	10 Aug 96		
Boaz Kiplagat	Lalang	KEN	3:58.34 i	15 Feb 08	3:52.18	4 Jun 10

Craig	Lambert	RSA	3:58.41	15 Dec 84		
Alessandro	Lambruschini	ITA	3:59.46	30 May 92		
De Villiers	Lamprecht	RSA	3:59.7	13 Nov 64	3:57.7	13 Nov 70
Tom	Lancashire	GBR	3:58.52 i	2 Mar 06	3:53.39	14 Aug 10
Johan	Landsman	RSA	3:59.41	4 Mar 91	3:56.61	25 Nov 91
John	Landy	AUS	3:57.9	21 Jun 54		
Matthew	Lane	USA	3:57.57	26 May 02		
Shadrack	Langat	KEN	3:58.87 i	13 Feb 00		
Aaron	Lanzel	USA	3:59.88	19 Jun 04		
Paul	Larkins	GBR	3:59.52 i	8 Feb 86	3:56.65	17 Jul 87
Seneca	Lassiter	USA	3:59.60 i	13 Feb 98	3:54.21 i	10 Feb 01
Ashworth	Laukam	GBR	3:59.1	16 Jun 85		
Cyrille	Laventure	FRA	3:59.00	2 Aug 85		
John	Lawson	USA	3:59.5	31 May 69	3:59.2	30 May 70
Paul	Lawther	GBR	3:58.49	19 Jun 76	3:57.81	13 Jul 83
Lorenzo	Lazzari	ITA	3:55.89	7 Jul 99		
Michael	Lederer	FRG/GER	3:58.30	29 Aug 77	3:57.74	5 Sep 78
Bert	Leenaerts	BEL	3:54.90	25 Aug 00		
Will	Leer	USA	3:59.83 i	26 Jan 08	3:55.66 i	6 Feb 10
Henok	Legesse	ETH	3:54.81	7 Jun 09		
David	Lelei	KEN	3:54.98	16 Jul 98	3:53.14	7 Jul 99
Wijbo	Lelieveld	NED	3:59.78	22 May 81	3:59.6 i	11 Feb 83
Daniel	Lemashon	KEN	3:54.72	17 Jun 09		
Shannon	Lemora	USA	3:57.47	4 Jun 94		
Tony	Leonard	GBR	3:59.92	8 Jul 79		
Bob	Lesko	USA	3:58.23	5 Jun 93		
Bruno	Levant	FRA	3:59.18	13 Sep 87		
Cameron	Levins	CAN	3:59.80 i	30 Jan 10		
David	Lewis	GBR	3:59.6	27 Jul 82	3:55.96	23 Aug 83
Gary	Lewis	USA	3:58.6	25 May 85		
Louis	Liebenberg	RSA	3:59.2	30 Mar 79	3:58.1	7 May 79
Greg	Liefeldt	RSA	3:59.06	25 Mar 83	3:58.6	10 Dec 83
Gert-Jan	Liefers	NED	3:51.39	1 Jun 03		
Benjamin	Limo	KEN	3:59.4 +	4 Aug 99		
Daniel	Lincoln	USA	3:57.68	30 Jul 04		
Matt	Lincoln	USA	3:59.39 i	27 Jan 07		
Merv	Lincoln	AUS	3:58.9	23 Mar 57	3:55.9	6 Aug 58
Bryan	Lindsay	USA	3:59.16	9 Apr 05		
Marty	Liquori	USA	3:59.8	23 Jun 67	3:52.2	17 May 75
Andrew	Lloyd	AUS	3:56.52	27 May 90		
Andrey	Loginov	RUS	3:57.99 i	14 Feb 95		
Antti	Loikkanen	FIN	3:57.6	3 Jul 77	3:56.18	3 Jul 78
Klaas	Lok	NED	3:58.9	9 Sep 78	3:57.69	22 May 81
Joseph Lopez	Lomong	USA	3:58.54	14 Apr 07	3:53.18	3 Jul 10
Rob	Lonergan	CAN	3:59.29	18 Jul 86	3:58.10	5 Aug 86
Jason	Long	USA	3:59.99 i	15 Feb 03		
Jaime	López	ESP	3:59.60	10 Jun 82		
Gary	Lough	GBR	3:59.98	4 Sep 94	3:55.91	27 Aug 95
Ken	Lucks	CAN	3:58.96	16 Jul 84		
Chris	Lukezic	USA	3:58.53 i	28 Jan 06	3:54.46	28 May 06
Jason	Lunn	USA	3:58.42 i	29 Jan 00	3:54.43	24 May 03
Juris	Luzins	USA	3:58.2	27 May 72		

M

Danny	Maas	USA	3:58.83	5 Jun 93		
Ali Nabil	Maâtaoui	MOR	3:58.10	27 Aug 02		
Driss	Maazouzi	FRA	3:52.62	2 Aug 98	3:51.79	25 Aug 00
Duncan	Macdonald	USA	3:59.6	16 May 70	3:58.4	27 May 72
Ron	Macdonald	GBR	3:59.7	30 Aug 75	3:59.1	1 Sep 75
Scott	MacDonald	CAN	3:59.40 i	5 Feb 94		

Jonah	Maiyo	KEN	3:59.08 i	26 Feb 05		
Jermaine	Mays	GBR	3:59.64	25 Aug 07		
Reggie	McAfee	USA	3:59.3	21 Apr 73	3:57.8	12 May 73
Ian	McCafferty	GBR	3:56.8	11 Jun 69		
Seamus	McCann	GBR	3:59.84	5 Jul 88		
David	McCarthy	IRL	3:57.75 i	14 Feb 09		
Bill	McChesney	USA	3:59.1	26 Jul 80	3:56.36	28 May 81
Alex	McClary	USA	3:57.32 l	13 Feb 10		
Andy	McClary	USA	3:58.95 l	13 Feb 10		
Peter	McColgan	GBR	3:59.37	18 Jul 86		
Nick	McCormick	GBR	3:52.02	29 Jul 05		
Josh	McDougal	USA	3:57.46	31 Mar 07		
Chris	McGeorge	GBR	3:58.97	27 Jun 86	3:56.71	5 Jul 88
Scott	McGowan	USA	3:58.91 i	29 Jan 05	3:57.21	4 Jun 05
Michael	McGrath	USA	3:59.25 i	4 Mar 06		
Jim	McGuinness	GBR	3:59.2	30 Aug 75	3:55.0	11 Jul 77
James	McIlroy	IRL	3:59.48	5 Sep 98		
Benny	McIntosh	USA	3:58.25	4 Jun 94		
Kevin	McKay	GBR	3:59.0	7 May 89	3:53.64	22 Jul 94
Ryan	McKenzie	CAN	3:58.52	1 Jul 04		
Jim	McKeon	USA	3:58.62 i	19 Jan 85	3:56.48	11 Jul 86
Bill	McKim	GBR	3:59.4	22 Jul 64		
Grant	McLaren	CAN	3:59.0	29 Jul 72		
Hayden	McLaren	NZL	3:59.50 i	26 Jan 08	3:57.78 i	14 Feb 09
Mick	McLeod	GBR	3:59.38	23 Aug 78	3:56.38	31 Aug 79
Dave	McMeekin	GBR	3:59.7	30 Aug 75	3:58.05	30 Aug 76
Charlie	McMullen	USA	3:59.7	26 May 73	3:56.9	20 Jul 74
Paul	McMullen	USA	3:57.34 i	4 Feb 95	3:54.94	22 Jul 01
Jordan	McNamara	USA	3:59.87	16 Jul 09		
Charles	Makau	KEN	3:57.5	27 Aug 00		
Vincent	Malakwen	KEN	3:54.65	5 Jul 96		
Danie	Malan	RSA	3:56.7	17 Feb 75	3:54.6	26 Feb 75
Bronisław	Malinowski	POL	3:57.59	16 Aug 74	3:55.40	9 Aug 76
Fernando	Mamede	POR	3:59.43	6 Aug 76		
Larry	Mangan	USA	3:58.4	16 May 80	3:56.9	19 Jul 83
Mike	Manke	USA	3:58.83	18 Aug 78		
Ali Bilal	Mansoor	BRN	3:56.18	2 Jun 06	3:52.35	15 Jun 07
Leonel	Manzano	USA	3:59.86 i	26 Feb 05	3:50.64	14 Aug 10
Bob	Maplestone	GBR	3:59.5 i	19 Feb 72	3:58.5	25 May 73
Jose	Marajo	FRA	3:59.2	10 Sep 78	3:50.98	9 Jul 83
Edwin	Maranga	KEN	3:58.3	12 Aug 98	3:55.80	3 Jun 01
Sydney	Maree	RSA/ USA	3:57.9	15 Dec 76	3:48.83	9 Sep 81
Moncho	Marinov	BUL	3:58.9	9 Jul 74		
Justin	Marpole-Bird	CAN	3:58.76 l	13 Feb 10		
Charles	Marsala	USA	3:58.73 i	16 Feb 91		
Henry	Marsh	USA	3:59.31	16 Aug 85		
Eamonn	Martin	GBR	3:59.7	12 Jun 83	3:59.30	23 Aug 83
Ken	Martin	USA	3:57.84	28 May 81		
Ron	Martin	GBR	3:58.0 r	27 Apr 74		
		also	3:58.9	11 May 74		
Steve	Martin	GBR	3:56.71	10 Jun 84	3:56.36	5 Aug 86
Juan	Martínez	MEX	3:58.4	24 May 75		
Elijah	Maru	KEN	3:53.49	20 Feb 97		
Craig	Masback	USA	3:59.6	17 Jun 78	3:52.02	17 Jul 79
Chris	Mason	GBR	3:59.9	30 May 70		
John	Mason	USA	3:58.4	30 May 70	3:57.9	17 Apr 71
Riley	Masters	USA	3:59.97 i	13 Feb 10	3:59.07 i	5 Mar 10
Brendan	Matthias	CAN	3:58.83	2 Jun 90		
Mark	Matusak	USA	3:58.36 i	13 Feb 10		
Simon	Maunder	NZL	3:59.28	22 Jan 00		
Jürgen	May	GDR/GER	3:55.92	30 Aug 65	3:53.8	11 Dec 65

