University of Notre Dame

Department of Athletics Safety Procedures

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University of Notre Dame Department of Athletics Safety Procedures

I. <u>Standard Safety Procedures</u>

For all varsity sports, a person has been assigned the responsibility for matters directly relating to the safety of the participants in that sport ("the Safety Contact"). Typically the Safety Contact is the athletic trainer assigned to the sport, but in those instances where the athletic trainer is not in attendance at a team's practice, the team's head coach or another coach designated on an annual basis by the head coach shall assume responsibility as the primary Safety Contact. In those circumstances when the athletic trainer is unable to attend a team's competition, the game manager for that sport will serve as the Safety Contact. If a competitive event does not have an assigned game manager, the head coach or another coach designated on an annual basis by the head coach or another coach designated on an annual basis by the head coach or another coach designated on an annual basis by the head coach or another coach designated on an assigned game manager, the head coach or another coach designated on an annual basis by the head coach or another coach designated on an annual basis by the head coach or another coach designated on an annual basis by the

The Safety Contact is responsible for:

- 1. Communicating the Athletics Department's Safety Procedures to student-athletes, coaches, and team-related personnel.
- 2. Monitoring weather conditions and taking appropriate safety precautions in response to those conditions.
- 3. Reviewing facility conditions.
- 4. Ensuring that sport-specific equipment is inspected for obvious defects.

As conditions may change rapidly, it is the Safety Contact's responsibility to monitor those conditions on an ongoing basis and take appropriate action to protect the safety of the student-athletes and team-related personnel. The Safety Contact has the authority to suspend any practice or other sport-specific activity if he or she feels that unsafe conditions exist. The officials assigned by the appropriate sanctioning body typically have the sole authority to suspend a competition. The Safety Contact shall work closely with competition officials in the exercise of the competition official's authority to suspend or modify a competition.

The following procedures will be followed by Safety Contacts:

- A. Weather
 - a. Each Safety Contact will have access to the Telvent DTN Weather Alert System on their smart-phones and through internet access.
 - b. Weather conditions will be evaluated on a daily basis by the Head Athletic Trainers for football and the Olympic sports. For morning varsity athletic activities, the review of the next day's weather forecast will take place the night before and again at least 60 minutes prior to the start of the scheduled activity. For afternoon varsity athletic activities, this review will take place at the start of the business day and again 60 minutes prior to the start of the scheduled activity.
 - c. The Head Athletic Trainer will provide the Safety Contacts with a report of any relevant potential weather advisories, watches and warnings. If the potential for unsafe weather conditions exist, the Head Athletic Trainer will notify the Safety

Contacts, reminding them to refer to the appropriate weather guidelines. The notification will specify the nature and anticipated timing of the adverse weather conditions.

- B. Environment
 - a. For any varsity athletic practice or competition, the Safety Contact will monitor and evaluate the physical environment to guard against the presence of unsafe conditions. Such conditions might, for example, include the positioning of equipment or fixed objects too close to the activity area, damaged playing surfaces, broken equipment, or the presence of other hazardous conditions such as standing water, inappropriately positioned electric cords or insufficiently secured objects.

C. Training

- a. Each Safety Contact, secondary Safety Contact and Coach or Assistant Coach that may assume the role of Safety Contact must participate in safety training provided by the Athletic Department and the Risk Management and Safety Department. Training Components include:
 - 1. Access to and use of the Telvent DTN Weather Alert System
 - 2. NCAA weather related rules
 - 3. University weather related rules
 - 4. Hazardous condition identification
 - 5. Hazardous condition reporting
 - 6. Coach/Athlete notification of play/practice conditions changes
 - 7. Notice of suspension of play/practice
 - 8. Field or indoor location evacuation
 - 9. Identification of shelter areas
 - 10. Documentation
- D. Play/Practice Area Evaluation
 - a. Prior to each practice, the Safety Contact will conduct a brief evaluation of the area or field for hazardous conditions that may be present or may be developing. The Safety Contact shall notify the coach of any hazardous conditions prior to play/practice. Additionally, the Safety Contact will affect the necessary process to document and correct the condition.

E. Documentation

- a. When a Safety Contact
 - Makes a weather related decision
 - Suspends practice
 - Relocates a team to a safe area
 - Identifies the hazardous condition

The Safety Contact shall notify the Associate Athletic Director and The Risk Management and Safety Department by email within 24 hours of the modification or change. This will serve to document the Safety Contacts decision and direction. The email should include the situation or condition, specific action taken, reason for the action, identify a hazardous condition, and serve to create a timeline for the Safety Contact's actions.



Sport Specific Safety Protocols

Baseball

- 1) Safety Contact will monitor the daily weather forecast received from the Head Athletic Trainer and note any advisories, watches or warnings.
- 2) Safety Contact will inform the head coach of any potential inclement weather forecast for the day and remind coaches that outdoor activities may need to be altered as weather dictates.
- 3) If severe weather/lightning is forecast, the Safety Contact will remind coaches and student-athletes of evacuation procedures prior to the start of outdoor baseball activities and that dugouts are not a safe location during an electrical storm. Reminder: If lightning is detected within 10 miles of the activity site, all personnel should be evacuated to a safe structure.
- 4) Safety Contact will have final authority on the cancellation or suspension of outdoor activities and on whether to move activities indoors.
- 5) Safety Contact will evaluate practice/play field conditions prior to any activity. If any issues/concerns are detected, the Safety Contact will inform the coaches and bring these issues/concerns to the attention of the Head Athletic Trainer or the Associate Athletic Director for Sport Performance.

Men's Basketball

- 1) Safety Contact will evaluate daily weather forecast and note any advisories, watches or warnings.
- 2) Safety Contact will inform the head coach of any potential weather hazards forecast for the day and remind coach(es) that activities may need to be altered as weather dictates.
- 3) If tornado watches/warnings are forecast, the Safety Contact will remind coaches and student-athletes of evacuation procedures.
- If any other conditions occur (fire alarm, power outage), the Safety Contact will have authority regarding evacuation procedures and the cancellation or suspension of activities.
- 5) Safety Contact will evaluate facility conditions prior to any activity. If any issues/concerns are detected, the Safety Contact will inform the coaches and bring these issues/concerns to the attention of the Head Athletic Trainer or the Associate Athletic Director for Sports Performance.

Women's Basketball

1) Safety Contact will evaluate daily weather forecast and note any advisories, watches or warnings.

- 2) Safety Contact will inform the head coach of any potential weather hazards forecast for the day and remind coaches that activities may need to be altered as weather dictates.
- 3) If tornado watches/warnings are forecast, the Safety Contact will remind coaches and student-athletes of evacuation procedures.
- 4) If any other conditions occur (fire alarm, power outage), the Safety Contact will have authority regarding evacuation procedures and the cancellation or suspension of activities.
- 5) Safety Contact will evaluate facility conditions prior to any activity. If any issues/concerns are detected, the Safety Contact will inform the coaches and bring these issues/concerns to the attention of the Head Athletic Trainer or the Associate Athletic Director for Sports Performance.

Men's and Women's Cross Country

- 1) Safety Contact will monitor the daily weather forecast received from the Head Athletic Trainer and note any advisories, watches or warnings.
- 2) Safety Contact will communicate with their assigned head coach of any potential inclement weather forecast for the day and remind coach(es) that outdoor activities may need to be altered as weather dictates.
- 3) If severe weather/lightning is forecast, the Safety Contact will remind coaches and student-athletes of evacuation procedures prior to the start of outdoor activities. Reminder: If lightning is detected within 10 miles of the activity site, all personnel should be evacuated to a safe structure.
- 4) Safety Contact will have final authority on the cancellation or suspension of outdoor activities and on whether to move activities indoors.
- 5) Safety Contact will evaluate practice/play field conditions prior to any activity. If any issues/concerns are detected, the Safety Contact will inform the coaches and bring these issues/concerns to the attention of the Head Athletic Trainer or the Associate Athletic Director for Sport Performance.
- 6) Because student-athletes in cross country typically engage in training runs without direct coach supervision and some of this activity may occur on city streets, the Safety Contact and coaches will remind student-athletes of appropriate safety measures, including unexpected weather conditions that they need to be mindful of absent the presence of a Safety Contact.

Men's and Women's Fencing

- 1) Safety Contact will evaluate daily weather forecast and note any advisories, watches or warnings.
- 2) Safety Contact will inform the head coach of any potential weather hazards forecast for the day and remind coaches that activities may need to be altered as weather dictates.

- 3) If tornado watches/warnings are forecast, the Safety Contact will remind coaches and student-athletes of evacuation procedures.
- If any other conditions occur (fire alarm, power outage), the Safety Contact will have authority regarding evacuation procedures and the cancellation or suspension of activities.
- 5) Safety Contact will evaluate facility conditions prior to any activity. If any issues/concerns are detected, the Safety Contact will inform the coaches and bring these issues/concerns to the attention of the Head Athletic Trainer or the Associate Athletic Director for Sports Performance.

Football

- 1) Safety Contact will evaluate daily weather forecast and note any advisories, watches or warnings.
- 2) Safety Contact will inform the head coach of any potential weather hazards forecast for the day and remind coaches that outdoor activities may need to be altered as weather dictates.
- 3) If severe weather/lightning is forecast, the Safety Contact will remind coaches and student-athletes of evacuation procedures. Reminder: If lightning is detected within 10 miles of the activity site, all personnel should be evacuated.
- 4) Safety Contact will have final authority on the cancellation or suspension of outdoor activities and on whether to move activities indoors.
- 5) Safety Contact will evaluate practice/play field conditions prior to any activity. If any issues/concerns are detected, the Safety Contact will inform the coaches and bring these issues/concerns to the attention of the Deputy Director of Athletics (Football Administrator), or the Associate Athletic Director for Sports Performance.

Men's and Women's Golf

- 1) Safety Contact will evaluate daily weather forecast and note any advisories, watches or warnings.
- 2) Safety Contact will inform the head coach of any potential weather hazards forecast for the day and remind coaches that outdoor activities may need to be altered as weather dictates.
- 3) If severe weather/lightning is forecast, the Safety Contact will remind coaches and student-athletes of evacuation procedures. Reminder: If lightning is detected within 10 miles of the activity site, all personnel should be evacuated.
- 4) Safety Contact will have final authority on the cancellation or suspension of outdoor activities and on whether to move activities indoors.
- 5) Safety Contact will evaluate practice/play field conditions prior to any activity. If any issues/concerns are detected, the Safety Contact will inform the coaches and bring these issues/concerns to the attention of the Head Athletic Trainer,

Associate Athletic Director for Sport Performance or the Head Golf Professional at the Warren Golf Course.

6) Because student-athletes in golf frequently practice or play without direct coach supervision the Safety Contact and coaches will remind student-athletes of appropriate safety measures, including unexpected weather conditions that they need to be mindful of absent the presence of a Safety Contact. Golf course personnel should also be notified when student-athletes are practicing or playing without direct coach supervision so that normal golf course procedures for weather situations can be communicated to student-athletes appropriately.

Hockey

- 1) Safety Contact will evaluate daily weather forecast and note any advisories, watches or warnings.
- Safety Contact will inform the head coach of any potential weather hazards forecast for the day and remind coaches that activities may need to be altered as weather dictates.
- 3) If tornado watches/warnings are forecast, the Safety Contact will remind coaches and student-athletes of evacuation procedures.
- If any other conditions occur (fire alarm, power outage), the Safety Contact will have authority regarding evacuation procedures and the cancellation or suspension of activities.
- 5) Safety Contact will evaluate facility conditions prior to any activity. If any issues/concerns are detected, the Safety Contact will inform the coaches and bring these issues/concerns to the attention of the Head Athletic Trainer or the Associate Athletic Director for Sports Performance.

Men's Lacrosse

- 1) Safety Contact will evaluate daily weather forecast and note any advisories, watches or warnings.
- Safety Contact will inform the head coach of any potential weather hazards forecast for the day and remind coaches that outdoor activities may need to be altered as weather dictates.
- 3) If severe weather/lightning is forecast, the Safety Contact will remind coaches and student-athletes of evacuation procedures. Reminder: If lightning is detected within 10 miles of the activity site, all personnel should be evacuated.
- 4) Safety Contact will have final authority on the cancellation or suspension of outdoor activities and on whether to move activities indoors.
- 5) Safety Contact will evaluate practice/play field conditions prior to any activity. If any issues/concerns are detected, the Safety Contact will inform the coaches

and bring these issues/concerns to the attention of the Head Athletic Trainer or Associate Athletic Director for Sport Performance.

Women's Lacrosse

- 1) Safety Contact will evaluate daily weather forecast and note any advisories, watches or warnings.
- 2) Safety Contact will inform the head coach of any potential weather hazards forecast for the day and remind coaches that outdoor activities may need to be altered as weather dictates.
- 3) If severe weather/lightning is forecast, the Safety Contact will remind coaches and student-athletes of evacuation procedures. Reminder: If lightning is detected within 10 miles of the activity site, all personnel should be evacuated.
- 4) Safety Contact will have final authority on the cancellation or suspension of outdoor activities and on whether to move activities indoors.
- 5) Safety Contact will evaluate practice/play field conditions prior to any activity. If any issues/concerns are detected, the Safety Contact will inform the coaches and bring these issues/concerns to the attention of the Head Athletic Trainer or Associate Athletic Director for Sport Performance.

Women's Rowing

- 1) Safety Contact will evaluate daily weather forecast and note any advisories, watches or warnings.
- 2) Safety Contact will inform the head coach of any potential weather hazards forecast for the day and remind coaches that outdoor activities may need to be altered as weather dictates.
- 3) If severe weather/lightning is forecast, the Safety Contact will remind coaches and student-athletes of evacuation procedures. Reminder: If lightning is detected within 10 miles of the activity site, all personnel should be evacuated.
- 4) Safety Contact will have final authority on the cancellation or suspension of outdoor activities and on whether to move activities indoors.
- 5) Safety Contact will evaluate practice/play field conditions prior to any activity. If any issues/concerns are detected, the Safety Contact will inform the coaches and bring these issues/concerns to the attention of the Head Athletic Trainer or Associate Athletic Director for Sport Performance.
- 6) Because a full-time athletic trainer typically is not present at practice, the Head Coach and his designated assistant coaches are responsible for visually monitoring the conditions of the St. Joseph River before the start of any activities. This visual evaluation will include water height, water speed, water temperature and a review of objects that may be in/on the river in the designated practice area.

 The Head Coach and his designated assistant coaches are responsible for verifying that all appropriate safety equipment is available prior to the start of all activities.

Men's Soccer

- 1) Safety Contact will evaluate daily weather forecast and note any advisories, watches or warnings.
- 2) Safety Contact will inform the head coach of any potential weather hazards forecast for the day and remind coaches that outdoor activities may need to be altered as weather dictates.
- 3) If severe weather/lightning is forecast, the Safety Contact will remind coaches and student-athletes of evacuation procedures. Reminder: If lightning is detected within 10 miles of the activity site, all personnel should be evacuated.
- 4) Safety Contact will have final authority on the cancellation or suspension of outdoor activities and on whether to move activities indoors.
- 5) Safety Contact will evaluate practice/play field conditions prior to any activity. If any issues/concerns are detected, the Safety Contact will inform the coaches and bring these issues/concerns to the attention of the Head Athletic Trainer or Associate Athletic Director for Sport Performance.

Women's Soccer

- 1) Safety Contact will evaluate daily weather forecast and note any advisories, watches or warnings.
- Safety Contact will inform the head coach of any potential weather hazards forecast for the day and remind coaches) that outdoor activities may need to be altered as weather dictates.
- 3) If severe weather/lightning is forecast, the Safety Contact will remind coaches and student-athletes of evacuation procedures. Reminder: If lightning is detected within 10 miles of the activity site, all personnel should be evacuated.
- 4) Safety Contact will have final authority on the cancellation or suspension of outdoor activities and on whether to move activities indoors.
- 5) Safety Contact will evaluate practice/play field conditions prior to any activity. If any issues/concerns are detected, the Safety Contact will inform the coaches and bring these issues/concerns to the attention of the Head Athletic Trainer or Associate Athletic Director for Sport Performance.

<u>Softball</u>

1) Safety Contact will evaluate daily weather forecast and note any advisories, watches or warnings.

- 2) Safety Contact will inform the head coach of any potential weather hazards forecast for the day and remind coaches that outdoor activities may need to be altered as weather dictates.
- 3) If severe weather/lightning is forecast, the Safety Contact will remind coaches and student-athletes of evacuation procedures and that dugouts are not a safe location during an electrical storm. Reminder: If lightning is detected within 10 miles of the activity site, all personnel should be evacuated.
- 4) Safety Contact will have final authority on the cancellation or suspension of outdoor activities and on whether to move activities indoors.
- 5) Safety Contact will evaluate practice/play field conditions prior to any activity. If any issues/concerns are detected, the Safety Contact will inform the coaches and bring these issues/concerns to the attention of the Head Athletic Trainer or Associate Athletic Director for Sport Performance.

Men's Swimming & Diving

- 1) Safety Contact will evaluate daily weather forecast and note any advisories, watches or warnings.
- 2) Safety Contact will inform the head coach of any potential weather hazards forecast for the day and remind coaches that activities may need to be altered as weather dictates. (ex. out of pool and off pool deck if lightning is in the area at the 10 mile level and for 30 minutes after.)
- 3) If tornado watches/warnings are forecast, the Safety Contact will remind coaches and student-athletes of evacuation procedures.
- 4) If any other conditions occur (fire alarm, power outage), the Safety Contact will have authority regarding evacuation procedures and the cancellation or suspension of activities.
- Safety Contact will evaluate facility conditions prior to any activity. If any issues/concerns are detected, the Safety Contact will inform the coaches and bring these issues/concerns to the attention of the Director of the Aquatic Center, Head Athletic Trainer or the Associate Athletic Director for Sports Performance.

Women's Swimming and Diving

- 1) Safety Contact will evaluate daily weather forecast and note any advisories, watches or warnings.
- 2) Safety Contact will inform the head coach of any potential weather hazards forecast for the day and remind coaches that activities may need to be altered as weather dictates. (ex. out of pool and off pool deck if lightning is in the area at the 10 mile level and for 30 minutes after.)

- 3) If tornado watches/warnings are forecast, the Safety Contact will remind coaches and student-athletes of evacuation procedures.
- If any other conditions occur (fire alarm, power outage), the Safety Contact will have authority regarding evacuation procedures and the cancellation or suspension of activities.
- Safety Contact will evaluate facility conditions prior to any activity. If any issues/concerns are detected, the Safety Contact will inform the coaches and bring these issues/concerns to the attention of the Director of the Aquatic Center, Head Athletic Trainer or the Associate Athletic Director for Sports Performance.

Men's Tennis

- 1) Safety Contact will evaluate daily weather forecast and note any advisories, watches or warnings.
- 2) Safety Contact will inform the head coach of any potential weather hazards forecast for the day and remind coaches that outdoor activities may need to be altered as weather dictates.
- 3) If severe weather/lightning is forecast, the Safety Contact will remind coaches and student-athletes of evacuation procedures. Reminder: If lightning is detected within 10 miles of the activity site, all personnel should be evacuated.
- 4) Safety Contact will have final authority on the cancellation or suspension of outdoor activities and on whether to move activities indoors.
- 5) Safety Contact will evaluate practice/play field conditions prior to any activity. If any issues/concerns are detected, the Safety Contact will inform the coaches and bring these issues/concerns to the attention of the Head Athletic Trainer or Associate Athletic Director for Sport Performance.

Women's Tennis

- 1) Safety Contact will evaluate daily weather forecast and note any advisories, watches or warnings.
- 2) Safety Contact will inform the head coach of any potential weather hazards forecast for the day and remind coaches that outdoor activities may need to be altered as weather dictates.
- 3) If severe weather/lightning is forecast, the Safety Contact will remind coaches and student-athletes of evacuation procedures. Reminder: If lightning is detected within 10 miles of the activity site, all personnel should be evacuated.
- 4) Safety Contact will have final authority on the cancellation or suspension of outdoor activities and on whether to move activities indoors.
- 5) Safety Contact will evaluate practice/play field conditions prior to any activity. If any issues/concerns are detected, the Safety Contact will inform the coaches

and bring these issues/concerns to the attention of the Head Athletic Trainer or Associate Athletic Director for Sport Performance.

Men's and Women's Track and Field

- 1) Safety Contact will evaluate daily weather forecast and note any advisories, watches or warnings.
- 2) Safety Contact will inform the head coach or designated assistant coach of any potential weather hazards forecast for the day and remind coach(es) that outdoor activities may need to be altered as weather dictates.
- 3) If severe weather/lightning is forecast, the Safety Contact will remind coaches and student-athletes of evacuation procedures. Reminder: If lightning is detected within 10 miles of the activity site, all personnel should be evacuated.
- 4) Safety Contact will have final authority on the cancellation or suspension of outdoor activities and on whether to move activities indoors.
- 5) Safety Contact will evaluate practice/play field conditions prior to any activity. If any issues/concerns are detected, the Safety Contact will inform the coaches and bring these issues/concerns to the attention of the Head Athletic Trainer or Associate Athletic Director for Sport Performance.

Volleyball

- 1) Safety Contact will evaluate daily weather forecast and note any advisories, watches or warnings.
- 2) Safety Contact will inform the head coach of any potential weather hazards forecast for the day and remind coaches that activities may need to be altered as weather dictates.
- 3) If tornado watches/warnings are forecast, the Safety Contact will remind coaches and student-athletes of evacuation procedures.
- 4) If any other conditions occur (fire alarm, power outage), the Safety Contact will have authority regarding evacuation procedures and the cancellation or suspension of activities.
- 5) Safety Contact will evaluate facility conditions prior to any activity. If any issues/concerns are detected, the Safety Contact will inform the coaches and bring these issues/concerns to the attention of the Head Athletic Trainer or the Associate Athletic Director for Sports Performance.

Cheerleading

1) Safety Contact will evaluate daily weather forecast and note any advisories, watches or warnings.

- 2) Safety Contact will inform the head coach or designated assistant coach of any potential weather hazards forecast for the day and remind coach(es) that activities may need to be altered as weather dictates.
- 3) If tornado watches/warnings are forecast, the Safety Contact will remind coaches and student-athletes of evacuation procedures.
- If any other conditions occur (fire alarm, power outage), the Safety Contact will have authority regarding evacuation procedures and the cancellation or suspension of activities.
- 5) Safety Contact will evaluate facility conditions prior to any activity. If any issues/concerns are detected, the Safety Contact will inform the coaches and bring these issues/concerns to the attention of the Head Athletic Trainer or the Associate Athletic Director for Sports Performance.



II. ENVIRONMENTAL/WEATHER CONDITION POLICES AND PROCEDURES

The Athletics Department has implemented a Weather Policy to enhance and protect our student-athletes, staff, guests and visitors. Severe or dangerous weather can include lightning, severe thunderstorms, tornado, wind, heat, cold and generally involve conditions (in the case of lightning, tornado and thunderstorms) that can erupt rapidly and may be dangerous to life and health.

The decision to terminate a practice or competition involving a University of Notre Dame intercollegiate athletic team in the event of lightning, severe weather and/or storms will be made by the designated "Safety Contact" for the team or by the Notre Dame game manager present at a game in consultation with the Safety Contact, athletics facilities staff, sports medicine personnel, the head coach or his/her designee, and game official(s).

The head coach (and his/her designee) is not permitted to override the decision to stop an outdoor game/practice in the event of severe weather and/or lightning. If a coach and/or game official(s) make the decision to continue to practice or continue a game/activity despite the severe weather warning and the instruction of a Notre Dame athletic trainer and/or game manager, they will be doing so against the recommendations and requirements of the University of Notre Dame.

Appendix A

LIGHTNING SAFETY GUIDELINES

Lightning is a dangerous phenomenon and is the most consistent and significant weather hazard that may affect athletics activities. Athletic teams that practice and compete outdoors are at greatest risk and as such, the following lightning safety policy has been adopted to minimize the risk or injury from lightning strike(s) to Notre Dame student-athletes, coaches, support staff and fans. This includes our swimming venue and being off the pool deck and out of the pool when lightning is in the area at the 10 mile level.

Lightning information is available from several sources:

A. Telvent DTN Program (all Safety Contacts have been given access to this program)

Telvent offers accurate information, customizable tools, and flexible delivery, including: Real-time, location-based lightning information — available on a new, high-resolution mapping interface that allows you to zoom in to your exact field or course — for safety, delay, and play decisions. GPS-based roaming weather and lightning alerts for current positions — automatically pushed to your Apple® iPhone®, or BlackBerry® Torch[™], updated automatically.

A third lightning range ring provides a caution zone for a three-step response to lightning dangers.

Exclusive, expert advice from professional meteorologists — online, and accessible via a cell phone — to help make critical decisions.

B. Flash-Bang Method

This method should only be used in situations when the Telvent DTN system or a commercial lightning detector is not available. This method involves counting the seconds between the lightning "flash" and the thunder "bang", which will tell you how far away the lightning is. Every five (5) seconds equals one (1) mile. The Notre Dame Department of Athletics recommends that by the time 50 seconds (10 miles) is observed between the lightning flash and its associated thunder, all individuals should have left the site and reached a safe structure or location. Lightning can strike as far as 10 (or more) miles away from the rain shaft.

Lightning Detection Procedures for Student-Athletes during Non-Supervised Activities: The safest measure to take is to proceed indoors whenever thunderclouds are forming and remain inside until the storm passes. Just because lightning is not visible does not mean there is no risk. Other warning signs of impending bad weather include: sudden decrease in temperature, sudden change in humidity, increase in air movement and visible dark storm clouds (though these are not always present during a lightning strike). In the event student-athletes are using facilities without supervision, it is strongly encouraged to use the FLASH-BANG method to monitor the proximity of lightning. The FLASH-BANG method is an approximation of the distance of the lightning. Not every lightning strike can be detected!

If Someone Is Struck By Lightning

Activate the Emergency Medical Plan Victims do not carry an electrical charge and may need immediate medical attention.

Monitor the victim and begin CPR and usage of AED

Appendix B

SEVERE THUNDERSTORM GUIDELINES

To monitor severe weather, several methods will be used to ensure safety.

- 1) The team assigned staff athletic trainer (or the head coach or his/her assistant coach designee in the absence of an athletic trainer) will be responsible for monitoring threatening weather and for making the final decision on when to clear the area and when it is safe to return.
- 2) Monitor local weather reports each day before any practice/event. Be diligently aware of potential thunderstorms that may form during scheduled practices/events.
- 3) Be informed of National Weather Service issued "watches" or "warnings". A "watch" means to watch for the potential of severe weather. A "warning" means severe weather has been detected in the area.

Procedures for Evacuation of the Practice/Game Site

- 1) When a severe weather watch/warning is received for the area or the "flash/bang" count reaches 75 seconds (15 miles), the staff athletics trainer and/or the game manager will notify:
 - The game administrator or member of sports medicine staff on site (if applicable)
 - The Notre Dame head coach or his/her designee
 - The game official (at the first opportunity/break in the action)
 - The visiting team's athletic trainer and/or coach (if applicable)
- 2) When a severe weather warning is received for the area or the "flash/bang" count reaches 50 seconds or less (10 miles), the staff athletics trainer will notify the individuals listed above that all game/practice activities are to cease immediately and all personnel are to evacuate to a safe structure or location.
- 3) A safe structure or location is defined as: "Any sturdy, fully enclosed, substantial, and frequently inhabited building that has plumbing and/or electrical wiring that acts to electrically ground the structure". Examples of locations that do **not** meet these criteria include:
 - Baseball/softball dugouts
 - Baseball/softball covered batting cages
 - Convertible or soft-top vehicles
 - Golf carts or similar vehicles
 - Outside storage shed
 - Canopy/awning/tent

- 4) In the absence of a sturdy, fully enclosed, substantial and frequently inhabited location, a secondary structure such as a fully enclosed vehicle with a hard metal roof, rubber tires and completely closed windows can provide a measure of safety.
- 5) Persons should avoid taking showers, and using plumbing facilities (including indoor and outdoor pools, whirlpools, Jacuzzis and hot tubs) and land-line telephones during a thunderstorm.

* * Note: Being in the pool or on the pool deck when lightning is at the 10 mile level is not allowed.

6) If the University of Notre Dame administration has cancelled classes at the university due to severe weather (including winter storms), the Notre Dame Department of Athletics strongly recommends the cancellation of all games, practices and other activities.