Tom	Mayo	GBR	3:55.57	22 Jul 01	3:55.37	8 Aug 03
John	Mayock	GBR	3:56.90	15 Sep 91	3:50.32	5 Jul 96
Marco	Mayr	SWZ	3:58.02	28 Aug 85		
Luis	Medina	CUB	3:58.1	11 May 79		
Stefano	Mei	ITA	3:55.96	1 Sep 83		
Deresse	Mekonnen	ETH	3:49.72	6 Jun 08	3:48.95	3 Jul 09
Hailu	Mekonnen	ETH	3:54.78 i	13 Feb 00	3:53.40	28 Jul 00
Kyle	Merber	USA	3:58.52 i	5 Mar 10		
Lee	Merrien	GBR	3:59.18	6 Aug 05		
Greg	Meyer	USA	3:59.1 i	28 Jan 78		
Howell	Michael	USA	3:59.0	30 May 70	3:56.4	11 May 74
Mike	Michno	USA	3:58.94 i	16 Feb 91		
Cliffie	Miller	RSA	3:58.84	18 Dec 91		
Craig	Miller	USA	3:59.09 i	7 Mar 09		
Mike	Miller	USA	3:59.86	13 May 00	3:57.13	12 May 01
Taylor	Milne	CAN	3:56.54	11 Jun 09		
Dietmar	Millonig	AUT	3:57.7	13 Jun 79		
Gu	Ming	CHN	3:59.75	3 Jun 06		
Craig	Mochrie	GBR	3:59.6	28 Aug 89		
Roger	Moens	BEL	3:58.9	4 Sep 57		
Tom	Moloney	IRL	3:57.70	13 Jul 83	3:54.68	8 Jul 86
Abdelmajid	Moncef	MOR	3:59.52	1 Jul 91		
Uwe	Mönkemeyer	FRG/GER	3:56.84	17 Aug 84		
David	Moorcroft	GBR	3:59.9	26 Jul 75	3:49.34	26 Jun 82
Abderrahmane	Morceli	ALG	3:58.19	9 Sep 81	3:54.63	1 Sep 83
Noureddine	Morceli	ALG	3:59.79	10 Jun 89	3:44.39	5 Sep 93
Javier	Moro	ESP	3:58.02 i	15 Feb 01		
Tony	Morrell	GBR	3:58.5	9 Sep 88	3:51.31	14 Jul 90
Norman	Morrison	GBR	3:58.7	31 May 71		
Alan	Mottershead	GBR	3:58.8	12 Sep 77	3:58.23	14 Sep 79
Craig	Mottram	AUS	3:53.06	13 Jul 01	3:48.98	29 Jul 05
Mohammed	Mourhit	MOR	3:56.49	17 Sep 91		
Wander	Moura	BRZ	3:58.2	15 Apr 95		
Mohammed	Moustaoui	MOR	3:53.03	2 Jun 06	3:50.08	6 Jun 08
Leonard	Mucheru	KEN	3:56.43	29 Oct 00	3:49.75	29 Jun 01
Simon	Mugglestone	GBR	3:58.9	19 May 90		
Willem	Muldner	RSA	3:56.65	14 Feb 97		
Rob	Mullett	GBR	3:59.37 l	13 Feb 10		
Chris	Mulvaney	GBR	3:58.94 i	15 Feb 03	3:58.35	14 Jun 05
Keith	Munson	USA	3:58.5 i	22 Mar 75		
James	Munyala	KEN	3:59.8 i	11 Mar 78	3:59.6	29 Apr 78
Ciaran	Murphy	GBR	3:58.68	24 Jun 95		
Frank	Murphy	IRL	3:58.6	1 Jun 68	3:58.1	7 Jun 69
James	Murphy	USA	3:59.99 i	16 Jan 87		
Gary	Murray	IRL	3:59.52	6 Aug 05		
Rick	Musgrave	USA	3:59.3	29 May 76	3:58.00	5 Jun 82
Sammy	Mutai	KEN	3:52.19	7 Aug 99	3:50.60	29 Jun 01
Paul	Mwangi	KEN	3:54.81	7 Jul 98		
Dub	Myers	USA	3:57.06	14 May 83	3:55.31	17 May 86
Rob	Myers	USA	3:58.64 i	8 Feb 03	3:53.78	30 Jul 04

N

Klaus-Peter	Nabein	FRG/GER	3:54.11	2 Sep 86		
Ken	Nason	IRL	3:58.91	1 Apr 95	3:58.09	24 Jun 95
Jacinto	Navarette	COL	3:59.87 i	13 Feb 87		
Erik	Nedeau	USA	3:59.68 i	27 Feb 93	3:57.28 i	25 Feb 95
Seyoume	Negatu	ETH	3:59.81	7 Jun 81		
Ted	Nelson	USA	3:59.4	10 Aug 66		
Robert	Nemeth	AUT	3:58.43	17 Aug 79	3:52.42	9 Sep 81
Mario	Neumann	GER	3:56.09	17 Aug 90		

Marc Ken	Nevens	BEL	3:58.03	6 Aug 76		
Noah John	Newton	GBR	3:59.8	12 Sep 77		
Anton Claude	Ngeny	KEN	3:50.41	16 Jul 97	3:43.40	7 Jul 99
Gunnar Whaddon	Ngugi	KEN	3:56.75	12 Aug 90		
	Nicolaisen	RSA	3:59.30	18 Dec 91		
	Nicolas	FRA	3:59.1	2 Jun 65		
	Nielsen	DEN	3:59.1	1 Jun 56		
	Niewoudt	RSA	3:58.24	6 Mar 93	3:57.21	15 Apr 94
Björn Vénuste	Nilsson	SWE	3:57.78	9 Sep 77		
James Eliud	Niyongabo	BDI	3:54.71	3 Sep 93	3:46.70	26 Aug 97
Tom James	Njoroge	KEN	3:58.78 i	9 Jan 99		
	Njubi	KEN	3:56.84	28 Apr 01		
	Nohilly	USA	3:59.75	29 Apr 95		
	Nolan	IRL	3:56.31	27 Jun 99	3:54.62	7 Sep 03
Harald Jim	Norpoth	FRG/GER	3:58.8	19 May 66	3:57.2	7 Sep 71
John Suleiman	Norris	USA	3:59.5	23 Jun 90		
Tom	Nuttall	GBR	3:58.83	14 Aug 91		
	Nyambui	TAN	3:58.7 i	2 Feb 79	3:51.94	14 Jul 81
	Nyariki	KEN	3:59.6	10 Aug 96	3:58.0 +	3 Sep 97

O

Sean Christian	O'Brien	USA	3:59.05 i	14 Jan 06	3:58.8	10 Jun 07
Josef	Obrist	ITA	3:59.74	29 Jun 01	3:55.55	12 Jul 02
	Odložil	CZE/ CZE REP	3:56.4	17 Nov 64	3:55.55	30 Aug 65
Peter Tom	O'Donoghue	NZL	3:58.20	30 Jan 82	3:57.69	16 Jul 84
Harald	O'Hara	USA	3:59.2 i	15 Feb 63	3:56.4 i	6 Mar 64
Marc	Olbrich	FRG/GER	3:59.33	21 Aug 85		
Fabio	Olesen	CAN	3:58.08	16 Jun 83		
Ovidiu	Olivo	ITA	3:55.94	30 May 92		
Frank	Olteanu	ROM	3:58.18	29 May 94		
Yobes	O'Mara	IRL	3:58.82	23 Jun 81	3:51.06	10 Sep 86
Sean	Ondieki	KEN	3:57.80	20 Jun 90	3:55.32	10 Jul 91
Michael	O'Neill	IRL	3:58.42	7 Jul 87		
Gerry	Openshaw	GBR	3:57.2	29 May 98		
Zbigniew	O'Reilly	IRL	3:54.63	14 Jun 86		
Niall	Orywal	POL	3:59.7	3 Sep 58		
Marcus	O'Shaughnessy	IRL	3:58.1	1 May 76	3:55.4 i	28 Jan 77
Scott	O'Sullivan	IRL	3:58.84 i	22 Jan 83	3:50.94 i	13 Feb 88
Steve	Overall	GBR	3:58.61 i	29 Jan 10		
Neil	Ovett	GBR	3:59.4	17 Jul 74	3:48.40	26 Aug 81
	Ovington	GBR	3:57.07	11 Jul 86		

P

Doug	Padilla	USA	3:56.6 i	21 Feb 81	3:54.2	6 Aug 89
Don	Paige	USA	3:58.10	7 May 78	3:54.19	16 May 82
Keith	Palmer	USA	3:59.2	1 Jun 74		
Manuel	Pancorbo	ESP	3:59.58	13 Jul 88	3:52.96	10 Jul 93
Karl	Paranya	USA	3:57.6	14 May 97	3:54.83	30 May 99
Adrian	Passey	GBR	3:58.38	18 Jul 86	3:54.9	20 Aug 89
Dave	Patrick	USA	3:59.3 i	17 Feb 67	3:56.8	1 Jun 68
Claudio	Patrignani	ITA	3:59.18	7 Jun 81	3:57.92	9 Sep 81
Jean-Pierre	Paumen	BEL	3:59.6	22 Aug 80		
Ari	Paunonen	FIN	3:55.65	26 Jun 77		
Roland	Pauwels	BEL	3:58.8	28 Jul 87		
Ken	Penney	GBR	3:59.90	14 Jul 91		
Kyle	Perry	USA	3:59.16 i	2 Feb 08		
Jan	Persson	SWE	3:57.23	7 Jul 82		

Scott	Petersen	AUS	3:55.75	20 Feb 97		
Hervé	Phélippeau	FRA	3:52.57	18 Aug 89		
Peter	Philipp	SWZ	3:59.74	9 Jun 98		
Stephen	Pifer	USA	3:59.55 i	11 Feb 06	3:56.12	3 Jul 10
Gordon	Pirie	GBR	3:59.9	23 Sep 60		
Jozef	Plachý	CZE/SVK	3:54.68	4 Jul 77	3:52.59	3 Jul 78
Malcolm	Plant	GBR	3:59.61	31 Aug 79		
Steve	Plasencia	USA	3:58.34	17 Jul 82		
Vinko	Pokrajčić	YUG/ BSH	3:58.41	4 Jun 81		
Tony	Polhill	NZL	3:59.0	15 Jul 71	3:57.0	15 Sep 72
Willy	Polleunis	BEL	3:57.9	9 Sep 78		
Vickson	Polonet	KEN	3:54.09	17 Jun 09		
Ken	Popejoy	USA	3:59.7	9 Jun 72	3:57.0	5 May 73
Richard	Potts	NZL	3:59.80	15 Dec 93		
Mike	Power	AUS	3:58.03	4 Jun 95		
Steve	Prefontaine	USA	3:57.4	5 Jun 70	3:54.6	20 Jun 73
Junior	Prinsloo	RSA	3:59.37	12 Dec 87		
David	Proctor	GBR	3:59.14 i	27 Jan 07		
Emiel	Puttemans	BEL	3:56.19	2 Jul 73		
Jason	Pyrah	USA	3:58.43 i	11 Feb 95	3:55.14	26 May 96

Q

John	Quade	USA	3:57.3 i	6 Feb 88	3:54.6	6 Aug 89
Dick	Quax	NZL	3:57.8	18 Mar 70	3:56.23	9 Jul 76

R

Victor	Radebe	RSA	3:54.62	11 Mar 87		
Azat	Rakipov	BLR	3:57.88	26 Jul 94		
Aaron	Ramirez	USA	3:59.57	15 May 93		
Rachid	Ramzi	BRN	3:51.33	4 Jun 05		
Jon	Rankin	USA	3:57.89	9 Apr 05	3:54.24	11 Aug 07
Bill	Rathbun	USA	3:59.94 i	16 Feb 91		
Tim	Redman	GBR	3:59.3	16 Jun 85		
José Antonio	Redolat	ESP	3:49.60	29 Jun 01		
Ben	Reese	GBR	3:59.8 i	14 Feb 97		
Dave	Reid	CAN	3:58.03	16 Jun 83	3:57.93	23 Jul 85
Reuben	Reina	USA	3:58.88 i	18 Feb 89	3:57.08i	25 Jan 91
Colin	Reitz	GBR	3:55.41	31 Jul 82		
Peter	Renner	NZL	3:59.7	13 Feb 85		
Jon	Richards	GBR	3:59.94	7 Jul 87		
John	Richardson	USA	3:59.35 i	2 Feb 08		
Jerry	Richey	USA	3:58.6	1 Jun 68		
Colin	Ridding	GBR	3:57.42	5 Jul 88		
Jonathon	Riley	USA	3:58.72 i	6 Feb 99	3:57.07	11 Aug 07
Rick	Riley	USA	3:59.2	16 May 70		
Jeff	Riseley	AUS	3:54.24	13 Mar 09	3:51.25	3 Jul 09
Alec	Ritchie	CAN	3:59.59	16 Jun 83		
Glen	Ritchie	AUS	3:58.43	5 Jul 88		
Alemayehu	Roba	ETH	3:58.13	19 Jul 92		
Stanley	Roberts	RSA	3:58.97	6 Mar 93		
Euan	Robertson	NZL	3:58.94	26 Aug 77		
Ricky	Robinson	RSA	3:59.9	16 Mar 81	3:58.95	25 Mar 83
Grant	Robison	USA	3:57.9 r	27 Apr 02		
		also	3:58.95 i	8 Mar 03		
Nathan	Robison	USA	3:59.99 i	14 Feb 04		
John	Robson	GBR	3:58.81	29 Aug 77	3:52.44	11 Jul 81
Kerry	Rodger	NZL	3:59.5	13 Feb 85		
Jeremy	Roff	AUS	3:55.05	25 Jul 09		

Tony	Rogers	NZL	3:59.50	20 Mar 82	3:55.18	16 Jul 84
Richard	Romo	USA	3:58.8	10 Aug 66		
Geoffrey	Rono	KEN	3:58.60 i	21 Jan 06	3:54.37	4 Jun 10
Henry	Rono	KEN	3:59.2 i	20 Mar 77		
Peter	Rono	KEN	3:56.91	16 Jul 88	3:51.41	10 Jul 91
Robert	Rono	KEN	3:54.05	13 Jul 01	3:50.98	7 Sep 03
Sammy	Rono	KEN	3:53.63	29 Jul 98		
Vincent	Rono	KEN	3:59.63	14 Apr 07		
Francis	Rop	KEN	3:59.53	16 Feb 96		
Larry	Rose	USA	3:59.5	16 Apr 71	3:59.2 i	9 Feb 74
Nick	Rose	GBR	3:58.4	25 Jul 73	3:57.49	8 Aug 80
Ray	Roseman	GBR	3:59.8	23 Jul 69		
David	Rotich	KEN	3:59.50 i	4 Mar 06		
Laban	Rotich	KEN	3:59.5 +	29 May 96	3:47.65	4 Jul 97
Vincent	Rousseau	BEL	3:54.69	14 Aug 85		
Brenton	Rowe	AUS	3:59.93	13 Mar 09		
Mark	Rowland	GBR	3:55.72	11 Jul 86	3:52.99	10 Sep 86
István	Rózsavölgyi	HUN	3:59.0	26 Aug 56		
Paul	Rugut	KEN	3:59.93 i	5 Mar 83	3:56.35	31 Aug 83
Galen	Rupp	USA	3:57.86 i	7 Mar 09	3:56.22 i	29 Jan 10
Allan	Rushmer	GBR	3:58.7	26 Aug 67		
Kevin	Ryan	USA	3:57.60	4 Jun 83	3:55.9	19 Jul 83
Markus	Ryffel	SWZ	3:58.05	29 Aug 84		
Jim	Ryun	USA	3:59.0	5 Jun 64	3:51.1	23 Jun 67