Important Tips When Outdoors During a Thunderstorm

NO PLACE outside is safe when lightning is in the area, but if outside with no safe shelter, the following actions may reduce risk:

- Immediately leave elevated areas
- NEVER lie flat on the ground
- NEVER use a tree for shelter
- Immediately move away from bodies of water
- Stay away from objects that conduct electricity (barbed wire fences, power-lines, etc.)

The safest place during a thunderstorm is a sturdy building or in all-metal vehicle (e.g., automobile).

Criteria for Safe Return to the Practice/Game Site

The decision to return to athletic activity after a period of evacuation will be made by the Safety Contact at a practice/game or the game manager present in consultation with appropriate personnel.

Standard guidelines indicate that the immediate threat should have passed and 30 minutes has elapsed since both the last sound of thunder and last flash of lightning is seen or monitored. The TELVENT DTN system is automatically set by the company to countdown the time till safe return and notifies the user on a regular basis.

Right to Leave

All student-athletes and individuals are granted the right to leave an athletic site or activity without fear of repercussion or penalty in order to seek a safe structure or location in the event of severe weather.

Appendix C

TORNADO GUIDELINES

The National Weather Service (NWS) is responsible for monitoring conditions that may allow for the development of tornados. The NWS will issue a "Tornado Watch" when conditions are present that may allow a tornado to develop. The NWS will issue a "Tornado Warning" when a tornado is imminent. In the event of a "Tornado Warning" St. Joseph County Emergency Management will warn residents by activating the local tornado warning sirens. In the event of a "Tornado Warning" student-athletes and others must immediately leave the playing field/arena and seek the closest shelter.

Should notification of a tornado warning (or other emergency) be received from the ND Alert system, all athletics personnel and student-athletes shall immediately follow the instructions they receive from the alert system.



Appendix D

COLD STRESS AND COLD EXPOSURE

Any individual can lose body heat when exposed to cold air, but when the physically active cannot maintain heat, cold exposure can be uncomfortable, impair performance and may be life-threatening. Cold stress may develop as the result of environmental or non-environmental factors. The NATA position statement (2008) states that injuries from cold exposure are due to a combination of low air or water temperatures and the influence of wind on the body's ability to maintain a normothermic core temperature, due to localized exposure of extremities to cold air or surface. Non-environmental factors that may result in the signs and symptoms of cold stress include (but are not limited to) previous cold weather injury (CWI), race, geological origin, ambient temperature, use of medications, clothing attire, fatigue, hydration, age, activity, body size/composition, aerobic fitness level, acclimatization and low caloric intake. Nicotine, alcohol and other drugs may also contribute to how a person adapts to the stresses of cold.

Important factors to decrease the possibility of cold exposure injury or illness are:

- Wear appropriate clothing (dress in layers and try to stay dry),
- Maintain energy levels (via the use of meals, energy snacks and carbohydrate/electrolyte drinks),
- Stay hydrated but avoid alcohol, caffeine, nicotine and other drugs that cause water loss, vasodilatation or vasoconstriction of skin vessels
- Minimize fatigue and exhaustion as these deplete energy levels,
- Warm-up properly prior to activity, and
- Use a partner during cold weather workouts.

Planning activities and workouts depends on wind chill temperatures, not ambient temperatures. Therefore, the following guidelines for cold weather activities have been recommended by the NATA:

- 30 degrees Fahrenheit and below be aware of potential cold injury and notify personnel of the potential
- 25 degrees Fahrenheit and below use additional protective clothing, cover as much exposed skin as practical and provide opportunities and facilities for re-warming
- 15 degrees Fahrenheit and below consider modifying activities to limit exposure or to allow for more frequent chances to re-warm
- 0 degrees Fahrenheit and below consider terminating or rescheduling activity.

Important cold weather conditions:

- Wind Chill Standard guideline is that the threshold for potentially dangerous wind chill conditions is about minus-20 degrees Fahrenheit.
- Wind Chill Advisory Temperature could be life threatening.
- Wind Chill Warning Temperatures **are** life threatening.
- Blizzard Warning Winds of 35 miles per hour or higher with considerable snow blowing and visibility of less than one quarter (1/4) of a mile.



Appendix E

HEAT ILLNESSES

Recognition of Heat Stroke

The ability to rapidly and accurately assess core body temperature and CNS functioning is critical to the proper evaluation of exertional heat stroke. Medical staff should be properly trained and equipped to assess core temperature via rectal thermometer when feasible.

The most critical criteria for determination of heat stroke are:

- 1. Hyperthermic (rectal temperature > 105F) immediately post-incident and
- 2. CNS dysfunction (altered consciousness, coma, convulsions, disorientation, irrational behavior, decreased mental acuity, irritability, emotional instability, confusion, hysteria, apathy).

Other possible salient findings include nausea, vomiting, diarrhea, headache, dizziness, weakness, hot and wet or dry skin (important to note that skin may be wet or dry at time of incident), increased heart rate, decreased blood pressure, increased respiratory rate, dehydration, and combativeness.

Aggressive and immediate whole-body cooling is the key to optimizing treatment of exertional heat stroke. The duration and degree of hyperthermia may determine adverse outcomes. If untreated, hyperthermia-induced physiologic changes resulting in fatal consequences may occur within vital organ systems (e.g., muscle, heart, brain, etc.).

Emergency Treatment of Heat Stroke

Immediately contact Notre Dame Security Police by dialing 911 or 631-5555.

Immediate whole-body cooling is the best treatment for exertional heat stroke and should be initiated within minutes post-incident. It is recommended to cool first and transport second if onsite rapid cooling is possible. Cooling can be successfully verified by measuring rectal temperature. If onsite cooling is not an option, the athlete should be immediately transferred to the nearest medical facility.

The following procedures are recommended if exertional heat stroke is suspected:

- 1. Remove clothing and equipment
- 2. Move athlete immediately to air-conditioned facility or shaded area
- 3. Cool athlete immediately by:

- a. Immersing athlete in tub of cold water.
- b. Placing ice bags or ice over as much of body as possible, cover body with cold towels (replace towels frequently), fan body or spray with cold water.
- 4. Monitor ABCs, core temperature, and CNS (cognitive, convulsions, orientation, consciousness, etc.).
- 5. Place an intravenous line using normal saline (if appropriate medical staff is available).

6. Cease aggressive cooling when core temperature reaches approximately 101F; continue to monitor vitals.

7. Transport athlete to nearest emergency medical facility.

Recognition of Heat Exhaustion

The most critical criteria for determination of heat exhaustion in an athlete are:

- 1. Obvious difficulty continuing intense exercise in heat.
- 2. Severe hyperthermia (usually < 105F).

3. Severe CNS dysfunction. If any CNS dysfunction is present, it will be mild and symptoms will subside quickly with treatment and as activity is discontinued.

Other possible salient findings include physical fatigue/dizziness, dehydration and/or electrolyte depletion, ataxia and coordination problems, syncope, profuse sweating, pallor, headache, nausea, vomiting, diarrhea, stomach/intestinal cramps, persistent muscle cramps, and whether or not there was rapid recovery with treatment.

Emergency Treatment of Heat Exhaustion

The following procedures are recommended if heat exhaustion is suspected:

- 1. Remove athlete from play and immediately move to an air-conditioned or shaded area
- 2. Remove excess clothing and equipment
- 3. Cool athlete
- 4. Have athlete lie comfortably with legs propped above heart level
- 5. If athlete is not nauseated, vomiting, or experiencing any CNS dysfunction, rehydrate orally with chilled electrolyte drink or water. If athlete is unable to take oral fluids, implement intravenous line using normal saline (if appropriate medical staff is available).
- 6. Monitor heart rate, blood pressure, respiratory, core temperature, and CNS status

7. Transport to nearest emergency medical facility if rapid improvement is not noted with prescribed treatment.

<u>Prevention</u> – Depending on the sport or activity, not all of the following preventive measures may need to be implemented. It is the responsibility of the assigned athletic trainer to monitor conditions and implement appropriate preventive action.

During Practice

- Sports Medicine Staff availability at each drill/with each segment (if possible)
- Monitor Heat Index every 20-25 minutes as needed
- Communicate with coaching staff
 - Know the current Heat Index
 - Modify practice activities (extra breaks, equipment, time, intensity, etc.)
 - Recognize Heat Illness symptoms
- Communicate with student-athletes
 - Recognize Heat illness symptoms
 - Drink 8-12oz cold water every 10-15 minutes throughout practice
 - Take "sips" not "gulps"
 - Take helmets off as applicable
 - Use ice towels
 - Dry off as much as possible
- Ice / water / ice towel availability
- Gatorade availability
- Heat Guard / Magonate / Gatorlyte availability
- Physician(s) on-site (communicate with as needed)
- Tent / "Cool Area" / fans
- IV availability

Use of Cold tubs is encouraged when available.

Post-Practice

- Communicate with student-athletes
 - Weight charts
 - Urine Color Chart
 - How Much Water To Drink Chart
 - Diet / nutrition (lots of fluids; low-fat meal; no caffeine or alcohol; lightly salt
 - foods; no fast food; drink with meal)
 - Hydration-
 - Water bottles
 - Replace 150% of volume lost (24oz of cold water / Gatorade for pound lost)

every

Fulfill thirst -- eat good, nutritious meals – DRINK plenty of liquids

Heat Index Levels and Practice Modification Recommendations

| HEAT INDEX | RECOMMENDATIONS |
|------------|--|
| Below 80 | Chance of heat illness is low, but still possible. Continue with normal practice preparations |
| 80 to 85 | Add additional breaks |
| 85 to 90 | Add additional water breaks to the practice schedule. Pay special attention to those athletes who are prone to heavy water weight loss during exercise. Consider modifying uniform. |
| Above 90 | Chance of heat illness is greatly enhanced. Watch all athletes closely, add additional water breaks, & shorten practice time. |
| | |
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Appendix F

AIR QUALITY GUIDELINES

Breathing for anyone with seasonal allergies, asthma or other upper respiratory illness or condition is difficult at various times due to environmental factors. High pollen and other antigen counts (dust, mold, animal dander, etc.) along with temperature extremes and humidity play a significant role in performance and recovery. Being aware of this and of local conditions for those affected and those working with or directing a student-athlete is of significant importance. Tracking of specific, relevant information is typically done by a team's assigned athletics trainer.

Special attention will be given to those in acute distress from a respiratory problem by an athletic trainer and other medical personnel as needed. However, all involved should be aware of or informed by the team's athletic trainer that on a particular day or in certain circumstances specific individuals may be affected temporarily. Awareness by all involved is paramount to successful outcomes.

University of Notre Dame Sports Medicine personnel will monitor one or more of the following for up to date Air Quality Index (AQI) readings and statistics.

- <u>www.airnow.gov</u>
- National Weather Service and/or National Oceanic & Atmospheric Administration (NOAA) local weather radar (www.noaa.gov)
- a) Sports Medicine will utilize the following table with regards to the Air Quality Index and recommendations for activity restrictions.

| Air Quality Index (AQI) | Color | Description | Practice Restriction Recommendations |
|----------------------------------|--------|-------------|--|
| 0 - 50 | Green | Good | Air quality is satisfactory and air pollution poses little or no risk. |
| 51 - 100 | Yellow | Moderate | Air quality is acceptable: however, student-athletes with respiratory illnesses should be closely monitored. |

| 101 – 150 | Orange | Unhealthy for sensitive groups | Those student-athletes with respiratory illnesses should be removed from outside activity. |
|--------------|--------|--------------------------------------|--|
| 150 – 200 | Red | Unhealthy | Those student-athletes with respiratory illnesses should be removed from outside activity. All other student-athletes should be closely monitored. |
| 201 – 300 | Purple | Very Unhealthy | ALL student-athletes should be removed from outside activity. |
| > 300 | Maroon | Hazardous | ALL student-athletes should be removed from outside activity. |

- b) Sports Medicine personnel update the following people with regards to the air quality and recommendations for outside activity.
 - Head coaches and/or their designee(s);
 - Strength and conditioning personnel;
 - Visiting Team Head Coach and Athletic Trainer (if applicable)

The Air Quality Index (AQI)-

The Air Quality Index (AQI) is an index for reporting daily air quality. It tells you how clean or polluted your outdoor air is, and what associated health effects might be a concern for you. The AQI focuses on health effects you may experience within a few hours or days after breathing polluted air. The Environmental Protection Agency (EPA) calculates the AQI for five major air pollutants regulated by the Clean Air Act: ground-level ozone, particle pollution (also known as particulate matter), carbon monoxide, sulfur dioxide, and nitrogen dioxide. For each of these pollutants, EPA has established national air quality standards to protect public health. For Information regarding indoor air quality please visit EPA's Indoor Air Quality Web site (http://www.epa.gov/iaq/).

How the Air Quality Index (AQI) Works-

Think of the AQI as a yardstick that runs from 0 to 500. The higher the AQI value, the greater the level of air pollution and the greater the health concern. For example, an AQI value of 50 represents good air quality with little potential to affect public health, while an AQI value over 200 represents very unhealthy air quality. An AQI value of 100 generally corresponds to the national air quality standard for the pollutant, which is the level EPA has set to protect public health. AQI values below 100 are generally thought of as satisfactory. When AQI values are above 100, air quality is considered to be unhealthy, at first for certain sensitive groups of people, then for everyone as AQI values get higher.



Appendix G

Wind Safety

It is not so much the wind itself that causes damage, but what is in the path of the wind. When considering wind safety, special attention must be directed at protecting people and property from objects blown by the wind. Wind safety not only means protection from the wind, but also from its effects.

Although there is no NCAA or other standard wind speed guideline(s) for most athletic events, the University of Notre Dame Department of Athletics recommends the following precautions:

| 0 to 5 mph | Light or light and variable – No action needed, but continue to monitor conditions |
|--------------|---|
| 15 to 25 mph | Breezy (mild weather) or brisk, blustery (cold weather) – Safety Contact should monitor equipment and other items that may be susceptible to being blown around. Secure as appropriate. Lower elevated items/personnel when sustained winds reach 20 mph. |
| 25 to 35 mph | Windy – All equipment and other items must be securely stored. Consider moving activities indoors. No elevated items/personnel permitted. |
| 35 to 45 mph | Very windy – Caution against conducting outdoor activities. Alternative indoor practice accommodations should be arranged. |
| 45 to 73 mph | High, strong, damaging or dangerous winds – Outdoor activities should be avoided. |

Sustained Wind Speed Levels and Practice Modification Recommendations

Appendix H

INDOOR ATHLETIC ACTIVITIES

Indoor sports are much less challenged by environmental or weather conditions. The challenging issues for indoor activities are identifying a safe area or refuge in the event of a tornado warning and the immediate evacuation and muster area location in the event of a fire alarm.

It will be the Safety Contact's responsibility to identify, with the assistance of Risk Management and Safety a protected area within the indoor practice or play area that will serve as the safe area of refuge in the event of a tornado warning. It is also the responsibility of the team's Safety Contact to identify a safe area outside of the practice or play facility to which team members will muster in the event of a fire alarm. The staff athletic trainer and the head coach will also ensure an accurate accounting of evacuees for which they are responsible.



III. Medical Emergency Response Procedures

Emergency situations may arise at any time during athletic activities. An emergency plan will help ensure prompt response time to any emergency as well as the provision of appropriate care. The emergency response procedures require (a) coverage of events, (b) maintenance of emergency equipment and supplies, (c) utilization of appropriate emergency medical personnel, and (d) continuing education of emergency medicine. Although accidents and injuries are inherent in sports participation, with thorough pre-participation physical screenings, adequate medical coverage, safe practice and training techniques and other safety protocols, potential dangers can be minimized.

The first responder to an emergency situation at an athletic practice or competition is typically a certified athletics trainer. A team physician is not present at every organized practice or competition. The level of sports medicine coverage for an athletic practice or competition varies, based on such factors as the type of sport or activity, the setting and the type of training or activity. In some instances, the first responder may be a coach or other institutional personnel. As such, certification in cardiopulmonary resuscitation (CPR), First Aid, prevention of disease transmission and emergency plan review is required for team physicians, team athletic trainers and strength and conditioning coaches. In addition, a schedule shall be implemented to train head and assistant sport coaches in these areas by July 1, 2012.

RESCUE/MEDICAL RESPONSE PROCEDURES

To the best extent possible, rescue and/or medical duties should be performed only by qualified persons including, but not limited to, Notre Dame Security Police (NDSP), Notre Dame Fire Department (NDFD), or other trained medical personnel, including individuals certified in First Aid and CPR.

Examples of medical emergencies that require the notification of the activation of the EMS and the team physician(s):

- 1. Respiratory arrest or any irregularity in breathing.
- 2. Severe chest or abdominal pains that may indicate heart attack, cardiac arrest, or internal hemorrhage.
- 3. Excessive bleeding from a major artery or loss of a significant amount of blood.
- 4. Suspected spinal injury resulting in back pain, paralysis, or inability to move any body part.
- 5. Open or multiple fractures involving the femur, pelvis and several ribs.

- 6. Joint fracture or dislocation with no distal pulse.
- 7. Severe signs of shock or possible internal hemorrhage.

LIFE THREATENING SITUATION

The following line of authority will be IN CHARGE during a life threatening situation:

- 1. Physician (if present)
- 2. Staff Athletic Trainer
- 3. EMS Ambulance
- 4. Staff Athletic Trainer will work with EMT's if both are present
- 5. Coach Must notify the Athletic Training Facility after an ambulance has been activated.

EQUIPMENT REQUIREMENTS

Emergency equipment should be at the site and quickly accessible. Personnel should be familiar with the function and operation of each type of emergency equipment. Equipment should be in good working condition and personnel must be trained in advance to use it properly. Emergency equipment should be checked on a regular basis and its use rehearsed by emergency personnel. Equipment should be stored in a clean and environmentally controlled area. It should be readily available when emergency situations arise.

Emergency Procedures Football Practice LaBar Football Complex

<u>Emergency Personnel</u>: Head athletic trainer-football - associate athletic trainers – team physician (when onsite) - team orthopedist (when onsite) – student athletic trainers During a Notre Dame Football practice, a staff athletic trainer will initiate and direct the emergency process. A certified athletic trainer will be present at all practices and games.

<u>Emergency Communication</u>: Emergency personnel on-site will initiate emergency response via cell phone or campus phone. The certified athletic trainer will designate an individual to contact EMS through 911 or 574-631-5555 (1-5555 if a campus landline) and give the appropriate information (patient information, number of patients involved, location of injured, direction to facility). The athletic trainers and physicians will have cell phones on hand at all times.

Rob Hunt ATC: 574-208-2756 Dr. Jim Moriarity: 574-532-0304

<u>Emergency Equipment</u>: The following emergency equipment is on hand at all football practices:

| E-Cart | | (| D2 | | | AE | ED |
|-----------|-----|---|-----------|------|------------|--------|---------|
| Splints | | ę | Spine Boa | ard | | Cr | rutches |
| Emergency | Kit | | Fac | ce N | lask Remov | /al To | ols |

Roles of First Responder:

- a. Provide immediate care to the injured or ill individual.
- b. Activate the emergency medical system (EMS).

Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone (provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, other

- information as requested. DO NOT HANG UP UNLESS TOLD TO BY THE EMERGENCY DISPATCHER.
- c. Assign an individual to retrieve specific emergency equipment items.
- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.
- f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.
- g. Notify athletic training facility/athletic trainer (if not on site) 574-631-7100 or 574-631-3300.

Venue Directions:

From Angela Blvd./Edison Road, turn north on Leahy Drive. Proceed behind the Joyce Center. LaBar football practice complex is located on the corner of Leahy Drive and Courtney Lane.

From Twyckenham Drive: turn west on Courtney Lane at the Eck Tennis Pavilion. LaBar football practice complex is located at the corner of Leahy Drive and Courtney Lane.

Emergency Procedures Football Loftus Indoor Facility

Emergency Personnel: Head athletic trainer-football - associate athletic trainers - Team physician (when onsite) - team orthopedist (when onsite) - athletic training students. During a Notre Dame Football practice, a staff athletic trainer will initiate and direct the emergency process. A certified athletic trainer will be present at all practices and games.

Emergency Communication: Emergency personnel on-site will initiate emergency response via cell phone or campus phone. The certified athletic trainer will designate an individual to contact EMS through 911 or 574-631-5555 (1-555 if a campus landline) and give the appropriate information (patient information, number of patients involved, location of injured, direction to facility). The athletic trainers and physicians will have cell phones on hand at all times.

Rob Hunt ATC: (574) 208-2756, office 631-2455

02

Dr. Jim Moriarity MD: (574) 532-0304

Emergency Equipment: The following emergency equipment is on hand at all football practices:

| E-Cart | |
|---------|---------|
| Splints | |
| Emerge | ncy Kit |

AED Spine Board Crutches Face Mask Removal Tools

Roles of First Responder:

- a. Provide immediate care to the injured or ill individual.
- b. Activate the emergency medical system (EMS).

Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, other information as requested. DO NOT HANG UP UNLESS TOLD TO BY THE EMERGENCY **DISPATCHER.**

- c. Assign an individual to retrieve specific emergency equipment items.
- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS..
- f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.
- g. Notify athletic training facility/athletic trainer (if not on site) 574-631-7100 or 574-631-3300.

Venue Directions:

From Angela Blvd/Edison Road: turn north on Leahy Drive. Proceed behind the Joyce Center to Courtney Lane. Turn east (right) on Courtney Lane. Loftus Indoor Practice facility is located behind (north of) outdoor tennis courts.

From Twyckenham Drive, turn West on Courtney Lane at the Eck Tennis Pavilion. Turn right (north) on access road between Eck Tennis Facility and outdoor courts.

Emergency Procedures Football – Notre Dame Stadium

Emergency Personnel: Head athletic trainer-football - associate athletic trainers – team physician (when onsite) - team orthopedist (when onsite) – student athletic trainers. During a Notre Dame Football practice, a staff athletic trainer will initiate and direct the emergency process. A certified athletic trainer will be present at all practices and games.

<u>Emergency Communication</u>: Emergency personnel on-site will initiate emergency response via cell phone or campus phone. The certified athletic trainer will designate an individual to contact EMS through 911 or 574-631-5555 (1-555 if a campus landline) and give the appropriate information (patient information, number of patients involved, location of injured, direction to facility). The athletic trainers and physicians will have cell phones on hand at all times.

Rob Hunt ATC: (574) 208-2756, office 631-2455 Dr. Jim Moriarity MD: (574) 532-0304

<u>Emergency Equipment</u>: The following emergency equipment is on hand at all football practices:

E-Cart Splints Emergency Kit O2 AED Spine Board Crutches Face Mask Removal Tools

- Roles of First Responder:

a. Provide immediate care to the injured or ill individual.

b. Activate the emergency medical system (EMS).

Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone, Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, other

- information as requested. DO NOT HANG UP UNLESS TOLD TO BY THE EMERGENCY DISPATCHER.
- c. Assign an individual to retrieve specific emergency equipment items.
- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.
- f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.

g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-7100 or 631-3300.

Venue Directions:

From Leahy Drive, turn west (left) at corner of Courtney Lane and Moose Krause Circle. Turn left up onto the curb at the center north gate (tunnel) of football stadium.

On game day, EMS personnel will be stationed by the Stadium wall on the northwest end of the Notre Dame sideline. An ambulance will be stationed by the north gate. The Sports Medicine emergency cart will be parked by the north gate at the top of the ramp.

Medical Non-Emergency Check-List Loftus Indoor Facility--Football

Check

Assess the scene, make sure it is safe and assist the injured or ill individual.

Call

If an athletic trainer is present, use them to manage the situation.

If an athletic trainer is not present, notify the athletic training staff of the situation.

Loftus Sports Medicine Center (574) 631-3300

Joyce Athletic Training Facility (574) 631-7100

Care

Secure proper equipment and administer first aid, then transport as needed.

- 1- Golf cart to the athletic training facility.
- 2- Sports Medicine vehicle to transport to Student Health Center or local hospital.
- A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Phone Numbers/Addresses:

Student Health Center (University of Notre Dame) ---St. Liam's Hall---574-631-7497

St. Joseph Regional Medical Center 574-335-5000

5215 Holy Cross Parkway Mishawaka, IN 46545 From Loftus Indoor Facility - Travel east (left) on Courtney Lane, then left (north) on Twyckenham Road to the round-about. Turn right on Douglas Road and continue east approximately 2.8 miles to SJRMC on your right.

Memorial Hospital 574-647-1000

615 N. Michigan St.

South Bend, IN 46601

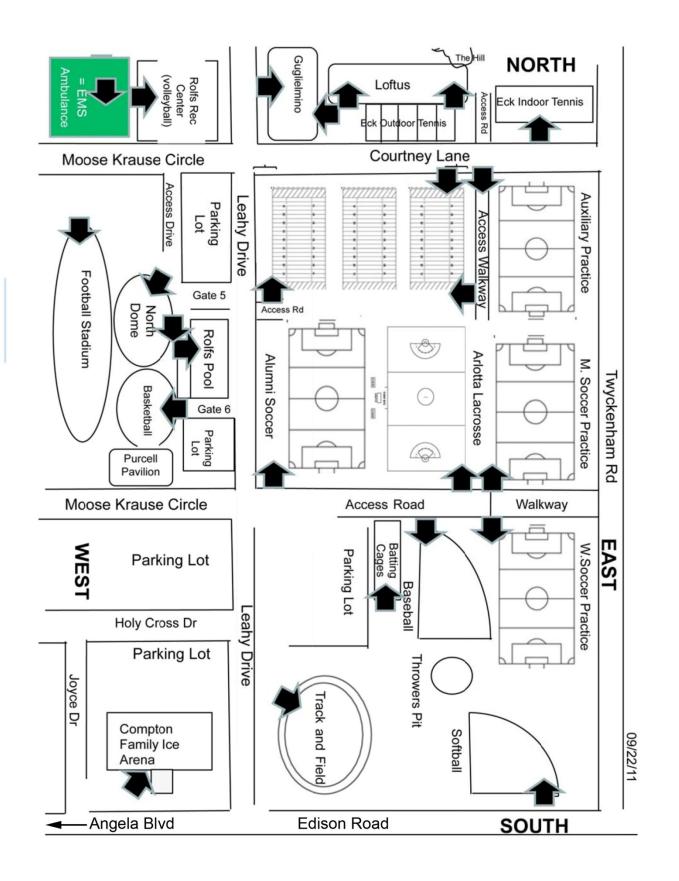
From Loftus Indoor Facility - Travel east (left) on Courtney Lane, then turn right (south) on Twyckenham Road and right (west) on Edison Road/Angela Blvd. Turn left on US 31 (business)/ SR933/Michigan Street and continue south approximately ½ mile until you reach Memorial Hospital on your right.

Medpoint 574-647-1500

6913 N. Main St., Suite 300

Granger, IN 46530

From Loftus Indoor Facility - Travel east (left) on Courtney Lane and left (north) on Twyckenham Road to the round-about at Douglas Road and turn right. Continue east approximately 2.4 miles to Main Street. Turn left on Main Street and continue until you arrive at Medpoint on your left located just past the intersection of Main Street and University Drive.



Emergency Procedures

Baseball - Game Day Eck Baseball Stadium/Indoor Hitting Cages

Emergency Personnel: Certified athletic trainer and/or student athletic trainers, team physician, EMS personnel, head and assistant coaches, student managers. An athletic trainer will be present at all games at least 3 hours prior to the scheduled game time.

Certified Athletic Trainer: Scott Stansbury (574-340-3089)

Student Managers: Senior student manager is located near the dugout during the game. **In an emergency, if athletic trainer or student athletic trainer is not present, then coaches are designated as the first responders and will direct student managers and student athletes if necessary.

Emergency Communication: Emergency personnel on-site will initiate emergency response via cell phone or campus phone. The certified athletic trainer will designate an individual to contact EMS through 911 or 574-631-5555 (1-5555 if campus landline) and give the appropriate information (patient information, number of patients involved, location of injured, directions to facility). Landline phones are located in the 3rd base dugout, press box, and the 1st base (visiting) coach's locker room.

Emergency Equipment: A splint bag, AED, and CPR mask are located just inside the 3rd base dugout locker room door. The splints and AED are located in the cabinet above the sink in the locker room. Indoor hitting facility has an AED.

Roles of First Responder:

- a. Provide immediate care to the injured or ill individual.
- b. Activate the emergency medical system (EMS).
 - Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, other
- information as requested. DO NOT HANG UP UNLESS TOLD TO BY THE EMERGENCY DISPATCHER.
- c. Assign an individual to retrieve specific emergency equipment items.
- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.

f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.

g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-7100 or 631-3300.

Venue Directions (Eck Baseball Stadium):

From Angela Blvd/Edison Road: turn north on Leahy Drive. Make the first right into the Baseball Stadium parking lot. Access road/gate to stadium is located in the northeast corner of the parking lot.

From Twyckenham Drive: turn west onto Courtney Lane at the Eck Tennis Pavilion, then turn south (left) on Leahy Drive. Make the first left into the Baseball Stadium parking lot and follow the access road east into the stadium access gate.



Medical Non-Emergency Check-List Baseball – Game

Check

Assess the scene, make sure it is safe and assist the injured or ill individual.

Call

If an athletic trainer is present, use them to manage the situation.

If an athletic trainer is not present, notify the athletic training staff of the situation. Loftus Sports Medicine Center (574) 631-3300

Joyce Athletic Training Facility (574) 631-7100

Care

Secure proper equipment and administer first aid, then transport as needed.

1- Golf cart to the athletic training facility.

2- Sports Medicine vehicle to transport to Student Health Center or local hospital. A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Phone Numbers/Addresses:

Student Health Center (University of Notre Dame)—St. Liam's Hall (574) 631-7497

St. Joseph Regional Medical Center---574-335-5000

5215 Holy Cross Parkway

Mishawaka, Indiana 46545

Directions from Eck Baseball Stadium: From parking lot, turn left. Make your first left onto Edison Road. After approximately 2 miles, make a left onto Main Street, and follow to Douglas Road (approx. 1 mile). Make a right onto Douglas Road, the hospital is approx. ½ mile on your right.

Memorial Hospital South Bend---574-647-1000

615 N. Michigan Street

South Bend, Indiana 46601

Direction from Eck Baseball Stadium: From parking lot, turn left onto Leahy Drive, then turn right onto Edison Road/Angela Blvd. Follow to US 31(business)/SR933/Michigan Street (3rd light) and turn left. The hospital is approximately ½ mile on your right.

MedPoint Urgent Care Center 574-647-1500 6913 N. Main Street –Suite 300 Granger, In 46530 Directions from Eck Baseball Stadium—Right (north) onto Leahy Drive, then right (east) onto Courtney Lane and left (north) onto Twyckenham Road. Continue to round-about and take first right onto Douglas Road and continue east to Main Street approximately 2.4 miles. Take left onto Main Street and continue north crossing University Drive. MedPoint will be on left just past light.

Emergency Procedures Baseball - Practice Eck Baseball Stadium/Indoor Hitting Cages

<u>Emergency Personnel</u>: Certified athletic trainer and/or student athletic trainers, team physician, EMS personnel, head and assistant coaches, student managers. An athletic trainer will be present at most practices, but is on campus and available via cell phone during all practice sessions. Student managers are present at all practices.

Certified Athletic Trainer: Scott Stansbury (574-340-3089)

**If athletic trainer is not present coaches are designated as the first responders and will direct plans.

Emergency Communication: Emergency personnel on-site will initiate emergency response via cell phone or campus phone. The certified athletic trainer will designate an individual to contact EMS through 911 or 574-631-5555 (1-5555 if a campus landline) and give the appropriate information (patient information, number of patients involved, location of injured, directions to facility). Landline phones are located in the 3rd base dugout, press box, and the 1st base (visiting) coach's locker room.

Emergency Equipment: A splint bag, AED, and CPR mask are located just inside the 3rd base dugout locker room door. The splints and AED are located in the cabinet above the sink. Indoor hitting facility has an AED.

Roles of First Responder:

- a. Provide immediate care to the injured or ill individual.
- b. Activate the emergency medical system (EMS).

Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, other

information as requested. DO NOT HANG UP UNLESS TOLD TO BY THE EMERGENCY DISPATCHER.

- c. Assign an individual to retrieve specific emergency equipment items.
- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.
- f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to

scene.

g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-7100 or 631-3300.

Venue Directions (Eck Baseball Stadium):

From Angela Blvd./Edison Road – turn north on Leahy Drive. Make the first right into the Baseball Stadium parking lot. Access road/gate to stadium is located in the northeast corner of the parking lot.

From Twyckenham Drive: turn west onto Courtney Lane at the Eck Tennis Pavilion, then south (left) onto Leahy Drive. Make the first left into the Baseball Stadium parking lot and follow the access road east into the stadium access gate.



Medical Non-Emergency Check-List Baseball – Practice (Eck Stadium/Indoor Hitting Cages)

Check

Assess the scene, make sure it is safe and assist the injured or ill individual.

Call

If an athletic trainer is present, use them to manage the situation.

If an athletic trainer is not present, notify the athletic training staff of the situation. Loftus Sports Medicine Center (574) 631-3300

Joyce Athletic Training Facility (574) 631-7100

Care

Secure proper equipment and administer first aid, then transport as needed.

1- Golf cart to the athletic training facility.

2- Sports Medicine vehicle to transport to Student Health Center or local hospital. A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Phone Numbers/Addresses:

Student Health Center (University of Notre Dame)—St. Liam's Hall (574) 631-7497

St. Joseph Regional Medical Center---574-335-5000

5215 Holy Cross Parkway

Mishawaka, Indiana 46545

Directions from Eck Baseball Stadium: From parking lot, turn left (south) onto Leahy Drive then left onto Edison Road. After approximately 2 miles make a left (north) onto Main Street, and follow to Douglas Road (approx. 1 mile). Make a right (east) onto Douglas Road, the hospital is approx. ¹/₂ mile on your right.

Memorial Hospital South Bend---574-647-1000

615 N. Michigan Street

South Bend, Indiana 46601

Directions from Eck Baseball Stadium: From parking lot, turn left (south), then right onto Edison Road/Angela Blvd. Follow to US 31(business)/SR933/Michigan Street (3rd light) and turn left (south). The hospital is approximately ½ mile on your right.

MedPoint Urgent Care Center

574-647-1506913 N. Main Street –Suite 300

Granger, In 46530

Directions from Eck Baseball Stadium: Right (north) onto Leahy Drive, then right (east) onto Courtney Lane and left (north) onto Twyckenham Road. Continue to round-about and take first

right onto Douglas Road and continue east to Main Street approximately 2.4 miles. Take left onto Main Street and continue north crossing University Drive. MedPoint will be on left just past light.

Emergency Procedures Loftus Indoor Facility--Baseball

Emergency Personnel: Certified athletic trainer, team physician (when available), head and assistant coaches, operations manager, student athletic trainers, student managers and student athletes. An athletic trainer will be present at most practices, but – if not present – is on campus and available via cell phone during practice sessions. ** If athletic trainer is not present, coaches are designated as the first responders and will direct the process.

Athletic Training Facilities---- Loftus (574) 631-3300 or Joyce 631-7100

<u>Emergency Communication</u>: Personnel on-site will initiate emergency response via cell or campus phone. The athletic trainer will designate an individual to contact EMS through 574-631-5555 or (1-5555 or 911 on campus landline) and give the appropriate information (patient information, number of patients involved, location and directions to facility). Landline phones are located in the southwest facility office near main entrance of building.

<u>Emergency Equipment</u>: An AED is located on the wall across from the southwest corner office. All other emergency equipment is located in the Loftus Athletic Training Facility or will be brought by athletic trainers covering the event.

Roles of First Responder:

- a. Provide immediate care to the injured or ill individual.
- b. Activate the emergency medical system (EMS).

Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, other

- information as requested. DO NOT HANG UP UNLESS TOLD TO BY THE EMERGENCY DISPATCHER.
- c. Assign an individual to retrieve specific emergency equipment items.
- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.

f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.

g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-7100 or 631-3300.

Venue Directions (Loftus Indoor Practice Facility):

From Angela Blvd/Edison Road: – Turn north on Leahy Drive. Turn east (right) onto Courtney Lane, Loftus is located on your left behind the tennis courts. First entrance is on your left (gated parking). Other entrance is through access road between Eck Indoor Tennis and outdoor tennis courts.

From Twyckenham Drive – Turn west onto Courtney Lane at the Eck Tennis Pavilion. Loftus is located on your right, behind the tennis courts. Turn north (right) onto access road between Eck Indoor Tennis and outdoor tennis courts. Other entrance is on right just past outdoor courts (gated parking).



Medical Non-Emergency Check-List Loftus Indoor Facility--Baseball

Check

Assess the scene, make sure it is safe and assist the injured or ill individual.

Call

If an athletic trainer is present, use them to manage the situation. If an athletic trainer is not present, notify the athletic training staff of the situation. Loftus Sports Medicine Center (574) 631-3300 Joyce Athletic Training Facility (574) 631-7100

Care

Secure proper equipment and administer first aid, then transport as needed.

1- Golf cart to the athletic training facility.

2- Sports Medicine vehicle to transport to Student Health Center or local hospital. A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Phone Numbers/Addresses:

Student Health Center (University of Notre Dame)—St. Liam's Hall (574) 631-7497

St. Joseph Regional Medical Center 574-335-5000

5215 Holy Cross Parkway

Mishawaka, IN 46545

From Loftus Indoor Facility - Travel east (left) on Courtney Lane, then left (north) on Twyckenham Road to the round-about. Turn right on Douglas Road and continue east approximately 2.8 miles to SJRMC on your right.

Memorial Hospital 574-647-1000

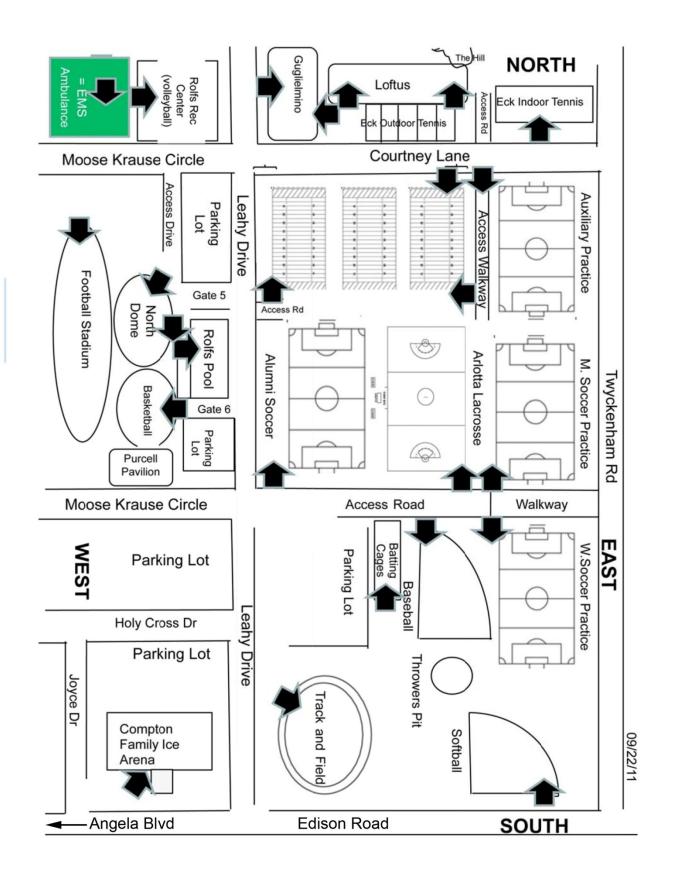
615 N. Michigan St.

South Bend, IN 46601

From Loftus Indoor Facility - Travel east (left) on Courtney Lane, then turn right (south) on Twyckenham Road and right (west) on Edison Road/Angela Blvd. Turn left on US 31 (business)/SR933/Michigan Street and continue south approximately ½ mile until you reach Memorial Hospital on your right.

Medpoint 574-647-1500 6913 N. Main St. — suite 300 Granger, IN 46530 From Loftus Indoor Facility - Travel east (left) on Courtney Lane and left (north) on Twyckenham Road to the round-about at Douglas Road and turn right. Continue east approximately 2.4 miles to Main Street. Turn left on Main Street and continue until you arrive at Medpoint on your left located just past the intersection of Main Street and University Drive.





Emergency Procedures Men's Basketball - Purcell Pavilion/Joyce Center Arena Game

Emergency Personnel: Certified Athletic Trainer, team physician, EMS personnel, student athletic trainer, head coach, assistant coaches, game management personnel. Certified Athletic Trainer, Skip Meyer ATC: 574-532-4186 Team Physician, Dr. James Moriarty: 574-631-3924

<u>Emergency Communication</u>: EMS is on site and parked in gate 6 tunnel for all home competitions. Certified athletic trainer will send student athletic trainer to summon EMS personnel standing in tunnel at Gate 6.

Emergency Equipment: 1 AED will be located at the end of the home team bench and 1 AED is located on the outside wall at ND security. Splints, crutches, cardiac/IV kit, CPR mask, and spine board are located just inside storage cage in Gate 6 tunnel next to men's basketball locker room.

Roles of First Responder:

- a. Provide immediate care to the injured or ill individual.
- b. Activate the emergency medical system (EMS).
 - Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, other
- information as requested. DO NOT HANG UP UNLESS TOLD TO BY THE EMERGENCY DISPATCHER.
- c. Assign an individual to retrieve specific emergency equipment items.
- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.
- f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.
 - g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-7100 or 631-3300.

Venue Directions (Purcell Pavilion):

From Angela Blvd/Edison Road: turn north on Leahy Drive. Gate 6 of the Joyce Center is located off Leahy Drive directly across from Alumni (soccer) Stadium

From Twyckenham Drive: turn west on Courtney Lane at the Eck Tennis Pavilion, then turn south (left) on Leahy Drive. Gate 6 of the Joyce Center is located off Leahy Drive directly across from Alumni (soccer) Stadium.

Medical Non-Emergency Check-List Men's Basketball Competition and Practice

Check

Assess the scene, make sure it is safe and assist the injured or ill individual. Call If an athletic trainer is present, use them to manage the situation.

If an athletic trainer is not present, notify the athletic training staff of the situation.

Loftus Sports Medicine Center (574) 631-3300

Joyce Athletic Training Facility (574) 631-7100

Care

Secure proper equipment and administer first aid, then transport as needed.

1- Golf cart to the athletic training facility.

2- Sports Medicine vehicle to transport to Student Health Center or local hospital. A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Numbers and Addresses:

Student Health Center (University of Notre Dame) – St. Liam's Hall (574) 631-7497

St. Joseph Regional Medical Center 574-335-5000

5215 Holy Cross Parkway

Mishawaka, IN 46545

Directions from Joyce Center – Left (north) onto Leahy Drive, then right (east) onto Courtney Lane then left (north) on Twyckenham Road. Continue to round-about and take first right onto Douglas Road. Continue east on Douglas Road. St. Joseph Regional Medical Center is approximately 2.8 miles on your right.

Memorial Hospital 574-647-1000

615 N. Michigan Street South Bend, IN 46601 Directions from Joyce Center – Right (south) onto Leahy Drive, then right (west) onto Edison Road/Angela Blvd. Continue west on Edison Road/Angela Blvd. and turn left (south) onto US 31 (business)/SR933/Michigan Street. Continue south and Memorial Hospital will be approximately 1/2 mile on your right.

MedPoint Urgent Care Center 574-647-1500

6913 N. Main Street – Suite 300

Granger, IN 46530

Directions from Joyce Center – Left (north) onto Leahy Drive, then right (east) onto Courtney Lane then left (north) onto Twyckenham Road. Continue to round-about and take first right onto Douglas Road and continue to Main Street approximately 2.4 miles. Take left onto Main Street and continue north crossing University Drive. MedPoint will on your left just past the light.



Emergency Procedures – Men's Basketball - Practice Purcell Pavilion/Joyce Center Arena – PIT practice Gym

Emergency Personnel: Certified Athletic Trainer, student athletic trainer, head coach, assistant coaches, team managers, athletes. If there is no athletic trainer present, the chain of command is as follows: Head coach – assistant coach(s) – team manager

Skip Meyer ATC: (574) 532-4186 Athletic Training Facility: (574)631-7100 (Joyce), 631-3300 (Loftus)

<u>Emergency Communication</u>: Cell phone, land line phones located in JACC Athletic Training Facility office. The certified athletic trainer will initiate the emergency procedure and personnel assisting will make calls.

<u>Emergency Equipment</u>: 1 AED is located on the outside wall of ND security office at Gate 6 and 1 AED is located in doctor's office in JACC Athletic Training Facility along with Cardiac/IV kit and CPR Mask. Splints, crutches, and spine board/stretcher are located inside the storage cage at Gate 6 tunnel next to men's basketball locker room.

Roles of First Responder:

- a. Provide immediate care to the injured or ill individual.
- b. Activate the emergency medical system (EMS).

Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, other

information as requested. DO NOT HANG UP UNLESS TOLD TO BY THE EMERGENCY DISPATCHER.

- c. Assign an individual to retrieve specific emergency equipment items.
- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.
- f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.

g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-7100 or 631-3300.

Venue Directions (Joyce Center PIT Gym):

From Angela Blvd/Edison Road: Turn north on Leahy Drive. Gate 6 of the Joyce Center is located off Leahy Drive directly across from Alumni (soccer) Stadium.

From Twyckenham Drive turn west on Courtney Lane at the Eck Tennis Pavilion, then turn south (left) on Leahy Drive. Gate 6 of the Joyce Center is located off Leahy Drive directly across from Alumni (soccer) Stadium.

PIT – Have EMS enter through Gate 6 of the Joyce Center. Have security personnel accompany EMS with elevator key. Proceed down hallway past equipment room to service elevator located on south side (left) by Women's Basketball offices at Gate 1. This is the easiest access for gurney into the PIT.

Medical Non-Emergency Check-List Men's Basketball Practice in the Joyce Center Pit

Check

Assess the scene, make sure it is safe and assist the injured or ill individual. Call If an athletic trainer is present, use them to manage the situation.

If an athletic trainer is not present, notify the athletic training staff of the situation.

Loftus Sports Medicine Center (574) 631-3300 Joyce Athletic Training Facility (574) 631-7100

Care

Secure proper equipment and administer first aid, then transport as needed.

1- Golf cart to the athletic training facility.

2- Sports Medicine vehicle to transport to Student Health Center or local hospital. A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Numbers and Addresses:

Student Health Center (University of Notre Dame)—St. Liam's Hall (574) 631-7497

St. Joseph Regional Medical Center (574) 335-5000

5215 Holy Cross Parkway Mishawaka, IN 46545 From Joyce Center – Left (north) onto Leahy Drive, then right (east) onto Courtney Lane, then take left (north) on Twyckenham Road. Continue to round-about and take first right onto Douglas Road and continue east on Douglas Road. St. Joseph Regional Medical Center is approximately 2.8 miles on your right.

Memorial Hospital (574) 674-1000

615 N. Michigan Street South Bend, IN 46601 From Joyce Center – Right (south) onto Leahy Drive, then right (west) onto Edison Road/Angela Blvd. Continue west on Edison Road/Angela Blvd and turn left (south) onto US31 (business)/SR933/Michigan Street. Continue south and Memorial Hospital will be approximately ½ mile on your right.

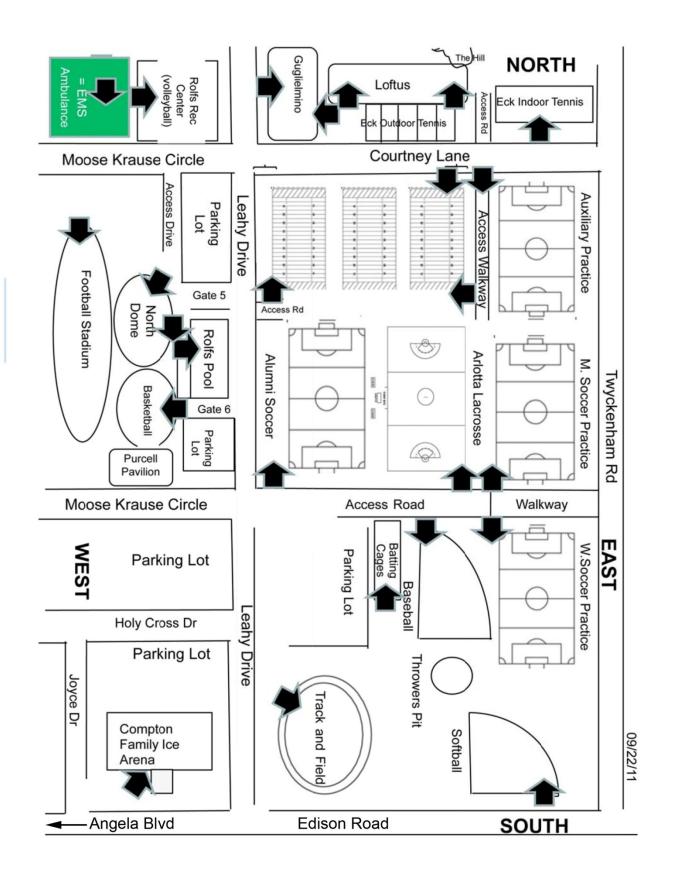
MedPoint Urgent Care Center (574) 647-1500

6913 N. Main Street – Suite 300

Granger, IN 46530

From Joyce Center – Left (north) onto Leahy Drive then right (east) onto Courtney Lane, then left (north) on Twyckenham Road. Continue to round-about and take first right onto Douglas Road and continue east to Main Street approximately 2.4 miles. Take left (north) onto Main Street and continue north crossing University Drive. MedPoint will on your left just past the light.





Emergency Procedures – Women's Basketball Purcell Pavilion/Joyce Center Arena Game

Emergency Personnel: Certified Athletic Trainer, team physician, EMS personnel, student athletic trainer, head coach, assistant coaches, game management personnel.

Certified Athletic Trainer, Anne Marquez: 318-289-6842 Team Physician, Dr. Rebecca Moskwinski: 574-532-0305

<u>Emergency Communication</u>: EMS is on site and parked in Gate 6 tunnel for all home competitions. Certified athletic trainer will send student athletic trainer to summon EMS personnel standing in tunnel at Gate 6.

<u>Emergency Equipment</u>: 1 AED will be at the end of the home team bench and 1 AED is located on the outside wall at ND security office. Splints, crutches, cardiac/IV kit, CPR mask, and spine board are located just inside the storage cage in Gate 6 tunnel next to men's basketball locker room.

Roles of First Responder:

- a. Provide immediate care to the injured or ill individual.
- b. Activate the emergency medical system (EMS).

Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, and other Information as requested. DO NOT HANG UP UNLESS TOLD TO BY THE

EMERGENCY

DISPATCHER.

- c. Assign an individual to retrieve specific emergency equipment items.
- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.
- f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.

g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-7100 or 631-3300.

Venue Directions (Purcell Pavilion):

From Angela Blvd/Edison Road: turn north on Leahy Drive. Gate 6 of the Joyce Center is located off Leahy Drive directly across from Alumni (soccer) Stadium.

From Twyckenham Drive: turn west on Courtney Lane at the Eck Tennis Pavilion, then turn south (left) on Leahy Drive. Gate 6 of the Joyce Center is located off Leahy Drive directly across from Alumni (soccer) Stadium.

Medical Non-Emergency Check-List Women's Basketball Competition and Practice

Check

Assess the scene, make sure it is safe and assist the injured or ill individual.

Call

If an athletic trainer is present use them to manage the situation. If an athletic trainer is not present notify the athletic training staff of the situation. Loftus Sports Medicine Center (574) 631-3300 Joyce Athletic Training Facility (574) 631-7100

Care

Secure proper equipment and administer first aid, then transport as needed. 1- Sports Medicine vehicle to transport to Student Health Center or local hospital.

A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Numbers and Addresses:

Student Health Center (University of Notre Dame) – St. Liam's Hall (574) 631-7497

St. Joseph Regional Medical Center

(574) 335-5000 5215 Holy Cross Parkway Mishawaka, IN 46545 From Joyce Center – Left (north) onto Leahy Drive, then right (east) onto Courtney Lane, then take left (north) on Twyckenham Road. Continue to round-about and take first right onto Douglas Road and continue east on Douglas Road. St. Joseph Regional Medical Center is approximately 2.8 miles on right.

Memorial Hospital

(574) 674-1000 615 N. Michigan Street South Bend, IN 46601 From Joyce Center – Right (south) onto Leahy Drive, then right (west) onto Edison Road/Angela Blvd. Continue west and turn left (south) onto US 31(business)/SR 933/Michigan Street. Continue south and Memorial Hospital will be approximately ½ miles on right.

MedPoint Urgent Care Center

(574) 647-1500
6913 N. Main Street – Suite 300
Granger, IN 46530
From Joyce Center – Left (north) onto Leahy Drive, then right (east) onto Courtney Lane, then take left (north) on Twyckenham Road. Continue to round-a-bout and take first right onto Douglas
Road and continue east to Main Street approximately 2.4 miles. Turn left onto Main Street and continue north crossing University Drive. MedPoint will on your left just past the light.



Emergency Procedures – Women's Basketball Practice Purcell Pavilion/Joyce Center Arena – PIT practice Gym

<u>Emergency Personnel</u>: Certified Athletic Trainer, student athletic trainer, head coach, assistant coaches, team managers, athletes, ND security. If there is no athletic trainer present, the chain of command will be: Head coach — assistant coach(s) — team manager.

Anne Marquez ATC: (318) 289-6842 Athletic Training Facility: (574) 631-7100 (Joyce); 631-3300 (Loftus)

<u>Emergency Communication</u>: Cell phone, land line phones located in Joyce Center Athletic Training Facility office. The certified athletic trainer will initiate the emergency procedure and personnel assisting will make calls.

<u>Emergency Equipment</u>: 1 AED is located on the outside wall of ND security office at Gate 6 and 1 AED is located in doctor's office in JACC Athletic Training Facility along with Cardiac/IV kit and CPR Mask, Splints, crutches, and spine board/stretcher are located inside the storage cage at Gate 6 tunnel next to men's basketball locker room.

Roles of First Responder:

- a. Provide immediate care to the injured or ill individual.
- b. Activate the emergency medical system (EMS).

Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, other

information as requested. DO NOT HANG UP UNLESS TOLD TO BY THE EMERGENCY DISPATCHER.

- c. Assign an individual to retrieve specific emergency equipment items.
- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.
- f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.

g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-7100 or 631-3300.

Venue Directions (Joyce Center PIT Gym):

From Angela Blvd/Edison Road: turn north on Leahy Drive. Gate 6 of the Joyce Center is located off Leahy Drive directly across from Alumni (soccer) Stadium

From Twyckenham Drive: turn west on Courtney Lane at the Eck Tennis Pavilion, then turn south (left) on Leahy Drive. Gate 6 of the Joyce Center is located off Leahy Drive directly across from Alumni (soccer) Stadium.

PIT –EMS enter through Gate 6. Have security personnel accompany EMS with elevator key. Walk down hallway past equipment room to service elevator located on south (left) side by Women's Basketball offices at Gate 1. This is the easiest access for gurney into the pit.



Medical Non-Emergency Check-List Women's Basketball Competition and Practice

Check

Assess the scene, make sure it is safe and assist the injured or ill individual.

Call

If an athletic trainer is present, use them to manage the situation.

If an athletic trainer is not present, notify the athletic training staff of the situation. Loftus Sports Medicine Center (574) 631-3300

Joyce Athletic Training Facility (574) 631-7100

Care

Secure proper equipment and administer first aid, then transport as needed.

1- Golf cart to the athletic training facility.

2- Sports Medicine vehicle to transport to Student Health Center or local hospital. A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Numbers and Addresses:

Student Health Center (University of Notre Dame) – St. Liam's Hall (574) 631-7497

St. Joseph Regional Medical Center (574) 335-5000

5215 Holy Cross Parkway Mishawaka, IN 46545 From Joyce Center – Left (north) onto Leahy Drive, then right (east) onto Courtney Lane, then take left (north) on Twyckenham Road. Continue to round-about and take first right onto Douglas Road and continue east on Douglas Road. St. Joseph Regional Medical Center is approximately 2.8 miles on right.