S

Donald	Sage	USA	3:59.49 i	2 Mar 02		
Abdelaziz	Sahere	MOR	3:59.52	25 Aug 89	3:56.14	14 Jul 90
Ali	Saïdi-Sief	ALG	3:56.28	16 Jul 97	3:48.23	13 Jul 01
Olavi	Salonen	FIN	3:59.1	21 Aug 62		
Alan	Salter	GBR	3:58.31	9 Jun 82	3:56.99	9 Jul 85
Edgard	Salvé	BEL	3:57.4	24 Sep 69		
Stephen	Samoei	KEN	3:58.84	9 Feb 08		
Meshak	Sang	KEN	3:59.65	10 Aug 99		
Archie	San Romani	USA	3:57.6	5 Jun 64		
Steve	Savage	USA	3:59.2	5 Jun 70		
Jukka	Savonheimo	FIN	3:56.37	3 Jul 90		
Pat	Scammell	AUS	3:59.01	13 Mar 82	3:53.58	7 Feb 91
Haico	Scharn	NED	3:59.3	4 Sep 73	3:57.18	16 Aug 74
Jeff	Schemmel	USA	3:59.4	1 Jun 74	3:58.18	19 May 76
Mark	Schilling	USA	3:58.6	9 Jun 73		
Brad	Schlapak	USA	3:59.91	10 Jun 89	3:58.5	9 Jun 91
Marius-Hugo	Schlechter	RSA	3:59.0	14 Dec 85		
Jon	Schmidt	USA	3:59.0 r	28 Apr 80		
Tommy	Schmitz	USA	3:58.92	25 Apr 09	3:58.40	22 May 10
Bob	Schul	USA	3:59.1	13 Jun 64	3:58.9	12 Aug 64
Clay	Schwabe	USA	3:59.43	12 May 01	3:58.91	7 Jul 01
Derek	Scott	USA	3:57.87	23 May 09		
Steve	Scott	USA	3:59.7 i	15 Jan 77	3:47.69	7 Jul 82
Mark	Scruton	GBR	3:58.95	10 Jun 84		
Bob	Seaman	USA	3:58.07	18 Aug 62		
Azzeddine	Sediki	MOR	3:55.67	17 Aug 94		
Jeff	See	USA	3:58.70	2 Jun 07		
Anas	Selmouni	MOR	3:52.66	1 Jun 03		
Hezekiel	Sepeng	RSA	3:57.33	16 Feb 96		
Tony	Settle	GBR	3:59.4	30 Aug 75	3:58.8	29 May 76
Ismaïl	Sghir	MOR	3:54.0 +	12 Jul 95		
Vyacheslav	Shabunin	RUS	3:53.54	26 Jul 94	3:49.83	29 Jun 01
Mohamed Othman	Shahween	KSA	3:52.52	6 Jun 08		
Aléxis	Sharangabo	RWA	3:57.82	19 Aug 00		

David	Sharpe	GBR	3:59.02	27 May 90		
Blake	Shaw	USA	3:59.85 i	6 Mar 10		
Darin	Shearer	USA	3:59.76	16 Aug 97	3:58.6	21 May 99
Cliff	Sheehan	USA	3:59.2	27 Apr 85		
Steve	Sherer	USA	3:56.00 i	2 Feb 08		
Kiyonari	Shibata	JPN	3:58.89	11 May 96		
Matthew	Shone	GBR	3:58.66	6 Aug 05		
Lahoussine	Siba	MOR	3:59.33	24 Jul 93		
Mário	Silva	POR	3:58.90	13 Jul 88	3:53.30	17 Sep 91
Rui	Silva	POR	3:58.95	27 Apr 99	3:49.50	12 Jul 02
Suleiman	Simotwo	KEN	3:50.82	29 Jul 05		
Alan	Simpson	GBR	3:56.6	7 Jun 65	3:55.68	30 Aug 65
O'Niel	Simpson	RSA	3:59.38	7 Nov 87		
Len	Sitko	USA	3:59.29 i	14 Mar 92		
Mark	Sivieri	USA	3:59.85 i	28 Jan 94		
Mike	Slack	USA	3:59.7 i	26 Jan 74	3:58.7 i	9 Feb 74
Steve	Slattery	USA	3:59.78	19 Jun 04	3:56.75	3 Jun 06
Eddie	Slowikowski	USA	3:59.36 i	18 Feb 90	3:58.62 i	23 Feb 90
Chris	Sly	GBR	3:59.69	8 Jul 79	3:58.85	8 Aug 80
Ray	Smedley	GBR	3:59.0	15 Sep 72	3:57.7	27 Apr 74
Hendrik	Smit	RSA	3:59.8	23 Apr 74	3:59.0	15 Nov 75
Barry	Smith	GBR	3:58.96	4 Jul 75	3:57.46	8 Aug 80
Christian	Smith	USA	3:59.60 i	4 Mar 06		
Geoff	Smith	GBR	3:55.8	15 Aug 81		
Maurice	Smith	USA	3:59.70	30 Jun 86	3:55.53	29 Jul 90
Max	Smith	USA	3:59.33	27 Jan 06	3:56.46	21 Jul 07
Tom	Smith	USA	3:58.3	4 Jul 79	3:54.65	13 May 84
Peter	Snell	NZL	3:54.4	27 Jan 62	3:54.03	17 Nov 64
Steve	Sodaro	USA	3:59.42	24 Apr 10		
Pablo	Solares	MEX	3:58.50 i	15 Feb 08	3:54.52 i	7 Feb 09
Chris	Solinsky	USA	3:57.80	6 May 06	3:55.75 i	29 Jan 10
Isaac	Songok	KEN	3:54.56	20 Aug 01		
Jim	Sorensen	USA	3:59.70	15 May 93	3:59.16 i	2 Mar 96
Ruben	Sørensen	DEN	3:57.70	9 Sep 79	3:57.16	14 Sep 79
Neil	Speaight	GBR	3:58.49 i	28 Jan 06		
Ron	Speirs	USA	3:56.9	30 Apr 77		
Lawrie	Spence	GBR	3:58.8	12 Sep 77		
Sarel	Spies	RSA	3:58.22	1 Mar 92		
Ed	Spinney	USA	3:57.34	28 May 81		
Peter	Spir	CAN	3:58.71	14 Jun 77		
Jim	Spivey	USA	3:58.9 i	9 Feb 80	3:49.80	5 Jul 86
Kieran	Stack	IRL	3:59.4 i	6 Feb 88		
Mike	Stahr	USA	3:58.79 i	26 Jan 86	3:57.25	11 Jul 86
Gary	Staines	GBR	3:59.24	20 Jul 85	3:53.82	12 Aug 90
Paul	Steeds	CAN	3:59.6	12 Apr 80	3:59.5	8 Aug 82
Róbert	Štefko	SVK	3:58.20	7 Jul 98		
Michael	Stember	USA	3:59.31	4 Jul 98	3:58.40 i	29 Jan 00
Rüdiger	Stenzel	GER	3:56.02	21 Aug 92	3:52.46	26 Aug 97
Alastair	Stevenson	AUS	3:58.40	22 Jan 00		
Ricky	Stevenson	GBR	3:57.90	25 Jul 09	3:56.31 i	23 Jan 10
Glen	Stewart	GBR	3:59.56	25 Aug 96		
Ian	Stewart 1	GBR	3:57.3	11 Jun 69		
Ian	Stewart 2	GBR	3:58.94	26 May 80	3:53.20	25 Aug 82
Peter	Stewart	GBR	3:58.7	11 Jun 69	3:55.3	10 Jun 72
Bruce	Stirling	USA	3:59.1	2 Jul 88		
Boujamaa	Stouti	MOR	3:58.44	16 Jul 98		
Dan	Strackeljahn	USA	3:59.77	6 Jun 09		
David	Strang	GBR	3:59.40 i	22 Feb 92	3:54.30	22 Jul 94
Jürgen	Straub	GDR/GER	3:55.34	26 Aug 77		
Lars Ove	Strømø	NOR	3:59.66	20 Jul 85	3:59.10	28 Aug 85
Brandon	Strong	USA	3:59.59 i	2 Mar 02		
Ian	Studd	NZL	3:58.61	13 Aug 66		

Alejandro	Suárez	MEX	3:59.81	14 Jun 05		
Carlos	Suárez	ESP	3:59.27 i	26 Feb 99		
Mohammed	Suleiman	QAT	3:58.58	15 Sep 91	3:51.12	12 Aug 95
Kevin	Sullivan	CAN	3:59.29	19 Jun 93	3:50.26	28 Jul 00
Terry	Sullivan	RHO	3:59.8	23 Sep 60		
Seth	Summerside	USA	3:57.84	21 Jul 07		
Brad	Sumner	USA	3:59.11	29 Apr 95		
Jim	Svenøy	NOR	3:58.74	22 Jul 94		
Ken	Swenson	USA	3:59.1	3 May 75		
Justin	Switzer	USA	3:58.86 i	7 Feb 09		
Nick	Symmonds	USA	3:56.72 i	13 Jan 07		
Henryk	Szordykowski	POL	3:58.9 i	12 Feb 71	3:58.8	5 Jul 72

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László	Tábori	HUN	3:59.0	28 May 55		
Bouabdellah	Tahri	FRA	3:52.95	12 Jul 02		
William	Tanui	KEN	3:56.87 i	4 Mar 92	3:50.57	26 Aug 97
Damé	Tasama Faisa	ETH	3:58.74	21 Jul 07		
Richard	Taylor	NZL	3:58.8	23 Jan 71		
David	Taylor	IRL	3:59.19	24 Jun 80	3:54.48	13 Jul 83
Gary	Taylor	GBR	3:58.26 i	17 Jan 86	3:57.15	5 Jul 88
Matt	Taylor	USA	3:57.84 i	25 Jan 91		
Stan	Taylor	GBR	3:58.01	18 Aug 62		
Matt	Tegenkamp	USA	3:56.38	6 May 06		
Matthews	Temane	RSA	3:55.4	9 Mar 83		
Paul	Tergat	KEN	3:58.4	12 Aug 96		
Brian	Theriot	USA	3:56.10	21 Jul 84		
James	Thie	GBR	3:58.26	15 Sep 02	3:57.71 i	14 Feb 03
Pascal	Thiébaud	FRA	3:52.02	21 Jul 84		
Albie	Thomas	AUS	3:58.6	6 Aug 58	3:58.3	21 Mar 64
Gavin	Thompson	GBR	3:59.05 i	7 Feb 04		
Mark	Thompson	USA	3:59.29	26 Jul 09		
Karl	Thornton	USA	3:57.9	27 Apr 74		
Balázs	Tölgyesi	HUN	3:55.34	25 Aug 96		
Jeremy	Tolman	USA	3:59.99 i	10 Mar 01		
Michael	Too	KEN	3:54.60	28 Jun 02	3:53.69	1 Jun 03
Valeriy	Toropov	SOV/RUS	3:58.92	17 Aug 79		
David	Torrence	USA	3:58.62	28 Apr 07	3:54.47	3 Jul 10
Héctor	Torres	MEX	3:59.03	19 Apr 98		
László	Tóth	HUN	3:58.91	28 Aug 85		
John	Trautmann	USA	3:58.52 i	9 Mar 91	3:58.23	24 May 92
Ryan	Travis	USA	3:59.69 i	7 Feb 98	3:59.51i	6 Mar 99
Pat	Traynor	USA	3:59.0	10 Aug 68		
Brian	Treacy	IRL	3:59.91	7 Aug 99		
Richard	Tremain	CAN	3:59.71	19 Aug 00		
Norm	Trerise	CAN	3:59.1	5 Jun 70		
Ben	True	USA	3:59.99	17 Jun 07		
Mark	Tucker	AUS	3:59.99	5 Jun 04	3:58.37	23 Feb 05
Phillip	Tulba	GBR	3:59.7	19 Aug 98		
Bruce	Tulloh	GBR	3:59.3	27 Jan 62		
Bodo	Tümmeler	FRG/GER	3:54.7	2 Jul 68	3:53.8	22 Aug 68
Gareth	Turnbull	IRL	3:57.89	29 Apr 00	3:57.61	27 Apr 02
Geoff	Turnbull	GBR	3:59.41	12 Jun 83	3:57.66	18 Jul 86
Monde	Tutani	RSA	3:56.12	13 Dec 86		
Richard	Tuwei	KEN	3:59.96 i	12 Mar 83	3:59.56	15 Aug 83

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Darien	Ulrey	USA	3:57.60 i	24 Jan 09		
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V

Siegfried Karl Paul Hans Peter Juan Luca William Marius Erik Jacques Fanie Pekka Jari Andrés Bob Jean Gerard Isaac Tom Olavi	Valentin Van Calcar Vandegrift van der Veen van der Westhuizen van Deventer Vandi van Dijck van Heerden Van Ingen van Rensburg van Zijl Vasala Venäläinen Vera Verbeeck Verster Vervoort Viciosa Von Ruden Vuorisalo	GDR/GER USA USA RSA RSA RSA ITA BEL RSA USA RSA FIN FIN ESP NED RSA FRA ESP USA FIN	3:56.5 3:59.35 3:59.60 3:58.8 3:59.80 3:51.31 3:57.93 3:57.59 3:57.49 3:59.58 i 3:59.84 3:59.3 3:57.2 3:56.81 3:55.33 3:57.98 3:55.76 3:59.9 3:52.72 3:56.9 3:59.1	28 May 59 7 May 88 31 Aug 92 14 Dec 85 16 Feb 96 6 Jun 08 28 Aug 89 14 Aug 85 16 Feb 96 30 Jan 10 13 Dec 86 20 Dec 67 5 Jul 72 2 Jul 87 21 Jul 84 20 Jul 83 12 Nov 88 9 Jun 65 22 Jul 94 23 Jun 67 7 Aug 57	3:57.88 i 3:54.90 3:57.62 3:56.0 3:57.13 3:57.81	6 Feb 94 4 Jun 10 17 Dec 90 27 May 72 1 Jul 74 9 Mar 85
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W

Jean Dan Wilson Tony Andrew John Chris Jon Ahmed Henryk Jake Luke Peter Adrian Alan Cary Paul-Heinz Thomas Graeme Andrew Bob Keith Steve Bob John Greg Anthony Zach Ray Mike Raf Dave John Walter Paul	Wadoux Waern Waigwa Waldrop Walker Walker Warburton Warren Warsama Wasilewski Watson Watson Watson Weatherhead Webb Weisiger Wellmann Wessinghage Wells Wheating Wheeler Wheeler Wheeler Whelan Whetton Whiteley Whiteman Whitmarsh Wicksell Wiggs Wijns Wilborn Wild Wilkinson Williams	FRA SWE KEN USA IRL NZL GBR USA QAT POL USA USA AUS GBR USA USA FRG/GER FRG/GER CAN USA USA AUS USA GBR USA USA GBR CAN USA GBR BEL USA GBR GBR CAN	3:57.2 3:59.3 3:57.2 i 3:58.4 3:58.96 3:58.8 3:58.44 3:59.30 3:59.74 3:57.61 3:59.40 3:57.83 i 3:58.0 3:58.5 3:59.86 i 3:59.3 3:58.9 3:54.14 3:58.22 3:58.162 3:59.9 3:59.81 3:59.4 3:58.82 i 3:58.95 3:59.15 3:59.44 3:58.78 i 3:59.7 3:59.5 3:58.69 3:56.2 3:59.79 3:59.9 3:58.6	2 Jun 65 19 Jul 57 16 Feb 74 21 Apr 73 29 Oct 00 7 Jul 73 11 Aug 07 4 Jun 94 31 Aug 91 26 Aug 77 2 Jun 07 8 Feb 03 7 Jul 73 19 Jun 71 20 Jan 01 26 May 62 5 Jul 72 30 Jun 75 25 Jul 08 6 Apr 08 19 Jun 71 13 Aug 66 20 Apr 74 11 Mar 89 3 Aug 64 10 Jun 89 15 Oct 95 2 Feb 02 22 Mar 80 12 Jun 65 20 Jul 83 23 Jun 67 1 Apr 95 21 Jul 65 1 Jun 83	3:58.5 3:50.73 3:53.2 3:49.08 3:58.20 3:57.58 3:57.59 3:46.91 3:56.6 3:56.26 3:49.98 3:51.74 3:59.2 3:58.77 i 3:57.68 3:55.80 3:51.90 3:56.23 3:57.5 3:57.9	4 Sep 57 31 Aug 83 27 Apr 74 7 Jul 82 25 Jul 08 5 Sep 93 29 Aug 75 21 Jul 07 7 Jun 63 4 Aug 76 17 Aug 83 3 Jul 10 9 Jun 72 10 Mar 90 3 Jul 65 4 Jun 95 16 Jul 98 4 Jan 81 5 Jul 65 25 May 85 31 May 71
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Graham	Williamson	GBR	3:56.40	2 Jul 78	3:50.64	13 Jul 82
Nick	Willis	NZL	3:55.93 i	8 Feb 03	3:50.66	15 Feb 08
Steve	Willis	NZL	3:59.04	22 Jan 00	3:58.15 i	8 Feb 03
Dan	Wilson	USA	3:59.14 i	4 Feb 01		
Davey	Wilson	GBR	3:59.9	30 May 91		
Randy	Wilson	USA	3:58.74	12 May 84		
Mark	Winzenried	USA	3:59.5	4 Mar 72		
Peter	Wirz	SWZ	3:59.75	27 Aug 79	3:55.68	11 Jul 86
Dave	Wittman	USA	3:59.28 i	5 Feb 94	3:57.31	4 Jun 95
Rick	Wohlhuter	USA	3:58.8	2 Jun 73	3:53.3	31 May 75
Million	Wolde	ETH	3:58.21	27 Jun 99		
Ken	Wood	GBR	3:59.3	19 Jul 57		
Brad	Woods	AUS	3:58.89	8 Jul 07		
Jay	Woods	USA	3:58.2 i	11 Feb 83	3:54.40 i	27 Feb 83
Michael	Woods	CAN	3:57.48	28 Jul 05		
Jason	Woolhouse	NZL	3:59.80	13 Mar 09		
Dave	Wottle	USA	3:59.0	6 Jun 70	3:53.3	20 Jun 73
Willi	Wülbeck	FRG/GER	3:56.38	3 Jul 79		
Mike	Wyatt	USA	3:58.0	18 May 80		