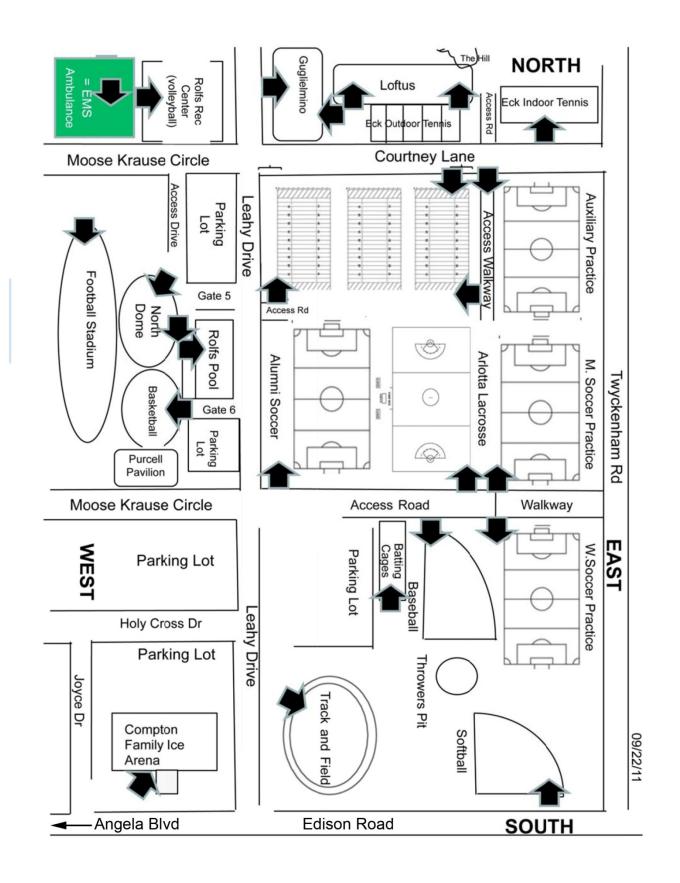
Memorial Hospital (574) 674-1000

615 N. Michigan Street South Bend, IN 46601 From Joyce Center – Right (south) onto Leahy Drive, then right (west) onto Edison Road/Angela Blvd. Continue west and turn left (south) onto US 31(business)/SR 933/Michigan Street. Continue south and Memorial Hospital will be approximately ½ miles on right.

MedPoint Urgent Care Center (574) 647-1500

6913 N. Main Street – Suite 300 Granger, IN 46530 From Joyce Center – Left (north) onto Leahy Drive, then right (east) onto Courtney Lane, then take left (north) on Twyckenham Road. Continue to round-a-bout and take first right onto Douglas Road and continue east to Main Street approximately 2.4 miles. Turn left onto Main Street and continue north crossing University Drive. MedPoint will on your left just past the light.





Emergency Procedures – Cross Country Competition – Burke Golf Course

Emergency Personnel: Certified athletic trainers will be present 1 hour prior to 1st race and at least 1 hour after final race. A team physician will be present during all races and student athletic trainers will assist as needed. All medical personnel are American Red Cross CPR and First Aid certified.

Athletic Trainer: Le'Quita Beaton ATC (574- 631-7100) MD

Team Physician: Steve Simons

<u>Emergency Communication</u>: A cell phone will be brought to the course by all athletic trainers and team physicians for competition. Anyone on the emergency team can activate the emergency plan.

Emergency Equipment: The equipment listed below will be brought on site. A student athletic trainer will follow the last runner of every race on a golf cart equipped with a phone and first aid supplies.

| Splints | Golf Carts | Cold Pools |
|---------|------------------|--------------------|
| AED | Crutches | CPR Mask |
| Oxygen | Cardiac / IV Kit | Rectal Thermometer |

During thunder and lightning delays all athletes should proceed to the Rockne Memorial Building located directly across the street from the golf course entrance on Holy Cross Drive.

Roles of First Responder:

- a. Provide immediate care to the injured or ill individual.
- b. Activate the emergency medical system (EMS).
 - Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, other information as requested. DO NOT HANG UP UNLESS TOLD TO BY THE EMERGENCY DISPATCHER.
- c. Assign an individual to retrieve specific emergency equipment items.
- R

- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.
- f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.

g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-7100 or 631-3300.

Directions to Burke Golf Course

FROM US 31 (business) /SR 933 /Michigan Street: Turn east onto Dorr Rd and go through access gate (SECURITY WILL HAVE TO OPEN). Entrance to golf course is on the corner of Dorr and Holy Cross Drive.

FROM Edison Road/Angela Blvd: Turn north onto Notre Dame Ave into the main entrance of campus. Turn left (west) onto Holy Cross Drive through main gate. Continue on Holy Cross Drive to first stop sign. Entrance to golf course is on the immediate left before Dorr Rd.

FROM Douglas Rd: Turn south onto St. Joseph Dr. and go to stop sign through access gate (SECURITY WILL HAVE TO OPEN). Turn right (west) onto Holly Cross Dr. and continue for .7 miles to 2nd stop sign. Entrance to golf course is on your right

Medical Non-Emergency Check-List Cross Country Competition (Burke Golf Course)

Check

Assess the scene, make sure it is safe and assist the injured or ill individual.

Call

If an athletic trainer is present, use them to manage the situation.

If an athletic trainer is not present, notify the athletic training staff of the situation. Loftus Sports Medicine Center (574) 631-3300

Joyce Athletic Training Facility (574) 631-7100

Care

Secure proper equipment and administer first aid, then transport as needed.

1- Golf cart to the athletic training facility.

2- Sports Medicine vehicle to transport to Student Health Center or local hospital. A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Numbers and Addresses:

Student Health Center (University of Notre Dame) – St. Liam's Hall (574) 631-7497

St. Joseph Regional Medical Center---574-335-5000

5215 Holy Cross Parkway

Mishawaka, IN 46545

Directions from golf course - Dorr Rd.: make a right (north) onto US 31

(business)/SR933/Michigan Street. Turn right onto Douglas Rd. and continue east; SJRMC is on the right approximately 4 miles.

Memorial Hospital---574-647-1000

615 N. Michigan St. South Bend, IN 46601 Directions from golf course - Dorr Rd.: turn left onto US 31 (business)/SR 933/Michigan Street and continue south. Memorial Hospital is on your right approximately ³/₄ mile.

MedPoint---574-647-1500

6913 N. Main St.—suite 300 Granger, IN 46530

Directions from golf course - Dorr Rd.: make a right (north) onto US 31 (business)/SR 933/Michigan Street and turn right on to Douglas Rd. Continue east for approximately 3.6 miles to Main Street. Turn left onto Main Street and continue north crossing University Drive. MedPoint will be on your left just past the light.

Emergency Procedures – Cross Country Practice Burke Golf Course

Emergency Personnel: There will be no athletic trainer during practice at the golf course. However the Loftus Athletic Training Facility is open M-F 7a-7p and the Joyce Athletic Training Facility is open M-F 8a-noon and 1-7p and Saturday 8a-noon. There will be a coach onsite to activate emergency plan.

Assistant Athletic Trainer, Le 'Quita Beaton ATC: (574) 631-7100

Loftus Sports Medicine Center: (574) 631-3300

Joyce Athletic Training Facility: (574) 631-7100

<u>Emergency Communication</u>: All coaches and student managers present will have a mobile phone available to activate EMS.

<u>Emergency Equipment</u>: Nearest AED is at the Rockne Memorial Bldg (east entrance at front desk).

Roles of First Responder:

- a. Provide immediate care to the injured or ill individual.
- b. Activate the emergency medical system (EMS).

Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, other

information as requested. DO NOT HANG UP UNLESS TOLD TO BY THE EMERGENCY DISPATCHER.

- c. Assign an individual to retrieve specific emergency equipment items.
- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.
- f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.

g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-7100 or 631-3300.

Directions to Burke Golf Course

FROM US 31 (business) /SR 933.Michigan Street: Turn east onto Dorr Rd and go through access gate (SECURITY WILL HAVE TO OPEN). Entrance to golf course is on the corner of Dorr and Holy Cross Drive.

FROM Edison Rd/Angela Blvd: Turn north onto Notre Dame Ave into the main entrance of campus. Turn left west) onto Holy Cross Drive through main gate. Continue on Holy Cross Drive to first stop sign. Entrance to golf course is on the immediate left before Dorr Rd.

FROM Douglas Rd: Turn south onto St. Joseph Dr and go to stop sign through access gate (SECURITY WILL HAVE TO OPEN). Turn right (west) onto to Holly Cross Dr. and continue for .7 miles to 2nd stop sign. Entrance to golf course is on your right.

Medical Non-Emergency Check-List Cross Country (Practice---Burke Golf Course)

Check

Assess the scene, make sure it is safe and assist the injured or ill individual.

Call

If an athletic trainer is present, use them to manage the situation.

If an athletic trainer is not present, notify the athletic training staff of the situation.

Loftus Sports Medicine Center (574) 631-3300

Joyce Athletic Training Facility (574) 631-7100

Care

Secure proper equipment and administer first aid then transport as needed.

1- Golf cart to the athletic training facility.

2- Sports Medicine vehicle to transport to Student Health Center or local hospital. A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Numbers and Addresses:

Student Health Center (University of Notre Dame) – St. Liam's Hall (574) 631-7497

St. Joseph Regional Medical Center---574-335-5000

5215 Holy Cross Parkway Mishawaka, IN 46545 Directions from golf course - Dorr Rd.: make a right (north) onto US 31 (business)/SR933/Michigan Street. Turn right onto Douglas Rd. and continue east; SJRMC is on the right approximately 4 miles.

Memorial Hospital---574-647-1000

615 N. Michigan St. South Bend, IN 46601 Directions from golf course - Dorr Rd.: turn left onto US 31 (business)/SR 933/Michigan Street and continue south. Memorial Hospital is on your right approximately ³/₄ mile.

MedPoint

(574) 647-1500 6913 N. Main St. Suite 300 Granger, IN 46530

Directions from golf course - Dorr Rd.: make a right (north) onto US 31 (business)/SR 933/Michigan Street and turn right on to Douglas Rd. Continue east for approximately 3.6 miles to Main Street. Turn left onto Main Street and continue north crossing University Drive. MedPoint will be on your left just past the light.

Emergency Procedures Loftus Indoor Facility—Cross Country

Emergency Personnel: Certified athletic trainer, team physician (when available), head and assistant coaches, operations manager, student athletic trainers, student managers and student athletes. An athletic trainer will be present at most practices, but – if not present – is on campus and available via cell phone during practice sessions. ** If athletic trainer is not present, coaches are designated as the first responders and will direct the process.

Athletic Training Facilities---- Loftus (574) 631-3300 or Joyce 631-7100

<u>Emergency Communication</u>: Personnel on-site will initiate emergency response via cell or campus phone. The athletic trainer will designate an individual to contact EMS through 574-631-

5555 or (1-5555 or 911on campus landline) and give the appropriate information (patient information, number of patients involved, location and directions to facility). Landline phones are located in the southwest facility office near main entrance of building.

<u>Emergency Equipment</u>: An AED is located on the wall across from the southwest corner office. All other emergency equipment is located in the Loftus Athletic Training Facility or will be brought by athletic trainers covering the event.

Roles of First Responder:

- a. Provide immediate care to the injured or ill individual.
- b. Activate the emergency medical system (EMS).

Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, other

- information as requested. DO NOT HANG UP UNLESS TOLD TO BY THE EMERGENCY DISPATCHER.
- c. Assign an individual to retrieve specific emergency equipment items.
- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.
- f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.

g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-7100 or 631-3300.

Venue Directions (Loftus Indoor Practice Facility):

From Angela Blvd/Edison Road: – Turn north on Leahy Drive. Turn east (right) onto Courtney Lane. Loftus is located on your left behind the tennis courts. First entrance is on your left (gated parking). Other entrance is through access road between Eck Indoor Tennis and outdoor tennis courts.

From Twyckenham Drive – Turn west onto Courtney Lane at the Eck Tennis Pavilion. Loftus is located on your right, behind the tennis courts. Turn north (right) onto access road between Eck Indoor Tennis and outdoor tennis courts. Other entrance is on right just past outdoor courts (gated parking).

Medical Non-Emergency Check-List Loftus Indoor Facility-Cross Country

Check

Assess the scene, make sure it is safe and assist the injured or ill individual.

Call

If an athletic trainer is present, use them to manage the situation.

If an athletic trainer is not present, notify the athletic training staff of the situation.

Loftus Sports Medicine Center (574) 631-3300

Joyce Athletic Training Facility (574) 631-7100

Care

Secure proper equipment and administer first aid, then transport as needed.

1- Golf cart to the athletic training facility.

2- Sports Medicine vehicle to transport to Student Health Center or local hospital. A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Phone Numbers/Addresses:

Student Health Center (University of Notre Dame) ---St. Liam's Hall---574-631-7497

St. Joseph Regional Medical Center 574-335-5000

5215 Holy Cross Parkway

Mishawaka, IN 46545

From Loftus Indoor Facility - Travel east (left) on Courtney Lane, then left (north) on Twyckenham Road to the round-about. Turn right on Douglas Road and continue east approximately 2.8 miles to SJRMC on your right.

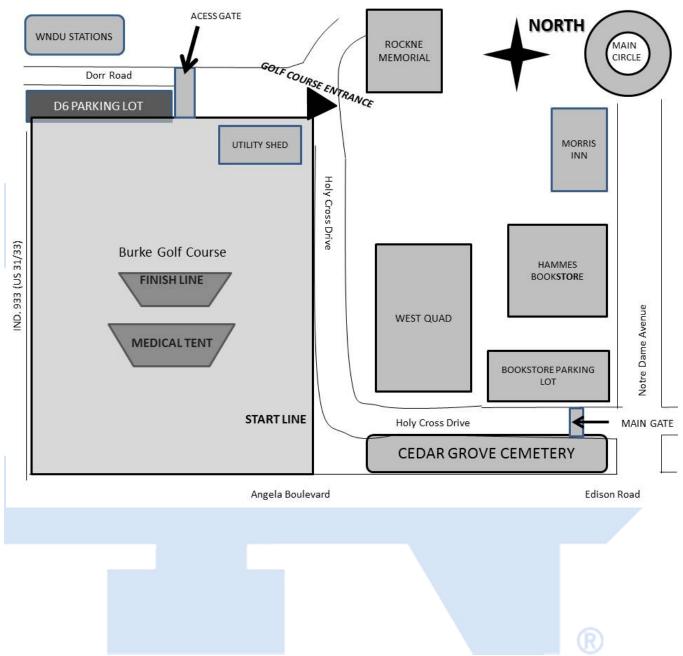
Memorial Hospital 574-647-1000

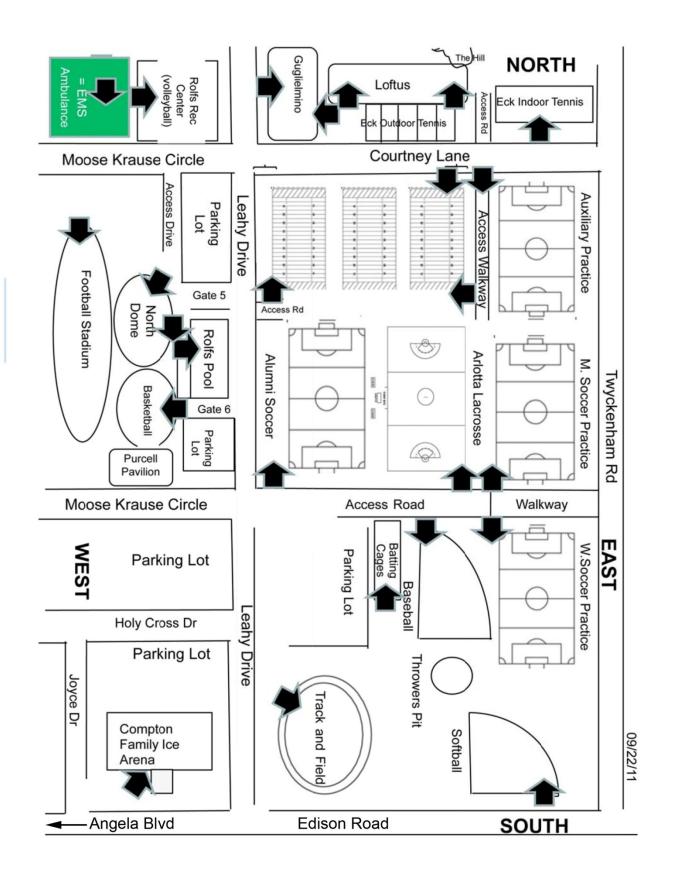
615 N. Michigan St.

South Bend, IN 46601

From Loftus Indoor Facility - Travel east (left) on Courtney Lane, then turn right (south) on Twyckenham Road and right (west) on Edison Road/Angela Blvd. Turn left on US 31 (business)/SR933/Michigan Street and continue south approximately ½ mile until you reach Memorial Hospital on your right.

Medpoint 574-647-1500 6913 N. Main St. — suite 300 Granger, IN 46530 From Loftus Indoor Facility - Travel east (left) on Courtney Lane and left (north) on Twyckenham Road to the round-about at Douglas Road and turn right. Continue east approximately 2.4 miles to Main Street. Turn left on Main Street and continue until you arrive at Medpoint on your left located just past the intersection of Main Street and University Drive.





Emergency Procedures - Men's & Women's Fencing Competition and Practice (Fencing Gym, Joyce Center North Dome)

Emergency Personnel: During practices there are multiple athletic trainers available in the Joyce Athletic Training Facility. The JATF is open M-F 8a-noon and 1-7p, and Saturday 8a-noon and the Loftus Athletic Training Facility is open Monday-Friday 7:30a-7p. In the case of an emergency all coaches are first responders. They should contact the athletic training facility and/or Nicole Alexander (352-284-6633).

During competitions there will be a student athletic trainer present in the arena as well as a certified athletic trainer available in the JATF.

Loftus Sports Medicine Center: 574-631-3300 Joyce Athletic Training Facility: 574-631-7100

Emergency Communication: A landline telephone is located in the coaches' offices. The athletic trainer and coaches should have cell phones on hand. The number to call is (574) 631-5555 from a cell phone or 1-5555 or 911 from a landline.

<u>Emergency Equipment</u>: All emergency equipment is available in the Joyce Athletic Training Facility. Items available include AED, splint kit, crutches, and first aid care.

Roles of First Responder:

- a. Provide immediate care to the injured or ill individual.
- b. Activate the emergency medical system (EMS).

Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, other

- information as requested. DO NOT HANG UP UNLESS TOLD TO BY THE EMERGENCY DISPATCHER.
- c. Assign an individual to retrieve specific emergency equipment items.
- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.
- f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.

g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-7100 or 631-3300.

Venue Directions (To Fencing Gym):

From Angela Blvd/Edison Rd: Turn north onto Leahy Dr., then left onto Courtney Lane. Turn left to entrance of Gate 4 of the Joyce Center..

From Twyckenham: Turn west onto Courtney Lane at Eck Tennis Pavilion. Entrance to Gate 4 of the Joyce Center is on the left after crossing Leahy Dr.



Medical Non-Emergency Check-List Fencing Gym (Joyce Center)

Check

Assess the scene, make sure it is safe and assist the injured or ill individual.

Call

If an athletic trainer is present, use them to manage the situation. If an athletic trainer is not present, notify the athletic training staff of the situation. Loftus Sports Medicine Center: (574) 631-3300 Joyce Athletic Training Facility: (574) 631-7100

Care

Secure proper equipment and administer first aid, then transport as needed.

1- Golf cart to the athletic training facility.

2- Sports Medicine vehicle to transport to Student Health Center or local hospital. A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Phone numbers/ Addresses

Student Health Center (University of Notre Dame) ---St. Liam's Hall 574-631-7497

St. Joseph Regional Medical Center

(574) 335-5000
5215 Holy Cross Parkway
Mishawaka, IN 46545
From Gate 4 of Joyce Center - Turn right (east) on Courtney Lane, then left (north) on
Twyckenham Road. At Douglas Road at the round-about turn right and continue east to SJRMC which will be approximately 2.8 miles on your right.

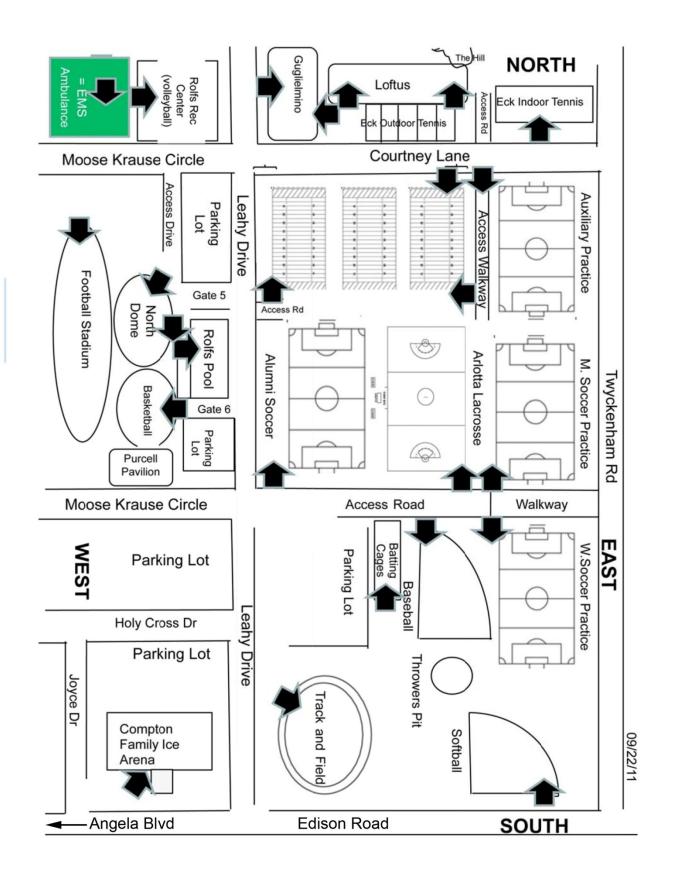
Memorial Hospital

(574) 647-1000 615 N. Michigan St. South Bend, IN 46601 From Gate 4 of Joyce Center - Turn right (east) on Courtney Lane. Turn right (south) on Leahy Drive and then right on Edison Road/Angela Blvd. Turn Left on US 31 (business)/SR 933/ Michigan St., and continue south until you reach Memorial Hospital approximately ½ mile on your right.

Medpoint

(574) 647- 1500 6913 N. Main St. Suite 300 Granger, IN 46530 From Gate 4 of Joyce Center - Turn right (east) on Courtney Lane, then turn left (north) on Twyckenham Road. Turn right on Douglas Road at the round-about and drive approximately 2.4 miles then left (north) on Main Street. Medpoint is on your left just past the intersection of Main St. and University Dr.





Emergency Procedures – Men's and Women's Golf - Warren Golf Course Tournament and Practice Sites

Emergency Personnel: Certified Athletic Trainer, head coach, assistant coach. If there is no athletic trainer present, the chain of command will be Head coach, then assistant coaches. Skip Meyer ATC: 574-532-4186

Joyce Center Athletic Training Facility: 574-631-7100 Loftus Sports Medicine Center: 574-631-3300

<u>Emergency Communication</u>: Cell phone can be used, or landline which is located in the clubhouse (Pro Shop) and/or practice facility coaches' offices.

Emergency Equipment: An AED is located in the clubhouse Pro Shop, starter's cottage and at practice facility.

Roles of First Responder:

- a. Provide immediate care to the injured or ill individual.
- Activate the emergency medical system (EMS).
 Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, other
- information as requested. DO NOT HANG UP UNLESS TOLD TO BY THE EMERGENCY DISPATCHER.
- c. Assign an individual to retrieve specific emergency equipment items.
- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.

f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.

g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-7100 or 631-3300.

Venue Directions (To Warren Golf Course):

Tournament/on-course emergency: From Twyckenham Drive turn right (east) onto Douglas Road at the round-about. Entrance to the golf course is 1/4 mile east of the round-about on the left.

Practice facility emergency: From Twyckenham Drive turn right (east) onto Douglas Road. Entrance to practice facility is 300 feet east of the round-about on left.

Medical Non-Emergency Check-List Men's and Women's Golf Practice Site

Check

Assess the scene, make sure it is safe and assist the injured or ill individual.

Call

If an athletic trainer is present, use them to manage the situation. If an athletic trainer is not present, notify the athletic training staff of the situation. Loftus Sports Medicine Center: (574) 631-3300 Joyce Athletic Training Facility: (574) 631-7100

Care

Secure proper equipment and administer first aid, then transport as needed.

1- Golf cart to the clubhouse or practice facility.

2- Sports Medicine vehicle to transport to Student Health Center or local hospital. A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Numbers and Addresses:

Student Health Center (University of Notre Dame) ---St. Liam's Hall 574-631-7497

St. Joseph Regional Medical Center

(574) 335-5000 5215 Holy Cross Parkway Mishawaka, IN 46545

From Warren Golf Course – Exit golf course and turn left (east) onto Douglas Road. SJRMC is approximately 2.7 miles on right side.

Memorial Hospital

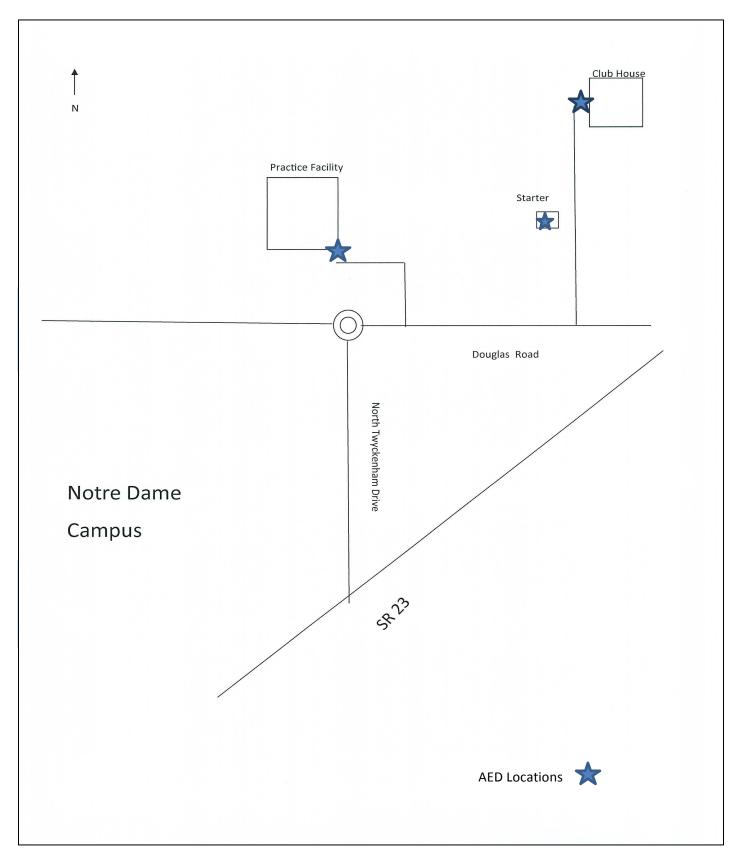
(574) 674-1000 615 N. Michigan Street South Bend, IN 46601

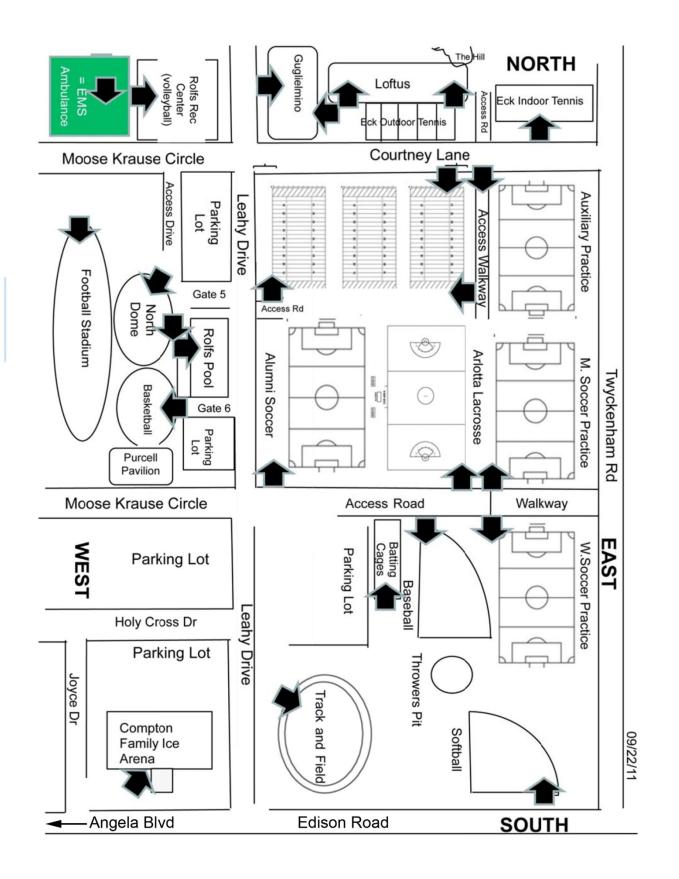
From Golf Course- Exit golf course and turn right (west) onto Douglas Road then left onto US 31 (business)/SR 933/Michigan Street. Memorial Hospital will be on right approximately 1.5 miles.