X

none

Y

Mohammad	Yagoub	SUD	3:58.62	3 Sep 97		
Pavel	Yakovlyev	SOV/RUS	3:57.14	30 Aug 85		
Takeshi	Yamamoto	JPN	3:59.25	11 May 96		
Matthew	Yates	GBR	3:59.7	6 Sep 89	3:52.75	10 Jul 93
Raymond	Yator	KEN	3:55.12	27 May 01		
George	Young	USA	3:59.6	4 Mar 72		
Roy	Young	GBR	3:59.4	14 Jul 71		

Z

Andrey	Zadorozhniy	RUS	3:55.66	9 Jun 98		
Dragan	Zdravković	YUG/SER	3:57.80	4 Jun 81	3:52.24	17 Aug 83
Daniel	Zegeye	ETH	3:57.92	27 May 01	3:57.40	3 Jun 01
János	Zemen	HUN	3:59.2	28 May 76	3:58.66	30 Aug 76
Miroslaw	Zerkowski	POL	3:59.75	21 Jan 81	3:56.63	20 Aug 82
Larbi	Zéroual	MOR	3:59.0 +	12 Jul 95		
Frank	Zimmermann	FRG	3:59.29	18 Aug 78		
Branko	Zorko	CRO	3:59.45	22 May 93	3:52.64	5 Aug 98

Total number of Sub-4 athletes nation-by-nation:

1st USA **353**, 2nd Great Britain **176**, 3rd Kenya **120**, 4th South Africa **52**, 5th Australia **45**, 6th Canada **43**, 7th Germany (including FRG and GDR), Ireland **33**, 9th New Zealand **32**, 10th Morocco **30**, 11th France **25**, 12th Spain **23**, 13th Belgium **18**, 14th Federal Republic of Germany **15**, 15th Ethiopia **14**, 16th Algeria, Italy **13**, 18th Holland, Sweden **10**, 20th Finland **9**,

21st Poland, Russia **8**, 23rd Denmark, German Democratic Republic, Switzerland **7**, 26th Czechoslovakia, Hungary, Mexico, Norway, Portugal **6**, 31st Brazil, Japan, Qatar, Soviet Union **4**, 35th Austria, Czech Republic, Somalia, Tanzania, Tunisia, Yugoslavia **3**, 41st Bahrain, Croatia, Jamaica, Puerto Rico, Rumania, Slovakia, Sudan, Uganda, Ukraine, Zimbabwe **2**, 51st Belarus, Bosnia & Herzegovina, Bulgaria, Burundi, China, Colombia, Cuba, Dominica, Greece, Iceland, Kuwait, Luxemburg, Rhodesia, Rwanda, Saudi Arabia, Samoa, Senegal, Serbia, Slovenia, Turkey **1**.

Note: 70 countries listed, though Czechoslovakia, Federal Republic of Germany, German Democratic Republic, Rhodesia, Soviet Union and Yugoslavia no longer exist. The total numbers nation-by-nation do not tally with the total number of individuals listed in the Register above because in some cases athletes who have run Sub-4 are listed for two different nations.

Sub-4 brothers by average:

- 1st Cornelius Chirchir 3:50.40, William Chirchir 3:47.94 (Kenya) = 3:49.17
- 2nd Nourredine Morceli 3:44.39, Abderrahmane Morceli 3:54.63 (Algeria) = 3:49.51
- 3rd Robert Cheseret 3:59.23 i (Kenya), Bernard Lagat 3:47.28 (USA) = 3:53.26
- 4th Charles Cheruiyot 3:55.41, Kipkoech Cheruiyot (Kenya) 3:52.39 = 3:53.90 (*Note: twins*)
- 5th Nick Willis 3:50.66, Steve Willis 3:58.15 i (New Zealand) = 3:54.40
- 6th Jack Buckner 3:51.57, Tom Buckner 3:58.87 (Great Britain) = 3:55.52
- 7th Ian Stewart 3:57.3, Peter Stewart 3:55.3 (Great Britain) = 3:56.3
Arne Kvalheim 3:56.4, Knut Kvalheim 3:56.2 (Norway) = 3:56.3
- 9th John Jefferson 3:57.85 i, Sean Jefferson 3:56.44 (USA) = 3:57.14 (*Note: twins*)
- 10th Allen Graffin 3:59.86, Andy Graffin 3:54.70 (Great Britain) = 3:57.28 (*Note: twins*)
- 11th John Craig 3:58.05, Paul Craig 3:57.21 (Canada) = 3:57.63 (*Note: twins*)
- 12th Alex McClary 3:57.32 i, Andy McClary 3:58.95 i (USA) = 3:58.14 (*Note: twins*)
- 13th Abdenacer Brahmia 3:59.74, Amar Brahmia 3:57.20 (Algeria) = 3:58.47
- 14th Jake Watson 3:59.40, Luke Watson 3:57.83 i (USA) = 3:58.86
- 15th Adelino Hidalgo 3:59.59, Lorenzo Hidalgo 3:58.88 (Spain) = 3:59.24
- 16th Bob Wheeler 3:59.2, Steve Wheeler 3:59.4 (USA) = 3:59.3

Note that Bennie Greyling and Rudolph Greyling, of South Africa, are not related.

Sub-4 fathers and sons by average:

- 1st Kip Keino 3:53.1, Martin Keino 3:52.33 (Kenya) = 3:52.71
- 2nd Matt Centrowitz 3:54.94, Matthew Centrowitz 3:57.92 i (USA) = 3:56.43
- 3rd Sam Bair 3:56.7, Sam Bair 3:59.72 i (USA) = 3:58.21
- 4th Barry Brown 3:58.8, Darren Brown 3:58.85 (USA) = 3:58.83

Some notable athletes who have narrowly missed Sub-4:

1955 – Wes Santee (USA) 4:00.5. 1956 – Fred Dwyer (USA) 4:00.8. 1957 – Olavi Salsola (Finland) 4:00.2, Ingvar Ericsson (Sweden) 4:00.4, Stefan Lewandowski (Poland) 4:00.6. 1958 – Mike Blagrove (GB) 4:00.0. 1959 – Arne Hamarsland (Norway) 4:00.8. 1959 – Dave Power (Australia) 4:00.2. 1966 – Ralph Doubell (Australia) 4:00.5. 1968 – Ron Clarke (Australia) 4:00.2.

World record-holders in all events who have run Sub-4:

88 Sub-4 milers have set World records in various events. The total number of World records for each, ratified or unratified, outdoors or indoors, is listed in brackets

- Said Aouita (Morocco) – 1500m, 2000m, 3000m, 3000m i, 2 Miles, 5000m (7)
- Bill Baillie (New Zealand) – 20km, 1 hour (2)
- Roger Bannister (Great Britain) – 1500m, 1 mile, 4 x 1 mile relay (3)
- Filbert Bayi (Tanzania) – $\frac{3}{4}$ -mile, 1500, 1 mile (3)
- Jim Beatty (USA) – 2 miles (1)
- Kenenisa Bekele (Ethiopia) – 5000m, 10,000m (4)
- Wade Bell (USA) – 4 x 1 mile relay (1)
- Michel Bernard (France) – 4 x 1500m relay (1)
- John Boulter (Great Britain) – 1000y, 4 x 880y relay (2)
- Don Bowden (USA) – 4 x 880y relay (1)
- Dyrol Burleson (USA) – 4 x 1 mile relay (1)
- Chris Chataway (Great Britain) – 3 miles, 5000m, 4 x 1 mile relay (4)
- Sebastian Coe (Great Britain) – 800m, 800m i, 1000m, 1500m, 1 mile, 4 x 800m relay (10)
- Eamonn Coghlan (Ireland) – 1 mile i, 4 x 1 mile relay (2)
- Steve Cram (Great Britain) – 1500m, 1 mile, 2000m, 4 x 800m relay (4)
- Roscoe Divine (USA) – 4 x 1 mile relay
- Rod Dixon (New Zealand) – 4 x 1500m relay (1)
- Hicham El Guerrouj (Morocco) – 1500m, 1500m i, 1 mile, 1 mile i, 2000m, Ekiden road relay (6)

Herb Elliott (Australia) – 1500m, 1 mile, 4 x 1 mile relay (4)
Peter Elliott (Great Britain) – 1500m i, 4 x 800m relay (2)
Karl Fleschen (FRG/Germany) – 4 x 1500m relay (1)
Keith Forman (USA) – 4 x 1 mile relay (1)
Brendan Foster (Great Britain) – 3000m, 2 miles (2)
Anders Gärderud (Sweden) – 3000m steeplechase (4)
Haile Gebrselassie (Ethiopia) – 3000m i, 2 miles, 5000m, 5000m i, 10,000m, 10km road, 15km road, 20km, 20km road, 1 hour, Half-Marathon, 25km road, Marathon (23)
José-Luis González (Spain) – 1500m i
Morgan Groth (USA) – 4 x 880y relay
Murray Halberg (New Zealand) – 2 miles, 3 miles, 4 x 1 mile relay (4)
Siegfried Herrmann (GDR/Germany) – 3000m, 4 x 1500m relay (3)
Brian Hewson (Great Britain) – 1000y, $\frac{3}{4}$ -mile, 4 x 1 mile relay (5)
Salah Hissou (Morocco) – 10,000m, Ekiden road relay (2)
Harald Hudak (FRG/Germany) – 4 x 1500m relay
Derek Ibbotson (Great Britain) – 1 mile, 4 x 1 mile relay (2)
Michel Jazy (France) – 1 mile, 2000m, 3000m, 2 miles, 4 x 1500m relay (9)
Ben Jipcho (Kenya) – 3000m steeplechase (3)
Stanislav Jungwirth (Czechoslovakia) – 1000m, 1500m, 4 x 800m relay (3)
Kip Keino (Kenya) – $\frac{3}{4}$ -mile, 3000m, 5000m (4)
Rich Kenah (USA) - 4 x 800m relay (1)
Wilson Kipketer (Kenya/Denmark) – 800m, 800m i, 1000m i (4)
Moses Kiptanui (Kenya) – 3000m, 3000m i, 2 miles, 5000m, 3000m steeplechase (7)
Daniel Komen (Kenya) – 3000m, 3000m i, 2 miles, 500m, 5000m i (6)
Arne Kvalheim (Norway) – 4 x 1 mile relay
John Landy (Australia) – 1500m, 1 mile, 4 x 1 mile relay (3)
Michael Lederer (FGR/Germany) – 4 x 1500m relay (1)
Danie Malan (South Africa) – 1000m (1)
Fernando Mamede (Portugal) – 10,000m (1)
Sydney Maree (USA) – 1500m (1)
Jürgen May (GDR/Germany) – 1000m, 4 x 1500m relay (2)
Roger Moens (Belgium) – 600m, 800m, 4 x 800m relay (3)
David Moorcroft (Great Britain) – 5000m (1)
Noureddine Morceli (Algeria) – 1000m i, 1500m, 1500m i, 1 mile, 2000m, 3000m (7)
Noah Ngeny (Kenya) – 1000m (1)
Gunnar Nielsen (Denmark) – 880y, 1500m (2)
Harald Norpoth (FRG/Germany) – 2000m, 4 x 880y relay (2)
Josef Odložil (Czechoslovakia) – 2000m (1)
Frank O'Mara (Ireland) – 4 x 1 mile relay (1)
Yobes Ondieki (Kenya) – 10,000m (1)
Marcus O'Sullivan (Ireland) – 1500m i, 4 x 1 mile relay (2)
Steve Ovett (Great Britain) – 1500m, $\frac{3}{4}$ -mile, 1 mile, 2 miles (8)
Don Paige (USA) – 1000y i (2)
Karl Paranya (USA) – 4 x 800m relay (1)
Gordon Pirie (Great Britain) – 3000m, 5000m, 4 miles, 5 miles, 6 miles, 4 x 1500m relay (7)
Tony Polhill (New Zealand) – 4 x 1500m relay, 4 x 1 mile relay (2)
Willy Polleunis (Belgium) – 15km, 10 miles (2)
Emiel Puttemans (Belgium) – 3000m, 3000m i, 2 miles, 2 miles i, 3 miles, 5000m (6)
Dick Quax (New Zealand) – 5000m, 4 x 1500m relay, 4 x 1 mile relay (3)
Henry Rono (Kenya) – 3000m, 5000m, 10,000m, 3000m steeplechase (5)
István Rózsavölgyi (Hungary) – 1000m, 1500m, 2000m, 4 x 1500m relay, 4 x 1 mile relay (7)
Jim Ryun (USA) – 880y, 1500m, 1 mile (4)
Olavi Salonen (Finland) – 4 x 1500m relay (1)
Archie San Romani (USA) – 4 x 1 mile relay (1)
Bob Schul (USA) – 2 miles (1)
Peter Snell (New Zealand) – 600m, 660y, 800m, 880y, 1000y i, 1000m, 1 mile, 4 x 880y relay, 4 x 1 mile relay (10)
László Tábori (Hungary) – 1500m, 4 x 1500m relay (3)
Richard Taylor (New Zealand) – 4 x 1 mile relay (1)
Paul Tergat (Kenya) – 10,000m, 20km road, Half-Marathon, Marathon (4)
Albie Thomas (Australia) – 2 miles, 3 miles, 4 x 1 mile relay (3)
Bodo Tümmler (FRG/Germany) – 4 x 880y relay

Siegfried Valentin (GDR/Germany) – 1000m, 4 x 1500m relay (3)
Tom Von Ruden (USA) – 4 x 880y relay (1)
Jean Wadoux (France) – 4 x 1500m relay (1)
Dan Waern (Sweden) – 1000m (3)
John Walker (New Zealand) – 1 mile, 2000m, 4 x 1500m relay (3)
Thomas Wessinghage (FRG/Germany) – 4 x 1500m relay (1)
Dave Wilborn (USA) – 4 x 1 mile relay (1)
Mark Winzenried (USA) – 1000y i (1)
Rick Wohlhuter (USA) – 880y, 1000m, 4 x 880y relay (4)
Dave Wottle (USA) – 800m (1)

Olympic Games 1500 metres – placings by Sub-4 milers:

1952: 4 Bannister.

1956: 1 Delany, 3 Landy, 4 Tábori, 5 Hewson, 6 Jungwirth, 9 Wood, 10 Nielsen, 11 Halberg, 12 Lincoln.

1960: 1 H. Elliott, 2 Jazy, 3 Rózsavölgyi, 4 Waern, 6 Burleson, 7 Bernard, 8 Grelle.

1964: 1 Snell, 2 Odložil, 3 J. Davies, 4 Simpson, 5 Burleson, 6 Baran, 7 Bernard, 8 Whetton, 9 Wadoux.

1968: 1 Keino, 2 Ryun, 3 Tümmler, 4 Norpoth, 5 Whetton, 6 Boxberger, 7 Szordykowski, 8 Odložil, 9 Von Ruden, 10 Jipcho, 11 de Hertoghe, 12 Liquori.