MedPoint

(574) 647-1500 6913 N. Main Street – Suite 300 Granger, IN 46530 From Warren Golf Course – Exit golf course turn left (east) onto Douglas Road. Continue to Main Street approximately 2.3 miles and turn left onto Main Street. Continue north past University Drive. MedPoint will on your left just past the light.







Emergency Procedures - Hockey Joyce Center Competition and Practice

Emergency Personnel: A certified athletic trainer (ATC) will be present at all games and official team practices and will initiate the Emergency Action Plan (EAP). EMS, orthopedic surgeon, and team physician are on site for all games. In other situations, when no athletic trainer is present, the chain of command will be Head coach, assistant coach, equipment manager, operations manager.

Kevin Ricks, ATC: 574-315-0702 Athletic Training Facility: (Joyce) 574-631-7100 or 574-631-3300 (Loftus) Dr. Robert Clemency: 574-286-0649 Dr. Kevin McAward: 574-514-7964

Emergency Communication: The athletic trainer and hockey staff will have cell phones on hand. Landline phones are located in both the equipment room and hockey operations office. The hockey athletic training facility is located next to the home locker room. Joyce Center Athletic Training Facility is located through the Gate 5 doors of the north dome field house.

Emergency Equipment: Official team practices and games – The equipment listed below is located in hockey athletic training facility:

| AED | Airway Management Kit | Cell phone CPR Ma | isk |
|----------|-----------------------|----------------------------------|-----|
| Crutches | O2 & Mask | Scoop Spine Board Vacuum Splints | 6 |

Roles of First Responder:

a. Provide immediate care to the injured or ill individual.

b. Activate the emergency medical system (EMS).

Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, other

- information as requested. DO NOT HANG UP UNLESS TOLD TO BY THE EMERGENCY DISPATCHER.
- c. Assign an individual to retrieve specific emergency equipment items.
- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.
- f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.

g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-7100 or 631-3300.

Venue Directions (Joyce Center North Dome):

From Angela Blvd/Edison Rd: Turn north onto Leahy Dr. Go through 2 stop signs. Turn west (left) at Courtney Lane. Enter Gate 4 of the Joyce Center.

From Twyckenham Rd.: Turn west onto Courtney Lane. Go through the stop sign at Leahy Drive. Enter Gate 4 of the Joyce Center.

Medical Non-Emergency Check-List Hockey Joyce Center Competition and Practice

Check

Assess the scene, make sure it is safe and assist the injured or ill individual. **Call** If an athletic trainer is present, use them to manage the situation. If an athletic trainer is not present, notify the athletic training staff of the situation. Loftus Sports Medicine Center: (574) 631-3300 Joyce Athletic Training Facility: (574) 631-7100

Care

Secure proper equipment and administer first aid, then transport as needed.

1- Golf cart to the athletic training facility.

2- Sports Medicine vehicle to transport to Student Health Center or local hospital. A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Numbers and Addresses:

Student Health Center (University of Notre Dame) ---St. Liam's Hall 574-631-7497

St. Joseph Regional Medical Center 574-335-5000

5215 Holy Cross Parkway

Mishawaka, IN 46545

Directions from Joyce Center Gate 4: Travel east on Courtney Lane. Turn north (left) onto Twyckenham Road. At round-about turn east (right) onto Douglas Road and continue approximately 2.8 miles to hospital on the right.

Memorial Hospital574-647-1000615 N. Michigan St.South Bend, IN 46601

Directions from Joyce Center Gate 4: Travel south (right) on Leahy Drive. Turn west (right) onto Edison Road/Angela Blvd. Turn left onto US 31(business)/SR 933/Michigan Street and continue south about ½ mile to hospital on the right.

MedPoint 574-647-1500

6913 N. Main St. Suite 300

Granger, IN 46530

Directions from Joyce Center Gate 4: Travel east on Courtney Lane. Turn north (left) onto Twyckenham Road. At round-about turn right onto Douglas Road and continue east about 2.5 miles. Turn north (left) onto Main St. Continue approximately 1 mile to MedPoint on the left.

Emergency Procedures - Hockey Compton Family Ice Arena Competition and Practice

<u>Emergency Personnel</u>: A certified athletic trainer (ATC) will be present at all games and official team practices and will initiate the Emergency Action Plan (EAP). EMS, orthopedic surgeon, and team physician are on site for all games. In other situations where no athletic trainer is present, the chain of command will be Head coach, assistant coach, equipment manager, operations manager.

Kevin Ricks, ATC: 574-315-0702 Compton Hockey Athletic Training Facility: 574-631-1241 Athletic Training Facility: 574-631-7100 (Joyce) or 574-6311-3300 (Loftus) Dr. Robert Clemency: 574-286-0649 Dr. Kevin McAward: 574-514-

7964

Emergency Communication: The athletic trainer and hockey staff will have cell phones on hand. Landline phones are in the equipment room, home and visiting hockey athletic trainer's offices. The hockey athletic training facility is located off the home bench on the north side of the game arena.

<u>Emergency Equipment</u>: For official team practices and games equipment listed is located in the home and visitors hockey athletic training facility-locker room areas:

AEDAirway Management KitCPR MaskCrutchesScoop Spine Board (only on home side)

O2 & Mask

Vacuum splints

Roles of First Responder:

- a. Provide immediate care to the injured or ill individual.
- b. Activate the emergency medical system (EMS).

Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, other

- information as requested. DO NOT HANG UP UNLESS TOLD TO BY THE EMERGENCY DISPATCHER.
- c. Assign an individual to retrieve specific emergency equipment items.
- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.

f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.

g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-7100 or 631-3300.

Venue Directions (Compton Family Ice Arena):

From Angela Blvd/Edison Rd: Turn north onto Joyce Dr. Enter loading dock of Compton Family Ice Arena on right (southwest part of bldg.).

From Twyckenham Rd.: Turn west onto Edison Road then turn north (right) at Joyce Drive, then a quick right (east) into the loading dock on the southwest side of the Compton Family Ice Arena.

Medical Non-Emergency Check-List - Hockey Compton Family Ice Arena Competition and Practice

Check

Assess the scene, make sure it is safe and assist the injured or ill individual.

Call

If an athletic trainer is present, use them to manage the situation.

If an athletic trainer is not present, notify the athletic training staff of the situation.

Loftus Sports Medicine Center: (574) 631-3300

Joyce Athletic Training Facility: (574) 631-7100

Care

Secure proper equipment and administer first aid, then transport as needed.

1- Golf cart to the athletic training facility.

2- Sports Medicine vehicle to transport to Student Health Center or local hospital. A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Numbers and Addresses:

Student Health Center (University of Notre Dame) ---St. Liam's Hall 574-631-7497

St. Joseph Regional Medical Center 574-355-5000

5215 Holy Cross Parkway

Mishawaka, IN 46545

Directions from Compton Family Ice Arena – Travel east (left) on Edison Rd., then turn north (left) onto Twyckenham Road. At round-about turn east (right) onto Douglas Road and continue approximately 2.8 miles to SJRMC on the right.

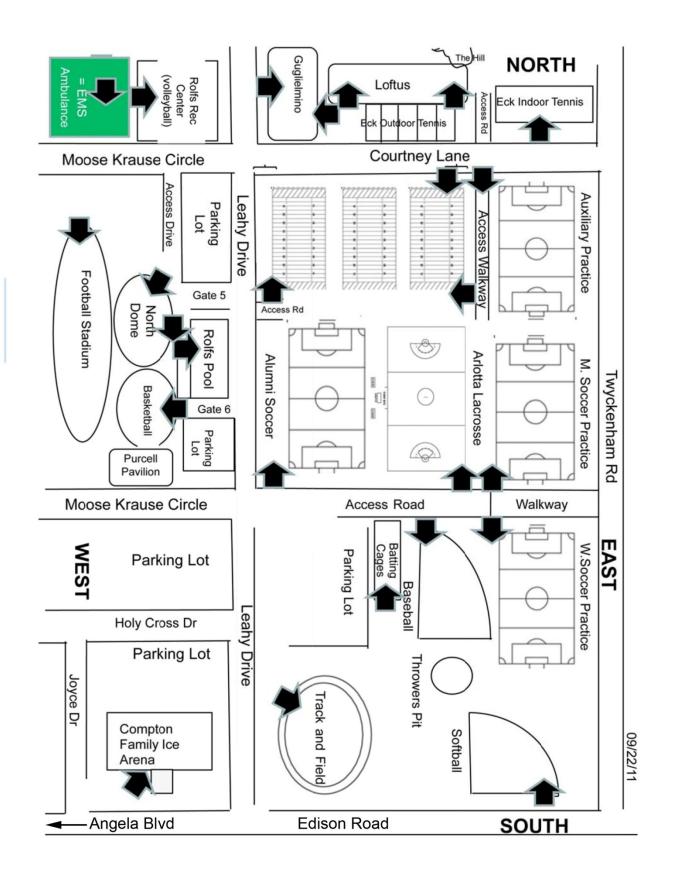
Memorial Hospital 574-647-1000

615 N. Michigan St. South Bend, IN 46601 Directions from Compton Family Ice Arena – Turn west (right) onto Edison Road/Angela Blvd., then south (left) onto US 31(business)/SR 933/Michigan Street. Continue about ½ mile to hospital on the right.

MedPoint 574-647-1500

6913 N. Main St. Suite 300 Granger, IN 46530

Directions from Compton Family Ice Arena – Travel east (left) on Edison Rd., then north (left) onto Twyckenham Road. At round-about turn east (right) onto Douglas Road and continue approximately 2.5 miles, then turn north (left) onto Main Street. Continue north about 1 mile to MedPoint on the left.



Emergency Procedures – Arlotta Lacrosse Stadium Men's Lacrosse Competition and Practice

Emergency Personnel:

Practice: Athletic trainer - coaches – operations manager - student manager - student athletes

Game: Physician - athletic trainer - student athletic trainer - coaches - operations manager - student manager - student athletes

<u>Emergency Communication</u>: Personnel on-site will initiate emergency response via cell or campus phone. The certified athletic trainer will designate an individual to contact EMS through 574-631-5555 (1-5555 or 911 on a campus landline) and give the appropriate information (patient information, number of patients involved, location of injured and direction to facility). The athletic trainers and physicians will have cell phones. Master keys are with athletic trainer.

Mandy Merritt ATC: 574-340-1311 Arlotta athletic training facility: 574-631-9294

Emergency Equipment: The listed equipment is located in Arlotta Stadium:

 AED – located just inside door from field on wall (on field for games)
 CPR Mask, crutches, vacuum splints, medical kit with facemask removal shears and a cordless drill (usually on counter top).

Roles of First Responder:

- a. Provide immediate care to the injured or ill individual.
- b. Activate the emergency medical system (EMS).

Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, other

- information as requested. DO NOT HANG UP UNLESS TOLD TO BY THE EMERGENCY DISPATCHER.
- c. Assign an individual to retrieve specific emergency equipment items.
- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.
- f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.

g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-7100 or 631-3300.

Venue Directions (Arlotta Stadium):

From Edison Road/Angela Blvd: Turn north onto Leahy Drive. At the 2nd stop sign, the intersection of Leahy Drive and Moose Krause Circle, turn right (east) into the parking lot. Continue down the access road (east) to the Lacrosse stadium on your left.

From Twyckenham Road: Turn west onto Courtney Lane. At first stop sign, turn left (south) onto Leahy Drive. At first stop sign turn left (east) into parking lot. Continue down the access road to the Arlotta Lacrosse Stadium on your left.

Medical Non-Emergency Check-List – Men's Lacrosse Arlotta Stadium

Check

Assess the scene, make sure it is safe and assist the injured or ill individual.

Call

If an athletic trainer is present, use them to manage the situation.

If an athletic trainer is not present, notify the athletic training staff of the situation. Loftus Sports Medicine Center: (574) 631-3300 Joyce Athletic Training Facility: (574) 631-7100

Care

Secure proper equipment and administer first aid, then transport as needed.

1- Golf cart to the athletic training facility.

2- Sports Medicine vehicle to transport to Student Health Center or local hospital. A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Numbers and Addresses:

Student Health Center (University of Notre Dame) ---St. Liam's Hall---574-631-7497

St. Joseph Regional Medical Center (SJRMC) 574-335-5000

5215 Holy Cross Parkway

Mishawaka, IN 46545

Directions: Exit right (north) on Leahy Drive, right (east) on Courtney Lane, left (north) on Twyckenham Road. At round-about turn right (east) on Douglas Road and continue for approximately 2.8 miles. SJRMC will be on your right just past Main Street. The Emergency Room is on the south end of the hospital.

Memorial Hospital 574-647-1000
615 N. Michigan Street
South Bend, IN 46601
Directions: Exit left (south) on Leahy Drive, then right (west) on Edison Rd/Angela Blvd. Turn south (left) onto US 31 (business)/SR 933/Michigan Street and continue south about ½ mile. Hospital will be on your right.

Medpoint Urgent Care Center 574-647-1500

6913 N. Main St. Suite 300 Granger, IN 46530

Directions : Exit right (north) onto Leahy Drive, then right (east) onto Courtney Lane, then left (north) on Twyckenham Road. Continue to round-about and take first right onto Douglas Road. Continue east on Douglas Road for approximately 2.4 miles. Turn left onto Main Street and continue north crossing University Drive. MedPoint will be on your left just past the light.

Emergency Procedures Loftus Indoor Facility—Men's Lacrosse

Emergency Personnel: Certified athletic trainer, team physician (when available), coaches, operations manager, student athletic trainers, student managers and student athletes. Athletic trainer Mandy Merritt (574-340-1311) will be present at practices. ** If athletic trainer is not present, coaches are designated as the first responders and will direct the process. Athletic Training Facilities---- Loftus (574) 631-3300 or Joyce 631-7100

<u>Emergency Communication</u>: Personnel on-site will initiate emergency response via cell or campus phone. The athletic trainer will designate an individual to contact EMS through 574-631-5555 or (1-5555 or 911on campus landline) and give the appropriate information (patient information, number of patients involved, location and directions to facility). Landline phones are located in the southwest facility office near main entrance of building.

Emergency Equipment: An AED is located on the wall across from the southwest corner office. All other emergency equipment is located in the Loftus Athletic Training Facility or will be brought to the field by athletic trainers covering the event.

Roles of First Responder:

- a. Provide immediate care to the injured or ill individual.
- b. Activate the emergency medical system (EMS).

Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, other

information as requested. DO NOT HANG UP UNLESS TOLD TO BY THE EMERGENCY DISPATCHER.

- c. Assign an individual to retrieve specific emergency equipment items.
- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.
- f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.

g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-7100 or 631-3300.

Venue Directions (Loftus Indoor Practice Facility):

From Angela Blvd/Edison Road: – Turn north on Leahy Drive. Turn east (right) onto Courtney Lane. Loftus is located on your left behind the tennis courts. First entrance is on your left (gated parking). 2nd entrance is through access road between Eck Indoor Tennis and outdoor tennis courts.

From Twyckenham Drive – Turn west onto Courtney Lane at the Eck Tennis Pavilion. Loftus is located on your right, behind the outdoor tennis courts. Turn north (right) onto access road between Eck Indoor Tennis and outdoor tennis courts. Other entrance is on right just past outdoor courts (gated parking).

Medical Non-Emergency Check-List Loftus Indoor Facility—Men's Lacrosse

Check

Assess the scene, make sure it is safe and assist the injured or ill individual.

Call

If an athletic trainer is present, use them to manage the situation.

If an athletic trainer is not present, notify the athletic training staff of the situation.

Loftus Sports Medicine Center: (574) 631-3300

Joyce Athletic Training Facility: (574) 631-7100

Care

Secure proper equipment and administer first aid, then transport as needed.

1- Golf cart to the athletic training facility.

2- Sports Medicine vehicle to transport to Student Health Center or local hospital. A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Phone Numbers/Addresses:

Student Health Center (University of Notre Dame) ---St. Liam's Hall 574-631-7497

St. Joseph Regional Medical Center 574-335-5000

5215 Holy Cross Parkway

Mishawaka, IN 46545

From Loftus Indoor Facility - Travel east (left) on Courtney Lane then left (north) on Twyckenham Road to the round-about. Turn right on Douglas Road and continue east approximately 2.8 miles to SJRMC on your right.

Memorial Hospital 574-647-1000

615 N. Michigan St. South Bend, IN 46601

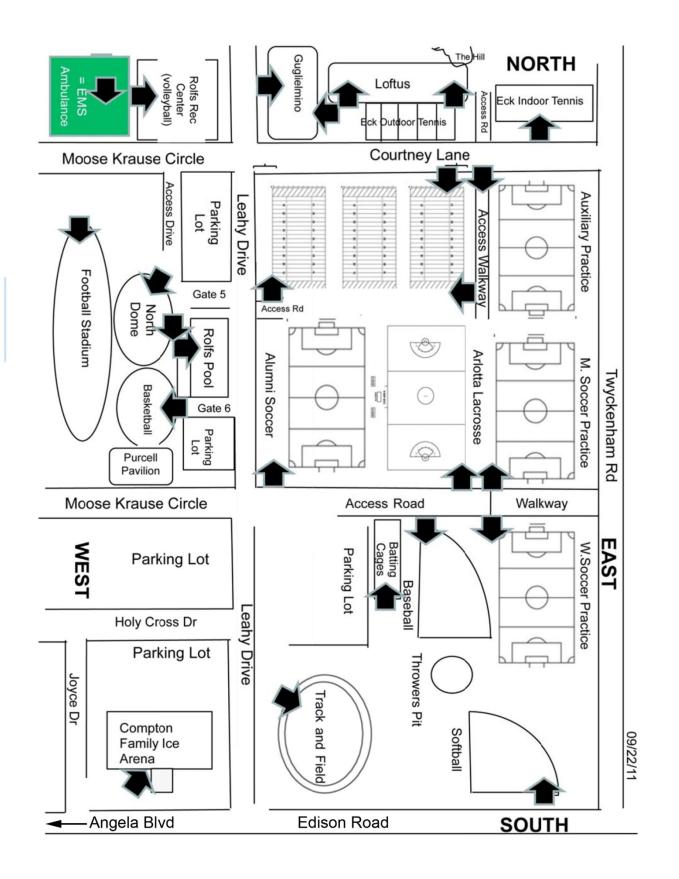
From Loftus Indoor Facility - Travel east (left) on Courtney Lane, then turn right (south) on Twyckenham Road and right (west) on Edison Road/Angela Blvd. Turn left on US 31 (business)/SR933/Michigan Street and continue south approximately ½ mile until you reach Memorial Hospital on your right.

Medpoint 574-647-1500

6913 N. Main St. - suite 300

Granger, IN 46530

From Loftus Indoor Facility - Travel east (left) on Courtney Lane and left (north) on Twyckenham Road to the round-about at Douglas Road and turn right. Continue east approximately 2.4 miles to Main Street. Turn left on Main Street and continue until you arrive at Medpoint on your left located just past the intersection of Main Street and University Drive.



Emergency Procedures – Arlotta Lacrosse Stadium Women's Lacrosse Competition and Practice

Emergency Personnel:

Practice: Onsite athletic trainer (ATC) - head coach - assistant coaches – operations manager student manager - student athletes

Game: Physician - onsite athletic trainer - EMS ambulance staff - student athletic trainer - head coach - assistant coaches – operations manager - student manager - student athletes

Emergency Communication: Emergency personnel on-site will initiate emergency response via cell phone or campus phone. The certified athletic trainer will designate an individual to contact EMS through 911 or 574-631-5555 (1-5555 if a campus landline) and give the appropriate information (patient information, number of patients involved, location of injured, direction to facility). The athletic trainers and physicians will have cell phones on hand at all times. Master keys are with athletic trainer.

Chantal Porter ATC: 574-876-1914

Arlotta athletic training facility: 574-631-9294

Emergency Equipment: The listed equipment is located in Arlotta Stadium:

AED – located just inside door from field on wall (on field for games)

CPR Mask, spine board, crutches, vacuum splints, medical kit with facemask removal

shears

along with a cordless drill (usually on counter top).

Roles of First Responder:

- a. Provide immediate care to the injured or ill individual.
- b. Activate the emergency medical system (EMS).
 - Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, other
- information as requested. DO NOT HANG UP UNLESS TOLD TO BY THE EMERGENCY DISPATCHER.
- c. Assign an individual to retrieve specific emergency equipment items.
- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.
- f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.

g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-7100 or 631-3300.

Venue Directions (Arlotta Stadium):

From Edison Road/Angela Blvd: Turn north onto Leahy Drive. At the 2nd stop sign, the intersection of Leahy Drive and Moose Krause Circle, turn right (east) into the parking lot. Continue down the access road (east) to the Lacrosse stadium on your left.

From Twyckenham Road: Turn west onto Courtney Lane. At first stop sign, turn left (south) onto Leahy Drive. At first stop sign turn left (east) into parking lot. Continue down the access road to the Arlotta Lacrosse Stadium on your left.

Medical Non-Emergency Check-List Women's Lacrosse – Arlotta Lacrosse Stadium

Check

Assess the scene, make sure it is safe and assist the injured or ill individual.

Call

If an athletic trainer is present, use them to manage the situation.

If an athletic trainer is not present, notify the athletic training staff of the situation. Loftus Sports Medicine Center: (574) 631-3300

Joyce Athletic Training Facility: (574) 631-7100

Care

Secure proper equipment and administer first aid, then transport as needed.

1- Golf cart to the athletic training facility.

2- Sports Medicine vehicle to transport to Student Health Center or local hospital. A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Numbers and Addresses:

Student Health Center (University of Notre Dame) ---St. Liam's Hall---574-631-7497

St. Joseph Regional Medical Center (SJRMC) 574-335-5000

5215 Holy Cross Parkway

Mishawaka, IN 46545

Directions: Exit right (south) on Leahy Drive, right (east) on Courtney Lane, left (north) on Twyckenham Road. At round-about turn right (east) on Douglas Road and continue approximately 2.8 miles. SJRMC will be located on your right just past Main Street. The Emergency Room is on the south end of the hospital. Memorial Hospital 574-647-1000
615 N. Michigan Street
South Bend, IN 46601
Directions: Exit left (south) on Leahy Drive, then right (west) on Edison Rd/Angela Blvd. Turn south (left) onto US 31 (business)/SR 933/Michigan Street and continue approximately ½ mile. Hospital will be on your right.

Medpoint Urgent Care Center 574-647-1500

6913 N. Main St. Suite 300 Granger, IN 46530

Directions: right (north) onto Leahy Drive, then right (east) onto Courtney Lane then left (north) on Twyckenham Road. At round-about turn right onto Douglas Road and continue approximately 2.4 miles. Turn left onto Main Street and continue north crossing University Drive. MedPoint will be on your left just past the light.

Emergency Procedures Loftus Indoor Facility—Women's Lacrosse

<u>Emergency Personnel</u>: Certified athletic trainer, team physician (when available), head and assistant coaches, operations manager, student athletic trainers, student managers and student athletes. An athletic trainer will be present at most practices, but is on campus and available via cell phone during practice sessions. ** If athletic trainer is not present, coaches are designated as the first responders and will direct the process.

Athletic Training Facilities---- Loftus (574) 631-3300 or Joyce 631-7100

<u>Emergency Communication</u>: Personnel on-site will initiate emergency response via cell or campus phone. The athletic trainer will designate an individual to contact EMS through 574-631-5555 or (1-5555 or 911on campus landline) and give the appropriate information (patient information, number of patients involved, location and directions to facility). Landline phones are located in the southwest facility office near main entrance of building.

Emergency Equipment: An AED is located on the wall across from the southwest corner office. All other emergency equipment is located in the Loftus Athletic Training Facility or will be brought by athletic trainers covering the event.

Roles of First Responder:

- a. Provide immediate care to the injured or ill individual.
- b. Activate the emergency medical system (EMS).

Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of

injured individual(s), first aid treatment provided, specific directions, other

information as requested. DO NOT HANG UP UNLESS TOLD TO BY THE EMERGENCY DISPATCHER.

- c. Assign an individual to retrieve specific emergency equipment items.
- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.

f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.

g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-7100 or 631-3300.

Venue Directions (Loftus Indoor Practice Facility):

From Angela Blvd/Edison Road: – Turn north on Leahy Drive. Turn east (right) onto Courtney Lane. Loftus is located on your left behind the tennis courts. First entrance is on your left (gated parking). Other entrance is through access road between Eck Indoor Tennis and outdoor tennis courts.

From Twyckenham Drive – Turn west onto Courtney Lane at the Eck Tennis Pavilion. Loftus is located on your right, behind the tennis courts. Turn north (right) onto access road between Eck Indoor Tennis and outdoor tennis courts. Other entrance is on right just past outdoor courts (gated parking).

Medical Non-Emergency Check-List Loftus Indoor Facility—Women's Lacrosse

Check

Assess the scene, make sure it is safe and assist the injured or ill individual.

Call

If an athletic trainer is present, use them to manage the situation.

If an athletic trainer is not present, notify the athletic training staff of the situation.

Loftus Sports Medicine Center: (574) 631-3300

Joyce Athletic Training Facility: (574) 631-7100

Care

Secure proper equipment and administer first aid, then transport as needed.

1- Golf cart to the athletic training facility.

2- Sports Medicine vehicle to transport to Student Health Center or local hospital. A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Phone Numbers/Addresses:

Student Health Center (University of Notre Dame) ---St. Liam's Hall---574-631-7497

St. Joseph Regional Medical Center 574-335-5000

5215 Holy Cross Parkway Mishawaka, IN 46545 From Loftus Indoor Facility - Travel east (left) on Courtney Lane, then left (north) on Twyckenham Road to the round-about. Turn right on Douglas Road and continue east approximately 2.8 miles to SJRMC on your right.

Memorial Hospital 574-647-1000

615 N. Michigan St.

South Bend, IN 46601

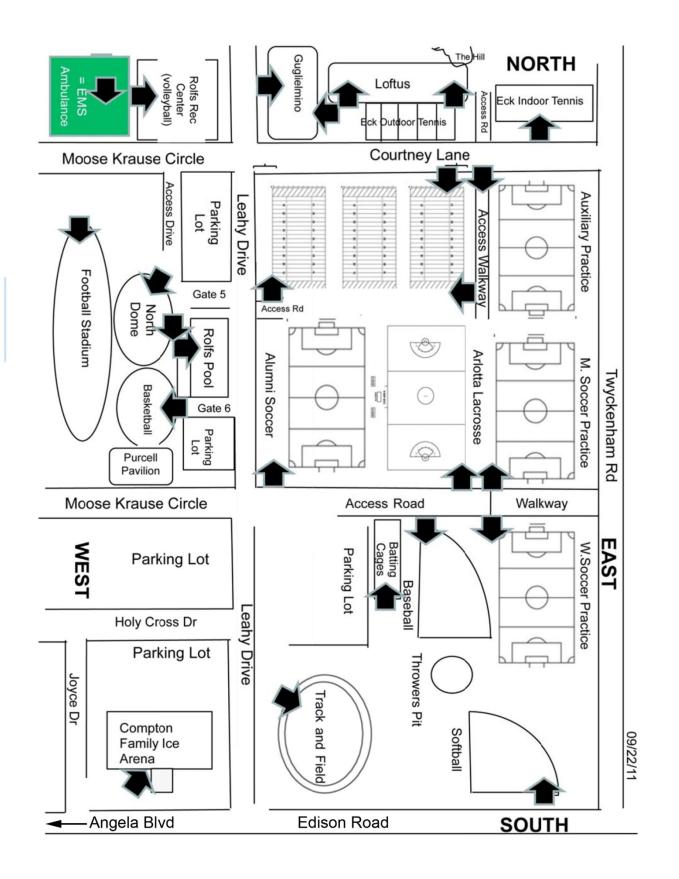
From Loftus Indoor Facility - Travel east (left) on Courtney Lane, then turn right (south) on Twyckenham Road and right (west) on Edison Road/Angela Blvd. Turn left on US 31 (business)/SR933/Michigan Street and continue south approximately ½ mile until you reach Memorial Hospital on your right.

Medpoint 574-647-1500

6913 N. Main St. – suite 300

Granger, IN 46530

From Loftus Indoor Facility - Travel east (left) on Courtney Lane and left (north) on Twyckenham Road to the round-about at Douglas Road and turn right. Continue east approximately 2.4 miles to Main Street. Turn left on Main Street and continue until you arrive at Medpoint on your left located just past the intersection of Main Street and University Drive.