1972: 1 Vasala, 2 Keino, 3 Dixon, 4 Boit, 5 B. Foster, 7 Wellmann, 9 Polhill, 10 Hansen..

1976: 1 Walker, 3 Wellmann, 4 Coghlan, 5 Clement, 6 Wohlhuter, 7 Moorcroft, 8 Crouch, 9 Zemen.

1980: 1 Coe, 2 Straub, 3 Ovett, 4 Busse, 5 Fontanella, 6 Plachý, 7 Marajo, 8 Cram, 9 Zdravković.

1984: 1 Coe, 2 Cram, 3 Abascal, 4 Chesire, 5 Spivey, 6 Wirz, 7 Vera, 8 Khalifa, 9 Rogers, 10 S. Scott, dnf Ovett.

1988: 1 P. Rono, 2 P. Elliott, 3 Herold, 4 Cram, 5 S. Scott, 6 Kulker, 7 K. Cheruiyot, 8 O'Sullivan, 9 M. Silva, 10 Atkinson, 11 Chesire, 12 Khalifa.

1992: 1 Cacho, 2 El Basir, 3 Suleiman, 4 Chesire, 5 Birir, 6 Herold, 7 N. Morceli, 8 Spivey, 9 Hood, 10 D. Kibet, 11 Pancorbo, 12 Rakipov.

1996: 1 N. Morceli, 2 Cacho, 3 Kipkorir, 4 Rotich, 5 Tanui, 6 Bile, 7 Koers, 8 Hakimi, 9 Suleiman, 10 Maazouzi, 11 Mayock, 12 El Guerrouj.

2000: 1 Ngeny, 2 El Guerrouj, 3 Lagat, 4 Baala, 5 Sullivan, 6 Zegeye, 7 Diáz, 8 Higuero, 9 Mayock, 10 Pyrah, 11 Maazouzi, 12 Baba.

2004: 1 El Guerrouj, 2 Lagat, 3 R. Silva, 5 Heshko, 6 East, 7 Estévez, 8 Liefers, 9 Kaouch, 11 Boulahfane, 11 I. Songok.

2008: 1 Ramzi, 2 Kiprop, 3 N. Willis, 4 Baala, 5 Higuero, 6 Iguider, 7 van Deventer, 8 Mansoor, 9 Baddeley, 10 Choge, 11 Bashir, 12 Obrist.

Only two of the 42 Olympic 1500 metres medallists since 1956 have not been Sub-4 milers: Klaus Richtzenhain (GDR) and Ivo van Damme (Belgium), the silver-medallists of 1956 and 1972 respectively. This was clearly a matter of opportunity, rather than ability, and particularly so in the case of van Damme, who was killed in a car accident in 1976, aged 22. There are 11 Olympic 1500 metres finalists who have not run Sub-4 for the mile, and none of the six in the list below from 1972 onwards, including van Damme, appear to have ever raced at the distance. The Olympic 1500 metres finalists from 1956 onwards who are not Sub-4 milers, with their best one-mile times, where known, are as follows:

1956: 2 Klaus Richtzenhain (GDR) 4:01.8, 7 Neville Scott (New Zealand) 4:01.2, 8 Ian Boyd (Great Britain) 4:03.2. 1960: 5 Zoltán Vamos (Rumania) 4:06.7, 9 Arne Hamarland (Norway) 4:00.8. 1972: 6 Herman Mignon (Belgium), 8 Vladimir Panteley (USSR). 1976: 2 Ivo van Damme (Belgium). 1984: 11 Ricardo Materazzi (Italy). 2004: 4 Timothy Kiptanui (Kenya), 10 Mulugeta Zindefu (Ethiopia).

Commonwealth Games: only one of the 42 Commonwealth Games (formerly British Empire Games) medals for 1500 metres or one mile since 1954 has been won by an athlete who has not run Sub-4 for the mile. He is Rich Ferguson, of Canada, who was 3rd in the epic Bannister-Landy race of 1954 in a career-best 4:04.6.

World Championships: only one of the 36 World Championships medals at 1500 metres since they were first held in 1983 has been won by an athlete who has not run Sub-4 for the mile. He is,

surprisingly, the 2009 champion, Yusuf Saad Kemel, of Bahrain, formerly Gregory Konchellah, of Kenya, who does not appear to have ever raced the mile distance.

European Championships: three of the 45 European Championships medals at 1500 metres since 1954 have been won by athletes who have not run Sub-4 for the mile. They are Tomas Salinger, of Czechoslovakia, 3rd in 1962; Klaus-Peter Justus, of GDR, 1st in 1974; and Nikolay Kirov, of USSR, 2nd in 1982. Salinger's best one-mile time was 4:00.8 in 1963, achieved at the same venue of Iffley Road, Oxford, where Bannister had first broken four minutes nine years before.

Olympic Games – Sub-4 milers as medallists in other events:

Sub-4 milers have won 62 Olympic medals in events other than the 1500 metres, as follows:

800 metres – *Gold*, Snell 1960/1964; Wottle 1972; Ovett 1980; Cruz 1984; Tanui 1992. *Silver*, Moens 1960; Coe 1980/1984; Cruz 1988; Sepeng 1996; Kipketer 2000. *Bronze*, Boit 1972; Wohlhuter 1976; E. Jones 1984; Aouita 1988; Kipketer 2004.

5000 metres – *Gold*, Halberg 1960; Schul 1964; Aouita 1984; Ngugi 1988; Baumann 1992; Niyongabo 1996; El Guerrouj 2004; Bekele 2008. *Silver*, Pirie 1956; Norpoth 1964; Keino 1968; Quax 1976; Nyambui 1980; Ryffel 1984; Baumann 1988; P. Bitok 1992; Saidi-Sief 2000; Bekele 2004; Kipchoge 2008. *Bronze*, Ibbotson 1956; I. Stewart 1972; Lahlafi 2000; Kipchoge 2004.

10,000 metres – *Gold*, Boutayeb 1988; Gebrselassie 1996/2000; Bekele 2004/2008. *Silver*, Puttemans 1972; McLeod 1984; Tergat 1996/2000. *Bronze*, Power 1960; B. Foster 1976; Hissou 1996.

3000 metres steeplechase – *Gold*, Keino 1972; Malinowski 1980; E. Kemboi 2004. *Silver*, Jipcho 1972; Bayi 1980; Kiptanui 1996. *Bronze*, G. Young 1968; Diemer 1984; Rowland 1988; Lambruschini 1996.

Comparisons between times for one mile and 1500 metres:

Clearly, there are far fewer Sub-4 milers than could be the case, for the simple reason that there are many more races at 1500 metres, and numerous 1500 metres runners of Sub-4 potential have never got to compete at one mile at all. In 2009, for example, 195 athletes ran 3:41.20 or faster for 1500 metres, whereas only 57 men achieved the equivalent time at one mile of 3:58.73. If this is a typical year, then it suggests that since Bannister first broke four minutes in 1954 some three to four times as many athletes have run 1500 metres in 3:42.22 or faster than have run the equivalent mile time of 3:59.99 or faster. A further graphic illustration of the huge number of "missing" Sub-4 milers is provided by the fact that 24 countries which have not produced a Sub-4 miler have national records at 1500 metres of 3:42.22 or faster, as follows:

Angola 3:39.54, Argentina 3:40.8, Bermuda 3:41.97, Botswana 3:39.60, Chile 3:39.01, Democratic Republic of Congo 3:42.02, Cyprus 3:39.76, Ecuador 3:39.31, Eritrea 3:41.35, Estonia 3:39.00, India 3:38.00, Iran 3:41.66, Israel 3:41.73, Ivory Coast 3:39.60, Kazakhstan 3:37.54, Korea 3:38.60, Kyrgyzstan 3:41.2, Latvia 3:40.68, Liechtenstein 3:39.34, Lithuania 3:39.40, Moldova 3:37.2, Pakistan 3:41.4, Panama 3:41.73, Venezuela 3:39.80.

The most successful school

Four graduates of Stillwater High School, in Minnesota, have broken four minutes, all since 2003 – Ben Blankenship, Sean Graham and brothers Jake and Luke Watson.



NOTE: the Sub-4 Register was initiated by the late Bob Sparks on behalf of the National Union of Track Statisticians (NUTS), of Great Britain, and was continued by Ian R. Smith, and is now maintained by Bob Phillips, the editor of the quarterly journal of the NUTS, "Track Stats", with acknowledgments to Stuart Mazdon, manager of the NUTS website at www.nuts.org.uk.