Emergency Procedures – Women's Rowing Boathouse on Northside Boulevard (South Bend)

Emergency Personnel: Certified athletic trainer, head and assistant coaches, student managers.

**If athletic trainer is not present, coaches are designated as the first responders and will direct the process.

<u>Emergency Communication</u>: Emergency personnel on-site will initiate emergency response via cell phone or campus phone. The certified athletic trainer will designate an individual to contact EMS through 911 or 574-631-5555 (1-5555 if a campus landline) and give the appropriate information (patient information, number of patients involved, location of injured, direction to facility). The athletic trainers and physicians will have cell phones on hand at all times.

Dave Ludwig, ATC: 574-276-8093

Emergency Equipment: Available Emergency equipment includes the following:

| AED | Transportation Vehicle | Rope |
|----------|------------------------|-----------|
| CPR Mask | First Aid Kit | Life Vest |

The coaching staff carries rope, life vests, and basic first aid supplies in their launch.

The athletic trainer will bring the following: Crutches, Vacuum Splints and Med Kit.

Roles of First Responder:

- a. Provide immediate care to the injured or ill individual.
- b. Activate the emergency medical system (EMS).

Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, other information as requested. DO NOT HANG UP UNLESS TOLD TO DO SO BY THE

EMERGENCY DISPATCHER.

- c. Assign an individual to retrieve specific emergency equipment items.
- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.
- f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.

g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-7100 or 631-3300.

Venue Directions: (Rowing Boathouse):

From University of Notre Dame (north): Follow Notre Dame Avenue south until it ends at Northside Blvd approximately 1.5 miles. Turn left (southeast), travel approximately 420 feet, and turn right down to the boathouse/park. There is a parking lot there that is visible from the road.

From Jefferson Blvd: Turn south on Notre Dame Ave and take to Northside Blvd approximately ½ mile. Turn left on Northside Blvd to the entrance of the park approximately 420 feet and turn right.

Medical Non-Emergency Check-List Rowing Boathouse

Check

Assess the scene, make sure it is safe, and assist the injured or ill individual.

Call

If an athletic trainer is present, use them to manage the situation.

If an athletic trainer is not present, notify the athletic training staff of the situation.

Loftus Sports Medicine Center: (574) 631-3300

Joyce Athletic Training Facility: (574) 631-7100

Care

Secure proper equipment and administer first aid, then transport as needed.

1- Golf cart to the athletic training facility.

2- Sports Medicine vehicle to transport to Student Health Center or local hospital. A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Phone Numbers/ Addresses

Student Health Center (University of Notre Dame) ---St. Liam's Hall---574-631-7497

St. Joseph Regional Medical Center

(574) 335-5000 5215 Holy Cross Parkway Mishawaka, IN 46545

From the Boathouse - Travel northwest on Northside Blvd 420 feet to Notre Dame Ave, turn right (north), and travel approximately 1.5 miles to Angela Blvd/Edison Road. Turn right (east) and continue to Twyckenham Rd; turn left (north) and continue to round-about at Douglas Rd. Follow Douglas Rd to the right (east) approximately 2.8 miles, and SJRMC will be on your right.

Memorial Hospital

(574) 647-1000 615 N. Michigan St. South Bend, IN 46601 From the Boathouse – Travel northwest on Northside Blvd 420 feet to Notre Dame Ave, turn right (north), and continue approximately ½ mile to LaSalle Ave. Turn left (west) and travel approximately .6 miles to US 31 (business) / SR933 / Michigan Street; then, turn right (north) .3 miles to hospital on your left.

Medpoint Urgent Care Center

(574) 647- 1500 6913 N. Main St. Suite 300 Granger, IN 46530 From the Boathouse - Travel northwest on Northside Blvd 420 feet to Notre Dame Ave, turn right (north), and travel approximately 1.5 miles to Angela Blvd/Edison Rd. Turn right (east) and continue to Twyckenham Rd; turn left (north) and continue to round-about at Douglas Road. Follow Douglas Road to the right (east) approximately 2.4 miles to Main Street. Turn left (north), and MedPoint will be on your left just past the intersection of University Drive and Main Street.

Emergency Procedures Loftus Indoor Facility—Women's Rowing

<u>Emergency Personnel</u>: Certified athletic trainer, team physician (when available), head and assistant coaches, operations manager, student athletic trainers, student managers, and student athletes. An athletic trainer will be present at most practices, but – when not present – is on campus and available via cell phone during practice sessions. ** If athletic trainer is not present, coaches are designated as the first responders and will direct the process. Athletic Training Facilities---- Loftus (574) 631-3300 or Joyce 631-7100

<u>Emergency Communication</u>: Personnel on-site will initiate emergency response via cell or campus phone. The athletic trainer will designate an individual to contact EMS through 574-631-5555 or (1-5555 or 911 on campus landline) and give the appropriate information (patient information, number of patients involved, location and directions to facility). Landline phones are located in the southwest facility office near main entrance of building.

Emergency Equipment: An AED is located on the wall across from the southwest corner office. All other emergency equipment is located in the Loftus Athletic Training Facility or will be brought by athletic trainers covering the event.

Roles of First Responder:

- a. Provide immediate care to the injured or ill individual.
- b. Activate the emergency medical system (EMS).

Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, other

information as requested. DO NOT HANG UP UNLESS TOLD TO DO SO BY THE EMERGENCY DISPATCHER.

- c. Assign an individual to retrieve specific emergency equipment items.
- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.

f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.

g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-7100 or 631-3300.

Venue Directions (Loftus Indoor Practice Facility):

From Angela Blvd/Edison Road – Turn north on Leahy Drive. Turn east (right) onto Courtney Lane. Loftus is located on your left behind the tennis courts. First entrance is on your left (gated parking). Other entrance is through access road between Eck Indoor Tennis and outdoor tennis courts.

From Twyckenham Drive – Turn west onto Courtney Lane at the Eck Tennis Pavilion. Loftus is located on your right behind the tennis courts. Turn north (right) onto access road between Eck Indoor Tennis and outdoor tennis courts. Other entrance is on right just past outdoor courts (gated parking).

Medical Non-Emergency Check-List Loftus Indoor Facility-Women's Rowing

Check

Call

Assess the scene, make sure it is safe, and assist the injured or ill individual.

If an athletic trainer is present, use them to manage the situation.

If an athletic trainer is not present, notify the athletic training staff of the situation.

Loftus Sports Medicine Center: (574) 631-3300

Joyce Athletic Training Facility: (574) 631-7100

Care

Secure proper equipment and administer first aid, then transport as needed.

1- Golf cart to the athletic training facility.

2- Sports Medicine vehicle to transport to Student Health Center or local hospital. A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Phone Numbers/Addresses:

Student Health Center (University of Notre Dame) ---St. Liam's Hall---574-631-7497

St. Joseph Regional Medical Center: 574-335-5000

5215 Holy Cross Parkway

Mishawaka, IN 46545

From Loftus Indoor Facility - Travel east (left) on Courtney Lane then left (north) on Twyckenham Road to the round-about. Turn right on Douglas Road and continue east approximately 2.8 miles to SJRMC on your right.

Memorial Hospital: 574-647-1000

615 N. Michigan St. South Bend, IN 46601

From Loftus Indoor Facility - Travel east (left) on Courtney Lane, turn right (south) on Twyckenham Road and right (west) on Edison Road/Angela Blvd. Turn left on US 31 (business)/SR933/Michigan Street and continue south approximately ½ mile until you reach

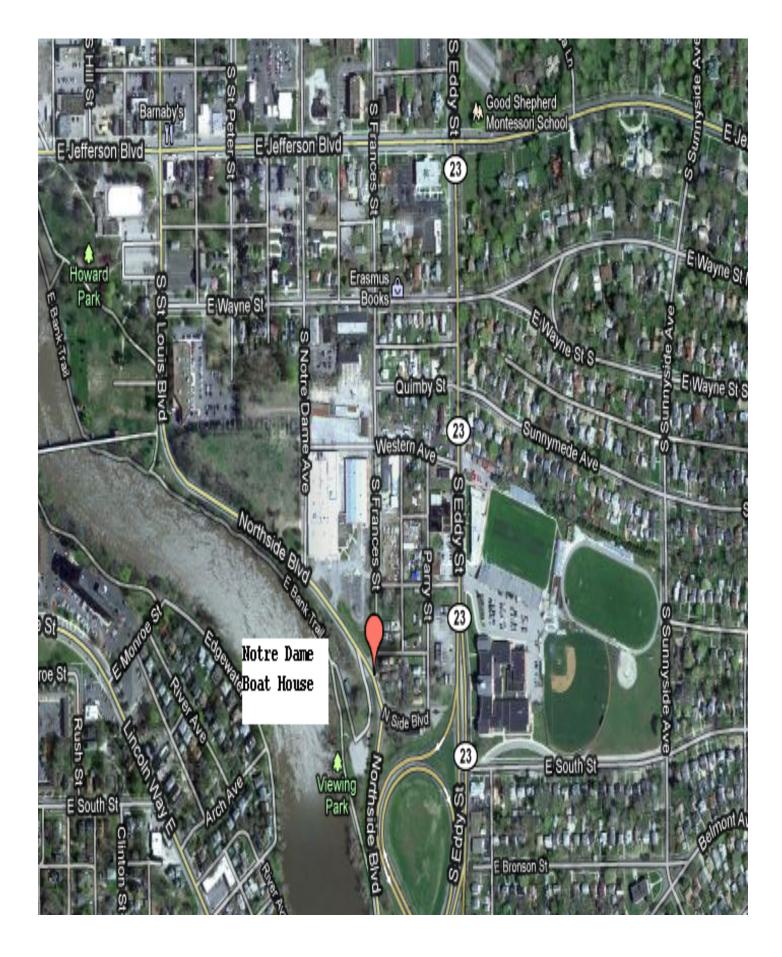
Memorial Hospital on your right.

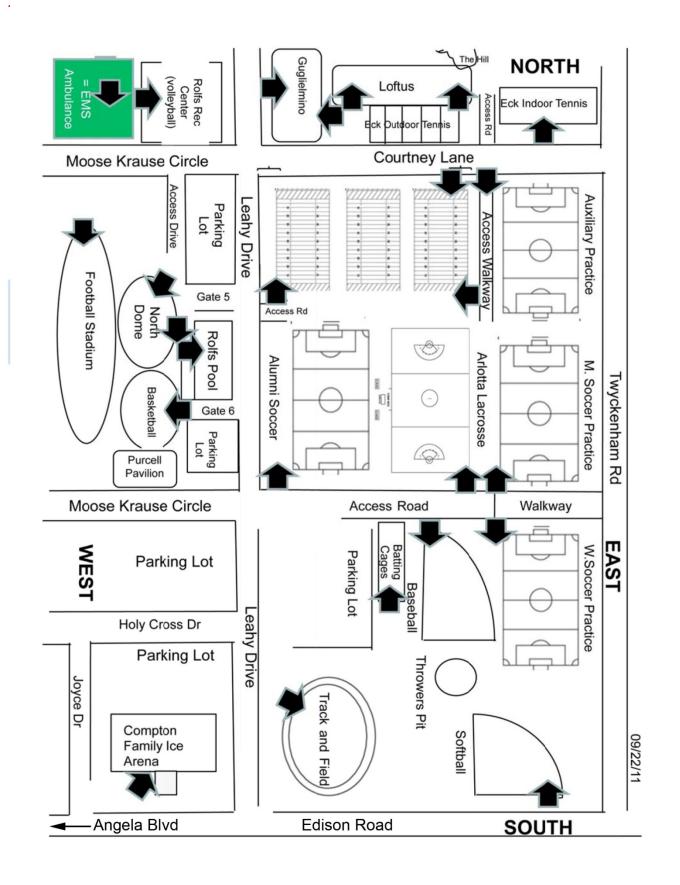
Medpoint : 574-647-1500

6913 N. Main St. – suite 300

Granger, IN 46530

From Loftus Indoor Facility - Travel east (left) on Courtney Lane, left (north) on Twyckenham Road to the round-about at Douglas Road, and turn right. Continue east approximately 2.4 miles to Main Street. Turn left on Main Street and continue until you arrive at Medpoint on your left located just past the intersection of Main Street and University Drive.





Emergency Procedures – Women's Soccer Alumni Stadium and Soccer Practice Fields

Emergency Personnel: Certified athletic trainer and/or student athletic trainers, team physician, EMS personnel, head and assistant coaches, student managers.

Assistant Athletic Trainer: Dave Ludwig, ATC (574-276-8093) Team Physician: Dr. Kevin McAward, MD (574-631-8665)

<u>Emergency Communication</u>: Emergency personnel on-site will initiate emergency response via cell phone or campus phone. The certified athletic trainer will designate an individual to contact EMS through 911 or 574-631-5555 (1-5555 if a campus landline) and give the appropriate information (patient information, number of patients involved, location of injured, direction to facility). The athletic trainers and physicians will have cell phones on hand at all times.

Emergency Equipment: Equipment used will be brought on site by the athletic trainer and/or team physicians. There will be student athletic trainers for competitions, as well. Emergency equipment includes the following:

AED (on home bench during competitions)Golf CartCrutchesCPR MaskVacuum SplintsPhysician's kitAthletic trainer's kitAmbulance (game only)

Roles of First Responder:

- a. Provide immediate care to the injured or ill individual.
- b. Activate the emergency medical system (EMS).

Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, other information as requested. DO NOT HANG UP UNLESS TOLD TO DO SO BY THE EMERGENCY DISPATCHER.

- c. Assign an individual to retrieve specific emergency equipment items.
- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.
- f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.

g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-7100 or 631-3300.

Venue Directions: (Alumni Soccer Stadium or Practice Field)

From Edison Road/Angela Blvd.: Turn north on to Leahy Drive, then east (right) onto the access road at the stop sign for Moose Krause Circle and Leahy Drive. This will put you at Alumni Stadium. (Continue east on access road to reach the practice field.)

From Twyckenham Road: Turn west onto Courtney Lane, and, at corner of Courtney Lane and Leahy Drive (first stop sign), turn south (left) on to Leahy Drive. At next stop sign, turn east (left) on to the access road; this will put you at the stadium. (Continue east on access road to reach practice field.)

Medical Non-Emergency Check-List – Women's Soccer Alumni Soccer Stadium and Practice Field

Check

Assess the scene, make sure it is safe, and assist the injured or ill individual.

Call

If an athletic trainer is present, use them to manage the situation.

If an athletic trainer is not present, notify the athletic training staff of the situation. Loftus Sports Medicine Center: (574) 631-3300 Joyce Athletic Training Facility: (574) 631-7100

Care

Secure proper equipment and administer first aid, then transport as needed.

1- Golf cart to the athletic training facility

2- Sports Medicine vehicle to transport to Student Health Center or local hospital. A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Phone numbers/ Addresses

Student Health Center (University of Notre Dame) ---St. Liam's Hall 574-631-7497

St. Joseph Regional Medical Center

(574) 335-5000
5215 Holy Cross Parkway
Mishawaka, IN 46545
From Alumni Soccer Stadium - Travel north (right) on Leahy Drive, then turn right (east) on
Courtney Lane. Turn left (north) on Twyckenham Road, go to round-about at Douglas Rd., and
turn right. Continue east on Douglas Road approximately 2.8 miles, and SJRMC will be your right.

Memorial Hospital

(574) 647-1000
615 N. Michigan St.
South Bend, IN 46601
From Alumni Soccer Stadium/Practice Field - Travel south (left) on Leahy Drive and turn right (west) on Edison Road/Angela Blvd. Turn left (south) on US 31 (business)/SR 933/Michigan Street and continue until you reach Memorial Hospital approximately ½ mile on your right.

Medpoint Urgent Care Center

(574) 647- 1500 6913 N. Main St. Suite 300 Granger, IN 46530

From Alumni Soccer Stadium/Practice Field - Travel north (right) on Leahy Drive, turn right (east) on Courtney Lane, and left (north) on Twyckenham Road. Turn right on Douglas Road at roundabout and travel east approximately 2.4 miles to Main Street. Turn left (north) on Main Street and travel until you arrive at Medpoint on your left just past the intersection of Main Street and University Drive.

Emergency Procedures Loftus Indoor Facility-Women's Soccer

Emergency Personnel: Certified athletic trainer, team physician (when available), head and assistant coaches, operations manager, student athletic trainers, student managers, and student athletes. An athletic trainer will be present at most practices, but – if not present – is on campus and available via cell phone during practice sessions. ** If athletic trainer is not present, coaches are designated as the first responders and will direct the process. Athletic Training Facilities---- Loftus (574) 631-3300 or Joyce 631-7100

<u>Emergency Communication</u>: Personnel on-site will initiate emergency response via cell or campus phone. The athletic trainer will designate an individual to contact EMS through 574-631-5555 or (1-5555 or 911 on campus landline) and give the appropriate information (patient information, number of patients involved, location and directions to facility). Landline phones are located in the southwest facility office near main entrance of building.

<u>Emergency Equipment</u>: An AED is located on the wall across from the southwest corner office. All other emergency equipment is located in the Loftus Athletic Training Facility or will be brought by athletic trainers covering the event.

Roles of First Responder:

- a. Provide immediate care to the injured or ill individual.
- b. Activate the emergency medical system (EMS).

Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, other information as requested. DO NOT HANG UP UNLESS TOLD TO DO SO BY THE EMERGENCY DISPATCHER.

- c. Assign an individual to retrieve specific emergency equipment items.
- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.

f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.

g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-7100 or 631-3300.

Venue Directions (Loftus Indoor Practice Facility):

From Angela Blvd/Edison Road – Turn north on Leahy Drive. Turn east (right) onto Courtney Lane. Loftus is located on your left behind the tennis courts. First entrance is on your left (gated parking). Other entrance is through access road between Eck Indoor Tennis and outdoor tennis courts.

From Twyckenham Drive – Turn west onto Courtney Lane at the Eck Tennis Pavilion. Loftus is located on your right behind the tennis courts. Turn north (right) onto access road between Eck Indoor Tennis and outdoor tennis courts. Other entrance is on right just past outdoor courts (gated parking).

Medical Non-Emergency Check-List Loftus Indoor Facility-Women's Soccer

Check

Assess the scene, make sure it is safe, and assist the injured or ill individual. Call

If an athletic trainer is present, use them to manage the situation. If an athletic trainer is not present, notify the athletic training staff of the situation. Loftus Sports Medicine Center: (574) 631-3300 Joyce Athletic Training Facility: (574) 631-7100

Care

Secure proper equipment and administer first aid, then transport as needed.

1- Golf cart to the athletic training facility.

2- Sports Medicine vehicle to transport to Student Health Center or local hospital. A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Phone Numbers/Addresses:

Student Health Center (University of Notre Dame) ---St. Liam's Hall 574-631-7497

St. Joseph Regional Medical Center 574-335-5000

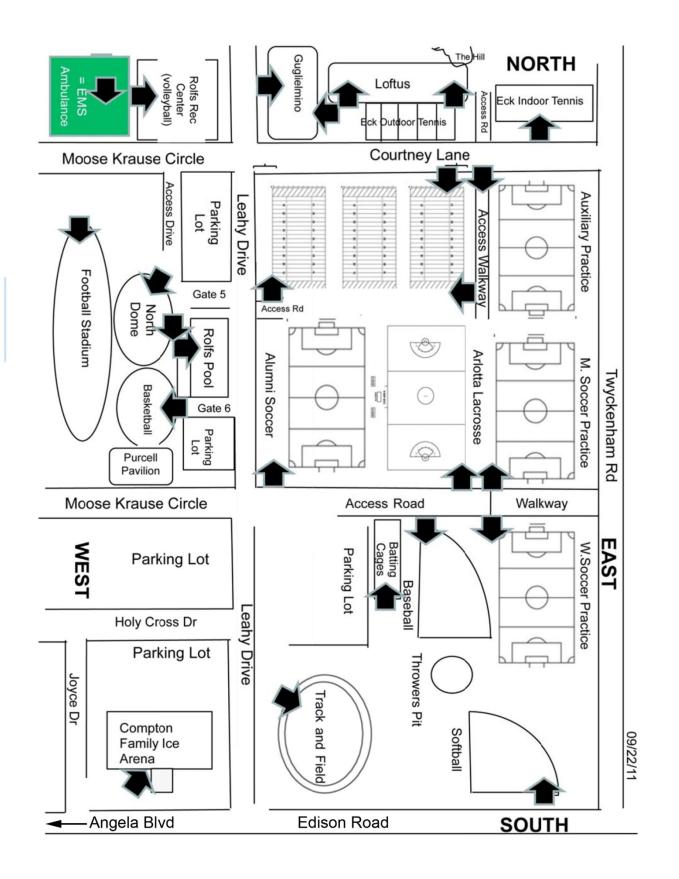
5215 Holy Cross Parkway Mishawaka, IN 46545 From Loftus Indoor Facility - Travel east (left) on Courtney Lane then left (north) on Twyckenham Road to the round-about. Turn right on Douglas Road and continue east approximately 2.8 miles to SJRMC on your right.

Memorial Hospital 574-647-1000

615 N. Michigan St. South Bend, IN 46601 From Loftus Indoor Facility - Travel east (left) on Courtney Lane, turn right (south) on Twyckenham Road, and turn right (west) on Edison Road/Angela Blvd. Turn left on US 31 (business)/SR933/Michigan Street and continue south approximately ½ mile until you reach Memorial Hospital on your right.

Medpoint 574-647-1500

6913 N. Main St.—suite 300 Granger, IN 46530 From Loftus Indoor Facility - Travel east (left) on Courtney Lane, left (north) on Twyckenham Road to the round-about at Douglas Road, and turn right. Continue east approximately 2.4 miles to Main Street. Turn left on Main Street and continue until you arrive at Medpoint on your left located just past the intersection of Main Street and University Drive.



Emergency Procedures – Men's Soccer Alumni Stadium and Practice Fields

Emergency Personnel: A certified athletic trainer will be present at all practices and games. The team physician will be onsite for all games, and on call during practice.

Assistant Athletic Trainer, Steve Smith ATC: 574-310-5144 Team Physician, Dr. Jim Moriarity MD: 574-532-0304

Emergency Communication: Emergency personnel on-site will initiate emergency response via cell phone or campus phone. The certified athletic trainer will designate an individual to contact EMS through 911 or 574-631-5555 (1-5555 if a campus landline) and give the appropriate information (patient information, number of patients involved, location of injured, direction to facility). The athletic trainers and physicians will have cell phones on hand at all times. EMS Activation: Team physician (games) and practice in the following order -- athletic trainer, coaching staff, operation manager, and student athletic trainer.

Emergency Equipment:Equipment used will be brought on site.Equipment includes:AED (on home bench during competitions)Golf cartCrutchesCPR MaskVacuum SplintsPhysician's kitAthletic trainer's kitAmbulance (game only)

Roles of First Responder:

- a. Provide immediate care to the injured or ill individual.
- b. Activate the emergency medical system (EMS).

Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, other

- information as requested. DO NOT HANG UP UNLESS TOLD TO BY THE EMERGENCY DISPATCHER.
- c. Assign an individual to retrieve specific emergency equipment items.
- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.
- f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.

g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-7100 or 631-3300.

Venue Directions (Alumni Soccer Stadium or Practice Fields):

From Edison Road/Angela Blvd.: Turn north on to Leahy Drive and east (right) onto the access road at the 2nd stop sign at Moose Krause Circle and Leahy Drive. This will put you at Alumni Stadium. (Continue east on access road to reach the practice field.)

From Twyckenham Road: Turn west onto Courtney Lane, and, at corner of Courtney Lane and Leahy Drive (first stop sign), turn south (left) on to Leahy Drive. At next stop sign, turn east (left) on to the access road; this will put you at the stadium. (Continue east on access road to reach practice field.)

Medical Non-Emergency Check-List – Men's Soccer Alumni Soccer Stadium and Practice Field

Check

Assess the scene, make sure it is safe and assist the injured or ill individual.

Call

If an athletic trainer is present, use them to manage the situation. If an athletic trainer is not present, notify the athletic training staff of the situation. Loftus Sports Medicine Center: (574) 631-3300 Joyce Athletic Training Facility: (574) 631-7100

Care

Secure proper equipment and administer first aid, then transport as needed.

1- Golf cart to the athletic training facility.

2- Sports Medicine vehicle to transport to Student Health Center or local hospital. A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Phone numbers/ Addresses

Student Health Center (University of Notre Dame) ---St. Liam's Hall 574-631-7497

St. Joseph Regional Medical Center

(574) 335-5000 5215 Holy Cross Parkway Mishawaka, IN 46545 From Alumni Soccer Stadium - Travel north (right) on Leahy Drive, then turn right (east) on Courtney Lane. Turn left (north) on Twyckenham Road and go to round-about at Douglas Rd. and turn right. Continue east on Douglas Road approximately 2.8 miles and SJRMC will be your right.

Memorial Hospital

(574) 647-1000 615 N. Michigan St. South Bend, IN 46601 From Alumni Soccer Stadium/Practice Field - Travel south (left) on Leahy Drive and turn right (west) on Edison Road/Angela Blvd. Turn left (south) on US 31 (business)/SR 933/Michigan Street and continue until you reach Memorial Hospital approximately ½ mile on your right.

Medpoint Urgent Care Center

(574) 647- 1500 6913 N. Main St. Suite 300 Granger, IN 46530 From Alumni Soccer Stadium/Practice Field - Travel north (right) on Leahy Drive and turn right (east) on Courtney Lane then left (north) on Twyckenham Road. Turn right on Douglas Road at round-about and travel east approximately 2.4 miles to Main Street. Turn left on Main Street and travel until you arrive at Medpoint on your left, just past the intersection of Main Street and University Drive.

Emergency Procedures Loftus Indoor Facility—Men's Soccer

<u>Emergency Personnel</u>: Certified athletic trainer, team physician (when available), head and assistant coaches, operations manager, student athletic trainers, student managers and student athletes. An athletic trainer will be present at most practices, but – if not available – is on campus and available via cell phone during practice sessions. ** If athletic trainer is not present, coaches are designated as the first responders and will direct the process. Athletic Training Facilities---- Loftus (574) 631-3300 or Joyce 631-7100

Emergency Communication: Personnel on-site will initiate emergency response via cell or campus phone. The athletic trainer will designate an individual to contact EMS through 574-631-5555 or (1-5555 or 911 on campus landline) and give the appropriate information (patient information, number of patients involved, location and directions to facility). Landline phones are located in the southwest facility office near main entrance of building.

Emergency Equipment: An AED is located on the wall across from the southwest corner office. All other emergency equipment is located in the Loftus Athletic Training Facility or will be brought by athletic trainers covering the event.

Roles of First Responder:

- a. Provide immediate care to the injured or ill individual.
- b. Activate the emergency medical system (EMS).

Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, other

information as requested. DO NOT HANG UP UNLESS TOLD TO BY THE EMERGENCY DISPATCHER.

- c. Assign an individual to retrieve specific emergency equipment items.
- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.
- f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.

g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-7100 or 631-3300.

Venue Directions (Loftus Indoor Practice Facility):

From Angela Blvd/Edison Road: – Turn north on Leahy Drive. Turn east (right) onto Courtney Lane. Loftus is located on your left behind the tennis courts. First entrance is on your left (gated parking). Other entrance is through access road between Eck Indoor Tennis and outdoor tennis courts.

From Twyckenham Drive – Turn west onto Courtney Lane at the Eck Tennis Pavilion. Loftus is located on your right, behind the tennis courts. Turn north (right) onto access road between Eck Indoor Tennis and outdoor tennis courts. Other entrance is on right just past outdoor courts (gated parking).

Medical Non-Emergency Check-List Loftus Indoor Facility—Men's Soccer

Check

Assess the scene, make sure it is safe and assist the injured or ill individual.

Call

If an athletic trainer is present, use them to manage the situation.

If an athletic trainer is not present, notify the athletic training staff of the situation.

Loftus Sports Medicine Center: (574) 631-3300

Joyce Athletic Training Facility: (574) 631-7100

Care

Secure proper equipment and administer first aid, then transport as needed.

1- Golf cart to the athletic training facility.

2- Sports Medicine vehicle to transport to Student Health Center or local hospital. A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Phone Numbers/Addresses:

Student Health Center (University of Notre Dame) ---St. Liam's Hall 574-631-7497

St. Joseph Regional Medical Center 574-335-5000

5215 Holy Cross Parkway Mishawaka, IN 46545 From Loftus Indoor Facility - Travel east (left) on Courtney Lane, then left (north) on Twyckenham Road to the round-about. Turn right on Douglas Road and continue east approximately 2.8 miles to SJRMC on your right.

Memorial Hospital 574-647-1000

615 N. Michigan St.

South Bend, IN 46601

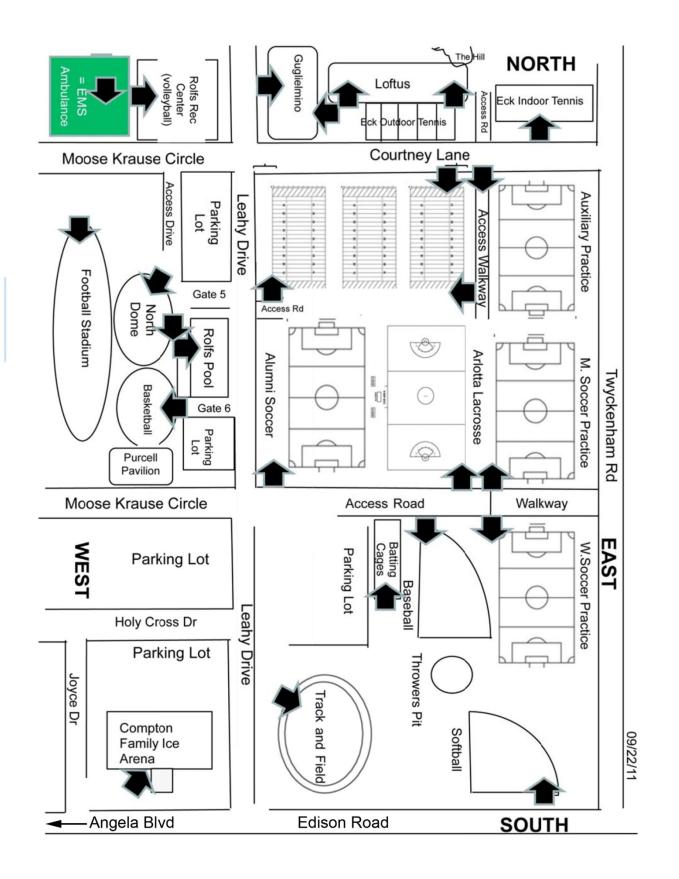
From Loftus Indoor Facility - Travel east (left) on Courtney Lane, then turn right (south) on Twyckenham Road and right (west) on Edison Road/Angela Blvd. Turn left on US 31 (business)/SR933/Michigan Street and continue south approximately ½ mile until you reach Memorial Hospital on your right.

Medpoint 574-647-1500

6913 N. Main St. – suite 300

Granger, IN 46530

From Loftus Indoor Facility - Travel east (left) on Courtney Lane and left (north) on Twyckenham Road to the round-about at Douglas Road and turn right. Continue east approximately 2.4 miles to Main Street. Turn left on Main Street and continue until you arrive at Medpoint on your left located just past the intersection of Main Street and University Drive.



Emergency Procedures - Softball Melissa Cook Stadium - Competition and Practice

<u>Emergency Personnel</u>: A certified athletic trainer (Nicole Alexander) will be present at all games and most practices. If there is no athletic trainer present the Loftus athletic training facility is open M-F 7a-7:00pm, and the JACC athletic training facility is open M-F 8a-noon and 1-7:00p, and Saturday 8:00a-noon. ** If an athletic trainer is not present the coaching staff becomes the first responders.

Nicole Alexander, ATC: (352) 284-6633 Athletic Training Facility: (574) 631-7100 (Joyce) and 631-3300 (Loftus)

Emergency Communication: A landline telephone is located in the 3rd base dugout and in the coach's offices inside the stadium. Also athletic trainer and coaches have cell phones on hand. The number to call is (574) 631-5555 from a cell phone or 1-5555 or 911 from a campus phone.

<u>Emergency Equipment</u>: An AED is located in the cabinet between the tables in the athletic training facility at Melissa Cook Softball Stadium. To get to the athletic training facility, enter the mud room through 3rd base dugout and take a left. It is the door on the left, closest to the ice machine. During games emergency equipment (splints, crutches, etc.) will be kept in the 3rd base dugout.

Roles of First Responder:

- a. Provide immediate care to the injured or ill individual.
- b. Activate the emergency medical system (EMS).

Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, other

information as requested. DO NOT HANG UP UNLESS TOLD TO BY THE EMERGENCY DISPATCHER.

- c. Assign an individual to retrieve specific emergency equipment items.
- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.

f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.

g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-7100 or 631-3300

Venue Directions: (Melissa Cook Softball Stadium)

From Edison Road/Angela Blvd.: Turn (north) onto Leahy Drive. Turn right (east) into Eck Baseball Stadium parking lot. Take access road/sidewalk on the southwest (right) side of the baseball

stadium. Follow the sidewalk around the front of Melissa Cook stadium toward the SW corner (right field).

From Twyckenham Road: Turn west onto Courtney Lane at the Eck Tennis Pavilion. Turn south (left) onto Leahy Drive. Turn left into Eck Baseball Stadium parking lot. Take access road/sidewalk on the southwest (right) side of the baseball stadium. Follow the sidewalk around the front of Melissa Cook stadium toward the southwest corner (right field).

Medical Non-Emergency Check-List Melissa Cook Softball Stadium and Eck Indoor Facility

Check

Assess the scene, make sure it is safe and assist the injured or ill individual.

Call

If an athletic trainer is present, use them to manage the situation.

If an athletic trainer is not present, notify the athletic training staff of the situation. Loftus Sports Medicine Center: (574) 631-3300 Joyce Athletic Training Facility: (574) 631-7100

Care

Secure proper equipment and administer first aid, then transport as needed.

1- Golf cart to the athletic training facility.

2- Sports Medicine vehicle to transport to Student Health Center or local hospital. A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Phone numbers/ Addresses

Student Health Center (University of Notre Dame) ---St. Liam's Hall 574-631-7497

St. Joseph Regional Medical Center

(574) 335-5000 5215 Holy Cross Parkway Mishawaka, IN 46545 From Melissa Cook Softball Stadium - Travel north (right) on Leahy Drive and turn east (right) on Courtney Lane, then left (north) on Twyckenham Road. Turn right on Douglas Road at the roundabout and continue east approximately 2.8 miles to SJRMC on your right.

Memorial Hospital

(574) 647-1000 615 N. Michigan St. South Bend, IN 46601 From Melissa Cook Stadium - Travel south (left) on Leahy Drive and turn right (west) on Edison Road/Angela Blvd. Turn left on US 31 (business)/SR 933/Michigan Street and continue south approximately ½ mile until you reach Memorial Hospital on your right.

Medpoint Urgent Care Center

(574) 647- 1500 6913 N. Main St. Suite 300 Granger, IN 46530 From Melissa Cook Softball Stadium – Travel north (right) on Leahy Drive, then right (east) on Courtney Lane, then left (north) on Twyckenham Road. Turn right on Douglas Road at roundabout and continue east approximately 2.4 miles. Turn left on Main Street and travel north on Main Street until you arrive at Medpoint on your left just past the intersection of Main Street and University Drive.

Emergency Procedures for Eck Indoor Hitting Facility Softball - Practice

Emergency Personnel: A certified athletic trainer (Nicole Alexander) will be present at all games and most practices. If there is no athletic trainer present, the Loftus athletic training facility is open M-F 7a-7p. The JACC athletic training facility is open M-F 8a-noon and 1-7p, and Saturday 8:00a-noon.

**In case athletic trainer is not present, all members of the coaching staff are the first responders.

Nicole Alexander, ATC: (352) 284-6633

Loftus Sports Medicine Center: (574) 631-3300 or Joyce Athletic Training Facility: 631-7100.

<u>Emergency Communication</u>: Emergency personnel on-site will initiate emergency response via cell phone or campus phone. The certified athletic trainer will designate an individual to contact EMS through 911 or 574-631-5555 (1-5555 if a campus landline) and give the appropriate information (patient information, number of patients involved, location of injured, direction to facility). The athletic trainers and physicians will have cell phones on hand at all times.

<u>Emergency Equipment</u>: There is only an AED mounted in this facility. All other equipment needed will be at the Joyce Athletic Training Facility or at Melissa Cook stadium.

Roles of First Responder:

- a. Provide immediate care to the injured or ill individual.
- b. Activate the emergency medical system (EMS).

Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, other

- information as requested. DO NOT HANG UP UNLESS TOLD TO BY THE EMERGENCY DISPATCHER.
- c. Assign an individual to retrieve specific emergency equipment items.
- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.

f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.

g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-7100 or 631-3300.

Venue Directions: (Eck Indoor Hitting Facility)

From Edison Road/Angela Blvd: Turn right (north) onto Leahy Drive. Turn right (east) into Eck Baseball Stadium parking lot. The entrance to Eck Indoor Hitting Facility is to the left (northwest) of the baseball stadium.

From Twyckenham Road: Turn west onto Courtney Lane at the Eck Tennis Pavilion, then turn south (left) onto Leahy Drive. Turn left (east) into Eck Baseball Stadium parking lot. The entrance to Eck Indoor Hitting Facility is to the left (northwest) of the baseball stadium.

Medical Non-Emergency Check-List Melissa Cook Softball Stadium and Eck Indoor Facility

Check

Assess the scene, make sure it is safe and assist the injured or ill individual.

Call

If an athletic trainer is present, use them to manage the situation.

If an athletic trainer is not present, notify the athletic training staff of the situation.

Loftus Sports Medicine Center: (574) 631-3300

Joyce Athletic Training Facility: (574) 631-7100

Care

Secure proper equipment and administer first aid, then transport as needed.

1- Golf cart to the athletic training facility.

2- Sports Medicine vehicle to transport to Student Health Center or local hospital. A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Phone numbers/ Addresses

Student Health Center (University of Notre Dame) ---St. Liam's Hall 574-631-7497

St. Joseph Regional Medical Center

(574) 335-5000
5215 Holy Cross Parkway
Mishawaka, IN 46545
From Melissa Cook Softball Stadium - Travel north (right) on Leahy Drive and turn east (right) on
Courtney Lane, then left (north) on Twyckenham Road. Turn right on Douglas Road at the roundabout and continue east approximately 2.8 miles to SJRMC on your right.

Memorial Hospital

(574) 647-1000
615 N. Michigan St.
South Bend, IN 46601
From Melissa Cook Stadium - Travel south (left) on Leahy Drive and turn right (west) on Edison
Road/Angela Blvd. Turn left on US 31 (business)/SR 933/Michigan Street and continue south
approximately ½ mile until you reach Memorial Hospital on your right.

Medpoint Urgent Care Center

(574) 647- 1500 6913 N. Main St. Suite 300 Granger, IN 46530

From Melissa Cook Softball Stadium – Travel north (right) on Leahy Drive, then right (east) on Courtney Lane, then left (north) on Twyckenham Road. Turn right on Douglas Road at round-about and continue east approximately 2.4 miles. Turn left on Main Street and travel north on Main Street until you arrive at Medpoint on your left just past the intersection of Main Street and University Drive.

Emergency Procedures Loftus Indoor Facility--Softball

Emergency Personnel: Certified athletic trainer, team physician (when available), head and assistant coaches, operations manager, student athletic trainers, student managers and student athletes. An athletic trainer will be present at most practices, but – if not present – is on campus and available via cell phone during practice sessions. ** If athletic trainer is not present, coaches are designated as the first responders and will direct the process.

Athletic Training Facilities---- Loftus (574) 631-3300 or Joyce 631-7100

<u>Emergency Communication</u>: Personnel on-site will initiate emergency response via cell or campus phone. The athletic trainer will designate an individual to contact EMS through 574-631-

5555 or (1-5555 or 911on campus landline) and give the appropriate information (patient information, number of patients involved, location and directions to facility). Landline phones are located in the southwest facility office near main entrance of building.

<u>Emergency Equipment</u>: An AED is located on the wall across from the southwest corner office. All other emergency equipment is located in the Loftus Athletic Training Facility or will be brought by athletic trainers covering the event.

Roles of First Responder:

- a. Provide immediate care to the injured or ill individual.
- b. Activate the emergency medical system (EMS).

Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, other

- information as requested. DO NOT HANG UP UNLESS TOLD TO BY THE EMERGENCY DISPATCHER.
- c. Assign an individual to retrieve specific emergency equipment items.
- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.
- f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.

g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-7100 or 631-3300.

Venue Directions (Loftus Indoor Practice Facility):

From Angela Blvd/Edison Road – Turn north on Leahy Drive. Turn east (right) onto Courtney Lane. Loftus is located on your left behind the tennis courts. First entrance is on your left (gated parking). Other entrance is through access road between Eck Indoor Tennis and outdoor tennis courts.

From Twyckenham Drive – Turn west onto Courtney Lane at the Eck Tennis Pavilion. Loftus is located on your right, behind the tennis courts. Turn north (right) onto access road between Eck Indoor Tennis and outdoor tennis courts. Other entrance is on right just past outdoor courts (gated parking).

Medical Non-Emergency Check-List Loftus Indoor Facility--Softball

Check

Assess the scene, make sure it is safe and assist the injured or ill individual.

Call

If an athletic trainer is present, use them to manage the situation. If an athletic trainer is not present, notify the athletic training staff of the situation. Loftus Sports Medicine Center: (574) 631-3300 Joyce Athletic Training Facility: (574) 631-7100

Care

Secure proper equipment and administer first aid, then transport as needed.

1- Golf cart to the athletic training facility.

2- Sports Medicine vehicle to transport to Student Health Center or local hospital. A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Phone Numbers/Addresses:

Student Health Center (University of Notre Dame) ---St. Liam's Hall---574-631-7497

St. Joseph Regional Medical Center 574-335-5000

5215 Holy Cross Parkway

Mishawaka, IN 46545

From Loftus Indoor Facility - Travel east (left) on Courtney Lane, then left (north) on Twyckenham Road to the round-about. Turn right on Douglas Road and continue east approximately 2.8 miles to SJRMC on your right.

Memorial Hospital 574-647-1000

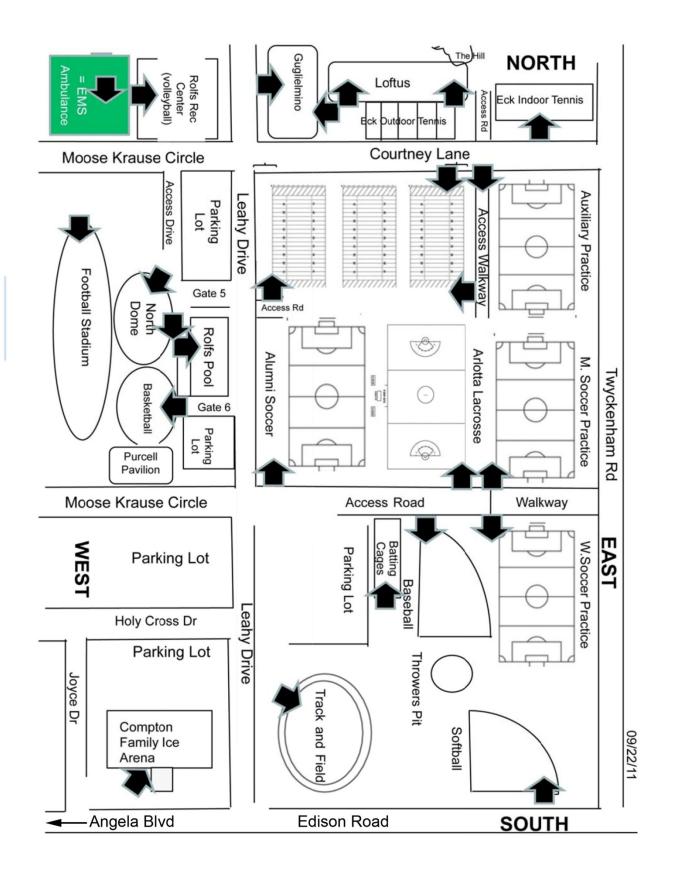
615 N. Michigan St.

South Bend, IN 46601

From Loftus Indoor Facility - Travel east (left) on Courtney Lane, then turn right (south) on Twyckenham Road and right (west) on Edison Road/Angela Blvd. Turn left on US 31 (business)/SR933/Michigan Street and continue south approximately ½ mile until you reach Memorial Hospital on your right.

Medpoint 574-647-1500 6913 N. Main St. — suite 300 Granger, IN 46530 From Loftus Indoor Facility - Travel east (left) on Courtney Lane and left (north) on Twyckenham Road to the round-about at Douglas Road and turn right. Continue east approximately 2.4 miles to Main Street. Turn left on Main Street and continue until you arrive at Medpoint on your left located just past the intersection of Main Street and University Drive.





Emergency Procedures Rolfs Aquatic Center Men's and Women's Swimming/Diving

Emergency Personnel:

<u>Practice</u>: Athletic trainer (if onsite) – coaches – aquatics director – student manager – studentathletes

<u>Meet:</u> Athletic trainer – lifeguard – coaches – aquatics director – student athletic trainer – student manager – student athletes ** Coaches are first responders if athletic trainer is not present.

<u>Emergency Communication</u>: Personnel on-site will initiate emergency response via cell or campus phone. The athletic trainer will designate someone to contact EMS through 574-631-5555 (1-5555 or 911 on campus phone) and give appropriate information (patient information, number of injured, location and direction to facility). Athletic trainers and physicians will have cell phones. A phone is in the pool offices by gate 5. Joyce Athletic Training Facility (574) 631 7100; Loftus 631-3300

Mandy Merritt ATC: 574-340-1311

Nikki Hammond ATC: 920-251-3727

Emergency Equipment:

An AED, basic first aid equipment, and oxygen are located in a cabinet on the west wall deck next to the pool offices. Water safety equipment (flotation devices, ropes, etc.) is located on several walls on the pool deck. Splints, crutches, cardiac kit and other first aid equipment can be located in Joyce ATF.

Roles of First Responder:

- a. Provide immediate care to the injured or ill individual.
- b. Activate the emergency medical system (EMS).
 - Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, other
- information as requested. DO NOT HANG UP UNLESS TOLD TO BY THE EMERGENCY DISPATCHER.
- c. Assign an individual to retrieve specific emergency equipment items.
- R

- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.
- f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.

g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-7100 or 631-3300.

Venue Directions:

From Edison Road/Angela Blvd.: Turn north onto Leahy Drive. At Courtney Lane turn west (left). Make an immediate left (south) onto the access drive. Proceed to Gate 5 of the Joyce Center. Pool entrance will be on the east (left) side.

From Twyckenham Drive: Turn west onto Courtney Lane at Eck Tennis Pavilion. Continue through first stop sign and take the first left (south) onto the access drive. Proceed to Gate 5 of the Joyce Center. Pool entrance will be on the east (left) side.

Medical Non-Emergency Check-List Men's and Women's Swimming/Diving Rolfs Aquatic Center

Check

Assess the scene, make sure it is safe and assist the injured or ill individual.

Call

If an athletic trainer is present, use them to manage the situation.

If an athletic trainer is not present, notify the athletic training staff of the situation.

Loftus Sports Medicine Center: (574) 631-3300

Joyce Athletic Training Facility: (574) 631-7100

Care

Secure proper equipment and administer first aid, then transport as needed. Sports Medicine vehicle is available to transport to Student Health Center or local hospital.

A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Numbers and Addresses:

Student Health Center (University of Notre Dame) ---St. Liam's Hall---574-631-7497

St. Joseph Regional Medical Center (SJRMC) 574-335-5000

5215 Holy Cross Parkway

Mishawaka, IN 46545

Directions: Right (east) on Courtney Lane, then left (north) onto Twyckenham Rd to round-about, then right on Douglas Road. Continue east on Douglas Road for approximately 2.8 miles. SJRMC will be located on your right just past Main Street. The Emergency Room is on the south end of the hospital.

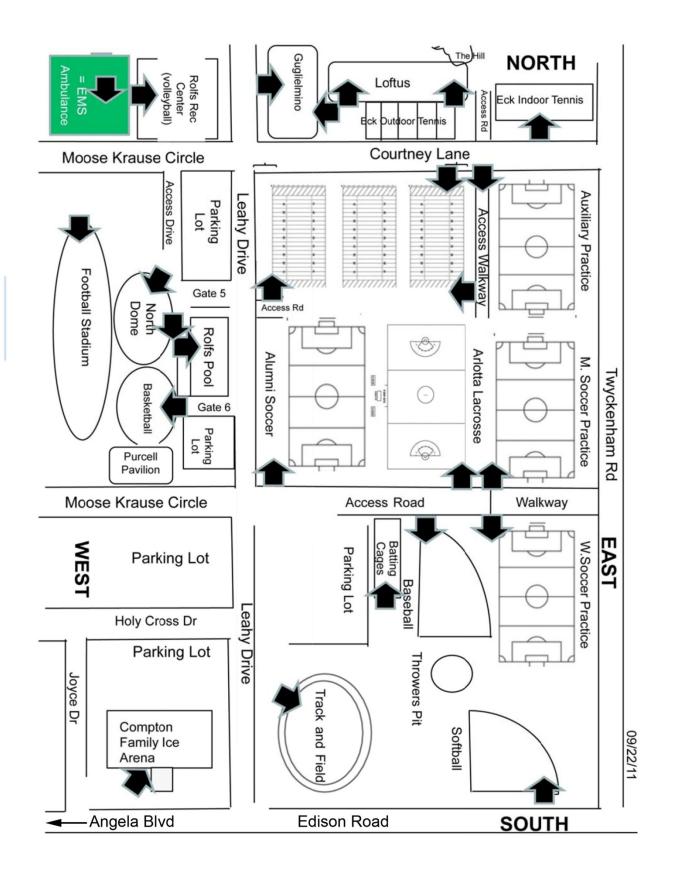
Memorial Hospital 574-647-1000
615 N. Michigan Street
South Bend, IN 46601
Directions: Right (east) on Courtney Lane, then right (south) on Leahy Drive, then right (west) on Edison Rd/Angela Blvd. Turn south (left) onto US 31 (business)/SR 933/Michigan Street. Hospital will be approximately ½ mile on your right. Follow signs for Emergency Room access.

Medpoint Urgent Care Center 574-647-1500

6913 N. Main St. Suite 300 Granger, IN 46530

Directions: Right (east) onto Courtney Lane, then left (north) on Twyckenham Road to roundabout at Douglas Road. Travel east (right) on Douglas Road approximately 2.4 miles to Main Street. Turn left (north) onto Main Street and MedPoint will be on your left just past the intersection of Main Street and University Drive.





Emergency Procedures Men's Tennis Eck Tennis Pavilion/Courtney Tennis Center

Emergency Personnel: A certified athletic trainer will be on call at all practices and on site for all home matches. The team physician will be on call during practices and matches.

<u>Emergency Communication</u>: Emergency personnel on-site will initiate emergency response via cell phone or campus phone. The certified athletic trainer will designate an individual to contact EMS through 574-631-5555 (1-5555 or 911on a campus landline) and give the appropriate information (patient information, number of patients involved, location of injured, direction to facility). The athletic trainers and physicians will have cell phones. Eck Indoor Tennis Pavilion phone is at the front desk.

Tony Sutton ATC: 574-340-3135

EMS activation: athletic trainer, coaching staff, operation manager, then student athletic trainer.

Emergency Equipment: Equipment will be brought on site by the athletic trainer. There will be student athletic trainers for competitions. Emergency equipment includes:

AED (located on stairway of the indoor courts on the East side)

Vacuum Splints Crutches CPR Mask Athletic Trainer's kit Golf cart

Roles of First Responder:

a. Provide immediate care to the injured or ill individual.

b. Activate the emergency medical system (EMS).

Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, other

information as requested. DO NOT HANG UP UNLESS TOLD TO BY THE EMERGENCY DISPATCHER.

- c. Assign an individual to retrieve specific emergency equipment items.
- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.

f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.

g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-3300 or 631-7100.

Venue Directions: (Eck Tennis Pavilion and Courtney Tennis Center)

Both facilities are reached via Courtney Lane. From Leahy Drive, turn east (right) onto Courtney Lane. From Twyckenham Road - turn west onto Courtney Lane.

Eck Tennis Pavilion (indoor courts) -- Enter through the front (glass) doors.

Courtney Tennis Center (outdoor courts) – There is an access road between the Eck Indoor Tennis Pavilion and the press box of the outdoor courts. The entrance gate is by the press box.

Medical Non-Emergency Check-List Men's Tennis Eck Tennis Pavilion/Courtney Tennis Center

Check

Assess the scene, make sure it is safe and assist the injured or ill individual.

Call

If an athletic trainer is present, use them to manage the situation.

If an athletic trainer is not present, notify the athletic training staff of the situation.

Loftus Sports Medicine Center: (574) 631-3300

Joyce Athletic Training Facility: (574) 631-7100

Care

Secure proper equipment and administer first aid, then transport as needed.

1- Golf cart to the athletic training facility.

2- Sports Medicine vehicle to transport to Student Health Center or local hospital. A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Numbers and Addresses:

Student Health Center (University of Notre Dame) ---St. Liam's Hall---574-631-7497

St. Joseph Regional Medical Center (SJRMC) 574-335-5000

5215 Holy Cross Parkway

Mishawaka, IN 46545

From Eck/Courtney Tennis facilities - Travel east on Courtney Lane, then north (left) onto Twyckenham Road. Turn east (right) onto Douglas Road at round-about and continue approximately 2.8 miles. SJRMC will be on your right.

Memorial Hospital 574-647-1000

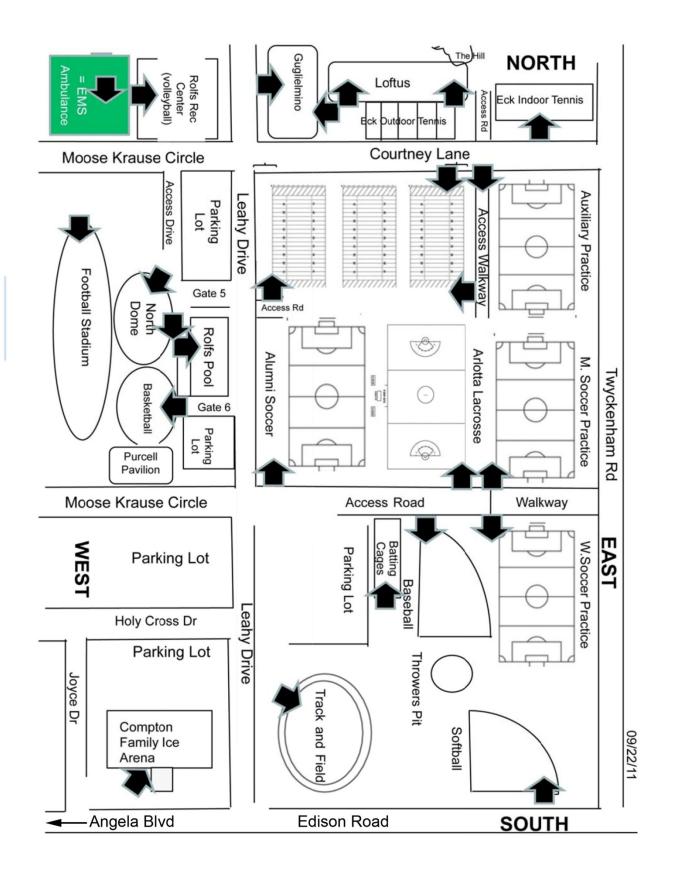
615 N. Michigan Street South Bend, IN 46601 From Eck/Courtney Tennis Facilities - Travel east on Courtney Lane, then south (right) onto Twyckenham Road. Turn west (right) on Edison Road/Angela Blvd. Turn south (left) onto US 31 (business)/SR 933/ Michigan Street and continue approximately ½ mile until you reach Memorial Hospital on your right.

Medpoint Urgent Care Center 574-647-1500

6913 N. Main St. Suite 300

Granger, IN 46530

From Eck/Courtney Tennis Facilities - Travel east on Courtney Lane, then north (left) onto Twyckenham Road. Turn right onto Douglas Road at round-about and continue east approximately 2.4 miles. Turn north (left) onto Main Street. Travel until you arrive at Medpoint on your left located just past the intersection of Main Street and University Drive.



Emergency Procedures Women's Tennis Eck Tennis Pavilion/Courtney Tennis Center

Emergency Personnel: A certified athletic trainer will be on call at all practices and on site for all home matches. The team physician will be on call during practices and matches.

<u>Emergency Communication</u>: Emergency personnel on-site will initiate emergency response via cell phone or campus phone. The certified athletic trainer will designate an individual to contact EMS through 911 or 574-631-5555 (1-5555 if a campus landline) and give the appropriate information (patient information, number of patients involved, location of injured, direction to facility). The athletic trainers and physicians will have cell phones on hand at all times. Eck Indoor Tennis Pavilion phone is located at front desk.

Steve Smith ATC: 574-310-5144

EMS Activation: athletic trainer, coaching staff, operation manager, then student athletic trainer.

Emergency Equipment: Equipment will be brought on site by the athletic trainer. There will be student athletic trainers for competitions. Emergency equipment includes:

AED (located on stairway of the indoor courts on the East side) Vacuum Splints CPR Mask Athletic Trainer's kit Crutches Golf cart

Roles of First Responder:

a. Provide immediate care to the injured or ill individual.

b. Activate the emergency medical system (EMS).

Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, other

- information as requested. DO NOT HANG UP UNLESS TOLD TO BY THE EMERGENCY DISPATCHER.
- c. Assign an individual to retrieve specific emergency equipment items.
- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.

f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.

g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-7100 or 631-3300.

Venue Directions: (Eck Tennis Pavilion and Courtney Tennis Center)

Both facilities are reached via Courtney Lane. From Leahy Drive, turn east (right) onto Courtney Lane. From Twyckenham Road turn west onto Courtney Lane.

Eck Tennis Pavilion (indoor courts): Enter through the front (glass) doors.

Courtney Tennis Center (outdoor courts) – There is an access road between the Eck Indoor Tennis Pavilion and the press box of the outdoor courts. The entrance gate is by the press box.

Medical Non-Emergency Check-List Women's Tennis Eck Tennis Pavilion/Courtney Outdoor Courts

Check

Assess the scene, make sure it is safe and assist the injured or ill individual.

Call

If an athletic trainer is present, use them to manage the situation.

If an athletic trainer is not present, notify the athletic training staff of the situation.

Loftus Sports Medicine Center: (574) 631-3300

Joyce Athletic Training Facility: (574) 631-7100

Care

Secure proper equipment and administer first aid, then transport as needed.

1- Golf cart to the athletic training facility.

2- Sports Medicine vehicle to transport to Student Health Center or local hospital. A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Numbers and Addresses:

Student Health Center (University of Notre Dame) ---St. Liam's Hall---574-631-7497

St. Joseph Regional Medical Center (SJRMC) 574-335-5000

5215 Holy Cross Parkway

Mishawaka, IN 46545

From Eck/Courtney Tennis facilities - Travel east on Courtney Lane, then turn north (left) onto Twyckenham Road. Turn east (right) onto Douglas Road at round-about and continue approximately 2.8 miles. SJRMC will be on your right.

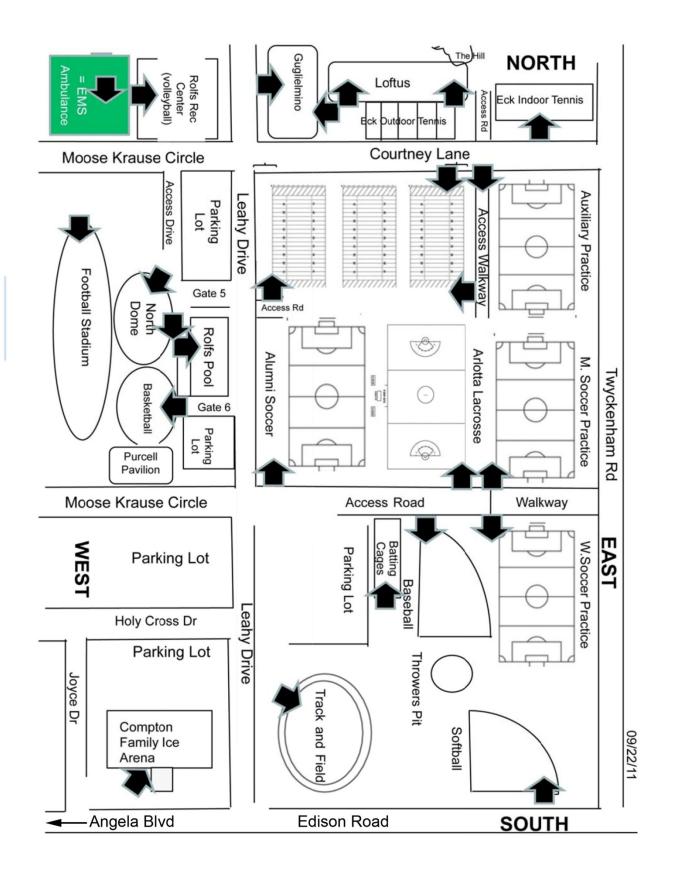
Memorial Hospital 574-647-1000
615 N. Michigan Street
South Bend, IN 46601
From Eck/Courtney Tennis facilities - Travel east on Courtney Lane, then turn south (right) onto Twyckenham Road. Turn west (right) on Edison Road/Angela Blvd. Turn south (left) onto US 31 (business)/SR 933/ Michigan Street and continue approximately ½ mile until you reach Memorial Hospital on your right.

Medpoint Urgent Care Center 574-647-1500

6913 N. Main St. Suite 300

Granger, IN 46530

From Eck/Courtney Tennis Facilities - Travel east on Courtney Lane, then turn north (left) onto Twyckenham Road. Turn right onto Douglas Road at round-about and continue east approximately 2.4 miles. Turn north (left) onto Main Street. Travel until you arrive at Medpoint on your left located just past the intersection of Main Street and University Drive.



Emergency Procedures Track and Field---Loftus Indoor Facility

Emergency Personnel: Certified athletic trainer, team physician (when available), head and assistant coaches, operations manager, student athletic trainers, student managers and student athletes. An athletic trainer will be present at most practices, but – if not present – is on campus and available via cell phone during practice sessions. ** If athletic trainer is not present, coaches are designated as the first responders and will direct the process. Nikki Hammond: (920) 251-3727 Le' Quita Beaton: (856) 371-5895 Athletic Training Facilities---- Loftus (574) 631-3300 or Joyce 631-7100

<u>Emergency Communication</u>: Personnel on-site will initiate emergency response via cell or campus phone. The athletic trainer will designate an individual to contact EMS through 574-631-5555 or (1-5555 or 911on campus landline) and give the appropriate information (patient information, number of patients involved, location and directions to facility). Landline phones are located in the southwest facility office near main entrance of building.

<u>Emergency Equipment</u>: An AED is located on the wall across from the southwest corner office. All other emergency equipment is located in the Loftus Athletic Training Facility or will be brought by athletic trainers covering the event.

Roles of First Responder:

- a. Provide immediate care to the injured or ill individual.
- b. Activate the emergency medical system (EMS).

Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, other

- information as requested. DO NOT HANG UP UNLESS TOLD TO BY THE EMERGENCY DISPATCHER.
- c. Assign an individual to retrieve specific emergency equipment items.
- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.

f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.

g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-7100 or 631-3300.

Venue Directions (Loftus Indoor Practice Facility):

From Angela Blvd/Edison Road: – Turn north on Leahy Drive. Turn east (right) onto Courtney Lane. Loftus is located on your left behind the tennis courts. First entrance is on your left (gated

parking). Other entrance is through access road between Eck Indoor Tennis and outdoor tennis courts.

From Twyckenham Drive – Turn west onto Courtney Lane at the Eck Tennis Pavilion. Loftus is located on your right, behind the tennis courts. Turn north (right) onto access road between Eck Indoor Tennis and outdoor tennis courts. Other entrance is on right just past outdoor courts (gated parking).

Medical Non-Emergency Check-List Loftus Indoor Facility—Track and Field

Check

Assess the scene, make sure it is safe and assist the injured or ill individual. Call

If an athletic trainer is present, use them to manage the situation. If an athletic trainer is not present, notify the athletic training staff of the situation.

Loftus Sports Medicine Center: (574) 631-3300

Joyce Athletic Training Facility: (574) 631-7100

Care

Secure proper equipment and administer first aid, then transport as needed.

1- Golf cart to the athletic training facility.

2- Sports Medicine vehicle to transport to Student Health Center or local hospital. A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Phone Numbers/Addresses:

Student Health Center (University of Notre Dame) ---St. Liam's Hall---574-631-7497

St. Joseph Regional Medical Center 574-335-5000

5215 Holy Cross Parkway

Mishawaka, IN 46545

From Loftus Indoor Facility - Travel east (left) on Courtney Lane, then left (north) on Twyckenham Road to the round-about. Turn right on Douglas Road and continue east approximately 2.8 miles to SJRMC on your right.

Memorial Hospital 574-647-1000

615 N. Michigan St.

South Bend, IN 46601

From Loftus Indoor Facility - Travel east (left) on Courtney Lane, then turn right (south) on Twyckenham Road and right (west) on Edison Road/Angela Blvd. Turn left on US 31

(business)/SR933/Michigan Street and continue south approximately ½ mile until you reach Memorial Hospital on your right.

Medpoint 574-647-1500

6913 N. Main St. - suite 300

Granger, IN 46530

From Loftus Indoor Facility - Travel east (left) on Courtney Lane and left (north) on Twyckenham Road to the round-about at Douglas Road and turn right. Continue east approximately 2.4 miles to Main Street. Turn left on Main Street and continue until you arrive at Medpoint on your left located just past the intersection of Main Street and University Drive.

Emergency Procedures Outdoor Track and Field

Emergency Personnel: There may not be an athletic trainer present during practice; however, during athletic training facility hours (7a-7p), an athletic trainer is on-call and can be located in the Joyce and/or the Loftus Athletic Training Facility (within 3-5 minutes of the outdoor track). A coach will be present during practice sessions, and he/she is designated as the first responder if an athletic trainer is not present.

Emergency Communication: Emergency personnel on-site will initiate emergency response via cell phone or campus phone. The certified athletic trainer (if available) will designate an individual to contact EMS through 911 or 574-631-5555 (1-5555 if a campus landline) and give the appropriate information (patient information, number of patients involved, location of injured, direction to facility). The athletic trainers and physicians will have cell phones on hand at all times. Nikki Hammond ATC: 920-251-3727 Le' Quita Beaton ATC: 856-371-5895

<u>Emergency Equipment</u>: Currently there is no emergency equipment stored on site at the outdoor track, but an AED and other first aid equipment (splints, crutches, spine board, etc.) are located in both the Joyce and Loftus athletic training facilities. When an athletic trainer is attending practice, basic first aid supplies will be carried.

Roles of First Responder:

- a. Provide immediate care to the injured or ill individual.
- b. Activate the emergency medical system (EMS).

Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, other

information as requested. DO NOT HANG UP UNLESS TOLD TO BY THE EMERGENCY DISPATCHER.

- c. Assign an individual to retrieve specific emergency equipment items.
- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.
- f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.

g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-7100 or 631-3300.

Venue Directions: (Outdoor Track)

From Edison Road/Angela Blvd: travel north on Leahy Drive; the track is located on the east (right) side. The gate is located in the northwest corner of the track.

From Twyckenham Drive: turn west onto Courtney Lane at the Eck Tennis Pavilion. Turn left (south) onto Leahy Drive and proceed just past the 2nd stop sign. The gate is located in the northwest corner of the track.

Medical Non-Emergency Check-List Outdoor Track and Field

Check

Assess the scene, make sure it is safe and assist the injured or ill individual.

Call

If an athletic trainer is present, use them to manage the situation. If an athletic trainer is not present, notify the athletic training staff of the situation. Loftus Sports Medicine Center: (574) 631-3300 Joyce Athletic Training Facility: (574) 631-7100

Care

Secure proper equipment and administer first aid, then transport as needed.

1- Golf cart to the athletic training facility.

2- Sports Medicine vehicle to transport to Student Health Center or local hospital. A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Numbers/Address:

Student Health Center (University of Notre Dame) ---St. Liam's Hall---574-631-7497

St. Joseph Regional Medical Center---574-335-5000

5215 Holy Cross Parkway

Mishawaka, IN 46545

From Outdoor Track: travel north (right) on Leahy Drive. Turn right (east) on Courtney Lane, then left (north) on Twyckenham Road. Turn right on Douglas Road at round-about and continue east approximately 2.8 miles. SJRMC will be on the right.

Memorial Hospital---574-647-1000

615 N. Michigan St South Bend, IN 46601

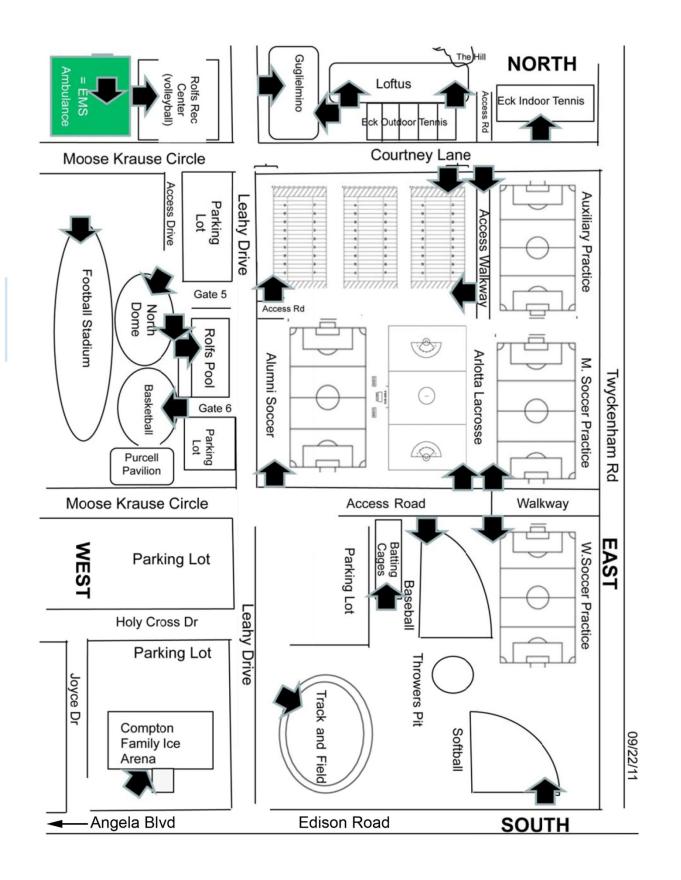
From Outdoor Track: travel south (left) on Leahy Drive, then right (west) on Edison Road/Angela Blvd. Turn left (south) on US 31(business)/SR 933/Michigan Street, and continue approximately ½ miles to Memorial Hospital on the right.

Medpoint Urgent Care Center---574-647-1500

6913 N. Main St—suite 300.

Granger, IN 46530

From Outdoor Track: travel north (right) on Leahy Drive, then right (east) on Courtney Lane, and left (north) on Twyckenham Road. Turn right on Douglas Road at round-about and continue east approximately 2.4 miles. Turn left (north) onto Main Street and Medpoint will be on the left just past the intersection of Main Street and University Drive.



Emergency Procedures – Volleyball

Competition and Practice Purcell Pavilion

Emergency Personnel: A certified athletic trainer will be present at all games and part of practices. If there is no athletic trainer present the chain of command will be:

Practice: Head coach - assistant coach – operations manager – student manager Games: Physician – athletic trainer – coaches – operations manager – student manager Chantal Porter ATC: 574-876-1914 Dr. Rebecca Moskwinski: 574-532-0305 Athletic Training Facility: (574) 631-7100 (Joyce); 631-3300 (Loftus)

<u>Emergency Communication</u>: Emergency personnel on-site will initiate emergency response via cell phone or campus phone. The certified athletic trainer will designate an individual to contact EMS through 911 or 574-631-5555 (1-5555 if a campus landline) and give the appropriate information (patient information, number of patients involved, location of injured, direction to facility). The athletic trainers and physicians will have cell phones on hand at all times.

Emergency Equipment:

Practice – Located in Joyce Athletic Training Facility:

AED (also on wall next to ND security office) CPR Mask O2 & Mask Splints Crutches

Games – Located behind the home team bench: AED CPR Mask Crutches Splints

Roles of First Responder:

- a. Provide immediate care to the injured or ill individual.
- b. Activate the emergency medical system (EMS).

Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, other

- information as requested. DO NOT HANG UP UNLESS TOLD TO BY THE EMERGENCY DISPATCHER.
- c. Assign an individual to retrieve specific emergency equipment items.
- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.

f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.

g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-7100 or 631-3300.

Venue Directions: (Purcell Pavilion)

From Angela Blvd/Edison Road: Turn north onto Leahy Drive. Travel through 2 stop signs. Turn west (left) at Gate 6 of the Joyce Center. There is a loading dock door at this entrance.

From Twyckenham Road: Turn west onto Courtney Lane, then south (left) onto Leahy Drive. Drive past Rolfs Aquatics Center and turn west (right) into Gate 6 of the Joyce Center. There is a loading dock door at this entrance.



Medical Non-Emergency Check-List Volleyball Competition and Practice Purcell Pavilion

Check

Assess the scene, make sure it is safe and assist the injured or ill individual.

Call

If an athletic trainer is present, use them to manage the situation.

If an athletic trainer is not present, notify the athletic training staff of the situation. Loftus Sports Medicine Center: (574) 631-3300

Joyce Athletic Training Facility :(574) 631-7100

Care

Secure proper equipment and administer first aid, then transport as needed.

1- Golf cart to the athletic training facility.

2- Sports Medicine vehicle to transport to Student Health Center or local hospital. A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Numbers and Addresses:

Student Health Center (University of Notre Dame) ---St. Liam's Hall---574-631-7497

St. Joseph Regional Medical Center 574

574-335-5000

5215 Holy Cross Parkway

Mishawaka, IN 46545

Directions from Purcell Pavilion/Gate 6: Turn north (left) onto Leahy Drive, then east (right) onto Courtney Lane. Turn north (left) onto Twyckenham Road and at round-about turn right onto Douglas Road and continue east for approximately 2.8 miles. SJRMC will be on the right.

Memorial Hospital 574-647-1000

615 N. Michigan St.

South Bend, IN 46601

Directions from Purcell Pavilion/Gate 6: Turn south (right) onto Leahy Drive, then west (right) onto Edison Road/Angela Blvd. Turn south (left) onto US 31 (business)/SR 933/Michigan Street. Memorial Hospital will be approximately ½ mile on the right.

MedPoint Urgent Care Center 574-647-1500

6913 N. Main St. Suite 300 Granger, IN 46530 Directions from Purcell Pavilion/Gate 6: Turn north (left) onto Leahy Drive, then east (right) onto Courtney Lane. Turn north (left) onto Twyckenham Road and at round-about turn right onto Douglas Road and continue east approximately 2.4 miles to Main Street. Turn north (left) on Main Street. MedPoint will be approximately 1 mile on the left just past the intersection of Main Street and University Drive.

Emergency Procedures – Volleyball Practice Rolfs Recreation Center

Emergency Personnel: A certified athletic trainer will be present at all games and part of practices. If there is no athletic trainer present the chain of command will be as follows: Head coach – assistant coach – operations manager – student manager

Chantal Porter ATC: 574-876-1914 Athletic Training Facility: (574) 631-7100 (Joyce) or 631-3300 (Loftus)

<u>Emergency Communication</u>: Emergency personnel on-site will initiate emergency response via cell phone or campus phone. The certified athletic trainer will designate an individual to contact EMS through 911 or 574-631-5555 (1-5555 if a campus landline) and give the appropriate information (patient information, number of patients involved, location of injured, direction to facility). The athletic trainers and physicians will have cell phones on hand at all times.

Emergency Equipment: An AED is located at the front desk.

Roles of First Responder:

- a. Provide immediate care to the injured or ill individual.
- b. Activate the emergency medical system (EMS).
 - Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, other
- information as requested. DO NOT HANG UP UNLESS TOLD TO BY THE EMERGENCY DISPATCHER.
- c. Assign an individual to retrieve specific emergency equipment items.
- R

- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.
- f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.

g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-7100 or 631-3300.

Venue Directions: (Rolfs Recreation Center)

From Angela Blvd/Edison Road: Turn north onto Leahy Drive. Travel through 2 stop signs. At 3rd stop sign turn west (left) onto Moose Krause Circle. The Rolf's Recreation Center will be directly to the north (right).

From Twyckenham Road: Turn west onto Courtney Lane. Go through stop sign and Rolf's Recreation Center will be to the north (right).



Medical Non-Emergency Check-List **Volleyball Practice Rolfs Recreation Center**

Check

Assess the scene, make sure it is safe and assist the injured or ill individual.

Call

If an athletic trainer is present, use them to manage the situation.

If an athletic trainer is not present, notify the athletic training staff of the situation. Loftus Sports Medicine Center: (574) 631-3300

Joyce Athletic Training Facility: (574) 631-7100

Care

Secure proper equipment and administer first aid, then transport as needed.

1- Golf cart to the athletic training facility.

2- Sports Medicine vehicle to transport to Student Health Center or local hospital. A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Numbers and Addresses:

Student Health Center (University of Notre Dame) --- St. Liam's Hall--- 574-631-7497

St. Joseph Regional Medical Center 574-335-5000

5215 Holy Cross Parkway Mishawaka, IN 46545 Directions from Rolf's Recreation Center - From Moose Krause Circle turn north (left) onto Twyckenham Road. At round-about turn right onto Douglas Road and continue east approximately 2.8 miles. SJRMC will be on the right.

574-647-1000 Memorial Hospital

615 N. Michigan St.

South Bend, IN 46601

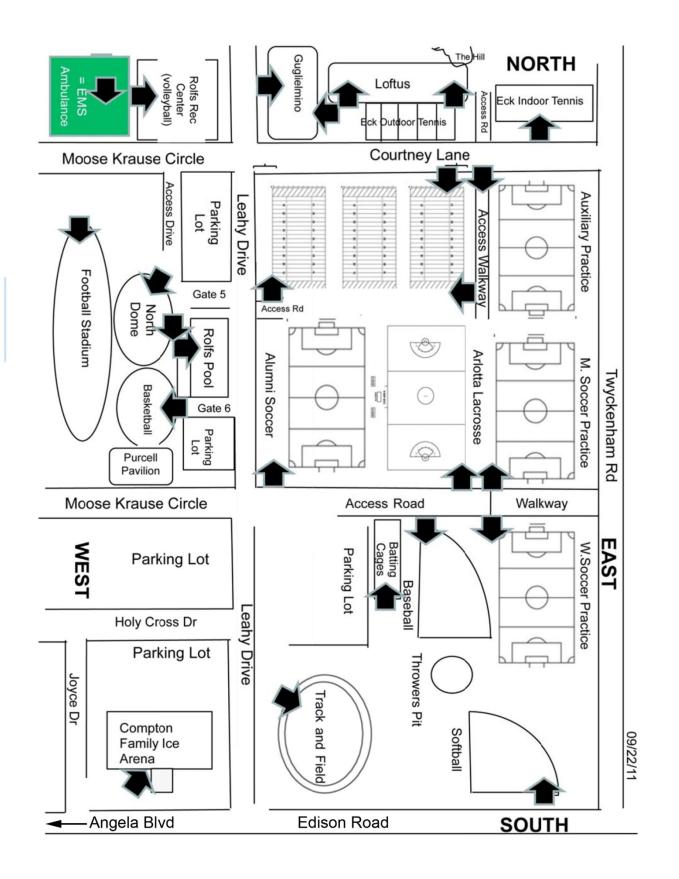
Directions from Rolf's Recreation Center: From Moose Krause Circle turn south (right) onto Leahy Drive, then turn west (right) onto Edison Road/Angela Blvd. Turn south (left) onto US 31 (business)/SR 933/ Michigan Street. Hospital will be approximately 1/2 mile on the right.

MedPoint Urgent Care Center 574-647-1500

6913 N. Main St. Suite 300 Granger, IN 46530

Directions from Rolf's Recreation Center: From Moose Krause Circle turn north (left) onto Twyckenham Road. At round-about turn right onto Douglas Road and continue east for approximately 2.4 miles, then turn north (left) onto Main Street. MedPoint will be approximately 1 mile on the left just past the intersection of Main Street and University Drive.





Emergency Procedures - Cheerleading Purcell Pavilion/Joyce Center Arena /PIT practice gym/GYM #1 and #2

Emergency Personnel: If an athletic trainer is not present, the chain of command will be as follows:

Head coach - captains - athletes

Anne Marquez ATC: 318-289-6842 Athletic Training Facility: (574) 631-7100 (Joyce) or 631-3300 (Loftus)

<u>Emergency Communication</u>: Personnel on-site will initiate emergency response via cell or campus phone. The athletic trainer will designate someone to contact EMS using 574-631-5555 (1-5555 or 911 on a campus landline) and give the appropriate information (patient information, number involved, location and direction to facility). The athletic trainers and physicians will have cell phones.

Emergency Equipment: One AED is located on outside wall of security office at Gate 6 and another AED is located in doctor's office in Joyce Athletic Training Facility. Splint bag, crutches, cardiac/IV kit, CPR mask are also located in JATF. Spine board/stretcher is located inside the storage cage at Gate 6 tunnel next to men's basketball locker room.

Roles of First Responder:

- a. Provide immediate care to the injured or ill individual.
- b. Activate the emergency medical system (EMS).

Call 9-1-1 or 1-5555 from campus phone, 574-631-5555 from cell phone. Provide name, address, telephone number, number of individuals involved, condition of injured individual(s), first aid treatment provided, specific directions, and other information as requested. DO NOT HANG UP UNLESS TOLD TO BY THE

EMERGENCY DISPATCHER.

- c. Assign an individual to retrieve specific emergency equipment items.
- d. Direct EMS to the scene.
- e. Open appropriate gates and doors for access to facility by EMS.
- f. Designate individual(s) to wait in front of entrance to "flag down" EMS and direct to scene.

g. Notify athletic training facility/athletic trainer (if not on site) (574) 631-7100 or 631-3300.

Venue Directions:

From Edison Road/Angela Blvd: turn north on Leahy Drive. Gate 6 of the Joyce Center is located off Leahy Drive directly across from Alumni (soccer) Stadium

From Twyckenham Drive: turn west on Courtney Ln at the Eck Tennis Pavilion, then turn south (left) on Leahy Dr. Gate 6 of the Joyce Center is located directly across from Alumni (soccer) Stadium.

<u>PIT location:</u> EMS will enter through Gate 6 of the Joyce Center. Have security personnel accompany EMS with elevator key. Follow hallway past equipment room to service elevator located on left (south) side by women's basketball offices.

<u>Gym #1/#2 location</u>: EMS will enter through Gate 6 of the Joyce Center. Service elevator is located just to the right at Gate 6. On 2nd floor turn left onto concourse; Gym #1 is located at Gate 8, and Gym #2 is located at Gate 10.



Medical Non-Emergency Check-List Cheerleading Practice Joyce Center

Check

Assess the scene, make sure it is safe and assist the injured or ill individual.

Call

If an athletic trainer is present, use them to manage the situation.

If an athletic trainer is not present, notify the athletic training staff of the situation. Loftus Sports Medicine Center: (574) 631-3300

Joyce Athletic Training Facility: (574) 631-7100

Care

Secure proper equipment and administer first aid, then transport as needed.

1- Golf cart to the athletic training facility.

2- Sports Medicine vehicle to transport to Student Health Center or local hospital. A staff athletic trainer will accompany the athlete to off campus locations. If an athletic trainer is not available, then he/she may designate an individual to accompany the athlete.

Important Numbers and Addresses:

Student Health Center (University of Notre Dame) ---St. Liam's Hall---574-631-7497

St. Joseph Regional Medical Center 574-335-5000

5215 Holy Cross Parkway Mishawaka, IN 46545 From Joyce Center – Turn left (north) onto Leahy Drive, then right (east) onto Courtney Lane then left (north) on Twyckenham Road. Continue to round-about and take a right onto Douglas Road. Continue east on Douglas Road approximately 2.8 miles. SJRMC is on the right.

Memorial Hospital 574-674-1000

615 N. Michigan Street South Bend, IN 46601 From Joyce Center – Turn right (south) onto Leahy Drive, then right (west) onto Edison Road/Angela Blvd. Continue east and turn left onto US 31(business)/SR 933/Michigan Street. Continue south approximately ½ mile and Memorial Hospital will be on the right.

MedPoint Urgent Care Center 574-647-1500

6913 N. Main Street – Suite 300 Granger, IN 46530 From Joyce Center – Turn left (north) onto Leahy Drive, then right (east) onto Courtney Lane, then left (north) on Twyckenham Road. Continue to round-about and take a right onto Douglas Road. Continue east on Douglas Road approximately 2.4 miles to Main Street. Left (north) onto Maiin Street and MedPoint will on your left just past the intersection of Main Street and University Drive.



